

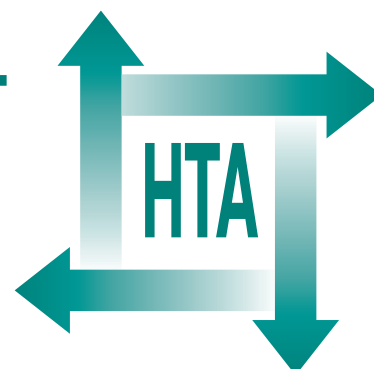
Ezetimibe for the treatment of hypercholesterolaemia: a systematic review and economic evaluation

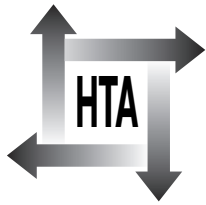
R Ara, I Tumor, A Pandor, A Duenas, R Williams, A Wilkinson, S Paisley and J Chilcott



May 2008

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Ezetimibe for the treatment of hypercholesterolaemia: a systematic review and economic evaluation

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Abstract

Ezetimibe for the treatment of hypercholesterolaemia: a systematic review and economic evaluation

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Objectives: To review the clinical and cost-effectiveness of ezetimibe as a combination therapy or monotherapy for the treatment of primary hypercholesterolaemia in the UK.

Data sources: Twelve electronic databases were searched from inception to June 2006. Searches were supplemented by hand-searching relevant articles, sponsor and other submissions of evidence to the National Institute of Health and Clinical Excellence and conference proceedings.

Review methods: A systematic review and meta-analysis (where appropriate) of the clinical efficacy evidence was undertaken following recommended guidelines. A Markov model was developed to explore the costs and health outcomes associated with ezetimibe treatment.

Results: No published clinical outcome trials (> 12 weeks) were identified. In the absence of clinical end-point data from trials, 13 (of which five were multi-arm phase III multi-centre randomised controlled trials (RCTs) (of varying methodological quality) of short-term duration (12–48 weeks) with surrogate end-point data were included. For patients not adequately controlled with a statin alone, a meta-analysis of six studies showed that a fixed-dose combination of ezetimibe and statin treatment was associated with a statistically significant reduction in low-density lipoprotein cholesterol (LDL-c) and total cholesterol (Total-c) compared with statin alone ($p < 0.00001$). Four studies (not eligible for meta-analysis) that titrated (either forced or stepwise) the statin doses to LDL-c targets generally showed that the co-administration of ezetimibe and statin was significantly more effective in reducing plasma LDL-c concentrations than statin monotherapy ($p < 0.05$ for all studies). For patients where a statin is not considered appropriate, a meta-analysis of seven studies demonstrated that ezetimibe monotherapy significantly reduced LDL-c levels compared with placebo ($p < 0.00001$). There were no statistically significant

differences in LDL-c-lowering effects across different subgroups. Ezetimibe therapy (either in combination with a statin or monotherapy) appeared to be well tolerated compared to statin monotherapy or placebo, respectively. No ezetimibe studies reported data on health-related quality of life (HRQoL). There was a wide range in the economic results depending on the treatment strategies evaluated. When comparing ezetimibe monotherapy with no treatment in individuals with baseline LDL-c values of 3.0–4.0 mmol/l, the results range from £21,000 to £50,000 per quality-adjusted life-year (QALY). Results for individuals with baseline LDL-c values over 5.0 mmol/l are below £30,000 per QALY. When comparing the costs and benefits of adding ezetimibe to ongoing statin treatment compared with maintaining statin treatment at the current dose, the majority of results are above values generally considered to be cost-effective (range £19,000 to £48,000 per QALY). Based on the evidence available, when comparing the costs and benefits associated with adding ezetimibe to ongoing statin treatment compared with a switch to a more potent statin, the results are governed by the difference in the cost of the treatment regimens compared and results range from £1500 to £116,000 per QALY.

Conclusions: The short-term RCT clinical evidence demonstrated that ezetimibe was effective in reducing LDL-c when administered as monotherapy or in combination with a statin. However, when used as a monotherapy, ezetimibe is less effective than statins in lowering LDL-c. Given the limitations in the effectiveness data, there is great uncertainty in the economic results. These suggest that ezetimibe could be a cost-effective treatment for individuals with high baseline LDL-c values, for patients with diabetes and for individuals with heterozygous familial hypercholesterolaemia. Long-term clinical outcome studies are needed to allow more precise cost-effectiveness estimates to be calculated.



Contents

Glossary and list of abbreviations	vii	Appendix 1 Diagnostic criteria for FH as defined by the Simon Broome Register of Familial Hyperlipidaemia and Dutch Lipid Network	93
Executive summary	xi	Appendix 2 Clinical effectiveness: literature search strategies	95
1 Background	1	Appendix 3 Clinical effectiveness: QUOROM trial flow chart	99
Description of health problem	1	Appendix 4 Summary of excluded studies with rationale (clinical effectiveness)	101
Current service provision	6	Appendix 5 Clinical effectiveness: quality assessment	103
Description of technology under assessment	10	Appendix 6 Patient demographics and baseline characteristics	105
2 Definition of the decision problem	13	Appendix 7 Data abstraction tables	111
Decision problem	13	Appendix 8 Meta-analyses	121
Overall aims and objectives of assessment	15	Appendix 9 Clinical effectiveness: LDL-c reduction in HeFH versus non-HeFH group of patients (mmol/l)	125
3 Assessment of clinical effectiveness	17	Appendix 10 Changes in plasma lipid/lipoprotein concentrations in HeFH versus non-HeFH patients after addition of ezetimibe to atorvastatin 10 mg/day or doubling the dose of atorvastatin to 20 mg/day	127
Methods for reviewing effectiveness	17	Appendix 11 Adverse events	129
Results	19	Appendix 12 Meta-analysis of 6–8-week studies	133
Discussion	32	Appendix 13 Soft OR techniques used to identify the methodology used to link changes in surrogate measures to clinical outcomes	135
4 Assessment of cost-effectiveness	35	Appendix 14 Eddy/BMJ checklists for the published cost-effectiveness studies	141
Systematic review of existing cost-effectiveness evidence	35		
Review of the MSD/SP economic evaluation	38		
Independent economic assessment by SchARR	43		
5 Assessment of factors relevant to the NHS and other parties	69		
Impact on the NHS	69		
Other major issues impacting on the NHS	70		
6 Discussion	73		
Statement of principal findings	73		
Strengths and limitations of the assessment	73		
Uncertainties	74		
Other relevant factors	75		
7 Conclusions	77		
Implications for service provision	77		
Suggested research priorities	77		
Acknowledgements	79		
References	81		

Appendix 15 Schematic models of primary and secondary prevention from the MSD/SP submission	143	Appendix 24 Data used in secondary transitions	185
Appendix 16 Costs of treatments used in the MSD/SP Cook evaluation	145	Appendix 25 Utility by age	189
Appendix 17 Health state utility values used in the Cook model	147	Appendix 26 Natural increase in risk by age	191
Appendix 18 Meta-analyses percentage change in TC and HDL-c	149	Appendix 27 Diabetes data used in the ScHARR cost-effectiveness model	193
Appendix 19 Summary of results from the MSD/SP Cook model	153	Appendix 28 List of the key modelling assumptions used in the ScHARR model ...	195
Appendix 20 ScHARR's initial queries on the MSD/SP economic evaluation and the responses received	155	Appendix 29 Additional results tables for the ScHARR economic evaluation	197
Appendix 21 Detailed discussion of the critical review of the MSD/SP models	163	Appendix 30 Detailed discussion of primary and secondary results	209
Appendix 22 Identification of studies for the review of cost-effectiveness	167	Health Technology Assessment reports published to date	213
Appendix 23 Searches undertaken to inform model development	171	Health Technology Assessment Programme	229



Glossary and list of abbreviations

Technical terms and abbreviations are used throughout this report. The meaning is usually clear from the context, but a glossary is provided for the non-specialist reader. In some cases, usage differs in the literature, but the term has a constant meaning throughout this review.

Glossary

Acute coronary syndrome Symptoms compatible with acute myocardial ischaemia (primarily unstable angina or myocardial infarction).

Angina, stable Pain or discomfort in the chest or adjacent areas caused by insufficient blood flow to the heart muscle. This chest pain is relieved by rest or medication within a short period (usually 15 minutes).

Angina, unstable Unstable angina is a syndrome that is intermediate between stable angina and myocardial infarction (heart attack): it is characterised by an accelerating or 'crescendo' pattern of chest pain that lasts longer than in stable angina.

Anorexia nervosa An eating disorder characterised by low body weight (less than 85% of normal weight for height and age), a distorted body image and an intense fear of gaining weight.

Apo-lipoprotein Major protein component of lipoproteins.

Atherosclerosis A condition in which fatty deposits (atheromas) develop in the arteries; these narrow the blood vessels and can rupture to form a complete blockage, resulting in heart attack or stroke (depending on location).

Body mass index A measure of relative weight, calculated by dividing an individual's weight in kilograms by their height in metres squared (kg/m^2).

Cardiovascular Pertaining to the heart and blood vessels.

Cardiovascular disease A term generally used to refer to all vascular disease caused by atherosclerosis.

Coronary arteries The arteries which supply the heart muscle with blood

Coronary artery disease The condition that arises from accumulation of plaque that narrows the inside diameter of arteries that supply the heart muscle with blood.

Coronary heart disease Narrowing or blockage of the coronary arteries which reduces the blood supply to the heart, and potentially causes angina or myocardial infarction. Also known as coronary artery disease or ischaemic heart disease.

Diabetes mellitus A disorder caused by insufficient production of insulin by the pancreas (type 1 diabetes) or by insensitivity to the effects of insulin (type 2 diabetes).

Heterozygous Possessing two different forms of a particular gene.

High-density lipoprotein Class of lipoproteins, varying somewhat in their size (8–11 nm in diameter) and contents that carry cholesterol from the body's tissues to the liver.

Homozygous Possessing two identical forms of the same gene.

Hypercholesterolaemia High blood cholesterol.

Hyperlipidaemia High blood lipids.

continued

Glossary continued

Hypertriglyceridaemia High blood triglycerides.

Hypothyroidism A condition in which the body lacks sufficient thyroid hormone.

Infarction Death of tissue following interruption of the blood supply.

Ischaemic heart disease Coronary heart disease.

Low-density lipoprotein Class and range of lipoprotein particles, varying in their size (18–25 nm in diameter) and contents, which carry fatty acid molecules in the blood and around the body, for use by cells.

Monogenic hypercholesterolaemia Hypercholesterolaemia caused by a single genetic defect only.

Myalgia Diffuse muscle pain, tenderness and weakness.

Myocardial infarction Permanent damage to an area of heart muscle as a result of interruption of the blood supply to the area caused by narrowed or blocked blood vessels ('heart attack').

Myopathy Muscle pain, tenderness or weakness associated with abnormal elevations in creatinine kinase levels (>10 times the upper limit of normal).

Nephrotic syndrome A condition characterised by high levels of protein in the urine, low levels of protein in the blood, tissue swelling and high cholesterol.

Obstructive jaundice Increased blood bilirubin causing yellow skin due to the blockage of the bile ducts.

Polygenic hypercholesterolaemia Hypercholesterolaemia caused by a number of genes combined with dietary and other factors.

Premature death Death before the age of 75 years.

Primary (familial) hypercholesterolaemia High cholesterol level caused by an underlying genetic defect.

Primary prevention Activity intended to delay or prevent the onset of a disease.

Revascularisation The restoration of blood supply, either pharmacologically or surgically.

Rhabdomyolysis A syndrome resulting from destruction of skeletal muscle resulting in myoglobinuria, muscle weakness, pain, swelling and cramps. Serious complications of rhabdomyolysis include acute renal failure, ischaemia, disseminated intravascular coagulation and respiratory failure.

Secondary (non-familial) hypercholesterolaemia Hypercholesterolaemia caused by another disease state or by drug therapy. Also known as 'acquired' hypercholesterolaemia.

Secondary prevention Activity intended to delay the recurrence of, or prevent mortality from, a disease.

Sitosterolaemia Rare autosomal recessive disease characterised by increased intestinal absorption of plant sterols, decreased hepatic excretion into bile and elevated concentrations in plasma phytosterols.

Stroke The sudden death of some brain cells when the blood supply to the brain is impaired by the blockage or rupture of an artery.

Total cholesterol The sum of all the cholesterol in the blood.

Triglycerides Glyceride in which the glycerol is esterified with 3- fatty acids. They constitute the majority of the fat that is stored in the fat tissue to be used as energy.

List of abbreviations

ALT	alanine aminotransferase	LYG	life-year gained
AST	aspartate aminotransferase	MI	myocardial infarction
BMI	body mass index	MSD/SP	Merck Sharp and Dohme Limited/Schering-Plough Limited
CAD	coronary artery disease	NICE	National Institute for Health and Clinical Excellence
CEAC	cost-effectiveness acceptability curve	NSF	National Service Framework
CHD	coronary heart disease	OR	operational research
CI	confidence interval	PCT	Primary Care Trust
CK	creatinine kinase	PSM	problem structuring methods
CPK	creatinine phosphokinase	QALY	quality-adjusted life-year
CTTC	Cholesterol Treatment Trialists' Collaborators	QOF	Quality and Outcomes Framework
CV	cardiovascular	QoL	quality of life
CVD	cardiovascular disease	QUOROM	Quality Of Reporting Of Meta-analyses
DM	diabetes mellitus	RCT	randomised controlled trial
FH	familial hypercholesterolaemia	RR	relative risk
GMF	General Medical Services Framework	SCA	Strategic Choice Approach
HDL-c	high-density lipoprotein cholesterol	SD	standard deviation
HeFH	heterozygous familial hypercholesterolaemia	Str	stroke
HIV	human immunodeficiency virus	TG	triglycerides
HRQoL	health-related quality of life	TIA	transient ischaemic attack
ICER	incremental cost-effectiveness ratio	Total-c	total cholesterol
IHD	ischaemic heart disease	UKPDS	United Kingdom Prospective Diabetes Study
ITT	intention-to-treat	ULN	upper limit of normal
LDL-c	low-density lipoprotein cholesterol	VLDL-c	very low-density lipoprotein cholesterol
LS	least-squares	WHO	World Health Organization

All abbreviations that have been used in this report are listed here unless the abbreviation is well known (e.g. NHS), or it has been used only once, or it is a non-standard abbreviation used only in figures/tables/appendices in which case the abbreviation is defined in the figure legend or at the end of the table.



Executive summary

Objectives

To review the evidence for the clinical and cost-effectiveness of ezetimibe (in its licensed indication) as combination therapy or monotherapy for the treatment of primary (heterozygous familial and non-familial) hypercholesterolaemia in the UK.

Methods

In all, twelve electronic bibliographic databases covering the biomedical, scientific, and grey literature were searched from inception to June 2006 (supplemented by contact with experts in the field). Data relating to study design, baseline patient characteristics, clinical or surrogate outcomes, and adverse events were abstracted and methodological quality was assessed. In addition, results of eligible randomised controlled trials (RCTs) were statistically synthesised (meta-analysed) where appropriate.

A new Markov model was developed, to assess the costs and health outcomes associated with ezetimibe treatment. Several treatment regimens were explored including: ezetimibe monotherapy versus no treatment for individuals in whom statin therapy is contraindicated or those who do not tolerate statins; ezetimibe plus a statin compared with the same statin; ezetimibe plus a statin compared with a switch to a more potent statin. The model utilised the established relationship linking changes in low-density lipoprotein cholesterol (LDL-c) and cardiovascular events to estimate the cardiovascular events avoided through lipid lowering therapies.

Results

Clinical effectiveness results

No published clinical outcome trials (>12 weeks) examining the cardiovascular benefit of ezetimibe were identified. In the absence of clinical end-point data from trials, 13 (of which five were multi-arm) Phase III multi-centre RCTs (of varying methodological quality) of short-term duration (12–48 weeks) with surrogate end-point data

[such as LDL-c and total cholesterol (Total-c)] were included. Although all the included studies involved patients with primary hypercholesterolaemia (mean baseline LDL-c levels ranging from 3.36 to 6.50 mmol/l), the populations were not fully representative of the population specified in the inclusion criteria, that is, individuals whose lipids were not adequately controlled with current statin treatment or those who are intolerant of statins. The clinical evidence is derived from a population that required a washout or discontinuation of all ongoing lipid regulating drug therapy prior to randomisation and initiation of study treatments.

For patients whose condition is not adequately controlled with a statin alone

Fixed-dose studies

A meta-analysis of six studies showed that the combination of ezetimibe and statin treatment was associated with a statistically significant reduction in LDL-c and Total-c compared with statin alone ($p < 0.00001$). No RCTs were identified that compared ezetimibe plus statin with statin plus other lipid lowering therapy (nicotinic acid, bile acid resins or fibrates).

Titration studies

Four studies (not eligible for meta-analysis) that titrated (either forced or stepwise) the statin doses to LDL-c targets generally showed that the co-administration of ezetimibe and statin was significantly more effective in reducing plasma LDL-c concentrations than statin monotherapy ($p < 0.05$ for all studies). No RCTs were identified that compared ezetimibe plus statin with statin plus bile acid resins or fibrates. One study reported that low–moderate doses of atorvastatin/rosuvastatin plus niacin achieved similar marked LDL-c reductions compared with the highest doses of rosuvastatin monotherapy or ezetimibe/simvastatin.

For patients in whom a statin is considered inappropriate, or is not tolerated

A meta-analysis of seven studies demonstrated that ezetimibe monotherapy significantly reduced LDL-c levels compared with placebo ($p < 0.00001$). This effect was generally consistent across all trials. No RCTs were identified that directly compared

ezetimibe with other lipid-regulating drug (nicotinic acid, bile acid resins or fibrates) therapy.

Subgroup analyses

There were no statistically significant differences in LDL-c-lowering effects across different subgroups such as people with or without existing coronary heart disease (CHD) or other vascular disease, people with or without diabetes, different ethnic groups and patients with or without heterozygous familial hypercholesterolaemia (HeFH).

Safety and tolerability

Ezetimibe therapy (either in combination with a statin or monotherapy) appeared to be well tolerated compared to statin monotherapy or placebo, respectively. The low frequency of adverse events may be attributed to the relatively short periods of the included studies (the majority were 12 weeks). Long-term adverse events are unknown.

Quality of life

No ezetimibe studies reported data on health related quality of life (HRQoL).

Cost-effectiveness results

Two full studies and one abstract were identified in the systematic review for economic evaluations. The studies described country-specific adaptations of a core model. The results ranged from £7700 per life year when comparing ezetimibe co-administered with current statin with current statin in adults with a history of CHD in Germany, to £50,700 per life year when comparing ezetimibe co-administered with current statin treatment with current statin treatment titrated by one dose for adults with diabetes and no history of CHD in Spain. The abstract, which provided insufficient detail for review, reported results to be £8000 per QALY (Quality Adjusted Life Year) for patients aged 65 years with a history of CVD when comparing ezetimibe plus current statin with titration of current statin treatment in Scotland.

Industry submission

Two cost-effectiveness models were presented by the industry submission. The first (referred to as the Cook model) is an adaptation of the model used in the studies identified in the literature search. The second (referred to as the Basic model) was built and submitted to lend credence to the results generated by the more complex model. The Cook model uses the Framingham equations to predict annual changes in coronary risk based on changes in Total-c and HDL-c. The Basic model utilises published evidence on the link between chemically induced reductions in

LDL-c and reductions in CV events. Effectiveness rates are derived from meta-analyses of published data. Several treatment regimens are used and the base case evaluates the cost-effectiveness of ezetimibe plus current weighted statin therapy compared with current weighted statin therapy titrated by one dose. The results range from £8800 per QALY for South Asian males aged 60 years at high risk of a CHD event to £122,000 per QALY for females aged 80 years with no history of CVD. However, several key errors were identified and the results are not considered to be robust.

SCHARR economic evaluation

There is a wide range in the results depending on the treatment strategies compared. When comparing ezetimibe monotherapy with no treatment in individuals with baseline LDL-c values of 3.0–4.0 mmol/l, the results range from £21,000 to £50,000 per QALY. Results for individuals with baseline LDL-c values over 5.0 mmol/l are below £30,000 per QALY.

When comparing the costs and benefits of adding ezetimibe to ongoing statin treatment compared with maintaining statin treatment at the current dose, the majority of results are above values generally considered to be cost-effective (range £19,000 to £48,000 per QALY). Based on the evidence available, when comparing the costs and benefits associated with adding ezetimibe to ongoing statin treatment compared with a switch to a more potent statin, the results are governed by the difference in the cost of the treatment regimens compared and results range from £1,500 to £116,000 per QALY.

Limitations of the cost-effectiveness estimates

There are several major limitations associated with the economic evaluation:

- A lack of robust long-term data on clinical effectiveness evidence derived from patients who fail to achieve lipid goals on statin treatment or patients who are intolerant of statins.
- The need to translate changes in surrogate outcomes to reductions in cardiovascular events and the need to extrapolate well beyond the RCT evidence underpin all analyses and increase the uncertainty in the results generated.
- It is uncertain if the proportional reduction in event rates per mmol/L in LDL-c derived from patients receiving statin treatment is generalisable to patients receiving either ezetimibe monotherapy or ezetimibe in combination with a statin.

- The lack of direct evidence of ezetimibe plus a low-dose statin versus a more potent-dose statin increases the uncertainty associated with the effectiveness of the treatments.
- Although the short-term safety profile appears to be good, long-term adverse event data associated with ezetimibe treatment are not available.

Conclusions

The short-term RCT clinical evidence demonstrated that ezetimibe was effective in reducing LDL-c when administered as monotherapy or in combination with a statin. However, when used as a monotherapy, the ability of ezetimibe to lower LDL-c is less effective than that of statins. Given the lack of detailed effectiveness data, there is a great deal of uncertainty in the cost-effectiveness of ezetimibe. The results suggest that depending on the comparator, ezetimibe could be a cost-effective treatment for individuals with high baseline LDL-c values, for patients with diabetes and for individuals with HeFH. Further research is urgently required to allow more precise estimates of cost-effectiveness to be calculated.

Generalisability of findings

There is a major concern regarding the generalisability of the results of the short-term

RCT effectiveness evidence into routine clinical practice. The current evaluation explores the costs and benefits associated with adding ezetimibe treatment to ongoing treatment for individuals not achieving adequate lipid control. Due to inclusion and exclusion criteria and the washout periods, the populations in the RCTs may not be representative of the target population.

Recommendations for future research

Further research is required in the following areas:

- Long-term clinical outcome trials involving patients who are intolerant of statins, patients in whom statins are contraindicated and patients who fail to achieve lipid control on statin monotherapy. Studies exploring the long-term effectiveness and safety profile of ezetimibe using combinations of lipid-lowering treatments are also required.
- Lifetime adherence to combination therapies in the relatively healthy younger and asymptomatic patients with no history of CVD.
- To establish if reductions in lipids to predetermined targets provide additional reductions in cardiovascular events.
- Research on short- and long-term changes in HRQoL associated with primary or subsequent cardiovascular events is also required to reduce uncertainty in cost-effectiveness estimates for cardiovascular interventions.

Chapter I

Background

Description of health problem

Introduction

Cardiovascular disease (CVD) is a disease of the heart and blood vessels, which can lead to cardiovascular events such as myocardial infarction (MI), angina and stroke (Str). The most common form of CVD is coronary heart disease (CHD). Other forms of CVD are Str, transient ischaemic attack (TIA) and peripheral arterial disease. CVD is the most common cause of death in the UK and is a major cause of illness, disability and reduced quality of life.^{1,2}

High levels of cholesterol in the blood (hypercholesterolaemia) are associated with an increased risk of CHD and Str.³ Serum cholesterol is an important determinant of cardiovascular (CV) risk. The increased risk is due mainly to raised low-density lipoprotein cholesterol (LDL-c). Lowering the concentration of total cholesterol (Total-c) and LDL-c, and raising high-density lipoprotein cholesterol (HDL-c) can reduce the risk of CV events, morbidity and mortality. The absolute risk for an individual depends on a range of CV risk factors such as smoking, diabetes and hypertension, and treatment decisions are generally based on overall risk.

Primary hypercholesterolaemia is associated with an underlying genetic defect; this can be due to a single genetic defect (monogenic) or, much more commonly, to the interaction of a number of genes (polygenic) with dietary and other factors.⁴ The various forms of hypercholesterolaemia (including other primary dyslipidaemia) are summarised in *Table 1*. The majority of people with hypercholesterolaemia have plasma cholesterol concentrations that are only mildly or moderately elevated, and they exhibit no clinical symptoms. Severe hypercholesterolaemia can cause xanthomas (lesions on the skin containing cholesterol and fats) and arcus corneae (cholesterol deposits in the eyes). In people with very severe forms of the condition, such as heterozygous familial hypercholesterolaemia (HeFH), onset of CHD is not uncommon during the second and third decades of life. Secondary hypercholesterolaemia has other causes or is induced by drug therapy [e.g. kidney disease

(nephrotic syndrome), hypothyroidism, anorexia nervosa, obstructive jaundice, family history and diabetes mellitus (DM)].

Although the difference between 'normocholesterolaemia' and 'hypercholesterolaemia' is arbitrary, various UK (and international) guidelines stipulate target lipid levels for people with or at risk of CVD (see *Table 6*). For the purpose of this assessment, the targets for Total-c and LDL-c, as set by revised JBS2,³ will be regarded as optimal targets [there are no definite targets for HDL-c and triglycerides (TG)] for people who require lipid-regulating treatment.

Epidemiology

Blood lipid levels in the UK

Lipid levels vary in an individual from day to day; additionally, levels vary across different populations.^{6,8} The variation in blood cholesterol may be accounted for by random (biological), methodological, genetic and environmental factors.⁶ Due to these differences, there are no fixed 'normal ranges' for blood lipids; however, the average level of blood cholesterol within a population is an important determinant of CHD risk of the population.⁹

In England (data not available for Wales), the mean serum cholesterol level in adults is approximately 5.6 mmol/l.¹⁰ This is much higher than the World Health Organization (WHO) recommended theoretical minimum of 3.8 mmol/l.¹¹ Of the average serum Total-c, two-thirds is LDL-c (about 3.6 mmol/l), one-quarter is HDL-c (around 1.5 mmol/l) and the remainder is other lipid particles. Cholesterol values are fairly similar in males and females, although in women there are higher HDL-c levels contributing to the Total-c. In women, cholesterol and LDL-c levels increase after the menopause, and the mean level is then slightly higher than in men (*Table 2*).

Regional and socio-economic variations in blood Total-c levels are small for either sex. However, the prevalence of low HDL-c levels (<1.0 mmol/l) varies substantially by income (high-level earners tend to have greater levels of HDL-c, most notably

TABLE 1 Various forms of primary dyslipidaemia^{5,6}

Dyslipidaemia	WHO phenotype	Diagnosis	Estimated prevalence (population) ^a	
			%	Ratio ^{6,7}
Hypercholesterolaemia (mainly)	Type IIa: raised LDL	Monogenic hypercholesterolaemia		
		Familial hypercholesterolaemia	0.2	1:500 (heterozygous) 1:10 ⁶ (homozygous)
		Familial defective apo-B	0.2	1:1000 (heterozygous) 1:4 × 10 ⁶ (homozygous)
		Polygenic hypercholesterolaemia	20–80	42:1000
Combined hypercholesterolaemia and hypertriglyceridaemia	Type IIb: raised VLDL and LDL	Familial combined (if relatives have same pattern, otherwise only combined) hyperlipidaemia	10+	5:1000
		Type III or remnant particle size	0.02	0.1:1000
		Lipoprotein lipase deficiency	0.1	1:1000
Raised triglycerides alone	Type IV	Familial or sporadic hypertriglyceridaemia	1	–
Hypoβlipoproteinaemia	None: low HDL	Often undiagnosed and associated with low HDL	10–25	50:1000
Hypoβlipoproteinaemia	None: low LDL and frequently VLDL	Familial, e.g. truncated apo-B	0.01–0.1	–

HDL, high-density lipoprotein cholesterol; IDL, intermediate-density lipoprotein cholesterol (VLDL remnants); LDL, low-density lipoprotein cholesterol; VLDL, very low-density lipoprotein cholesterol.
^a Among European adults.

in women) but not by region.¹² Of the minority ethnic groups in England (Black Caribbean, Indian, Pakistani, Chinese and Irish), the mean serum Total-c (including LDL-c) in both men and women is marginally lower than in the general population. However, ethnic variations in the prevalence of low HDL-c (<1.0 mmol/l) is considerable, with the highest rates for both sexes found in the Pakistani and Bangladeshi communities. In contrast, Black Caribbean males and females have a relatively low prevalence of low HDL-c.¹³

The prevalence of raised cholesterol levels according to different definitions is summarised in *Table 3*. In general, raised cholesterol levels

increase with age and tend to be higher in men than women. However, levels are greater in women after the age of 65 years. Overall, approximately 27% of people in England (data not available for Wales) have a serum cholesterol level ≥ 6.5 mmol/l and about 70% ≥ 5.0 mmol/l.

Aetiology, pathology and prognosis

Aetiology

Genetic predisposition, concomitant diseases (e.g. DM and chronic renal failure), certain medications (e.g. anabolic steroids, beta-blockers, corticosteroids and oral contraceptives), diet and lifestyle (e.g. smoking, physical inactivity) influence the total serum cholesterol level.¹⁴ Of these, dietary fat and cholesterol intake

TABLE 2 Blood lipid levels in England 2003 by age and sex¹² (data not available for Wales)

	Age (years)							Total
	16–24	25–34	35–44	45–54	55–64	65–74	75+	
Male								
Total-c (mmol/l) ^a								
Mean	4.5	5.3	5.8	5.9	5.8	5.5	5.3	5.5
10th percentile	3.4	4.0	4.3	4.6	4.5	4.0	3.9	4.0
90th percentile	5.7	6.7	7.2	7.3	7.2	7.1	6.6	7.0
LDL-c (mmol/l) ^b								
Mean	–	–	3.5	3.7	3.6	3.7	3.6	3.6
10th percentile	–	–	–	–	–	–	–	–
90th percentile	–	–	–	–	–	–	–	–
HDL-c (mmol/l)								
Mean	1.3	1.4	1.4	1.4	1.4	1.4	1.4	1.4
10th percentile	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
90th percentile	1.8	1.7	1.8	1.8	1.8	1.8	1.9	1.8
Triglycerides (mmol/l) ^b								
Mean	–	–	1.7	1.8	2.1	1.7	1.5	1.8
10th percentile	–	–	–	–	–	–	–	–
90th percentile	–	–	–	–	–	–	–	–
Female								
Total-c (mmol/l) ^a								
Mean	4.6	5.0	5.4	5.8	6.3	6.2	6.1	5.6
10th percentile	3.7	3.9	4.2	4.5	4.9	4.8	4.6	4.1
90th percentile	5.8	6.1	6.6	7.2	7.7	7.8	7.8	7.2
LDL-c (mmol/l) ^b								
Mean	–	–	3.2	3.5	3.8	3.9	3.9	3.6
10th percentile	–	–	–	–	–	–	–	–
90th percentile	–	–	–	–	–	–	–	–
HDL-c (mmol/l)								
Mean	1.6	1.6	1.6	1.7	1.7	1.7	1.6	1.6
10th percentile	1.2	1.1	1.1	1.2	1.2	1.2	1.2	1.2
90th percentile	2.0	2.0	2.0	2.2	2.3	2.3	2.1	2.1
Triglycerides (mmol/l) ^b								
Mean	–	–	1.2	1.3	1.5	1.6	1.5	1.4
10th percentile	–	–	–	–	–	–	–	–
90th percentile	–	–	–	–	–	–	–	–

^a Including those taking lipid-regulating drugs (6.2%).
^b Interpret with caution: values are based on very small sample sizes.

(saturated fatty acids) are the major determinants of the serum Total-c and LDL-c levels in populations. Approximately 50% of the inter-individual variation in plasma LDL-c is attributable to genetic predisposition.¹⁵ The most common and the most severe form of genetically predetermined hypercholesterolaemia is familial hypercholesterolaemia. HeFH is an autosomal codominant inherited disorder of lipoprotein metabolism, characterised by mutations of the LDL-c receptor, resulting in high levels of LDL-c. Currently, 800–1000 mutations have been identified at a single locus on chromosome 19

that causes genetically inherited primary hypercholesterolaemia.¹⁶ These mutations cause a variety of defects in LDL receptor function, including impaired synthesis, transport to the cell surface, binding and clustering at the cell surface and degradation. Cholesterol normally circulates in the body for 2.5 days, after which it is cleared by the liver. In familial hypercholesterolaemia, the half-life of an LDL particle is almost doubled to 4.5 days. This leads to markedly elevated LDL-c levels, with the other forms of cholesterol remaining normal. Each first-degree relative of an individual with familial hypercholesterolaemia

TABLE 3 Total-c levels in England 2003 according to different definitions¹⁰ (data not available for Wales)

Gender		Age (years)			
		16–44	45–64	65+	All (16+)
Total-c (mmol/l)					
% ≥6.5	Male	15.9	37.8	40.4	26.5
	Female	8.1	36.9	54.6	26.5
	Total	12.0	36.9	48.4	26.5
% ≥5.0	Male	57.6	85.8	81.9	69.9
	Female	50.4	84.5	91.7	69.3
	Total	54.0	85.2	87.3	69.9
Cholesterol ratio					
Total: HDL ≥5.0	Male	20.6	31.1	23.1	24.3
	Female	6.9	13.6	17.0	11.0
	Total	13.7	22.3	19.6	17.5
Total: HDL ≥7.0	Male	1.8	2.7	1.3	2.0
	Female	0.5	0.9	1.2	0.8
	Total	1.1	1.8	1.2	1.4

TABLE 4 Modifiable and non-modifiable risk factors for CVD¹⁸

Lipid risk factors	Non-lipid risk factors	
	Preventable risk factors	Non-preventable risk factors
Elevated serum triglycerides	Type 2 diabetes	Family history of premature CVD
Non-HDL cholesterol (VLDL + LDL)	High blood pressure	Increasing age
Low HDL cholesterol	Lack of physical activity	Male gender
	Overweight and obesity	Race/ethnicity
	Tobacco smoking	
	Alcohol consumption	
	Atherogenic diet	

(FH) has a 50:50 chance of also being affected by this condition, with males and females equally affected.¹⁷ Table 4 provides a list of other modifiable and non-modifiable risk factors for CVD.

A further discussion of the relationship between cholesterol and CVD is provided in the section 'Key issues' (p. 13).

Pathophysiology

The main physiological systems involved in the absorption, metabolism and storage of cholesterol and triglycerides are the small intestine, liver, adipose tissue and peripheral cells. These lipids are transported together with phospholipids within plasma by lipoproteins. Dietary cholesterol and triglycerides are carried by chylomicrons and endogenously synthesised triglycerides by LDL-c. Cholesterol is transported out to the periphery by LDL-c and returned to the liver by HDL-c. Other factors which influence elevated plasma

cholesterol levels include age, hormonal changes, diet, exercise and concomitant disease. Elevated concentrations of the plasma cholesterol promote atheroma formation in the walls of arteries, a condition known as atherosclerosis.

Atherosclerosis begins when a fatty streak develops on an arterial wall. This fatty streak is formed when monocytes congregate on the arterial wall in response to lipoprotein oxidation or other influences. When monocytes leave the bloodstream and migrate to the intima, they become macrophages. Macrophages then phagocytose oxidised LDL-c and die, thereby contributing to the lipid component of the fatty streak. Before they die, macrophages also secrete multiple growth factors that serve as the principal mitogens for connective tissue cells, such as fibroblasts and smooth muscle cells. Collagen is another principal contributor to atherosclerotic plaque, and its production leads to the formation of hard fibrous plaques, usually in the third decade of life.

In response to increased plaque volume, arterial remodelling occurs, which results in an outward expansion of the coronary arteries. The arteries expand in an effort to overcome the effects of the blockage, allowing blood to flow through the stenosed vessel segment. This expansion continues until the artery reaches its maximum point of flexibility and can no longer accommodate the continued growth of the plaque. This threshold generally occurs when the arterial stenosis reaches 40%. As the plaque ages, an increasing amount of fibrous tissue accumulates, leading to the formation of a fibrous cap, which is vulnerable to rupture.

Prognosis

A number of complications may occur if a high cholesterol level in blood is left untreated. As mentioned in the previous section, it can cause atherosclerosis, a slowly progressing formation and accumulation of plaque deposits within the intima of arteries, resulting in narrowing or blocking of arteries. These progressive arterial stenoses eventually lead to ischaemic vascular disease or coronary artery disease (CAD), and the rupture of a plaque can cause an MI (also called heart attack).

Table 5 presents the estimates of the risk of death according to serum cholesterol level in patients with hypercholesterolaemia. Raised serum cholesterol is a major risk factor for CHD. However, when it is used on its own, it is a relatively poor predictor of who will go on to have a CHD event – only 42% of those who will suffer a CHD event over 15 years will have a serum cholesterol greater than 6.5 mmol/l.⁹

People with HeFH generally have more than a 50% cumulative risk of fatal or non-fatal CHD in men and at least a 30% cumulative risk in women.¹⁹

Impact of health problem

Significance for patients in terms of ill-health (burden of disease)

In the UK, CVD (CHD, Str and other vascular diseases) accounted for nearly 216,000 deaths in 2004; about half (49%) of these were from CHD and about one-quarter (28%) from Str.¹ CVD is one of the main causes of premature death (death in people aged under 75 years). In 2004, it caused about 60,000 premature deaths in the UK, accounting for 32% of premature deaths in men and 24% in women.¹ CVD is also a significant cause of morbidity (approximately 2.7 million people have or have had CHD in the UK),¹ and can have a major impact on quality of life (QoL).

TABLE 5 Estimates of the risk of death according to serum cholesterol level in patients with hypercholesterolaemia⁸

Serum cholesterol (mmol/l)	Risk of death before age of 60 years (per 1000) ^a
<5	25
5–6	30
6–7	43
7–8	55
8–9	74
>9	130
HeFH	500

^a Death up to 60 years of age in men is chosen because of limited data on cholesterol in older age groups, on morbidity and on women. Combined CHD death and non-fatal symptomatic CHD is probably 2–3 times that of CHD death.⁸

CHD has been estimated to be the leading cause of disability in Europe, accounting for 10.5% of total disability-adjusted life-years.² Mortality and morbidity rates associated with CVD vary by socio-economic group (higher in manual social classes), geographic area (CHD is highest in the north of England and Wales and lowest in the south of England, particularly in the north and south Thames regions; Str is highest in the Yorkshire region and lowest in the Oxford region) and ethnic group (CHD is high among people from the Indian subcontinent and Str is particularly high in people of black Caribbean origin).¹

Cholesterol is a key component in the development of atherosclerosis (the accumulation of fatty deposits on the inner lining of arteries). Mainly as a result of this, cholesterol increases the risks of CVD. In 2002, the World Health Report¹¹ estimated that high cholesterol causes 18% of global cerebrovascular disease (mostly non-fatal events) and 56% of global ischaemic heart disease (IHD). In the UK, the British Heart Foundation²⁰ and the National Heart Forum²¹ suggest that high blood cholesterol is the single biggest modifiable risk factor for CHD (greater than the individual risk from physical inactivity, smoking, high blood pressure and obesity) with about 46% of CHD deaths (in people under 75 years of age) attributed to raised serum cholesterol. These data are similar to those reported for the US population.^{22,23}

Significance for the NHS

CVD is a major public health concern that imposes a substantial burden, both to the NHS and to the wider economy as a whole. In 2004, CVD cost the NHS about £15.7 billion

(representing 21% of overall NHS expenditure), with CHD and cerebrovascular disease accounting for 22% (£3.45 billion) and 30% (£4.69 billion) of the total, respectively. Hospital inpatient care was the largest component of CVD-related healthcare costs, representing £9.93 billion. Moreover, when the economic costs of CVD in terms of lost productivity due to CVD mortality and CVD-related incapacity and cost of informal care of incapacitated patients in the community are taken into account, the overall cost of CVD to the UK economy was estimated to be £29.1 billion.²⁴ On the evidence currently available, it is not possible to establish what proportion of the overall cost of CVD is directly attributable to primary hypercholesterolaemia.

Current service provision

Management of disease and national guidelines

The management of hypercholesterolaemia is constantly evolving. The main aim of treatment is to prevent or reduce the risk and complications of CVD.²⁵ Although blood cholesterol is an important risk factor for CHD, cholesterol lowering is only one of a number of methods of reducing the risk of CVD.⁹ Dietary and lifestyle modifications (e.g. weight loss, smoking cessation, aerobic exercise) are an integral part of risk management. If these are unsuccessful or the patient is at high risk, more aggressive therapy, including lipid-regulating drug therapy, is initiated.²⁶

The UK guidelines published in the National Service Framework (NSF) for CHD in 2000²⁷ advocate that patients with clinical evidence of CHD or those with a 10-year risk greater than 30% should be prescribed lipid-regulating drug therapy (combined with advice on diet and lifestyle), with the aim of reducing serum Total-c to less than 5 mmol/l (or a reduction of 20–25% if that produces a lower concentration) and LDL-c to below 3 mmol/l (or a reduction of about 30% if that produces a lower concentration). The recommended target Total-c and LDL-c levels are broadly similar to the guidelines issued by the NSF for CHD in Wales,²⁸ the Scottish Intercollegiate Guidelines Network (SIGN),^{29,30} the Clinical Resources Efficiency Support Team (CREST) Guidelines in Northern Ireland³¹ and the New General Medical Services (GMS) contract.³²

More recent guidance, published in 2004, from six Joint British Societies (JBS2)³ recommends lower

treatment thresholds [Total-c less than 4.0 mmol/l **and** LDL-c below 2.0 mmol/l in all people with CVD or at high risk (CVD risk \geq 20% over 10 years)]. Although the lipid targets in the NSF for CHD²⁷ have been superseded by new scientific evidence, they have been maintained as an audit standard for the management of cholesterol in patients with, or at risk of, CVD.³ In the USA, the revised NCEP ATP III guidelines³³ propose an optional lower LDL-c target of <1.8 mmol/l for people at very high risk. The UK, European and US guidelines for best practice are summarised in *Table 6*. It is noteworthy that although lowering cholesterol has been shown to reduce the risk of CV events, the optimal guideline targets are based on expert consensus agreement and have not been tested *a priori* by clinical trials.⁶ These guidelines may not be appropriate for people with FH.

At present, statins are the cholesterol-regulating drugs of choice for both primary and secondary prevention of CVD.^{3,27–31,33,35,36} In comparison with other lipid-regulating agents (e.g. anion-exchange resins, nicotinic acid or fibrates), statins are the most effective drugs for lowering surrogate end-points (Total-c by approximately 20–30% and LDL-c by about 25–50%)³⁷ and reducing coronary events, all CV events and total mortality.^{3,38} In 2006, the National Institute for Health and Clinical Excellence (NICE) issued guidance on the use of statins for the prevention of cardiovascular events to clinicians within the NHS in England and Wales.³⁹ The guidance recommends statin therapy for all adults with clinical evidence of CVD and as part of the management strategy for the primary prevention of CVD for adults who have a 20% or greater 10-year risk of developing CVD.

If targeted lipid levels (Total-c and LDL-c) are not achieved in people who are tolerant of statins, additional strategies may include increased dosage of the statin, changing to a more potent statin or combination therapy with statins and fibrate or nicotinic acid.^{3,38} If this fails or when people are intolerant of statins, other lipid-regulating drug therapies may be utilised in some people (*Table 7*). As noted earlier, target guidelines are based on expert consensus, and therefore the benefits of titrating, switching or combination therapy to reach an optimum goal are unknown. Individuals at very high risk who are resistant to medical therapy may require plasma apheresis.²⁶

Current service cost

Statins represent the largest drug spend in the NHS budget, costing £578 million in England⁴³

TABLE 6 Target lipid levels of consensus guidelines in the UK, Europe and USA

Guideline	Published	Population/risk group	Key lipid targets	
			Total-c (mmol/l)	LDL-c (mmol/l)
UK				
Joint British Societies-2 (JBS2)	2005 ³	Established atherosclerotic disease; CHD, Str or peripheral arterial disease; CVD risk \geq 20% over 10 years; DM	Optimal target <4.0 or 25% reduction (whichever is greater) Audit standard <5.0	Optimal target <2.0 or a 30% reduction (whichever is greater) Audit standard <3.0
National Service Framework for CHD (England)	2000 ²⁷	Diagnosed CHD/other occlusive vascular disease; without diagnosed CHD/other occlusive arterial disease but CHD risk >30% over 10 years	<5.0 or 30% reduction (whichever is greater)	<3.0 or 30% reduction (whichever is greater)
National Assembly for Wales	2001 ²⁸	With CHD; high risk of developing CHD	<5.0 or a reduction by 2 mmol/l	<3.0
Scottish Intercollegiate Guidelines Network (SIGN)	1999, ²⁹ 2000 ³⁰	With CHD (MI); CHD risk >30% over 10 years	<5.0	–
Clinical Resource Efficiency Support Team (CREST)	2000 ³¹	With CHD; without diagnosed CHD but CHD risk >30% over 10 years	<5.0	<3.0
General Medical Services Contract	2006 ³²	With CHD; Str/transient ischaemic attack; DM	<5.0	–
Europe				
European Society of Cardiology	2003 ³⁵	Without CVD; asymptomatic but at high risk of atherosclerotic CVD (including diabetes); established atherosclerotic CVD	<5.0 (in general) <4.5 (in clinically established CVD and diabetes)	<3.0 (in general) <2.5 (in clinically established CVD and diabetes)
USA				
National Cholesterol Education Program (ATP III)	2002, ³⁶ 2004 ³³	Established CHD and CHD risk equivalents (diabetes and multiple CHD risk factors with 10-year risk for CHD >20%) (all high risk); multiple (2+) risk factors, 10-year CHD risk <20% (moderately high risk); none or 1 risk factor (lower risk)	–	<1.8 (optional in very high-risk patients) <2.6 (high risk) <3.4 (moderate to moderately high risk) <4.2 (lower risk) (All lipid-lowering drug therapy should be sufficient to achieve at least 30–40% reduction in LDL-c levels)

and £40 million in Wales in 2005.⁴⁴ The estimated cost of statins in England in 2006 is approximately £389 million (data not available for Wales), based on prescribing rates (Table 8).

Ezetimibe is a comparatively new intervention and has only been available in England and Wales

since April 2003. Although prescribing rates for ezetimibe are small in comparison with statins, the current prescribing growth rate is high (see the section 'Impact on the NHS', p. 69). The impact of the current growth rate on the future number and type of patients who will receive ezetimibe as monotherapy or combination therapy is uncertain.

TABLE 7 Comparative features of other lipid-regulating drugs^{7,40}

Drug class, agents and daily dose ³⁸	Main indication and use	Lipid/lipoprotein effects	Adverse effects	Contraindications	Comments
Anion-exchange resins ^d	Hypercholesterolaemia	LDL-c: decreased by 15–30% HDL-c: increased by 5–15% TG: no change or increase	Gastrointestinal dysfunction (e.g. constipation, nausea and flatulence)	Hypertriglyceridaemia, peptic ulcer, haemorrhoids	Poor tolerability and unpalatability often limit use ⁴¹ However, useful, when tolerated, in moderate or higher dose as adjunct to statins and other therapies, for greater reduction of LDL-c (e.g. FH) ⁶
Fibrates ^b	Hypertriglyceridaemia, mixed hyperlipidaemia	LDL-c: decreased by 5–20% (may be increased in patients with high TG) HDL-c: increased by 10–20% TG: decreased by 20–50%	Myositis-like syndrome, increased bile lithogenicity, pruritus, urticaria, impotence, headache, vertigo, dizziness, fatigue, hair loss	Renal or hepatic impairment, gall bladder disease, pregnancy, breast-feeding, cirrhosis (Never use gemfibrozil with statin)	Not a first-line therapy for isolated hypercholesterolaemia as they have only a moderate effect on LDL-c levels. People with mixed hyperlipidaemia may be prescribed statin plus fibrate. ⁶ Fibrates may be considered first-line therapy in those with severe hypertriglyceridaemia ³⁸ or familial dysbetalipoproteinaemia ⁶
Nicotinic acid and analogues ^c	Combined mixed dyslipidaemia	LDL-c: decreased by 5–25% HDL-c: increased by 15–35% TG: decreased by 20–50%	Gastrointestinal disturbances, vasodilatation, flushing, rash, itching, headaches	Pregnancy, breast-feeding, peptic ulcer (acipimox). Caution in patients with gout, diabetes, liver disease	Rarely prescribed in the UK due to adverse effects; ⁴² however, modified/extended release preparations have been developed and appear to be better tolerated and may have a useful role in high-risk people with difficult to control dyslipidaemia ⁶

^a Colestyramine (12–24 g/day; maximum 36 g/day); colestipol hydrochloride (5–10 g/day; maximum 30 g/day).

^b Bezafibrate (400–600 mg/day); ciprofibrate (100 mg/day); fenofibrate (160–267 mg/day); gemfibrozil (1200 mg/day).

^c Nicotinic acid (standard release, 300 mg/day–6 g/day; modified release, 375 mg/day–2 g/day); acipimox (500–750 mg/day).

TABLE 8 Lipid-regulating prescribing rates^a for 2005 in England⁴³ (data not available for Wales)

Selected lipid-regulating drug		Dose (mg)	% of patients	Annual cost ^b (£000)	% of all lipid-regulating drug
Statins ^c	Atorvastatin	10	19.75	120,234	
		20	11.75	97,752	
		40	6.18	58,857	
		80	1.34	12,731	
		All	39.02	289,574	
	Fluvastatin	20	0.48	2,061	
		40	0.73	3,111	
		80	0.32	1,747	
		All	1.53	6,919	
	Pravastatin	10	1.04	1,347	
		20	1.87	3,221	
		40	3.66	6,643	
		All	6.57	11,211	
	Rosuvastatin	5	0.001	15	
		10	3.21	19,536	
		20	0.57	3,444	
		40	0.11	1,093	
		All	3.89	24,087	
	Simvastatin	10	9.32	6,000	
		20	19.90	16,679	
40		18.89	27,446		
80		0.88	7,185		
All		48.99	57,310		
	All	–	–	389,101	94.90
Ezetimibe	Ezetimibe monotherapy	10	97.57	17,391	
		10/20	1.27	287	
		10/40	0.99	261	
		10/80	0.18	49	
	All	–	–	17,988	1.90
Nicotinic acid	All	–	–	517	0.07
Cholestyramine	All	–	–	2,045	0.21
Fibrates	All	–	–	14,285	2.37

^a Data for all lipid-regulating drugs not shown.
^b Total costs according to prescribed doses, prescribing rates as per 2005 and costs as per 2006.
^c Includes both generic and non-generic drugs.

The literature suggests that 72% of individuals on statins are at target in the UK.⁴⁵ It is uncertain at the moment what proportion of the individuals who are not at target on current medications will receive ezetimibe in the future. Future prescribing rates are likely to be influenced by (1) evidence from long-term studies demonstrating effectiveness in terms of hard clinical outcomes, (2) evidence of long-term adverse event rates, (3) the rate of effectiveness in reducing lipids in

clinical practice and (4) identification of subgroups likely to benefit from ezetimibe treatment.

Variation in services and/or uncertainty about best practice

As ezetimibe is a relatively new treatment, there is a dearth of evidence on variations in prescribing rates. It is likely that variation in ezetimibe prescribing rates could be correlated with variations in statin prescribing rates. Statin

prescribing has been shown to vary between^{46,47} and within countries,^{48,49} between health authorities and GPs^{48,50–52} and between patients on the basis of gender,^{48,49,53–55} demographics,^{48,56} ethnicity⁵⁷ and deprivation.⁵⁸ Despite the widespread variation, there has been an exponential rise in the number of people with CVD being treated with statins, from 49.4% in 2002 to 71.5% in 2004–5. However, about one-third (33.2%) of patients fail to reach the NSF targets of lowering cholesterol below 5 mmol/l.⁵⁹ Other UK studies in patients with CHD or at high CHD risk suggest a figure of around 50%.^{60–63}

A survey evaluating statin prescribing in UK general practice⁶⁴ found that the success in lowering Total-c levels to less than 5 mmol/l was achieved at the first dose of statin in 65% of patients with CHD. However, only 46% achieved a cholesterol reduction of 25%. After dose titration or switching of statin therapy, 78% of patients with CHD reached the 5 mmol/l or less target and 56% achieved a 25% reduction in Total-c. The authors suggested that these modest improvements in achieving targets may reflect caution and a reluctance to use high doses or (switch to) newer statins that provide greater cholesterol reduction in UK general practice.⁶⁴ Other studies have also found that the failure to achieve target levels may be due to either the use of suboptimal doses of statins⁶⁵ or observed reductions in clinical practice are less than those projected by package insert guidelines.⁶⁶ Moreover, with all statins, the greatest proportion of LDL-c lowering occurs at the initial dose and each subsequent doubling of the statin dose produces, on average, an additional 6% incremental reduction in LDL-c beyond that achieved by the starting dose⁶⁷ (e.g. a three-step titration, equivalent to increasing the dose from 10 to 80 mg simvastatin, will result in approximately an additional 18% reduction in LDL-c).

Prescription cost analyses⁴³ and data from the Primary Care Data Quality audit⁵⁹ show that the average statin dose prescribed in the UK is less than that used in clinical trials. Initiation of statins at evidence-based doses (e.g. MRC/BHF Heart Protection Study, 40 mg simvastatin in high-risk individuals) may be more common in secondary care than in primary care, but the reason for this is unknown.⁶⁸ A reluctance to prescribe statins at the higher maximum doses in clinical practice and the failure to titrate statins may be due to a variety of reasons. For physicians, patient compliance, fear of adverse effects (higher doses of statins are associated with an increased risk of serious adverse

events, including liver enzyme abnormalities and myopathy, unacceptable benefit/risk ratio and increased intolerance), and the limited availability of time and resources are perceived to be key barriers for statin titration.⁶⁹ On the other hand, there may be a reluctance to change to another statin, especially if it means sacrificing a good all-round lipid profile for lower LDL-c.^{68,70}

Although statins are the first-line therapy for treating CVD, a small but significant proportion of patients (1–3%) are unable to tolerate statins due to gastrointestinal or muscular side effects.⁷¹ In addition, more than 30% of patients receiving statins switch from their initial therapy within the first year of treatment⁷² and more than 50% of patients discontinue statin therapy within 3 years.^{73,74} It is noteworthy that the data for the high discontinuation rates do not seem to be in agreement with the largest published audit on secondary prevention in English general practices, which suggests that the proportion of patients reaching the 5 mmol/l target has progressively increased from 44.7% in 2002 to 67.6% in 2004–5.⁵⁹ A more recent figure of 72% has been quoted by Kirby and colleagues,⁴⁵ which is based on data from the Quality and Outcomes Framework (QOF) within the General Medical Services Framework (GMF).

Description of technology under assessment

Ezetimibe has been proposed for the treatment of patients with primary hypercholesterolaemia. This section of the report summarises the product characteristics of the intervention (further details are available from the electronic Medicine Compendium website at www.medicines.org.uk).

Summary of interventions

Ezetimibe

Description

Ezetimibe is a unique cholesterol absorption inhibitor that blocks the intestinal absorption of dietary and biliary cholesterol and related plant sterols without affecting the uptake of triglycerides or fat-soluble vitamins. It is orally active and its mechanism of action differs from that of other classes of cholesterol-reducing compounds (including statins, bile acid sequestrants, fibric acid derivatives and plant sterols). Due to its distinct mechanism of action, it can also be combined with a statin (which inhibits the synthesis of cholesterol) to provide complementary cholesterol reduction.

Licensed indications

Ezetimibe monotherapy [Ezetrol[®], Merck Sharp and Dohme Limited/Schering-Plough Limited (MSD/SP)] is licensed as an adjunctive therapy to diet for:

- Primary (heterozygous familial and non-familial) hypercholesterolaemia in patients in whom a statin is considered inappropriate or is not tolerated.
- Primary (heterozygous familial and non-familial) hypercholesterolaemia, co-administered with a statin, in patients who are not appropriately controlled with a statin alone.
- Homozygous familial hypercholesterolaemia, co-administered with a statin. Patients may also receive adjunctive treatments such as LDL-c apheresis.
- Homozygous familial sitosterolaemia.

A fixed-dose combination tablet containing ezetimibe and simvastatin (Inegy[®], MSD/SP) is also licensed as an adjunctive therapy to diet for use in:

- Primary (heterozygous familial and non-familial) hypercholesterolaemia or mixed hyperlipidaemia where use of a combination product is appropriate: patients not appropriately controlled with a statin alone or patients already treated with a statin and ezetimibe.
- Homozygous familial hypercholesterolaemia. Patients may also receive adjunctive treatments such as LDL-c apheresis.

Dosage and administration

The recommended dose of ezetimibe monotherapy is 10 mg once daily, which may be taken orally at any time of the day with or without food.

A single fixed-dose combination tablet containing ezetimibe/simvastatin is recommended for hypercholesterolaemia at a typical daily dose of 10/20 or 10/40 mg in the evening (administered orally with or without food). The 10/80 mg daily dose is only recommended in patients with severe hypercholesterolaemia at high risk for CV complications.

Contraindications

Ezetimibe monotherapy is contraindicated in patients who:

- have a known hypersensitivity to ezetimibe or to any of the excipients

- are pregnant and lactating (if co-administered with a statin)
- have active liver disease or unexplained persistent elevations in serum transaminases (if co-administered with a statin).

A fixed-dose combination tablet containing ezetimibe/simvastatin is contraindicated in patients who:

- have a known hypersensitivity to ezetimibe, simvastatin or any of the excipients
- are pregnant and lactating
- have active liver disease or unexplained persistent elevations in serum transaminases.

Identification of important subgroups

Current guidelines recommend prescribing lipid-regulating interventions based on patients' CVD status or risk.³⁹ The current study reviews the role of ezetimibe treatment in individuals with primary hypercholesterolaemia who do not achieve recommended lipid targets on statin treatment. The individuals who have the greatest potential to benefit from additional lipid-lowering strategies include those with the highest baseline risk. It is generally acknowledged that baseline risk is higher in people with diabetes and some ethnic groups. However, the identification of these individuals who are not currently receiving lipid-lowering treatments is outside the remit of this review.

For those individuals on optimal statin treatment, the failure to achieve recommended targets may be due to either non-compliance to treatment, failure to titrate or switch current treatments, high baseline lipid profiles or a combination of these. Identifying subgroups of patients in clinical practice for whom ezetimibe treatment would be particularly appropriate or inappropriate either as combination therapy or as monotherapy should therefore be addressed on an individual basis.

If non-compliance of treatment is the problem, then switching treatments (to a higher dose of current statin, a more potent statin or a combination of ezetimibe plus current statin) is unlikely to increase adherence. Possible reasons for failure to either titrate or switch current treatments are discussed in the section 'Variation in services and/or uncertainty about best practice' (p. 9), and the growth in prescribing rates for ezetimibe (see the section 'Impact on the NHS', p. 69) suggests that clinicians who may be reluctant to titrate or switch to more potent treatment could now be prescribing ezetimibe as an alternative.

It has been suggested that those individuals with a baseline Total-c of 6.5 mmol/l or greater are unlikely to reach targets on simvastatin 40 mg.⁴⁵ However, it is likely that individuals who are fully compliant to maximum tolerated treatments who do not achieve target levels would have very high baseline lipids. These patients are likely to include those with HeFH. Although a definitive diagnosis can be made using DNA-based methods, a clinical diagnosis of FH is widely used.¹⁹ In the UK, the Simon Broome Register Group were instrumental in introducing two categories of definite and possible FH and have established a set of clinical diagnostic criteria for FH. These criteria define definite FH by raised cholesterol levels in conjunction with the presence of tendon xanthomas and/or DNA-based evidence of an LDL receptor mutation or familial defective apolipoprotein B-100, whereas possible FH is defined through the presence of raised cholesterol and a family history of either raised cholesterol or early heart disease.¹⁹ A similar diagnostic tool has been developed by the Dutch Lipid Network and is based on pretreatment LDL-c concentrations, other clinical manifestations and a family history, but it also includes a numerical score providing three categories of a FH diagnosis as either definite, probable or possible.⁷⁵ Further details of these criteria are presented in Appendix 1 and a comprehensive review of FH diagnostic problems, including a discussion of various classification systems, has been published by Marks and colleagues.¹⁹

Current usage in the NHS

In 2005, approximately 740,000 prescriptions of ezetimibe were dispensed in England and Wales, costing about £24 million in England⁴³ and £2 million in Wales.⁴⁴

The growth rate for ezetimibe prescribing is high, as might be expected with a new intervention when the target population is large. It is thought that the growth rate could continue, at least in the immediate future, and based on the current growth rate it is estimated that approximately 1.4 million prescriptions could be dispensed in England and Wales in 2006 and approximately 2 million prescriptions in 2007.

Variation in services is difficult to quantify, but based on data for prescribing of statins, it is likely

that prescribing could be influenced by characteristics such as age, possibly type of CHD history and geographical features with individuals in deprived areas being less likely to receive ezetimibe than those in thriving areas.¹²

Due to recently published recommendations, there has been a large increase in the number of statins prescribed in recent years. It is likely that this trend could also be seen in prescribing rates for ezetimibe treatment if long-term evidence demonstrates effectiveness in terms of reductions in CV events.

Primary care trust policies for prescribing rates of lipid-regulating agents have shown a four-fold variation in the past and it is probable that this trend will be reflected in prescribing rates for ezetimibe.⁷⁶ With the current and imminent changes in healthcare structures within the UK, it is unlikely that the variation between geographical areas will reduce.

Anticipated costs associated with intervention

Assuming that the growth rate continues, the total gross cost for ezetimibe prescribing in 2006 is expected to be approximately £37 million. A recently published study suggested that a substantial number of patients treated with a statin fail to achieve the recommended cholesterol levels.⁶⁸ For those individuals whose treatment strategy is changed, monitoring costs are likely to increase and a recent article suggested that a follow-up and review of patients at 3 months would be required to monitor progress, side-effects and the need for up or down titration of statin treatment.⁴⁵ As the safety profile of ezetimibe is unknown, the suggested monitoring would be the minimum that individuals newly prescribed ezetimibe treatment should receive. These costs should be included in the costs associated with treatment.

However, a proportion of the costs associated with ezetimibe treatment are likely to be offset by the costs of alternative lipid-lowering treatments such as statin titration. In addition, if the observed reductions in LDL-c due to ezetimibe treatment translate into additional reductions in CV events, then treatment costs could also be offset by the costs saved through events avoided.

Chapter 2

Definition of the decision problem

Decision problem

Interventions

The following interventions (within their licensed indications) are assessed:

- For patients whose condition is not adequately controlled with a statin alone (defined as failure to achieve target lipid level), the intervention is ezetimibe plus statin combination therapy.
- For patients in whom a statin is considered inappropriate or is not tolerated, the intervention is ezetimibe monotherapy.

Population including subgroups

The population for the assessment will include adults (aged 18 years and over) with primary (heterozygous familial and non-familial) hypercholesterolaemia who are candidates for treatment with statins on the basis of their CVD status or risk and whose condition is not appropriately controlled to UK lipid targets with a statin alone, or in whom a statin is considered inappropriate or is not tolerated. Information will also be sought for people with or without existing IHD or other vascular disease, people with or without diabetes and for different ethnic groups.

Relevant comparators

For patients whose condition is not adequately controlled with a statin alone (defined as failure to achieve a target lipid level), the relevant comparators are:

- optimal statin therapy
- treatment with a statin in combination with other lipid-regulating drugs, such as nicotinic acid, bile acid resins or fibrates.

For patients in whom a statin is considered inappropriate, or is not tolerated, the relevant comparator is:

- other lipid-regulating drugs, such as nicotinic acid, bile acid resins, fibrates or no treatment.

Outcomes

The following outcomes are assessed:

- survival
- fatal and non-fatal CV events
- adverse effects of treatment
- health-related quality of life (HRQoL).

Where information on clinical end-points is unavailable, consideration will be given to surrogate end-points, such as Total-c, LDL-c and HDL-c, together with evidence linking these to clinical endpoints.

Key issues

Linking changes in lipids to clinical outcomes

A large body of epidemiological evidence, including the Framingham Heart Study⁷⁷ and the Multiple Risk Factor Intervention Trial (MRFIT),⁷⁸ has demonstrated a strong correlation and causal relationship between a broad range of serum cholesterol values (there is no definite threshold below which a lower cholesterol concentration is not associated with a lower risk),^{79–81} particularly LDL-c, and the risk of CVD. Although the association between LDL-c concentrations and CHD risk is continuous, it is not thought to be linear. As risk increases more sharply with rising LDL-c levels, this results in a curvilinear or log-linear relationship.⁸²

Numerous clinical outcome trials have established that lowering LDL-c is associated with a reduced risk for CV events and mortality in people with or at high risk of CVD. The strongest evidence that reducing LDL-c improves clinical outcomes comes from several systematic reviews and meta-analysis of clinical studies. A study by Law and colleagues,⁸³ which investigated the relationship between LDL-c reduction and the risk of CHD events in 58 trials (including 148,321 patients) of cholesterol-lowering drugs, showed that a reduction in LDL-c of 1.0 mmol/l reduced the risk of CHD events by up to 36% over 6 or more years of treatment, regardless of initial risk. A more recent meta-analysis by the Cholesterol Treatment Trialists' Collaborators (CTTC),⁷⁹ which included data from 90,056 patients in 14 randomised trials

of statins, found that a 1 mmol/l reduction in LDL-c was associated with a 23% reduction in the 5-year incidence of a major coronary event (non-fatal MI or CHD death), and a 21% reduction in major coronary events, coronary revascularisation and Str.

Although the majority of evidence for the benefits of lowering LDL-c is derived from randomised controlled trials (RCTs) investigating statin treatment, treatment to lower LDL-c levels is associated with CV outcome benefits independent of the treatment used. A meta-analysis of data from clinical trials assessing non-statin cholesterol-lowering therapies (including bile acid sequestrants, fibrates, nicotinic acid, surgery and diet) by Gould and colleagues,⁸⁴ demonstrated that lowering cholesterol levels was associated with reductions in CHD mortality. Importantly, when statin trials were included in the meta-analysis, the relationship between cholesterol lowering and CHD mortality was found to be similar to that observed in the non-statin trials.

A more recent meta-analysis by Robinson and colleagues,⁸⁵ which specifically assessed the relationship between LDL-c and CHD risk using data from 81,859 patients enrolled in nine trials of non-statin treatments (bile acid sequestrants, surgery and diet) and 10 statin trials, found that larger reductions in LDL-c were associated with greater reductions in CHD risk, with no difference between the statin and non-statin trials. These findings are consistent with that of the Gould and colleagues,⁸⁴ and the CTTC⁷⁹ analysis. It is noteworthy that the study by Robinson and colleagues,⁸⁵ specifically assessed treatments that primarily lower LDL-c, and thus excluded trials of fibrates and niacin, which primarily improve triglycerides and HDL-c, respectively. Moreover, they also observed that the pleiotropic effect of statins, either as a class or individually, does not contribute to additional CHD risk reduction beyond that expected from the degree of LDL-c lowering seen in other trials that primarily lowered LDL-c over approximately 5 years.⁸⁵

Modelling the link between changes in lipids and reductions in CV events

As there is no evidence of the effectiveness of ezetimibe in reducing clinical end-points, a literature review was conducted to identify the most robust methodology to link the changes in surrogate measures (the lipid profile) to clinical events (see the section 'Methods',

p. 43). The searches identified several possible methods, including the Framingham, United Kingdom Prospective Diabetes Study (UKPDS) or PROCAM equations, evidence based on the WOSCOPS study and the results of a meta-analysis performed by the CTTC.^{77,79,86-88}

A combination of soft operational research (OR) (strategic choice approach, cognitive maps) and hard quantitative techniques were used to examine the choice of modelling methods.⁸⁹ A selection of predefined criteria⁹⁰ was expanded and updated and used to shortlist the possible methods to a final choice between the Framingham risk engines^{77,87} and the CTTC evidence.^{79,89} A summary of the techniques used is provided in Appendix 13.

The Framingham Heart Study

The Framingham study, based on individuals from the general population of Framingham in Massachusetts, USA, is well known and the CV risk engines generated as a result of this study are used to predict a one-off risk for individuals worldwide^{77,87} However, the data were collected several decades ago (from the 1970s) and the incidence of coronary disease has changed in the interim; for example, there has been a 50% drop in male CHD mortality over this period.⁹¹ The sensitivity and specificity of the algorithms have been extensively studied in different populations and the results have shown that the algorithms can substantially underestimate events for individuals at high risk and overestimate events for individuals at low risk.⁹²⁻⁹⁶ The recent literature, which suggests that variables such as geographical and socio-economic factors should be utilised to improve the accuracy of CV risk scores, would presumably apply to the original risk engines.^{97,98} However, the Framingham equations have become both national and international standards and are used worldwide to determine thresholds at which treatments should be initiated.

Although Framingham risk engines have been used to predict events before and after treatment in previous economic evaluations,⁹⁹⁻¹⁰¹ the main criticism of using this methodology is that the algorithms were not formulated to predict and continually re-evaluate risks based on chemically induced changes in the parameters used in the regressions. In addition, any errors in the predicted risk will be cumulative when the equations are applied annually over a lifetime.

The Cholesterol Treatment Trialists' Collaborators

The CTTC meta-analysed patient-level data from 14 randomised trials of statins involving over 90,000 individuals.⁷⁹ The full cohort included both male and female patients with or without existing CHD or diabetes. Ages ranged from 21 to 79 years¹⁰² and the mean sub-study LDL-c measurements ranged from 3.03¹⁰³ to 4.96 mmol/l.¹⁰⁴ The authors concluded that irrespective of the initial lipid profile or other presenting characteristics, statin therapy reduced the 5-year incidence of major coronary events and Str by about one-fifth per mmol/l reduction in LDL-c. Benefits were significant within the first year but were greater in subsequent years.

By examining the incidence rates of first events since the start of the studies, the CTTC analysts established that there was an approximately linear relationship between absolute reductions in LDL-c and the proportional reductions in major vascular events. At 1 year, the mean LDL-c differences in the trials ranged from 0.35 to 1.77 mmol/l. When subgrouped by changes in LDL-c over time, the analysts found that a sustained reduction in LDL-c of 1 mmol/l over 5 years may produce a proportional reduction in major vascular events of about 23% as opposed to 21% when using the weighted analysis.

A core advantage that this particular meta-analysis has over previously published data is the use of individual patient data, which allows detailed subgroup analyses such as exploring the impact of baseline LDL-c levels, age, sex and CV history, which are difficult when using published data. The data demonstrated that the proportional risk reduction increased over the 5-year period (14 versus 29% for CHD events, 4 versus 21% for Str) and it has been suggested that the real reduction could be substantially greater than the cited 23% reduction.¹⁰⁵ It has also been suggested that the results could be underestimated by intention-to-treat (ITT) analyses (a proportion of individuals randomised to placebo switched to statins and a proportion randomised to statins discontinued treatment), the exclusion of studies with larger LDL-c reductions and the inclusion of studies where treatment effectiveness is affected by poor compliance and short duration.¹⁰⁵

Preferred choice of method to link changes in lipid measurements to CV events

The final decision to use the CTTC data to link changes in lipid measurements to CV events was derived using a combination of problem structuring methods (PSM) and hard OR techniques (Appendix 13). An important criterion in the final decision was that the Framingham evidence was much older than the CTTC data and that the risk equations were not designed to predict changes in risk due to chemically induced changes in cholesterol levels, whereas the results of the CTTC meta-analysis are based on more recent data obtained from patients receiving lipid-lowering therapies. However, it is necessary to assume that the relationship between statin-induced changes in LDL-c and CV events is equivalent for individuals receiving ezetimibe monotherapy or ezetimibe in combination with statin treatment.

Overall aims and objectives of assessment

The main aim of this review is systematically to evaluate and appraise the clinical effectiveness and cost-effectiveness of ezetimibe (in its licensed indication) as combination therapy or monotherapy for the treatment of primary hypercholesterolaemia.

More specifically, the objectives of the review are to:

- Evaluate the clinical effectiveness of ezetimibe as combination therapy or monotherapy in terms of mortality and cardiovascular morbidity. Surrogate end-points (such as total, LDL and HDL cholesterol) will be utilised where information on clinical end-points is unavailable.
- Evaluate the adverse effect profile and toxicity.
- Evaluate the cost-effectiveness of ezetimibe in terms of incremental cost per quality-adjusted life-year (QALY).
- Advise on the patient groups for whom ezetimibe might be particularly appropriate.
- Estimate the possible overall cost in England and Wales.

The review will not consider the use of ezetimibe in people with homozygous familial hypercholesterolaemia or homozygous sitosterolaemia.

Chapter 3

Assessment of clinical effectiveness

A review of the evidence for clinical effectiveness was undertaken systematically following the general principles recommended in the Quality Of Reporting Of Meta-analyses (QUOROM) statement.¹⁰⁶

Methods for reviewing effectiveness

Identification of studies

Searches were carried out to:

- identify studies for inclusion in the review of clinical effectiveness
- identify studies for inclusion in the review of cost-effectiveness
- inform the development of the independent economic assessments.

The search strategy used to identify studies for the review of clinical effectiveness is reported in this section. All other searches are reported in the sections 'Search strategy' (p. 35) and 'Methods' (p. 43).

Identification of studies for the review of clinical effectiveness

The aim of the search was to provide as comprehensive a retrieval as possible of RCTs of ezetimibe for the treatment of hypercholesterolaemia.

Sources searched

Eleven electronic databases were searched, providing coverage of the biomedical and grey literature and current research. The publications lists and current research registers of seven health services research-related organisations were consulted via the Internet. Keyword searching of the Internet was undertaken using the Google search engine. The submissions of evidence to NICE by sponsors were handsearched, in addition to references of retrieved papers. A list of the sources searched is provided in Appendix 2.

Keyword strategies

Sensitive keyword strategies using free text and, where available, thesaurus terms were developed to search the electronic databases. Synonyms

relating to the intervention [e.g. ezetimibe, ezetrol, zetia, vytorin, inegy and Chemical Abstracts Service (CAS) Registry number or Enzyme Commission (EC) number: 163222-33-1] were combined with synonyms relating to the condition (e.g. hypercholesterolaemia, hypercholesterolaemia). Keyword strategies for all electronic databases are provided in Appendix 2.

Search restrictions

A methodological filter aimed at restricting search results to RCTs was used in the searches of MEDLINE and EMBASE. The search of Pre-MEDLINE was restricted to the last 180 days to capture recent and unindexed MEDLINE references. Date limits were not used on any other database. Language restrictions were not used on any database. All searches were undertaken between April and June 2006.

Inclusion and exclusion criteria

Two reviewers independently screened all titles and abstracts. Full texts of any titles/abstracts that were considered relevant by either reviewer were obtained where possible. The relevance of each paper was assessed according to the criteria set out below. A trial flow chart is presented in Appendix 3. Any disagreements were resolved by discussion.

Population

Adult patients (defined as >18 years of age) with primary (heterozygous familial and non-familial) hypercholesterolaemia were included in the review, whereas adults with homozygous familial hypercholesterolaemia or homozygous sitosterolaemia were excluded.

Interventions

This review covered the effectiveness of the following intervention, used within its respective licensed indication:

- For patients whose condition is not adequately controlled with a statin alone, the intervention was ezetimibe (Ezetrol[®], MSD/SP) co-administered with a statin or a fixed-dose combination tablet containing ezetimibe and simvastatin (Inegy[®], MSD/SP).
- For patients in whom a statin is considered inappropriate, or is not tolerated, the

intervention is ezetimibe monotherapy (Ezetrol[®], MSD/SP).

Comparators

The comparator treatment included the following:

- For patients whose condition is not adequately controlled with a statin alone, the relevant comparator was optimal statin monotherapy or treatment with a statin in combination with other lipid-regulating drugs (e.g. nicotinic acid, bile acid resins or fibrates).
- For patients in whom a statin is considered inappropriate, or is not tolerated, the relevant comparator was an alternative lipid-regulating agent (e.g. nicotinic acid, bile acid resins or fibrates) or no treatment.

Outcomes

Data on the following outcomes were included: survival, fatal and non-fatal CV events, adverse effects of treatment and HRQoL. Where information on clinical end-points is unavailable, consideration was given to surrogate end-points, such as LDL-c, Total-c and HDL-c.

Study design

Phase III RCTs of at least 12 weeks' duration were included on the ground that trials of less than 12 weeks' duration are unlikely to inform on survival, CVD events, adverse events or HRQoL due to lipid-lowering treatments. In the absence of clinical end-point data from trials, we identified and included data from RCTs of sufficient duration (i.e. at least 12 weeks) with surrogate end-point data. Studies of less than 12 weeks' duration were excluded to allow for the tachyphaloxis effects. This decision was supported by clinical expert opinion. In addition, current licensing authorities [i.e. European Medicines Agency (EMA)] require a minimum follow-up of 3 months for surrogate end-points in lipid-lowering drug therapies.¹⁰⁷

Reviews of primary studies were not included in the analysis, but retained for discussion and identification of additional trials. The following publication types were excluded from the review: non-randomised studies (except for adverse events); animal models; preclinical and biological studies; narrative reviews, editorials, opinions; non-English language papers; and reports where insufficient methodological details were reported to allow critical appraisal of the study quality.

Data abstraction strategy

Data relating to study design, quality and results were extracted by one reviewer into a standardised

data extraction form and independently checked for accuracy by a second reviewer. Any discrepancies were resolved by consensus. Where multiple publications of the same study were identified, data were extracted and reported as a single study.

Critical appraisal strategy

The quality of the included studies was assessed (unblinded) by one reviewer and independently checked for agreement by a second. Disagreements were resolved by consensus. The quality of the clinical effectiveness studies was assessed according to criteria based on those proposed by the NHS Centre for Reviews and Dissemination.¹⁰⁸ The purpose of this assessment was to give a narrative assessment of the potential for bias in the studies and, in the event that statistical synthesis (meta-analysis) was appropriate, to inform sensitivity analysis.

Methods of data synthesis

Data were tabulated and discussed in a narrative review. Where appropriate, meta-analyses were employed to estimate a summary measure of effect on relevant outcomes. All analyses were by ITT or modified ITT (analysis of subset of patients who received treatment as planned or at least some treatment). Efficacy results were reported as least-squares (LS) mean percentage change from baseline to study end-point for comparison groups. Where appropriate, the standard deviations (SDs) and 95% confidence intervals (CIs) were calculated using the method documented in the Cochrane Handbook to perform meta-analyses of the published literature.¹⁰⁹

Meta-analyses were carried out using fixed and random effect models, with the Cochrane Collaboration Review Manager 4.2.3 software. Heterogeneity between trial results was explored through consideration of the study populations, methods and interventions, by visualisation of the results and, in statistical terms, by the χ^2 test for homogeneity and the I^2 measure. The χ^2 test measures the amount of variation in a set of trials. Small p -values imply that there is more heterogeneity present than would be expected by chance. The χ^2 test is not particularly sensitive: a cut-off of $p < 0.10$ is often used to indicate significance, but lack of statistical significance does not mean that there is no heterogeneity. The I^2 measure is the proportion of variation that is due to heterogeneity rather than chance. Large values of I^2 suggest heterogeneity. I^2 values of 25, 50, and 75% could be interpreted as representing low, moderate and high heterogeneity, respectively.¹¹⁰

Handling of the company submission

Company submissions were screened for data additional to those identified in published studies retrieved from the literature search.

Results

Quantity and quality of research available

Number of studies identified

A total of 397 titles and abstracts were screened for inclusion in the review of clinical effectiveness. Of the titles and abstracts screened, 64 full papers were retrieved and assessed in detail. A flow chart describing the process of identifying relevant literature can be found in Appendix 3.

Number and type of studies included

To date, there have been no published clinical outcome trials (>12 weeks) examining the CV benefit of ezetimibe, either alone or in combination with statins. In the absence of data from hard clinical end-point trials, we identified and included 13 Phase III RCTs with surrogate end-points in the review.

For patients whose condition is not adequately controlled with a statin alone

Fixed dose. Of six identified studies, four compared combination of ezetimibe and simvastatin with simvastatin alone,^{111–114} one compared combination of ezetimibe and atorvastatin with atorvastatin alone¹¹⁵ and one compared combination of ezetimibe and pravastatin with pravastatin alone.¹¹⁶

Titration studies. Of the five included studies, two compared combination of ezetimibe and atorvastatin with atorvastatin alone,^{117,118} one compared combination of ezetimibe and simvastatin with atorvastatin alone,¹¹⁹ one compared combination of ezetimibe and simvastatin with simvastatin alone¹²⁰ and one compared combination of ezetimibe and statin with combination of niacin and statin.¹²¹

For patients in whom a statin is considered inappropriate, or is not tolerated

Seven studies compared ezetimibe monotherapy with placebo.^{111–113,115,116,122,123}

Number and type of studies excluded

A total of 51 studies were excluded. The majority of the excluded trials either did not meet the Population, Intervention, Comparison and Outcome (PICO) criteria, or were less than

12 weeks' duration, non-RCTs, systematic reviews/meta-analyses or ongoing studies. After a more detailed examination, two studies^{124,125} were excluded from the review as one had a mixed hyperlipidaemic¹²⁴ population and the other reported results only for the first 5 weeks.¹²⁵ A full list of the excluded publications with rationale is presented in Appendix 4.

Ongoing clinical outcome trials

Although there were no RCTs of ezetimibe (used either as monotherapy or in combination with a statin) with clinical outcomes data, there are currently three long-term studies and results should become available between 2008 and 2010 (*Table 9*).

Summary of included trials

Thirteen Phase III multicentre RCTs of 12–48 weeks' duration with sample sizes ranging from 246¹¹⁷ to 1528¹¹¹ were included. All trials involved patients with primary hypercholesterolaemia with mean baseline LDL-c levels ranging from 3.36 to 6.50 mmol/l. A summary of the design and study characteristics of the included studies is given in *Table 10*.

Elevated plasma LDL-c and Total-c concentrations are presented in the main report as they are recognised as major CVD risk factors. More detailed data and data on other lipid profiles (HDL-c and TG) are provided in Appendix 7 (*Tables 54–57*).

Quality and characteristics of identified studies

A table summarising data on quality assessment can be found in Appendix 5. All 13 studies were described as large multicentre RCTs and were published in peer-reviewed journals. McKenney and colleagues¹²¹ reported in conference abstract form and provided limited data. Most of the studies gave full demographic data.

Inclusion criteria were men and women ≥ 18 years of age, with diagnosis of primary hypercholesterolaemia and an LDL-c concentration of 3.38–6.50 mmol/l and a TG level of ≤ 3.85 mmol/l. Exclusion criteria for most of the trials were pregnancy and lactation; congestive heart failure; uncontrolled cardiac arrhythmia; MI; coronary bypass surgery, or angioplasty within 6 months of study entry; history of unstable or severe peripheral artery disease within 3 months of study entry; unstable angina pectoris; disorders of the haematological, digestive or central nervous system, uncontrolled or newly diagnosed DM, uncontrolled endocrine or metabolic disease

TABLE 9 Ongoing clinical outcome trials

Study	Design	Duration (years)	Population	Intervention	Comparator	Outcomes (primary)
IMPROVE IT (IMProved Reduction of Outcomes: Vytorin Efficacy International Trial) ¹²⁶	Multicentre, double-blind RCT	2.5	Approximately 10,000 high-risk patients (planned recruitment) with CAD presenting with ACS	Fixed-dose combination of ezetimibe (10 mg/d) and simvastatin (40 mg/d)	Simvastatin (40mg/d)	Composite of CV death, MI, non-fatal Str, hospitalisation for ACS or revascularisation
SEAS trial (Simvastatin and Ezetimibe in Aortic Stenosis) ^{127,128}	Multicentre, double-blind, placebo RCT	4	Patients ($n = 1873$) subjects aged between 45 and 85 years) with asymptomatic moderate aortic stenosis (defined by Doppler-measured peak flow velocity of 2.5–4.0 m/s)	Ezetimibe (10 mg/d) co-administered with simvastatin (40 mg/d)	Placebo	Composite of CV death, aortic surgery and other CV outcomes (including heart failure, non-fatal MI, coronary revascularisation, hospitalised angina and non-haemorrhagic Str)
SHARP trial (Study of Heart And Renal Protection) ¹²⁹	Multicentre, double-blind, placebo RCT	4	Patients aged ≥ 40 years with chronic disease [planned recruitment approximately 9000 subjects (around 6000 on predialysis and 3000 on dialysis)]	Ezetimibe (10 mg/d) co-administered with simvastatin (20 mg/d)	Placebo	Composite of major vascular events (non-fatal MI, cardiac death, non-fatal or fatal Str, or revascularisation)

ACS, acute coronary syndromes; mg/d, mg/day.

known to influence serum lipids or lipoproteins; known impairment of renal function; active or chronic hepatic or hepatobiliary disease; positive test for HIV; and coagulopathy. Oral corticosteroids, cyclosporine and orlistat were prohibited. One study¹¹² did not report the exclusion criteria.

The populations in the studies generally did not fully represent the populations indicated by the scope (i.e. people whose hypercholesterolaemia had not been adequately controlled with a statin alone or those who are intolerant of statins). The majority of the studies required washout or discontinuation of all ongoing lipid-altering drug treatments for up to 12 weeks (6 weeks for statins, bile acid sequestrants and nicotinic acid and 8–12 weeks for fibrates) before randomisation and initiating study treatments. There was no

information on pretrial treatment history and previous treatment success (whether the subjects did reach the LDL-c target level) of the participants. Therefore, it was not clear whether the study populations were indeed inadequately controlled with or intolerant of statins.

Where reported, the overall mean age across the studies was 58 years. About 28% (between 19%¹¹⁸ and 36%)¹²⁰ of the overall population were identified as elderly patients aged 65 years and over (Appendix 6).

The patient demographics and baseline characteristics of the included studies are presented in Appendix 6. Where reported, baseline performance status was generally well balanced. The trials were conducted among patients with both primary and secondary CVD.

TABLE 10 Summary of design and study characteristics of included studies

Study	Population with primary hypercholesterolaemia	Study design	Active duration treatment (weeks)	Number randomised	Intervention (daily dosage)	Primary outcome (mean % change)	Funding	Comments
Ballantyne et al., 2003 ¹¹⁵ USA	N = 628 LDL-c 3.77–6.50 mmol/l TG ≤3.85 mmol/l	Randomised, double-blind, placebo controlled, balanced-parallel group trial	12	T1 = 65 T2 = 255 T3 = 248 T4 = 60	T1: ezetimibe (10 mg/d) T2: ezetimibe (10 mg/d)/atorvastatin (10–80 mg/d) T3: atorvastatin (10–80 mg/d) T4: placebo	LDL-c	Astra-Zeneca, Merck, Novartis, Pfizer and Schering-Plough Research Institute	
Ballantyne et al., 2004a ¹¹⁷ USA	N = 246 LDL-c 3.77–6.50 mmol/l TG ≤3.85 mmol/l	Multinational, randomised, placebo-controlled, double-blind trial	24	T1 = 201 T2 = 45	T1: ezetimibe (10 mg/d)/atorvastatin (10–80 mg/d) T2: atorvastatin (10–80 mg/d)	LDL-c	Schering-Plough Research Institute	Statin doses were titrated
Ballantyne et al., 2004b ¹¹⁹ USA	N = 788 LDL-c 3.38–6.50 mmol/l TG ≤3.85 mmol/l	Multicentre, randomised, active-controlled, double-blind trial	24	T1 = 263 T2 = 263 T3 = 262	T1: ezetimibe (10 mg/d)/simvastatin (10/80 mg/d) T2: ezetimibe (10 mg/d)/simvastatin (20–80 mg/d) T3: atorvastatin (10–80 mg/d)	LDL-c from baseline to the end of initial 6 weeks	Merck and Schering-Plough Pharmaceuticals	Statin doses were force-titrated
Bays et al., 2004 ¹¹¹ USA	N = 1528 LDL-c 3.77–6.50 mmol/l TG ≤3.85 mmol/l	Multicentre, randomised, double-blind, placebo-controlled, factorial design study	12	T1 = 149 T2 = 609 T3 = 622 T4 = 148	T1: ezetimibe (10 mg/d) T2: ezetimibe (10 mg/d)/simvastatin (10–80 mg/d) T3: simvastatin (10–80 mg/d) T4: placebo	LDL-c	Merck and Schering-Plough Pharmaceuticals	
Davidson et al., 2002 ¹¹² USA	N = 668 LDL-c 3.77–6.50 mmol/l TG ≤3.85 mmol/l	Randomised, placebo-controlled trial	12	T1 = 61 T2 = 274 T3 = 263 T4 = 70	T1: ezetimibe (10 mg/d) T2: ezetimibe (10 mg/d)/simvastatin (10–80 mg/d) T3: simvastatin (10–80 mg/d) T4: placebo	LDL-c	Merck and Schering-Plough Pharmaceuticals	

continued

TABLE 10 Summary of design and study characteristics of included studies (cont'd)

Study	Population with primary hypercholesterolaemia	Study design	Active duration treatment (weeks)	Number randomised	Intervention (daily dosage)	Primary outcome (mean % change)	Funding	Comments
Dujovne et al., 2002 ¹²² USA	N = 892 LDL-c 3.38–6.50 mmol/l TG ≤ 3.85 mmol/l	Multicentre, double-blind, placebo-controlled trial	12	T1 = 666 T2 = 226	T1: ezetimibe (10 mg/d) T2: placebo	LDL-c	Schering-Plough Research Institute	
Goldberg et al., 2004 ¹¹³ USA	N = 887 LDL-c ≥ 3.77 and ≤ 6.50 mmol/l TG ≤ 3.85 mmol/l	Multicentre randomised, double-blind, placebo-controlled trial	12	T1 = 92 T2 = 353 T3 = 349 T4 = 93	T1: ezetimibe (10 mg/d) T2: ezetimibe (10 mg/d)/ simvastatin (10–10/80 mg/d) T3: simvastatin (10–80 mg/d) T4: placebo	LDL-c	Merck and Schering-Plough Pharmaceuticals	
Knopp et al., 2003 ¹²³ USA	N = 827 LDL-c 3.36–6.47 mmol/l TG ≤ 3.95 mmol/l	Multicentre, randomised, double-blind, placebo-controlled trial	12	T1 = 622 T2 = 205	T1: ezetimibe (10 mg/d) T2: placebo	LDL-c	Schering-Plough Research Institute	
Masana et al., 2005 ¹²⁰ International	N = 433 LDL-c ≥ 3.77 and ≤ 6.50 mmol/l TG ≤ 3.85 mmol/l	Multicentre, randomised, double-blind, placebo-controlled trial	48	T1 = 355 T2 = 78	T1: ezetimibe (10 mg/d)/ simvastatin (10–80 mg/d) T2: simvastatin (10–80 mg/d)/ placebo	LDL-c	Merck and Schering-Plough Pharmaceuticals	Statin doses were titrated
McKenney et al., 2006 ¹²¹ USA	N = 292 LDL-c 5.12 mmol/l, TG 1.86 mmol/l	Multicentre, randomised controlled trial	12	NR	T1: ezetimibe (10 mg/d)/ simvastatin (20, 40 mg/d) T2: niacin (1000 mg/d)/ atorvastatin (20, 40 mg/d) T3: niacin (1000 mg/d)/ rosuvastatin (20, 40 mg/d) T4: rosuvastatin (20, 40 mg/d)	LDL-c	Kos Pharmaceuticals	Conference abstract

continued

TABLE 10 Summary of design and study characteristics of included studies (cont'd)

Study	Population with primary hypercholesterolaemia	Study design	Active duration treatment (weeks)	Number randomised	Intervention (daily dosage)	Primary outcome (mean % change)	Funding	Comments
Melani <i>et al.</i> , 2003 ¹¹⁶ USA	N = 538 LDL-c \geq 3.8 and \leq 6.5 mmol/l TG \leq 4.0 mmol/l	Multicentre, double-blind, randomised, placebo-controlled, balanced-parallel-group, 2 \times 4 factorial design study	12	T1 = 64 T2 = 204 T3 = 205 T4 = 65	T1: ezetimibe (10 mg/d) T2: ezetimibe (10 mg/d)/pravastatin (10–40 mg/d) T3: pravastatin (10–40 mg/d) T4: placebo	LDL-c	Merck and Schering-Plough Pharmaceuticals	
Rodney <i>et al.</i> , 2006 ¹¹⁴ USA	N = 247 LDL-c \geq 3.77 and \leq 6.50 mmol/l TG \leq 3.85 mmol/l	Multicentre, double-blind, randomised controlled trial	12	T1 = 124 T2 = 123	T1: ezetimibe (10 mg/d)/simvastatin (20 mg/d) T2: simvastatin (20 mg)	LDL-c	Schering-Plough Research Institute	
Stein <i>et al.</i> , 2004 ¹¹⁸ International	N = 621 LDL-c \geq 3.8 mmol/l TG \geq 4.0 mmol/l	Randomised, double-blind, multicentre, double-dummy, active controlled comparator study	14	T1 = 305 T2 = 316	T1: ezetimibe (10 mg/d)/atorvastatin (10–40 mg/d) T2: atorva (10–40 mg/d)/atorvastatin (10–40 mg/d)	% of patients achieving an LDL-c level \leq 100 mg/dl to study end-point	Merck and Schering-Plough Pharmaceuticals	Statin doses were titrated HeFH n (%): genetic diagnosis: T1: 52 (17) T2: 58 (18) clinical diagnosis: T1: 58 (18) T2: 123 (39)

Mg/dl of LDL-C was converted to mmol/l by multiplying by 0.02586; mg/dl of TG was converted to mmol/l by multiplying by 0.01129.

All trials consisted of mixed (primary and secondary) populations. Patients in each study were mainly subdivided into those who had a family history of CHD, risk factors of CHD/CVD, history of hypertension, DM and existing CVD. Where data were available, on average 30–45% of patients reported having a known family history of CHD. History of hypertension was reported by 29–38% and DM by 4–32% of patients. In some studies, the patients' baseline characteristics were also described in terms of Framingham score as having established CHD or its risk equivalent conferring a 10-year risk of >20% for CHD.

Ethnicity was reported explicitly by all trials apart from those of Ballantyne and colleagues¹¹⁵ and Stein and colleagues¹¹⁸ which reported data by race (whites and non-whites). The majority of the studies' populations were Caucasians followed by Black, Hispanic, Asian and other ethnicities. The study by Rodney and colleagues¹¹⁴ was conducted exclusively on African Americans. Ballantyne and colleagues,¹¹⁹ Davidson and colleagues¹¹² and Goldberg and colleagues¹¹³ did not report baseline information on body mass index (BMI), smoking status and the number (percentage) of physically active patients. Most trials described their population as primary hypercholesterolaemic referring to a plasma LDL-c level of ≥ 3.36 mmol/l and a TG level of ≤ 3.85 mmol/l. Only Stein and colleagues¹¹⁸ reported separate subgroup analyses for patients with HeFH diagnosed by genetic and clinical diagnoses.

Seven trials reported the method of assignment as being central stratification by baseline LDL-c level,¹¹⁹ single computer-generated^{112–114,116} or computer random schedule.^{122,123} However none of the trials reported method of allocation concealment. It was not clear whether the assessors were blinded to the treatment allocation in the trials by Dujovne and colleagues,¹²² Knopp and colleagues,¹²³ Masana and colleagues,¹²⁰ Rodney and colleagues¹¹⁴ and Stein and colleagues.¹¹⁸ It was not clear whether the individuals who administered the intervention were blinded to the treatment allocation in the trials by Davidson and colleagues¹¹² and Dujovne and colleagues.¹²² Patients were all blinded; however, none of the studies assessed the success of the blinding. All trials used ITT or modified ITT analyses, apart from that by Stein and colleagues.¹¹⁸ All studies report the number and reasons of withdrawals. In the titration studies, patients who achieved their target LDL-c level continued to receive the same dose until the end of the trial. The power calculation was

reported as 80–90% by the majority of the trials.^{112,114–116,118,119,123}

Overall, all trials were relatively well designed and conducted and included relatively balanced populations.

Outcomes and synthesis of information

The available evidence from the included RCTs is grouped and presented in the following order. For patients whose condition is not adequately controlled with a statin alone:

1. Fixed-dose studies:
 - (a) Comparison 1: ezetimibe plus statin versus statin alone.
 - (b) Comparison 2: ezetimibe plus statin versus statin plus other lipid lowering drugs (nicotinic acid, bile acid resins or fibrates).
2. Titrated studies:
 - (a) Comparison 1: ezetimibe plus statin versus statin alone.
 - (b) Comparison 2: ezetimibe plus statin versus statin plus other lipid lowering drugs (nicotinic acid, bile acid resins or fibrates).

For patients in whom a statin is considered inappropriate, or is not tolerated:

 - (a) Comparison 1: ezetimibe versus placebo
 - (b) Comparison 2: ezetimibe versus other (non-statin) lipid lowering drugs (nicotinic acid, bile acid resins or fibrates).

Safety and tolerability.
Quality of life.

Assessment of effectiveness

For patients whose condition is not adequately controlled with a statin alone

Fixed-dose studies

Comparison 1: ezetimibe plus statin versus statin alone.

Lipid profiles for fixed-dose studies assessing combination of ezetimibe and statin with statin alone for the primary hypercholesterolaemic population whose condition is not adequately controlled with a statin alone are summarised in *Figures 1* and *2*. Six studies^{111–116} with a total sample size of 3610 were identified as eligible for this comparison.

Meta-analyses of the relevant data indicate that the combination of ezetimibe and statin treatment was associated with statistically significant incremental reduction of 13.94% (95% CI –14.90 to –12.98, $p < 0.00001$) in LDL-c and 10.36% (95% CI –11.09 to –9.63, $p < 0.00001$) in Total-c compared with statin alone and a direction of effect was consistent across all studies. There was low heterogeneity (LDL-c: $\chi^2 = 5.31$, $p = 0.38$,

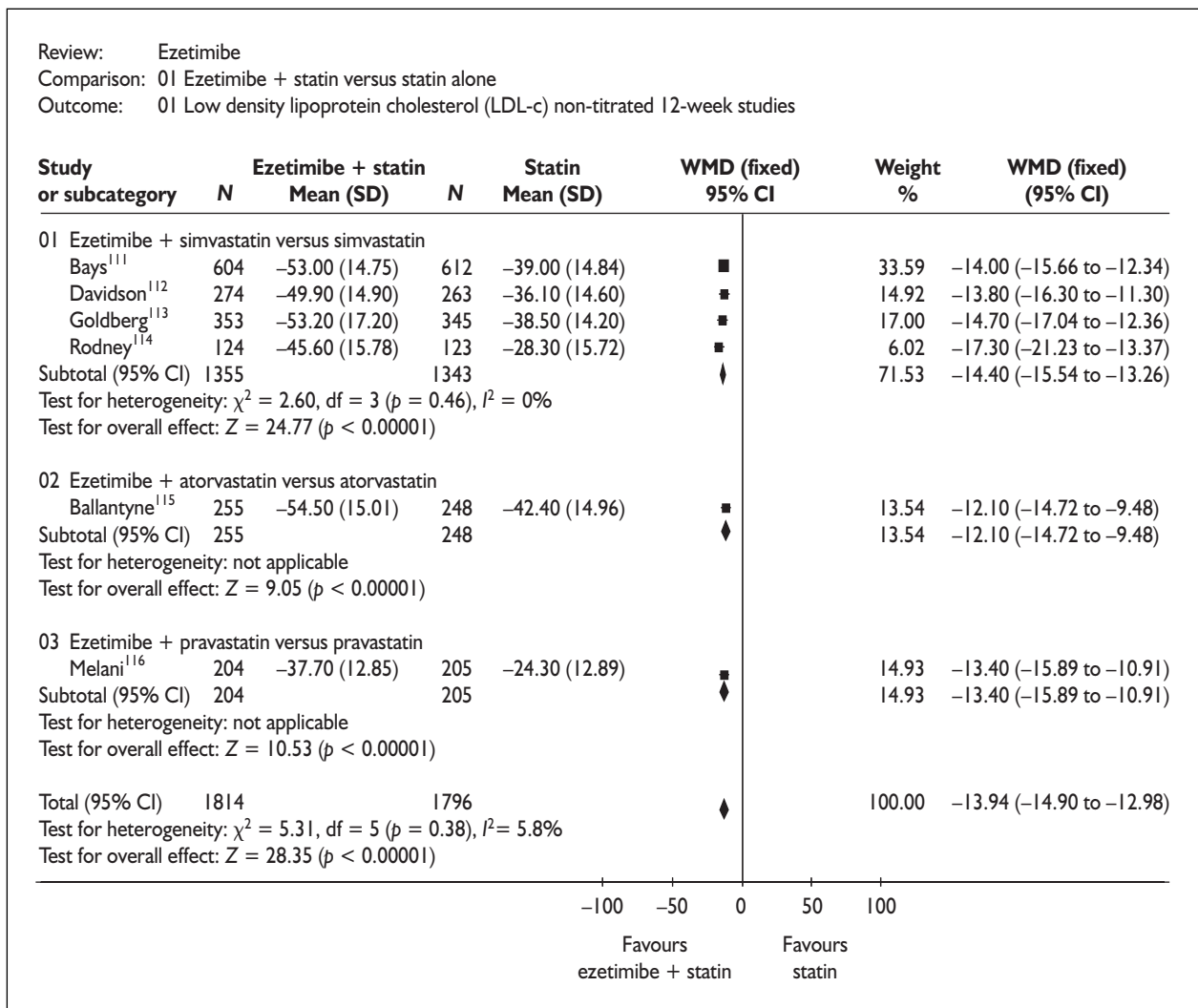


FIGURE 1 For patients whose condition is not adequately controlled with a statin alone: mean % change in LDL-c (mmol/l)

$I^2 = 5.8\%$; Total-c: $\chi^2 = 5.65$, $p = 0.34$,
 $I^2 = 11.4\%$).

Comparison 2: ezetimibe plus statin versus statin plus other lipid-lowering drugs (nicotinic acid, bile acid resins or fibrates). To our knowledge, no RCTs have been published on this comparison.

Titrated studies

Comparison 1: ezetimibe plus statin versus statin alone. Lipid profiles for titrated dose studies assessing a combination of ezetimibe and statin with statin alone for the patients whose condition is not adequately controlled with a statin alone are summarised in *Table 11*. Sensitivity analyses showed a high degree of heterogeneity across the studies, suggesting that meta-analyses may not be appropriate for this subgroup.

A total of 1800 patients participated in the four studies. In three studies,^{117,118,120} subjects who

did not reach their target plasma LDL-c concentration were titrated to the next higher dose of statin until they reached their goal or maximum dose of statin. One study¹¹⁹ used a force titration method where patients were administered the next higher dose of statin every 6 weeks regardless of whether they achieved their target LDL-c level. All four studies used the NCEP ATP II/III target level. Two studies^{117,118} compared the LDL-c-lowering effect of co-administered ezetimibe and atorvastatin against atorvastatin monotherapy in patients with primary hypercholesterolaemia. One study¹²⁰ compared ezetimibe plus simvastatin with simvastatin and one trial¹¹⁹ looked at a combination of ezetimibe and simvastatin against atorvastatin. The source of heterogeneity may be due to differences in the type of statin, dose titration and duration of the studies. Therefore, the results were tabulated and discussed accordingly (*Table 11*). For more detailed information, see Appendix 8 (*Table 58*).

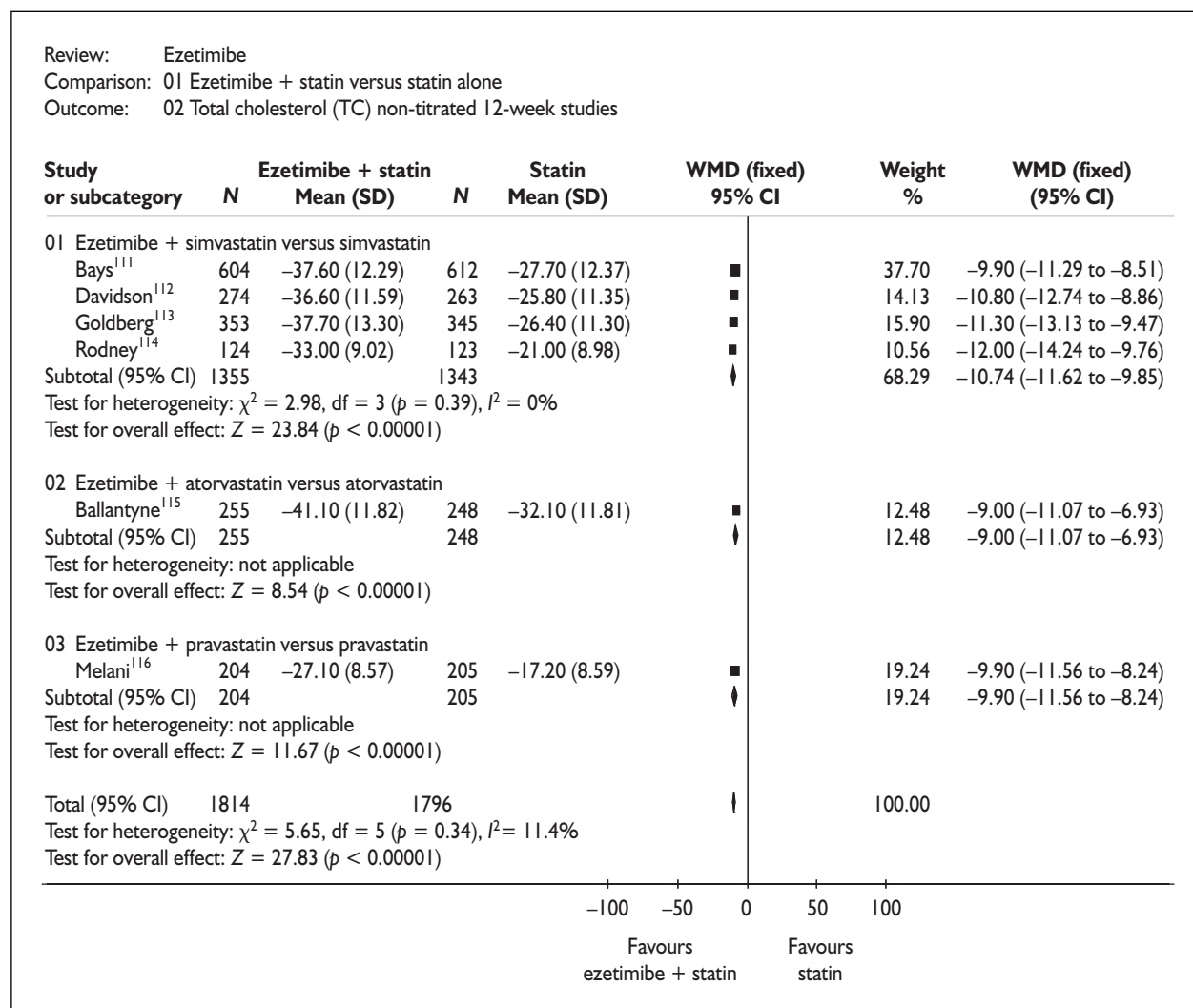


FIGURE 2 For patients whose condition is not adequately controlled with a statin alone: mean % change in Total-c (mmol/l)

TABLE 11 For patients whose condition is not adequately controlled with a statin alone: summary of titrated studies (mmol/l)

Study	Lipid profile (mmol/l)	Mean % reduction (SD)		Between-treatment mean % difference ^a
		Ezetimibe + atorvastatin	Atorvastatin	
Ballantyne et al., 2004a ¹¹⁷	LDL-c	-48.4 (18.80)	-38.6 (12.4)	-9.8
	Total-c	-35.4 (14)	-27.5 (10.4)	-7.9
Stein et al., 2004 ¹¹⁸	LDL-c	-33.2 (11.98)	-20.30 (15.67)	-12.9
	Total-c	-26.1 (11.98)	-16 (12.18)	-10.1
		Ezetimibe + simvastatin	Atorvastatin	
Ballantyne et al., 2004b ¹¹⁹	LDL-c	-59.4 (10.62)	-52.5 (15.10)	-6.9
	Total-c	-43.3 (8.11)	-40.2 (11.33)	-3.1
		Ezetimibe + simvastatin	Simvastatin + placebo	
Masana et al., 2005 ¹²⁰	LDL-c	-23.7 (33.67)	3.30 (22.96)	-27
	Total-c	-1.9 (22.45)	2.5 (15.90)	-18.4

^aAll comparisons are statistically significant ($p < 0.05$).

Owing to incomplete and missing data, it was not possible to analyse the interaction of each statin dose during the titration process and the results presented in this review are the data pooled across all doses.

Co-administration of ezetimibe and statin was significantly more effective in reducing plasma LDL-c concentration. Two fully published trials^{117,118} demonstrated that administration of ezetimibe with atorvastatin has a significantly greater LDL-c-lowering effect than atorvastatin alone (between-treatment mean % difference -9.8%, $p < 0.05$, and -12.9%, $p < 0.05$, respectively). One trial¹¹⁹ compared ezetimibe co-administered with simvastatin with atorvastatin monotherapy and found that ezetimibe plus simvastatin reduced LDL-c by 59.4 versus 52.5% with atorvastatin (difference of 6.9%, $p < 0.05$). One trial¹²⁰ compared the LDL-c-lowering effect of co-administration of ezetimibe and simvastatin against simvastatin monotherapy and found the between-treatment mean % difference to be 27%, $p < 0.05$. A similar pattern of efficacy was observed in plasma Total-c concentration (Table 11).

Stein and colleagues¹¹⁸ reported the only trial that looked at the HeFH patient subgroup. The study reported that the HeFH subgroup achieved the target level of ≤ 2.6 mmol/l approximately four times more in the co-administration group than in atorvastatin monotherapy group (17 versus 4%, $p < 0.01$). In the non-HeFH subgroup, the number who achieved the LDL-c goal was three

times larger in the ezetimibe plus atorvastatin arm than the atorvastatin monotherapy arm (29 versus 11%, $p < 0.01$). Further evidence on HeFH and non-HeFH subgroups is described in the section 'Efficacy and safety of ezetimibe across different patient subgroups' (p. 28).

Comparison 2: Ezetimibe plus statin versus statin plus other lipid-lowering drugs (nicotinic acid, bile acid resins or fibrates). One study conference abstract met the inclusion criteria for this comparison.¹²¹ The treatments of interest in McKenney and colleagues¹²¹ were ezetimibe plus statin versus niacin plus statin.

McKenney and colleagues¹²¹ reported that low-moderate doses of atorvastatin/rosuvastatin plus niacin achieved similar marked LDL-c reductions, with greater HDL-c increases ($p < 0.001$) compared with highest doses of rosuvastatin monotherapy or ezetimibe/simvastatin with no observed myopathy or hepatotoxicity. No further details were reported.

For patients in whom a statin is considered inappropriate, or is not tolerated

Comparison 1: ezetimibe versus placebo. Pooled analyses of the plasma LDL-c and Total-c level of ezetimibe monotherapy for patients with primary hypercholesterolaemia in whom a statin is considered inappropriate or is not tolerated are reported and summarised in Figures 3 and 4. Seven studies^{111-113,115,116,122,123} with a total of 2577 participants were included in this category.

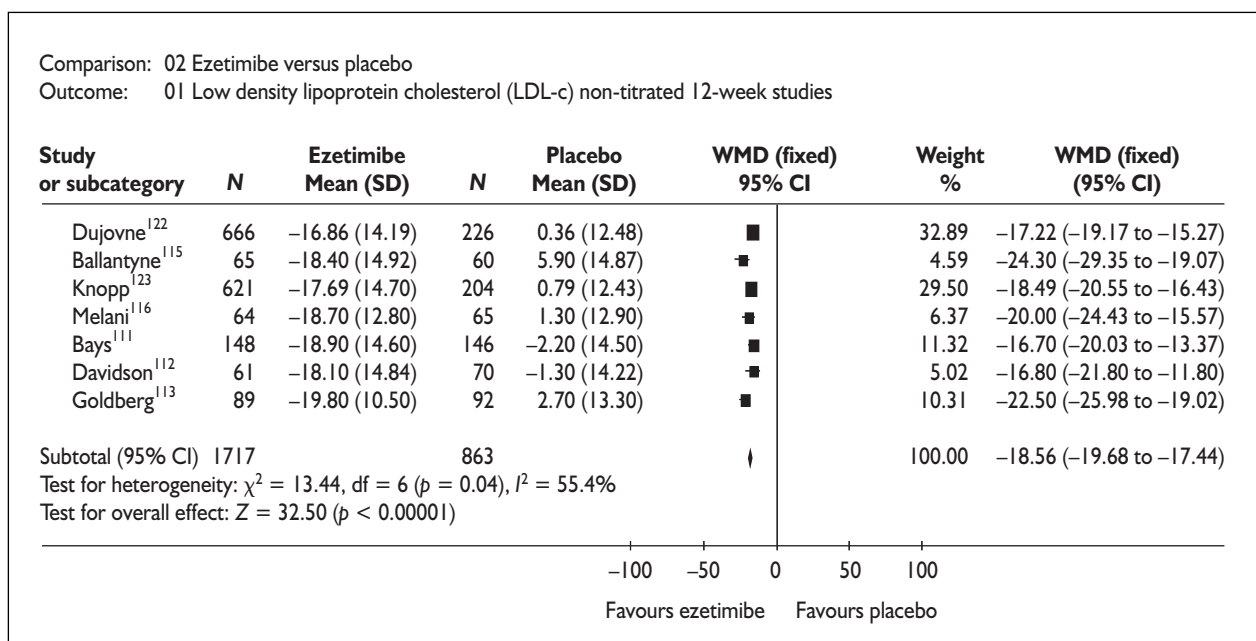


FIGURE 3 For patients in whom a statin is considered inappropriate, or is not tolerated: mean % change in LDL-c (mmol/l)

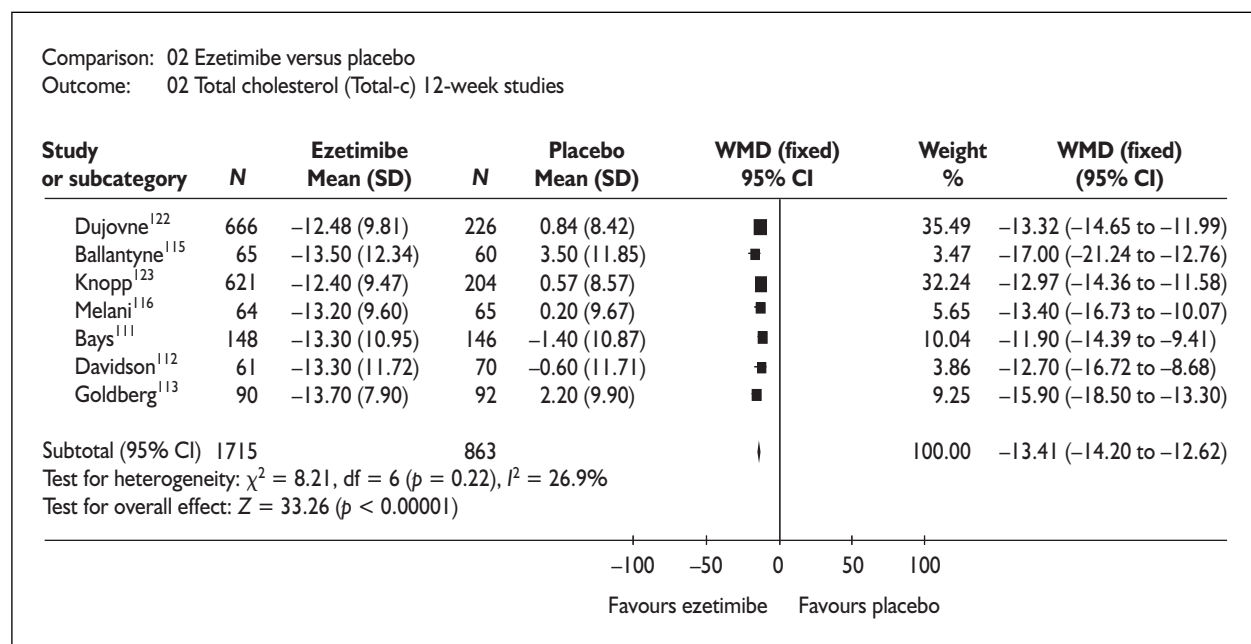


FIGURE 4 For patients in whom a statin is considered inappropriate, or is not tolerated: mean % change in Total-c (mmol/l)

Efficacy analyses showed that ezetimibe reduced the plasma concentration of LDL-c from baseline to end-point by a mean 18.56% (95% CI -19.68 to 17.44, $p < 0.00001$) compared with placebo. This effect was generally consistent across all trials. There was a moderate heterogeneity [$\chi^2 = 13.44$, $df = 6$ ($p = 0.04$), $I^2 = 55.4\%$]. Ezetimibe also significantly decreased Total-c by a mean 13.41% (95% CI -14.20 to -12.62, $p < 0.00001$) compared with placebo.

Comparison 2: ezetimibe versus other lipid-lowering drugs (nicotinic acid, bile acid resins or fibrates). No RCTs were found that directly compared the efficacy and safety of ezetimibe with other lipid-lowering combinations (nicotinic acid, bile acid resins or fibrates).

Overall, the results demonstrated that ezetimibe plus statin was significantly more effective at lowering LDL-c and Total-c concentrations than statin alone. The LDL-c-lowering effect of the statins was consistent with previous meta-analyses^{37,130} and was around 25–40%. Co-administration with ezetimibe generally resulted in an additional mean 13 and 10% reduction in LDL-c and Total-c, respectively. When ezetimibe was compared with placebo it resulted in a mean percentage decrease in LDL-c of approximately 18.56% and this reduction was similar to that observed in previous meta-analyses.^{131–133}

Efficacy and safety of ezetimibe across different patient subgroups

Four studies have demonstrated^{111,113,114,123} (Table 12) LDL-c-lowering effects of the treatment across different subgroups such as people with or without existing CHD or other vascular disease, people with or without diabetes, different ethnic groups. Other trials reported (without data) that there were no statistically significant differences in LDL-c-lowering effects across different subgroups. All trials report that the effects of ezetimibe on LDL-c were generally consistent across all subgroups and provide additional LDL-c reductions when added to statin therapy; however, these findings were not discussed any further.

Pooled analyses of three similarly designed 12-week double-blind RCTs showed that superior lipid-altering effects of ezetimibe plus simvastatin versus simvastatin observed in the entire cohort were consistent across all subgroups.¹³⁴ However, a recent meta-analysis¹³⁵ found that the LDL-c-lowering effect of combination of ezetimibe and statins (simvastatin, atorvastatin, pravastatin and lovastatin) was lower in African-Americans than Caucasians. A study by Rodney and colleagues¹¹⁴ was undertaken to explore this difference and was conducted exclusively on participants of African-American origin. In this study it was observed (Figure 1) that ezetimibe added to simvastatin resulted in a significant incremental reduction of 17.30% in LDL-c concentration compared with

TABLE 12 Mean % LDL-c reduction and between-treatment mean % LDL-c reduction by patient subgroups

Mean % LDL-c reduction by patient subgroups			
Subgroups^a	Arms	Study 1: Bays et al., 2004¹¹¹	Study 2: Goldberg et al., 2004¹¹³
Gender			
Male	Ezetimibe + statin	-53	-51
	Statin	-39	-39
Female	Ezetimibe + statin	-53	-53
	Statin	-39	-39
Age (years)			
<65	Ezetimibe + statin	-52	-52
	Statin	-38	-39
≥65	Ezetimibe + statin	-45	-55
	Statin	-56	-40
Race			
White	Ezetimibe + statin	-52	-52
	Statin	-39	-39
Non-white	Ezetimibe + statin	-59	-43
	Statin	-38	-35
CVD risk factors			
Hypertension			
Yes	Ezetimibe + statin	-54	-53
	Statin	-42	-39
No	Ezetimibe + statin	-53	-52
	Statin	-37	-39
Established CVD			
Yes	Ezetimibe + statin	NR	NR
	Statin	NR	NR
No	Ezetimibe + statin	NR	NR
	Statin	NR	NR
Diabetes mellitus			
Yes	Ezetimibe + statin	-56	-56
	Statin	-38	-35
No	Ezetimibe + statin	-53	-54
	Statin	-39	-39
^a All subgroup comparisons were not significant.			
Between-treatment mean % LDL-c reduction by patient subgroups			
Subgroups^a		Study 3: Rodney et al., 2006¹¹⁴	Study 4: Knopp et al., 2003¹²³
		Ezetimibe + statin vs statin	Ezetimibe vs placebo
Gender			
Male		-18	-17.5
Female		-17	-18
Age (years)			
<65		-15	-18
≥65		-19	-18
Race^b			
White			-18
Non-white			-19
CVD risk factors			
Yes		-22	-22
		-14	-16
No		-22	-17.5
		-16	-19
Established CVD			
Yes		-22	-17.5
No		-16	-19
Diabetes mellitus			
Yes		-18	-26
No		-16	-17.5
^a All subgroup comparisons were not significant.			
^b The study by Rodney and colleagues ¹¹⁴ was conducted only on African-Americans.			

simvastatin alone. This reduction was also consistent with that observed in the Caucasian population (average LDL-c reduction of 14%). However, the reduction in LDL-c level with simvastatin monotherapy appeared to be lower (28.30%) compared with the typical response in Caucasians (38%). The authors note that the reason for the apparent smaller statin response in African-Americans compared with Caucasians has not been clarified and this issue remains unresolved.

Patients with heterozygous familial hypercholesterolaemia (HeFH)

An additional *post hoc* analysis was requested by NICE for patients with and without HeFH. Although a subgroup analyses had been undertaken by Stein and colleagues,¹¹⁸ it provided limited data. Further unpublished data obtained from the authors allowed a more detailed comparison of changes in lipids between the HeFH and non-HeFH groups. A summary of the baseline demographics and changes in plasma lipid concentrations after treatments are provided in *Tables 13* and *14*.

Baseline characteristics for both HeFH and non-HeFH groups patients were generally similar and balanced, except that the HeFH group were younger, proportionately greater male and lighter (*Table 13*). There were no major differences in terms of the baseline lipid profiles between the two groups. After 14 weeks of treatment, ezetimibe plus atorvastatin treatment (*Table 14*) demonstrated consistent, significant favourable changes in both groups. The LDL-c level reduced by 34.6% in the HeFH group and 31.1% in the non-HeFH group, the Total-c level reduced by 27% in the HeFH group and 24.7% in the non-HeFH group and the TG level reduced by 16.3% in the HeFH group and 23.4% in the non-HeFH group. Changes in HDL-c were not significant in both groups.

The mean differences for LDL-c for each group were calculated from mean percentages (Appendix 9), and were evaluated for statistical significance using a two-sample *t*-test (independent samples *t*-test). Although the HeFH group performed better than the non-HeFH group in lowering LDL-c, the analysis indicated that there was no statistically significant difference between the two estimates of lipid-lowering effect ($p = 0.1$). It is likely that this trial was powered only to detect a difference between the two therapies and not a difference in treatment effect size between the two population subgroups. If data were available from other trials, a meta-analysis

might provide evidence that the difference in treatment effect was significantly greater in the HeFH group; at present, there is insufficient evidence.

Safety and tolerability

Safety was evaluated through adverse events, physical examinations and laboratory tests reported in each of the included studies. Adverse event results are summarised in Appendix 11. Meta-analyses were considered inappropriate due to insufficient data and low occurrences of the adverse events.

Ezetimibe alone (compared with placebo) was well tolerated. Overall adverse event profiles were similar between the ezetimibe and placebo groups. Approximately 61% of subjects in the placebo group and 63% in the ezetimibe group reported adverse events. The most commonly reported adverse events, regardless of relationship to study drug, were musculoskeletal disorders (2–5%) and upper respiratory infections (7–11%) (Appendix 11, *Table 59*). Other common adverse events included headache, back pain and gastrointestinal adverse events. There were no significant between-group differences in laboratory or clinical parameters. Creatine phosphokinase (CPK) and liver enzymes [alanine aminotransferase (ALT) and aspartate aminotransferase (AST)] were not influenced by treatments. Treatment-related adverse events ranged from 9 to 20% of all adverse events. Serious adverse events occurred rarely (up to 1.4%) and all trials reported no serious treatment-related adverse events. A death which occurred in the ezetimibe arm was considered by investigators not to be related to study treatment.

Ezetimibe plus statin was also well tolerated, having a similar overall safety profile to that of statin alone (Appendix 11, *Table 59*). Some 63% and 65% of participants reported having adverse effects in combination and statin alone arms, respectively. Of these, 17.5% of patients in the pooled statin arm and 18.5% in the ezetimibe plus statin arm were considered treatment-related adverse events. Serious treatment-related adverse events were not statistically significant between the statin group and the combination group. The numbers of patients discontinuing because of these adverse events were similar across the treatment groups (4.9 and 5.9%, respectively). A total of four deaths were reported. The causes of death were CV incidences ($n = 2$), respiratory failure ($n = 1$) and an accident ($n = 1$). All deaths were considered by investigators not to be related

TABLE 13 Baseline characteristics of the HeFH and non-HeFH groups^a

Characteristic	Parameter	HeFH group		Non-HeFH group	
		Atorvastatin N = 181	Ezetimibe + atorvastatin N = 181	Atorvastatin N = 135	Ezetimibe + atorvastatin N = 135
Age (years)	N	181	181	135	124
	Mean (SD)	48.1 (12.9)	50 (12.5)	56.4 (12.1)	57.4 (11.4)
Baseline diet rating (RISCC rating)	n	54	52	47	44
	Mean (SD)	16.5 (4.6)	17 (5.4)	16.9 (5.9)	17.6 (5.9)
Baseline diet rating (MEDFICTS score)	n	116	118	79	69
	Mean (SD)	26.2 (16.1)	25 (16.7)	26.5 (17.5)	25.4 (17.9)
Baseline weight (kg)	n	181	181	135	124
	Mean (SD)	74.8 (14.8)	74.3 (13.9)	79.2 (16.3)	79.6 (14.8)
Baseline BMI (kg/m ²)	n	181	179	135	124
	Mean (SD)	26.9 (4.5)	26.7 (3.8)	27.4 (4.1)	27.8 (4.2)
Gender	Female	88 (49%)	93 (51%)	57 (42%)	53 (43%)
	Male	93 (51%)	88 (49%)	78 (58%)	71 (57%)
Age class (years)	<65	166 (92%)	157 (87%)	100 (74%)	83 (67%)
	≥65	15 (8%)	24 (13%)	35 (26%)	41 (33%)
Race	Caucasian	168 (93%)	171 (94%)	121 (90%)	108 (87%)
	Black	2 (1%)	2 (1%)	2 (1%)	4 (3%)
	Asian	2 (1%)	0	4 (3%)	4 (3%)
	Hispanic	9 (5%)	8 (4%)	8 (6%)	7 (6%)
	Other	–	–	0	1 (<1%)
Physical activity	Yes	103 (57%)	94 (52%)	86 (64%)	79 (64%)
	No	78 (43%)	87 (48%)	49 (36%)	45 (36%)
Smoking use	Yes	51 (28%)	45 (25%)	34 (25%)	31 (25%)
	No	130 (72%)	136 (75%)	101 (75%)	93 (75%)
Washout information	Yes ^b	165 (91%)	167 (92%)	120 (89%)	108 (87%)
	Statins	160 (88%)	165 (91%)	119 (88%)	105 (85%)
	Fibrates	8 (4%)	4 (2%)	4 (3%)	8 (6%)
	Bile acid resin	29 (16%)	34 (19%)	6 (4%)	12 (10%)
	Nicotinic acid	6 (3%)	5 (3%)	2 (1%)	7 (6%)
	Others	13 (7%)	15 (8%)	15 (11%)	8 (6%)
	No	16 (9%)	14 (8%)	15 (11%)	16 (13%)

MEDFICTS, Meats, Eggs, Dairy, Fried foods, In baked goods, Convenience foods, Table fats, Snacks; RISCC, ratio of ingested saturated fat and cholesterol to calories.

^a Obtained by personal communication from Stein and colleagues, 2004.¹¹⁸

^b Subjects may appear in more than one category.

to treatments. The total incidence of musculoskeletal adverse events was similar in both combination and monotherapy groups (9 and 10%, respectively). No cases of rhabdomyolysis were reported. Consecutive and presumed consecutive elevations in ALT and/or AST level more than three times the upper limit of normal (ULN) were uncommon apart from the study by Ballantyne and colleagues,¹¹⁹ which reported 2.3 versus 2.4% for ALT and 1.2 versus 0.8% for AST in the ezetimibe plus statin versus statin monotherapy arms, respectively. Creatine kinase

(CK) values more than 10 times the ULN were reported by ≤1% of patients across all trials and had a similar incidence in the combination and monotherapy arms.

Overall, the majority of the adverse events were considered to be of mild or moderate intensity. Specific clinical syndromes such as myopathy defined by the presence of myalgia in conjunction with CK elevations more than 10 times the ULN and liver function tests showed no pattern of relationship with respect to ezetimibe,

TABLE 14 Changes in plasma lipid/lipoprotein concentrations (mmol/l) in HeFH versus non-HeFH groups^{118a,b}

Lipid profiles (mmol/l)	Baseline		End of treatment	
	HeFH: mean (SD)	Non-HeFH: mean (SD)	HeFH: mean % change (SD)	Non-HeFH: mean % change (SD)
LDL-c	5.15 (1.27)	4.40 (0.96)	-34.6 (0.42)	-31.1 (0.41)
Total-c	7.05 (1.33)	6.46 (1.01)	-27.0 (0.31)	-24.7 (0.29)
HDL-c	1.31 (0.33)	1.28 (0.29)	3.5 (0.31)	4.1 (0.35)
TG (median)	1.17	1.58	-16.3	-23.7

^a Full details of the titration process of this trial are reported in Appendix 10.
^b Obtained by personal communication from Stein and colleagues, 2004.¹¹⁸

administered either alone or with statins. No particular trend was found for any adverse event category in either treatment group. There were no clinically meaningful differences in the combination and monotherapy groups for the incidence of adverse events or in the number of discontinuations because of the adverse events. A recent review summarising muscle safety profile from RCTs also concluded that ezetimibe administered with simvastatin was no more likely to cause muscle-related side-effects than corresponding doses of simvastatin.¹³⁶

It is established that myopathy and rhabdomyolysis are known adverse events with statins, and occur more commonly at higher doses.³⁹ The low frequency of adverse events observed in the current review may be explained by the relatively short periods of the studies.

Quality of life

No evidence was found which assessed HRQoL directly in individuals receiving ezetimibe monotherapy or coadministered with a statin.

Discussion

Thirteen RCTs (one of which was published as an abstract) assessing the clinical effectiveness of ezetimibe 10 mg/day as combination therapy (with statins) or monotherapy for the treatment of primary hypercholesterolaemia in adults were identified. None of these studies examined clinical outcomes such as CV events or mortality. The main outcome of all trials was the percentage decrease in LDL-c during the study period. Evidence suggests that combination treatment of ezetimibe with statin provides significantly more benefit by reducing the LDL-c level by 13.94% compared with statin monotherapy. In addition, ezetimibe monotherapy is associated with a

significant decrease in LDL-c concentration of 18.56% compared with the placebo arm. There is no evidence that the LDL-c-lowering effect of ezetimibe differs across various patient subgroups such as women, the elderly and people with higher CVD risk factors. Although there are concerns regarding the relatively short periods of the studies, ezetimibe was generally considered to be well tolerated and the combination of ezetimibe plus a statin has a safety profile similar to that of a statin alone in the studies reviewed.

All studies were described as multicentre, of randomised design, with treatment lasting for at least 12 weeks. Some important details of randomisation method such as allocation concealment, treatment allocation and assessment of blinding success were omitted. However, power calculations and statistical analyses were considered adequate. The number of withdrawals and reasons were presented. Study groups were comparable at baseline and the overall likelihood of confounding bias was considered as moderate to low.

Only four trials reported the LDL-c-lowering effect by different subgroups in the section 'Efficacy and safety of ezetimibe across different patient subgroups' (p. 28). There was insufficient evidence to establish any differential effects of ezetimibe (with and without other lipid-lowering drugs) on people with no history of CVD compared with those with established CVD. Even if the authors could make such comparisons (as has been discussed in HeFH versus non-HeFH comparison; see the section 'Efficacy and safety of ezetimibe across different patient subgroups' (p. 28), the lack of a statistically significant difference would not imply that a difference did not exist. It could mean that the sample sizes were too small to provide enough power to detect a difference.

It should be recognised that FH is an inborn error of LDL metabolism in which the increased risk of CVD is driven very specifically by increased LDL concentrations. Therefore, a reduction in CV risk is to be expected if there is a reduction in LDL cholesterol. This cause and effect relationship is more direct for FH than for other situations, where there is increased CVD with less direct links to hypercholesterolaemia.

An abstract¹²¹ reporting a statistical significance between two treatment groups (ezetimibe plus statin versus niacin plus statin) provided limited information. Without examination of the detailed study method and outcomes, it was not possible to evaluate and validate the results fully.

It was not possible to differentiate the effectiveness between varying doses of different statins on the basis of the evidence; therefore, the statins were pooled across all doses and all types of statins and evaluated as a class drug. In particular, because of the complex administration, it was not possible to establish in the titrated studies how many patients reached the target LDL-c level at certain doses and how many were titrated to the next higher dose of statin.

No information was given in the primary studies about pretrial medication of the participants. Moreover, the populations in the studies did not fully reflect the populations defined by the scope (i.e. people whose hypercholesterolaemia had not been adequately controlled with a statin alone, or among statin-intolerant people). The patients in the statin groups should ideally be people whose cholesterol levels do not reach the target (i.e. JBS2, NSF; see *Table 6*) after statin treatment or those intolerant to statin treatment. Therefore, it is uncertain if ezetimibe will have the same effect on the clinically relevant population.

No studies reported objective clinical end-points (mortality and morbidity) and the effectiveness obtained from the reviewed studies relates to surrogate outcomes such as LDL-c. It has been widely accepted that surrogate outcomes such as LDL-c level are directly correlated with CVD mortality and morbidity. However, reducing hypercholesterolaemia sufficiently to impact on major adverse events often requires long-term strategies. In clinical practice, single risk factor interventions are rare and are less likely to have a significant impact on outcomes. It is also unclear if the ezetimibe-induced changes in LDL-c will translate to observed reductions in CV events. The recent ILLUMINATE trial,²⁷⁴ which compared a

combination of torcetrapib and atorvastatin with atorvastatin alone in 15,000 patients, was terminated early based on an interim analysis that showed a significantly higher rate of death in the combination therapy treatment group ($n = 82$) than in the atorvastatin alone group ($n = 51$). Earlier findings from this study based on 8-week data^{137,138} showed significant reductions in LDL-c and significant increases in HDL; therefore, extrapolations from changes in lipids to clinical outcomes with a new drug should be treated with caution.¹³⁹ An exploratory meta-analysis (Appendix 12) of short-term studies (6–8 weeks), which analysed the efficacy of ezetimibe added to ongoing statin therapy, showed that ezetimibe decreased LDL-c by 23%. Although significant short-term reductions were observed, they are unlikely to inform on long-term clinical outcomes and adverse events, and were therefore excluded from the review.

The evidence demonstrates the efficacy of ezetimibe in reducing LDL-c when administered as monotherapy and in combination with a statin. When used as monotherapy, ezetimibe's LDL-c-lowering ability is less than that of statins. However, an additional LDL-c-lowering effect has been shown when ezetimibe is added to baseline statin therapy. The long-term efficacy and safety of ezetimibe alone or in combination with a statin are unknown.

High-dose statins are associated with increased adverse effects; hence the incidence of those who cannot tolerate the drugs may also increase.¹⁴⁰ Although ezetimibe co-administered with statins appears well tolerated in the short-term clinical trials, there is no long-term evidence that this strategy is any safer than maximising the dose of a statin. If the long-term data on ezetimibe co-administered with statin show a good or low adverse event profile, this strategy could increase adherence in individuals who potentially have more to gain from lipid-lowering treatments.

To date, there is limited evidence assessing the effectiveness, safety and tolerability of co-administration of ezetimibe with other lipid-lowering drugs. There is also a need for evidence on patients who are on treatment but have not reached the lipid goals and patients with very high levels of plasma cholesterol, including people with HeFH, who may have lipid-lowering treatment initiated at a younger age than the general population. Studies of longer duration and head-to-head comparison with nicotinic acid, resins or fibrates are required to assess fully the efficacy of ezetimibe.

Chapter 4

Assessment of cost-effectiveness

Systematic review of existing cost-effectiveness evidence

The main objective of this review is systematically to identify literature that explores the cost-effectiveness of ezetimibe for individuals with primary hypercholesterolaemia.

Search strategy

Studies were identified through searches of the following databases: MEDLINE, EMBASE, Cochrane Library, NHS EED, NHS CRD DARE, NHS CRD HTA, CINAHL, OHE HEED and Web of Science. Publications lists and current research registers of HTA organisations were consulted via the Internet. Handsearching and citation searches of included studies and of the company submission were undertaken. All searches were undertaken between April and June 2006. A list of the sources consulted and the keyword strategies used are given in Appendix 22.

Inclusion and exclusion strategy

The inclusion of papers identified through searches mentioned above was assessed using the following inclusion and exclusion criteria.

Inclusion criteria

- cost effectiveness/cost–utility analyses
- ezetimibe monotherapy
- ezetimibe co-administered with statins
- the benefits in terms of life-years gained (LYGs) or QALYs
- adult population (aged 18 years and over).

Exclusion criteria

- studies that do not report results in terms of incremental cost-effectiveness ratios (ICERs).

Quality assessment strategy

The Eddy checklist on mathematical models for technology assessments¹⁴¹ in combination with the *BMJ* checklist for economic evaluations¹⁴² was used to assess the quality of studies.

Results of review

Quantity and quality of research available

The total number of potentially relevant publications identified through electronic literature searches was 1553. Based on titles and

abstracts, 1547 studies that did not meet the inclusion criteria were excluded. Six studies were retained at this stage.^{143–148} After more detailed evaluations of the full papers, it was found that one of the studies¹⁴⁵ was not a cost-effectiveness analysis and two did not meet all the inclusion criteria because they were discussions about the use of ezetimibe and clinical practice.^{143,148} Two studies were excluded as the results were presented as the drug cost versus percentage of LDL-c reduction.^{146,147} One paper satisfied all inclusion and exclusion criteria.¹⁴⁴ One additional potentially relevant study¹⁴⁹ and three abstracts were identified by random handsearching. One of the identified abstracts had not yet been published.¹⁵⁰ Two full papers and one abstract have been included in this review.^{144,149,151} The abstract provides insufficient detail for review but is retained for information as it is the only UK (Scotland)-based evidence.

Published cost-effectiveness analyses

The two papers^{144,149} and the abstract¹⁵¹ included in the review describe country-specific evaluations using a core economic model developed by Cook as colleagues.¹⁴⁴ Only one study¹⁵¹ was UK based (Scotland) and this was published in abstract form only. The core model used is also used to inform the economic evaluation for the industry submission. As the model is reviewed in detail in the section 'Review of the MSD/SP economic evaluation' (p. 38), a very brief synopsis (*Table 15*) of the differences in the assumptions, parameter values and the reported results for the three studies identified in the literature searches is provided in this section.

Adaptations to the core model include country-specific epidemiological and cost data, subgroup analyses, treatment regimens and lipid targets. To compare the results, the currencies are converted to UK pounds using the Gross Domestic Product Purchasing Power Parities,¹⁵³ and results are adjusted to 2006 using the Pay and Prices annual percentage increase (1.9%).¹⁵⁴

Cook and colleagues.¹⁴⁴ Cost-effectiveness of ezetimibe co-administration in statin-treated patients not at cholesterol goal: application to

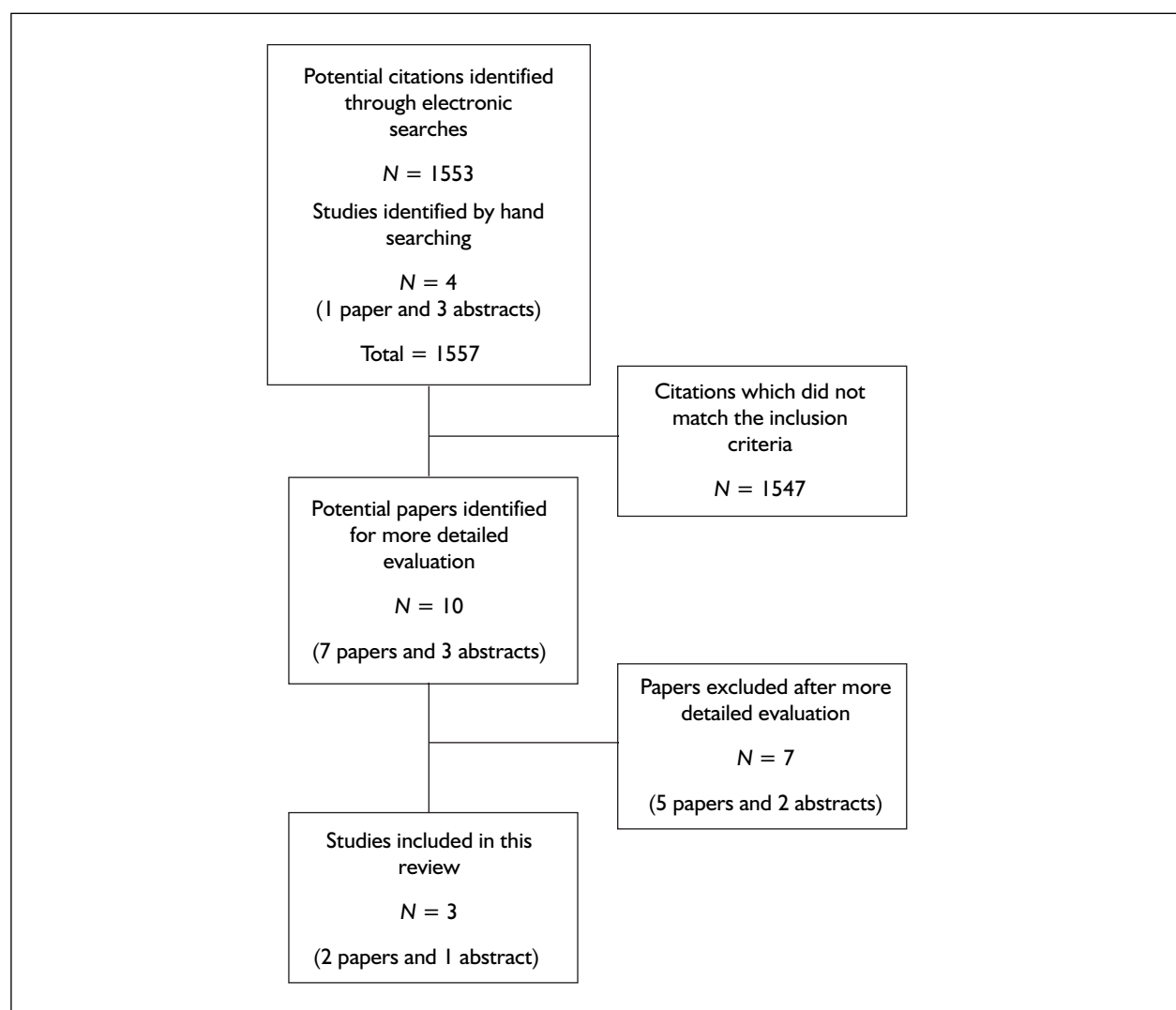


FIGURE 5 Studies eliminated/selected for the review after applying the inclusion/exclusion criteria

Germany, Spain and Norway. *Pharmacoeconomics* 2004;22 Suppl 3:49–61

This study¹⁴⁴ evaluates the cost-effectiveness of ezetimibe in Germany, Spain and Norway. A health insurance perspective was used for the Germany evaluation whereas a government payor perspective was used for Spain and Norway. Costs and benefits were discounted at an annual rate of 3% for the three countries.

The model compared ezetimibe co-administration with three statin-only strategies using simvastatin and atorvastatin. The first strategy compared ezetimibe co-administration versus continuing the same statin and dose. In the second strategy, the statin dose was titrated for patients who failed to achieve lipid goals up to the maximum dose recommended per country. The third strategy compared ezetimibe co-administration against a 'titrate to goal', where all patients were titrated up

to the highest daily dose approved. Results were presented in terms of gains in life-years and incremental cost per life-year gained (LYGs).

The ICERs for patients with CHD were under £18,900 LYG for ezetimibe plus statin versus statin monotherapy and under £27,300 per LYG for ezetimibe plus statin versus 'titrate to goal'. The ICERs for diabetic patients with no history of CHD were under £27,300 per LYG for ezetimibe plus statin versus statin monotherapy and under £50,400 per LYG for ezetimibe plus statin versus 'titrate to goal'.

Kohli and colleagues.¹⁴⁹ Cost-effectiveness of adding ezetimibe to atorvastatin therapy in patients not at cholesterol treatment goal in Canada. *Pharmacoeconomics* 2006;24:815–30

Kohli *et al.*¹⁴⁹ evaluated the cost-effectiveness of ezetimibe treatment in a Canadian population.

TABLE 15 Summary of the cost-effectiveness studies identified^a

Study	Setting	Population	Treatment goal	Treatment strategies	Cost-effectiveness range (£)
Cook <i>et al.</i> , 2004 ¹⁴⁴	Germany Spain Norway	Adult patients with a history of CHD or diabetic patients with no history of CHD	Germany and Spain: LDL-c = 100 mg/dl (2.59 mmol/l) Norway: Total-c = 5 mmol/l	Ezetimibe plus statin vs statin (no titration) Ezetimibe plus statin vs observed titration rate Ezetimibe plus statin vs 'titrate to goal'	7,565–49,867 (cost per LYG)
Cook <i>et al.</i> , 2004 ¹⁵¹ (abstract only)	Scotland	Patients aged 65 years with a history of CVD not attaining Total-c goal	Total-c ≤5 mmol/l	Ezetimibe plus statin vs statin (no titration) Ezetimibe plus statin vs statin titration	8,090–8,511 8,735–9,118 (cost per QALY)
Kohli <i>et al.</i> , 2006 ¹⁴⁹	Canada	Patients aged 65 years with no history of CAD with baseline LDL-c levels of 3.1 or 3.6 mmol/l	LDL-c <2.5 mmol/l	Ezetimibe plus statin vs statin monotherapy Ezetimibe plus statin vs statin titration	26,221–45,867 (cost per QALY)

^a Further details of the core model (originally published by Cook and colleagues¹⁴⁴) are provided in the section 'Review of the MSD/SP economic evaluation' (p. 38).

A Ministry of Health perspective was used and all costs were adjusted to 2002 price levels. Cost and benefits were discounted at an annual rate of 5%. The evaluation compared a number of different treatment strategies: atorvastatin monotherapy versus atorvastatin titration, ezetimibe combined therapy versus atorvastatin titration and cholestyramine combined therapy versus ezetimibe combined therapy. The basecase analysis focused on 65-year-old patients classified as very high risk of CAD with baseline LDL-c levels of 3.1 or 3.6 mmol/l. QALYs were calculated assuming utilities of 0.91 up to 2 years after an MI, 0.93 up to 2 years after an angina attack and 1.00 for subsequent years. The ICERs for ezetimibe plus statin compared with atorvastatin monotherapy or atorvastatin titration ranged from £26,200 to £45,900 per QALY. The cholestyramine plus statin treatment was dominated by the ezetimibe plus statin treatment.

Cook and colleagues.¹⁵¹ The cost-effectiveness in CHD and CHD equivalent patients not at total cholesterol goal on statin monotherapy in Scotland. Abstract, European Society of Cardiology Annual Meeting (ESC), 28 August–1 September, 2004, Munich, Germany

This abstract¹⁵¹ presented a cost-effectiveness analysis of ezetimibe plus statin treatment for patients with CHD not reaching their Total-c goal

of <5 mmol/l in Scotland. The patients considered in this study had an average age of 65 years, and a Total-c level of 6.1 mmol/l. The discounted cost per QALY for ezetimibe plus statin versus statin titration was £8900 and for ezetimibe plus statin versus statin monotherapy the cost per QALY was £8300.

Based on the information provided within the papers, the model structure used appears to be reasonable and flexible, although the methodology used to link changes in lipids to CV risk has now been superseded by the new evidence published by the CTTC. The economic model described in the studies has also been used in the industry submission. Several major errors have been identified in the model (described in the next section); consequently, it is uncertain if results generated by the model are robust. The results for Canada were reported to be £45,800 per QALY for patients with an average age of 65 years with no history of CHD when comparing ezetimibe plus atorvastatin 10 mg with atorvastatin titrated. When comparing ezetimibe co-administered with current statin with current statin treatment with no titration in Germany, the results for adults with a history of CHD were £7700 per life-year whereas the results for adults with diabetes but no history of CHD in Spain were estimated to be £50,700 per life-year when comparing ezetimibe

co-administered with current statin treatment with current statin treatment titrated by one dose. The results for Scotland were estimated to be approximately £8000 per QALY for patients with an average age of 65 years with a history of CVD when comparing ezetimibe plus current statin therapy with titration of current statin.

Review of the MSD/SP economic evaluation

Two models were submitted by the MSD/SP analysts. In keeping with the MSD/SP report, the main health economic model is referred to as the 'Cook' model in this report and the second model is referred to as the 'Basic' model. The Cook model is an adaptation of the existing model (built in Excel using Visual Basic programming) used in all the publications described in the section 'Systematic review of existing cost-effectiveness evidence' (p. 35). This model was designed to explore the cost-effectiveness of ezetimibe in patients with raised cholesterol levels and examines the potential benefits of treatment using changes in Total-c and HDL-c. The primary objective of the second model submitted was to determine "if a very simple model, developed from key clinical results, can be used to predict approximately the results of the more sophisticated modelling exercise". The Basic model examines the potential benefits of treatment using changes in LDL-c.

The following section describes the methods, the inputs and the results generated by each model. This is followed by a critique of the models and the implications of the findings.

Overview of the Cook model submitted by MSD/SP

The Cook model uses a Markov process with nine discrete health states: event free, primary MI, primary angina, primary Str, secondary MI, secondary angina, no event in previous 12 months, CHD death and non-CHD death (Appendix 15). The probability of non-fatal Str is also predicted and used as an additional risk factor for secondary events. The costs and benefits associated with these events are not included in the evaluation. The analyses for primary diabetic patients include only fatal CHD and non-fatal MI events.

Probabilities of events are calculated using the D'Agostino risk equations for non-diabetic patients with or without a history of CVD and for diabetic

patients with a history of CVD.⁸⁷ The predicted primary event risk is distributed across fatal CHD, non-fatal MI and non-fatal angina by using a combination of the Anderson equations.⁷⁷ For the secondary analyses, the predicted ratios across the event types are also weighted according to the distribution of secondary events observed in the Framingham cohort.⁸⁷ The UKPDS algorithms are used to calculate probabilities of events for diabetic patients with no history of CHD.¹⁵⁵ The predicted risk for primary CHD diabetic patients is distributed across fatal CHD and non-fatal MI using a combination of UKPDS equations.^{86,156,157} The UKPDS 60 is used to predict the probability of Str.¹⁵⁸

A 1-year cycle is used and probabilities are recalculated each year based on changes in age, primary CVD history and lipids. No limit is placed on the number of events that an individual can have. Costs and benefits accrue over a maximum of 50 years with analyses terminating when patients reach the age of 99 years. Annual age- and gender-specific risks for non-CVD death are calculated using national all-cause mortality rates adjusted for CV deaths. A UK NHS perspective is used, hence direct costs only are evaluated. Costs and benefits are discounted at 3.5%.

Populations considered in the Cook model

For people who tolerate statin therapy, ezetimibe co-administration with statins is evaluated in people currently on statins whose lipid levels are not adequately controlled with statin monotherapy. For people who do not tolerate statin therapy and those in whom statins are contraindicated, ezetimibe monotherapy is also evaluated.

The following four population groups are used:

- people with clinical evidence of CVD (with or without diabetes)
- people with diabetes but no evidence of CVD
- people with no clinical evidence of CVD but with a 20% or greater 10-year risk of developing CVD
- people of South Asian origin at high risk of developing CVD.

The fourth group assumes that people of South Asian origin have a 50% higher age-standardised CHD mortality rate than that for the general population of England and Wales.¹⁵⁹ Probabilities of events for this population are calculated by inflating the baseline CHD risk by 50%.

Scenarios used in the Cook model

Several scenarios, which are summarised in *Table 16*, are used to evaluate different treatment strategies.

The baseline risk profiles and the methodology used to predict risks are provided in *Table 17*.

Effectiveness of treatment regimens used in the Cook model

The benefits of the different treatment regimens are modelled by applying the percentage

changes in Total-c and HDL-c levels derived from either previously published meta-analyses (*Table 18*).

Costs of health states and monitoring in the Cook model

The costs of CHD events (*Table 19*) and monitoring costs are based on values used in the 2004 statin Health Technology Assessment report.³⁹ The costs of the CHD events (but not the monitoring costs) are inflated to 2006 costs using a 3.8% annual inflation rate.

TABLE 16 Treatment scenarios evaluated in the MSD/SP economic evaluation

Population ^a	Treatment 1	Treatment 2
Base case a: ezetimibe plus current statin vs double the dose of current statin		
Base case b: ezetimibe plus current statin vs current statin		
Current statin therapy: the distribution across types and doses for current statin therapy is based on current prescribing rates derived from sales data in the UK		
(i) Adults with clinical evidence of CVD	Ezetimibe plus current statin therapy	(a) Double the dose of current statin therapy
(ii) Adults with diabetes and no evidence of CVD		(b) Continue current statin therapy without modification
(iii) Adults with a 10-year CHD risk $\geq 20\%$		
(iv) Adults of South Asian origin at high risk of developing CVD		
Alternative Scenario 1: ezetimibe plus low-cost statin vs switch to more potent high-cost statin		
Assumes current statin therapy: 50% simvastatin 20 mg and 50% simvastatin 40 mg		
(i) Adults with clinical evidence of CVD	Ezetimibe plus 50% on simvastatin 20 mg and 50% on simvastatin 40 mg	50% on atorvastatin 20 mg and 50% on atorvastatin 40 mg
(ii) Adults with diabetes and no evidence of CVD		40 mg
(iii) Adults with a 10-year CHD risk $\geq 20\%$		
Alternative Scenario 2: titration of high-cost statin vs switch to low-cost statin plus ezetimibe		
Assumes current statin therapy: 50% atorvastatin 10 mg and 50% atorvastatin 20 mg		
(i) Adults with clinical evidence of CVD	50% on atorvastatin 20 mg and 50% on atorvastatin 40 mg	Ezetimibe plus 50% on simvastatin 20 mg and 50% on simvastatin 40 mg
(ii) Adults with diabetes and no evidence of CVD		40 mg
(iii) Adults with a 10-year CHD risk $\geq 20\%$		
Ezetimibe monotherapy: ezetimibe monotherapy vs no treatment		
For individuals in whom a statin is considered inappropriate or is not tolerated		
(i) Adults with clinical evidence of CVD	Ezetimibe monotherapy	No pharmacological treatment
(ii) Adults with diabetes and no evidence of CVD		
(iii) Adults with a 10-year CHD risk $\geq 20\%$		
^a Results are presented separately for males (females) aged 50, 60, 70 or 80 years.		

TABLE 17 Baseline lipid levels and additional risk factors modelled in the MSD/SP economic evaluation

	HDL-c (mmol/l)	SBP (mmHg)	DM (%)	Smoke (%)	HbA1c	Risk engine
People with clinical evidence of CVD	1.35	134.9	17	19		D'Agostino
People at high risk of a primary CVD event	1.0	150	0	100		Anderson
People with diabetes	1.35	143.1	100	20	7.41	UKPDS
HbA1c, glycosylated haemoglobin; SBP, systolic blood pressure.						

TABLE 18 Mean (SD) changes in Total-c and HDL-c used in the MSD/SP economic evaluation

Scenario	Total-c mean (SD, SE)	HDL-c mean (%)
Ezetimibe co-administered with current statin therapy Source: MSD/SP meta-analysis (Appendix 18)	-15.93 (18.37, 0.38)	1.69
Ezetimibe monotherapy Source: MSD/SP meta-analysis (Appendix 18)	-13.30 (9.91, 0.38)	2.90
Double statin dose Source: Knopp, ⁶⁷ McKenney ¹⁶⁰	-5.98 (12.45, 0.28)	0.15

TABLE 19 Health state and monitoring costs used in the MSD/SP economic evaluation

CHD event	1st year cost (£)	Subsequent year cost (£)
Angina	184	184
MI	4792	184
Fatal CHD	1256	NA
Monitoring costs	124	33.42
NA, not applicable.		

Costs of treatments used in the Cook model

All treatment costs (Appendix 16, *Table 69*) are based on drugs tariffs (July 2006) with the exception of ZOCOR, LIPOSTAT and SIMVADOR, which are based on eMIMS prices. Sales figures representing the type and dose of statin used in practice (Appendix 16, *Table 70*) are used to derive a weighted average (*Table 20*) cost of statin for the basecase analyses.

Utilities used in the Cook model

The health state QoL utilities (Appendix 17) and the utility by age are based on the data used in the NICE statin appraisal.³⁹ It is assumed that disutilities associated with treatments are small and these are not modelled.

Validation of the Cook model

The model is validated by comparing the number of events predicted by the model with the number of events observed in the 4S and AFCAPS/TexCAPS RCTs and in a UK-based observational/cross-sectional study.¹⁶¹⁻¹⁶⁴ Both the AFCAPS/TexCAPS and Whickham data are used to validate the model's accuracy in predicting events in patients with no history of CVD. Using the AFCAPS/TexCAPS data, the model underestimates both the percentage of patients who experience a non-fatal CHD event and the benefit of lipid lowering. The model over-predicts the rate of CHD events slightly for the 10-year Whickham data. The model predicts the 20-year Whickham data accurately, although the ratio between fatal and non-fatal CHD events is not equal to the observed ratio. The 4S data are used to validate the model's accuracy in predicting events in patients with a history of CVD. The model under-predicts both the percentage of patients who experience a non-fatal CHD event and the benefit of lipid lowering.

Overview of the Basic model submitted by MSD/SP

The alternative Basic model examines the effectiveness of treatment regimens by utilising the relationship between LDL-c reductions and CHD

TABLE 20 Weighted daily cost of statin treatment and statin titration used in the Cook model

	Weighted daily cost of current statin dose (£)	Weighted daily cost of next statin dose (£)
People who have not reached maximum dose of statin	0.4162	0.6733
People who have reached the maximum dose of statin	0.5416	0.5416
	Daily cost	
Simvastatin 10 mg (20 mg)	0.1001	
Atorvastatin 10 mg (20 mg)	0.945 ^a	
Ezetimibe 10 mg	0.94	
^a Scenario 1 uses a daily cost of £0.94, Scenario 2 £0.9438 and the Basic model £0.9450.		

risk.⁷⁹ The objective of this model was to test if the ICERs generated were comparable to the more sophisticated modelling approach. The methods and assumptions used in the simple model are summarised below:

- Simple decision tree structure.
- Health state and utility data as in the Cook model.
- The model predicts a first CHD event only.
- The annual CHD risk (2.5, 3, 3.5 or 4%) remains constant over time.
- The distribution across CHD events (fatal CHD event, 15%; non-fatal MI, 62%; non-fatal angina, 23%) is constant for all analyses based on a ratio derived from the Anderson equations.⁷⁷
- 1 mmol/l reduction in LDL-c = 23% reduction in risk.³³
- Rule of 6, doubling statin dose = 6% reduction in LDL-c.^{67,160}
- Ezetimibe co-administered with statin treatment gives an additional 23% reduction in LDL-c compared with statin monotherapy (meta-analysis of ezetimibe clinical trial data, data on file).

Using baseline LDL-c levels of 3, 3.5, 4 or 4.5 mmol/l, two treatment comparisons are evaluated:

1. Ezetimibe (£0.94 per day) plus a weighted average dose of generic and branded

simvastatin (10, 20, 40, 80 mg), atorvastatin (10, 20, 40, 80 mg), generic and branded pravastatin (10, 20, 40, 80 mg) and rosuvastatin (5, 10, 20, 40 mg (£0.4162 per day) versus a weighted average dose of generic and branded simvastatin (20, 40, 80 mg), atorvastatin (20, 40, 80 mg), generic and branded pravastatin (20, 40 mg) and rosuvastatin (10, 20, 40 mg) (£0.6733 per day).

2. Ezetimibe (£0.94 per day) plus 50% of individuals on simvastatin 20 mg and 50% of individuals on simvastatin 40 mg (£0.1001 per day) versus 50% of individuals on atorvastatin 20 mg and 50% of individuals on atorvastatin 40 mg (£0.945 per day).

Cost-effectiveness results estimated by the MSD/SP models

Results from the Cook MSD/SP model

The results are presented in terms of ICERs and are summarised in *Table 21*. The base case (a) evaluates ezetimibe plus current statin therapy compared with titration of current statin therapy. The results range from £8800 per QALY (for South Asian males at high risk of a CHD event aged 60 years with a baseline Total-c of 6.5 mmol/l) to £122,000 per QALY (for females with no history of CVD aged 80 years with a baseline Total-c of 4.5 mmol/l).

Results from the Basic MSD/SP model

The authors conclude the simplified model “gives results of a similar order to those calculated using

TABLE 21 Summary of results from the Cook model^a

Population	Patient profile ^b	Discounted ICER (£000)
Base case (a): ezetimibe plus current statin vs current statin titration		
Minimum: South Asian males at high risk of CVD	M, 60, 6.5	8.8
Maximum: females with no history of CVD	F, 80, 4.5	121.9
Base case (b): ezetimibe plus current statin vs current statin without titration		
Minimum: South Asian males at high risk of CVD	M, 60, 6.5	7.9
Maximum: females with no history of CVD	F, 80, 4.5	110.0
Ezetimibe monotherapy versus no treatment		
Minimum: South Asians males at high risk of CVD	M, 60, 6.5	9.9
Maximum: females with no history of CVD	F, 80, 4.5	131.1
Alternative scenario 1: ezetimibe plus low-cost statin vs switch to more potent high-cost statin		
Minimum: males with no history of CVD	M, 80, 6.5	1.0
Maximum: females with no history of CVD	F, 80, 4.5	15.6
Alternative scenario 2: titrate high-cost statin vs switch to low-cost statin plus ezetimibe		
Minimum: males with no history of CVD	M, 80, 6.5	1.0
Maximum: females with no history of CVD	F, 80, 4.5	14.9

^a Additional results are provided in Appendix 19.

^b Patient profile = gender (M = male, F = female), age (years), baseline Total-c (mmol/l).

the more sophisticated model". The examples provided are for a male aged 50 years with an annual risk of a primary cardiac event of 3.5% and a baseline LDL-c of 4.0 mmol/l. The ICER is estimated to be £21,100 per QALY when comparing a titration strategy using the weighted cost of all statins. Using the same baseline profile, the ICER is estimated to be £2000 per QALY when comparing ezetimibe plus simvastatin 20/40 mg with atorvastatin 20/40 mg.

Probabilistic results from the Cook model

Using a threshold of £20,000 per QALY, the results of the probabilistic analyses suggest that, with the exception of those aged 80 years with a Total-c of 4.5 or 5.5 mmol/l, ezetimibe co-administered with weighted statin therapy compared with titrated statin therapy is cost-effective for all men who have a history of CVD. Conversely, the cost-effectiveness acceptability curves (CEACs) generated for females suggest that, with the exception of diabetic patients, when using a threshold of £20,000 per QALY none of the treatment regimens are cost-effective (Appendix 19).

Critique of the MSD/SP economic models

When the Cook model was originally constructed, the algorithms from the Framingham study were potentially the most appropriate methodology for predicting future CV events in economic models when only surrogate outcome measures are available. However, this methodology has been superseded by the evidence published by the CTTC, which enables chemically induced changes in lipids to be linked to reductions in cardiovascular risk based on evidence from lipid lowering RCTs (see the section 'Introduction', p. 1).⁷⁹

The evidence which links treatment-induced changes in LDL-c and CV risk was used by the MSD/SP analysts in the Basic model. Although this is the preferred methodology, as stated by the authors of the MSD/SP report, the Basic model was constructed to predict approximate results only (p. 242, Appendix 28, of the industry submission report) for individuals with no history of CVD.

A number of potential issues were identified with the model and the three main areas of concern are summarised below. A more detailed discussion of the critique is provided in Appendix 21 together with a description of minor inconsistencies and responses to initial enquiries (Appendices 20 and 21).

1. The algorithm used to calculate risk for females with no history of CVD has been incorrectly coded. A term in the algorithm has been misinterpreted, with the consequence that the predicted risk for females decreases as age increases. As the risks for these cohorts are substantially underestimated, the number of events avoided is also underestimated. The errors have a large impact on the results.
2. The Framingham algorithms are used to predict annual risks in all the analyses up to the age of 99 years. These functions are valid within the range 35–74 years only.^{77,87} The modelled D'Agostino risks for cohorts aged over 70 years are considerably higher than the corresponding Anderson rates (Appendix 21). The impact on the ICERs is unknown.
3. The total CHD risk for individuals receiving no treatment can be allocated to non-fatal MI and CHD death only. This distribution does not reflect the definition of events included in the total CHD risk or the distribution across events in the data used to derive the risks: total CHD risk is defined as non-fatal MI plus CHD death plus angina pectoris plus coronary insufficiency;⁸⁷ fatal MI plus CHD death account for only 58% (38%) of male (female) initial events in the study.⁸⁷ Individuals receiving statin monotherapy may have more angina events than those receiving no treatment and individuals receiving ezetimibe plus statin treatment may have more angina events than those receiving either statin monotherapy or no treatment. This does not reflect published evidence from lipid-lowering RCTs. The results from a recent meta-analysis of statin data show that the relative risks (RRs) for stable angina and unstable angina versus placebo are 0.59 (95% CI 0.38 to 0.90) and 0.82 (95% CI 0.74 to 0.90), respectively.³⁹

As the total predicted CHD risk is distributed unevenly in the treatment arms, the number of more serious events prevented and therefore the benefits of treatment are overestimated. The magnitude of error in the ICERs is unknown.

In summary, it is not possible to estimate the full magnitude or direction of errors in the reported ICERs for each of the individual analyses and subgroups. The risk for females with no history of CVD is substantially underestimated, hence the corresponding ICERs are considerably higher than they should be. The validity of the predicted risk for older ages (over the age of 74 years), which affects all analyses, is questionable. The magnitude and direction of any errors are

uncertain. The number of serious events prevented is overestimated and therefore the ICERs are lower than they should be. The magnitude of this error is not known. The reviewers have not attempted either to correct the errors or to modify the methods used. The results generated using the MSD/SP models are therefore not considered to be robust.

Independent economic assessment by ScHARR

Objective

The primary objective of this evaluation is to appraise the cost-effectiveness of the use of ezetimibe treatment in patients with raised cholesterol levels who have not achieved the UK target levels (*Table 6*, p. 7) on current statin therapy. A secondary objective is to appraise the cost-effectiveness of ezetimibe in patients in whom statin therapy is contraindicated or in whom statins are not tolerated.

Methods

A Markov model was developed to explore the costs and health outcomes associated with a lifetime of treatment using a UK NHS perspective. Effectiveness of treatments is modelled using a reported link between chemically induced LDL-c reductions and CV events. Distribution across event types is based on UK-specific incidence and prevalence rates. Meta-analyses of published RCT data are used to inform efficacy of treatments in lowering LDL-c levels. Results are presented in terms of cost per QALY.

Sources of evidence

The evidence used to develop and populate the model was identified and selected from a number of key sources as listed in *Table 22*. Individual sources are referenced, as appropriate, in the report. An overview of the methods used to identify the evidence base supporting the model is presented in Appendix 23.

Populations considered in the ScHARR economic evaluation

The model evaluates the cost effectiveness of treatments in the following populations:

1. individuals who tolerate statin treatment
2. individuals in whom statin treatment is contraindicated and those in whom statins are not tolerated.

Each of the above is subdivided as follows:

- gender
- age groups (45, 55, 65, 75 years)
- primary or secondary CVD
- individuals with mild (2.5 mmol/l), moderate (3.0 mmol/l) and high (3.5 mmol/l) baseline LDL-c measurements.

Treatment/comparator

NICE guidance recommends statin treatment for individuals with existing CVD and those with a 10-year CVD risk $\geq 20\%$ ³⁹ with therapy initiated with a drug with a low acquisition cost (taking into account required daily dose and product price per dose). However, a proportion of individuals who receive the recommended therapy will fail to achieve national target lipid goals (*Table 6*) on initial doses and a proportion will not tolerate statins. Failure to achieve goals may be due to insufficient doses of statins being used, a reluctance to titrate doses when response is inadequate or poor patient compliance.¹⁶⁵ However, it is likely that more aggressive lipid-lowering strategies will prevail due to the anticipated changes to both the General Medical Services (GMS) contract and the QOF, and a shift towards payment by result.⁴⁵ Consequently the proportion of individuals who would have remained on current statin therapy without modification is expected to decrease.

If ezetimibe is co-administered with the current statin therapy compared with the alternative of titrating current statin therapy by one dose, there are numerous regimens that could be compared.

TABLE 22 Key sources of evidence used to inform the model

Review of clinical effectiveness
ScHARR economic analysis of statin therapy
Searches undertaken to inform model development
Searches undertaken to inform the review of cost-effectiveness
Searches undertaken to inform the review of clinical effectiveness
Ad hoc searches
Expert opinion
Reference sources [e.g. British National Formulary (BNF)]

Clinical advice was sought and the most useful comparison doses were suggested to be atorvastatin 40 mg and atorvastatin 80 mg. It was also suggested that simvastatin 40 mg and simvastatin 80 mg may be useful comparators, although if a patient fails to achieve a satisfactory reduction on simvastatin 40 mg a switch to atorvastatin and then titration through the doses was thought to be a more likely alternative to adding ezetimibe to simvastatin. Simvastatin 80 mg is not used widely due to the flat response and increase in adverse events. However, if the guideline development group on lipids recommend simvastatin 80 mg for both secondary and primary prevention and pravastatin 40 mg for primary prevention, these would also be relevant regimens.¹⁶⁶ It was suggested that for patients who fail to achieve adequate reductions on atorvastatin, the most likely alternative would be a switch to rosuvastatin. The treatment strategies modelled are described below.

Comparator literature search

A systematic literature search (reported in Appendix 23) was undertaken to identify possible comparators. Published systematic reviews and meta-analyses of lipid-lowering therapies identified in the systematic review described in Chapter 3 were used to identify studies on the possible comparators. New evidence and studies excluded from the existing reviews were identified through a berrypicking technique¹⁶⁷ whereby the existing list of studies identified was expanded until it was thought that any additional data would not alter the results. Clinical opinion was sought to clarify areas of uncertainty.

Results

Based on the results of the searches, the most likely alternatives for individuals who tolerate statins but do not achieve goals are:

- Titrate current statin by one dose.
- Switch to a more potent statin.
- Add other lipid-regulating treatments such as nicotinic acid, bile acid resin or a fibrate to current statin treatment.

The most likely alternatives for individuals who do not tolerate statins are:

- nicotinic acid, bile acid resin, a fibrate or a combination of these
- no treatment.

Comparators for patients who tolerate statins

In the absence of robust evidence on effectiveness rates for combination and alternative therapies,

the comparator used in the evaluation for patients who tolerate statin treatment is statin monotherapy. The comparators modelled are current statin treatment titrated by one dose or a switch to a more potent statin. Details of the treatment regimens compared are described in the next section.

Comparators for patients who do not tolerate statins

For individuals in whom statins are contraindicated and those in whom statins are not tolerated, the results of the literature searches suggest that the most appropriate comparator to ezetimibe monotherapy would be either nicotinic acid, bile acid resin, a fibrate or a combination of these. Prescribing rates for fibrates, resins and nicotinic acid are low, representing only 2.37, 0.21 and 0.07%⁴⁴ of patient-days of lipid-lowering therapy in the UK, respectively, possibly due to poor tolerability and palatability, moderate effects on LDL-c levels and a high prevalence of intolerable side-effects (see the section 'Current service provision', p. 6). These treatments are generally reserved for individuals with hypertriglyceridaemia, mixed hyperlipidaemia HeFH or diabetes.

Based on expert opinion (Yeo WW, Royal Hallamshire Hospital, Sheffield: personal communication, May 2006), small prescribing rates and the conflicting evidence on the effectiveness of fibrates (Robins S, Boston University School of Medicine, Boston: personal communication, May 2005), fibrates are not considered to be an appropriate comparator to ezetimibe treatment for the majority of individuals not achieving cholesterol goals.

The most appropriate study identified which provided sufficient detail for resins was a placebo controlled study of cholestyramine (24 g/day) involving over 3800 individuals.¹⁶⁸ However, this treatment is very rarely prescribed in the UK to lower LDL-c due to limited effectiveness and the adverse event rate associated with higher doses (see *Table 8*).

Niacin is very rarely prescribed in the UK and is not generally used to achieve an LDL-c target (see *Table 8*). This treatment can also cause unpleasant adverse events,⁴² particularly when taken in the larger doses that would be required to achieve targets. The minimum dose that would be applicable is 1 g/day (Durrington P, Department of Medicine, University of Manchester: personal communication, October 2006). A placebo-controlled trial by Knopp.⁶⁷ using niacin 1.5 g/day provided detail on the effectiveness of treatments

in reducing LDL-c. At this dose, niacin is only slightly less costly than ezetimibe, the evidence suggests that niacin is also less effective in reducing LDL-c than ezetimibe and, as individuals are more likely to incur disutilities due to the adverse events, this treatment is not considered as a comparator to ezetimibe.

Consequently, the most appropriate comparator for ezetimibe monotherapy in patients who are contraindicated for statin treatment and those in whom statins are not tolerated is considered to be no treatment.

Treatment regimens modelled in the SCHARR economic evaluation

- **Scenario 1:** compares ezetimibe co-administered with current weighted statin versus current weighted statin titrated by one dose. Current statin therapy and the corresponding weighted cost are based on published data on prescribing rates in England and Wales.^{43,44}
- **Scenario 2:** compares the costs and benefits of ezetimibe therapy in individuals who are either contraindicated for statin treatment or in whom statin therapy is not tolerated. The treatment regimen is ezetimibe (10 mg/day) monotherapy compared with no treatment.
- **Scenario 3:** compares ezetimibe co-administered with generic simvastatin with a more potent dose of atorvastatin (50% on 20 mg and 50% on 40 mg for each statin). The UK guidelines for statin treatment recommend initial therapy is a drug with a low acquisition cost (taking into account required daily dose and product price per dose).³⁹ Prescribing data suggest that this recommendation is adhered to in general, with almost 50% of patient days of treatment in England being generic simvastatin.⁴³ The majority of the balance is accounted for by atorvastatin therapy.⁴³
- **Scenario 4:** compares ezetimibe co-administered with current weighted statin versus current weighted statin.
- **Scenario 5:** compares ezetimibe co-administered with rosuvastatin 40 mg versus rosuvastatin 40 mg. If ezetimibe is added to statin x (any dose or cost) and compared with the same statin x (of equal dose and cost), the cost of statin treatment in each arm will cancel. Due to the lack of detailed data on any differences in effectiveness of ezetimibe in combination with different statins compared with the same statin, the clinical impact of adding ezetimibe to the statin will be the same for each regimen.

Scenarios 4 and 5 are used to demonstrate the cost-effectiveness of the alternative regimens. Any differences in the ICERs generated will be due to rounding errors and will be minimal.

- **Scenario 6:** compares ezetimibe co-administered with current statin treatment with switching to the same dose of a more potent statin.

When switching to the same dose of a more potent statin, there are 10 alternative treatment regimens (Table 23). The only difference in the 10 analyses is the incremental annual cost of the regimens being compared.

Treatments for cohorts of patients with diabetes

Based on clinical advice (Durrington P, Department of Medicine, University of Manchester: personal communication, October 2006), if simvastatin 40 mg does not lower LDL-c sufficiently in patients with diabetes, they are likely to be switched to atorvastatin as opposed to titrated to simvastatin 80 mg due to the plateau effect and increased risk of adverse effects observed with the latter dose. They will also be titrated through the doses for atorvastatin. The most likely treatment comparisons for patients with diabetes when comparing the cost-effectiveness of adding ezetimibe to ongoing statin treatment versus switching to a more potent statin are:

- **Scenario 6, treatment regimen 4:** ezetimibe 10 mg plus atorvastatin 40 mg versus rosuvastatin 40 mg.
- **Scenario 6, treatment regimen 6:** ezetimibe 10 mg plus atorvastatin 20 mg versus rosuvastatin 20 mg.
- **Scenario 6, treatment regimen 10:** ezetimibe 10 mg plus simvastatin 40 mg versus atorvastatin 40 mg.

Scenario 2, ezetimibe monotherapy versus no treatment, would also be applicable for patients with diabetes who do not tolerate statins.

Treatments for HeFH cohorts

It is assumed that patients with HeFH will require more potent statin treatment than patients without HeFH and the analyses for the HeFH subgroups use:

- **Scenario 6, treatment regimen 4:** ezetimibe 10 mg plus atorvastatin 40 mg versus rosuvastatin 40 mg.
- **Scenario 2,** ezetimibe monotherapy versus no treatment, would also be applicable for individuals with HeFH who do not tolerate statins.

TABLE 23 Possible treatment regimens and annual costs when switching to the same dose of a more potent statin

No.	Treatment regimen ^a		Annual cost (£)		Incremental annual cost (£)
	Combination therapy	Monotherapy	Combination therapy	Monotherapy	
1	E10 + P10	S10	368.00 ^b	23.59 ^b	344.40
2	E10 + A10	R10	578.00	235.03	342.97
3	E10 + P20	S20	366.56 ^b	30.50 ^b	336.06
4	E10 + A40	R40	710.71	387.03	323.68
5	E10 + P40	S40	375.17 ^b	55.14 ^b	320.03
6	E10 + A20	R20	664.17	387.03	277.14
7	E10 + S10	A10	366.56 ^b	235.03	131.53
8	E10 + S80	A80	453.25 ^{b,c}	367.74	85.51
9	E10 + S20	A20	373.47 ^b	321.20	52.27
10	E10 + S40	A40	398.11 ^b	367.74	30.37

^a A = atorvastatin, E = ezetimibe, P = pravastatin, R = rosuvastatin, S = simvastatin; combination therapy: E10 + P10 = ezetimibe 10 mg plus pravastatin 10 mg; E10 + A10 = ezetimibe 10 mg plus atorvastatin 10 mg, etc.; monotherapy: S10 = simvastatin 10 mg; R10 = rosuvastatin 10 mg, etc.

^b Costs are for generic pravastatin and generic simvastatin.

^c Cost is for 2 × 40 mg generic simvastatin.

Structure of the Markov model

A Markov model is used to explore the clinical pathway of individuals at risk of a CVD event. The pathway is divided into a finite number of mutually exclusive health states. At any point in time, all patients within the model exist in one of these states. This methodology is useful for diseases involving risks that continue or increase over time and where events can occur more than once.^{169–171} The methodology increases flexibility for tracking costs and utilities over numerous health states. The proportion of patients in each of the health states is governed by age-dependent time-variant transition matrices which describe the annual probability of moving to an alternative health state. CVD risk is updated annually.

Time horizon

When assessing the impact of treatments on reducing major events such as MI, Str and CV deaths, a lifetime horizon is appropriate to explore the full costs and benefits accrued through events avoided. However, in the current evaluation, this requires two large assumptions: (1) that the surrogate outcomes (changes in lipids) will translate to reductions in cardiovascular events and (2) that the extremely short-term surrogate outcomes will be sustained over long time horizons. The results are presented using both 20-year and lifetime horizons.

Markov health states modelled

For the purposes of this evaluation, a CVD event is defined as onset of stable angina, unstable angina, a non-fatal MI, death from CHD-related causes, a

TIA, a non-fatal Str or death from Str/TIA-related causes. This definition is based on the evidence that is available for incidence and prevalence in the UK.

For the primary prevention CVD analyses, all individuals commence in the event-free health state (*Table 24*). During each annual cycle of the model, a proportion enter one of the qualifying event health states: MI, stable angina, unstable angina, CHD death, TIA, Str, CVD death or death through other causes, while the remainder remain in the event-free state.

For the secondary prevention analyses, all patients commence in post-health states. In each cycle, patients have a non-fatal event, a fatal event, die through other causes or move to a post-health state. The secondary analyses allow a maximum of two subsequent events, while primary analyses also allow one primary event. A full list of secondary transitions is provided in *Table 28*.

Perspective

A UK NHS perspective is used, hence direct costs only are applied and productivity lost through illness or costs incurred directly by patients are not included.¹⁷² As per current NICE guidance, discount rates of 3.5% are applied to both costs and health benefits.^{39,172} Costs are at 2006 prices. Half cycle correction is used for both costs and benefits.

Baseline LDL-c measurements

The baseline LDL-c values modelled are based on data from individuals on ongoing lipid-lowering

TABLE 24 Markov health states used in the SchARR economic evaluation

Primary events		Secondary events	
From	To	From	To
Event free	Stable angina	Stable angina	Post-stable angina
	Unstable angina		Unstable angina
	Non-fatal MI		Non-fatal MI
	TIA		Fatal CHD event
	Non-fatal Str		Death from other causes
	Fatal CHD event		Post-unstable angina
	Fatal CVD event		Non-fatal MI
	Death from other causes		Fatal CHD event
		Unstable angina	Non-fatal Str
			Fatal CVD event
			Death from other causes
			Post-non-fatal MI
			Non-fatal MI
			Non-fatal Str
			Fatal CHD event
			Fatal CVD event
		Non-fatal MI	Death from other causes
			Post-non-fatal MI
			Non-fatal MI
			Non-fatal Str
			Fatal CHD event
			Fatal CVD event
			Death from other causes
			Post-TIA
		TIA	Non-fatal MI
			Non-fatal Str
			Fatal CHD event
			Fatal CVD event
			Death from other causes
			Post-non-fatal Str
			Non-fatal MI
			Non-fatal Str
		Non-fatal Str	Non-fatal MI/Str
			Fatal CHD event
			Fatal CVD event
			Death other causes
			Non-fatal MI/Str
			Non-fatal Str
			Fatal CHD event
			Fatal CVD event
		Non-fatal MI/Str	Death from other causes
			Non-fatal Str
			Fatal CHD event
			Fatal CVD event
			Death from other causes

treatment: range 3.1 mmol/l (SD = 0.38)¹²⁴ to 3.6 mmol/l (SD = 0.10).¹⁷³ For the main analyses, three different baseline LDL-c measurements are modelled: mild, moderate and high (2.5, 3.0 and 3.5 mmol/l).

Baseline primary CVD risks

Baseline 10-year primary CVD risks modelled are assumed to be greater than 20% at the age of 45 years (Table 25). The initial risk is assumed to increase up to the age of 75 years, based on trends observed in the HSE 2003 data.¹⁷⁴ Due to the limited amounts of data, particularly at younger and older ages, subgroup analyses for individuals receiving CVD medications were not performed.

The baseline risks are updated annually using gender-specific regressions derived from analyses of the HSE 2003 data (Appendix 26).¹⁷⁴ The

natural increase by age is less rapid for females than males, reflecting the trends observed in the HSE data.

Primary incidence rates/distribution of risk across health states

As per recommendations,¹⁷² UK-specific data are utilised where possible and UK epidemiological data (Table 26) are used to apportion the total primary risk to event type. As used in the recent HTA statin economic evaluation, incidence rates for primary CHD events are taken from the Bromley Coronary Heart Disease Register¹⁷⁵ and TIA and Str are taken from the Oxfordshire Community Stroke Project.^{176,177}

In the absence of reported UK data for primary CHD events for older age groups, it is assumed that the rates for angina and non-fatal MI for the

TABLE 25 Baseline primary 10-year CVD risk (%) and corresponding annual rate (%)

Age (years)	Males		Females	
	10-year CVD risk	Annual CVD rate ^a	10-year CVD risk	Annual CVD rate ^a
45	20	2.2	20	2.2
55	23	2.6	24	2.7
65	28	3.3	28	3.2
75	34	4.1	34	4.0

^a The annual rate corresponding to the 10-year risk is calculated using the equation $\text{annual rate} = 1 - (1 - 10\text{-year probability}) \times (1/10)$.

TABLE 26 Distribution (%) across primary events in the ScHARR economic evaluation

Age (years)	Stable angina	Unstable angina	MI	Fatal CHD	TIA	Str	Fatal CVD	Total event rate per 1000 per annum ^a
Male								
45	30.7	10.7	29.5	7.1	6.0	12.9	3.0	4.2
55	32.8	7.1	17.2	8.6	8.9	20.6	4.8	13.7
65	21.4	8.3	17.3	9.7	10.0	27.0	6.3	24.3
75	19.1	8.1	16.1	6.3	8.0	34.3	8.0	37.5
85	21.4	9.6	18.6	5.5	1.6	35.1	8.2	42.6
Female								
45	32.5	11.7	8.0	3.7	16.0	22.9	5.4	1.6
55	34.6	7.3	9.2	3.9	9.5	28.8	6.7	6.6
65	20.2	5.2	12.1	8.1	7.3	38.2	9.0	12.4
75	14.9	3.4	10.2	4.3	9.8	46.4	10.9	23.4
85	13.6	2.9	10.0	3.0	8.7	50.1	11.7	32.9

^a The total event rates are for all CVD events per 1000 population per annum.

age groups 75–84 and 85+ years increase. The rate of increase is based on the ratio of increases reported for the age groups 55–64 and 65–74 years. The rates for fatal CHD events for patients aged over 74 years are held constant at the reported rate for age 65–74 years. The published rates for first-ever Str by age are assumed to be distributed 81:19 for non-fatal:fatal events, based on the overall published figures from the Oxfordshire study.¹⁷⁶

Prevalence for secondary evaluations

Published UK prevalence data are used to distribute patients to initial health states for the secondary prevention evaluations (Table 27). For angina, MI and Str these are taken from the British Heart Foundation Statistics Database¹⁷⁸ whereas evidence from Bots and Kastelein¹⁷⁹ is used to inform prevalence for TIA. It is assumed that the published angina figures include both stable and unstable angina patients and prevalence for these health states are derived using the ratios for stable and unstable angina reported in the incidence data. As TIA prevalence

is unavailable for the age group 45–54 years, this is scaled using the prevalence rates for Str.

Secondary event rates

UK-specific data were used wherever possible to ensure that event rates match the likely distribution in the UK. Two main sources were used: with the exception of stable angina, for patients with a primary CHD event, the occurrence of further MI, Str and vascular deaths is derived from patients on the Nottingham Heart Attack Register (NHAR),¹⁸⁰ whereas the probabilities of subsequent Str and vascular deaths for patients with a history of a Str are derived from patients on the South London Stroke Register (SLSR).¹⁸¹

Logistic and multivariate regression analyses were used to estimate the probability of experiencing secondary events within 1 year of a qualifying primary event (Appendix 24). First, logistic regression was used to estimate the probability of experiencing a secondary event of any type, that is, the combined rate of non-fatal MI, non-fatal Str

TABLE 27 Distribution (%) of patients in initial health states for secondary analyses by age and gender

Age (years)	Unstable angina	MI	Fatal CHD	Str	Fatal CVD	Total per annum
Male						
45	28.7	10.0	37.4	7.2	16.6	7.2
55	37.2	8.0	36.2	4.3	14.2	23.2
65	31.2	12.0	32.1	7.5	17.2	36.1
75	29.0	12.4	30.5	4.8	23.3	44.2
Female						
45	34.1	11.9	26.3	4.6	23.0	3.04
55	41.1	8.9	21.8	8.2	20.0	11.0
65	33.4	12.9	25.7	4.7	23.4	21.4
75	34.3	14.6	18.7	6.9	25.4	34.7

and vascular death. Multivariate regression analysis was then used to determine the distribution of secondary events between each type, should an event occur. The results confirm the importance of accounting for age in the model. For patients experiencing an MI, the probability of a secondary event within 1 year is strongly correlated with age (mean probability of 14.7% at age 45 years and 29.5% at age 85 years). Similarly for patients experiencing a Str, their probability of a secondary event within 1 year increases by age (mean probability of 5.4% at age 45 years and 29.8% at age 85 years), whereas patients with unstable angina have a mean probability of an event of 8.7% at age 45 years compared to 31.3% at age 85 years.

Similar analyses were performed to estimate the probabilities of subsequent events in subsequent years. In the absence of data, these results are used to inform all subsequent events. This is a conservative approach as the application of these data implies that there is no additive effect on fatal or non-fatal event rates from previous events.

TIA transitions are taken from a study by Rothwell and colleagues.¹⁸² As this evidence provides a constant rate across all ages (TIA to non-fatal Str = 0.042, non-fatal MI = 0.006, fatal CVD = 0.02 and fatal CHD = 0.019 at age 67 years), the data are adjusted using the corresponding changes in incidence rates to derive probabilities by age.

The transitions from stable angina to unstable angina, non-fatal MI and fatal CHD are based on RCT data.¹⁸³ The trial enrolled 2035 patients from a primary care setting in Sweden between 1985 and 1989. The primary end-point was the first occurrence of non-fatal or fatal MI or sudden death. Median follow-up time was 50 months. The number of events and hence probability of events

at 1 year are estimated from the number of patients at risk at 1 year and the ratio of the number of events at trial end. As the results are reported as a constant rate across all ages (stable angina to unstable angina = 0.006, non-fatal MI = 0.011 and fatal CHD = 0.007 at age 67 years), the data are combined with the corresponding changes in incidence rates to derive probabilities by age. It is assumed that the probabilities of a non-fatal Str and fatal CVD events are based on the corresponding transitions for post-MI and unstable angina rates, respectively.

The data used in the secondary transitions are from patients with a history of CVD. The event rates for transitions in the first year, after an event are higher than the event rates in subsequent years reflecting the initial increase in risk after an event. It is possible that the overall risk for post-health states (i.e. when the patient has not had an event in the previous 12 months) for younger cohorts is lower than the primary risk modelled. Based on clinical advice, we have adjusted the post-event rates to ensure that the total risk for a secondary event is always greater than the risk for an individual of the same age in a primary health state. The transitions differ by age and gender and an example is provided in *Table 28*.

Evidence used to translate changes in LDL-c to reductions in CVD events

By examining the incidence rates of first events since the start of the studies, the CTTC analysts established that there was an approximate linear relationship between absolute reductions in LDL-c and the proportional reductions in major vascular events (see the section 'Description of health problems', p. 1). When subgrouped by changes in LDL-c over time, their findings suggest that a sustained reduction in LDL-c of 1 mmol/l over 5 years may produce a proportional reduction in

TABLE 28 Annual transitions for secondary events (%)^a

	Unstable angina	Non-fatal MI	Non-fatal Str	CHD death	CVD death
Age 45 years					
Stable angina	0.48	1.16	0.15	0.32	0.13
Unstable angina (1st year)		5.0	0.1	3.62	0.16
Unstable angina (subsequent year)		1.86	0.04	0.81	0.04
MI (1st year)		12.8	0.1	1.67	0.07
MI (subsequent year)		1.6	0.04	0.52	0.02
TIA		0.4	0.9	0.60	0.34
Str (1st year)		0.41	4.3	0.46	0.46
Str (subsequent year)		0.41	1.44	0.21	0.21
Age 55 years					
Stable angina	0.60	1.45	0.4	0.40	0.19
Unstable angina (1st year)		5.0	0.3	5.85	0.26
Unstable angina (subsequent year)		3.27	0.09	0.98	0.04
MI (1st year)		11.7	0.3	3.00	0.13
MI (subsequent year)		1.95	0.10	0.95	0.04
TIA		0.6	1.2	0.81	0.46
Str (1st year)		0.6	4.6	1.02	1.02
Str (subsequent year)		0.56	1.82	0.45	0.45
Age 65 years					
Stable angina	0.81	1.71	0.6	0.97	0.14
Unstable angina (1st year)		4.9	0.6	9.80	0.44
Unstable angina (subsequent year)		5.96	0.20	1.17	0.05
MI (1st year)		10.3	0.6	5.63	0.25
MI (subsequent year)		2.18	0.24	1.71	0.08
TIA		0.3	2.0	1.03	0.78
Str (1st year)		0.3	4.8	2.39	2.39
Str (subsequent year)		0.35	2.20	0.97	0.97
Age 75 years					
Stable angina	1.19	2.18	0.9	1.39	0.12
Unstable angina (1st year)		4.7	1.3	15.95	0.71
Unstable angina (subsequent year)		10.6	0.43	1.37	0.06
MI (1st year)		8.9	1.3	4.07	0.18
MI (subsequent year)		2.2	0.54	10.27	0.46
TIA		0.6	4.2	1.85	1.63
Str (1st year)		0.6	4.8	1.93	1.93
Str (subsequent year)		0.55	2.45	5.42	5.42

^a Transitions to MI, Str or fatal events following a Str are assumed to be the highest of the transitions from individuals with a history of Str or MI.

major vascular events of about 23% as opposed 21% when using the weighted analysis. The proportional reduction varies according to event type and the RRs corresponding to a reduction of 1 mmol/l LDL-c are provided in *Table 29*.

A number of assumptions were used to model the relationship:

- The RR for angina is equal to the RR for non-fatal MI.
- The RR for non-TIA is equal to the RR non-fatal Str.
- The RR for fatal Str is equal to one, as the CIs

cross one and evidence from a recent meta-analysis of RCT event rates was also inconclusive.^{39,184}

- The relationship between reductions in LDL-c and first event observed in the studies is also representative of corresponding reductions in subsequent events.
- The proportional reduction in event rate per mmol/l in LDL-c is independent of presenting level of lipids (Figure 5, CTTC⁷⁹).
- The proportional reduction in event rate per mmol/l in LDL-c is independent of baseline prognostic factors (Figure 5, CTTC⁷⁹) such as age, sex, diabetes status or CVD history.

TABLE 29 Proportional effects on major vascular events per mmol/l LDL-c reduction

Event	RR	95% CI	Source
Non-fatal MI	0.74	0.70 to 0.79	Table 2, CTTC ⁷⁹
Angina	0.74	0.70 to 0.79	See text, p. 50
CHD death	0.81	0.75 to 0.87	Table 1, CTTC ⁷⁹
Any Str	0.83	0.78 to 0.88	Table 2, CTTC ⁷⁹
TIA	0.83	0.78 to 0.88	See text, p. 50
Fatal Str ^a	0.91	0.74 to 1.11	Table 1, CTTC ⁷⁹
Any major vascular event	0.79	0.77 to 0.81	Table 2, CTTC ⁷⁹

^a Assumed RR = 1; see text, p. 50.

The CTTC findings suggest a highly significant 10% proportional reduction in major vascular events per mmol/l reduction in LDL-c during the first year and larger reductions (approximately 20–30% per mmol/l) during every successive year of treatment. However, in keeping with the conflicting evidence on the observed delay in benefits after commencing statin treatment,^{185–187} no benefits are modelled in the first year of treatment. This is possibly a conservative assumption and the effect of varying the time delay in treatment effects is explored in sensitivity analyses.

It has been assumed that treatments have no impact on the RR of fatal Str. This assumption is based on both the results reported by the CTTC and the results of the recent meta-analysis of event rates in statin RCTs.³⁹ There have been conflicting reports on the differential effects of lipid-lowering therapies on Str and whereas the reported RR from the CTTC is used in the base case, the impact of modelling no benefits on Str or TIA is explored in sensitivity analyses.

It has also been assumed that the proportional reduction in event rate per mmol/l in LDL-c is generalisable to ezetimibe monotherapy and ezetimibe combination treatment with a statin. To our knowledge, there is no published evidence to support this assumption. As demonstrated in the literature on the benefits of fibrates, the relationship between changes in any lipids and CV events may be treatment specific. However, until the results from the long-term studies of ezetimibe emerge, the association between ezetimibe-induced changes in lipids and CV events remains unknown.

Benefits of treatments

The benefits of treatment regimens modelled are derived from published data on reductions in LDL-c (Table 30). The effectiveness of ezetimibe

monotherapy and ezetimibe in combination with statin therapy is based on the meta-analyses in the section 'Results' (p. 19). It is assumed that statin titration of one dose provides an additional reduction of 6% based on published data.⁶⁷

The evidence used in the meta-analysis for ezetimibe plus statin therapy is taken from studies which involved a washout period prior to commencing study treatments (Figure 1). As we are modelling ezetimibe as an 'add-on' treatment for patients who have not achieved an adequate response to statin monotherapy, an adjustment has been made to the effectiveness rates.

Looking at the example in Figure 6 for first-line treatment:

- x = baseline LDL-c value after washout
- y = LDL-c value for statin arm at end of RCT
- z = LDL-c value for statin plus ezetimibe arm at end of RCT
- $\%S$ = percentage reduction in the statin monotherapy arm
- $\%ES$ = percentage reduction in the statin plus ezetimibe arm
- $\%E_i$ = additional percentage reduction due to ezetimibe treatment
- $\%E_a$ = additional percentage reduction due to ezetimibe treatment, adjusted for second-line.

Using the above example:

$$\%S = (6 - 3.6)/6 = 40\%; \quad \%ES = (6 - 2.7)/6 = 55\%; \quad \text{incremental } E_i = 55 - 40\% = 15\%$$

When assuming that y is achieved through statin monotherapy, then the incremental percentage reduction through ezetimibe 'add-on' treatment is

$$\%E_a = (3.6 - 2.7)/3.6 = 25\%$$

TABLE 30 Treatment scenarios; mean change in LDL-c and annual costs

Treatment regimen	Annual cost (£)	Adjusted mean % LDL-c change ^a	Source
Scenario 1			
(a) Ezetimibe 10 mg plus current weighted statin	493	-22.4	Meta-analysis
(b) Current weighted statin titrated by one dose	226	-9.5	Knopp ⁶⁷
Scenario 2			
(a) Ezetimibe 10 mg monotherapy	343	-18.56	Meta-analysis Figure 1
(b) No treatment	0	-	
Scenario 3			
(a) Ezetimibe 10 mg plus generic simvastatin 50% simvastatin 20 mg + 50% simvastatin 40 mg	386	-22.4	Meta-analysis
(b) More potent dose of atorvastatin 50% atorvastatin 20 mg + 50% atorvastatin 40 mg	344	-9.5	Knopp ⁶⁷
Scenario 4			
(a) Ezetimibe 10 mg plus current weighted statin	493	-22.4	Meta-analysis
(b) Current weighted statin	150	-	
Scenario 5			
(a) Ezetimibe 10 mg plus rosuvastatin 40 mg	730	-22.4	Meta-analysis
(b) Rosuvastatin 40 mg	387	-	
Scenario 6			
(a) Ezetimibe 10 mg plus current statin	Various (Table 23)	-22.4	Meta-analysis
(b) Same dose of a more potent statin		-9.5	Knopp ⁶⁷

^a Mean percentage reduction in LDL-c. Weighted cost for current statin therapy is based on published prescribing rates for 2005.⁴³ The cost of titrated weighted statin is calculated by assuming that all individuals on 10 mg (20, 40 mg) will receive 20 mg (40, 80 mg). Those on the maximum doses remain constant. Individual treatment costs are provided in Table 32.

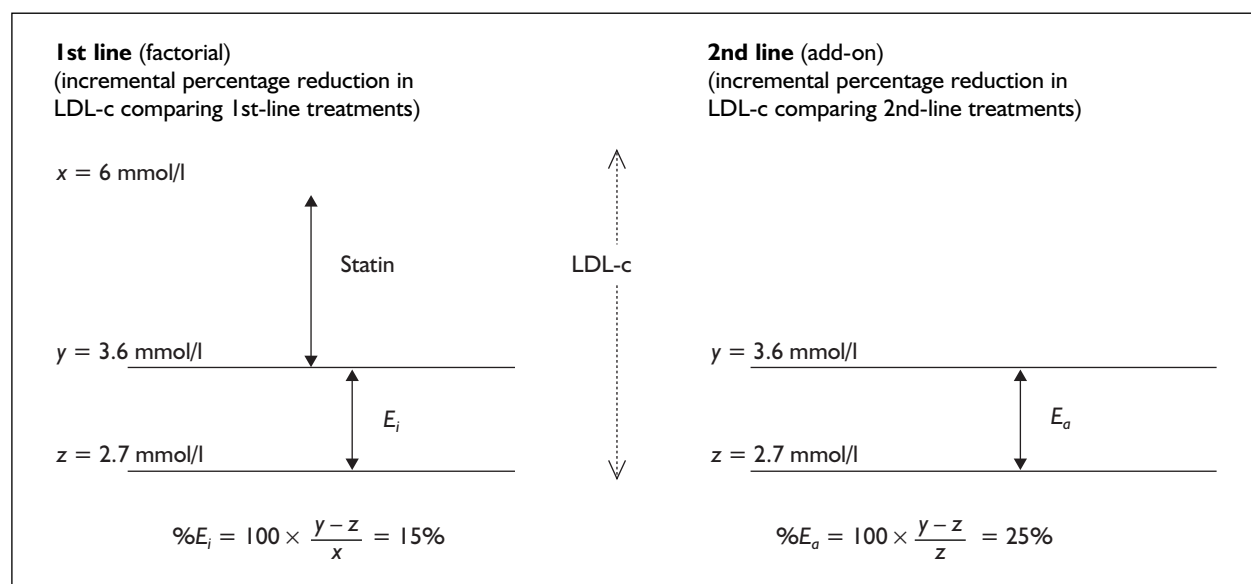


FIGURE 6 Percentage decrease in LDL-c due to first- or second-line treatment

Based on the ezetimibe RCT evidence, the baseline LDL-c is 4.65 mmol/l. Using the evidence from the statin arms in the ezetimibe trials, the mean LDL-c after statin monotherapy is 2.92 mmol/l. Using the evidence from the ezetimibe plus statin

combination arms, the mean LDL-c after combination therapy is 2.27 mmol/l. Adjusting for the second-line treatment as in the above example, the percentage reduction due to ‘adding on’ ezetimibe is 22.4% [22.4% = (2.92 - 2.27)/2.92].

Assuming that titrating to the next highest dose of statin provides an additional 6% reduction in LDL-c, the additional benefit due to second-line statin treatment would be 9.5%. This is calculated using the evidence from the statin arms in the ezetimibe trials: baseline LDL-c is 4.65 mmol/l, the mean LDL-c after statin monotherapy (S_1) is 2.92 mmol/l, which equates to a percentage reduction of 36.5%. Assuming an additional 6% reduction for the follow-on statin the mean LDL-c after titration would be 2.65 mmol/l. Hence the percentage reduction for the second-line statin treatment would be 9.5% [$9.5\% = (2.92 - 2.65)/2.92$].

Applying the benefits of treatments

The RR of an event is calculated by multiplying the baseline LDL-c by the percentage reduction in LDL-c to obtain an absolute reduction in LDL-c. The RR of an event is then calculated by multiplying the absolute reduction in LDL-c by the RR of the event.

Health states costs

A detailed review was undertaken to obtain the most recent and appropriate published evidence on costs for the different health states modelled (see Appendix 23) (Table 31). Published literature is sparse and, in general, the evidence used in the recent statin appraisal has been retained. Medication costs are taken from the August 2006 BNF,¹⁸⁸ costs for GP contact are taken from Curtis and Netten¹⁸⁹ and other costs are adjusted to 2006 using the Pay and Prices annual percentage increase (1.9%).¹⁵⁴ First year and subsequent year costs are assigned for each of the health states modelled.

Stable angina. The annual cost of stable angina is calculated considering only primary care support

(patients are usually not hospitalised). It is assumed that each patient will visit the GP three times per annum for monitoring and prescribing of medication.³⁹ Additionally, it is assumed that 90% of these patients receive glyceryl trinitrate (GTN) spray, isosorbide mononitrate, one of verapamil, atenolol or diltiazem and aspirin. The estimated total cost per patient per annum of GP contact plus medication described above is £201.

Unstable angina. To calculate the first year annual cost of unstable angina, three assumptions are made: the medication costs are the same as stable angina, 60% of patients also receive clopidogrel and 50% of patients will be hospitalised. The total cost for the first year is estimated to be £477. It is assumed that the annual cost for subsequent years is the same as for stable angina.

Non-fatal MI. The non-fatal MI cost of year 1 is taken from Palmer and colleagues¹⁹⁰ (£4070) and inflated to 2006. This cost is derived from data in the Nottingham Heart Attack Register and provides an annual average cost estimated by aggregating the resources consumed by each patient in the cohort. It is assumed that only primary care is required in subsequent years, hence cost is the same as for stable angina.

Fatal MI. The cost of fatal MI is taken from Clarke and colleagues¹⁵⁵ (£1152) and inflated to 2006.

TIA. Although a TIA has no costs associated with the actual episode, after the event patients will have tests and continue on medication for the long term. It is assumed that the patient attends an outpatient visit and undergoes appropriate tests (including an ultrasound, computed tomography scan and an angiography); a small number of patients will also require an

TABLE 31 Cost of health states in SchARR cost-effectiveness model

Health state	Cost (2006 £)	Assumption/source
Stable angina (year 1)	201	3 times 15 minutes GP contact plus medication costs
Stable angina (subsequent year)	201	3 times 15 minutes GP contact plus medication costs
Unstable angina (year 1)	477	As stable angina costs plus 60% of patients on clopidogrel
Unstable angina (subsequent year)	201	3 times 15 minutes GP contact plus medication costs
MI (year 1)	4934	Palmer et al., 2002 ¹⁹⁰ inflated to 2006 (£4457) + primary care and medication costs as unstable angina (£477)
MI (post-year 1)	201	3 times 15 minutes GP contact plus medication costs
MI (fatal event)	1261	Clarke et al., 2003 ¹⁵⁵ inflated to 2006
TIA (year 1)	1104	£1064 inflated to August 2006
TIA (subsequent year)	274	£264 inflated to August 2006
Str (year 1)	8070	Youman et al., 2003 ¹⁹¹ weighted by severity and inflated to 2006
Str (subsequent year)	2169	Youman et al., 2003 ¹⁹¹ weighted by severity and inflated to 2006
Str (fatal event)	7425	Youman et al., 2003 ¹⁹¹ inflated to 2006

endarterectomy. On average, the cost per patient in 2004 was calculated to be £800.³⁹ After a TIA, patients are assumed to undergo long-term medication which is a combination of aspirin, dipyridamole, an acetylcholinesterase inhibitor and a diuretic at an evaluated cost of £264.³⁹ First year costs are estimated to be £1104 (inflated to 2006), with the costs of each following year assumed to be £274 (inflated to 2006).

Non-fatal stroke. The costs of non-fatal Str for the first year are based on the costs of acute events taken from Youman and colleagues¹⁹¹ weighted by the distribution of severity of Str. The costs of acute events are £5009 for mild Str, £4816 for moderate Str and £10,555 for severe Str. The cost of non-fatal Str for subsequent years is based on the costs of ongoing care at home (£326) or in an institution (£3872)¹⁹¹ weighted by the distribution of severity of Str and discharge locations.

Fatal stroke. The cost of fatal Str is also taken from Youman and colleagues¹⁹¹ (£6781) and inflated to 2006.

Treatment costs. Annual treatment costs (Table 32) are taken from the BNF. The proprietary tablet, ezetimibe 10 mg plus simvastatin 20 mg (40 mg), is not considered as the cost is higher than for ezetimibe plus a generic statin (e.g. ezetimibe plus generic simvastatin 40 mg = £30.54 whereas Inegy = £33.42 per 28-tablet pack). However, it should be noted that there would be a cost saving if the proprietary combination of ezetimibe plus simvastatin 80 mg (£41.21 per 28-tablet pack) was prescribed as opposed to ezetimibe plus a generic simvastatin 80 mg (£50.38 per 28-tablet pack).

Costs of monitoring. It is assumed that all patients receiving treatments have the following tests: a liver function test (£2.17) at baseline 3, 6 and 12 months, then annually thereafter, a cholesterol test (£2.17) at baseline 6 and 12 months, then annually thereafter. In addition, it is assumed that these patients receive a baseline creatinine kinase test (£1.66) with 10% of patients having additional

annual tests. It is also assumed that tests are conducted by the practice nurse (£13 per visit). Based on the above, monitoring costs are £68.85 for the first year [(7 × £2.17) + (4 × £13) + £1.66] and £17.51 for subsequent years [(2 × £2.17) + £13 + (0.1 × £1.66)]. The costs for the practice nurse are taken from Curtis and Netten¹⁸⁹ and the costs for tests are taken from the NHS reference costs.¹⁹²

HRQoL utility by health state

A literature review was undertaken to obtain the most recent and appropriate published evidence on preference-based utility measures for the different health states modelled (Appendix 22).

The studies identified were evaluated based on the following criteria:

- The population setting – UK studies were preferred to non-UK studies.
- Use of a preference based utility instrument – the EK-5D instrument is the recommended instrument.¹⁷²

The utility values used are provided in Table 33 and the sources are summarised below.

Stable angina. There is a dearth of preference-based utility evidence for individuals with stable angina. A recent study by Lenzen and colleagues exploring the HRQoL of patients diagnosed with CAD reported median (inter-quartile range) EQ-5D values of 0.85 (0.69 to 1.00) for individuals eligible for revascularisation (*n* = 3109) and 0.76 (0.62 to 1.00) for individuals ineligible for revascularisation (*n* = 504).¹⁹³ A US study collected QoL data in 387 patients with multivessel CAD and angina or documented ischaemia using the time trade-off method.¹⁹⁴ They found that patients with angina had a mean time trade-off score of 7.03 compared with a mean score of 8.7 in patients without angina. By adjusting the baseline score for individuals without angina to 1, the mean HRQoL for stable angina is estimated to be 0.808. It has been assumed that

TABLE 32 Annual costs (£) of individual treatments

Dose (mg)	Pravastatin generic	Simvastatin generic	Atorvastatin	Rosuvastatin	Ezetimibe
10	25.03	23.59	235.03	235.03	342.97
20	23.59	30.50	321.20	387.03	–
40	32.20	55.14	367.74	387.03	–
80	–	110.28	367.74	–	–

Source: BNForG, accessed 15 February 2007.

patients with angina have a mean utility score of 0.808 during the first year after diagnosis and 0.90 in subsequent years.

Unstable angina. The results from an RCT comparing care in a chest pain clinic observation unit ($n = 676$) with routine care in the emergency department of the Northern General Hospital in Sheffield: suggest that the mean utility score measured using the EQ-5D at 6 months post-diagnosis of unstable angina was 0.77 (Goodacre S, Medical Care Research Unit, School of Health and Related Research, University of Sheffield: personal communication, November 2004).¹⁹⁵ Kim and colleagues report changes in HRQoL at 4 and 12 months in individuals ($n = 1810$) with unstable angina or non-ST-segment elevation MI who were randomised to either interventional or a conservative treatment strategy.¹⁹⁶ The mean EQ-5D in both cohorts increased from 0.748 and 0.714 at 4 months to 0.752 and 0.736 at 12 months. Again these results suggest that there may be a small increase in HRQoL over time. It has been assumed that 0.80 represents the long-term HRQoL associated with unstable angina and this has been decreased to 0.731 during the first year after diagnosis.

MI. The study by Goodacre and colleagues also collected EQ-5D data on individuals who had an MI and found the mean value to be 0.76.¹⁹⁵ A study ($n = 222$) by Lacey and Walters reported a change in mean EQ-5D from 0.683 at 6 weeks post-MI to 0.718 at 1 year post-MI.¹⁹⁷ It has been assumed that the mean utility in the first year after an MI is 0.700 based on Lacey and Walters' evidence whereas the mean utility in subsequent years after an MI is increased to 0.80 based on Goodacre and colleagues' data and clinical advice.

TIA. A German study by Haacke and colleagues, who explored the QoL in individuals 4 years post-diagnosis, reported an EQ-5D value of 0.90 for individuals ($n = 18$) with TIA.¹⁹⁸ However, the minimum age of the cohort was 50 years and it is assumed that the reduction from perfect health is more likely to be due to age than TIA. The HRQoL for individuals with TIA is assumed to be the same as the population norm¹⁹⁹ (Stevenson M, University of Sheffield: personal communication, 2007; Durrington P, Department of Medicine, University of Manchester: personal communication, October 2006).

Stroke. A meta-analysis of QoL estimates for Str combining 53 QoL estimates from 20 studies reported utility values of 0.87, 0.68 and 0.52 for

mild, moderate and severe Str, respectively.²⁰⁰ These results give a mean utility of 0.629 when weighted by the proportion (0.19 mild, 0.27 moderate, 0.54 severe) of newly diagnosed patients ($n = 290,000$) experiencing Str in a UK trial.¹⁹¹ A Dutch study ($n = 355$) by Exel (2004) reported changes in QoL between 2 and 6 months after a Str using the EQ-5D.²⁰¹ The changes in QoL are different depending on the severity of the Str. For individuals ($n = 138$) who are independent (Barthel Index 20), utility increases from a mean of 0.76 to 0.81; for individuals ($n = 155$) with a mild or moderate Str ($10 < \text{Barthel Index} < 20$), utility decreases from a mean of 0.557 to 0.499; for individuals ($n = 61$) with severe or very severe Str (Barthel Index < 10), utility increases from a mean of -0.023 to 0.007. The weighted mean value remains unchanged at 0.536 and 0.535 at 2 and 6 months, respectively. A study by Leeds and colleagues compared long-term changes in HRQoL for individuals discharged to a care home ($n = 43$) as opposed to their own home ($n = 50$) using the EQ-5D.²⁰² They found that at 1 year after discharge, HRQoL had increased from mean 0.33 (SD = 0.26) to 0.35 (SD = 0.2) for those discharged to a care home and had increased from mean 0.46 (SD = 0.32) to 0.60 (SD = 0.30) for those discharged to their own home. A study ($n = 98$) by Pickard and colleagues reported an increase in mean EQ-5D from 0.31 (SD = 0.38) at baseline to 0.62 (SD = 0.33) at 6 months post-Str.²⁰³ These figures suggest that there is an initial large reduction in HRQoL and that the long-term HRQoL, while substantially lower than before the Str, increases in the majority of individuals. It has been assumed that HRQoL in subsequent years is 0.629 whereas the utility in the first year after a Str is 0.50.

Subsequent major events. No evidence was found which could be used to model the impact on HRQoL for patients who have more than one CV event. It has been assumed that for second and third events an additional decrement of 10 and 15% will be applied, respectively, based on clinical advice (Durrington P, Department of Medicine, University of Manchester: personal communication, October 2006).

HRQoL utility by age

A study by Kind and colleagues¹⁹⁹ valued the utility by age in the UK general population ($n = 3395$) using the EQ-5D questionnaire and significant differences in HRQoL were found between age groups. Examples of the utility values modelled are provided in *Table 34*. It is acknowledged that by including a baseline utility

TABLE 33 Health state HRQoL utilities

Health state	1st year	Subsequent years	Reference (source)
Stable angina	0.808	0.90	193, 194 and clinical input from P Durrington
Unstable angina	0.731	0.80	195, 196 and clinical input from P Durrington
MI	0.700	0.80	195, 197 and clinical input from P Durrington
TIA	1.00	1.00	198 and clinical input from P Durrington
Str	0.50	0.629	200–203 and clinical input from P Durrington
2nd event	10% additional reduction	10% additional reduction	Clinical input from P Durrington
3rd event	15% additional reduction	15% additional reduction	Clinical input from P Durrington

TABLE 34 Utility values by age¹⁹⁹

Age (years)	Utility ^a
45	0.869
50	0.848
55	0.826
60	0.805
65	0.784
70	0.763
75	0.741

^a Utility = 1.060 – 0.004 × age.

adjusted for age there will be a small element of double counting as a proportion of individuals in the sample used in the Kind study will have a history of CVD. However, using the alternative of a constant utility of one across all ages would bias the results in favour of ezetimibe treatment. The overestimation of benefits would come from two sources: if a constant utility of one was used all patients remaining in the event free health state would accrue a larger health benefit than was appropriate. This would have a larger impact on the results for cohorts with no history of CVD where individuals commence in the event-free health state. In addition, few older patients will have a utility of one irrespective of CVD history. Consequently, any benefits achieved by events avoided in these patients should reflect their probable baseline utility. Using a baseline utility which varies by age is considered to be the more conservative alternative. A sensitivity analysis is conducted where baseline utility is set to one for all ages.

HRQoL disutility due to treatments

The short-term evidence available suggests that adverse events associated with ezetimibe are no more severe than those observed from other lipid-lowering treatments. It is possible that patients who are prescribed multi-drug therapies and those who are prescribed treatments for life

will have a disutility associated with the treatment regimens. It is assumed that this disutility is small in comparison with the potential benefits received and no disutility due to the treatment regimens is modelled. However, there remains a degree of uncertainty associated with this assumption. Data from long-term studies are required to confirm the initial findings on both the rate and type of adverse events associated with ezetimibe monotherapy and combination therapy and the potential disutilities associated with multi-drug regimens.

Compliance

Compliance with treatment is required if target cholesterol levels are to be achieved. Although the literature has shown that the discontinuance rates during the first 5 years of lipid-lowering treatment can be as high as 50%,²⁰⁴ the authors of a recent study on the issues and implications of switching statins state that 72% of patients nationally are to target and suggest that this may be due in part to tighter follow-up.⁴⁵ The impact on compliance rates of switching treatments, titrating doses and multi-drug therapies remains uncertain. There is no robust evidence to suggest that compliance with ezetimibe in combination with a statin would be any different to compliance with statin monotherapy. As the individuals are already receiving treatment at the start of the model, the impact of differing compliance rates for the treatment regimens compared is not modelled.

Mortality

To account for the proportion of patients dying from non-vascular causes, interim life tables published by the Government Actuary Department, available from: <http://www.gad.gov.uk/> were used.²⁰⁵

Key modelling assumptions

The key modelling assumptions are discussed throughout the text and a summary is provided in Appendix 28.

Cost-effectiveness ratios

ICERs demonstrate the additional cost per QALY gained of treatment A versus treatment B:

$$\text{ICER} = \frac{\text{cost treatment A} - \text{cost treatment B}}{\text{utility treatment A} - \text{utility treatment B}}$$

Results

This section presents the results for cohorts of 1000 individuals. All analyses use a baseline LDL-c of 3.0 mmol/l, and are presented in terms of discounted incremental values unless stated otherwise. This is followed by a more detailed explanation and summary of the full set of results for each treatment scenario by age, gender and baseline LDL-c. The discounted costs and QALYs are provided in Appendix 29.

Results for Scenario 1: ezetimibe 10 mg plus current weighted statin versus current weighted statin titrated by one dose

The lifetime results for treatment Scenario 1 (Table 35) range from £24,000 per QALY to £42,000 per QALY for the secondary cohorts and from £24,000 per QALY for males aged 45 years with a baseline LDL-c of 3.5 mmol/l and no

history of CVD to £62,000 per QALY for females aged 75 years with a baseline LDL-c of 2.5 mmol/l and no history of CVD.

Results for Scenario 2: ezetimibe monotherapy versus with no treatment

The ICERs for Scenario 2 (Table 36) decrease as the time horizon increases, as would be expected. Looking at the results for the 20-year horizon, the ICERs for the primary cohorts range from £34,000 per QALY for males aged 65 years to £60,000 per QALY for females aged 45 years. For the secondary prevention analyses, the results when using a 20-year time horizon are of a similar magnitude (32,000–38,000), with the exception of the younger age cohorts (aged 45 years), which are approximately £53,000 per QALY.

On using the lifetime horizon, the results for the primary cohorts are of a similar magnitude for cohorts under the age of 75 years (range 24,000–30,000 per QALY), while the ICERs for cohorts aged 75 years are higher at approximately £41,000 per QALY. The majority of lifetime ICERs for cohorts with a history of CVD are below £30,000 (range 26,000–34,000) per QALY.

TABLE 35 Scenario 1, discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3.0	3.5	2.5	3.0	3.5
20-year horizon						
<i>Male</i>						
45	71.5	59.2	50.5	69.2	57.4	49.0
55	59.7	49.4	42.1	49.1	40.7	34.7
65	49.6	41.0	34.9	41.2	34.2	29.3
75	59.2	49.0	41.8	42.6	35.5	30.4
<i>Female</i>						
45	88.4	73.2	62.3	75.3	62.5	53.4
55	64.8	53.5	45.5	50.2	41.7	35.6
65	53.2	43.9	37.3	42.0	34.9	29.9
75	63.5	52.5	44.7	41.4	34.5	29.5
Lifetime horizon						
<i>Male</i>						
45	34.7	28.7	24.4	36.6	30.4	25.9
55	37.4	31.0	26.4	34.1	28.3	24.2
65	41.3	34.1	29.0	36.5	30.4	26.0
75	57.4	47.6	40.5	42.0	35.0	30.0
<i>Female</i>						
45	39.8	32.9	27.9	38.0	31.6	27.0
55	40.0	33.1	28.1	34.5	28.7	24.6
65	44.4	36.7	31.2	37.1	30.9	26.4
75	61.6	51.0	43.4	40.8	34.0	29.1

TABLE 36 Scenario 2, discounted ICERs (£000) using different time horizons and a baseline LDL-c of 3.5 mmol/l

Age (years)	Primary			Secondary		
	5 years ^a	20 years ^a	Life	5 years	20 years	Life
Male						
45	277.7	48.3	24.1	275.2	51.0	28.5
55	251.9	40.5	25.8	203.2	36.8	26.2
65	186.9	33.8	28.3	136.1	31.8	28.4
75	164.4	40.6	39.4	105.6	34.5	34.0
Female						
45	356.1	59.8	27.7	301.7	56.6	30.2
55	282.6	44.1	27.8	220.5	38.4	27.1
65	196.8	36.3	30.5	142.7	32.9	29.3
75	178.4	43.7	42.5	102.3	33.8	33.3

^a Truncating the costs and benefits associated with events avoided at 5 and 20 years.

The incremental discounted costs (Table 37) increase as the time horizon increases, as would be expected as the cost offsets due to events avoided accrue over a longer period. The costs offsets for the lifetime horizons decrease as age increases, as events avoided in the older cohorts have less time to accrue benefits than those avoided in the younger cohorts. The incremental costs are of a similar magnitude when comparing primary and secondary cohorts of the same age.

The incremental QALYs (Table 38) increase as the time horizon increases, as would be expected. Looking at the QALYs accrued over a lifetime, the total incremental QALYs decrease steeply as age increases. This is because the younger cohorts have a longer opportunity to save additional events and an event saved at the age of 45 years accrues benefits over a longer period than one saved at the age of 75 years. The incremental QALYs for the 5-year horizons increase by age for

the secondary analyses, reflecting the increased risk for older cohorts, whereas those for the primary cohorts do not increase as sharply, reflecting the similar starting risks of the cohorts modelled.

On comparing the lifetime primary and secondary QALY gain for cohorts of the same age group, the QALY gain in the primary analyses is larger than in the secondary analyses for the younger cohorts. The difference decreases as the starting age increases, reflecting both the time horizon over which the cohorts can accrue benefits and the difference in QALY gain from saving either a primary or a secondary event.

On varying the baseline LDL-c (Table 39), looking at the 20-year ICERs the results range from £28,000 per QALY for males aged 65 years with a history of CVD and a baseline LDL-c of 4.0 mmol/l to £70,000 per QALY for females aged

TABLE 37 Scenario 2, discounted costs (£000) using different time horizons and a baseline LDL-c of 3.5 mmol/l

Age (years)	Primary			Secondary		
	5 years	20 years	Life	5 years	20 years	Life
Male						
45	1553	4501	5948	1613	4654	6053
55	1538	4169	4946	1582	4184	4874
65	1491	3550	3810	1517	3492	3700
75	1410	2713	2742	1413	2590	2609
Female						
45	1562	4542	6088	1622	4732	6286
55	1541	4251	5084	1594	4356	5138
65	1497	3619	3888	1536	3635	3858
75	1401	2679	2707	1409	2611	2631

TABLE 38 Scenario 2, discounted QALYs using different time horizons and a baseline LDL-c of 3.5 mmol/l

Age (years)	Primary			Secondary		
	5 years	20 years	Life	5 years	20 years	Life
Male						
45	5.6	93.1	246.9	5.9	91.2	212.4
55	6.1	102.8	191.6	7.8	113.8	185.8
65	8.0	105.1	134.7	11.1	109.9	130.4
75	8.6	66.9	69.6	13.4	75.1	76.8
Female						
45	4.4	75.9	219.4	5.4	83.6	208.3
55	5.5	96.3	182.9	7.2	113.3	189.7
65	7.6	99.6	127.3	10.8	110.3	131.7
75	7.8	61.3	63.7	13.8	77.3	79.1

TABLE 39 Scenario 2, discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	3	3.5	4	3	3.5	4
20-year horizon						
<i>Male</i>						
45	56.9	48.3	42.0	59.9	51.0	44.4
55	47.7	40.5	35.1	43.1	36.8	32.0
65	39.8	33.8	29.2	37.3	31.8	27.6
75	47.8	40.6	35.2	40.4	34.5	30.0
<i>Female</i>						
45	70.4	59.8	51.9	66.4	56.6	49.2
55	52.0	44.1	38.2	45.1	38.4	33.4
65	42.9	36.3	31.4	38.6	32.9	28.7
75	51.6	43.7	37.8	39.6	33.8	29.4
Lifetime horizon						
<i>Male</i>						
45	28.4	24.1	20.9	33.5	28.5	24.8
55	30.4	25.8	22.4	30.8	26.2	22.8
65	33.4	28.3	24.5	33.3	28.4	24.7
75	46.4	39.4	34.2	39.8	34.0	29.6
<i>Female</i>						
45	32.7	27.7	24.0	35.4	30.2	26.3
55	32.8	27.8	24.0	31.8	27.1	23.6
65	36.1	30.5	26.4	34.3	29.3	25.5
75	50.1	42.5	36.8	39.0	33.3	29.0

45 years with no history of CVD (primary analyses) with a baseline LDL-c of 3.0 mmol/l.

Looking at the results when accruing costs and benefits over a lifetime, all ICERs for the secondary prevention analyses are below £40,000 (range 22,800–39,800) per QALY. The results for the cohorts with no history of CVD range from £21,000 per QALY for males aged 45 years with a baseline LDL-c of 4.0 mmol/l to £50,000 per

QALY for females aged 75 years with a baseline LDL-c of 3.0 mmol/l.

This scenario is particularly informative for individuals who cannot tolerate statins. It is possible that their baseline LDL-c could be well above the 4.0 mmol/l value modelled. Further results were generated using higher baseline LDL-c levels. Plotting the lifetime ICERs against the baseline LDL-c (*Figures 7 and 8*), it is clear that

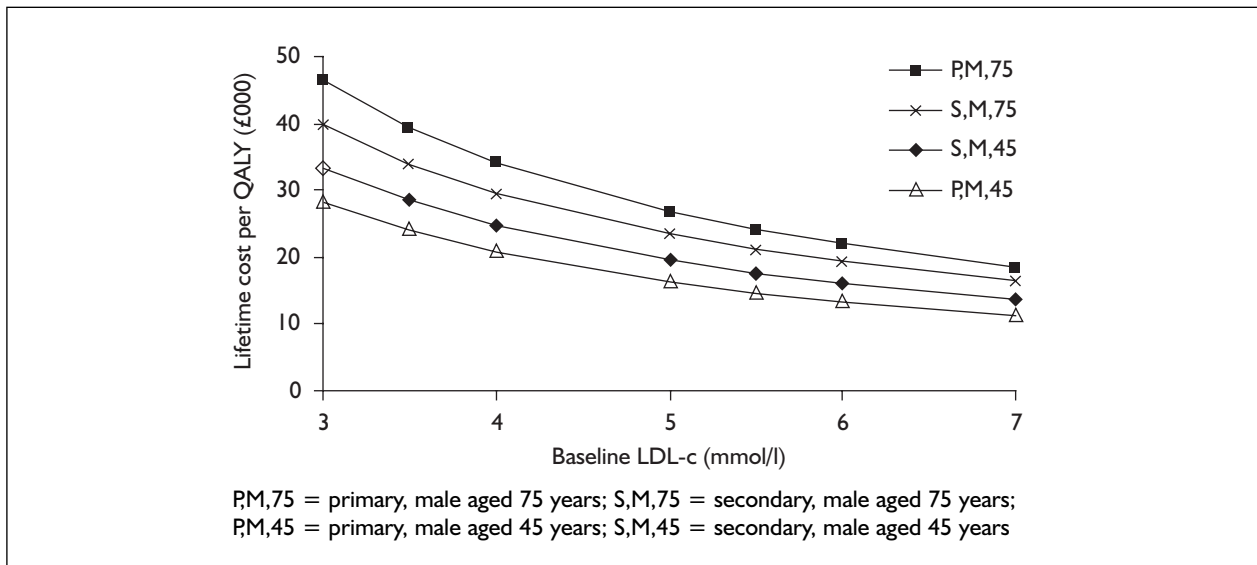


FIGURE 7 Plotting the lifetime discounted ICERs for males against baseline LDL-c for Scenario 2 (ezetimibe versus no treatment)

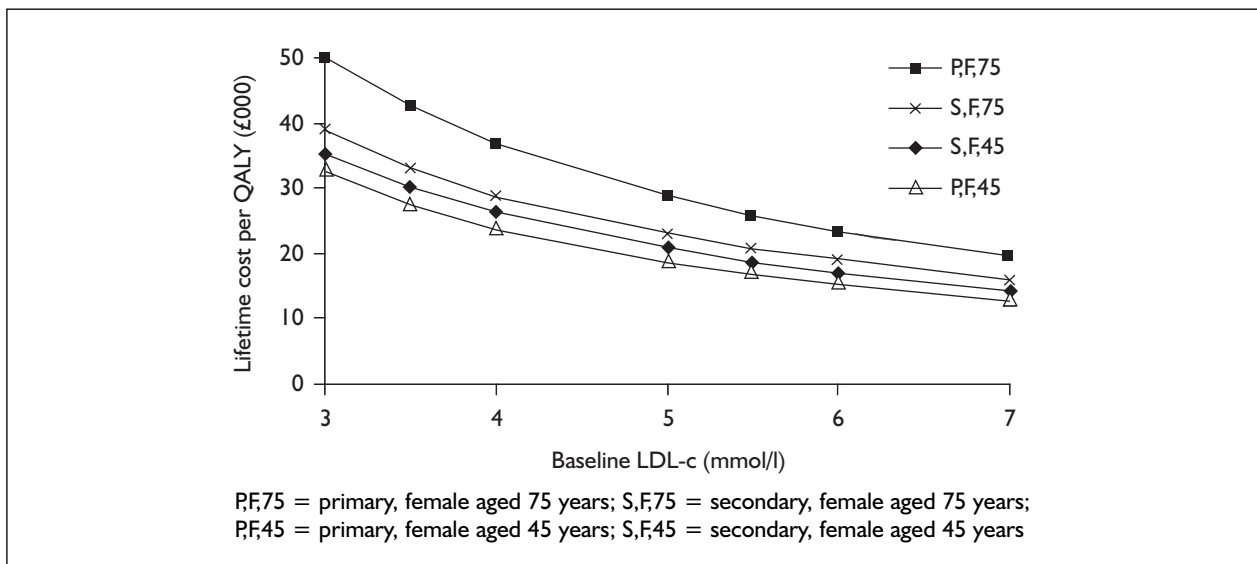


FIGURE 8 Plotting the lifetime discounted ICERs for females against baseline LDL-c for Scenario 2 (ezetimibe versus no treatment)

for individuals with baseline LDL-c greater than 5.0 (5.5) mmol/l, all results are below a threshold of £30,000 (£25,000) per QALY.

Univariate sensitivity analyses for Scenario 2

A series of sensitivity analyses (Tables 40 and 41) were performed to explore the impact on the results of changing values used to represent the key parameters. When looking at the ICERs for CHD events only (i.e. no RR applied to the non-fatal Str or TIA event rates), the ICERs increase, as would be expected as the potential to save benefits and costs is reduced. This sensitivity analysis has a larger impact on the results for the primary cohorts than the secondary cohorts. The

20-year horizon primary ICERs increase by 23% at the age of 45 years and increase by 67% at the age of 75 years. The impact on the secondary cohorts is smaller with results increasing by approximately 10–15%. Increases of a similar magnitude are seen in the lifetime ICERs. The large difference in the impact on the secondary and primary results is due to the difference in QoL gains from saving a primary Str compared with saving a secondary Str event due to the baseline HRQoL modelled for the different cohorts.

The results are sensitive to the changes in values used for the HRQoL. On increasing the QoL measures used for the health states by 10%, the

TABLE 40 Scenario 2, discounted univariate ICERs (£000) for males with baseline LDL-c of 3.5 mmol/l using a lifetime horizon

Value	Age (years)	Primary prevention				Secondary prevention			
		45	55	65	75	45	55	65	75
Scenario 2		24.1	25.8	28.3	39.4	28.5	26.2	28.4	34.0
<i>Discount rates for costs and utilities</i>									
0%		16.9	19.3	22.8	33.5	20.7	20.4	23.6	29.7
<i>Time lag for effectiveness of treatment</i>									
0		22.9	24.2	25.6	33.5	27.1	24.5	25.4	28.6
2 years		25.4	27.7	31.4	47.0	30.1	28.2	32.0	41.2
<i>Health state costs</i>									
Plus 20%		23.8	25.4	27.8	38.8	28.3	26.1	28.2	33.7
Minus 20%		24.4	26.2	28.8	40.0	28.7	26.4	28.6	34.2
<i>HRQoL utilities</i>									
Plus 10%		26.6	28.1	30.4	42.3	26.2	24.0	26.1	31.1
Minus 10%		22.0	23.9	26.4	36.9	31.3	29.0	31.1	37.4
Constant utility by age		18.5	19.2	20.4	27.5	22.0	19.7	20.7	23.9
Constant utility by age plus 10% on health state utilities		20.3	20.8	21.9	29.5	20.3	18.0	19.0	21.8
Constant utility by age minus 10% on health state utilities		17.0	17.8	19.1	25.7	24.2	21.7	22.7	26.3
<i>RR on events corresponding to reduction in LDL-c</i>									
LCI		19.4	20.6	22.5	31.3	22.8	21.1	22.8	27.4
UCI		31.4	34.0	37.5	52.4	36.6	33.6	36.4	43.6
<i>Effectiveness of ezetimibe treatment</i>									
LCI		22.6	24.2	26.6	37.0	26.8	24.7	26.7	32.0
UCI		25.7	27.6	30.2	42.1	30.4	28.0	30.3	36.2
<i>No RR on Str or TIA</i>		31.6	37.1	43.7	65.7	31.6	29.0	32.5	39.2
<i>Baseline LDL-c (mmol/l)</i>									
3.0		28.4	30.4	33.4	46.4	33.5	30.8	33.3	39.8
4.0		20.9	22.4	24.5	34.2	24.8	22.8	24.7	29.6

LCI, lower CI; UCI, upper CI.

lifetime ICERs increase (decrease) by approximately 10% for the primary (secondary) analyses. Conversely, on decreasing the QoL measures used for the health states, the lifetime ICERs decrease (increase) by approximately 10% for the primary (secondary) analyses. When using a baseline utility of one as opposed to the utility adjusted by age, the ICERs decrease by approximately 30%. The difference is to be expected as by increasing the baseline utility to one, events saved gain more in terms of QoL than when using the utility adjusted by age. On increasing the QoL measures used for the health states and using a constant utility of one across all ages the results for the primary (secondary) analyses decrease by approximately 15–25% (30–35%). On decreasing the QoL measures used for the health states and using a constant utility of one across all ages, the results for the primary (secondary) analyses decrease by approximately 30–35% (15–30%).

The results are not sensitive to changes in health state costs. Using the CIs for the effectiveness rates for ezetimibe has little impact on the ICERs.

However, when using the upper (lower) CIs for the RR of events corresponding to reductions in LDL-c, the ICERs increase (decrease) by 30% (20%). The ICERs decrease by approximately 20% when using no time lag for applying the RR of treatment effects.

Results for Scenario 3: ezetimibe plus generic simvastatin versus a more potent dose of atorvastatin (50% on 20 mg and 50% on 40 mg for each statin)

On varying the baseline LDL-c (Table 42), the ICERs for Scenario 3 are below £10,000 per QALY irrespective of time horizon (20 years or lifetime), age, gender or history of CVD.

Results for Scenario 4: ezetimibe plus average weighted statin versus average weighted statin

On comparing the treatment regimen ezetimibe 10 mg plus the weighted average statin versus the weighted average statin of the same dose (Table 43), the results for the lifetime horizon range from £18,700 per QALY for males aged 45 years with no history of CVD and a baseline LDL-c of 3.5 mmol/l to £47,300 per QALY for

TABLE 41 Scenario 2, univariate discounted ICERs (£000) for males with a baseline LDL-c of 3.5 mmol/l using a 20-year horizon

Value	Age (years)	Primary prevention				Secondary prevention			
		45	55	65	75	45	55	65	75
Scenario 2		48.3	40.5	33.8	40.6	51.0	36.8	31.8	34.5
<i>Discount rates for costs and utilities</i>									
0%		41.5	34.3	28.7	34.9	44.0	31.3	27.5	30.4
<i>Time lag for effectiveness of treatment</i>									
0		43.9	36.7	30.1	34.4	46.6	33.4	28.0	28.9
2 years		53.7	45.0	38.3	48.6	56.6	40.8	36.4	42.0
<i>Health state costs</i>									
Plus 20%		47.7	39.9	33.2	39.9	50.6	36.4	31.5	34.2
Minus 20%		49.0	41.1	34.4	41.2	51.5	37.1	32.1	34.7
<i>HRQoL utilities</i>									
Plus 10%		59.0	46.5	37.0	43.7	47.1	33.7	29.3	31.6
Minus 10%		41.0	35.9	31.1	37.9	55.7	40.5	34.8	38.0
Constant utility by age		39.4	31.3	24.8	28.4	41.6	28.5	23.4	24.3
Constant utility by age plus 10% on health state utilities		48.0	35.9	27.1	30.5	38.4	26.1	21.6	22.2
Constant utility by age minus 10% on health state utilities		33.4	27.8	22.9	26.5	45.5	31.4	25.7	26.7
<i>RR on events corresponding to reduction in LDL-c</i>									
LCI		39.4	32.5	26.9	32.3	41.1	29.5	25.5	27.8
UCI		62.4	53.1	44.7	54.0	65.4	47.1	40.9	44.2
<i>Effectiveness of ezetimibe treatment</i>									
LCI		45.4	38.1	31.7	38.1	48.0	34.6	29.9	32.4
UCI		51.6	43.3	36.1	43.3	54.4	39.2	33.9	36.8
<i>No RR on Str or TIA</i>		59.6	56.3	51.6	67.7	56.5	40.3	36.3	39.8
<i>Baseline LDL-c (mmol/l)</i>									
3.0		56.9	47.7	39.8	47.8	59.9	43.1	37.3	40.4
4.0		42.0	35.1	29.2	35.2	44.4	32.0	27.6	30.0

females aged 75 years with no history of CVD and a baseline LDL-c of 2.5 mmol/l.

Results for Scenario 5: ezetimibe plus rosuvastatin 40 mg versus rosuvastatin 40 mg

As expected, the results for Scenario 5 (Table 44) are the same as those for Scenario 4 and the lifetime ICERs for the secondary cohorts range from £21,000 to £38,000 per QALY. The lifetime ICERs for the primary cohorts range from £19,000 per QALY for males aged 45 years with a baseline LDL-c of 3.5 mmol/l to £48,000 per QALY for females aged 75 years with a baseline LDL-c of 2.5 mmol/l. The results presented in Table 44 can be used to illustrate the cost-effectiveness of ezetimibe plus a statin compared with the same statin.

Results for Scenario 6: ezetimibe co-administered with a statin compared with titrating to the same dose of a more potent statin

Looking at the possible treatment regimens in Table 23 (p. 46), Scenario 6 can be split into two groups:

- Group A: higher incremental annual treatment costs include regimens 1–6

- Group B: lower incremental annual treatment costs include regimens 8–10.

Results for Scenario 6, regimen 1: ezetimibe co-administered with pravastatin 10 mg versus simvastatin 10 mg is used to represent the results for Group A (higher incremental annual treatment costs). The lifetime ICERs for regimen 1 (Table 45) range from £31,000 to £54,000 per QALY for cohorts with a history of CVD. The ICERs for the cohorts who have no history of CVD range from £32,000 per QALY for males aged 45 years with a baseline LDL-c of 3.5 mmol/l to £81,000 per QALY for females aged 75 years with a baseline LDL-c of 2.5 mmol/l.

Results for Scenario 6, regimen 10 (Table 46): ezetimibe co-administered with simvastatin 40 mg versus atorvastatin 40 mg are used to represent the results for Group B (lower incremental annual treatment costs). The ICERs for regimen 10 are all below £10,000 per QALY irrespective of horizon (20 years or lifetime) age, gender or CVD history.

Diabetic and HeFH cohorts

The analyses comparing ezetimibe monotherapy with no treatment for non-HeFH individuals

TABLE 42 Scenario 3: discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3.0	3.5	2.5	3.0	3.5
20-year horizon						
<i>Male</i>						
45	5.0	3.7	2.8	9.3	7.5	6.1
55	4.0	2.9	2.1	6.8	5.5	4.6
65	3.2	2.3	1.6	6.0	4.9	4.1
75	4.1	3.0	2.2	6.6	5.5	4.6
<i>Female</i>						
45	6.0	4.3	3.2	10.3	8.3	6.9
55	4.0	2.8	1.9	7.0	5.6	4.7
65	3.2	2.2	1.4	6.3	5.2	4.4
75	4.2	2.9	2.1	6.3	5.3	4.5
Lifetime horizon						
<i>Male</i>						
45	2.8	2.1	1.6	5.6	4.6	3.9
55	2.9	2.1	1.6	5.3	4.4	3.7
65	2.9	2.1	1.5	5.6	4.6	4.0
75	4.1	3.0	2.2	6.5	5.4	4.6
<i>Female</i>						
45	3.0	2.2	1.6	5.9	4.9	4.2
55	2.9	2.1	1.5	5.4	4.5	3.9
65	3.0	2.1	1.5	5.9	4.9	4.2
75	4.1	2.9	2.1	6.3	5.2	4.5

TABLE 43 Scenario 4: discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3.0	3.5	2.5	3.0	3.5
20-year horizon						
<i>Male</i>						
45	53.6	44.2	37.5	56.7	46.9	39.9
55	45.0	37.1	31.4	40.9	33.9	28.8
65	37.6	30.9	26.2	35.4	29.3	25.0
75	45.1	37.2	31.5	38.4	31.9	27.2
<i>Female</i>						
45	66.3	54.7	46.4	62.8	52.0	44.3
55	49.0	40.3	34.1	42.8	35.4	30.1
65	40.5	33.2	28.1	36.7	30.4	25.9
75	48.6	40.0	33.8	37.6	31.2	26.6
Lifetime horizon						
<i>Male</i>						
45	26.9	22.1	18.7	31.8	26.3	22.4
55	28.8	23.7	20.1	29.3	24.3	20.7
65	31.5	26.0	22.0	31.7	26.3	22.4
75	43.8	36.1	30.6	37.8	31.4	26.8
<i>Female</i>						
45	30.9	25.4	21.5	33.6	27.9	23.8
55	31.0	25.5	21.5	30.2	25.1	21.4
65	34.1	28.0	23.6	32.7	27.1	23.2
75	47.3	38.9	32.9	37.1	30.8	26.2

TABLE 44 Scenario 5: discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3.0	3.5	2.5	3.0	3.5
20-year horizon						
<i>Male</i>						
45	53.7	44.4	37.7	56.9	47.1	40.1
55	45.2	37.3	31.6	41.2	34.1	29.1
65	37.8	31.2	26.4	35.7	29.6	25.3
75	45.4	37.4	31.8	38.8	32.2	27.5
<i>Female</i>						
45	66.4	54.8	46.5	63.0	52.2	44.5
55	49.2	40.5	34.3	43.0	35.6	30.4
65	40.7	33.4	28.3	37.0	30.7	26.2
75	48.9	40.3	34.1	38.0	31.6	27.0
Lifetime horizon						
<i>Male</i>						
45	27.1	22.3	19.0	32.1	26.6	22.7
55	29.0	23.9	20.3	29.6	24.6	21.0
65	31.8	26.2	22.2	32.0	26.6	22.7
75	44.1	36.4	30.9	38.2	31.8	27.2
<i>Female</i>						
45	31.1	25.6	21.7	33.9	28.2	24.1
55	31.2	25.7	21.8	30.5	25.4	21.7
65	34.3	28.2	23.9	33.0	27.5	23.5
75	47.5	39.2	33.2	37.4	31.1	26.6

TABLE 45 Scenario 6, regimen 1 (ezetimibe 10 mg + pravastatin 10 mg vs simvastatin 10 mg): discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3.0	3.5	2.5	3.0	3.5
20-year horizon						
<i>Male</i>						
45	94.1	78.1	66.6	89.4	74.2	63.4
55	78.6	65.2	55.6	63.3	52.5	44.8
65	65.3	54.1	46.1	53.0	44.0	37.6
75	77.7	64.5	55.1	54.7	45.5	39.0
<i>Female</i>						
45	116.4	96.5	82.3	97.3	80.8	69.1
55	85.4	70.7	60.3	64.7	53.7	45.9
65	70.0	58.0	49.4	53.9	44.8	38.3
75	83.5	69.2	59.0	53.1	44.2	37.8
Lifetime horizon						
<i>Male</i>						
45	45.4	37.6	32.0	47.0	38.9	33.2
55	49.0	40.6	34.6	43.7	36.3	31.0
65	54.1	44.9	38.2	46.8	38.9	33.2
75	75.4	62.6	53.4	53.8	44.8	38.4
<i>Female</i>						
45	52.2	43.2	36.7	48.7	40.4	34.5
55	52.5	43.5	37.0	44.2	36.7	31.4
65	58.3	48.3	41.1	47.4	39.5	33.8
75	81.0	67.1	57.3	52.2	43.5	37.2

TABLE 46 Scenario 6, regimen 10: (ezetimibe 10 mg + simvastatin 40 mg vs atorvastatin 40 mg): discounted ICERs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3.0	3.5	2.5	3.0	3.5
20-year horizon						
<i>Male</i>						
45	1.8	1.0	0.5	6.4	5.1	4.1
55	1.3	0.7	0.2	4.8	3.8	3.1
65	1.0	0.4	0.0	4.3	3.5	2.9
75	1.5	0.8	0.3	4.8	4.0	3.4
<i>Female</i>						
45	2.0	1.0	0.3	7.1	5.7	4.6
55	1.1	0.3	CS	4.9	3.9	3.2
65	0.8	0.2	CS	4.6	3.8	3.2
75	1.3	0.6	0.0	4.7	3.9	3.3
Lifetime horizon						
<i>Male</i>						
45	1.2	0.8	0.5	4.1	3.4	2.9
55	1.2	0.7	0.4	3.9	3.2	2.8
65	1.1	0.6	0.2	4.1	3.4	2.9
75	1.5	0.8	0.3	4.8	4.0	3.4
<i>Female</i>						
45	1.2	0.7	0.3	4.4	3.7	3.1
55	1.1	0.6	0.2	4.0	3.4	2.9
65	1.0	0.4	0.0	4.4	3.7	3.2
75	1.3	0.6	0.1	4.7	3.9	3.3

CS, cost saving.

demonstrate that for baseline LDL-c values >5.5 mmol/l, all ICERs are below £25,000 per QALY. Individuals with HeFH who do not tolerate statins will have very high baseline LDL-c levels (>5.5 mmol/l) and higher risks of events than the general population. If it is assumed that the observed percentage reduction in LDL-c due to ezetimibe monotherapy in non-HeFH individuals is also applicable for individuals with HeFH, then ezetimibe monotherapy is likely to be a cost-effective treatment for this cohort. Similarly, the baseline risk for diabetic patients will be higher than the baseline risk for non-diabetic individuals, hence the results suggest ezetimibe monotherapy is likely to be cost-effective in diabetic patients who have a very high baseline LDL-c level.

Discussion of results

Summary of key results

A summary of the key results is shown in *Table 47*. Although there is a wide range in the estimated ICERs, depending on the treatment strategies compared, the results suggest that ezetimibe could be a cost-effective treatment for some individuals.

On comparing ezetimibe monotherapy with no treatment (Scenario 2) in individuals with baseline LDL-c values of 3.0–4.0 mmol/l, the lifetime ICERs range from £21,000 to £50,000 per QALY. On looking at the costs and benefits accrued over a 20-year horizon, the results range from £28,000 to £79,000 per QALY. However, for individuals with baseline LDL-c values >5.0 mmol/l when using a threshold of £30,000 per QALY, all lifetime ICERs are cost-effective.

On comparing the costs and benefits of adding ezetimibe to ongoing statin treatment compared with maintaining statin treatment at the current dose (Scenarios 4 and 5), the lifetime ICERs range from £25,000 to £66,000 per QALY for the primary cohorts and from £19,000 to £48,000 per QALY for the secondary cohorts. Based on the evidence available, these results are representative of the cost-effectiveness of any statin co-administered with ezetimibe when compared with the same statin at the same dose and the majority of the ICERs are above values that are generally considered to be cost-effective.

TABLE 47 Summary of key results (£000)

Gender	20-year horizon		Lifetime horizon	
	Primary	Secondary	Primary	Secondary
Scenario 1 , ezetimibe plus current weighted statin versus current weighted statin titrated by 1 dose				
Males	34.9–71.5	29.3–69.2	24.4–57.4	24.2–42.0
Females	37.3–88.4	29.5–75.3	27.9–61.6	24.6–40.8
Scenario 2 , monotherapy versus no treatment				
Males	29.2–56.9	27.6–59.9	20.9–46.4	22.8–39.8
Females	31.4–70.4	28.7–66.4	24.0–50.1	23.6–39.0
Scenario 3 , ezetimibe plus generic simvastatin versus a more potent dose of atorvastatin				
Males	1.6–5.0	4.1–9.3	1.5–4.1	3.7–6.5
Females	1.4–6.0	4.4–10.3	1.5–4.1	3.9–6.3
Scenarios 4 and 5 , ezetimibe plus a statin versus the same statin with no titration				
Males	25.2–53.7	25.0–56.9	18.7–44.1	20.7–38.2
Females	28.1–66.4	25.9–63.0	21.5–47.5	21.4–37.4
Scenario 6, regimen 1 , ezetimibe plus pravastatin 10 mg versus simvastatin 10 mg				
Males	46.1–94.1	37.6–89.4	32.0–75.4	31.0–53.8
Females	49.4–116	37.8–97.3	36.7–81.0	31.4–52.2
Scenario 6, regimen 10 , ezetimibe plus a statin versus a more potent statin				
Males	<10		<5	
Females	<10		<5	

On comparing ezetimibe co-administered with current statin treatment with the alternative of switching to a more potent statin (Scenario 1, 3 or 6), the lifetime ICERs range from £14,000 to £116,000 per QALY. However, on comparing ezetimibe co-administered with generic simvastatin with a switch to a more potent statin (Scenario 3), the results are all cost-effective when using a threshold of £20,000 per QALY. Based on the evidence available, on comparing the costs and benefits associated with adding ezetimibe to ongoing statin with a switch to a more potent statin, the ICERs will be governed by the difference in the cost of the treatment regimens compared.

The analyses comparing ezetimibe monotherapy with no treatment for non-HeFH individuals demonstrate that for baseline LDL-c values of >5.5 mmol/l, all ICERs are below £25,000 per QALY. Individuals with HeFH who do not tolerate statins will have very high baseline LDL-c levels (>5.5 mmol/l) and a higher risk of events than the general population. If it is assumed that the observed percentage reduction in LDL-c due to ezetimibe monotherapy in non-HeFH individuals is also applicable for individuals with HeFH, then ezetimibe monotherapy is likely to be a cost-effective treatment for this cohort. Similarly, the baseline risk for diabetic patients will be higher than the baseline risk for non-diabetic individuals,

hence the results suggest ezetimibe monotherapy is likely to be cost-effective in diabetic patients who have a very high baseline LDL-c level. Although the results give an approximation of the cost-effectiveness of ezetimibe in these cohorts, the model should be updated and new results generated when more accurate data become available.

The univariate sensitivity analyses suggest that the results are sensitive to changes in the parameters used to represent HRQoL. When using a baseline utility value of 1 as opposed to utility adjusted by age, the ICERs are reduced by approximately 30%. The results are robust to changes in health state costs. When using the upper (lower) CIs for the RR of events corresponding to reductions in LDL-c, the ICERs increase (decrease) by 30% (20%). The ICERs decrease when using no time lag for applying the RR of treatment effects.

Validity of results

Although it is reasonable to assume that individuals with high baseline LDL-c values could potentially gain more from lipid-lowering treatments, the analyses extrapolate beyond the evidence base used to derive the relationship between LDL-c and reductions in CVD events. Research to explore the validity of the relationship in subgroups with high LDL-c values is required to support the assumption used.

The majority of ICERs for the secondary cohorts are smaller than the corresponding ICERs for the primary cohorts of similar ages. However, there are some results where the ICERs suggest that it is more cost-effective to treat patients with no history of CVD. These results occur when using a starting age of 45 years (majority of treatment scenarios), and when comparing treatment regimens which have a relatively low incremental annual treatment costs (Scenario 3 and Group B of Scenario 6).

The life-years and QALYs for Scenario 2 are used to illustrate why the primary results can be lower than the secondary results for cohorts aged 45 years (Appendix 30). When using a 5-year horizon, the secondary cohorts aged 75 years accrue a larger number of incremental life-years (20.1) than the primary cohorts (6.7) of the same age, illustrating the difference in risk and distribution across event types. When accruing benefits over a lifetime, while the secondary cohorts still accrue a larger number of incremental life-years, the difference in gain has reduced (secondary cohorts gain 170.9 life-years whereas primary cohorts gain 112.8 life-years). Similar trends are seen in the results for cohorts aged 45 years, with secondary (primary) cohorts gaining 5.4 (2.2) and 657.9 (598.5) life-years over 5 years and a lifetime, respectively.

All individuals in the secondary analyses commence the model in a CVD health state with a disutility associated with the health state, while all individuals in the primary analyses commence the model in an event-free health state. Consequently, saving a primary event accrues more in terms of QALYs than saving a secondary event (Appendix 30). For an individual aged 45 years, the cumulative QALY gain from a primary fatal event is equivalent to the QALY gain from approximately 1.2 secondary fatal events. Likewise, the cumulative QALY gain from a primary non-fatal Str is equivalent to the QALY gain of up to 5.9 secondary non-fatal Str depending on CVD history (Appendix 30).

At younger ages (i.e. 45 years), the ratio of fatal to non-fatal events means that the majority of risk is attributed to the non-fatal events and therefore the majority of benefits are accrued through non-fatal events. The difference in the risk of primary and secondary fatal events increases as age increases, hence the cumulative impact of saving more fatal events in the secondary cohorts outweighs the differential gain of saving non-fatal events in the primary cohorts for the older age groups.

The difference in the annual treatment costs of the regimens being compared has a large impact on both the ICER and the differences in the primary and secondary prevention results. Treatment regimen 10 (ezetimibe plus generic simvastatin 40 mg versus atorvastatin 40 mg), which has a relatively small difference (£30.37) in the incremental annual treatment cost, and treatment regimen 1 (ezetimibe 10 mg plus pravastatin 10 mg versus simvastatin 10 mg), which has a relatively large difference (£344.40) in the incremental annual treatment cost, are used to illustrate why the primary cohorts have smaller ICERs than the secondary cohorts of the same age (Appendix 30).

Whereas the health state costs are much larger for the secondary cohort than the primary cohort, the cost offsets due to events avoided are larger for the primary cohorts. This is not unexpected as all individuals commence the secondary analyses with an ongoing cost associated with the disease. Saving a subsequent event in a secondary population is worth less than saving the same event in a primary population. Preventing a primary non-fatal Str at the age of 45 years accrues a maximum total cost saving of £103,506. In comparison, saving a secondary non-fatal Str at the age of 45 years accrues a maximum total cost saving of £94,461 reducing to £5091 for individuals with a previous Str.

When the incremental therapy costs are large, the difference in the cost offsets are absorbed resulting in ICERs that are larger for the secondary cohorts than the primary cohorts. However, when the incremental therapy costs are small, the total incremental costs for the primary cohorts are smaller than those for the secondary cohorts, resulting in ICERs which are smaller for the primary cohorts than for the secondary cohorts.

The results presented should be treated with caution as there are several key areas of uncertainty. Conservative decisions have been used throughout due to the number of assumptions used, the translation of changes in surrogate end-points into CV events and the length of extrapolation used.

Limitations of analysis

There are several major limitations associated with the economic evaluation. First, there is a lack of robust long-term data on clinical effectiveness evidence derived from patients who fail to achieve lipid goals on statin treatment or patients who are intolerant of statins. Second, the need to translate

changes in surrogate outcomes to reductions in CV events, and the need to extrapolate well beyond the RCT evidence underpin all analyses and increase the uncertainty in the results generated. Third, it is uncertain if the proportional reduction in event rates per mmol/l in LDL-c derived from patients receiving statin treatment is generalisable to patients receiving either ezetimibe monotherapy or ezetimibe in combination with a statin. Fourth, the lack of direct evidence of ezetimibe plus a low-dose statin versus a more potent dose statin increases the uncertainty associated with the effectiveness of the treatments. Fifth, whereas the short-term safety profile appears to be good, long-term adverse event data associated with ezetimibe monotherapy or ezetimibe combination treatment are not available. It is worth noting that if indirect costs such as productivity and informal care were included, the results would be substantially lower.

The data used for secondary event rates are derived from studies of cohorts with a history of

CVD and there are very few data for individuals aged 45 years. Due to the predefined high risks (greater than 20% 10-year CVD risk) modelled for the primary cohorts, the transitions for the secondary event rates are adjusted to ensure that the risk of a secondary event is at least as large as the primary risk for each age. Published data for older age cohorts are also scarce and epidemiological and RCT evidence on these subgroups would reduce the uncertainty.

Published HRQoL data representing disutilities associated with the health states commonly used in CV evaluations are limited and the current evaluation uses several key assumptions to model the changes associated with events. In particular, evidence is required on differences in short- and long-term changes in HRQoL associated with individual events and any potential difference in HRQoL associated with primary or subsequent events. This research is required urgently to enable health economists to provide robust cost-effectiveness estimates for cardiovascular interventions.

Chapter 5

Assessment of factors relevant to the NHS and other parties

Impact on the NHS

The impact on the NHS budget is based on the cost of ezetimibe and the potential reduction in the number of CVD events in patients currently eligible for ezetimibe treatment, that is, those with clinical evidence of CHD, those with diabetes and those with a 10-year CVD risk $\geq 20\%$.

Number of patients currently treated with ezetimibe

Based on published prescribing data²⁰⁶ in 2003, 3854 patients were prescribed with ezetimibe when it was made available in England and Wales (*Table 48*). In 2004, the number of patients prescribed with ezetimibe was 24,651, representing an increase of 20,797. An additional 32,309 patients received ezetimibe in 2005, which represents a growth rate of 55%. This rate is used to calculate the potential number of patients who would receive ezetimibe in 2006 (50,193). A similar increment is assumed for 2007, bringing the total number of patients to 157,346.

Budget impact

To determine the budget impact, three strategies are considered: ezetimibe co-administration with

current statin, statin titration and ezetimibe monotherapy. It is assumed that approximately 20% (range 10–30%) of ezetimibe prescriptions are for monotherapy and 80% of prescriptions are for co-administration with a statin (Durrington P, Department of Medicine, University of Manchester: personal communication, October 2006).

The total gross cost of ezetimibe to the NHS in 2007 is estimated to be approximately £54.3 million. This represents an increment of £17.3 million compared with the estimated ezetimibe prescription cost of 2006 (£37.0 million). As mentioned above, it is assumed that an additional 50,193 patients (this is a conservative estimate) will receive ezetimibe by 2007; 20% of these patients will be prescribed ezetimibe monotherapy (10,039) and 80% will be on ezetimibe co-administration (40,154). *Table 49* shows the costs associated with each of the treatment strategies, ezetimibe co-administration, ezetimibe monotherapy and statin titration.

The current annual cost of ezetimibe is estimated to be £343 per patient, the weighted annual cost of statins is calculated as £150 and the total

TABLE 48 Use and total annual cost of ezetimibe in England and Wales^{43,44}

	2003	2004	2005	2006
Number of patients	3,854	24,651	56,960	107,153
Net ingredient costs (£million)	1.72	11.25	26.33	37.00

TABLE 49 Cost associated with ezetimibe prescriptions for the additional 50,193 patients

	No. of patients	Treatment annual cost per patient (£)	Total annual cost (£million)	Total gross budget cost for ezetimibe (£million)	Total net budget cost for ezetimibe (£million)
Additional patients for 2007	50,193	343	17.2	17.2	
20% have ezetimibe monotherapy	10,039	343	3.4		
80% have ezetimibe co-administration	40,154	493	19.8	23.2	
80% have statin titration	40,154	226	9.0		14.2
Total patients for 2007	157,346	343		54.31	

current weighted annual cost of statin titration by one dose is estimated to be £226. The annual cost of managing an additional 40,154 patients with ezetimibe co-administration treatment is approximately £19.8 million whereas managing the same number of patients with statin titration is approximately £9.0 million. Therefore, the incremental cost for the ezetimibe co-administration strategy would be £10.7 million. Including the cost of ezetimibe monotherapy (£3.4 million), the total net budget cost for ezetimibe is estimated to be £14.2 million.

Reduction in the number of CVD events

The Health Survey for England 2003 data contain records with sufficient information to calculate a CVD risk level.¹⁷⁴ Table 50 shows the mean LDL-c values obtained from the HSE in individuals with a ≥20% 10-year CVD risk. These values are derived from very small samples and the results may not reflect an accurate measurement when broken down by age and gender, hence the estimates should be interpreted with caution. The CVD data from the survey were used to calculate the reduction in number of CVD events when the three treatment strategies mentioned above are applied.

The assumptions used to predict the reduction in the number of CVD events were as follows:

- The reduction in LDL-c for ezetimibe co-administered with statin is 13.94%.
- The reduction in LDL-c for ezetimibe monotherapy is 18.56%.

TABLE 50 LDL-c mean values by age and gender²⁰⁷

Age (years)	LDL-c mean	
	Male	Female
45–54	4.41	3.29
55–64	3.71	3.79
65–74	3.34	4.33
75+	3.69	4.27

- The reduction in LDL-c for statin titration is 6%.⁶⁷
- A reduction of 1 mmol/l in LDL-c is equivalent to a reduction of 21% in the number of CVD events.⁷⁹

Table 51 shows the estimated percentage reduction in CVD events by age and gender for the different treatment strategies: ezetimibe co-administration, ezetimibe monotherapy and statin titration. The highest percentage reduction in CVD events for the three therapy strategies was estimated to be when managing male patients aged 45–54 years and female patients aged 65–74 years. This is due to the fact that in these cases the mean LDL-c levels are higher and therefore the absolute percentage LDL-c reduction will also be greater.

The difference in cost between managing ezetimibe co-administration and statin titration is approximately £14.2 million. This represents a large budget impact to the NHS. However, if the observed reductions in lipids translate to reductions in CV events, there is a large potential for these costs to be offset by the number of events avoided (Table 51).

Other major issues impacting on the NHS

Uptake of ezetimibe prescribing rates

The current growth rate of prescribing rates for ezetimibe treatment is high. Whether prescribing rates will continue to grow at the current rate is unknown. It is likely that prescribing rates will be influenced by observed effectiveness in clinical practice, tolerability of multi-drug treatment regimens and evidence of effectiveness in reducing CV events. Prescribing rates are also likely to be influenced by Primary Care Trust (PCT) policies. Due to current and imminent restructuring of the health service, it is likely that budget constraints may influence PCT policies, but the effect that this may have on specific treatment regimens is unknown and may vary by region.

TABLE 51 Estimated percentage reduction in CVD events by treatment strategy

Age (years)	Ezetimibe co-administration		Ezetimibe monotherapy		Statin titration	
	Male	Female	Male	Female	Male	Female
45–54	12.91	9.64	17.19	12.83	5.56	4.15
55–64	10.86	11.10	14.45	14.78	4.67	4.78
65–74	9.77	12.69	13.01	16.89	4.20	5.46
75+	10.81	12.49	14.39	16.63	4.65	5.37

It has been estimated that 2.8 million individuals were prescribed statins in England and Wales in 2005.⁴³ Kirby and colleagues reported (based on data from QOF) that 72% of individuals who receive statin treatment achieve targets.⁴⁵ Hence it can be assumed that 784,000 patients (28%) may be eligible for ezetimibe treatment. Any changes in lipid goals could impact on the proportion of individuals not at target and hence the number of patients eligible for ezetimibe. Although the future uptake is unknown, if all eligible patients are prescribed ezetimibe the impact on the projected budget could be substantial.

Current and future lipid target levels

With increasing evidence from clinical trials suggesting that aggressive treatment of high cholesterol levels is preferable, there is a general move to lowering lipid targets with each subsequent recommendation and guideline. GPs are currently required to achieve a minimum rate of 60% of patients to target (QOF) and it is likely that this requirement could increase. A recently published report has suggested:

- Lower cholesterol targets could be recommended by 2007–8.
- GPs may be put under pressure to deliver more in terms of target achievements.
- Primary prevention may be introduced in a future GMS contract.

Although the majority of individuals achieve targets on current statin treatment, if targets are reduced further the number of patients eligible for ezetimibe will increase as more powerful statins or combination treatments will be required to achieve the lower targets.

Cost of other lipid-lowering treatments

Whereas the costs of the two generic statins simvastatin and pravastatin are still decreasing, the patent for atorvastatin does not expire until 2011, hence it is unlikely that the costs of the more potent statins will decrease substantially in the near future. However, when atorvastatin comes off patent and generic alternatives become available, this is likely to have a substantial impact on the

prescribing rates for more potent statins. When this occurs, the cost of lipid treatments to the NHS is likely to reduce and the ICERs for lipid-lowering regimens involving ezetimibe will change.

Benefit of ezetimibe to individual patients

If the observed reductions in cholesterol do produce corresponding reductions in CV events, then the benefits to individual patients, particularly those who are intolerant of statins and those in whom statins are contraindicated, are potentially large. However, this must be weighed against the unknown long-term safety profile of ezetimibe both as a monotherapy and as a multi-drug lipid-lowering regimen. However, given the increase in adverse event rates and poorer tolerability of the more potent statins, the combination of ezetimibe with a lower dose statin could be a more favourable alternative.

Compliance rates with ezetimibe treatment are unknown and may be influenced by adverse events and tolerability. If target lipids are not achieved because of non-adherence to any treatment, ezetimibe therapy is unlikely to produce a large benefit in terms of lipid changes or reduction in CV events. If, however, targets are not met because of non-adherence to lipid treatment due to the adverse events associated with potent doses of statins, ezetimibe monotherapy or combination therapy with a less potent statin could produce substantial reductions in lipids and corresponding reductions in CV events.

Adding an additional treatment increases the monthly costs of medication to the individual patient. A large proportion of individuals eligible for ezetimibe treatment are asymptomatic younger (<60 years old) patients who will contribute to costs of medication through prescription charges. The cost of an additional medication prescribed for life may be a detriment to some and may increase non-compliance rates. The additional cost may produce a divide in the type of patients likely to be prescribed or to continue to take ezetimibe, with more affluent classes being more likely to adhere to treatments.

Chapter 6

Discussion

Statement of principal findings

Clinical effectiveness

Evidence from 13 short-term RCTs suggests that combination treatment of ezetimibe with statin provides significantly more benefit by reducing LDL-c level by 13.94% compared with statin monotherapy. In addition, ezetimibe monotherapy is associated with a significant decrease in LDL-c concentration of 18.56% compared with the placebo arm. There is no evidence that the LDL-c-lowering effect of ezetimibe differs across various patient subgroups such as women, the elderly and people with higher CVD risk factors. Although there are concerns regarding the relatively short periods of the studies, ezetimibe was generally considered to be well tolerated and the combination of ezetimibe plus a statin has a safety profile similar to that of a statin alone in the studies reviewed.

The evidence demonstrates the efficacy of ezetimibe in reducing LDL-c when administered as monotherapy and in combination with a statin. When used as monotherapy, ezetimibe's LDL-c-lowering ability is less than that of statins. However, ezetimibe has shown an additional LDL-c lowering effect when added to baseline statin therapy. The long-term efficacy and safety of ezetimibe alone or in combination with a statin are unknown. Effects on CV morbidity and mortality are also unknown.

Cost-effectiveness

Given the lack of detailed effectiveness data, there is a great deal of uncertainty in the cost-effectiveness of ezetimibe. The results suggest that depending on the comparator, ezetimibe could be a cost-effective treatment for diabetic patients, individuals with HeFH and those with high baseline LDL-c values.

The results generated are sensitive to changes in the parameters used to represent the relationship between reductions in LDL-c and events avoided. The results are also sensitive to changes in the effectiveness rates and the utility measures used. Due to a lack of detailed evidence on the effectiveness rates for ezetimibe co-administered with a statin compared with a more potent statin,

the majority of results are governed by the costs of the treatment strategies being compared. Further research is urgently required to allow more precise estimates to be calculated.

Current ezetimibe prescribing is estimated to be around £37 million in 2006. It is estimated that approximately 50,000 additional patients will receive ezetimibe in 2007, incurring an incremental cost of approximately £14.2 million and bringing the estimated gross cost of ezetimibe to approximately £54.3 million in 2007.

Strengths and limitations of the assessment

Clinical effectiveness

The clinical effectiveness has several limitations, the foremost being the lack of RCT evidence for clinical outcomes. Trials reviewed in this report demonstrate the effectiveness of ezetimibe for surrogate outcomes only.

In terms of the methodology, all studies were described as being multi-centre, randomised trials, with treatment lasting for at least 12 weeks. Some important details of the randomisation method, such as allocation concealment, treatment allocation and assessment of blinding success, were omitted. However, power calculations and statistical analyses were considered to be adequate. Study groups were comparable at baseline and the overall likelihood of confounding bias was considered to be moderate to low.

There is insufficient evidence to demonstrate whether ezetimibe monotherapy and combination therapy differ in effectiveness in specific subgroups of patients, particularly those who are potentially more likely to benefit and require additional treatment to achieve target lipid levels, such as people with diabetes or HeFH.

It was not possible to differentiate the effectiveness between varying doses of different statins on the basis of the evidence; therefore, the statins were pooled across all doses and all types of statins and evaluated as a class drug. In particular, because of the complex administration, it was not possible to

establish in the titration studies how many patients reached the target LDL-c level at certain doses and how many were titrated to the next higher dose of statin.

No detailed information was given regarding the study population. It was not possible to establish whether the population was indeed intolerant or not adequately controlled by statin. Thus, most of the studies have not addressed the clinically important question of whether ezetimibe has incremental value when added in patients resistant to truly maximal statin treatment (i.e. 80 mg/day atorvastatin or a high dose of rosuvastatin).

Finally, the major limitation of the review was lack of data on key aspects of ezetimibe, that is, long-term information on safety and tolerability.

Cost-effectiveness

It is believed that a major strength of the economic evaluation is the use of UK-specific evidence used to generate transition rates and distribution of risks across events. A further strength is utilising the evidence from the CTTCs to translate the reductions in LDL-c to reductions in CVD risk as opposed to re-estimating changes in risk on an annual basis using the Anderson equations, which were not formulated to predict these changes.

The core limitation of the cost-effectiveness evaluation is the lack of RCT evidence on the effectiveness of ezetimibe in reducing CV events. Although the cost-effectiveness of ezetimibe monotherapy and combination therapy has been estimated using the available evidence on surrogate outcome measures, there remains a great deal of uncertainty surrounding the results.

The main areas of uncertainty are the relationship between ezetimibe-induced changes in lipids and reductions in CV events, extrapolating effectiveness rates well beyond RCT evidence and the generalisability of the short-term RCT effectiveness data into long-term effectiveness in reducing CV events in general clinical practice. An additional limitation is the lack of evidence on potential differences in effectiveness rates when combining ezetimibe with ongoing statin therapy.

An additional limitation is the lack of robust evidence which could be used to estimate cost-effectiveness results for subgroups who may potentially gain more benefit from ezetimibe treatment, such as those with higher than the norm baseline risk, which could include patients

with diabetes, individuals with HeFH or ethnic subgroups such as South Asians.

Comparison of the results with other economic evaluations of ezetimibe treatment is not possible at present as the studies identified were all based on the Cook model. As described earlier, the reviewers do not consider that the results generated by the Cook model are robust owing to technical errors in the programming and several assumptions used in the modelling methodology. The Basic model submitted uses a similar methodology to that employed by the ScHARR analysts in that it bases effectiveness of treatments on published links between LDL-c reductions and CV risk. The results generated by this model are comparable to those generated by the ScHARR model, but the simplifying assumptions and the limited number of analyses reported make direct comparison difficult.

Uncertainties

The main area of clinical uncertainty concerns the association between the ezetimibe-induced reductions in LDL-c observed in the short-term RCTs and corresponding reductions in CV events. The long-term safety and adverse event profile, particularly when taken in combination with other treatments, is also unknown. The treatment effect in different populations, in particular those who have not achieved lipid targets on optimal statin, treatment or those who cannot tolerate statins is also uncertain. There are also limited data to confirm that the observed effectiveness of ezetimibe in the clinical trials transfers to produce corresponding reductions in lipids when prescribed in clinical practice. The proportion of individuals who are willing to switch from monotherapy to multi-drug therapies is unknown, and the associated impact on compliance to treatment when prescribing multi-lipid-lowering therapies for life is unknown.

All the above impact on the assumptions required to produce results from economic evaluations. As discussed elsewhere in the report, the three pivotal areas of uncertainty in the economic modelling are the assumption that changes in surrogate outcomes will provide corresponding reductions in CV events, the assumption that extremely short-term reductions in LDL-c levels will be maintained over very long time horizons and the lack of evidence on potential differences in effectiveness rates for different treatment strategies.

Other relevant factors

The majority of effectiveness from statins is gained from the initial dose, with each dose titration providing an approximate additional 6% reduction in LDL-c. Although guidelines for initiation of statin therapy recommend that treatment is prescribed based on the lowest acquisition cost, individuals may not achieve targets on this strategy. If the presenting baseline lipid profile is high, the initial statin dose may need titrating to achieve target levels.

The GMS contract currently provides an incentive for general practice to achieve targets which

appears to be successful with 72% of CHD patients in the UK having Total-c measurements under 5.0 mmol/l.⁴⁵ Minor changes in this contract are expected, such as an increase in the expected percentage of patients to target (current = 60%). However, the expected restructuring of general practice organisation and PCTs could have a larger impact on the prescribing rates as it is expected that GPs will be encouraged to take responsibility for their total budget.⁴⁵ In addition, if blanket treatment policies are used, it has been suggested this could breach government agendas on patient choice and involvement.⁴⁵

Chapter 7

Conclusions

The short-term RCT clinical evidence demonstrated that ezetimibe was effective in reducing LDL-c when administered as monotherapy or in combination with a statin. An additional LDL-c-lowering effect has been shown when ezetimibe is added to baseline statin therapy.

Given the lack of detailed effectiveness data, there is a great deal of uncertainty in the cost-effectiveness of ezetimibe. The results suggest that depending on the comparator, ezetimibe could be a cost-effective treatment for individuals with high baseline LDL-c values, for diabetic patients and for individuals with HeFH. Further research is urgently required to allow more precise estimates of cost-effectiveness to be calculated.

Implications for service provision

The growth rate on prescribing data for ezetimibe is increasing. Assuming that the current safety profile is maintained, there is no reason to suggest that the observed growth rate will not continue at least in the near future. There are no published data that suggest that clinicians are monitoring patients more closely when prescribing ezetimibe than when switching to any other lipid-lowering treatment or titrating to a more potent dose of statin. However, clinicians may increase the monitoring schedule offered to patients in comparison with that for other therapies until long-term data on ezetimibe emerges. However, if the observed reductions in LDL-c translate to reductions in CV events, the number of individuals requiring hospitalisation and specialist treatments should decrease.

Suggested research priorities

Clinical effectiveness

The most urgent need is for further research into the clinical effectiveness of ezetimibe in reducing CV events. There are currently three ongoing studies which should emerge in 2–4 years which will provide these data. Additional research into subgroup analyses in populations who are potentially more likely to benefit from the treatment are patients with diabetes, individuals

with HeFH and ethnic minorities with higher baseline CHD/CVD risks such as South Asians.

There is also a need for the future research to produce the following:

- evidence on effectiveness, safety and tolerability of co-administration of ezetimibe with other lipid-lowering drugs
- evidence on effectiveness in patients who are on the treatment but have not reached target levels
- evidence of effectiveness in patients with very high baseline levels of plasma cholesterol
- long-term adverse events.

Cost-effectiveness

In addition to evidence on the effectiveness of ezetimibe in reducing CV events, robust evidence is required on the safety and adverse event profile of ezetimibe both as monotherapy and as combination therapy with both statins and other lipid lowering treatments. If ezetimibe reacts unfavourably with any of the lipid-lowering treatments currently prescribed, the costs and disutilities associated with the adverse events could alter the ICERs, particularly if the events are severe. Conversely, ezetimibe co-administered with a low-dose statin could have a better safety profile than the more potent statins.

Large outcome studies powered to identify differences in rates of CV events in subgroups would be useful to inform on the cost-effectiveness of treatment regimens for different subgroups. Studies exploring effectiveness in primary prevention, secondary prevention, diabetic patients, individuals with high baseline lipids and those with higher than normal risk by age such as South Asians would be particularly useful to inform future economic evaluations. In addition, studies recruiting individuals who are representative of the target populations, that is, individuals who do not achieve target levels on optimal statin treatment, and individuals in whom statins are contraindicated and those in whom statins are not tolerated would also be beneficial. Research on the attitudes of GPs to prescribing multi-drug therapies and on patients to switching to multi-drug therapies for life is also required.

Modelling the cost-effectiveness of treatments when only surrogate outcomes are available and extrapolating effectiveness data well beyond the evidence base increase the uncertainty surrounding the results of the evaluations. As such, the results presented should be interpreted with caution. The cost-effectiveness of ezetimibe should be re-evaluated when evidence becomes available on the effectiveness in reducing CV events.

To inform future economic evaluations, long-term RCT evidence of the safety profile of ezetimibe when prescribed as either monotherapy or combination therapy is required, particularly when combined with higher dose statins and lipid-

lowering treatments generally prescribed to individuals in whom statins are contraindicated. Studies exploring the effectiveness of ezetimibe in the target population, that is, those not at target on current therapies, are also required, as is evidence of differential effectiveness in different subgroup populations, for example those with HeFH.

This review has been conducted at an early stage of ezetimibe's development. As a consequence the evidence available is limited. Both the clinical effectiveness and cost-effectiveness review will require updating as and when further evidence from clinical studies and clinical practice emerges.



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Contribution of authors

Abdullah Pandor (Research Fellow) and Indra Tumor (Research Fellow) carried out the review of the background information and the clinical effectiveness review. Roberta Ara (Operational Research Analyst), Alejandra Duenas (Research Associate), Robert Williams (Placement Student) and Jim Chilcott (Technical Director, ScHARR TAG) carried out the cost-effectiveness review. Anna Wilkinson (Information Officer) and Suzy Paisley (Research Scientist) undertook the electronic literature searches. Suzy Paisley and Jim Chilcott investigated the role of problem structuring methods in the assessment.



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Appendix I

Diagnostic criteria for FH as defined by the Simon Broome Register of Familial Hyperlipidaemia¹⁹ and Dutch Lipid Network^{17,19}

Simon Broome Register Group

Diagnostic criteria
<p>A definite diagnosis of FH requires:</p> <ol style="list-style-type: none"> Total-c level above 7.5 mmol/l (290 mg/dl) in adults or a Total-c level above 6.7 mmol/l (260 mg/dl) for children under 16, or LDL-c level above 4.9 mmol/l (190 mg/dl) in adults (4.0 mmol/l in children) (either pretreatment or highest on treatment) <p>PLUS</p> <ol style="list-style-type: none"> Tendon xanthomas (hard fatty lumps on the heels) in the patient or a relative (parent, child, sibling, grandparent, aunt, uncle) <p>OR</p> <ol style="list-style-type: none"> DNA-based evidence of an LDL receptor mutation or familial defective apo B-100 <p>Possible FH is defined as (1) above plus one of the following:</p> <ol style="list-style-type: none"> Family history of MI before age 50 years in grandparent, aunt, uncle or before age 60 years in parent, sibling or child Family history of raised cholesterol in parent, sibling or child, or level above 7.5 mmol/l (290 mg/dl) in grandparent, aunt or uncle

Dutch Lipid Network

Diagnostic criteria	Score
Family history	
1. First-degree relative with known premature (male <55 years; female <60 years) coronary and vascular disease	1
2. First-degree relative with known LDL-cholesterol >95th percentile, and/or	2
1. First-degree relative with tendon xanthomata and/or arcus cornealis	2
2. Children below 18 years with LDL cholesterol >95th percentile	2
Clinical history	
1. Patient has premature (male <55 years; female <60 years) coronary artery disease	2
2. Patient has premature (male <55 years; female <60 years) cerebral or peripheral vascular disease	1
Physical examination	
1. Tendon xanthomata	6
2. Arcus cornealis below 45 years	4
Laboratory analysis (HDL-c and triglycerides are normal)	
1. LDL-c >8.5 mmol/l (330 mg/dl)	8
2. LDL-c 6.5–8.5 mmol/l (250–329 mg/dl)	5
3. LDL-c 5.0–6.4 (190–249 mg/dl)	3
4. LDL-c 4.0–4.9 (155–198 mg/dl)	1
DNA analysis	
1. Functional mutation in the LDL receptor present	8
Diagnostic total score: certain >8; probable 6 and 7; possible 3 and 5	

Appendix 2

Clinical effectiveness: literature search strategies

This appendix contains information on the sources searched and keyword strategies for the systematic review of clinical effectiveness.

The electronic databases searched are listed in *Table 52* and resources consulted via the Internet in *Table 53*.

TABLE 52 *Electronic databases searched*

BIOSIS Previews	Biological Abstracts
CDSR	Cochrane Database of Systematic Reviews
CENTRAL	Cochrane Central Database of Controlled Trials
CINAHL	Cumulative Index of Nursing and Allied Health Literature
CRD Databases	Centre for Reviews and Dissemination Databases
DARE	NHS Database of Abstracts of Reviews of Effectiveness
HTA	NHS Health Technology Assessment Database
EMBASE	Excerpta Medica Database (EMBASE), EMBASE Drugs and Pharmacology (EMDP) and EMBASE Psychiatry (EMPS)
MEDLINE	The US National Library of Medicine's premier bibliographic database
MEDLINE In-Process and Other Non-Indexed Citations	The US National Library of Medicine's in-process database for Ovid MEDLINE
SCI and SSCI	Science and Social Sciences Citation Indexes

TABLE 53 *Other sources*

CCOHTA	Canadian Agency for Drugs and Technologies in Health
CCT	Current Controlled Trials Register
NRR	National Research Register
NCCHTA	National Coordinating Centre for Health Technology Assessment
NZHTA	New Zealand Health Technology Assessment
ReFeR	Research Finding Register
TRIP	Turning Research into Practice Database

Database keyword strategies

BIOSIS

1986–2005

WebSPIRS version

Search undertaken between April and June 2006

- 1 ezetimibe
- 2 (EZETIMIB) or (EZETIMIB-) or (EZETIMIBA) or (EZETIMIBA-) or (EZETIMIBE) or (EZETIMIBE-) or (EZETIMIBE-A) or (EZETIMIBE-ANALOG) or (EZETIMIBE-AND-SIMVASTATIN-IN-HYPERCHOLESTEROLEMIA-ENHANCES-ATHEROSCLEROSIS-REGRESSIO) or (EZETIMIBE-ATORVASTATIN) or (EZETIMIBE-BINDING) or (EZETIMIBE-CO-ADMINISTRATION) or (EZETIMIBE-GLUCURONIDE) or (EZETIMIBE-GLUCURONIDEOVERALL) or (EZETIMIBE-INDUCED-INCREMENTAL-REDUCTION) or (EZETIMIBE-LOWERING-EFFECT-CONSISTENCY) or (EZETIMIBE-POLICOSANOL) or (EZETIMIBE-SENSITIVE) or (EZETIMIBE-SIMVASTATIN) or (EZETIMIBE-STUDY-GROUP) or (EZETIMIBE-STUDY-GRP) or (EZETIMIBE-TREATED) or (EZETIMIBE-10) or (EZETIMIBES)
- 3 (EZETROL) or (EZETROL-)
- 4 (ZETIA) or (ZETIA-)
- 5 (VYTORIN) or (VYTORIN-) or (VYTORIN-VERSUS-ATORVASTATIN-STUDY)(2 records)
- 6 inegy
- 7 ((VYTORIN) or (VYTORIN-) or (VYTORIN-VERSUS-ATORVASTATIN-STUDY)) or ((ZETIA) or (ZETIA-)) or ((EZETROL) or (EZETROL-)) or ((EZETIMIB) or (EZETIMIB-) or (EZETIMIBA) or (EZETIMIBA-) or (EZETIMIBE) or (EZETIMIBE-) or (EZETIMIBE-A) or (EZETIMIBE-ANALOG) or (EZETIMIBE-AND-SIMVASTATIN-IN-HYPERCHOLESTEROLEMIA-ENHANCES-ATHEROSCLEROSIS-REGRESSIO) or (EZETIMIBE-ATORVASTATIN) or (EZETIMIBE-BINDING) or (EZETIMIBE-CO-ADMINISTRATION) or (EZETIMIBE-GLUCURONIDE) or (EZETIMIBE-GLUCURONIDEOVERALL) or (EZETIMIBE-INDUCED-INCREMENTAL-REDUCTION) or (EZETIMIBE-LOWERING-EFFECT-CONSISTENCY) or (EZETIMIBE-POLICOSANOL) or (EZETIMIBE-SENSITIVE) or (EZETIMIBE-SIMVASTATIN) or (EZETIMIBE-STUDY-GROUP) or (EZETIMIBE-STUDY-GRP) or (EZETIMIBE-TREATED) or (EZETIMIBE-10) or (EZETIMIBES)) or (ezetimibe)

- 8 HYPERCHOLESTEROLEMIA
- 9 hypercholesterolemia
- 10 hypercholesterolaemia
- 11 (hypercholesterolaemia) or (hypercholesterolemia) or (HYPERCHOLESTEROLEMIA)
- 12 ((hypercholesterolaemia) or (hypercholesterolemia) or (HYPERCHOLESTEROLEMIA)) and (((VYTORIN) or (VYTORIN-) or (VYTORIN-VERSUS-ATORVASTATIN-STUDY)) or ((ZETIA) or (ZETIA-)) or ((EZETROL) or (EZETROL-)) or ((EZETIMIB) or (EZETIMIB-) or (EZETIMIBA) or (EZETIMIBA-) or (EZETIMIBE) or (EZETIMIBE-) or (EZETIMIBE-A) or (EZETIMIBE-ANALOG) or (EZETIMIBE-AND-SIMVASTATIN-IN-HYPERCHOLESTEROLEMIA-ENHANCES-ATHEROSCLEROSIS-REGRESSIO) or (EZETIMIBE-ATORVASTATIN) or (EZETIMIBE-BINDING) or (EZETIMIBE-CO-ADMINISTRATION) or (EZETIMIBE-GLUCURONIDE) or (EZETIMIBE-GLUCURONIDEOVERALL) or (EZETIMIBE-INDUCED-INCREMENTAL-REDUCTION) or (EZETIMIBE-LOWERING-EFFECT-CONSISTENCY) or (EZETIMIBE-POLICOSANOL) or (EZETIMIBE-SENSITIVE) or (EZETIMIBE-SIMVASTATIN) or (EZETIMIBE-STUDY-GROUP) or (EZETIMIBE-STUDY-GRP) or (EZETIMIBE-TREATED) or (EZETIMIBE-10) or (EZETIMIBES)) or (ezetimibe))

Cochrane Library (CDSR, CENTRAL, DARE, HTA)

Issue 2, 2006

Wiley version

Search undertaken between April and June 2006

- 1 ezetimibe in All Fields in all products
- 2 ezetrol in All Fields in all products
- 3 zetia in All Fields in all products
- 4 vytorin in All Fields in all products
- 5 inegy in All Fields in all products
- 6 #1 OR #2 OR #3 OR #4 OR #5
- 7 hypercholesterolaemia or hypercholesterolemia in All Fields in all products
- 8 #6 AND #7

CINAHL

1982–2006

Ovid Online version

Search undertaken between April and June 2006

- 1 Ezetimibe/
- 2 ezetimibe.tw.
- 3 ezetrol.tw.

- 4 zetia.tw.
- 5 vytorin.tw.
- 6 inegy.tw.
- 7 1 or 2 or 4 or 5 or 6
- 8 Hypercholesterolemia/
- 9 hypercholesterolemia.af.
- 10 hypercholesterolaemia.af.
- 11 8 or 9 or 10
- 12 7 and 11
- 13 exp clinical trials/
- 14 Clinical trial.pt.
- 15 (clinic\$ adj trial\$1).tw.
- 16 ((singl\$ or doubl\$ or trebl\$ or tripl\$) adj
(blind\$3 or mask\$3)).tw.
- 17 Randomi?ed control\$ trial\$.tw.
- 18 Random assignment/
- 19 Random\$ allocat\$.tw.
- 20 Placebo\$.tw.
- 21 Placebos/
- 22 Quantitative studies/
- 23 Allocat\$ random\$.tw.
- 24 or/13-23
- 25 12 and 24

DARE-NHS EED-HTA

Data coverage not known (approximately
1994–2006)

CRD website version

Search undertaken between April and June 2006
((ezetimibe OR ezetrol OR zetia OR vytorin OR
inegy) AND (hypercholesterolemia OR
hypercholesterolaemia))

EMBASE

1980–2006

Ovid Online version

Search undertaken between April and June 2006

- 1 ezetimibe.tw.
- 2 ezetrol.tw.
- 3 zetia.tw.
- 4 vytorin.tw.
- 5 inegy.tw.
- 6 "163222-33-1".rn.
- 7 Ezetimibe/
- 8 or/1-7
- 9 hypercholesterolaemia.mp. or
hypercholesterolemia.af. [mp=title, abstract,
subject headings, heading word, drug trade
name, original title, device manufacturer, drug
manufacturer name]
- 10 8 and 9
- 11 clinical trial/
- 12 randomized controlled trial/
- 13 randomization/
- 14 single blind procedure/
- 15 double blind procedure/
- 16 crossover procedure/

- 17 placebo/
- 18 randomi?ed control\$ trial\$.tw.
- 19 rct.tw.
- 20 random allocation.tw.
- 21 randomly allocated.tw.
- 22 allocated randomly.tw.
- 23 (allocated adj2 random).tw.
- 24 single blind\$.tw.
- 25 double blind\$.tw.
- 26 ((treble or triple) adj blind\$.tw.
- 27 placebo\$.tw.
- 28 prospective study/
- 29 or/11-29
- 30 case study/
- 31 case report.tw.
- 32 abstract report/ or letter/
- 33 or/30-32
- 34 29 not 33
- 35 10 and 34

MEDLINE

1966–2006

Ovid Online

Search undertaken between April and June 2006

- 1 ezetimibe.tw.
- 2 ezetrol.tw.
- 3 zetia.tw.
- 4 vytorin.tw.
- 5 inegy.tw.
- 6 or/1-5
- 7 randomized controlled trial.pt.
- 8 controlled clinical trial.pt.
- 9 randomized controlled trials/
- 10 random allocation/
- 11 double blind method/
- 12 single blind method/
- 13 or/7-12
- 14 clinical trial.pt.
- 15 exp clinical trials/
- 16 (clin\$ adj25 trial\$.tw.
- 17 ((singl\$ or doubl\$ or trebl\$ or tripl\$) adj25
(blind\$ or mask\$)).tw.
- 18 placebos/
- 19 placebo\$.tw.
- 20 random\$.tw.
- 21 research design/
- 22 or/14-21
- 23 "comparative study"/
- 24 exp evaluation studies/
- 25 follow-up studies/
- 26 prospective studies/
- 27 (control\$ or prospectiv\$ or volunteer\$.tw.
- 28 (control\$ or prospectiv\$ or volunteer\$.tw.
- 29 or/23-28
- 30 13 or 22 or 29
- 31 "animal"/
- 32 "human"/

- 33 31 not 32
- 34 30 not 33
- 35 34 and 6
- 36 hypercholesterolemia.af.
- 37 hypercholesterolaemia.af.
- 38 35 and (36 or 37)
- 39 "163222-33-1.".rn.
- 40 6 or 39
- 41 40 and 34 and (36 or 37)

MEDLINE In-Process and Other Non-Indexed Citations

Ovid Online version

Search undertaken between April and June 2006

- 1 ezetimibe.tw.
- 2 ezetrol.tw.
- 3 zetia.tw.
- 4 vytorin.tw.
- 5 inegy.tw.
- 6 or/1-5
- 7 hypercholesterolemia.af.
- 8 hypercholesterolaemia.af.
- 9 or/7-8
- 10 6 and 9

SCI and SSCI

1900–2006

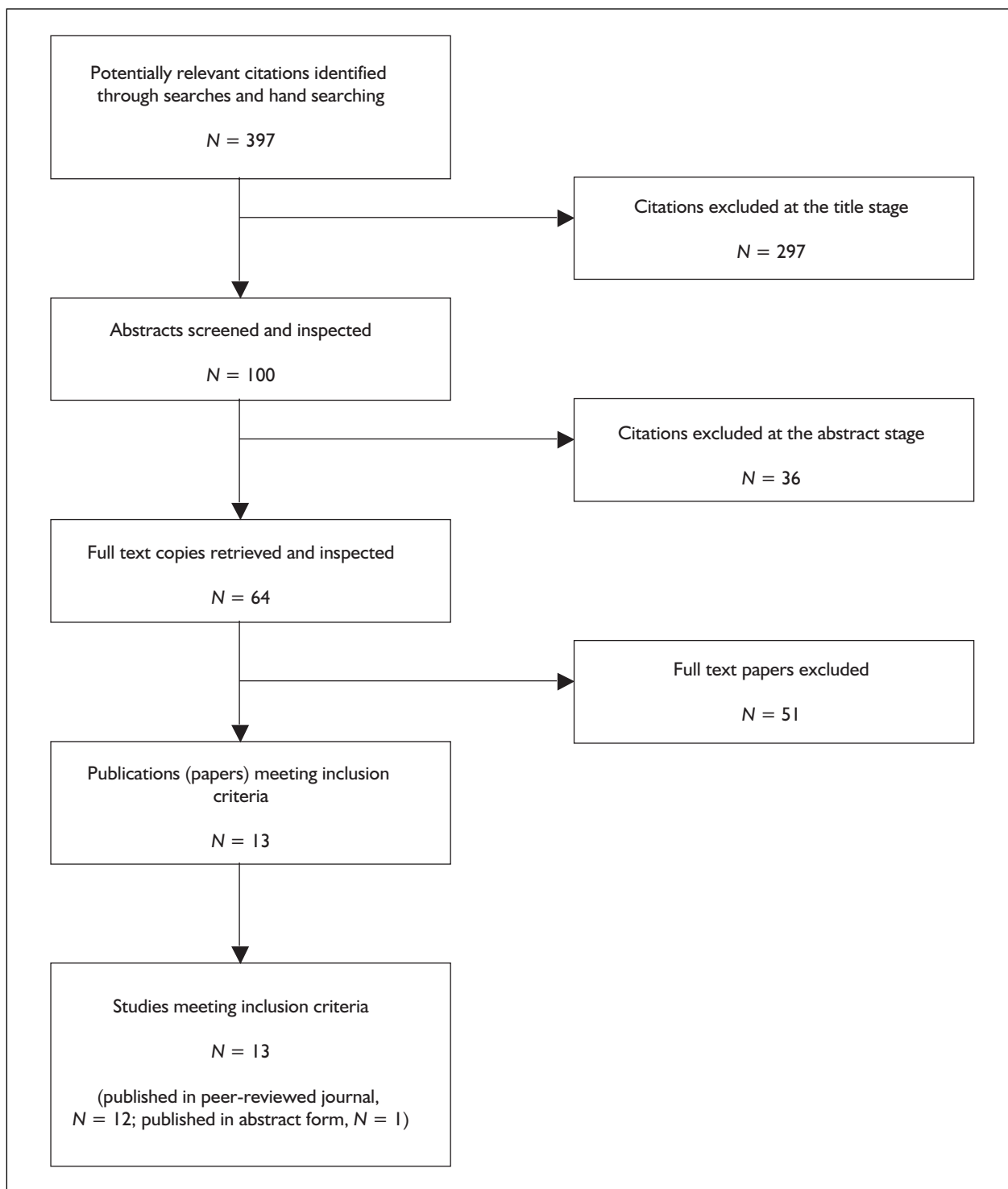
Web of Knowledge version

Search undertaken between April and June 2006

- 1 TS=(hypercholesterolemia OR hypercholesterolaemia) DocType=All document types; Language=All languages; Databases=SCI-EXPANDED, SSCI; Timespan=1900-2006
- 2 TS=(ezetimibe OR ezetrol OR zetia OR vytorin OR inegy) DocType=All document types; Language=All languages; Databases=SCI-EXPANDED, SSCI; Timespan=1900-2006
- 3 #1 AND #2 DocType=All document types; Language=All languages; Databases=SCI-EXPANDED, SSCI; Timespan=1900-2006

Appendix 3

Clinical effectiveness: QUOROM trial flow chart



Appendix 4

Summary of excluded studies with rationale (clinical effectiveness)

Reference	Reason for exclusion
Anon., 2001 ²⁰⁸	Letter/comment/editorial/report
Anon., 2002 ²⁰⁹	German (letter/comment/editorial/report)
Anon., 2002 ²¹⁰	German (letter/comment/editorial/report)
Anon., 2002 ²¹¹	German (letter/comment/editorial/report)
Anon., 2003 ²¹²	German (letter/comment/editorial/report)
Anon., 2003 ²¹³	German (letter/comment/editorial/report)
Anon., 2004 ²¹⁴	6-week study
Anon., 2004 ²¹⁵	Letter/comment/editorial/report
Anon., 2004 ²¹⁶	Letter/comment/editorial/report
Anon., 2005 ²¹⁷	German (letter/comment/editorial/report)
Anon., 2005 ²¹⁸	German (letter/comment/editorial/report)
Baigent and Laundry, 2003 ¹²⁹	Ongoing trial
Ballantyne <i>et al.</i> , 2005 ²¹⁹	6-week study
Ballantyne <i>et al.</i> , 2006 ²²⁰ (abstract)	6-week study
Ballantyne <i>et al.</i> , 2006 ²²¹ (abstract)	Same study as Ballantyne <i>et al.</i> , 2006 (6-week study)
Barrios <i>et al.</i> , 2005 ²²²	6-week study
Brohet <i>et al.</i> , 2005 ²²³	6-week study
Cruz-Fernandez <i>et al.</i> , 2005 ²²⁴	6-week study
Davidson <i>et al.</i> , 2004 ¹³⁵	Meta-analysis
Davidson <i>et al.</i> , 2006 ²²⁵ (abstract)	6-week study
Davidson <i>et al.</i> , 2006 ²²⁶ (abstract)	6-week study
Davidson <i>et al.</i> , 2006 ¹³⁶	Wrong intervention/comparator/outcome
Descamps <i>et al.</i> , 2006 ²²⁷ (abstract)	7-day study
Dvorakova <i>et al.</i> , 2006 ²²⁸ (abstract)	Non-RCT
Esteban-Salan <i>et al.</i> , 2006 ²²⁹ (abstract)	Non-RCT
Farnier <i>et al.</i> , 2005 ¹²⁴	Population with mixed hyperlipidaemia
Farnier <i>et al.</i> , 2005 ²³⁰	6-week study
Feldman <i>et al.</i> , 2004 ¹²⁵	Results only for the first 5 weeks
Gagne <i>et al.</i> , 2002 ¹⁷³	8-week study
Goldman-Levine <i>et al.</i> , 2005 ²³¹	Review – not systematic
Jakulj <i>et al.</i> , 2005 ²³²	Wrong intervention/comparator/outcome
Jang-Whan Bae, 2005 ²³³	The libraries were unable to trace this paper
Kastelein <i>et al.</i> , 2004 ²³⁴	Ongoing
Kastelein <i>et al.</i> , 2005 ²³⁵	Ongoing
Leibovitz <i>et al.</i> , 2006 ²³⁶ (abstract)	Non-RCT
Madigosky and Kane, 2003 ²³⁷	Letter/comment/editorial
Maeder <i>et al.</i> , 2005 ²³⁸	Observational programme
McKenney <i>et al.</i> , 2006 ²³⁹	Mixed hyperlipidaemia. Part of Farnier <i>et al.</i> , 2005 ¹²⁴
Melani <i>et al.</i> , 2003 ²⁴⁰	Abstract, full results published by Melani <i>et al.</i> , 2003 ¹¹⁶
Ose <i>et al.</i> , 2005 ²⁴¹	Single arm
Pearson <i>et al.</i> , 2005 ²⁴²	Subgroup analysis (6-week study)
Pearson <i>et al.</i> , 2005 ²⁴³	6-week study
Pisciotta <i>et al.</i> , 2006 ²⁴⁴ (abstract)	Non-RCT
Rossebo <i>et al.</i> , 2003 ¹²⁷	Ongoing trial
Rossebo, 2005 ¹²⁸	Ongoing trial. Part of Rossebo <i>et al.</i> , 2003 ¹²⁷
Schering-Plough, 2006 ¹²⁶	Ongoing trial
Shepherd, 2003 ²⁴⁵	Letter/comment/editorial
Simons <i>et al.</i> , 2004 ²⁴⁶	Post hoc analysis of Gagne <i>et al.</i> , 2002 ¹⁷³ (8-week study)
Stein <i>et al.</i> , 2005 ²⁴⁷	Single arm study
Sudhop <i>et al.</i> , 2002 ²⁴⁸	2-week study

continued

Reference	Reason for exclusion
Sudhop and von Bergmann, 2003 ²⁴⁹	German (letter/comment/editorial)
Van Heyningen, 2006 ²⁵⁰ (abstract)	Non-RCT
Veltri <i>et al.</i> , 2006 ²⁵¹ (abstract)	Review
Vermaak <i>et al.</i> , 2002 ²⁵²	Abstract, no useful data. Email to authors
Wierzbicki <i>et al.</i> , 2005 ²⁵³	Non-RCT

Appendix 5

Clinical effectiveness: quality assessment

	Ballantyne et al., 2003 ¹¹⁵	Ballantyne et al., 2004a ¹¹⁷	Ballantyne et al., 2004b ¹¹⁹	Bays et al., 2004 ¹¹¹	Davidson et al., 2002 ¹¹²	Dujovne et al., 2002 ¹²²	Goldberg et al., 2004 ¹¹³	Knopp et al., 2003 ¹²³	Masana et al., 2005 ¹²⁰	McKenney et al., 2006 ¹²¹	Melani et al., 2003 ¹¹⁶	Rodney et al., 2006 ¹¹⁴	Stein et al., 2004 ¹¹⁸
Was the method used to assign participants to the treatment groups really random?	?	?	Y	?	Y	Y	Y	Y	?	?	Y	Y	?
What method of assignment was used?	?	?	CR	?	CG	CG	CG	CG	?	?	CG	CG	?
Was the allocation of treatment concealed?	?	?	?	?	?	?	?	?	?	?	?	?	?
What method was used to conceal treatment allocation?	?	?	?	?	?	?	?	?	?	?	?	?	?
Was the number of participants who were randomised stated?	Y	Y	Y	Y	Y	Y	Y	Y	Y	?	Y	Y	Y
Were details of baseline comparability presented?	Y	Y	Y	Y	Y	Y	Y	Y	Y	?	Y	Y	Y
Was baseline comparability achieved?	Y	Y	Y	Y	Y	Y	Y	Y	Y	?	Y	Y	Y
Were the eligibility criteria for study entry specified?	Y	Y	Y	Y	?	Y	Y	Y	Y	?	Y	Y	Y
Were any co-interventions identified that may influence the outcomes for each group?	?	Y	Y	Y	?	Y	Y	Y	Y	?	Y	Y	Y
Were the outcome assessors blinded to the treatment allocations?	Y	Y	Y	Y	Y	?	Y	?	?	?	Y	?	?
Were the individuals who administered the intervention blinded to the treatment allocation?	Y	Y	Y	Y	?	?	Y	Y	Y	?	Y	Y	Y
Were the participants who received the intervention blinded to the treatment allocation?	Y	Y	Y	Y	Y	Y	Y	Y	Y	?	Y	Y	Y
Was the success of the blinding procedure assessed?	?	?	?	?	?	?	?	?	?	?	?	?	?
Were at least 80% of the participants originally included in the randomised process followed up in the final analysis?	Y	Y	Y	Y	Y	Y	Y	Y	Y	?	Y	Y	Y
Were the reasons for withdrawal stated?	Y	Y	Y	Y	Y	Y	Y	Y	Y	?	Y	Y	Y
Was an ITT analysis included?	Y	Y	N	Y ^a	Y	Y	Y ^a	Y	Y	?	Y	Y ^a	N

CG, single computer generated; CR, central randomisation; N, no; Y, item addressed; ?, not enough information or not clear.
^a Modified ITT.

Appendix 6

Patient demographics and baseline characteristics

Study	Patient characteristics								
	Mean age (range) (years)	Male (%)	BMI (kg/m ²), mean (range)	Physically active (%)	Smoker (%)	Ethnicity (%)	Lifestyle intervention	Concomitant therapy	History/risk factors/presence of CVD
Ballantyne et al., 2003 ¹¹⁵	T1: 56.7	T1: 45	NR	T1: 49	T1: 17	White:	The NCEP	NR	Mixed population of patients with family history of CHD (41%), history of hypertension (35%), DM (4%) and CHD including CHD risk factors (9%)
	T2: 58.7	T2: 42		T2: 50	T2: 14	T1: 88	Step 1 or strict diet		
	T3: 57.8	T3: 38		T3: 48	T3: 13	T2: 87			
	T4: 56.9	T4: 29		T4: 55	T4: 15	T3: 83			
						T4: 82			
Ballantyne et al., 2004a ¹¹⁷	T1: 57.6	T1: 39	NR	T1: 53	T1: 13	Caucasian:	The NCEP	NR	Mixed population of patients with history of hypertension (38%), DM (4.5%), CHD including CHD risk factors (12.5%) and peripheral vascular disease (2.5%)
	(26–86)	T2: 51		T2: 44	T2: 9	T1: 87; T2: 87	Step 1 or strict diet		
	T2: 58.5					Black:			
	(34–76)					T1: 6; T2: 4			
	≥65 years:					Hispanic:			
	T1: 27%					T1: 4; T2: 9			
	T2: 33%					Asian:			
						T1: < 1; T2: 0			
						American Indian:			
						T1: < 3; T2: 0			
Ballantyne et al., 2004b ¹¹⁹	T1: 59.4	T1: 53.6	NR	NR	NR	White:	NR	NR	Patients with established CHD or its risk equivalent conferring a 10-year risk of >20% for CHD (Framingham score)
	T2: 59.9	T2: 52.5				T1: 92; T2: 89.7; T3: 89.3			
	T3: 60.8	T3: 50				Black:			
						T1: 4.9; T2: 4.9; T3: 3.8			
						Hispanic:			
						T1: 1.9; T2: 3; T3: 4.2			
						Asian:			
						T1: 0.8; T2: 1.1; T3: 1.9			
						Other:			
						T1: 0.4; T2: 1.1; T3: 0.8			

continued

Study	Patient characteristics								
	Mean age (range) (years)	Male (%)	BMI (kg/m ²), mean (range)	Physically active (%)	Smoker (%)	Ethnicity (%)	Lifestyle intervention	Concomitant therapy	History/risk factors/presence of CVD
Bays <i>et al.</i> , 2004 ¹¹¹	T1: 55.5 T2: 56.4 T3: 54.9 T4: 56.0 ≥65 years: T1: 22.8% T2: 23% T3: 21.1% T4: 24%	T1: 45.6 T2: 48.6 T3: 49.4 T4: 43.9	T1: 28.4 T2: 27.9 T3: 28.3 T4: 28.0	NR	NR	White: T1: 89.3; T2: 88.7 T3: 87; T4: 89.2 Black: T1: 2.7; T2: 3.1 T3: 3.4; T4: 3.4 Hispanic: T1: 2.7; T2: 1.3 T3: 2.7; T4: 1.4 Other: T1: 5.4; T2: 6.9 T3: 6.9; T4: 6.1	Cholesterol-lowering diet	NR	Includes patients with stable/controlled CVD, hypertension or DM
Davidson <i>et al.</i> , 2002 ¹¹²	T1: 60.3 (35–84) T2: 57.6 (27–83) T3: 56.4 (25–87) T4: 58.8 (25–84) ≥65 years: T1: 34% T2: 31% T3: 28% T4: 33%	T1: 39 T2: 46 T3: 42 T4: 44	NR	NR	NR	White: T1: 95; T2: 91 T3: 90; T4: 96 Black: T1: 2; T2: 4 T3: 5; T4: 1 Hispanic: T1: 3; T2: 3 T3: 5; T4: 1 Asian: T1: 0; T2: 2 T3: < 1; T4: 0 American Indian: T1: 0; T2: 0 T3: 0; T4: 1	NR	NR	Mixed population of patients with family history of CHD (45%), history of hypertension (30%), DM (6%) and CHD including CHD risk factors (6.5%)

continued

Study	Patient characteristics								
	Mean age (range) (years)	Male (%)	BMI (kg/m ²), mean (range)	Physically active (%)	Smoker (%)	Ethnicity (%)	Lifestyle intervention	Concomitant therapy	History/risk factors/presence of CVD
Dujovne et al., 2002 ¹²²	T1: 57.9 (18-85) T2: 58.1 (30-85) ≥65 years: T1: 31% T2: 31%	T1: 50 T2: 45	T1: 28.6 (17.5-47.0) T2: 28.4 (19.4-49.5)	T1: 57 T2: 56	T1: 12 T2: 9	Caucasian: T1: 90; T2: 93 Black: T1: 5; T2: 4 American Indian: T1: < 1; T2: 0 Asian: T1: 1; T2: 1 Hispanic: T1: 3; T2: 1 Pacific Islander: T1: < 1; T2: 0	The NCEP Step 1 or strict diet	CVD drugs and aspirin (≤325 mg/day) was permitted	One-third of patients had a known family history of CAD and one-third had some degree of hypertension. Other CVD risk factors were less frequent (≤12% in either treatment group)
Goldberg et al., 2004 ¹¹³	Age <65 years: T1: 79% T2: 75% T3: 77% T4: 71% Age ≥65 years: T1: 21% T2: 25% T3: 23% T4: 29%	T1: 38 T2: 48 T3: 49 T4: 41	NR	NR	NR	White: T1: 77; T2: 83 T3: 79; T4: 81 Black: T1: 7; T2: 3 T3: 4; T4: 5 Hispanic: T1: 10; T2: 9 T3: 10; T4: 9 Other: T1: 7; T2: 5 T3: 7; T4: 5	The NCEP Step 1 or strict diet		Patients with hypertension, diabetes and CHD

continued

Study	Patient characteristics								
	Mean age (range) (years)	Male (%)	BMI (kg/m ²), mean (range)	Physically active (%)	Smoker (%)	Ethnicity (%)	Lifestyle intervention	Concomitant therapy	History/risk factors/presence of CVD
Knopp <i>et al.</i> , 2003 ¹²³	T1: 58.3 (20–86) T2: 57.6 (24–79) ≥65 years: T1: 33% T2: 32%	T1: 49 T2: 46	T1: 29.1 (17.8–49.6) T2: 29.6 (19.4–45.7)	T1: 50 T2: 48	T1: 15 T2: 11	White: T1: 91; T2: 88 Black: T1: 5; T2: 6 American Indian: T1: 0; T2: <1 Asian: T1: 1; T2: <1 Hispanic: T1: 2; T2: 5 Pacific Islander: T1: <1; T2: 0	The NCEP Step 1 or strict diet	CV drugs and aspirin (≤350 mg/day) were permitted	One-third of patients had a known family history of CAD and one-third had some degree of hypertension
Masana <i>et al.</i> , 2005 ¹²⁰	T1: 59 (22–84) T2: 61 (28–83) ≥65 years: T1: 36% T2: 36%	T1: 57 T2: 55	T1: 29.2 T2: 29.6	NR	NR	White: T1: 91; T2: 94 Black: T1: 6; T2: 3 Hispanic: T1: 2; T2: 1 Asian 1: T1: <1; T2: 3 Other: T1: 1; T2: 0	Cholesterol-lowering diet	NR	Patients with established but stable CHD and CHD equivalents, including DM
McKenney <i>et al.</i> , 2006 ¹²¹	NR	50% women	NR	NR	NR	NR	NR	NR	NR

continued

Study	Patient characteristics								
	Mean age (range) (years)	Male (%)	BMI (kg/m ²), mean (range)	Physically active (%)	Smoker (%)	Ethnicity (%)	Lifestyle intervention	Concomitant therapy	History/risk factors/presence of CVD
Melani <i>et al.</i> , 2003 ¹¹⁶	T1: 52.0 (26–75) T2: 56.9 (20–86) T3: 55.1 (23–84) T4: 53.4 (32–76) ≥65 years: T1: 16% T2: 25% T3: 26% T4: 17%	T1: 36 T2: 41 T3: 49 T4: 48	NR	T1: 52 T2: 62 T3: 52 T4: 58	T1: 23 T2: 11 T3: 15 T4: 15	Caucasian: T1: 94; T2: 86 T3: 85; T4: 80 Black: T1: 5; T2: 5 T3: 6; T4: 9 Hispanic: T1: 2; T2: 5 T3: 7; T4: 2 Asian: T1: 0; T2: 2 T3: 1; T4: 9 Pacific Islander: T1: 0; T2: 0 T3: < 1; T4: 0 Other: T1: 0; T2: < 1; T3: 0; T4: 0	NR	NR	40% of patients had a known family history of CHD, 29% had a history of hypertension, 4.2% had a DM, 5.5 had history of CHD, and 1.3% had a peripheral vascular disease
Rodney <i>et al.</i> , 2006 ¹¹⁴	T1: 55.2 T2: 53.7	T1: 39 T2: 38	T1: 31.3 T2: 31.0			All patients were African-Americans	The NCEP Step 1 diet	NR	21% in the ezetimibe + simvastatin arm and 16% in the simvastatin arm had DM. Patients with CHD were 10% vs 11% and CV risk ≥2 were 49% vs 54%
Stein <i>et al.</i> , 2004 ¹¹⁸	T1: 53.0 T2: 51.6 ≥65 years: T1: 21% T2: 16%	T1: 5 T2: 54	NR	NR	T1: 25 T2: 27	White: T1: 91 T2: 91 Non-white: T1: 9 T2: 9	NR	NR	HeFH was present in 58% of subjects (genotype confirmed in 30%) and the remaining subjects had CHD or at least 2 CVD risk factors (31%), history of hypertension (37%) and DM (6.5%)
NR, not reported.									

Appendix 7

Data abstraction tables

Data are given in *Tables 54–57*.



TABLE 54 LDL-c (mmol/l)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo			
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI	
<i>12-week studies</i>													
Ballantyne et al., 2003¹¹⁵													
Baseline	255	4.65	0.64	4.57 to 4.73	65	4.53	0.56	4.39 to 4.67	248	4.65	0.63	4.57 to 4.73	
Mean % change	255	-54.5	15.01	-56.34 to -52.66	65	-18.4	14.92	-22.03 to -14.77	248	-42.4	14.96	-44.26 to -40.54	
Bays et al., 2004¹¹¹													
Baseline	609	4.58	0.64	4.53 to 4.63	149	4.68	0.60	4.58 to 4.78	622	4.62	0.66	4.57 to 4.67	
Mean % change	604	-53.0	14.75	-54.18 to -51.82	148	-18.9	14.60	-21.25 to -16.55	612	-39.0	14.84	-40.18 to -37.82	
Davidson et al., 2002¹¹²													
Baseline	274	4.58	0.52	4.52 to 4.64	61	4.71	0.60	4.56 to 4.86	263	4.64	0.52	4.54 to 4.68	
Mean % change	274	-49.9	14.90	-51.66 to -48.14	61	-18.1	14.84	-21.82 to -14.38	263	-36.1	14.60	-37.86 to -34.34	
Dujovne et al., 2002¹²²													
Baseline					666	4.36	NR	NA		226	4.37	NR	NA
Mean % change					666	-16.86	14.19	-17.94 to -15.78		226	0.36	12.48	-1.27 to 1.99
Goldberg et al., 2004¹¹³													
Baseline	353	4.55	0.68	4.48 to 4.62	92	4.58	0.68	4.44 to 4.72	349	4.55	0.65	4.48 to 4.62	
Mean % change	353	-53.2	17.2	-54.99 to -51.41	89	-19.8	10.5	-21.98 to -17.62	345	-38.5	14.2	-40.00 to -37.00	
Knopp et al., 2003¹²³													
Baseline					622	4.27	NR	NA		205	4.25	NR	NA
Mean % change					621	-17.69	14.70	-18.85 to -16.53		204	0.79	12.43	-0.92 to 2.50
Melani et al., 2003¹¹⁶													
Baseline	204	4.6	0.5	4.53 to 4.67	64	4.6	0.6	4.45 to 4.75	205	4.6	0.6	4.52 to 4.68	
Mean % change	204	-37.7	12.85	-39.46 to -35.94	64	-18.7	12.80	-21.84 to -15.56	205	-24.3	12.89	-26.06 to -22.54	
Rodney et al., 2006¹¹⁴													
Baseline	124	4.59	0.60		123	4.54	0.61		123	4.54	0.61		
Mean % change	124	-45.6	15.8	-48.53 to -42.97	123	-28.3	15.7	-31.12 to -25.56	123	-28.3	15.7	-31.12 to -25.56	
Stein et al., 2004¹¹⁸													
Baseline	305	4.87	1.22	4.73 to 5.0	316	4.84	1.24	4.70 to 4.98	303	4.84	1.24	4.70 to 4.98	
Mean % change	293	-33.2	11.98	-34.57 to -31.83	303	-20.30	15.67	-22.06 to -18.5	303	-20.30	15.67	-22.06 to -18.5	
<i>23-48-week studies</i>													
Ballantyne et al., 2004a¹¹⁷													
Baseline	201	4.7	0.6	4.62 to 4.78	45	4.8	0.6	4.62 to 4.98	45	4.8	0.6	4.62 to 4.98	
Mean % change	201	-48.4	18.8	-51.00 to -45.80	45	-38.6	12.4	-42.22 to -34.98	45	-38.6	12.4	-42.22 to -34.98	

continued

TABLE 54 LDL-c (mmol/l) (cont'd)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo		
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
Masana et al., 2005¹²⁰												
Baseline	355	3.55	1.23	3.42 to 3.68					78	3.42	1.19	3.15 to 3.69
Mean % change	350	-23.7	33.67	-27.23 to -20.17					78	3.3	22.96	-1.80 to 8.40
NA, not applicable; NR, not reported; data in <i>italics</i> , reported data; other, calculated data. To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129.												
Forced titration												
Study	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
Ballantyne et al., 2004b¹¹⁹												
Ezetimibe + statin 10/10 (T1)												
Baseline	263	4.68	1.07	4.55 to 4.81	263	4.66	1.08	4.53 to 4.79	262	4.70	1.19	4.56 to 4.84
Mean % change at 6 weeks	263	-46.1	12.97	-47.67 to -44.53	263	-50.3	12.97	-51.87 to -48.73	262	-37.2	12.95	-38.77 to -35.63
Ezetimibe + statin 10/20												
Mean % change at 12 weeks	250	-50.2	12.65	-51.77 to -48.63	252	-54.3	12.70	-55.87 to -52.73	246	-44.3	14.12	-46.06 to -42.54
Ezetimibe + statin 10/40												
Mean % change at 18 weeks	242	-55.6	9.31	-56.78 to -54.42	240	-55.6 ^a	9.31 ^a	-56.78 to -54.42 ^a	237	-49.1	13.86	-50.86 to -47.34
Ezetimibe + statin 10/80												
Mean % change at 24 weeks (end-point)	232	-59.4	10.62	-60.77 to -58.03	227	-59.4 ^a	10.62 ^a	-60.77 to -58.03 ^a	228	-52.5	15.10	-54.46 to -50.54
To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129. Data in <i>italics</i> , reported data; others, calculated data. ^a Data pooled for common doses of ezetimibe + simvastatin at weeks 18 and 24 (based on the mean sample size of the two arms).												

TABLE 55 Total-c (mmol/l)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo			
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI	
<i>12-week studies</i>													
Ballantyne et al., 2003 ¹¹⁵													
Baseline	255	6.91	0.64	6.83 to 6.99	65	6.70	0.73	6.52 to 6.88	248	6.95	0.63	6.87 to 7.03	
Mean % change	255	-41.1	11.82	-42.55 to -39.65	65	-13.5	12.34	-16.50 to -10.50	248	-32.1	11.81	-33.57 to -30.63	
Bays et al., 2004 ¹¹¹													
Baseline	609	6.78	0.73	6.72 to 6.84	149	6.88	0.68	6.77 to 6.99	622	6.80	0.75	6.74 to 6.86	
Mean % change	604	-37.6	12.29	-38.58 to -36.62	148	-13.3	10.95	-15.06 to -11.54	612	-27.7	12.37	-28.68 to -26.72	
Davidson et al., 2002 ¹¹²													
Baseline	274	6.86	NR	NA	61	7.07	NR	NA	263	6.89	NR	NA	
Mean % change	274	-36.6	11.59	-37.97 to -35.23	61	-13.3	11.72	-16.24 to -10.36	263	-25.8	11.35	-27.17 to -24.43	
Dujovne et al., 2002 ¹²²													
Baseline					666	6.57	NR	NA		226	6.62	NR	NA
Mean % change					666	12.48	9.81	11.74 to 13.22		226	0.84	8.42	-0.26 to 1.94
Goldberg et al., 2004 ¹¹³													
Baseline	353	6.76	0.78	6.68 to 6.84	92	6.81	0.78	6.65 to 6.97	349	6.73	0.78	6.65 to 6.81	
Mean % change	353	-37.7	13.3	-39.09 to -36.31	90	-13.7	7.9	-15.33 to -12.07	345	-26.4	11.3	-27.59 to -25.21	
Knopp et al., 2003 ¹²³													
Baseline					621	6.44	NR	NA		204	6.43	NR	NA
Mean % change					621	-12.40	9.47	-13.14 to -11.66		204	0.57	8.57	-0.61 to 1.75
Melani et al., 2003 ¹¹⁶													
Baseline	204	6.8	NR	NA	64	6.9	NR	NA	205	6.8	NR	NA	
Mean % change	204	-27.1	8.57	-28.28 to -25.92	64	-13.2	9.60	-15.55 to -10.85	205	-17.2	8.59	-18.38 to -16.02	
Rodney et al., 2006 ¹¹⁴													
Baseline	124	6.66	0.70		123	6.59	0.70		123	6.59	0.70		
Mean % change	124	-33	9.0	-35.19 to -32.02	123	21	8.9	-22.44 to -19.26	123	21	8.9	-22.44 to -19.26	
Stein et al., 2004 ¹¹⁸													
Baseline	305	6.81	1.22	6.67 to 6.95	316	6.87	1.24	6.73 to 7.00	303	-16	12.18	-17.37 to -14.63	
Mean % change	293	-26.1	11.98	-27.47 to -24.73	303	-16	12.18	-17.37 to -14.63	303	-16	12.18	-17.37 to -14.63	
<i>23-48-week studies</i>													
Ballantyne et al., 2004a ¹¹⁷													
Baseline	201	6.9	0.7	6.80 to 7.00	45	7.0	0.7	6.80 to 7.20	45	7.0	0.7	6.80 to 7.20	
Mean % change	201	-35.4	14.0	-37.34 to -33.46	45	-27.5	10.4	-30.54 to -24.46	45	-27.5	10.4	-30.54 to -24.46	

continued

TABLE 55 Total-c (mmol/l) (cont'd)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo		
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
Masana et al., 2005¹²⁰												
Baseline	355	5.62	1.27	5.49 to 5.75					78	5.49	1.26	5.21 to 5.77
Mean % change	350	-15.9	22.45	-18.25 to -13.55					78	2.5	15.90	-1.03 to 6.03
NA, not applicable; NR, not reported; data in <i>italics</i> , reported data; others, calculated data. To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129.												
Forced titration												
Study	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
Ballantyne et al., 2004b¹¹⁹												
Ezetimibe + statin 10/10												
Baseline	263	6.90	1.19	6.76 to 7.04	263	6.86	1.14	6.72 to 6.99	262	6.93	1.29	6.77 to 7.09
Mean % change at 6 weeks	263	-33.9	9.73	-35.08 to -32.72	263	-36.2	9.73	-37.38 to -35.02	262	-28.1	9.71	-29.28 to -26.92
Ezetimibe + statin 10/20												
Mean % change at 12 weeks	250	-36.5	9.49	-37.68 to -35.32	252	-39.2	9.52	-40.38 to -38.02	246	-33.1	9.41	-34.28 to -31.92
Ezetimibe + statin 10/40												
Mean % change at 18 weeks	242	-40.5	7.76	-41.48 to -39.52	240	-40.5 ^a	7.76 ^a	-41.48 to -39.52 ^a	237	-37.0	10.78	-38.37 to -35.63
Ezetimibe + statin 10/80												
Mean % change at 24 weeks (end-point)	232	-43.3	7.58	-44.28 to -42.32	227	-43.3 ^a	7.58 ^a	-44.28 to -42.32 ^a	228	-40.2	10.57	-41.57 to -38.83
To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129. Data in <i>italics</i> , reported data; others, calculated data. ^a Data pooled for common doses of ezetimibe + simvastatin at weeks 18 and 24 (based on the mean sample size of the two arms).												

TABLE 56 HDL-c (mmol/l)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo		
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
<i>12-week studies</i>												
Ballantyne et al., 2003 ¹¹⁵												
Baseline	255	1.31	0.32	1.27 to 1.35	65	1.31	0.32	1.23 to 1.39	248	1.39	0.32	1.35 to 1.43
Mean % change	255	7.3	11.66	5.87 to 8.73	62	4.2	11.53	1.40 to 7.0	248	4.3	11.65	2.85 to 5.75
Bays et al., 2004 ¹¹¹												
Baseline	609	1.35	0.34	1.32 to 1.38	149	1.36	0.33	1.31 to 1.41	622	1.33	0.32	1.30 to 1.36
Mean % change	604	7.2	12.29	6.22 to 8.18	148	5.0	13.38	2.84 to 7.16	612	6.8	12.37	5.82 to 7.78
Davidson et al., 2002 ¹¹²												
Baseline	274	1.31	0.32	1.27 to 1.35	61	1.33	0.30	1.25 to 1.41	263	1.33	0.28	1.32 to 1.40
Mean % change	274	9.3	13.24	7.73 to 10.87	61	5.1	12.50	1.96 to 8.24	263	6.9	12.97	5.33 to 8.47
Dujovne et al., 2002 ¹²²												
Baseline					666	1.35	NR	NA		1.36	NR	NA
Mean % change					666	1.31	12.65	0.35 to 2.27		-1.60	10.97	-3.03 to -0.17
Goldberg et al., 2004 ¹¹³												
Baseline	353	1.33	0.34	1.29 to 1.37	92	1.33	0.34	1.26 to 1.40	349	1.27	0.31	1.24 to 1.30
Mean % change	353	8.2	13.1	6.83 to 9.57	90	7.0	12.6	4.40 to 9.60	345	7.6	11.9	6.34 to 8.86
Knopp et al., 2003 ¹²³												
Baseline					621	1.35	NR	NA		1.32	NR	NA
Mean % change					621	1.01	12.46	0.03 to 1.99		-1.26	11.14	-2.79 to 0.27
Melani et al., 2003 ¹¹⁶												
Baseline	204	1.3	0.3	1.26 to 1.34	64	1.3	0.3	1.23 to 1.38	205	1.3	0.3	1.26 to 1.34
Mean % change	204	8.1	11.43	6.53 to 9.67	64	4.1	12.0	1.16 to 7.04	205	6.7	11.45	5.13 to 8.27
Rodney et al., 2006 ¹¹⁴												
Baseline	124	1.38	0.35						123	1.31	0.35	
Mean % change	124	1.0	-11.27	3.40 to -0.57					123	2.0	-8.9	3.81 to 0.64
Stein et al., 2004 ¹¹⁸												
Baseline	305	3.7	11.98	2.33 to 5.07					316	1.0	12.18	-0.37 to 2.37
Mean % change	293	2.1	10.27	0.92 to 3.28					303	1.3	10.44	0.12 to 2.48
<i>23-48-week studies</i>												
Ballantyne et al., 2004a ¹¹⁷												
Baseline	201	1.4	0.4	1.34 to 1.46	45	1.3	0.3	1.21 to 1.39	45	1.3	0.3	1.21 to 1.39
Mean % change	201	6.3	13.4	4.45 to 8.15	45	5.4	3.13	4.49 to 6.31	45	5.4	3.13	4.49 to 6.31

continued

TABLE 56 HDL-c (mmol/l) (cont'd)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo		
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
Masana et al., 2005¹²⁰												
Baseline	355	1.30	0.31	1.27 to 1.33					78	1.33	0.35	1.25 to 1.41
Mean % change	350	2.0	20.58	-0.16 to 4.16					78	-0.6	14.13	-3.74 to 2.54
NA, not applicable; NR, not reported; data in <i>italics</i> , reported data; others, calculated data. To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129.												
Forced titration												
Study	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
Ballantyne et al., 2004b¹¹⁹												
Ezetimibe + statin 10/10 (T1)												
Baseline	263	1.21	0.32	1.17 to 1.25	263	1.22	0.28	1.19 to 1.25	262	1.22	0.30	1.18 to 1.26
Mean % change at 6 weeks	263	8.0	12.97	6.43 to 9.57	263	9.5	12.97	7.93 to 11.07	262	5.1	12.95	3.53 to 6.67
Ezetimibe + statin 10/20												
Mean % change at 12 weeks	250	9.0	14.23	7.24 to 10.76	252	12.4	14.29	10.64 to 14.16	246	6.9	14.12	5.14 to 8.66
Ezetimibe + statin 10/40												
Mean % change at 18 weeks	242	11.4	10.87	10.03 to 12.77	240	11.4 ^a	10.87 ^a	10.03 to 12.77 ^a	237	7.8	15.39	5.84 to 9.76
Ezetimibe + statin 10/80												
Mean % change at 24 weeks (end-point)	232	12.3	10.62	10.93 to 13.67	227	12.3 ^a	10.62 ^a	10.93 to 13.67 ^a	228	6.5	15.10	4.54 to 8.46
To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129. Data in <i>italics</i> , reported data; others, calculated data. ^a Data pooled for common doses of ezetimibe + simvastatin at weeks 18 and 24 (based on the mean sample size of the two arms).												

TABLE 57 TG (mmol/l)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo		
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
<i>12-week studies</i>												
Ballantyne et al., 2003 ¹¹⁵												
Baseline	255	1.9	NA	NA	65	1.6	NA	NA	248	1.7	NA	NA
Median % change	255	-32.8	NA	NA	65	-5.1	NA	NA	248	-24.5	NA	NA
Bays et al., 2004 ¹¹¹												
Baseline	609	1.69	0.92	NA	149	1.60	0.87	NA	622	1.71	0.83	NA
Median % change	604	-24.3	1.1	NA	148	-10.7	2.6	NA	612	-20.8	1.2	NA
Davidson et al., 2002 ¹¹²												
Baseline	274	1.97	0.72	1.88 to 2.06	61	2.09	0.75	1.90 to 2.28	263	1.86	0.66	1.79 to 1.97
Mean % change	274	-24.1	23.17	-26.84 to -21.36	61	-8.3	23.43	-14.18 to -2.42	263	-16.6	22.70	-19.34 to -13.86
Dujovne et al., 2002 ¹²²												
Baseline					666	1.86	NA	NA				
Mean % change					666	-5.65	33.81	-8.22 to -3.08				
Goldberg et al., 2004 ¹¹³												
Baseline	353	1.86	1.02	NA	92	1.79	1.14	NA	349	1.84	0.98	NA
Median % change	353	-28.0	28.0	NA	90	-13.2	27.8	NA	345	-15.2	34.1	NA
Knopp et al., 2003 ¹²³												
Baseline					621	1.84	NA	NA				
Mean % change					621	-1.71	35.64	-4.51 to -68.42				
Melani et al., 2003 ¹¹⁶												
Baseline	204	2.0	0.7	1.90 to 2.10	64	2.0	0.7	1.83 to 2.17	205	2.0	0.7	1.90 to 2.10
Mean % change	204	-17.6	29.99	-21.72 to -13.48	64	-2.1	30.40	-9.55 to -55.78	205	-7.6	30.07	-11.72 to -3.48
Rodney et al., 2006 ¹¹⁴												
Baseline	124	1.37	0.11						123	1.38	0.64	
Median % change	124	-22							123	-15		
Stein et al., 2004 ¹¹⁸												
Baseline	305	1.29	0.042	NA					316	1.31	0.046	NA
Median % change	293	-19.7	1.6	NA					303	-11.3	1.7	NA

continued

TABLE 57 TG (mmol/l) (cont'd)

Study	Pooled ezetimibe + statin			Ezetimibe			Pooled statin			Placebo		
	N	Mean	SD	95% CI	N	Mean	SD	95% CI	N	Mean	SD	95% CI
23–48-week studies												
Ballantyne et al., 2004a ¹¹⁷												
Baseline	201	1.8	NA	1.4 to 2.4								
Median % change	201	-29.6	NR	NR	45	1.8	NA	1.3 to 2.3	45	-16.9	NR	NR
Masana et al., 2005 ¹²⁰												
Baseline	355	1.44	0.05	NR	78	1.41	0.09	NR	78	5.4	3.4	NR
Median % change	350	-8.2	1.7	NR	78	5.4	3.4	NR	78	5.4	3.4	NR
NA, not applicable; NR, not reported; SE, standard error; data in <i>italics</i> , reported data; others, calculated data. To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129.												
Forced titration												
Study	N	Median	IQR/1,075	N	Median	IQR/1,075	N	Median	IQR/1,075	N	Median	IQR/1,075
Ballantyne et al., 2004b ¹¹⁹												
Ezetimibe + statin 10/10												
Baseline	263	1.92	1.03	263	1.94	1.20	262	1.89	1.03	262	-22.5	1.8
Median % change at 6 weeks	263	-26.3	1.5	263	-24.6	2.0	262	-22.5	1.8	262	-22.5	1.8
Ezetimibe + statin 10/20												
Median % change at 12 weeks	250	-27.7	1.9	252	-30.8	1.7	246	-28.4	1.7	246	-28.4	1.7
Ezetimibe + statin 10/40												
Median % change at 18 weeks	242	-32.0	1.3	240	-32.0 ^a	1.3 ^a	237	-31.2	1.8	237	-31.2	1.8
Ezetimibe + statin 10/80												
Median % change at 24 weeks (end-point)	232	-35.3	1.2	227	-35.3 ^a	1.2 ^a	228	-34.8	1.9	228	-34.8	1.9
To convert mg/dl of HDL-c or LDL-c to mmol/l, multiply by 0.02586; to convert mg/dl of TG to mmol/l, multiply by 0.01129. ^a Data pooled for common doses of ezetimibe + simvastatin at weeks 18 and 24 (based on the mean sample size of the two arms).												

Appendix 8

Meta-analyses

Results are reported in *Figures 9 and 10, Table 58 and Figures 11 and 12.*

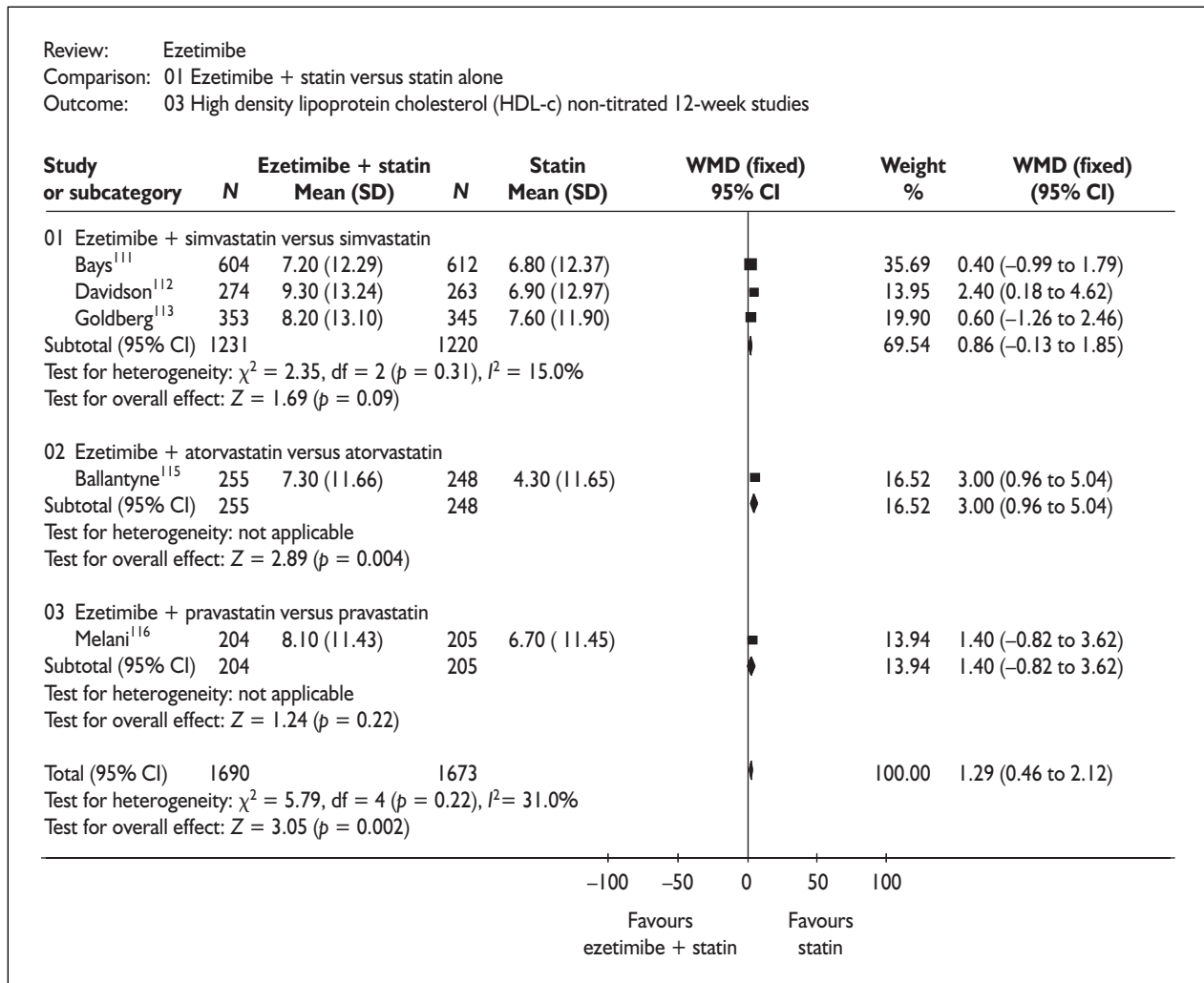


FIGURE 9 For patients whose condition is not adequately controlled with a statin alone: fixed-dose studies

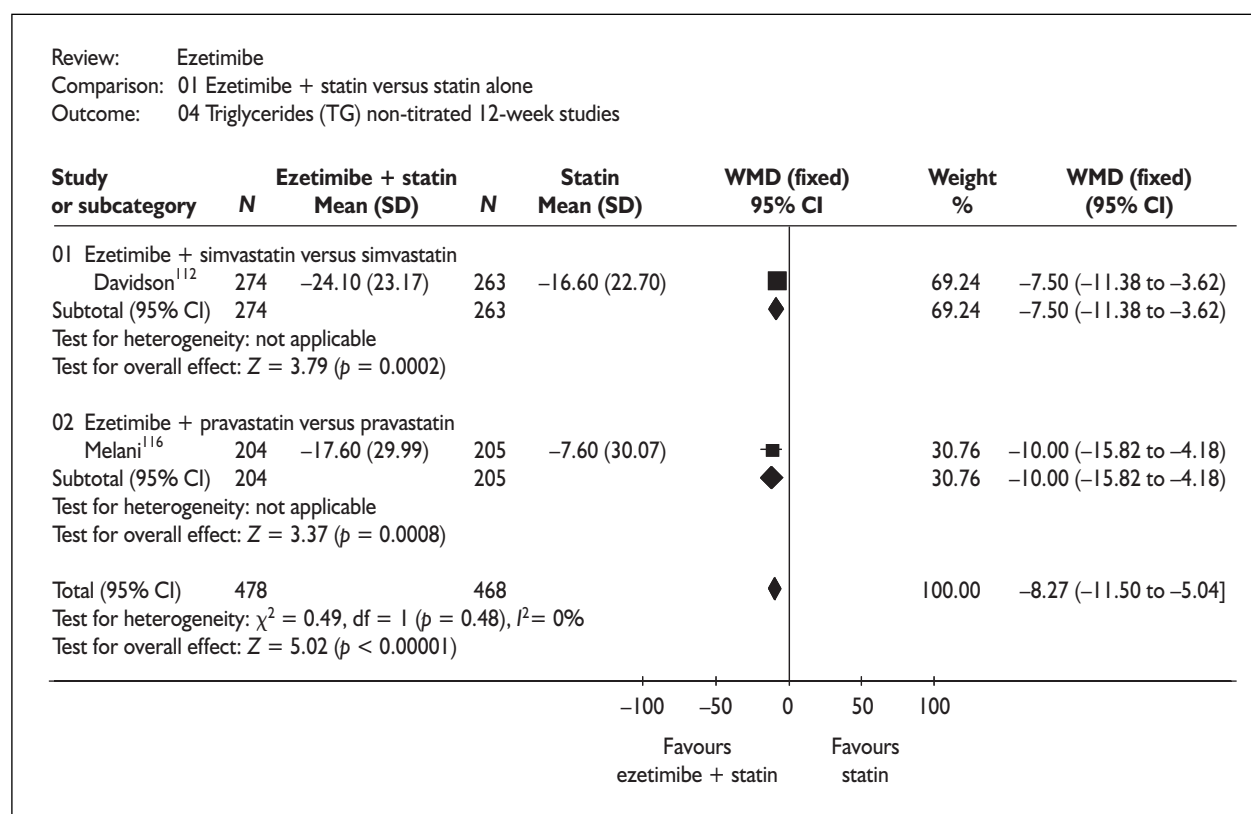


FIGURE 10 For patients whose condition is not adequately controlled with a statin alone: fixed-dose studies

TABLE 58 For patients whose condition is not adequately controlled with a statin alone: summary of titrated studies

	End-point mean % change (SD)		
	Ezetimibe + pooled statin	Pooled statin	p-Value
HDL-c			
Ballantyne <i>et al.</i> , 2004a ¹¹⁷	6.3 (13.4)	5.4 (3.13)	NS
Ballantyne <i>et al.</i> , 2004b ¹¹⁹	12.3 (10.62)	6.5 (15.10)	≤0.05
Masana <i>et al.</i> , 2005 ¹²⁰	2.0 (20.58)	-0.6 (14.13)	0.07
Stein <i>et al.</i> , 2004 ¹¹⁸	2.1 (10.27)	1.3 (10.44)	NS
TG (median)			
Ballantyne <i>et al.</i> , 2004a ¹¹⁷	-29.6 (NR)	-16.9 (NR)	<0.01
Ballantyne <i>et al.</i> , 2004b ¹¹⁹	-35.3 (NR)	-34.8 (NR)	NS
Masana <i>et al.</i> , 2005 ¹²⁰	-8.2 (1.7)	5.4 (3.4)	<0.001
Stein <i>et al.</i> , 2004 ¹¹⁸	-9.3 (NR)	-3.9 (NR)	<0.01

NR, not reported; NS, not significant.

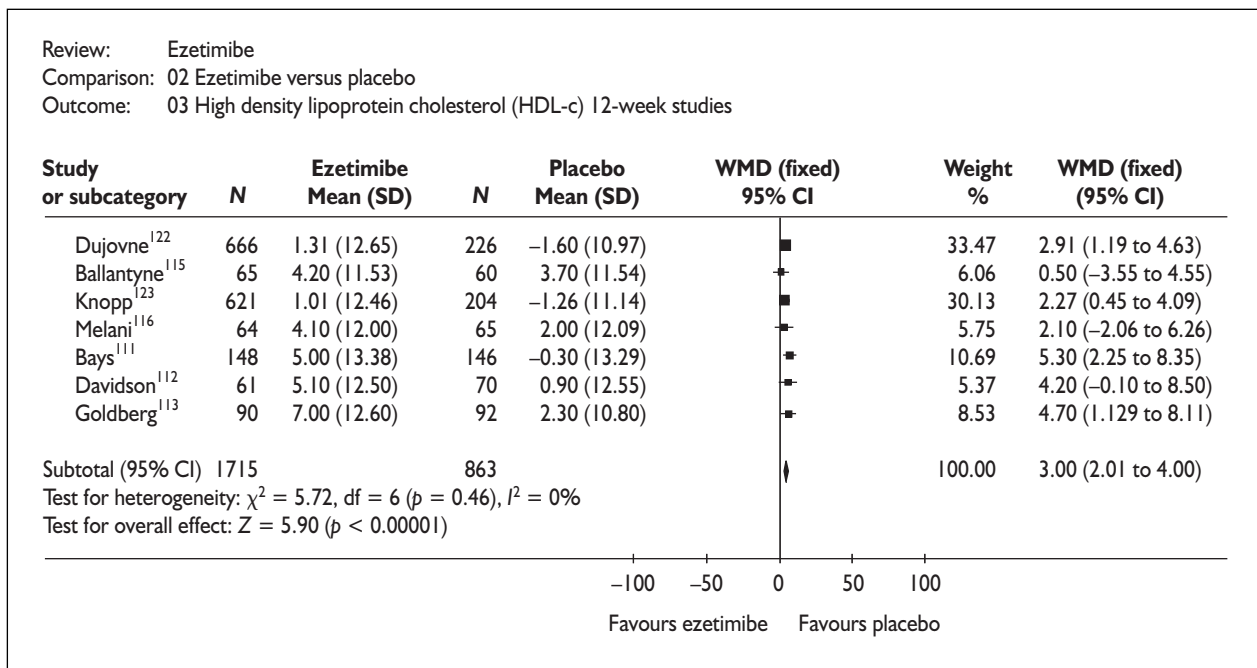


FIGURE 11 For patients in whom a statin is considered inappropriate, or is not tolerated

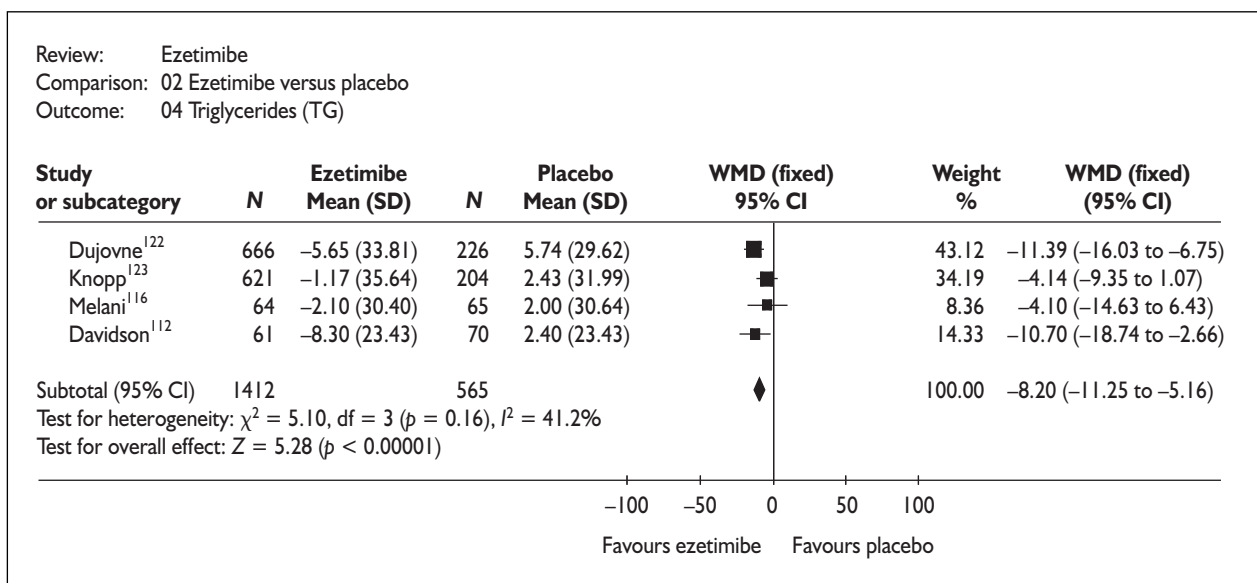
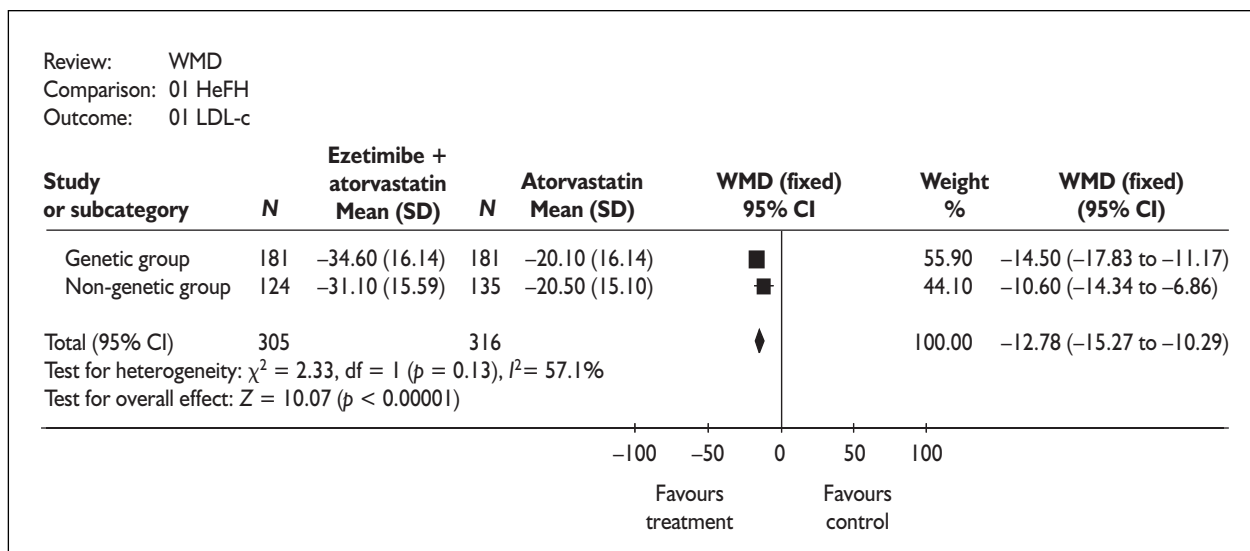


FIGURE 12 For patients in whom a statin is considered inappropriate, or is not tolerated

Appendix 9

Clinical effectiveness: LDL-c reduction in HeFH versus non-HeFH group of patients (mmol/l)



Appendix 10

Changes in plasma lipid/lipoprotein concentrations in HeFH versus non-HeFH patients after addition of ezetimibe to atorvastatin 10 mg/day or doubling the dose of atorvastatin to 20 mg/day

	HeFH group				Non-HeFH group						
	Ezetimibe 10 mg + atorvastatin 10/20/40 mg (n = 181)		Atorvastatin 20/40/80 mg (n = 181)		Ezetimibe 10 mg + atorvastatin 10/20/40 mg (n = 124)		Atorvastatin 20/40/80 mg (n = 135)				
	Absolute change (mmol/l)	Mean % change (SD)	Absolute change (mmol/l)	Mean % change (SD)	Absolute change (mmol/l)	Mean % change (SD)	Absolute change (mmol/l)	Mean % change (SD)			
Week 4/5	LDL-c	-1.21	-23.6 (12.11)	-0.39	-7.4 (13.45)	-0.93	-21.5 (13.36)	-0.45	-10.0 (12.78)	-11.5	<0.01
	Total-c	-1.28	-18.1 (9.42)	-0.40	-5.5 (9.42)	-1.04	-16.2 (10.02)	-0.45	-6.8 (9.30)	-9.3	<0.01
	HDL-c	0.02	1.9 (9.42)	0.01	0.8 (10.76)	0.03	2.5 (10.02)	0.02	1.9 (10.46)	0.6	NS
	TG (median)	-0.09	-9.3	-0.05	-3.8	-0.15	-9.3	-0.06	-3.9	-5.4	0.02
Week 9/10	LDL-c	-1.55	-30.1 (14.80)	-0.75	-14.7 (14.80)	-1.25	-28.7 (14.48)	-0.69	-14.9 (13.94)	-13.9	<0.01
	Total-c	-1.65	-23.1 (12.11)	-0.82	-11.6 (12.11)	-1.41	-22.0 (11.14)	-0.74	-11.0 (10.46)	-11.1	<0.01
	HDL-c	0.03	2.3 (10.76)	-0.01	-0.4 (10.76)	0.02	2.5 (11.14)	0.01	1.3 (10.46)	1.2	NS
	TG (median)	-0.11	-10.2	-0.07	-6.4	-0.20	-14.0	-0.11	-9.1	-5.0	0.03
Week 14	LDL-c	-1.78	-34.6 (16.14)	-1.04	-20.1 (16.14)	-1.39	-31.1 (15.59)	-0.94	-20.5 (15.10)	-10.5	<0.01
	Total-c	-1.93	-27.0 (12.11)	-1.15	-16.2 (13.45)	-1.61	-24.7 (11.14)	-1.04	-15.7 (10.46)	-9.0	<0.01
	HDL-c	0.04	3.5 (12.11)	-0.01	-0.3 (12.11)	0.04	4.1 (13.36)	0.03	2.8 (12.78)	1.3	NS
	TG (median)	-0.18	-16.3	-0.12	-11.2	-0.38	-23.7	-0.22	-13.1	-10.6	<0.01

NS, not significant.

Data obtained by personal communication from Dr Evan Stein, Director of the Metabolic and Atherosclerosis Research Center, Cincinnati, OH, USA, 30 October 2006.

Appendix II

Adverse events

Data are given in *Table 59*.

TABLE 59 Adverse events

Placebo and ezetimibe arms^a

	Placebo (%)						Ezetimibe (%)						
	Ballantyne et al, 2003 ¹¹⁵	Bays et al, 2004 ¹¹¹	Davidson et al, 2002 ¹¹²	Dujovne et al, 2002 ¹²²	Goldberg et al, 2004 ¹¹³	Knopp et al, 2003 ¹²³	Melani et al, 2003 ¹¹⁶	Ballantyne et al, 2003 ¹¹⁵	Bays et al, 2004 ¹¹¹	Davidson et al, 2002 ¹¹²	Dujovne et al, 2002 ¹²²	Goldberg et al, 2004 ¹¹³	Knopp et al, 2003 ¹²³
N	60	148	70	226	93	205	65	149	61	666	92	622	64
General adverse events													
Headache				8		11				9		4	
Nausea													
Gastrointestinal adverse events	10		10				6		5				
Constipation													
Musculoskeletal disorders	5		4	4	4	4	5	0	2	5		2	
Myopathy		0										3	
Back pain				5		4				5		4	
Arthralgia				5		4				4			
Rhabdomyolysis													
Respiratory system disorders													
Upper respiratory infection						7				9		8	
Liver function tests $\geq 3 \times$ ULN (ALT and/or AST)		0.7	0	11	0			0.7					
ALT	0		0			0	0		0				0
AST	0		0			0	0		0				0
CPK $\geq 10 \times$ ULN	0	0.7	0		1	0	0	0	0			0	0
All adverse events	57	54.1	70		66		63	53	74		57		70
Treatment-related adverse events	20	8.1	24		9		18	12.8	18		9		9
Serious adverse events		1.4			1			1.3			0		
Serious treatment-related adverse events		0			0			0			0		
Discontinuation due to adverse events	5	1.4	4		2		5	1.3	8		3		3
Discontinuation due to treatment-related adverse events		1.4			0			0.7			2		
Death	0	0	0	0	0	0	0	0	0	0	0	0	0

continued

TABLE 59 Adverse events (cont'd)

Statin and ezetimibe + statin arms^b

	Pooled statin (%)										Ezetimibe + pooled statin (%)									
	Ballantyne et al., 2003 ¹¹⁵	Ballantyne et al., 2004 ¹¹⁷	Bays et al., 2004 ¹¹¹	Davidson et al., 2002 ¹¹²	Goldberg et al., 2004 ¹¹³	Masana et al., 2005 ¹²⁰	Melani et al., 2003 ¹¹⁶	Rodney et al., 2006 ¹¹⁴	Stein et al., 2004 ¹¹⁸	Ballantyne et al., 2003 ¹¹⁵	Ballantyne et al., 2004 ¹¹⁷	Bays et al., 2004 ¹¹¹	Davidson et al., 2002 ¹¹²	Goldberg et al., 2004 ¹¹³	Masana et al., 2005 ¹²⁰	Melani et al., 2003 ¹¹⁶	Rodney et al., 2006 ¹¹⁴	Stein et al., 2004 ¹¹⁸		
N	248	45	622	263	349	355	205	124	316	255	201	609	274	353	78	204	123	305		
General adverse events																				
Headache				9					6				7					7		
Nausea				6									4							
Gastrointestinal adverse events	5			6		9			5	8			4	6				6		
Abdominal pain																				
Musculoskeletal disorders	6		0.2	3		0			9	8		0	2		0			8		
Myopathy																				
Back pain																				
Arthralgia									5									5		
Rhabdomyolysis																		0		
Respiratory system disorders																				
Upper respiratory infection				14					8				15					9		
Liver function tests $\geq 3 \times$ ULN (ALT and/or AST)		0	1.1		0				<1		0	1.5		2				1		
ALT	<1			<1		0	<1	0		2			2		0.3	<1				
AST	>1			<1		0	<1	0		<1			<1		0.3	<1				
CPK $\geq 10 \times$ ULN	0	0	0.2	<1	0.3	0	<1	0	<1	<1	0	0	0	0.6	0	0	1	0		
All adverse events	59	67	53.4	72	63	72	63	19	58	58	71	57.5	69	61	75	66	17	63		
Treatment-related adverse events	17	27	14.8	19	13	17	15	2	3	23	22	15.1	20	14	19	17	1	4		
Serious adverse events		11	1.8		1	17		0	3		8	1.5		0.9	12		1			
Serious treatment-related adverse events		4	0.2		0			0	0		<1	0		0			0			
Discontinuation due to adverse events	5	7	5	5	2	10	1	2	4	6	9	5.1	7	5	7	4	3	4		
Discontinuation due to treatment-related adverse events		7	3.4		1	4		2	2		6	4.4		3	4		1			
Death	0	0	0	0	0	0	0	0	0	0	0	0.2	2.7	0	0	0	0	0		

^a Knopp et al., 2003 – 1 patient died (drowned) in the ezetimibe arm; investigators considered not related to treatment.

^b Bays et al., 2004 – 1 patient died of cardiac arrest (ezetimibe/simvastatin) – investigators considered not related to treatment. Davidson et al., 2002 – 1 patient died of respiratory failure (ezetimibe/simvastatin) – investigators considered not related to treatment. Masana et al., 2005 – 1 patient died of motor vehicle accident – investigators considered not related to treatment (not clear in which arm). Stein et al., 2004 – 1 patient in statin group died of MI – investigators considered not related to treatment.

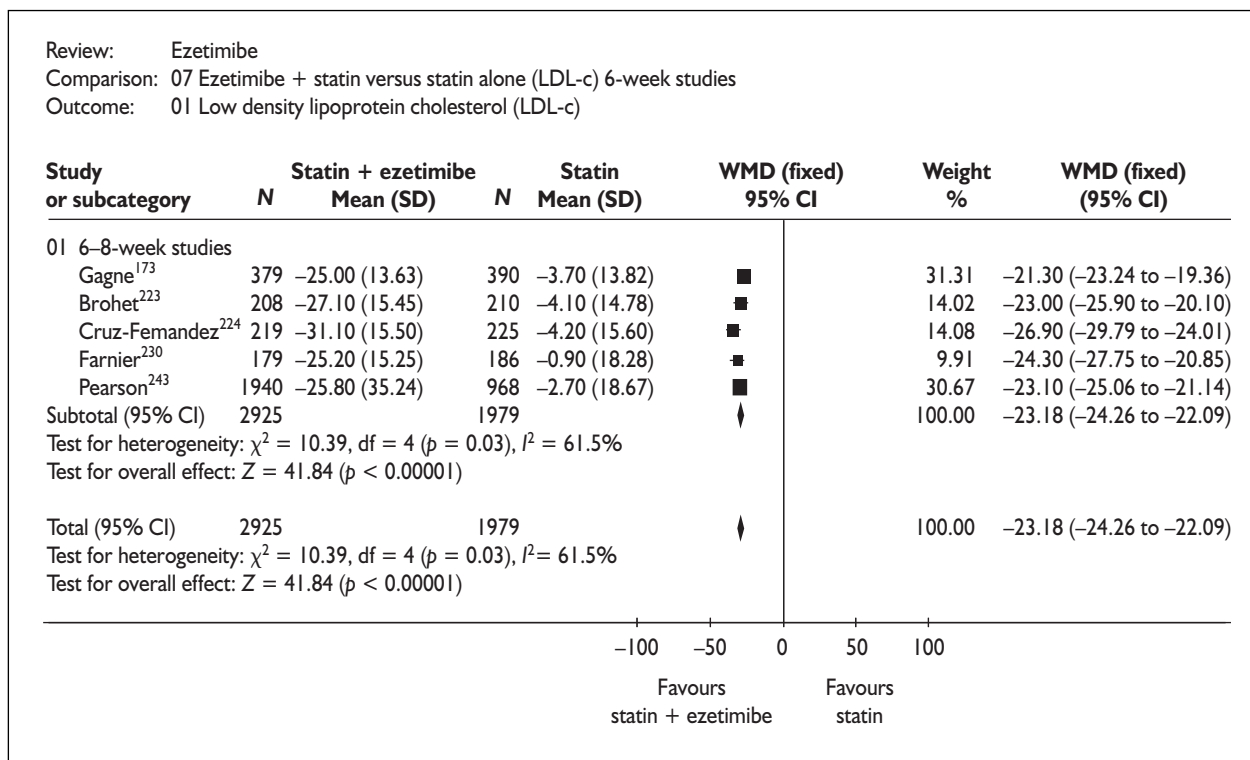
TABLE 59 Adverse events (cont'd)

Statin and ezetimibe + statin arms

	Statin (%)			Statin + ezetimibe (%)		
	Balantyne et al., 2004b ¹¹⁹		Feldman et al., 2004 ¹²⁵	Balantyne et al., 2004b ¹¹⁹		Feldman et al., 2004 ¹²⁵
	Atorvastatin	Simvastatin 20	Ezetimibe + simvastatin 10	Ezetimibe + simvastatin 20	Ezetimibe + simvastatin 10	Ezetimibe + simvastatin 20
N	262	253	263	263	251	109
General adverse events						
Headache						
Nausea						
Gastrointestinal adverse events						
Constipation						
Musculoskeletal disorders						
Myopathy						
Back pain						
Arthralgia						
Rhabdomyolysis	0	0	0	0	0	0
Respiratory system disorders						
Upper respiratory infection						
Liver function tests $\geq 3 \times$ ULN (ALT and/or AST)		0			0.4	0
ALT	2.4		2.3	2.0		1.0
AST	0.8		1.2	0		
CPK $\geq 10 \times$ ULN	0	0.8	0.4	0.4	0	0
All adverse events	71.4	66	70	62.7	56	68
Treatment-related adverse events	16	7.5	16	13.7	9.6	14
Serious adverse events		4.7			8.0	2.8
Serious treatment-related adverse events		0			0	0
Discontinuation due to adverse events	3.8	5.5	5.7	5.7	4.4	6.4
Discontinuation due to treatment-related adverse events		0.8			2.0	2.8
Death	0	0	0	0	0	0

Appendix 12

Meta-analysis of 6–8-week studies



Appendix 13

Soft OR techniques used to identify the methodology used to link changes in surrogate measures to clinical outcomes

Strategic Choice Approach

The Strategic Choice Approach (SCA) allows one to “make more confident progress towards decisions by focusing our attention on possible ways of managing uncertainty as to what we should do next”.²⁵⁵ It allows a decision to be reached in real time for problems where strategic decisions are complexly interconnected, while considering the areas of uncertainty surrounding the problem. SCA classes the areas of uncertainty into three groups: uncertainties about the working environment, uncertainties about the guiding values and uncertainties about choices on related agendas.

The SCA is seen as strategic decision-making, considering problems of a short- and long-term nature, but essentially it is a methodology to address problems which are continuously changing. SCA develops the problem as it changes, resulting in a transparent decision-making process, often using graphical methods for clarity. The SCA considers each area of uncertainty, the potential outcomes and the information required to make this area less uncertain. The SCA aids confidence in decision-making as the outcomes of each uncertainty area are considered against each other.

Cognitive mapping

Cognitive maps are used to clarify thought processes and, when constructed by an independent body, they tend to be objective and consequently are a useful method to illustrate any issues identified for a particular problem. Methods include:

1. Oval maps, which are used to answer the question, *what do we think?* By identifying clusters of issues from an initial brainstorming session, this method captures views, ideas and issues related to a problem and illustrates these using a map which shows how the concepts are

linked together. Key issues and action plans can then readily be identified.

2. Soda maps I and II, which are used when an action plan is required and particularly when dealing with areas of uncertainty which involve groups of people. Soda I uses individual cognitive maps (obtained from each person involved), which are merged to create one large strategic map. This is then analysed by a facilitator to identify the goals of the team and action to proceed.²⁵⁶ Soda II uses a similar methodology and the main difference is that the whole group works together to create one strategic map, with the outcome being a strategic plan for solving the problem.

Identifying the methodology to link cholesterol and CV events using problem structuring methods

A brief summary of the full report⁸⁹ of the PSM used to identify the methodology used to link cholesterol and CV events is provided below.

An electronic literature search was undertaken to identify papers which could be used to link surrogate outcomes to CV events. Of the 634 papers identified, 25 were retained from the titles and abstracts and six were reviewed in more detail, namely Framingham Anderson,⁷⁷ Framingham D’Agostino,⁸⁷ UKPDS,⁸⁶ WOSCOPS,¹⁰⁴ Lancet⁷⁹ and PROCAM.²⁵⁷

The assumptions required for each of the methods are provided in *Table 60*.

SCA techniques were used to explore the decision options available and an overview is provided below.

1. Define the options graph using the options identified in *Table 61*.

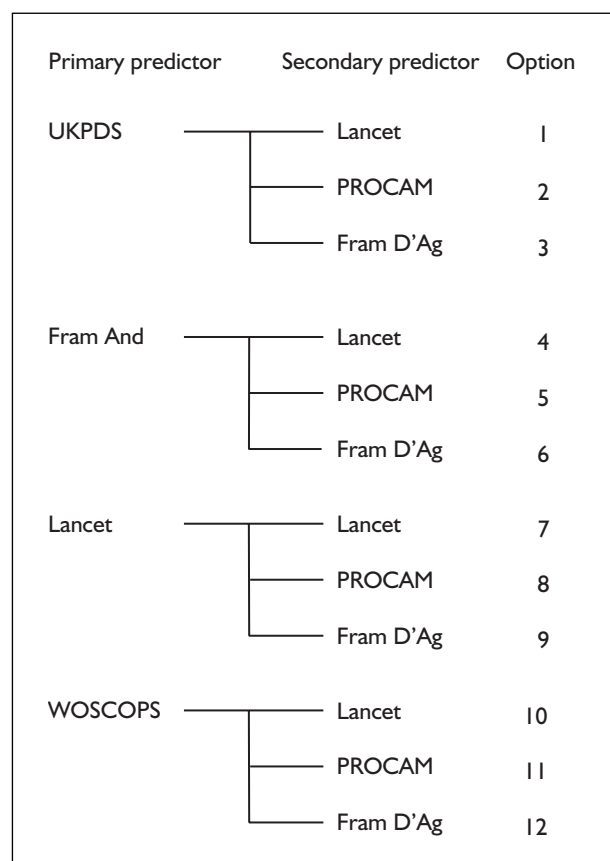
TABLE 60 The assumptions necessary if the studies' methodologies were to be incorporated to the ezetimibe treatment

Study	Assumption
Framingham Anderson	Equations are applicable to predict the risk of an event for a patient whose cholesterol profile has been chemically changed
Framingham D'Agostino	Equations are applicable to predict a risk of an event for a patient whose cholesterol profile has been chemically changed
UKPDS	Prediction of events for patients with type 2 diabetes is transferable to patients with primary hypercholesterolaemia
WOSCOPS	Predictions of events for mixed hypercholesterolaemic middle-aged men will be equal or close to primary, mixed age and sex hypercholesterolaemic patients
Lancet	The number of events after x change in LDL which is statin induced corresponds to the same number of events with the same change x in LDL which is ezetimibe induced
PROCAM	Predictions of only MI can be extrapolated to reveal other events. Events are equally distributed from the German, male participants to the ezetimibe population

TABLE 61 The options associated with each decision area

Methodology	Options	Abbreviation
Framingham Anderson	Do not use	0
	Primary prediction	1
Framingham D'Agostino	Do not use	0
	Subsequent predictions	2
UKPDS	Do not use	0
	Primary prediction	1
WOSCOPS	Do not use	0
	Primary prediction	1
Lancet	Do not use	0
	Primary prediction	1
	Subsequent predictions	2
PROCAM	Do not use	0
	Subsequent prediction	2

2. Devise a list of comparison areas to evaluate and distinguish between the methodologies:
 - (a) Are published statistical relationships between risk factors and events available?
 - (b) (i) Are the characteristics of the target population comparable to those of the population on which the methods are based?
 - (b) (ii) Is the population hypercholesterolaemic?
 - (b) (iii) Is the population UK based?
 - (b) (iv) Is the population of a broad age range?
 - (c) Is the population of mixed sex?
 - (d) Do the range of events projected and the periods of the projection meet the needs of the model?
 - (e) Are trial data available for the risk factors on which the projections are based?



OPTIONS GRAPH Flow diagram showing the decision schemes available when choosing the modelling methodology

- (f) Will the methods, data and results be readily understood and accepted by the key decision-makers?
- (g) Size of study.
- (h) Prediction period.
3. Rate the comparison areas against the decision schemes using a binary highest/lowest to grade each comparison area with each decision

TABLE 62 Showing the results of the decision schemes when compared with the comparison areas

Option	(a)	(b)(i)	(b)(ii)	(b)(iii)	(b)(iv)	(c)	(d)	(e)	(f)	(g)
1	= H	= H	= L		= H					= H
2	= H	= H	= L		= L		L		L	= H
3	= H	= H	= L		= H			= H		= H
4	= H	= L	= H		= H	= H	= H			= H
5	= H	= L	= H		= L				L	= H
6	= H	= L	= H		= H		= H	= H		= H
7	= H	= L	= H	H	= H	= H	= H		H	= L
8	= H	= L	= H		= L			L		= L
9	= H	= L	= H		= H		= H			= L
10	= L	= H	= H		= L		= H			= L
11	= L	= H	= H	L	= L	L	= H		L	= L
12	= L	+H	= H		= L		= H	= H		= L

H represents the highest result in the comparison area and L the lowest.

scheme (Table 62). This is used to highlight dominant decision schemes.

4. Implement the comparisons in a cyclic format until all aspects under considerations have been applied (Table 63).
5. Readjust the remaining strategies by reconsidering the uncertainties:
 - (a) How confident the modeller would feel using the methodologies should this decision strategy be chosen.
 - (b) How adaptable the methodology would be to a change in the time lag as defined in the methodology to the extended time lags that would be needed for the ezetimibe model.
 - (c) The acceptance of the methodology within the clinical community should the decision strategy be chosen.
 - (d) How easily and accurately the methodology would be adapted from the current circumstances and assumptions on which

TABLE 63 Showing which decision schemes are dominated

Option	Dominated	Example dominator
1	Yes	3
2	Yes	1
3	No	–
4	No	–
5	Yes	6
6	No	–
7	No	–
8	Yes	7
9	Yes	7
10	Yes	12
11	Yes	12
12	No	–

the methodology is based to the ezetimibe community.

6. The uncertainties were also classified into uncertainties about our working environment (UE), uncertainties about our guiding values (UV) and uncertainties about choices on related agendas (UR) groups (Table 64).
7. Cognitive mapping was used to explore the remaining uncertainties in the two optimal strategies identified from the earlier stages (Figures 13 and 14).

Hard OR techniques

Two simple models were constructed to assess the predictive accuracy of using (a) the changes in LDL-c measurements (CTTC method) and (b) the changes in Total-c and HDL-c lipids (Framingham method).

The CTTC method uses the published RR of events: non-fatal MI = 0.74, non-fatal Str = 0.83 and fatal CHD = 0.81 for each 1 mmol/l reduction in LDL-c.

TABLE 64 Classifications of uncertainties

Uncertainty	Classification
Confidence in using the methodology	UV
Number of events within a time horizon	UE
Methodology's acceptance within the clinical community	UV
Adaptability of the methodology to ezetimibe	UV

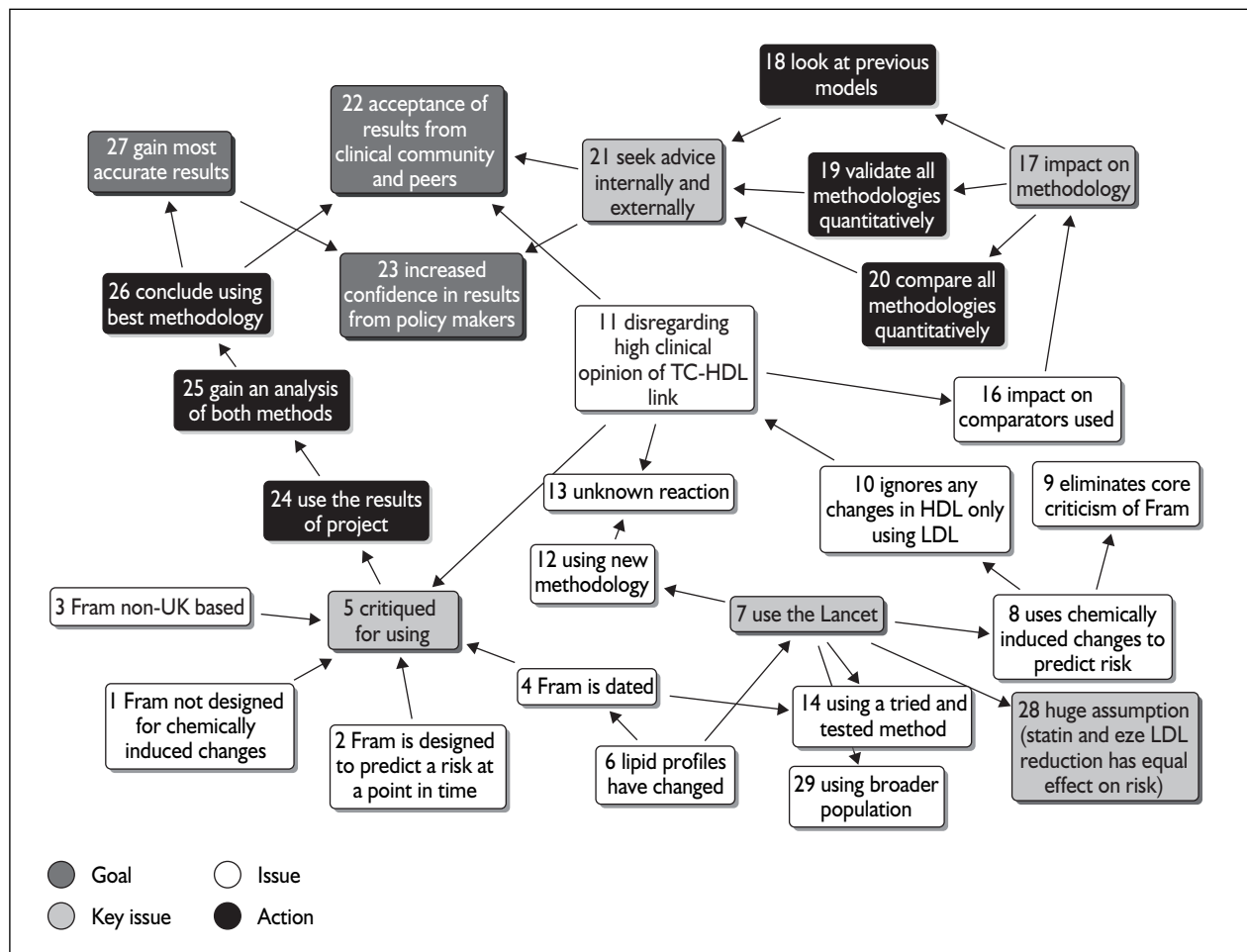


FIGURE 13 Cognitive map of Miss R Ara of the issues surrounding the use of Framingham or Lancet as the key methodology

The Framingham method recalculates the probability of an event on an annual basis using the observed changes in Total-c and HDL-c using the CHD and CVD equations from Anderson and colleagues.⁷⁷ Published incidence rates are used to distribute the proportion of risk predicted to event type (either a non-fatal MI, a fatal CHD event or a non-fatal Str).

The baseline data and the changes in lipids observed in the CTTC study are used in the models. The models were run for 5 years and the predicted event rates were compared with the numbers and proportions reported in the CTTC article.

Over a 5-year period, the CTTC model over-predicts the number of primary events in both the treatment and comparator arms (Table 65). However, the difference in the proportion of events predicted for the treatment and comparator arms using the CTTC model is very close (predicted: non-fatal MI = 1.03 versus

1.24%; non-fatal Str = 0.53 versus 0.45%; fatal CHD = 0.40 versus 0.37%; and all CHD events = 1.42 versus 1.62%).

Over a 5-year period, the Framingham model under-predicts the number of primary events in both the treatment and comparator arms. The difference in the proportion of events predicted for the treatment and comparator arms using the Framingham model is also less accurate (predicted: non-fatal MI = 0.81 versus 1.24%; non-fatal Str = 0.21 versus 0.45% ; fatal CHD = 0.21 versus 0.37% and all CHD events = 1.01 versus 1.62%).

For the secondary events (Table 66), the Framingham model uses the D'Agostino equation to predict a secondary CHD risk and then derives a corresponding CVD risk using a methodology published by Yeo and colleagues.²⁵⁹

Over a 5-year period, the CTTC model over-predicts the number of secondary events in both

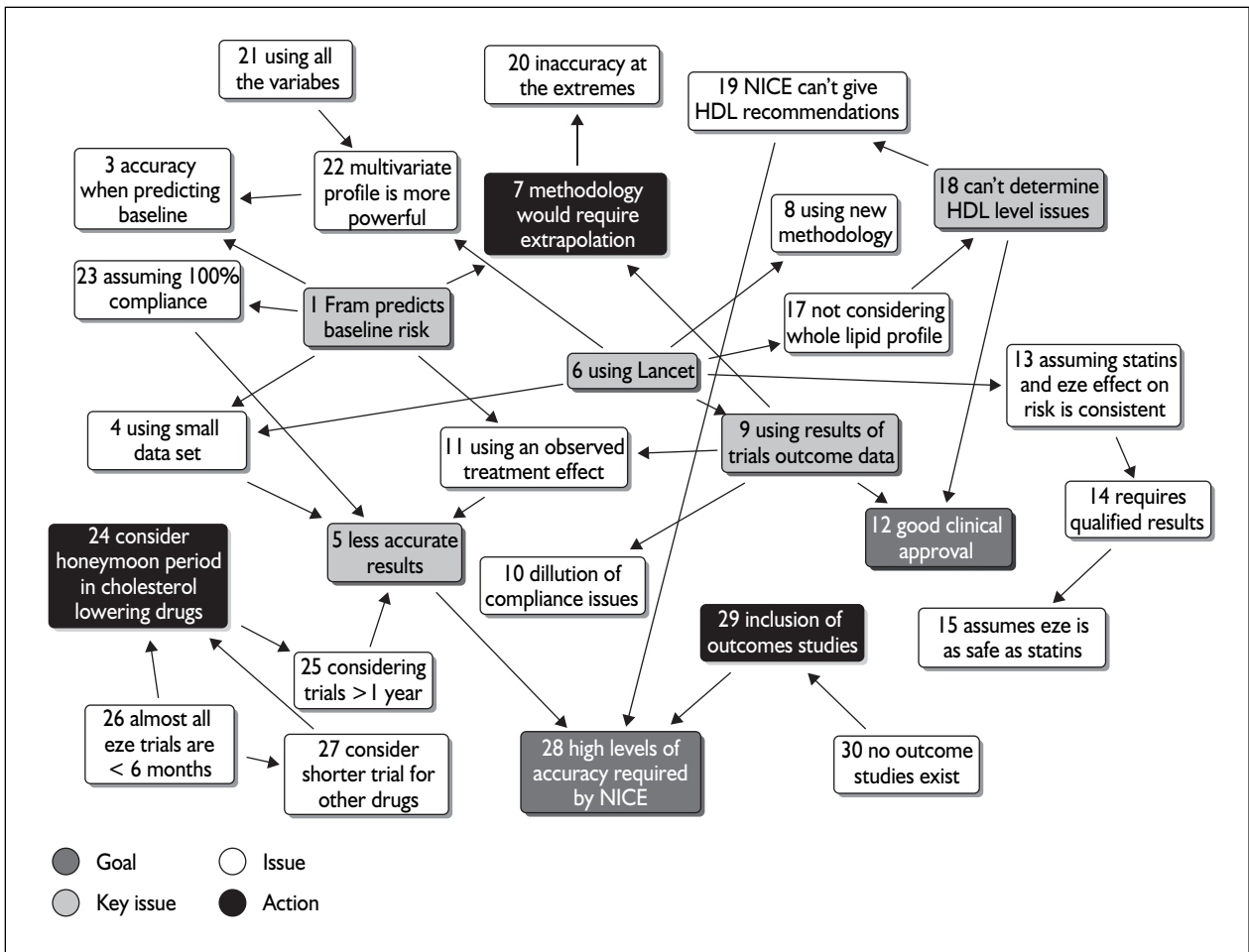


FIGURE 14 Cognitive Map of Dr W Yeo of the issues surrounding the use of Framingham or Lancet as the key methodology

TABLE 65 Comparing the number of primary events predicted by the CTTC and Framingham models compared with the number observed in the CTTC data

	Non-fatal MI	Non-fatal Str	Fatal CHD	All CHD events
<i>Treatment arm</i>				
Observed	656	656	432	1088
	2.73%	2.74%	1.80%	4.54%
CTTC	787	705	477	1264
	3.27%	2.93%	1.98%	5.26%
Framingham	513	347	138	652
	2.13%	1.44%	0.57%	2.71%
<i>Comparator arm</i>				
Observed	950	761	519	1469
	3.97%	3.19%	2.17%	6.16%
CTTC	1031	829	571	1602
	4.30%	3.46%	2.38%	6.68%
Framingham	704	396	187	891
	2.94%	1.65%	0.78%	3.72%
<i>Difference</i>				
Observed	1.24%	0.45%	0.37%	1.62%
CTTC	1.03%	0.53%	0.40%	1.42%
Framingham	0.81%	0.21%	0.21%	1.01%

TABLE 66 Comparing the number of secondary events predicted by the CTTC and Framingham models compared with the number observed in the CTTC data

	Non-fatal MI	Non-fatal Str	Fatal CHD	All CHD events
<i>Treatment arm</i>				
Observed	1133 5.51%	684 3.45%	1116 5.40%	2249 10.98%
CTTC	1203 5.82%	765 3.86%	1237 5.99%	2440 11.81%
Framingham	1516 7.34%	2003 10.10%	425 2.06%	1941 9.40%
<i>Comparator arm</i>				
Observed	1510 7.35%	856 4.31%	1441 6.98%	2951 14.4%
CTTC	1594 7.72%	910 4.58%	1491 7.22%	3086 14.9%
Framingham	1778 8.66%	2203 11.10%	496 2.41%	2274 11.07%
<i>Difference</i>				
Observed	1.84%	0.86%	1.58%	3.42%
CTTC	1.90%	0.72%	1.23%	3.09%
Framingham	1.32%	1.00%	0.35%	1.67%

the treatment and comparator arms. However, the difference in the proportion of events predicted for the treatment and comparator arms using the CTTC model is slightly under-predicted (predicted: non-fatal MI = 1.90 versus 1.84%; non-fatal Str = 0.72 versus 0.86%; fatal CHD = 1.23 versus 1.58%; and all CHD events = 3.09 versus 3.42%).

Over a 5-year period, the Framingham model over-predicts the number of secondary events in

both the treatment and comparator arms. The difference in the proportion of events predicted for the treatment and comparator arms using the Framingham model is also less accurate (predicted: non-fatal MI = 1.32 versus 1.84%; non-fatal Str = 1.00 versus 0.86%; fatal CHD = 0.35 versus 1.58%; and all CHD events = 1.67 versus 3.42%).

Appendix I4

Eddy/BMJ checklists for the published cost-effectiveness studies

Checklists are shown in *Tables 67* and *68*.

TABLE 67 Eddy/BMJ checklist for quality of studies

Item	Cook et al. ¹⁴⁴	Kohli et al. ¹⁴⁹
A statement of the problem	Y	Y
A discussion of the need for modelling vs alternative methodologies	Y	Y
A description of the relevant factors and outcomes (disease-specific)	Y	Y
A description of the model including reasons for this type of model and a specification of the scope including: time frame, perspective, comparators and setting. Note: <i>n</i> = number of health states within sub-model	Y	Y
A description of data sources (including subjective estimates), with a description of the strengths and weaknesses of each source, with reference to a specific classification or hierarchy of evidence	Y for data sources N for description of strengths and weaknesses	Y for data sources N for description of strengths and weaknesses
A list of assumptions pertaining to the structure of the model (e.g. factors included, relationships, and distributions) and the data	Y It is not clear in some cases	Y
A list of parameter values that will be used for a base-case analysis, and a list of the ranges in those values that represent appropriate confidence limits and that will be used in a sensitivity analysis	Y The base case is not defined in terms of age and gender	Y
The results derived from applying the model for the base case	Y The results are not presented by age and gender	Y
“The results of the sensitivity analyses; unidimensional; best/worst case; multidimensional (Monte Carlo/parametric); threshold”	Y One-way sensitivity analyses were performed	Y One-way sensitivity analyses were performed
A discussion of how the modelling assumptions might affect the results, indicating both the direction of the bias and the approximate magnitude of the effect	Y One-way sensitivity analyses are not optimal	Y
“A description of the validation undertaken including: concurrence of experts; internal consistency; external consistency; predictive validity”	NA	NA
A description of the settings to which the results of the analysis can be applied and a list of factors that could limit the applicability of the results	Y for the description of the settings N for the factors that could limit the applicability	Y Results are not transferable to other statins
A description of research in progress that could yield new data that could alter the results of the analysis	N	N

N, no; NA, not applicable; Y, yes.

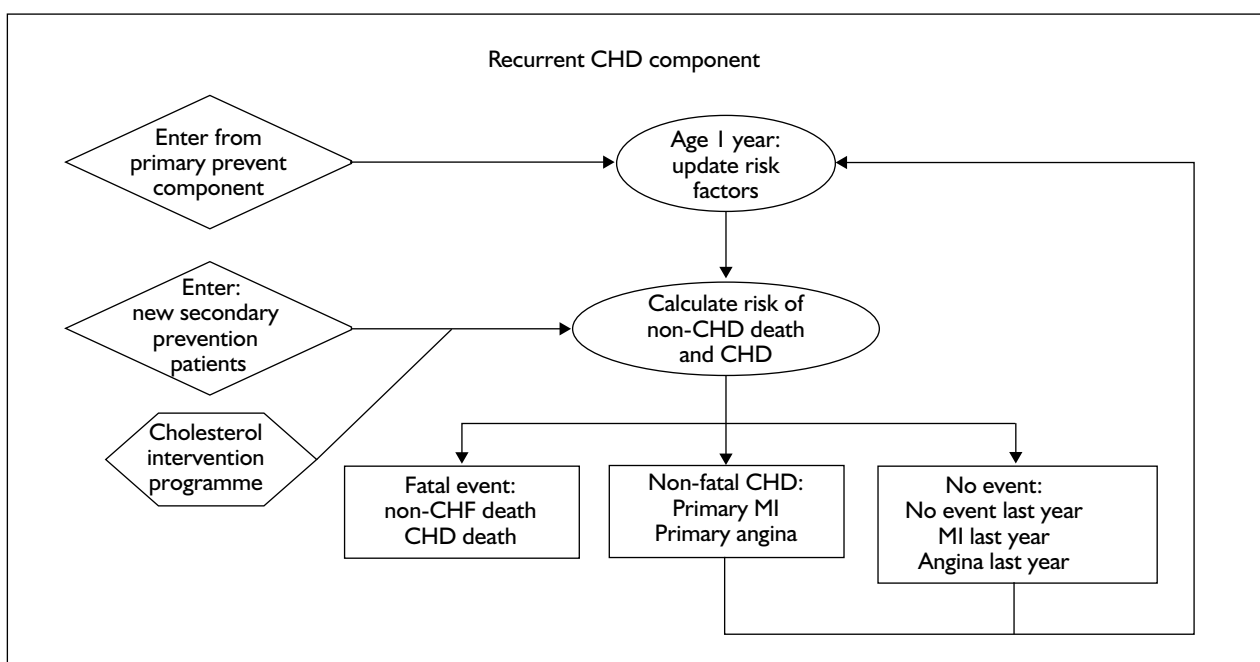
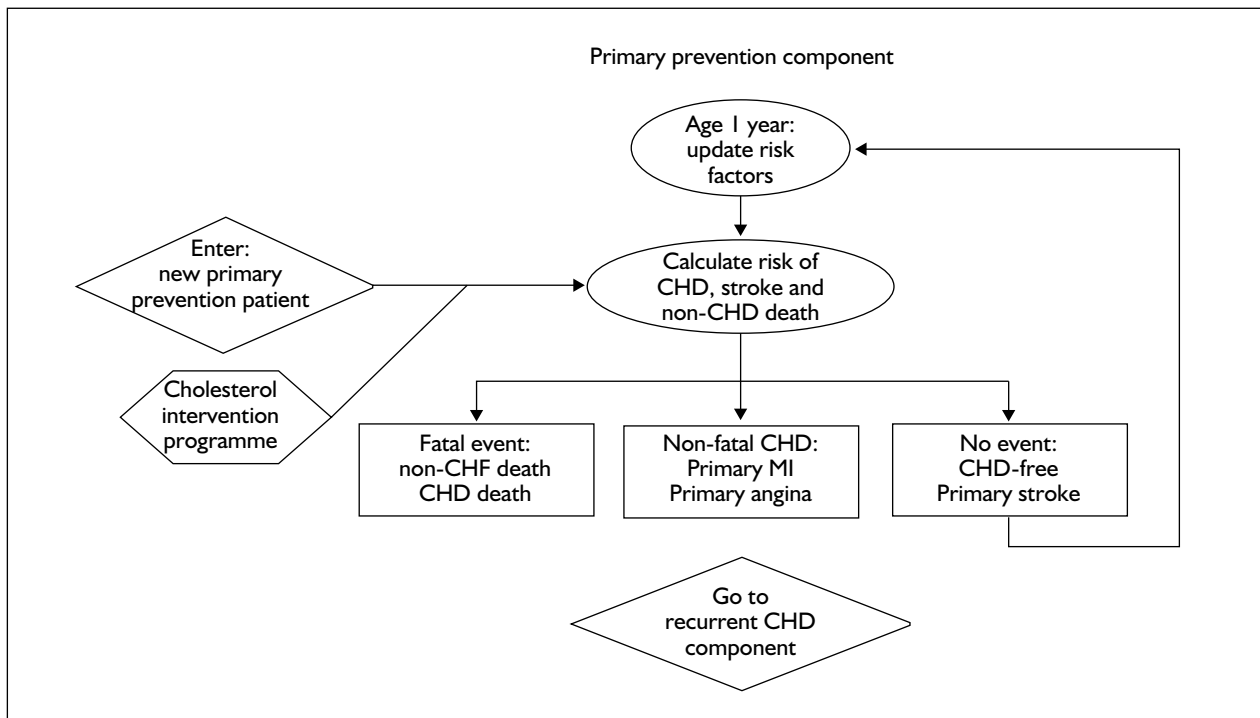
TABLE 68 Eddy/BMJ checklist for modelling assessment

Item	MSD/SP
A statement of the problem	Y
A discussion of the need for modelling vs alternative methodologies	N
A description of the relevant factors and outcomes (disease-specific)	Y
A description of the model including reasons for this type of model and a specification of the scope including: time frame, perspective, comparators and setting. Note: <i>n</i> = number of health states within sub-model	Y The authors compare their model with a simple model, although the models might not be comparable
A description of data sources (including subjective estimates), with a description of the strengths and weaknesses of each source, with reference to a specific classification or hierarchy of evidence	Y
A list of assumptions pertaining to: the structure of the model (e.g. factors included, relationships and distributions) and the data	Y It is not clear in some cases
A list of parameter values that will be used for a base-case analysis, and a list of the ranges in those values that represent appropriate confidence limits and that will be used in a sensitivity analysis	Y
The results derived from applying the model for the base case	Y The base case (age) varies depending on the analysis
“The results of the sensitivity analyses; unidimensional; best/worst case; multidimensional (Monte Carlo/parametric); threshold”	Y Univariate sensitivity analyses were performed
A discussion of how the modelling assumptions might affect the results, indicating both the direction of the bias and the approximate magnitude of the effect	Y
“A description of the validation undertaken including: concurrency of experts; internal consistency; external consistency; predictive validity”	NA
A description of the settings to which the results of the analysis can be applied and a list of factors that could limit the applicability of the results	Y for the description of the settings N for the factors that could limit the applicability
A description of research in progress that could yield new data that could alter the results of the analysis	N

N, no; NA, not applicable; Y, yes.

Appendix 15

Schematic models of primary and secondary prevention from the MSD/SP submission



Appendix 16

Costs of treatments used in the MSD/SP Cook evaluation

Cost are given in *Table 69* and the current statin market share in the UK in *Table 70*.

TABLE 69 Cost per pack of 28 tablets of treatments used in MSD/SP

Drug	Drug tariff price (£) ^a	Drug	Drug tariff price (£) ^a
Simvastatin		Fluvastatin	
20 mg	1.89	40 mg	13.99
40 mg	4.17	80 mg	17.60
10 mg	1.97	20 mg	13.99
80 mg	26.42	Zocor [®]	
Atorvastatin		20 mg	29.69
10 mg	18.03	40 mg	29.69
20 mg	24.64	10 mg	18.03
40 mg	28.21	80 mg	29.69
80 mg	28.21	Lipostat [®]	
Pravastatin		40 mg	27.61
40 mg	4.57	20 mg	27.61
20 mg	2.94	10 mg	15.05
10 mg	2.49	Simvador [®]	
Rosuvastatin		40 mg	4.17
10 mg	18.03	20 mg	1.89
20 mg	29.69	10 mg	1.97
40 mg	29.69	Ezetimibe	
5 mg	18.03	10 mg	26.31

^a Based on eMIMs, July 2006.

TABLE 70 Current statin market share in the UK (from MSD/SP report)
[Confidential information removed].

Appendix 17

Health state utility values used in the Cook model

Data are given in *Table 71*.

TABLE 71 Health state utility values used in the Cook model

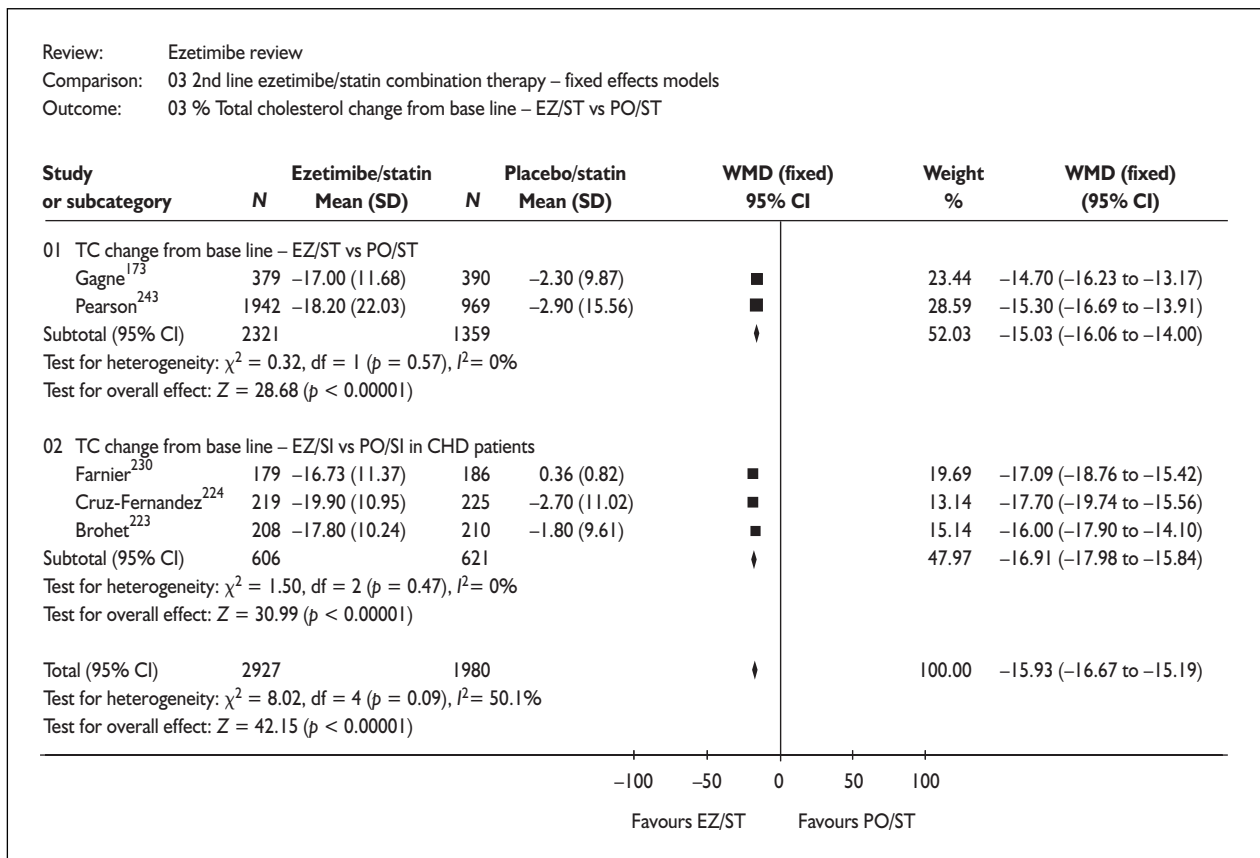
Health state	Utility value
Angina	0.79
MI	0.75
Age adjusted	Various (Kind and Dolan) ¹⁹⁹

Appendix 18

Meta-analyses percentage change in TC and HDL-c

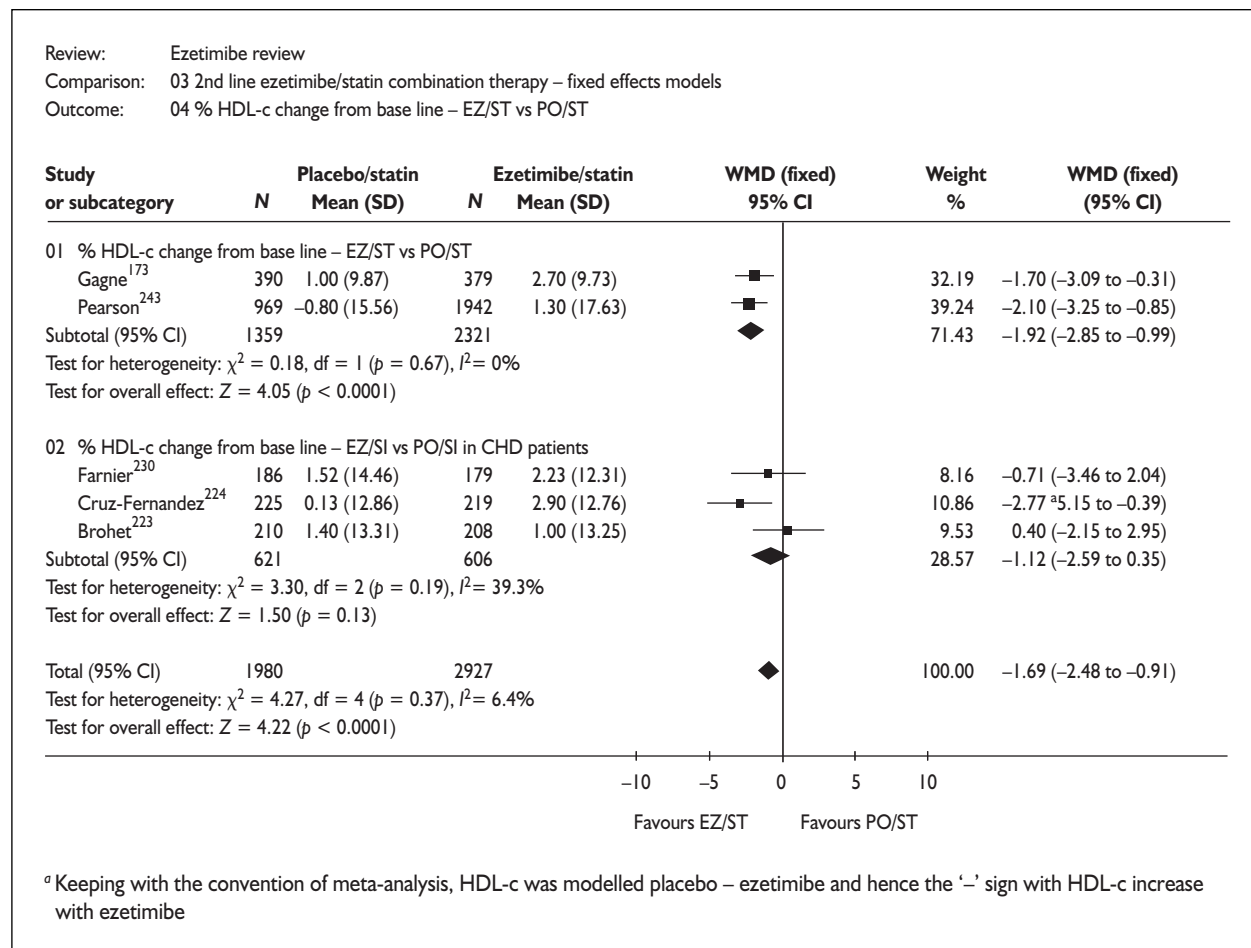
Effectiveness data for ezetimibe + statin combination treatment used in MSD/SP cost-effectiveness model

Percentage change in TC



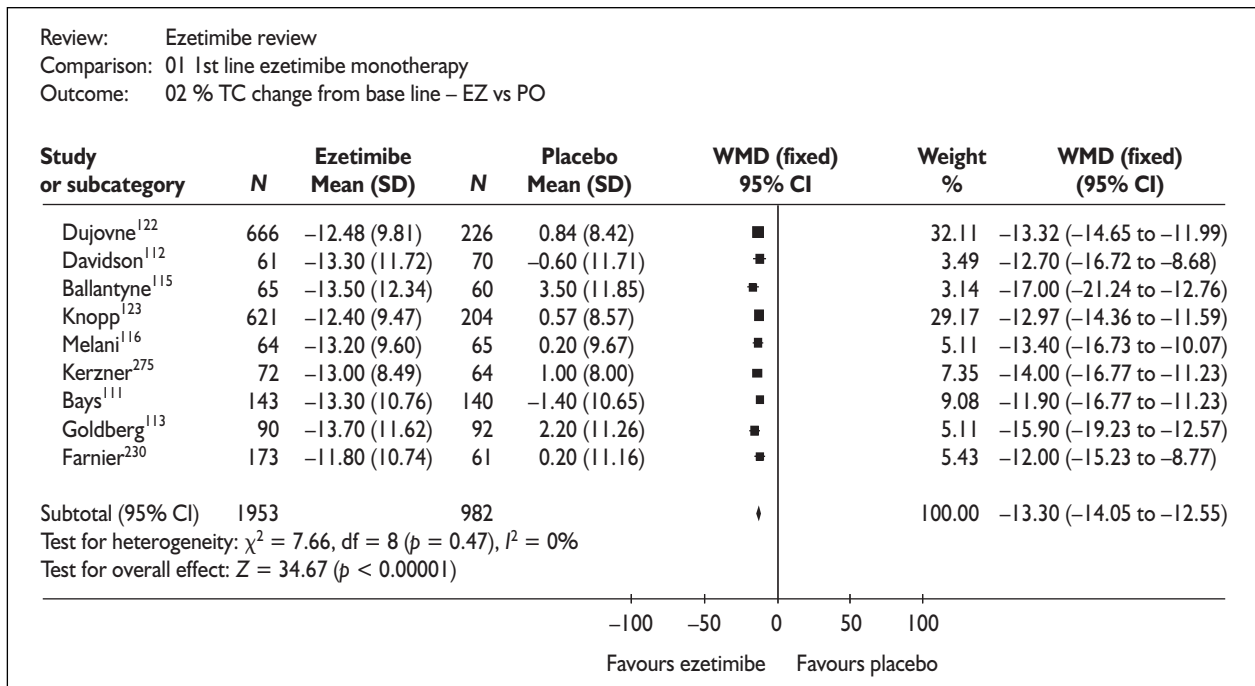
Effectiveness data for ezetimibe + statin combination treatment used in MSD/SP cost-effectiveness model

Percentage change in HDL-c^a



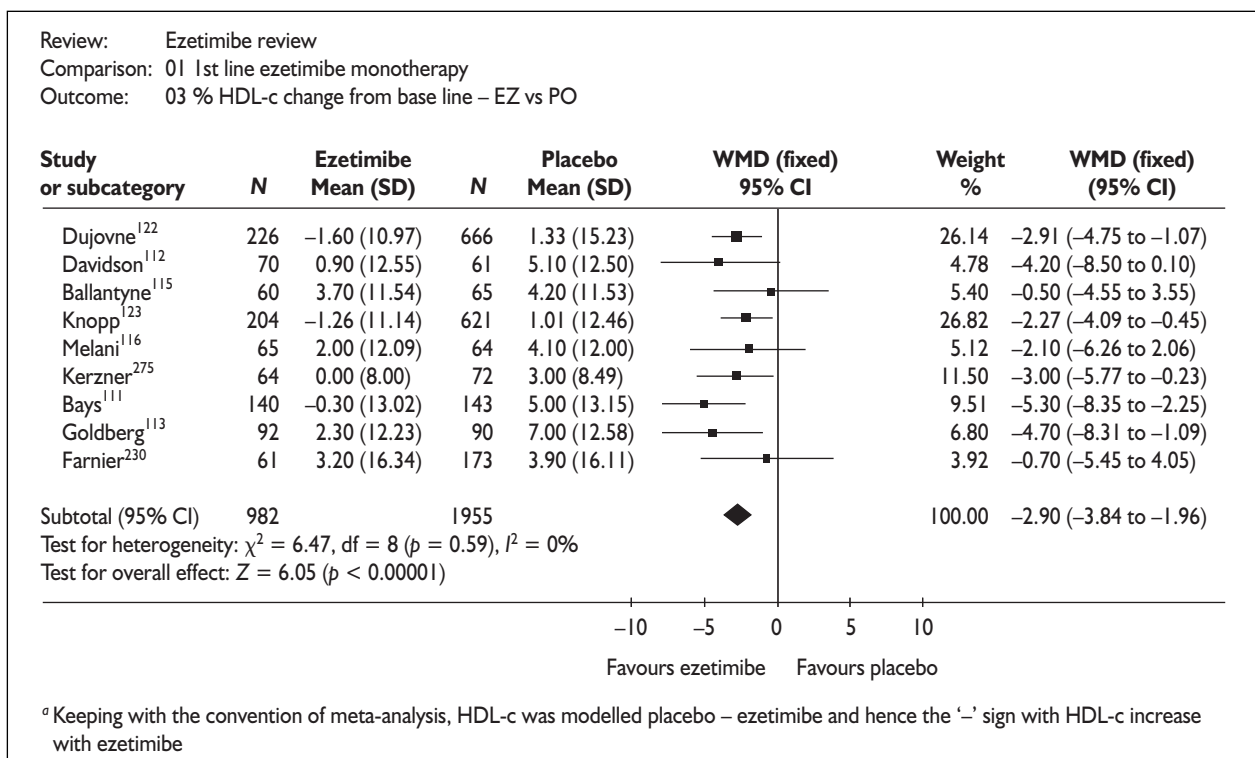
Effectiveness data for ezetimibe monotherapy treatment used in MSD/SP cost-effectiveness model

Percentage change in TC



Effectiveness data for ezetimibe monotherapy treatment used in MSD/SP cost-effectiveness model

Percentage change in HDL-c^a



Appendix 19

Summary of results from the MSD/SP Cook model

Results are presented in *Table 72*.

TABLE 72 Summary of MSD/SP cost-effectiveness results from the Cook model

Population	Patient profile: M/F, age (years), Total-c (mmol/l)	Discounted ICER: (£000): min. (max.)	MSD/SP report/ Appendix M
Basecase (a): ezetimibe plus current statin vs current statin titration			
Males with history of CVD	M, 50, 6.5	15.8	3.11, p. 45
	M, 80, 4.5	(31.3)	3.11, p. 45
Females with history of CVD	F, 60, 6.5	26.3	26.1, p. 226
	F, 80, 4.5	(45.2)	26.1, p. 226
<i>Result used to evaluate the impact of univariate Sa</i> <i>Sa: baseline utility = 1 plus 10% on health state utility</i> <i>Sa: discount costs and benefits at 6%</i>	M, 70, 5.5	21.4	3.15, p. 49
	M, 70, 5.5	14.	3.35, p. 49
	M, 70, 5.5	24.2	3.35, p. 49
Male diabetic patients with no history of CVD	M, 70, 6.5	11.3	3.12, p. 46
	M, 50, 4.5	(18.5)	3.12, p. 46
Female diabetic patients with no history of CVD	F, 70, 6.5	15.5	26.4, p. 228
	F, 50, 4.5	(26.9)	26.4, p. 228
<i>Result used to evaluate the impact of univariate Sa</i> <i>Sa: baseline utility = 1 minus 1% on HS utility</i> <i>Sa: 5-year time frame</i>	M, 70, 5.5	13.1	3.15, p. 49
	M, 70, 5.5	9.3	3.15, p. 49
	M, 70, 5.5	18.4	3.15, p. 49
Males with no history of CVD	M, 60, 6.5	11.9	3.13, p. 46
	M, 50, 4.5	(18.5)	3.13, p. 46
Females with no history of CVD	F, 50, 6.5	33.7	26.7, p. 229
	F, 80, 4.5	(121.9)	26.7, p. 229
<i>Result used to evaluate the impact of univariate Sa</i> <i>Sa: baseline utility = 1 minus 1% on HS utility</i> <i>Sa: Brindle's correction</i>	M, 70, 5.5	13.6	3.15, p. 49
	M, 70, 5.5	9.4	3.15, p. 49
	M, 70, 5.5	17.3	3.15, p. 49
South Asian males at high risk	M, 60, 6.5	8.8	3.14, p. 47
	M, 50, 4.5	(12.9)	3.14, p. 47
South Asian females at high risk	F, 50, 6.5	21.5	26.1, p. 231
	F, 80, 4.5	(81.2)	26.1, p. 231
<i>Base-case result (provided for comparison only) (Sa not reported for this population)</i>	M, 70, 5.5	1.0	3.14, p. 47
Basecase (b): ezetimibe plus current statin vs current statin without titration^a			
History of CVD	M, 50, 6.5	14.1	26.2, p. 227
	F, 80, 4.5	(41.3)	26.3, p. 227
Diabetes, no history of CVD	M, 70, 6.5	1.1	26.5, p. 228
	F, 50, 4.5	(23.7)	26.6, p. 229
No history of CVD	M, 60, 6.5	1.6	26.8, p. 23
	F, 80, 4.5	(11.)	26.9, p. 23
South Asians at high risk	M, 60, 6.5	7.9	26.11, p. 231
	F, 80, 4.5	73.2	26.12, p. 232

continued

TABLE 72 Summary of MSD/SP cost-effectiveness results from the Cook model (cont'd)

Population	Patient profile: M/F, age (years), Total-c (mmol/l)	Discounted ICER: (£000): min. (max.)	MSD/SP report/ Appendix M
Ezetimibe monotherapy vs no treatment^a			
History of CVD	M, 50, 6.5	17.4	3.17, p. 51
	F, 80, 4.5	(5.6)	26.13, p. 233
Diabetes, no history of CVD	M, 70, 6.5	12.4	3.18, p. 52
	F, 50, 4.5	(28.)	26.14, p. 233
No history of CVD	M, 60, 6.5	13.2	3.19, p. 52
	F, 80, 4.5	(131.1)	26.15, p. 234
South Asians at high risk	M, 60, 6.5	9.9	3.2, p. 53
	F, 80, 4.5	(87.3)	26.16, p. 234
Alternative scenario 1: ezetimibe plus low-cost statin vs switch to more potent high-cost statin^a			
History of CVD	M, 50, 6.5	2.5	26.17, p. 235
	F, 80, 4.5	(6.4)	26.2, p. 236
Diabetes, no history of CVD	M, 70, 6.5	1.5	26.18, p. 235
	F, 50, 4.5	(3.7)	26.21, p. 237
No history of CVD	M, 80, 6.5	1.	26.19, p. 236
	F, 80, 4.5	(15.6)	26.22, p. 237
Alternative scenario 2: titrate high-cost statin vs switch to low-cost statin plus ezetimibe^a			
History of CVD	M, 50, 6.5	2.4	26.23, p. 238
	F, 80, 4.5	(6.1)	26.26, p. 239
Diabetes, no history of CVD	M, 80, 6.5	1.4	26.24, p. 238
	F, 50, 4.5	(3.6)	26.27, p. 24
No history of CVD	M, 80, 6.5	1.	26.25, p. 239
	F, 80, 4.5	(14.9)	26.28, p. 24
F, female; M, male; Sa, sensitivity analysis.			
^a Range is presented for males and females combined, for brevity.			

Appendix 20

ScHARR's initial queries on the MSD/SP economic evaluation and the responses received

Query 1

In the cost-effectiveness section of the main report, the alternative Scenarios 1 and 2 are described (p. 40) as follows:

For Scenario 1, the current therapy is assumed to be:

50% on simvastatin 20 mg and 50% on simvastatin 40 mg

The addition of ezetimibe to this therapy is then compared with switching to atorvastatin of the same dose.

Hence the comparators modelled are:

Treatment 1: (50% simvastatin 20 mg and 50% simvastatin 40 mg) plus ezetimibe 10 mg

Treatment 2: (50% atorvastatin 20 mg and 50% atorvastatin 40 mg)

For Scenario 2, the therapy is assumed to be:

50% on atorvastatin 10 mg and 50% on atorvastatin 20 mg

The analysis compares titrating atorvastatin by one dose (i.e. from atorvastatin 10 mg to 20 mg or from atorvastatin 20 mg to 40 mg) with switching to equipotent simvastatin (i.e. from atorvastatin 10 mg to simvastatin 20 mg or from atorvastatin 20 mg to simvastatin 40 mg) plus Ezetimibe 10 mg.

Hence the comparators modelled are:

Treatment 1: (50% atorvastatin 20 mg and 50% atorvastatin 40 mg)

Treatment 2: (50% simvastatin 20 mg and 50% simvastatin 40 mg) plus ezetimibe 10 mg

Assuming that patients remain on these doses, unless we are misinterpreting the description provided, these alternatives look identical.

However, the results provided for the two analyses are slightly different. *Table 1* provides the range of discounted ICERs with the corresponding table and page numbers from the MSD/SP Appendices.

Response to Query 1

We agree with the statement that the two alternative scenarios are equivalent. The incremental QALYs, as reported in the Appendix Tables 26.17 and 26.23, 26.19 and 26.25, 26.20 and 26.26, and 26.22 and 26.28 (Tables 26.17 and 26.23 from the Appendix are copied overleaf), are the same for the two scenarios, since these alternative scenarios have similar efficacy. However, the incremental costs are slightly different (undiscounted £10–35 higher for Scenario 1). The reason for this slight difference in cost is due to the rounding of the drug cost in one of the scenarios and not in the other; that is, in alternative Scenario 1 the average cost of statin titration used was £0.94, whereas in alternative Scenario 2 the average cost of titration used was £0.9438. We realised this lack of rounding in one of the scenarios towards the

TABLE 1 Extract from results tables for alternative Scenarios 1 and 2

Table	Page	Gender	CVD	Range of discounted ICER for alternative Scenario 1
26.17	235	Male	Secondary	£2.5 (TC 6.5, age 50) to £4.3 (TC 4.5, age 80)
26.19	236	Male	Primary	£1.0 (TC 6.5, age 80) to £2.1 (TC 4.5, age 50)
26.20	236	Female	Secondary	£3.9 (TC 6.5, age 60) to £6.4 (TC 4.5, age 80)
26.22	237	Female	Primary	£4.1 (TC 6.5, age 50) to £15.6 (TC 4.5, age 80)
Range of discounted ICER for alternative Scenario 2				
26.23	238	Male	Secondary	£2.4 (TC 6.5, age 50) to £4.1 (TC 4.5, age 80)
26.25	239	Male	Primary	£1.0 (TC 6.5, age 80) to £2.0 (TC 4.5, age 50)
26.26	239	Female	Secondary	£3.8 (TC 6.5, age 60) to £6.1 (TC 4.5, age 80)
26.28	240	Female	Primary	£3.9 (TC 6.5, age 50) to £14.9 (TC 4.5, age 80)

RESPONSE TABLE 1 Copy of Appendix Table 26.17 (ezetimibe co-administration with simvastatin vs switch to atorvastatin in 1000 men with history of CVD who are not appropriately controlled with statin alone)

Total cholesterol (mmol/l)	Age (years)	Undiscounted			Discounted		
		Incremental cost (£)	Incremental QALY	Incremental cost/QALY (£)	Incremental cost (£)	Incremental QALY	Incremental cost/QALY (£)
4.5	50	1072)	417	2.6	605	191	3.2
	60	747	278	2.7	482	153	3.2
	70	466	152	3.1	342	97	3.5
	80	263	69	3.8	215	50	4.3
5.5	50	1077	469	2.3	606	220	2.8
	60	743	305	2.4	480	170	2.8
	70	461	165	2.8	338	107	3.2
	80	259	75	3.4	211	55	3.8
6.5	50	1078	508	2.1	607	243	2.5
	60	739	325	2.3	477	184	2.6
	70	456	176	2.6	334	115	2.9
	80	255	80	3.2	208	59	3.5

RESPONSE TABLE 2 Copy of Appendix Table 26.23 (ezetimibe co-administration with simvastatin vs titration on atorvastatin in 1000 men with history of CVD who are not appropriately controlled with atorvastatin alone)

Total cholesterol (mmol/l)	Age (years)	Undiscounted			Discounted		
		Incremental cost (£)	Incremental QALY	Incremental cost/QALY (£)	Incremental cost (£)	Incremental QALY	Incremental cost/QALY (£)
4.5	50	1037	417	2.5	582	191	3.0
	60	722	278	2.6	465	153	3.0
	70	449	152	3.0	329	97	3.4
	80	253	69	3.7	206	50	4.1
5.5	50	1044	469	2.2	585	220	2.7
	60	720	305	2.4	463	170	2.7
	70	445	165	2.7	325	107	3.0
	80	249	75	3.3	203	55	3.7
6.5	50	1047	508	2.1	586	243	2.4
	60	717	325	2.2	461	184	2.5
	70	441	176	2.5	322	115	2.8
	80	245	80	3.1	200	59	3.4

end of the submission process. In Table 1 on p. 11 of the user guide we did provide cost of Statin Dose 2 = 0.94 (for alternative Scenario 1) and Statin Dose 2 = 0.9438 (for alternative Scenario 2) so that one could replicate the results. The use of rounding in alternative Scenario 1 does not have a substantial impact on the overall ICERs and is slightly conservative in that it increases the incremental daily cost of ezetimibe arm.

Query 2

The ICERs for the females are much larger than those for the equivalent analyses for males. One would expect some difference in the results for the

secondary CVD analyses due to the difference in the distribution across events for males and females and for age. The results for the primary CVD analyses are not directly comparable by gender and age as, owing to the methodology employed, similar baseline characteristics give very different risks for males and females of the same age. However, the predicted risk could be used to compare results. If ICERs are compared using this method, some of the results are vastly different. The summary table (Table 3.10, p. 44, main MSD/SP report) lists ICERs as high as £122,000, £110,000 and £131,000 per QALY for females. Conversely, the highest equivalents for the males are £31,000, £29,000 and £36,000 per QALY.

The model used in the industry submission was previously used to evaluate the cost-effectiveness of ezetimibe in Canada (by Kohli and colleagues¹⁴⁹) and three European countries (by Cook and colleagues¹⁴⁴). Looking at Table VI in the study by Kohli and colleagues,¹⁴⁹ the ICERs for males and females are very similar for diabetic patients (male diabetic: Can\$ 25,000–27,000 and female diabetic Can\$ 25,000–27,000) and secondary CVD analyses (male approximately Can\$ 21,000; female approximately Can\$ 25,000). For male primary CVD analyses the ICERs reported range from Can\$ 19,000–20,000. However, the corresponding ICERs for females at high risk of CVD are not reported. The difference in the ICERs for the male and female analyses are briefly discussed on p. 826 and it is suggested this is due to the events predicted using the Framingham equations. Based on this, the events were recalibrated.

The results presented in the study by Cook and colleagues¹⁴⁴ are not reported for males and females separately, and they are not provided for non-diabetic individuals with primary CVD who are at high risk of a CHD event. Hence it is not possible to establish if the huge differences in the ICERs for males and females are seen in this evaluation.

We have been unable to establish a reasonable explanation for the difference in the primary CVD ICERs for males and females in the MSD/SP submission report. Can you please provide a detailed rationale for the difference in results, both for the secondary CVD analyses and the primary CVD analyses?

Response to Query 2

*The ICERs for male and female diabetic patients and CVD patients in the study by Kohli and colleagues are similar because the risks predicted by the model in that analysis were recalibrated as stated in the manuscript. In addition, on p. 826 of the manuscript the authors state: “the noticeable difference in the cost effectiveness results of lipid-lowering therapy for men and women in the Russell analysis is because the **Framingham risk equations predict many more CAD events among men than women.** In the Canadian population, there is not such a stark difference in the number of events experienced by men and women and our calibration*

*exercise has corrected for this. **Prior to calibration, the cost-effectiveness ratios for women would have been of a similar magnitude to those reported by Russell and colleagues.**”*

The Russell analysis reports ratios for women that are three times those for men (94,732 versus 30,055 at a baseline LDL-c level of 4.14 mmol/l). In our submission for ezetimibe co-administration vs statin titration, the increases in ICERs for females compared with male CVD patients are 40–100% greater and for female diabetic patients compared with males the ICERs are 30–45% greater. For female patients with a 10-year risk of 20% or greater, the increases in ICERs range from 3.4 to 6.7 times compared with male patients.

To confirm that the gender differences in the ICER are due to differences in the Framingham risk, we also evaluated the 10-year fatal and total CHD event risk for the three patients groups: (1) patients with existing CVD, (2) non-CVD patients with diabetes and (3) non-CVD, non-diabetic patients with 10-year risk of 20% or greater. Based on the results reported in Response Table 3, through Table 5 below it can be seen that:

- (i) Baseline risk for fatal CHD and also total CHD for male patients is greater compared with female patients – the largest differences are seen in Table 5 with the non-CVD, non-diabetic patients, where the risk of fatal and total CHD for females is as much as 1/5th that of the risk for men.*
- (ii) Correspondingly, the incremental benefit (reduction in risk) of ezetimibe co-administration versus statin titration is greater for male patients compared with female patients as represented by the greater delta for male patients compared with females – again, the largest differences between men and women in risk reduction are seen in the non-CVD, non-diabetic patients (i.e. the total CHD risk reduction for 70-year-old patients differs by 0.038 – 0.008 = 0.030). Therefore, it would seem that the difference in the primary CVD ICERs for males and females is primarily driven by the large difference in the baseline risk and corresponding difference in the absolute risk reduction. Females, as predicted by the Framingham risk equations, have a lower baseline risk that results in a smaller opportunity to lower risk with treatment. As a consequence, the QALY gains are much smaller and the resulting ICERs are much higher for women compared with men. This general pattern was also observed in Canada prior to adjusting the risk for women upward as a result of the calibration to Canadian data.*

RESPONSE TABLE 3 Predicted 10-year fatal and total CHD event rates for CVD group (cholesterol level 5.5 mmol)

Age (years)	Baseline risk		Statin titration		Delta (difference between ezetimibe co-administration and statin titration)	
	Males	Females	Males	Females	Males	Females
<i>Fatal CHD event rate</i>						
50	0.113	0.034	0.105	0.031	0.014	0.005
70	0.235	0.145	0.224	0.138	0.020	0.014
<i>Total CHD event rate</i>						
50	0.327	0.153	0.317	0.147	0.019	0.011
70	0.374	0.211	0.363	0.203	0.020	0.015

RESPONSE TABLE 4 Predicted 10-year fatal and total CHD event rates for non-CVD diabetic group (cholesterol level 5.5 mmol)

Age (years)	Baseline risk		Statin titration		Deltas (difference between ezetimibe co-administration and statin titration)	
	Males	Females	Males	Females	Males	Females
<i>Fatal CHD event rate</i>						
50	0.065	0.034	0.061	0.032	0.008	0.004
70	0.225	0.134	0.212	0.126	0.024	0.015
<i>Total CHD event rate</i>						
50	0.118	0.064	0.111	0.060	0.013	0.007
70	0.294	0.178	0.278	0.167	0.030	0.020

RESPONSE TABLE 5 Predicted 10-year fatal and non-fatal CHD event rates for non-CVD, non-diabetic group with 20% or greater 20-year risk of developing CVD (cholesterol level 5.5 mmol)

Age (years)	Baseline risk		Statin titration		Deltas (difference between ezetimibe co-administration and statin titration)	
	Males	Females	Males	Females	Males	Females
<i>Fatal CHD event rate</i>						
50	0.054	0.011	0.050	0.010	0.008	0.002
70	0.186	0.032	0.174	0.029	0.021	0.004
<i>Total CHD event rate</i>						
50	0.208	0.093	0.196	0.088	0.021	0.010
70	0.432	0.076	0.411	0.071	0.038	0.008

Query 3

We note that a number of the Anderson equations are used to derive a distribution for the type of event which is then applied *pro rata* to the predicted D'Agostino risk for the primary analyses. In theory, the balance should provide the proportion of risk attributable to angina. Looking at the code, the authors are obviously aware that this methodology can sometimes produce results which are inaccurate, particularly when including Str. A function is included within the code to set zeros to the angina health state if the sum of the probabilities is greater than the predicted total risk.

When generating results for males in the primary CVD analyses, the Markov trace for the 'no treatment' arm has zero individuals in the primary angina health state – presumably due to the summed probabilities being greater than the predicted total risk. However, both the ezetimibe (plus statin) and the statin monotherapy Markov traces have individuals in the primary angina health state. This implies that individuals who receive treatment are more likely to have angina than individuals who do not receive any treatment. Is our interpretation of the code and the Markov traces correct? If not, can you please provide a detailed explanation for this?

Response to Query 3

Your interpretation of the code is correct. There is no inherent constraint on the Anderson risk equations that guarantees the combined risk of CHD death and MI will not exceed the estimated risk for total CHD. Because we use these estimates to calculate the risk of angina, when a negative result does occur, we set the risk of angina to 0 and determine the relative likelihood of CHD death and MI based on their calculated risks. Based on what you are describing above, you must have uncovered a situation in which a reduction in Total/HDL ratio (either by statin titration or the addition of ezetimibe) lowered the calculated risk for CHD, CHD death and MI such that the sum of the CHD death and MI risks was no longer greater than the total CHD risk estimate.

(please note there are two figures numbered 3.4)] are described as the results for ‘people’ as opposed to ‘male’ or ‘female’. Is this correct? Are the results weighted in some way using results from both male and female analyses. If the titles are correct, can you please provide an explanation for the results presented. If the titles should read ‘male’ as opposed to ‘people’, can you please provide corresponding CEACs for the female evaluations.

Response to Query 4

We are sorry about the typo in numbering the CEAC plots. The plots provided were those for males only. Please find below the plots for females and in these plots the scales on the x-axes are different for the different plots; in the keys, TC = total cholesterol (mmol/l).

Query 4

Some of the CEAC plots [e.g. Fig. 3.4, p. 47, Fig. 3.4, p. 48; Fig. 3.5, p. 49; Fig. 3.8, p. 55

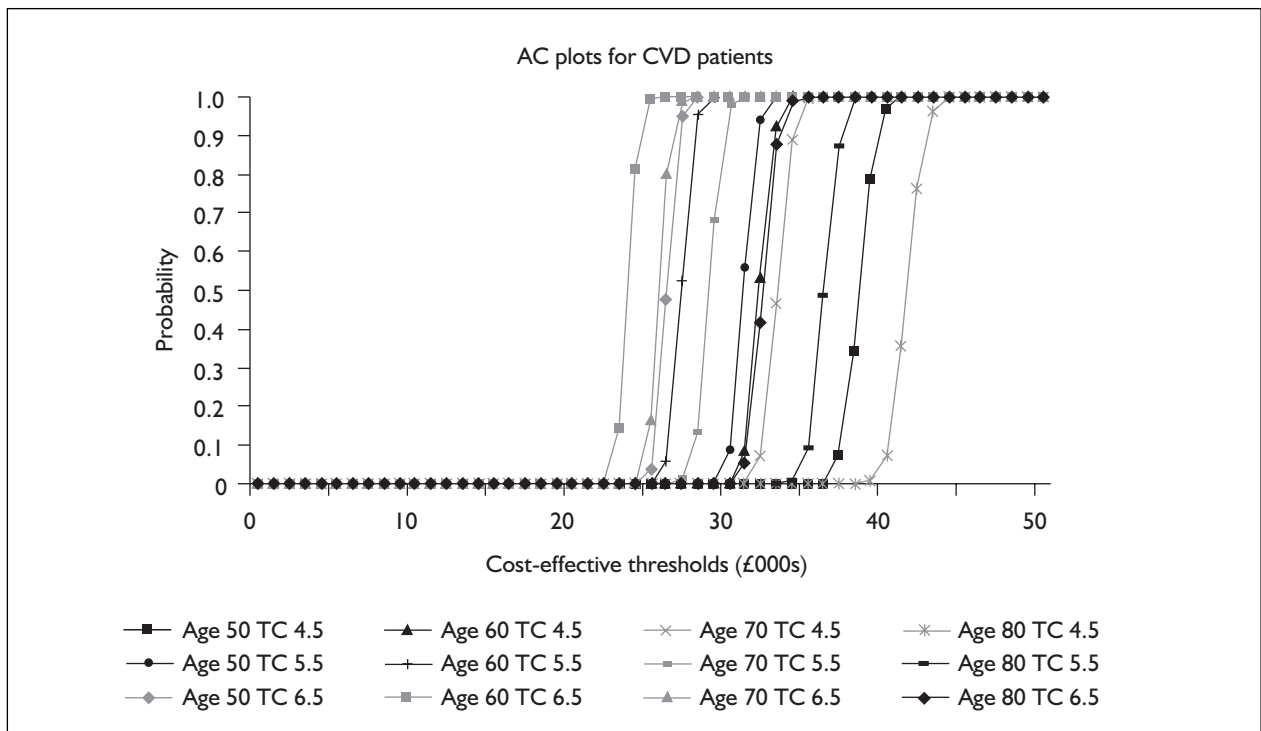


FIGURE 1.1 Ezetimibe co-administration with statin vs statin titration in females with clinical evidence of CVD – probability of cost-effectiveness by threshold

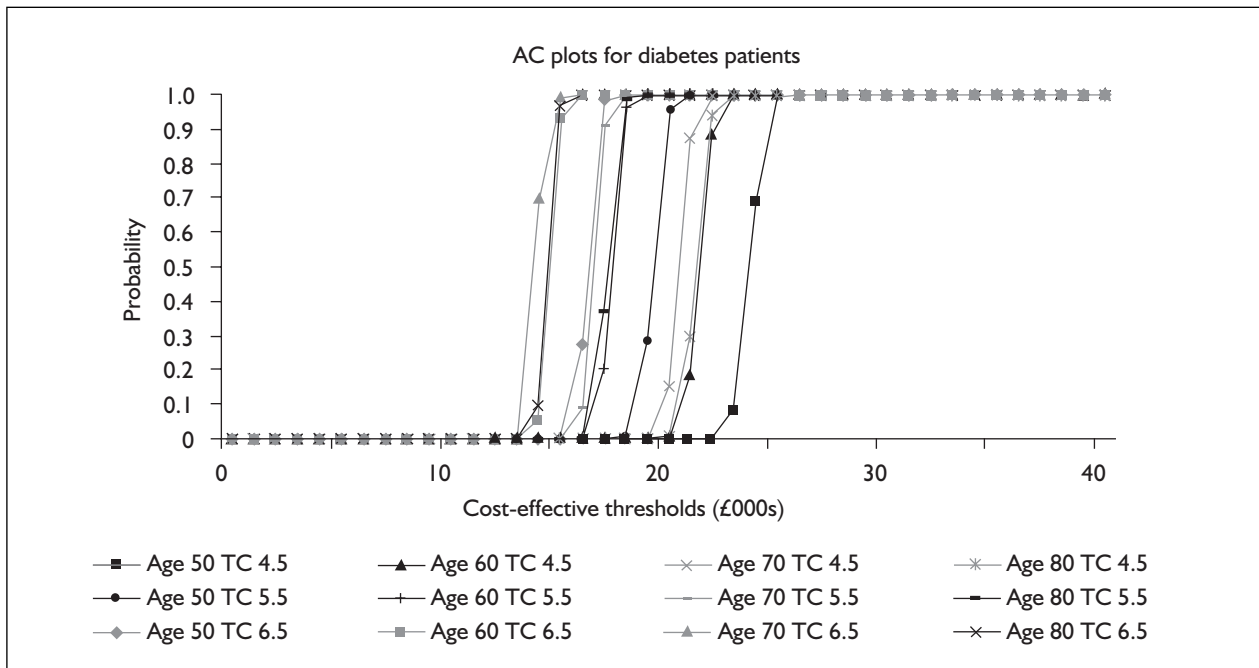


FIGURE 1.2 Ezetimibe co-administration with statin vs statin titration in females with diabetes but no CVD – probability of cost-effectiveness by threshold

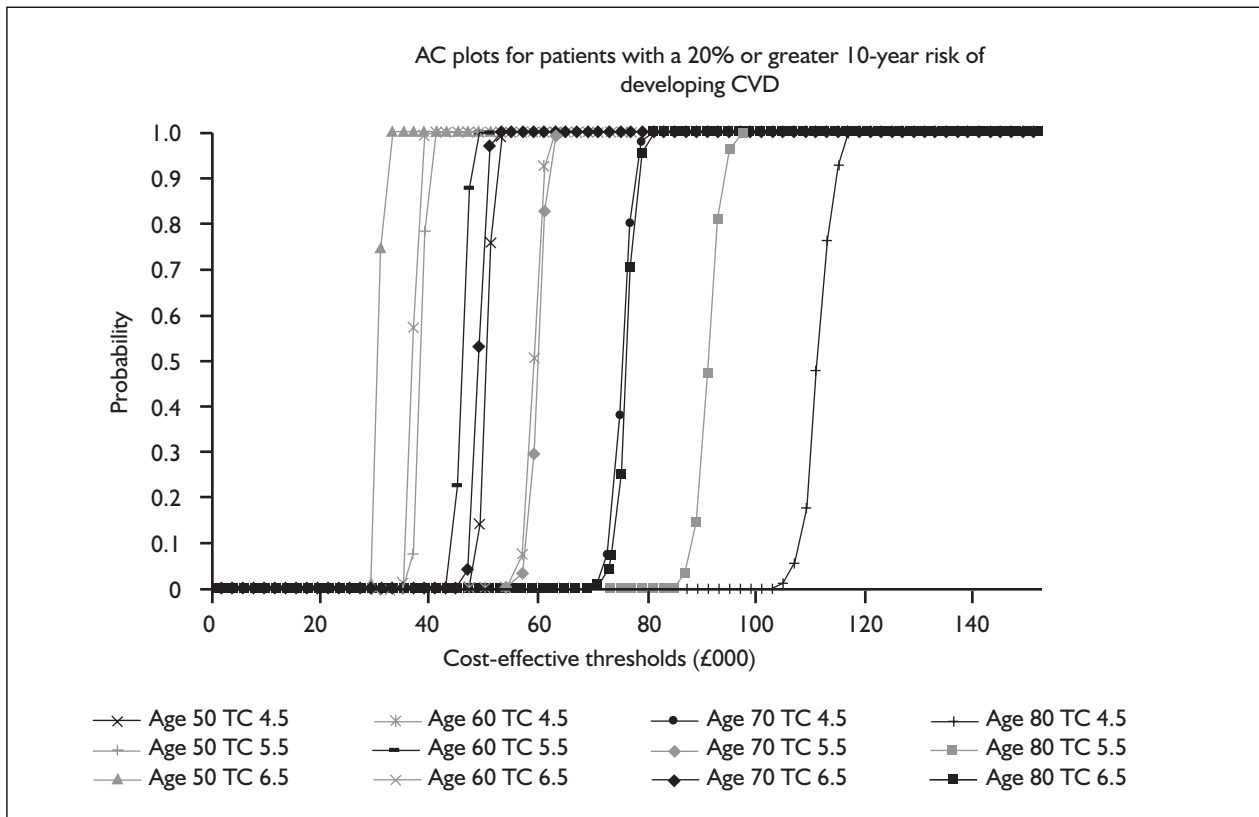


FIGURE 1.3 Ezetimibe co-administration with statin vs statin titration in females who have a 20% or greater 10-year risk of developing CVD – probability of cost-effectiveness by threshold

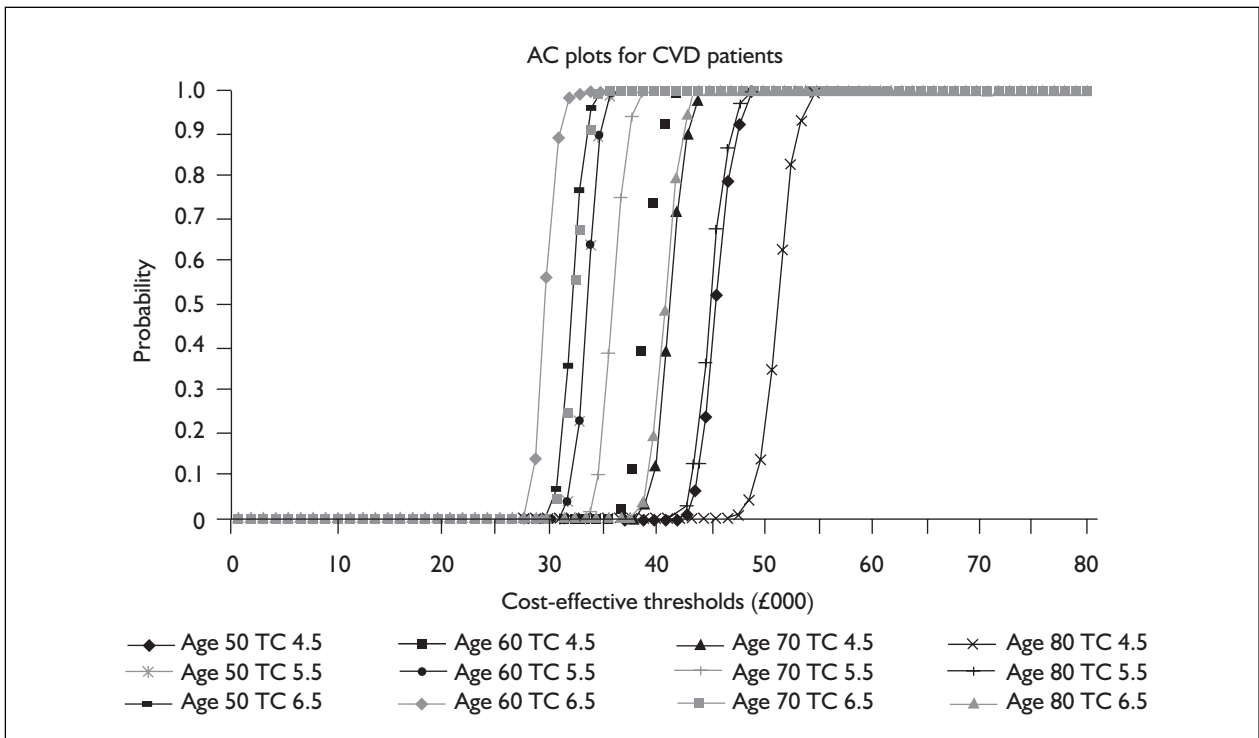


FIGURE 1.4 Ezetimibe monotherapy in females with clinical evidence of CVD – probability of cost-effectiveness by threshold

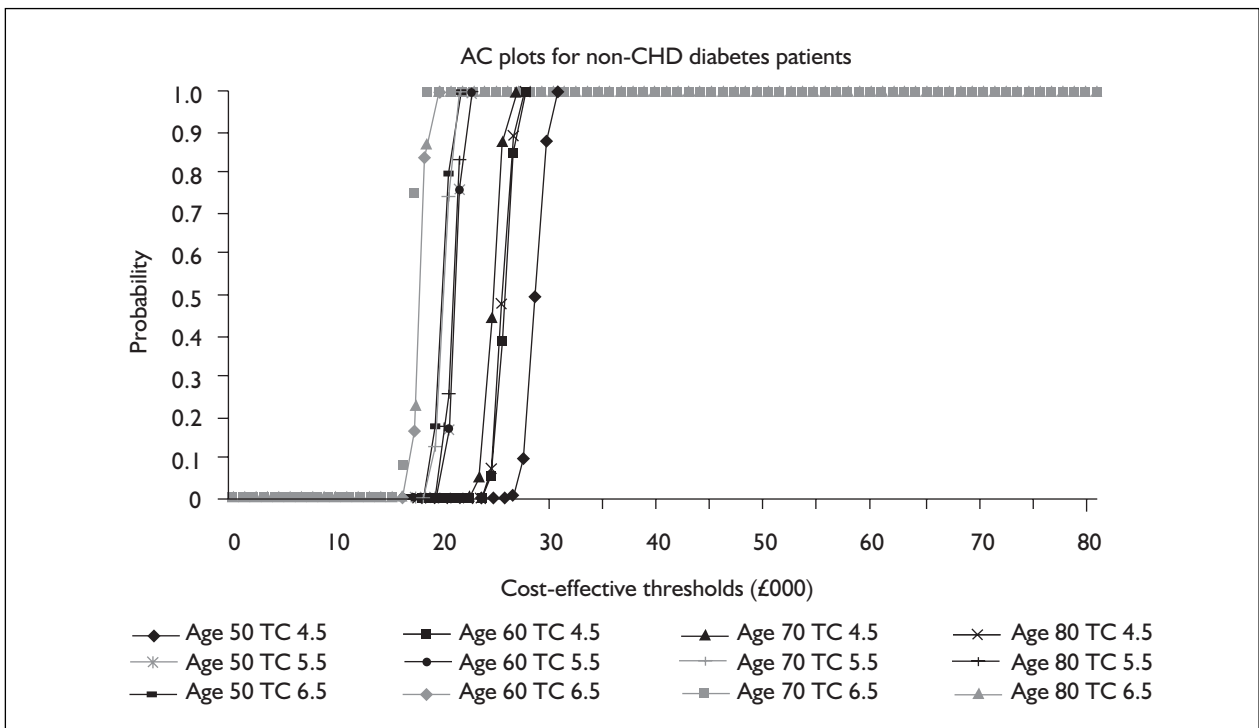


FIGURE 1.5 Ezetimibe monotherapy in females with diabetes but no CVD – probability of cost-effectiveness by threshold

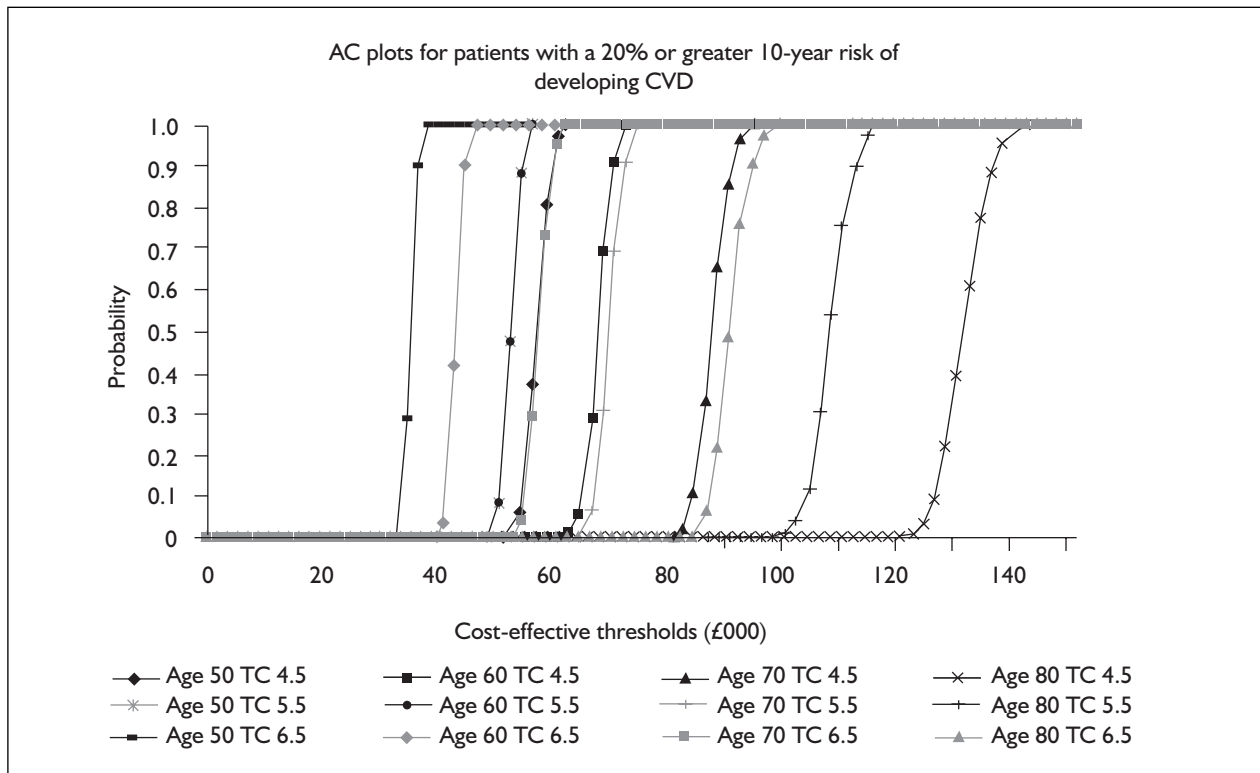


FIGURE 1.6 Ezetimibe monotherapy in females who have a 20% or greater 10-year risk of developing CVD – probability of cost-effectiveness by threshold

Appendix 21

Detailed discussion of the critical review of the MSD/SP models

Validity of using risk engines to predict changes in risk based on chemically induced changes in lipids

With the exception of the primary diabetic analyses, the Framingham risk engines are used to predict baseline risks and to model the effect of the different treatment regimens modelled. The authors defend the use of the Framingham equations using arguments such as the following:

- The Framingham equations have been accepted by influential clinical guidelines such as the US NCEP ATP III and the Second European Joint Task Force guidelines.
- The authors of a review on methods for predicting future events in economic models concluded that the algorithms from the Framingham study were the most appropriate methodology.

It is acknowledged that the US NCEP ATP III²⁵⁸ recommend that the CHD risk charts (which are based on the Framingham algorithms) are used to calculate an individual's CHD risk to determine if treatments are applicable. However, it should be noted that predicting an individual's risk based on a natural risk profile at one point in time is very different from using the algorithms to predict changes in risk on an annual basis due to chemically induced changes in cholesterol levels. To the Assessment Group's knowledge, the organisations quoted above have not suggested that it is correct to use the Framingham equations to model reductions in risks due to lipid-lowering treatments.

The review by Grieve and colleagues⁹⁰ presents a systematic and robust process for choosing a method of predicting events in economic models concentrating on the CV field. The research is thorough and the conclusions drawn by the authors were justified based on the evidence available at the time. However, evidence has since emerged which offers an alternative methodology to link changes in cholesterol levels to reductions

in CV events.⁷⁹ This evidence was utilised in the alternative Basic model presented by MSD/SP demonstrating that the MSD/SP analysts consider the methodology to be appropriate. The authors of the MSD/SP economic evaluation state that results generated by the alternative model are "consistent to those of the more sophisticated model" (p. 43, main report).

Reported and modelled CHD risks

Ten-year CHD risks, calculated using the Anderson primary CHD algorithms and the primary CVD patient profiles (Tables 3.13 and 26.7 of the MSD/SP report), are reported. As the D'Agostino algorithms are used to predict annual risks in the model, it is unclear why the Anderson risks are reported. Presumably they are to demonstrate that the 10-year baseline CVD risk modelled was greater than the 20% recommended for lipid-lowering treatment.³⁹

The analysts have assumed that a 15% 10-year CHD risk is equivalent to a 20% 10-year CVD risk across age and gender (MSD/SP report). This is a crude assumption as the ratio for CHD and CVD events differs by age and gender.^{77,259} More importantly, the risks reported in Tables 3.13 and 26.7 of the MSD/SP report, which were calculated using the lower bounds of the Total-c bands, are not consistent with the modelled risks, which were calculated using the mid-points of the lipid categories.

Male primary risks

The reported Anderson 10-year CHD risks (column 2 in *Table 73*) increase with age, as would be expected. The modelled risk for males (column 6) also increases with age. The male reported (column 2) and modelled (column 6) risks are comparable for ages 50 and 60 years. For ages 70 and 80 years, the modelled risks are substantially higher than the annual rate (column 4) corresponding to the reported 10-year risks (column 2). The difference in the risks calculated using the different Framingham equations becomes more marked as age increases.

Using a baseline Total-c of 4.5 mmol/l (mid-point 4.625 mmol/l) at the age of 90 years, the Anderson 10-year risk is 42.6% whereas the D'Agostino 1-year risk is 10.99%, and at the age of 99 years (the limit in the model) the Anderson 10-year risk is 47.4% whereas the D'Agostino 1-year risk is 16.99%. When using the baseline Total-c of 6.5 mmol/l (mid-point 6.625 mmol/l), the differences in the calculated risks are even larger: at the age of 99 years the Anderson 10-year risk is 56.1% whereas the D'Agostino 1-year risk is 25.10%.

Presumably this anomaly is because the Framingham equations are valid up to the age of 74 years only.⁸⁷ To our knowledge, there is no published methodology which can be used to validate the risks derived by extrapolating beyond the evidence base. It is therefore not possible to determine which, if any, of the two estimates most accurately reflects the true risk for individuals over the age of 74 years.

Female primary risks

With the exception of age 80 years, the reported Anderson 10-year CHD risks (column 3) increase with age, as would be expected. The modelled risk

for females (column 7) decreases with age. All the modelled risks (column 7) are substantially lower than the annual rate (column 5) corresponding to the reported 10-year risks (column 3). The modelled risks decrease by age due to an error in the Visual Basic code for the female D'Agostino algorithm. The term which represents females who are menopausal has been incorrectly coded.

As the Framingham equations are also used to determine subsequent risks and the risks for the secondary cohorts, the uncertainty in the predicted risks impacts on all the results presented. It is not possible to estimate the magnitude or direction of the errors in the ICERs generated.

Distribution of predicted risk across event type

The total primary D'Agostino CHD risk (defined as non-fatal MI, CHD death, angina pectoris and coronary insufficiency) is apportioned to event type using predicted risks from the Anderson equations for non-fatal MI and fatal CHD.⁸⁷ The probability of angina is estimated by subtracting

TABLE 73 Comparison of reported and modelled first-year CHD risk used in the MSD/SP economic evaluation

Age (years)	Reported ^a 10-year risk (%)		Annual rate ^b (%) (estimated)		First-year risk ^c (%) (modelled)	
	Males	Females	Males	Females	Males	Females
Total-c = 4.5 mmol/l (HDL = 1 mmol/l, SBP = 16 mgHg; alcohol = 5.67 fl.oz)						
50	15.8	11.2	1.71	1.18	1.44	0.81
60	23.0	15.5	2.58	1.67	2.40	0.71
70	30.1	17.4	3.52	1.89	4.00	0.63
80	36.7	17.2	4.46	1.87	6.68	0.55
Total-c = 5.5 mmol/l (HDL = 1 mmol/l, SBP = 16 mgHg; alcohol = 5.67 fl.oz)						
50	19.5	14.2	2.15	1.52	1.82	1.03
60	27.4	19.2	3.15	2.11	3.05	0.90
70	34.9	21.2	4.2	2.35	5.10	0.79
80	41.6	21.1	5.24	2.34	8.40	0.70
Total-c = 6.5 mmol/l (HDL = 1 mmol/l, SBP = 16 mgHg, alcohol = 5.67 fl.oz)						
50	22.9	17.0	2.57	1.85	2.22	1.25
60	31.3	22.5	3.68	2.52	3.71	1.10
70	38.9	24.7	4.81	2.80	6.17	0.97
80	45.7	24.6	5.92	2.78	10.20	0.85

SBP, systolic blood pressure.
^a 10-year CHD risks reported in Table 3.13 (p. 46 of the MSD/SP report) and Table 26.7 (p. 229) which are calculated using Anderson *et al.*⁷⁷
^b Annual CHD rate estimated using the equation $\text{annual rate} = 1 - [1 - p(10\text{-yr})] \times (1/10)$.
^c Actual annual CHD risk modelled in each MSD/SP analysis using the sum of the first-year primary non-fatal angina and MI and fatal CHD events in the no treatment Markov traces.

the probabilities for non-fatal MI and fatal CHD from the total risk.

When the summed probabilities for non-fatal MI and coronary death are larger than the predicted total CHD risk, a mechanism is employed to set the risk of angina to zero and the total risk is allocated to just non-fatal MI and fatal CHD. The consequence of this is that individuals receiving statin monotherapy have more angina events than those receiving no treatment whereas those receiving ezetimibe plus statin treatment have more angina events than those receiving statin monotherapy or those receiving no treatment. In reality, this means that (1) the treatment regimens increase the number of cases of angina and (2) the number of 'serious' events prevented is overestimated. The impact on the ICERs is unknown, but could be substantial.

Costs and HRQoL utilities used in the MSD/SP models

The MSD/SP analysts relied heavily on the NICE statin HTA report^{39,184} to populate the model. There is no evidence to suggest that independent searches were conducted to identify any new evidence for the health states costs, utilities, compliance or monitoring requirements. A number of minor inconsistencies were found:

1. The health state costs were inflated using an incorrect unreferenced inflation rate and are too low, hence the cost offsets due to events avoided are underestimated and the ongoing costs for the secondary analyses are underestimated.
2. The monitoring costs taken from the NICE HTA report³⁹ were not updated and have been applied incorrectly with 'start-up' costs for initiation of treatment applied to patients who enter the model on ongoing treatment. Although the monitoring costs applied in the MSD/SP evaluation are too high, as they are applied in both arms for the majority of the analyses the impact on the ICERs should be minimal.
3. Drugs tariffs which report rates applicable to hospitals were used for the majority of treatment costs. As the target population is predominantly based in general clinical practice, the correct treatment costs are those reported in the BNF.¹⁸⁸ Although treatment costs are underestimated in all the evaluations, this is unlikely to have a large impact on the results.
4. HRQoL utility values for the health states are reported as being 0.79 for angina and 0.760 for MI (Table 3.9 of the MSD/SP report). No value is reported for the secondary no event health state. In the Cook Excel model, utility values are labelled as 0.75 for angina, 0.79 for MI and a mid-point of 0.875 (range 0.75–1) for prior CHD. Whereas the values of 0.79 for angina, 0.76 for MI and 0.775 for the secondary no event health state are used in the univariate analyses, probabilistic analyses read utility values from the incorrect values in the spreadsheet. As the angina HRQoL value (0.79) is higher than the secondary no event health state (0.775), it would seem that an angina event can increase HRQoL in some analyses. It is unlikely that these inconsistencies will have a large impact on the results.

Appendix 22

Identification of studies for the review of cost-effectiveness

This appendix contains information on the sources searched (*Table 74*) and keyword strategies for the systematic review of cost-effectiveness.

Sources consulted via the Internet

See *Table 52*, Appendix 2.

Database keyword strategies

CINAHL

1982–2006

OVID Online

Search undertaken between April and June 2006

- | | |
|---|--|
| <ul style="list-style-type: none"> 1 Ezetimibe/ (48) 2 ezetimibe.tw. (66) 3 ezetrol.tw. (0) 4 zetia.tw. (3) 5 vytorin.tw. (4) 6 inegy.tw. (2) 7 1 or 2 or 4 or 5 or 6 (87) 8 Hypercholesterolemia/ (2016) 9 hypercholesterolemia.af. (2741) 10 hypercholesterolaemia.af. (258) 11 8 or 9 or 10 (2872) 12 7 and 11 (61) 13 exp economics/ (181163) 14 exp "financial management"/ (11930) 15 exp "financial support"/ (119056) 16 exp "financing organized"/ (37494) 17 exp "business"/ (12404) 18 or/14-17 (171524) | <ul style="list-style-type: none"> 19 18 not 13 (7368) 20 Health resource allocation.sh. (2638) 21 Health resource utilization.sh. (3650) 22 20 or 21 (6205) 23 19 or 22 (13570) 24 (cost or costs or economic\$ or pharmaco-economic\$ or price\$ or pricing\$.tw. (35173) 25 23 or 24 (47353) 26 Editorial.pt. (65097) 27 Letter.pt. (33989) 28 News.pt. (0) 29 or/26-28 (99047) 30 25 not 29 (45615) 31 "Animal studies"/ (3715) 32 30 not 31 (45575) 33 Cochrane library.so. (2540) 34 Anonymous.au. (0) 35 32 not (33 or 34) (45234) 36 12 and 35 (0) 37 fibrate\$.tw. (76) 38 Resins/ (60) 39 resin\$.tw. (335) 40 Niacin/ (292) 41 nicotinic acid.tw. (38) 42 Statins/ (1533) 43 statin\$.tw. (1300) 44 Fatty Acids, Omega 3/ (751) 45 omega 3.tw. (266) 46 1 or 2 or 4 or 5 or 6 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 or 45 (3465) 47 11 and 46 (610) 48 35 and 47 (32) 49 Hyperlipidemia/ (1711) 50 hyperlipid\$.af. (2713) 51 hypertriglycerid\$.af. (497) 52 8 or 9 or 10 or 49 or 50 or 51 (5331) 53 Antilipemic Agents/ (841) 54 lipid lowering.tw. (564) 55 cholesterol lowering.tw. (358) 56 46 or 53 or 54 or 55 (4477) 57 52 and 56 (1528) 58 35 and 57 (76) 59 58 not 48 (44) 60 from 59 keep 1-43 (43) 61 8 or 9 or 10 or 49 or 50 or 51 (5331) 62 35 and 61 (219) 63 62 not 58 (143) |
|---|--|

TABLE 74 Electronic databases searched for the review of cost-effectiveness

CINAHL
Cochrane Library
DARE-NHS EED-HTA
EMBASE
MEDLINE
OHE HEED
Web of Science

Cochrane Library (CDSR, CENTRAL, DARE, HTA)

Issue 2, 2006

Wiley version

Search undertaken between April and June 2006

- 9 ezetimibe in All Fields in all products
- 10 ezetrol in All Fields in all products
- 11 zetia in All Fields in all products
- 12 vytorin in All Fields in all products
- 13 inegy in All Fields in all products
- 14 #1 OR #2 OR #3 OR #4 OR #5
- 15 hypercholesterolaemia or hypercholesterolemia in All Fields in all products
- 16 #6 AND #7

DARE-NHS EED-HTA

Data coverage not known (approximately 1994–2006)

CRD website version

Search undertaken between April and June 2006

((ezetimibe OR ezetrol OR zetia OR vytorin OR inegy) AND (hypercholesterolemia OR hypercholesterolaemia))

EMBASE

1980–2006

Ovid Online version

Search undertaken between April and June 2006

- 1 ezetimibe.tw.
- 2 ezetrol.tw.
- 3 zetia.tw.
- 4 vytorin.tw.
- 5 inegy.tw.
- 6 "163222-33-1".rn.
- 7 Ezetimibe/
- 8 or/1-7
- 9 hypercholesterolaemia.mp. or hypercholesterolemia.af. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name]
- 10 socioeconomic/
- 11 "Cost Benefit Analysis"/
- 12 "Cost Effectiveness Analysis"/
- 13 "Cost of Illness"/
- 14 "Cost Control"/
- 15 Economic Aspect/
- 16 Financial Management/
- 17 "Health Care Cost"/
- 18 Health Care Financing/
- 19 Health Economics/
- 20 "Hospital Cost"/
- 21 (fiscal or financial or finance or funding).tw.
- 22 Cost minimization analysis/
- 23 (cost adj estimate\$.)mp.
- 24 (cost adj variable\$.)mp.
- 25 (unit adj cost\$.)mp.
- 26 "Quality of Life"/ or Quality Adjusted Life Year/
- 27 quality adjusted life.tw.
- 28 (qaly\$ or qald\$ or qale\$ or qtime\$.)tw.
- 29 disability adjusted life.tw.
- 30 daly\$.tw.
- 31 health status indicators/
- 32 (sf36 or sf 36 or short form 36 or shortform 36 or sf thirtysix or sf thirty six or shortform thirtysix or shortform thirty six or short form thirtysix or short form thirty six).tw. (5199)
- 33 (sf6 or sf 6 or short form 6 or shortform 6 or sf six or sfsix or shortform six or short form six).tw.
- 34 (sf12 or sf 12 or short form 12 or shortform 12 or sf twelve or sftwelve or shortform twelve or short form twelve).tw.
- 35 (sf16 or sf 16 or short form 16 or shortform 16 or sf sixteen or sfsixteen or shortform sixteen or short form sixteen).tw.
- 36 (sf20 or sf 20 or short form 20 or shortform 20 or sf twenty or sftwenty or shortform twenty or short form twenty).tw.
- 37 (euroqol or euro qol or eq5d or eq 5d).tw.
- 38 (hql or hqol or h qol or hrqol or hr qol).tw.
- 39 (hye or hyes).tw.
- 40 health\$ year\$ equivalent\$.tw.
- 41 health utilit\$.tw.
- 42 (hui or hui1 or hui2 or hui3).tw.
- 43 disutili\$.tw.
- 44 rosser.tw.
- 45 quality of wellbeing.tw.
- 46 qwb.tw.
- 47 willingness to pay.tw.
- 48 standard gamble\$.tw.
- 49 time trade off.tw.
- 50 time tradeoff.tw.
- 51 tto.tw.
- 52 exp models, economic/
- 53 *models, theoretical/
- 54 *models, organizational/
- 55 economic model\$.tw.
- 56 markov chains/
- 57 markov\$.tw.
- 58 monte carlo method/
- 59 monte carlo.tw.
- 60 exp decision theory/
- 61 (decision\$ adj2 (tree\$ or analy\$ or model\$)).tw.
- 62 letter.pt.
- 63 editorial.pt.
- 64 comment.pt.
- 65 or/62-64
- 66 or/10-61
- 67 66 not 65
- 68 8 and 9 and 67

MEDLINE

1966–2006

Ovid Online

Search undertaken between April and June 2006

- 1 ezetimibe.tw.
- 2 ezetrol.tw.
- 3 zetia.tw.
- 4 vytorin.tw.
- 5 inegy.tw.
- 6 "163222-33-1".rn.
- 7 or/1-6
- 8 hypercholesterolemia.af.
- 9 hypercholesterolaemia.af.
- 10 8 or 9
- 11 Economics/
- 12 exp "Costs and Cost Analysis"/
- 13 economic value of life/
- 14 exp economics hospital/
- 15 exp economics medical/
- 16 economics nursing/
- 17 exp models economic/
- 18 Economics, Pharmaceutical/
- 19 exp "Fees and Charges"/
- 20 exp budgets/
- 21 ec.fs.
- 22 (cost or costs or costed or costly or costing\$.tw.
- 23 (economic\$ or pharmacoecomomic\$ or price\$ or pricing\$.tw.

24 quality adjusted life years/

25 (qaly or qaly\$.af.

26 or/11-25

27 7 and 10 and 26

OHE HEED

Web version

Search undertaken April–June 2006

Ezetimibe

Web of Science

1900–2006

Web of Knowledge version

Search undertaken between April and June 2006

- #1 TS=(hypercholesterolemia OR hypercholesterolaemia) DocType=All document types; Language=All languages; Databases=SCI-EXPANDED, SSCI; Timespan=1900-2006
- #2 TS=(ezetimibe OR ezetrol OR zetia OR vytorin OR inegy) DocType=All document types; Language=All languages; Databases=SCI-EXPANDED, SSCI; Timespan=1900-2006
- #3 #1 AND #2 DocType=All document types; Language=All languages; Databases=SCI-EXPANDED, SSCI; Timespan=1900-2006

Appendix 23

Searches undertaken to inform model development

This appendix maps out the evidence base used to inform the development of the independent economic model and provides an overview of the methods used to identify the evidence. A description of the categories of evidence used is presented first. Next, each individual source is listed together with details of how the source was identified and how it was used in the model. Lastly, the keyword strategies of searches undertaken to inform the model and a brief description of the scope of search are provided.

Key sources of evidence

The source of the evidence base used to inform the development of the model can be classified into the key categories listed in *Table 75*.

Individual sources identified within these key categories are listed in *Table 76*.

Individual sources of evidence

The individual sources which make up the key categories of evidence are listed in *Table 76* with details of how each source was identified and how each source was used in the model.

TABLE 75 Key sources of evidence used to inform the model

Review of clinical effectiveness	Assessment of clinical effectiveness of ezetimibe presented in earlier section of the present report
Economic analysis previously undertaken by authors	Assessment of statin treatment undertaken to inform NICE statin guidance ³⁹
Searches undertaken to inform model development	See below
Searches undertaken to inform the review of cost-effectiveness	See Appendix 22
Searches undertaken to inform the review of clinical effectiveness	See Appendix 2
<i>Ad hoc</i> searches	
Evidence known to authors	
Expert opinion	
Reference sources (e.g. BNF)	

TABLE 76 Individual sources of evidence used to inform model development

Source	Use(s) in the model	Process of identification (originating key source)
Anderson <i>et al.</i> , 1991 ⁷⁷	Informing the approach to modelling surrogate to clinical end-points Support assumptions relating to HeFH population Support assumptions relating to baseline CVD risk	Searches undertaken to inform model development
Baigent <i>et al.</i> , 2005 ⁷⁹	Informing the approach to modelling surrogate to clinical end-points Translate changes in LDL-c (surrogate end-point) to reductions in CVD events (clinical end-point) Support assumption relating to no impact of treatment on fatal Str	Searches undertaken to inform model development
Bamford <i>et al.</i> , 1988 ¹⁷⁷	Support assumptions relating to baseline CVD risk distribution	Economic analysis previously undertaken by authors ³⁹
BARI, 1991 ¹⁹⁴	Provide stable angina HRQoL utility estimate	Economic analysis previously undertaken by authors ³⁹

continued

TABLE 76 Individual sources of evidence used to inform model development (cont'd)

Source	Use(s) in the model	Process of identification (originating key source)
Bates, 1989 ¹⁶⁷	Support modelling search methods	Evidence known to authors
BNF, 2006 ³⁸	Provide medication cost estimates	Reference source
Bots and Kastelein 2005 ¹⁷⁹	Inform baseline secondary event risks	Searches undertaken to inform model development
Brindle <i>et al.</i> , 2003 ⁹³	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Brindle <i>et al.</i> , 2005 ⁹⁸	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Brindle <i>et al.</i> , 2006 ⁹²	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
British Heart Foundation Database ¹⁷⁸	Inform baseline secondary event risks	Expert advice
Chen <i>et al.</i> , 1991 ⁸¹	Informing the approach to modelling surrogate to clinical end-points	?
Clarke <i>et al.</i> , 2003 ¹⁵⁵	Provide fatal MI cost estimate	Economic analysis previously undertaken by authors ³⁹
Colhoun <i>et al.</i> , 2004 ¹⁰³	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Cooper <i>et al.</i> , 2005 ⁸⁸	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Curtis and Netten, 2005 ¹⁸⁹	Provide GP contact cost estimates Provide Practice Nurse cost estimates	Reference source
Curtis and Netten, 2006 ¹⁵⁴	Adjust cost estimates to 2006	Reference source
D'Agostino <i>et al.</i> , 2000 ⁸⁷	Informing the approach to modelling surrogate to clinical end-points Support assumptions relating to baseline CVD risk	Economic analysis previously undertaken by authors ³⁹
De Sauvage Nolting, 2003 ²⁶⁰	Support assumptions relating to HeFH population	Searches undertaken to inform model development
Dennis <i>et al.</i> , 1993 ²⁶¹	Support assumptions relating to baseline CVD risk distribution	Economic analysis previously undertaken by authors ³⁹
Department of Health, 2003 ²⁶²	Support assumptions relating to HeFH population	Expert advice
Empana <i>et al.</i> , 2003 ⁹⁴	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Expert advice (various sources)	Provide references to other sources of evidence used to support model Support assumptions relating to HeFH population Support assumptions relating to non-European groups Inform choice of treatment comparators Inform treatment regimen scenarios Support assumptions relating to baseline secondary event risk Inform TIA HRQoL utility estimate Inform second and third event HRQoL utility estimate	Advisers to current analysis
German, 2006 ⁸⁹	Informing the approach to modelling surrogate to clinical end-points	Undertaken as part of current analysis
Glick and Kinoshian, 1995 ²⁶⁴	Informing the approach to modelling surrogate to clinical end-points	Economic analysis previously undertaken by authors ³⁹

continued

TABLE 76 Individual sources of evidence used to inform model development (cont'd)

Source	Use(s) in the model	Process of identification (originating key source)
Goodacre <i>et al.</i> , 2004 ¹⁹⁵	Provide unstable angina HRQoL utility estimate Provide MI HRQoL utility estimate	Economic analysis previously undertaken by authors ³⁹
Gould, 1998 ⁸⁴	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Government Actuary Life Tables ²⁰⁵	Inform assumptions relating to non-vascular mortality	Reference source
Gray and Hapton, 1993 ¹⁸⁰	Support assumptions relating to baseline secondary event risk	Expert advice
Grieve <i>et al.</i> , 2003 ⁹⁰	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Grundy <i>et al.</i> , 2004 ⁸²	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Haacke <i>et al.</i> , 2006 ¹⁹⁸	Inform TIA HRQoL utility estimate	Searches undertaken to inform model development
Health Survey for England 2003 ²⁶⁵	Support assumptions relating to baseline CVD risk Support assumptions relating to baseline CVD risk distribution	Reference source
Hense <i>et al.</i> , 2003 ⁹⁵	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Hobbs, 2006 ²⁰⁴	Inform assumptions relating to compliance	Searches undertaken to inform model development
Jurgensen, 2006 ⁹⁷	Informing the approach to modelling surrogate to clinical end-points	?
Juul-Moller, 1992 ¹⁸³	Support assumptions relating to baseline secondary event risk	Expert advice
Kim <i>et al.</i> , 2007 ¹⁹⁶	Inform unstable angina HRQoL utility estimate	Searches undertaken to inform model development
Kind <i>et al.</i> , 1998 ¹⁹⁹	Provide TIA HRQoL utility estimate Inform HRQoL utility by age	Reference source
Kirby <i>et al.</i> , 2006 ⁴⁵	Inform choice of treatment comparators Inform assumptions relating to compliance	Searches undertaken for review of cost-effectiveness
Knopp, 1999 ⁶⁷	Inform choice of treatment comparators Provide evidence of clinical effectiveness of statin titration	Searches undertaken for review of clinical effectiveness
Lacey and Walters, 2003 ¹⁹⁷	Inform MI HRQoL utility estimate	Searches undertaken to inform model development
Law <i>et al.</i> , 2003 ⁸³	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Law and Singh, 2006 ¹⁰⁵	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Leeds <i>et al.</i> , 2004 ²⁰²	Inform Str HRQoL utility estimate	Searches undertaken to inform model development
Lenzen <i>et al.</i> , 2006 ¹⁹³	Inform stable angina HRQoL utility estimate	Searches undertaken to inform model development
Leren, 2004 ²⁶⁶	Support assumptions relating to HeFH population	Search undertaken to inform review of cost-effectiveness
SIGN Lipid Guidelines ²⁹	Inform treatment regimen scenarios	Searches undertaken to inform review of clinical effectiveness
LRCCPPT, 1984 ¹⁶⁸	Inform choice of treatment comparators	Searches undertaken to inform model development

continued

TABLE 76 Individual sources of evidence used to inform model development (cont'd)

Source	Use(s) in the model	Process of identification (originating key source)
Marang-van de Mheen <i>et al.</i> , 2002 ²⁷¹	Support assumptions relating to HeFH population	Searches undertaken to inform model development
Marks <i>et al.</i> , 2003 ¹⁹	Support assumptions relating to HeFH population	<i>Ad hoc</i> searches
Marks <i>et al.</i> , 2000 ²⁶⁸	Support assumptions relating to HeFH population	Expert advice
Marks <i>et al.</i> , 2002 ²⁶⁷	Support assumptions relating to HeFH population	Expert advice
Morris, 1997 ²⁶⁹	Support Markov modelling approach	Searches undertaken to inform model development
Mortality Statistics, 2001 ²⁰⁵	To inform estimate relating to non-vascular mortality	Reference source
Mueck and Seeger, 2002 ¹⁷¹	Support Markov modelling approach	Evidence known to authors
Neaton <i>et al.</i> , 1992 ⁷⁸	Informing the approach to modelling surrogate to clinical end-points	Economic analysis previously undertaken by authors ³⁹
Newson and Humphries, 2005 ²⁷⁰	Support assumptions relating to HeFH population	Expert advice
NHS Reference Costs, 2005 ¹⁹²	Provide monitoring test cost estimates	Reference source
NICE ¹⁷²	Support model perspective Support assumptions relating to baseline CVD risk distribution	Reference source
NICE ³⁹	Support assumption relating to event rates for diabetes population Support assumption in modelling link between surrogate and clinical end-points Support assumption relating to no impact of treatment on fatal Str Support model perspective Inform treatment scenarios Provide references to sources of cost estimates Provide cost estimates (stable angina, unstable angina, TIA) Provide references to sources of HRQoL utilities for health states	Economic analysis previously undertaken by authors ³⁹
NICE ³⁹	Inform choice of treatment comparators Inform treatment regimen scenarios Evidence known to authors	Economic analysis previously undertaken by authors ³⁹
Palmer <i>et al.</i> , 2002 ¹⁹⁰	Provide non-fatal MI cost estimate	
Pearson <i>et al.</i> , 2000 ¹⁶⁵	Inform choice of treatment comparators	Review of clinical effectiveness
Pedersen <i>et al.</i> , 2004 ¹⁸⁵	Support assumption relating to no benefits from treatment in first year	Searches undertaken to inform model development
Pickard <i>et al.</i> , 2005 ²⁰³	Inform Str HRQoL utility estimate	Searches undertaken to inform model development
Prescription Cost Analysis 2005, 2006 ⁴³	Inform choice of treatment comparators Inform treatment regimen scenarios Provide estimated weighted cost of statin treatment	Reference source
Prescription Rates (Wales), 2005 ⁴⁴	Inform treatment regimen scenarios	Reference source
Review of clinical effectiveness	Support assumptions relating to baseline LDL-c levels Provide clinical effectiveness evidence to populate model Provide references to sources of background evidence	Undertaken as part of current analysis

continued

TABLE 76 Individual sources of evidence used to inform model development (cont'd)

Source	Use(s) in the model	Process of identification (originating key source)
Robinson <i>et al.</i> , 2005 ⁸⁵	Informing the approach to modelling surrogate to clinical end-points	<i>Ad hoc</i> searches
Rothwell <i>et al.</i> , 2004 ¹⁸²	Support assumptions relating to baseline CVD risk distribution	Economic analysis previously undertaken by authors ³⁹
Sacks <i>et al.</i> , 1996 ¹⁸⁶	Support assumption relating to no benefits from treatment in first year	Economic analysis previously undertaken by authors ³⁹
Schwartz <i>et al.</i> , 2001 ¹⁸⁷	Support assumption relating to no benefits from treatment in first year	Economic analysis previously undertaken by authors ³⁹
Sever <i>et al.</i> , 2003 ²⁷²	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Simon Broome Register, 1991 ²⁷³	Support assumptions relating to HeFH population	Expert advice
Sonnenberg and Beck, 1993 ¹⁷⁰	Support Markov modelling approach	Evidence known to authors
Stamler <i>et al.</i> , 1993 ⁸⁰	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Stein <i>et al.</i> , 2004 ¹¹⁸	Support assumptions relating to HeFH population	Review of clinical effectiveness
Stevens <i>et al.</i> , 2001 ⁸⁶	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Sutcliffe <i>et al.</i> , 2003 ¹⁷⁵	Support assumptions relating to baseline CVD risk distribution	Economic analysis previously undertaken by authors ³⁹
Tengs and Lin, 2003 ²⁰⁰	Inform Str HRQoL utility estimate	Economic analysis previously undertaken by authors ³⁹
Thomsen <i>et al.</i> , 2002 ⁹⁶	Informing the approach to modelling surrogate to clinical end-points	Searches undertaken to inform model development
Van Exel <i>et al.</i> , 2004 ²⁰¹	Inform Str HRQoL utility estimate	Economic analysis previously undertaken by authors ³⁹
Williams and Stevens, 2003 ⁴²	Inform choice of treatment comparators	Searches undertaken to inform review of cost-effectiveness
Wolfe <i>et al.</i> , 2002 ¹⁸¹	Support assumptions relating to baseline secondary event risk	Searches undertaken to inform model development
WOSCOPS, 1997 ¹⁰⁴	Informing the approach to modelling surrogate to clinical end-points	Economic analysis previously undertaken by authors ³⁹
Youman <i>et al.</i> , 2003 ¹⁹¹	Provide Str cost estimates Inform Str HRQoL utility estimate	Economic analysis previously undertaken by authors ³⁹

Searches undertaken to inform the model

Cholesterol models search

Scope	Existing HTA cholesterol-lowering models
Purpose	To update awareness of existing models
Sources searched	DARE MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	56 references selected from search 14 full papers consulted

DARE

Hypercholesterolaemia or
hypercholesterolemia/All fields AND model/All
fields (73 hits)

Cholesterol/All fields AND model/All fields
ANDNOT Hypercholesterolaemia or
hypercholesterolemia/All fields (121 hits)

MEDLINE

- 1 (hypercholesterol?emia and model).tw. (1014)
- 2 limit 1 to yr="2004 - 2006" (190)
- 3 from 2 keep 5-6,20,43,107,115,118,138,156 (9)
- 4 (hypercholesterol?emia and markov).tw. (7)
- 5 from 3 keep 1-9 (9)

Cholesterol level as a predictor of coronary/cardiovascular events

Scope	Cholesterol level as a predictor of coronary/CV events
Purpose	To explore the evidence on the link between cholesterol and clinical events
Sources searched	MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	281 references selected from search 26 full papers consulted

MEDLINE

- 1 hypercholesterol?emia.ti. (5483)
- 2 markov.ti. (914)
- 3 1 and 2 (0)
- 4 bayes\$.ti. (2521)
- 5 1 and 4 (0)
- 6 decision\$.ti. (21608)
- 7 1 and 6 (3)
- 8 from 7 keep 1-3 (3)
- 9 regression analysis.ti. (1016)
- 10 1 and 9 (0)
- 11 algorithm\$.ti. (7701)
- 12 1 and 11 (0)
- 13 artificial intelligence.ti. (336)
- 14 1 and 13 (0)
- 15 computer simulation.ti. (1745)
- 16 1 and 15 (0)
- 17 expert systems.ti. (328)
- 18 1 and 17 (0)
- 19 forecast\$.ti. (1492)
- 20 1 and 19 (0)
- 21 model\$.ti. (187322)
- 22 1 and 21 (76)
- 23 22 not 7 (76)
- 24 limit 23 to humans [Limit not valid in: Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations; records were retained] (28)

- 25 from 24 keep 5,12,15,20,24 (5)
- 26 associat\$.ti. (282207)
- 27 1 and 26 (171)
- 28 from 27 keep 4,6,10,12,21,24,31,35-36,42-43,52,60,62,64,70,74,83,93,110,131,151 (22)
- 29 correlat\$.ti. (87892)
- 30 1 and 29 (18)
- 31 surrogate.ti. (1923)
- 32 1 and 31 (0)
- 33 predict\$.ti. (79627)
- 34 1 and 33 (23)
- 35 from 34 keep 2-8,10,13,18,22 (11)
- 36 univariate analysis.ti. (21)
- 37 1 and 36 (0)
- 38 multivariate analysis.ti. (2077)
- 39 1 and 38 (0)
- 40 cardio\$.ti. (113859)
- 41 1 and 40 (96)
- 42 from 41 keep 1-4,6,11-12,14,16-18,20-25,30-31,45-46,48,55-56,64,66-67,70,78-79,82-83,89,91-92 (35)
- 43 coronary.ti. (101071)
- 44 1 and 43 (346)
- 45 7 or 22 or 27 or 30 or 34 or 41 (369)
- 46 44 not 45 (307)
- 47 from 46 keep 6,11,14,17,19-20,27,39,45-46,48,64-65,67-68,86,97,100,118,123,126,138,156,161,171-173,175,180,203-204,209-210,221-223,227,229,234-237,239-241,249,252,268,278-279,288,306 (52)
- 48 8 or 25 or 28 or 35 or 42 or 47 (126)
- 49 (cholesterol\$ and surrogate).tw. (248)
- 50 (cholesterol\$ and surrogate).ti. (0)
- 51 cholesterol.ti. and surrogate.ab. (33)
- 52 from 51 keep 20,26,29-30 (4)
- 53 48 or 52 (130)**
- 1 (hypercholesterol\$ or cholesterol).tw. (119937)
- 2 model\$.tw. (816826)
- 3 1 and 2 (11115)
- 4 ((hypercholesterol\$ or cholesterol) and model\$.ti. (525)
- 5 limit 4 to humans [Limit not valid in: Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations; records were retained] (186)
- 6 from 5 keep 5,19,26,29,36,47,57,72,77,83,104,113,116-117,120,138,141,144,149,177-178 (21)
- 7 ((hypercholesterol\$ or cholesterol) and model\$.tw. (11115)
- 8 (coronary or cardio\$ or risk\$.tw. (963900)
- 9 7 and 8 (3582)
- 10 (coronary or cardio).tw. (199012)
- 11 7 and 10 (1632)
- 12 limit 11 to humans [Limit not valid in: Ovid MEDLINE(R) In-Process & Other Non-

- Indexed Citations; records were retained]
(1351)
- 13 12 not 4 (1330)
- 14 from 13 keep 3,5,8,17-19,22-23,28,31-34 (13)
- 15 risk.tw. (585614)
- 16 (correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$).tw. (2353947)
- 17 (cardio\$ or coronary or cardiac\$).tw. (604311)
- 18 7 and 15 and 16 and 17 (1475)
- 19 ((correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$) adj6 (cardio\$ or coronary or cardiac\$)).tw. (50770)
- 20 7 and 15 and 18 (1475)
- 21 ((correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$) adj3 (cardio\$ or coronary or cardiac\$)).tw. (27951)
- 22 7 and 15 and 21 (421)
- 23 from 22 keep 6,8,13,15-16,26-27,29,34-35,42,45,47,56-57,80,86,91,93-94,96,99,101,104,111-113,115,118,126,128,132,138-140,149-150,152-153,155-156,165-166,177,189,195,197,200,203,205,210,218,223-224,226,233,235,238,244,246-247,250,255,257,259,263-264,266,269-270,275-276,278-280,285,287-288,291,296-297,301,309,315-316,318,321,332,335,342-345,347,351,358-359,361,363,365,367-368,370-373,376,379,383,385-387,389-390,394,396,398,400-401,404,406-407,411,413-415,417-421 (131)
- 24 6 or 23 (151)

Quantitative links between cholesterol lowering and clinical events

Scope	Specified quantitative links between cholesterol lowering and clinical events
Purpose	To explore the link used by CTTCs
Sources searched	MEDLINE Web of Science Google
Type of search	Berrypicking search (keyword combinations, chaining) ¹⁶⁷
Results	28 references selected from search 9 full papers consulted

Chaining search

Starting reference

Baignet C and colleagues. Efficacy and safety of cholesterol-lowering treatment: prospective meta-analysis of data from 90,056 participants in 14 randomised trials of statins. *Lancet* 2005;**366**: 1267-78.

MEDLINE

- 1 law m\$.au. (741)
- 2 limit 1 to yr="2003" (65)
- 3 "12829526".ui. (1)
- 4 1 mmol.ti. (1)
- 5 mmol.ti. (83)
- 6 1mmol.tw. (22)
- 7 1 mmol.tw. (3102)
- 8 >1 mmol.tw. (3102)
- 9 (1 mmol or 1mmol).tw. (3121)
- 10 (cholesterol or ldl).tw. (125031)
- 11 (reduc\$ or chang\$).tw. (2351251)
- 12 ((1 mmol or 1mmol) adj6 (cholesterol or ldl) adj6 (reduc\$ or chang\$)).tw. (8)
- 13 baigent c\$.au. (44)
- 14 limit 13 to yr="2005" (6)
- 15 (mmol adj6 (cholesterol or ldl) adj6 (reduc\$ or chang\$)).tw. (298)
- 16 (mmol adj6 (cholesterol or ldl) adj6 (reduc\$ or chang\$)).tw. (298)
- 17 ((1 mmol or 1mmol or "1 0 mmol") adj6 (cholesterol or ldl) adj6 (reduc\$ or chang\$)).tw. (8)
- 18 ((1 mmol or 1mmol or "1?0 mmol") adj6 (cholesterol or ldl) adj6 (reduc\$ or chang\$)).tw. (8)
- 19 from 18 keep 4,6-7 (3)**
- 20 from 16 keep 9,40,43,46-47,55,64,73,76,79,83,102,106,132,152,164,196,218-219,221,224,283 (22)**

Framingham search

Scope	Evaluation of Framingham risk equation
Purpose	To explore the uncertainties associated with the use of Framingham as a predictor of clinical events
Sources searched	MEDLINE Web of Science Google
Type of search	Berrypicking search (keyword combinations, chaining) ¹⁶⁷
Results	55 references selected from search 25 full papers consulted

Chaining search

Starting references

Brindle P. What are your chances of having a heart attack? *University of Bristol Research News*. March 2004; 19. (<http://www.bris.ac.uk/researchreview/2004/1113903134>; accessed 7 November 2006).

MEDLINE

- 1 framingham.af. (3298)

- 2 framingham.ti. (1086)
 3 risk.af. (794057)
 4 1 and 3 (1993)
 5 2 and 3 (756)
 6 cholesterol.af. (148539)
 7 5 and 6 (281)
 8 1 and 3 and 6 (789)
 9 framingham.ti. (1086)
 10 risk.ti. (131788)
 11 cholesterol (32949)
 12 9 and 10 and 11 (10)
 13 10 and 11 and 1 (35)
 14 from 13 keep 1,5,7,9,11,17... (10)
 15 (critic\$ and framingham).ti. (0)
 16 (critic\$ and framingham).tw. (37)
 17 from 16 keep 14,24-25 (3)
18 14 or 17 (12)
 19 (critic\$ adj6 framingham).tw. (0)
- 1 framingham risk score.ti. (17)
 2 from 1 keep 3,9-10,15 (4)
 3 framingham risk score.tw. (132)
 4 from 3 keep
 10,17,33,63,77,86,89,98,110,116,130 (11)
 5 ((accurac\$ or predictive or valid\$) adj6
 framingham).ti. (8)
 6 from 5 keep 1-3,5-7 (6)
 7 ((accurac\$ or predictive or valid\$) adj6
 framingham).tw. (38)
 8 from 7 keep 1,5,7-8,11-12,17-20,23,26,29-
 32,34 (17)
9 2 or 4 or 6 or 8 (28)

Modelling 'biomarkers with time lag'

Scope	Methods papers on modelling the time lag between biomarker and event
Purpose	To explore methods for modelling surrogate outcomes where there is a time lag between the surrogate and the event
Sources searched	MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	26 references selected from search 5 full papers consulted

MEDLINE

- 1 (marker\$ and future).mp. and model\$.ti.
 [mp=ti, ot, ab, nm, hw] (109)
 2 (marker\$ and future and model\$.ti. (1)
 3 (marker\$ adj3 future adj3 model\$.tw. (3)
 4 (risk\$ adj3 future adj3 model).ti. (1)
 5 (risk\$ adj3 future adj3 model).tw. (8)

- 6 from 5 keep 5 (1)
 7 (time lag and model\$.ti. (7)
 8 (time lag and model\$.tw. (316)
 9 timelag.tw. (10)
**10 from 8 keep
 61,127,157,162,245,249,252,257,297,316 (10)**
- 1 ((marker\$ or biomarker\$ or surrogate\$ or
 prox\$) and event\$.ti. (173)
 2 model\$.ti. (189407)
 3 1 and 2 (6)
 4 from 3 keep 1-2,4-5 (4)
 5 ((marker\$ or biomarker\$ or surrogate\$ or
 prox\$) and event\$ and model\$.tw. (2696)
 6 risk.tw. (590491)
 7 5 and 6 (494)
 8 ((marker\$ or biomarker\$ or surrogate\$ or
 prox\$) adj6 event\$ adj6 model\$.tw. (14)
 9 (((marker\$ or biomarker\$ or surrogate\$ or
 prox\$) adj6 event\$) and model\$.tw. (239)
 10 (((marker\$ or biomarker\$ or surrogate\$ or
 prox\$) adj6 event\$) and model\$.ti. (6)
 11 from 9 keep 15,38,47,102,114,176,188 (7)
 12 7 not 9 (439)
13 4 or 11 (11)
- 1 (risk\$ adj3 future adj3 model\$.tw. (20)
2 from 1 keep 5,10 (2)
- 1 (endpoint\$ and event\$.ti. (15)
 2 from 1 keep 11 (1)
 3 (endpoint\$ and event\$.tw. (3127)
 4 (endpoint\$ and event\$ and model\$.tw. (374)
 5 ((endpoint\$ adj6 event\$) and model\$.tw. (58)
6 from 5 keep 52-53,58 (3)

Indirect comparators

Scope	Comparator treatments other than statins
Purpose	To provide an overview of comparator treatments in the absence of head-to-head comparisons (with a view to undertaking indirect comparisons in the model)
Sources searched	MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	94 references selected from search 30 full papers consulted

MEDLINE

- 1 hypercholesterol?emia.ti. (5468)
 2 resin\$.ti. (11561)

- 3 1 and 2 (15)
 4 colestyramine.ti. (8)
 5 1 and 4 (3)
 6 colestipol.ti. (166)
 7 1 and 6 (41)
 8 fibrate\$.ti. (304)
 9 1 and 8 (5)
 10 bezafibrate.ti. (473)
 11 1 and 10 (35)
 12 ciprofibrate.ti. (186)
 13 1 and 12 (3)
 14 fenofibrate.ti. (518)
 15 1 and 14 (24)
 16 nicotinic.ti. (6639)
 17 1 and 16 (10)
 18 nicotinic acid.ti. (1390)
 19 1 and 18 (10)
 20 acipimox.ti. (124)
 21 1 and 20 (3)
 22 omega 3.ti. (1311)
 23 1 and 22 (3)
 24 cholestyramine.ti. (806)
 25 1 and 24 (84)
 26 clofibrate.ti. (1471)
 27 1 and 26 (18)
 28 gemfibrozil.ti. (546)
 29 1 and 28 (29)
 30 3 or 5 or 7 or 9 or 11 or 13 or 15 or 19 or 21
 or 23 or 25 or 27 or 29 (240)
 31 ezetimibe.ti. (186)
 32 30 and 31 (1)
 33 randomized controlled trial.pt. (225361)
 34 30 and 33 (93)
35 32 or 34 (94)

Indirect comparators – nicotinic acid

Scope	Trials of nicotinic acid vs placebo
Purpose	To identify trials of nicotinic acid vs placebo (with a view to making an indirect comparison in the model)
Sources searched	MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	73 references selected from search 23 full papers consulted

MEDLINE

- 1 nicotinic acid.ti. (1434)
 2 hypercholesterol?emia.ti. (5483)
 3 1 and 2 (10)
 4 limit 3 to randomized controlled trial (1)
 5 placebo.tw. (98789)
 6 1 and 5 (19)
 7 6 not 3 (18)
 8 from 7 keep 1-2,5,9 (4)
 9 nicotinic acid.ab. (2094)
 10 9 not 1 (1557)
 11 5 and 10 (51)
 12 from 11 keep 1-2,13,16-17,19,26,38,48 (9)
 13 nicotinic acid.af. (3022)
 14 placebo.af. (111331)
 15 13 and 14 (99)
 16 4 or 7 or 11 (70)
 17 15 not 16 (29)
 18 from 17 keep 1,12 (2)
 19 niaspan.ti. (12)
 20 4 or 7 or 11 or 15 (99)
 21 19 not 20 (11)
 22 placebo.tw. (98789)
 23 21 and 22 (4)
 24 from 23 keep 2-4 (3)
 25 niaspan.tw. (24)
 26 placebo.tw. (98789)
 27 25 and 26 (7)
 28 4 or 7 or 11 or 15 or 23 (103)
 29 27 not 28 (1)
 30 from 29 keep 1 (1)
 31 niaspan.af. (24)
 32 placebo.af. (111331)
 33 31 and 32 (7)
 34 4 or 7 or 11 or 15 or 23 or 29 (104)
 35 33 not 34 (0)
 36 niacin.ti. (817)
 37 placebo.tw. (98789)
 38 36 and 37 (56)
 39 4 or 7 or 11 or 15 or 23 or 29 (104)
 40 38 not 39 (43)
 41 from 40 keep 1,6,8-9,11,13,15,17-18,25,28-
 31,35-38,41-42 (20)
 42 niacin.tw. (1942)
 43 placebo.tw. (98789)
 44 42 and 43 (105)
 45 4 or 7 or 11 or 15 or 23 or 29 or 40 (147)
 46 44 not 45 (48)
 47 from 46 keep 1,3,5,7,12-13,16,24-25,27-29,31-
 34,39-42,44-45 (22)
 48 niacin.af. (3135)
 49 placebo.af. (111331)
 50 48 and 49 (137)
 51 4 or 7 or 11 or 15 or 23 or 29 or 40 or 46 (195)
 52 50 not 51 (15)
 53 from 52 keep 1,4-5,10,13 (5)
 54 acipimox.ti. (124)
 55 placebo.tw. (98789)
 56 54 and 55 (39)
 57 4 or 7 or 11 or 15 or 23 or 29 or 40 or 46 or
 52 (210)
 58 56 not 57 (24)
 59 from 58 keep 18-24 (7)
 60 acipimox.af. (233)

- 61 placebo.af. (111331)
62 60 and 61 (70)

Indirect comparators – resins

Scope	Trials of resins vs placebo
Purpose	To identify trials of resins vs placebo (with a view to making an indirect comparison in the model)
Sources searched	MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	67 references selected from search 14 full papers consulted

- 63 4 or 7 or 11 or 15 or 23 or 29 or 40 or 46 or 52 or 58 (234)
64 62 not 63 (24)
65 8 or 12 or 18 or 24 or 30 or 41 or 47 or 53 or 59 (73)

MEDLINE

- 1 hypercholesterol?emia.ti. (5496)
- 2 resin\$.ti. (11627)
- 3 1 and 2 (15)
- 4 cholestyramine.ti. (810)
- 5 1 and 4 (84)
- 6 colestipol.ti. (166)
- 7 1 and 6 (41)
- 8 3 or 5 or 7 (137)
- 9 limit 8 to randomized controlled trial (48)
- 10 placebo.tw. (99126)
- 11 8 and 10 (25)
- 12 11 not 9 (8)
- 13 from 12 keep 1-4 (4)
- 14 resin\$.tw. (29523)
- 15 cholestyramine.tw. (1940)
- 16 colestipol.tw. (338)
- 17 or/14-16 (31388)
- 18 hypercholesterol?emia.tw. (15081)
- 19 placebo.tw. (99126)
- 20 17 and 18 and 19 (65)
- 21 20 not (9 or 12) (40)
- 22 from 21 keep 3-4,7-10,13-15,17-18,20-26,29-30,32,34-36,38 (25)
- 23 (resin\$ or cholestyramine or colestipol).af. (54020)
- 24 hypercholesterol?emia.af. (26072)
- 25 placebo.af. (111683)
- 26 23 and 24 and 25 (123)
- 27 26 not (9 or 12 or 21) (58)
- 28 from 27 keep 1-5,7-8,12,14,16-17,20,22-26,28-29,31,35,38-40,42,44-47,49,51-58 (38)
- 29 13 or 22 or 28 (67)**

Triglycerides search

Scope	TG as a predictor of coronary or CV events
Purpose	To inform the decision as to whether to include fibrates as a comparator treatment
Sources searched	MEDLINE
Type of search	Berrypicking search (keyword combinations) ¹⁶⁷
Results	73 references selected from search 43 full papers consulted

MEDLINE

- 1 (triglycer\$ and risk and (cardio\$ or coronary or cardiac\$) and (correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$)).tw. (4960)
- 2 (triglycer\$ and risk and ((cardio\$ or coronary or cardiac\$) adj3 (correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$))).tw. (1039)
- 3 model\$.tw. (828366)
- 4 2 and 3 (165)
- 5 from 4 keep 3,10,20,29,39-40,46,48,54,59-60,64,66,71-72,81,84,88,94,96,99,103,106,128,141,143,146,149-150,153-157,159-161,165 (38)
- 6 (triglycer\$ adj3 risk adj3 (cardio\$ or coronary or cardiac\$) adj3 (correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$)).tw. (4)
- 7 6 not 4 (3)
- 8 from 7 keep 2 (1)
- 9 (triglycer\$ adj6 risk adj6 (cardio\$ or coronary or cardiac\$) adj6 (correlat\$ or associat\$ or forecast\$ or surrogat\$ or predict\$)).tw. (43)
- 10 9 not (7 or 4) (38)
- 11 from 10 keep 7,12,14,19-20,22,27,29,31,34,38 (11)
- 12 2 not (4 or 7 or 10) (853)
- 13 from 12 keep 14,23,26,29,38,48,51-52,71,80,83-84,90,99,106,127,173,181,189,260,263,275,341 (23)
- 14 5 or 8 or 11 or 13 (73)**

Health state utilities search

Scope	Utility and health states
Purpose	To inform health state utility estimates
Sources searched	Biosis, Cochrane, CINAHL, DARE-NHS EDD-HTA, HEED, EMBASE, MEDLINE, Web of knowledge
Type of search	Keyword searches
Results	3372 references

BIOSIS Previews

1986–2006

WebSPIRS version

Searches undertaken between December 2006
and January 2007

- #1 STABLE-ANGINA
- #2 stable angina in ti
- #3 UNSTABLE-ANGINA
- #4 unstable angina in ti
- #5 MYOCARDIAL-INFARCTION
- #6 HEART-ATTACK
- #7 myocardial infarct* in ti
- #8 MI in ti
- #9 heart attack* in ti
- #10 TRANSIENT-ISCHEMIC-ATTACK
- #11 transient ischemic attack* in ti
- #12 transient ischaemic attack* in ti
- #13 TIA in ti
- #14 ISCHAEMIC-STROKE
- #15 ISCHEMIC-STROKE
- #16 ischaemic stroke* in ti
- #17 ischemic stroke* in ti
- #18 HAEMORRHAGIC-STROKE
- #19 HEMORRHAGIC-STROKE
- #20 haemorrhagic stroke* in ti
- #21 hemorrhagic stroke* in ti
- #22 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21
- #23 QUALITY-OF-LIFE
- #24 quality of life in ti, ab
- #25 life quality in ti, ab
- #26 hql in ti, ab
- #27 (sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36) in ti, ab
- #28 qol in ti, ab
- #29 (euroqol or eq5d or eq 5d) in ti, ab
- #30 qaly* in ti, ab
- #31 quality adjusted life year* in ti, ab
- #32 hye* in ti, ab
- #33 health* year* equivalent* in ti, ab
- #34 health utilit* in ti, ab
- #35 hui in ti, ab
- #36 quality of wellbeing* in ti, ab
- #37 quality of well being in ti, ab
- #38 qwb in ti, ab
- #39 #23 or #24 or #25 or #26 or #27 or #28 or #29 or #30 or #31 or #32 or #33 or #34 or #35 or #36 or #37 or #38
- #40 #22 and #39

Cochrane Library (CDSR, CENTRAL)

Issue 4, 2006

Wiley version

Searches undertaken between December 2006
and January 2007

- #1 MeSH descriptor Angina Pectoris, this term only
- #2 (stable angina):ti
- #3 MeSH descriptor Angina, Unstable, this term only
- #4 (unstable angina):ti
- #5 MeSH descriptor Myocardial Infarction, this term only
- #6 (myocardial infarct*):ti
- #7 (MI):ti
- #8 (heart attack*):ti
- #9 MeSH descriptor Ischemic Attack, Transient, this term only
- #10 (transient ischaemic attack*):ti
- #11 (transient ischemic attack*):ti
- #12 (TIA):ti
- #13 MeSH descriptor Cerebrovascular Accident, this term only
- #14 (ischaemic stroke*):ti
- #15 (ischemic stroke*):ti
- #16 (haemorrhagic stroke*):ti
- #17 (hemorrhagic stroke*):ti
- #18 (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17)
- #19 MeSH descriptor Quality of Life explode all trees
- #20 (quality of life):ti or (quality of life):ab
- #21 (life quality):ti or (life quality):ab
- #22 (hql):ti or (hql):ab
- #23 (sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36):ti or (sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36):ab
- #24 (qol):ti or (qol):ab
- #25 (euroqol or eq5d or eq 5d):ti or (euroqol or eq5d or eq 5d):ab
- #26 (qaly*):ti or (qaly*):ab
- #27 (quality adjusted life year*):ti or (quality adjusted life year*):ab
- #28 (hye*):ti or (hye*):ab
- #29 (health* year* equivalent*):ti or (health* year* equivalent*):ab
- #30 (health utilit*):ti or (health utilit*):ab
- #31 (hui):ti or (hui):ab
- #32 (quality of wellbeing*):ti or (quality of wellbeing*):ab
- #33 (quality of well being):ti or (quality of well being):ab

- #34 (qwb):ti or (qwb):ab
- #35 (qald* or qale* or qtime*):ti or (qald* or qale* or qtime*):ab
- #36 (#19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35)
- #37 (#18 AND #36)
- #38 (letter):pt
- #39 (editorial):pt
- #40 (comment):pt
- #41 (#38 OR #39 OR #40)
- #42 (#37 AND NOT #41)

CINAHL**1982–2006****Ovid Online version****Searches undertaken between December 2006 and January 2007**

- 1 *Angina Pectoris/
- 2 stable angina.ti.
- 3 *Angina, Unstable/
- 4 unstable angina.ti.
- 5 *Myocardial Infarction/
- 6 myocardial infarct\$.ti.
- 7 MI.ti.
- 8 heart attack\$.ti.
- 9 *Ischemic Attack, Transient/
- 10 transient ischaemic attack\$.ti.
- 11 TIA.ti.
- 12 *Cerebrovascular Accident/
- 13 ischaemic stroke\$.ti.
- 14 haemorrhagic stroke\$.ti.
- 15 hemorrhagic stroke\$.ti.
- 16 1 or 2 or 3 or 4 or 5 or 6 or 8 or 9 or 10 or 12 or 13 or 14 or 15
- 17 exp quality of life/
- 18 quality of life.tw.
- 19 life quality.tw.
- 20 hql.tw.
- 21 (sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36).tw.
- 22 qol.tw.
- 23 (euroqol or eq5d or eq 5d).tw.
- 24 qaly\$.tw.
- 25 quality adjusted life year\$.tw.
- 26 hye\$.tw.
- 27 health\$ year\$ equivalent\$.tw.
- 28 health utilit\$.tw.
- 29 hui.tw.
- 30 quality of wellbeing\$.tw.
- 31 quality of well being.tw.
- 32 qwb.tw.
- 33 (qald\$ or qale\$ or qtime\$).tw.
- 34 or/17-33
- 35 16 and 34

- 36 letter.pt.
- 37 editorial.pt.
- 38 comment.pt.
- 39 36 or 37 or 38
- 40 35 not 39

DARE-NHS EED-HTA**Data coverage not known (approximately 1994–2006)****CRD website version****Searches undertaken between December 2006 and January 2007**

- #1 MeSH Angina Pectoris
- #2 stable AND angina:ti
- #3 MeSH Angina, Unstable
- #4 unstable AND angina:ti
- #5 MeSH Myocardial Infarction
- #6 myocardial AND infarct*:ti
- #7 MI:ti
- #8 heart AND attack*:ti
- #9 MeSH Ischemic Attack, Transient
- #10 transient AND ischaemic AND attack*:ti
- #11 transient AND ischemic AND attack*:ti
- #12 TIA:ti
- #13 MeSH Cerebrovascular Accident
- #14 ischaemic AND stroke*:ti
- #15 ischemic AND stroke*:ti
- #16 haemorrhagic AND stroke*:ti
- #17 hemorrhagic AND stroke*:ti
- #18 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17
- #19 MeSH Quality of Life EXPLODE 1 2
- #20 quality AND of AND life
- #21 life AND quality
- #22 hql
- #23 (sf AND 36 OR sf36 OR sf AND thirtysix OR sf AND thirty AND six OR short AND form AND 36 OR short AND form AND thirty AND six OR short AND form AND thirtysix OR shortform AND 36)
- #24 qol
- #25 (euroqol OR eq5d OR eq AND 5d)
- #26 qaly*
- #27 quality AND adjusted AND life AND year*
- #28 hye*
- #29 health* AND year* AND equivalent*
- #30 health AND utilit*
- #31 hui
- #32 quality AND of AND wellbeing*
- #33 quality AND of AND well AND being
- #34 qwb
- #35 (qald* OR qale* OR qtime*)
- #36 #19 or #20 or #21 or #22 or #23 or #24 or #25 or #26 or #27 or #28 or #29 or #30 or #31 or #32 or #33 or #34 or #35
- #37 #18 and #36

HEED**1967–2006****Wiley online version****Searches undertaken between December 2006 and January 2007**

(stable angina or unstable angina or myocardial infarction or MI or heart attack or transient ischaemic attack or transient ischemic attack or TIA or ischaemic stroke or ischemic stroke or haemorrhagic stroke or hemorrhagic stroke) in title

AND

(quality of life or life quality or hql or sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36 or qol or euroqol or eq5d or eq 5d or qaly or quality adjusted life year or hye or health year equivalent or health utility or health utilities or hui or quality of wellbeing or quality of well being or qwb or qald or qale or qtime) all data

EMBASE**1980–2006****Ovid Online version****Searches undertaken between December 2006 and January 2007**

- 1 *Angina Pectoris/
- 2 stable angina.ti.
- 3 *Unstable Angina Pectoris/
- 4 unstable angina.ti.
- 5 *Heart Infarction/
- 6 myocardial infarct\$.ti.
- 7 MI.ti.
- 8 heart attack\$.ti.
- 9 *Transient Ischemic Attack/
- 10 transient ischaemic attack\$.ti.
- 11 transient ischemic attack\$.ti.
- 12 TIA.ti.
- 13 *Cerebrovascular Accident/
- 14 ischaemic stroke\$.ti.
- 15 ischemic stroke\$.ti.
- 16 haemorrhagic stroke\$.ti.
- 17 hemorrhagic stroke\$.ti.
- 18 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17
- 19 exp "Quality of Life"/
- 20 quality of life.tw.
- 21 life quality.tw.
- 22 hql.tw.
- 23 (sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36).tw.
- 24 qol.tw.
- 25 (euroqol or eq5d or eq 5d).tw.
- 26 qalyS.tw.
- 27 quality adjusted life year\$.tw.

- 28 hye\$.tw.
- 29 health\$ year\$ equivalent\$.tw.
- 30 health utilit\$.tw.
- 31 hui.tw.
- 32 quality of wellbeing\$.tw.
- 33 quality of well being.tw.
- 34 qwb.tw.
- 35 (qald\$ or qale\$ or qtime\$.tw.
- 36 or/19-35
- 37 18 and 36
- 38 letter.pt.
- 39 editorial.pt.
- 40 comment.pt.
- 41 38 or 39
- 42 37 not 41

MEDLINE**1966–2006****Ovid Online****Searches undertaken between December 2006 and January 2007**

- 1 *Angina Pectoris/
- 2 stable angina.ti.
- 3 *Angina, Unstable/
- 4 unstable angina.ti.
- 5 *Myocardial Infarction/
- 6 myocardial infarct\$.ti.
- 7 MI.ti.
- 8 heart attack\$.ti.
- 9 *Ischemic Attack, Transient/
- 10 transient ischaemic attack\$.ti.
- 11 TIA.ti.
- 12 *Cerebrovascular Accident/
- 13 ischaemic stroke\$.ti.
- 14 haemorrhagic stroke\$.ti.
- 15 hemorrhagic stroke\$.ti.
- 16 1 or 2 or 3 or 4 or 5 or 6 or 8 or 9 or 10 or 12 or 13 or 14 or 15
- 17 exp quality of life/
- 18 quality of life.tw.
- 19 life quality.tw.
- 20 hql.tw.
- 21 (sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36).tw.
- 22 qol.tw.
- 23 (euroqol or eq5d or eq 5d).tw.
- 24 qaly\$.tw.
- 25 quality adjusted life year\$.tw.
- 26 hye\$.tw.
- 27 health\$ year\$ equivalent\$.tw.
- 28 health utilit\$.tw.
- 29 hui.tw.
- 30 quality of wellbeing\$.tw.
- 31 quality of well being.tw.
- 32 qwb.tw.
- 33 (qald\$ or qale\$ or qtime\$.tw.

- 34 or/17-33
- 35 16 and 34
- 36 letter.pt.
- 37 editorial.pt.
- 38 comment.pt.
- 39 36 or 37 or 38
- 40 35 not 39

SCI and SSCI**1900–2006****Web of Knowledge version****Searches undertaken between December 2006 and January 2007**

- #1 TI=(stable angina)
- #2 TI=(unstable angina)
- #3 TI=(myocardial infarct*)
- #4 TI=(MI)
- #5 TI=(heart attack*)
- #6 TI=(transient ischaemic attack*)
- #7 TI=(TIA)
- #8 TI=(ischaemic stroke*)
- #9 TI=(haemorrhagic stroke*)
- #10 TI=(hemorrhagic stroke*)
- #11 #10 OR #9 OR #8 OR #7 OR #6 OR #5
OR #4 OR #3 OR #2 OR #1

- #12 TS=(quality of life)
- #13 TS=(life quality)
- #14 TS=(hql)
- #15 TS=(sf 36 or sf36 or sf thirtysix or sf thirty six or short form 36 or short form thirty six or short form thirtysix or shortform 36)
- #16 TS=(qol)
- #17 TS=(euroqol or eq5d or eq 5d)
- #18 TS=(qaly*)
- #19 TS=(quality adjusted life year*)
- #20 TS=(hye)
- #21 TS=(health* year* equivalent*)
- #22 TS=(health utilit*)
- #23 TS=(hui)
- #24 TS=(quality of wellbeing*)
- #25 TS=(quality of well being)
- #26 TS=(qwb)
- #27 TS=(qald* or qale* or qtime*)
- #28 #27 OR #26 OR #25 OR #24 OR #23 OR
#22 OR #21 OR #20 OR #19 OR #18 OR
#17 OR #16 OR #15 OR #14 OR #13 OR #12
- #29 #28 AND #11

Appendix 24

Data used in secondary transitions

Data are presented in *Tables 77 and 78*.

TABLE 77 Regressions used for subsequent events (Nottingham Heart Attack data)

Logistic regression coefficients – probability of event type given event					
eventype	Coeff.	SE	z	p > z	95% CI
2 age	0.077705	0.034652	2.242	0.025	0.009789 to 0.145622
_cons	-7.17201	2.523846	-2.842	0.004	-12.1187 to -2.22536
3 age	0.047496	0.017134	2.772	0.006	0.013914 to 0.081079
_cons	-3.24095	1.176916	-2.754	0.006	-5.54767 to -0.93424
	age	_cons	age	_cons	
2 age	0.001201				
_cons	-0.08667	6.3698			
3 age	0.000165	-0.01093	0.000294		
_cons	-0.01085	0.733099	-0.01993	1.38513	
Any event assuming exponential, given survived to end of year 1					
_t	Coeff.	SE	z	p > z	95% CI
age	0.025344	0.013465	1.882	0.06	-0.00105 to 0.051735
_cons	-4.95663	0.912665	-5.431	0	-6.74542 to 3.16784
	age	_cons			
age	0.000181				
_cons	-0.01213	0.832958			
ACS year 1 mlogit					
eventype	Coeff.	SE	z	p > z	95% CI
age	0.003234	0.012312	0.263	0.793	-0.0209 to 0.027366
_cons	-3.05907	0.80604	-3.795	0	-4.63888 to -1.47926
age	0.05624	0.009014	6.239	0	0.038572 to 0.073907
_cons	-5.71398	0.648273	-8.814	0	-6.98457 to -4.44338
	01:00	_cons	02:00	_cons	
1 age	0.000152				
_cons	-0.00974	0.649701			
2 age	8.50×10^{-6}	-0.00054	0.000081		
_cons	-0.00054	0.035984	-0.00577	0.420258	

continued

TABLE 77 Regressions used for subsequent events (Nottingham Heart Attack data) (cont'd)

ACS exponential post year 1					
_t	Coeff.	SE	z	p > z	95% CI
age	0.051546	0.006256	8.24	0	0.039285 to 0.063807
_cons	-5.93184	0.45102	-13.152	0	-6.81582 to 5.04785
	_t	age	_cons		
	age	0.000039			
	_cons	-0.00279	0.203419		
ACS post year 1 mlogit					
	Coeff.	SE	z	p > z	95% CI
age	-0.04179	0.017595	-2.375	0.018	-0.07627 to -0.0073
_cons	1.089838	1.205898	0.904	0.366	-1.27368 to 3.453354
	age	_cons			
age	0.00031				
_cons	-0.0209	1.45419			
SE, standard error.					

TABLE 78 Regressions used for subsequent events (South London Stroke data)

Year 1: mlogit all events						
	eventype	Coeff.	SE	z	p > z	95% CI
1	age	0.008007	0.009213	0.869	0.385	-0.01005 to 0.026063
	_cons	-3.45027	0.651183	-5.298	0	-4.72657 to -2.17398
2	age	0.08874	0.009097	9.755	0	0.070911 to 0.106569
	_cons	-8.61813	0.717794	-12.006	0	-10.025 to -7.21128
(Outcome eventype = 0 is the comparison group)						
		age	_cons	age	_cons	
1	age	0.000085				
	_cons	-0.00589	0.424039			
2	age	4.90E-06	-0.00033	0.000083		
	_cons	-0.00034	0.02368	-0.00648	0.515229	
Year 2: exponential any event						
	eventype	Coeff.	SE	z	p > z	95% CI
	age2	0.04211	0.00684	6.157	0	0.028705 to 0.055515
	_cons	-5.88035	0.503282	-11.684	0	-6.86676 to 4.89393
		age2	_cons			
		age2	0.000047			
		_cons	-0.0034	0.253293		
Mlogit event 1-2						
	evtypey2	Coeff.	SE	z	p > z	95% CI
	age2	-0.05784	0.016193	-3.572	0	-0.08958 to -0.0261
	_cons	3.825288	1.177901	3.248	0.001	1.516645 to 6.133931
(Outcome evtypey2 = 2 is the comparison group)						
		age2	_cons			
		age2	0.000262			
		_cons	-0.01888	1.38745		
SE, standard error.						

Appendix 25

Utility by age

Data are given in *Table 79*.

TABLE 79 Utility by age¹⁹⁹

Summary output for linear regression								
Regression statistics								
Multiple R					0.2005			
R ²					0.0402			
Adjusted R ²					0.0397			
Standard error					0.2576			
Observations					1979			
ANOVA								
	<i>df</i>	<i>SS</i>	<i>MS</i>	<i>F</i>	<i>Significance F</i>			
Regression	1	5.50	5.497	82.822	2.1 × 10 ⁻¹⁹			
Residual	1977	131.21	0.066					
Total	1978	136.71						
	Coefficients	Standard error	t-statistic	p-Value	Lower 95%	Upper 95%	Lower 95.0%	Upper 95.0%
Intercept	1.060	0.029	36.605	2 × 10 ⁻²²⁴	1.003	1.117	1.003	1.118
x	-0.004	0.000	-9.1007	2.13 × 10 ⁻¹⁹	-0.005	-0.003	-0.005	-0.003

Appendix 26

Natural increase in risk by age

Regressions used to model the natural increase by age in the ScHARR model:

	Male	Female
Beta0	-0.0459	-0.0163
Beta1	0.0001	-0.0014
Beta2	0.0001	0.000075

Appendix 27

Diabetes data used in the ScHARR cost-effectiveness model

Data are given in *Tables 80* and *81*.

TABLE 80 Health state utilities used in the diabetic analysis of the ScHARR cost-effectiveness model

	1st year	Subsequent years
Stable angina	0.768 ^a	0.90
Unstable angina	0.732 ^a	0.80
1st year MI	0.722	0.80
TIA	1	1
Str	0.598	0.629

^a Adjusted using 1st-year diabetic MI utility and base-case utilities for stable and unstable angina, respectively.

TABLE 81 Health state costs (£) used in the diabetic analysis of the ScHARR cost-effectiveness model¹⁵⁵

	Base case	Diabetic
Stable angina	201	492 ^a
Post-stable angina	201	492 ^a
Unstable angina	477	492 ^a
Post-unstable angina	201	492 ^a
1st-year costs MI	4,867	5,414
Ongoing costs MI	201	492
Fatal MI	1,242	1,662
TIA	1,110	1,612 ^b
Post-TIA (ongoing costs)	276	401 ^b
1st year costs Str	8,070	11,722 ^b
Ongoing costs Str	2,169	3,151
Fatal Str	7,407	10,759 ^b

^a Assumed equal to ongoing costs for MI.
^b Costs adjusted using ongoing costs for Str and base-case costs.

Appendix 28

List of the key modelling assumptions used in the SchARR model

The assumptions are listed in *Table 82*.

TABLE 82 List of assumptions used to build and populate the SchARR model

Section	Assumption	Source
Comparator	Assume relevant comparators for target population are statins or no treatment	Literature searches and clinical advice
Population	Assume primary event rate for diabetic is two times norm by age	Clinical opinion
Population	Assume primary event rate for FeFH is two times norm by age	Clinical opinion
Effectiveness data	<i>Conservative</i> Assume the results of the meta-analysis of 12-week RCT data (which are derived from cohorts who had a wash-out prior to baseline of studies) are representative for the target population, i.e. patients not at goal on statin treatment	
Effectiveness data	Assume the results of the meta-analysis of 12-week RCT data are valid irrespective of the dose or potency of the statin modelled	
Effectiveness data	Assume observed short-term lipid changes will be maintained over a lifetime Report results using shorter time horizons	
Effectiveness data	Assume ezetimibe-induced changes in lipids translate to reductions in CVD events	
Effectiveness data	<i>Conservative</i> Assume a delay of 1 year for changes in LDL-c to translate to reductions in events Perform sensitivity analyses using no delay and a 2-year delay	
Effectiveness data	Assume switch to more potent statin of same dose provides an additional 6% reduction in LDL-c irrespective of statin	Published data ¹²³
Relationship LDL-c and CVD events	Assume the results of the meta-analysis which provides a relationship between reductions in LDL-c and RR of events (derived from statin RCT data) are generalisable to ezetimibe monotherapy and ezetimibe co-administered with a statin Assume the RR for angina = RR for non-fatal MI Assume the RR for TIA = RR for non-fatal Str Assume the RR for fatal CVD = 1	Based on meta-analyses of statin RCTs and discussions in literature
Time horizon	Perform sensitivity analyses using the RR for TIA/non-fatal Str/fatal Str = 1 Report results for several time horizons	
CVD definition	CVD event is defined as stable angina, unstable angina, non-fatal MI, CHD death, TIA, non-fatal Str, death from TIA/CVD-related causes This is based on evidence available for CVD health states	

continued

TABLE 82 List of assumptions used to build and populate the ScHARR model (cont'd)

Section	Assumption	Source
Events	Assume a maximum of two events for individuals with a history of CVD Assume an additional primary event for individuals with no history of CVD	
Secondary risks	Assume secondary risk is at least as large as primary risk modelled	
Costs	Assume patients are already on treatment on entering model, hence 1st year monitoring costs apply to the ezetimibe monotherapy regimen only	
Utility	<i>Conservative</i> Assume age adjusted utility in the base case Sensitivity analyses performed using constant utility of 1 across all ages Assume post-health state utility values increase Assume 2nd and 3rd events incur an additional disutility Assume no disutility for TIA Assume no disutility associated with treatments modelled	
Compliance	Assume full compliance with treatment	

Appendix 29

Additional results tables for the ScHARR economic evaluation

Data are given in *Tables 83–102*.

TABLE 83 Scenario 2: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	3	3.5	4	3	3.5	4
20-year horizon						
<i>Male</i>						
45	4540	4501	4462	4678	4654	4630
55	4211	4169	4127	4203	4184	4164
65	3591	3550	3509	3507	3492	3477
75	2741	2713	2684	2598	2590	2582
<i>Female</i>						
45	4585	4542	4500	4755	4732	4709
55	4300	4251	4201	4378	4356	4335
65	3665	3619	3573	3647	3635	3622
75	2711	2679	2648	2620	2611	2601
Lifetime horizon						
<i>Male</i>						
45	6000	5948	5893	6065	6053	6040
55	4993	4946	4898	4882	4874	4866
65	3852	3810	3769	3709	3700	3689
75	2770	2742	2713	2616	2609	2601
<i>Female</i>						
45	6154	6088	6024	6295	6286	6276
55	5140	5084	5026	5147	5138	5129
65	3935	3888	3841	3865	3858	3851
75	2738	2707	2675	2640	2631	2622

TABLE 84 Scenario 2: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	3	3.5	4	3	3.5	4
20-year horizon						
<i>Male</i>						
45	79.9	93.1	106.3	78.1	91.2	104.3
55	88.2	102.8	117.4	97.4	113.8	130.3
65	90.1	105.1	120.0	94.0	109.9	125.8
75	57.4	66.9	76.3	64.3	75.1	86.0
<i>Female</i>						
45	65.1	75.9	86.7	71.7	83.6	95.6
55	82.6	96.3	109.9	97.0	113.3	129.7
65	85.4	99.6	113.8	94.4	110.3	126.3
75	52.6	61.3	70.0	66.2	77.3	88.5
Lifetime horizon						
<i>Male</i>						
45	211.4	246.9	282.5	181.3	212.4	243.7
55	164.2	191.6	219.1	158.7	185.8	213.0
65	115.5	134.7	154.0	111.5	130.4	149.4
75	59.7	69.6	79.4	65.8	76.8	87.9
<i>Female</i>						
45	188.0	219.4	250.9	177.9	208.3	238.9
55	156.8	182.9	209.1	162.1	189.7	217.5
65	109.2	127.3	145.5	112.6	131.7	150.8
75	54.7	63.7	72.7	67.7	79.1	90.5

TABLE 85 Scenario 2: univariate lifetime ICERs (£000) for females with baseline LDL-c of 3.5 mmol/l

Value	Age (years)	Primary prevention				Secondary prevention			
		45	55	65	75	45	55	65	75
Scenario 2		27.7	27.8	30.5	42.5	30.2	27.1	29.3	33.3
<i>Discount rates for costs and utilities</i>									
0%		19.2	20.8	24.7	36.2	21.8	21.1	24.4	29.2
<i>Time lag for effectiveness of treatment</i>									
0		26.4	26.1	27.6	36.0	28.8	25.4	26.3	27.9
2 years		29.2	29.7	34.0	50.8	31.8	29.0	32.9	40.5
<i>Health state costs</i>									
Plus 20%		27.3	27.3	30.0	41.7	30.0	26.9	29.1	33.0
Minus 20%		28.2	28.3	31.1	43.2	30.3	27.2	29.5	33.5
<i>HRQoL utilities</i>									
Plus 10%		30.9	30.5	32.9	45.4	27.6	24.9	26.8	30.5
Minus 10%		25.2	25.5	28.5	39.9	33.3	29.7	32.3	36.5
Constant utility by age		21.2	20.7	22.1	29.6	23.3	20.3	21.3	23.4
Constant utility by age plus 10% on health state utilities		23.5	22.6	23.7	31.6	21.3	18.6	19.5	21.4
Constant utility by age minus 10% on health state utilities		19.3	19.0	20.6	27.9	25.6	22.3	23.5	25.7
<i>RR on events corresponding to reduction in LDL-c</i>									
LCI		22.0	21.9	23.9	33.2	24.3	21.8	23.6	26.8
UCI		37.0	37.2	41.2	57.9	38.7	34.7	37.5	42.8
<i>Effectiveness of ezetimibe treatment</i>									
LCI		26.0	26.1	28.7	39.9	28.4	25.5	27.6	31.3
UCI		29.7	29.7	32.7	45.4	32.2	28.9	31.2	35.5
<i>No RR on Str or TIA</i>		45.3	47.9	57.5	96.5	34.1	31.0	33.2	39.1
<i>Baseline LDL-c (mmol/l)</i>									
3.0		32.7	32.8	36.1	50.1	35.4	31.8	34.3	39.0
4.0		24.0	24.0	26.4	36.8	26.3	23.6	25.5	29.0

TABLE 86 Scenario 2: univariate 20-year ICERs (£000) for females with baseline LDL-c of 3.5 mmol/l

Value	Age (years)	Primary prevention				Secondary prevention			
		45	55	65	75	45	55	65	75
Scenario 2		59.8	44.1	36.3	43.7	56.6	38.4	32.9	33.8
<i>Discount rates for costs and utilities</i>									
0%		51.2	37.4	31.0	37.6	48.9	32.8	28.5	29.8
<i>Time lag for effectiveness of treatment</i>									
0		54.2	40.1	32.3	36.9	51.6	35.0	29.2	28.3
2 years		66.5	48.9	41.3	52.5	63.0	42.6	37.7	41.3
<i>Health state costs</i>									
Plus 20%		59.0	43.4	35.6	43.0	56.1	38.1	32.7	33.5
Minus 20%		60.6	44.9	37.0	44.5	57.0	38.8	33.2	34.0
<i>HRQoL utilities</i>									
Plus 10%		74.5	51.5	39.8	46.8	51.9	35.4	30.2	31.0
Minus 10%		50.0	38.6	33.4	41.0	62.2	42.1	36.2	37.1
Constant utility by age		48.8	34.1	26.7	30.6	46.2	29.7	24.3	23.8
Constant utility by age plus 10% on health state utilities		60.6	39.7	29.2	32.7	42.3	27.4	22.2	21.8
Constant utility by age minus 10% on health state utilities		40.8	29.9	24.6	28.7	50.7	32.5	26.7	26.1
<i>RR on events corresponding to reduction in LDL-c</i>									
LCI		48.1	35.1	28.5	34.1	45.7	30.9	26.5	27.2
UCI		79.0	58.8	49.0	59.6	72.6	49.4	42.2	43.4
<i>Effectiveness of ezetimibe treatment</i>									
LCI		56.2	41.4	34.1	41.0	53.2	36.2	31.0	31.8
UCI		63.9	47.2	38.9	46.7	60.4	41.0	35.1	36.0
<i>No RR on Str or TIA</i>		94.2	74.0	67.3	99.2	64.7	44.0	37.3	39.7
<i>Baseline LDL-c (mmol/l)</i>									
3.0		70.4	52.0	42.9	51.6	66.4	45.1	38.6	39.6
4.0		51.9	38.2	31.4	37.8	49.2	33.4	28.7	29.4

TABLE 87 Scenario 2: discounted incremental costs (£000) using different time horizons and a baseline LDL-c of 3.5 mmol/l

Age (years)	Primary			Secondary		
	5-year	20-year	Life	5-year	20-year	Life
Male						
45	1482	4334	5747	1545	4471	5805
55	1469	4025	4784	1516	4022	4677
65	1427	3439	3692	1458	3359	3554
75	1353	2624	2651	1362	2488	2506
Female						
45	1489	4376	5894	1552	4543	6022
55	1472	4112	4929	1528	4188	4928
65	1434	3511	3773	1476	3492	3702
75	1345	2595	2622	1360	2510	2529

TABLE 88 Scenario 2: discounted incremental QALYs using different time horizons and a baseline LDL-c of 3.5 mmol/l

Age (years)	Primary			Secondary		
	5-year	20-year	Life	5-year	20-year	Life
Male						
45	4.2	70.0	185.1	4.4	68.4	158.4
55	4.6	77.4	143.8	5.9	85.3	138.7
65	6.0	79.0	101.2	8.4	82.3	97.5
75	6.5	50.3	52.4	10.1	56.3	57.6
Female						
45	3.3	57.1	164.6	4.0	62.8	155.5
55	4.1	72.5	137.4	5.4	85.0	141.7
65	5.7	74.9	95.7	8.1	82.6	98.5
75	5.9	46.1	47.9	10.4	57.9	59.2

TABLE 89 Scenario 2: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	3	3.5	4	3	3.5	4
20-year horizon						
<i>Male</i>						
45	4362	4334	4305	4488	4471	4455
55	4055	4025	3995	4034	4022	4010
65	3468	3439	3410	3367	3359	3350
75	2643	2624	2604	2492	2488	2484
<i>Female</i>						
45	4407	4376	4344	4558	4543	4527
55	4148	4112	4076	4202	4188	4174
65	3544	3511	3478	3498	3492	3485
75	2617	2595	2573	2515	2510	2505
Lifetime horizon						
<i>Male</i>						
45	5781	5747	5712	5809	5805	5801
55	4816	4784	4752	4678	4677	4675
65	3722	3692	3664	3558	3554	3550
75	2671	2651	2632	2509	2506	2502
<i>Female</i>						
45	5937	5894	5850	6024	6022	6020
55	4967	4929	4887	4930	4928	4926
65	3805	3773	3740	3703	3702	3700
75	2644	2622	2600	2533	2529	2524

TABLE 90 Scenario 2: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	3	3.5	4	3	3.5	4
20-year horizon						
<i>Male</i>						
45	60.0	70.0	80.0	58.6	68.4	78.2
55	66.3	77.4	88.4	73.0	85.3	97.6
65	67.8	79.0	90.3	70.4	82.3	94.1
75	43.2	50.3	57.5	48.2	56.3	64.4
<i>Female</i>						
45	49.0	57.1	65.2	53.8	62.8	71.8
55	62.1	72.5	82.7	72.8	85.0	97.2
65	64.2	74.9	85.6	70.8	82.6	94.6
75	39.6	46.1	52.7	49.6	57.9	66.3
Lifetime horizon						
<i>Male</i>						
45	158.5	185.1	211.7	135.4	158.4	181.6
55	123.2	143.8	164.4	118.6	138.7	158.9
65	86.7	101.2	115.6	83.4	97.5	111.6
75	44.9	52.4	59.8	49.3	57.6	65.8
<i>Female</i>						
45	141.0	164.6	188.2	132.9	155.5	178.2
55	117.7	137.4	157.0	121.2	141.7	162.3
65	82.0	95.7	109.3	84.3	98.5	112.7
75	41.1	47.9	54.7	50.7	59.2	67.8

TABLE 91 Scenario 1: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	3	3.5	4	3	3.5	4
20-year horizon						
<i>Male</i>						
45	3361	3335	3309	3505	3490	3475
55	3129	3103	3075	3160	3151	3142
65	2683	2659	2633	2652	2649	2646
75	2048	2032	2015	1973	1975	1976
<i>Female</i>						
45	3395	3366	3337	3561	3548	3534
55	3201	3169	3136	3294	3285	3275
65	2743	2714	2685	2761	2761	2760
75	2029	2011	1992	1993	1994	1995
Lifetime horizon						
<i>Male</i>						
45	4481	4453	4423	4573	4577	4581
55	3737	3711	3684	3690	3696	3702
65	2886	2863	2839	2812	2815	2818
75	2071	2054	2038	1988	1990	1992
<i>Female</i>						
45	4606	4567	4529	4751	4759	4766
55	3854	3821	3788	3897	3904	3912
65	2955	2928	2900	2933	2940	2947
75	2051	2033	2014	2008	2011	2012

TABLE 92 Scenario 1: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	47.0	56.3	65.6	50.6	60.8	71.0
55	52.4	62.8	73.1	64.4	77.4	90.4
65	54.1	64.8	75.5	64.3	77.3	90.4
75	34.6	41.4	48.2	46.3	55.6	64.9
<i>Female</i>						
45	38.4	46.0	53.6	47.3	56.7	66.2
55	49.4	59.2	68.9	65.6	78.8	92.0
65	51.6	61.8	72.0	65.8	79.1	92.4
75	32.0	38.3	44.6	48.1	57.8	67.6
Lifetime horizon						
<i>Male</i>						
45	129.1	155.1	181.2	124.9	150.7	176.7
55	99.8	119.8	139.8	108.2	130.4	152.8
65	69.9	83.9	97.8	77.1	92.7	108.5
75	36.1	43.2	50.3	47.3	56.9	66.5
<i>Female</i>						
45	115.8	139.0	162.2	125.1	150.7	176.6
55	96.3	115.5	134.7	112.9	136.0	159.3
65	66.6	79.8	93.1	79.2	95.3	111.4
75	33.3	39.9	46.4	49.3	59.2	69.2

TABLE 93 Scenario 3: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	236	209	181	470	453	436
55	210	181	152	438	426	413
65	174	147	119	385	379	372
75	144	125	106	304	303	302
<i>Female</i>						
45	229	199	169	486	471	455
55	197	163	129	458	445	432
65	165	134	103	414	411	407
75	133	113	92	305	304	302
Lifetime horizon						
<i>Male</i>						
45	357	322	287	697	695	692
55	286	255	223	571	571	571
65	203	176	148	432	431	429
75	147	129	110	309	308	308
<i>Female</i>						
45	345	301	258	743	744	746
55	275	238	200	612	614	616
65	197	166	135	466	468	470
75	137	116	96	311	310	309

TABLE 94 Scenario 3: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	47.0	56.3	65.6	50.6	60.8	71.0
55	52.4	62.8	73.1	64.4	77.4	90.4
65	54.1	64.8	75.5	64.3	77.3	90.4
75	34.6	41.4	48.2	46.3	55.6	64.9
<i>Female</i>						
45	38.4	46.0	53.6	47.3	56.7	66.2
55	49.4	59.2	68.9	65.6	78.8	92.0
65	51.6	61.8	72.0	65.8	79.1	92.4
75	32.0	38.3	44.6	48.1	57.8	67.6
Lifetime horizon						
<i>Male</i>						
45	129.1	155.1	181.2	124.9	150.7	176.7
55	99.8	119.8	139.8	108.2	130.4	152.8
65	69.9	83.9	97.8	77.1	92.7	108.5
75	36.1	43.2	50.3	47.3	56.9	66.5
<i>Female</i>						
45	115.8	139.0	162.2	125.1	150.7	176.6
55	96.3	115.5	134.7	112.9	136.0	159.3
65	66.6	79.8	93.1	79.2	95.3	111.4
75	33.3	39.9	46.4	49.3	59.2	69.2

TABLE 95 Scenario 4: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	4305	4259	4213	4454	4427	4400
55	3994	3946	3897	4009	3989	3969
65	3409	3363	3316	3350	3336	3322
75	2603	2571	2538	2484	2477	2470
<i>Female</i>						
45	4343	4293	4242	4526	4501	4475
55	4075	4017	3959	4174	4151	4128
65	3477	3424	3369	3485	3474	3462
75	2572	2536	2499	2505	2497	2488
Lifetime horizon						
<i>Male</i>						
45	5711	5654	5593	5800	5793	5785
55	4751	4699	4646	4675	4672	4668
65	3663	3617	3570	3550	3543	3535
75	2631	2599	2567	2502	2496	2490
<i>Female</i>						
45	5848	5775	5701	6020	6015	6010
55	4886	4822	4756	4926	4922	4918
65	3739	3685	3631	3700	3696	3692
75	2599	2563	2527	2524	2517	2509

TABLE 96 Scenario 4: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	80.3	96.3	112.3	78.6	94.4	110.2
55	88.7	106.4	124.0	98.0	117.8	137.6
65	90.7	108.7	126.7	94.6	113.7	132.9
75	57.7	69.2	80.6	64.7	77.8	90.9
<i>Female</i>						
45	65.5	78.5	91.5	72.1	86.5	101.0
55	83.1	99.6	116.0	97.6	117.3	137.0
65	85.9	103.0	120.1	95.0	114.2	133.5
75	52.9	63.4	73.8	66.5	80.0	93.5
Lifetime horizon						
<i>Male</i>						
45	212.6	255.5	298.5	182.4	219.9	257.8
55	165.1	198.2	231.4	159.6	192.3	225.3
65	116.1	139.4	162.6	112.1	134.9	157.9
75	60.1	72.0	83.8	66.1	79.5	92.9
<i>Female</i>						
45	189.1	227.0	265.0	178.9	215.7	252.7
55	157.7	189.3	220.8	163.0	196.4	230.0
65	109.8	131.7	153.7	113.2	136.3	159.5
75	55.0	65.9	76.8	68.1	81.8	95.7

TABLE 97 Scenario 5: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	4315	4271	4227	4471	4447	4423
55	4010	3965	3919	4035	4020	4004
65	3430	3387	3344	3379	3371	3362
75	2618	2589	2560	2507	2505	2502
<i>Female</i>						
45	4351	4301	4252	4541	4519	4496
55	4088	4033	3977	4198	4180	4162
65	3496	3446	3395	3514	3509	3503
75	2586	2552	2518	2528	2525	2521
Lifetime horizon						
<i>Male</i>						
45	5757	5710	5658	5854	5857	5860
55	4791	4746	4701	4725	4732	4739
65	3693	3652	3611	3587	3587	3587
75	2647	2619	2590	2526	2525	2524
<i>Female</i>						
45	5887	5821	5756	6072	6078	6084
55	4922	4865	4806	4976	4982	4988
65	3766	3718	3669	3738	3742	3745
75	2614	2581	2547	2549	2546	2543

TABLE 98 Scenario 5: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	80.3	96.3	112.3	78.6	94.4	110.2
55	88.7	106.4	124.0	98.0	117.8	137.6
65	90.7	108.7	126.7	94.6	113.7	132.9
75	57.7	69.2	80.6	64.7	77.8	90.9
<i>Female</i>						
45	65.5	78.5	91.5	72.1	86.5	101.0
55	83.1	99.6	116.0	97.6	117.3	137.0
65	85.9	103.0	120.1	95.0	114.2	133.5
75	52.9	63.4	73.8	66.5	80.0	93.5
Lifetime horizon						
<i>Male</i>						
45	212.6	255.5	298.5	182.4	219.9	257.8
55	165.1	198.2	231.4	159.6	192.3	225.3
65	116.1	139.4	162.6	112.1	134.9	157.9
75	60.1	72.0	83.8	66.1	79.5	92.9
<i>Female</i>						
45	189.1	227.0	265.0	178.9	215.7	252.7
55	157.7	189.3	220.8	163.0	196.4	230.0
65	109.8	131.7	153.7	113.2	136.3	159.5
75	55.0	65.9	76.8	68.1	81.8	95.7

TABLE 99 Scenario 6, regimen 1: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	4421	4394	4368	4530	4514	4498
55	4117	4089	4062	4075	4064	4054
65	3529	3503	3477	3410	3405	3400
75	2690	2673	2655	2529	2529	2530
<i>Female</i>						
45	4470	4440	4411	4601	4587	4573
55	4218	4185	4152	4248	4237	4226
65	3612	3583	3553	3545	3543	3541
75	2669	2650	2630	2555	2555	2554
Lifetime horizon						
<i>Male</i>						
45	5865	5834	5803	5866	5867	5867
55	4895	4867	4839	4727	4730	4733
65	3787	3762	3737	3604	3605	3606
75	2719	2701	2684	2547	2548	2549
<i>Female</i>						
45	6039	5998	5958	6088	6093	6097
55	5056	5022	4987	4989	4994	4998
65	3882	3854	3825	3754	3759	3763
75	2696	2677	2658	2574	2574	2574

TABLE 100 Scenario 5: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	47.0	56.3	65.6	50.6	60.8	71.0
55	52.4	62.8	73.1	64.4	77.4	90.4
65	54.1	64.8	75.5	64.3	77.3	90.4
75	34.6	41.4	48.2	46.3	55.6	64.9
<i>Female</i>						
45	38.4	46.0	53.6	47.3	56.7	66.2
55	49.4	59.2	68.9	65.6	78.8	92.0
65	51.6	61.8	72.0	65.8	79.1	92.4
75	32.0	38.3	44.6	48.1	57.8	67.6
Lifetime horizon						
<i>Male</i>						
45	129.1	155.1	181.2	124.9	150.7	176.7
55	99.8	119.8	139.8	108.2	130.4	152.8
65	69.9	83.9	97.8	77.1	92.7	108.5
75	36.1	43.2	50.3	47.3	56.9	66.5
<i>Female</i>						
45	115.8	139.0	162.2	125.1	150.7	176.6
55	96.3	115.5	134.7	112.9	136.0	159.3
65	66.6	79.8	93.1	79.2	95.3	111.4
75	33.3	39.9	46.4	49.3	59.2	69.2

TABLE 101 Scenario 6, regimen 10: discounted incremental costs (£000) on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	85	58	30	324	307	290
55	70	41	12	307	295	283
65	54	26	-1	277	270	264
75	52	33	15	224	224	223
<i>Female</i>						
45	76	46	16	338	322	307
55	52	18	c/s	322	309	297
65	41	11	c/s	302	299	295
75	42	22	1	225	224	222
Lifetime horizon						
<i>Male</i>						
45	160	125	90	512	510	508
55	121	90	58	423	423	423
65	74	47	20	318	317	316
75	55	36	18	229	229	228
<i>Female</i>						
45	140	97	54	551	553	555
55	104	67	29	456	458	460
65	64	34	3	348	351	353
75	45	24	4	230	229	228

TABLE 102 Scenario 5: discounted incremental QALYs on varying the baseline LDL-c value

Age (years)	Primary			Secondary		
	Baseline LDL-c (mmol/l)					
	2.5	3	3.5	2.5	3	3.5
20-year horizon						
<i>Male</i>						
45	47.0	56.3	65.6	50.6	60.8	71.0
55	52.4	62.8	73.1	64.4	77.4	90.4
65	54.1	64.8	75.5	64.3	77.3	90.4
75	34.6	41.4	48.2	46.3	55.6	64.9
<i>Female</i>						
45	38.4	46.0	53.6	47.3	56.7	66.2
55	49.4	59.2	68.9	65.6	78.8	92.0
65	51.6	61.8	72.0	65.8	79.1	92.4
75	32.0	38.3	44.6	48.1	57.8	67.6
Lifetime horizon						
<i>Male</i>						
45	129.1	155.1	181.2	124.9	150.7	176.7
55	99.8	119.8	139.8	108.2	130.4	152.8
65	69.9	83.9	97.8	77.1	92.7	108.5
75	36.1	43.2	50.3	47.3	56.9	66.5
<i>Female</i>						
45	115.8	139.0	162.2	125.1	150.7	176.6
55	96.3	115.5	134.7	112.9	136.0	159.3
65	66.6	79.8	93.1	79.2	95.3	111.4
75	33.3	39.9	46.4	49.3	59.2	69.2

Appendix 30

Detailed discussion of primary and secondary results

For the majority of the analyses, the results for the secondary cohorts are more cost-effective than the results for the primary cohorts of the same age. There are two exceptions to this: (1) the results for cohorts aged 45 years and (2) the results for the analyses which are comparing treatment regimens with similar annual treatment costs. As it is reasonable to assume that providing treatment to a secondary cohort would be more cost-effective than providing treatment to a primary cohort, these results may seem counter-intuitive. A detailed discussion of the results is provided below.

Describing why the primary ICERS are lower than the secondary ICERs for cohorts aged 45 years

The life-years and QALYs accumulated for primary and secondary cohorts aged 45 and 75 years (using Scenario 2) are used to illustrate why the primary results can be lower than the secondary results for cohorts aged 45 years.

Looking at life-years accumulated by the primary and secondary cohorts aged 45 and 75 years (*Table 103*):

- The number of life-years for each cohort increases as the time horizon increases, as would be expected.
- The primary cohorts accrue more life-years than the secondary cohorts of the same age. This is to be expected as the CVD mortality risk is higher in the secondary cohort.
- The incremental number of life-years gained increases as the time horizon increases; again, this is to be expected.
- On comparing the primary and secondary results for cohorts of the same age, the difference in the number of life-years gained also increases as the time horizon increases.

Looking at the QALYs accumulated by the primary and secondary cohorts aged 45 and 75 years (*Table 103*):

- The number of QALYs for each cohort increases, as the time horizon increases, as would be expected
- The incremental number of QALYs gained increases as the time horizon increases.
- The primary cohorts accrue more QALYs than the secondary cohorts of the same age due to the baseline QoL of the secondary cohort.
- For cohorts aged 75 years, the secondary

TABLE 103 Life-years and QALYs for primary and secondary cohorts aged 45 and 75 years when using Scenario 2

Age (years)	CVD	Arm	Undiscounted life-years				Discounted QALYs			
			5 years	10 years	20 years	Lifetime	5 years	10 years	20 years	Lifetime
45	P	T	4,938	9,719	18,465	29,729	3,939	7,017	11,121	13,979
45	P	C	4,936	9,706	18,378	29,130	3,933	6,992	11,027	13,732
		Incremental	2.2	13.6	87.2	598.5	5.6	25.3	93.1	246.9
45	S	T	4,896	9,549	17,746	26,942	3,189	5,644	8,824	10,828
45	S	C	4,891	9,520	17,598	26,284	3,183	5,618	8,733	10,616
		Incremental	5.4	28.9	148.5	657.9	5.9	25.8	91.2	212.4
75	P	T	4,361	7,311	9,456	9,580	2,952	4,544	5,424	5,459
75	P	C	4,354	7,272	9,352	9,467	2,944	4,510	5,358	5,390
		Incremental	6.7	38.1	104.4	112.8	8.6	33.5	66.9	69.6
75	S	T	4,095	6,490	7,926	7,991	2,226	3,272	3,759	3,775
75	S	C	4,075	6,408	7,762	7,820	2,212	3,228	3,684	3,698
		Incremental	20.1	82.2	164.3	170.9	13.4	44.9	75.1	76.8

C, control; P, primary; S, secondary; T, treatment.

cohorts continue to gain more QALYs than the primary cohorts over the full lifetime horizon.

- For cohorts aged 45 years, the secondary cohorts gain slightly more QALYs than the primary cohorts when accruing benefits over shorter horizons (5.9 versus 5.6 at 5 years and 25.8 versus 25.3 at 10 years).
- For cohorts aged 45 years, when accruing benefits over longer horizons, the primary cohorts gain more QALYs than the secondary cohorts (93.1 versus 91.2 at 20 years and 246.9 versus 212.4 at lifetime).

All individuals with a history of CVD commence the model with a disutility associated with the disease, hence preventing an event in a secondary cohort is worth less in terms of QALY gain than preventing an event in a primary cohort (Table 103).

The cumulative QALY gain from preventing one non-fatal MI in a primary cohort is 8.33. To obtain the same QALY gain in a secondary cohort, an intervention would need to prevent 2.5 MIs if the individual had experienced a previous MI and over 3 MIs if the individual had experienced a previous Str.

The cumulative QALY gain from preventing one non-fatal Str in a primary cohort is 15.39. To obtain the same QALY gain in a secondary cohort, an intervention would need to prevent 1.6 Str if the individual had experienced a previous MI, and almost 6 Str if the individual had experienced a previous Str.

An approximation of the number of QALYs accumulated by an individual in the secondary cohort who remains event free over the duration of the model is calculated by weighting the number of QALYs for each of the starting health states (post: angina, unstable angina, MI, TIA and Str) by the starting distribution (Table 104). An intervention would need to prevent 1.2 fatal events in the secondary cohort to obtain the QALY gain accumulated through preventing one in the primary cohort.

At younger ages (i.e. 45 years), the ratio of fatal to non-fatal events means that the majority of risk is attributed to the non-fatal events and therefore the majority of benefits are accrued through non-fatal events. The number of fatal secondary events increases more rapidly than the number of fatal primary events as age increases, hence the cumulative impact of saving more fatal events in the secondary cohorts outweighs the differential gain of saving non-fatal events in the primary cohorts for the older age groups.

Describing why the primary ICERs are lower than the secondary ICERs for treatment scenarios with relatively small incremental annual treatment costs

There are analyses where all the primary results are lower than the secondary results for cohorts of the same age. These analyses use treatment

TABLE 104 Number of undiscounted QALYs accumulated by an individual aged 45 years

	No event	Fatal event	Saving	No. of events
Primary	41.48		41.48	1
Secondary weighted by distribution across the post-primary health states	33.76		33.76	1.2
	No event	Non-fatal MI	Saving	
Primary	41.48	33.15	8.33	1.0
Secondary stable angina	37.33	29.83	7.50	1.1
Secondary MI	33.18	29.83	3.35	2.5
Secondary Str	26.09	23.48	2.61	3.2
	No event	Non-fatal Str	Saving	
Primary	41.48	26.09	15.391	1
Secondary stable angina	37.33	23.48	13.85	1.1
Secondary MI	33.18	23.48	9.70	1.6
Secondary Str	26.09	23.48	2.61	5.9

regimens which have a relatively small difference in the annual cost of treatments; namely ezetimibe co-administered with generic simvastatin versus the same dose of atorvastatin. The results for Scenario 6, treatment regimen 10 (ezetimibe co-administered with simvastatin 40 mg versus atorvastatin 40 mg), and the results for Scenario 6, treatment regimen 1 (ezetimibe co-administered with pravastatin 10 mg versus generic simvastatin 10 mg), are used to illustrate why the primary ICERs are lower than the secondary ICERs. These two treatment regimens were selected as regimen 1 has the smallest difference in annual treatment costs (£30.37) and regimen 10 has the largest difference in annual treatment costs (£344.40).

Table 105 provides the discounted therapy costs for each arm, the incremental therapy costs, the incremental total costs and the ICERs for male cohorts aged 65 years using treatment regimens 1 and 10. The incremental QALYs and the cumulative health state costs are the same for both analyses as the only difference is the cost associated with the therapies being compared. For treatment regimen 1, all ICERs for the secondary cohorts are lower than the ICERs for the primary cohorts. Conversely, for treatment regimen 10, all ICERs for the secondary cohorts are higher than the ICERs for the primary cohorts.

The incremental costs associated with the therapies are much smaller for treatment regimen

TABLE 105 Comparing the results for primary and secondary cohorts aged 65 years^a

Cohort	Treatment regimen 10 (E10 + S10 vs A40)				Treatment regimen 1 (E10 + P10 vs S10)			
	5 years	10 years	20 years	Lifetime	5 years	10 years	20 years	Lifetime
<i>Treatment arm therapy costs (£000)</i>								
P65	1793	3093	4425	4734	1658	2859	4090	4376
S65	1757	2936	4004	4207	1624	2714	3701	3888
<i>Comparator arm therapy costs (£000)</i>								
P65	1656	2853	4070	4348	106	183	261	279
S65	1622	2704	3670	3850	104	173	235	247
<i>Incremental therapy costs (£000)</i>								
P65	137	240	355	386	1552	2676	3829	4097
S65	135	232	333	357	1520	2540	3465	3641
<i>Treatment arm health state costs (£000)</i>								
P65	627	1558	3132	3599	627	1558	3132	3599
S65	3351	5837	8216	8650	3351	5837	8216	8650
<i>Comparator arm health state costs (£000)</i>								
P65	726	1748	3414	3893	726	1748	3414	3893
S65	3385	5897	8268	8688	3385	5897	8268	8688
<i>Incremental health state costs (£000)</i>								
P65	-99	-190	-282	-293	-99	-190	-282	-293
S65	-34	-60	-52	-38	-34	-60	-52	-38
<i>Total incremental costs (£000)</i>								
P65	39	50	73	93	1453	2486	3547	3804
S65	102	173	281	319	1487	2481	3413	3604
<i>Total incremental QALYs</i>								
P65	3.4	15.5	46.7	60.4	3.4	15.5	46.7	60.4
S65	5.4	21.8	55.6	66.5	5.4	21.8	55.6	66.5
<i>Discounted ICER (£000)</i>								
P65	11.3	3.2	1.6	1.5	423.3	160.2	76.0	63.0
S65	18.9	7.9	5.1	4.8	276.8	113.8	61.4	54.2

A40, atorvastatin 40 mg; E10, ezetimibe 10 mg; P10, pravastatin 10 mg; P65, primary cohort aged 65 years; S10, simvastatin 10 mg; S65, secondary cohort aged 65 years.

^a When using Scenario 6, treatment regimen 10 (ezetimibe co-administered with generic simvastatin 40 mg compared with atorvastatin 40 mg) and treatment regimen 1 (ezetimibe co-administered with generic pravastatin 10 mg versus generic simvastatin 10 mg).

10 than for treatment regimen 1, as would be expected as the difference in the annual costs of the treatments being compared is much smaller. On comparing the lifetime results, the incremental therapy costs are similar at £386,000 versus £357,000 for regimen 10 and £4,097,000 versus £3,641,000 for regimen 1 for the primary and secondary cohorts, respectively.

The health state costs associated with primary cohorts are much smaller than those accrued by the secondary cohorts, as would be expected. However, the cost offsets due to events avoided are much larger for the primary cohorts.

All individuals in the secondary cohorts commence the analyses with an ongoing cost associated with the disease whereas those in the primary cohorts commence the analyses with no health state costs other than monitoring. Consequently, saving a subsequent event in a secondary cohort accrues less cost savings than saving the same event in a primary cohort.

If an MI was prevented in a primary cohort, the cost savings would include the first-year costs (£4934) plus subsequent-year costs (£201) until death. Preventing the same event in a secondary population, if the individual had already had one MI, then the total cost savings attributable to the

prevented event would be the first-year costs minus the ongoing costs (£4934–201). For an individual aged 45 years, the maximum total savings associated with a primary non-fatal MI are £4934 + (£201 × 44) = £13,778, whereas the maximum total savings associated with a secondary non-fatal MI are £4934 – £201 = £4733. Looking at non-fatal Str, the maximum total savings associated with a primary non-fatal Str are £8070 + (£2169 × 44) = £103,506. For a secondary non-fatal Str, the maximum total savings are (£8070 – £201) + (£2169 – £201) × 44 = £94,461 for an individual with a history of angina or a previous MI, and £8070 – £2169 = £5901 for an individual with a previous Str.

The impact of this is that when looking at the total incremental costs, the cost savings due to events avoided by the primary cohort when using the treatment regimen 1 are absorbed by the difference in the therapy costs, resulting in a total incremental cost which is similar to that accrued by the secondary cohort. Conversely, as the incremental therapy costs are much smaller for treatment regimen 10, the total incremental costs are also much smaller and the total cost associated with the primary cohort is smaller than that accrued by the secondary cohort, giving primary ICERs which are smaller than the secondary ICERs.



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Volume 1, 1997

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Volume 2, 1998

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Volume 3, 1999

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Volume 4, 2000

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No. 21

Systematic reviews of wound care management: (3) antimicrobial agents for chronic wounds; (4) diabetic foot ulceration.

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No. 22

Using routine data to complement and enhance the results of randomised controlled trials.

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Coronary artery stents in the treatment of ischaemic heart disease: a rapid and systematic review.

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No. 36

A randomised controlled trial to evaluate the effectiveness and cost-effectiveness of counselling patients with chronic depression.

By Simpson S, Corney R, Fitzgerald P, Beecham J.

No. 37

Systematic review of treatments for atopic eczema.

By Hoare C, Li Wan Po A, Williams H.

No. 38

Bayesian methods in health technology assessment: a review.

By Spiegelhalter DJ, Myles JP, Jones DR, Abrams KR.

No. 39

The management of dyspepsia: a systematic review.

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A systematic review of treatments for severe psoriasis.

By Griffiths CEM, Clark CM, Chalmers RJG, Li Wan Po A, Williams HC.

Volume 5, 2001

No. 1

Clinical and cost-effectiveness of donepezil, rivastigmine and galantamine for Alzheimer's disease: a rapid and systematic review.

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No. 2

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No. 3

Equity and the economic evaluation of healthcare.

By Sassi F, Archard L, Le Grand J.

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By Eiser C, Morse R.

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No. 6

General health status measures for people with cognitive impairment: learning disability and acquired brain injury.

By Riemsma RP, Forbes CA, Glanville JM, Eastwood AJ, Kleijnen J.

No. 7

An assessment of screening strategies for fragile X syndrome in the UK.

By Pembrey ME, Barnicoat AJ, Carmichael B, Bobrow M, Turner G.

No. 8

Issues in methodological research: perspectives from researchers and commissioners.

By Lilford RJ, Richardson A, Stevens A, Fitzpatrick R, Edwards S, Rock F, *et al.*

No. 9

Systematic reviews of wound care management: (5) beds; (6) compression; (7) laser therapy, therapeutic ultrasound, electrotherapy and electromagnetic therapy.

By Cullum N, Nelson EA, Flemming K, Sheldon T.

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By Hampson SE, Skinner TC, Hart J, Storey L, Gage H, Foxcroft D, *et al.*

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Home treatment for mental health problems: a systematic review.

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No. 16

How to develop cost-conscious guidelines.

By Eccles M, Mason J.

No. 17

The role of specialist nurses in multiple sclerosis: a rapid and systematic review.

By De Broe S, Christopher F, Waugh N.

No. 18

A rapid and systematic review of the clinical effectiveness and cost-effectiveness of orlistat in the management of obesity.

By O'Meara S, Riemsma R, Shirran L, Mather L, ter Riet G.

No. 19

The clinical effectiveness and cost-effectiveness of pioglitazone for type 2 diabetes mellitus: a rapid and systematic review.

By Chilcott J, Wight J, Lloyd Jones M, Tappenden P.

No. 20

Extended scope of nursing practice: a multicentre randomised controlled trial of appropriately trained nurses and preregistration house officers in pre-operative assessment in elective general surgery.

By Kinley H, Czoski-Murray C, George S, McCabe C, Primrose J, Reilly C, *et al.*

No. 21

Systematic reviews of the effectiveness of day care for people with severe mental disorders: (1) Acute day hospital versus admission; (2) Vocational rehabilitation; (3) Day hospital versus outpatient care.

By Marshall M, Crowther R, Almaraz-Serrano A, Creed F, Sledge W, Kluiters H, *et al.*

No. 22

The measurement and monitoring of surgical adverse events.

By Bruce J, Russell EM, Mollison J, Krukowski ZH.

No. 23

Action research: a systematic review and guidance for assessment.

By Waterman H, Tillen D, Dickson R, de Koning K.

No. 24

A rapid and systematic review of the clinical effectiveness and cost-effectiveness of gemcitabine for the treatment of pancreatic cancer.

By Ward S, Morris E, Bansback N, Calvert N, Crellin A, Forman D, *et al.*

No. 25

A rapid and systematic review of the evidence for the clinical effectiveness and cost-effectiveness of irinotecan, oxaliplatin and raltitrexed for the treatment of advanced colorectal cancer.

By Lloyd Jones M, Hummel S, Bansback N, Orr B, Seymour M.

No. 26

Comparison of the effectiveness of inhaler devices in asthma and chronic obstructive airways disease: a systematic review of the literature.

By Brocklebank D, Ram F, Wright J, Barry P, Cates C, Davies L, *et al.*

No. 27

The cost-effectiveness of magnetic resonance imaging for investigation of the knee joint.

By Bryan S, Weatherburn G, Bungay H, Hatrick C, Salas C, Parry D, *et al.*

No. 28

A rapid and systematic review of the clinical effectiveness and cost-effectiveness of topotecan for ovarian cancer.

By Forbes C, Shirran L, Bagnall A-M, Duffy S, ter Riet G.

No. 29

Superseded by a report published in a later volume.

No. 30

The role of radiography in primary care patients with low back pain of at least 6 weeks duration: a randomised (unblinded) controlled trial.

By Kendrick D, Fielding K, Bentley E, Miller P, Kerslake R, Pringle M.

No. 31

Design and use of questionnaires: a review of best practice applicable to surveys of health service staff and patients.

By McColl E, Jacoby A, Thomas L, Soutter J, Bamford C, Steen N, *et al.*

No. 32

A rapid and systematic review of the clinical effectiveness and cost-effectiveness of paclitaxel, docetaxel, gemcitabine and vinorelbine in non-small-cell lung cancer.

By Clegg A, Scott DA, Sidhu M, Hewitson P, Waugh N.

No. 33

Subgroup analyses in randomised controlled trials: quantifying the risks of false-positives and false-negatives.

By Brookes ST, Whitley E, Peters TJ, Mulheran PA, Egger M, Davey Smith G.

No. 34

Depot antipsychotic medication in the treatment of patients with schizophrenia: (1) Meta-review; (2) Patient and nurse attitudes.

By David AS, Adams C.

No. 35

A systematic review of controlled trials of the effectiveness and cost-effectiveness of brief psychological treatments for depression.

By Churchill R, Hunot V, Corney R, Knapp M, McGuire H, Tylee A, *et al.*

No. 36

Cost analysis of child health surveillance.

By Sanderson D, Wright D, Acton C, Duree D.

Volume 6, 2002**No. 1**

A study of the methods used to select review criteria for clinical audit.

By Hearnshaw H, Harker R, Cheater F, Baker R, Grimshaw G.

No. 2

Fludarabine as second-line therapy for B cell chronic lymphocytic leukaemia: a technology assessment.

By Hyde C, Wake B, Bryan S, Barton P, Fry-Smith A, Davenport C, *et al.*

No. 3

Rituximab as third-line treatment for refractory or recurrent Stage III or IV follicular non-Hodgkin's lymphoma: a systematic review and economic evaluation.

By Wake B, Hyde C, Bryan S, Barton P, Song F, Fry-Smith A, *et al.*

No. 4

A systematic review of discharge arrangements for older people.

By Parker SG, Peet SM, McPherson A, Cannaby AM, Baker R, Wilson A, *et al.*

No. 5

The clinical effectiveness and cost-effectiveness of inhaler devices used in the routine management of chronic asthma in older children: a systematic review and economic evaluation.

By Peters J, Stevenson M, Beverley C, Lim J, Smith S.

No. 6

The clinical effectiveness and cost-effectiveness of sibutramine in the management of obesity: a technology assessment.

By O'Meara S, Riemsma R, Shirran L, Mather L, ter Riet G.

No. 7

The cost-effectiveness of magnetic resonance angiography for carotid artery stenosis and peripheral vascular disease: a systematic review.

By Berry E, Kelly S, Westwood ME, Davies LM, Gough MJ, Bamford JM, *et al.*

No. 8

Promoting physical activity in South Asian Muslim women through 'exercise on prescription'.

By Carroll B, Ali N, Azam N.

No. 9

Zanamivir for the treatment of influenza in adults: a systematic review and economic evaluation.

By Burls A, Clark W, Stewart T, Preston C, Bryan S, Jefferson T, *et al.*

No. 10

A review of the natural history and epidemiology of multiple sclerosis: implications for resource allocation and health economic models.

By Richards RG, Sampson FC, Beard SM, Tappenden P.

No. 11

Screening for gestational diabetes: a systematic review and economic evaluation.

By Scott DA, Loveman E, McIntyre L, Waugh N.

No. 12

The clinical effectiveness and cost-effectiveness of surgery for people with morbid obesity: a systematic review and economic evaluation.

By Clegg AJ, Colquitt J, Sidhu MK, Royle P, Loveman E, Walker A.

No. 13

The clinical effectiveness of trastuzumab for breast cancer: a systematic review.

By Lewis R, Bagnall A-M, Forbes C, Shirran E, Duffy S, Kleijnen J, *et al.*

No. 14

The clinical effectiveness and cost-effectiveness of vinorelbine for breast cancer: a systematic review and economic evaluation.

By Lewis R, Bagnall A-M, King S, Woolcott N, Forbes C, Shirran L, *et al.*

No. 15

A systematic review of the effectiveness and cost-effectiveness of metal-on-metal hip resurfacing arthroplasty for treatment of hip disease.

By Vale L, Wyness L, McCormack K, McKenzie L, Brazzelli M, Stearns SC.

No. 16

The clinical effectiveness and cost-effectiveness of bupropion and nicotine replacement therapy for smoking cessation: a systematic review and economic evaluation.

By Woolcott NF, Jones L, Forbes CA, Mather LC, Sowden AJ, Song FJ, *et al.*

No. 17

A systematic review of effectiveness and economic evaluation of new drug treatments for juvenile idiopathic arthritis: etanercept.

By Cummins C, Connock M, Fry-Smith A, Burls A.

No. 18

Clinical effectiveness and cost-effectiveness of growth hormone in children: a systematic review and economic evaluation.

By Bryant J, Cave C, Mihaylova B, Chase D, McIntyre L, Gerard K, *et al.*

No. 19

Clinical effectiveness and cost-effectiveness of growth hormone in adults in relation to impact on quality of life: a systematic review and economic evaluation.

By Bryant J, Loveman E, Chase D, Mihaylova B, Cave C, Gerard K, *et al.*

No. 20

Clinical medication review by a pharmacist of patients on repeat prescriptions in general practice: a randomised controlled trial.

By Zermansky AG, Petty DR, Raynor DK, Lowe CJ, Frementle N, Vail A.

No. 21

The effectiveness of infliximab and etanercept for the treatment of rheumatoid arthritis: a systematic review and economic evaluation.

By Jobanputra P, Barton P, Bryan S, Burls A.

No. 22

A systematic review and economic evaluation of computerised cognitive behaviour therapy for depression and anxiety.

By Kaltenthaler E, Shackley P, Stevens K, Beverley C, Parry G, Chilcott J.

No. 23

A systematic review and economic evaluation of pegylated liposomal doxorubicin hydrochloride for ovarian cancer.

By Forbes C, Wilby J, Richardson G, Sculpher M, Mather L, Reimsma R.

No. 24

A systematic review of the effectiveness of interventions based on a stages-of-change approach to promote individual behaviour change.

By Riemsma RP, Pattenden J, Bridle C, Sowden AJ, Mather L, Watt IS, *et al.*

No. 25

A systematic review update of the clinical effectiveness and cost-effectiveness of glycoprotein IIb/IIIa antagonists.

By Robinson M, Ginnelly L, Sculpher M, Jones L, Riemsma R, Palmer S, *et al.*

No. 26

A systematic review of the effectiveness, cost-effectiveness and barriers to implementation of thrombolytic and neuroprotective therapy for acute ischaemic stroke in the NHS.

By Sandercock P, Berge E, Dennis M, Forbes J, Hand P, Kwan J, *et al.*

No. 27

A randomised controlled crossover trial of nurse practitioner versus doctor-led outpatient care in a bronchiectasis clinic.

By Caine N, Sharples LD, Hollingworth W, French J, Keogan M, Exley A, *et al.*

No. 28

Clinical effectiveness and cost – consequences of selective serotonin reuptake inhibitors in the treatment of sex offenders.

By Adi Y, Ashcroft D, Browne K, Beech A, Fry-Smith A, Hyde C.

No. 29

Treatment of established osteoporosis: a systematic review and cost-utility analysis.

By Kanis JA, Brazier JE, Stevenson M, Calvert NW, Lloyd Jones M.

No. 30

Which anaesthetic agents are cost-effective in day surgery? Literature review, national survey of practice and randomised controlled trial.

By Elliott RA Payne K, Moore JK, Davies LM, Harper NJN, St Leger AS, *et al.*

No. 31

Screening for hepatitis C among injecting drug users and in genitourinary medicine clinics: systematic reviews of effectiveness, modelling study and national survey of current practice.

By Stein K, Dalziel K, Walker A, McIntyre L, Jenkins B, Horne J, *et al.*

No. 32

The measurement of satisfaction with healthcare: implications for practice from a systematic review of the literature.

By Crow R, Gage H, Hampson S, Hart J, Kimber A, Storey L, *et al.*

No. 33

The effectiveness and cost-effectiveness of imatinib in chronic myeloid leukaemia: a systematic review.

By Garside R, Round A, Dalziel K, Stein K, Royle R.

No. 34

A comparative study of hypertonic saline, daily and alternate-day rhDNase in children with cystic fibrosis.

By Suri R, Wallis C, Bush A, Thompson S, Normand C, Flather M, *et al.*

No. 35

A systematic review of the costs and effectiveness of different models of paediatric home care.

By Parker G, Bhakta P, Lovett CA, Paisley S, Olsen R, Turner D, *et al.*

Volume 7, 2003

No. 1

How important are comprehensive literature searches and the assessment of trial quality in systematic reviews? Empirical study.

By Egger M, Jüni P, Bartlett C, Hohenstein F, Sterne J.

No. 2

Systematic review of the effectiveness and cost-effectiveness, and economic evaluation, of home versus hospital or satellite unit haemodialysis for people with end-stage renal failure.

By Mowatt G, Vale L, Perez J, Wyness L, Fraser C, MacLeod A, *et al.*

No. 3

Systematic review and economic evaluation of the effectiveness of infliximab for the treatment of Crohn's disease.

By Clark W, Raftery J, Barton P, Song F, Fry-Smith A, Burls A.

No. 4

A review of the clinical effectiveness and cost-effectiveness of routine anti-D prophylaxis for pregnant women who are rhesus negative.

By Chilcott J, Lloyd Jones M, Wight J, Forman K, Wray J, Beverley C, *et al.*

No. 5

Systematic review and evaluation of the use of tumour markers in paediatric oncology: Ewing's sarcoma and neuroblastoma.

By Riley RD, Burchill SA, Abrams KR, Heny D, Lambert PC, Jones DR, *et al.*

No. 6

The cost-effectiveness of screening for *Helicobacter pylori* to reduce mortality and morbidity from gastric cancer and peptic ulcer disease: a discrete-event simulation model.

By Roderick P, Davies R, Raftery J, Crabbe D, Pearce R, Bhandari P, *et al.*

No. 7

The clinical effectiveness and cost-effectiveness of routine dental checks: a systematic review and economic evaluation.

By Davenport C, Elley K, Salas C, Taylor-Weetman CL, Fry-Smith A, Bryan S, *et al.*

No. 8

A multicentre randomised controlled trial assessing the costs and benefits of using structured information and analysis of women's preferences in the management of menorrhagia.

By Kennedy ADM, Sculpher MJ, Coulter A, Dwyer N, Rees M, Horsley S, *et al.*

No. 9

Clinical effectiveness and cost-utility of photodynamic therapy for wet age-related macular degeneration: a systematic review and economic evaluation.

By Meads C, Salas C, Roberts T, Moore D, Fry-Smith A, Hyde C.

No. 10

Evaluation of molecular tests for prenatal diagnosis of chromosome abnormalities.

By Grimshaw GM, Szczepura A, Hultén M, MacDonald F, Nevin NC, Sutton F, *et al.*

No. 11

First and second trimester antenatal screening for Down's syndrome: the results of the Serum, Urine and Ultrasound Screening Study (SURUSS).

By Wald NJ, Rodeck C, Hackshaw AK, Walters J, Chitty L, Mackinson AM.

No. 12

The effectiveness and cost-effectiveness of ultrasound locating devices for central venous access: a systematic review and economic evaluation.

By Calvert N, Hind D, McWilliams RG, Thomas SM, Beverley C, Davidson A.

No. 13

A systematic review of atypical antipsychotics in schizophrenia.

By Bagnall A-M, Jones L, Lewis R, Ginnelly L, Glanville J, Torgerson D, *et al.*

No. 14

Prostate Testing for Cancer and Treatment (ProtecT) feasibility study.

By Donovan J, Hamdy F, Neal D, Peters T, Oliver S, Brindle L, *et al.*

No. 15

Early thrombolysis for the treatment of acute myocardial infarction: a systematic review and economic evaluation.

By Boland A, Dundar Y, Bagust A, Haycox A, Hill R, Mujica Mota R, *et al.*

No. 16

Screening for fragile X syndrome: a literature review and modelling.

By Song FJ, Barton P, Sleightholme V, Yao GL, Fry-Smith A.

No. 17

Systematic review of endoscopic sinus surgery for nasal polyps.

By Dalziel K, Stein K, Round A, Garside R, Royle P.

No. 18

Towards efficient guidelines: how to monitor guideline use in primary care.

By Hutchinson A, McIntosh A, Cox S, Gilbert C.

No. 19

Effectiveness and cost-effectiveness of acute hospital-based spinal cord injuries services: systematic review.

By Bagnall A-M, Jones L, Richardson G, Duffy S, Riemsma R.

No. 20

Prioritisation of health technology assessment. The PATHS model: methods and case studies.

By Townsend J, Buxton M, Harper G.

No. 21

Systematic review of the clinical effectiveness and cost-effectiveness of tension-free vaginal tape for treatment of urinary stress incontinence.

By Cody J, Wyness L, Wallace S, Glazener C, Kilonzo M, Stearns S, *et al.*

No. 22

The clinical and cost-effectiveness of patient education models for diabetes: a systematic review and economic evaluation.

By Loveman E, Cave C, Green C, Royle P, Dunn N, Waugh N.

No. 23

The role of modelling in prioritising and planning clinical trials.

By Chilcott J, Brennan A, Booth A, Karnon J, Tappenden P.

No. 24

Cost-benefit evaluation of routine influenza immunisation in people 65-74 years of age.

By Allsup S, Gosney M, Haycox A, Regan M.

No. 25

The clinical and cost-effectiveness of pulsatile machine perfusion versus cold storage of kidneys for transplantation retrieved from heart-beating and non-heart-beating donors.

By Wight J, Chilcott J, Holmes M, Brewer N.

No. 26

Can randomised trials rely on existing electronic data? A feasibility study to explore the value of routine data in health technology assessment.

By Williams JG, Cheung WY, Cohen DR, Hutchings HA, Longo MF, Russell IT.

No. 27

Evaluating non-randomised intervention studies.

By Deeks JJ, Dinnes J, D'Amico R, Sowden AJ, Sakarovich C, Song F, *et al.*

No. 28

A randomised controlled trial to assess the impact of a package comprising a patient-orientated, evidence-based self-help guidebook and patient-centred consultations on disease management and satisfaction in inflammatory bowel disease.

By Kennedy A, Nelson E, Reeves D, Richardson G, Roberts C, Robinson A, *et al.*

No. 29

The effectiveness of diagnostic tests for the assessment of shoulder pain due to soft tissue disorders: a systematic review.

By Dinnes J, Loveman E, McIntyre L, Waugh N.

No. 30

The value of digital imaging in diabetic retinopathy.

By Sharp PE, Olson J, Strachan F, Hipwell J, Ludbrook A, O'Donnell M, *et al.*

No. 31

Lowering blood pressure to prevent myocardial infarction and stroke: a new preventive strategy.

By Law M, Wald N, Morris J.

No. 32

Clinical and cost-effectiveness of capecitabine and tegafur with uracil for the treatment of metastatic colorectal cancer: systematic review and economic evaluation.

By Ward S, Kaltenthaler E, Cowan J, Brewer N.

No. 33

Clinical and cost-effectiveness of new and emerging technologies for early localised prostate cancer: a systematic review.

By Hummel S, Paisley S, Morgan A, Currie E, Brewer N.

No. 34

Literature searching for clinical and cost-effectiveness studies used in health technology assessment reports carried out for the National Institute for Clinical Excellence appraisal system.

By Royle P, Waugh N.

No. 35

Systematic review and economic decision modelling for the prevention and treatment of influenza A and B.

By Turner D, Wailoo A, Nicholson K, Cooper N, Sutton A, Abrams K.

No. 36

A randomised controlled trial to evaluate the clinical and cost-effectiveness of Hickman line insertions in adult cancer patients by nurses.

By Boland A, Haycox A, Bagust A, Fitzsimmons L.

No. 37

Redesigning postnatal care: a randomised controlled trial of protocol-based midwifery-led care focused on individual women's physical and psychological health needs.

By MacArthur C, Winter HR, Bick DE, Lilford RJ, Lancashire RJ, Knowles H, *et al.*

No. 38

Estimating implied rates of discount in healthcare decision-making.

By West RR, McNabb R, Thompson AGH, Sheldon TA, Grimley Evans J.

No. 39

Systematic review of isolation policies in the hospital management of methicillin-resistant *Staphylococcus aureus*: a review of the literature with epidemiological and economic modelling.

By Cooper BS, Stone SP, Kibbler CC, Cookson BD, Roberts JA, Medley GF, *et al.*

No. 40

Treatments for spasticity and pain in multiple sclerosis: a systematic review.

By Beard S, Hunn A, Wight J.

No. 41

The inclusion of reports of randomised trials published in languages other than English in systematic reviews.

By Moher D, Pham B, Lawson ML, Klassen TP.

No. 42

The impact of screening on future health-promoting behaviours and health beliefs: a systematic review.

By Bankhead CR, Brett J, Bukach C, Webster P, Stewart-Brown S, Munafa M, *et al.*

Volume 8, 2004

No. 1

What is the best imaging strategy for acute stroke?

By Wardlaw JM, Keir SL, Seymour J, Lewis S, Sandercock PAG, Dennis MS, *et al.*

No. 2

Systematic review and modelling of the investigation of acute and chronic chest pain presenting in primary care.

By Mant J, McManus RJ, Oakes RAL, Delaney BC, Barton PM, Deeks JJ, *et al.*

No. 3

The effectiveness and cost-effectiveness of microwave and thermal balloon endometrial ablation for heavy menstrual bleeding: a systematic review and economic modelling.

By Garside R, Stein K, Wyatt K, Round A, Price A.

No. 4

A systematic review of the role of bisphosphonates in metastatic disease.

By Ross JR, Saunders Y, Edmonds PM, Patel S, Wonderling D, Normand C, *et al.*

No. 5

Systematic review of the clinical effectiveness and cost-effectiveness of capecitabine (Xeloda®) for locally advanced and/or metastatic breast cancer.

By Jones L, Hawkins N, Westwood M, Wright K, Richardson G, Riemsma R.

No. 6

Effectiveness and efficiency of guideline dissemination and implementation strategies.

By Grimshaw JM, Thomas RE, MacLennan G, Fraser C, Ramsay CR, Vale L, *et al.*

No. 7

Clinical effectiveness and costs of the Sugarbaker procedure for the treatment of pseudomyxoma peritonei.

By Bryant J, Clegg AJ, Sidhu MK, Brodin H, Royle P, Davidson P.

No. 8

Psychological treatment for insomnia in the regulation of long-term hypnotic drug use.

By Morgan K, Dixon S, Mathers N, Thompson J, Tomeny M.

No. 9

Improving the evaluation of therapeutic interventions in multiple sclerosis: development of a patient-based measure of outcome.

By Hobart JC, Riazi A, Lamping DL, Fitzpatrick R, Thompson AJ.

No. 10

A systematic review and economic evaluation of magnetic resonance cholangiopancreatography compared with diagnostic endoscopic retrograde cholangiopancreatography.

By Kaltenthaler E, Bravo Vergel Y, Chilcott J, Thomas S, Blakeborough T, Walters SJ, *et al.*

No. 11

The use of modelling to evaluate new drugs for patients with a chronic condition: the case of antibodies against tumour necrosis factor in rheumatoid arthritis.

By Barton P, Jobanputra P, Wilson J, Bryan S, Burls A.

No. 12

Clinical effectiveness and cost-effectiveness of neonatal screening for inborn errors of metabolism using tandem mass spectrometry: a systematic review.

By Pandor A, Eastham J, Beverley C, Chilcott J, Paisley S.

No. 13

Clinical effectiveness and cost-effectiveness of pioglitazone and rosiglitazone in the treatment of type 2 diabetes: a systematic review and economic evaluation.

By Czoski-Murray C, Warren E, Chilcott J, Beverley C, Psyllaki MA, Cowan J.

No. 14

Routine examination of the newborn: the EMREN study. Evaluation of an extension of the midwife role including a randomised controlled trial of appropriately trained midwives and paediatric senior house officers.

By Townsend J, Wolke D, Hayes J, Davé S, Rogers C, Bloomfield L, *et al.*

No. 15

Involving consumers in research and development agenda setting for the NHS: developing an evidence-based approach.

By Oliver S, Clarke-Jones L, Rees R, Milne R, Buchanan P, Gabbay J, *et al.*

No. 16

A multi-centre randomised controlled trial of minimally invasive direct coronary bypass grafting versus percutaneous transluminal coronary angioplasty with stenting for proximal stenosis of the left anterior descending coronary artery.

By Reeves BC, Angelini GD, Bryan AJ, Taylor FC, Cripps T, Spyt TJ, *et al.*

No. 17

Does early magnetic resonance imaging influence management or improve outcome in patients referred to secondary care with low back pain? A pragmatic randomised controlled trial.

By Gilbert FJ, Grant AM, Gillan MGC, Vale L, Scott NW, Campbell MK, *et al.*

No. 18

The clinical and cost-effectiveness of anakinra for the treatment of rheumatoid arthritis in adults: a systematic review and economic analysis.

By Clark W, Jobanputra P, Barton P, Burls A.

No. 19

A rapid and systematic review and economic evaluation of the clinical and cost-effectiveness of newer drugs for treatment of mania associated with bipolar affective disorder.

By Bridle C, Palmer S, Bagnall A-M, Darba J, Duffy S, Sculpher M, *et al.*

No. 20

Liquid-based cytology in cervical screening: an updated rapid and systematic review and economic analysis.

By Karnon J, Peters J, Platt J, Chilcott J, McGoogan E, Brewer N.

No. 21

Systematic review of the long-term effects and economic consequences of treatments for obesity and implications for health improvement.

By Avenell A, Broom J, Brown TJ, Poobalan A, Aucott L, Stearns SC, *et al.*

No. 22

Autoantibody testing in children with newly diagnosed type 1 diabetes mellitus.

By Dretzke J, Cummins C, Sandercock J, Fry-Smith A, Barrett T, Burls A.

No. 23

Clinical effectiveness and cost-effectiveness of prehospital intravenous fluids in trauma patients.

By Dretzke J, Sandercock J, Bayliss S, Burls A.

No. 24

Newer hypnotic drugs for the short-term management of insomnia: a systematic review and economic evaluation.

By Dündar Y, Boland A, Strobl J, Dodd S, Haycox A, Bagust A, *et al.*

No. 25

Development and validation of methods for assessing the quality of diagnostic accuracy studies.

By Whiting P, Rutjes AWS, Dinnes J, Reitsma JB, Bossuyt PMM, Kleijnen J.

No. 26

EVALUATE hysterectomy trial: a multicentre randomised trial comparing abdominal, vaginal and laparoscopic methods of hysterectomy.

By Garry R, Fountain J, Brown J, Manca A, Mason S, Sculpher M, *et al.*

No. 27

Methods for expected value of information analysis in complex health economic models: developments on the health economics of interferon- β and glatiramer acetate for multiple sclerosis.

By Tappenden P, Chilcott JB, Eggington S, Oakley J, McCabe C.

No. 28

Effectiveness and cost-effectiveness of imatinib for first-line treatment of chronic myeloid leukaemia in chronic phase: a systematic review and economic analysis.

By Dalziel K, Round A, Stein K, Garside R, Price A.

No. 29

VenUS I: a randomised controlled trial of two types of bandage for treating venous leg ulcers.

By Iglesias C, Nelson EA, Cullum NA, Torgerson DJ on behalf of the VenUS Team.

No. 30

Systematic review of the effectiveness and cost-effectiveness, and economic evaluation, of myocardial perfusion scintigraphy for the diagnosis and management of angina and myocardial infarction.

By Mowatt G, Vale L, Brazzelli M, Hernandez R, Murray A, Scott N, *et al.*

No. 31

A pilot study on the use of decision theory and value of information analysis as part of the NHS Health Technology Assessment programme.

By Claxton K, Ginnelly L, Sculpher M, Philips Z, Palmer S.

No. 32

The Social Support and Family Health Study: a randomised controlled trial and economic evaluation of two alternative forms of postnatal support for mothers living in disadvantaged inner-city areas.

By Wiggins M, Oakley A, Roberts I, Turner H, Rajan L, Austerberry H, *et al.*

No. 33

Psychosocial aspects of genetic screening of pregnant women and newborns: a systematic review.

By Green JM, Hewison J, Bekker HL, Bryant, Cuckle HS.

No. 34

Evaluation of abnormal uterine bleeding: comparison of three outpatient procedures within cohorts defined by age and menopausal status.

By Critchley HOD, Warner P, Lee AJ, Brechin S, Guise J, Graham B.

No. 35

Coronary artery stents: a rapid systematic review and economic evaluation.

By Hill R, Bagust A, Bakhai A, Dickson R, Dündar Y, Haycox A, *et al.*

No. 36

Review of guidelines for good practice in decision-analytic modelling in health technology assessment.

By Philips Z, Ginnelly L, Sculpher M, Claxton K, Golder S, Riemsma R, *et al.*

No. 37

Rituximab (MabThera[®]) for aggressive non-Hodgkin's lymphoma: systematic review and economic evaluation.

By Knight C, Hind D, Brewer N, Abbott V.

No. 38

Clinical effectiveness and cost-effectiveness of clopidogrel and modified-release dipyridamole in the secondary prevention of occlusive vascular events: a systematic review and economic evaluation.

By Jones L, Griffin S, Palmer S, Main C, Orton V, Sculpher M, *et al.*

No. 39

Pegylated interferon α -2a and -2b in combination with ribavirin in the treatment of chronic hepatitis C: a systematic review and economic evaluation.

By Shepherd J, Brodin H, Cave C, Waugh N, Price A, Gabbay J.

No. 40

Clopidogrel used in combination with aspirin compared with aspirin alone in the treatment of non-ST-segment-elevation acute coronary syndromes: a systematic review and economic evaluation.

By Main C, Palmer S, Griffin S, Jones L, Orton V, Sculpher M, *et al.*

No. 41

Provision, uptake and cost of cardiac rehabilitation programmes: improving services to under-represented groups.

By Beswick AD, Rees K, Griebusch I, Taylor FC, Burke M, West RR, *et al.*

No. 42

Involving South Asian patients in clinical trials.

By Hussain-Gambles M, Leese B, Atkin K, Brown J, Mason S, Tovey P.

No. 43

Clinical and cost-effectiveness of continuous subcutaneous insulin infusion for diabetes.

By Colquitt JL, Green C, Sidhu MK, Hartwell D, Waugh N.

No. 44

Identification and assessment of ongoing trials in health technology assessment reviews.

By Song FJ, Fry-Smith A, Davenport C, Bayliss S, Adi Y, Wilson JS, *et al.*

No. 45

Systematic review and economic evaluation of a long-acting insulin analogue, insulin glargine

By Warren E, Weatherley-Jones E, Chilcott J, Beverley C.

No. 46

Supplementation of a home-based exercise programme with a class-based programme for people with osteoarthritis of the knees: a randomised controlled trial and health economic analysis.

By McCarthy CJ, Mills PM, Pullen R, Richardson G, Hawkins N, Roberts CR, *et al.*

No. 47

Clinical and cost-effectiveness of once-daily versus more frequent use of same potency topical corticosteroids for atopic eczema: a systematic review and economic evaluation.

By Green C, Colquitt JL, Kirby J, Davidson P, Payne E.

No. 48

Acupuncture of chronic headache disorders in primary care: randomised controlled trial and economic analysis.

By Vickers AJ, Rees RW, Zollman CE, McCarney R, Smith CM, Ellis N, *et al.*

No. 49

Generalisability in economic evaluation studies in healthcare: a review and case studies.

By Sculpher MJ, Pang FS, Manca A, Drummond MF, Golder S, Urdahl H, *et al.*

No. 50

Virtual outreach: a randomised controlled trial and economic evaluation of joint teleconferenced medical consultations.

By Wallace P, Barber J, Clayton W, Currell R, Fleming K, Garner P, *et al.*

Volume 9, 2005

No. 1

Randomised controlled multiple treatment comparison to provide a cost-effectiveness rationale for the selection of antimicrobial therapy in acne.

By Ozolins M, Eady EA, Avery A, Cunliffe WJ, O'Neill C, Simpson NB, *et al.*

No. 2

Do the findings of case series studies vary significantly according to methodological characteristics?

By Dalziel K, Round A, Stein K, Garside R, Castelnovo E, Payne L.

No. 3

Improving the referral process for familial breast cancer genetic counselling: findings of three randomised controlled trials of two interventions.

By Wilson BJ, Torrance N, Mollison J, Wordsworth S, Gray JR, Haites NE, *et al.*

No. 4

Randomised evaluation of alternative electrosurgical modalities to treat bladder outflow obstruction in men with benign prostatic hyperplasia.

By Fowler C, McAllister W, Plail R, Karim O, Yang Q.

No. 5

A pragmatic randomised controlled trial of the cost-effectiveness of palliative therapies for patients with inoperable oesophageal cancer.

By Shenfine J, McNamee P, Steen N, Bond J, Griffin SM.

No. 6

Impact of computer-aided detection prompts on the sensitivity and specificity of screening mammography.

By Taylor P, Champness J, Given-Wilson R, Johnston K, Potts H.

No. 7

Issues in data monitoring and interim analysis of trials.

By Grant AM, Altman DG, Babiker AB, Campbell MK, Clemens FJ, Darbyshire JH, *et al.*

No. 8

Lay public's understanding of equipoise and randomisation in randomised controlled trials.

By Robinson EJ, Kerr CEP, Stevens AJ, Lilford RJ, Brauholtz DA, Edwards SJ, *et al.*

No. 9

Clinical and cost-effectiveness of electroconvulsive therapy for depressive illness, schizophrenia, catatonia and mania: systematic reviews and economic modelling studies.

By Greenhalgh J, Knight C, Hind D, Beverley C, Walters S.

No. 10

Measurement of health-related quality of life for people with dementia: development of a new instrument (DEMQOL) and an evaluation of current methodology.

By Smith SC, Lamping DL, Banerjee S, Harwood R, Foley B, Smith P, *et al.*

No. 11

Clinical effectiveness and cost-effectiveness of drotrecogin alfa (activated) (Xigris®) for the treatment of severe sepsis in adults: a systematic review and economic evaluation.

By Green C, Dinnes J, Takeda A, Shepherd J, Hartwell D, Cave C, *et al.*

No. 12

A methodological review of how heterogeneity has been examined in systematic reviews of diagnostic test accuracy.

By Dinnes J, Deeks J, Kirby J, Roderick P.

No. 13

Cervical screening programmes: can automation help? Evidence from systematic reviews, an economic analysis and a simulation modelling exercise applied to the UK.

By Willis BH, Barton P, Pearmain P, Bryan S, Hyde C.

No. 14

Laparoscopic surgery for inguinal hernia repair: systematic review of effectiveness and economic evaluation.

By McCormack K, Wake B, Perez J, Fraser C, Cook J, McIntosh E, *et al.*

No. 15

Clinical effectiveness, tolerability and cost-effectiveness of newer drugs for epilepsy in adults: a systematic review and economic evaluation.

By Wilby J, Kainth A, Hawkins N, Epstein D, McIntosh H, McDaid C, *et al.*

No. 16

A randomised controlled trial to compare the cost-effectiveness of tricyclic antidepressants, selective serotonin reuptake inhibitors and lofepramine.

By Peveler R, Kendrick T, Buxton M, Longworth L, Baldwin D, Moore M, *et al.*

No. 17

Clinical effectiveness and cost-effectiveness of immediate angioplasty for acute myocardial infarction: systematic review and economic evaluation.

By Hartwell D, Colquitt J, Loveman E, Clegg AJ, Brodin H, Waugh N, *et al.*

No. 18

A randomised controlled comparison of alternative strategies in stroke care.

By Kalra L, Evans A, Perez I, Knapp M, Swift C, Donaldson N.

No. 19

The investigation and analysis of critical incidents and adverse events in healthcare.

By Woloshnowych M, Rogers S, Taylor-Adams S, Vincent C.

No. 20

Potential use of routine databases in health technology assessment.

By Raftery J, Roderick P, Stevens A.

No. 21

Clinical and cost-effectiveness of newer immunosuppressive regimens in renal transplantation: a systematic review and modelling study.

By Woodroffe R, Yao GL, Meads C, Bayliss S, Ready A, Raftery J, *et al.*

No. 22

A systematic review and economic evaluation of alendronate, etidronate, risedronate, raloxifene and teriparatide for the prevention and treatment of postmenopausal osteoporosis.

By Stevenson M, Lloyd Jones M, De Nigris E, Brewer N, Davis S, Oakley J.

No. 23

A systematic review to examine the impact of psycho-educational interventions on health outcomes and costs in adults and children with difficult asthma.

By Smith JR, Mugford M, Holland R, Candy B, Noble MJ, Harrison BDW, *et al.*

No. 24

An evaluation of the costs, effectiveness and quality of renal replacement therapy provision in renal satellite units in England and Wales.

By Roderick P, Nicholson T, Armitage A, Mehta R, Mullee M, Gerard K, *et al.*

No. 25

Imatinib for the treatment of patients with unresectable and/or metastatic gastrointestinal stromal tumours: systematic review and economic evaluation.

By Wilson J, Connock M, Song F, Yao G, Fry-Smith A, Raftery J, *et al.*

No. 26

Indirect comparisons of competing interventions.

By Glenny AM, Altman DG, Song F, Sakarovitch C, Deeks JJ, D'Amico R, *et al.*

No. 27

Cost-effectiveness of alternative strategies for the initial medical management of non-ST elevation acute coronary syndrome: systematic review and decision-analytical modelling.

By Robinson M, Palmer S, Sculpher M, Philips Z, Ginnelly L, Bowens A, *et al.*

No. 28

Outcomes of electrically stimulated gracilis neosphincter surgery.

By Tillin T, Chambers M, Feldman R.

No. 29

The effectiveness and cost-effectiveness of pimecrolimus and tacrolimus for atopic eczema: a systematic review and economic evaluation.

By Garside R, Stein K, Castelnovo E, Pitt M, Ashcroft D, Dimmock P, *et al.*

No. 30

Systematic review on urine albumin testing for early detection of diabetic complications.

By Newman DJ, Mattock MB, Dawney ABS, Kerry S, McGuire A, Yaqoob M, *et al.*

No. 31

Randomised controlled trial of the cost-effectiveness of water-based therapy for lower limb osteoarthritis.

By Cochrane T, Davey RC, Matthes Edwards SM.

No. 32

Longer term clinical and economic benefits of offering acupuncture care to patients with chronic low back pain.

By Thomas KJ, MacPherson H, Ratcliffe J, Thorpe L, Brazier J, Campbell M, *et al.*

No. 33

Cost-effectiveness and safety of epidural steroids in the management of sciatica.

By Price C, Arden N, Cogan L, Rogers P.

No. 34

The British Rheumatoid Outcome Study Group (BROSG) randomised controlled trial to compare the effectiveness and cost-effectiveness of aggressive versus symptomatic therapy in established rheumatoid arthritis.

By Symmons D, Tricker K, Roberts C, Davies L, Dawes P, Scott DL.

No. 35

Conceptual framework and systematic review of the effects of participants' and professionals' preferences in randomised controlled trials.

By King M, Nazareth I, Lampe F, Bower P, Chandler M, Morou M, *et al.*

No. 36

The clinical and cost-effectiveness of implantable cardioverter defibrillators: a systematic review.

By Bryant J, Brodin H, Loveman E, Payne E, Clegg A.

No. 37

A trial of problem-solving by community mental health nurses for anxiety, depression and life difficulties among general practice patients. The CPN-GP study.

By Kendrick T, Simons L, Mynors-Wallis L, Gray A, Lathlean J, Pickering R, *et al.*

No. 38

The causes and effects of socio-demographic exclusions from clinical trials.

By Bartlett C, Doyal L, Ebrahim S, Davey P, Bachmann M, Egger M, *et al.*

No. 39

Is hydrotherapy cost-effective? A randomised controlled trial of combined hydrotherapy programmes compared with physiotherapy land techniques in children with juvenile idiopathic arthritis.

By Epps H, Ginnelly L, Utley M, Southwood T, Gallivan S, Sculpher M, *et al.*

No. 40

A randomised controlled trial and cost-effectiveness study of systematic screening (targeted and total population screening) versus routine practice for the detection of atrial fibrillation in people aged 65 and over. The SAFE study.

By Hobbs FDR, Fitzmaurice DA, Mant J, Murray E, Jowett S, Bryan S, *et al.*

No. 41

Displaced intracapsular hip fractures in fit, older people: a randomised comparison of reduction and fixation, bipolar hemiarthroplasty and total hip arthroplasty.

By Keating JF, Grant A, Masson M, Scott NW, Forbes JF.

No. 42

Long-term outcome of cognitive behaviour therapy clinical trials in central Scotland.

By Durham RC, Chambers JA, Power KG, Sharp DM, Macdonald RR, Major KA, *et al.*

No. 43

The effectiveness and cost-effectiveness of dual-chamber pacemakers compared with single-chamber pacemakers for bradycardia due to atrioventricular block or sick sinus syndrome: systematic review and economic evaluation.

By Castelnovo E, Stein K, Pitt M, Garside R, Payne E.

No. 44

Newborn screening for congenital heart defects: a systematic review and cost-effectiveness analysis.

By Knowles R, Griesch I, Dezateux C, Brown J, Bull C, Wren C.

No. 45

The clinical and cost-effectiveness of left ventricular assist devices for end-stage heart failure: a systematic review and economic evaluation.

By Clegg AJ, Scott DA, Loveman E, Colquitt J, Hutchinson J, Royle P, *et al.*

No. 46

The effectiveness of the Heidelberg Retina Tomograph and laser diagnostic glaucoma scanning system (GDx) in detecting and monitoring glaucoma.

By Kwartz AJ, Henson DB, Harper RA, Spencer AF, McLeod D.

No. 47

Clinical and cost-effectiveness of autologous chondrocyte implantation for cartilage defects in knee joints: systematic review and economic evaluation.

By Clar C, Cummins E, McIntyre L, Thomas S, Lamb J, Bain L, *et al.*

No. 48

Systematic review of effectiveness of different treatments for childhood retinoblastoma.

By McDaid C, Hartley S, Bagnall A-M, Ritchie G, Light K, Riemsma R.

No. 49

Towards evidence-based guidelines for the prevention of venous thromboembolism: systematic reviews of mechanical methods, oral anticoagulation, dextran and regional anaesthesia as thromboprophylaxis.

By Roderick P, Ferris G, Wilson K, Halls H, Jackson D, Collins R, *et al.*

No. 50

The effectiveness and cost-effectiveness of parent training/education programmes for the treatment of conduct disorder, including oppositional defiant disorder, in children.

By Dretzke J, Frew E, Davenport C, Barlow J, Stewart-Brown S, Sandercock J, *et al.*

Volume 10, 2006**No. 1**

The clinical and cost-effectiveness of donepezil, rivastigmine, galantamine and memantine for Alzheimer's disease.

By Loveman E, Green C, Kirby J, Takeda A, Picot J, Payne E, *et al.*

No. 2

FOOD: a multicentre randomised trial evaluating feeding policies in patients admitted to hospital with a recent stroke.

By Dennis M, Lewis S, Cranswick G, Forbes J.

No. 3

The clinical effectiveness and cost-effectiveness of computed tomography screening for lung cancer: systematic reviews.

By Black C, Bagust A, Boland A, Walker S, McLeod C, De Verteuil R, *et al.*

No. 4

A systematic review of the effectiveness and cost-effectiveness of neuroimaging assessments used to visualise the seizure focus in people with refractory epilepsy being considered for surgery.

By Whiting P, Gupta R, Burch J, Mujica Mota RE, Wright K, Marson A, *et al.*

No. 5

Comparison of conference abstracts and presentations with full-text articles in the health technology assessments of rapidly evolving technologies.

By Dundar Y, Dodd S, Dickson R, Walley T, Haycox A, Williamson PR.

No. 6

Systematic review and evaluation of methods of assessing urinary incontinence.

By Martin JL, Williams KS, Abrams KR, Turner DA, Sutton AJ, Chapple C, *et al.*

No. 7

The clinical effectiveness and cost-effectiveness of newer drugs for children with epilepsy. A systematic review.

By Connock M, Frew E, Evans B-W, Bryan S, Cummins C, Fry-Smith A, *et al.*

No. 8

Surveillance of Barrett's oesophagus: exploring the uncertainty through systematic review, expert workshop and economic modelling.

By Garside R, Pitt M, Somerville M, Stein K, Price A, Gilbert N.

No. 9

Topotecan, pegylated liposomal doxorubicin hydrochloride and paclitaxel for second-line or subsequent treatment of advanced ovarian cancer: a systematic review and economic evaluation.

By Main C, Bojke L, Griffin S, Norman G, Barbieri M, Mather L, *et al.*

No. 10

Evaluation of molecular techniques in prediction and diagnosis of cytomegalovirus disease in immunocompromised patients.

By Szczepura A, Westmoreland D, Vinogradova Y, Fox J, Clark M.

No. 11

Screening for thrombophilia in high-risk situations: systematic review and cost-effectiveness analysis. The Thrombosis: Risk and Economic Assessment of Thrombophilia Screening (TREATS) study.

By Wu O, Robertson L, Twaddle S, Lowe GDO, Clark P, Greaves M, *et al.*

No. 12

A series of systematic reviews to inform a decision analysis for sampling and treating infected diabetic foot ulcers.

By Nelson EA, O'Meara S, Craig D, Iglesias C, Golder S, Dalton J, *et al.*

No. 13

Randomised clinical trial, observational study and assessment of cost-effectiveness of the treatment of varicose veins (REACTIV trial).

By Michaels JA, Campbell WB, Brazier JE, MacIntyre JB, Palfreyman SJ, Ratcliffe J, *et al.*

No. 14

The cost-effectiveness of screening for oral cancer in primary care.

By Speight PM, Palmer S, Moles DR, Downer MC, Smith DH, Henriksson M *et al.*

No. 15

Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis.

By Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, *et al.*

No. 16

Systematic review of the effectiveness and cost-effectiveness of HealOzone[®] for the treatment of occlusal pit/fissure caries and root caries.

By Brazzelli M, McKenzie L, Fielding S, Fraser C, Clarkson J, Kilonzo M, *et al.*

No. 17

Randomised controlled trials of conventional antipsychotic versus new atypical drugs, and new atypical drugs versus clozapine, in people with schizophrenia responding poorly to, or intolerant of, current drug treatment.

By Lewis SW, Davies L, Jones PB, Barnes TRE, Murray RM, Kerwin R, *et al.*

No. 18

Diagnostic tests and algorithms used in the investigation of haematuria: systematic reviews and economic evaluation.

By Rodgers M, Nixon J, Hempel S, Aho T, Kelly J, Neal D, *et al.*

No. 19

Cognitive behavioural therapy in addition to antispasmodic therapy for irritable bowel syndrome in primary care: randomised controlled trial.

By Kennedy TM, Chalder T, McCrone P, Darnley S, Knapp M, Jones RH, *et al.*

No. 20

A systematic review of the clinical effectiveness and cost-effectiveness of enzyme replacement therapies for Fabry's disease and mucopolysaccharidosis type 1.

By Connock M, Juarez-Garcia A, Frew E, Mans A, Dretzke J, Fry-Smith A, *et al.*

No. 21

Health benefits of antiviral therapy for mild chronic hepatitis C: randomised controlled trial and economic evaluation.

By Wright M, Grieve R, Roberts J, Main J, Thomas HC on behalf of the UK Mild Hepatitis C Trial Investigators.

No. 22

Pressure relieving support surfaces: a randomised evaluation.

By Nixon J, Nelson EA, Cranny G, Iglesias CP, Hawkins K, Cullum NA, *et al.*

No. 23

A systematic review and economic model of the effectiveness and cost-effectiveness of methylphenidate, dexamfetamine and atomoxetine for the treatment of attention deficit hyperactivity disorder in children and adolescents.

By King S, Griffin S, Hodges Z, Weatherly H, Asseburg C, Richardson G, *et al.*

No. 24

The clinical effectiveness and cost-effectiveness of enzyme replacement therapy for Gaucher's disease: a systematic review.

By Connock M, Burls A, Frew E, Fry-Smith A, Juarez-Garcia A, McCabe C, *et al.*

No. 25

Effectiveness and cost-effectiveness of salicylic acid and cryotherapy for cutaneous warts. An economic decision model.

By Thomas KS, Keogh-Brown MR, Chalmers JR, Fordham RJ, Holland RC, Armstrong SJ, *et al.*

No. 26

A systematic literature review of the effectiveness of non-pharmacological interventions to prevent wandering in dementia and evaluation of the ethical implications and acceptability of their use.

By Robinson L, Hutchings D, Corner L, Beyer F, Dickinson H, Vanoli A, *et al.*

No. 27

A review of the evidence on the effects and costs of implantable cardioverter defibrillator therapy in different patient groups, and modelling of cost-effectiveness and cost-utility for these groups in a UK context.

By Buxton M, Caine N, Chase D, Connelly D, Grace A, Jackson C, *et al.*

No. 28

Adefovir dipivoxil and pegylated interferon alfa-2a for the treatment of chronic hepatitis B: a systematic review and economic evaluation.

By Shepherd J, Jones J, Takeda A, Davidson P, Price A.

No. 29

An evaluation of the clinical and cost-effectiveness of pulmonary artery catheters in patient management in intensive care: a systematic review and a randomised controlled trial.

By Harvey S, Stevens K, Harrison D, Young D, Brampton W, McCabe C, *et al.*

No. 30

Accurate, practical and cost-effective assessment of carotid stenosis in the UK.

By Wardlaw JM, Chappell FM, Stevenson M, De Nigris E, Thomas S, Gillard J, *et al.*

No. 31

Etanercept and infliximab for the treatment of psoriatic arthritis: a systematic review and economic evaluation.

By Woolacott N, Bravo Vergel Y, Hawkins N, Kainth A, Khadjesari Z, Misso K, *et al.*

No. 32

The cost-effectiveness of testing for hepatitis C in former injecting drug users.

By Castelnuovo E, Thompson-Coon J, Pitt M, Cramp M, Siebert U, Price A, *et al.*

No. 33

Computerised cognitive behaviour therapy for depression and anxiety update: a systematic review and economic evaluation.

By Kaltenthaler E, Brazier J, De Nigris E, Tumor I, Ferriter M, Beverley C, *et al.*

No. 34

Cost-effectiveness of using prognostic information to select women with breast cancer for adjuvant systemic therapy.

By Williams C, Brunskill S, Altman D, Briggs A, Campbell H, Clarke M, *et al.*

No. 35

Psychological therapies including dialectical behaviour therapy for borderline personality disorder: a systematic review and preliminary economic evaluation.

By Brazier J, Tumor I, Holmes M, Ferriter M, Parry G, Dent-Brown K, *et al.*

No. 36

Clinical effectiveness and cost-effectiveness of tests for the diagnosis and investigation of urinary tract infection in children: a systematic review and economic model.

By Whiting P, Westwood M, Bojke L, Palmer S, Richardson G, Cooper J, *et al.*

No. 37

Cognitive behavioural therapy in chronic fatigue syndrome: a randomised controlled trial of an outpatient group programme.

By O'Dowd H, Gladwell P, Rogers CA, Hollinghurst S, Gregory A.

No. 38

A comparison of the cost-effectiveness of five strategies for the prevention of non-steroidal anti-inflammatory drug-induced gastrointestinal toxicity: a systematic review with economic modelling.

By Brown TJ, Hooper L, Elliott RA, Payne K, Webb R, Roberts C, *et al.*

No. 39

The effectiveness and cost-effectiveness of computed tomography screening for coronary artery disease: systematic review.

By Waugh N, Black C, Walker S, McIntyre L, Cummins E, Hillis G.

No. 40

What are the clinical outcome and cost-effectiveness of endoscopy undertaken by nurses when compared with doctors? A Multi-Institution Nurse Endoscopy Trial (MINuET).

By Williams J, Russell I, Durai D, Cheung WY, Farrin A, Bloor K, *et al.*

No. 41

The clinical and cost-effectiveness of oxaliplatin and capecitabine for the adjuvant treatment of colon cancer: systematic review and economic evaluation.

By Pandor A, Eggington S, Paisley S, Tappenden P, Sutcliffe P.

No. 42

A systematic review of the effectiveness of adalimumab, etanercept and infliximab for the treatment of rheumatoid arthritis in adults and an economic evaluation of their cost-effectiveness.

By Chen Y-F, Jobanputra P, Barton P, Jowett S, Bryan S, Clark W, *et al.*

No. 43

Telemedicine in dermatology: a randomised controlled trial.

By Bowns IR, Collins K, Walters SJ, McDonagh AJG.

No. 44

Cost-effectiveness of cell salvage and alternative methods of minimising perioperative allogeneic blood transfusion: a systematic review and economic model.

By Davies L, Brown TJ, Haynes S, Payne K, Elliott RA, McCollum C.

No. 45

Clinical effectiveness and cost-effectiveness of laparoscopic surgery for colorectal cancer: systematic reviews and economic evaluation.

By Murray A, Lourenco T, de Verteuil R, Hernandez R, Fraser C, McKinlay A, *et al.*

No. 46

Etanercept and efalizumab for the treatment of psoriasis: a systematic review.

By Woolacott N, Hawkins N, Mason A, Kainth A, Khadjesari Z, Bravo Vergel Y, *et al.*

No. 47

Systematic reviews of clinical decision tools for acute abdominal pain.

By Liu JLY, Wyatt JC, Deeks JJ, Clamp S, Keen J, Verde P, *et al.*

No. 48

Evaluation of the ventricular assist device programme in the UK.

By Sharples L, Buxton M, Caine N, Cafferty F, Demiris N, Dyer M, *et al.*

No. 49

A systematic review and economic model of the clinical and cost-effectiveness of immunosuppressive therapy for renal transplantation in children.

By Yao G, Albon E, Adi Y, Milford D, Bayliss S, Ready A, *et al.*

No. 50

Amniocentesis results: investigation of anxiety. The ARIA trial.

By Hewison J, Nixon J, Fountain J, Cocks K, Jones C, Mason G, *et al.*

Volume 11, 2007**No. 1**

Pemetrexed disodium for the treatment of malignant pleural mesothelioma: a systematic review and economic evaluation.

By Dundar Y, Bagust A, Dickson R, Dodd S, Green J, Haycox A, *et al.*

No. 2

A systematic review and economic model of the clinical effectiveness and cost-effectiveness of docetaxel in combination with prednisone or prednisolone for the treatment of hormone-refractory metastatic prostate cancer.

By Collins R, Fenwick E, Trowman R, Perard R, Norman G, Light K, *et al.*

No. 3

A systematic review of rapid diagnostic tests for the detection of tuberculosis infection.

By Dinnes J, Deeks J, Kunst H, Gibson A, Cummins E, Waugh N, *et al.*

No. 4

The clinical effectiveness and cost-effectiveness of strontium ranelate for the prevention of osteoporotic fragility fractures in postmenopausal women.

By Stevenson M, Davis S, Lloyd-Jones M, Beverley C.

No. 5

A systematic review of quantitative and qualitative research on the role and effectiveness of written information available to patients about individual medicines.

By Raynor DK, Blenkinsopp A, Knapp P, Grime J, Nicolson DJ, Pollock K, *et al.*

No. 6

Oral naltrexone as a treatment for relapse prevention in formerly opioid-dependent drug users: a systematic review and economic evaluation.

By Adi Y, Juarez-Garcia A, Wang D, Jowett S, Frew E, Day E, *et al.*

No. 7

Glucocorticoid-induced osteoporosis: a systematic review and cost-utility analysis.

By Kanis JA, Stevenson M, McCloskey EV, Davis S, Lloyd-Jones M.

No. 8

Epidemiological, social, diagnostic and economic evaluation of population screening for genital chlamydial infection.

By Low N, McCarthy A, Macleod J, Salisbury C, Campbell R, Roberts TE, *et al.*

No. 9

Methadone and buprenorphine for the management of opioid dependence: a systematic review and economic evaluation.

By Connock M, Juarez-Garcia A, Jowett S, Frew E, Liu Z, Taylor RJ, *et al.*

No. 10

Exercise Evaluation Randomised Trial (EXERT): a randomised trial comparing GP referral for leisure centre-based exercise, community-based walking and advice only.

By Isaacs AJ, Critchley JA, See Tai S, Buckingham K, Westley D, Harridge SDR, *et al.*

No. 11

Interferon alfa (pegylated and non-pegylated) and ribavirin for the treatment of mild chronic hepatitis C: a systematic review and economic evaluation.

By Shepherd J, Jones J, Hartwell D, Davidson P, Price A, Waugh N.

No. 12

Systematic review and economic evaluation of bevacizumab and cetuximab for the treatment of metastatic colorectal cancer.

By Tappenden P, Jones R, Paisley S, Carroll C.

No. 13

A systematic review and economic evaluation of epoetin alfa, epoetin beta and darbepoetin alfa in anaemia associated with cancer, especially that attributable to cancer treatment.

By Wilson J, Yao GL, Raftery J, Bohlius J, Brunskill S, Sandercock J, *et al.*

No. 14

A systematic review and economic evaluation of statins for the prevention of coronary events.

By Ward S, Lloyd Jones M, Pandor A, Holmes M, Ara R, Ryan A, *et al.*

No. 15

A systematic review of the effectiveness and cost-effectiveness of different models of community-based respite care for frail older people and their carers.

By Mason A, Weatherly H, Spilsbury K, Arksey H, Golder S, Adamson J, *et al.*

No. 16

Additional therapy for young children with spastic cerebral palsy: a randomised controlled trial.

By Weindling AM, Cunningham CC, Glenn SM, Edwards RT, Reeves DJ.

No. 17

Screening for type 2 diabetes: literature review and economic modelling.

By Waugh N, Scotland G, McNamee P, Gillett M, Brennan A, Goyder E, *et al.*

No. 18

The effectiveness and cost-effectiveness of cinacalcet for secondary hyperparathyroidism in end-stage renal disease patients on dialysis: a systematic review and economic evaluation.

By Garside R, Pitt M, Anderson R, Mealing S, Roome C, Snaith A, *et al.*

No. 19

The clinical effectiveness and cost-effectiveness of gemcitabine for metastatic breast cancer: a systematic review and economic evaluation.

By Takeda AL, Jones J, Loveman E, Tan SC, Clegg AJ.

No. 20

A systematic review of duplex ultrasound, magnetic resonance angiography and computed tomography angiography for the diagnosis and assessment of symptomatic, lower limb peripheral arterial disease.

By Collins R, Cranny G, Burch J, Aguiar-Ibáñez R, Craig D, Wright K, *et al.*

No. 21

The clinical effectiveness and cost-effectiveness of treatments for children with idiopathic steroid-resistant nephrotic syndrome: a systematic review.

By Colquitt JL, Kirby J, Green C, Cooper K, Trompeter RS.

No. 22

A systematic review of the routine monitoring of growth in children of primary school age to identify growth-related conditions.

By Fayter D, Nixon J, Hartley S, Rithalia A, Butler G, Rudolf M, *et al.*

No. 23

Systematic review of the effectiveness of preventing and treating *Staphylococcus aureus* carriage in reducing peritoneal catheter-related infections.

By McCormack K, Rabindranath K, Kilonzo M, Vale L, Fraser C, McIntyre L, *et al.*

No. 24

The clinical effectiveness and cost of repetitive transcranial magnetic stimulation versus electroconvulsive therapy in severe depression: a multicentre pragmatic randomised controlled trial and economic analysis.

By McLoughlin DM, Mogg A, Eranti S, Pluck G, Purvis R, Edwards D, *et al.*

No. 25

A randomised controlled trial and economic evaluation of direct versus indirect and individual versus group modes of speech and language therapy for children with primary language impairment.

By Boyle J, McCartney E, Forbes J, O'Hare A.

No. 26

Hormonal therapies for early breast cancer: systematic review and economic evaluation.

By Hind D, Ward S, De Nigris E, Simpson E, Carroll C, Wyld L.

No. 27

Cardioprotection against the toxic effects of anthracyclines given to children with cancer: a systematic review.

By Bryant J, Picot J, Levitt G, Sullivan I, Baxter L, Clegg A.

No. 28

Adalimumab, etanercept and infliximab for the treatment of ankylosing spondylitis: a systematic review and economic evaluation.

By McLeod C, Bagust A, Boland A, Dagenais P, Dickson R, Dundar Y, *et al.*

No. 29

Prenatal screening and treatment strategies to prevent group B streptococcal and other bacterial infections in early infancy: cost-effectiveness and expected value of information analyses.

By Colbourn T, Asseburg C, Bojke L, Philips Z, Claxton K, Ades AE, *et al.*

No. 30

Clinical effectiveness and cost-effectiveness of bone morphogenetic proteins in the non-healing of fractures and spinal fusion: a systematic review.

By Garrison KR, Donell S, Ryder J, Shemilt I, Mugford M, Harvey I, *et al.*

No. 31

A randomised controlled trial of postoperative radiotherapy following breast-conserving surgery in a minimum-risk older population. The PRIME trial.

By Prescott RJ, Kunkler IH, Williams LJ, King CC, Jack W, van der Pol M, *et al.*

No. 32

Current practice, accuracy, effectiveness and cost-effectiveness of the school entry hearing screen.

By Bamford J, Fortnum H, Bristow K, Smith J, Vamvakas G, Davies L, *et al.*

No. 33

The clinical effectiveness and cost-effectiveness of inhaled insulin in diabetes mellitus: a systematic review and economic evaluation.

By Black C, Cummins E, Royle P, Philip S, Waugh N.

No. 34

Surveillance of cirrhosis for hepatocellular carcinoma: systematic review and economic analysis.

By Thompson Coon J, Rogers G, Hewson P, Wright D, Anderson R, Cramp M, *et al.*

No. 35

The Birmingham Rehabilitation Uptake Maximisation Study (BRUM). Home-based compared with hospital-based cardiac rehabilitation in a multi-ethnic population: cost-effectiveness and patient adherence.

By Jolly K, Taylor R, Lip GYH, Greenfield S, Rafferty J, Mant J, *et al.*

No. 36

A systematic review of the clinical, public health and cost-effectiveness of rapid diagnostic tests for the detection and identification of bacterial intestinal pathogens in faeces and food.

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Volume 12, 2008**No. 1**

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