Paracetamol and selective and non-selective non-steroidal antiinflammatory drugs (NSAIDs) for the reduction of morphine-related side effects after major surgery: a systematic review

C McDaid, E Maund, S Rice, K Wright, B Jenkins and N Woolacott

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## Paracetamol and selective and non-selective nonsteroidal anti-inflammatory drugs (NSAIDs) for the reduction of morphine-related side effects after major surgery: a systematic review

## C McDaid,\* E Maund, S Rice, K Wright, B Jenkins and N Woolacott

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**Objectives:** To determine which class of non-opioid analgesics – paracetamol (acetaminophen), NSAIDs or COX-2 inhibitors – is the most effective at reducing morphine consumption and associated adverse effects when used as part of multimodal analgesia following major surgery.

**Data sources:** A systematic literature review was conducted using MEDLINE, EMBASE and CENTRAL databases, searched from January 2003 to February 2009 and updating an earlier review.

Review methods: Randomised controlled trials comparing paracetamol, NSAIDs or COX-2 inhibitors to each other or placebo, in adults receiving patientcontrolled analgesia (PCA) with morphine following major surgery, were included. The COX-2 inhibitors rofecoxib and valdecoxib were excluded. Only trials that reported 24-hour morphine consumption were included. Other outcomes of interest were morphinerelated adverse effects and adverse effects related to the non-opioids. Adequacy of randomisation, concealment of allocation, double blinding, and the flow of patients within the trial was assessed. The main analysis was a mixed treatment comparison (MTC) evaluating the relative effects of the four treatment classes. Four main outcomes were prioritised: 24-hour morphine consumption, sedation, nausea and vomiting, and surgical bleeding. Studies reporting nausea alone were pooled with studies reporting postoperative nausea and vomiting (PONV). Comparisons were described as statistically significant (at 5% level) when the credibility interval (Crl) did not cross I for

odds ratio (OR) and zero for mean difference (MD). Trials making direct comparisons between the active interventions were also pooled in a meta-analysis using a random effects model. Sensitivity analyses were performed to assess the effects of study quality, individual drugs, and baseline morphine consumption. Results: Sixty relevant studies were identified. When paracetamol, NSAIDs or COX-2 inhibitors were added to PCA morphine, there was a statistically significant reduction in morphine consumption: paracetamol (MD -6.34 mg; 95% Crl -9.02 to -3.65); NSAIDs (MD -10.18; 95% Crl -11.65 to -8.72); and COX-2 inhibitors (MD -10.92; 95% Crl -12.77 to -9.08). NSAIDs and COX-2 inhibitors were both significantly better than paracetamol, and there was no significant difference between NSAIDs and COX-2 inhibitors (MD -0.74; 95% Crl -3.03 to 1.56). There was a significant reduction in nausea and PONV with NSAIDs compared to placebo (OR 0.70; 95% Crl 0.53 to 0.88) but not for paracetamol or COX-2 inhibitors, nor for NSAIDs compared to paracetamol or COX-2 inhibitors. **Conclusions:** 24-hour morphine consumption decreased by 6.3 mg to 10.9 mg, compared to placebo, when paracetamol, NSAID or COX-2 inhibitors were added to PCA morphine following surgery. Differences in effect between the three drug classes were small and unlikely to be of clinical significance. There does not appear to be a strong case for recommending routine addition of any of the three non-opioids to PCA morphine in the 24 hours immediately after surgery, or for favouring one drug class above the others.



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## Glossary and list of abbreviations

## Glossary

**95% credibility interval** From the Bayesian approach. There is a 95% probability that the true treatment effect (odds ratio) lies within the interval.

**Mixed treatment comparison** This is an extension of a traditional meta-analysis. Whereas a traditional meta-analysis includes only trials making direct comparisons between an intervention and comparator, a mixed treatment comparison analysis also includes indirect evidence. This approach overcomes the limitations of the traditional approach in cases where there are no or limited trials making the relevant head-to-head comparison.

**Morphine** Opioid used for the relief of severe postoperative pain.

**Opioid** Drug having morphine-like action.

**Patient-controlled analgesia** Small doses of analgesic drugs are administered via an intravenous pump controlled by the patient. When the patient presses a hand-held button a pre-set dose (bolus) of the analgesic is delivered. The administered dose is limited by setting both the dose and the time interval between doses.

Pruritus Itching.

**Respiratory depression** The rate and/or depth of respiration is insufficient to maintain adequate gas exchange in the lungs.

AE	adverse event	NSAID	non-steroidal anti-inflammatory
CI	confidence interval		drug
COX	cyclo-oxygenase	OR	odds ratio
CrI	credibility interval (also known	PCA	patient-controlled analgesia
	as credible interval)	PONV	postoperative nausea and
DIC	deviance information criterion		vomiting
GI	gastrointestinal	RCT	randomised controlled trial
i.m.	intramuscular	RD	residual deviance
IOR	interquartile range	RR	risk ratio or relative risk
∼ i.v.	intravenous	SD	standard deviation
MD	mean difference	SE	standard error
MTC	mixed treatment comparison		

## List of abbreviations

All abbreviations that have been used in this report are listed here unless the abbreviation is well known (e.g. NHS), or it has been used only once, or it is a non-standard abbreviation used only in figures/tables/appendices, in which case the abbreviation is defined in the figure legend or in the notes at the end of the table.

# Executive summary

## Background

Patient-controlled analgesia (PCA) is a mainstay in the control of pain after major surgery. The drug most commonly used with PCA is morphine, but its administration can result in adverse effects, most commonly nausea and vomiting. Paracetamol (acetaminophen), non-steroidal anti-inflammatory drugs (NSAIDs) and cyclo-oxygenase 2 (COX-2) inhibitors are commonly used in conjunction with morphine following major surgery with the aim of reducing morphine consumption and the associated adverse effects. These non-opioids also have their own adverse effects. NSAIDs are associated with prolonged bleeding time and adverse gastrointestinal effects amongst other outcomes. The use of COX-2 inhibitors has been associated with increased thromboembolic events such as myocardial infarction and stroke, although these associations tend to be seen only with longterm use.

## Objectives

To determine which class of non-opioid analgesics – paracetamol, NSAIDs or COX-2 inhibitors – is the most effective at reducing morphine consumption and associated adverse effects when used as part of multimodal analgesia following major surgery.

## Methods

We conducted a systematic review of the effectiveness literature, which updated a previous review on this topic. MEDLINE, EMBASE and the Cochrane Central Register of Controlled Trials (CENTRAL) were searched for the period January 2003 to February 2009. Published and unpublished studies were eligible and no language restrictions were applied. The reference lists of relevant systematic reviews were checked to identify relevant studies.

Two researchers independently screened studies for relevance based on the inclusion criteria, and disagreements were resolved by consensus or

through discussion with a third member of the team. Randomised controlled trials comparing paracetamol, NSAIDs or COX-2 inhibitors to each other or placebo, in adults receiving PCA morphine following major surgery, were included. The COX-2 inhibitors rofecoxib and valdecoxib were excluded as these are no longer licensed in the UK. Only trials that reported 24-hour morphine consumption were included. The other outcomes of interest were morphine-related adverse effects (respiratory depression, nausea, vomiting, urinary retention, pruritus, dizziness and sedation) and adverse effects related to the non-opioids. The inclusion criteria differed slightly from the earlier review and the trials from this earlier review were screened for inclusion in the update.

Data were extracted by one researcher into a standardised form and checked by a second. A standardised scale was used to assess whether randomisation, concealment of allocation, double blinding, and the flow of patients within the trial were adequately described or not.

The main analysis was a mixed treatment comparison (MTC) evaluating the relative effects of the four treatment classes: paracetamol, NSAIDs, COX-2 inhibitors and placebo. Four main outcomes were prioritised for the analysis. These were 24-hour morphine consumption, sedation, nausea and vomiting, and surgical bleeding. The trials varied in how nausea and vomiting were recorded. To maximise the data available for the analysis, studies reporting nausea alone were pooled with studies reporting postoperative nausea and vomiting (PONV). Comparisons were described as statistically significant (at 5% level) when the credibility interval (CrI) did not cross 1 for odds ratio (OR) and zero for mean difference (MD). Trials making direct comparisons between the active interventions were also pooled in a meta-analysis using a random effects model. Sensitivity analyses were undertaken to explore the effect on 24-hour morphine consumption MTC results of study quality and classifying the treatments by individual drug rather than class of drug. In addition, a post hoc sensitivity analysis was undertaken to explore the effect of baseline

morphine consumption on the MTC analysis for 24-hour morphine consumption.

## Results

Sixty relevant studies were identified, 40 were from the earlier review being updated and 20 were new studies. For morphine consumption, data were combined from 56 trials that randomised patients to four treatments, including placebo. When paracetamol, NSAIDs or COX-2 inhibitors were added to PCA morphine, there was a statistically significant reduction in morphine consumption: paracetamol (MD -6.34 mg; 95% CrI -9.02 to -3.65); NSAIDs (MD -10.18 mg; 95% CrI - 11.65 to - 8.72); and COX-2 inhibitors (MD -10.92; 95% CrI -12.77 to -9.08). NSAIDs and COX-2 inhibitors were both significantly better than paracetamol, and there was no significant difference between NSAIDs and COX-2 inhibitors (MD -0.74; 95% CrI -3.03 to 1.56).

The sensitivity analyses for quality and baseline morphine consumption showed the results of the main analysis to be robust, though the results adjusted for baseline morphine consumption are probably a better estimate of the effect sizes. The analysis of individual drugs (as opposed to drug class) suggested that it was reasonable to group the drugs into three classes, though there appeared to be possible inconsistency across different NSAIDs.

Data were combined from 43 trials for nausea and PONV. There was a significant reduction in nausea and PONV with NSAIDs compared to placebo (OR 0.70; 95% CrI 0.53 to 0.88) but not for paracetamol or COX-2 inhibitors, nor for NSAIDs compared to paracetamol or COX-2 inhibitors.

Data were combined from 19 trials for sedation for all four treatments. There was no statistically significant difference between any intervention and comparator. Compared to placebo, there was a trend towards increased sedation with paracetamol (OR 1.62; 95% CrI 0.32 to 5.02) and decreased sedation with NSAIDs (OR 0.53; 95% CrI 0.20 to 1.01) and COX-2 inhibitors (OR 0.63; 95% CrI 0.18 to 1.49). Surgical bleeding was not reported in any paracetamol studies and in a single COX-2 inhibitor study. Based on six trials (n = 695), 2.4% of participants receiving an NSAID experienced surgery-related bleeding compared to 0.4% with placebo.

## Conclusions

There was a decrease in 24-hour morphine consumption, compared to placebo, ranging from 6.3 mg to 10.9 mg, when paracetamol, NSAID or COX-2 inhibitors were added to PCA morphine following surgery. When the three drug classes were compared to each other the differences in morphine consumption were small and unlikely to be of clinical significance. In addition, the benefits in terms of reduction of morphine-related adverse effects do not strongly favour one of the three nonopioid analgesics.

## Implications for health care

All three non-opioid analgesics were effective at reducing PCA morphine consumption in the first 24 hours following major surgery. NSAIDs and COX-2 inhibitors were more effective than paracetamol, but the differences were small and probably of limited clinical significance, especially when baseline morphine consumption is taken into consideration. The difference between NSAIDs and COX-2 inhibitors was marginal and not statistically significant. The adjusted results suggest a mean difference of less than 2 mg of morphine over 24 hours when any of the drug classes was compared to the others. In terms of morphine-related adverse effects, which is the more clinically relevant outcome, the results do not strongly favour one class of non-opioid analgesic: NSAIDs were ranked highest for reducing the primary morphine-related adverse effects but they were only marginally better than COX-2 inhibitors and paracetamol. Any morphine-sparing effects of these non-opioid analgesics need to be balanced against any adverse effects related to the analgesics themselves. There were a small number of surgical bleeding events, gastrointestinal bleeding and oliguria for participants treated with an NSAID.

Taking the evidence as a whole, the uncertainty suggested by the size of the probabilities of being most effective, the small reduction in morphine consumption and the wide confidence intervals for adverse effects outcomes, there does not appear to be a strong case for recommending routine addition of any of the three non-opioids to PCA morphine in the 24 hours immediately after surgery. In addition, there does not appear to be a strong case for favouring one drug class above the others.

# Recommendations for research

Given the overlap in the effects of the three analgesics, there does not appear to be a compelling case for a further trial. However, any future trials testing new analgesics in conjunction with morphine, following surgery, should focus on morphine-related adverse effects, ensuring that the power calculation is based on key morphine-related adverse effects rather than morphine consumption. Also, there would be value in exploring whether taking baseline morphine consumption into account alters the results for morphine-related adverse effects.

# Chapter I Background

Poorly controlled severe postoperative pain can result in a number of cardiovascular, respiratory, gastrointestinal, genitourinary, metabolic, musculoskeletal and psychological adverse effects. These can lead to an increased risk of postoperative complications, including prolonged inpatient stay and reduced mobility. Furthermore, poorly controlled postoperative pain is associated with a higher incidence of development of chronic pain.<sup>1,2</sup> Effective pain relief may limit these consequences; however, the use of analgesics, especially morphine, is associated with adverse effects. In order to achieve optimal analgesia with minimum analgesic-related adverse effects, multimodal analgesia can be used. This is where the patient receives a combination of opioid analgesics, most commonly morphine, and non-opioid analgesics, such as paracetamol (acetaminophen), non-steroidal anti-inflammatory drugs (NSAIDs) or cyclo-oxygenase 2 (COX-2) inhibitors. The aim is that the additional and synergistic effects between morphine and nonopioid analgesics allows for optimum analgesia to be maintained, a lower dose of morphine to be used and therefore a lower incidence of morphinerelated adverse effects.3-5

The objective of this review was to evaluate the effectiveness of paracetamol and NSAIDs, including COX-2 inhibitors, in reducing morphine consumption and associated adverse effects when used as part of multimodal analgesia following major surgery. However, it should be noted that there are other non-opioid analgesics that are used as part of multimodal analgesia after major surgery. These include N-methyl-D-aspartate (NMDA) antagonists, such as ketamine and dextromethorphan; alpha-2 adrenergic antagonists including clonidine and dexmedetomidine; and adenosine, droperidol, magnesium, neostigmine and gabapentin. There is clinical evidence that these non-opioids are effective in reducing morphine consumption after major surgery although, as with all drugs, each has its own adverse effect profile.6

## Morphine

Morphine is the most valuable opioid for severe postoperative pain relief. It is the gold standard against which the effectiveness of all other analgesics is compared.<sup>7</sup> Although there are several modes of administration, patient-controlled analgesia (PCA) has become the standard method of administering morphine after major surgery.<sup>5</sup> PCA involves the patient self-administering small doses of morphine by pressing a button connected to a programmable pump. The PCA device is programmed by the health-care provider to deliver a specific amount of medication (a 'bolus') upon each request by the patient. A continuous 'background' infusion may be administered in addition to patient-controlled bolus doses. In order to prevent an overdose of morphine, bolus doses are limited by a programmed 'lockout interval' during which subsequent requests are ignored.<sup>7</sup> PCA has been shown to provide marginally superior analgesia in comparison to other modes of administration, and patients report greater satisfaction with, and in general prefer, PCA.8

Morphine exerts its analgesic effect by binding to specific opioid receptors in the brain and spinal cord that are involved in the perception of pain. This mode of action can also result in significant adverse effects. These include: respiratory depression, postoperative nausea and vomiting (PONV), sedation, bowel dysfunction (delayed gastric emptying, inhibition of bowel motility and constipation), urinary retention and pruritus.<sup>1,9</sup>

Respiratory depression, though uncommon, is a potentially life-threatening adverse effect and of most concern to health-care professionals.<sup>10</sup> Meanwhile PONV, although self-limiting, is common, having an incidence of 30–67%, and is of most concern to patients.<sup>1,11,12</sup> Furthermore, PONV can delay postoperative recovery, which has consequences for the patient and also has an economic impact on health-care resources.<sup>13</sup>

## Paracetamol

Paracetamol (acetaminophen) is an analgesic and antipyretic with little anti-inflammatory effect, whose exact mode of action is currently unknown. It is the most widely used drug for pain relief. In order of increasing effectiveness, paracetamol can be administered rectally, orally and intravenously.14 While all three modes of administration can achieve adequate plasma concentrations, there are differences in absorption and time to reach peak plasma levels. With rectal administration, absorption can be unpredictable with bioavailability ranging from 24% to 98%, varying with factors such as formulation of the suppositories, number used and the particle size of the paracetamol.<sup>15</sup> Paracetamol, at therapeutic doses, rarely results in adverse effects and, unlike NSAIDs, does not cause gastrointestinal ulceration or bleeding.<sup>1</sup> Propacetamol hydrochloride, an injectable prodrug of paracetamol, was the first form of paracetamol developed to be administered intravenously.14,16 It is hydrolysed to paracetamol in the blood, with 2g of propacetamol releasing 1g of paracetamol. Propacetamol, though effective and generally well tolerated, is notable for adverse effects of localised pain at the injection site and contact dermatitis. Although licensed and available in other countries, including France and Belgium, it is not licensed in the UK (Table 1). However, an intravenous form of active paracetamol, Perfalgan®, has been available in the UK since 2004. Studies have shown that compared to intravenous (i.v.) propacetamol, i.v. paracetamol is associated with a reduction in incidence of localised pain at the injection site and contact dermatitis. However, there is no significant difference in the incidence of other adverse effects.14

## Non-steroidal antiinflammatory drugs (NSAIDs) and cyclo-oxygenase 2 (COX-2) inhibitors

Non-steroidal anti-inflammatory drugs are analgesic, anti-inflammatory, antiplatelet and antipyretic. In comparison to paracetamol, NSAIDs have been shown to offer superior postoperative pain relief.<sup>17</sup> They exert their analgesic effect by reducing the production of prostaglandins responsible for pain and inflammation. NSAIDs achieve this by inhibiting the enzyme COX-2, which is essential in the synthesis of these prostaglandins. NSAIDs vary in whether they selectively inhibit COX-2. Non-selective NSAIDs, such as ibuprofen and diclofenac, inhibit not only COX-2 but also cyclo-oxygenase 1 (COX-1). COX-1 is involved in the synthesis of prostaglandins that have a role in the maintenance and protection of the gastrointestinal (GI) tract, platelet adhesion and renal function. Non-selective NSAIDs are therefore associated with adverse GI effects, renal toxicity, prolonged bleeding time, bronchospasm and oedema.<sup>1</sup> Several NSAIDs are available for use in the postoperative setting (see *Table 1*).

Non-steroidal anti-inflammatory drugs, even when used in the short term, can cause GI adverse effects ranging from abdominal pain, dyspepsia and superficial erosions to serious GI complications such as perforated gastric ulcers and lifethreatening GI haemorrhage.<sup>18</sup> Furthermore, the risk of a GI adverse event varies between NSAIDs, with the lowest risk associated with ibuprofen and the highest with ketorolac.<sup>19</sup> Renal toxicity is a noted adverse effect of NSAIDs. However, a systematic review found that the use of NSAIDs for postoperative pain relief in adults with normal renal function causes only a small, temporary effect on renal function.<sup>20</sup>

A systematic review examining the use of NSAIDs after tonsillectomy, where perioperative bleeding is a serious complication, found that NSAIDs were statistically significantly associated with the need for reoperation due to bleeding [odds ratio (OR) 2.3; 95% confidence interval (CI) 1.12 to 4.83]. However, NSAIDs were not statistically significantly associated with intraoperative blood loss, postoperative bleeding and hospital admission.<sup>21</sup>

Cyclo-oxygenase 2 inhibitors, also referred to as 'COXIBs' or 'Cox-2 selective NSAIDs' (see *Table 1*), were designed to selectively inhibit COX-2 only, thereby reducing GI bleeding and renal adverse effects.<sup>4</sup> However, the long-term use of COX-2 inhibitors is associated with increased incidence of thromboembolic events such as myocardial infarction and stroke, and they are as likely as non-selective NSAIDs to cause impaired renal function and oedema.<sup>1,9</sup> Over the past 5 years, two COX-2 inhibitors have been withdrawn from use worldwide: rofecoxib due to an increased risk of cardiovascular adverse effects, and valdecoxib due to an increased risk of severe skin reactions.<sup>22,23</sup>

Generic name	Licensed in UK	Licensed indication for use
Paracetamol (acetaminophen)		
Paracetamol	$\checkmark$	Severe postoperative pain
Propacetamol	Х	X
NSAID		
Diclofenac	$\checkmark$	Pain relief from minor surgery
Ibuprofen	$\checkmark$	Mild to moderate pain
Dexibuprofen		Mild to moderate pain
Indometacin (indomethacin)	$\checkmark$	Severe postoperative pain
Ketoprofenª	$\checkmark$	Severe postoperative pain
Dexketoprofen	$\checkmark$	Mild to moderate pain
Ketorolac⁵	$\checkmark$	Severe postoperative pain
Lornoxicam	$\checkmark$	Moderate postoperative pain, OA, RA
Mefanamic acid	$\checkmark$	Severe postoperative pain
Meloxicam	$\checkmark$	RA and AS
Nabumetone	$\checkmark$	RA and AS
Naproxen	$\checkmark$	Severe postoperative pain
Piroxicam	$\checkmark$	RA, OA, AS
Tenoxicam	$\checkmark$	RA, OA, soft tissue injuries
Tiaprofenic acid	$\checkmark$	Severe postoperative pain
COX-2 inhibitors		
Celecoxib	$\checkmark$	RA, OA, AS
Etoricoxib	$\checkmark$	RA, OA, AS, acute gouty arthritis
Lumiracoxib	х	х
Parecoxib	$\checkmark$	Severe postoperative pain
Rofecoxib	Х	x
Valdecoxib	Х	x

**TABLE 1** Paracetamol, non-steroidal anti-inflammatory drugs and cyclo-oxygenase 2 inhibitors: their UK licensing status and indications of use

AS, ankylosing spondylitis; OA, osteoarthritis; RA, rheumatoid arthritis.

a Benefits outweigh risk for daily doses up to 200 mg.

b Benefits outweigh risks in approved short-term use.

List of paracetamol, NSAIDs and COX-2 inhibitors obtained by combining those in *British National Formulary* (BNF) 56 (http://www.bnf.org/bnf/), the electronic Medicines Compendium (http://emc.medicines.org.uk/) and the regimens used by Elia (2005).<sup>28</sup>

Whether a drug was licensed for use for severe postoperative pain relief was determined by examining the Summary of Product Characteristics (SPC) for that drug. The electronic Medicines Compendium contains the SPC for drugs licensed in the UK. Each SPC contains the licensed indications for that particular drug.

## **Previous systematic reviews**

There are a number of previous relevant reviews assessing the effectiveness of adding a non-opioid to PCA morphine for pain relief and reduction of morphine-related side effects following surgery. Some reviews have focused on specific types of surgery, for example cardiothoracic surgery<sup>24</sup> and lumbar spine surgery.<sup>25</sup> We have identified three previous systematic reviews that are not procedure specific and were all published in 2005: Remy *et al.*<sup>26</sup> investigated the effects of paracetamol on morphine consumption and associated adverse effects after surgery; Marret *et al.*,<sup>27</sup> from the same research group, investigated the effects of NSAIDs (including COX-2 inhibitors); and Elia *et al.*<sup>28</sup> investigated paracetamol, NSAIDs and COX-2 inhibitors. The reviews by Remy et al.<sup>26</sup> and Elia et al.<sup>28</sup> both showed that paracetamol (including propacetamol) combined with PCA morphine results in a statistically significant reduction in morphine consumption in the first 24 hours following surgery: there was a pooled mean reduction of 9 mg and 8.3 mg respectively compared to PCA morphine alone (Tables 2 and 3). However, there was not a statistically significant reduction in the incidence of any morphine-related adverse effects including PONV, urinary retention, sedation, pruritus, apnoea or respiratory depression in either study.26,28

Marret et al.27 reported that, compared to PCA morphine alone, there was a statistically significant reduction in PONV, nausea alone, vomiting alone and sedation with NSAIDs in combination with PCA morphine (see Table 3). Non-selective NSAIDs and COX-2 inhibitors were combined for some analyses. Furthermore, regression analysis indicated a positive correlation between morphine consumption and the incidence of postoperative nausea or vomiting, though the size of the correlation was small ( $r^2 = 0.37$  for nausea and  $r^2 = 0.27$  for vomiting). There was no statistically significant decrease in the incidence of pruritus, urinary retention or respiratory depression when NSAIDs were added to PCA morphine. Data were not pooled for morphine consumption.

The review by Elia et al.28 assessed the effect of the non-selective NSAIDs and COX-2 inhibitors separately. There was a statistically significant reduction in morphine consumption with NSAIDs in combination with PCA morphine compared to PCA morphine alone (10.3 mg with single doses, 18.3 mg with continuous infusion, and 19.7 mg with multiple dose regimens). There was also a statistically significant reduction in sedation and PONV but not for nausea or vomiting alone, though the trend was towards reduction (see Table 2).28 In contrast, whilst COX-2 inhibitors in combination with PCA morphine resulted in a statistically significant reduction in morphine consumption compared to PCA morphine alone, there was no statistically significant reduction in any morphine-related adverse effects (Table 2).28

Any reduction in morphine-related adverse effects needs to be balanced against the possible adverse effects of the non-opioid analgesic. The reviews by Marret et al.27 and Remy et al.26 did not consider this issue. In the review by Elia et al.<sup>28</sup> the use of NSAIDs was associated with a statistically significant increase in the incidence of surgical bleeding complications (Table 4). COX-2 inhibitors were associated with a statistically significant increase in renal failure, but not surgical bleeding complications (Table 4).

Intervention	24-hour morphine consumption (mg) MD (95% CI)	Nausea RR (95% CI)	Vomiting RR (95% CI)	PONV RR (95% CI)	Sedation RR (95% CI)
Paracetamol	-8.3 (-10.9 to -5.7)			0.8 (0.6 to 1.1)	0.9 (0.5 to 1.4)
NSAID		0.9 (0.8 to 1.0)	0.8 (0.7 to 1.0)	0.7 (0.6 to 0.9)	0.7 (0.5 to 0.9)
Single dose	-10.3 (-18.3 to -2.3)				
Multiple dose	-19.7 (-26.3 to -13.0)				
Continuous	-18.3 (-26.8 to -9.7)				
COX-2		I.I (I.0 to I.3)	1.1 (0.9 to 1.5)	0.7 (0.4 to 1.3)	0.8 (0.5 to 1.2)
Single dose <sup>a</sup>	-7.2 (-10.6 to -3.8)				
Single dose <sup>ь</sup>	–27.8 (–44.3 to –11.4)				
Multiple low dose <sup>c</sup>	-10.0 (-13.4 to -6.6)				
Multiple high dose <sup>d</sup>	-13.3 (-17.8 to -8.8)				
a Celecoxib 20 mg. b Rofecoxib 50 mg.					

TABLE 2 Results from review by Elia et al.<sup>28</sup> for morphine consumption and related adverse effects (compared to placebo)

c Valdecoxib and parecoxib 20 mg/h.

d Valdecoxib and parecoxib 40 mg/12 h and parecoxib 40 mg/6 h.

Intervention	24-hour morphine consumption (mg) MD (95% CI)	Nausea	Vomiting	PONV	Sedation
Paracetamol <sup>26</sup>	-9.0 (-15.0 to -3.0)			OR 1.0 (0.6 to 1.6)	OR 1.3 (0.8 to 2.2)
NSAID <sup>27</sup>				RR 0.7 (0.6 to 0.8)	RR 0.7 (0.5 to 1.0)
NSAID + COX-2 <sup>27</sup>		RR 0.9 (0.8 to 1.0)	RR 0.7 (0.5 to 0.9)		

**TABLE 3** Results from reviews by Remy et al.<sup>26</sup> and Marret et al.<sup>27</sup> for morphine consumption and related adverse effects (compared to placebo)

TABLE 4 Results from review by Elia et al.<sup>28</sup> for adverse effects related to NSAIDs and COX-2 inhibitors (compared to placebo)

Intervention	GI bleeding OR (95% CI)	Oliguria OR (95% CI)	Renal failure OR (95% CI)	Any bleeding OR (95% CI)	Severe bleeding OR (95% CI)
NSAID COX-2	5.1 (0.7 to 40.6) 4.5 (0.4 to 50.0)	1.7 (0.8 to 3.5) 1.5 (0.9 to 2.5)	7.0 (0.1 to 35.5) 4.9 (1.0 to 23.4)	4.5 (1.5 to 13.4)	6.1 (1.3 to 27.9)

In summary, the existing systematic reviews suggest that paracetamol, NSAIDs and COX-2 inhibitors all reduce morphine consumption in the first 24 hours following surgery, but only NSAIDs appear to reduce morphine-related adverse effects. However, the relative effects of the non-opioids are unclear.

## **Definition of decision problem**

The problem faced by decision-makers in health care is which class of non-opioid analgesic (paracetamol, NSAID or COX-2 inhibitor) is the most effective at reducing morphine consumption and associated adverse effects when used as part of multimodal analgesia following major surgery. Any benefits in terms of reduction in morphine-related adverse effects need to be balanced against the potential risk of adverse effects of the non-opioid analgesic.

## The scope of the review

We were commissioned to undertake a short report, building on earlier reviews of paracetamol and NSAIDs, to conduct an analysis comparing the morphine-sparing effects of these drugs following major surgery.

Of the available reviews we elected to update the Elia *et al.*<sup>28</sup> review. This was a good-quality review with appropriate searches and clearly defined inclusion criteria that used appropriate methods to

reduce error and bias in study selection and data extraction. Study quality was assessed and taken into consideration in the synthesis. The search date for the Elia review is more recent by 7 months than the other two reviews and as a result captured more trials from 2003 and 2004. The Remy and Marret reviews used a quality score as an inclusion criterion for their review; however, we preferred to include all the randomised evidence, as Elia had done, to maximise the evidence available. In addition, we also had access to the individual trial data from the Elia review, which included the adverse effects of the non-opioid analgesics as well as morphine-related adverse effects.

The earlier three reviews, including the Elia review, did not compare the three classes of non-opioid analgesics to each other, possibly a reflection of the limited number of trials making direct comparisons. The main aim of the current review was to assess the relative effectiveness of paracetamol, NSAIDs and COX-2 inhibitors. The focus was the relative effectiveness of the drug classes and not individual drugs within the classes. The ideal evidence to address the decision problem posed would be a synthesis of three-arm trials comparing paracetamol versus NSAID versus COX-2 inhibitor. In terms of the current review, we were aware that although there was a reasonable body of evidence comparing each of the three analgesic classes to placebo, it was likely that the quantity of evidence directly comparing the three drug classes would be limited. We therefore undertook a mixed treatment comparison (MTC)

to derive results for the relative effectiveness of the three non-opioid analgesics in the first 24 hours following surgery.

An MTC is an extension or generalisation of traditional meta-analysis in which trials comparing the same intervention and same comparator are pooled to estimate an overall treatment effect. An MTC overcomes the limitations of standard meta-analysis in cases where there are no or limited trials making the relevant head-to-head comparison or where the decision problem requires the comparison of several interventions.<sup>29,30</sup> In addition, a ranking of interventions based on the probability that each treatment is best can be produced,<sup>31</sup> which can be of particular value where several treatment options are under consideration.

## Chapter 2 Methods

The primary objective of this project was to assess the relative effectiveness of paracetamol, non-selective NSAIDs and COX-2 inhibitors in reducing morphine consumption and related adverse effects after major surgery. A systematic review of the evidence for clinical effectiveness was undertaken to update a previous review<sup>28</sup> and to extend the earlier analysis.

## Search strategy

MEDLINE, EMBASE and the Cochrane Central Register of Controlled trials (CENTRAL) were searched for the period January 2003 to February 2009. The search strategy for each database is reported in Appendix 1. The start search date was January 2003 to overlap with Elia *et al.*<sup>28</sup> (search end July 2004) to allow for late indexing of studies. Published and unpublished studies were eligible and no language restrictions were applied. In addition, the reference lists of relevant systematic reviews were checked to identify relevant studies.

Titles and abstracts were examined for relevance by two researchers, and all papers identified by either researcher as potentially relevant were ordered. Full papers were examined for relevance by two researchers independently, based on the inclusion criteria below. Disagreements were resolved by consensus and if necessary through discussion with a third researcher.

# Inclusion and exclusion criteria

The inclusion criteria followed those of Elia et  $al.^{28}$  except where indicated below. Studies were included if they met the following criteria:

*Population* Adults who had undergone major surgery and were receiving PCA morphine for postoperative pain were included. Studies using PCA opioids other than morphine, intrathecal opioids or peripheral nerve blocks were excluded. *Interventions* Studies of paracetamol (including propacetamol), non-selective NSAID or COX-2 inhibitor given in addition to PCA morphine were included. The COX-2 inhibitors rofecoxib and valdecoxib were not included as these are no longer licensed in the UK. Although propacetamol is not licensed in the UK it was included as it is a prodrug of paracetamol and we anticipated that there would be few trials available of paracetamol used as licensed in the UK.

*Comparator treatment* PCA morphine plus placebo or PCA morphine plus a different non-opioid class (paracetamol, NSAID or COX-2 inhibitor) were included. Studies using a no treatment comparator were excluded.

*Outcomes* Only studies that reported cumulative morphine consumption for the first 24 hours following surgery were included. The other outcomes of interest were: morphine-related adverse effects (respiratory depression, nausea, vomiting, PONV, urinary retention, pruritus, dizziness, sedation, including drowsiness or somnolence, and bowel dysfunction) and nonopioid-related adverse effects. The presumption was made that pain was adequately controlled with PCA morphine in both arms of the trial; therefore pain was not included as an outcome.

*Study design* Randomised controlled trials (RCTs) with at least 10 participants per treatment group were included.

## Criteria that differed from the Elia *et al.* review

Unlike the current review, studies of rofecoxib and valdecoxib were included by Elia *et al.*<sup>28</sup> In addition the earlier review included studies with a no-treatment comparison group, which were excluded from the current review. Studies conducted by Dr Scott S Reuben were also excluded from the current review because, whilst the review was under way, much of the research undertaken by Dr Reuben came under question, due to evidence of fraud and falsification of data.

## **Data extraction**

The data previously extracted by Elia et al.<sup>28</sup> formed the basis for the update (http://anesthesiologie. hug-ge.ch/data.htm). The data from the earlier review were not available as data files, therefore the data were extracted directly from the papers. These were then checked by a second researcher against the original paper and the data extracted by Elia et al.<sup>28</sup> Where Elia et al. had obtained data directly from authors, these data were used for the current review. For some of the studies from the earlier review, missing data could not be obtained directly from the authors and data were then estimated from a graph. New studies were also extracted by one researcher and checked by a second. Authors of trials published since the review by Elia et al. were contacted for additional information where necessary. The data extracted from the individual studies are provided in Appendix 9.

For 24-hour morphine consumption (i.e. morphine consumption in the first 24 hours following surgery), the mean and standard deviation (SD) were extracted for the intervention and comparator. The number of events was extracted for morphine-related and non-opioid analgesic-related adverse effects. Where the denominator for adverse effects reported by the primary study authors was the number of patients in the analysis, this was extracted. This replicated the approach by Elia *et al.*<sup>28</sup> Some of the studies reported adverse effects beyond the immediate 24-hour period or were not explicit about the cut-off used. In these instances adverse events for the whole period were recorded to avoid loss of data from these studies.

## Study quality

Study quality was assessed using the same modified seven-point four-item Oxford scale<sup>32</sup> used by Elia *et al.*<sup>28</sup> This scale assesses whether randomisation, concealment of allocation, double blinding and the flow of patients within a study are adequately described or not (see Appendix 5). The minimum score attainable on the scale is zero and the maximum score is seven.

## **Methods for synthesis**

### **Overview**

Key study characteristics, patient outcomes and study quality were summarised in narrative and tables. Relative treatment effects for the outcomes of interest of the different classes of analgesics were estimated using an MTC.  $^{\rm 29,30}$ 

#### Main analysis

In the base-case MTC analysis, four treatments were compared: placebo, paracetamol (including propacetamol), NSAIDs and COX-2 inhibitors. There are several beneficial and adverse outcomes from taking paracetamol, NSAIDs and COX-2 inhibitors. The primary outcomes of interest were 24-hour morphine consumption and morphinerelated nausea and vomiting and sedation as well as surgical bleeding. Ideally for the MTC we would have selected a single primary outcome, as using multiple outcomes has the potential to create such a complex synthesis that it is difficult to interpret. However, given the conflicting evidence from previous reviews about whether or not a reduction in morphine consumption translates into a reduction in related adverse effects,27,28 it was necessary to include at least one adverse effect in addition to morphine consumption. We used nausea and vomiting as it is a common adverse effect and is of particular concern for patients, as well as sedation. Given that these outcomes cannot be considered markers for the other potential morphine-related adverse effects, we also conducted an MTC of the remaining outcomes (respiratory depression, bowel dysfunction, urinary retention, pruritus and dizziness) to provide as complete a picture of the evidence as possible. These additional outcomes are summarised in Chapter 3 (Results), and the full results are detailed in Appendix 8. Surgical bleeding associated with NSAIDs was the main non-opioid-related outcome of interest. Priority was given to the primary outcomes in the interpretation of the MTC. These were identified as primary outcomes at the protocol stage.

#### Sensitivity analyses

Sensitivity analyses based on study quality and drug type were undertaken for 24-hour morphine consumption. For quality, studies were classified based on whether or not they were appropriately blinded, i.e. whether or not they scored 2 for blinding on the modified Jadad scale (see Appendix 5). Blinding and allocation concealment have been identified as of particular importance where there is any subjectivity in measurement of outcomes, as is the case for the outcomes in this review.<sup>33</sup> The adequacy of blinding was used for the sensitivity analysis as reporting of this aspect of quality is generally better than for allocation concealment and it would be possible to have a full network for the analysis. The sensitivity analysis by drug type did not take into consideration mode of administration or dose of the individual drugs. In the protocol we had originally planned to undertake a sensitivity analysis based on the dosing schedule as had been done in the review we were updating.<sup>28</sup> However, we were concerned that dosing schedule would be confounded by type of drug and that it would be more clinically meaningful to use a sensitivity analysis by individual drug, and also to allow some exploration of the appropriateness of undertaking the main analysis based on drug class.

In addition we undertook a post hoc sensitivity analysis exploring the effect of baseline morphine consumption on the results. Further details of the synthesis are given below under 'Details of mixed treatment comparison'.

#### Direct comparisons

In addition, standard meta-analyses were undertaken of head-to-head comparisons between the active interventions. These were undertaken for the main morphine-related outcomes of interest (24-hour morphine consumption, sedation and PONV) and side effects related to the non-opioid analgesic. The purpose of this was to explore the consistency of the direct evidence with the results of the MTC. A random effects model was used and the analysis was undertaken in REVMAN 5.<sup>34</sup> Heterogeneity was explored through consideration of the study populations, methods and interventions, by visualisation of results and, in statistical terms, by the chi-squared test for homogeneity and the I statistic.<sup>35</sup>

## Details of mixed treatment comparison

An MTC analysis is an extension of a meta-analysis, but where a meta-analysis includes only *direct* evidence an MTC analysis draws on both *direct* and *indirect* evidence. The results from studies that compare interventions A and B are considered to be *direct* evidence for the treatment effect  $d_{AB}$ . If a study X compares treatments A and C and a study Y compares treatments B and C, and a treatment effect  $d_{AB}$  is calculated from these two studies, then this result is referred to as indirect evidence. As in a meta-analysis, it is the summary treatment effect from each study that is utilised in the MTC analysis, hence the benefit of randomisation in each study is retained.

A standard meta-analysis combines the results from two or more studies that have comparable

populations, interventions, comparators and outcomes. Study quality and other study characteristics are also assumed to be similar. Similarly, to make indirect comparisons, it is assumed that the study characteristics are comparable. This is known as exchangeability, which can be investigated through the consistency of the direct and indirect evidence.<sup>36</sup> It assumes that, had treatment C been included in the study comparing A and B, then the treatment effect  $d_{AC}$  would be the same as that found from the study of A and C.<sup>31</sup> Assuming consistency, the treatment effect  $d_{AC}$  is the sum of the treatment effects  $d_{AB}$  and  $d_{BC}$ :

$$d_{\rm AC} = d_{\rm AB} + d_{\rm BC}$$

An MTC analysis can combine both the direct evidence and the indirect evidence for  $d_{AC}$ .<sup>31</sup>

An MTC requires a 'network of evidence' between all the treatments of interest. In the context of the present review this would mean that the network is required to comprise trials of paracetamol, NSAIDs, COX-2 inhibitors and placebo, where each treatment has been compared either directly or indirectly with every other. For example, although NSAIDs and COX-2 inhibitors may not have been directly compared within a single trial, they can be compared *indirectly* as both have been assessed against a common comparator, placebo. The common comparator need not be placebo and, within an MTC, there can be more than one common comparator. Within an MTC all the available trials' data on a treatment for the specified indication should be included.

#### Interventions

The main analyses evaluated the relative effects of four classes of intervention: paracetamol, NSAIDs, COX-2 inhibitors and placebo. Several trials investigated variations of the same class of drug in different arms, such as different specific drugs, doses, or mode of delivery. In such studies the different regimens of the intervention were combined into one group. For dichotomous outcomes the number of events and the number of people with events were summed. For continuous data, the means and standard deviations were pooled using the methods described in the Cochrane Handbook.<sup>37</sup>

#### Clinical outcomes

The analysis focused on four main outcomes (see 'Overview' above). These were 24-hour morphine consumption, sedation, nausea and vomiting, and surgical bleeding. The trials varied in how nausea and vomiting were recorded. Some recorded nausea as a single outcome and vomiting as a single outcome and other studies recorded nausea and/or vomiting combined in a single outcome (PONV). As none of the trials that recorded nausea and vomiting as single outcomes also recorded PONV, it was decided to combine the nausea outcome and PONV outcomes in one analysis to maximise the evidence available in the network for this outcome. Nausea rather than vomiting was selected as the single outcome to combine with PONV because nausea was a more prevalent adverse effect than vomiting and nausea is the most clinically relevant of the two. It was also considered likely that the relative effects of treatments on the nausea outcome and the PONV outcome were similar. Separate analyses were also performed for each of the three outcomes individually.

#### Networks and study inclusion

An MTC analysis can only be performed on a connected network where a direct or indirect comparison can be made between every intervention included in the analysis for a specific outcome. For every outcome, network tables were produced listing the trials that recorded that outcome. These network tables are presented in Appendix 6, Tables 22-30. Network diagrams were also produced for the 24-hour morphine consumption, nausea and PONV, and sedation outcomes, showing the number of studies in which each pair of treatments are compared. These are reported in Chapter 3 (Results). If a study compared three treatments, it will be counted three times, e.g. NSAID versus placebo, paracetamol versus placebo, and NSAID versus paracetamol. The majority of trials had a placebo comparator. An MTC analysis was performed for every outcome including only the interventions that formed a connected network. Trials that recorded a median and a range or an interquartile range were excluded from the MTC analysis for 24-hour morphine consumption because of uncertainty surrounding the accuracy of any derived mean and standard deviation.

#### Consistency

It was assumed that the population, intervention protocols, outcomes and other study characteristics were sufficiently similar for the included trials. Standard meta-analyses of head-to-head comparisons between the active interventions were conducted to explore consistency with the results of the MTC.

#### The models

The analysis was undertaken using WINBUGS, a Bayesian analysis software that calculates posterior distributions for the parameters of interest given likelihood functions derived from data and prior probabilities. The WINBUGS codes for the different analyses are presented in Appendix 2a–e.

Two different models were produced for dichotomous and continuous outcomes. Likelihood functions and models are specified for every arm of every trial. Utilising the model reported in Cooper *et al.*,<sup>38</sup> for the dichotomous adverse event outcomes, a binomial likelihood function was specified for the number of events in each arm. In the model, for the control group trial arms, on the log-odds scale, the probability of an event in each arm was related to the control group treatment effect. For the treatment group trial arms, on the log-odds scale, the probability of an event in each arm was related to the control group treatment effect and the treatment effect difference between the trial arms.

In this model, placebo is the default baseline treatment, but if there is no placebo in the trial, then another treatment such as paracetamol becomes the baseline.

For the continuous 24-hour morphine consumption outcome, a normal likelihood function was specified. In the model, for the control group trial arms, the 24-hour morphine consumption was related to the control group morphine consumption. For the treatment group trial arms, the 24-hour morphine consumption was related to the control group morphine consumption and the treatment effect difference. Random effects models were used throughout.

The trial-specific log-odds ratios in multi-arm trials will be correlated.<sup>29,38,39</sup> To adjust for this, the WINBUGS code published on the Bristol University MTC analysis webpage (https://www.bris.ac.uk/ cobm/research/mpes/mtc.html) was used.

Bayesian models require prior probability distributions to be specified for every unknown parameter. Non-informative priors were assumed for each analysis. These were non-informative normal distributions for means and uniform distributions for standard deviations.

The basic model calculates the relative treatment effect of each treatment compared to the baseline

treatment, placebo in this case. To calculate the absolute treatment effects for each treatment, the adverse event rate or the mean morphine consumption, the absolute treatment effect of the baseline treatment (placebo) was calculated for every outcome using a random effects model, using all the placebo arms included in each analysis. The absolute treatment effects were then calculated by adding the relative treatment effects to the treatment effect of placebo.

#### Selection of model and model fit

The WINBUGS software uses a Markov Chain Monte Carlo (MCMC) simulation, which begins the simulation with an approximate distribution and, if the model is good, the distribution converges to the true distribution. The model progress was checked for convergence. Although convergence was rapid, the first 5000 iterations were excluded and a further 100,000 iterations were performed in order to calculate the results.

Models were compared using the device information criterion (DIC) statistic,<sup>38</sup> which combines model deviance and the effective number of parameters, and these are reported in the results. The residual deviance was used to indicate if an individual model was a good fit to the data, and these values are also reported. A residual deviance close to the number of arms in an analysis is considered to be a good fit.

#### **Model outcomes**

For the binary outcomes, the pairwise odds ratios for each pair of comparisons and the event rate for each intervention were calculated. For the continuous outcome, the mean differences between each pair of treatments and the mean outcome for each intervention were calculated. Uncertainty was presented using the upper and lower limits of 95% credibility intervals, which describe the bounds within which it is believed there is a 95% chance that the true value lies. The non-informative priors ensure that the results are dominated by the data.

The probability of each intervention being the best was also calculated, and interventions were then ranked according to the probability of being the most effective. These probabilities were derived from the posterior probability distributions derived for each of the treatment effect estimates from the simulation in WINBUGS. These probabilities describe the possibility of each treatment being the best given the relative treatment effect estimates and their uncertainty as expressed by the credibility interval. The probability of being best statistic summarises the uncertainty across all the pairwise comparisons. Probabilities of less than 95% should be interpreted with some caution as they indicate uncertainty. If a treatment is statistically significantly better than all the other comparators, then the probability of being the most effective treatment will be at least 95%. A probability of being best of less than 95% indicates that the best treatment is not statistically significantly better (at 95% level) than at least one of the other treatments.

#### Sensitivity analyses Adjustment for baseline 24-hour morphine consumption

There was considerable variation in the placebo 24hour morphine consumption results. The average across the placebo arms was 45.26 mg and the standard deviation was 22.23 mg. The intervention with the most trial arms other than placebo was the NSAID class of drugs. The correlation between the reduction in 24-hour morphine consumption due to NSAIDs compared to placebo and the placebo 24-hour consumption was -0.8. If the average placebo 24-hour consumption for the set of trials varied by drug class, then the results could be biased. Consequently, a model was run to estimate the baseline morphine consumption coefficients and to estimate the treatment effect differences at an average morphine consumption. This was a post hoc analysis. Details are given in Appendix 2f.

#### By individual drug

A sensitivity analysis was performed for all the individual paracetamol, NSAID and COX-2 inhibitor drugs that form a connected network for the 24-hour morphine consumption outcome. Only the mean difference of each drug compared to placebo was recorded as there are 120 pairwise comparisons in total. This analysis also estimated the effect of baseline morphine consumption on the treatment effect and estimated the treatment effects at an average morphine consumption. Because there were few studies for each individual drug, only the assumption of a common treatment and baseline morphine consumption interaction was assumed.

#### By trial quality

Another sensitivity analysis was performed evaluating the impact of study quality on the results for the 24-hour morphine consumption outcome.

The analysis was performed in two ways. Firstly, the model was run on a subset of trials that only

included trials with adequate quality as defined above under 'Overview'. This analysis included adjustment for baseline variation in morphine consumption. Secondly, study quality was added as a dummy variable in the MTC model with a covariate for baseline morphine consumption. Details are given in Appendix 2g.

# Chapter 3 Results

# Quantity and quality of research available

The searches identified 4357 potentially relevant references (Figure 1). On the basis of screening titles and abstracts, 147 full papers were ordered for further assessment. In addition 52 papers from the Elia et al.28 review were ordered for screening making a total of 199 full papers. Of the 199 full papers, 139 were excluded because they did not meet the inclusion criteria; reasons for exclusion are reported in Appendix 3. One hundred and twenty-seven of these papers were new studies, of which two<sup>40,41</sup> were excluded due to retraction by the respective journals early in 2009 because of falsification of data.<sup>42,43</sup> We were not able properly to assess for inclusion one Turkish language study due to problems in getting a translator,<sup>44</sup> and one Bulgarian language study<sup>45</sup> as the journal was not held by the British Library. Twenty new studies met the inclusion criteria.

Twelve of the 52 studies included in the earlier review were excluded from the current review. Four were of valdecoxib or rofecoxib, which are

no longer licensed in the UK;46-49 three had a no treatment comparison group (i.e. no placebo or active intervention); 50-52 in one the NSAID was given in conjunction with another analgesic;53 in one a variety of opioids were administered via PCA;54 one was based upon an abstract for which a full paper was published since the searches undertaken by Elia;28 and one by Reuben55 was excluded as it was retracted by the journal early in 2009 due to falsification of data.42 We also decided to exclude a further paper by this author.<sup>56</sup> This paper has not been retracted but, because we were aware of at least 12 papers by Reuben that had definitely been withdrawn, and at the time of the analysis were unable to establish with certainty the veracity of this second paper, we excluded it from the review.57

When the relevant studies from the earlier review (n = 40) and those identified from our own searches (n = 20) were combined there were a total of 60 included studies. Two of the included studies were non-English language, one being Greek and the other German.<sup>58,59</sup>



FIGURE I Selection of studies.

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TABLE 5 Comparators in the included studies

Comparison	Number of studies
COX-2 vs NSAID vs paracetamol	0
COX-2 vs NSAID	0
COX 2 vs NSAID vs placebo	60
COX-2 vs paracetamol	0
COX-2 vs paracetamol vs placebo	0
NSAID vs paracetamol	2 <sup>64,65</sup>
NSAID vs paracetamol vs placebo	<b>3</b> <sup>61–63</sup>
COX-2 vs placebo	I 5 <sup>58,66–79</sup>
NSAID vs placebo	32 <sup>59,80-110</sup>
Paracetamol vs placebo	716,111-116

## **Study characteristics**

There were no studies located that directly compared all three classes of drug (NSAID, COX-2 inhibitor and paracetamol) and none that compared COX-2 to paracetamol (*Table 5*). One study directly compared COX-2 inhibitor to NSAID (and placebo);<sup>60</sup> and there were five studies that directly compared NSAID and paracetamol (three also had a placebo arm<sup>61-63</sup> and two did not<sup>64,65</sup>). Placebo was the only comparator in 15 studies of COX-2 inhibitors, in 32 studies of NSAIDs and in seven studies of paracetamol (*Table 5*).

The characteristics of the included studies are summarised in *Table 6*. All of the participants were receiving PCA morphine for at least 24 hours following major surgery. A range of different surgeries were undertaken across the studies, and sometimes within studies, including thoracic, orthopaedic, gynaecological, obstetric and general surgery. General anaesthesia was most commonly used (see Appendix 9 for further details of anaesthesia). The number of participants in the included studies ranged from 20 to 514, and over 40% of studies had 20 or fewer participants in each comparison group.

The type of drug, dosing regimen and mode of administration of COX-2 inhibitors and NSAIDs varied between studies. The dosing regimen for each study is provided in *Table 6*, and details of the dosing regimen, by drug type, are provided in Appendix 4.

The COX-2 inhibitors investigated were parecoxib (11 studies),<sup>58,60,69,71-76,78,79</sup> celecoxib (three studies),<sup>67,68,70</sup> and etoricoxib (two studies).<sup>66,77</sup>

In four COX-2 inhibitor studies, participants were randomised to different doses of COX-2 (dose ranging studies),<sup>66,71,73,78</sup> and in four they were randomised to receive the COX-2 at different times such as before or after surgery (timing studies).<sup>70,74,76,79</sup> Celecoxib and etoricoxib were both administered orally as single doses; celecoxib at a dose of 200 mg or 400 mg and etoricoxib at a dose of 120 mg or 180 mg. In all the studies of parecoxib, the drug was administered intravenously; lower dose studies used a single dose of 40 mg or 20 mg at 12-hourly intervals, higer dose studies used 40 mg at 6-hourly intervals or 40 mg at 12-hourly intervals (see *Table 6* and Appendix 4).

There were 11 different NSAIDs: ketorolac (13 studies),<sup>60,80–84,88–90,96,103,105,108</sup> diclofenac (nine studies),<sup>61,63,65,80,86,92,98,100,110</sup> tenoxicam (four studies),<sup>87,93,97,107</sup> ketoprofen (four studies),<sup>62,91,95,102</sup> lornoxicam (four studies),<sup>59,94,95,109</sup> ibuprofen (three studies),<sup>64,99,101</sup> indometacin (one study),<sup>104</sup> meloxicam (one study),<sup>106</sup> naproxen (one study),<sup>85</sup> dexketoprofen (one study),<sup>91</sup> and piroxicam (one study).<sup>87</sup> There were five NSAID dose-ranging studies;<sup>83,90,96,103,105</sup> one timing study;<sup>81</sup> and four studies that compared different NSAIDs.<sup>81,87,91,95</sup>

Ketorolac was administered using intravenous, intranasal and intramuscular methods and was predominantly given in multiple doses or by continuous infusion. A single dose (30 mg and 60 mg) of ketorolac was used in two studies. The multidose regimen for ketorolac varied widely (see Appendix 4); intravenous doses ranged from 15 mg at 6-hourly intervals to 60 mg starting dose plus 30 mg every 6 hours; intranasal doses ranged from 10 mg to 30 mg every 8 hours; and intramuscular doses ranged from 1.5 mg every 6 hours (plus a starting dose of 6 mg) to 30 mg every 6 hours (plus a starting dose of 60 mg). The continuous infusion dose also varied (see Appendix 4).

There was less variability within the remaining NSAIDs. Diclofenac was most commonly administered rectally, using a multiple dose regimen, but some studies also used oral, intravenous and intramuscular methods. The rectal doses ranged from 75 mg at 12-hour intervals to 100 mg at 8-hour intervals but were mainly at the lower dose (see Appendix 4) and did not vary widely. Tenoxicam was administered as a single dose in three studies, ranging from 20 to 40 mg and in the fourth study 40 mg every 24 hours. Administration was predominantly intravenous. Ketoprofen was administered using a multiple dose

#### TABLE 6 Details of included studies (alphabetical)

Study	Surgery and anaesthesia	COX-2 (type, number randomised; mode of administration; dose)	NSAID (type, number randomised; mode of administration; dose)	Paracetamol (type, number randomised; mode of administration; dose)	Placebo (number randomised)
Alexander 2002 <sup>80</sup>	Knee or hip arthroplasty GA		<ol> <li>Diclofenac, 36</li> <li>i.v.; 75-mg single dose</li> <li>Ketorlac, 33</li> <li>i.v.; 60-mg single dose</li> </ol>		33
Alhashemi 2006 <sup>64</sup>	Caesarean section SA		lbuprofen, 23 p.o.; 400 mg/6 h	Paracetamol n=22 i.v.; I g/6 h for 48 h	
Argyriadou 2007 <sup>58</sup>	Thoracotomy Unclear	Parecoxib, 20 i.v.; 20 mg after commencement of procedure and after completion			20
Balestrieri 1997 <sup>81</sup>	Hysterectomy Myomectomy GA		<ol> <li>Ketorolac, 83</li> <li>i.v.; 60 mg postop. + 30 mg/6 h</li> <li>Ketorolac, 83</li> <li>i.v.; 60 mg intraop. + 30 mg/6 h</li> </ol>		82
Blackburn 1 <b>995</b> 82	Abdominal hysterectomy GA		Ketorolac, 30 i.v.; 100 mg/h (15 min) + 4 mg/h (24 h)		30
Burns 1991 <sup>83</sup>	Upper abdominal GA		1) Ketorolac, 22 i.m.; 12.5 mg/h (30 min) + 2.5 mg/h 2) Ketorolac, 24 i.m.; 10 mg/4 h		21
Cakan 2008 <sup>111</sup>	Lumbar laminectomy and discectomy GA			Paracetamol n=20 i.v.; l g/6 h	20
Cassinelli 2008 <sup>84</sup>	Lumbar decompression GA		Ketorolac, 13 i.v.; 30 mg/6h for 12 h		12
Celik 200385	Abdominal hysterectomy GA		Naproxen, 20 p.o.; 550-mg single dose		20
					continued

Study	Surgery and anaesthesia	COX-2 (type, number randomised; mode of administration; dose)	NSAID (type, number randomised; mode of administration; dose)	Paracetamol (type, number randomised; mode of administration; dose)	Placebo (number randomised)
Chau-in 200866	Abdominal	I) Etoricoxib, I7			15
	hysterectomy	p.o.; 120 mg single			
	GA	2) Etoricoxib, 17			
		p.o.; 180-mg single dose			
Cheng 200467	Laparoscopic	Celecoxib, 30			30
	GA	p.o.; 200-mg single dose			
Cobby 1999 <sup>61</sup>	Abdominal		Diclofenac, 24	Paracetamol	24
,	hysterectomy		Rectal; 50 mg/8 h	n=24	
	GA			Rectal; 1.3g/8h	
<sup>a</sup> Colguhoun	Open		Diclofenac, 15		15
1989 <sup>86</sup>	cholecystectomy GA		Rectal; 100-mg single dose		
De Decker 2001 <sup>87</sup>	Spine surgery		I) Piroxicam, 15		15
	GA		i.m.; 40-mg single dose		
			2) Tenoxicam, 15		
			i.v.; 40-mg single dose		
			3) Tenoxicam, 15		
			ı.m.; 40-mg sıngle dose		
Delbos 1995 <sup>16</sup>	Knee ligamentoplasty GA			Propacetamol n = 30 i.v.; four infusions 2g/6 h	30
Durmus 200368	Abdominal	I) Celecoxib, 20			20
	hysterectomy GA	p.o.; 200-mg single dose			
El-Halafawy 2004 <sup>69</sup>	CABG	Parecoxib, 30			30
	GA	72h			
Etches 1995 <sup>88</sup>	Knee or hip		Ketorolac, 86		88
	arthroplasty GA		i.v.; 30 mg + 5 mg/h (24 h)		
Fayaz 2004 <sup>110</sup>	CABG		Diclofenac, 20		20
	GA		Rectal; 100 mg/18 h		-
Fletcher 1997 <sup>62</sup>	Lumbar disc		Ketoprofen, 16	Propacetamol	15
	GA		i.v.; 50 mg/6 h	i.v.; 2g/6h	

Study	Surgery and anaesthesia	COX-2 (type, number randomised; mode of administration; dose)	NSAID (type, number randomised; mode of administration; dose)	Paracetamol (type, number randomised; mode of administration; dose)	Placebo (number randomised)
Fong 2008 <sup>70</sup>	Caesarean section Spinal	l) Celecoxib, 20 p.o.; 400-mg single			20
		dose before surgery 2) Celecoxib, 20 p.o.; 400-mg single dose after surgery			
Gillies 1987 <sup>90</sup>	Upper abdominal		I) Ketorolac, 21		20
	GA		i.m.; 6 mg + 1.5 mg/h 2) Ketorolac, 20 i.m.; 12 mg + 3 mg/h (24 h)		
Hanna 2003 <sup>91</sup>	Knee or hip arthroplasty		I) Dexketoprofen, 50		55
	GA		i.m.; 50 mg/12 h 2) Ketoprofen, 58 i.m.; 100 mg/12 h		
Hegazy 2003 <sup>60</sup>	Cervical disc GA	Parecoxib, 15 i.v.; 40 mg/6 h	Ketorolac, 15 i.v.; 30 mg/6 h		15
Hernandez- Palazon 2001 <sup>112</sup>	Spinal fusion GA			Propacetamol, 22 i.v.; 2 g/6 h	22
Hodsman 1987 <sup>92</sup>	Abdominal GA		Diclofenac, 33 i.m.; 75 mg/12 h		32
Hsu 2003 <sup>93</sup>	Caesarean section Spinal		Tenoxicam, <b>49</b> i.v.; 20-mg single dose		54
Hubbard 2003 <sup>71</sup>	Knee arthroplasty Spinal + sedation	<ol> <li>Parecoxib, 65</li> <li>i.v.; 20 mg/12 h</li> <li>Parecoxib, 67</li> <li>i.v.; 40 mg/12 h</li> </ol>			63
Inan 2007 <sup>94</sup>	Total knee replacement GA		Lornoxicam, 23 i.v.; 16 mg before surgery and 8 mg/12 h		23
Jirarattanaphochai 2008 <sup>72</sup>	Lumbar spine surgery GA	Parecoxib, 60 i.v.; 40 mg before surgery and 40 mg/12 h			60
Karaman 2006 <sup>95</sup>	Abdominal hysterectomy		I) Lornoxicam, 20		20
	GA		i.m.; 8-mg single dose 2) Ketoprofen, 20		
			i.m.; 100-mg single dose		
					continued

Study	Surgery and anaesthesia	COX-2 (type, number randomised; mode of administration; dose)	NSAID (type, number randomised; mode of administration; dose)	Paracetamol (type, number randomised; mode of administration; dose)	Placebo (number randomised)
Kvalsvik 2003 <sup>113</sup>	Abdominal hysterectomy GA			Paracetamol, 38 rectal; l g/6 h for 60 h	40
Lee 2008 <sup>79</sup>	Open colorectal surgery GA	<ol> <li>Parecoxib, 20</li> <li>i.v.; 40 mg before surgery</li> <li>Parecoxib, 20</li> <li>i.v.; 40 mg at skin closure</li> </ol>			20
Mack 200189	Microsurgical lumbar discectomy GA		Ketorolac, 10 i.v.; 30 mg over 4 min		10
Malan 2003 <sup>73</sup>	Hip arthroplasty GA or spinal	<ol> <li>Parecoxib, 67</li> <li>i.v.; 20 mg/12 h</li> <li>Parecoxib, 64</li> <li>i.v.; 40 mg/12 h</li> </ol>			70
Martinez 2007 <sup>74</sup>	Total hip arthroplasty GA	<ol> <li>Parecoxib, 22</li> <li>i.v.; 40 mg at induction and 12 h</li> <li>Parecoxib, 19</li> <li>i.v.; 40 mg at wound closure and 12 h</li> </ol>			21
°Moodie 2008%	Major surgery GA with or without spinal		<ol> <li>Ketorolac, 43</li> <li>Intranasal; 10 mg/8 h for 40 h</li> <li>Ketorolac, 42</li> <li>Intranasal; 30 mg/8 h for 40 h</li> </ol>		42
Munishankar 2008 <sup>65</sup>	Caesarean section Spinal + sedation		Diclofenac, 26 100 mg rectal then 50 mg/8h p.o.	Paracetamol, 26 l g rectal then l g/h p.o.	
Munro 1998 <sup>97</sup>	Laparoscopic cholecystectomy GA		Tenoxicam, 20 i.v.; 40-mg single dose		20
Ng 2002 <sup>98</sup>	Abdominal hysterectomy GA		Diclofenac, 20 Rectal; 75 mg twice daily		20
<sup>▶</sup> Ng 2003 <sup>75</sup>	Hysterectomy GA	Parecoxib, 23 i.v.; 40-mg single dose			23

TABLE 6 Details of included studies (alphabetical) (continued
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Study	Surgery and anaesthesia	COX-2 (type, number randomised; mode of administration; dose)	NSAID (type, number randomised; mode of administration; dose)	Paracetamol (type, number randomised; mode of administration; dose)	Placebo (number randomised)
Owen 1986 <sup>99</sup>	Gynaecology GA		lbuprofen, 29 Rectal; 500 mg/8 h		31
Peduto 1998 <sup>114</sup>	Hip arthroplasty GA			Propacetamol, 46 i.v.; 2 g/6 h	51
Perttunen 1992 <sup>100</sup>	Thoracotomy GA		Diclofenac, 15 i.v.; 2 mg/kg/h (48 h)		15
Plummer 1996 <sup>101</sup>	Gynaecology GA		lbuprofen, 57 p.o.; 1600 mg before surgery and at 24 h		58
Rao 2000 <sup>102</sup>	Abdominal GA		Ketoprofen, 20 i.v.; 100 mg/12 h		20
Ready 1994 <sup>103</sup>	Orthopaedic Gynaecology General GA and spinal		<ol> <li>Ketorolac, 66</li> <li>i.v.; 30 mg + 5 mg/h</li> <li>Ketorolac, 70</li> <li>i.v.; 30 mg +</li> <li>15 mg/3 h</li> </ol>		71
Riest 2008 <sup>76</sup>	Discectomy GA	<ol> <li>Parecoxib, 80</li> <li>i.v.; 40 mg before surgery and after 40 mg/12 h for 72 h</li> <li>Parecoxib, 80</li> <li>i.v.; 40 mg/12 h after surgery for 72 h</li> <li>Parecoxib, 80</li> <li>i.v.; single 40-mg dose before surgery</li> </ol>			80
Rowe 1992 <sup>104</sup>	Lumbar Iaminectomy GA		Indometacin, 14 p.o.; 75-mg single dose		16
Schug 1998 <sup>115</sup>	Orthopaedic emergencies GA			Paracetamol, 28 p.o.; l g/4h	33
Sevarino 1992 <sup>105</sup>	Gynaecology GA		<ol> <li>Ketorolac, 12</li> <li>i.m.; 30 mg +</li> <li>15 mg/6 h</li> <li>Ketorolac, 12</li> <li>i.m.; 60 mg +</li> <li>30 mg/6 h</li> </ol>		11
					continued

Study	Surgery and anaesthesia	COX-2 (type, number randomised; mode of administration; dose)	NSAID (type, number randomised; mode of administration; dose)	Paracetamol (type, number randomised; mode of administration; dose)	Placebo (number randomised)
Siddik 200163	Caesarean section		Diclofenac, 20	Propacetamol, 20	20
	Spinal		rectal; 100 mg/8 h	i.v.; 2 g/6 h	
Siddiqui 2008 <sup>77</sup>	Upper or lower limb fracture fixation GA	Etoricoxib, 100 p.o.; single 120-mg dose			100
Sinatra 2005 <sup>116</sup>	Total hip or knee replacement			I) Propacetamol, 52	52
	GA spinal or epidural			i.v.; 2 g/6 h 2) Paracetamol, 5 I	
				i.v.; l g/6 h	
Tang 2002 <sup>78</sup>	Abdominal hysterectomy or myomectomy GA	<ol> <li>Parecoxib, 19</li> <li>i.v.; 20 mg/12 h</li> <li>Parecoxib, 18</li> <li>i.v.; 40 mg/12 h</li> </ol>			18
Thompson 2000 <sup>106</sup>	Abdominal hysterectomy GA		Meloxicam, 18 rectal; 15-mg single dose		18
Trampitsch 2003 <sup>59</sup>	Gynaecological surgery GA		Lornoxicam, 22 i.v.; 8 mg/8 h		22
Vandermeulen 1997 <sup>107</sup>	Abdominal orthopaedic GA		Tenoxicam, 256 i.v.; 40 mg at 0 and 24 h		258
Varrassi <b>1994</b> <sup>108</sup>	Cholecystectomy GA		Ketorolac, 50 i.m.; 30 mg + i.v. continuous infusion 2 mg/h		50
Xuerong 2008 <sup>109</sup>	Abdominal		Lornoxicam, 15		15
	hysterectomy Spinal		i.v.; 8 mg continuous infusion during surgery		

GA, general anaesthesia; i.m., intramuscularly; i.v., intravenously; p.o., orally; p.r., rectally.

a The number reported here is the number analysed; n = 32 were randomised in total and two were excluded because of PCA malfunction. But it is unclear which group these were from.

b The authors state n = 48 randomised but details of only n = 46 reported.

c The number analysed is reported here as the number randomised is unclear.

regimen of 50 mg every 6 hours or 100 mg every 12 hours or in one study a single 100-mg dose. Administration was intravenous and intramuscular. Lornoxicam was administered as a single dose of 8 mg, 8 mg every 8 hours, and 8 mg every 12 hours following an initial 16-mg dose. Administration was intravenous and intramuscular. Ibuprofen was administered as a 1600-mg dose before surgery and at 24 hours, 400 mg every 6 hours, and 500 mg every 8 hours. The remaining NSAIDs were investigated in single trials only. With the exception of dexketoprofen (50 mg every 12 hours), they were given as single doses: indometacin 75 mg; meloxicam 15 mg (rectal); naproxen 550 mg; and piroxicam (40 mg).

There were 12 studies of paracetamol and the prodrug propacetamol: seven of paracetamol<sup>61,64,65,111,113,115,116</sup> and six of propacetamol<sup>16,62,63,112,114,116</sup> (one of which compared propacetamol and paracetamol<sup>116</sup>). In all the studies, propacetamol was administered intravenously in doses of 2 g (which releases 1 g of paracetamol) every 6 hours. The paracetamol doses were 0.5 g every 4 hours (oral administration), 1.0 g every 6 hours (oral and rectal administration) and 1.3 g every 8 hours (rectal administration).

## Study quality

All the included studies were RCTs with a placebo or active comparator. Full details of the validity assessment are presented in Appendix 5. The quality of reporting was variable between studies and across the criteria. Seven studies received the maximum possible score for each of the criteria: randomisation, allocation concealment, double blinding and description of flow of participants through the study.<sup>63–65,72,79,94,109</sup> The method of randomisation was described and adequate in 57% of studies and mentioned in the remaining studies (this was a minimum criterion for inclusion). Allocation concealment was the most poorly reported criterion: 60% of studies did not describe allocation concealment and 40% did so. No mention was made of blinding in 10% of studies; 48% mentioned double blinding and 42% described an adequate method of blinding. There was no description of flow of participants in 20% of studies, it was described but incomplete in 32% and described and adequate in 48%.

## Assessment of effectiveness

#### **Morphine consumption**

There was considerable variability in the baseline morphine consumption: the simple mean in the placebo group was 45.26 mg (SD 22.23), and ranged from a minimum of 8.6 mg (SD 5.2) to a maximum of 141.5 mg (SD 74.9). There were five studies where the placebo group had a 24-hour morphine consumption of less than 20 mg<sup>67,89,94,109,111</sup> and five with morphine consumption greater than 70 mg.<sup>75,79,85,90,100</sup> There was no apparent pattern amongst these studies in terms of age of participants, type of surgery, size of morphine bolus or length of lockout.

#### Mixed treatment comparison

A connected network for the four treatment classes was formed for cumulative 24-hour morphine consumption, allowing a comparison between all four classes to be made for this outcome (*Figure* 2). There were 56 studies in the network, which included comparisons with both placebo and other active treatments. *Table 22* in Appendix 6 contains details of the specific studies included in the network. Two studies were excluded because they reported median morphine consumption,<sup>83,98</sup> one because a variance was not available from the paper,<sup>91</sup> and one because the number analysed was unclear.<sup>58</sup>

In *Figure 2* the numbers represent the number of studies in which the two treatments were compared. If a study compared three treatments, it will be counted three times.

The pooled mean baseline morphine consumption was 37.43 mg (SE 2.0). There was a statistically significant reduction (5% level) in mean cumulative 24-hour morphine consumption with paracetamol, NSAIDs and COX-2 inhibitors compared to placebo; that is, the credibility intervals did not cross the line of no effect (zero) (see column 3 in *Table* 7). The difference ranged from a mean reduction of 6.34 mg for paracetamol to 10.92 mg for COX-2 inhibitors compared to placebo. The mean reduction compared to placebo for NSAIDs was similar to that of COX-2 inhibitors. Comparison of the active treatments shows that although NSAIDs and COX-2 inhibitors were both significantly better than paracetamol, there was no statistically significant difference between NSAIDs and COX-2 inhibitors (MD -0.74; 95% CrI -3.03 to 1.56).



FIGURE 2 Network for 24-hour morphine consumption

TABLE 7	Mixed treatment con	parison meta-analy	rsis 24-hour morț	hine consumption	(pairwise comparisons)	)
		F · · · · · · · /				

Comparison	Baseline morphine consumption: mean mg (SE)	Mean difference: mg (95% Crl)				
Placebo	37.43 (2.00) <sup>a</sup>	0				
Paracetamol vs placebo		-6.34 (-9.02 to -3.65)				
NSAID vs placebo		-10.18 (-11.65 to -8.72)				
COX-2 vs placebo		-10.92 (-12.77 to -9.08)				
NSAID vs paracetamol		-3.85 (-6.80 to -0.89)				
COX-2 vs paracetamol		-4.58 (-7.83 to -1.35)				
COX-2 vs NSAID		-0.74 (-3.03 to 1.56)				
The first treatment is the intervention an	The first treatment is the intervention and the second is the control. The negative mean difference indicates the					

intervention was more effective than the control treatment.

a This is the pooled mean from a random effects model. The 45.26 mg quoted in the text above is a simple mean.

The MTC analysis also produced data on the probability of each intervention being the most effective. Based on these data, COX-2 inhibitors had the highest probability of being the best (*Table 8*): there was a 74% chance that this drug class is the most effective treatment for reducing 24-hour morphine consumption. A probability of less than 95% indicated some uncertainty and reflected the finding of no statistically significant difference between COX-2 inhibitors and NSAIDs. The residual deviance (186) was larger than the number of study arms indicating that the model is not a perfect fit to the data.

#### Sensitivity analyses Baseline morphine consumption

Sensitivity analyses were run that included a covariate to adjust for baseline morphine consumption using the network of 56 studies. The analyses evaluated the impact of baseline morphine consumption on the treatment effect for each treatment compared to placebo, and calculated the treatment effect at a placebo morphine consumption level of 37.43 mg. Three models were run that involved independent, exchangeable and common interaction assumptions. The number of trial arms, the DIC and the residual deviance (RD) are reported in Appendix 7, *Table 31*. The residual deviance shows that the models with a covariate are close to the number of arms in the study and are a good fit. The DIC is considerably lower for each of the models adjusting for baseline morphine consumption than the DIC for the model with no

**TABLE 8** Mixed treatment comparison meta-analysis of 24-hour morphine consumption (probability of being best treatment)

Treatment (n of studies)	p best (%)
Placebo (54)	0
Paracetamol (12)	0
NSAID (35)	26
COX-2 (15)	74

116 arms; residual deviance 186.

The second column shows the probability (p) that each treatment is the most effective one.
adjustment (Appendix 7, *Table 31*). There is little difference in the DIC between the three models adjusting for baseline morphine consumption. As the model with an exchangeable interaction assumption had the lowest DIC, the mean pairwise differences for this model are reported in *Table 9* along with those for the model with no baseline adjustment. The covariate coefficients were all statistically significantly different from zero at a 5% level (Appendix 7, *Table 31*).

When the model was adjusted for baseline morphine consumption, the results were broadly similar to those of the unadjusted model indicating that the results were robust. COX-2 inhibitors still had the highest probability of being the most effective treatment for reducing 24-hour morphine consumption (Table 10). The main change was that whilst there was still a statistically significant reduction in morphine consumption with all three drugs compared to placebo, the mean difference for paracetamol compared to placebo was larger than in the unadjusted analysis. Any benefits of NSAIDs and COX-2 inhibitors over paracetamol were marginal and no longer statistically significant (see Table 9) and the probabilities for NSAIDs and paracetamol being best were now similar (Table 10).

### **Individual drugs**

The main purpose of the review was to compare the three classes of analgesic: paracetamol, NSAIDs and COX-2 inhibitors. An MTC was also conducted by individual drug to explore the appropriateness of the assumption made when grouping all types of NSAIDs together, all types of COX-2 inhibitors, and grouping paracetamol with propacetamol. This sensitivity analysis used the single outcome of 24hour morphine consumption. A connected network was formed consisting of the same 56 studies that were in the main analysis for 24-hour morphine consumption. The model was also adjusted for baseline morphine consumption and hence the treatment effect results are calculated for a placebo morphine consumption of 37.43 mg. There were 15 individual drugs in the analysis plus placebo: two paracetamol (paracetamol and propacetamol), 10 NSAIDs and three COX-2 inhibitors. The residual deviance (130.2) was greater than the number of trial arms (120 arms) in the analysis indicating that the model is not a perfect fit to the data: this may be due to the large number of treatments in the analysis and the fact that four of the drugs were only included in one trial each.

The drug with the best effectiveness estimate was naproxen, although the probability of it being the most effective, 41%, is very low (*Table 11*). This reflects the degree to which the 95% credibility intervals of the drugs overlap, particularly for naproxen, diclofenac, indometacin, piroxicam, meloxicam and celecoxib.

The results indicate that the decision to group together propacetamol and paracetamol in one class seems to have been reasonable: the mean difference in morphine consumption was similar for the two drugs and the credibility intervals overlapped (Table 11). This would be expected given that propacetamol is a prodrug of paracetamol. Similarly, the decision to group together COX-2 inhibitors is also shown to be reasonable: the mean reduction in morphine consumption ranged from 8.13 to 12.55 mg and the credibility intervals for celecoxib, etoricoxib and parecoxib overlapped (Table 11). The performance of individual NSAIDs was more variable than within the other two classes. For four of the drugs the analysis is based on single trials and for three of these there was no statistically significant difference between the drug and

TABLE 9 24-hour morphine consumption adjusted and unadjusted for baseline morphine consumption

Comparison	Unadjusted mean difference, mg (95% Crl)	Adjusted (exchangeable interaction) mean difference, mg (95% Crl)
Paracetamol vs placebo	-6.34 (-9.02 to -3.65)	-8.68 (-11.43 to -5.94)
NSAID vs placebo	-10.18 (-11.65 to -8.72)	-9.45 (-10.90 to -8.01)
COX-2 vs placebo	-10.92 (-12.77 to -9.08)	-10.67 (-12.42 to -8.94)
NSAID vs paracetamol	-3.85 (-6.80 to -0.89)	-0.77 (-3.75 to 2.21)
COX-2 vs paracetamol	-4.58 (-7.83 to -1.35)	-1.99 (-5.24 to 1.24)
COX-2 vs NSAID	-0.74 (-3.03 to 1.56)	-1.22 (-3.43 to 1.00)
<b>T</b> I 0		

The first treatment is the intervention and the second is the control. The negative mean difference indicates that the intervention was more effective than the control treatment.

Treatment (n of studies)	Unadjusted, p best (%)	Adjusted, p best (%)
Placebo (54)	0	0
Paracetamol (12)	0	10
NSAID (35)	26	11
COX-2 (15)	74	79

TABLE 10 Results from mixed treatment comparison analysis of 24-hour morphine consumption (probability of being best treatment)

placebo. The reduction in morphine consumption compared to placebo ranged from 4.81 to 16.73 mg for individual NSAIDs and the credibility interval (CrI) for some NSAIDs barely overlapped. These findings suggest that there may be variability in the effectiveness of individual NSAIDs.

### Quality

A sensitivity analysis was conducted to evaluate the impact of study quality on the results, as defined in Chapter 2 (Methods). This was done in two ways, both of which also adjusted for baseline morphine consumption. Firstly, the MTC analysis was run on the subset of studies that were recorded as good quality, i.e. studies reporting an adequate method of blinding (see Appendix 7, *Table 33*, for results). Secondly, a model was run using all of the studies and adding a dummy variable to account for study quality. When the dummy variable was 0 this represented a quality study. Three assumptions were again tested regarding the interaction of the dummy variable with the treatments. None of the models adjusting for study quality are an improvement over the model adjusted for baseline morphine consumption alone based on the DIC (Appendix 7, *Table 32*). The exchangeable interaction model had the lowest DIC (Appendix 7, *Table 32*) and the results from this model

TABLE 11 Mixed treatment comparison analysis of 24-hour morphine consumption by individual drug

Treatment (n of studies)	Mean difference, mg (95% Crl)	p best (%)						
Placebo (54)								
Paracetamol								
Paracetamol (7)	-7.96 (-11.59 to -4.35)	0						
Propacetamol (6)	-8.73 (-12.24 to -5.20)	0						
NSAIDs								
Diclofenac (8)	-16.05 (-20.41 to -11.75)	27						
lbuprofen (3)	-7.30 (-13.36 to -1.27)	0						
Indometacin (I)	-11.32 (-30.64 to 7.41)	24						
Ketoprofen (3)	-8.11 (-11.52 to -4.78)	0						
Ketorolac (12)	-10.58 (-13.55 to -7.60)	0						
Lornoxicam (4)	-7.86 (-10.39 to -5.40)	0						
Meloxicam (1)	-4.81 (-17.13 to 7.77)	2						
Naproxen (1)	-16.73 (-23.48 to -9.78)	41						
Piroxicam (1)	-8.05 (-17.99 to 1.80)	3						
Tenoxicam (4)	-8.38 (-12.45 to -4.35)	0						
COX-2 inhibitor								
Celecoxib (3)	-12.55 (-15.74 to -9.33)	2						
Etoricoxib (2)	-8.13 (-11.50 to -4.79)	0						
Parecoxib (10)	-10.94 (-13.64 to - 8.22)	0						
Crl, credibility interval; SD, standard deviation.								

The second column shows the probability (p) that each treatment is the most effective one.

are reported in *Tables 12 and 13*. The covariate coefficients were not statistically significantly different from zero at a 5% level (Appendix 7, *Table 32*).

The results were broadly similar to those of the unadjusted model indicating that the results from the main analysis are reasonably robust (Tables 12 and 13). Based on the pairwise comparisons (*Table 12*) there was still a statistically significant reduction in morphine consumption with all three drugs compared to placebo, though the mean difference for paracetamol compared to placebo was larger than in the unadjusted analysis. The difference between NSAIDs and COX-2 inhibitors remained small and not statistically significant, and the benefits of NSAIDs and COX-2 inhibitors over paracetamol were marginal and no longer statistically significant. These differences were apparent in the first sensitivity analysis using baseline morphine consumption only, therefore the impact of quality was minimal.

### Direct comparisons

Data on cumulative mean morphine consumption were available from five studies that directly compared paracetamol and NSAIDs,<sup>61–65</sup> and for one study that directly compared COX-2 inhibitors and NSAIDs.<sup>60</sup> Cumulative 24-hour morphine consumption was statistically significantly lower with NSAIDs compared to paracetamol, with a mean reduction of 9.76 mg (95% CI –18.69 to –0.82) (*Figure 3*). However, there was evidence of moderate statistical heterogeneity ( $I^2 = 49\%$ ).

Based on a single study,<sup>60</sup> there was no statistically significant difference in cumulative 24-hour morphine consumption between COX-2 inhibitors and NSAIDs (MD -1.40; 95% CI -7.60 to 4.80) (*Figure 4*).

### Morphine-related adverse effects Nausea and postoperative nausea and vomiting (PONV) Mixed treatment comparison

Studies reporting postoperative nausea alone were pooled with studies that reported nausea and/ or vomiting (PONV) as a combined outcome. A connected network for the four classes of drugs was formed, which consisted of 43 trials (*Figure 5*). Details of the studies included in the network are provided in Appendix 6, *Table 23*.

TABLE 12	24-hour morphine	consumption	adjusted for	quality and	baseline morphine	e consumption (	pairwise comparisons)	
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Comparison	Unadjusted results: mean difference, mg (95% Crl)	Adjusted for quality and baseline morphine consumption: mean difference, mg (95% Crl)
Placebo		
Paracetamol vs placebo	-6.34 (-9.02 to -3.65)	-9.01 (-12.01 to -6.01)
NSAID vs placebo	-10.18 (-11.65 to -8.72)	-10.17 (-12.37 to -7.99)
COX-2 vs placebo	-10.92 (-12.77 to -9.08)	-12.03 (-15.73 to -8.46)
NSAID vs paracetamol	-3.85 (-6.80 to -0.89)	-1.17 (-4.31 to 1.98)
COX-2 vs paracetamol	-4.58 (-7.83 to -1.35)	-3.02 (-7.24 to 1.02)
COX-2 vs NSAID	-0.74 (-3.03 to 1.56)	-1.86 (-5.34 to 1.39)
		i i i i i i i i i i i i i i i i i i i

The first treatment is the intervention and the second is the control. The negative mean difference indicates the intervention was more effective than the control treatment.

**TABLE 13** 24-hour morphine consumption adjusted for quality and baseline morphine consumption (probability of being most effective treatment)

Treatment (n of studies)	Unadjusted, p best (%)	Adjusted for quality and baseline morphine consumption, p best (%)
Placebo (54)	0	0
Paracetamol (12)	0	5
NSAID (35)	29	11
COX-2 (15)	71	84

Study or	NSAID		D Paracetamol			Maran differences	Maan difference		
Study or subgroup	Mean	SD	Total	Mean	SD	Total	otal Weight	IV, random, 95% Cl	IV, random, 95% Cl
Alhashemi (2006) <sup>64</sup>	58	25	23	65	30	22	17.5%	-7.00 (-23.17 to 9.17)	
Cobby (1999)61	32.7	27.4	20	35	20.4	24	19.7%	-2.30 (-16.82 to 12.22)	
Fletcher (1997) <sup>62</sup>	25.7	17	15	28	20.3	15	21.3%	-2.30 (-15.70 to 11.10)	
Munishankar (2008) <sup>65</sup>	44.1	24.4	25	54.5	28.5	24	19.2%	-10.40 (-25.28 to 4.48)	
(2001) <sup>63</sup>	36	18	20	61.1	23	20	22.3%	-25.10 (-37.90 to -12.30)	
Total			103			105	100.0%	- 9.76 (- 18.69 to - 0.82)	•
Heterogeneity	$\tau : \tau^2 = 50.$	.66; χ²	= 7.83, d	f = 4 (p	= 0.10)	; <b>/</b> ² = <b>49</b> %	6		

FIGURE 3 Cumulative 24-hour morphine consumption (non-steroidal anti-inflammatory drug vs paracetamol).

Study or	COX-2 inhibitor			NSAID			Mean difference	Mean difference		
subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, random, 95% Cl	IV, random, 95% Cl	
Hegazy (2003) <sup>60</sup>	35.2	8.3	15	36.6	9	15	100.0%	-1.40 (-7.60 to 4.80)		
Total (95% CI) Heterogeneity: n	not appli	cable	15			15	100.0%	- I.40 (- 7.60 to 4.80)		
Test for overall	effect: z	= 0.44	4 (p = 0.	.66)						
								–10 Favours	-5 0 5 COX-2 inhibitor Favo	10 urs NS/

FIGURE 4 Cumulative 24-hour morphine consumption (cyclo-oxgenase 2 inhibitor vs non-steroidal anti-inflammatory drugs).





The pairwise ORs and the 95% CrI are reported in *Table 14*, where the first treatment in the first column is the intervention and the second is the control. An OR of less than 1.0 indicates that the intervention performed better than the control.

Non-steroidal anti-inflammatory drugs performed best for this outcome compared to placebo, with an odds ratio of 0.70, and this was the only comparison that was statistically significant. COX-2 inhibitors were slightly less effective than NSAIDs, and there was almost no difference between paracetamol and placebo (Table 14). These results are reflected in the probability of NSAIDs being the most effective treatment for reducing nausea or PONV: there was a 78% chance that this was the most effective treatment for this outcome (Table 15). In total, 88 trial arms were included in the analysis, of which 86 had at least one outcome event. The residual deviance (96.64) was similar to the number of arms that had at least one event, which indicates a good model fit.

### **Direct comparisons**

Data on nausea or PONV were available from four studies that directly compared paracetamol and NSAID.<sup>62–65</sup> Data from the sole study reporting postoperative nausea alone,<sup>64</sup> was pooled with those from the three studies that reported PONV.<sup>62,63,65</sup> NSAIDs were slightly more effective than paracetamol in reducing nausea and PONV [risk ratio (RR) 0.78]; however, this was not statistically significant (95% CI 0.51 to 1.20). There was no statistical heterogeneity ( $I^2 = 0\%$ ) (*Figure 6*).

 
 TABLE 14
 Nausea and postoperative nausea and vomiting (pairwise comparisons)

Comparison	Pairwise odds ratio (OR) and 95% CrI
Paracetamol vs placebo	1.00 (0.60 to 1.53)
NSAID vs placebo	0.70 (0.53 to 0.88)
COX-2 vs placebo	0.88 (0.61 to 1.25)
NSAID vs paracetamol	0.74 (0.44 to 1.17)
COX-2 vs paracetamol	0.93 (0.51 to 1.63)
COX-2 vs NSAID	1.28 (0.81 to 1.97)

The first treatment in the first column is the intervention and the second is the control. An OR less than I indicates that the intervention performed better than the control.

**TABLE 15** Nausea and postoperative nausea and vomiting (probability of being best treatment)

Treatment (n of studies)	p best (%)	
Placebo (41)	0	٦
Paracetamol (9)	7	
NSAID (27)	78	
COX-2 (11)	15	

86 arms<sup>a</sup>; residual deviance 96.64.

a Refers to the number of arms with at least one event. The second column shows the probability (p) that each treatment is the most effective one.

### Sensitivity analysis

As a sensitivity analysis, an MTC was undertaken for nausea alone, vomiting alone and PONV alone, and the results were similar. In each of these separate analyses NSAIDs had the highest probability of being the most effective treatment (ranging from 50% to 84%) (Appendix 8, *Table 34*). There were differences in the size of the OR for some of the comparisons, and the benefit with NSAIDs compared to placebo was statistically significant for PONV but not nausea alone or vomiting alone (Appendix 8, *Table 35*).

### Sedation

### Mixed treatment comparison

A connected network for the four classes of drugs was formed for sedation, which consisted of 19 studies (*Figure 7*). Details of the studies included in the network are provided in Appendix 6, *Table 25*.

The pairwise ORs (95% CrI) are reported in *Table 16*. There was no statistically significant difference between any intervention and control in reducing morphine-related sedation: there was a trend towards paracetamol performing more poorly than placebo, and COX-2 inhibitors more poorly than NSAIDs, with wide CrIs indicating considerable uncertainty, and NSAIDs and COX-2 inhibitors performing better than placebo and paracetamol.

Non-steroidal anti-inflammatory drugs performed best for this outcome: there was a 53% chance that NSAIDs are the most effective treatment for reducing sedation (*Table 17*). This is a low probability, which reflects the considerable overlap in the CrIs for the treatment effect estimates (*Table 16*).

<b>C</b> / 1	NSAID		Parace	Paracetamol			Pisk ratio
subgroup	Events	Total	Events	Total	Weight	Misk Fatio M-H, random, 95% Cl	Misk rado M-H, random, 95% Cl
Alhashemi (2006) <sup>64</sup>	8	23	12	22	39.4%	0.64 (0.32 to 1.26)	<b>_</b>
Fletcher (1997) <sup>62</sup>	4	15	4	15	12.8%	1.00 (0.31 to 3.28)	
Munishankar (2008)65	10	26	11	26	41.3%	0.91 (0.47 to 1.76)	<b>_</b>
Siddik (2001) <sup>63</sup>	2	20	3	20	6.4%	0.67 (0.12 to 3.57)	
Total (95% CI)		84		83	100.0%	0.78 (0.51 to 1.20)	
Total events	24		30				-
Heterogeneity: $\tau^2 = 0$ .	00; $\chi^2 = 0$	.75, df =	3(p = 0.8)	$(36); I^2 = 0$	0%		
Test for overall effect:	z = 1.12	(p = 0.2)	61)				
		()	,				-+ + + + + +
							0.1 0.2 0.5 1 2 5 10
							Favours NSAID Favours paracetame

FIGURE 6 Nausea and postoperative nausea and vomiting (non-steroidal anti-inflammatory drugs vs paracetamol).



FIGURE 7 Network for sedation.

### TABLE 16 Sedation (pairwise comparisons)

Comparison	Pairwise odds ratio (OR) and 95% CrI					
Paracetamol vs placebo	1.62 (0.32 to 5.02)					
NSAID vs placebo	0.53 (0.20 to 1.01)					
COX-2 vs placebo	0.63 (0.18 to 1.49)					
NSAID vs paracetamol	0.51 (0.08 to 1.63)					
COX-2 vs paracetamol	0.63 (0.07 to 2.33)					
COX-2 vs NSAID	1.40 (0.30 to 4.31)					
The first treatment in the first column is the						

intervention and the second is the control. An OR less than I indicates that the intervention has performed better than the control.

TABLE 17 Sedation (probability of being best treatment)

Treatment (n of studies)	p best (%)	
Placebo (19)	0	
Paracetamol (4)	6	
NSAID (12)	53	
COX-2 (9)	41	

31 arms<sup>a</sup>; residual deviance 41.44.

a Refers to the number of arms with at least one event. The second column shows the probability (p) that each treatment is the most effective one.

	NSA	ND	Parace	tamol							
Study or subgroup	Events	Total	Events	Total	Weight	Risk ratio IV, random, 95% Cl		Risk IV, rando	ratio m, 95% C		
Fletcher (1997) <sup>62</sup>	0	15	4	15	48.0%	0.11 (0.01 to 1.90)			<u> </u>		
Siddik (2001)63	I	20	I	20	52.0%	1.00 (0.07 to 14.90)			<b>•</b>	-	
Total (95% CI)		35	_	35	100.0%	0.35 (0.04 to 3.00)					
Total events	1		5								
Heterogeneity: $\tau^2$	= 0.42; χ²	= 1.21, a	∃f = I (p =	= 0.27); ľ	<sup>2</sup> = 17%						
Test for overall ef	fect: z = 0	. <b>96</b> (ṗ =	0.34)								
									+ +		
							0.005	0.1	1 1	0	200
							Favo	ours NSAID	Favours	paracet	amol

FIGURE 8 Sedation (non-steroidal anti-inflammatory drugs vs paracetamol).

In total, 40 arms were included in the analysis, of which 31 had at least one outcome event. The residual deviance was 41.44. This was similar to the number of data points with at least one event (31), therefore demonstrating a good fit of the model to the data.

### **Direct comparisons**

Data were available on sedation from two studies that directly compared paracetamol and NSAIDs.<sup>62,63</sup> There was a trend towards NSAIDs being more effective than paracetamol in reducing sedation (RR 0.35); however, this was not statistically significant (95% CI 0.04 to 3.00) (*Figure* 8). Statistical heterogeneity was low ( $I^2 = 17\%$ ).

#### Other morphine-related side effects

In addition to the main morphine-related outcomes reported above, the effect of adding any of the three classes of non-opioid analgesics to PCA morphine, on reduction of respiratory depression, urinary retention, pruritus, bowel dysfunction and dizziness were also investigated. The full results of these analyses are reported in Appendix 8, and a summary is provided in Table 18. When taken together, these results present a complex picture of which drug was the most effective in reducing morphine-related side effects. Based on the pairwise comparisons, there were no statistically significant differences between intervention and control with the exception of pruritus, where there was a statistically significant improvement with paracetamol and NSAIDs compared to placebo (Appendix 8, Table 40). This is reflected in the low probabilities for the outcomes, which ranged from 43% to 73% (Table 18); a probability of being best of less than 95% indicates no statistically significant difference at a 95% level between the best treatment and at least one comparator.

### Summary of results for morphine consumption and related side effects

All three classes of non-opioid analgesic were associated with a statistically significant reduction in morphine consumption compared to placebo (i.e. the CrIs did not cross the line of no effect, zero). Based on the main analysis, compared to placebo, the mean reduction was largest for COX-2 inhibitors at 10.9 mg, followed by 10.2 mg for NSAIDs and 6.3 mg for paracetamol. Based on the pairwise comparisons of the active treatments, NSAIDs and COX-2 inhibitors were both superior to paracetamol (and this was statistically significant) but there was no statistically significant difference between NSAIDs and COX-2 inhibitors. The mean reduction in morphine consumption with COX-2 inhibitors compared to NSAIDs was 0.7 mg, and there was a 95% probability that this could fall between a reduction of 3.0 mg and an increase in morphine consumption of 1.6 mg. COX-2 inhibitors had the highest probability of being the most effective intervention to reduce 24-hour PCA morphine consumption following major surgery (Table 19), though this probability was less than 95%, reflecting the fact that COX-2 inhibitors were not statistically significantly better than all the other comparators. Therefore, the finding that COX-2 inhibitors were the 'best' treatment should be interpreted with some caution and in light of the very modest difference in reduced morphine consumption between COX-2 inhibitors and NSAIDs.

Sensitivity analyses were conducted on the 24-hour morphine consumption outcome. The analysis of individual drugs (as opposed to drug class) suggested that it was reasonable to group drugs into three classes, though there appeared to be possible inconsistency across different NSAIDs.

Outcome	Placebo	Paracetamol	NSAID	COX-2	Comments
Respiratory depression			√ (43%)		One COX-2 study in network
Urinary retention				√ (61%)	
Pruritus		√ (73%)			
Bowel dysfunction		√ (58%)			No COX-2 studies in network
Dizziness				√ (56%)	
$\checkmark$ = intervention wit	h the highest pro	bability of being the	e most effective i	ntervention (pro	bability).

TABLE 18 Summary of probability of being the most effective treatment for reduction of secondary outcomes

TABLE 19 Summary of probability of being the most effective treatment (primary outcomes)

Outcome	Placebo	Paracetamol	NSAID	COX-2
24-hour morphine consumption				√ (74%)
Nausea, PONV			√ (78%)	
Sedation			√ (53%)	
$\checkmark$ = intervention with the highest probabi	lity of being the mos	t effective interventi	on (probability).	

Study quality, defined as having adequate double blinding, was not shown to have a significant effect on the results. The adjustment of the model for baseline morphine consumption did not alter which drug class had the highest probability of being most effective. The adjusted results did show a greater reduction in morphine consumption with paracetamol compared to placebo, and the differences between the active interventions in the pairwise comparisons were no longer statistically significant: the reduction in morphine consumption with NSAIDs and COX-2 inhibitors compared to paracetamol were smaller, though the direction of the effect continued to favour these two drugs over paracetamol. Based on the limited direct evidence available from the included studies, the results of the MTC and the direct comparison analyses were consistent.

The impact of the analgesics on morphine-related side effects was not consistent with the findings for morphine consumption. NSAIDs had the highest probability of reducing nausea and vomiting following surgery, as well as reducing sedation (*Table 19*). However, although NSAIDs reduced sedation compared to placebo, paracetamol and COX-2 inhibitors, none of these comparisons were statistically significant. This is reflected in the fact that the probabilities of NSAID being the most effective were lower than 95% and in the case of sedation considerably lower (*Table 19*). The evidence was mixed for the secondary morphine-related side effects.

# Adverse effects of non-opioid analgesics

As would be expected it was not possible to form a network for the analgesic-related adverse effects. The most commonly reported adverse effects were those associated with NSAIDs. Studies reported adverse events for the first 24–48 hours after surgery.

### Bleeding

The primary analgesic-related adverse effect of interest was surgical bleeding. This outcome was not reported in any of the paracetamol studies; and although it was reported in a single study comparing COX-2 inhibitor to placebo, there were zero events in each group. Five of the remaining six studies, <sup>69,72,78-80,89</sup> all comparing an NSAID to placebo, reported zero events in each of the placebo arms therefore a pooled estimate could not be calculated. In addition, this outcome was defined differently across studies and the number of events overall was small. In the NSAID group 2.4% of participants experienced surgery-related bleeding, compared to 0.4% in the placebo group (*Table 20*).

Study	Definition of bleeding event	Placebo: number of events/number analysed	NSAID: number of events/number analysed	COX-2: number of events/number analysed
Balestrieri 1997 <sup>81</sup>	Clinically significant bleeding	0/82	4/166	
Cassinelli 2008 <sup>84</sup>	Epidural hematoma	1/12	0/13	
Gillies 198790	Postoperative bleeding	0/18	1/39	
Hanna 2003 <sup>91</sup>	Postoperative haemorrhage	0/54	1/114	
Hodsman 1987 <sup>92</sup>	Reoperation due to bleeding	0/32	2/33	
Plummer 1996 <sup>101</sup>	Intraoperative bleeding	0/57	2/57	
Tang 2002 <sup>78</sup>	Bleeding problems	0/18		0/37
	Total	1/273 (0.4%)	10/422 (2.4%)	0/37 (0%)

### TABLE 20 Surgery-related bleeding problems

### TABLE 21 Gastrointestinal bleeding

Study	Definition of bleeding event	Placebo: number of events/number analysed	NSAID: number of events/number analysed	COX-2: number of events/number analysed
Hanna 2003 <sup>91</sup>	GI bleeding	0/54	3/114	
Plummer 1996 <sup>101</sup>	GI haemorrhage	0/57	1/57	
Siddiqui 2008 <sup>77</sup>	GI bleeding	0/100		0/100
	Total	0/211 (0%)	4/171 (2.3%)	0/100 (0%)

nts Total 166 20 136 258	<b>Events</b> 2 0 2	<b>Total</b> 82 20 71	Weight 27.2% 6.0% 23.9%	<b>Risk ratio</b> <b>IV, random, 95% CI</b> 2.96 (0.68 to 12.93) 3.00 (0.13 to 69.52) 1.57 (0.32 to 7.56)		Risk IV, randon	ratio n, 95% Cl	
166 20 136 258	2 0 2	82 20 71	27.2% 6.0% 23.9%	2.96 (0.68 to 12.93) 3.00 (0.13 to 69.52) 1.57 (0.32 to 7.56)				
20 136 258	0 2	20 71	6.0% 23.9%	3.00 (0.13 to 69.52) 1.57 (0.32 to 7.56)				
136 258	2	71	23.9%	1.57 (0.32 to 7.56)				
258	-		20.770					
200	5	256	42.9%	1.19 (0.37 to 3.85)				
580		429	100.0%	1.72 (0.80 to 3.72)			•	
	9						•	
= 1.03, df = 3	3(p = 0.79)	$P); I^2 = 0\%$	6					
9 (þ = 0.17	)	,						
					0.01	0.1 1		10
3	<b>580</b> = 1.03, df = 3 39 (p = 0.17	580 9 = 1.03, df = 3 (p = 0.79 39 (p = 0.17)	<b>580</b> <b>9</b> <b>1.03, df = 3</b> $(p = 0.79); I^2 = 09$ <b>39</b> $(p = 0.17)$	<b>580 429 100.0%</b> 9 9 1.03, df = 3 $(p = 0.79); l^2 = 0\%$ 39 $(p = 0.17)$	<b>580</b> 9 1.03, df = 3 ( $p = 0.79$ ); $l^2 = 0\%$ 39 ( $p = 0.17$ )	580 429 100.0% 1.72 (0.80 to 3.72) 9 = 1.03, df = 3 ( $p = 0.79$ ); $l^2 = 0\%$ 39 ( $p = 0.17$ ) 0.01 Favou	580 429 100.0% 1.72 (0.80 to 3.72) 9 = 1.03, df = 3 ( $p = 0.79$ ); $l^2 = 0\%$ 39 ( $p = 0.17$ ) 0.01 0.1 Favours NSAID	580 429 100.0% 1.72 (0.80 to 3.72) 9 = 1.03, df = 3 ( $p = 0.79$ ); $l^2 = 0\%$ 39 ( $p = 0.17$ ) 0.01 0.1 1 10 Favours NSAID Favours pla

FIGURE 9 Oliguria (non-steroidal anti-inflammatory drugs vs placebo).

It was also not possible to construct a network for gastrointestinal bleed. This outcome was not reported in any paracetamol studies. For the three studies available with this outcome there were zero events in four of the six arms.<sup>66,79,89</sup> Among participants in the NSAID group, 2.3% experienced GI bleeding compared to 0% with placebo (*Table 21*).

#### Oliguria and renal failure

Six studies (535 participants) reported on renal dysfunction; five compared NSAID to placebo<sup>48,72,79,85,90</sup> and one compared COX-2 to placebo.<sup>66</sup> There was a single event, described as transient oliguric renal failure, in a patient receiving NSAID.<sup>97</sup> Four studies reported on oliguria;<sup>69,91,95,98</sup> all comparing NSAID to placebo. There was no statistically significant difference between NSAID and placebo, though there was a trend towards an increase in oliguria with NSAID (*Figure 9*).

### Summary of analgesic-related adverse effects

The most commonly reported adverse effects were those associated with NSAIDs. It was not possible to form a network for an MTC. There were a small number of surgical bleeding and GI bleeding events in the NSAID group as well as oliguria and a single case of renal dysfunction in the postoperative period.

## Chapter 4 Discussion

ultimodal analgesia is used following major Multiloual analysis as a surgery to achieve optimal analgesia while reducing opioid consumption and related adverse effects. Paracetamol, NSAIDs and COX-2 inhibitors are commonly used in conjunction with morphine following major surgery to achieve these objectives. The decision problem addressed in our review was which class of non-opioid analgesic (paracetamol, NSAID or COX-2 inhibitor) is most effective at reducing morphine consumption and associated adverse effects following major surgery. The focus was the relative effectiveness of the drug classes and not individual drugs within the classes. There was very little evidence available directly comparing the three drug classes. An MTC was therefore undertaken using both direct and indirect evidence. The primary outcomes were mean cumulative morphine consumption in the first 24 hours following surgery, nausea and vomiting and sedation as well as surgical bleeding.

### **Principal findings**

All three classes of non-opioid analgesic reduced mean cumulative morphine consumption. From the main analysis, PCA morphine with COX-2 inhibitors reduced morphine consumption by 10.9 mg, followed by NSAIDs with a 10.2 mg reduction and paracetamol with a 6.3 mg reduction compared to PCA morphine alone; these all had narrow CrIs (unadjusted results). Based on the average baseline morphine consumption of 37.43 mg, this equates to a 29.2% (COX-2 inhibitors), 27.2% (NSAIDs) and 16.9% (paracetamol) reduction in morphine consumption in the 24 hours immediately following surgery. However, from a clinical perspective, the actual reduction in morphine consumption seems modest and arguably of questionable clinical significance.

Although NSAIDs and COX-2 inhibitors were both superior to paracetamol in the main analysis, the reduction in morphine consumption with COX-2 inhibitors compared to NSAIDs was marginal, with a mean difference of less than 1 mg of morphine (mean difference –0.74 mg; 95% CrI –3.03 to 1.56) which is not of clinical significance. This is reflected in the finding that, although COX-2 inhibitors had the highest probability of being most effective, this probability (74%) was lower than 95%, thereby indicating uncertainty. The sensitivity analyses for 24-hour morphine consumption, taking into account study quality and baseline morphine consumption, showed the results of the main analysis to be robust. The analysis of individual drugs (as opposed to drug class) suggested that it was reasonable to group the drugs into three classes, though there appeared to be possible inconsistency across different NSAIDs. The sensitivity analyses are discussed in further detail below (see Strengths and limitations of the assessment).

Non-steroidal anti-inflammatory drugs had the highest probability (78%) of reducing nausea or PONV. There was a statistically significant improvement for this outcome with NSAIDs added to PCA morphine compared to PCA morphine alone (OR 0.7; 95% CrI 0.53 to 0.88). However, the credibility intervals for the comparisons between NSAIDs and paracetamol and NSAIDs and COX-2 inhibitors covered the possibility of an increase in nausea and vomiting as well as a decrease with NSAIDs. For example, the OR for NSAIDs compared to paracetamol was 0.74 (indicating a reduction with NSAIDs) but there was a 95% probability that this would fall between a reduction (0.44) and a small increase in nausea and vomiting (1.17). This is reflected in the result that the probability of NSAIDs being best, 78%, was less than 95%. Similarly, for sedation NSAIDs had the highest probability of being the most effective at reducing sedation but the probability of it being best was low, 53%, reflecting the CrIs for the pairwise comparisons between NSAIDs and the other interventions, which allowed for the possibility of an increase in sedation as well as a decrease.

When secondary morphine-related outcomes were considered, the drug that had the highest probability of being the most effective varied by outcome. NSAIDs had the highest probability of being the best in reducing respiratory depression, paracetamol had the highest probability of reducing pruritus and bowel dysfunction, and COX-2 inhibitors had the highest probability of being best in reducing urinary retention and dizziness. The probabilities that these drugs were best were low. As with the primary morphinerelated adverse effects, generally, the CrIs for many of the individual pairwise comparisons were broad and covered the possibility of an increase in the particular adverse event, as well as a reduction, for the drug with the highest probability of being best.

Any benefits in reduction of morphine-related adverse effects must be balanced against any potential adverse effects associated with the non-opioid analgesics. The review could only explore this in a limited way. Given the different adverse event profiles of the three drug classes, it was not possible to form a network to carry out a comparison similar to that undertaken for the other outcomes. Many studies did not report adverse effects associated with the analgesics. As would be expected, few studies of paracetamol reported adverse events because at therapeutic doses such effects are rare. Most of the adverse events reported were from NSAID studies. Approximately 2% of study participants treated with NSAIDs experienced some type of bleeding event, and a similar proportion experienced GI bleeding. Oliguria was reported for 4% of NSAID patients, and there was one case of transient renal failure. However, it needs to be kept in mind that these figures are based on trials with a selected population and therefore may underestimate the number of events that might occur in a general population. In addition, the included studies were powered (where reported) to detect a difference in morphine consumption and not differences in analgesic-related adverse effects.

# Consistency with direct comparisons

The results from the MTC are consistent with the direct evidence synthesis and the direct evidence available from previous reviews. Two previous reviews comparing paracetamol to placebo found that while paracetamol combined with PCA morphine reduced 24-hour morphine consumption compared to PCA morphine alone, there was no benefit in terms of a reduction in morphine-related adverse effects.<sup>21,23</sup> The reduction in morphine consumption with paracetamol in the current review was slightly smaller than the two earlier reviews but the confidence intervals from the three reviews have a good overlap. A previous review found that there was a statistically significant

reduction in morphine consumption when NSAIDs and COX-2 inhibitors were added to PCA morphine compared to PCA morphine alone.<sup>23</sup> There was a reduction in PONV and sedation with NSAIDs but there was no statistically significant difference in any morphine-related adverse effects with COX-2 inhibitors.

It is not surprising that we did not find any studies directly comparing all three non-opioid analgesics. There were also few studies available that directly compared any two of the three analgesics. There were five comparing NSAIDs and paracetamol, and a single study comparing a COX-2 inhibitor to an NSAID. We did not find any studies comparing a COX-2 inhibitor and paracetamol. The results from the synthesis of the direct comparison studies were consistent with the results of the MTC. There was a statistically significant reduction in morphine consumption and a trend towards improvement in nausea and vomiting and sedation with NSAID compared to paracetamol, which was not statistically significant. The single study comparing a COX-2 inhibitor and an NSAID reported no statistically significant difference in 24-hour morphine consumption; data on morphine-related side effects were not available.

# Strengths and limitations of the assessment

Previous reviews have investigated the effectiveness of paracetamol, NSAIDs and COX-2 inhibitors compared to placebo<sup>19,21–23,106</sup> but we are not aware of any previous systematic reviews that have investigated the relative effectiveness of these non-opioid analgesics using appropriate statistical methods. By using currently developing methods of synthesis of direct and indirect evidence to investigate the relative effectiveness of the drug classes, the current review extends the work undertaken in a previous systematic review.

As expected, we found limited direct evidence comparing the three non-opioid analgesics. Therefore, the MTC allowed us to maximise the usefulness of the available network of evidence. This review has also provided an opportunity to update the evidence on multimodal analgesia following major surgery. Twenty new trials were included and we were able to exclude trials by Scott S Reuben from the analysis, which were based on falsified data, as well as COX-2 inhibitors that are no longer licensed for use. A key factor to consider in evaluating the strengths and limitations of the assessment undertaken is whether the assumption that there were no systematic differences between the trials that investigated each analgesic (exchangeability) was reasonable. Based on a qualitative examination of the trials we believe this was a reasonable assumption: the inclusion criteria for the review were narrow and all the participants were adults undergoing major surgery and receiving PCA morphine in the 24 hours following surgery. We also used a random effects model to allow for any possible heterogeneity. However, this approach does not explain heterogeneity and we found considerable variability across the trials in baseline morphine consumption (based on placebo control group), which had not been anticipated. This variation may be due to differences in surgery, the exact regimen under which morphine was administered or study population such as ethnicity or age. If an interaction did exist between drug class and morphine consumption then the main results could be misleading as the exchangeability assumption would not be met. An interaction could arise, for example, where a particular drug class was used in trials where it was anticipated that pain levels could be high (and therefore morphine consumption high) due to the severity of pain anticipated. We therefore conducted a post hoc sensitivity analysis to explore this further. This replaced the originally planned sensitivity analysis based on type of surgery.

The adjustment of the 24-hour morphine consumption model, for baseline morphine consumption, did not alter the results in terms of which drug class had the highest probability of being most effective. The treatment effect estimates of NSAIDs and paracetamol became closer but COX-2 inhibitors still had the highest treatment effect estimate with a similar probability of being the most effective, 79%. This adjusted analysis did show a greater reduction in morphine consumption with paracetamol compared to placebo, and the differences between the active interventions in the pairwise comparisons were no longer statistically significant. The reduction in morphine consumption with NSAIDs and COX-2 inhibitors compared to paracetamol were smaller and non-significant, though the direction of the effect continued to favour these two drugs over paracetamol. This sensitivity analysis showed the results of the main analysis to be robust to variation in baseline morphine consumption.

Although the sensitivity analysis we undertook does support the robustness of the results of the main analysis, it was only undertaken as an exploratory analysis and the results should not be considered definitive. The feasibility of incorporating covariates in a mixed treatment comparison has been demonstrated,<sup>38</sup> though the approach is not in common use and the methods are continually being developed. First, the analysis is based on summary data and the comparisons are not based on randomised groups as in a trial. There may be unknown confounding factors that influence the relationship between the covariates used and 24hour morphine consumption. This is a limitation of all meta-analyses based on aggregate data and can only be resolved through the analysis of independent patient data from the included studies. Second, because morphine consumption is both an outcome and a covariate in this analysis, there is a risk of regression to the mean:117,118 the regression model made the assumption that there was no uncertainty in the measurement of baseline morphine consumption and the baseline morphine consumption, derived from the placebo control group, also formed part of the outcome (morphine consumption).117 Third, two of the studies included in the model did not have a placebo control group; therefore, it was necessary to make an estimate of the baseline morphine consumption for these two trials.

The third point above contributes to the difficulty in accounting for regression to the mean in the model. Paracetamol was the comparator in the two trials without placebo. If placebo had been included in these trials, then the difference in morphine consumption between placebo and paracetamol could be calculated using estimates of the paracetamol treatment effect difference compared to placebo and the paracetamol covariate interaction. These were estimated by running the model without these two studies. These estimates were considered likely to be reasonably good because they were estimated using 54 trials that included placebo out of a total of 56 trials, which included 10 trials comparing paracetamol with placebo. That is, most of the data available were included and adequate paracetamol versus placebo data were available. However, the two trials were excluded in deriving these estimates and ideally the baselines for these two studies would be determined within the model including all trials. The best way to address the problem of trials not having a placebo control group is an area of ongoing work.38

A final point to consider in the interpretation of the adjusted results is that the results presented are the mean values for the covariate, i.e. for the overall mean value of morphine consumption. This allows comparison of the results with those for the base-case model that did not adjust for baseline morphine consumption. However, the baseline morphine covariate was statistically significant, indicating that the higher the expected baseline morphine consumption, the greater the reduction in morphine will be. Effect differences at different levels of baseline morphine consumption have not been evaluated.

The main analysis was based on the assumption that it was reasonable to group individual drugs into classes. In many respects this was necessary to address the decision problem presented. There was variability between the three drug classes in the number of drugs investigated, and for some of the individual drugs there was variability in total dose, methods of administration timing and number of doses. In particular there were a large number of different NSAIDs. By pooling these as one class the assumption was made that the different NSAIDs used equivalent and optimal doses, which may not be the case. Even within some of the NSAIDs, particularly ketorolac, there was considerable variability. This was less of an issue with the COX-2 inhibitors and paracetamol. There were only three COX-2 inhibitors and the paracetamol class was made up of paracetamol and propacetamol. There was also less variability in dosage. The sensitivity analysis by individual drug (also adjusted for morphine consumption) suggested variability between NSAIDs in the size of the reduction in morphine consumption. The mean reduction in morphine consumption ranged from 4.1 mg for meloxicam to 16.7 mg for naproxen, and the CrIs for some NSAIDs barely overlapped. Due to time constraints we were not able to investigate whether this also applied to the morphine-related adverse effects and this would benefit from further investigation, though such an analysis may be constrained by the network available. The treatment effect across COX-2 inhibitors was consistent, indicating that the decision to treat them as a class was reasonable: the mean reduction in morphine consumption ranged from 8.1 mg to 12.6 mg and the CrIs for celecoxib, etoricoxib and celecoxib overlapped. Similarly the decision to group propacetamol and paracetamol was reasonable: the mean reduction in morphine consumption was 8.0 mg for paracetamol and 8.7 mg for propacetamol and there was good overlap in the CrIs.

Taking the evidence as a whole, a key finding was the disparity between the results for morphine consumption and morphine-related adverse effects. There was robust evidence of a reduction in morphine consumption with the addition of any of the non-opioid analgesics to PCA morphine but the evidence for reduction in morphinerelated adverse effects was more equivocal. This dissonance between morphine consumption and related adverse effects has been noted in previous reviews.<sup>20,23,107</sup> A number of reasons have been suggested. One possibility is that the size of the reduction in morphine consumption was not sufficient to decrease morphine-related adverse effects.<sup>23</sup> The poor quality of adverse event data in many trials and the possibility that the trials are underpowered to detect a reduction in adverse events may be other factors.<sup>107</sup> There is a possibility that the analyses for morphine-related adverse effects were underpowered as the trials included in the review were generally powered to detect a difference in morphine consumption or, in a few instances, pain. However, against this, there was a reasonable body of evidence available for nausea and vomiting at least. Given that morphine consumption alone is not a clinically meaningful outcome, future trials should use one or more morphine-related adverse effects as the primary outcome and power calculations for the trial should be based on these outcomes and not morphine consumption alone. Also, due to time constraints we limited our sensitivity analyses to the outcome for which we had the most substantial set of data (24-hour morphine consumption) and therefore most complete network. There would be value in exploring whether taking baseline morphine consumption into account alters the results for morphine-related adverse effects. Furthermore, time constraints prevented us from evaluating the individual drug treatment effects for the morphinerelated adverse effects. Given the variability in the treatment effects of individual NSAIDs in reducing morphine consumption, it is possible that the difference in the mix of individual drugs between the analyses (the relative number of studies per individual drug) may partly explain this dissonance in the results. This may warrant further investigation.

Finally, this review focused specifically on the morphine-sparing effects of the three analgesics. For the purposes of the review, the assumption was made that, because patients were receiving PCA morphine, optimum analgesia should be maintained and pain control should be the same in all arms of a trial. This does not take into account any differences there may be in the synergistic action between morphine and the three drug classes which may result in differences in pain control. Regardless of any reduction in morphine consumption, the improvement of analgesia postsurgery through the addition of a non-opioid to PCA morphine post-surgery is of clinical importance. This is likely to be of value to the patient beyond the immediate 24 hours following surgery and is itself an important research question.

### Chapter 5 Conclusions

# Implications for service provision

Non-steroidal anti-inflammatory drugs, COX-2 inhibitors and paracetamol reduced PCA morphine consumption by 6.3 mg to 10.9 mg, compared to placebo, in the first 24 hours following major surgery. However, the reduction was modest for all three drug classes and probably of limited clinical significance. The difference between NSAIDs and COX-2 inhibitors was marginal and not statistically significant. Although NSAIDs and COX-2 inhibitors were both more effective than paracetamol the differences in morphine consumption compared to paracetamol were small, especially when baseline morphine consumption was taken into consideration: the adjusted results suggest a mean difference of less than 2 mg of morphine when each of the drug classes was compared to each other.

Non-steroidal anti-inflammatory drugs were ranked best for reducing nausea and vomiting and sedation, and for the former there was a statistically significant improvement over placebo. However, the confidence intervals for the difference between NSAIDs and paracetamol and COX-2 inhibitors for these outcomes indicate the possibility of an increase in incidence of these outcomes as well as a decrease. Although NSAIDs were marginally better at reducing the primary morphine-related adverse effects of interest, the results do not strongly favour one class of non-opioid analgesic. Paracetamol was ranked lower than NSAIDs and COX-2 inhibitors for each of the primary outcomes, therefore NSAIDs or COX-2 inhibitors might arguably be considered a preferential option. However, any benefit provided by these analgesics in terms of morphine sparing needs to be balanced against any adverse effects related to the analgesics themselves. There was a small number of surgical bleeding,

GI bleeding events and oliguria for participants treated with an NSAID.

Taking the evidence as a whole, the uncertainty suggested by the size of the probabilities of being most effective, the small reductions in morphine consumption, and the wide CIs for the adverse effects outcomes, there does not appear to be a strong case for suggesting routine addition of any of the three non-opioids to PCA morphine in the 24 hours immediately after surgery. In addition, there does not appear to be a strong case for favouring one drug class above the others.

# Suggested research priorities

There would be value in extending the analyses undertaken in this review to explore whether taking baseline morphine consumption into account alters the results for morphine-related adverse effects. Given the evidence that there may be variability in the effects of individual NSAIDs, further evidence synthesis on the NSAID data would be helpful, in particular exploration of any variation in the impact on morphine-related adverse effects.

There does not appear to be a compelling case for a further trial comparing these three analgesic classes, given the overlap between the non-opioid analgesics and their different benefits. It is likely that such a trial would have to be very large to detect statistically significant differences between the treatments and any differences might not be clinically meaningful. However, any future trials testing new analgesics in conjunction with morphine should focus on morphine-related adverse effects, ensuring that the power calculation is based on key morphine-related adverse effects rather than morphine consumption.

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### **Contribution of authors**

Catriona McDaid (Research Fellow) was involved in writing the protocol, study selection, data extraction, quality assessment, data analysis and report writing. Emma Maund (Research Fellow) was involved in writing the protocol, study selection, data extraction, quality assessment, data analysis and report writing. Stephen Rice (Research Fellow) contributed to the protocol, conducted the MTC analysis and was involved in writing sections of the report. Kath Wright (Information Specialist) devised the research strategy, carried out the literature searches and wrote the search methodology sections of the report. Brian Jenkins (Senior Lecturer in Anaesthetics) provided clinical input throughout the project, and commented on the protocol and drafts of the report. Nerys Woolacott (Senior Research Fellow) provided input at all stages of the review and commented on the protocol and drafts of the report.



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# **Appendix I** Search strategy

The following databases were searched to identify relevant studies:

### MEDLINE

Used Ovid MEDLINE<sup>®</sup> on 3 February 2009 to carry out two searches, one to identify studies using NSAIDs, including cyclo-oxygenase 2 inhibitors (COXIBs), and another to identify studies using paracetamol. The searches were limited to 2003 to 2009. Details of the strategies are given below.

### EMBASE

Used Ovid EMBASE® on 3 February 2009 to carry out two searches, one to identify studies using NSAIDs, including cyclo-oxygenase 2 inhibitors (COXIBs), and another to identify studies using paracetamol. The searches were limited to 2003 to 2009. Details of the strategies are given below.

### Cochrane Central Register of Controlled Trials

Used CENTRAL via the Cochrane Library Issue 1 2009 on 3 February 2009 to carry out one search to identify studies using either NSAIDs, including cyclo-oxygenase 2 inhibitors (COXIBs), or paracetamol. The searches were limited to 2003 to 2009.

Details of the search strategies used are given below.

## MEDLINE (to identify studies using NSAIDs)

Database: Ovid MEDLINE

### Search strategy

- 1. exp Surgical Procedures, Operative/(824244)
- 2. (surgery or surgical or operat\$).ti,ab. (600931)
- 3. 1 or 2 (1115468)
- 4. Pain, Postoperative/or pain.ti,ab. (162287)
- 5. 3 and 4 (64003)
- (post surgical pain or post-surgical pain).ti,ab.
   (69)
- 7. (post operative pain or post-operative pain or postoperative pain).ti,ab. (7168)
- 8. (pain after surgery or pain after surgical or pain after operat\$).ti,ab. (247)
- 9. (pain following surgery or pain following operat\$).ti,ab. (38)

- 10. 5 or 6 or 7 or 8 or 9 (64648)
- 11. exp anti-inflammatory agents, non-steroidal/ (56171)
- 12. (non-steroidal anti inflammatory agent\$or nonsteroidal anti-inflammatory agent\$).ti,ab. (316)
- 13. (non steroidal anti inflammatory agent\$or non steroidal anti-inflammatory agent\$).ti,ab. (316)
- 14. nsaid\$.ti,ab. (8876)
- 15. 11 or 12 or 13 or 14 (57995)
- 16. Diclofenac/(2833)
- 17. 15307–86–5.rn. (2833)
- 18. (diclofenac or diclophenac or dicrofenac or dichlofenal).ti,ab. (3555)
- (diclofenac sodium or sodium diclofenac or diclonate *p*).ti,ab. (826)
- 20. (feloran or voltarol or novapirina or orthofen or ortofen or orthophen).ti,ab. (15)
- 21. (sr-38 or sr 38 or sr38).ti,ab. (8)
- 22. (voltaren or diclofenac potassium).ti,ab. (116)
- 23. 21 or 19 or 16 or 18 or 22 or 17 or 20 (4186)
- 24. Ibuprofen/(2567)
- 25. 15687–27–1.rn. (2567)
- 26. (ibuprofen or brufen or ibumetin or motrin or nuprin or rufen or salprofen).ti,ab. (3560)
- 27. benzeneacetic acid.ti,ab. (23)
- 28. (ip-82 or ip 82 or ip82).ti,ab. (2)
- 29. (trauma-dolgit gel or trauma dolgit gel or traumadolgit gel).ti,ab. (0)
- 30. 26 or 28 or 25 or 24 or 27 or 29 (4010)
- 31. dexibuprofen.ti,ab. (25)
- 32. Indomethacin/(6407)
- 33. 53–86–1.rn. (6407)
- 34. (indomethacin or indometacin or indocid or osmosin).ti,ab. (9923)
- 35. (indomet\$metindol or amuno or indocin).ti,ab. (12)
- 36. 33 or 34 or 32 or 35 (10976)
- 37. Ketoprofen/(1022)
- (ketoprofen or benzoylhydratropic acid or profenid or alrheumum or orudis or alrheumat).ti,ab. (1299)
- 39. (rp-19583 or rp<br/> 19583 or rp19583).<br/>ti,ab. $\left(0\right)$
- 40. 22071–15–4.rn. (1022)
- 41. 40 or 37 or 39 or 38 (1436)
- 42. dexketoprofen.ti,ab. (55)
- 43. Ketorolac/(612)
- 44. 66635–83–4.rn. (612)
- 45. ketorolac.ti,ab. (991)
- 46. 43 or 44 or 45 (1075)

- 47. mefanamic acid.ti,ab. (2)
- 48. meloxicam.ti,ab. (709)
- 49. nabumetone.ti,ab. (180)
- 50. Naproxen/(1157)
- 51. 22204-53-1.rn. (1157)
- 52. (naproxen or mnpa or methoxypropiocin or anaprox or proxen or synflex or aleve or naprosin or naprosyn).ti,ab. (1705)
- 53. 50 or 51 or 52 (1949)
- 54. Piroxicam/(818)
- 55. 36322–90–4.rn. (818)
- 56. (piroxicam or feldene or cp-16171 or cp 16171 or cp16171).ti,ab. (900)
- 57. 55 or 56 or 54 (1187)
- 58. tenoxicam.ti,ab. (208)
- 59. tiaprofenic acid.ti,ab. (86)
- 60. Cyclooxygenase 2 Inhibitors/(5054)
- 61. (cyclooxygenase 2 inhibitor\$or cox2 inhibitor\$or cyclooxygenase-2 inhibitor\$or cyclooxygenase-2 or cox-2 inhibitor\$or cox 2 inhibitor\$or coxib\$).ti,ab. (11466)
- 62. celecoxib.ti,ab. (2390)
- 63. etoricoxib.ti,ab. (235)
- 64. parecoxib.ti,ab. (194)
- 65. 60 or 63 or 64 or 61 or 62 (13873)
- 66. 53 or 48 or 42 or 46 or 30 or 23 or 65 or 36 or 57 or 41 or 58 or 15 or 47 or 59 or 49 or 31 (68537)
- 67. 66 and 10 (2823)
- 68. exp Morphine/(12838)
- 69. (morphine adj2 (pca or less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1605)
- 70. (opioid\$adj2 (pca or less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1073)
- 71. 68 or 69 or 70 (13925)
- 72. 67 and 71 (595)
- 73. (post surgical analges\$or post-surgical analges\$or postsurgical analges\$).ti,ab. (32)
- 74. (post operative analges\$or post-operative analges\$or postoperative analges\$).ti,ab. (2849)
- 75. patient controlled analges\$.ti,ab. (1528)
- 76. analgesia, patient controlled/(2002)
- 77. 73 or 74 or 75 or 76 (4822)
- 78. 71 and 77 (1462)
- 79. (pca morphine or pca opioid\$).ti,ab. (178)
- 80. 67 or 78 or 79 (3998)
- 81. randomized controlled trial.pt. (166208)
- 82. controlled clinical trial.pt. (32474)
- 83. randomized.ab. (128908)
- 84. placebo.ab. (65964)
- 85. drug therapy.fs. (631837)
- 86. randomly.ab. (88084)
- 87. trial.ab. (124483)

- 88. groups.ab. (528986)
- 89. 81 or 87 or 86 or 82 or 88 or 84 or 83 or 85 (1273344)
- 90. humans.sh. (4807787)
- 91. 89 and 90 (1048145)
- 92. 91 and 80 (3102)
- 93. limit 92 to yr="2003 2009" (1607)

### MEDLINE (to identify studies using paracetamol)

Database: Ovid MEDLINE

#### Search strategy

- 1. exp Surgical Procedures, Operative/(824244)
- 2. (surgery or surgical or operat\$).ti,ab. (600931)
- 3. (1 or 2) and pain.ti,ab. (61812)
- 4. Pain, Postoperative/(11958)
- (post surgical pain or post-surgical pain).ti,ab.
   (69)
- 6. (post operative pain or post-operative pain or postoperative pain).ti,ab. (7168)
- 7. (pain after surgery or pain after surgical or pain after operat\$).ti,ab. (247)
- 8. (pain following surgery or pain following operat\$).ti,ab. (38)
- 9. 3 or 4 or 5 or 6 or 7 or 8 (65655)
- 10. Acetaminophen/(5251)
- 11. paracetamol.ti,ab. (2957)
- 12. propacetamol.ti,ab. (122)
- 13. 10 or 11 or 12 (6355)
- 14. 9 and 13 (799)
- 15. exp Morphine/(12838)
- 16. (morphine adj2 (pca or less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1605)
- 17. (opioid\$adj2 (pca or less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1073)
- 18. 15 or 16 or 17 (13925)
- 19. 14 and 18 (282)
- 20. (post surgical analges\$or post-surgical analges\$or postsurgical analges\$).ti,ab. (32)
- 21. (post operative analges\$or post-operative analges\$or postoperative analges\$).ti,ab. (2849)
- 22. patient controlled analges\$.ti,ab. (1528)
- 23. analgesia, patient controlled/(2002)
- 24. 20 or 21 or 22 or 23 (4822)
- 25. 24 and 18 (1462)
- 26. (pca morphine or pca opioid\$).ti,ab. (178)
- 27. 19 or 25 or 26 (1647)
- 28. randomized controlled trial.pt. (166208)
- 29. controlled clinical trial.pt. (32474)
- 30. randomized.ab. (128908)
- 31. placebo.ab. (65964)

- 32. drug therapy.fs. (631837)
- 33. randomly.ab. (88084)
- 34. trial.ab. (124483)
- 35. groups.ab. (528986)
- 36. 28 or 34 or 33 or 29 or 35 or 31 or 30 or 32 (1273344)
- 37. humans.sh. (4807787)
- 38. 36 and 37 (1048145)
- 39. 38 and 27 (1487)
- 40. limit 39 to yr="2003 2009" (730)

# EMBASE (to identify studies using NSAIDs)

Database: Ovid EMBASE

### Search strategy

The search strategy was originally run on 2 February 2009. It was subsequently re-run on 26 May 2009 after a minor typographical error was identified. Additional records that would have been in the database at the time of the original search were considered for inclusion.

- 1. exp surgery/(1046728)
- 2. (surgery or surgical or operat\$).ti,ab. (604439)
- 3. 1 or 2 (1252921)
- 4. Postoperative Pain/or pain.ti,ab. (174055)
- 5. 4 and 3 (75739)
- (post surgical pain or post-surgical pain).ti,ab.
   (95)
- 7. (post operative pain or post-operative pain or postoperative pain).ti,ab. (7575)
- 8. (pain after surgery or pain after surgical or pain after operat\$).ti,ab. (259)
- 9. (pain following surgery or pain following operat\$).ti,ab. (36)
- 10. 8 or 6 or 7 or 9 or 5 (76205)
- 11. Nonsteroid Antiinflammatory Agent/(46608)
- 12. (nsaid\$or non-steroidal anti inflammatory agent\$or non-steroidal anti-inflammatory agent\$or non steroidal anti inflammatory agent\$or non steroidal anti-inflammatory agent\$).ti,ab. (10435)
- 13. Diclofenac/(13371)
- 14. 15307-79-6.rn. (13371)
- 15. (Abitren or Artrenac or Assaren or Athrofen). ti,ab. (0)
- 16. (Clofen or Delphinac or Diclo Basan or Diclobasan).ti,ab. (1)
- 17. (Diclofenac Rekur or Diclofenac Resin or Diclofenac Resinate or Diclofenac Sodium or Diclophenac Sodium).ti,ab. (1009)
- (Diclo Puren or Diclopuren or Diclo Recip or Diclorecip or Dicloreum).ti,ab. (2)

- 19. (Dioxaflex or Dioxaflex Retard or Dolotren Retard or Doragon or Duravolten).ti,ab. (0)
- 20. (Ecofenac or Effekton or Effekton Retard or Feloran or Flameril or Flector).ti,ab. (15)
- 21. (GP 45840 or Grofenac or Inflamac or Isv 205 or Isv205).ti,ab. (2)
- 22. (Kriplex or Monoflam or Naclof or Novapirina).ti,ab. (3)
- 23. (Olfen or Orthophen or Rewodina or Rheufenac or Rheumafen or Rhumalgan).ti,ab.(7)
- 24. (Sodium Diclofenac or Solaraze or Sr 318t). ti,ab. (164)
- 25. (Tabiflex or Veral or Voldal or Voltaren or Voltarene or Voltarol or Voltral or Voveran or Xenid).ti,ab. (128)
- 26. 18 or 23 or 15 or 19 or 21 or 24 or 14 or 20 or 13 or 16 or 25 or 22 or 17 (13411)
- 27. Ibuprofen/(15848)
- 28. 15687–27–1.rn. (15848)
- 29. (Advil or Aktren or Algifor or Algofen or Analgyl or Anco or Attritin).ti,ab. (29)
- 30. (Balkaprofen or Brufen or Brufort or Bufohexal or Burana).ti,ab. (11)
- (Contraneural or Dc 7034 or Dc7034 or Dg 7034 or Dg7034 or Dolgit or Dolocyl or Dolodolgit).ti,ab. (7)
- 32. (Ecoprofen or Emflam or Exidol or Femapirin or Fenalgic or Fenbid).ti,ab. (7)
- (Halprin or Haltran or Ibofen or Ibudak or Ibufen or Ibugel or Ibugesic or Ibulgan or Ibumetin or Ibuprin).ti,ab. (6)
- 34. (Ibuprofen Klinge 600 or Ibu Slow or Ibusynth or Ibutop Irfen).ti,ab. (3)
- 35. (Junifen or Kontraneural or Lidifen or Maxagesic or MCN R 1451 or Medipren).ti,ab. (1)
- 36. (Mediprin or Mensoton or Midol 200 or Motrin).ti,ab. (7)
- (Neobrufen or Nerofen or Novogent N or Nugin or Nuprin or Nureflex or Nurofen). ti,ab. (12)
- (Optifen or Opturem or Paduden or Pedea or Proflex).ti,ab. (4)
- 39. (Rebugen or Reuvol or Rufen or Seclodin or Tabalon or Trendar or Unipro or Urem).ti,ab. (5)
- 40. 39 or 37 or 33 or 38 or 29 or 32 or 27 or 34 or 30 or 36 or 28 or 31 or 35 (15875)
- 41. Dexibuprofen/(87)
- 42. 51146–56–6.rn. (87)
- 43. (dexibuprofen or Deltaran or Seractil).ti,ab. (47)
- 44. 42 or 43 or 41 (89)
- 45. Indometacin/(19624)

- 46. (53–86–1 or 74252–25–8 or 7681–54–1).rn. (19624)
- (Algiflam or Algometacin or Amuno or Amuno Retard or Arthrexin or Artracin or Artrocid). ti,ab. (3)
- 48. (Bonidon or Boutycin or Chrono Indocid or Chronoindocid or Confortid).ti,ab. (1)
- 49. (Dolazol or Dolcidium or Dometin or Durametacin or Elmetacin or Endometacin or Flexin Continus or Helvecin).ti,ab. (1)
- 50. (Inacid or Indacin or Inderapollon or Indicin or Indocid or Indocid Retard or Indocin or Indocin Sr).ti,ab. (20)
- (Indocollyre or Indolemmon or Indomed or Indomee or Indomelol or Indometacine or Indometacin Sodium Trihydrate).ti,ab. (25)
- (Indomethacin or Indomethacine or Indomethacinum or Indometin Depot or Indomet Retard or Indomexum).ti,ab. (10330)
- (Indo Phlogont or Indoptic or Indoptol or Indorektal or Indos or Indosmos or Indotard or Indoxen or Indren or Inmetsin or Inteban). ti,ab. (4)
- 54. (Luiflex or Lyo Indometacin Trihydrate or MCN R 1166 or MCN R1166 or Metacen or Methindol or Methindole or Metindol).ti,ab. (0)
- 55. (Mezolin or Miometacen or Mk 615 or Mk615 or Mobilan or Osmogit or Osmosin or Servimeta or Tannex or Taye).ti,ab. (6)
- 1 P Chlorobenzylidene 5 Methoxy 2 Methyl 3 Indoneacetic Acid.ti,ab. (0)
- 57. 47 or 45 or 51 or 52 or 48 or 53 or 54 or 50 or 46 or 49 or 55 or 56 (20688)
- 58. Ketoprofen/(4465)
- 59. (22071–15–4 or 57495–14–4).rn. (4465)
- 60. (Alrhemun or Alrheumat or Alrheumin or Alrheumun or Alrhumat).ti,ab. (0)
- 61. (Biprofenid or Capisten or Cetoprofen or Fastum or Iso K or Ketofen or Ketoprofen Sodium).ti,ab. (15)
- 62. (Ketorin or Ketum or Knavon or Kpl 202).ti,ab.(8)
- 63. (Orudis or Oruvail or Oscorel or Oxoprofene or Profenid or 19583 Rp or Sodium Ketoprofen).ti,ab. (14)
- 64. 62 or 61 or 58 or 63 or 60 or 59 (4467)
- 65. Dexketoprofen/(170)
- 66. 22161-81-5.rn. (170)
- 67. (Dexketoprofen Trometamol or Enantyum or Keral or Ketesse or Nosatel or Quiralam or Sympal or Viaxal).ti,ab. (49)
- 68. 65 or 67 or 66 (170)
- 69. Ketorolac/(3425)
- 70. 74103–06–3.rn. (3425)

- 71. (Droal or Ketocol or Rs 37619 or Taradyl or Toradol or Toratex).ti,ab. (30)
- 72. 71 or 69 or 70 (3428)
- 73. Mefenamic Acid/(1449)
- 74. 61–68–7.rn. (1449)
- 75. (Ci 473 or Ci473 or Cn 35355 or Cn35355 or Coslan).ti,ab. (20)
- (Fendol or Inf 3355 or Inf3355 or Mefacit or Mefanamic Acid or Mefenamate or Mefenamate Sodium).ti,ab. (19)
- 77. (Meftal or Mephenamate or Mephenamic Acid or Mephenaminic Acid).ti,ab. (3)
- (Parkemed or Ponalar or Ponlar or Ponstan or Ponstel or Ponstel Kapseals or Ponstyl or Pontal or Sodium Mefenamate).ti,ab. (12)
- 79. 75 or 76 or 78 or 73 or 77 or 74 (1481)
- 80. Meloxicam/(2379)
- 81. 71125-38-7.rn. (2379)
- 82. (Mesoxicam or Metacam or Mobec or Mobic or Movalis or Movicox or Parocin).ti,ab. (31)
- 83. 81 or 82 or 80 (2379)
- 84. Nabumetone/(1046)
- 85. 42924–53–8.rn. (1046)
- (Arthaxan or Balmox or Brl 14777 or Brl14777 or Consolan or Diosmal or Listran or Nabucox or Nabumeton or Nabuser or Relafen or Relifen or Relifex or Reliflex).ti,ab. (20)
- 87. 86 or 84 or 85 (1047)
- 88. Naproxen/(9362)
- 89. (22204–53–1 or 26159–34–2).rn. (9362)
- 90. (Agilex or Aleve or Alpoxen or Anaprox or Apranax or Artroxen or Axer Alfa).ti,ab. (8)
- 91. (Daprox Entero or Dextro Naproxen or Dysmenalgit or Equiproxen).ti,ab. (0)
- 92. (Femex or Flanax or Floginax or Floxene or Levo Naproxen).ti,ab. (0)
- 6 Methoxy Alpha Methyl 2 Naphthaleneacetic Acid.ti,ab. (6)
- 94. (Methoxypropiocin or Naixan).ti,ab. (0)
- 95. (Naprelan or Napren or Naprontag or Naprosyn or Naprosyne or Naprovite or Naproxen Sodium or Naproxyn).ti,ab. (186)
- (Naprozyne or Narox or Naxyn or Neprossin or Novuran or Nycopren or Pactens or Primeral or Proxen).ti,ab. (2)
- 97. (Rs 3540 or Rs 3650 or Rs3540 or Rs3650 or Sodium Naproxen or Synaprosyn or Synflex or Xenar).ti,ab. (24)
- 98. 96 or 97 or 95 or 92 or 90 or 91 or 93 or 89 or 88 or 94 (9374)
- 99. Piroxicam/(3983)
- 100. 36322–90–4.rn. (3983)
- (Alganpar or Apopiroxicam or Artroxicam or Baxo or Brexic).ti,ab. (0)
- 102. (Cp 16171 or Cp16171 or Erazon or Felden or Feldene or Flogobene).ti,ab. (19)
- 103. (Hotemin or Inflamene or Leciva or Novopirocam or Osteral).ti,ab. (13)
- 104. (Pirkam or Piroftal or Piroxene or Proxicam or Riacen or Roxal or Roxicam).ti,ab. (2)
- 105. 104 or 99 or 102 or 100 or 101 or 103 (3996)
- 106. Tenoxicam/(853)
- 107. 59804–37–4.rn. (853)
- 108. (Liman or Mobiflex or "Ro 12 0068" or Tenoxicam Milk Formulation or Tilatil or Tilcotil).ti,ab. (9)
- 109. 107 or 106 or 108 (855)
- 110. Tiaprofenic Acid/(452)
- 111. 33005–95–7.rn. (452)
- 112. (Artiflam or Ru 15060 or Suralgan or Surgam or Surgam 300 or Surgam Forte or Surgamic or Surgamyl or Thiaprofenic Acid or Tiaprofen).ti,ab. (14)
- 113. 111 or 110 or 112 (453)
- 114. 79 or 44 or 40 or 87 or 83 or 109 or 26 or 64 or 72 or 105 or 68 or 113 or 57 or 98 (51235)
- 115. Cyclooxygenase 2 Inhibitor/(12458)
- 116. (cyclooxygenase 2 inhibitor\$or cox2 inhibitor\$or cyclooxygenase-2 inhibitor\$or cyclooxygenase-2 or cox-2 inhibitor\$or cox 2 inhibitor\$or coxib\$).ti,ab. (12060)
- 117. Celecoxib/(9313)
- 118. 169590-42-5.rn. (9313)
- 119. (Celebra or Celebrex or Onsenal or SC 58635 or Sc58635 or Ym 177 or Ym177 or Zycel). ti,ab. (157)
- 120. Etoricoxib/(1071)
- 121. (202409-33-4 or 202409-40-3).rn. (1071)
- 122. (Arcoxia or Etoricoxib Hydrochloride or L 791456 or L791456 or "Mk 0663" or Mk 663 or Mk0663 or Mk663 or Nucoxia).ti,ab. (18)
- 123. Parecoxib/(846)
- 124. (198470–84–7 or 198470–85–8).<br/>rn. (846)
- 125. (Dynastat or Parecoxib Sodium or Rayzon or SC 69124 or Sc69124 or SC 69124a or Sc69124a or Xapit).ti,ab. (68)
- 126. 116 or 123 or 120 or 119 or 124 or 121 or 115 or 118 or 117 or 125 or 122 (23654)
- 127. 114 or 126 (67454)
- 128. 127 or 11 or 12 (96276)
- 129. 128 and 10 (7531)
- 130. morphine/(26987)
- 131. (morphine adj2 (less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1610)
- 132. (opioid\$adj2 (less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1135)
- 133. 130 or 131 or 132 (27828)
- 134. 129 and 133 (2232)
- 135. (post surgical analges\$or post-surgical analges\$or postsurgical analges\$).ti,ab. (32)

- 136. (post operative analges\$or post-operative analges\$or postoperative analges\$).ti,ab. (3381)
- 137. patient controlled analges\$.ti,ab. (1634)
- 138. analgesia, patient controlled/(3213)
- 139. 138 or 136 or 137 or 135 (6287)
- 140. 129 and 139 (1357)
- 141. (pca morphine or pca opioid\$).ti,ab. (196)
- 142. 129 or 140 or 141 (7678)
- 143. random.tw. (59417)
- 144. clinical trial.mp. (457186)
- 145. exp Health Care Quality/(762726)
- 146. 144 or 143 or 145 (1118500)
- 147. 142 and 146 (4636)
- 148. limit 147 to yr="2003 2009" (3253)

### EMBASE (to identify studies using paracetamol)

Database: Ovid EMBASE

#### Search strategy

- 1. exp surgery/(1014647)
- 2. (surgery or surgical or operat\$).ti,ab. (587030)
- 3. 1 or 2 (1215514)
- 4. Postoperative Pain/or pain.ti,ab. (168694)
- 5. 3 and 4 (73423)
- (post surgical pain or post-surgical pain).ti,ab.
   (87)
- 7. (post operative pain or post-operative pain or postoperative pain).ti,ab. (7359)
- 8. (pain after surgery or pain after surgical or pain after operat\$).ti,ab. (252)
- 9. (pain following surgery or pain following operat\$).ti,ab. (36)
- 10. 5 or 6 or 7 or 8 or 9 (73862)
- 11. Paracetamol/(25273)
- 12. (acetaminophen or propacetamol).ti,ab. (4392)
- 13. 11 or 12 (25728)
- 14. 13 and 10 (3496)
- 15. MORPHINE/(26227)
- 16. (morphine adj2 (less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1564)
- 17. (opioid\$adj2 (less or demand or consum\$or spar\$or reduc\$or decreas\$)).ti,ab. (1099)
- 18. 15 or 16 or 17 (27041)
- 19. 14 and 18 (1495)
- 20. (post surgical analges\$or post-surgical analges\$or postsurgical analges\$).ti,ab. (30)
- 21. (post operative analges\$or post-operative analges\$or postoperative analges\$).ti,ab. (3311)
- 22. patient controlled analges\$.ti,ab. (1602)
- 23. analgesia, patient controlled/(3144)
- 24. 20 or 21 or 22 or 23 (6148)
- 25. 19 and 24 (489)

- 26. (pca morphine or pca opioid\$).ti,ab. (193)
- 27. 14 and 26 (26)
- 28. 19 or 25 or 27 (1496)
- 29. random.tw. (57923)
- 30. clinical trial.mp. (443528)
- 31. exp Health Care Quality/(738047)
- 32. 29 or 30 or 31 (1084232)
- 33. 32 and 28 (980)
- 34. limit 33 to yr="2003 2009" (745)
- 35. from 34 keep 1–745 (745)

#### **CENTRAL** (to identify studies using either **NSAID**s or paracetamol)

- Search
- #1 MeSH descriptor Surgical Procedures, Operative explode all trees
- #2 (surgery or surgical or operat\*):ti,ab,kw in Clinical Trials
- #3 (#1 OR #2)
- #4 MeSH descriptor Pain, Postoperative explode all trees
- #5 (pain):ti,ab,kw
- #6 (#4 OR #5)
- #7 (#3 AND #6)
- #8 "post surgical pain" or "post-surgical pain":ti or "post surgical pain" or "post-surgical pain":ab or "post operative pain" or "postoperative pain" or "postoperative pain":ti or "post operative pain" or "post-operative pain" or "postoperative pain":ab
- #9 "pain after surgery" or "pain after surgical" or "pain after operat\*" or "pain after surgery" or "pain after surgical" or "pain after operat\*":ab or "pain following surgery" or "pain following surgical" or "pain following operat\*":ti or "pain following surgery" or "pain following surgical" or "pain following operat\*":ab
- #10 (#7 OR #8 OR #9)
- #11 MeSH descriptor Acetaminophen explode all trees
- #12 (paracetamol or propacetamol):ti or (paracetamol or propacetamol):ab
- #13 (#11 OR #12)
- #14 MeSH descriptor Anti-Inflammatory Agents, Non-Steroidal explode all trees
- #15 "non-steroidal anti inflammatory agent\*" or "non-steroidal anti-inflammatory agent\*":ti or "non-steroidal anti inflammatory agent\*" or "non-steroidal anti-inflammatory agent\*":ab or "non steroidal anti inflammatory agent\*" or "non steroidal anti-inflammatory agent\*":ti or "non steroidal anti inflammatory

agent\*" or "non steroidal anti-inflammatory agent\*":ab

- #16 (nsaid\*):ti or (nsaid\*):ab
- #17 MeSH descriptor Diclofenac explode all trees
- #18 (diclofenac or diclophenac or dicrofenac or dichlofenal):ti or (diclofenac or diclophenac or dicrofenac or dichlofenal):ab or "diclonate *p*":ti or "diclonate *p*":ab
- #19 (feloran or voltarol or novapirina or orthofen or ortofen or orthophen):ti or (feloran or voltarol or novapirina or orthofen or ortofen or orthophen):ab or (sr-38 or "sr 38" or sr38):ti or (sr-38 or "sr 38" or sr38):ab
- #20 (voltaren or "diclofenac potassium"):ti or (voltaren or "diclofenac potassium"):ab
- #21 (sr-38 or "sr 38" or sr38):ti or (sr-38 or "sr 38" or sr38):ab
- #22 MeSH descriptor Ibuprofen explode all trees
- #23 (ibuprofen or brufen or ibumetin or motrin or nuprin or rufen or salprofen):ti or (ibuprofen or brufen or ibumetin or motrin or nuprin or rufen or salprofen):ab or "benzeneacetic acid":ti or "benzeneacetic acid":ab
- #24 (ip-82 or "ip 82" or ip82):ti or (ip-82 or "ip 82" or ip82):ab or "trauma-dolgit gel" or "trauma dolgit gel" or "traumadolgit gel":ti or "trauma-dolgit gel" or "trauma dolgit gel" or "traumadolgit gel":ab
- #25 (dexibuprofen):ti or (dexibuprofen):ab
- #26 MeSH descriptor Indomethacin explode all trees
- #27 (indomethacin or indometacin or indocid or osmosin):ti or (indomethacin or indometacin or indocid or osmosin):ab or "indomet\* metindol" or amuno or indocin:ti or "indomet\* metindol" or amuno or indocin:ab
- #28 MeSH descriptor Ketoprofen explode all trees
- #29 (ketoprofen or "benzoylhydratropic acid" or profenid or alrheumum or orudis or alrheumat):ti or (ketoprofen or "benzoylhydratropic acid" or profenid or alrheumum or orudis or alrheumat):ab or (rp-19583 or "rp 19583" or rp19583):ti or (rp-19583 or "rp 19583" or rp19583):ab
- #30 (dexketoprofen):ti or (dexketoprofen):ab
- #31 MeSH descriptor Ketorolac explode all trees
- #32 (ketorolac):ti or (ketorolac):ab or "mefanamic acid" or meloxicam or nabumetone:ti or "mefanamic acid" or meloxicam or nabumetone:ab
- #33 MeSH descriptor Naproxen explode all trees
- #34 (naproxen or mnpa or methoxypropiocin or anaprox or proxen or synflex or aleve or naprosin or naprosyn):ti or (naproxen or mnpa or methoxypropiocin or anaprox or

proxen or synflex or aleve or naprosin or naprosyn):ab

- #35 MeSH descriptor Piroxicam explode all trees
- #36 (piroxicam or feldene or cp-16171 or "cp 16171" or cp16171):ti or (piroxicam or feldene or cp-16171 or cp 16171 or cp16171):ab or (tenoxicam or "tiaprofenic acid"):ti or (tenoxicam or "tiaprofenic acid"):ab
- #37 MeSH descriptor Cyclooxygenase 2 Inhibitors explode all trees
- #38 "cyclooxygenase 2 inhibitor\*" or "cox2 inhibitor\*" or "cyclooxygenase-2 inhibitor\*" or cyclooxygenase-2 or "cox-2 inhibitor\*" or "cox 2 inhibitor\*" or coxib\*:ti or "cyclooxygenase 2 inhibitor\*" or "cox2 inhibitor\*" or "cyclooxygenase-2 inhibitor\*" or cyclooxygenase-2 or "cox-2 inhibitor\*" or "cox 2 inhibitor\*" or coxib\*:ab or (celecoxib or abetoricoxib or parecoxib):ti or (celecoxib or abetoricoxib or parecoxib):ab
- #39 (#13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38)
- #40 (#10 AND #39)
- #41 MeSH descriptor Morphine explode all trees
- #42 (morphine NEAR/2 (pca or less or demand or consum\* or spar\* or reduc\* or decreas\*)):ti or (morphine NEAR/2 (pca or less or demand or consum\* or spar\* or reduc\* or decreas\*)):ab or (opioid NEAR/2 (pca or less or demand or

consum\* or spar\* or reduc\* or decreas\*)):ti or (opioid NEAR/2 (pca or less or demand or consum\* or spar\* or reduc\* or decreas\*)):ab

- #43 (#41 AND #42)
- #44 "post surgical analgesia" or "post-surgical analgesia" or "postsurgical analgesia":ti or "post surgical analgesia" or "post-surgical analgesia" or "postsurgical analgesia":ab or "post operative analgesia" or "post-operative analgesia" or "postoperative analgesia":ti or "post operative analgesia" or "post-operative analgesia":ab
- #45 "patient controlled analgesia":ti or "patient controlled analgesia":ab
- #46 MeSH descriptor Analgesia, Patient-Controlled explode all trees
- #47 "post surgical analgesic" or "post-surgical analgesic" or "postsurgical analgesic":ti or "post surgical analgesic" or "post-surgical analgesic" or "postsurgical analgesic":ab or "post operative analgesic" or "post-operative analgesic" or "postoperative analgesic":ti or "post operative analgesic" or "post-operative analgesic":ab
- #48 "patient controlled analgesic":ti or "patient controlled analgesic":ab
- #49 (#44 OR #45 OR #46 OR #47 OR #48)
- #50 (#40 AND #43)
- #51 (#40 AND #49)
- #52 "pca morphine" or "pca opioid\*":ti or "pca morphine" or "pca opioid\*"
- #53 (#50 OR #51 OR #52), from 2003 to 2009

### Appendix 2

### WINBUGS codes

#### (a) Random effects model to calculate the baseline treatment effect for adverse event outcomes

model {
for (i in 1:N) {
 r[i]~dbin(p[i],n[i])
 logit(p[i])<-mu[i]
 mu[i]~dnorm(d,prec)
}
d~dnorm(0,0.0001)
prec<-1/(sd\*sd)
sd~dunif(0,2)
}</pre>

#### (b) Random effects model to calculate the baseline treatment effect for the morphine consumption outcome

model {
for (i in 1:N) {
 prec.y[i]<-n[i]/(sd[i]\*sd[i])
 y[i] ~ dnorm(mu[i],prec.y[i])
 mu[i] ~ dnorm(d,prec)
}</pre>

 $d \sim dnorm(0, 0.0001)$ 

prec<-1/(rho\*rho)
rho ~ dunif(0,2)
}</pre>

### (c) Model for adverse event outcomes

model{ sw[1] <- 0 for(i in 1:N) {

#### # model

logit(p[i]) < -mu[s[i]] + delta[i] \* (1-equals(t[i],b[i]))

r[i]~dbin(p[i],n[i]) # binomial likelihood delta[i] ~ dnorm(md[i],taud[i]) # trial-specific LOR distributions # precisions of LOR distributions: adjusts for correlation in three-armed trials taud[i] <- tau \* (1 + equals(m[i],3)/3)</pre>

# means of LOR distribution
md[i] <- d[t[i]] - d[b[i]] + equals(m[i],3) \* sw[i]</pre>

 $\label{eq:static} \begin{array}{l} \mbox{\scalar} \mbox{\sca$ 

resdev<-sum(dev[])

# adjustment for 3-arm trials
for (i in 2:N) {sw[i] <- (delta[i-1] d[t[i-1]] + d[b[i-1]])/2}</pre>

# vague priors for 24 trial baselines
for(j in 1:NS){mu[j]~dnorm(0,.0001)}

# vague priors for basic parameters
d[1]<-0
for (k in 2:NT) {d[k] ~ dnorm(0,.0001)}
# vague prior for random effects standard
deviation
sd~dunif(0,2) tau<-1/pow(sd,2)</pre>

# Absolute log odds(success) on Treatment
A, based on a separate model on the baseline treatment arms.
mA ~ dnorm(-1.888,0.4652)

# Absolute pr(success) Treatments B,C,D based on T[1] and the MEAN Relative treatment effects for (k in 1:NT) {logit(T[k])<- mA + d[k]}</pre>

# Ranking and prob{treatment k is best}
for (k in 1:NT) {rk[k]<- NT+1 - rank(T[],k)
best[k]<-equals(rk[k],1)}</pre>

# Pairwise ORs
for (c in 1:(NT-1))
{for (k in (c+1):NT)
{lor[c,k] <- d[k] - d[c]
log(or[c,k]) <- lor[c,k]
}</pre>

}

# (d) Model for morphine consumption outcome

model{ sw[1]<-0

for(i in 1:N) {
 prec.y[i]<-n[i]/(sd[i]\*sd[i])

# normal likelihood
y[i] ~ dnorm(my[i],prec.y[i])

# the model
my[i]<-mu[s[i]] + delta[i] \* (1-equals(t[i],b[i]))
delta[i] ~ dnorm(md[i],prec.d[i])</pre>

# adjustment for correlation between arms in a three-armed trial prec.d[i]<-precd \* (1 + equals(m[i],3)/3) md[i]<-d[t[i]] - d[b[i]] + equals(m[i],3) \* sw[i]</pre>

# calculates the residual deviance dev[i]<-(y[i]-my[i])\*(y[i]-my[i]) \* prec.y[i] } resdev<-sum(dev[])</pre>

# adjustment for correlation between arms in a three-armed trial for (i in 2:N) {sw[i] <- (delta[i-1] d[t[i-1]] + d[b[i-1]])/2}

for(j in 1:NS){mu[j]~dnorm(0,.0001)} d[1]<-0 for (k in 2:NT) {d[k] ~ dnorm(0,.0001)}

# The range for the standard deviation of the random effect distribution for the effect difference is shown below. This was set narrowly and as a post hoc sensitivity analysis the effect of widening this was investigated. With a distribution of dunif(0,100), the treatment effects increased slightly and at a higher baseline morphine consumption, but results did not change (available from the authors). rho ~ dunif(0,2) precd<-1/pow(rho,2) mA ~ dnorm(37.36,0.2507)

# MEAN Relative treatment effects
for (k in 1:NT) {T[k]<- mA+d[k]}</pre>

# Ranking and prob{treatment k is best}
for (k in 1:NT) {rk[k]<- NT+1 - rank(T[],k)
best[k]<-equals(rk[k],1)}
}</pre>

#### (e) Adjustment for baseline morphine consumption model{ sw[1]<-0

 $for(i \text{ in } 1:N) \{ \\ prec.y[i] < -n[i]/(sd[i]*sd[i]) \\ y[i] \sim dnorm(my[i], prec.y[i]) \\ my[i] < -mu[s[i]] + delta[i] * (1-equals(t[i], b[i])) \\ delta[i] \sim dnorm(md[i], prec.d[i]) \\ prec.d[i] < -precd * (1 + equals(m[i], 3)/3)$ 

# the independent variable is morph[i]. This
line is appropriate for either independent or
exchangeable interaction assumptions for each
treatment
md[i]<-d[t[i]] - d[b[i]] + (beta[t[i]] - beta[b[i]]) \*
morph[i] + equals(m[i],3) \* sw[i]</pre>

*#* or this line is appropriate for a common interaction assumption

md[i]<-d[t[i]] - d[b[i]] + beta \*
morph[i] + equals(m[i],3) \* sw[i]
dev[i]<-(y[i]-my[i])\*(y[i]-my[i]) \* prec.y[i]
}
resdev<-sum(dev[])</pre>

for (i in 2:N) {sw[i] <- (delta[i-1] - d[t[i-1]] + d[b[i-1]])/2}

# the following is appropriate for an independent interaction assumption beta[1]<-0

for(k in 2:NT){ beta[k]~dnorm(0,0.0001)}

# or the following is appropriate for an exchangeable interaction assumption beta[1]<-0

for(k in 2:NT){ beta[k]~dnorm(m.beta,tau.beta)} m.beta~dnorm(0,0.0001) sd.beta~dunif(0,2) tau.beta<-1/pow(sd.beta,2)

*#* or the following is appropriate for a common interaction assumption

beta~dnorm(0,0.0001)

#### (f) Description of the sensitivity analysis for baseline morphine consumption

A covariate *M* was added to the regression model in the MTC analysis, which was the difference *M* between the placebo 24-hour consumption for each trial, yp, and mean placebo 24-hour consumption,  $\overline{y}$ , derived from the baseline random-effects metaanalysis.

$$M = y_{h} - \overline{y}$$

If M > 0 then the treatment effectiveness would be reduced in the model, and if M < 0 then the treatment effectiveness would be increased in the model.

The difference between the treatment and placebo is denoted  $d_{p}$ , the effectiveness difference between the baseline treatment of the trial and placebo is denoted  $d_{b}$ , and the difference in 24-hour morphine consumption between the arms of each trial is denoted  $\delta_{i}$ . For trial arm *i*, the difference in 24-hour morphine consumption between the arms of each trial ( $\delta_{i}$ ) was related to the difference in effectiveness of the treatments in the arms compared to placebo ( $d_{i}-d_{b}$ ) and to the difference in placebo 24 hour morphine consumption from the mean (M).<sup>38</sup>

$$\delta_i = d_i - d_b + \beta M \tag{1}$$

Three different assumptions were made for the treatment and baseline morphine consumption interaction. The first was that there was a common interaction for all the treatments. This is the model presented in Equation 1. The second is that there is an exchangeable interaction between the treatments and study quality, where each treatment t has its own interaction,  $\beta_t$ , as in Equation 2, each of which derives from the same normal distribution of interactions, which means that each treatment and study quality interaction is heavily influenced by the others. The third assumption is that there is an independent interaction between the treatments and study quality, where each treatment t has its own interaction  $\beta_{i}$  and these are independent; they do not come from a common distribution. The term  $\beta_{i}$  refers to the interaction of the baseline

treatment in the trial including arm *i*. The DIC statistic and the residual deviance would be used to compare model assumptions.

$$\delta_i = d_t - d_b + (\beta_t - \beta_b)M \tag{2}$$

Two studies did not have placebo as a comparator.<sup>64,65</sup> Ideally, the baseline for these two studies would be accounted for within one model; however, to our knowledge no such methods have been published. Consequently, the model was run first without these two studies in order to derive an estimate for  $\beta_{\rm b}$  and  $d_{\rm b}$  for the baseline treatments *t* in the studies. This was considered to result in a reasonable estimate as only 2 out of 56 trials were lacking placebo. *M* was then calculated for these two studies as follows:

$$M = \frac{y_{bi} + (\beta_b \times \overline{y}) - d_b}{1 + \beta_b} - \overline{y}$$
(3)

The analysis was then rerun including the two studies.

### (g) Description of the sensitivity analysis for study quality

For trial arm *i*, the difference in 24-hour morphine consumption between the arms of each trial  $(\delta_i)$  was related to the difference in effectiveness of the treatments in the arms compared to placebo  $(d_t - d_b)$  and to the centred baseline morphine consumption (M) and the study quality (Q).

$$\delta_i = d_t - d_b + \beta M + \alpha Q \tag{4}$$

The dummy variable, *Q*, was set to 0 if the study quality was good to ensure that the absolute 24-hour morphine consumption estimate for each drug produced by the MTC analysis was the result for the good quality studies.

The same three assumptions regarding the interaction between treatment effect and the covariate were investigated for study quality. The DIC statistic and comparison with the analysis on the subset of trials were used to identify the most appropriate assumption.

### **Appendix 3** Excluded studies

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Author	lnappropriate participants	lnappropriate intervention	lnappropriate comparator	Inappropriate outcome measure	Inappropriate study design	Other reason for exclusion
Adachi 2007 <sup>119</sup>	×					
Akca 2004 <sup>120</sup>	×					
Antonetti 2007 <sup>121</sup>	×					
Anwari 2008 <sup>122</sup>	X <sup>a</sup>					
Atallah 2004 <sup>123</sup>	×					
Aubrun 2003 <sup>124</sup>	×					
Babul 2006 <sup>125</sup>	٩X					
Bajaj 2004 <sup>126</sup>	×					
Beaulieu 2007 <sup>127</sup>	Xc					
Beaussier 2005 <sup>128</sup>	×					
Belzarena 2005 <sup>129</sup>	×					
Bianchin 2007 <sup>130</sup>	×					
Binhas 2004 <sup>131</sup>	×					
Binning 2007 <sup>132</sup>	×					
Boccara 2004 <sup>133</sup>	×					
Bolcal 2005 <sup>134</sup>	×					
Bourlert 2005 <sup>135</sup>				×		
Boussofara 2006 <sup>136</sup>					×	
Bugter 2003 <sup>137</sup>		Xe				
Buvanendran 2003 <sup>138</sup>		×				
Cabrera 2004 <sup>139</sup>		×				
Carvalho 2006 <sup>140</sup>		Xß				
Cattabriga 2007 <sup>141</sup>	×					
Chan 2005 <sup>142</sup>	×					
Chelly 2007 <sup>143</sup>	×					
Chen 2005 <sup>144</sup>				×		
Daniels 2006 <sup>145</sup>	×					

Author	Inappropriate participants	Inappropriate intervention	Inappropriate comparator	Inappropriate outcome measure	Inappropriate study design	Other reason for exclusion
De Leon-Casasola 2003 <sup>146</sup>	×					
Desjardins 2004 <sup>147</sup>	×					
Engelman 2007 <sup>148</sup>	<sup>4</sup> X					
Feld 2003 <sup>149</sup>	×					
Feng 2008 <sup>150</sup>		×				
Feng 2004 <sup>151</sup>		×				
Fijalkowska 2006 <sup>152</sup>	×					
Gan 2004 <sup>153</sup>	×					
Gan 2004 <sup>154</sup>	×					
Gartner 2008 <sup>155</sup>	×					
Gilron 2005 <sup>156</sup>		Xŕ				
Goodman 2007 <sup>157</sup>	×					
Harney 2008 <sup>158</sup>		×				
Hegi 2004 <sup>159</sup>	×					
Hepaguslar 2004 <sup>160</sup>	×					
Horattas 2004 <sup>161</sup>	×					
Huang 2008 <sup>162</sup>			×			
Hynes 2006 <sup>163</sup>	×					
Immer 2003 <sup>164</sup>	×					
Jacobson 2006 <sup>165</sup>	×					
Jones 2009 <sup>166</sup>	×					
Joong 2005 <sup>167</sup>	×					
Joshi 2004 <sup>168</sup>	×					
Kardash 2005 <sup>169</sup>	×					
Katz 2004 <sup>170</sup>	×					
Kayacan 2004 <sup>44</sup>				Ж		
Khajavi 2007 <sup>171</sup>	×					
Khalil 2006 <sup>172</sup>				×		
Kocaayan 2007 <sup>173</sup>	×					

Author	lnappropriate participants	lnappropriate intervention	lnappropriate comparator	Inappropriate outcome measure	Inappropriate study design	Other reason for exclusion
Kovac 2005 <sup>174</sup>	×					
Kuhne 2005 <sup>175</sup>	۳×					
Kulik 2004 <sup>176</sup>	×					
Landwehr 2005 <sup>177</sup>	×					
Lavand'homme 2007 <sup>178</sup>			°X			
Lee 2007 <sup>179</sup>	×					
Legeby 2005 <sup>180</sup>		٩X				
Leykin 2008 <sup>181</sup>	×					
Leykin 2008 <sup>182</sup>	×					
Lu 2006 <sup>183</sup>			۶			
Maxwell 2006 <sup>184</sup>	X					
Mazaris 2007 <sup>185</sup>	×					
Mebazaa 2008 <sup>186</sup>	×					
Meunier 2007 <sup>187</sup>	×					
Motamed 2006 <sup>188</sup>	×					
Mui 2005 <sup>189</sup>	×					
Myles 2007 <sup>190</sup>	×					
Naesh 2005 <sup>191</sup>	×					
Newcomb 2007 <sup>192</sup>	×					
Newton 2004 <sup>193</sup>	×					
Ng 2005 <sup>194</sup>	X					
Nikanne 2005 <sup>195</sup>	×					
Nussmeier 2006 <sup>196</sup>	×					
Nussmeier 2005 <sup>197</sup>	×					
Pan 2006 <sup>198</sup>	X					
Parsa 2005 <sup>199</sup>	×					
Patrocinio 2007 <sup>200</sup>	×					
Pettersson 2005 <sup>201</sup>	×					

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Author	lnappropriate participants	lnappropriate intervention	lnappropriate comparator	Inappropriate outcome measure	Inappropriate study design	Other reason for exclusion
Phittayawechwiwat 2007 <sup>202</sup>	×					
Pollak 2006 <sup>203</sup>	×					
Rahimi 2006 <sup>204</sup>	×					
Rao 2005 <sup>205</sup>	×					
Rasmussen 2005 <sup>206</sup>	×					
Reuben 2008 <sup>207</sup>		×				
Reuben 2007 <sup>208</sup>	×					
Reuben 2006 <sup>209</sup>						Duplicate of data from Reuben <i>et al.</i> 2005 <sup>41</sup>
Reuben 2006 <sup>40</sup>						Falsified data <sup>210</sup>
Reuben 2005 <sup>41</sup>						Falsified data <sup>210</sup>
Riest 2006 <sup>211</sup>		×				
Romsing 2005 <sup>212</sup>	×					
Romundstad 2006 <sup>213</sup>	×					
Rosenberg 2007 <sup>214</sup>	~×					
Rouse 2006 <sup>215</sup>	××					
Rugyte 2007 <sup>216</sup>	×					
Schlachta 2007 <sup>217</sup>				×		
Schuster 2005 <sup>218</sup>		Xť				
Shaikh 2006 <sup>219</sup>	хx					
Silvanto 2007 <sup>220</sup>				×		
Sim 2007 <sup>221</sup>		Xg				
Singla 2005 <sup>222</sup>	×					
Snabes 2007 <sup>223</sup>	×					
Sun 2008 <sup>224</sup>	×					
Tablov 2008 <sup>45</sup>						Journal not held by the British Library
Tablov 2006 <sup>225</sup>				X <sup>aa</sup>		
Tan 2005 <sup>226</sup>		X <sup>g</sup>				

Author	lnappropriate participants	lnappropriate intervention	lnappropriate comparator	Inappropriate outcome measure	Inappropriate study design	Other reason for exclusion
Thienthong 2004 <sup>227</sup>	×					
Tilleul 2007 <sup>228</sup>	X <sup>bb</sup>					
Tornero-Campello 2006 <sup>229</sup>	Xcc					
Torres 2004 <sup>230</sup>	×					
Toshiko-Hirahara 2003 <sup>231</sup>	×					
Tuncer 2006 <sup>232</sup>	×					
Turaga 2008 <sup>233</sup>	×					
Turan 2006 <sup>234</sup>		×				
Tuzuner 2007 <sup>235</sup>	×					
Vintar 2005 <sup>236</sup>		Add				
Vlajkovic 2007 <sup>237</sup>	×					
White 2007 <sup>238</sup>	×					
Xu 2008 <sup>239</sup>	×					
Yamazaki 2003 <sup>240</sup>	×					
Zippel 2006 <sup>241</sup>	×					
Ziolkowski 2008 <sup>242</sup>	×					

# **Appendix 4** Drug regimens

Paracetamol (ac	etaminophen)		
Paracetamol	Multiple dose 1.3 g/8h p.r. 0.5 g/4h p.o. 1.0 g/6h i.v. 1.0 g p.r. + 1.0 g/6h p.o. 1.0 g/6h p.r.		
Propacetamol	2.0g/6h i.v.		
Non-steroidal ar	nti-inflammatory drugs		
Dexketoprofen	Multiple dose 50 mg/12 h i.m.	Continuous infusion	Single dose
Diclofenac	75 mg/12 h i.m. 75 mg/12 h p.r. 100 mg/16 h p.r. 50 mg/8 h p.r. 100 mg/8 h p.r. 100 mg p.r.+ 50 mg/8 h p.o.	25 mg + 2 mg/kg/h i.v.	100 mg p.r. 75 mg i.v.
lbuprofen	500 mg/8h p.r. 1600 mg/24h p.o. 400 mg/6h p.o.		
Indometacin (indomethacin)			75 mg p.o.
Ketoprofen	100 mg/12 h i.v. 100 mg/12 h i.m. 50 mg/6 h i.v.		100 mg i.m.
Ketorolac	15 mg/6 h i.v. 30 mg/6 h i.v. 10 mg/8 h intranasal 30 mg/8 h intranasal 60 mg + 30 mg/6 h i.v. 10 mg/4 h i.m. 30 mg + 15 mg/3 h i.v. 30 mg + 15 mg/6 h i.m. 6 mg + 1.5 mg/h i.m. 12 mg + 3 mg/h i.m.	12.5 mg/h + 2.5 mg/h i.v. 100 mg/h + 4 mg/h i.v. 30 mg + 5 mg/h i.v. 30 mg i.m.+ 2 mg/h i.v.	30 mg i.v. 60 mg i.v.
			continued

Lornoxicam	<b>Multiple dose</b> 16 mg + 8 mg/12 h i.v. 8 mg/8 h i.v.	Continuous infusion	Single dose 8 mg i.m. 8 mg i.v.
Meloxicam			15 mg p.r.
Naproxen			550 mg p.o.
Piroxicam			40 mg i.m.
Tenoxicam	40 mg/24 h i.v.		20 mg i.v. 40 mg i.v. 40 mg i.m.
Selective cyclo-o	oxygenase 2 inhibitors		
	Multiple low dose	Multiple high dose	Single dose
Celecoxib			200 mg p.o. 400 mg p.o.
Etoricoxib			120 mg p.o. 180 mg p.o.
Parecoxib	20 mg/12 h i.v.	40 mg/6 h i.v. 40 mg/12 h i.v.	40 mg i.v.
i.m., intramusculai	rly; i.v., intravenously; p.o., orally; p.r., ı	rectally.	

## **Appendix 5** Validity assessment

	Randomisation 0 None 1 Mentioned 2 Described and	Allocation concealment 0 None	Double blinding 0 None 1 Mentioned 2 Described and	Flow of participants 0 None I Described but incomplete 2 Described and
Study details	adequate	l Yes	adequate	adequate
Alexander 2002 <sup>80</sup>	2	0	2	2
Alhashemi 2006 <sup>64</sup>	2		2	2
Argyriadou 2007 <sup>58</sup>		0	0	0
Balestrieri 1997 <sup>81</sup>	2	I	I	I
Blackburn 1995 <sup>82</sup>	2	0	I	0
Burns 1991 <sup>83</sup>	I	0	I	2
Cakan 2008	2	I	2	0
Cassinelli 2008 <sup>84</sup>	2	I	I	L
Celik 200385	2	0	I	0
Chau-in 200866	2	I	I	2
Cheng 200467	2	I.	I.	I.
Cobby 199961	I	I.	2	2
Colquhoun 1989 <sup>86</sup>	I	0	I	L
De Decker 2001 <sup>87</sup>	2	0	0	0
Delbos 1995 <sup>16</sup>	I	0	I	0
Durmus 200368	I	L	I	L
El-Halafawy 2004 <sup>69</sup>	I	0	0	0
Etches 1995 <sup>88</sup>	I	I	I	I
Fayaz 2004 <sup>110</sup>	I	0	I	2
Fletcher 1997 <sup>62</sup>	2	0	2	2
Fong 2008 <sup>70</sup>	I	0	I	0
Gillies 198790	I	0	I	2
Hanna 2003 <sup>91</sup>	I	0	2	2
Hegazy 2003 <sup>60</sup>	I	0	0	0
Hernandez-Palazon 2001 <sup>112</sup>	2	0	I	2
Hodsman 1987 <sup>92</sup>	I	0	I	2
Hsu 200393	2	0	2	2
Hubbard 2003 <sup>71</sup>	2	0	I	I
Inan 2007 <sup>94</sup>	2	I	2	2
Jirarattanaphochai 2008 <sup>72</sup>	2	I	2	2
Karaman 2006 <sup>95</sup>	2	L	I	0
Kvalsvik 2003 <sup>113</sup>	2	I	2	1
Lee 2008 <sup>79</sup>	2	I	2	2
Mack 2001 <sup>89</sup>	2	0	2	2
				tid

Study details	<i>Randomisation</i> 0 None 1 Mentioned 2 Described and adequate	Allocation concealment 0 None I Yes	Double blinding 0 None 1 Mentioned 2 Described and adequate	Flow of participants 0 None I Described but incomplete 2 Described and adequate
Malan 2003 <sup>73</sup>	2	I	I	1
Martinez 2007 <sup>74</sup>	2	I	0	2
Moodie 2008%	I	0	2	2
Munishankar 200865	2	I	2	2
Munro 1998 <sup>97</sup>	I	0	I	2
Ng 2002 <sup>98</sup>	I	0	2	2
Ng 200375	2	I	2	1
Owen 1986 <sup>99</sup>	I	0	I	1
Peduto 1998 <sup>114</sup>	2	0	2	1
Perttunen 1992 <sup>100</sup>	I	0	2	0
Plummer 1996 <sup>101</sup>	I	0	I	1
Rao 2000 <sup>102</sup>	2	0	2	2
Ready 1994 <sup>103</sup>	2	I	2	1
Riest 2008 <sup>76</sup>	2	I	I	I
Rowe 1992 <sup>104</sup>	I	0	0	2
Schug 1998115	2	0	2	2
Sevarino 1992 <sup>105</sup>	I	0	I	I
Siddik 200163	2	I	2	2
Siddiqui 200877	2	I	I	2
Sinatra 2005 <sup>116</sup>	I	0	I	2
Tang 2002 <sup>78</sup>	2	0	2	I
Thompson 2000 <sup>106</sup>	I	0	I	0
Trampitsch 2003 <sup>59</sup>	I	0	I	I
Vandermeulen 1997 <sup>107</sup>	2	I	2	I
Varrassi 1994 <sup>108</sup>	I	0	I	2
Xuerong 2008 <sup>109</sup>	2	I	2	2

### **Appendix 6** Network tables

#### TABLE 22 24-hour morphine consumption

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Alexander 2002 <sup>80</sup>	•		•	
Alhashemi 2006 <sup>64</sup>		•	•	
Balestrieri 1997 <sup>81</sup>	•		•	
Blackburn 1995 <sup>82</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
Cassinelli 2008 <sup>84</sup>	•		•	
Celik 2003 <sup>85</sup>	•		•	
Chau-in 2008 <sup>66</sup>	•			•
Cheng 200467	•			•
Cobby 199961	•	•	•	
Colquhoun 1989 <sup>86</sup>	•		•	
De Decker 2001 <sup>87</sup>	•		•	
Delbos 1995 <sup>16</sup>	•	•		
Durmus 200368	•			•
El-Halafawy 2004 <sup>69</sup>	•			•
Etches 1995 <sup>88</sup>	•		•	
Fayaz 2004 <sup>110</sup>	•		•	
Fletcher 1997 <sup>62</sup>	•	•	•	
Fong 2008 <sup>70</sup>	•			•
Gillies 1987 <sup>90</sup>	•		•	
Hegazy 2003 <sup>60</sup>	•		•	•
Hernandez-Palazon 2001 <sup>112</sup>	•	•		
Hodsman 1987 <sup>92</sup>	•		•	
Hsu 2003 <sup>93</sup>	•		•	
Hubbard 2003 <sup>71</sup>	•			•
Inan 2007 <sup>94</sup>	•		•	
Jirarattanaphochai 2008 <sup>72</sup>	•			•
Karaman 2006 <sup>95</sup>	•		•	
Kvalsvik 2003 <sup>113</sup>	•	•		
Lee 2008 79	•			•
Malan 2003 <sup>73</sup>	•			•
Mack 2001 <sup>89</sup>	•		•	
Martinez 2007 <sup>74</sup>	•			•
Moodie 2008%	•		•	
Munishankar 200865		•	•	
Munro 1998 <sup>97</sup>	•		•	
				continued

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Ng 2003 <sup>75</sup>	•			•
Owen 1986 <sup>99</sup>	•		•	
Peduto 1998114	•	•		
Perttunen 1992 <sup>100</sup>	•		•	
Plummer 1996 <sup>101</sup>	•		•	
Rao 2000 <sup>102</sup>	•		•	
Ready 1994 <sup>103</sup>	•		•	
Riest 2008 <sup>76</sup>	•			•
Rowe 1992 <sup>104</sup>	•		•	
Schug 1998 <sup>115</sup>	•	•		
Sevarino 1992 <sup>105</sup>	•		•	
Siddik 200163	•	•	•	
Siddiqui 200877	•			•
Sinatra 2005 <sup>116</sup>	•	•		
Tang 2002 <sup>78</sup>	•			•
Thompson 2000 <sup>106</sup>	•		•	
Trampitsch 2003 <sup>59</sup>	•		•	
Vandermeulen 1997 <sup>107</sup>	•		•	
Varrassi 1994 <sup>108</sup>	•		•	
Xuerong 2008 <sup>109</sup>	•		•	

#### TABLE 22 24-hour morphine consumption (continued)

 TABLE 23
 Nausea and postoperative nausea and vomiting

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Nausea				
Alhashemi 2006 <sup>64</sup>		•	•	
Balestrieri 1997 <sup>81</sup>	•		•	
Blackburn 1995 <sup>82</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
De Decker 200187	•		•	
El-Halafawy 2004 <sup>69</sup>	•			•
Etches 1995 <sup>88</sup>	•		•	
Hsu 2003 <sup>93</sup>	•		•	
Hubbard 2003 <sup>71</sup>	•			•
Inan 200794	•		•	
Karaman 2006 <sup>95</sup>	•		•	
Malan 2003 <sup>73</sup>	•			•
Mack 2001 <sup>89</sup>	•		•	
Moodie 2008%	•		•	
Munro 1998 <sup>97</sup>	•		•	
Owen 1986 <sup>99</sup>	•		•	
Perttunen 1992 <sup>100</sup>	•		•	

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Ready 1994 <sup>103</sup>	•		•	
Sinatra 2005 <sup>116</sup>	•	•		
Tang 2002 <sup>78</sup>	•			•
Thompson 2000 <sup>106</sup>	•		•	
Trampitsch 2003 <sup>59</sup>	•		•	
PONV				
Alexander 2002 <sup>80</sup>	•		•	
Burns 199183	•		•	
Celik 200385	•		•	
Chau-in 2008 <sup>66</sup>	•			•
Durmus 200368	•			•
Fletcher 1997 <sup>62</sup>	•	•	•	
Fong 2008 <sup>70</sup>	•			•
Hernandez-Palazon 2001 <sup>112</sup>	•	•		
Jirarattanaphochai 2008 <sup>72</sup>	•			•
Kvalsvik 2003 <sup>113</sup>	•	•		
Lee 2008 79	•			•
Martinez 2007 <sup>74</sup>	•			•
Munishankar 200865		•	•	
Peduto 1998 <sup>114</sup>	•	•		
Plummer 1996 <sup>101</sup>	•		•	
Sevarino 1992 <sup>105</sup>	•		•	
Siddik 200163	•	•	•	
Siddiqui 200877	•			•
Vandermeulen 1997 <sup>107</sup>	•		•	
Varrassi 1994 <sup>108</sup>	•		•	
Xuerong 2008 <sup>109</sup>	•		•	

#### TABLE 23 Nausea and postoperative nausea and vomiting (continued)

#### TABLE 24 Vomiting

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Alhashemi 200664		•	•	
Balestrieri 1997 <sup>81</sup>	•		•	
Blackburn 1995 <sup>82</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
Cobby 199961	•	•	•	
De Decker 200187	•		•	
El-Halafawy 2004 <sup>69</sup>	•			•
Etches 1995 <sup>88</sup>	•		•	
Hsu 200393	•		•	
Hubbard 2003 <sup>71</sup>	•			•
				continued

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Karaman 2006 <sup>95</sup>	•		•	
Malan 2003 <sup>73</sup>	•			•
Moodie 2008%	•		•	
Munro 1998 <sup>97</sup>	•		•	
Ng 200375	•			•
Owen 1986 <sup>99</sup>	•		•	
Perttunen 1992 <sup>100</sup>	•		•	
Ready 1994 <sup>103</sup>	•		•	
Sinatra 2005 <sup>116</sup>	•	•		
Tang 2002 <sup>78</sup>	•			•
Thompson 2000 <sup>106</sup>	•		•	
Trampitsch 2003 <sup>59</sup>	•		•	

#### TABLE 24 Vomiting (continued)

#### TABLE 25 Sedation

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Balestrieri 1997 <sup>81</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
Celik 2003 <sup>85</sup>	•		•	
Chau-in 2008 <sup>66</sup>	•			•
El-Halafawy 2004 <sup>69</sup>	•			•
Fletcher 1997 <sup>62</sup>	•	•	•	
Fong 2008 <sup>70</sup>	•			•
Gillies 198790	•		•	
Jirarattanaphochai 2008 <sup>72</sup>	•			•
Martinez 2007 <sup>74</sup>	•			•
Moodie 2008%	•		•	
Munro 1998 <sup>97</sup>	•		•	
Perttunen 1992 <sup>100</sup>	•		•	
Rao 2000 <sup>102</sup>	•		•	
Ready 1994 <sup>103</sup>	•		•	
Schug 1998 <sup>115</sup>	•	•		
Siddik 200163	•	•	•	
Vandermeulen 1997 <sup>107</sup>	•		•	
Varrassi 1994 <sup>108</sup>	•		•	

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Balestrieri 1997 <sup>81</sup>	•		•	
Blackburn 1995 <sup>82</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
Delbos 1995 <sup>16</sup>	•	•		
Fletcher 1997 <sup>62</sup>	•	•	•	
Gillies 1987 <sup>90</sup>	•		•	
Hernandez-Palazon 2001 <sup>112</sup>	•	•		
Hsu 2003 <sup>93</sup>	•		•	
Jirarattanaphochai 2008 <sup>72</sup>	•			•
Kvalsvik 2003 <sup>113</sup>	•	•		
Munro 1998 <sup>97</sup>	•		•	
Rao 2000 <sup>102</sup>	•		•	
Siddik 200163	•	•	•	
Varrassi 1994 <sup>108</sup>	•		•	

#### TABLE 26 Respiratory depression

#### TABLE 27 Urinary retention

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Burns 1991 <sup>83</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
Cassinelli 2008 <sup>84</sup>	•		•	
Durmus 200368	•			•
Etches 1995 <sup>88</sup>	•		•	
Fletcher 1997 <sup>62</sup>	•	•	•	
Fong 2008 <sup>70</sup>	•			•
Hernandez-Palazon 2001 <sup>112</sup>	•	•		
Hubbard 2003 <sup>71</sup>	•			•
Martinez 2007 <sup>74</sup>	•			•
Peduto 1998114	•	•		
Ready 1994 <sup>103</sup>	•		•	
Schug 1998 <sup>115</sup>	•	•		
Varrassi 1994 <sup>108</sup>	•		•	

#### TABLE 28 Pruritus

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Alexander 2002 <sup>80</sup>	•		•	
Alhashemi 2006 <sup>64</sup>		•	•	
Balestrieri 1997 <sup>81</sup>	•		•	
Celik 200385	•		•	
Durmus 200368	•			•
El-Halafawy 2004 <sup>69</sup>	•			•
Fong 2008 <sup>70</sup>	•			•
Hernandez-Palazon 2001 <sup>112</sup>	•	•		
Hsu 2003 <sup>93</sup>	•		•	
Inan 2007 <sup>94</sup>	•		•	
Jirarattanaphochai 2008 <sup>72</sup>	•			•
Kvalsvik 2003 <sup>113</sup>	•	•		
Lee 2008 <sup>79</sup>	•			•
Malan 2003 <sup>73</sup>	•			•
Moodie 2008%	•		•	
Ready 1994 <sup>103</sup>	•		•	
Sevarino 1992 <sup>105</sup>	•		•	
Siddik 200163	•	•	•	
Sinatra 2005 <sup>116</sup>	•	•		
Tang 2002 <sup>78</sup>	•			•
Vandermeulen 1997 <sup>107</sup>	•		•	
Varrassi 1994 <sup>108</sup>	•		•	

#### TABLE 29 Dizziness

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Balestrieri 1997 <sup>81</sup>	•		•	
Cakan 2008 <sup>111</sup>	•	•		
Cassinelli 2008 <sup>84</sup>	•		•	
Chau-in 2008 <sup>66</sup>	•			•
Hsu 2003 <sup>93</sup>	•		•	
Lee 2008 <sup>79</sup>	•			•
Malan 2003 <sup>73</sup>	•			•
Moodie 2008%	•		•	
Perttunen 1992 <sup>100</sup>	•		•	
Ready 1994 <sup>103</sup>	•		•	
Vandermeulen 1997 <sup>107</sup>	•		•	
Varrassi 1994 <sup>108</sup>	•		•	

#### TABLE 30 Bowel dysfunction

Study	Placebo	Paracetamol	NSAID	COX-2 inhibitor
Balestrieri 1997 <sup>81</sup>	•		•	
Cassinelli 2008 <sup>84</sup>	•		•	
Moodie 2008%	•		•	
Sinatra 2005 <sup>116</sup>	•	•		

## Appendix 7 Additional tables for sensitivity analyses

TABLE 31 Details of individual models adjusting 24-hour morphine consumption model for baseline morphine consumption

	Unadjusted	Independent interaction model	Exchangeable interaction model	Common interaction model
DIC	732.005	661.103	660.626	660.735
Arms	116	116	116	116
RD	186	114.4	114	115.3
		Coefficient (95% Crl)	Coefficient (95% Crl)	Coefficient (95% Crl)
Common interaction				-0.32 (-0.38 to -0.26)
Paracetamol interaction		-0.21 (-0.35 to -0.07)	-0.24 (-0.36 to -0.10)	
NSAIDs interaction		-0.35 (-0.42 to -0.29)	-0.35 (-0.41 to -0.28)	
COX-2 interaction		-0.25 (-0.40 to -0.11)	-0.27 (-0.39 to -0.13)	

TABLE 32 Details of individual models adjusting the 24-hour morphine consumption model for adequacy of blinding

	Quality studies subset baseline adjusted	Independent interaction model	Exchangeable interaction model	Common interaction model
DIC	301.474	663.229	662.26	662.468
Arms	49	116	116	116
RD	52.14	114.4	114.8	115.2
Common		Coefficient (95% Crl)	Coefficient (95% Crl)	<b>Coefficient (95% Crl)</b> 1.19 (–1.51 to 3.79)
interaction				
Paracetamol interaction		-3.64 (-10.65 to 3.31)	0.70 (-3.08 to 4.09)	
NSAIDs interaction		1.10 (-2.01 to 4.18)	1.20 (-1.51 to 3.92)	
COX-2 interaction		4.73 (–1.88 to 11.41)	1.47 (–1.88 to 5.01)	

The DIC for the subset analysis is not comparable with the other models because the number of trial arms is different. However, the residual deviance gives an indication of the model fit.

Treatment	Quality study subset: mean difference, mg (95% Crl)	Exchangeable interaction: mean difference, mg (95% Crl)
Placebo		
Paracetamol vs placebo	-6.17 (-9.17 to -3.25)	-9.01 (-12.01 to -6.01)
NSAID vs placebo	-7.46 (-9.66 to -5.25)	-10.17 (-12.37 to -7.99)
COX-2 vs placebo	-11.32 (-19.39 to -2.39)	-12.03 (-15.73 to -8.46)
NSAID vs paracetamol	-1.29 (-4.70 to 2.10)	-1.17 (-4.31 to 1.98)
COX-2 vs paracetamol	-5.15 (-13.99 to 4.23)	-3.02 (-7.24 to 1.02)
COX-2 vs NSAID	-3.86 (-12.32 to 5.16)	-1.86 (-5.34 to 1.39)
The first treatment is the intervention and the second is the control. The negative mean difference indicates the		

**TABLE 33** Results of mixed treatment comparison incorporating adequacy of blinding as a covariate

The first treatment is the intervention and the second is the control. The negative mean difference indicates the intervention was more effective than the control treatment.

### **Appendix 8**

# Mixed treatment comparison analyses for additional morphine-related outcomes

TABLE 34 Nausea, vomiting and postoperative nausea and vomiting (pairwise comparisons)

Comparison	Nausea: pairwise OR and 95% CrI	Vomiting: pairwise OR and 95% CrI	PONV: pairwise OR and 95% CrI
Paracetamol vs placebo	1.29 (0.54 to 2.56)	1.21 (0.45 to 2.76)	0.83 (0.40 to 1.51)
NSAID vs placebo	0.81 (0.59 to 1.10)	0.82 (0.52 to 1.25)	0.51 (0.28 to 0.79)
COX-2 vs placebo	0.98 (0.54 to 1.65)	1.08 (0.43 to 2.24)	0.85 (0.47 to 1.44)
NSAID vs paracetamol	0.73 (0.31 to 1.52)	0.83 (0.28 to 1.87)	0.67 (0.30 to 1.28)
COX-2 vs paracetamol	0.89 (0.31 to 2.12)	1.11 (0.25 to 3.02)	1.15 (0.45 to 2.53)
COX-2 vs NSAID	1.23 (0.62 to 2.24)	1.38 (0.47 to 3.08)	1.79 (0.81 to3.71)

The first treatment in the first column is the intervention and the second is the control. An OR less than I indicates that the intervention has performed better than the control.

	Nausea		Vomiting		PONV	
Treatment	No. of studies	p best (%)	No. of studies	p best (%)	No. of studies	p best (%)
Placebo	21	2	21	5	20	0
Paracetamol	3	13	4	20	6	9
NSAID	16	58	15	50	П	84
COX-2 inhibitor	4	27	5	25	7	7
	44 arms;ª re	sidual deviance 47.83	40 arms; res	idual deviance 43.04	42 arms; res	idual deviance 44.02

a Refers to the number of arms with at least one event.

The second column shows the probability (p) that each treatment is the most effective one.

A complete network for the four classes of drugs was formed for respiratory depression, which consisted of 14 trials (see Appendix 6, Table 26), though only one study was for COX-2 inhibitors. The pairwise odds ratios and the 95% CrI are reported in Table 36. There was no statistically significant difference between intervention and control for any of the comparisons (i.e. the CrI for all the comparisons crossed the line of no difference, 1.0). The size of the OR varied for different comparisons. Paracetamol, NSAIDs and COX-2 inhibitors performed better than placebo with NSAIDs performing the best. Reduction in respiratory depression was greatest with NSAIDs, but the probability of it being the best was very low at 43% (Table 37).

In total, 30 trial arms were included in the analysis, of which 14 had at least one outcome. The residual deviance (16.01) was similar to the number of arms that had at least one event, which indicates a good model fit.

A complete network for the four classes of drugs was formed for urinary retention, which consisted of 14 trials (see Appendix 6, *Table 27*). The pairwise odds ratios and the 95% CrI are reported in *Table 38*. There was no statistically significant difference between intervention and control for any of the comparisons. Reduction in urinary retention was greatest with COX-2 inhibitors, but the probability of being the most effective, 61%, was low indicating a great overlap of the CrIs (*Table 39*).

#### TABLE 36 Respiratory depression (pairwise comparisons)

Comparison	Pairwise OR and 95% Crl	
Paracetamol vs placebo	0.50 (0.08 to 2.59)	
NSAID vs placebo	0.38 (0.08 to 1.12)	
COX-2 vs placebo	0.63 (0.04 to 8.25)	
NSAID vs paracetamol	0.75 (0.08 to 5.91)	
COX-2 vs paracetamol	1.25 (0.05 to 30.11)	
COX-2 vs NSAID	1.64 (0.09 to 35.52)	
The first treatment in the first column is the		

intervention and the second is the control. An OR less than I indicates that the intervention has performed better than the control.

**TABLE 37** Respiratory depression (probability of being the best treatment)

Treatment (no. of studies)	p best (%)	
Placebo (14)	0	
Paracetamol (6)	28	
NSAID (9)	43	
COX-2 (I)	29	

14 arms;<sup>a</sup> residual deviance 16.01.

a Refers to the number of arms with at least one event. The second column shows the probability (p) that each treatment is the most effective one.

In total 29 arms were included in the analysis, of which 20 had at least one event. The residual deviance (19.96) was similar to the number of arms that had at least one event, which indicates a good model fit.

A complete network for the four classes of drugs was formed for pruritus, which consisted of 22 trials (see Appendix 6, *Table 28*). The pairwise odds ratios and the 95% CrI are reported in *Table 40*. Paracetamol and NSAIDs both performed better than placebo for this outcome, and this was statistically significant for both. COX-2 inhibitors also performed better than placebo, though this was not statistically significant. Reduction in pruritus was greatest with paracetamol. The probability that it was the most effective, 73%, was less than 95% because of the overlapping CrIs (*Table 41*).

In total, 45 trial arms were included in the analysis, of which 42 had at least one outcome event. The

#### TABLE 38 Urinary retention (pairwise comparisons)

Comparison	Pairwise OR and 95% Crl
Paracetamol vs placebo	0.81 (0.16 to 4.11)
NSAID vs placebo	0.97 (0.30 to 3.34)
COX-2 vs placebo	0.50 (0.14 to 2.21)
NSAID vs paracetamol	1.20 (0.19 to 7.58)
COX-2 vs paracetamol	0.62 (0.08 to 5.54)
COX-2 vs NSAID	0.52 (0.09 to 3.45)

The first treatment in the first column is the intervention and the second is the control. An OR less than I indicates that the intervention has performed better than the control.

### **TABLE 39** Urinary retention (probability of being the best treatment)

Treatment (no. of studies)	p best (%)
Placebo (14)	3
Paracetamol (5)	25
NSAID (6)	H
COX-2 (4)	61

20 arms;<sup>a</sup> residual deviance 29.96.

a Refers to the number of arms with at least one event. The second column shows the probability (p) that each treatment is the most effective one

residual deviance was similar to the number of arms that had at least one event, which indicates a good model fit.

COX-2 inhibitors were missing from the network for bowel dysfunction. A network was formed for placebo, paracetamol and NSAID, which consisted of four trials (see Appendix 6, *Table 30*). The pairwise odds ratios and the 95% CrI are reported in *Table 42*. Paracetamol performed slightly better than placebo, and NSAIDs performed more poorly than placebo for this outcome, though neither comparison was statistically significant (see *Table 42*). Paracetamol had the greatest treatment effect estimate, but the probability that it was the most effect was low, 58%, because of considerable overlap in the CrIs (*Table 43*).

In total eight arms were included in the analysis, of which six had at least one event. The residual deviance (8.163) was similar to the number of arms that had at least one event, which indicates a good

#### TABLE 40 Pruritus (pairwise comparisons)

Comparison	Pairwise OR and 95% Crl	
Paracetamol vs placebo	0.45 (0.22 to 0.82)	
NSAID vs placebo	0.64 (0.40 to 0.94)	
COX-2 vs placebo	0.64 (0.34 to 1.09)	
NSAID vs paracetamol	1.56 (0.71 to 2.92)	
COX-2 vs paracetamol	1.58 (0.60 to 3.42)	
COX-2 vs NSAID	1.05 (0.48 to 2.04)	
The first treatment in the first column is the intervention and the second is the control. An OR less than 1 indicates that the intervention has performed		

**TABLE 41** Pruritus (probability of being the best treatment)

Treatment (no. of studies)	p best (%)
Placebo (21)	0
Paracetamol (5)	73
NSAID (12)	9
COX-2 (7)	17

42 arms;<sup>a</sup> residual deviance 44.21.

better than the control.

a refers to the number of arms with at least one event. The second column shows the probability (p) that each treatment is the most effective one.

TABLE 42	Bowel dysfunction	(bairwise	combarisons	)
IADLL TE	Dower dysjunction	(puil wise	compansons	,

Comparison	Pairwise OR and 95% Crl	
Paracetamol vs placebo	0.75 (0.05 to 11.01)	
NSAID vs placebo	1.89 (0.35 to 33.83)	
NSAID vs paracetamol	2.48 (0.14 to 158.20)	
The first treatment in the first column is the intervention and the second is the control. An OR less		

than I indicates that the intervention has performed better than the control.

model fit. However, the analysis was based on a small number of studies (n = 4), only one of which was paracetamol and none were available for COX-2 inhibitors.

A complete network for the four classes of drugs was formed for dizziness, which consisted of 22 trials (see *Table 29*). The pairwise odds ratios and the 95% CrI are reported in *Table 44*.

### **TABLE 43** Bowel dysfunction (probability of being the best treatment)

Treatment (no. of studies)	p best (%)
Placebo (4)	30
Paracetamol (I)	58
NSAID (3)	13
COX-2 (0)	
6 arms; <sup>a</sup> residual devian a Refers to the numbe The second column sho	ce 8.163. r of arms with at least one event. ows the probability (þ) that each

treatment is the most effective one.

#### TABLE 44 Dizziness (pairwise comparisons)

Comparison	Pairwise OR and 95% Crl
Paracetamol vs placebo	1.17 (0.08 to 4.98)
NSAID vs placebo	1.01 (0.51 to 1.77)
COX-2 vs placebo	0.57 (0.19 to 1.33)
NSAID vs paracetamol	2.77 (0.17 to 12.71)
COX-2 vs paracetamol	1.61 (0.08 to 7.54)
COX-2 vs NSAID	0.62 (0.17 to 1.68)
The first treatment in the fir and the second is the contro	rst column is the intervention ol. An OR less than I

and the second is the control. An OR less than I indicates that the intervention has performed better than the control.

**TABLE 45** Dizziness (probability of being the best treatment)

Treatment (no. of studies)	p best (%)	
Placebo (12)	I	
Paracetamol (I)	38	
NSAID (8)	5	
COX-2 (3)	56	

21 arms;<sup>a</sup> residual deviance 22.41.

a Refers to the number of arms with at least one event. The second column shows the probability (p) that each treatment is the most effective one.

There was no statistically significant difference between intervention and control for any of the comparisons though there was a trend towards COX-2 inhibitors performing better than placebo and NSAIDs in reducing morphine-related dizziness, but more poorly than paracetamol. Reduction in dizziness was greatest with COX-2 inhibitors, but the probability of them being the most effective class was low, at 56%, because of considerable overlap in the CrIs (*Table 45*).

In total 24 arms were included in the analysis, of which 21 had at least one event. The residual

deviance (22.41) was similar to the number of arms that had at least one event, which indicates a good model fit. However, the network was made up of predominantly NSAID and placebo treatment arms; there was only one paracetamol treatment arm and two of COX-2 inhibitors.

### Appendix 9

Data extraction

Study	Interventic	on A			Interventic	on B			Interventic	n C		
Alexander 2002 <sup>80</sup>	Preoperative Diclofenac 75 mg i.v.	λ <sub>i</sub>			Preoperative Ketorolac 60 mg i.v.	y!s			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	36		36.3ª	16.9 <sup>b</sup>	31		47.2ª	34.9 <sup>b</sup>	32		51.6 <sup>ª</sup>	22.2 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea												
PONV	36	6			31	8			32	19		
Pruritus	36	m			31	4			32	=		
Respiratory depression												
Sedation												
Urinary retention												
Vomiting												
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thi	opental; maint	cenance: isoflu	rane; intraope	erative opioid	analgesia use	d: yes					
Study	Intervention <b>A</b>				Intervention <b>B</b>							
--	---	--	------------------------	------------------------	---	--	------------------------	------------------				
Alhashemi 2006 <sup>64</sup>	Preoperatively Paracetamol 1 g (100 ml) infusi each repeated eve i.v.	on over 15 min and 1 ery 6h for 48h	placebo tablet 30 mi	n before surgery,	Preoperatively Ibuprofen 400-mg tablet and r surgery, each repea Oral	normal saline 100 ml ted every 6h for 48h	infused over 15 min	30 min before				
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range				
OUTCOME												
24-h morphine consumption (mg)	22		<b>65</b> ª	30 <sup>b</sup>	23		<b>58</b> <sup>a</sup>	25 <sup>b</sup>				
Bowel dysfunction												
Dizziness												
Nausea	22	12			23	8						
PONV												
Pruritus	22	01			23	19						
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	22	4			23	_						
Anaesthetic regimen: a Mean b Standard deviation	induction: bupivaca	ine; maintenance: bup	oivacaine; intraoperat	ive opioid analgesia ı	rsed: yes							

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Argyriadou 2007 <sup>sa</sup>	Postoperatively Parecoxib 30 min and 12 h i.v. <b>Number</b> analysed	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg) Bowel dysfunction	NA		10.6 <sup>a</sup>	3.4 <sup>b</sup>	AN		13.9ª	4.72 <sup>b</sup>
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
Anaesthetic regimen: NA, data not available a Mean b Standard deviation	induction: unclear; m	aintenance: unclear;	intraoperative opioi	d analgesia used: unc	lear			

Study	Interventi	on A			Interventio	on B			Interventio	u C		
Balestrieri   997 <sup>81</sup>	Postoperati Ketorolac Postoperati and 18h	vely vely: 60 mg on	awakening, 30	1 mg 6, 12	Intraoperati Ketorolac 60 mg 30 mii 18 h post-aw	vely 1 before end : akening	surgery, 30 mg	6, 12 and	Placebo			
	i.v. Number analvsed	Number of events	Mean or median	SD/IQR/	i.v. Number	Number	Mean or median	SD/IQR/	Number	Number	Mean or median	SD/IQR/
OUTCOME				0				0				0
24-h morphine consumption (mg)	68		46.6 <sup>a</sup>	27.7 <sup>b</sup>	65		41.3ª	19.9 <sup>b</sup>	66		58.1 <sup>a</sup>	24.9 <sup>b</sup>
Bowel dysfunction	83	0			83	2			82	0		
Dizziness	83	8			83	6			82	ε		
Nausea	83	56			83	54			82	64		
PONV												
Prunitus	83	01			83	12			82	01		
Respiratory depression	83	2			83	ĸ			82	с		
Sedation	83	m			83	7			82	15		
Urinary retention												
Vomiting	83	16			83	17			82	22		
Anaesthetic regimen: a Mean b Standard deviation	induction: th	ipental; mainte	enance: is of lur	ane; intraope	rative opioid a	ınalgesia used	:yes					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Blackburn 1995 <sup>82</sup>	Postoperatively Ketorolac 100 mg/h for first i.v.	15 min then 4 mg/h fo	or 23h 45 min		Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	30		<b>43</b> ª	17 <sup>6</sup>	29		<b>55</b> <sup>a</sup>	22 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea	30	61			29	18		
PONV								
Pruritus								
Respiratory depression	30	10			29	15		
Sedation								
Urinary retention								
Vomiting	30	=			29	Ξ		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol	; maintenance: enflur:	ane; intraoperative oj	oioid analgesia used:	kes			

Study	Interventio	on A			Interventio	n B			Interventic	on C		
Burns 1991 <sup>83</sup>	Postoperativ Ketorolac Continuous 2.5 mg/h for injections of i.m.	∕ely infusion of 12 remainder of `saline every ∠	5mg/h for 30 study and int f h	min and ermittent	Postoperativ Ketorolac 10 mg every i.m.	ely 4 h and contin	uous infusion	of saline	Placebo			
	Number analysed	Number of events	Mean or Median	SD/IQR/ range	Number analysed	Number of events	Mean or Median	SD/IQR/ range	Number analysed	Number of events	Mean or Median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	61		48ª	25–137 <sup>5</sup>	23		<b>74</b> ª	22–130 <sup>5</sup>	21		95ª	22–I 98 <sup>b</sup>
<b>Bowel dysfunction</b>												
Dizziness												
Nausea												
PONV	61	с			23	5			21	4		
Pruritus												
Respiratory depression												
Sedation												
Urinary retention	61	e			23	_			21	2		
Vomiting												
<b>Anaesthetic regimen:</b> a Median b Range	induction: thi	opental; maint	enance: enflu	ane; intraope	rative opioid	analgesia used	: yes					

Study	Intervention A				Intervention <b>B</b>			
Cakan 2008 <sup>111</sup>	Intraoperatively Paracetamol I g (10 mg/ml) infu intervals for 24h i.v. <b>Number</b> analysed	ised over 15 min dur Number of events	ing wound closure and Mean or median	d at 6-hourly <b>SD/IQR/</b> range	Placebo <b>Number</b> analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg) Bowel dysfunction	20		11.25 <sup>a</sup>	8.42 <sup>b</sup>	20		12.45ª	7.02 <sup>b</sup>
Dizziness	20	Э			20	4		
Nausea	20	12			20	17		
PONV								
Pruritus								
Respiratory depression	20	0			20	0		
Sedation	20	4			20	0		
Urinary retention	20	0			20	0		
Vomiting	20	7			20	14		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopent	al; maintenance: sevc	flurane; intraoperative	e opioid analgesia us	ed: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Cassinelli 2008 <sup>84</sup>	Postoperatively Ketorolac				Placebo			
	<ol> <li>Patient age &gt; 65</li> <li>i.v.</li> </ol>	i: I5mg at 0, 6, I2h;	(2) patient age ≤65:	30 mg at 0, 6, 12 h				
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	13		œ	<b>7.5</b> <sup>b</sup>	12		22. I <sup>a</sup>	18p
Bowel dysfunction	13	_			12	0		
Dizziness	13	0			12	0		
Nausea								
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention	13	0			12	0		
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: unclear; m	naintenance: sevoflu	rane; intraoperative	opioid analgesia used	yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Celik 2003 <sup>85</sup>	Preoperatively Naproxen 550 mg once Oral <b>Number</b> analysed	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	20		<b>63</b> <sup>a</sup>	<b>6</b> <sup>b</sup>	20		<b>93</b> ª	<b>6</b> <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV	20	0			20	4		
Pruritus	20	0			20	3		
Respiratory depression								
Sedation	20	0			20	0		
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopental	; maintenance: sevof	lurane; intraoperative	opioid analgesia us	ed: yes			

Study	Interventio	n A			Interventic	n B			Interventio	U U		
Chau-in 2008 <sup>66</sup>	Preoperative Etoricoxib 120 mg once Oral	<u>&gt;</u>			Preoperative Etoricoxib 180 mg once Oral	λ <sub>Γ</sub>			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	17		26.4ª	11.2 <sup>b</sup>	17		27.2ª	9.9 <sup>b</sup>	15		36.6ª	8.9 <sup>b</sup>
<b>Bowel dysfunction</b>												
Dizziness	17	ъ			17	4			15	7		
Nausea												
PONV	17	m			17	2			15	4		
Pruritus												
Respiratory depression												
Sedation	17	7			17	7			15	01		
Urinary retention												
Vomiting												
Anaesthetic regimen: a Mean b Standard deviation	induction: pro	pofol; mainte	nance: isoflura	ne; intraoper	ative opioid a	nalgesia used:	sex					

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Study	Intervention <b>A</b>				Intervention <b>B</b>			
Cheng 200467	Preoperatively Celecoxib 200 mg once Oral <b>Number</b> I	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	30		12.6ª	<b>6.5</b> <sup>b</sup>	29		17.4ª	8.8°
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopental;	maintenance: isoflu	rane; intraoperative c	ppioid analgesia used	:yes			

Study	Interventic	n A			Interventio	on B			Interventio	n C		
Соbby 1999 <sup>61</sup>	Postoperativ Paracetamol 1.3 g at 0, 8 a Rectal <b>Number</b> analysed	ely and 16h Number of events	Mean or median	SD/IQR/ range	Postoperativ Diclofenac 50 mg at 0, 8 Rectal <b>Number</b> analysed	ely and 16h Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	24		35ª	20.4 <sup>b</sup>	20		32.7ª	27.4 <sup>b</sup>	21		54.9ª	28.3 <sup>b</sup>
<b>Bowel dysfunction</b>												
Dizziness												
Nausea												
PONV												
Pruritus												
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	24	5			20	2			21	e		
Anaesthetic regimen: a Mean b Standard deviation	induction: pro	opofol; mainte	nance: isoflura	ne; intraoper:	ative opioid a	nalgesia used:	yes					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Colquhoun 1989 <sup>66</sup>	Postoperatively Diclofenac 100-mg single dose Rectal <b>Number</b> analysed	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg) Bowel dysfunction	15		44.6 <sup>a</sup>	20.7 <sup>b</sup>	15		<b>44.8</b> <sup>a</sup>	24 <sup>5</sup>
Dizziness								
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation c Anaesthesia was maint	induction: thiopental ained using unspecifi	; maintenance: inhal ed inhaled anestheti	ation; <sup>c</sup> intraoperative ic	opioid analgesia use	d: yes			

		. O	0			
		SD/ IQR/ rang(	20.7 <sup>t</sup>			
		Mean or median	24.3ª			
tion D	ively n	No. of events		7	-	
Interven	Preoperat Tenoxican 40 mg i.m.	No. analysed	15	2	15	
		SD/ IQR/ range	II.3 <sup>b</sup>			
		Mean or median	21.7ª			
tion C	ively	No. of events		4	4	
Interven <sup>(</sup>	Preoperati Tenoxicam 40 mg i.v.	No. analysed	15	2	15	sed: yes
		SD/ IQR/ range	١5			nalgesia u
		Mean or median	24.6ª			ve opioid a
ion B	vely	No. of events		-	-	raoperati
Intervent	Preoperati Piroxicam 40 mg i.m.	No. analysed	15	5	5	propofol; int
		SD/ IQR/ range	20.3 <sup>b</sup>			itenance:
		Mean or median	36.5ª			opofol; mair
ion A		No. of events		Ŋ	o	uction: pr
Intervent	Placebo	No. analysed	15	2	5	e <b>gimen:</b> indu ation
Study	De Decker 2001 <sup>87</sup>		OUTCOME 24-h morphine consumption (mg)	Bowel dysfunction Dizziness Nausea PONV Pruritus Respiratory depression	Sedation Urinary retention Vomiting	<b>Anaesthetic r</b> a Mean b Standard devi

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Delbos 1995 <sup>16</sup>	Postoperatively Propacetamol 2g every 6h (dext i.v. <b>Number</b>	rose 5%, 125 ml in 15 <b>Number of</b>	imin) Mean or	sd/iQR/	Placebo <b>N</b> umber	Number of	Mean or	SD/IQR/
	analysed	events	median	range	analysed	events	median	range
OUTCOME								
24-h morphine consumption (mg)	30		<b>34.5</b> ª	12.7 <sup>b</sup>	30		<b>4</b> 3.1 <sup>a</sup>	I 5.9 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression Sedation	30	_			30	_		
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol	; maintenance: enflur	ane; intraoperative op	oioid analgesia used:)	es			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Durmus 2003 <sup>68</sup>	Preoperatively Celecoxib 200 mg once Oral <b>Number</b> analysed	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	20		25.6 <sup>a</sup>	5.92 <sup>b</sup>	20		<b>34.9</b> ª	10.35 <sup>b</sup>
bowei dystunction Dizziness								
Nausea								
PONV	20	З			20	4		
Pruritus	20	_			20	3		
Respiratory depression Sedation								
Urinary retention Vomiting	20	_			20	0		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopental	; maintenance: isoflu	rane; intraoperative o	opioid analgesia usec	i: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
El-Halafawy 2004 <sup>69</sup>	Postoperatively Parecoxib 40 mg at 0, 12, 24, i.v.	, 36, 48, 60, 72 h			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	30		<b>25.5</b> <sup>a</sup>	8.3 <sup>b</sup>	30		<b>35.5</b> ª	12.6 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea	30	e			30	4		
PONV								
Pruritus	30	0			30	_		
Respiratory depression								
Sedation	30	0			30	_		
Urinary retention								
Vomiting	30	2			30	m		
Anaesthetic regimen: a Mean b Standard deviation	: induction: propofe	ol; maintenance: sevof	flurane; intraoperativ	e opioid analgesia use	:d: yes			

Study	Intervention A				Intervention <b>B</b>			
Etches 1995 <sup>88</sup>	Postoperatively				Placebo			
	Ketorolac							
	30-mg bolus over	I 5–30 s then 5 mg/h	for 24h					
	i.v.							
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	79		<b>39.6</b> <sup>a</sup>	26.7 <sup>5</sup>	78		<b>64.2</b> <sup>a</sup>	38.6 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea	79	48			78	45		
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention	79	16			78	22		
Vomiting	79	22			78	22		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopent	al; maintenance: isofl	lurane; intraoperativ	e opioid analgesia use	i: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Fayaz 2004 <sup>110</sup>	Postoperatively Diclofenac 100-mg suppository Rectal	· 2 h and 18 h after s	urgery		Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	17		27ª	12 <sup>b</sup>	20		<b>37</b> ª	١S <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea								
PONV	17	8			20	37		
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: etomidate;	i maintenance: isoflu	rane; intraoperative c	ppioid analgesia usec	: yes			

Study	Interventio	on A			Interventio	on B			Interventio	n C		
Fletcher 1997 <sup>62</sup>	Placebo				Intraoperati Propacetamo 2 g at skin cl i.v.	vely ol osure and rep	eated every (	śh for 48 h	Intraoperativ Ketoprofen 50 mg at skin 48 h i.v.	ely closure and	repeated ever	y 6h for
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	15		32.9ª	25.2 <sup>b</sup>	15		28ª	20.3 <sup>b</sup>	15		25.7ª	م 12
<b>Bowel dysfunction</b>												
Dizziness												
Nausea												
PONV	15	ŝ			15	4			15	4		
Pruritus												
Respiratory depression	15	_			15	0			15	0		
Sedation	15	2			15	4			15	0		
Urinary retention	15	m			15	4			15	m		
Vomiting												
<b>Anaesthetic regimen</b> a Mean b Standard deviation	: induction: th	iopental; main	cenance: isoflu	irane; intraop	erative opioic	l analgesia use	d: yes					

Study	Interventio	on A			Interventio	n B			Interventio	n C		
Fong 2008 <sup>70</sup>	Preoperative Celecoxib	ely in hefore and	octhocia and n	araho A	Postoperativ Celecoxib Placebo table	ely 4 30 min hefo	ra anactheci	Pac	Placebo			
	tablet after v Oral	wound closury	פ פ		400 mg after Oral	wound closur	e e					
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	20		I 3 <sup>a</sup>	<b>6.</b> 2 <sup>b</sup>	20		12 <sup>a</sup>	5.4 <sup>6</sup>	20		27ª	7.2 <sup>b</sup>
<b>Bowel dysfunction</b>												
Dizziness												
Nausea												
PONV	20	ß			20	2			20	7		
Pruritus	20	0			20	=			20	13		
Respiratory depression												
Sedation	20	m			20	4			20	9		
Urinary retention	20	4			20	ъ			20	7		
Vomiting												
Anaesthetic regimen: a Mean b Standard deviation	induction: un	clear; mainten	ance: unclear; i	intraoperative	e opioid analg	esia used: unc	lear					

Study	Interventic	on A			Interventio	n B			Interventio	n C		
Gillies 1987 <sup>90</sup>	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range	Postoperativ Ketorolac 8 times main 1.5 mg/h for i i.m. <b>Number</b> analysed	ely tenance dose rest of 24-h p <b>Number</b> of events	for first 30m eriod Mean or median	in, then SD/IQR/ range	Postoperativ Ketorolac 8 times main 3 mg/h for re i.m. <b>Number</b> analysed	ely tenance dose st of 24-h per <b>Number</b> of events	for first 30m riod Mean or median	in, then SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg) Bowel dysfunction	8		<b>78</b> ª	38.18 <sup>5</sup>	20		<b>53</b> <sup>a</sup>	31.3 <sup>b</sup>	61		55 <sup>a</sup>	30.51 <sup>b</sup>
Dizziness												
Nausea												
PONV												
Pruritus												
Respiratory depression	81	2			20	0			61	_		
Sedation	81	2			20	0			61	_		
Urinary retention												
Vomiting												
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thi	opental; maint	enance: enflur	ane; intraope	rative opioid a	analgesia used	: yes					

Study	Interventi	on A			Interventio	on B			Interventio	u C		
Hanna 2003 <sup>%</sup>	Postoperati Dexketopro 50 mg at 0 a i.m. Number analysed	vely ofen nd 12h Number of events	Mean or median	SD/IQR/ range	Postoperativ Ketoprofen 100 mg at 0 i.m. <b>Number analysed</b>	ely and 12 h <b>Number</b> of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME 24-h morphine consumption (mg) Bowel dysfunction Dizziness Nausea PONV Pruritus Respiratory depression Sedation Urinary retention Vomiting											64.83ª	
Anaesthetic regimen: a Mean morphine consu	induction: pr mption. The :	opofol; mainte study authors	nance: isoflur did not respo	ane; intraoper nd to request	ative opioid a s to confirm	nalgesia used: further data r	yes egarding mor	phine consum	ption and mo	rphine-related	d adverse effe	ects

Study	Interventi	on A			Interventio	n B			Interventio	U U		
Hegazy 2003 <sup>60</sup>	Unclear Parecoxib 40 mg every i.v. <b>Number</b> analysed	6h Number of events	Mean or median	SD/IQR/ range	Unclear Ketorolac 30 mg every i.v. <b>Number</b> analysed	6h Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	15		<b>35.2</b> <sup>a</sup>	8.3 <sup>b</sup>	15		36.6ª	<b>6</b> Þ	15		<b>55.</b> 1 <sup>a</sup>	12 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea												
PONV												
Pruritus												
Respiratory depression												
Sedation												
Urinary retention												
Vomiting												
<b>Anaesthetic regimen</b> a Mean b Standard deviation	: induction: un	clear; mainter	iance: unclear;	intraoperativ	e opioid analg	esia used: unc	lear					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Hernandez-Palazon 2001'' <sup>12</sup>	Intraoperatively Propacetamol 2g every 6h for 72 i.v.	ء			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	21		26ª	12.2 <sup>b</sup>	21		<b>43.3</b> ª	15.3 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV	21	6			21	=		
Pruritus	21	З			21	5		
Respiratory depression	21	0			21	0		
		(				1		
Urinary retention	21	2			21	S		
Vomiting								
Anaesthetic regimen: a Mean b Standard deviation	induction: thiopenta	l; maintenance: isoflu	rane; intraoperative o	pioid analgesia usec	: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Hodsman 1987 <sup>92</sup>	Postoperatively Diclofenac 75 mg/12h i.m. Number analysed	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg) Bowel dysfunction Dizziness Nausea PONV Pruritus Respiratory depression Sedation Urinary retention Vomiting	Ē		33 S	22.27 <sup>b</sup>	Ē		59a	27.84 <sup>b</sup>
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopental;	maintenance: enflu	rane; intraoperative o	opioid analgesia used	: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Hsu 2003 <sup>33</sup>	Intraoperatively Tenoxicam 20 mg in 4 ml solu i.v.	ltion			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	45		20.9ª	14.9 <sup>b</sup>	48		<b>30.8</b> ª	<b>19.4</b> <sup>b</sup>
bowei dysiunction								
Dizziness	45	13			48	4		
Nausea	45	17			48	18		
PONV								
Pruritus	45	15			48	23		
Respiratory depression Sedation	45	0			48	0		
Urinary retention								
Vomiting	45	Ŋ			48	=		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: bupivac	aine; maintenance: buj	pivacaine; intraoperat	ive opioid analgesia u	ısed: unclear			

Study	Interventio	n A			Interventio	on B			Interventic	on C		
Hubbard 2003 <sup>71</sup>	Placebo				Postoperativ Parecoxib 20 mg at con 36 h i.v.	ely npletion of su	rgery and eve	ıry 12h for	Postoperativ Parecoxib 40 mg at cor 36 h i.v.	ely npletion of su	rgery and eve	ry 12h for
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	63		43.5ª	18.7 <sup>b</sup>	61		36.7ª	16.9 <sup>b</sup>	65		31.4ª	18.3 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea	63	22			65	18			67	31		
PONV												
Pruritus												
Respiratory depression												
Sedation												
Urinary retention	63	5			65	_			67	2		
Vomiting	63	12			65	4			67	61		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: bup	oivacaine; maii	tenance: uncl	ear; intraope	ative opioid a	analgesia used	о 					

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Study	Intervention A				Intervention <b>B</b>			
Inan 2007 <sup>94</sup>	Preoperatively Lornoxicam 16 mg 15 min befo covered with blac i. v. <b>Number</b>	ore surgery and 8 mg k paper <b>Number of</b>	12 and 24h after surg Mean or	ery. Syringe SD/IQR/	Placebo <b>Number</b>	Number of	Mean or	SD/IQR/
OUTCOME	allal				aliarysed			202
24-h morphine consumption (mg) Rowel dvsfincrion	20		<b>5.4</b> <sup>a</sup>	4.3 <sup>b</sup>	20		8.55 <sup>a</sup>	5.18 <sup>b</sup>
Dizziness								
Nausea	20	£			20	6		
PONV								
Pruritus	20	_			20	3		
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> i a Mean b Standard deviation	induction: thiopent	al; maintenance: sevof	ilurane; intraoperative	: opioid analgesia us	ed: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Jirarattanaphochai 2008 <sup>72</sup>	Preoperatively Parecoxib 40 mg (2 ml) 30 min surger y i.v. <b>Number</b> analysed	i before surgery and Number of events	then 40 mg every 12 Mean or median	h for 48h after SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
24-h morphine 24-h morphine consumption (mg) Bowel dysfunction	60		<b>28</b> ª	<b>ا.4.</b> ا <sup>ه</sup>	60		<b>45.2</b> <sup>a</sup>	21 <sup>b</sup>
Dizziness Nausea DONV	C	<u>-</u>			Ş	ç		
Pruritus Respiratory depression	00 90	2 12			09 09	20 3		
Sedation Urinary retention Vomiting	60	45			60	44		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol;	maintenance: isoflur	ane; intraoperative o	pioid analgesia used	yes			

Study	Interventio	on A			Interventio	n B			Interventio	n C		
Karaman 2006 <sup>95</sup>	Preoperative Lornoxicam 8 mg once i.m.	Ą			Preoperative Ketoprofen 100 mg once i.m.	<u>Å</u>			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	20		22.9ª	3.4 <sup>5</sup>	20		23.1 <sup>ª</sup>	3.5 <sup>b</sup>	20		29.7ª	3.8 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea	20	9			20	S			20	6		
PONV												
Pruritus												
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	20	2			20	_			20	3		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: pro	spofol; mainte	nance: sevoflu	rane; intraope	erative opioid	analgesia use	d: yes					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Kvalsvik 2003 <sup>113</sup>	Placebo				Postoperatively Paracetamol 10 × 1-g suppositori Recral	es over 60h and 5 ir	n first 24 h	
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	30		<b>21.</b> 1 <sup>a</sup>	qH	30		16.8ª	8.4 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV	40	12			38	=		
Pruritus	40	13			38	8		
Respiratory depression	40	7			38	4		
Sedation								
Urinary retention								
Vomiting								
Anaesthetic regimen: a Mean b Standard deviation	induction: thiopental	; maintenance: enflur	ane; intraoperative o	pioid analgesia used	yes			

Study	Interventio	on A			Interventio	on B			Interventio	u C		
Lee 2008 <sup>79</sup>	Preoperative Parecoxib 40 mg once i.v.	yle			Postoperativ Parecoxib 40 mg once i.v.	vely			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	8		82.4ª	¢0.3♭	20		65.6 <sup>ª</sup>	59 <sup>6</sup>	8		141.5ª	74.9 <sup>5</sup>
<b>Bowel dysfunction</b>												
Dizziness	20	m			20	4			20	6		
Nausea												
PONV	20	10			20	=			20	5		
Pruritus	20	_			20	_			20	_		
Respiratory depression												
Sedation												
Urinary retention												
Vomiting												
Anaesthetic regimen: a Mean b Standard deviation	induction: thi	opental; main <sup>.</sup>	tenance: isoflu	rane; intraopé	erative opioid	analgesia use	d: yes					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Mack 2001**	Unclear Ketorolac I cc (30 mg) over '	4 min			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	0		17.4ª	12.7 <sup>b</sup>	10		14.9ª	15.1 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea	0	_			01	e		
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol	; maintenance: isoflur	ane; intraoperative (	opioid analgesia used:	yes			

Study	Interventio	on A			Interventic	on B			Interventic	on C		
Malan 2003 <sup>73</sup>	Placebo				Postoperativ Parecoxib 20 mg at 0, 1 i.v.	/ely 2 and 24 h			Postoperativ Parecoxib 40 mg at 0, 1 i.v.	ely 2 and 24 h		
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	65		57.5 <sup>a</sup>	31.83 <sup>b</sup>	61		<b>45</b> <sup>a</sup>	29.91 <sup>b</sup>	55		<b>35.2</b> <sup>a</sup>	40.71 <sup>b</sup>
bowel dystunction												
Dizziness	70	4			67	2			64	m		
Nausea	70	32			67	26			64	25		
PONV												
Pruritus	70	8			67	m			64	6		
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	70	=			67	13			64	3		
Anaesthetic regimen: a Mean b Standard deviation	induction: und	clear; mainten	ance: unclear;	intraoperativ	e opioid analg	gesia used: unc	lear					

Study	Interventio	n A			Interventio	n B			Interventio	u C		
Martinez 2007 <sup>74</sup>	Placebo				Intraoperativ Parecoxib 40 mg at indu i.v.	ely uction, and the	en at I2h afte	r induction	Postoperative Parecoxib 40 mg at wou induction i.v.	ely ind closure, ar	nd then at 12	h after
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	21		47ª	27 <sup>b</sup>	22		26 <sup>a</sup>	12 <sup>b</sup>	61		25 <sup>a</sup>	I3 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea												
PONV	21	5			22	9			61	6		
Pruritus												
Respiratory depression												
Sedation	21	7			22	ß			61	4		
Urinary retention	21	2			22	m			61	2		
Vomiting												
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: pro	pofol; mainte	nance: sevoflu	ane; intraope	erative opioid	analgesia useo	d: yes					

Study	Interventic	on A			Interventio	on B			Interventic	on C		
Moodie 2008%	Postoperati Ketorolac 10 mg at 0h, Other (intra	vely , and then 8, I anasal)	6, 24, 32, 40h		Postoperati Ketorolac 30 mg at 0h, Other (intra	/ely and then 8, I inasal)	6, 24, 32, 40 h		Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	<b>N</b> umber analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	4		54.3ª	40.98 <sup>b</sup>	4		<b>37.8</b> ª	32.02 <sup>b</sup>	4		<b>56.5</b> <sup>a</sup>	30.73 <sup>5</sup>
<b>Bowel dysfunction</b>	43	8			42	=			42	01		
Dizziness	43	7			42	6			42	2		
Nausea	43	25			42	61			42	20		
PONV												
Pruritus	43	8			42	4			42	01		
Respiratory depression												
Sedation	43	6			42	_			42	Ŋ		
Urinary retention												
Vomiting	43	12			42	12			42	=		
<b>Anaesthetic regimen</b> a Mean b Standard deviation	: induction: un	clear; mainter	iance: unclear;	intraoperativ	re opioid anal	gesia used: ye	6					
Study	Intervention A				Intervention <b>B</b>							
--	--------------------------------	------------------------	------------------------	-------------------------	-------------------------------	-----------------------	---------------------------	-------------------				
Munishankar 2008 <sup>65</sup>	Postoperatively Paracetamol				Postoperatively Diclofenac							
	l g at 0h (rectal), a Oral	ınd then I g at 6, I2,	18, 24h (oral)		100 mg at 0h (recta Oral	ıl), and then 50 mg a	t 8, 16, 24h (oral)					
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range				
OUTCOME												
24-h morphine consumption (mg)	24		54.5ª	28.5 <sup>b</sup>	25		<b>44.</b>   <sup>a</sup>	24.4 <sup>b</sup>				
<b>Bowel dysfunction</b>												
Dizziness												
Nausea												
PONV	26	=			26	01						
Pruritus												
Respiratory depression												
Sedation												
Urinary retention												
Vomiting												
Anaesthetic regimen: a Mean b Standard deviation	induction: bupivacai	ine; maintenance: bul	oivacaine; intra opera	cive opioid analgesia i	lsed: yes							

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Munro 1998° <sup>7</sup>	Postoperatively Tenoxicam 40 mg i.v.				Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	18		17.4ª	۱5.5 <sup>6</sup>	61		30.9ª	22.6 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea	18	5			19	7		
PONV								
Pruritus								
Respiratory depression	18	0			19	0		
Sedation	18	0			19	0		
Urinary retention								
Vomiting	18	12			19	15		
<b>Anaesthetic regimen:</b> a a Mean b Standard deviation	nduction: propofol;	maintenance: inhalati	ion; intraoperative op	ioid analgesia used:;	ves			

Study	Intervention <b>A</b>				Intervention R			
Ng 2002%	Intraoperatively Diclofenac 75 mg at 0, 12, 24, 30 Rectal	6 h			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	8		<b>3</b>   <sup>a</sup>	l 4–65 <sup>b</sup>	16		<b>59</b> <sup>a</sup>	45–85 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
Anaesthetic regimen: a Mean morphine consul b Interquartile range	induction: propofol; r mption. The study au	maintenance: isoflur; ithors did not respo	ane; intraoperative of and to requests to cor	oioid analgesia used: nfirm further data re	yes sgarding morphine co	onsumption and mo	rphine-related adver	rse effects

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Ng 2003 <sup>75</sup>	Placebo				Intraoperatively Parecoxib 40 mg in 2 ml solut i.v.	ņ		
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	17		72ª	27.22 <sup>b</sup>	61		<b>54</b> <sup>a</sup>	23.86 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV								
Prunitus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting	23	0			23	0		
Anaesthetic regimen: a Mean b Standard deviation	induction: propofo	l; maintenance: isoflur	ane; intraoperative	opioid analgesia used	yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Owen 1986**	Preoperatively Ibuprofen 500 mg 60–90 min Rectal	preop. and then eve	y 8h for 24h		Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	29		<b>39.1</b> ª	ا <b>7.</b> ا <sup>ه</sup>	31		<b>48.2</b> <sup>a</sup>	25.I <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea	29	6			31	5		
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting	29	23			31	18		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopent:	al; maintenance: inhal	ation; intraoperative	opioid analgesia use	i: yes			

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Study	Intervention <b>A</b>				Intervention <b>B</b>			
Peduto 1998 <sup>114</sup>	Postoperatively Propacetamol 2g after extubatio i.v.	n, four times at 6-h i	ntervals		Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	42		12.1 <sup>a</sup>	9 <sup>.</sup> 9	47		20.1 <sup>a</sup>	12.8 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea								
PONV	46	e			51	З		
Pruritus								
Respiratory depression								
Sedation								
Urinary retention	46	_			51	0		
Vomiting								
Anaesthetic regimen: a Mean b Standard deviation	: induction: propofol	; maintenance: isoflu	rane; intraoperative .	opioid analgesia used	:yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Perttunen 192 <sup>100</sup>	Postoperatively Diclofenac 400 mg in 0.9% Nac constant rate of 2r i.v. <b>Number</b> analysed	Cl 400ml. Bolus of 2 nl/kg/24h Number of events	5 ml for first I5 min c Mean or median	ontinued at a SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg) Bowel dysfunction	15		32.4ª	25.17 <sup>b</sup>	15		80.4ª	43.37 <sup>b</sup>
Dizziness	15	6			15	4		
Nausea	15	6			15	2		
PONV								
Pruritus								
Respiratory depression								
Sedation	15	6			15	6		
Urinary retention								
Vomiting	15	2			15	_		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopenta	l; maintenance: enflu	ane; intraoperative c	ppioid analgesia used	: yes			

Study	Intervention A				Intervention <b>B</b>			
Plummer 1996 <sup>101</sup>	Preoperatively Ibuprofen Sustained release 2 >	800 mg 7_4 k	44C nicec not her of	after first dose	Placebo			
	Oral							
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	55		<b>32</b> <sup>a</sup>	<b>18</b> b	49		<b>38</b> ª	20 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV	57	0			57	3		
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: unclear; ma	aintenance: enflurar	ıe; intraoperative opi	oid analgesia used: y	8			

Study	Intervention A				Intervention <b>B</b>			
Rao 2000 <sup>102</sup>	Intraoperatively Ketoprofen	o cooperation of the second	)   Teo		Placebo			
	i vumg over i umir i.v.	i at jumin perore e	nd or surgery and ru	Jumg at 12 n				
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	20		<b>33</b> ª	۱6.03 <sup>b</sup>	61		<b>5</b> 1 <sup>a</sup>	23.86 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression	20	0			61	0		
Sedation	20	0			61	_		
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopenta	ıl; maintenance: isofl	urane; intraoperative	e opioid analgesia use	d: yes			

Study	Interventio	on A			Interventic	on B			Interventio	n C		
Ready 1994 <sup>103</sup>	Postoperativ Ketorolac	/ely			Postoperativ Ketorolac	/ely			Placebo			
	30 mg at 0h i.v.	and then 5 m	g/h for 24h		30 mg at 0h i.v.	and then I5r	ng every 3h fi	or 24h				
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	46		<b>33</b> ª	28 <sup>6</sup>	50		<b>3</b> I <sup>a</sup>	<b>18</b> °	45		<b>44</b> <sup>a</sup>	26 <sup>b</sup>
Bowel dysfunction												
Dizziness	<b>66</b>	5			70	с			71	6		
Nausea	<b>66</b>	29			70	36			71	42		
PONV												
Pruritus	66	6			70	13			71	6		
Respiratory depression												
Sedation	<b>66</b>	23			70	31			71	29		
Urinary retention	66	6			70	m			71	0		
Vomiting	66	80			70	9			71	61		
Anaesthetic regimen a Mean b Standard deviation	: induction: un	clear; mainter	ance: unclear;	intraoperativ	e opioid analg	gesia used: un	clear					

Study	Intervent	ion A			Interventi	on B			Intervent	ion C			Interventi	ion D		
Riest 2008 <sup>76</sup>	Preoperati Parecoxib 40 mg 45 m 12 h after s i.v. <b>No.</b>	vely nin before turgery fou No. of	- 72h 72h Mean or median	d every SD/ IQR/	Postoperat Parecoxib Placebo 45 every 12h 6 i.v. <b>No.</b>	ively min befor after surg <b>No. of</b>	e operatior ery for 72h Mean or median	, 40 mg SD/ IQR/	Preoperati Parecoxib 40 mg 45 n every 12 h i.v. <b>No.</b>	ively in before after surg <b>No. of</b>	surgery, pla ery for 72h Mean or median	SD/ IQR/	Placebo No.	No. of events	Mean or median	SD/ IQR/
OUTCOME				)				)				)				)
24-h morphine consumption (mg) Bowel dysfunction Dizziness Nausea PONV Pruritus Respiratory depression Sedation Urinary retention	8		22.8ª	19.2 <sup>b</sup>	8		30. 	23.6 <sup>5</sup>	8		24.9ª	\$ <del>9</del> .	8		<mark>د</mark>	21.8
Anaesthetic re a Mean b Standard devia	sgimen: Indi ation	uction: un	clear; maint	enance: ui	nclear; intrac	perative	opioid anal§	gesia used	: yes							

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Rowe 1992 <sup>104</sup>	Preoperatively Indometacin 75 mg once Oral <b>Number</b> analysed	Number of events	Mean or median	SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	13		36.3ª	23.82 <sup>b</sup>	4		51.6ª	28.1 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: thiopental	; maintenance: isoflu	rane; intraoperative	opioid analgesia use	i: yes			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Schug 1998 <sup>115</sup>	Postoperatively Paracetamol Two 500-mg tablets Oral	s every 4h			Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	25		50.3ª	40.1 <sup>b</sup>	26		59.5 <sup>a</sup>	42.3 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV								
Pruritus								
Respiratory depression								
Sedation	28	0			33	4		
Urinary retention	28	0			33	_		
Vomiting								
Anaesthetic regimen: a Mean b Standard deviation c Anaesthetic was maint	induction: intraveno ained using unspecifi	us;° maintenance: iso ed i.v. anaesthesia	flurane; intraoperative	e opioid analgesia us	sed: yes			

Study	Interventio	on A			Interventio	n B			Interventio	U L		
Sevarino 1992 <sup>105</sup>	Placebo				Postoperativ Ketorolac	ely			Postoperativ Ketorolac	ely		
					30 mg at 0h a i.m.	and then 15 m	ıg every 6h fo	or 24h	60 mg at 0h ; i.m.	and then 30 m	ıg every 6h fo	or 24h
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	12		58.75ª	58.89 <sup>b</sup>	12		30ª	38.97 <sup>5</sup>	=		30ª	53.89 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea												
PONV	12	8			=	7			=	4		
Pruritus	12	2			=	0			=	_		
Respiratory depression												
Sedation												
Urinary retention												
Vomiting												
Anaesthetic regimen: a Mean b Standard deviation	induction: mic	lazolam; main	tenance: isoflu	rane; intraope	rrative opioid	analgesia use	d: yes					

Study	Interventio	on A			Interventio	n B			Interventio	U L		
Siddik 2001 <sup>63</sup>	Placebo				Postoperativ Diclofenac 100 mg every Rectal	ely · 8h for 24h (	(0, 8, 16, 24h)		Postoperative Propacetamo 2g every 6h 1 Rectal	الع ا أمr 24h (0, 6,	I2, I8, 24h)	
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	20		66.7ª	20 <sup>b</sup>	20		36 <sup>a</sup>	<b>18</b> <sup>b</sup>	20		61.1 <sup>a</sup>	23 <sup>6</sup>
<b>Bowel dysfunction</b>												
Dizziness												
Nausea												
PONV	20	4			20	2			20	ŝ		
Pruritus	20	8			20	ß			20	4		
Respiratory depression	20	0			20	0			20	0		
Sedation	20	с			20	_			20	_		
Urinary retention												
Vomiting												
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: bup	oivacaine; mai	rtenance: bupi	vacaine; intra	operative opic	oid analgesia u	ised: yes					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Siddiqui 2008 <sup>77</sup>	Preoperatively Etoricoxib 120 mg 90 min befor Oral	e surgery			Placebo			
	Number analysed	Number of events	Mean or S median r	SD/IQR/ ange	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption	001		<b>35.</b> 1 <sup>a</sup>	٦þ	001		<b>44.2</b> <sup>a</sup>	8.2 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV	001	6			100	20		
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol; r	naintenance: sevoflu	rane; intraoperative o	pioid analgesia used	: yes			

Study	Interventi	on A			Interventio	n B			Interventio	U L		
Sinatra 2005 <sup>116</sup>	Postoperati Paracetamo 1 g in 100 ml i.v. <b>Number</b>	vely     solution infu <b>Number</b> of events	sed over 15 m Mean or median	in every 6 h SD/IQR/ range	Postoperativ Propacetamo 2 g in 100 ml i.v. <b>Number</b> analvsed	ely I solution infus <b>Number</b> of events	ed over I5mi Mean or median	n every 6 h SD/IQR/	Placebo Number analvsed	Number of events	Mean or median	SD/IQR/ range
OUTCOME				0				0				0
24-h morphine consumption	49		<b>38.3</b> ª	35.1 <sup>5</sup>	50		40.8ª	30.2 <sup>b</sup>	52		57.4ª	52.3 <sup>b</sup>
Bowel dysfunction	49	01			50	8			52	12		
Dizziness												
Nausea	49	13			50	6			52	7		
PONV												
Pruritus	49	5			50	4			52	5		
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	49	6			50	3			52	3		
Anaesthetic regimen: a Mean b Standard deviation	induction: un	clear; mainter	ance: unclear;	intraoperativ	e opioid analg	esia used: yes						

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Study	Interventio	on A			Interventic	on B			Interventic	n C		
Tang 2002 <sup>78</sup>	Placebo				Postoperativ Parecoxib 20 mg in PAC i.v.	ely CU and then a	at 12h and 24	ء	Postoperativ Parecoxib 40 mg in PAC i.v.	ely CU and then a	at 12h and 24	٩
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	8		<b>5</b> 1 <sup>a</sup>	27 <sup>6</sup>	61		34 <sup>a</sup>	20 <sup>b</sup>	8		<b>33</b> ª	21 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea	81	01			19	12			8	=		
PONV												
Pruritus	8	5			61	4			8	e		
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	81	_			61	2			81	0		
<b>Anaesthetic regimen:</b> PACU, post anaesthesia c a Mean b Standard deviation	induction: pro are unit	ppofol; mainte	nance: desflur	ane; intraope	rative opioid a	analgesia usec	: yes					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Thompson 2000 <sup>106</sup>	Placebo				Intraoperatively Meloxicam I 5 mg after inductio Rectal	n of anaesthesia		
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	18		<b>38.2</b> ª	20.8 <sup>b</sup>	8		<b>33.2</b> <sup>a</sup>	16.9 <sup>b</sup>
Bowel dysfunction								
Dizziness								
Nausea	18	=			18	8		
PONV								
Pruritus								
Respiratory depression								
Sedation	81	20			18	13		
Urinary retention								
Vomiting	18	0			18	0		
Anaesthetic regimen: a Mean b Standard deviation	induction: propofol;	; maintenance: isoflur	ane; intraoperative op	vioid analgesia used:	/es			

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Study	Interventic	on A			Interventio	on B			Interventio	n C		
Trampitsch 2003 <sup>59</sup>	Preoperative Lornoxicam 8 mg every 8 NaCl infusio i.v.	ely 8 h (1st dose 2 n before clos	.0 min before i	ncision).	Intraoperativ Lornoxicam Placebo (Na before close i.v.	/ely Cl) 20 min bef of incision an	ore operation d then every	, 8 mg 8 h	Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME												
24-h morphine consumption (mg)	22		25.15ª	2.36 <sup>b</sup>	22		31.5ª	3.19 <sup>5</sup>	22		31.6ª	3.91 <sup>b</sup>
Bowel dysfunction												
Dizziness												
Nausea	22	8			22	01			22	6		
PONV												
Pruritus												
Respiratory depression												
Sedation												
Urinary retention												
Vomiting	22	ъ			22	ъ			22	4		
<b>Anaesthetic regimen</b> a Mean b Standard deviation	induction: pro	opofol; mainte	nance: propofe	ol; intraopera	tive opioid an	algesia used: y	es					

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Vandermeulen 1997 <sup>107</sup>	Placebo				Postoperatively Tenoxicam			
					40 mg adminstered	at end of surgery a	nd at 24 h	
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg)	256		<b>39.2</b> ª	27.6 <sup>b</sup>	258		<b>34.6</b> <sup>a</sup>	25.9 <sup>6</sup>
Bowel dysfunction								
Dizziness	256	6			258	4		
Nausea								
PONV	256	76			258	67		
Pruritus	256	5			258	S		
Respiratory depression								
Sedation	256	6			258	£		
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol;	maintenance: isoflur	rane; intraoperative	opioid analgesia used	:yes			

Study	Intervention A				Intervention <b>B</b>			
Varrassi 1994 <sup>108</sup>	Preoperatively Ketorolac 30 mg intramuscular infusion for 24 h i.v.	-ly with predmedica	tion followed by 2 mg/	h continuous	Placebo			
	Number analysed	Number of events	Mean or median	SD/IQR/ range	Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption (mg) Bowel dysfunction	48		l 5ª	13.2 <sup>b</sup>	47		21.7ª	19.88 <sup>b</sup>
Dizziness Nausea	48	0			47	2		
PONV	48	e			47	6		
Pruritus	48	0			47	_		
Respiratory depression	48	0			47	2		
Sedation	48	_			47	ъ		
Urinary retention Vomiting	48	0			47	2		
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: propofol; r	maintenance: isoflur:	ane; intraoperative op	ioid analgesia used:	2			

Study	Intervention <b>A</b>				Intervention <b>B</b>			
Xuerong 2008 <sup>109</sup>	Intraoperatively Lornoxicam 8 mg in 2-ml (4 mg/ normal saline from 5 min after skin inc 1 i.v. <b>Number</b> analysed	ml) bolus 5 min befo i skin incision until 2 ision 3 boluses of sa <b>Number of</b> events	re skin incision, contir Dmin before end of su line at 15-min interval <b>Mean or</b> <b>median</b>	nuous infusion of urgery, and from Is SD/IQR/ range	Placebo Number analysed	Number of events	Mean or median	SD/IQR/ range
OUTCOME								
24-h morphine consumption	15		16.9ª	6.5 <sup>b</sup>	15		19.5ª	8.3 <sup>b</sup>
<b>Bowel dysfunction</b>								
Dizziness								
Nausea								
PONV	15	7			15	12		
Pruritus								
Respiratory depression								
Sedation								
Urinary retention								
Vomiting								
<b>Anaesthetic regimen:</b> a Mean b Standard deviation	induction: bupivacai	ne; maintenance: bup	ivacaine; intraoperativ	re opioid analgesia u	sed: unclear			

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By Hemingway H, Henriksson M, Chen R, Damant J, Fitzpatrick N, Abrams K, *et al.* 

#### No. 10

Comparison of case note review methods for evaluating quality and safety in health care.

By Hutchinson A, Coster JE, Cooper KL, McIntosh A, Walters SJ, Bath PA, *et al.* 

#### No. 11

Clinical effectiveness and costeffectiveness of continuous subcutaneous insulin infusion for diabetes: systematic review and economic evaluation.

By Cummins E, Royle P, Snaith A, Greene A, Robertson L, McIntyre L, *et al.* 

#### No. 12

Self-monitoring of blood glucose in type 2 diabetes: systematic review. By Clar C, Barnard K, Cummins E, Royle P, Waugh N.

#### No. 13

North of England and Scotland Study of Tonsillectomy and Adenotonsillectomy in Children (NESSTAC): a pragmatic randomised controlled trial with a parallel non-randomised preference study.

By Lock C, Wilson J, Steen N, Eccles M, Mason H, Carrie S, *et al.* 

#### No. 14

Multicentre randomised controlled trial of the clinical and cost-effectiveness of a bypass-surgery-first versus a balloonangioplasty-first revascularisation strategy for severe limb ischaemia due to infrainguinal disease. The Bypass versus Angioplasty in Severe Ischaemia of the Leg (BASIL) trial.

By Bradbury AW, Adam DJ, Bell J, Forbes JF, Fowkes FGR, Gillespie I, *et al.* 

#### No. 15

A randomised controlled multicentre trial of treatments for adolescent anorexia nervosa including assessment of cost-effectiveness and patient acceptability – the TOUCAN trial.

By Gowers SG, Clark AF, Roberts C, Byford S, Barrett B, Griffiths A, *et al.* 

#### No. 16

Randomised controlled trials for policy interventions: a review of reviews and meta-regression.

By Oliver S, Bagnall AM, Thomas J, Shepherd J, Sowden A, White I, *et al*.

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We look forward to hearing from you.

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