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Imaging perfusion deficits, arterial patency and thrombolysis safety and efficacy in acute ischaemic stroke. An observational study of the effect of advanced imaging methods in The Third International Stroke Trial (IST-3), a randomised controlled trial

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Abstract

Imaging perfusion deficits, arterial patency and thrombolysis safety and efficacy in acute ischaemic stroke. An observational study of the effect of advanced imaging methods in The Third International Stroke Trial (IST-3), a randomised controlled trial

Joanna M Wardlaw,^{1,2*} Trevor Carpenter,¹ Eleni Sakka,¹ Grant Mair,^{1,2} Geoff Cohen,³ Kirsten Shuler,¹ Jeb M Palmer,^{1,3} Karen Innes³ and Peter A Sandercock³

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Background: Intravenous thrombolysis with recombinant tissue plasminogen activator (rt-PA) improves outcome after an ischaemic stroke but increases the risk of intracranial haemorrhage. Restricting rt-PA to patients with salvageable tissue, or arterial occlusion, might reduce risk, increase benefit and enable treatment at late time windows.

Objectives: To determine if computed tomography (CT) or magnetic resonance (MR) perfusion or angiography (CTP/CTA; MRP/MRA) imaging provide important information to guide the use of rt-PA up to 6 hours after a stroke.

Design: Prospective, multicentre, randomised, open, blinded, end-point trial of rt-PA.

Setting: Forty-eight centres (eight countries) performed CTP/CTA; 37 centres (11 countries) performed MRP/MRA.

Participants: Patients aged over 18 years in whom brain scanning excluded intracranial haemorrhage, with known time of stroke onset and no clear indication for or contraindication to rt-PA, in whom treatment can start within 6 hours of a stroke.

Interventions: rt-PA (0.9mg/kg, maximum dose 90mg) intravenously (10% bolus, the rest infused over 1 hour) compared with best medical care.

Main outcome measures: Primary – alive and independent (Oxford Handicap Score 0–2) at 6 months; secondary – symptomatic and fatal intracranial haemorrhage, early and late death. All imaging assessed centrally, blind to other data. Perfusion lesion sizes [cerebral blood volume (CBV); cerebral blood flow; mean transit time (MTT); time to maximum flow], angiographic occlusion, associations with plain scan findings, clinical baseline and outcomes, and the interaction with rt-PA were assessed with dichotomous and ordinal analyses.

Results: Baseline characteristics of patients in the Third International Stroke Trial (IST-3) with perfusion and angiography imaging did not differ from those without (95% did not meet the prevailing licence criteria for rt-PA): 151 patients had perfusion imaging and 423 had angiography (141 and 307 obtained at

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randomisation respectively). Most randomisation imaging was with CT (n=125/141, 89% perfusion; n=277/307, 90% angiography) with little MR (n=16/141, 11% perfusion; n=39/307, 10% angiography). The median patient age was 81 (interquartile range 71–86) years; perfusion imaging or angiography imaging was performed at median of 3.9 hours after stroke. Perfusion lesion size differed significantly between parameters (MTT lesions largest, CBV lesions smallest; p<0.0000; 46% had mismatch). Patients scanned earlier, who were older, or with more severe stroke, had larger perfusion lesions. Larger perfusion lesions were associated with poor outcome. Neither perfusion lesion size nor mismatch modified rt-PA effect on haemorrhage or 6-month outcome. Randomisation CTA (n=253) showed arterial stenosis/ occlusion in 42% (95% confidence interval 34% to 47%). Abnormal plain CT and plain CT+CTA were equally associated with worse baseline stroke severity, imaging and functional outcomes. rt-PA accelerated dissolution of arterial thrombus and reduced thrombus extension, but rt-PA effects did not differ between patients with angiographic occlusion compared with those without.

Conclusion: Larger perfusion lesions and arterial occlusion are associated with severe stroke and worse outcomes. However, patients with perfusion lesions, mismatch or angiographic occlusion had similar benefit and no worse hazard from rt-PA compared with those without. Visual assessment is an effective classification method. Perfusion or angiography imaging may improve diagnostic confidence in acute stroke but this does not improve prediction of prognosis or identify patients who respond differently to rt-PA. Although this trial is larger than others, the conclusion regarding perfusion imaging is limited by the sample size.

Trial registration: Current Controlled Trials ISRCTN25765518.

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Contents

List of tables	ix
List of figures	xi
List of abbreviations	xiii
Plain English summary	xv
Scientific summary	xvii
Chapter 1 Introduction	1
Chapter 2 Research objectives	5
Chapter 3 MethodsMain trialParticipantsInclusion criteriaExclusion criteriaInterventionsBaseline assessmentObjectivesOutcomesBrain scanningSample sizeRandomisationFollow-upStatistical methodsAny changes to protocolThe Third International Stroke Trial Perfusion and Angiography SubstudyObjectivesImaging acquisitionOutcomesBlindingPerfusion analysisAngiography analysisObserver reliabilitySample sizeStatistical methodsAny changes to protocol	7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 8 8 8 8
Chapter 4 Results Participant flow and recruitment <i>Baseline clinical and plan scan data</i>	19 19 24

Perfusion imaging	30
Numbers analysed	30
Perfusion parameters variation in perfusion lesion size	31
Perfusion parameters and plain scan findings	32
Perfusion parameters and baseline clinical features	32
Perfusion parameters and symptomatic intracerebral haemorrhage,	
death and functional outcome	35
Treatment interaction	36
Ancillary analyses	36
Angiography imaging	36
Hyperdense artery sign and clinical findings	38
Computed tomography angiography abnormalities, plain computed tomography and	
clinical findings	39
Hyperdense artery sign compared with computed tomography angiography	39
Abnormal arteries and follow-up plain scan findings	39
Hyperdense artery, computed tomography angiography and clinical outcomes	41
Interaction between computed tomography angiography findings and recombinant	
tissue plasminogen activator treatment effect	43
Additional analysis of hyperdense artery sign and recombinant tissue plasminogen	
activator effect	43
Ongoing analyses	43
Chapter 5 Discussion	45
How did the perfusion substudy compare with other data?	46
Recommendations for future research	48
Recommendations for practice	48
	10
Chapter 6 Conclusions	49
Acknowledgements	51
Deferences	52
References	53
Appendix 1 Advisory minimum standards for (a) magnetic resonance and	
computed tomography perfusion acquisition and (b) magnetic resonance and	
computed tomography angiography acquisition	61
compared comography anglography acquisition	
Appendix 2 Perfusion image processing	63
Appendix 3 Visual coding forms for plain computed tomography or magnetic	
resonance imaging, perfusion and angiography imaging	65
Appendix 4 Consolidated Standards of Reporting Trials 2010 flow diagram for	
Third International Stroke Trial main trial	85
Appendix 5 Participating countries and centres	87
Appendix 6 Strengthening the Reporting of Observational studies in	
Epidemiology (STROBE) checklist	89

List of tables

TABLE 1 Perfusion parameters tested	12
TABLE 2 Angiographic scores for CTA and MRA	14
TABLE 3a Baseline characteristics of IST-3 patients with vs. without perfusion scans	24
TABLE 3b Basic characteristics of IST-3 patients with vs. without angiography scans	27
TABLE 4aPerfusion lesions and stroke severity NIHSS; mean perfusion lesionASPECTSs by NIHSS score	33
TABLE 4bPerfusion lesions and stroke severity NIHSS; perfusion lesion: plainscan lesion visibility and NIHSS score	34
TABLE 5a Perfusion imaging and early (SICH, death) and 6-month functional (OHS 0–2, 0–1) outcomes; perfusion lesion: plain scan lesion visibility and outcome	35
TABLE 5b Perfusion imaging and early (SICH, death) and 6-month functional (OHS 0–2, 0–1) outcomes; perfusion lesion: ASPECTS and outcomes	36
TABLE 6 Effects of mismatch on OHS 0-2 at 6 months	37
TABLE 7 Visible ischaemic change on randomisation CT according to presence ofhyperdense artery or abnormal CTA	38
TABLE 8 Breakdown of arterial vessel abnormalities by location for those with ahyperdense artery and those with an abnormality detected on CTA	38
TABLE 9a Multiple linear regression models of (overall results for models are shaded in green); death within first 6 months on clinical and CT variables including the HAS	42
TABLE 9b Multiple linear regression models of (overall results for models are shaded in green); death within first 6 months on clinical and CT variables including an abnormal CTA	42
TABLE 9c Multiple linear regression models of (overall results for models are shaded in green); OHS disability on clinical and CT variables including the HAS	42
TABLE 9dMultiple linear regression models of (overall results for models areshaded in green); OHS disability on clinical and CT variables including anabnormal CTA	42

List of figures

FIGURE 1 Example of CT perfusion parameter maps	10
FIGURE 2 Screen capture of web interface used to visually assess angiographic images	13
FIGURE 3 Flow diagram of recruitment into the perfusion and angiography substudy, the image analysis and final numbers of sufficient quality for statistical analysis	20
FIGURE 4 Patient accrual in the (a) IST-3 perfusion study; and (b) IST-3 angiograph study against anticipated targets	21
FIGURE 5 Cumulative recruitment by CT and MR, perfusion and angiography usage	23
FIGURE 6 Perfusion lesion size (a) on ASPECTSs scores by different parameters: 8–10 is no or small lesion, 0–3 is large lesion; (b) relative to the structural imaging lesion by different perfusion parameters	31
FIGURE 7 Perfusion lesion and plain scan mismatch extent by age \leq 80 years vs. > 80 years	32
FIGURE 8 Perfusion lesion: mismatch and ASPECTS by time to randomisation 0–3 hours vs. 3–6 hours	33
FIGURE 9 Proportion of patients with perfusion–plain scan mismatch by NIHSS score. Error bars represent 95% Cls	34
FIGURE 10 Perfusion imaging flow chart showing numbers for computational analysis, lesion presence or absence	37
FIGURE 11 Relationship between time of scan after stroke and mean density in HU of the hyperattenuated artery sign (HAS)	40
FIGURE 12 Graph comparing tests with differing sensitivities and specificities	41

List of abbreviations

ACA	anterior cerebral artery	HU	Hounsfield Units
ACCESS	Acute Cerebral CT Evaluation	ICA	internal carotid artery
	Stroke Study	IMS	Interventional Management
AF	atrial fibrillation		of Stroke
AOL	arterial occlusive lesion	IQR	interquartile range
ASPECTS	Alberta Stroke Program Early CT score	IST-3 i.v.	Third International Stroke Trial intravenous
AT	arrival time	LACI	lacunar infarct
CBF	cerebral blood flow	MCA	middle cerebral artery
CBFq	cerebral blood flow quantitative	MR	·
CBV	cerebral blood volume	MRA	magnetic resonance
CBVq	cerebral blood volume quantitative		magnetic resonance angiography
CI	confidence interval	MRC	Medical Research Council
Cmax	maximum value of	MRI	magnetic resonance imaging
	contrast concentration	MRP	magnetic resonance perfusion imaging
CSO	Chief Scientist Office	MR Rescue	Mechanical Retrieval and
CT	computed tomography		Recanalisation of Stroke Clots Using Embolectomy
СТА	computed tomography angiography	MTT	mean transit time
СТР			
CTP	computed tomography perfusion	MTTq	meant transit time quantitative
DEFUSE	Diffusion and Perfusion Imaging Evaluation for Understanding	NIHR	National Institute for Health Research
DIAS	Stroke Evolution Desmoteplase in Acute Stroke Trial	NIHSS	National Institutes of Health Stroke Scale
DICOM	Digital Imaging and	OHS	Oxford Handicap Score
DICOM	Communications in Medicine	OR	odds ratio
DWI	diffusion-weighted imaging	PACI	partial anterior circulation infarct
ECASS	European Cooperative Acute	PCA	posterior cerebral artery
	Stroke Study	PMD	proximal-middle-distal
eGFR	estimated glomerular filtration rate	POCI	
EME	Efficacy and Mechanism Evaluation		posterior circulation infarct
EPITHET	Echoplanar Imaging Thrombolytic	PT	peak time
	Evaluation Trial	PWI	perfusion-weighted imaging
FLAIR	fluid attenuated inversion recovery	rCBF	relative cerebral blood flow
HAS	hyperattenuated artery sign	RCT	randomised controlled trial

rMTT	relative mean transit time	SRN	Stroke Research Network
rt-PA	recombinant tissue plasminogen	STIR	Stroke Imaging Repository
	activator	TACI	total anterior circulation infarct
SAP	statistical analysis plan	TICI	thrombolysis in cerebral infarction
SD	standard deviation	TIMI	thrombolysis in myocardial
SICH	symptomatic intracerebral		infarction
	haemorrhage	Tmax	time to maximum flow
SINAPSE	Scottish Imaging Network – A Platform for Scientific Excellence	Tmaxq	time to maximum flow quantitative
SIRS	Systematic Image Review System	TTP	time to peak

Plain English summary

S troke is a devastating disease with few effective treatments. Most instances of stroke are due to a blood vessel to the brain becoming blocked; thrombolytic ('clot busting') drugs reduce disability if given quickly after stroke, but may cause brain bleeding which worsens outcome. Better ways to identify those who may benefit or be harmed by thrombolysis might increase use of this important treatment and improve outcomes after stroke. Scanning of brain blood flow and blocked arteries with computed tomography (CT) or magnetic resonance (MR) perfusion or angiography imaging might help to pick out patients for treatment.

The Third International Stroke Trial (IST-3) aimed to find out which patients benefited most from thrombolysis. The IST-3 trial centres performed perfusion or angiography on about 400 patients. More patients received angiography than perfusion imaging and CT than MR. Slightly fewer than half of the patients had reduced blood flow to the brain or a blocked artery. Having a perfusion abnormality or blocked artery led to a worse stroke, more disability and death by 6 months after stroke. Thrombolysis unblocked the arteries faster. However, all patients benefited from recombinant tissue plasminogen activator, whether or not they had reduced blood flow or blocked artery visible on their scan.

We conclude that neither perfusion nor angiography imaging are needed at present for routine assessment of stroke patients before thrombolysis. This will save time, reduce costs, avoid radiation and X-ray dye, and improve outcome after a stroke. Perfusion and angiography imaging might improve doctors' confidence in diagnosing stroke; we will be testing this in a new trial.

Scientific summary

Background

Intravenous thrombolysis with recombinant tissue plasminogen activator (rt-PA) improves outcomes in patients treated early after a stroke but at the risk of causing intracranial haemorrhage. Restricting rt-PA use to patients with evidence of still-salvageable tissue, or with definite arterial occlusion, might help to reduce risk, increase benefit and identify patients for treatment at late time windows.

Objectives

To determine if perfusion or angiographic imaging with computed tomography (CT) or magnetic resonance (MR) help to identify patients who are more or less likely to benefit from rt-PA. We nested the study in a large multicentre randomised controlled trial of rt-PA given within 6 hours of the onset of acute ischaemic stroke: the Third International Stroke Trial (IST-3). Whether or not rt-PA use should be restricted to patients with particular imaging findings can only be tested in a randomised trial of rt-PA compared with control.

Design

The IST-3 is a prospective, multicentre, randomised controlled trial testing rt-PA (0.9 mg/kg, maximum dose 90 mg) started up to 6 hours after the onset of acute ischaemic stroke, in patients with no clear indication for, or contraindication to, rt-PA. Brain imaging (CT or MR) was mandatory pre randomisation to exclude haemorrhage. Scans were read centrally, blinded to treatment and clinical information. In centres where perfusion and/or angiography imaging were used routinely in stroke, these images were also collected centrally, processed centrally and assessed using validated visual scores and computational measures.

Setting

One hundred and fifty-six acute-care hospitals with stroke units in 12 countries for the main trial; 48 centres in eight countries performed CT perfusion and/or angiography and 37 centres in 11 countries performed MR perfusion or angiography.

Participants

Patients aged over 18 years with symptoms of acute stroke in whom brain scanning had excluded intracranial haemorrhage as the cause of stroke, with no clear indication for or contraindication to rt-PA, who could start treatment within 6 hours of symptom onset and in whom the time of onset was known. Patients with early visible infarction on plain CT scanning, and with several comorbidities, were eligible.

Interventions

Recombinant tissue plasminogen activator (0.9 mg/kg, maximum dose 90 mg) given intravenously with 10% as a bolus and the rest infused over 1 hour, started up to 6 hours after the onset of acute ischaemic stroke compared with best medical care. The first 300 patients were randomly allocated to rt-PA

or an identical-appearing placebo; thereafter, patients were randomised to rt-PA or open control. In the placebo-controlled phase, aspirin was withheld until 24 hours after trial drug administration; thereafter, aspirin was withheld until after 24 hours in the rt-PA arm and was started immediately after randomisation in the open-control arm. Otherwise, medical care was to be identical.

Main outcome measures

The primary outcome in IST-3 is alive and independent (Oxford Handicap Score 0–2) at 6 months; secondary outcomes are symptomatic and fatal intracranial haemorrhage, early and late death. The perfusion study additionally examined qualitative visually scored perfusion lesion extent [cerebral blood volume (CBV); cerebral blood flow; mean transit time (MTT); time to maximum flow (Tmax)], quantitative perfusion lesion volume for a range of parameters, the relationships between perfusion and plain scan lesions, with clinical baseline and outcome variables, and the interaction with rt-PA. Angiography images were analysed for the presence of and extent of arterial obstruction on CT or MR angiography (CTA, MRA), the density of any visible thrombus on CT (hyperdense artery sign), collateral channels, and disappearance of the occlusion on follow-up imaging. We tested associations between CTA and plain scan hyperdense artery, CTA arterial obstruction and clinical features, clinical outcome and the interaction with rt-PA. We also compared the additional effect of abnormal randomisation CTA over and above that of plain CT.

Results

Baseline characteristics of patients in IST-3 with perfusion and angiography imaging did not differ from those without. Perfusion imaging data were received on 151 patients and angiography data on 423 patients, of whom 141 and 307 were obtained pre randomisation, respectively, and the rest were obtained at follow-up. Most randomisation imaging was with CT (n=125/141, 89% perfusion; n=277/307, 90% angiography) with little MR (n=16/141, 11% perfusion; n=30/307, 10% angiography). The median age of the patients with perfusion imaging or angiographic imaging was 81 years [interquartile range (IQR) 71–86 years] and perfusion imaging and angiography was performed a median of 4 hours (IQR 1.8–4.2 hours) after stroke. The youngest patient was 18 years old and the oldest was 102 years old. Very few patients (<5%) would have met the prevailing licence criteria for rt-PA at the time of their randomisation in the trial.

Perfusion data were rateable in 120 out of 141 patients. MTT lesions were largest, with CBV lesions the smallest (p<0.0000). Forty-six per cent had perfusion–plain-scan mismatch on Tmax. Perfusion lesions were larger (all parameters) in patients scanned <3 hours compared with 3–6 hours, aged >80 years compared with ≤80 years and with higher National Institutes of Health Stroke Scale (NIHSS) scores. Larger perfusion lesions were associated with poor outcome [odds of good outcome decreased by ≈20% per point increase in perfusion lesion size on the Alberta Stroke Program Early CT score (ASPECT) significant for CBV and Tmax]. There was no evidence that any perfusion lesion parameter on perfusion ASPECT score or mismatch modified the rt-PA effect for the 6-month outcome. The results were the same with dichotomous or ordinal analyses.

In the angiography-imaging arm, there were 277 patients with CTA at randomisation. The randomisation plain CT scan showed a hyperdense artery or tissue ischaemia in 37% [95% confidence interval (CI) 31% to 43%]; the CTA was abnormal (arterial stenosis/occlusion) in 41% (95% CI 34% to 47%), either the randomisation plain CT or CTA were abnormal in 50% (95% CI 43% to 56%) and both were abnormal in 27% (95% CI 22% to 33%). Abnormal plain CT and plain CT+CTA had a similar association with worse stroke severity at presentation (NIHSS 7–8 points higher; p<0.001) with no difference in this association between plain CT and CTA. The sensitivity and specificity for predicting an infarct on follow-up CT were the same for plain CT and CTA. Plain CT and plain CT+CTA both predicted a greater likelihood of poor functional outcome (χ^2 =20 or 29, respectively; p<0.001) with no difference in predictive ability between

them. Comparison with follow-up imaging showed that rt-PA accelerated the disappearance of arterial thrombus and prevented thrombus extension but there was no evidence that patients with arterial occlusion had less benefit or more harm from rt-PA than those without arterial occlusion at presentation.

Conclusion

Larger perfusion lesions and arterial occlusion on angiography imaging identify patients with more severe stroke who have worse imaging and clinical outcomes. Perfusion lesion extent varies significantly with the perfusion parameter chosen. Perfusion–plain scan mismatch is more common in older patients and in those imaged early after stroke, suggesting that trials focusing on the use of mismatch to select patients for therapies at late times after stroke will find fewer cases with mismatch, especially in younger patients. Visual assessment is a powerful way of classifying perfusion imaging despite its apparent simplicity, and allows the use of more data (and hence achieves larger sample sizes) and is likely to be more generalisable than computational processing. Including CTA in the imaging assessment of acute stroke identifies more abnormal cases and hence may improve diagnostic confidence but does not improve prediction of prognosis either for imaging or for clinical outcomes. We found no evidence that either perfusion or angiography imaging are routinely necessary prior to treatment with rt-PA.

Future work

Individual patient data meta-analysis of comparable trials with standardised image processing should be considered in order to completely exclude the possibility that an individual perfusion threshold could identify patients who benefit more or less from rt-PA. The impact of perfusion or angiography imaging on physician confidence in the diagnosis of acute stroke, and hence the use of rt-PA, should be tested in further research to determine whether or not either should be used routinely in acute stroke. Further work is required on observer reliability of perfusion and angiography image interpretation.

Trial registration

This trial is registered as ISRCTN25765518.

Funding

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Chapter 1 Introduction

S troke remains a major public health burden. In the UK, about 150,000 people have a stroke each year. About 30% die within 6 months and another 30% survive dependent on others for everyday activities, making stroke the commonest cause of dependency in adults and the third commonest cause of death in the world. Eighty per cent of strokes are ischaemic and most ischaemic strokes are due to a blocked (thrombosed) artery. Recombinant tissue plasminogen activator (rt-PA, alteplase) reopens blocked arteries and was first licensed for use in the USA following publication of the National Institute of Neurological Disorders and Stroke (NINDS) trial,¹ but only for highly selected patients within 3 hours of acute ischaemic stroke in the USA. Cumulative evidence from other trials since then, summarised in the Cochrane Review of all data from randomised trials of rt-PA² and individual patient data meta-analyses,^{3,4} plus data from an observational patient registry,⁵ have been published since, showing a reduction in poor functional outcome in spite of increased risk of symptomatic intracerebral haemorrhage (SICH). However, confidence intervals (CIs) for some outcomes remained wide with unexplained heterogeneity for primary outcomes, the licensing and guideline treatment criteria remained highly restrictive and usage of rt-PA was limited.^{6,7}

Against this background, the International Stroke Trial 3 (IST-3) started in May 2000, aiming to provide robust evidence on the use of rt-PA in a wider range of patients, including those aged over 80 years, at later time windows and with comorbidities such as prior stroke or diabetes. Practical questions also remained concerning how to reduce the major hazard (intracranial haemorrhage) and how to identify determinants of the latest time after stroke when thrombolysis might still be effective. Focusing treatment on patients with still-viable tissue or persistent arterial occlusion might help to reduce the risk of intracranial haemorrhage and death with thrombolysis, particularly at later time windows.^{4,8} However, there were uncertainties about how to identify still-viable at-risk tissue and arterial occlusion, as well as about whether or not patients with these features were most likely to benefit from rt-PA treatment.

Brain imaging is essential prior to rt-PA to exclude intracranial haemorrhage (an absolute contraindication to rt-PA) and lesions that can mimic acute stroke (e.g. brain tumours). Patient assessment for rt-PA in most trials to date was based on a plain computed tomography (CT) brain scan. CT is very practical for use in patients with acute stroke and, in many ischaemic stroke patients, especially those with moderate to severe stroke symptoms, may show early ischaemic changes.^{9–14} However, early ischaemic tissue changes that occur during the first few hours after stroke onset and that are thought to indicate irreversible injury, though frequent,⁹ are subtle;¹⁵ lack of confidence among clinicians in recognising these early signs is thought to be one factor that might contribute to the underuse of rt-PA, as many patients who might benefit from thrombolysis remain untreated. Magnetic resonance (MR) brain imaging with diffusion-weighted imaging (DWI) shows acute ischaemia very clearly, but is not widely available as an emergency investigation for stroke^{16,17} and is not well tolerated by hyperacute stroke patients.^{18,19}

Identifying the full extent of brain tissue where blood flow is reduced but tissue is still viable outside the non-viable 'core' of the infarct could help select patients for treatment with rt-PA – referred to as the 'ischaemic penumbra', 'tissue at risk' or 'mismatch'. Imaging the perfusion defect with an intravenous (i.v.) injection of MR contrast agent had been available for MR imaging (MRI) for about 10 years, and became available for CT about 6 years prior to the start of the IST-3 substudy.^{20,21} However, a consensus on how the perfusion data should be processed,^{22–24} or which thresholds distinguish tissue at risk,²⁵ was still to be established. Thus, it had long been considered that advanced imaging methods with CT perfusion (CTP) or MR DWI and perfusion-weighted imaging (PWI) could help focus use of rt-PA on patients with large amounts of tissue at risk and avoid exposing those with little at-risk tissue to the risk of rt-PA. Although some stroke experts strongly advocate using this imaging approach,²⁶ and some observational studies provided encouraging results,²⁷ several randomised trials that used MR DWI/PWI mismatch had been inconclusive,^{28–30} or conflicting.³¹ Indirect comparisons between randomised controlled trials (RCTs) which used plain CT and MR DWI/MR perfusion showed no clear improvement in functional outcome or in SICH

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risk according to MR DWI/MR perfusion (MRP) tissue status.^{32,33} The few studies which included patients without MR DWI/PWI mismatch found that about half of those without mismatch also had infarct growth and, therefore, presumably might have benefited from treatment.^{34,35} Similarly, some observational data suggest that CTP did not differentiate core from salvageable tissue.³⁶ There are no randomised rt-PA studies based on CT with CTP [although some patients were included in the Desmoteplase in Acute Stroke (DIAS) 2 trial with CT/CTP, these data are not available separately].

The other information that might guide the use of thrombolysis, derivable from CT or MRI, is the presence and location of an occluded artery as this determines the likely extent of the tissue affected by the stroke.³⁷ An occluded artery may be suspected by the presence of a hyperattenuated artery on plain CT or an absent flow void or a hypointense artery on T2/fluid attenuated inversion recovery (FLAIR) or T2* MR, respectively. Disappearance of the hyperattenuated artery/absent flow void (i.e. presumed recanalisation) is associated with improved clinical outcome with or without rt-PA^{38,39} and its persistence is associated with poor clinical outcome.⁴⁰ Arterial occlusion may be identified with CT angiography (CTA) or MR angiography (MRA) with an i.v. injection of contrast agent. The angiographic images are generally faster to acquire than perfusion imaging, and require some image reconstruction and careful interrogation but there is, in general, less scope for variation in acquisition, processing or interpretation, and the acquisition and image processing are faster than for perfusion imaging. However, there have been far fewer publications on angiographic imaging and the relationship to likely rt-PA response and clinical outcomes than on perfusion imaging. As with perfusion imaging, several factors need to be addressed before CTA or MRA can be used reliably to inform clinical practice.

It is clear that improved outcome after ischaemic stroke is associated with arterial recanalisation in observational studies whether spontaneous or rt-PA induced,⁴¹ but there is disagreement about how information from angiography should be used. Some consider that rt-PA may be effective only when a visible thrombus is present. Others consider that the absence of a visible occlusion may simply reflect lack of sensitivity of imaging to small peripheral thrombi or to occlusion at the origin of a proximal major branch point making that branch 'invisible' angiographically, that in any case the major arteries may be patent when the tissue arterioles/capillaries are not, and that patients without a visible arterial occlusion should not be denied thrombolytic treatment in the absence of further information from RCTs. The marginal benefit or hazard of rt-PA in the presence or absence of a visible arterial occlusion was unknown as there were no completed randomised trials of rt-PA where randomisation was on the basis of presence or absence of arterial occlusion. Previous, recently completed trials [e.g. Systemic versus Intra-arterial thrombolysis for Ischaemic Stroke (SYNTHESIS) Expansion⁴² and International Management of Stroke (IMS) 111^{43,44}] and (still) ongoing trials have included only patients with angiography-confirmed arterial occlusion (e.g. DIAS 3 and 4^{45}). Angiographic interpretation is based on visual assessment. Multiple visual rating scores have been described, but all appear to conflate several items in one score and there was little information on observer reliability or which score was best when deciding whether or not to use rt-PA treatment. The very limited data on observer reliability of angiography scoring indicated poor agreement: the intraobserver agreement between nine neuroradiologists reading intra-arterial angiograms using the Thrombolysis in Cerebral Infarction (TICI) score was poor (κ <0.2) with little evidence of improvement with training, possibly because of the conflation of three concepts inherent in the score.^{37,46} A detailed discussion of the scores and problems with their use was provided in the IST-3 perfusion and angiography imaging protocol paper.47

Other factors derivable from angiographic imaging may help guide rt-PA therapy. Some thrombi may dissolve more easily with rt-PA. Thrombus composition influences its appearance on imaging. However, the reliability of the imaging appearance–composition relationship is unknown. Despite this, there is emerging (although conflicting) literature on thrombus attenuation, probable composition and likelihood of rt-PA responsiveness^{48–52} which required further testing prior to clinical use. Other angiographic features that may influence both tissue viability and rt-PA response are the burden of occlusive thrombus⁵³ and the adequacy of collateral pathways.⁵⁴ Several scores exist to code the collateral circulation^{55,56} but these, in general, had undergone little independent validation.

The IST-3 Perfusion and Angiography Study was embedded in the IST-3 main trial and aimed to determine whether or not there is a differential benefit of rt-PA in patients with, compared with patients without, perfusion lesions or arterial occlusion. If, as suggested in recent studies, very high proportions of patients with large artery territory cortical ischaemic symptoms have MR DWI/MRP mismatch within 6 hours of stroke,³⁰ and if rt-PA is effective in those with mismatch, then simply determining the clinical stroke syndrome and time lapsed since stroke may be almost as effective as complex imaging in guiding patient selection (as well as being quicker and less expensive). If, on the other hand, the benefits of rt-PA are confined to those either with imaging evidence of tissue at risk or with arterial occlusion, regardless of time lapsed since onset, and who cannot be identified by other means, then it will require substantial investment in imaging services to deliver effective thrombolysis. If the presence of perfusion-visible at-risk tissue has no impact on responsiveness to rt-PA treatment, then clinical assessment alone, which would immediately improve access to rt-PA.

Chapter 2 Research objectives

he original research objectives of the IST-3 perfusion and angiography substudy were to determine:

- i. whether acute ischaemic stroke patients with versus without imaging evidence of tissue at risk (perfusion lesion or mismatch), on either CT with CTP or MR DWI/PWI, have (a) less infarct growth and (b) better functional outcome if treated with rt-PA versus control?
- ii. which perfusion parameter [cerebral blood flow (CBF), cerebral blood volume (CBV) or mean transit time (MTT)], processing method (qualitative, quantitative) and threshold best predicts (a) infarct growth and (b) poor functional outcome at 6 months?
- iii. if patients with angiographic evidence of an occluded artery on either CT or MR angiography have(a) less infarct growth and (b) better clinical functional outcome if treated with rt-PA versus control?

Secondary questions included:

- iv. what is the threshold of reduced cerebral perfusion that can be tolerated, and for what period of time after stroke onset, which determines whether tissue ultimately survives or infarcts?
- v. are there imaging features on plain CT or MR DWI that differentiate viable from non-viable tissue?
- vi. determining the interobserver reliability of perfusion and angiography scoring methods
- vii. determining the influence on the plain-scan rating of knowing what the perfusion or angiography imaging shows.

We also aimed to:

- viii. establish a core of interested physicians and radiologists in IST-3 to guide the proposed advanced imaging substudy, inform and participate in the analysis and prepare manuscripts for publication and presentation; and
- ix. contribute data to the Stroke Imaging Repository (STIR), an international, multicentre project which aims to standardise stroke perfusion imaging.

Chapter 3 Methods

We provide minimum details of the IST-3 main trial, followed by the specific methods in the perfusion and angiography substudy. The full IST-3 trial protocol, details of the patients' baseline demographic variables, the statistical analysis plan and primary results^{57–60} and the protocol for the Perfusion and Angiography Substudy⁴⁷ have all been published. The protocol was approved by the Multicentre Research Ethics Committees (MREC/99/0/78) and by local ethical committees. The trial was registered as ISRCTN25765518.

Main trial

The IST-3 was an international, prospective, randomised, open, blinded, end-point (PROBE) controlled trial of i.v. rt-PA within 6 hours of onset of acute ischaemic stroke (see www.ist3.com).⁶⁰ Plain CT brain scanning was the primary imaging modality for the main trial.

Participants

Patients with suspected acute ischaemic stroke who reached hospital, could be assessed and treated within 6 hours of stroke onset. Patients in whom rt-PA was 'promising but unproven' could be randomised in the trial after informed consent was obtained.

Inclusion criteria

(a) Symptoms and signs of clinically definite acute stroke, (b) time of stroke onset definitely <6 hours previously, (c) CT or MR brain scanning has excluded intracranial haemorrhage and (d) treatment can be started within 6 hours of stroke. Patients with symptoms of large and medium-sized cortical, lacunar and posterior circulation stroke were all included, with no upper age limit. Patients with early visible infarct signs were also included (though not if established infarct signs were present, as these suggest a stroke onset of more than >6 hours previously).

Exclusion criteria

Age <18 years, imaging signs that the stroke might be older than 6 hours, and usual contraindications to rt-PA.⁶⁰

Interventions

Intravenous rt-PA (total dose 0.9 mg/kg to a maximum of 90 mg, 10% as bolus and the rest infused over 1 hour) compared with 'open control' (avoid rt-PA and receive stroke care in exactly the same clinical environment as those allocated 'immediate rt-PA').

Baseline assessment

All patients were assessed for stroke severity [National Institutes of Stroke Scale (NIHSS) score], stroke subtype [total anterior circulation infarct (TACI); partial anterior circulation infarct (PACI); lacunar infarct (LACI); or posterior circulation infarct (POCI), clinical syndrome], presence of atrial fibrillation (AF), systolic and diastolic blood pressure and blood glucose.

Objectives

To determine if rt-PA, given to a wider range of patients up to 6 hours after stroke, would improve functional outcome by 6 months net of any hazard.

Outcomes

The primary outcome was alive and independent [Oxford Handicap Score (OHS) 0-2,⁶¹ which is very similar to modified Rankin $0-2^{62}$] at 6 months after stroke. Symptomatic and fatal intracranial haemorrhage, death and recurrent stroke within 7 days and death at 6 months were also assessed.

Brain scanning

All patients had a CT or MR brain scan before randomisation and a follow-up scan at 24–48 hours. A repeat brain scan was required if the patient deteriorated neurologically or intracranial haemorrhage was suspected for any reason. All scans were sent to the trial centre in Edinburgh for blinded central rating of any signs of visible early ischaemia (presence and extent of hypoattenuation, swelling, hyperattenuated artery), haemorrhage, and background brain changes (leukoaraiosis, atrophy, prior stroke lesions, non-stroke lesions) with validated rating tools.^{15,63–67} Images were assessed blindly, and assessed via a secure web-based image viewing system by an international panel of expert radiologists.

Sample size

The IST-3 main trial was powered to detect a 4.7% absolute improvement with rt-PA compared with no rt-PA in the number alive and independent at 6 months with power 80% at p=0.05 with 3100 patients.⁵⁷ This effect size was based on the Cochrane Thrombolysis Review in 2000,² but remained unaltered following the update in 2008.³²

Randomisation

Randomisation was via a secure central telephone or web-based computer system, which recorded all of the baseline data and generated the treatment allocation. A minimisation algorithm was used to achieve optimum balance for key prognostic factors.^{57,59}

Follow-up

Follow-up of 6-month outcomes was by central office staff blinded to treatment allocation, by postal questionnaire or telephone for non-responders (by an experienced, blinded assessor).

Statistical methods⁵⁹

The statistical analysis plan was published⁵⁹ prior to unblinding to the data. To avoid complicating the estimation of the effect of treatment overall and in subgroups,⁵⁷ the primary analysis was logistic regression for linear effects adjusted for the following covariates: age; NIHSS score; time from onset of stroke symptoms to randomisation; and presence (vs. absence) of ischaemic change on the pre-randomisation brain scan according to the expert read. Unadjusted analyses were also performed.⁶⁰ The statistical analysis plan writing committee, while still blinded, adopted the ordinal method, as it is statistically more efficient (effectively reducing the sample size required in stroke trials⁶⁸). The OHS as a dependent variable had five levels: levels four, five and six were combined into a single level and levels zero, one, two and three were retained as distinct. In this model, the treatment odds ratios between one level and the next are assumed constant, so a single parameter summarises the shift in outcome distribution between treatment and control groups. Analyses were carried out with SAS version 9.2 (SAS Institute Inc., Cary, NC, USA).

Any changes to protocol

Two changes occurred. The first was the change from placebo-controlled to open-label treatment after the first 297 patients due to withdrawal of support for the trial by Boehringer Ingelheim (Bracknell, UK). The second was the revised sample size estimation and introduction of the ordinal analysis described above as a secondary outcome analysis.

The Third International Stroke Trial Perfusion and Angiography Substudy

In centres where perfusion and/or angiography imaging with CT or MR were performed routinely for acute stroke, data from these imaging modalities were collected centrally according to established IST-3 methods. In those centres, patients were randomised into IST-3 according to plain CT or MR criteria so that decisions were not influenced by knowledge of perfusion or angiography information.

Participants, interventions, clinical outcomes, randomisation and blinding were the same as for the main trial and detailed above except that, as per routine clinical practice, patients with definite renal impairment [estimated glomerular filtration rate (eGFR) < 30 ml/minute/1.73 m²] or on metformin were excluded from the perfusion/angiography study. Reduced eGFR is common on admission to hospital in patients with acute ischaemic stroke and usually normalises with rehydration;⁶⁹ therefore, patients with an eGFR of 30-59 ml/minute/1.73 m² could be included if there was no documented history of renal impairment and the low eGFR was considered likely to reflect dehydration, at the discretion of the recruiting physician. Low-risk MR contrast agents were to be used. Oxygen was continued in MR or CT where necessary.

Objectives

The basic questions to be addressed are 'should "perfusion-structural imaging mismatch" or "arterial occlusion" influence whether or not patients receive rt-PA?' Here, the key question was whether or not rt-PA is more effective in patients with imaging evidence of tissue at risk than in those without apparent tissue at risk. Tissue at risk was defined as:

- (a) the difference between the extent of core damaged tissue on MR DWI or plain CT and the extent of the MR or CT perfusion lesion (further details of perfusion lesion measurements and comparisons below); or
- (b) evidence of arterial occlusion on CT or MR angiography.

Imaging acquisition

Where possible, patients were to be examined on the same scanner at baseline and at follow-up, although combinations, for example CT pre randomisation and MR at 24-hour follow-up, were allowed as local clinical practice dictated. Basic minimum acquisition standards were required (see *Appendix 1*). We provided basic minimum acquisition standards to encourage best practice in perfusion or angiography imaging while allowing for the considerable variation that exists in available scanning technology. Thus, it would have been counterproductive to provide overly narrow acquisition criteria that only a proportion of centres might have been able to meet, as that would have further limited the sample size and generalisability of the data. Full details of the minimum acquisition criteria as sent to participating centres are given in *Appendix 1*. In addition, before a centre could participate in the Perfusion and Angiography Study, a test perfusion and/or angiogram image data set had to be sent to the IST-3 trial co-ordinating centreally.

The trial image data were received at the IST-3 trial co-ordinating centre, linked with their demographic data and trial records, anonymised and transferred into the image-processing pipeline. Plain CT and MR images were read according to the IST-3 established structured image analysis protocol by a panel of experts via a web-based image reading system, the Systematic Image Review System (SIRS: see www.neuroimage.co.uk/) as detailed above.

Outcomes

The primary outcome measures were the same clinical measures as for the IST-3 main trial above: functional outcome (OHS 0–2), symptomatic and fatal intracranial haemorrhage, early and late death and massive infarct swelling.

The secondary outcomes were absolute infarct growth, *defined qualitatively* as a change in the extent of hypoattenuated tissue on CT or of hyperintense tissue on MR FLAIR between baseline and 24–48-hour follow-up, of one point or more on either the IST-3 scale score,^{64,70} in any arterial territory, or the Alberta Stroke Program Early CT score (ASPECTS)⁶³ if in the middle cerebral artery (MCA) territory; defined quantitatively as the difference in measured lesion volume on plain CT or MR DWI between randomisation and follow-up scans.

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Blinding

All image data were collected centrally in Digital Imaging and Communications in Medicine (DICOM) format, matched with the patient record, anonymised and identified only by the study identification number. All image data analyses were performed centrally, blind to treatment allocation, baseline demographic information and follow-up.

Perfusion analysis

We produced perfusion parameter maps for each patient for visual rating and measurement of lesion volume without any threshold applied (*Figure 1; Table 1*): quantitative (q) perfusion with deconvolution



FIGURE 1 Example of CT perfusion parameter maps. (a) CT with plain structural image at randomisation and post randomisation, with infarct outlined, perfusion maps and various thresholds below; (b) MR with acute DW1 and T2, follow-up T2, perfusion maps and various thresholds below. ROI, region of interest. (*continued*)



FIGURE 1 Example of CT perfusion parameter maps. (a) CT with plain structural image at randomisation and post randomisation, with infarct outlined, perfusion maps and various thresholds below; (b) MR with acute DW1 and T2, follow-up T2, perfusion maps and various thresholds below. ROI, region of interest.

CBF quantitative (CBFq), CBV quantitative (CBVq), MTT quantitative (MTTq), time to maximum flow quantitative (time to peak of the residue function) (Tmaxq) and relative (r) perfusion, that is to say without deconvolution relative CBF (rCBF); relative arrival time fitted; relative time to peak; relative peak time fitted; relative maximum concentration peak; relative full width at half maximum. Full details of the perfusion processing are given in *Appendix 2*. We also produced a set of parameter maps with thresholds applied (see *Table 1*). These parameters and thresholds were based on literature values that had been proposed for identifying still-viable but at-risk tissue and core tissue, of which there were many, but none had been validated independently.⁷¹ This was because the IST-3 perfusion substudy was not large enough to generate new thresholds in one half of the data set and validate these in the other half. Therefore, we focused on validating ones which had been reported previously.

Maps of the following perfusion thresholds were produced for volumetric and visual measurement (details in *Table 1*):

- Representing non-salvageable tissue:
 - on CTP: absolute CBV <2 ml/100 g;²⁰
 - on MRP: rCBF <31%⁷² and rCBF <40%.^{73,74}

TABLE 1 Perfusion parameters tested

MR perfusion		CT perfusion	
Visual score	Volume	Visual score	Volume
Raw data		Raw data	
rCBF		rCBF	
rCBV		rCBV	
rMTT (first moment)		rMTT (1.45)	
TTP (various thresholds)		TTP (1.4 wrt normal side)	
Tmax plus 6 seconds		Tmax plus 6 seconds	
ATF		ATF	
CBFq		CBFq (including 12.7ml/100g/minute)	
CBVq		CBVq (including <2.2 ml/100g)	
MTTq		MTTq	

ATF, arrival time fitted; CBVq, CBV quantitative; MTTq, MTT quantitative; rCBF, relative CBF; rCBV, relative cBV; rMTT, relative MTT; Tmax, time to maximum flow; TTP, time to peak; wrt, with regard to.

- Representing at-risk tissue:
 - on CTP: relative MTT (rMTT) >145%;²⁰ rMTT >125%.⁷⁴
 - on MRP: time to maximum flow (Tmax) >6 seconds^{75–81} [note that Tmax >2 seconds was originally identified in the Echoplanar Imaging Thrombolytic Evaluation Trial (EPITHET) but subsequent analyses and other groups have identified Tmax >6 seconds as a preferred threshold].

These perfusion parameters reflected commonly applied thresholds and image types while keeping the total number of comparisons manageable and reducing the potential for false-positive results. Our systematic review had not identified a specific parameter or threshold that seemed optimum;⁷¹ different research groups had not identified an agreed perfusion parameter/threshold since the systematic review. We therefore tested several perfusion parameters/thresholds which covered the most easily available and most promising derived from the most recent research. Many of these thresholds have been defined for one modality only (mostly CTP) but could equally be applied to MR data and, therefore, were tested.

Perfusion lesion extent was quantified visually by one expert neuroradiologist, blind to all other data. We used the ASPECTS, ⁶³ subtracting one point from a total of 10 for each MCA ASPECTS region that is in part or wholly affected by the perfusion lesion, even where perfusion image does not cover the whole ASPECTS region. We also recorded if there was (a) no visible perfusion lesion, (b) a visible perfusion lesion that was <80%, (c) about the same size as or (d) \geq 20% larger than the structural ischaemic lesion by visually-estimated volume on plain CT or MR DWI/FLAIR.^{27,30} 'Mismatch' was defined as a perfusion lesion >20% larger than the structural lesion. We validated these methods in a separate three-centre study (Translational Medicine Research Collaboration Multicentre Acute Stroke Imaging Study⁴⁷). Visual coding forms are available in *Appendix 3*. Perfusion lesion volume was measured by manual outlining the lesion by a trained observer blind to all other data on two of the unthresholded parameter maps from above

(MTTq and rCBF perfusion lesions) to represent at-risk tissue and non-salvageable tissue respectively. The perfusion lesion volume was also measured on thresholded parameter maps listed in *Table 1* using automated thresholding.

Angiography analysis

The randomisation CT angiography images were scored by a blinded neuroradiologist who also measured thrombus density on a workstation in Hounsfield Units (HU). The hyperattenuated artery sign (HAS) was scored on the available imaging, that is to say thin section if available or routine 5 mm section if not, depending on what imaging had been received. Separately, a panel of 11 experts also read all of the CT and MR angiograms using the web-based SIRS (SIRS2), which we modified so as to be able to see the plan scan and angiographic image on the same screen and record both the plain-scan findings and angiographic appearance (SIRS2, sirs2/neuroimage.co.uk/sirs2; *Figure 2*).

We assessed the location, extent of vessel affected and degree of obstruction to the lumen of any arterial occlusion, the presence of collateral pathways, the clot burden⁵³ and the attenuation properties of the occluding thrombus. Location and extent of thrombus was coded in the internal carotid artery (ICA), MCA mainstem or sylvian branch, anterior cerebral artery (ACA), posterior cerebral artery (PCA), basilar artery, vertebral artery or combinations thereof.^{15,38,40} We debated, at length, the best score to use. Several scores are available to classify the degree of major arterial obstruction (*Table 2*). These mostly conflate three



FIGURE 2 Screen capture of web interface used to visually assess angiographic images.

TABLE 2 Angiographic scores for CTA and MRA

TIMI score ⁸³	Mori score ^{82,86}	
0: No flow/patency	0: No flow/patency	
1: Minimal flow/patency	1: Minimal flow/patency	
2: Partial flow/patency	2: Flow/patency of less than half of the territory of the occluded artery	
	3: Flow/patency of more than half of the territory of the occluded artery	
3: Complete flow/patency ³⁷	4: Complete flow/patency ^{82,86}	
AOL score ³⁷	TIMI score, adapted for the intracranial circulation in ischaemic stroke ³⁷	
Grade 0: No recanalisation of the primary occlusive lesion	Grade 0: No perfusion	
Grade 1: Incomplete or partial recanalisation of the primary occlusive lesion with no distal flow	Grade 1: Perfusion past the initial occlusion, but no distal branch filling	
Grade 2: Incomplete or partial recanalisation of the primary occlusive lesion with any distal flow	Grade 2: Perfusion with incomplete or slow distal branch filling	
Grade 3: Complete recanalisation of the primary occlusion with any distal flow	Grade 3: Full perfusion with filling of all distal branches, including M3, 4	
TICI score, adapted the TIMI score with further granularity for partial patency ⁵⁶		

Grade 0: No perfusion. No antegrade flow beyond the point of occlusion

Grade 1: Penetration with minimal perfusion. The contrast material passes beyond the area of obstruction but fails to opacify the entire cerebral bed distal to the obstruction for the duration of the angiographic run

Grade 2: Partial perfusion. The contrast material passes beyond the obstruction and opacifies the arterial bed distal to the obstruction. However, the rate of entry of contrast into the vessel distal to the obstruction and/or its rate of clearance from the distal bed are perceptibly slower than its entry into and/or clearance from comparable areas not perfused by the previously occluded vessel, e.g. the opposite cerebral artery or the arterial bed proximal to the obstruction

Grade 2a: Only partial filling (less than two-thirds) of the entire vascular territory is visualised

Grade 2b: Complete filling of all of the expected vascular territory is visualised, but the filling is slower than normal

Grade 3: Complete perfusion. Antegrade flow into the bed distal to the obstruction occurs as promptly as into the obstruction and clearance of contrast material from the involved bed is as rapid as from an uninvolved other bed of the same vessel or the opposite cerebral artery

Two further variations of the TICI score

TICI grade of perfusion confuses arterial patency/ recanalisation and perfusion including grades 0 to 3 and subscores 2a to $2c^{84}$

TICI reperfusion (I): essentially the same as TIMI score applied in IMS 1 with grade 2 further divided into 2a, partial filling (less than half) of, and 2b, partial filling (half or more) of, for post hoc analysis⁸⁵

Score to be used in IST-3: TICI-AOL hybrid (see Figure 1)

0: No patency – artery completely blocked at main obstruction point

1: Minimal patency – some contrast penetrates main obstruction point but no/minimal opacification of artery or branches distally

2: Patency of less than half of the lumen at the point of obstruction and

(a) only partly filling (less than half) or

(b) incomplete filling but half or more of the major branches of the affected artery

3: Patency of more than half of the lumen at the point of obstruction and filling of most of the major branches of the affected artery

4: Complete patency – normal

AOL, arterial occlusive lesion; TIMI, Thrombolysis in Myocardial Infarction.
different concepts – peripheral microvascular tissue perfusion, primary arterial patency, and recanalisation – in a single score, thereby mixing three separate and probably semi-independent entities.⁸⁷ This, no doubt, contributes to the poor observer reliability. We previously used the Mori⁸² and Thrombolysis in Myocardial Infarction (TIMI)⁸³ scores purely to classify arterial patency at the primary point of obstruction on CTA and MRA and, separately, used CTP or MRP to classify tissue-level perfusion and reperfusion which worked well. Other scores (summarised in *Table 2*) mixed primary occlusion, perfusion and recanalisation.^{37,56,84,85} Therefore, in IST-3 we used a score that combines the best elements of the TICI (including 2a and 2b) and arterial occlusive lesion (AOL) scores that only scored angiographic patency at the main point of occlusion and filling of immediate distal vessels, but not tissue perfusion or recanalisation. This score, used in DIAS 3 and 4 and IMS-3,⁴³⁻⁴⁵ is described in the protocol paper.⁴⁷

Recanalisation was indicated by a change of one point or more on the scale between randomisation and follow-up scans.

We also coded thrombus burden using the clot burden score, ⁵³ where one or two points are subtracted from a normal score of 10 for each segment of the main intracranial arteries or their branches that is abnormal on angiography; thus, a score of zero indicates that all major intracranial arteries on one side of the head are thrombosed. We also scored visible HASs on CT and abnormal arteries on CTA whether the abnormality was in a proximal (internal carotid or basilar artery), middle (ACA, MCA or PCA) or distal (sylvian branches of MCA) artery. The resulting proximal-middle-distal (PMD) score value ranges from 1 to 6, where 1=only distal vessel, 2=only middle vessel, 3=middle and distal vessels, 4=proximal vessel, 5=proximal and middle vessels and 6=proximal, middle and distal vessels.

We scored the adequacy of the collateral pathways⁵⁴ in patients with ICA/MCA main stem occlusion only using the Score for Collateral Status,⁵⁵ a three-point scale of good, moderate or poor based on the number of opacified arteries visible in the peripheral parts of the affected tissue. Examples are provided for comparison.

The resulting coding forms are available in *Appendix 3* and can be seen at www.bric.ed.ac.uk/research/ imageanalysis.html#ais.

A neuroradiologist also measured the mean density of any HAS in HU (i.e. standard units used to assess tissue X-ray beam attenuation) using a region of interest cursor placed on the affected artery and also of the unaffected arteries (i.e. basilar, left or right middle cerebral arteries) on a personal computer workstation running Digital Jacket software (an in-house image server application allowing manipulation of DICOM data sets; DesAcc, Bellevue, WA, USA). Ovoid 'regions of interest' were applied to the HAS or normal artery and three measurements were taken from each artery at similar locations for each patient; natural anatomical and scan parameter variability meant that measurement location could not always be identically reproduced, though this was attempted as near as possible.

Observer reliability

We tested the interobserver reliability of angiographic image analysis by inviting the expert panel to read the same 10 angiograms using the SIRS2 blind to all other data including their initial analysis. We tested observer reliability of the perfusion imaging by inviting as many raters as possible to rate 20 perfusion images using the modified SIRS2 system that was able to handle colour images and to view two image modalities from the same acquisition time point (e.g. a perfusion and a structural CT image) side by side (SIRS2: sirs2/neuroimage.co.uk/sirs2). These analyses are ongoing at the time of writing.

Sample size

The IST-3 perfusion analysis aimed to examine primarily whether or not rt-PA improves functional outcome more in those with, than without, tissue at risk and secondarily reduced infarct growth. Based on systematic reviews of all available data³⁴ and recent studies,^{27,30} we estimated that 60% will have mismatch overall;²⁷ 70% with mismatch will have infarct growth compared with 30% without mismatch; and rt-PA will reduce infarct growth by 20% in those with, but not those without, mismatch.³⁴ At 80% power and α =0.05, a sample of 100 patients would detect a 27% difference in infarct growth, with rt-PA compared without rt-PA, in the presence of mismatch compared with the absence of mismatch; 160 patients would detect a 20% difference in infarct growth; and 400 patients would detect a 15% difference in infarct growth. We acknowledged that, with, at most, 300 patients in the perfusion study, the perfusion study would be underpowered to detect a 'mismatch × treatment effect' interaction on the primary clinical outcome. We therefore selected infarct growth as an outcome for the perfusion analysis (as in EPITHET)³⁰ to increase statistical power.

The centres that were using perfusion imaging were among the most active in IST-3. Therefore, we estimated that in 3 years, in up to 15 active centres recruiting between four and eight patients per year each, a total of between 100 and 300 patients with baseline perfusion and or angiography data would be recruited. We estimated that approximately two patients would have CTA/CTP for every one with MRA/MRP. However, that may change as more centres are now acquiring CT perfusion equipment, and so the proportion may end up being nearer to four patients having CTA/CTP for every one with MRA/MRP.

Statistical methods

We first compared imaging variables with each other, then with clinical features and clinical outcomes, and then tested for interactions between imaging variables and rt-PA effects. Thus, we assessed:

- variation in the size of perfusion lesions and proportion with mismatch for each perfusion parameter tested
- associations between clinical and structural imaging variables at baseline, perfusion lesion extent and presence/absence of angiography lesions
- associations between baseline perfusion or angiography imaging variables and subsequent infarct growth, swelling and haemorrhagic transformation on follow-up scanning
- associations between baseline perfusion and angiography lesions and 6-month functional outcome
- test for an interaction between treatment with rt-PA and perfusion lesion extent, presence or absence of mismatch, angiographic arterial occlusion and SICH and 6-month functional outcome.

All analyses were unadjusted and adjusted for key baseline variables using an established prognostic model determined in the IST-3 main trial analysis.⁵⁹ We also performed ordinal analysis as this increases the statistical power.^{68,88}

Secondly, we also compared quantitative perfusion lesion volume with qualitative visual perfusion lesion assessment as coded by the ASPECTS; different perfusion processing algorithms [in this case, the in-house software and MiStar (Apollo Medical Imaging Technology Pty. Ltd, Melbourne, VIC, Australia)]; and test if relative (i.e. to the contralateral hemisphere) parameters are more consistent than quantitative parameters between different software, by comparing (a) the measured volumes of different perfusion parameter lesions, that is mm³, and (b) also by taking account of geometric concordance.

Statistical analyses for the CTA data presented here were performed with Statistical Product and Service Solutions (SPSS) software (v. 20, IBM, New York, NY, USA). Chi-squared testing was used for comparisons between dichotomous data. Simple *t*-tests were employed to compare normally distributed continuous and dichotomous data, while Mann–Whitney *U*-testing was employed where continuous or ordinal data were skewed (ASPECT and clot burden scores, HAS length). Similarly, both Pearson and Spearman's rank-order correlations were applied as appropriate. Significance was taken as p < 0.05.

Any changes to protocol

There were two minor changes to process rather than to fundamental study design.

- 1. We originally planned to analyse infarct growth as the primary outcome and functional status, with death and SICH as secondary outcomes. However, in view of the clinical importance of functional outcome, and because infarct growth is less clinically relevant to patients, we reordered the primary outcome to be clinical and the secondary outcome to be infarct growth. Additionally, infarct growth can be assessed only in patients with visible infarction those without a visible infarct do not contribute to this analysis, leading to distorted and potentially misleading results. Hence we focused on the influence of baseline perfusion imaging on clinical outcomes.
- 2. At the time of original submission, perfusion imaging was thought to be the more important advanced imaging modality to test in stroke and, hence, the focus of planned analysis was on perfusion imaging, which draws heavily on centralised computational analysis. However, in the 4 years since the original submission, angiographic imaging has come into prominence in stroke, and indeed we received far more angiography images than originally expected, almost three times as many as we received of perfusion images. The original planned analysis had been set up for perfusion imaging; angiographic imaging analysis is largely visual and so required a completely different approach. In the event, in order to cope with the number of angiography data efficiently, we had to redesign a visual web-based image viewing and data recording tool (SIRS2) to handle plain scan and angiographic images and then identify several expert neuroradiologists to assist with reading the angiograms. This took extra time, and hence the completion of the angiographic imaging analysis has been delayed. We were, however, fortunate to attract a senior neuroradiology trainee to the project who has been assisting by reading the CT angiograms and measuring thrombus density on a workstation. The results of this latter analysis are included in the report. However, to avoid biasing the analyses, the observers are all still blinded to treatment allocation and the final unblinded analysis has not yet been performed. The unblinded analysis will be presented to the investigators before being presented in public or submitted for publication, as with the perfusion imaging results, and as is proper in clinical trials.

The costs of the programming to redesign the SIRS2 web-based scan-viewing system, the time of the additional neuroradiology expert readers and the neuroradiology trainee's time to undertake the work on the angiography is all outside the Efficacy and Mechanism Evaluation (EME) funding provided for the original project. There were no other changes.

Patient and public involvement

The IST-3 trial was designed with input from focus group discussions with stroke patients and their carers in the late 1990s.⁸⁹ A lay representative was on the IST-3 steering committee and also contributed to the discussions on design of the perfusion and angiography substudy. The lay representative also contributed to the writing of the main trial primary results paper⁶⁰ and accompanying systematic review.⁸ Her input will be sought on all publications arising from the perfusion and angiography substudy.

Chapter 4 Results

Participant flow and recruitment

When randomisation ceased in IST-3 in July 2011, 3035 patients had been randomised to rt-PA or control in 156 centres in 12 countries in the main trial [Consolidated Standards of Reporting Trials (CONSORT) diagram; see *Appendix 4*].⁶⁰ The total patient recruitment in the Perfusion and Angiography Study was 472 patients from 47 centres in eight countries performing CT perfusion and/or angiography and 36 centres in 11 countries performing MR perfusion and/or angiography (the flow diagram for perfusion and angiography patients is shown in *Figure 3*). The cumulative recruitment with perfusion and/or angiography is shown in *Figure 4*. The 472 total included 49 patients with only perfusion imaging, 321 patients with only angiography imaging and 102 patients with both perfusion and angiography imaging. At randomisation, 123 patients had perfusion and 265 patients had angiography imaging. At follow-up, 10 patients had perfusion and angiography imaging, respectively, at both randomisation and follow-up. Therefore, allowing for some patients having both randomisation and follow-up imaging, the total number of patients with perfusion imaging is 141 at randomisation and 28 at follow-up and with angiographic imaging is 307 at randomisation and 158 at follow-up. The cumulative recruitment according to whether MR or CT was used is shown in *Figure 5*. Participating centres are listed in *Appendix 5*.

Most imaging at randomisation was with CT and at follow-up was with MR, a consistent pattern throughout the trial. At randomisation, more patients had CT (n=125/141, 89% perfusion; n=277/307, 88% angiography) with little MR (n=16/141, 11% perfusion; n=30/307, 10% angiography). The expected against actual recruitment is shown in *Figure 4*. We anticipated recruiting between four and eight patients per year per centre in up to 15 active centres (i.e. between 180 and 360 in total), most of which we expected to be with perfusion imaging. In fact, there were more centres that recruited to the substudy than expected, and angiography proved to be more accessible for acute stroke than perfusion imaging; therefore, we exceeded our overall target, with 472 patients.

Few patients met the prevailing rt-PA licence criteria at the time of recruitment. Only 3 of 121 patients randomised with perfusion imaging met the conditional rt-PA licence criteria as granted in 2003. Considering the period after publication of the European Cooperative Acute Stroke Study (ECASS) III in 2008,⁶ only eight of 121 patients (8.4%) met rt-PA licence criteria. Only three patients (1%) randomised with angiography imaging met the 2003 conditional licence criteria and only 12 patients (5%) met the criteria after publication of ECASS III in 2008.



FIGURE 3 Flow diagram of recruitment into the perfusion and angiography substudy, the image analysis and final numbers of sufficient quality for statistical analysis. R, randomisation; P, post randomisation.





FIGURE 4 Patient accrual in the (a) IST-3 perfusion study; and (b) IST-3 angiograph study against anticipated targets. Blue lines indicate projected target recruitments; green line indicates actual recruitment.



Baseline clinical and plan scan data

The baseline demographic data of the patients recruited with perfusion or angiography imaging compared with patients recruited without perfusion or angiography imaging are given in *Table 3*.

The median age of the 141 patients randomised in IST-3 with perfusion imaging was 81.0 years, the NIHSS was 11.0, the median time to randomisation was 3.9 hours and 48% were male. These data were identical for the 2986 patients randomised in IST-3 without perfusion imaging.

Of the patients with angiography imaging, we will focus on those with CTA at randomisation as there were many more with CTA than with MRA. The median age of the 271 patients with CTA at randomisation was

Baseline characteristic	No perfusion scan, n (%)	Perfusion scan, n (%)	
All	2894	141	
Baseline variables collected before treatment allocation			
Region			
North-west Europe (UK, Austria, Belgium, Switzerland)	1506 (52)	83 (59)	
Scandinavia (Norway, Sweden)	485 (17)	16 (11)	
Australasia	154 (5)	25 (18)	
Southern Europe (Italy, Portugal)	394 (14)	14 (10)	
Eastern Europe (Poland)	345 (12)	2 (1)	
Americas (Canada, Mexico)	11 (0)	-	
Age (years)			
18–50	118 (4)	9 (6)	
51–60	195 (7)	7 (5)	
61–70	350 (12)	15 (11)	
71–80	693 (24)	31 (22)	
81–90	1338 (46)	69 (49)	
>90	201 (7)	9 (6)	
Sex			
Female	1497 (52)	73 (52)	
NIHSS			
0–5	587 (20)	25 (18)	
6–10	810 (28)	42 (30)	
11–15	581 (20)	20 (14)	
16–20	507 (18)	36 (26)	
>20	410 (14)	17 (12)	
Delay in randomisation			
0–3 hours	806 (28)	43 (31)	
3–4.5 hours	1131 (39)	46 (33)	
4.5–6 hours	956 (33)	51 (36)	
>6 hours	2 (0)	-	

Baseline characteristic	No perfusion scan, n (%)	Perfusion scan, n (%)		
AF				
Number with AF	865 (30)	49 (35)		
Systolic BP				
≤143mmHg	937 (32)	42 (30)		
144–164 mmHg	977 (34)	39 (28)		
≥165mmHg	981 (34)	59 (42)		
Diastolic BP				
≤74mmHg	862 (30)	45 (32)		
75–89 mmHg	1074 (37)	55 (39)		
≥90mmHg	940 (33)	40 (29)		
Blood glucose				
≤5mmol/l	515 (20)	24 (18)		
6–7 mmol/l	1239 (47)	63 (46)		
≥8mmol/l	862 (33)	49 (36)		
Treatment with antiplatelet drugs in previous 48 hours	1493 (52)	69 (49)		
Clinician's assessment of pre-randomisation scan				
No evidence of recent ischaemic change	1739 (60)	53 (38)		
Possible evidence of recent ischaemic change	675 (23)	26 (19)		
Definite evidence of recent ischaemic change	481 (17)	61 (44)		
Predicted probability of poor outcome at 6 months				
<40%	697 (24)	32 (23)		
40–50%	312 (11)	17 (12)		
50–75%	693 (24)	25 (18)		
≥75%	1193 (41)	66 (47)		
Stroke syndrome				
TACI	1249 (43)	56 (40)		
PACI	1094 (38)	53 (38)		
LACI	320 (11)	12 (9)		
POCI	228 (8)	18 (13)		
Other	4 (0)	1 (1)		
Baseline variables collected from blinded reading of pre-randomisation scan Expert reader's assessment of acute ischaemic change on initial scan				
Scan completely normal	255 (9)	14 (10)		
Scan not normal but no sign of acute ischaemic change	1444 (50)	77 (55)		

TABLE 3a Baseline characteristics of IST-3 patients with vs. without perfusion scans (continued)

TABLE 3a Baseline characteristics of IST-3 patients with vs. without perfusion scans (continued)

Baseline characteristic	No perfusion scan, n (%)	Perfusion scan, n (%)
Lesion territory		
Indeterminate	1704 (59)	92 (66)
MCA or ACA or borderzone	1098 (38)	45 (32)
Posterior	56 (2)	2 (1)
Lacunar	15 (1)	1 (1)
Lesion size		
0	1704 (59)	92 (66)
1	199 (7)	8 (6)
2	470 (16)	30 (21)
3	254 (9)	7 (5)
4	246 (9)	3 (2)
Depth of tissue damage		
None	1720 (60)	91 (65)
Mild	957 (33)	37 (26)
Severe	196 (7)	12 (9)
Degree of swelling		
None	2207 (77)	113 (81)
Mild sulcal	525 (18)	22 (16)
Mild ventricular	139 (5)	5 (4)
Moderate	1 (0)	-
Severe	1 (0)	-
Location of hyperdense arteries		
None	2164 (75)	114 (81)
Anterior	678 (24)	24 (17)
Posterior	31 (1)	2 (1)
Evidence of atrophy	2211 (77)	112 (80)
Evidence of periventricular lucencies	1476 (51)	67 (48)
Evidence of old lesions	1275 (44)	58 (41)
Evidence of non-stroke lesions	142 (5)	8 (6)
Baseline variables collected from 7-day form		
Pre-trial history of stroke	670 (23)	29 (21)
Pre-trial treatment with antiplatelet drugs		
Pre-trial treatment with aspirin	1253 (48)	53 (39)
Pre-trial treatment with dipyridamole	122 (5)	3 (2)
Pre-trial treatment with clopidogrel	131 (5)	15 (11)

TABLE 3a Baseline characteristics of IST-3 patients with vs. without perfusion scans (continued)

Baseline characteristic	No perfusion scan, n (%)	Perfusion scan, n (%)
Pre-trial treatment with anticoagulants		
Warfarin or other oral anticoagulant	112 (4)	6 (4)
Heparin (low dose)	20 (1)	_
None of the above	2470 (95)	131 (96)
Pre-trial treatment for hypertension	1856 (64)	98 (71)
Pre-trial treatment for diabetes	369 (13)	19 (14)
Phase of trial in which patient recruited		
Blinded	272 (9)	4 (3)
Open	2623 (91)	136 (97)
Patients recruited in centre with pre-trial experience of thrombolysis	1071 (37)	72 (51)

TABLE 3b Basic characteristics of IST-3 patients with vs. without angiography scans

Baseline characteristic	No angiography scan, n (%)	Angiography scan, n (%)
All	2728	307
Baseline variables collected before treatment allocation Region		
North-west Europe (UK, Austria, Belgium, Switzerland)	1434 (53)	155 (51)
Scandinavia (Norway, Sweden)	441 (16)	60 (20)
Australasia	148 (5)	31 (10)
Southern Europe (Italy, Portugal)	380 (14)	28 (9)
Eastern Europe (Poland)	315 (12)	32 (10)
Americas (Canada, Mexico)	11 (0)	-
Age (years)		
18–50	113 (4)	14 (5)
51–60	183 (7)	19 (6)
61–70	324 (12)	41 (13)
71–80	641 (23)	83 (27)
81–90	1279 (47)	128 (42)
>90	189 (7)	21 (7)
Sex		
Female	1398 (51)	172 (56)
NIHSS		
0–5	523 (19)	89 (29)
6–10	769 (28)	83 (27)
		continued

Baseline characteristic	No angiography scan, n (%)	Angiography scan, n (%)	
11–15	551 (20)	50 (16)	
16–20	496 (18)	47 (15)	
>20	390 (14)	37 (12)	
Delay in randomisation			
0–3 hours	760 (28)	89 (29)	
3–4.5 hours	1092 (40)	85 (28)	
4.5–6 hours	875 (32)	132 (43)	
>6 hours	2 (0)	_	
AF			
Number with AF	836 (31)	78 (25)	
Systolic BP			
≤143mmHg	890 (33)	89 (29)	
144–164 mmHg	916 (34)	100 (33)	
≥165mmHg	923 (34)	117 (38)	
Diastolic BP			
≤74mmHg	803 (30)	104 (34)	
75–89mmHg	1022 (38)	107 (35)	
≥90mmHg	885 (33)	95 (31)	
Blood glucose			
≤5mmol/l	477 (19)	62 (21)	
6–7 mmol/l	1167 (48)	135 (45)	
≥8mmol/l	807 (33)	104 (35)	
Treatment with antiplatelet drugs in previous 48 hours	1403 (52)	159 (52)	
Clinician's assessment of pre-randomisation scan			
No evidence of recent ischaemic change	1627 (60)	165 (54)	
Possible evidence of recent ischaemic change	641 (23)	60 (20)	
Definite evidence of recent ischaemic change	461 (17)	81 (26)	
Predicted probability of poor outcome at 6 months			
<40%	632 (23)	97 (32)	
40–50%	290 (11)	39 (13)	
50–75%	660 (24)	58 (19)	
≥75%	1147 (42)	112 (37)	
Stroke syndrome			
TACI	1207 (44)	98 (32)	
PACI	1010 (37)	137 (45)	
LACI	307 (11)	25 (8)	
POCI	201 (7)	45 (15)	

TABLE 3b Basic characteristics of IST-3 patients with vs. without angiography scans (continued)

Baseline characteristic	No angiography scan, n (%)	Angiography scan, n (%)			
Baseline variables collected from pre-randomisation scan Expert reader's assessment of acute ischaemic change on initial scan					
Scan completely normal 247 (9) 22 (7)					
Scan not normal but no sign of acute ischaemic change	1346 (50)	175 (58)			
Signs of acute ischaemic change	1117 (41)	106 (35)			
Lesion territory					
Indeterminate	1598 (59)	198 (65)			
MCA or ACA or borderzone	1047 (39)	96 (32)			
Posterior	50 (2)	8 (3)			
Lacunar	15 (1)	1 (0)			
Lesion size					
0	1598 (59)	198 (65)			
1	185 (7)	22 (7)			
2	450 (17)	50 (17)			
3	246 (9)	15 (5)			
4	231 (9)	18 (6)			
Depth of tissue damage					
None	1613 (60)	198 (65)			
Mild	912 (34)	82 (27)			
Severe	185 (7)	23 (8)			
Degree of swelling					
None	2073 (76)	247 (82)			
Mild sulcal	504 (19)	43 (14)			
Mild ventricular	131 (5)	13 (4)			
Moderate	1 (0)	_			
Severe	1 (0)	_			
Location of hyperdense arteries					
None	2023 (75)	255 (84)			
Anterior	658 (24)	44 (15)			
Posterior	29 (1)	4 (1)			
Evidence of atrophy	2082 (77)	241 (80)			
Evidence of periventricular lucencies	1380 (51)	163 (54)			
Evidence of old lesions	1198 (44)	135 (45)			
Evidence of non-stroke lesions	132 (5)	18 (6)			
Baseline variables collected from 7-day form					
Pre-trial history of stroke	633 (23)	66 (22)			
		continue			

TABLE 3b Basic characteristics of IST-3 patients with vs. without angiography scans (continued)

Baseline characteristic	No angiography scan, n (%)	Angiography scan, n (%)
Pre-trial treatment with antiplatelet drugs		
Pre-trial treatment with aspirin	1161 (48)	145 (48)
Pre-trial treatment with dipyridamole	113 (5)	12 (4)
Pre-trial treatment with clopidogrel	120 (5)	26 (9)
Pre-trial treatment with anticoagulants		
Warfarin or other oral anticoagulant	107 (4)	11 (4)
Heparin (low dose)	17 (1)	3 (1)
None of the above	2315 (95)	286 (95)
Pre-trial treatment for hypertension	1731 (64)	223 (73)
Pre-trial treatment for diabetes	343 (13)	45 (15)
Phase of trial in which patient recruited		
Blinded	270 (10)	6 (2)
Open	2459 (90)	300 (98)
Patients recruited in centre with pre-trial experience of thrombolysis	1014 (37)	129 (42)

TABLE 3b Basic characteristics of IST-3 patients with vs. without angiography scans (continued)

81 years [interquartile range (IQR) 71–85 years], the youngest patient was 18 years and the oldest was 102 years; 41.5% were male. The stroke syndrome was TACI in 34%, PACI in 39%, LACI in 10% and POCI in 17%. The median time to pre-randomisation CT (taken from the CT scan) was 2.8 hours (IQR 1.8–4.2 hours), minimum 0.5 hours and maximum 5.4 hours. AF was noted in 61 out of 234 (26.1%) patients at admission.

We were concerned that patients randomised in IST-3 with perfusion or angiography imaging would be different to those randomised with a plain CT or MR scan. However, the only difference in patients with perfusion imaging (but not those with angiography) was that the randomising clinician thought that more patients had a possible or definite visible ischaemic lesion on structural imaging (63% vs. 40%, respectively; p < 0.0001) than patients without perfusion imaging. However, the blinded central expert panel image readings (which were performed without knowledge of the perfusion imaging) showed no difference in the proportion of patients with visible infarction at randomisation (41% vs. 35% had visible infarction on structural scanning with vs. without perfusion imaging; p=not significant). Among the patients randomised with angiography, there was no difference in the proportion with visible infarction at composition with visible infarction according to either the randomising clinician (46% vs. 40%) or the expert panel. Otherwise, there was no difference in age, NIHSS, proportion with AF, predicted outcome, or in any other variables. The blinded expert scan readers did not have access to the perfusion and angiography imaging. This illustrates the importance of separating the perfusion/angiography images from the structural image interpretation when trying to determine the true additional contribution of the perfusion and angiography.

Perfusion imaging

Numbers analysed

We received perfusion imaging on 151 patients in total (see *Figure 3*). Of these, 10 had perfusion imaging performed post randomisation only. In 21 it was not possible to process the image data, mainly due to

incomplete image acquisition, leaving 123 with perfusion imaging at randomisation and that were rated visually. Of these, in 16 patients we did not receive 'raw' perfusion data, only the 'already processed' screen capture images created on the scanner where the images were obtained, on which it was not possible to measure lesion volume, although it was possible to perform visual scoring. Hence there were more visual readings than volume measures. Additionally, the 'already processed' images tended to have fewer perfusion parameters and, therefore, the full list of perfusion parameters was incomplete for some patients. The majority were CT perfusion imaging. Details of the data available for volume measures are given in *Figure 3*.

Perfusion parameters variation in perfusion lesion size

We compared CBVq, CBFq, Tmaxq and MTTq lesions at randomisation using ASPECTS and relative to the plain-scan acute ischaemic lesion. Lesion size was smallest for CBVq; CBVq was significantly smaller than CBFq (p<0.000), which was the same as Tmaxq, which was significantly smaller than MTTq (p<0.002) (*Figure 6*). We found similar lesion size variation when the perfusion lesion was expressed in



FIGURE 6 Perfusion lesion size (a) on ASPECTSs scores by different parameters: 8–10 is no or small lesion, 0–3 is large lesion; (b) relative to the structural imaging lesion by different perfusion parameters.

terms of 'mismatch' with respect to the plain-scan lesion size. On Tmaxq, 53 out of 116 (46%) patients had mismatch (perfusion lesion 20% larger by visual estimation than the plain-scan lesion).

Perfusion parameters and plain scan findings

The acute ischaemic lesion on the plain scan was not significantly different in size to the CBVq perfusion lesion, but was significantly smaller than the CBFq, Tmaxq and MTTq lesion sizes (all p < 0.0000, *t*-tests). For example, the CBFq lesion had, on average, an ASPECTS that was 2.1 [standard deviation (SD) 3.4] points larger than the plain scan (p < 0.000); the MTTq lesion ASPECTS was 2.7 (SD 3.6) points larger than the plain-scan lesion (p < 0.000).

Perfusion parameters and baseline clinical features

Older patients had larger perfusion lesions on all perfusion parameter maps, and more often had perfusion–plain scan lesion mismatch (*Figure 7*). For example, in patients aged >80 years, 67% had mismatch on Tmaxq compared with 41% of patients aged \leq 80 years (p<0.04). ASPECTS were lower (i.e. larger lesion) for CBFq and Tmaxq in patients aged >80 years compared with \leq 80 years (p<0.05).

Patients scanned within 3 hours of stroke had larger perfusion lesions (lower ASPECTS) and more often had perfusion–plain-scan lesion mismatch than did patients scanned between 3 and 6 hours after stroke, which was significant for CBFq (ASPECTS <3 hours, 5.4; 4.5–6 hours, 7.7; p<0.05) (*Figure 8*).



FIGURE 7 Perfusion lesion and plain scan mismatch extent by age ≤ 80 years vs. > 80 years. Error bars represent 95% Cls. Older patients had larger perfusion lesions with more perfusion–plain scan mismatch: CBFq, Tmaxq; p=0.04. They also had lower ASPECTS: CBFq, Tmaxq; p<0.05.



FIGURE 8 Perfusion lesion: mismatch and ASPECTS by time to randomisation 0–3 hours vs. 3–6 hours. Error bars represent 95% Cls. Larger perfusion imaging lesions at 0–3 hours than at 4.5–6 hours: more mismatch; lower ASPECTSs e.g. for CBFq <3 hours, 5.4; 4.5–6 hours, 7.7; p <0.05.

There was a strong correlation between increasing stroke severity as measured by NIHSS score and larger perfusion lesions on all perfusion parameters, according to both the ASPECTS and perfusion–plain scan mismatch (*Table 4*). The Spearman rank-order correlation coefficients ranged from 0.54 to 0.58 (all p < 0.000) for ASPECTS and 0.38 to 0.48 (all p < 0.000) for mismatch.

Patients with higher NIHSS scores were also more likely to have mismatch (*Figure 9*); 72% of patients with NIHSS \geq 15 had mismatch on Tmaxq or MTTq compared with about 45% of those with NIHSS <15.

	NIHSS			
Perfusion parameter	0 to 5	6 to 14	15 to 24	≥25
CBFq				
n	23	45	39	6
Mean ASPECTS	9.4	7.9	4.3	3.2
CBVq				
n	23	45	39	6
Mean ASPECTS	10.0	9.2	7.4	4.3
MTTq				
n	23	45	39	6
Mean ASPECTS	8.6	7.3	3.7	2.5
Tmaxq				
n	23	45	39	6
Mean ASPECTS	9.0	8.0	4.1	2.8

TABLE 4a Perfusion lesions and stroke severity NIHSS; mean p	perfusion lesion ASPECTSs by NIHSS score
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	NIHSS score			
Perfusion parameter	0 to 5, <i>n</i> (%)	6 to 14, <i>n</i> (%)	15 to 24, <i>n</i> (%)	≥25, <i>n</i> (%)
PWI_CBFq				
Missing	10 (43.5)	15 (33.3)	8 (20.5)	1 (16.7)
Normal	7 (30.4)	6 (13.3)	2 (5.1)	
<20% < (CT or DWI)	1 (4.3)	2 (4.4)	2 (5.1)	
Same as (CT or DWI)	1 (4.3)	6 (13.3)	4 (10.3)	1 (16.7)
>20%> (CT or DWI)	4 (17.4)	16 (35.6)	23 (59.0)	4 (66.7)
PWI_CBVq				
Missing	10 (43.5)	16 (35.6)	8 (20.5)	1 (16.7)
Normal	11 (47.8)	16 (35.6)	9 (23.1)	
<20% < (CT or DWI)	1 (4.3)	5 (11.1)	10 (25.6)	
Same as (CT or DWI)		2 (4.4)	9 (23.1)	2 (33.3)
>20%> (CT or DWI)	1 (4.3)	6 (13.3)	3 (7.7)	3 (50.0)
PWI_MTTq				
Missing	10 (43.5)	15 (33.3)	8 (20.5)	1 (16.7)
Normal	4 (17.4)	6 (13.3)	1 (2.6)	
<20% < (CT or DWI)	1 (4.3)	1 (2.2)		
Same as (CT or DWI)		4 (8.9)	3 (7.7)	1 (16.7)
>20%> (CT or DWI)	8 (34.8)	19 (42.2)	27 (69.2)	4 (66.7)
PWI_Tmaxq				
Missing	10 (43.5)	15 (33.3)	9 (23.1)	1 (16.7)
Normal	4 (17.4)	8 (17.8)		
<20% < (CT or DWI)		1 (2.2)	1 (2.6)	
Same as (CT or DWI)		6 (13.3)	5 (12.8)	1 (16.7)
>20%> (CT or DWI)	9 (39.1)	15 (33.3)	24 (61.5)	4 (66.7)

TABLE 4b Perfusion lesions and stroke severity NIHSS; perfusion lesion: plain scan lesion visibility and NIHSS score





Perfusion parameters and symptomatic intracerebral haemorrhage, death and functional outcome

Larger perfusion lesions were associated with worse functional outcomes (*Table 5*). Patients with perfusion lesion–plain-scan mismatch on CBFq, Tmaxq or MTTq were less likely to be alive and independent at 6 months, all significant at the p<0.05 level on unadjusted analyses; after adjusting for baseline prognosis, only CBFq and MTTq mismatch was significantly associated with worse outcome. Similarly, larger perfusion lesion ASPECTSs were associated significantly with poor functional outcome, for CBVq, CBFq, Tmaxq and MTTq on unadjusted analyses (all p<0.001); on adjusted analyses, all parameters except MTTq retained their significance. The odds of being alive and independent decreased by about 20% for every point worsening of the ASPECTS, significant for CBVq and Tmaxq.

More patients with larger perfusion lesion ASPECTSs on all parameters except CBFq were dead at 6 months (p < 0.05 unadjusted), although not on adjusted analyses. There were more patients with SICH and who died within the first 7 days after stroke with larger perfusion lesions on all parameters but these differences were not statistically significant. Similar associations were seen for perfusion lesion size expressed as the perfusion–plain-scan mismatch.

TABLE 5a Perfusion imaging and early (SICH, death) and 6-month functional (OHS 0–2, 0–1) outcomes; perfusion	
lesion: plain scan lesion visibility and outcome	

Perfusion parameter		Dead ≤7 days (%)	Symptomatic ICH in 7 days (%)	Dead by 6 months (%)	OHS 0–2 at 6 months (%)	OHS 0–1 at 6 months (%)
PWI_CBFq						
Normal	35	2.9	2.9	5.7	65.7	31.4
<20% < (CT or DWI)	5	20.0	0.0	40.0	40.0	20.0
Same as (CT or DWI)	12	16.7	8.3	33.3	50.0	25.0
>20%> (CT or DWI)	49	8.2	6.1	28.6	22.4	10.2
PWI_CBVq						
Normal	58	3.4	5.2	12.1	55.2	27.6
<20% < (CT or DWI)	16	12.5	0.0	50.0	18.8	0.0
Same as (CT or DWI)	13	15.4	15.4	30.8	23.1	7.7
>20%> (CT or DWI)	13	15.4	0.0	23.1	23.1	15.4
PWI_MTTq						
Normal	30	3.3	0.0	6.7	66.7	23.3
<20% < (CT or DWI)	2	0.0	0.0	0.0	50.0	50.0
Same as (CT or DWI)	8	25.0	0.0	50.0	50.0	25.0
>20%> (CT or DWI)	61	8.2	8.2	26.2	27.9	16.4
PWI_Tmaxq						
Normal	31	3.2	0.0	3.2	67.7	25.8
<20% < (CT or DWI)	2	0.0	0.0	50.0	0.0	0.0
Same as (CT or DWI)	12	16.7	16.7	50.0	33.3	16.7
>20%> (CT or DWI)	55	9.1	5.5	25.5	29.1	18.2
ICH, intracerebral haemor	rhage.					

Perfusion parameter		Dead ≤7 days (%)	Sympt ICH in 7 days (%)	Dead by 6 months (%)	OHS 0–2 at 6 months (%)	OHS 0–1 at 6 months (%)
ASPECTS for C	CBFq					
0–3	31	12.9	6.5	35.5	16.1	6.5
4–7	16	12.5	6.3	25.0	43.8	25.0
8–10	66	6.1	3.0	18.2	53.0	27.3
ASPECTS for (CBVq					
0–3	10	30.0	10.0	60.0	0.0	0.0
4–7	15	13.3	6.7	26.7	20.0	6.7
8–10	88	5.7	3.4	19.3	50.0	26.1
ASPECTS for N	ЛТТq					
0–3	36	11.1	5.6	38.9	16.7	8.3
4–7	21	14.3	4.8	19.0	52.4	28.6
8–10	56	5.4	3.6	16.1	53.6	26.8
ASPECTS for T	Tmaxq					
0–3	32	12.5	6.3	34.4	15.6	9.4
4–7	24	12.5	4.2	33.3	37.5	25.0
8–10	57	5.3	3.5	14.0	57.9	26.3
ICH intracere	hral haem	orrhade				

TABLE 5b Perfusion imaging and early (SICH, death) and 6-month functional (OHS 0–2, 0–1) outcomes; perfusion lesion: ASPECTS and outcomes

ICH, intracerebral haemorrhage

Treatment interaction

We examined for any evidence that the effect of rt-PA was different in the presence of a perfusion lesion mismatch or with increasing perfusion lesion size by testing for an interaction between the perfusion lesion size and rt-PA on the proportion of patients with SICH within 7 days, who had died, or who were alive and independent at 6 months on ordinal analysis (*Table 6*). We found no evidence that rt-PA effects differed in patients with or without mismatch, or who had large or small perfusion lesions by ASPECTSs on any perfusion parameter. This was true for OHS 0–1, 0–2, SICH, death within 7 days or death within 6 months.

Ancillary analyses

Lesion volumes were measurable in 56 out of 103 patients with perfusion data that could be processed centrally. Additionally, infarct size was measured on the post-randomisation follow-up scan in 63 patients with a visible lesion. *Figure 10* shows the breakdown of patients by lesion presence for analysis. These data are still being analysed.

Angiography imaging

Analysis by the blinded expert panel is complete but still under analysis at the time of submission of this report. There are 11 raters who have read all 423 scans. The total number of angiograms received is documented in *Figure 3*.

Of the 307 randomisation CT or MR angiograms received, 277 were CT and 30 were MR; seven of the CT and one MR angiogram were not readable due to incomplete, inadequate (missed correct area of brain) or

Perfusion p	arameter	OHS 0	–2 rate	OHS 0–	2 risk (%)	Odds		rt-PA e	effect	
Parameter		rtPA	Control	rtPA	Control	rtPA	Control	Risk ratio	Odds ratio	<i>p</i> -value for interaction ^a
CBFq	No mismatch (normal/less/same)	14/27	22/37	51.9	59.5	1.077	1.467	0.872	0.734	0.701
CBFq	Mismatch (>20%)	5/23	6/28	21.7	21.4	0.278	0.273	1.014	1.019	*
CBVq	No mismatch (normal/less/same)	16/43	26/55	37.2	47.3	0.593	0.897	0.787	0.661	0.246
CBVq	Mismatch (>20%)	2/6	1/8	33.3	12.5	0.500	0.143	2.667	3.500	*
MTTq	No mismatch (normal/less/same)	10/21	18/28	47.6	64.3	0.909	1.800	0.741	0.505	0.225
MTTq	Mismatch (>20%)	9/29	9/36	31.0	25.0	0.450	0.333	1.241	1.350	*
Tmaxq	No mismatch (normal/less/same)	9/19	17/29	47.4	58.6	0.900	1.417	0.808	0.635	0.519
Tmaxq	Mismatch (>20%)	8/26	9/31	30.8	29.0	0.444	0.409	1.060	1.086	*

TABLE 6 Effects of mismatch on OHS 0-2 at 6 months

a Asterisk indicates the variable with which the other variables in that group have been compared.



FIGURE 10 Perfusion imaging flow chart showing numbers for computational analysis, lesion presence or absence. ROI, region of interest.

corrupted data; therefore, analysis is based on 271 CT and 29 MR angiograms at randomisation. Analysis of the 271 patients with CT angiography at randomisation by the neuroradiologist, including measurement of thrombus density scores and interaction with rt-PA, is provided here.

Hyperdense artery sign and clinical findings

Among these 271 patients with CTA at randomisation, a recent acute ischaemic lesion was visible in 74 (27%, *Table 7*), most in the MCA territory (67 out of 74, 91%, *Table 8*). The median ASPECTS on these initial scans was 10 (IQR 9–10).

On plain CT, 69 out of 271 patients (25.5%) had a HAS indicating arterial thrombus. Hyperdensity involved a MCA main stem in 44 cases (64%) and had a mean length of 17.5 mm (SD 8.9 mm). The next most frequent site was the MCA sylvian branch (27%). The mean density within these hyperdense vessels was 51.0 HU (SD 8 HU). This compares with mean densities of non-hyperdense arteries of 40.1 HU (SD 5.6 HU), 40.3 HU (SD 7.0 HU) and 39.2 HU (SD 7.1 HU) for the basilar, left and right MCAs, respectively (these differences are significant, with p < 0.001 in all cases). The density ratio of normal to abnormal vessel was 1.4 in those with a HAS in one artery compared with 1.0 in those without any HAS (p < 0.001).

Patients with a HAS were more likely to have acute ischaemia on the plain CT scan (χ^2 =67; p<0.001); acute ischaemia was found at the higher-than-background rate of 65.2%.

Ischaemia visible	Initial scan, <i>n</i> (%)	Follow-up scan, <i>n</i> (%)
Whole group ($n=271$)	74 (27)	192 (71)
HAS (n=69)	45 (65)	62 (90)
χ^2	67; <i>p</i> <0.001	31; <i>p</i> <0.001
Abnormal CTA ($n=113$)	58 (5)	103 (91)
χ^2	56; <i>p</i> <0.001	49.0; <i>p</i> <0.001

 TABLE 8
 Breakdown of arterial vessel abnormalities by location for those with a hyperdense artery and those with an abnormality detected on CTA

	Hyperdense artery, <i>n</i> (%)	Abnormal CTA, <i>n</i> (%)		
ICA	4 (5.8)	5 (4.4)		
ICA and MCA main stem		15 (13.3)		
ICA, MCA main stem, sylvian branch		7 (6.2)		
ACA		1 (0.9)		
MCA main stem	42 (60.9)	29 (25.7)		
MCA main stem and sylvian branch	2 (2.9)	26 (23.0)		
Sylvian branch	19 (27.5)	19 (16.8)		
Vertebral		5 (4.4)		
Basilar	2 (2.9)	4 (1.8)		
PCA		2 (1.8)		
Totals	69	113		
MCA, middle cerebral artery; ACA, anterior cerebral artery.				

Patients with a HAS were significantly more likely to be female (χ^2 =4.9; *p*=0.028) and have a higher NIHSS score at presentation (mean difference 7.2 points; *p*<0.001) than those without a HAS. In addition, patients with a HAS were more likely to have a TACI or PACI syndrome (χ^2 =33.3; *p*<0.001) with nearly two-thirds of all TACI being associated with a HAS. There was no difference in age, presence of AF, hypertension, previous stroke or time to CT between those with or without a HAS. Neither HAS length, PMD score (or a combination of the two) nor HAS density were related to NIHSS, time to CT, or the presence of AF.

Computed tomography angiography abnormalities, plain computed tomography and clinical findings

There were 113 out of 253 patients (41.7%) with an abnormality on CTA at randomisation (see *Table 8*). The MCA main stem was most frequently affected (53%), followed by a MCA main stem plus sylvian branch (30%) or a sylvian branch alone (17%). Among patients with an abnormal artery, the TIMI scores were equally spread across degrees of obstruction from complete to sight. Collateral status was defined as 'good' (32.5%), 'moderate' (37.3%) or 'poor' (30.1%). A 'poor' collateral supply was associated with lower initial ASPECT scores (p=0.014) and an increased likelihood of acute ischaemia on the initial scan (χ^2 =4.8; p=0.028). Similar trends were demonstrated for ischaemic change on follow-up scans but these changes were not significant.

Patients with an abnormal CTA were more likely to have a visible infarct on plain CT at randomisation (47%, χ^2 =50.6; p<0.001). Patients with an abnormal CTA were significantly more likely to be female (χ^2 =7.0; p=0.008), older (median 82 years vs. 78 years without abnormal CTA, mean difference 4.0 years; p<0.001), have a higher NIHSS score (16 vs. 6, mean difference 10; p<0.001) and be scanned earlier after stroke (mean difference 0.49 hours; p=0.005) than those with a normal CTA. Patients with abnormal CTA were more likely to have a TACI or PACI clinical syndrome (χ^2 =58.0; p<0.001), 59% of all TACIs being associated with an abnormal CTA. AF was associated with abnormal CTA: 50% of patients in AF (32 out of 61) had an abnormal CTA, compared with around 36% (62 out of 173) of those in sinus rhythm (χ^2 =3.8; p=0.05).

Clot burden score (where 10 indicates no thrombus and 0 indicates all major intracranial arteries and their branches are thrombosed) showed a strong inverse relationship with NIHSS (-0.62; p < 0.001). Clot burden score was also associated with faster time to CT (0.18; p=0.008). There was a trend towards a similar association with CTA PMD score but this was not significant. Patients with AF compared with those without had more thrombus (lower clot burden score; mean difference -0.72; p=0.007). Collateral status was not related to NIHSS score.

Hyperdense artery sign compared with computed tomography angiography

The presence of a HAS was strongly and significantly related to the finding of an abnormal CTA (χ^2 =80.3; p<0.001) (see *Table 8*). The location of the HAS and CTA abnormality was the same in 63 patients (major vessel involved matched but CTA was more sensitive at detecting thrombus extending distally into small branches); this represents 96.3% of those with a HAS (high specificity) and 69.3% of the CTA abnormalities identified (moderate sensitivity). There were six false-positive HASs (i.e. HAS not associated with any CTA abnormality); despite the appearance of increased attenuation, the measured arterial attenuation in these segments was not significantly different to that within normal vessels (mean 38.3, SD 10.2). A significant inverse relationship of -0.41 (p=0.001) was demonstrated between the length of the HAS and the clot burden score as calculated from angiography.

Abnormal arteries and follow-up plain scan findings

Follow-up imaging demonstrated a recent infarct in 192 patients (71%), most commonly in the MCA territory (80%), more than double the visible infarction rate on the initial scans. The median ASPECTS on follow-up imaging was 9 (IQR 6–10). Patients with a HAS on the randomisation CT scan were more likely to have ischaemia on follow-up CT (χ^2 =31; p<0.001), as were those with an abnormal CTA at randomisation (χ^2 =49.0; p<0.001). All patients with a HAS at randomisation had a visible infarct on the

follow-up CT; in 9% of patients, an abnormal CTA was not related to ischaemia on follow-up. Those with a HAS had significantly different IST-3 and ASPECTs on both pre randomisation and follow-up imaging. The median IST-3 scores were 1 at pre randomisation and 3 on follow-up imaging for those with a HAS compared with 0 and 1 in those patients without a HAS (p<0.001 in both cases). Similarly, the median ASPECTs for those with a HAS were 9 at pre randomisation and 5 at follow-up, compared with 10 and 9 for those without a HAS (p<0.001 in both cases). Those with a HAS were more likely to undergo a change in IST-3 ischaemia score between pre randomisation and follow-up CT and for that change to be greater than in those without a HAS. Similar results were obtained if this analysis was performed using change in ASPECTS.

There was complete clearance of HAS in 14 cases (23.0%) at follow-up, while three patients developed a new HAS between randomisation and follow-up imaging. Taking all patients with a HAS at either time point, the relationship between time and density of HAS was highly significant, with a correlation coefficient of -0.36 (p < 0.001) (*Figure 11*).

Haemorrhagic transformation was present in 46 out of 271 patients (17%), mostly small areas of petechial haemorrhage (64%) unlikely to be associated with neurological deterioration. More pronounced haemorrhagic transformation (larger haematoma in infarct) was less common (12 patients, 26%).

The presence of a HAS was not associated with SICH. HAS length was, however, found to be greater in those patients with SICH (mean difference 10.2 mm; p=0.048). This relationship was improved with the inclusion of PMD data (mean difference 33.9; p=0.012). The density of HAS or the hourly change in this density were not related to SICH. Neither an abnormal CTA, the clot burden score or collateral status was associated with SICH.

We tested the effect of plain CT HAS+visible ischaemic change and CTA (individually or in combination: either, or, both) in predicting a visible infarct on follow-up CT in the 271 patients. The randomisation CT was abnormal (acute ischaemia or HAS) in 37% (95% CI 31% to 43%); CTA was abnormal in 40% (95% CI 34% to 47%); either randomisation CT or CTA was abnormal in 50% (95% CI 43% to 56%); both were abnormal in 27% (95% CI 22% to 33%). The sensitivity and specificity for infarct on follow-up CT were (respectively) of abnormal randomisation CT alone, 57% and 96%; of abnormal CTA alone, 55% and 91%; of both pre-randomisation CT and CTA, 44% and 100% (compared with pre-randomisation



FIGURE 11 Relationship between time of scan after stroke and mean density in HU of the hyperattenuated artery sign (HAS).

CT alone $\chi^2 = 22$; p < 0.001); and of either pre-randomisation CT or CTA, 71% and 87% (compared with pre-randomisation CT alone $\chi^2 = 27$; p < 0.001) (*Figure 12*). Thus, combining pre-randomisation CT with CTA in acute stroke significantly increases sensitivity (if either non-contrast CT or CTA are abnormal) or specificity (if both are abnormal) for predicting infarct on 48-hour follow-up CT.

Hyperdense artery, computed tomography angiography and clinical outcomes

At the end of 6 months, 55 out of 271 patients had died (20%), 93 were dependent (34.3%) and 123 (45.5%) were alive and independent (OHS 0–2). Patients with visible ischaemic change on the randomisation CT were less likely to be alive and independent (mean difference in OHS 1.3; p<0.001). Similarly, significant inverse correlations were identified between 6-month OHS and ASPECTS (r=-0.29; p<0.001).

The presence of a HAS was significantly associated with death at 6 months (χ^2 =15.96; p<0.001). There was no significant association between length of HAS or density of HAS and death. An abnormal CT angiogram was significantly associated with death at 6 months (χ^2 =28.79; p<0.001). Clot burden scores were significantly lower in those patients who died (mean difference 1.9; p<0.001). Collateral supply score was not associated with death.

A hyperdense artery was associated with worsening OHS (mean difference 1.7; p < 0.001). There was no significant association between length of HAS or density of HAS and OHS. An abnormal CTA was associated with an increase in OHS (mean difference 2.1; p < 0.001). The clot burden score was significantly inversely correlated with OHS (r=-0.53; p < 0.001). Collateral status was not related to OHS.

Multiple linear regression modelling to assess the predictive value of acute CT signs including visible ischaemic change, the HAS and an abnormal CTA on death and dependency showed that age and either a HAS or an abnormal CTA were independently predictive of outcome (*Table 9*) but not visible acute ischaemic change on CT. There was no evidence of collinearity. Abnormal pre-randomisation CT in isolation related to worse NIHSS score (seven points higher; p < 0.001) and a greater likelihood of OHS 3–6



FIGURE 12 Graph comparing tests with differing sensitivities and specificities. The value of an abnormal non-contrast (plain) CT in predicting infarct on follow-up CT is plotted (dark green marker). Solid lines connect this marker to points 1,1 and 0,0, thereby creating likelihood ratios (represented by the slope of the lines) for the sensitivity and specificity of plain CT. The addition of CT angiography to plain CT in the acute setting improves either sensitivity or specificity but not both. NCCT, non-contrast (i.e. plain) CT.

TABLE 9a Multiple linear regression models of (overall results for models are shaded in green); death within first6 months on clinical and CT variables including the HAS

Model	Partial correlations	<i>p</i> -value
Death within 6 months $R^2 = 0.12$; $p < 0.001$		
Age	-0.19	0.003
Sex	0.08	NS
Acute ischaemia	-0.08	NS
Hyperdense artery	-0.18	0.007
NS, not significant.		

TABLE 9b Multiple linear regression models of (overall results for models are shaded in green); death within first 6 months on clinical and CT variables including an abnormal CTA

Model	Partial correlations	<i>p</i> -value
Death within 6 months $R^2 = 0.16$; $p < 0.001$		
Age	-0.17	0.011
Sex	0.07	NS
Acute ischaemia	-0.05	NS
Abnormal CTA	-0.26	<0.001
NS, not significant.		

TABLE 9c Multiple linear regression models of (overall results for models are shaded in green); OHS disability on clinical and CT variables including the HAS

Model	Partial correlations	<i>p</i> -value
OHS R ² =0.24; p<0.001		
Age	0.32	<0.001
Sex	-0.08	NS
Acute ischaemia	0.13	NS
Hyperdense artery	0.25	<0.001
NS, not significant.		

TABLE 9d Multiple linear regression models of (overall results for models are shaded in green); OHS disability on clinical and CT variables including an abnormal CTA

Model	Partial correlations	<i>p</i> -value
OHS <i>R</i> ² =0.30; <i>p</i> <0.001		
Age	0.28	<0.001
Sex	-0.07	NS
Acute ischaemia	0.09	NS
Abnormal CTA	0.37	<0.001
NS, not significant.		

(χ^2 =20; p<0.001). The combined effect of abnormal pre-randomisation CT±CTA provided very similar results: NIHSS score was eight points higher (p<0.001) with an increased rate of OHS 3–6 (χ^2 =29; p<0.001). Neither NIHSS score nor rate of OHS 3–6 was significantly different between the pre-randomisation CT and pre-randomisation CT±CTA groups (p=1.000 in both cases). Thus, including CTA in the imaging assessment of acute stroke improves diagnosis by identifying more patients with changes of the acute ischaemic stroke on imaging but does not translate into better prediction of prognosis over simple clinical variables (age, NIHSS score) and plain CT findings alone.

Interaction between computed tomography angiography findings and recombinant tissue plasminogen activator treatment effect

Of the 271 patients with pre-randomisation CTA, 142 patients were randomly assigned rt-PA and 129 to control. The odds ratios (ORs) for the effect of rt-PA on early and late outcomes, in the presence compared with absence of occlusion on CTA, were symptomatic haemorrhage 1.41 (95% CI 0.86 to 2.31), death 1.23 (95% CI 0.70 to 2.17), and independent survival (OHS 0–2) 1.39 (95% CI 0.59 to 3.27). This indicates no significant interaction between rt-PA and the presence or absence of occlusion on CTA.

Additional analysis of hyperdense artery sign and recombinant tissue plasminogen activator effect

We assessed the effect of rt-PA in patients with or without the HAS in all patients in IST-3 who had a plain CT scan at randomisation and for follow-up (n=2730). Some patients who had MR at one or other time instead of CT were excluded from this analysis and randomisation CT scans for 19 out of 3035 patients were not received in the central trials office. There were 674 patients randomised in IST-3 with a HAS (24.7% of 2730) and 2056 without a HAS (75.3% of 2730). The clinical and imaging features and associations with SICH and 6-month outcomes were the same for the whole trial as for the subset with angiography imaging reported above.

We will, therefore, not repeat those findings here. Patients allocated to rt-PA were more likely to have the HAS shrink or disappear between randomisation and follow-up scans (OR 1.53; p=0.011 and OR 1.49; p=0.010 respectively) and a trend towards lower likelihood of new HAS formation (OR 1.25; p=0.141). An analysis of the interaction between rt-PA and presence or absence of a HAS on 6-month functional outcome in all IST-3 patients using adjusted ordinal regression analysis is ongoing.

Ongoing analyses

Further analyses pending are as follows.

Perfusion

We plan to compare the:

- volume of the perfusion lesions as seen on the different perfusion parameters (similar analysis to the comparison of perfusion lesion size using the visual assessment)
- visual with volume assessment of perfusion lesion size
- perfusion lesion volume with baseline plain-scan early infarct signs, with clinical parameters (age, NIHSS score, time), with imaging (infarct extent at follow-up) and clinical outcomes (SICH, death within 7 days, death and OHS at 6 months).

Finally, we will determine whether or not perfusion lesion volume interacts with rt-PA effects. However, as the sample size will be less than for the analysis using visually scored perfusion lesions, we think it unlikely that use of volumes will alter the conclusions.

We will also examine the effect of perfusion imaging on early infarct diagnosis by comparing the interpretation of the plain scan performed with knowledge of the perfusion lesion with the plain scan interpretation performed without knowledge of the perfusion lesion by the expert panel of readers.

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A large study of observer reliability of perfusion imaging interpretation is being established. Twenty representative cases have been identified showing a range of perfusion abnormalities and plain-scan findings. This will be made available over the web using the SIRS2 tool and we will invite as many interested radiologists, neurologists and stroke physicians as possible to participate as we did when testing observer reliability for plain scan findings in the Acute Cerebral CT Evaluation Stroke Study (ACCESS).^{15,90}

Angiography

We will assess whether or not knowledge of angiography influences the plain-scan interpretation (i.e. increases the detection of early ischaemic changes) by comparing the plain-scan interpretation performed by the central expert panel without knowledge of angiography with the plain scan interpretation performed by the (a) expert panel using the SIRS2 tool and (b) the single neuroradiologist on the workstation with knowledge of angiography.

Chapter 5 Discussion

The Third International Stroke Trial is the largest RCT of rt-PA compared with control in acute ischaemic stroke. It confirmed the benefit of rt-PA in a wide range of patients, most of whom did not meet the prevailing licence criteria at the time.⁶⁰ Most IST-3 patients (>95%) did not meet the prevailing licence criteria because they were outside the time window, older than the upper age limit, or had comorbidities or contraindications to rt-PA. IST-3 is also the largest RCT of rt-PA compared with control with perfusion imaging or angiography at randomisation and, therefore, provides valuable and reliable evidence on the role of perfusion or angiography imaging in the assessment of patients prior to rt-PA.

The IST-3 perfusion and angiography study demonstrates, by the numbers recruited with each imaging modality, that CT is the easiest acute stroke imaging tool, much easier or more available/accessible than MR, and that angiography imaging is easier to obtain than perfusion imaging. Although we had few perfusion data from the same patients, obtained closely enough in time, to compare CT and MR perfusion directly, the large proportion of perfusion imaging at randomisation that was based on CT suggests that CT is much more accessible and practical for use in acute stroke than is MR.⁹¹

We also demonstrate that visual lesion assessment allows use of more data, and therefore provides a larger sample size, than does computational lesion volume measurement because the human observer can interpret more data than can be analysed by computational lesion volume methods: this includes 'screen capture' data (i.e. where the centre sent the perfusion image created by local processing but was not able to send the raw perfusion image data for central processing) and scans that are of quality that still produces a readable image but that are of insufficient quality for computational processing (e.g. where the patient has moved). As in other spheres of image interpretation and analysis,⁹² visual assessment and computational analysis are complementary.

We show that visual assessment of perfusion lesion size and of mismatch between the perfusion lesion and plain scan lesion is associated with early clinical features, early and late clinical and early imaging outcomes. We found that perfusion lesion visibility, size and mismatch differed widely depending on which perfusion parameter was used – this has been demonstrated previously^{22,76} but not with visual lesion assessment (only volumes).

We demonstrate other novel findings, notably that perfusion lesions were larger (and mismatch more frequent) in older patients, in patients scanned early after stroke and (demonstrated previously) in patients with worse NIHSS scores. Most studies using perfusion imaging in acute stroke have included predominantly younger patients than were in IST-3.⁷¹ They have also mostly used perfusion imaging to identify patients with persistent 'tissue at risk' at later times after stroke. An important consequence of the IST-3 findings is that studies which aim to extend the time window to thrombolysis by using perfusion lesions or perfusion–plain-scan lesion mismatch as a way of identifying potentially salvageable tissue at late times after stroke, and which also exclude older patients, are likely to be seeking a very small target population that is not representative of most patients. A second consequence is that most patients with a moderate or severe stroke will have a perfusion lesion/mismatch within the first few hours after stroke, leading one to question the value of performing perfusion imaging soon after stroke to look for mismatch if there is a high likelihood that all patients will have it based on clinical grounds.^{30,93} In other words, most patients with a moderate or severe stroke are likely to have salvageable tissue in the first few hours after stroke.

As noted in previous studies, larger perfusion lesions were associated with worse functional outcome.^{27,35} However, we found no evidence of a perfusion lesion/mismatch–rt-PA interaction, that is to say no evidence of a different effect of rt-PA in patients with perfusion lesions or mismatch with compared with those without. This may be because the perfusion study did not have a large enough sample size, or because the patients were older in IST-3, or that any differential effect of rt-PA in patients with perfusion

imaging compared with those without is small, or that if most patients have a perfusion lesion, and rt-PA works a bit in most patients, then we should not expect there to be much difference between those with and without a perfusion lesion. A further possible explanation is that the benefit of rt-PA may primarily arise from reperfusion of the ischaemic lesion core and that CT perfusion may overestimate the core or alternatively underestimates penumbra. However, rt-PA is generally thought to rescue penumbra from progressing to infarction rather than rescuing core, which is thought already to be dead. Regarding patient age, we found no evidence of lack of benefit of rt-PA at older ages in primary IST-3 analyses. It is possible that perfusion imaging provides different information or performs differently in older patients but there is no information on that as most previous studies excluded patients over the age of 80 years. However, we have no good reason to think that perfusion imaging provides different information in patients aged over 80 years. As these older patients are more likely to have atrophy, old infarcts and white matter changes which adversely affect identification of acute ischaemic changes, perfusion imaging might (a) increase diagnostic certainty that the patient is having a stroke and (b) show altered perfusion in periventricular white matter indicating underlying leukoaraiosis (noted anecdotally in some of our patients). This would be a point for further study. We also cannot exclude the possibility that rt-PA effect differs in patients with mismatch imaged very early after stroke.

How did the perfusion substudy compare with other data?

Our findings are consistent with systematic reviews of previous thrombolysis observational studies which provided information on perfusion imaging and mismatch³⁴ or trials and mismatch³³ which did not find that outcomes were materially different in patients with mismatch who received rt-PA compared with those without mismatch who received rt-PA, that is to say they did not find a rt-PA–mismatch interaction.

The EPITHET trial is the only other randomised trial of rt-PA compared with control with perfusion imaging at randomisation and it included 98 patients.³⁰ It also only recruited between 3 and 6 hours after stroke, and although it did not have an upper age limit, it mainly included patients younger than 80 years. The primary analysis did not show benefit for rt-PA on functional outcome or on reduction in infarct growth, although numerous secondary publications have suggested that rt-PA reduced infarct growth if calculated in other ways. We have avoided performing these additional analyses on subsets of data: at best, this might be useful exploratory work. An individual patient data meta-analysis of all perfusion–diffusion imaging from randomised trials, with further central standardised analysis of imaging data, might provide useful information on effects of age, time to treatment, background brain changes and perfusion imaging and rt-PA response if a large enough sample size could be generated.

The series of trials testing desmoteplase, a novel recombinant plasminogen activator derived from vampire bat saliva which is thought to have better clot specificity (DIAS trials^{28,29,31}) given between 3 and 9 hours after acute ischaemic stroke, only included patients with diffusion–perfusion mismatch (and therefore did not assess the effect of thrombolysis in patients without a perfusion lesion or mismatch) or with angiographic large artery occlusion (and therefore did not test the effect of thrombolysis in patients without visible arterial occlusion). The ongoing DIAS 3 and 4 trials are testing desmoteplase in patients with angiographic occlusion.

The tenecteplase in acute stroke trial was a RCT of rt-PA compared with tenecteplase (Metalyse[®], Boehringer Ingelheim) in 75 patients with a perfusion lesion–plain CT lesion mismatch of at least 20% and an arterial occlusion on CTA.⁹⁴ Tenecteplase reduced infarct growth compared with rt-PA but there was no difference in functional outcome.

The Mechanical Retrieval and Recanalisation of Stroke Clots Using Embolectomy (MR Rescue) study⁹⁵ randomised 118 patients within 8 hours of large artery anterior circulation stroke to mechanical embolectomy or standard care, stratified according to whether or not the patient had perfusion: plain-scan mismatch suggesting a large area of salvageable tissue (favourable penumbral pattern) or not. The mean

age was 65.5 years, mean time to enrolment was 5.5 hours and 58% had a favourable penumbral pattern. There was no evidence that the favourable penumbral pattern identified patients who would differentially benefit from endovascular therapy and endovascular therapy was not superior to standard care. This latter result was consistent with the IMS trial,⁴³ published simultaneously with MR Rescue, that also showed no benefit for mechanical thrombus extraction devices over i.v. rt-PA alone.

Other randomised trials involving perfusion or angiography imaging are ongoing. The ECASS 4⁹⁶ and EXTEND (EXtending the time for Thrombolysis in Emergency Neurological Deficits)⁹⁷ trials plan to use perfusion imaging in patient selection. However, the ECASS 4 trial steering committee have just decided to proceed with the trial without implementing specific perfusion software⁸⁰ owing to difficulties in implementing the software in participating hospitals.

Many observational cases series and multicentre studies have described associations between early clinical features or clinical outcomes in patients with CT or MR perfusion lesions or mismatch (by a variety of definitions). Theory suggests that patients with mismatch or visible arterial occlusion 'have a lesion to treat' and therefore should respond more to thrombolysis and, therefore, that thrombolysis use should be restricted to patients with mismatch or a perfusion lesion or arterial occlusion. However, it is important to note that this theory can only be tested in a trial where patients with a range of perfusion or angiographic imaging findings are randomly allocated to rt-PA or placebo. The following studies (on which much of current thinking about use of advanced imaging technologies is based) are observational and do not provide data on whether or not rt-PA is more effective in patients with mismatch or occluded arteries. The Diffusion and Perfusion Imaging Evaluation for Understanding Stroke Evolution (DEFUSE)²⁷ and DEFUSE 2⁹⁸ observational studies of rt-PA in patients, all of whom had perfusion-diffusion imaging mismatch, suggested that rt-PA was most effective in patients with 'target mismatch' where the perfusion lesion exceeded the diffusion lesion by more than 20% by estimated volume. However, we have shown that rt-PA is effective in a wide range of patients, not just those with mismatch, and others have shown that mismatch does not identify a group of patients who benefit more or less from either rt-PA³⁰ or mechanical thrombus extraction devices⁹⁵ (as above). The evidence from RCTs is likely to be more reliable than that from observational studies. The use of mismatch delays treatment. It is possible that the loss of viable tissue while waiting for the perfusion scan outweighs any benefit from the additional information, or that any differential effect in patients with mismatch compared with those without is very marginal due to the dynamic nature of the stroke lesion. Worse, recent evidence from the USA suggests that confusion over whether or not or when to use perfusion or angiography imaging is actually hampering use of rt-PA, preventing treatment rates from reaching many patients who would otherwise be eligible.⁹⁹

Visual rating of perfusion lesions with ASPECTS or a simple 'mismatch' rating shows relevant imaging and clinical associations and is practical in the acute situation. We will be able to compare the visual ratings with lesion volume measurements and also to test the observer reliability of the visual ratings in the next phase of analysis. The only previous study comparing visual and computational assessment found good agreement between the two.¹⁰⁰ Local investigators saw more plain-scan early ischaemic signs in the patients with perfusion imaging than in those without, although the blinded central expert adjudication saw no such difference. It may be, as others have suggested, that perfusion imaging increases confidence in the diagnosis of acute ischaemic change among less expert scan readers.¹⁰¹

Angiography is an easier technique to use in acute stroke. For CT angiography, the HAS is highly specific (96%) and moderately sensitive (63%) for arterial occlusion. The density of the HAS decreases with time consistent with clot lysis and about 25% have completely cleared by 24–48 hours. The extent of the HAS correlates well with the extent of occlusion on CTA. Both HAS and abnormal CTA are significantly associated with CT identifiable infarct developing at follow-up (parenchymal hypodensity). HAS and abnormal CTA both related to clinical stroke severity (independent of age, sex and extent of parenchymal hypodensity). The presence of a HAS and abnormal CTA both independently increase the risk of poor functional outcome. Including CTA in the acute assessment of stroke improves the detection rate of abnormal scans but neither extent of deficit nor outcome is different in these patients. Apart from

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confirming the previously described association between HAS and AF, we did not find any association between likely thrombus source and thrombus density. Further analyses are required to see if rt-PA effect differs with HAS density and, therefore, HAS density should influence rt-PA treatment decisions.

Angiography delays time to treatment, although by less than perfusion imaging. Angiography is less complex to interpret than perfusion imaging, although there are few data on observer reliability, especially among non-experts (for either technique). Perfusion imaging influenced the local investigators to see more acute ischaemic changes on plain imaging, but there was no actual difference in plain scan findings as the expert panel saw no difference in plain scan findings between patients with and without perfusion imaging. The local investigators were less influenced by the angiography imaging in their interpretation of the plain scans as there was no difference in their detection rate of plain scan abnormalities between patients with angiography and without. This may be because they did not see any angiographic abnormality or because the HAS (which is one of the easier acute ischaemic signs for less experienced observers to identify¹⁵) closely mirrors the CTA findings. Whether or not there is any interaction between CTA abnormalities and rt-PA effects is the subject of ongoing analyses.

Recommendations for future research

The effect of perfusion and angiography imaging on physician confidence in making a diagnosis of acute ischaemic stroke, and the effect that that has on decisions to treat with rt-PA, should be tested in a future trial where patients are randomised to receive or not to receive perfusion imaging or angiography prior to rt-PA. Such a trial (PRACTICE) is now funded by the Health Technology Assessment panel of the National Institute for Health Research (NIHR) and is being initiated. Several groups have tested whether or not different thresholds of perfusion parameters can identify core compared with penumbra more precisely. However, independent testing in a separate cohort (e.g. IST-3) should be performed prior to any testing in further trials or clinical practice. At the time of writing, the ECASS 4 trial has just decided not to use perfusion lesion visualisation and lesion growth. Perfusion and angiography imaging technologies continue to advance and significant advances may require further testing in new trials. Further attempts should be directed to better standardisation of perfusion imaging and to understand sources of variability of angiography interpretation. Recent publications from the STIR group should help this process.^{102,103}

Recommendations for practice

There is no indication from these results that perfusion or angiography imaging, however processed, interact with rt-PA. In other words, there was no group of patients identified by perfusion or angiography criteria who benefited more or were harmed more by rt-PA. Hence there is no indication at present for routine use of perfusion or angiography imaging prior to decisions on use of rt-PA. Both perfusion and angiography imaging identified patients with more severe stroke, and perfusion-imaging lesions were larger in older patients and in those scanned soon after stroke. Thus, both perfusion and angiography imaging provide powerful prognostic information but do not provide information that indicates if some patients are more or less likely to benefit from rt-PA. The large variation in perfusion lesion size depending on which parameter is being displayed means that anyone wishing to use perfusion imaging in clinical practice should be very careful that they understand which parameter they are looking at and that they understand what it shows. Doctors should be aware of the limited information on observer reliability on interpretation or perfusion or angiographic imaging when interpreting such images or using the information to influence treatment decisions.

Chapter 6 Conclusions

A t present, there is no argument for routine use of perfusion imaging prior to rt-PA. A plain CT (or MR) brain scan to exclude haemorrhage and non-stroke causes of symptoms should be followed as quickly as possible by i.v. rt-PA. The presence of a perfusion lesion may increase confidence in the diagnosis of acute ischaemia among less expert scan readers but there was no evidence that the presence or absence of a perfusion lesion, on any perfusion parameter, significantly altered the hazard or benefit of rt-PA. Although the sample for the perfusion imaging study was small, it was larger than most other trials to date and the angiography sample was larger. The lack of interaction with rt-PA was in spite of finding strong associations between perfusion or angiography imaging and stroke severity, age and time to treatment, suggesting that the lack of significant interaction with rt-PA is not simply a methodological error. Arguments against *routine* perfusion imaging include that it delays the time to treatment, that there is no standard for data processing, that multiple perfusion parameters can be derived, and that there is as yet no agreement as to which of these is the most informative. Confusion about use of perfusion or angiography imaging may actually be a barrier to greater implementation of rt-PA. Patients with renal impairment may be harmed by contrast agents and CT perfusion exposes the patient to extra radiation dose.

The CTA analyses show that the plain scan HAS is a very specific and moderately sensitive sign of angiographically confirmed large artery occlusion. Patients with visible large artery occlusion have more severe stroke and worse outcomes than those without. CTA abnormalities predict early imaging outcomes (visible infarction at follow-up) more than plain CT alone, but did not alter the prediction of functional outcome. We did not find a significant interaction between CTA findings and rt-PA hazards or benefits. The substantial number of angiograms required development of a different analysis pathway from that planned originally, as explained in *Chapter 3* (see *Any changes to protocol*).

Further subgroup analyses are ongoing to investigate whether the presence of collateral arterial flow improves outcome or alters rt-PA effect; to investigate whether or not thin slice CT improves detection of HAS; to investigate if any of the perfusion lesion thresholds identifies a group with more hazard or benefit from rt-PA; to test observer reliability for perfusion and angiography interpretation and to examine the effect of knowledge of perfusion or angiography on plain scan interpretation.

Further research could address whether or not use of perfusion or angiography imaging, by increasing confidence in the diagnosis of acute ischaemic stroke,¹⁰¹ might increase use of rt-PA – this could be a benefit if these imaging technologies encourage greater use of this highly effective treatment. Once several ongoing randomised trials of thrombolysis, which include perfusion or angiography imaging, are completed, an individual patient data meta-analysis should be performed, on a larger sample size, to determine for certain whether or not these imaging methods should be used in patient selection for thrombolytic treatment.
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Contributions of authors

Joanna M Wardlaw (Professor, Neuroradiology): study conception, design, obtaining funds, management and co-ordination; data analysis, interpretation, and writing the report.

Trevor Carpenter (Research Fellow, image analysis): establishment of perfusion imaging processing pipeline, and processing of all perfusion imaging data to produce perfusion lesion maps including analysis of lesion volumes.

Eleni Sakka (Digital Imaging Manger, Neuroimaging): co-ordination with IST-3 participating centres, advice on imaging, receipt of images, housekeeping, curation, distribution to processing areas; and measurement of perfusion lesion volumes and intracranial volume.

Grant Mair (Neuroradiology Fellow): reading all CT angiograms, and analysis of CTA data.

Geoff Cohen (Statistician, Medical): analysis of perfusion data.

Kirsten Shuler (Project Administrator, Scientific Administration): data entry, data checking, assistance with report writing, and financial reconciliation.

Jeb M Palmer (Programmer, Web Applications): implementation of web based image reading system for angiography, and co-ordinating angiography imaging reading.

Karen Innes (Trials Manager, IST-3): assistance with centre co-ordination and overall management of IST-3 main trial.

Peter A Sandercock (Professor, Neurology and Stroke): IST-3 chief investigator, centre liaison and IST-3 trial main administration.

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Appendix 1 Advisory minimum standards for (a) magnetic resonance and computed tomography perfusion acquisition and (b) magnetic resonance and computed tomography angiography acquisition

Advisory minimum standards for (i) magnetic resonance and (ii) computed tomography perfusion acquisition

(i) Magnetic resonance perfusion

Single-shot gradient-echo echoplanar imaging
TR=1500-2000 ms
TE=35-45ms @ 1.5T
TE=25-30ms @ 3T
Flip angle $\alpha = 60-90^{\circ}$ @ 1.5 T, 60° @ 3.0 T
At least 10–12 baseline images (please note the first few images prior to steady state are discarded)
At least 12 slices, with same slice thickness and gap as DWI, increase TR and slice gap to achieve reasonable coverage

TE, echo time; TR, relaxation time.

(ii) Computed tomography perfusion

СТР	
Acquisition rate	One image per second (ideally at one source rotation per second)
Total acquisition time	40–60 seconds
Baseline period	5–10 volumes should be acquired prior to contrast arrival
kVp and	80kVp (not 120kVp)
mAs	100mAs or higher
Contrast volume	35–50ml (with saline flush)
Delivery rate	4–6ml per second
Coverage	As dictated by configuration of hardware

Advisory minimum standards for (i) magnetic resonance and (ii) computed tomography angiography acquisition

(i) Magnetic resonance angiography

MRA	
Sequence	3D TOF 2 slab HR
TR (ms)	23
TE (ms)	2.7
Flip angle	20°
Location/slab	32
Slice thickness	1.6
Slice gap	0
Matrix	320 × 224
Φ FOV	1
FOV	16
Slice orientation	Straight axial
Tscan	5:46
FOV, field of view; TOF, time of flight.	

(ii) Computed tomography angiography

СТА	
kVp	100
mAs	120
Contrast (volume/type/rate)	50ml omnipaque 300 at 4ml/second
Flush (volume/type/rate)	40ml saline at 4ml/second
Delay	15 seconds
Coverage	Circle of Willis (upwards)
Slice collimation	0.75mm
Pitch	1.25

Appendix 2 Perfusion image processing

Basic perfusion processing

Digital Imaging and Communications in Medicine storage and conversion

Subjects in the main arm of IST-3 who have been identified as having perfusion images are transferred to the perfusion substudy file system by DICOM sent to a receiver running on a server attached to a high-performance computing facility. The receiver is implemented using DICOM confidential¹⁰⁴ and stores the received images in standard DICOM format as well as cataloguing the images in a database. The cataloguing process records the unique identifiers which reference the image data, the dates and times of the imaging studies as well as information specific to the series modality such as echo time or tube voltage and current. The catalogue makes this information available to other processing steps; it is also used to identify structural and perfusion-imaging series in the studies labelled as R (randomisation) and P (post) time points.

The next step in the initial conversion of the DICOM data is reconstruction. After relevant structural and perfusion series have been identified, each image in the series is composited into a 3D volume; in the case of perfusion series the individual 3D volumes are joined in acquisition order to create a 4D 'volume'. This composition is carried out by the widely used utility DCM2NII and the final data are stored in NIFTI format for subsequent processing and analysis. In all of the data reconstructed, the actual acquisition order of the data is only represented at the volume level and not the individual slice level, often referred to as slice timing. The slice timing has been shown to be important in the processing of MR perfusion data, especially in the case of the parameter Tmax;⁷⁵ however, no account could be taken of this in such a chronologically and geographically diverse data set.

Perfusion post-processing

The perfusion post-processing is used to estimate cerebral blood flow, volume, transit time and other parameters, and the following paragraphs describe the important points of each step. Overall, it is based upon the block circulant method developed by Ona Wu¹⁰⁵ and this approach can now be considered a de facto standard as it has been independently implemented and applied by several different groups.^{106,107}

Contrast concentration estimation

The first step in the processing is to convert the signal time series within each voxel into a time series proportional to contrast concentration using the relevant relationship between signal and contrast concentration for either MR or CT. Additionally, in MR, the relationship between signal and concentration is non-linear^{108,109} and a modulation transfer function is applied, as described in Straka *et al.*,⁸⁰ after applying the usual formula. In both cases, this conversion relies upon estimating the mean signal in each voxel prior to the arrival of contrast, and in MR data the first three time points are disposed of to ensure the signal has reached a steady state.

Discretisation

Discretisation is the process used to convert the equations describing the distribution of contrast (perfusion) into a form suitable for solving using the quantities observed in the contrast concentration time series. The first step is defining a quantity referred to as the arterial input function (AIF). Owing to the diverse sources of data, the different perfusion series had no standard anatomical coverage, and therefore the AIF could not be placed in a consistent location. Consequently, the AIF was placed manually in a location adjacent to a vessel with early enhancement where possible in the case of MR, and in CT series which included it, this was in the contralateral middle cerebral artery; in CT series with limited coverage, the anterior cerebral artery was chosen. Locations for two additional time series were also defined, one for

the venous out flow (VOF) which was placed in the superior sagittal sinus and another in a region of what was assumed to be normal white matter in the contralateral hemisphere often close to the anterior horns of the ventricles. To mitigate for possible partial volume effects in estimating the AIF, the area under the AIF as adjusted to match that of the VOF by multiplication with a scalar. The normal white matter time series was used as a means to compare data from different sources.

As previously stated, the method used to convert the AIF and voxel time series values into a form suitable for numerical solution was first applied to perfusion imaging by Wu *et al.*¹⁰⁵ The method uses a set of simultaneous equations expressed as a matrix equation to represent the convolution integral, deconvolution is achieved by inverting the matrix and solving for the vector of unknown quantities. The discretisation is different from other alternative schemes in that the signals are treated as being periodic; this is achieved by using a matrix with a special structure referred to as a circulant Toeplitz matrix.

The individual values of the AIF are used to provide the elements of this matrix, where from left to right each column is a shifted copy of the previous column. Being circulant means that as elements drop off the last row of the matrix they reappear in the first row of the next column. When populated in this way, the first column of the circulant matrix contains the unshifted vector of AIF values in the correct temporal order, whereas in the last row the temporal order is reversed. As copies of a deterministic signal corrupted by noise, the individual elements of a matrix populated in this way are very far from independent and their true values are unknown. Consequently, it can be expect that obtaining the inverse of such a matrix will be problematic. It is for this reason that regularisation is applied to the deconvolution used to obtain the parameter estimates. The advantage of the block circulant method is that the estimated quantities are less sensitive to delay between the AIF and the voxel concentration time series.

Parameter estimation

The parameters of interest were recovered, as follows, from the observed quantities and the residue function obtained from deconvolution of the arterial and voxel time series on a per-voxel basis. The CBV was defined as the ratio of the areas under the voxel and arterial concentration time courses. The CBF and Tmax were defined as the peak value of the residue function and the time at which it occurred. The MTT was defined as the ratio of CBV to CBF.

The bolus arrival time (AT), peak time (PT) and the difference of the two, time to peak (TTP) from bolus arrival as well as the maximum value of contrast concentration (Cmax), etc., were obtained for each voxel as follows. A reconstructed contrast concentration time series was formed by convolving the AIF with the estimated residue function on a per-voxel basis. Owing to the regularisation applied in the deconvolution, the time series formed in this way is much smoother than the original data, and, therefore, initial estimates of parameters such as AT, Cmax, etc., obtained directly from it, are less affected by noise than would be the case if they were taken from the original time series. These initial estimates are then used to obtain the starting parameters for fitting a heuristic model to the reconstructed time series.¹¹⁰ The parameters of the fitted model are then used to provide the estimates of AT, PT, TTP, etc., used to create the parametric maps.

Parametric map storage

The parametric maps were stored in NIFTI format as single precision floating point values, with each voxel value equal to the parameter value for that voxel, that is to say with out any scaling. The CBV was stored in units of ml/100g by assuming a fixed value for the density of brain tissue; the CBF was stored in units of ml/100g/minute and the MTT in seconds. The other parameters either have units of seconds or arbitrary units (e.g. Cmax and rCBF).

Appendix 3 Visual coding forms for plain computed tomography or magnetic resonance imaging, perfusion and angiography imaging

Third International Stroke Trial Perfusion and Angiography studies

Computed tomography image interpretation form

PAT	IENT	D:					
DAT	re o	F READING:				DATE OF SCAN:	
SCA	AN Q	UALITY:	Good	Moderate	Poor	Comment:	
REA	\DEF	R ID:					
		F SCAN: that apply)	CT Plain:		CTP:	CTA:	
		F PERFUSION BLE:	MTT:		CBV:	TMAX:	
			CBF:		TTP:	Other:	
Plea	ase t	ick Yes or No. Ple	ease do not l	eave blanks. Tl	hank you.		
1.	Are	e all the scan sequ	ences comple	tely normal?	Y	N If YES stop here	
2.	ls f an	thaemic Changes there any sign of a y sequence? If in d l, code as acute.	cute ischaemi		Y	N If No go to Q.7	
3.	Wł	nich side of the bra	in shows isch	aemic change?	R	L Tick R and L if both	
4.	les	assify signs of ischa ions (if more than e amples)			Y	N	
	a)	Loss of grey/white	e matter corte	x definition.		N/A	
	b)	Loss of basal gar	nglia outline.				
	c)	Hypodensity pres so that the lesion white matter).					

APPENDIX 3

d)	PWI lesion visible. (tick one box for each row that applies). The 20% refers to volume.	CBF	N	<20% <ct< th=""><th>Same as CT</th><th>>20%>CT</th></ct<>	Same as CT	>20%>CT
		CBV				
		MTT				
		Raw data				
		TTP				
		Tmax				
Oth	or	ATF				
	nk to fill in parameters)					

5. Classify site and size of ischaemic lesion on plain CT (see examples)

a) site (enter most appropriate code in box)

=MCA* = any lesion in the MCA territory Μ

AS =Infarct of up to half of ACA territory

AL =Infarct of more than half of ACA territory

PS =Infarct of up to half of PCA territory

- PL =Infarct of more than half of PCA territory
- MAS=M+AS* MAL=M+AL*

MPS=M+PS* MPL=M+PL*

MAP=Infarct of whole MCA, ACA and PCA territories

- Т =Lacune*
- В =Borderzone*
- С =Cerebellum*
- S =Brainstem*
- CS =Cerebellum and brainstem

* code sub-territory sites in b

b) sub-territory sites

MCA sub-territory codes 1=small cortical infarct 2=basal ganglia infarct (>2x2x2cm) 3= infarct of white matter lateral to the lateral ventricle (>2x2x2cm) 4=infarct of anterior half of peripheral MCA territory 5=infarct of the posterior half of peripheral MCA territory 6=infarct of the whole of peripheral MCA territory 7=6+infarct of lateral part of basal ganglia 8=infarct of whole of MCA territory

Lacunar/Borderzone sub-territory codes

9=lacune in internal capsule/lentiform

- 10=lacune in internal border zone 11=lacune in centrum semiovale
- 12=lacune in thalamus 13=lacune in brainstem, inc. pons (not shown)
- 14=anterior (mainly) border zone 15=posterior (mainly) border zone

cerebellum sub-territory codes

16=small cortical (not shown) 17=<1/2 hemisphere (medium) (not shown) 18=>1/2 hemisphere (not shown)

Brainstem sub-territory codes

11=small, i.e.<1/2 medulla (not shown) 12=extensive, i.e. pons + medulla (not shown)

c) degree of mass effect on plain CT

Mass effect grading

- 0=no swelling 1=effacement of the sulci overlying the infarct
- 2=1+minor effacement of adjacent lateral ventricle 3=1+complete effacement of lateral ventricle
- 4=1+effacement of the lateral and third ventricle
- 5=4+shift of the midline away from the side of the ventricle 6=5+effacement of the basal cisterns







6 ASPECT Score lesion:

	Plain CT		Raw PWI data	МТТ	CBF	СВУ
	Swellin g	Hypoattenuati on				
N/A						
Caudate (C)						
Lentiform (L)						
Insula (I)						
Internal Capsule (IC)						
MCA1 (M1)						
MCA2 (M2)						
MCA3 (M3)						
MCA4 (M4)						
MCA5 (M5)						
MCA6 (M6)						
A						
Ρ						

Please enter '1' for all abnormal areas, '0' for normal areas, 'U' for unscoreable areas*

*'unscoreable' = areas not included on CTP



6 continued – additional PWI parameter scores 6. ASPECT Score lesion:

	TTP	Tmax	ATF	Other:	Other:	Other:
N/A						
Caudate (C)						
Lentiform (L)						
Insula (I)						
Internal Capsule (IC)						
MCA1 (M1)						
MCA2 (M2)						
MCA3 (M3)						
MCA4 (M4)						
MCA5 (M5)						
MCA6 (M6)						
A						
Ρ						

Please enter '1' for all abnormal areas, '0' for normal areas, 'U' for unscoreable areas*

*'unscoreable' = areas not included on CTP



7. CT hyperattenuated/Abnormal Vessel Sign

APPENDIX 3

a) ls there a hyperattenuated artery (i.e. acutely occluded) on plain CT	Y	N		
b) Is there an occluded artery on CTA?	Y	N		
c) Name abnormal artery. If 'Y' to either a) or b), indicate which artery(ies).	1.		1) ICA	2) MCA main stem
List most important (largest) abnormal artery first (1) and least important	2.		3) MCA Sylvian branch	4) PCA
(smallest) last (3) if more than one.	3.		5) ACA	6) 1+2+3
			7) 1+2	8) 2+3

8. If abnormal artery on CTA, indicate the degree of obstruction:

a) TIMI score for abnormal artery: <i>NEJM 1985;312:932-6</i>	Grade 0 1 2 3	Criteria on arteriography No flow/patency Minimal flow/patency Partial flow/patency Complete flow/patency
b) MORI score for abnormal artery <i>Stroke 1988;19:802-812</i>	Grade 0 1 2 3 4	Criteria on arteriography No flow/patency Minimal flow/patency Flow/patency of less than 50% of the territory of the occluded artery Flow/patency of more than 50% of the territory of the occluded artery Complete flow/patency

significantly to the burden

of brain damage?

no or only slight

mass effect

compressing

e

9.	Haemorrhagic Changes *				
	Is there any haemorrhage anywhere?	Y	N	If No go to Q.11	
10.	Classify haemorrhage (if more than one haemorrhage, tick all present – indicate order of significance) :			Order (insert 1 (most important), 2, 3 (least important) to indicate your estimate of the order of clinical importance)	Size of Haematoma (tick box for max diam.):
	a) petechial haemorrhage (example 1 or 2 below)	Y	N		<3cm 3-5cm 5-8cm >8cm
	 b) significant haemorrhagic transformation of infarct (i.e. underlying infarct still visible) (example 3 below) 				
	 c) parenchymal haematoma (i.e. no infarct visible) 				
	d) parenchymal haematoma clearly remote from infarct				
	e) subdural haematoma				
	f) subarachnoid haemorrhageg) extradural haemorrhage				
	i) In your opinion, is the haemorrhage a major component of the infarct which is likely to have worsened mass effect or involved more brain in the damage present and so worsened symptoms, or if remote from the infarct, likely to have contributed			Haemato no or only	

11.	Reduction in brain tissue volume	Y	N	If No go to Q.13
12.	Classify atrophy (see examples and pick nearest likeness): Central	None	Mod	Severe

1. CENTRAL reduction in brain tissue volume Modest None Severe





None









CORTICAL reduction in brain tissue

Severe



None



Modest



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PERIVENTRICULAR LUCENCIES

- 13. Are there any periventricular lucencies?
- 14. Classify extent of white matter lucency
 - a. Anterior white matter 0= no lucency 1= lucency restricted to region adjoining ventricles 2= lucency covering entire region from lateral ventricle to cortex
 - b. Posterior white matter 0= no lucency 1= lucency restricted to region adjoining ventricles 2= lucency covering entire region from lateral ventricle to cortex



AWM = 1 PWM = 0



AWM = 2 PWM = 1



	OLD VASCULAR LESIONS	Y	N	
15.	Are there any old vascular lesions?			If No go to Q.17
16.	Classify old vascular lesion(s):	Y	N	
	a) old cortical infarct(s)			
	b) old striatocapsular infarct(s)			
	c) old borderzone infarct(s)			
	d) old lacunar infarct(s)			
	e) old brainstem/cerebellar infarct(s)			
	f) probable old haemorrhage			
	NON-STROKE LESIONS	Y	N	
17.	Is there a non-stroke lesion, which could have accounted for the patient's stroke syndrome?			If No go to Q.19
18.	Classify non-stroke lesion:	Y	N	
	a) cerebral tumour			
	b) encephalitis			
	c) cerebral abscess			
	d) other (e.g. contusion)			Specify Other:

19. COMMENT:

Magnetic resonance image interpretation form

PATI	ENT ID:					
DAT	E OF READING:			D	ATE OF SCAN:	
SCA	N QUALITY:	Good	Moderate	Poor C	omment:	
REA	DER ID:					
	E OF SCAN: all the apply)	Diffusion:		Perfusion:		MRA:
		GRE/T2*:		T2/FLAIR:		
	E OF PERFUSION ILABLE:	MTT:		CBV:		TMAX:
		CBF:		TTP:		Other:
Plea	se tick Yes or No. P	lease do not le	ave blanks. Tl	hank you.		
1.	Are all the scan sequ	uences complet	tely normal?	Y N	If YES stop her	e
2.	 Ischaemic Changes Is there any sign of acute ischaemic change on any sequence? If in doubt as to whether acute or old, code as acute. 			Y N	If No go to Q.7	
3.	Which side of the bra	ain shows ischa	aemic change?	R L	Tick R and L if	both
4.	Classify ischaemic c	hange on DWI,	T2/FLAIR.			
	 a) Faint hyperinten visible on T2/FL/ b) Bright hyperinter 	AIR.		Y N		
	lesion visible on c) Lesion clearly vi on DWI.		NR as well as			
	 d) PWI lesion visibl (tick one box for that applies). Th refers to volume 	each row le 20%	CBF	N <20%<	DWI Same as D	WI >20%>DWI
			CBV			



19

5. Classify site and size of ischaemic lesion on DWI (see examples)

a) site (enter most appropriate code in box)

- =MCA* = any lesion in the MCA territory Μ
- AS =Infarct of up to half of ACA territory
- AL =Infarct of more than half of ACA territory
- PS =Infarct of up to half of PCA territory
- PL =Infarct of more than half of PCA territory
- MAS=M+AS*
- MAL=M+AL*
- MPS=M+PS*
- MPL=M+PL*
- MAP=Infarct of whole MCA, ACA and PCA territories
- L =Lacune*
- В =Borderzone*
- С =Cerebellum*
- S =Brainstem*
- =Cerebellum and brainstem CS

* code sub-territory sites in b

b) sub-territory sites

MCA sub-territory codes 1=small cortical infarct 2=basal ganglia infarct (>2x2x2cm) - striatocapsular 3=striatocapsular infarct lateral to the lateral ventricle (>2x2x2cm) 4=infarct of anterior half of peripheral MCA territory – a=not involving and b=involving part of basal ganglia 5=infarct of the posterior half of peripheral MCA territory – a= not involving and b=involving part of basal ganglia 6=infarct of the most or whole of peripheral MCA territory not including basal ganglia 7=6+infarct of lateral part of basal ganglia 8=infarct of whole of MCA territory

Lacunar/Borderzone sub-territory codes 9=lacune in internal capsule/lentiform 10=lacune in internal border zone

- 11=lacune in centrum semiovale
- 12=lacune in thalamus 13=lacune in brainstem, inc. pons (not shown)
- 14=anterior (mainly) border zone 15=posterior (mainly) border zone

cerebellum sub-territory codes

16=small cortical (not shown) 17=<1/2 hemisphere (medium) (not shown) 18=>1/2 hemisphere (not shown)

Brainstem sub-territory codes 11=small, i.e.<1/2 medulla (not shown)

12=extensive, i.e. pons + medulla (not shown)

degree of mass effect on DWI/T2/FLAIR c)

Mass effect grading

0=no swelling 1=effacement of the sulci overlying the infarct

2=1+minor effacement of adjacent lateral ventricle 3=1+complete effacement of lateral ventricle

4=1+effacement of the lateral and third ventricle

5=4+shift of the midline away from the side of the ventricle 6=5+effacement of the basal cisterns

ASPECT Score lesion: 6.

Please enter '1' for all abnormal areas, '0' for normal areas, 'U' for unscoreable areas*

DWI	PWI Raw	MTT	CBF	CBV
Signal Swelling				







N/A			
Caudate (C)			
Lentiform (L)			
Insula (I)			
Internal Capsule (IC)			
MCA1 (M1)			
MCA2 (M2)			
MCA3 (M3)			
MCA4 (M4)			
MCA5 (M5)			
MCA6 (M6)			
A			
Ρ			

*'unscoreable' = areas not included



6 continued

6. ASPECT Score lesion:

Please enter '1' for all abnormal areas, '0' for normal areas, 'U' for unscoreable areas*

	TTP	Tmax	ATF	Other:	Other:
N/A					
Caudate (C)					

EFFICACY AND MECHANISM EVALUATION 2014 VOL. 1 NO. 1

Lentiform (L)			
Insula (I)			
Internal Capsule (IC)			
MCA1 (M1)			
MCA2 (M2)			
MCA3 (M3)			
MCA4 (M4)			
MCA5 (M5)			
MCA6 (M6)			
A			
Ρ			

*'unscoreable' = areas not included





7. Hyperintense/Abnormal Vessel Sign

a) Is there a hyperintense artery (i.e. acutely occluded) on FLAIR/T2/T2* (absent flow void/ hyperintense)	Y	N		
b) Is there an occluded artery on MRA?	Y	N		
c) Name abnormal artery. If 'Y' to either a) or b), indicate which artery(ies).	1.		1) ICA	2) MCA main stem
List most important (largest) abnormal artery	2.		3) MCA Sylvian branch	4) PCA
first (1) and least important (smallest) last (3) if more than one.	2 .		5) ACA	6) 1+2+3

8.

	3.			
			7) 1+2	8) 2+3
If abnormal artery on MRA, in obstruction:	dicate the d	egree of		
a) TIMI score for abnormal artery:		Grade 0	Criteria on arteriography No flow/patency	
NEJM 1985;312:932-6		2 3	Minimal flow/patency Partial flow/patency Complete flow/patency	
b) MORI score for abnormal artery <i>Stroke 1988;19:802-812</i>		Grade 0 1 2 3 4	Criteria on arteriography No flow/patency Minimal flow/patency Flow/patency of less than 5 occluded artery Flow/patency of more than occluded artery Complete flow/patency	,

DOI: 10.3310/eme01010

9.	Haemorrhagic Changes On GRE/T2*	Y	N		
	Is there any haemorrhage anywhere?			lf No go to Q.11	
10.	Classify haemorrhage (if more than one haemorrhage, tick all present – indicate order of significance) :	Y	N	Order (insert 1 (most important), 2, 3 (least important) to indicate your estimate of the order of clinical importance)	Size of Haematoma (tick box for max diam.):
	a) petechial haemorrhage (example 1 or 2 below)	T			<3cm 3-5cm 5-8cm >8cm
	 b) significant haemorrhagic transformation of infarct (i.e. underlying infarct still visible) (example 3 below) 				
	 c) parenchymal haematoma (i.e. no infarct visible) 				
	 d) parenchymal haematoma clearly remote from infarct 				
	e) subdural haematoma				
	f) subarachnoid haemorrhage				
	g) extradural haemorrhage				
	 i) In your opinion, is the haemorrhage a major component of the infarct which is likely to have worsened mass effect or involved more brain in the damage present and so worsened symptoms, or if remote from the infarct, likely to have contributed significantly to the burden of brain damage? j) Are there any 			Haemate no or on mass eff	y slight definite mass effect ect compressing
	microhaemorrhages?				Ŭ L

11.	Reduction in brain tissue volume on T2/FLAIR Is there any reduction in brain tissue volume?	Y	N	If No go to Q.13
12.	Classify atrophy (see examples and pick nearest likeness):			
	Central	None	Mod	Severe

1. CENTRAL reduction in brain tissue volume









None Moderate



Severe

CORTICAL reduction in brain tissue







14.

13. Periventricular Hyperintensities

Are there any periventricular hyperintensities?



hyperintensity

- a) Periventricular white matter
- b) Deep white matter

Fazekas et al (1987) MR signal abnormalities at 1.5T in Alzheimer's disease and normal aging. AJNR, 8:421-426.



0,1,2,3

Ν





PVH/DWMH ratings

15. Old Vascular Lesions

Are there any old vascular lesions?

- **16.** Classify old vascular lesion(s):
 - a) old cortical infarct(s)
 - b) old striatocapsular infarct(s)
 - c) old borderzone infarct(s)
 - d) old lacunar infarct(s)
 - e) old brainstem/cerebellar infarct(s)
 - f) probable old haemorrhage
- 17. Is there a non-stroke lesion which could have accounted for the patient's stroke syndrome?

APPENDIX 3



19. COMMENT:

Appendix 4 Consolidated Standards of Reporting Trials 2010 flow diagram for Third International Stroke Trial main trial



Consolidated Standards of Reporting Trials diagram of the IST-3 main trial recruitment of 3035 patients. tPA, tissue plasminogen activator.

Appendix 5 Participating countries and centres

Centre no.	Total patients (perfusion/angiography)	Country	Centre
1	6	UK	Western General Hospital
5	1	UK	Nottingham City Hospital
27	1	Italy	Ospedale di Cattinara – Trieste
29	4	Australia	Royal Perth Hospital
42	2	UK	Countess of Chester Hospital
69	2	UK	University Hospital Aintree
79	1	UK	Leeds General Infirmary
98	1	UK	King's College Hospital
124	13	UK	Addenbrookes Hospital
127	5	UK	Royal Hallamshire Hospital
155	14	Norway	St Olavs Hospital, University Hospital of Trondheim
157	3	Norway	Ullevål University Hospital
158	32	Belgium	Cliniques Universitaires St Luc
169	2	UK	Queen Elizabeth the Queen Mother Hospital
171	2	UK	York Hospital, York NHS Foundation Trust
172	12	UK	University Hospital of North Staffordshire
173	3	Sweden	Danderyds Sjukhus
176	9	Italy	Ospedale Citta di Castello
180	2	Canada	QEII Health Sciences Centre
182	31	Poland	2nd Department of Neurology, Institute of Psychiatry & Neurology
184	1	Norway	Harstad Sykehus
188	25	Australia	John Hunter Hospital
191	8	UK	William Harvey Hospital
196	1	UK	Norfolk and Norwich University Hospital NHS Trust
200	1	Poland	Military Medical Institute
203	1	UK	University Hospitals Coventry & Warwickshire NHS Trust
207	12	Norway	University Hospital Northern Norway
208	3	Australia	Royal Brisbane and Women's Hospital
210	5	Australia	Nambour General Hospital
211	3	UK	The Royal London Hospital, Barts and The London NHS Trust
213	1	Poland	Institute of Psychiatry & Neurology – 1st Dept
221	12	Austria	Landesklinikum Donauregion Tulln
224	3	Sweden	Falu Hospital
225	4	Italy	Ospedale di Branca (Ospedale di Gubbio)

Centre no.	Total patients (perfusion/angiography)	Country	Centre		
226	5	UK	Guy's & St Thomas' Hospital		
232	13	UK	Gosford Hospital		
233	4	Australia	Box Hill Hospital (Monash University)		
236	26	Sweden	Uppsala University Hospital		
246	1	Poland	Central University Hospital		
248	10	UK	Hammersmith Hospitals & Imperial College		
249	2	Poland	Medical University of Gdansk		
260	3	Australia	Austin Health – Repatriation Campus		
264	74	UK	The National Hospital for Neurology & Neurosurgery		
267	12	Italy	Ospedale Maggiore		
269	1	Norway	Aalesund Sjukehus		
281	1	Sweden	University Hospital of Northern Sweden		
284	14	Sweden	Hassleholm Hospital		
292	2	Italy	Universita degli Studi di Genova, Dipartimento di Neuroscienze Oftalmologia e Genetica		
298	19	UK	Southend University Hospital		
308	20	Italy	Nuovo Ospedale Civile		
312	21	Switzerland	Universitätsspital Basel		
319	2	Poland	SPZZOZ w Sandomierzu		
321	5	Italy	Ospedale Valduce di Como		
324	1	Portugal	Centro Hospitalar de Trás-os-Montes e Alto Douro		
333	6	UK	St George's Healthcare NHS Trust		
340	1	UK	Darent Valley Hospital		
342	1	UK	City Hospital, Sandwell & West Birmingham Hospitals NHS Trust		
375	1	UK	Queen's Hospital, Barking, Havering & Redbridge Hospitals NHS Trust		
378	1	Switzerland	Universitätsspital Zürich		
Blue text, perfusion and angiography centres; green text, angiography-only centres; black text, perfusion-only centres.					

Appendix 6 Strengthening the Reporting of Observational studies in Epidemiology (STROBE) checklist

The STROBE statement: checklist of items that should be included in reports of observational studies

Item name	ltem no.	Recommendation
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (p. v)
		(<i>b</i>) Provide in the abstract an informative and balanced summary of what was done and what was found (p. v–vi)
Introduction		
Background/ rationale	2	Explain the scientific background and rationale for the investigation being reported (p. 1, paragraph 2+p. 2, paragraph 2)
Objectives	3	State specific objectives, including any prespecified hypotheses (p. 3, paragraph 2+p. 5)
Methods		
Study design	4	Present key elements of study design early in the paper (pp. 7–9)
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection (pp. 7–9)
Participants	6	(a) Cohort study – Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up
		<i>Case–control study</i> – Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls
		<i>Cross-sectional study</i> – Give the eligibility criteria, and the sources and methods of selection of participants (p. 7)
		(b) Cohort study – For matched studies, give matching criteria and number of exposed and unexposed
		<i>Case–control study</i> – For matched studies, give matching criteria and the number of controls per case (pp. 7–9, p. 19)
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable (clinical: pp. 9–11; imaging: pp. 10–11 + p. 13)
Data sources/ measurement	8 ^a	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group (pp. 9–16)
Bias	9	Describe any efforts to address potential sources of bias (p. 7)
Study size	10	Explain how the study size was arrived at (p. 16)
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why (pp. 9–16)

ltem name	ltem no.	Recommendation
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (p. 16)
		(b) Describe any methods used to examine subgroups and interactions (p. 16)
		(c) Explain how missing data were addressed (p. 19 + Figure 3 flow diagram)
		(d) Cohort study – If applicable, explain how loss to follow-up was addressed
		<i>Case–control study</i> – If applicable, explain how matching of cases and controls was addressed
		<i>Cross-sectional study</i> – If applicable, describe analytical methods taking account of sampling strategy (N/A)
		(e) Describe any sensitivity analyses (p. 16)
Results		
Participants	13 ^a	(a) Report numbers of individuals at each stage of study, e.g. numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (p. 19 + <i>Figure 3</i> flow diagram)
		(b) Give reasons for non-participation at each stage (pp. 19–23 + pp. 30–2)
		(c) Consider use of a flow diagram (Figure 3 flow diagram)
Descriptive data	14 ^a	(a) Give characteristics of study participants (e.g. demographic, clinical, social) and information on exposures and potential confounders (<i>Table 3</i>)
		(b) Indicate number of participants with missing data for each variable of interest (Table 3, Table 4, Figure 11, pp. 30–2)
		(c) Cohort study – Summarise follow-up time (e.g. average and total amount) (all 6/12)
Outcome data	15 ^a	<i>Cohort study</i> – Report numbers of outcome events or summary measures over time (pp. 30–2, <i>Table 5</i>)
		<i>Case–control study</i> – Report numbers in each exposure category, or summary measures of exposure (<i>Figure 3</i> , pp. 36–41)
		<i>Cross-sectional study</i> – Report numbers of outcome events or summary measures (pp. 30–32, <i>Table 5</i> , pp. 36–41)
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (e.g. 95% confidence interval). Make clear which confounders were adjusted for and why they were included (Table 5, p. 36)
		(b) Report category boundaries when continuous variables were categorised (N/A)
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period
Other analyses	17	Report other analyses done, e.g. analyses of subgroups and interactions, and sensitivity analyses (p. 43)

Item name	ltem no.	Recommendation			
Discussion					
Key results	18	Summarise key results with reference to study objectives (p. 45 + p. 49)			
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias (pp. 45–6)			
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence (pp. 46–9)			
Generalisability	21	Discuss the generalisability (external validity) of the study results (p. 49)			
Other information					
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based (pp. 51–2)			

a Give information separately for cases and controls in case–control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note

An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the websites of *PLOS Medicine* at www.plosmedicine.org/, *Annals of Internal Medicine* at www.annals.org/ and *Epidemiology* at www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

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