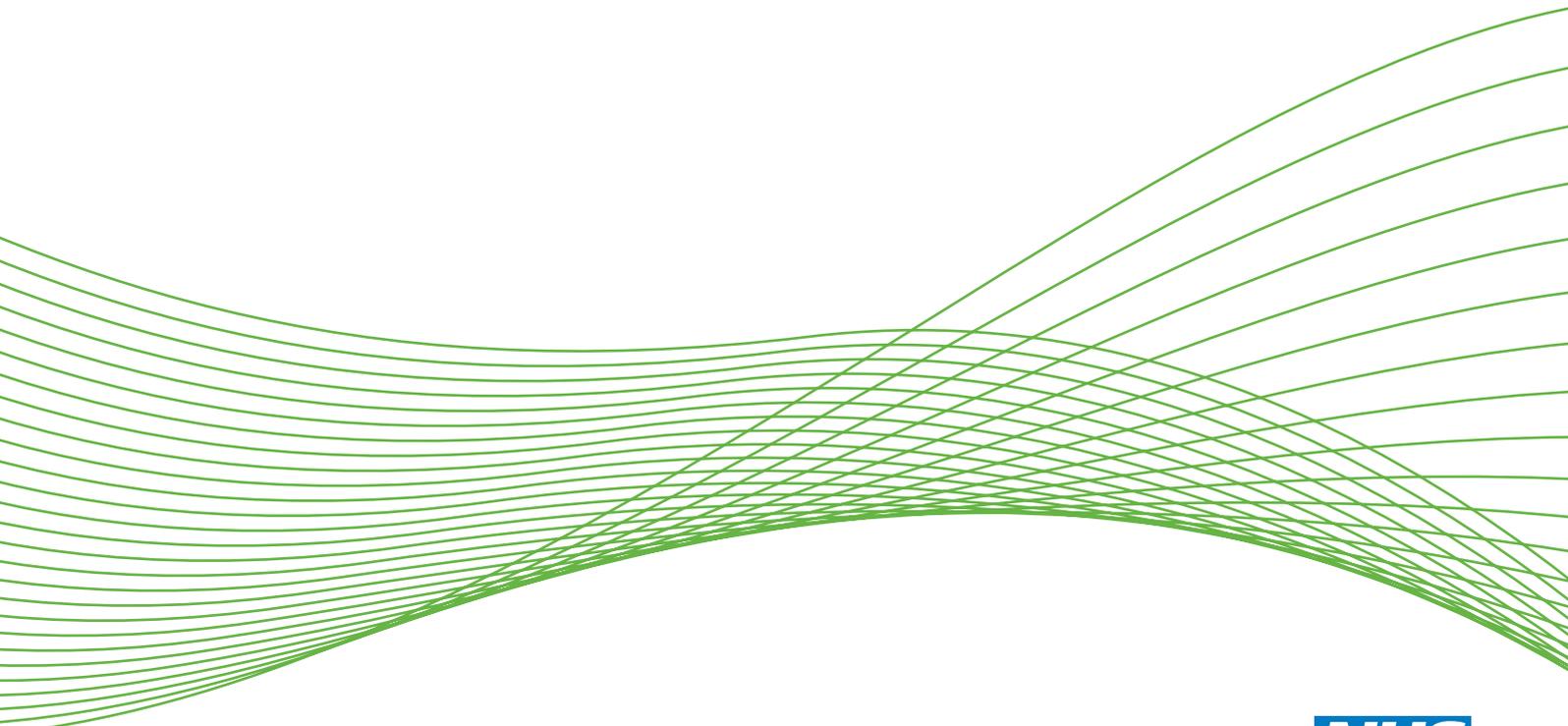


## Systematic review, meta-analysis and economic modelling of diagnostic strategies for suspected acute coronary syndrome

*S Goodacre, P Thokala, C Carroll, JW Stevens, J Leaviss, M Al Khalaf, P Collinson, F Morris, P Evans and J Wang*



**National Institute for  
Health Research**



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# Abstract

## Systematic review, meta-analysis and economic modelling of diagnostic strategies for suspected acute coronary syndrome

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**Background:** Current practice for suspected acute coronary syndrome (ACS) involves troponin testing 10–12 hours after symptom onset to diagnose myocardial infarction (MI). Patients with a negative troponin can be investigated further with computed tomographic coronary angiography (CTCA) or exercise electrocardiography (ECG).

**Objectives:** We aimed to estimate the diagnostic accuracy of early biomarkers for MI, the prognostic accuracy of biomarkers for major adverse cardiac adverse events (MACEs) in troponin-negative patients, the diagnostic accuracy of CTCA and exercise ECG for coronary artery disease (CAD) and the prognostic accuracy of CTCA and exercise ECG for MACEs in patients with suspected ACS. We then aimed to estimate the cost-effectiveness of using alternative biomarker strategies to diagnose MI, and using biomarkers, CTCA and exercise ECG to risk-stratify troponin-negative patients.

**Data sources:** We searched MEDLINE, MEDLINE In-Process & Other Non-Indexed Citations; Cumulative Index of Nursing and Allied Health Literature (CINAHL), EMBASE, Web of Science, Cochrane Central Database of Controlled Trials (CENTRAL), Cochrane Database of Systematic Reviews (CDSR), NHS Database of Abstracts of Reviews of Effects (DARE) and the Health Technology Assessment database from 1985 (CTCA review) or 1995 (biomarkers review) to November 2010, reviewed citation lists and contacted experts to identify relevant studies.

**Review methods:** Diagnostic studies were assessed using the Quality Assessment of Diagnostic Accuracy Studies (QUADAS) tool and prognostic studies using a framework adapted for the project. Meta-analysis was conducted using Bayesian Markov chain Monte Carlo simulation. We developed a decision-analysis model to evaluate the cost-effectiveness of alternative biomarker strategies to diagnose MI, and the cost-effectiveness of biomarkers, CTCA or exercise ECG to risk-stratify patients with a negative troponin. Strategies were applied to a theoretical cohort of patients with suspected ACS. Cost-effectiveness was estimated as the incremental cost per quality-adjusted life-year (QALY) of each strategy compared with the next most effective, taking a health-service perspective and a lifetime horizon.

**Results:** Sensitivity and specificity (95% predictive interval) were 77% (29–96%) and 93% (46–100%) for troponin I, 80% (33–97%) and 91% (53–99%) for troponin T (99th percentile threshold), 81% (50–95%) and 80% (26–98%) for quantitative heart-type fatty acid-binding protein (H-FABP), 68% (11–97%) and 92% (20–100%) for qualitative H-FABP, 77% (19–98%) and 39% (2–95%) for ischaemia-modified albumin and 62% (35–83%) and 83% (35–98%) for myoglobin. CTCA had 94% (61–99%) sensitivity and 87% (16–100%) specificity for CAD. Positive CTCA and positive-exercise ECG had relative risks of 5.8 (0.6–24.5)

and 8.0 (2.3–22.7) for MACEs. In most scenarios in the economic analysis presentation, high-sensitivity troponin measurement was the most effective strategy with an incremental cost-effectiveness ratio (ICER) of less than the £20,000–30,000/QALY threshold (ICER £7487–17,191/QALY). CTCA appeared to be the most cost-effective strategy for patients with a negative troponin, with an ICER of £11,041/QALY. However, when a lower MACE rate was assumed, CTCA had a high ICER (£262,061/QALY) and the no-testing strategy was optimal.

**Limitations:** There was substantial variation between the primary studies and heterogeneity in their results. Findings of the economic model were dependent on assumptions regarding the value of detecting and treating positive cases.

**Conclusions:** Although presentation troponin has suboptimal sensitivity, measurement of a 10-hour troponin level is unlikely to be cost-effective in most scenarios compared with a high-sensitivity presentation troponin. CTCA may be a cost-effective strategy for troponin-negative patients, but further research is required to estimate the effect of CTCA on event rates and health-care costs.

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# Glossary

**T**echnical terms and abbreviations are used throughout this report. The meaning is usually clear from the context, but a glossary is provided for the non-specialist reader. In some cases, usage differs in the literature, but the term has a constant meaning throughout this review.

**Cost-effectiveness acceptability curve** A way of illustrating cost-effectiveness results by plotting the probability that the intervention is cost-effective (*y*-axis) against the maximum that society is willing to pay for an improvement in health (*x*-axis).

**Diagnostic cohort study** Diagnostic accuracy study in which a group of individuals with a suspected disease undergo both the index test and the reference standard, and the results of the two tests are compared.

**False-negative** A test result erroneously indicating that a patient with a condition does not have that condition.

**False-positive** A test result erroneously indicating that a patient without a condition does have that condition.

**Incremental cost-effectiveness ratio** The difference in costs between one intervention and an alternative, divided by the difference in outcomes.

**Quality-adjusted life-year** A measure of benefit of health care combining the impact of both expected length of life and quality of life.

**Receiver operating characteristic** A receiver operating characteristic curve represents the relationship between the 'true-positive fraction' (sensitivity) and the 'false-positive fraction' (1 – specificity). It displays the trade-offs between sensitivity and specificity as a result of varying the cut-off value for positivity in case of a continuous test result.

**Reference standard** Established test(s) against which the accuracy of a new test for detecting a particular condition can be evaluated.

**Sensitivity (true-positive rate)** The proportion of individuals with the target condition in a population who are correctly identified by a diagnostic test.

**Specificity (true-negative rate)** The proportion of individuals free of the target condition in a population who are correctly identified by a diagnostic test.

**Test accuracy** The proportion of test results that are correctly identified by the test.

**True-negative** A test result correctly identifying that a patient without a condition does not have that condition.

**True-positive** A test result correctly identifying that a patient with a condition has that condition.



## List of abbreviations

ACS	acute coronary syndrome	ICER	incremental cost-effectiveness ratio
AUROC	area under receiver operating characteristic	IMA	ischaemia-modified albumin
BNP	B-type natriuretic peptide	LoD	limit of detection
CABG	coronary artery bypass graft	LoS	length of stay
CAC	coronary artery calcium	MACE	major adverse cardiac event
CAD	coronary artery disease	MI	myocardial infarction
CI	confidence interval	MMP9	matrix metalloproteinase 9
CINAHL	Cumulative Index of Nursing and Allied Health Literature	MPO	myeloperoxidase
CK	creatinine kinase	N/A	not applicable
CK-MB	creatinine kinase MB isoenzyme	NICE	National Institute for Health and Clinical Excellence
CrI	credible interval	NR	not reported
CRP	C-reactive protein	NSTEMI	non-ST elevation myocardial infarction
CT	computerised tomography	NT-pro-BNP	N-terminal pro-B-type natriuretic peptide
CTCA	computed tomographic coronary angiography	OR	odds ratio
CV	coefficient of variation	PAPP	pregnancy-associated plasma protein
ECG	electrocardiography	PAPP-A	pregnancy-associated plasma protein A
ED	emergency department	PCI	percutaneous coronary intervention
ETT	exercise tolerance test	PLR	positive likelihood ratio
EVPI	expected value of perfect information	PRISMA	Preferred Reporting Items for Systematic Reviews and Meta-Analyses
EVPPi	expected value of partial perfect information	QALY	quality-adjusted life-year
FN	false-negative	QUADAS	Quality Assessment of Diagnostic Accuracy Studies
FP	false-positive	RR	relative risk
H-FABP	heart-type fatty acid-binding protein	SD	standard deviation
HF	heart failure	SE	standard error
HR	hazard ratio		
HsTnT	high-sensitivity troponin T		
ICA	invasive coronary angiography		

## LIST OF ABBREVIATIONS

STEMI	ST elevation myocardial infarction	TnI	troponin I
TN	true-negative	TnT	troponin T
TnC	troponin C	TP	true-positive

All abbreviations that have been used in this report are listed here unless the abbreviation is well known (e.g. NHS), or it has been used only once, or it is a non-standard abbreviation used only in figures/tables/appendices in which case the abbreviation is defined in the figure legend or at the end of the table.

# Executive summary

## Background

Chest pain due to suspected acute coronary syndrome (ACS) is responsible for a large and increasing number of hospital attendances and admissions. Current standard practice involves using troponin I (TnI) or troponin T (TnT) to diagnose myocardial infarction (MI), measured on admission and at least 10 hours after symptom onset to allow for the limited early sensitivity of troponin. The development of high-sensitivity troponin assays and alternative biomarkers has raised the possibility of early diagnosis of MI with reduced hospital length of stay and health-care costs, but with potentially higher rates of initial misdiagnosis. Determining the optimal strategy for MI diagnosis involves weighing the costs and benefits of accurate diagnosis.

Once MI has been ruled out, the risk of future adverse events can be estimated using biomarkers of ischaemia or inflammation, exercise electrocardiography (ECG) or computed tomographic coronary angiography (CTCA), with antithrombotic treatment or coronary intervention being used to reduce the risk of adverse outcome in those with positive tests. Determining the optimal strategy involves weighing the benefits of reducing adverse events against costs of additional investigation and treatment.

## Objectives

We undertook systematic reviews and meta-analysis to estimate:

1. the diagnostic accuracy of early biomarkers (including troponin) for MI
2. the prognostic accuracy of biomarkers for predicting major adverse cardiac adverse events (MACEs) in troponin-negative patients
3. the diagnostic accuracy of CTCA and exercise ECG for coronary artery disease (CAD) in patients with suspected ACS
4. the prognostic accuracy of CTCA and exercise ECG for predicting MACE in patients with suspected ACS.

We then developed an economic model to:

1. estimate the cost-effectiveness [measured as the cost per quality-adjusted life-year (QALY) gained by each strategy] of using early biomarker strategies to diagnose MI
2. estimate the cost-effectiveness of using biomarkers, CTCA and exercise ECG to risk-stratify patients with troponin-negative suspected ACS
3. identify the optimal strategies for diagnosing MI and investigating troponin-negative patients in the NHS, defined as the most cost-effective strategy at the National Institute for Health and Clinical Excellence threshold for willingness to pay per QALY gained
4. identify the critical areas of uncertainty in the management of suspected ACS, where future primary research would produce the most benefit.

## Methods

The systematic reviews and meta-analysis were undertaken in accordance with the guidelines published by the Centre for Reviews and Dissemination for undertaking systematic reviews and the Cochrane Diagnostic Test Accuracy Working Group on the meta-analysis of diagnostic tests. Separate searches were undertaken

for (1) biomarkers and (2) CTCA or exercise ECG. We searched electronic databases up to November 2010, reviewed citation lists and contacted experts to identify diagnostic and prognostic cohort studies comparing a relevant index test (biomarker, CTCA or exercise ECG) to the appropriate reference standard [MI according the universal definition, CAD on invasive coronary angiography (ICA) or MACE] in patients presenting with suspected ACS. The quality of diagnostic studies was assessed according to the Quality Assessment of Diagnostic Accuracy Studies (QUADAS) tool. The quality of prognostic studies was assessed using an adapted version of the framework described by Altman (Systematic reviews of evaluations of prognostic variables. *BMJ* 2001;**323**:224–8). Meta-analysis was conducted using Bayesian Markov chain Monte Carlo simulation.

We developed a decision-analysis model to evaluate the cost-effectiveness of using (1) early biomarker strategies to diagnose MI before a 10-hour troponin test and (2) biomarkers, CTCA or exercise tolerance test to risk-stratify patients with a negative troponin. The model applied diagnostic strategies to a hypothetical cohort of patients with suspected ACS to determine the costs and outcomes associated with each strategy. The model involved two phases:

1. In the *diagnostic phase*, early biomarker strategies (involving troponin alone or in combination with sensitive early biomarkers) were compared with the most effective and expensive strategy of 10-hour troponin testing and the least effective and cheapest strategy of no testing or treatment.
2. In the *prognostic phase*, biomarkers and other investigations (CTCA and exercise ECG) were compared with a no-testing strategy and an ICA for all strategy in patients with negative troponin. The potential benefit of additional biomarkers, CTCA or exercise ECG was assumed to relate to identifying which patients have a higher risk of MACEs, which could be reduced by investigation and intervention.

We tested the diagnostic model in three different scenarios, depending on the availability of doctors to act on 10-hour troponin results, and two different populations, depending on whether the patient had known CAD or not. Estimates of diagnostic and prognostic accuracy were derived from the literature review. Our estimate of the benefit of detecting and treating MI, or of predicting adverse events, was derived from a recent observational study. Cost and utility estimates were derived from previous studies and routine data sources. The economic model was developed using SIMUL8 software (SIMUL8 Corporation, Boston, MA, USA), taking a health-service perspective and a lifetime horizon with mean life expectancy based on UK interim life tables. Deterministic and probabilistic analyses were undertaken.

## Results

The biomarker review identified 2865 citations, from which we selected 40 diagnostic and 44 prognostic studies that met our inclusion criteria and had data that could be extracted. Studies of presentation TnI ( $n = 21$ ) and TnT ( $n = 11$ ) evaluated a variety of different assays using different thresholds for positivity. Studies with similar assays and thresholds were grouped together for meta-analysis. The summary estimates of sensitivity and specificity of TnI for MI were 77% (95% predictive interval 29–96%) and 93% (95% predictive interval 46–100%), respectively, when the 99th percentile was used and 82% (95% predictive interval 40–97%) and 93% (95% predictive interval 74–98%) when the 10% coefficient of variation (CV) was used. The corresponding results for TnT were 80% (95% predictive interval 33–97%) and 91% (95% predictive interval 53–99%) when the 99th percentile was used and 74% (95% predictive interval 34–94%) and 96% (95% predictive interval 76–99%) when the 10% CV was used. Meta-analysis was also undertaken for three high-sensitivity assays using the 99th percentile threshold. The sensitivity and specificity were 96% (95% predictive interval 27–100%) and 72% (95% predictive interval 3–96%), respectively, for the Roche high-sensitivity TnT assay (Roche Diagnostics, Basel, Switzerland), 86% (95% predictive interval 22–96%) and 89% (95% predictive interval 40–97%), respectively, for the ADVIA Centaur Ultra troponin I assay (Siemens Healthcare, Erlangen, Germany), and 83% (95% predictive interval 58–95%) and 95% (95% predictive interval 67–100%) for the Abbot Architect troponin I assay (Abbott Laboratories, IL, USA).

We selected 17 studies of heart-type fatty acid-binding protein (H-FABP) and analysed quantitative ( $n = 8$ ) and qualitative ( $n = 9$ ) assays separately. The summary estimates of sensitivity and specificity for MI were 81% (95% predictive interval 50–95%) and 80% (26–98%), respectively, for the quantitative assays and 68% (11–97%) and 92% (20–100%), respectively, for the qualitative assays. Meta-analysis of four studies of ischaemia-modified albumin yielded summary estimates of 77% (19–98%) for sensitivity and 39% (2–95%) for specificity. Meta-analysis of 17 studies of myoglobin yielded summary estimates of 62% (35–83%) for sensitivity and 83% (35–98%) for specificity. We also identified 10 studies of nine other biomarkers with insufficient numbers of studies for meaningful meta-analysis. Another nine studies reported combinations of biomarkers with troponin compared with troponin alone, showing that combining these biomarkers with troponin increases sensitivity for MI at the expense of specificity.

The 44 prognostic biomarker studies reported associations between a number of different biomarkers and risk of MACEs. Some 26 studies undertook multivariate analysis, showing that B-type natriuretic peptide, N-terminal-pro-BNP, myeloperoxidase and H-FABP can provide additional prognostic value beyond troponin, whereas 11 studies analysed troponin-negative patients separately to show that C-reactive protein, pregnancy-associated plasma protein-A and H-FABP can predict MACEs in these patients.

The CTCA and exercise ECG review identified 2342 citations, from which we selected 15 CTCA papers (eight diagnostic and seven prognostic) and 13 exercise ECG papers (all prognostic) that fulfilled our inclusion criteria. The diagnostic studies of CTCA were relatively small ( $n = 31$ – $113$ ) and mostly used 50% stenosis to define obstructive CAD in both the index and reference standard test. Summary estimates of sensitivity and specificity were 94% (95% predictive interval 61–99%) and 87% (95% predictive interval 16–100%), respectively. The prognostic studies of CTCA were generally larger ( $n = 30$ – $588$ ) than the diagnostic studies, but MACE rates were generally low. Definitions of MACEs varied and some studies did not report outcomes for those with positive CTCA. Meta-analysis of the five studies with analysable data showed a relative risk (RR) for MACEs of 3.1 (95% predictive interval 0.3–18.7) for positive and intermediate scan compared with negative scan and 5.8 (95% predictive interval 0.6–24.5%) for positive compared with intermediate or negative scan.

There were no diagnostic studies of exercise ECG. The prognostic studies ranged from  $n = 28$  to  $n = 1000$  with varying definitions of MACEs. Meta-analysis showed a RR for MACEs of 8.4 (95% predictive interval 3.1–17.3) for positive and inconclusive tests compared with negative test and 8.0 (95% predictive interval 2.3–22.7) for positive test compared with inconclusive or negative test.

In the economic analysis the main diagnostic model showed that the optimal strategy in all but one scenario was measurement of high-sensitivity troponin at presentation, with a 10-hour troponin test if positive and discharge home if negative. This strategy was the most effective strategy, with an incremental cost-effectiveness ratio (ICER) of less than the £20,000–30,000/QALY threshold (ICER £7487–17,191/QALY). The exception was the scenario involving patients without known CAD and doctor available on demand to discharge the patient, using the £30,000/QALY threshold, where a strategy of measuring a 10-hour troponin level in all patients was more effective and had an ICER of £27,546/QALY. Sensitivity analysis suggested that if presentation high-sensitivity troponin had lower sensitivity than the baseline estimate (86% as opposed to 96%) then the 10-hour troponin strategy would be the most cost-effective in half the scenarios using the £30,000/QALY threshold and in one scenario using the £20,000/QALY threshold. Sensitivity analysis also suggested that, if included, a strategy of measuring high-sensitivity troponin at presentation and 3 hours later would be optimal and the 10-hour strategy would then have an ICER of > £100,000/QALY in all scenarios.

A secondary analysis using data from individual studies comparing the combination of troponin and another biomarker to troponin alone showed that the addition of H-FABP, copeptin or myoglobin appeared to be cost-effective, with ICERs of < £20,000–30,000/QALY, whereas the addition of ischaemia-modified albumin to troponin was not cost-effective. However, the troponin assays used for comparison

in this analysis were not all high-sensitivity assays and had generally lower sensitivity than troponin in the main analysis.

The main prognostic model showed that CTCA appeared to be the most cost-effective strategy, with an ICER of £11,041/QALY. ICA for all was more effective but with an ICER of £219,532. Probabilistic analysis showed that CTCA was most likely to be cost-effective at the £20,000–30,000/QALY threshold. However, these findings were dependent on the estimated rate of MACEs. When an alternative data source with a lower MACE rate was used the no-testing strategy was optimal, CTCA had a high ICER (£262,061/QALY) and ICA was dominated, with higher costs and worse outcomes than no testing. A threshold analysis revealed that CTCA was likely to be cost-effective if the combined risk of death and non-fatal MI within the time period assumed to be influenced by initial diagnostic testing exceeded 2% (£30,000/QALY threshold) or 2.9% (£20,000/QALY threshold).

## Conclusions

### *Main findings*

The sensitivity of troponin at presentation is around 70–80% depending on the assay used. High-sensitivity assays have a sensitivity at presentation of around 80–95%, but with some apparent loss of specificity. Studies are subject to much heterogeneity and estimates are consequently surrounded by substantial uncertainty. Compared with the 'gold standard' of a 10-hour troponin test, even a high-sensitivity presentation troponin test will miss a significant minority of patients with MI. However, economic analysis suggests that the additional costs that are likely to be incurred by measuring a 10-hour troponin level, compared with a presentation high-sensitivity troponin level, are unlikely to represent a cost-effective use of NHS resources in most of the scenarios tested.

There is some evidence from individual studies that H-FABP, copeptin and myoglobin may be used alongside troponin to increase early sensitivity in a cost-effective manner. However, these findings need to be confirmed in further studies comparing biomarker combinations to high-sensitivity troponin assays.

The limited diagnostic evidence available for CTCA suggests that diagnostic accuracy for CAD in patients with suspected ACS is similar to that previously estimated for patients with stable symptoms. There are no diagnostic studies to estimate the accuracy of exercise ECG for CAD in patients with suspected ACS. Prognostic studies of both CTCA and exercise ECG are limited by low MACE rates and the use of process outcomes in unblinded studies, but provide weak evidence that either investigation can be used to predict MACEs in patients with suspected ACS.

Economic evaluation of using biomarkers, exercise ECG, CTCA or ICA in troponin-negative patients with suspected ACS suggests that CTCA may be the most cost-effective strategy, but that cost-effectiveness (and essentially the effectiveness) of CTCA is dependent on the expected risk of a MACE. If the combined risk of death and MI is < 2% then CTCA is unlikely to be cost-effective. Furthermore, weaknesses in the source data used in the model substantially limit the reliability of conclusions.

### *Implications for practice*

Hospital admission for 10-hour troponin testing is unlikely to be cost-effective compared with high-sensitivity troponin at presentation unless rapid decision-making and discharge is possible. Removing the recommendation for 10-hour troponin testing from guidance could reduce the need for hospital admission among patients awaiting delayed troponin testing. However, the use of high-sensitivity troponin testing has the potential to increase the incidence of MI diagnosis and thus demand for cardiology services. There is currently insufficient evidence to support routine use of alternative biomarkers alongside troponin or routine investigation with exercise ECG or CTCA in troponin-negative patients.

### Research recommendations

Evaluation of:

- i. the diagnostic accuracy of troponin and alternative biomarkers at presentation, 3 hours and 10 hours, and of the prognostic accuracy of CTCA in a large multicentre cohort study of patients presenting with suspected ACS
- ii. the effect of using high-sensitivity troponin in the diagnostic assessment of suspected ACS, compared with standard troponin, on event rates and health-care costs in a clinical trial and economic evaluation
- iii. the effect of early CTCA for all patients with troponin-negative ACS compared with current standard practice, on event rates and health-care costs in a clinical trial and economic evaluation.

### Funding

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# Chapter 1 Background

## Description of health problem

Acute coronary syndrome (ACS) typically occurs when coronary artery disease (CAD) leads to obstruction of a patient's coronary arteries. This can lead to myocardial infarction (MI), heart failure (HF), arrhythmia, cardiac arrest and death. ACS has a 6-month mortality of up to 20%,<sup>1</sup> and one-fifth of patients are rehospitalised within 6 months of their initial admission.<sup>2</sup>

Acute coronary syndrome usually presents as chest pain and must be differentiated from other common causes of chest pain, such as muscular pain, gastro-oesophageal pain and anxiety. Differentiation is difficult because clinical assessment is unreliable and the electrocardiogram may be normal in the presence of ACS. Patients with suspected ACS therefore constitute a large and varied population, many of whom will not have ACS or CAD, but have non-cardiac causes for their chest pain. Accurate identification of ACS and CAD is therefore required to guide subsequent intervention.

### *The health-care burden of suspected acute coronary syndrome*

Suspected ACS represents a substantial health-care problem and investigation represents a substantial challenge. Chest pain is responsible for around 700,000 emergency department (ED) attendances in England and Wales,<sup>3</sup> with the main reason for attendance being suspected ACS. *Hospital Episodes Statistics for England (1998–2010)*<sup>4</sup> report 253,765 emergency admissions with chest pain (code R07), 63,082 with angina (I20) and 50,386 with MI. *Table 1* shows how emergency admission rates, length of stay (LoS) and bed-days for these three codes have changed over the last 10 years and *Figure 1* shows the change in admission rates.

*Hospital Episodes Statistics for England*<sup>4</sup> show that emergency admission rates have been falling for angina and MI, but more than doubled for chest pain between 1998 and 2010. This was accompanied by falls in LoS for chest pain and angina, and, since 2004, for MI. As a result, bed-days are falling for all three conditions. The changes in admissions and LoS for angina and MI probably reflect the decreasing incidence of these conditions and changes in practice that have resulted in shorter hospital stay.<sup>5</sup> The changes in admissions and LoS for chest pain probably reflect changes in service delivery to promote emergency hospital attendance with chest pain<sup>1</sup> and changing threshold for decision-making, leading to more admissions with chest pain and a low risk of ACS for diagnostic assessment.<sup>6</sup>

### *Investigation for suspected acute coronary syndrome*

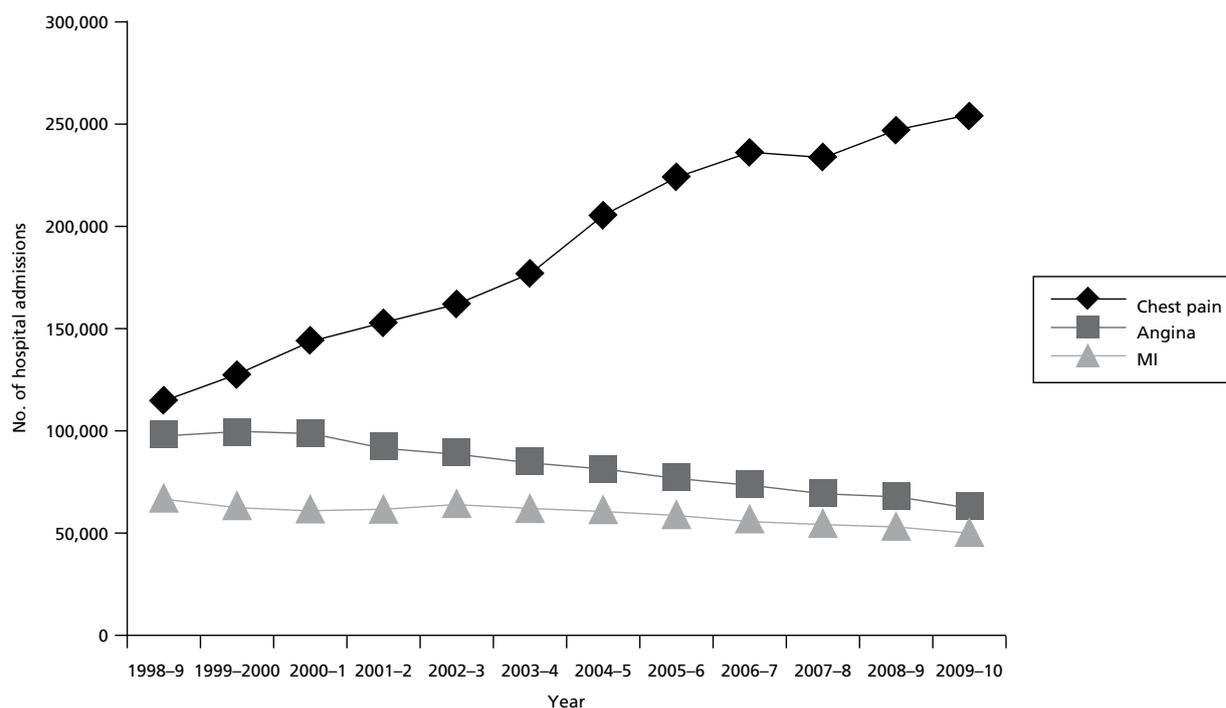
Investigation for suspected ACS has two main elements: (1) diagnosis of MI and (2) diagnosis of underlying CAD. Diagnosis of unstable angina is another consideration but of decreasing importance for reasons outlined below.

In the context of investigating suspected ACS the term MI usually refers to non-ST elevation MI (NSTEMI). Although ST-elevation MI (STEMI) is included in the definition of ACS it can usually be identified on the presenting electrocardiogram and thus does not form part of the typical diagnostic challenge of suspected ACS, although electrocardiography (ECG) interpretation and differentiation from other causes of ST elevation may present separate challenges.

Clinical diagnosis of NSTEMI, according to the universal definition of MI,<sup>7</sup> is based on a troponin elevation above the 99th percentile of the upper reference limit for the normal population. Patients with elevated troponin levels have an increased risk of adverse outcome<sup>8</sup> and are more likely to benefit from treatments usually provided in hospital.<sup>9</sup> However, testing troponin does not achieve optimal sensitivity for MI until several hours after the symptoms of MI,<sup>10</sup> so guidelines typically recommend delaying sampling until

**TABLE 1** Hospital admissions for chest pain, angina and MI in England, 1998–2010

Year	Chest pain			Angina			MI		
	<i>n</i>	LoS	Days	<i>n</i>	LoS	Days	<i>n</i>	LoS	Days
1998–9	114,828	3.0	352,706	98,198	5.3	573,135	67,116	8.2	571,257
1999–2000	127,379	2.9	373,162	99,562	5.2	564,750	63,397	8.2	546,357
2000–1	144,148	2.9	426,269	98,772	5.4	580,097	61,760	8.6	559,324
2001–2	152,721	2.8	436,342	92,332	5.4	551,913	61,716	9.0	591,917
2002–3	161,931	2.6	430,799	89,435	5.5	541,421	64,415	9.5	657,104
2003–4	176,887	2.0	425,389	85,066	5.0	501,108	62,032	10	666,788
2004–5	205,306	2.1	431,440	81,331	5.0	452,282	61,423	9.7	687,331
2005–6	224,086	1.9	414,174	77,510	4.6	401,562	59,067	9.0	638,397
2006–7	236,028	1.6	379,968	73,790	4.0	331,029	56,889	8.4	587,450
2007–8	233,736	1.4	345,857	69,707	3.7	292,519	54,759	8.0	538,996
2008–9	246,854	1.3	332,739	67,998	3.5	272,921	53,333	7.9	510,633
2009–10	253,765	1.3	331,284	63,082	3.3	234,897	50,386	7.6	461,573

**FIGURE 1** Hospital admissions for chest pain, angina and MI in England, 1998–2010.

10–12 hours after symptom onset.<sup>11</sup> Patients with suspected ACS typically present to hospital within a few hours of symptom onset,<sup>12</sup> so delaying blood sampling usually incurs costs of hospital observation and/or admission. Earlier blood sampling is cheaper but may miss cases of MI, so the timing of sampling and tests used involve a trade-off between cost and accuracy.

Many patients with suspected ACS are known to have CAD and are receiving secondary preventative treatment. However, a substantial proportion of patients have not previously been investigated for CAD. Once MI has been ruled out these patients may be investigated for underlying CAD by either provocative cardiac testing to identify symptoms of CAD induced by exertional or pharmacological stress or anatomical imaging of the coronary arteries. Identification of CAD allows treatment with aspirin, statins and angiotensin-converting enzyme inhibitors to be commenced and consideration of coronary revascularisation for high-risk cases. The benefits of diagnosing CAD relate to the opportunity to reduce subsequent major adverse cardiac events (MACEs), particularly cardiac death and non-fatal MI. Technologies used to diagnose CAD thus also need to predict risk of adverse events to allow targeting of treatment. It could be argued that prediction of adverse events is of more practical value than the diagnosis of CAD in determining management decisions.

Investigation of suspected ACS also involves identification and treatment of patients with unstable angina. These patients have CAD and worsening symptoms, but no evidence of cardiac damage. Previously they constituted the majority of patients with suspected ACS. However, the increasing sensitivity of biochemical tests for myocardial damage, and the redefinition of MI to include all patients with evidence of myocardial damage, means that patients with unstable angina and no myocardial damage are fewer in number and have a relatively low risk of adverse outcome. Furthermore, in the absence of ECG changes there are substantial difficulties defining which patients have unstable angina, as the diagnosis is based on unreliable clinical features. These factors make it difficult to define the population with unstable angina and estimate any benefits from treatment, beyond secondary prevention for underlying CAD.

## Current service provision

Acute chest pain due to possible ACS is managed in the NHS according to guidance issued by the National Institute for Health and Clinical Excellence (NICE).<sup>11</sup> These guidelines recommend measurement of troponin levels at presentation to hospital and 10–12 hours after the onset of symptoms. This is based on evidence that troponin levels predict subsequent risk of adverse outcome<sup>8</sup> and response to treatment,<sup>9</sup> but do not achieve optimal sensitivity until 10–12 hours after symptom onset.<sup>10</sup> However, delaying blood testing until 10–12 hours after symptom onset is inconvenient for patients and often incurs additional health-care costs associated with hospital admission and/or observation. As a result, various alternative strategies have been proposed for earlier diagnosis of MI using combinations of biomarkers, measuring biomarker gradients and using newer, more sensitive troponin assays. A survey undertaken prior to NICE guidance being issued<sup>13</sup> suggested substantial variation in the biomarker strategies used. It is not known whether or not NICE guidance has reduced this variation.

The NICE guidance for chest pain of recent onset recommends that patients with an elevated troponin level are treated for ACS according to the NICE guidance for unstable angina and NSTEMI.<sup>14</sup> Those with a negative troponin level should be reassessed and if myocardial ischaemia is suspected then patients are managed as an outpatient according to the guidance for stable chest pain.<sup>11</sup> This involves coronary artery calcium (CAC) scoring and computed tomographic coronary angiography (CTCA) for selected cases. Exercise testing is not recommended in NICE acute chest pain guidance, although it is recommended in European Society of Cardiology guidance.<sup>15</sup> A survey of the management of troponin-negative patients with acute chest pain, undertaken prior to publication of NICE guidance, showed variability in the use of risk stratification methods and subsequent use of other investigations, such as the exercise tolerance test (ETT).<sup>16</sup>

The NICE guidelines<sup>11</sup> identified areas of uncertainty where further research is required. These are:

1. evaluation of new, high-sensitivity troponin assay methods in low-, medium- and high-risk groups with acute chest pain, and evaluation of other putative biomarkers in comparison with the diagnostic and prognostic performance of the most clinically effective and cost-effective troponin assays

2. investigation of the cost-effectiveness of multislice CTCA as a first-line test for ruling out obstructive CAD in patients with suspected troponin-negative acute coronary syndromes.

## Description of technology under assessment

### *High-sensitivity troponin and alternative biomarkers*

The cardiac troponins form part of the cardiac contractile apparatus, the troponin–tropomyosin complex, and comprise three troponins [troponin C (TnC), troponin I (TnI) and troponin T (TnT)] plus tropomyosin. As they have unique structures, immunoassays to measure TnT and TnI were developed, and preliminary studies demonstrated that the measurement of cardiac troponin was both more sensitive and more specific for myocardial injury than previously used biomarkers [creatin kinase (CK) and creatine kinase MB isoenzyme (CK-MB)]. TnT or TnI is now the recommended biomarker for MI.<sup>7</sup>

The original redefinition of acute MI suggested that the analytical imprecision of the assay should allow measurement with a low analytical imprecision within the reference interval of the assay. This quality specification was not met by the assays available at the time and resulted in progressive improvement in assay quality to produce the current generation of sensitive troponin assays. Sensitive troponin assays are capable of measuring troponin in healthy individuals with a high degree of analytical imprecision, typically < 10% imprecision at the 99th percentile of a reference population.

In addition to meeting the quality specification stipulated in the universal definition of acute MI, the new sensitive assays can detect myocardial injury substantially earlier than the previous generation of assays. Progressive improvement in the analytical performance of troponin assays demonstrated that the analytical performance of second- and third-generation assays was already beginning to outstrip that of other markers of myocardial injury, such as myoglobin and CK-MB,<sup>17,18</sup> and studies of new high-sensitivity assays suggest that they are superior to all of the conventional markers of myocardial injury.<sup>19,20</sup>

Systematic reviews have established the diagnostic<sup>10</sup> and prognostic<sup>8</sup> accuracy of troponin testing in suspected ACS, and a systematic review of the diagnostic accuracy of troponin, CK, CK-MB and myoglobin<sup>21</sup> established that troponin has the highest accuracy for MI. Measurement of troponin levels at 10–12 hours after symptom onset is now standard diagnostic practice for suspected ACS.<sup>11</sup> There is effectively no potential for alternative biomarkers to improve on the diagnostic accuracy of a 10- to 12-hour troponin assay for MI, as this forms the reference standard.<sup>7</sup> However, alternative biomarkers may have a role in addressing two limitations of troponin measurement. First, the limited early sensitivity of troponin means that there is the potential for biomarkers with better early sensitivity for MI to improve care. Second, although a negative 10- to 12-hour troponin assay stratifies patients to a low risk of adverse outcome, this does not equate to a negligible risk. Thus alternative biomarkers may have a useful role in further risk stratifying patients with a negative 10- to 12-hour troponin assay result.

The relative insensitivity of the early generation of cardiac troponin assays led to the suggestion that small cytoplasmic proteins that would leak earlier through the ischaemic myocardial cell membrane would provide early sensitive diagnostic information in patients presenting with acute chest pain. Myoglobin is a single-chain globular protein containing a haem prosthetic group and is the primary oxygen storage protein of muscle tissues that could be an early marker for MI.

An alternative approach was to find markers that would be released when myocardial ischaemia occurred. Ischaemia-modified albumin (IMA) is a form of human serum albumin in which the N-terminal amino acids have been affected by ischaemia so as to be unable to bind transition metals. Fatty acid-binding proteins are relatively small proteins, of 126–137 amino acids in length, present in tissues with an active fatty acid metabolism, such as heart, liver and intestine. The myocardial isoform, heart-type fatty acid-binding protein (H-FABP), is present predominantly in the heart, but is also found in other tissues including skeletal muscle and the distal tubal cells in the kidney.

In addition to the measurement of cardiac troponin, other markers of the atherothrombotic process could be measured to allow earlier diagnosis. Markers of atheromatous plaque destabilisation or rupture have been proposed, including inflammatory markers [C-reactive protein (CRP), interleukin 6, interleukin 33/ST2 and growth differentiation factor 15 (GDF-15)] and biomarkers considered to be associated with the plaque itself [myeloperoxidase (MPO), matrix metalloproteinases and pregnancy-associated plasma protein A (PAPP-A)]. Alternatively, markers of myocardial dysfunction could be used, such as B-type natriuretic peptide (BNP), N-terminal pro-B-type natriuretic peptide (NT-pro-BNP), copeptin and adrenomedullin.

A systematic review of 22 novel biomarkers, including CRP, MPO, BNP and H-FABP,<sup>22</sup> concluded that there was insufficient evidence to support the use of these biomarkers in ED assessment of suspected ACS. As this analysis was published, further studies have been undertaken to estimate the diagnostic and prognostic accuracy of alternative biomarkers, whereas other studies have suggested that modern troponin assays have much improved early sensitivity. We therefore planned to synthesise the evidence relating to the role of early biomarkers (including troponin) for identifying MI before 10–12 hours and the role of alternative biomarkers in providing additional risk stratification for troponin-negative patients with suspected ACS.

### Exercise electrocardiography testing

Exercise ECG testing involves using exercise, typically walking on a treadmill or static cycling, to provoke physiological stress, thus increasing heart rate and myocardial oxygen demand. Continuous ECG monitoring is used to identify changes that indicate myocardial ischaemia due to underlying CAD. Development of cardiac-type pain on exercise, and other measurements such as blood pressure recording, can also be used to indicate CAD or other heart disease. A conclusive test result requires the patient to achieve 85% of their predicted maximal heart rate. This may not be achievable if the patient has neurological or musculoskeletal comorbidities. As a result, a proportion of exercise ECG tests are inconclusive.

Exercise ECG has been widely used in the investigation of patients with stable chest pain due to suspected CAD. Most studies of prognostic accuracy and all studies of diagnostic accuracy have involved patients with stable symptoms and until recently suspected ACS was considered a contraindication to exercise testing. The most recent meta-analysis<sup>23</sup> of the diagnostic accuracy of exercise ECG reported that the main diagnostic criterion (ST depression) performed only moderately well, with a positive likelihood ratio (PLR) of 2.79 for a 1-mm cut-off and 3.85 for a 2-mm cut-off. The negative likelihood ratios were 0.44 and 0.72, respectively. Exercise ECG would therefore be expected to miss a significant proportion of patients with CAD, while subjecting others with normal coronary arteries to an unnecessary invasive coronary angiogram.

The role of exercise ECG has only recently developed in patients with suspected ACS. Biomarker testing with a 10- to 12-hour troponin assay or alternative strategy is used to rule out MI before exercise testing, so it is effectively used only on those with troponin-negative suspected ACS. Also, as patients with known CAD are unlikely to benefit from diagnostic assessment for CAD, use in those without known CAD is limited to providing prognostic information.

Exercise ECG testing is not currently widely used in suspected ACS. When used it is typically in the context of a standardised assessment alongside biomarker testing on a chest pain unit. These units are widespread in the USA but have been established in only a few centres in the UK in the light of a cluster randomised trial that failed to show evidence of benefit.<sup>24</sup> European Society of Cardiology guidelines recommend using a stress test (typically exercise ECG) to select patients for further investigation with coronary angiography,<sup>15</sup> whereas NICE guidance does not recommend using exercise ECG in the context of suspected ACS.<sup>11</sup> The role of exercise ECG testing in suspected ACS therefore remains unclear and involves extrapolating evidence from other settings. We therefore planned to synthesise the evidence relating to the role of exercise ECG in assessing patients with suspected ACS.

### **Computed tomographic coronary angiography**

Computed tomographic coronary angiography uses computerised tomography (CT) scanning to allow non-invasive imaging of the coronary arteries. CT scanning involves an X-ray source and sensors mounted on opposite sides of a gantry that rotates around the patient to provide a computer-generated three-dimensional image of the heart. Modern scanners have an array of X-ray detectors that collect data from multiple 'slices' on each rotation of the scanner (multislice CT). Initially, scanners with four slices were developed. Currently available scanners commonly use 16 or 64 slices.

Computerised tomography can be used without intravenous contrast to quantify CAC (CT CAC scoring) and thus estimate the extent of coronary atheroma. Patients with a calcium score of zero are unlikely to have CAD, whereas the higher the score the greater the probability of CAD. It can be used in conjunction with clinical assessment of CAD risk to select patients for invasive coronary angiography (ICA) or CTCA. However, CT coronary artery scoring does not determine whether or not coronary atheroma is obstructive. When patients present with suspected ACS it is usually considered more important to determine whether their symptoms are due to obstructive CAD than estimate the probability of CAD, so evaluation of the role of CT in suspected ACS has focused on CTCA rather than CT coronary artery scoring.

Computed tomographic coronary angiography involves injection of intravenous contrast medium with CT scanning timed to coincide with circulation of contrast through the coronary arteries. The scans are then interpreted to determine the extent of coronary artery stenosis. As intravenous contrast is required, the procedure is contraindicated in renal failure and allergy to contrast media, and is used with caution in pregnancy. The quality of imaging can be impaired by artefact due to inability to breath hold, tachycardia or arrhythmia. Artefact may be reduced by using beta-blocking drugs to slow the patient's heart rate.

Computed tomographic coronary angiography may provide a more accurate and cost-effective alternative to exercise ECG in troponin-negative patients with suspected ACS. As with exercise ECG, most studies have evaluated CTCA in patients with stable symptoms rather than suspected ACS. A recent systematic review of 21 diagnostic accuracy studies of CTCA reported a pooled sensitivity of 99% and specificity of 89% for detection of CAD.<sup>25</sup> On the basis of this and similar analyses, NICE guidance has recommended that CT calcium scoring with CTCA for selected patients should replace exercise ECG for patients with stable symptoms.<sup>11</sup> There has been less research into the use of CTCA in suspected ACS. NICE guidance for chest pain of recent onset suggests that patients with suspected ACS in whom MI has been ruled out should be risk stratified and those considered to be at risk of myocardial ischaemia managed according to the guidance for patients with stable symptoms.<sup>11</sup> The guidance highlighted that this contrasts with European Society of Cardiology guidelines recommending stress testing,<sup>15</sup> and identified evaluation of the cost-effectiveness of CTCA in troponin-negative patients with suspected ACS as being a research priority. We therefore planned to synthesise the evidence for the use of CTCA in patients with suspected ACS.

## Chapter 2 Research questions

### Rationale for the study

This study aimed to reduce uncertainty around two issues highlighted in NICE guidance:

1. The use of troponin and other biomarkers to diagnose MI at presentation to hospital.
2. The use of other biomarkers, exercise ECG and CTCA to risk-stratify patients with acute chest pain and a negative troponin.

Troponin measured at least 10–12 hours after symptom onset and using the 99th percentile as a diagnostic threshold, accurately diagnoses MI and identifies patients who are at high risk of adverse outcome and who will benefit from hospital treatment. However, patients awaiting delayed testing are currently detained in hospital until 10–12 hours after symptom onset. This incurs health services costs and inconvenience for the patient. An earlier diagnostic assessment could allow earlier hospital discharge, thus decreasing costs, but would risk missed MI and opportunity to benefit from treatment if sensitivity were suboptimal. High-sensitivity troponin assays, either alone or in combination with other biomarkers, can be used to diagnose MI before 10–12 hours, but the cost savings of this approach need to be weighed against the missed benefit (or, more rationally, the additional benefits of 10- to 12-hour troponin sampling need to be weighed against the additional costs, compared with earlier diagnostic assessments). We therefore need to undertake evidence synthesis to estimate (1) the diagnostic accuracy of early biomarkers and (2) the cost-effectiveness of alternative diagnostic strategies for MI.

Biomarkers may also provide benefits by risk-stratifying troponin-negative patients. A negative troponin assay at 10–12 hours (and potentially earlier) stratifies patients with acute chest pain to a low but not negligible risk of subsequent MACEs. However, because the risk remains non-negligible there may still be some benefit in measuring other biomarkers that predict increased risk independent of troponin level. These biomarkers could be used to select higher risk troponin-negative patients for further investigation and treatment to reduce the risk of adverse outcome. We therefore need to undertake evidence synthesis to estimate (1) the prognostic accuracy of biomarkers other than troponin and (2) the cost-effectiveness of using these biomarkers to select patients for hospital treatment.

Troponin-negative patients may also be investigated by exercise ECG or CTCA to identify those with CAD and an increased risk of adverse outcome who may benefit from coronary intervention and medical treatment to reduce the risk. We therefore need to undertake evidence synthesis to estimate (1) the diagnostic accuracy of exercise ECG and CTCA for CAD, and the prognostic accuracy of exercise ECG and CTCA for MACEs and (2) the cost-effectiveness of using exercise ECG or CTCA to select patients for hospital treatment.

### Overall aims and objectives of assessment

The overall aim was to evaluate the cost-effectiveness of various strategies for diagnosing MI and CAD in unselected populations with suspected ACS. More specifically, the objectives were:

1. to undertake systematic reviews to determine:
  - i. the diagnostic accuracy of early biomarkers (including troponin) for MI in patients with suspected ACS
  - ii. the prognostic accuracy of biomarkers for predicting MACEs in troponin-negative patients

- iii. the diagnostic accuracy of CTCA and exercise ECG for CAD in patients with suspected ACS
  - iv. the prognostic accuracy of CTCA and exercise ECG for predicting MACEs in patients with suspected ACS
2. to develop an economic model to:
- i. estimate the cost-effectiveness [measured as the cost per quality-adjusted life-year (QALY) gained by each strategy] of using various early biomarker strategies to diagnose MI
  - ii. estimate the cost-effectiveness of using biomarkers, CTCA and exercise ECG to risk-stratify patients with troponin-negative suspected ACS
  - iii. identify the optimal strategies for diagnosing MI and investigating troponin-negative patients in the NHS, defined as the most cost-effective strategy at the NICE threshold for willingness to pay per QALY gained
  - iv. identify the critical areas of uncertainty in the management of suspected ACS and where future primary research would produce the most benefit.

## Chapter 3 Assessment of diagnostic and prognostic accuracy

We conducted two systematic reviews of the literature, and meta-analysis (where appropriate), to evaluate the diagnostic accuracy of biochemical markers for MI, and of CTCA and exercise ECG for CAD, as well as two further reviews to evaluate the prognostic performance of both approaches for predicting MACEs. The population in all reviews was unselected patients with suspected ACS.

The systematic reviews and meta-analysis were undertaken in accordance with the guidelines published by the Centre for Reviews and Dissemination for undertaking systematic reviews<sup>26</sup> and the Cochrane Diagnostic Test Accuracy Working Group on the meta-analysis of diagnostic tests.<sup>27</sup>

### Methods for reviewing diagnostic accuracy

#### Identification of studies

##### Electronic databases

All searches were undertaken by an information specialist (PE) in November 2010. Studies were identified by searching the following electronic databases:

- MEDLINE (via Ovid SP) 1950–
- MEDLINE In-Process & Other Non-Indexed Citations (via Ovid SP) 1950–
- Cumulative Index of Nursing and Allied Health Literature (CINAHL) (via EBSCO) 1981–
- EMBASE (via Ovid SP) 1980–
- Web of Science (WoS) (includes Science Citation Index and Conference Proceedings Citation Index) [via Web of Knowledge (WoK)] 1899–
- Cochrane Central Register of Controlled Trials (CENTRAL)
- Cochrane Database of Systematic Reviews (CDSR)
- NHS Database of Abstracts of Reviews of Effects (DARE)
- Health Technology Assessment database (HTA).

Sensitive keyword strategies using free text and, where available, thesaurus terms using Boolean operators and database-specific syntax were developed to search the electronic databases. For the biochemical markers reviews, synonyms relating to the population (e.g. chest pain, ACS or MI) were combined with terms for the biochemical markers of interest, and the reference standard (troponin), and a search filter aimed at restricting results to studies of either diagnostic accuracy or prognosis (used in the searches of MEDLINE, CINAHL and EMBASE). For the CTCA and exercise ECG review, synonyms relating to the population (e.g. chest pain, ACS or MI) were combined with terms for the diagnostic tests, and the reference standard (coronary angiography) or outcomes (e.g. MACE), and a search filter aimed at restricting results to studies of either diagnostic accuracy or prognosis (used in the searches of MEDLINE, CINAHL and EMBASE). Date limits or language restrictions were not used on any database for either review. All resources were searched from 1985 (CTCA review) or 1995 (biomarkers review) to November 2010. Examples of the MEDLINE search strategy for each review is provided in *Appendix 1*.

##### Other resources

To identify additional published, unpublished and ongoing studies, the reference lists of all relevant studies (including existing systematic reviews) were checked. In addition, key experts in the field were approached to identify any relevant citations missed by the search methods applied.

All identified citations from the electronic searches and other resources were imported into and managed using the Reference Manager bibliographic software (version 12.0; Thomson Reuters, Philadelphia, PA, USA).

### **Study selection and inclusion/exclusion criteria**

The selection of potentially relevant articles was undertaken across both reviews by an experienced reviewer (CC) and the principal investigator, a clinical expert (SG). An acceptable inter-rater reliability was achieved from a test screen of a sample of citations retrieved for each set of reviews:  $k = 0.71$  for 700 citations for the biochemical markers review and  $k = 0.61$  for 400 from the CTCA/exercise ECG review. The remaining citations were then divided between the reviewers (CC and SG) and each independently screened their respective sample against the inclusion criteria and excluded any citations that clearly did not meet these criteria. The full manuscript of all potentially eligible citations that were considered relevant by either reviewer was then obtained, where possible. One reviewer (CC) then independently assessed the full-text articles for inclusion and this decision was double-checked by the principal investigator (SG). Blinding of journal, institution and author was not performed. Any disagreement in the selection process was resolved through discussion. The relevance of each article to the two diagnostic or prognostic reviews was assessed according to the following criteria.

### **Study design**

All prospective diagnostic cohort studies comparing a relevant index test (biochemical markers or CTCA/exercise ECG) to the required reference standard for the relevant outcome (MI or CAD) were included in their relevant review. All studies examining the prognostic value of a relevant index test (biochemical markers or CTCA) for at least 30 days' follow-up for MACEs were included, regardless of the reference standard used. Case-control studies (i.e. studies in which patients were selected on the basis of the results of their reference standard test) were excluded.

### **Population**

To be included, a study had to assess adults presenting with suspected ACS. Studies were excluded if patients were selected on the basis of having a clinical diagnosis of ACS (rather than a clinical suspicion of ACS) or positive diagnostic test for ACS, such as ST deviation on the ECG or an elevated biomarker. Studies of patients selected on the basis of a negative diagnostic test were included [e.g. studies that excluded patients with ST elevation myocardial infarction (STEMI)].

### **Index tests**

For the biochemical markers review, the index test included any test assessing the following markers individually or in combination:

- adrenomedullin
- BNP or NT-pro-BNP
- copeptin
- CRP
- galectin-15
- H-FABP
- interleukin 33
- IMA
- matrix metalloproteinase 9 (MMP9)
- MPO
- myoglobin
- PAPP-A
- ST-2
- TnI or TnT.

Studies were only included in the diagnostic accuracy review if the index test was measured at or before patient arrival at hospital. We excluded prognostic studies that only evaluated troponin (or other biomarkers not included in the review, such as CK and CK-MB).

For the second diagnostic review, the index test was either CTCA, regardless of sensitivity (e.g. 64 or 16 slices) or exercise ECG.

### Target condition

The target conditions or outcomes of the reviews of biochemical markers were:

- *Diagnostic review* Acute MI defined according to the universal definition.<sup>7</sup>
- *Prognostic review* MACE, defined as including at least cardiac death and non-fatal MI (individually or as a composite).

The target conditions or outcomes of the review of CTCA and exercise ECG were:

- *Diagnostic review* CAD identified on ICA.
- *Prognostic review* MACE, defined as including at least cardiac death and non-fatal MI (individually or as a composite).

### Reference standards

Acute MI was defined according to the universal definition and required Tnl or TnT measurement for at least 80% of the population at least 6 hours after symptom onset. If the reference standard was any biomarker other than troponin the study was excluded from the diagnostic review. Many studies reported composite diagnostic reference standards or a diagnostic standard of ACS, which included clinically diagnosed ACS, development of ECG changes or a subsequent MACE. Where possible we attempted to extract data for MI according to our definition. If this was not possible we made a judgement whether or not the reference standard approximated to our definition of MI. We included studies that used only new diagnostic ECG changes or outcome-based MACE (e.g. death, non-fatal MI or life-threatening arrhythmia) alongside a troponin-based reference standard. We excluded studies that used clinically diagnosed ACS (i.e. by history and examination findings alone), undefined or any ECG changes, or process-based MACE (e.g. coronary reperfusion) in the reference standard.

Coronary artery disease was determined by ICA and defined in accordance with the primary study. Studies were excluded if coronary angiography was performed only in selected patients, such as those with positive CTCA or exercise ECG. The definition of MACEs required that at least 80% of the cohort be followed for at least 30 days and that a MACE included, at least, cardiac death and non-fatal MI.

### Outcomes

Sufficient data were required to construct tables of diagnostic test performance, i.e. numbers of true-positives (TPs), false-negatives (FNs), false-positives (FPs) and true-negatives (TNs). If raw numbers were not reported we attempted to calculate these data from sensitivity and specificity, using prevalence and total number analysed to calculate the denominators. Studies were excluded from analysis as 'unable to extract data' if these calculations were not possible or yielded markedly inconsistent data.

### Data abstraction strategy

Data abstraction of each study was performed by one reviewer (CC, MK or JL) into a standardised data extraction form and independently checked for accuracy by a second reviewer (CC, MK, JL or SG). Discrepancies were resolved by discussion between the two reviewers and if agreement could not be reached, the principal investigator was consulted (SG). Where multiple publications of the same study were identified, data were extracted and reported as a single study. Where there was possible overlap between cohorts reported from the same author group or study centre we excluded data from one of the cohorts to avoid duplication.

For the review of biochemical markers, the following information was extracted for all studies when reported: study characteristics (author, year of publication, journal, country, study design, setting); participant details (age, sex, presenting condition, inclusion and exclusion criteria); index test details (including time from pain onset to presentation or blood test, diagnostic threshold and assay); reference standard details (including diagnostic threshold and assay, and timing of test); prevalence of MI and data for a two-by-two table (TP, FN, FP, TN); sensitivity; specificity; and any additional potential relevant citations from the reference list. Where a study presented prognostic data, the following additional information was extracted: whether the participants were TP or TN; duration of follow-up; method of data collection; mortality data; and data on non-fatal MI.

For the review of CTCA and exercise ECG, the following information was extracted for all studies when reported: study characteristics (author, year of publication, journal, country, study design, setting); participant details (age, sex, presenting condition, inclusion and exclusion criteria); index test details (including diagnostic threshold); reference standard details (including diagnostic threshold); prevalence of CAD and data for a two-by-two table (TP, FN, FP, TN); sensitivity; specificity; and any additional potential relevant citations from the reference list. Where a study presented prognostic data, the following additional information was extracted: duration of follow-up; method of data collection; mortality data; data on non-fatal MI and any other MACE.

### **Quality assessment strategy**

The methodological quality of each diagnostic study in the review of biochemical markers was assessed by one reviewer (CC or MK) but checked by a second (CC or MK) using a modified version of the Quality Assessment of Diagnostic Accuracy Studies (QUADAS) tool<sup>28</sup> (a generic, validated, quality assessment instrument for diagnostic accuracy studies). The methodological quality of each included study in the review of CTCA and exercise ECG was assessed by one reviewer (JL) but checked by a second (CC) using the same modified version of the QUADAS tool. In all cases of doubt in either review, the principal investigator (SG) was consulted.

The quality assessment items included from QUADAS<sup>28</sup> were the following: whether or not patients were representative of those who would receive the test in practice, i.e. patients presenting to the emergency services or department with chest pain and suspected ACS; whether or not the reference standard was likely to correctly classify the condition, i.e. was it based on the universal definition of MI; whether or not the time period between onset of symptoms and reference standard and index test was clear enough to be reasonably sure that index and reference tests are meaningful, i.e., were the two tests both conducted within the 12-hour time frame required for the reference standard; whether or not patients received same reference standard regardless of index test result; whether or not the reference standard was independent of the index test (i.e. index test did not form part of reference standard); whether or not the whole sample (or a random selection of the sample) received verification using a reference standard of diagnosis; whether or not the index test was interpreted without knowledge of reference standard results; and whether or not the reference standard was interpreted without knowledge of index test results (blinding).

The following elements from the original QUADAS checklist were omitted either because they did not apply (e.g. inclusion criteria for the reviews was that all studies had to be prospective and patients unselected, i.e. consecutive) or because they were not likely to impact on results in this case (e.g. descriptions of selection criteria or the tests): whether the study was prospective or retrospective; whether or not selection criteria were clearly described; whether or not the reference standard was likely to correctly classify the condition; whether or not the execution of the reference standard was described in sufficient detail to permit its replication; the relevance of index test to clinical practice; and whether or not the execution of the index test was described in sufficient detail to permit its replication. The criterion concerning whether or not there were any interpretable/intermediate test results and whether these were reported was only included in the CTCA/exercise ECG review as there was a risk of loss of data due to uninterpretable results from imaging in this review, which did not apply to the biomarkers review. Study

quality was assessed with each item scored as 'yes', 'no' or 'unclear'. Further details on the modified version of the QUADAS tool are provided in *Appendix 2*.

The quality assessment for prognostic studies of biomarkers, exercise ECG and CTCA was conducted using an adapted version of the framework described by Altman.<sup>29</sup> The assessment asked the following seven questions of each study:

1. *Sample of patients* Are inclusion criteria defined?
2. *Sample of patients* Are characteristics described (age and sex)?
3. *Outcome* Is a MACE defined in the methods section?
4. *Outcome* Is a MACE identification and definition independent of the index test?
5. *Outcome* Is a MACE outcome recorded for at least 80% of the cohort from baseline episode?
6. *Analysis* Was a multivariate analysis undertaken (were other variables, other than our variable of interest, included in the analysis)?
7. *Analysis* Is troponin measured and included in the multivariate analysis, or is analysis stratified by troponin or limited to those with a negative troponin?

Questions 1 and 2 assessed adequacy of reporting. Question 3 aimed to determine whether or not the outcome of interest (MACE) appeared to have been defined a priori by the researchers (i.e. in the methods section rather than the results section). Question 4 aimed to determine whether or not a presenting diagnosis (such as MI) that could have been associated with a positive index test was incorporated in the definition of MACEs. Question 5 assessed adequacy of follow-up. Although this was an inclusion criterion for the review, 80% follow-up was not always clearly reported or achieved at all time points. Question 6 assessed whether or not the study had explored beyond an association between the index test and MACEs to determine whether or not the biomarker added prognostic value beyond routine assessment. Question 7 assessed whether this analysis was stratified by or adjusted for troponin, to determine whether the biomarker added prognostic value to that provided by troponin.

The methodological quality of each prognostic study in the review of biochemical markers was assessed by one reviewer (SG or CC) but checked by a second (SG or CC) using this modified version of the Altman criteria.<sup>29</sup> The methodological quality of each included study in the review of CTCA and exercise ECG was assessed by one reviewer (JL) but checked by a second (FM) using these same criteria. In all cases of doubt in either review, the principal investigator (SG) was consulted.

### **Methods of data synthesis**

The analysis was conducted using Bayesian Markov chain Monte Carlo simulation. In general, there are advantages of the Bayesian approach over a Classical approach, including the ability to (1) analyse complex models exactly; (2) incorporate external evidence in addition to sample data; and (3) make probabilistic statements about parameters. In particular, the approach allowed the direct use of a binomial likelihood for the sample data, including for studies with very small or zero counts; the ability to incorporate uncertainty in the estimate of the between-study standard deviation (SD), including in studies with relatively few studies;<sup>30</sup> and the ability to generate probability distributions that represent parameter uncertainty about inputs to the economic model.

The use of a random-effects model is motivated a priori by the assumption that the true sensitivities and specificities vary according to the study but that they arise from a common (bivariate) population distribution. Heterogeneity is common in meta-analyses of diagnostic test data and the results of these analyses are no exception. The pooled effects presented in the forest plots represent the means of the population of sensitivities and specificities, and these are the parameters that are commonly presented as the results of a meta-analysis. Also presented with the forest plots are predictive effects; these represent the range of estimates that we might expect to see in the population taking into account uncertainty in both the estimate of the mean sensitivity and specificity and the uncertainty in the estimates of the

variability between studies. The predictive effect can be thought of as providing an estimate of the effect of a randomly selected new study in the population.<sup>30,31</sup>

A meta-analysis of diagnostic test accuracy was undertaken for selected biomarkers, assays and decision thresholds. Data were selected and categorised post hoc on the basis of combining data for similar assays at a similar decision threshold. Patients were classified with respect to the index test as being either a TP or a FN if they had the condition, and a FP or TN if they did not have the condition. The model used to summarise the data was a random-effects model in which the true study-specific sensitivities and specificities on the logit scale were assumed to be exchangeable across studies and arising from a bivariate normal distribution with common mean and variance–covariance matrix across studies to allow for correlation within studies. Given the observed (or sample) data, the application of Bayes' theorem provides estimates of the mean and variance for the true study-specific sensitivities and specificities that are functions of the weight given to the prior mean. The weights depend on the variability between studies and the precision of individual studies. The random-effects model leads to estimates of the true sensitivities and specificities for each study with narrower intervals than if the studies were assumed to be independent but shrunk towards the prior mean sensitivities and specificities. The extent of the shrinkage is greatest when there is relatively little information in the sample data relative to the prior distribution.<sup>32</sup>

We let:

$$TP_i \sim \text{Binomial}(\pi_{A_i}, (TP_i + FN_i))$$

$$TN_i \sim \text{Binomial}(\pi_{B_i}, (FP_i + TN_i))$$

$$\mu_{A_i} = \text{logit}(\pi_{A_i})$$

$$\mu_{B_i} = \text{logit}(\pi_{B_i})$$

$$\begin{pmatrix} \mu_{A_i} \\ \mu_{B_i} \end{pmatrix} \sim N\left(\begin{pmatrix} \mu_{A_i} \\ \mu_{B_i} \end{pmatrix}, \Sigma_{AB}\right)$$

$$\Sigma_{AB} = \begin{pmatrix} \sigma_A^2 & \sigma_{AB} \\ \sigma_{AB} & \sigma_B^2 \end{pmatrix}$$

We completed the model by giving the uncertain parameters the following prior distributions:

$$\mu_A \sim N(0, 1000)$$

$$\mu_B \sim N(0, 1000)$$

$$\Sigma_{AB} \sim \text{IW}\left(\begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}, R = 2\right)$$

The data were analysed using the freely available software WinBUGS version 1.4.1 (MRC Biostatistics Unit, Cambridge, UK).<sup>33</sup> Convergence was assessed using the Gelman–Rubin convergence statistic.<sup>34</sup> Convergence occurred after 15,000 iterations. We used a burn-in of 15,000 and generated a further 20,000 iterations to estimate the parameters.

In one analysis (Abbott troponin I) the model failed to fit using the weak prior specified in the analyses of the other diagnostic accuracy data. In this case, we used the following prior distributions:

$$\mu_A \sim N(0, 10)$$

$$\mu_B \sim N(0, 10)$$

$$\Sigma_{AB} \sim IW\left(\begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}, R = 5\right)$$

The impact of this is mainly on the prior estimates of the between-study SDs, which are reduced from 1.5 [95% credible interval (CrI) 0.4 to 33.1] to 0.5 (95% CrI 0.3 to 1.4) when  $R$  is increased from '2' to '5' in the inverse Wishart distribution.

*Meta-analysis of prognostic test accuracy* Data were available from studies in which patients were classified as either having an event or not having an event, depending on whether the index test was positive, inconclusive or negative. Not all studies reported inconclusive tests separately; some reported inconclusive results with the positives, others with the negatives and in others it was not clear whether or not there were any inconclusive tests. Furthermore, some studies reported outcomes only for those with a positive or negative index test. We excluded studies that reported outcomes only for positive or negative index tests. If no inconclusive tests were reported, we included the data in the analyses by assuming that there were no inconclusive results.

Relative risks (RRs) were calculated by comparing (1) positive compared with inconclusive and negative and (2) positive and inconclusive compared with negative. The data were meta-analysed using a Bayesian random-effects model as follows.<sup>34</sup>

We let  $r_{ij}$  represent the number of events in category  $j$  in study  $i$  and  $N_{ij}$  represent the total number of individuals in category  $j$  in study  $i$ . We assumed that the data followed a Binomial distribution such that:

$$r_{ij} \sim \text{Binomial}(P_{ij}, N_{ij})$$

where  $P_{ij}$  represents the probability of an event category  $j$  in study  $i$ .

We let:

$$\log(P_{ij}) = \mu_i + \min(\delta_i - \log(P_{ij}))I_{(j \neq 1)}$$

so that the  $\mu_i$  are study-specific baselines representing the log of the absolute risk of an event in the baseline category and the second term is the log-RR in study  $i$ .

We assumed a random-effects model in which the study-specific RRs are assumed to come from a population of effects that are normally distributed such that:

$$\delta_i \sim N(\mu, \tau^2)$$

We completed the model by giving the uncertain parameters the following prior distributions:

$$\exp(\mu_i) \sim \text{Uniform}(0, 1)$$

$$\delta_i \sim N(0, 1000)$$

$$\tau \sim U(0, 2)$$

The data were analysed using the freely available WinBUGS software.<sup>33</sup> Convergence was assessed using the Gelman–Rubin convergence statistic.<sup>35</sup> Convergence occurred after 50,000 iterations. There was some evidence of high autocorrelation between successive iterations of the Markov chains. We used a burn-in of 50,000 and generated a further 60,000 iterations after thinning the chains every 10 iterations to estimate the parameters.

## Results of the reviews

This section presents the results of the following systematic reviews separately:

1. the diagnostic accuracy of biomarkers measured at presentation, including troponin, compared with the universal definition of MI, and the prognostic accuracy of biomarkers, excluding troponin, for predicting MACEs, in unselected patients presenting with chest pain and suspected ACS (see *Studies included in the biochemical markers review*, below)
2. the diagnostic accuracy and prognostic performance of exercise ECG and CTCA compared with ICA for identifying CAD or predicting MACEs in unselected patients presenting with chest pain and suspected ACS (see *Studies included in the computed tomographic coronary angiography and exercise electrocardiography review*, below).

### *Studies included in the biochemical markers review*

Overall, the literature searches identified 2865 citations. A flow chart describing the process of identifying relevant literature can be found in *Figure 2*. Of the titles and abstracts screened, 182 relevant full papers were retrieved and assessed in detail. Studies excluded from the review, with reasons, are listed in *Appendix 3*. A total of 88 papers evaluating the diagnostic accuracy or prognostic performance of biochemical markers met the inclusion criteria. Of these, we were unable to extract appropriate data from seven studies<sup>36–42</sup> and identified three<sup>43–45</sup> in which there seemed to be duplication of data with other included studies. A total of 40 studies reported data on diagnostic accuracy and 44 studies reported data on prognostic performance, with six of these studies reporting both prognostic and diagnostic data.<sup>46–51</sup>

### Overview of biomarker studies included in the diagnostic review

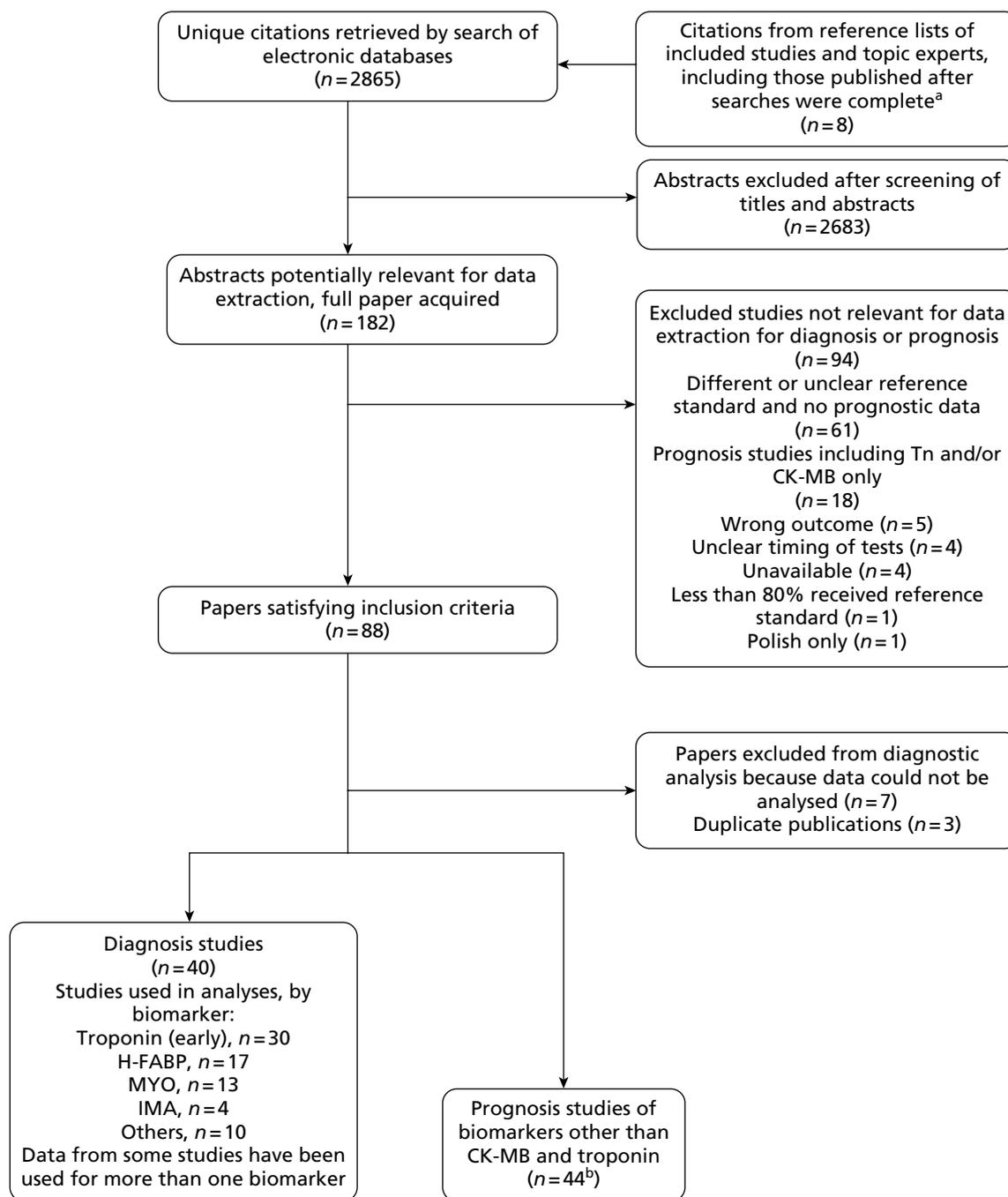
*Table 2* lists all the studies included in the diagnostic accuracy review and the biomarkers that were evaluated with extractable data. We were not able to extract data for all the biomarkers reported in each study. *Table 2* lists only the biomarkers with extractable data.

### Description of diagnostic studies of presentation troponin

We identified 21 diagnostic studies<sup>19,20,48–50,52–57,59,62–64,66,70,72,74,77,81</sup> of presentation TnI and 11 studies<sup>19,46,58,60,62,67,71,73,76,78,82</sup> of TnT for inclusion in the review. Two studies<sup>19,62</sup> evaluated TnI and T. The characteristics of the study populations are outlined in *Tables 3* and *4*, whereas details of the index and reference standard test definitions are provided in *Tables 5* and *6*. Some studies evaluated more than one assay, so assays are reported separately in *Tables 3* and *4*. Reporting of inclusion and exclusion criteria were variable and several studies excluded patients with a diagnostic ECG. Prevalence of MI varied from 5% to 73% and was relatively high, suggesting that patient cohorts may have been subject to implicit selection processes. Time delay from symptoms to presentation varied from 1.2 hours (mean) to 6 hours (median). Several studies reported data using different diagnostic thresholds for the index test. Where this was done we extracted data for threshold based on the 99th percentile, 10% coefficient of variation (CV) and limit of detection (LoD). In accordance with our inclusion criteria, all studies used the universal definition of MI as the reference standard, and most reported using some form of adjudication, taking into account the results of troponin testing. In most cases the troponin used for the reference standard was a standard (i.e. not high sensitivity) assay using the 10% CV or 99th percentile as a diagnostic threshold. However, the study by Christ *et al.*<sup>60</sup> reported the use of a reference standard based on high-sensitivity TnT (HsTnT) alongside a reference standard based on the standard assay. For this study we extracted data based on the standard assay reference standard.

### Quality assessments of diagnostic studies of presentation troponin

*Figures 3* and *4* show the quality assessments for studies of TnI and TnT, respectively, whereas *Figures 5* and *6* show the methodological quality summaries. The studies were generally high quality, perhaps reflecting exclusion of lower-quality studies by our selection criteria. Presentation troponin measurement is obviously not independent of a troponin-based reference standard, so our assessment of verification



**FIGURE 2** Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow chart biochemical markers review. a, we would like to thank Professor Paul Collinson and Rick Body for these studies; b,  $n = 6$  studies report usable diagnostic and prognostic data for the same cohort.

bias focused on whether or not the index and reference standard troponin were measured on different samples. There was some uncertainty about whether index and reference standard tests were assessed blind. This is not likely to have influenced reporting of the index test as in most cases this was a mechanised process producing a quantitative result. However, bias could have resulted if reference standard adjudicators were aware of the presentation troponin result (detection bias). The only other possible issue was the timing of the reference standard, which was not always explicit.

**TABLE 2** Studies and biomarkers included in the diagnostic accuracy review

Study	Relevant index test biomarkers in study
Amodio 2007 <sup>52</sup>	TnI, myoglobin
Apple 2008 <sup>53</sup>	TnI
Apple 2008 <sup>54</sup>	TnI
Apple 2009 <sup>55</sup>	TnI, CD40L, NT-pro-BNP, CRP, MMP9, MPO
Bassan 2005 <sup>56</sup>	TnI, BNP
Body 2011 <sup>57</sup>	TnI, H-FABP, myoglobin, BNP, MPO
Body 2011 <sup>46</sup>	TnT, PAPP-A, CD40L
Brown 2007 <sup>47</sup>	ST2
Cete 2010 <sup>58</sup>	TnT, H-FABP, myoglobin
Charpentier 2010 <sup>59</sup>	TnI, H-FABP, IMA
Christ 2010 <sup>60</sup>	TnT
Christenson 2001 <sup>61</sup>	IMA
Collinson 2006 <sup>62</sup>	TnI, TnT
Collinson 2006 <sup>48</sup>	TnI, IMA
Di Serio 2005 <sup>63</sup>	TnI, H-FABP, myoglobin
Ecollan 2007 <sup>64</sup>	TnI, H-FABP, myoglobin
Eggers 2004 <sup>18</sup>	Myoglobin
Esporcatte 2007 <sup>65</sup>	MPO
Garcia-Valdecasas 2011 <sup>49</sup>	TnI, H-FABP, myoglobin
Guo 2006 <sup>66</sup>	TnI
Haltern 2010 <sup>67</sup>	TnT, H-FABP
Hjortshoj 2010 <sup>68</sup>	H-FABP, myoglobin, IMA
Ilva 2009 <sup>50</sup>	TnI, H-FABP
Ilva 2005 <sup>69</sup>	Myoglobin
Keating 2006 <sup>70</sup>	TnI, IMA
Keller 2009 <sup>20</sup>	TnI
Keller 2010 <sup>71</sup>	TnT, myoglobin, copeptin
Lefevre 2007 <sup>72</sup>	TnI, H-FABP
Li 2010 <sup>73</sup>	TnT, H-FABP
Liao 2009 <sup>74</sup>	TnI, H-FABP, myoglobin
Mad 2007 <sup>75</sup>	H-FABP
McCann 2008 <sup>76</sup>	TnT, H-FABP
Mion 2007 <sup>77</sup>	TnI, H-FABP, myoglobin
Naroo 2009 <sup>78</sup>	TnT, H-FABP
Penttilä 2002 <sup>79</sup>	Myoglobin
Potsch 2006 <sup>51</sup>	CRP

**TABLE 2** Studies and biomarkers included in the diagnostic accuracy review (*continued*)

Study	Relevant index test biomarkers in study
Reichlin 2009 <sup>80</sup>	Copeptin
Reichlin 2009 <sup>19</sup>	TnI, TnT
Rudolf 2010 <sup>81</sup>	TnI, MPO
Valle 2008 <sup>82</sup>	TnT, H-FABP

CD40L, CD40 ligand.

### Analysis of diagnostic accuracy studies of presentation troponin

Tables 7 and 8 show the reported sensitivity and specificity of each assay at key thresholds in each study of TnI and TnT, respectively. The studies used a variety of different assays and thresholds for positivity. In consequence, there is a wide range of reported values for sensitivity and specificity.

We did not undertake meta-analysis across all studies because of variation in the assays and thresholds used, with some studies using high thresholds with no clear basis. Instead, we undertook separate analyses for TnI and TnT using the 99th percentile or 10% CV threshold, when these data were reported (Figures 7–10). The studies by Christ and Popp<sup>60</sup> and Reichlin *et al.*<sup>19</sup> reported data for more than one assay in each potential analysis, so we selected data from one assay in each analysis. We also analysed the following high-sensitivity assays using the 99th percentile (Figures 11–13):

1. ADVIA Centaur Ultra troponin I (Siemens Healthcare, Basel, Switzerland)
2. Abbott Architect troponin I (Abbott Laboratories, IL, USA)
3. Roche hsTnT. (Roche Diagnostics, Basel, Switzerland).

The results show that sensitivity and specificity for TnI were 77% (95% predictive interval 29–96%) and 93% (95% predictive interval 46–100%), respectively, when the 99th percentile was used and 82% (95% predictive interval 40–97%) and 93% (95% predictive interval 74–98%) when the 10% CV was used. This apparently counterintuitive finding (lower sensitivity at a lower diagnostic threshold) is probably explained by either random error or differences in the study populations or assays included in the two analyses. The corresponding results for TnT were 80% (95% predictive interval 33–97%) and 91% (95% predictive interval 53–99%) when the 99th percentile was used and 74% (95% predictive interval 34–94%) and 96% (95% predictive interval 76–99%) when the 10% CV was used, suggesting that different thresholds provide a trade-off between sensitivity and specificity. The differences between point estimates of sensitivity and specificity for TnI and TnT probably reflect differences in the assays or thresholds evaluated, the constituent study populations or random error, rather than a systematic difference between TnI and TnT. The credible ranges for the estimates differed markedly depending upon whether the pooled effect or predictive effect was estimated, reflecting the marked heterogeneity between the studies. The predictive distribution is likely to provide the most appropriate reflection of uncertainty and is used in the cost-effectiveness modelling.

The high-sensitivity assays unsurprisingly had higher sensitivity but lower specificity, although with considerable uncertainty reflected in the wide predictive intervals for their estimates. The Roche HsTnT assay had a sensitivity of 96% (95% predictive interval 27–100%) and a specificity of 72% (95% predictive interval 3–96%). The ADVIA Centaur Ultra-TnI assay had a sensitivity of 86% (95% predictive interval 22–96%) and a specificity of 89% (95% predictive interval 40–97%). The Abbot Architect troponin I assay had a sensitivity of 83% (95% predictive interval 58–95%) and a specificity of 95% (95% predictive interval 67–100%).

These analyses compared high-sensitivity troponin index tests with a reference standard based on a standard troponin assay. We identified one study<sup>60</sup> that compared HsTnT at presentation with a reference

TABLE 3 Population characteristics of studies of TnI

Study	Study type	Population: age (years) and sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Amodio 2007 <sup>52</sup>	Single centre, Italy	Mean age 61, 308 (60%) male	Chest pain with suspected clinical angina or AMI	STEMI, new-onset LBBB	5.0 (median)	516
Apple 2008 <sup>53</sup>	Multicentre, USA and France	NR	Symptoms suggestive of ACS	NR	NR	545
Apple 2008 <sup>54</sup>	Single centre, USA	Mean age 57, 223 (60%) male	Symptoms indicative of ACS	NR	5.1 (median)	371
Apple 2009 <sup>55</sup>	Single centre, USA	Mean age 54, 260 (57%) male	Symptoms suggestive of ACS within 12 hours	NR	3.1 (median)	457
Bassan 2005 <sup>56</sup>	Single centre, Brazil	Mean age 67, 343 male	Chest pain < 12 hours due to possible acute cardiac ischaemia	ST segment elevation	2.0 (median)	631
Body 2011 <sup>57</sup>	Single centre, UK	Mean age 59, 430 (61%) male	Suspected cardiac chest pain occurring within the previous 24 hours	Chest trauma, renal failure requiring dialysis, medical condition necessitating admission, pregnancy	3.5 (median)	705
Charpentier 2010 <sup>59</sup>	Single centre, France	Mean age 57, 454 (67%) male	Chest pain due to suspected within 12 hours	ST elevation, traumatic cause, previous severe renal impairment or severe communication problems	2.9 (median)	677
Collinson 2006 <sup>62</sup>	Multicentre, UK	Median age 60, 150 (70%) male	Chest pain due to suspected ACS within 24 hours	STEMI	3 (median)	213
Collinson 2006 <sup>48</sup>	Single centre, UK	Median age 52, 335 (62%) male	Undifferentiated chest pain	ECG changes of ACS, unstable angina, comorbidity requiring admission, clearly non-cardiac pain	6 (median)	539
Di Serio 2005 <sup>63</sup>	Single centre, Italy	Mean age: female 79, male 65; 23 (77%) male	Not specified	ST elevation	3.4 (mean)	30
Ecollan 2007 <sup>64</sup>	Mobile units, France	Mean age 68, 68 (63%) male	Consecutive emergencies with chest pain	Patients with cardiogenic shock or those with any evidence of a recent chest trauma	2.3 (median)	108
Garcia-Valdecasas 2011 <sup>49</sup>	Single centre, France	Mean age 67, 114 (69%) male	Chest pain > 20 minutes' duration within 6 hours	Chest trauma	NR	165

Study	Study type	Population: age (years) and sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Guo 2006 <sup>66</sup>	Single centre, China	Median age 72, 237(47%) male	Chest pain within 0.5–24 hours	NR	4 (median)	502
Ilva 2009 <sup>50</sup>	Single centre, Finland	Mean age 67, 181 (62%) male	Chest pain suggesting myocardial ischaemia	Uncertain or > 24-hour delay from symptom onset	4.7 (median)	293
Keating 2006 <sup>70</sup>	Multicentre, UK	Median age 61, 251/399 eligible (63%) male	Possible ischaemic cardiac chest pain and normal ECG	Pain for > 8 hours on admission, pain ceased > 2 hours previously, pregnant, renal replacement therapy, jaundice	Not stated	277
Keller 2009 <sup>20</sup>	Multicentre, Germany	Mean age 61, 1208 (66.4%) male	New-onset chest pain presenting at chest pain unit	Major surgery or trauma within the previous 4 weeks, pregnancy, obvious intravenous drug abuse and anaemia with haemoglobin level of < 10 g/dl	59.5% < 6 hours	1818
LeFevre 2007 <sup>72</sup>	Multicentre, France	Mean age 61, 71/100 male	Not specified	Not specified	5.9 (median)	75
Liao 2009 <sup>74</sup>	Single centre, China	Mean age 69, 54 (73%) male	Chest pain and/or dyspnoea lasting for at least 20 minutes within the last 3 hours	None reported	2.2 (median)	74
Mion 2007 <sup>77</sup>	Single centre, Italy	Mean age 63, 88 (67%) male	Non-consecutive patients with chest pain	None reported	3.8 (median)	132
Reichlin 2009 <sup>19</sup>	Multicentre, international	Median age 64 471 (66%) male	Chest pain within 12 hours	Terminal kidney failure requiring dialysis	NR	718
Rudolph 2010 <sup>81</sup>	Single centre, Germany	Mean age 64, 192 (70%) male	Chest pain presenting to the ED	NR	4.5 (median)	274

AMI, acute myocardial infarction; LBBB, left bundle branch block; NR, not reported.

TABLE 4 Population characteristics of studies of TnT

Study	Study type	Population: age (years) and sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Body 2011 <sup>46</sup>	Single centre, UK	Mean age 59, 434 (61%) male	Suspected cardiac chest pain occurring within the previous 24 hours	Chest trauma, renal failure requiring dialysis, medical condition necessitating admission, pregnancy	3.5 (median)	713
Cete 2010 <sup>58</sup>	Single centre, Turkey	Mean age 57, 163 (73%) male	Aged > 18 years presenting to the ED with typical chest pain	Atypical chest pain, musculoskeletal trauma, electrical cardioversion within the last 24 hours, musculoskeletal disease, acute or chronic renal failure, liver disease	NR	224
Christ 2011 <sup>60</sup>	Single centre, Germany	Mean age 66, 87 (64%) male	Acute chest pain of possible coronary origin	No other criteria reported	48% < 6 hours	137
Collinson 2006 <sup>62</sup>	Multicentre, UK	Median age 60, 150 (70%) male	Chest pain due to suspected ACS within 24 hours	STEMI	3 (median)	213
Haltern 2010 <sup>67</sup>	Single centre, Germany	Mean age 69, 27/49 (55%) male	Ischaemic-type chest pain	Age < 18 years, interhospital transfer	4 (median)	94
Keller 2010 <sup>71</sup>	Multicentre, Germany	Mean age 61, 920 (66%) male	Aged 18–85 years, with angina pectoris or equivalent symptoms	Trauma or major surgery within the last 4 weeks, pregnancy, intravenous drug abuse, and anaemia	57.6% < 6 hours	1386
Li 2010 <sup>73</sup>	Multicentre, China	Mean age 64, 163 (72%) male	Chest pain for > 30 minutes and < 12 hours, suspected of MI	No other criteria reported	4 (median)	227
McCann 2008 <sup>76</sup>	Multicentre, Northern Ireland	Mean age 63, 281 (68%) male	Ischaemic-type chest pain within 24 hours	Age < 18 years, interhospital transfer, and previous participation in the study	5.3 (median)	415
Naroo 2009 <sup>78</sup>	Single centre, United Arab Emirates	Age not reported, 627 (79%) male	Typical chest pain within 12 hours	STEMI, known renal disease	NR	791
Reichlin 2009 <sup>19</sup>	Multicentre, international	Median age 64, 471 (66%) male	Chest pain within 12 hours	Terminal kidney failure requiring dialysis	NR	718
Valle 2008 <sup>82</sup>	Multicentre, Spain	Mean age 65, 287 (68%) male	Suspected ACS with symptoms between 20 minutes and 180 minutes of presentation	No other criteria reported	1.2 (mean)	419

TABLE 5 Index and reference standard tests used in studies of TnI

Study	Index test assay	Index test threshold ( $\mu\text{g/l}$ )	99th percentile, 10% CV and LoD ( $\mu\text{g/l}$ )	Reference troponin assay and timing <sup>a</sup>	Reference troponin threshold ( $\mu\text{g/l}$ )	Prevalence MI (%)
Amodio 2007 <sup>52</sup>	Dade Behring Stratus CS	0.03 0.07	0.03 0.07 0.015	TnT, timing and assay not specified	0.07	21
Apple 2008 <sup>53</sup>	BioMérieux Vidas TnI-Ultra	0.01 0.11	0.01 0.11 <0.01	Dade Behring Dimension TnI at 4–12 hours after presentation	0.15	29
Apple 2008 <sup>54</sup>	Bayer (now Siemens) ADVIA Centaur Ultra	0.04 0.006	0.04 0.03 0.006	Dade Behring Dimension or Stratus CS, timing not stated	0.1	13
Apple 2009 <sup>55</sup>	Dade Behring Stratus CS and Dimension Rxl	0.1	0.1 0.15 Not stated	Dade Behring Dimension or Stratus CS TnI at 8 hours after presentation	0.1	5
Bassan 2005 <sup>56</sup>	Biosite immunofluorescence BNP assay	1	Not stated	Dade Behring TnI; within 9 hours post admission	1.0	11
Body 2011 <sup>57</sup>	Alere fluorescence immunoassay	0.055	0.055 Not stated 0.055	Roche fourth-generation TnT at 12 hours	0.035	18
Charpentier 2010 <sup>59</sup>	ADVIA Centaur system (Bayer Diagnostics)	0.1	0.1 0.1 Not stated	ADVIA Centaur TnIc system (Bayer Diagnostics) at 6 hours after presentation	0.1	15
Collinson 2006 <sup>62</sup>	Euro/DPC Immulite	0.2	<1.0 0.2 0.1	Roche third-generation TnT at 24 hours	0.05	29

continued

TABLE 5 Index and reference standard tests used in studies of TnI (continued)

Study	Index test assay	Index test threshold ( $\mu\text{g/l}$ )	99th percentile, 10% CV and LoD ( $\mu\text{g/l}$ )	Reference troponin assay and timing <sup>a</sup>	Reference troponin threshold ( $\mu\text{g/l}$ )	Prevalence MI (%)
Collinson 2006 <sup>48</sup>	Beckman Coulter AccuTnI assay	0.03	Not stated 0.03	Roche Elecsys TnT at 6 and 72 hours	0.05	7
Di Serio 2005 <sup>63</sup>	Randox Evidence Investigator	1	Not stated 1.1	ESC/ACC, not further specified	Not specified	53
Ecollan 2007 <sup>64</sup>	Biosite Triage (pre-hospital)	0.4	Not stated Not stated	Dade Behring TnI up to 24 hours	0.07	51
Garcia-Valdecasas 2011 <sup>49</sup>	ELISA (Dainippon Pharmaceutical, Japan)	0.6	Not stated 0.05	TnI Dimension Analyser (Dade), timing not stated	0.6	39
Guo 2006 <sup>66</sup>	Roche CARDIAC reader	0.1	Not stated Not stated Not stated	Beckman Coulter AccuTnI every 6 hours on first day and every 24 hours for 6 days	0.33	30
Ilva 2009 <sup>50</sup>	Abbott Architect	0.032	0.032 Not stated 0.01	Abbott Architect up to 24 hours	0.032	46
Keating 2006 <sup>70</sup>	Beckman Access	0.06	0.04 Not stated Not stated	TnI; Beckman Access; taken at least 8 hours after pain onset	0.06	15
Keller 2009 <sup>20</sup>	Siemens TnI-Ultra (ADVIA Centaur immunoassay)	0.04	0.04 0.03 Not stated	Roche Troponin T or Siemens Dimension RxL TnI within 6 hours of admission	0.3 (cTnT) 0.14 (cTnI)	23

Study	Index test assay	Index test threshold ( $\mu\text{g/l}$ )	99th percentile, 10% CV and LoD ( $\mu\text{g/l}$ )	Reference troponin assay and timing <sup>a</sup>	Reference troponin threshold ( $\mu\text{g/l}$ )	Prevalence MI (%)
LeFevre 2007 <sup>72</sup>	(1) Dade Behring RxL (2) Siemens Centaur	(1) 0.14 (2) 0.33	(1) 0.07 0.14 Not stated (2) 0.1 0.33 Not stated	(1) Dade Behring RxL or (2) Siemens Centaur TnI, timing not stated	(1) 0.14 (2) 0.33	48
Liao 2009 <sup>74</sup>	Not specified	0.5	Not stated	No details	0.5	73
Mion 2007 <sup>77</sup>	Evidence <sup>®</sup> Cardiac Panel	0.47	Not stated	Dimension RxL TnI, timing not specified	0.15	32
Reichlin 2009 <sup>19</sup>	Siemens TnI-Ultra (ADVIA Centaur immunoassay)	0.04 0.006	0.04 0.03 0.006	Abbott AxSYM TnI, Beckman Coulter AccuTnI or Roche TnT at 6–9 hours after presentation	99th percentile	17
Reichlin 2009 <sup>19</sup>	Abbott Architect TnI	0.028 0.032 0.01	0.028 0.032 0.01	Abbott AxSYM TnI, Beckman Coulter AccuTnI or Roche TnT at 6–9 hours after presentation	99th percentile	17
Reichlin 2009 <sup>19</sup>	Roche TnI	0.16 0.3 0.1	0.16 0.3 0.1	Abbott AxSYM TnI, Beckman Coulter AccuTnI or Roche TnT at 6–9 hours after presentation	99th percentile	17
Rudolph 2010 <sup>81</sup>	Abbott Architect	0.032	Not stated 0.032 0.032	Abbott Architect, timing not stated	0.032	36

ACC, American College of Cardiology; cTnI, cardiac troponin I; cTnT, cardiac troponin T; ESC, European Society of Cardiology.

<sup>a</sup> Timing is from symptoms unless otherwise specified.

TABLE 6 Index and reference standard tests used in studies of TnT

Study	Index test assay	Index test threshold ( $\mu\text{g/l}$ )	99th percentile, 10% CV and LoD ( $\mu\text{g/l}$ )	Reference troponin assay and timing <sup>a</sup>	Reference troponin threshold ( $\mu\text{g/l}$ )	Prevalence MI (%)
Body 2011 <sup>46</sup>	Roche Diagnostics Elecsys fourth-generation TnT	0.01	0.01 0.035	Roche fourth-generation TnT at 12 hours	0.035	18
Cete 2010 <sup>58</sup>	Not stated	0.1	Not stated	Unspecified TnT at 6 hours	0.1	33
Christ 2010 <sup>60</sup>	Roche Diagnostics Elecsys fourth-generation TnT	0.01 0.04	0.01 0.035	Roche fourth-generation TnT at 6 hours after presentation	0.04	15
Christ 2010 <sup>60</sup>	Roche Diagnostics Elecsys HsTnT	0.003 0.014	0.014 0.013 0.002	Roche fourth-generation TnT at 6 hours after presentation	0.04	15
Collinson 2006 <sup>62</sup>	Roche Diagnostics Elecsys third-generation TnT	0.03	0.01 0.03 0.01	Roche third-generation TnT at 24 hours	0.05	29
Halter 2010 <sup>67</sup>	Roche Diagnostics Elecsys TnT	0.03	0.01 0.03 0.01	Roche TnT at 12 hours	0.03	33
Keller 2009 <sup>20</sup>	Roche Diagnostics Elecsys TnT	0.01 0.03	0.01 0.03 0.01	Roche TnT or Siemens Dimension Rxl Tnl within 6 hours of admission	0.3 (TnT) 0.14 (Tnl)	29

Study	Index test assay	Index test threshold ( $\mu\text{g/l}$ )	99th percentile, 10% CV and LoD ( $\mu\text{g/l}$ )	Reference troponin assay and timing <sup>a</sup>	Reference troponin threshold ( $\mu\text{g/l}$ )	Prevalence MI (%)
Li 2010 <sup>73</sup>	Not stated	0.1	Not stated	Unspecified TnT at 12 hours	0.1	50
McCann 2008 <sup>76</sup>	Roche Diagnostics Elecsys TnT	0.03	0.01 0.03 0.01	Roche TnT at 12 hours	0.03	48
Naroo 2009 <sup>78</sup>	Electrochemiluminescence immunoassay	0.03	Not stated	Electrochemiluminescence immunoassay TnT at 6–12 hours after presentation	1	13
Reichlin 2009 <sup>19</sup>	Roche Diagnostics Elecsys HsTnT	0.014 0.002	0.014 0.013 0.002	Abbott AxSYM Tnl, Beckman Coulter AccuTnl or Roche TnT at 6–9 hours after presentation	99th percentile	17
Reichlin 2009 <sup>19</sup>	Roche Diagnostics, Elecsys fourth-generation TnT	0.035 0.01	0.01 0.035 0.01	Abbott AxSYM Tnl, Beckman Coulter AccuTnl or Roche TnT at 6–9 hours after presentation	99th percentile	17
Valle 2008 <sup>82</sup>	Not stated	Not stated	Not stated	Unspecified TnT at 6–12 hours	Not stated	35

<sup>a</sup> Timing is from symptoms unless otherwise specified.

	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?
Amodio 2007 <sup>52</sup>	+	+	+	+	+	+	+	?
Apple 2008 <sup>53</sup>	+	+	?	+	+	+	+	+
Apple 2008 <sup>54</sup>	+	+	+	+	+	+	+	+
Apple 2009 <sup>55</sup>	+	+	+	+	+	+	-	-
Bassan 2005 <sup>56</sup>	+	+	+	+	+	+	?	?
Body 2011 <sup>57</sup>	+	+	+	+	+	+	-	+
Charpentier 2010 <sup>59</sup>	+	+	+	+	+	+	+	+
Collinson 2006 <sup>62</sup>	+	+	+	+	+	+	+	?
Collinson 2006 <sup>48</sup>	+	+	+	+	+	+	?	?
Di Serio 2005 <sup>63</sup>	?	?	+	?	+	+	?	?
Ecollan 2007 <sup>64</sup>	+	+	+	+	+	+	?	?
Garcia-Valdecasas 2011 <sup>49</sup>	+	+	?	+	+	+	+	+
Guo 2006 <sup>66</sup>	+	+	+	+	+	+	-	-
Ilva 2009 <sup>50</sup>	+	+	+	+	+	+	?	?
Keating 2006 <sup>70</sup>	+	+	+	+	+	+	+	+
Keller 2009 <sup>20</sup>	+	+	+	+	+	?	+	+
LeFevre 2007 <sup>72</sup>	?	?	+	+	+	+	+	+
Liao 2009 <sup>74</sup>	+	?	?	+	+	?	-	-
Mion 2007 <sup>77</sup>	-	+	+	+	+	+	?	?
Reichlin 2009 <sup>19</sup>	+	+	+	+	+	+	+	+
Rudolf 2010 <sup>81</sup>	+	+	+	+	+	+	?	?

FIGURE 3 Quality assessment of diagnostic studies of Tnl.

	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?
Body 2011 <sup>46</sup>	+	+	+	+	+	+	?	?
Cete 2010 <sup>58</sup>	+	+	+	+	+	+	?	?
Christ 2010 <sup>60</sup>	+	+	?	+	?	?	?	?
Collinson 2006 <sup>62</sup>	+	+	+	+	+	+	+	?
Haltern 2010 <sup>67</sup>	+	+	+	+	+	+	?	?
Keller 2010 <sup>71</sup>	+	+	+	+	+	+	+	+
Li 2010 <sup>73</sup>	+	+	+	+	+	+	+	+
McCann 2008 <sup>76</sup>	+	+	+	+	+	?	+	+
Naroo 2009 <sup>78</sup>	+	+	+	+	+	+	+	+
Reichlin 2009 <sup>19</sup>	+	+	+	+	+	+	+	+
Valle 2007 <sup>82</sup>	+	?	+	+	+	+	+	?

FIGURE 4 Quality assessment of diagnostic studies of TnT.

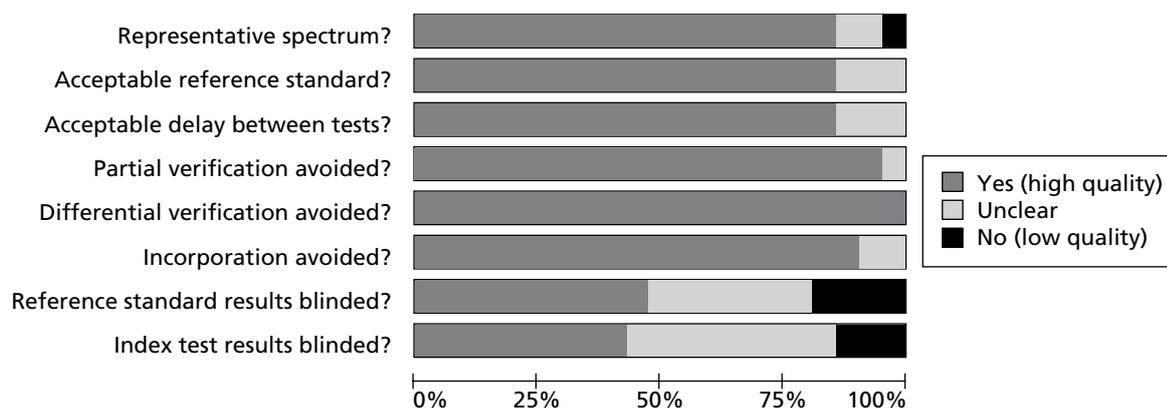
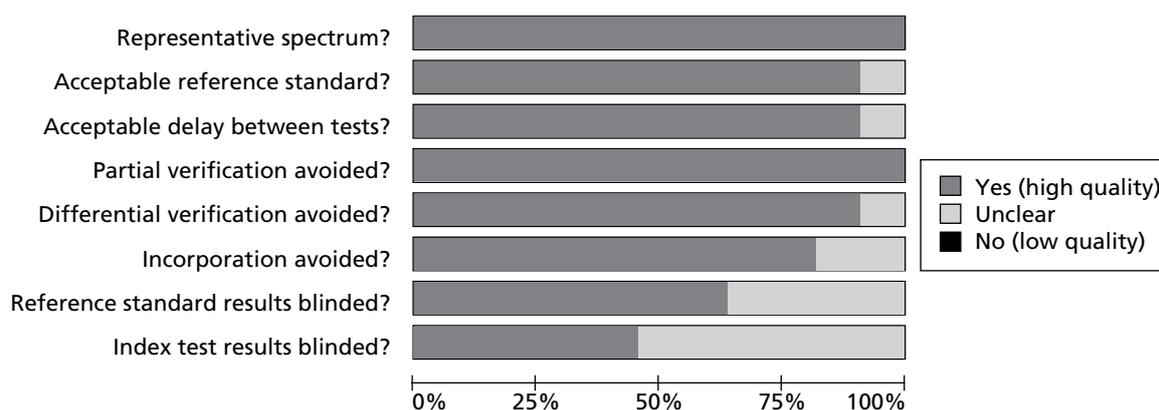


FIGURE 5 Methodological quality summary of diagnostic studies of TnI.



**FIGURE 6** Methodological quality summary of diagnostic studies of TnT.

**TABLE 7** Reported results of all studies of TnI

Study	Biomarker	Threshold value	Threshold definition	Reported sensitivity	Reported specificity
Amodio 2007 <sup>52</sup>	Dade Behring Stratus CS	0.03	99th percentile	0.773	0.84
Amodio 2007 <sup>52</sup>	Dade Behring Stratus CS	0.07	10% CV	0.636	0.931
Apple 2008 <sup>53</sup>	BioMérieux VIDAS TnI-Ultra	0.01	99th percentile	0.882	0.799
Apple 2008 <sup>53</sup>	BioMérieux VIDAS TnI-Ultra	0.11	10% CV	0.763	0.944
Apple 2008 <sup>54</sup>	ADVIA Centaur Ultra	0.006	LoD	0.96	0.33
Apple 2008 <sup>54</sup>	ADVIA Centaur Ultra	0.04	99th percentile	0.74	0.84
Apple 2009 <sup>55</sup>	Dade Behring Stratus CS and Dimension RxL	0.1	99th percentile	0.72	0.89
Bassan 2005 <sup>56</sup>	Dade Behring	1	Not stated	0.507	0.988
Body 2011 <sup>57</sup>	Alere	0.055	99th percentile	0.42	0.96
Charpentier 2010 <sup>59</sup>	ADVIA Centaur Ultra	0.1	99th percentile	0.561	0.986
Collinson 2006 <sup>62</sup>	EuroDPC Immulite	0.2	10% CV	0.9	NR
Collinson 2006 <sup>48</sup>	Beckman Coulter AccuTnI assay	0.03	10% CV	0.946	NR
Di Serio 2005 <sup>63</sup>	Randox Evidence Investigator	1	Not stated	0.687	0.93
Ecollan 2007 <sup>64</sup>	Biosite Triage	0.4	Not stated	0.218	1
Garcia-Valdecasas 2011 <sup>49</sup>	ELISA (Dainippon Pharmaceutical, Japan)	0.6	Not stated	0.25	0.91
Guo 2006 <sup>66</sup>	Roche Cardiac Reader	0.1	Not stated	0.952	0.938
Ilva 2009 <sup>50</sup>	Abbot Architect	0.032	99th percentile	0.784	1
Keating 2006 <sup>70</sup>	Beckman Access	0.06	Not stated	0.74	0.99
Keller 2009 <sup>20</sup>	ADVIA Centaur Ultra	0.04	99th percentile	0.907	0.902
LeFevre 2007 <sup>72</sup>	Dade Behring RxL or Siemens Centaur	0.14 or 0.33	10% CV	0.66	0.95
Liao 2009 <sup>74</sup>	Not stated	0.5	Not stated	0.648	0.5

**TABLE 7** Reported results of all studies of Tnl (*continued*)

Study	Biomarker	Threshold value	Threshold definition	Reported sensitivity	Reported specificity
Mion 2007 <sup>77</sup>	Evidence Cardiac Panel	0.47	Not stated	0.548	0.978
Reichlin 2009 <sup>19</sup>	ADVIA Centaur Ultra	0.04	99th percentile	0.89	0.92
Reichlin 2009 <sup>19</sup>	ADVIA Centaur Ultra	0.006	LoD	0.97	0.68
Reichlin 2009 <sup>19</sup>	Abbot Architect	0.028	99th percentile	0.88	0.92
Reichlin 2009 <sup>19</sup>	Abbot Architect	0.032	10% CV	0.85	0.93
Reichlin 2009 <sup>19</sup>	Abbot Architect	0.01	LoD	0.94	0.87
Reichlin 2009 <sup>19</sup>	Roche	0.16	99th percentile	0.84	0.94
Reichlin 2009 <sup>19</sup>	Roche	0.3	10% CV	0.75	0.97
Reichlin 2009 <sup>19</sup>	Roche	0.1	LoD	0.92	0.88
Rudolph 2010 <sup>81</sup>	Abbot Architect	0.032	10% CV	0.859	0.897

**TABLE 8** Reported results of all studies of TnT

Study	Biomarker	Threshold value	Threshold definition	Reported sensitivity	Reported specificity
Body 2011 <sup>46</sup>	Fourth-generation TnT	0.01	99th percentile	0.748	0.937
Cete 2010 <sup>58</sup>	Not stated	0.1	Not stated	0.452	1
Christ 2010 <sup>60</sup>	Fourth-generation TnT	0.01	99th percentile	0.9	0.812
Christ 2010 <sup>60</sup>	Fourth-generation TnT	0.04	10% CV	0.65	0.906
Christ 2010 <sup>60</sup>	HsTnT	0.003	LoD	1	0.214
Christ 2010 <sup>60</sup>	HsTnT	0.014	99th percentile	0.95	0.615
Collinson 2006 <sup>62</sup>	Third-generation TnT	0.03	10% CV	NR	NR
Haltern 2010 <sup>67</sup>	Roche TnT	0.03	10% CV	0.74	1
Keller 2009 <sup>20</sup>	Fourth-generation TnT	0.03	10% CV	0.637	0.972
Keller 2009 <sup>20</sup>	Fourth-generation TnT	0.01	99th percentile	0.727	0.921
Li 2010 <sup>73</sup>	Not stated	0.1	Not stated	0.693	0.9754
McCann 2008 <sup>76</sup>	Roche TnT	0.03	10% CV	0.75	0.94
Naroo 2009 <sup>78</sup>	Not stated	0.03	Not stated	0.586	0.989
Reichlin 2009 <sup>19</sup>	HsTnT	0.014	99th percentile	0.95	0.8
Reichlin 2009 <sup>19</sup>	HsTnT	0.002	LoD	1	0.14
Reichlin 2009 <sup>19</sup>	Fourth-generation TnT	0.035	10% CV	0.72	0.97
Reichlin 2009 <sup>19</sup>	Fourth-generation TnT	0.01	99th percentile	0.83	0.93
Valle 2008 <sup>82</sup>	Not stated	Unclear	Not stated	0.19	0.99

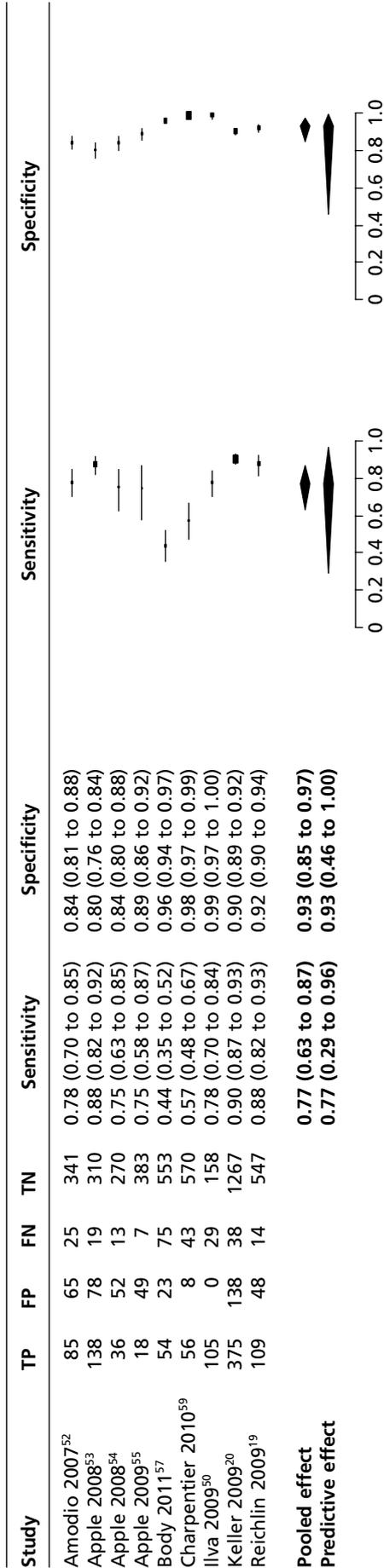


FIGURE 7 Meta-analysis of studies of Tnl using the 99th percentile.

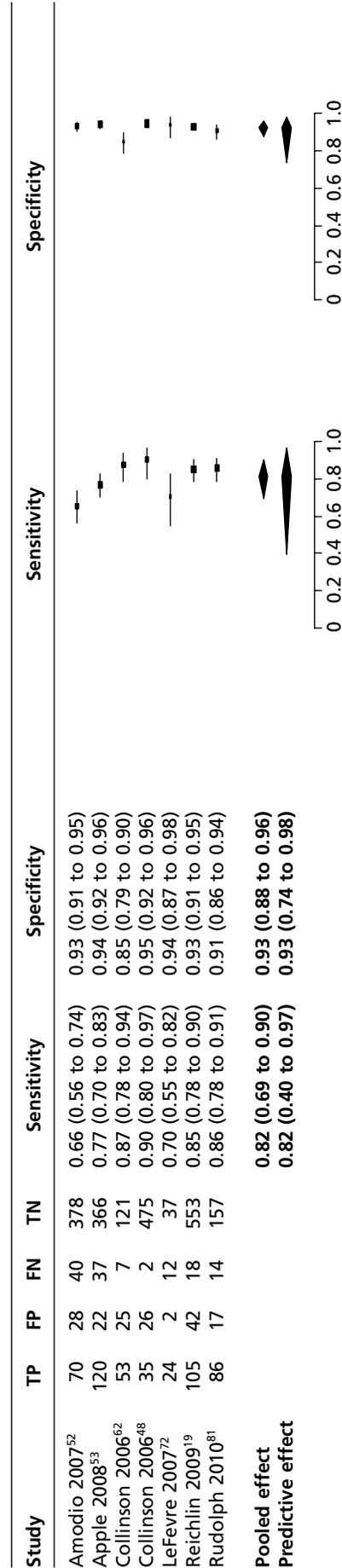


FIGURE 8 Meta-analysis of studies of Tnl using 10% CV.

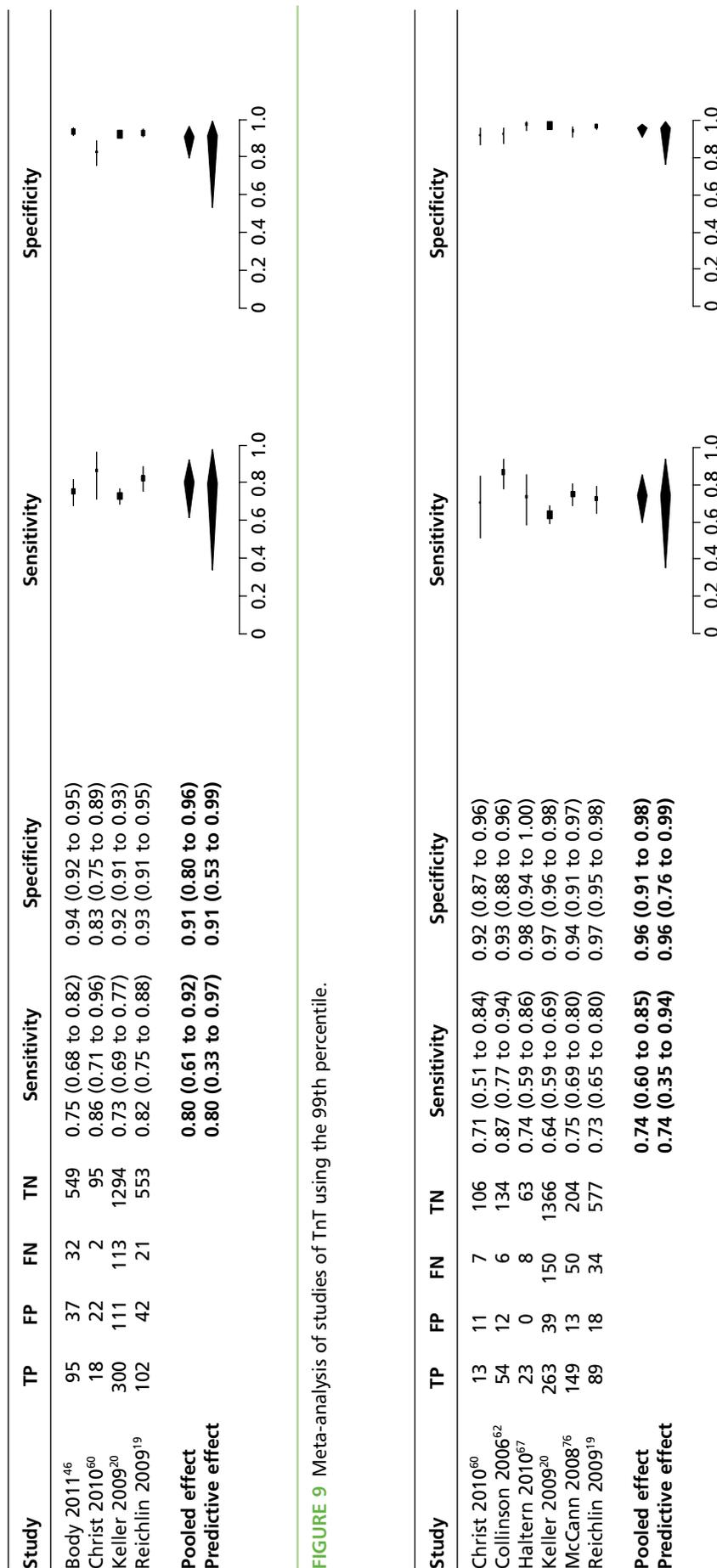


FIGURE 9 Meta-analysis of studies of TnT using the 99th percentile.

FIGURE 10 Meta-analysis of studies of TnT using 10% CV.

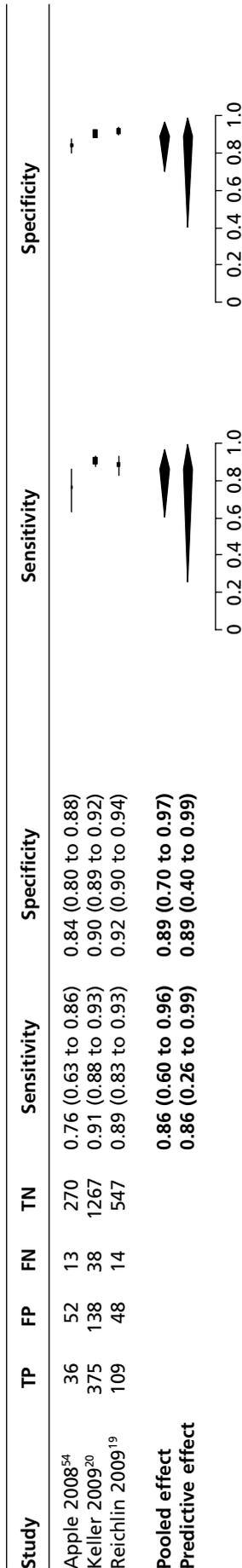


FIGURE 11 Meta-analysis of studies of ADVIA Centaur Ultra TnI.

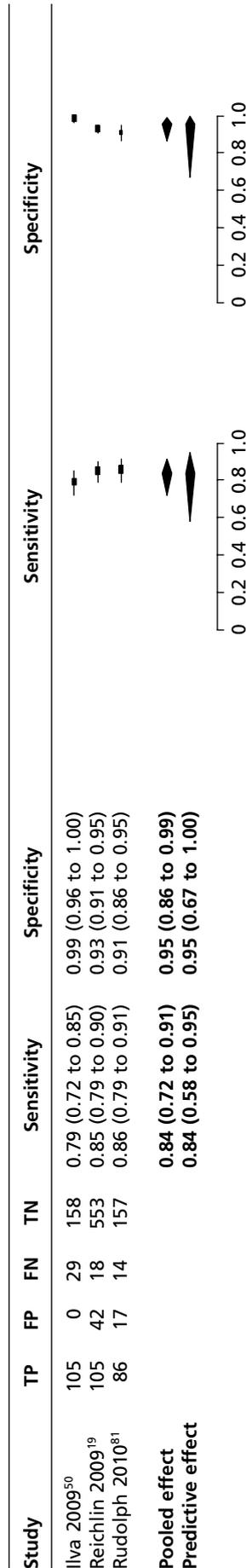


FIGURE 12 Meta-analysis of studies of Abbott Architect TnI.

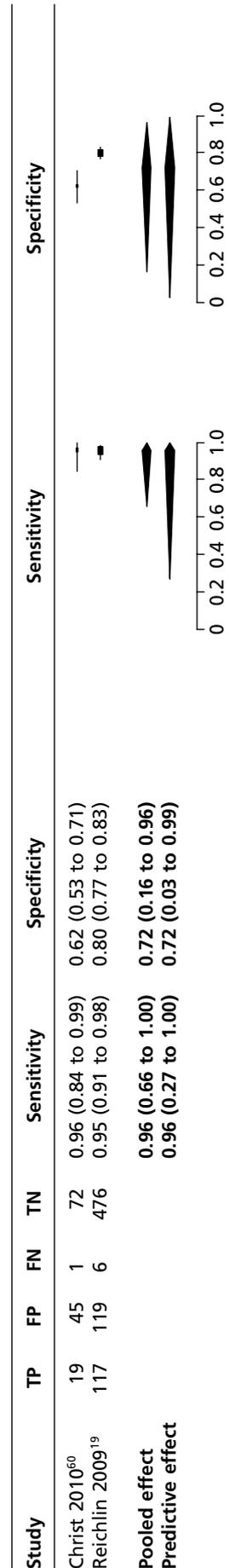


FIGURE 13 Meta-analysis of studies of Roche HsTnT.

standard based on HsTnT, as well as a standard TnT assay. The sensitivity and specificity of HsTnT were 95.0% and 61.5%, respectively, compared with a reference standard based on the standard assay, and were 94.3% and 69.6%, respectively, compared with a reference standard based on the high-sensitivity troponin assay. These findings suggest that the higher sensitivity and lower specificity of high-sensitivity assays compared with standard troponin assays are not simply due to different assays being used for index test and reference standard, but represent a genuine improvement in early sensitivity at the expense of specificity for a final diagnosis of MI. The lower specificity of high-sensitivity assays may be due to a greater ability to detect myocardial injury secondary to other clinical conditions.<sup>83,84</sup>

### Description of diagnostic studies of heart-type fatty acid-binding protein

We identified 17 diagnostic studies<sup>49,50,57–59,63,64,67,68,72–78,82</sup> of H-FABP for inclusion in the review. *Table 9* shows the population characteristics and *Table 10* shows the index and reference standard test characteristics. As with the troponin studies, reporting of exclusion criteria were variable, with some studies excluding patients with diagnostic ECG changes. The prevalence of MI varied from 15% to 73% and was relatively high, suggesting some selection of higher risk cases. The time from symptom onset to sampling varied from 1.2 hours (mean) to 5.9 hours (median). Around half of the studies evaluated qualitative assays, most specifying that this was the CardioDetect assay with a diagnostic threshold of 7 µg/l. The threshold used by quantitative assay was variable. Most of the studies used reference standards based on a standard modern troponin assay, using the 10% CV or 99th percentile as a diagnostic threshold, although not all gave details of the assay and threshold.

### Quality assessment of diagnostic studies of heart-type fatty acid-binding protein

*Figure 14* shows the quality assessments for studies of H-FABP, while *Figure 15* shows the methodological quality summary. The overall quality and the issues raised were similar to those for the studies of troponin.

### Analysis of diagnostic studies of heart-type fatty acid-binding protein

*Figure 16* shows the meta-analysis of the studies of quantitative H-FABP and *Figure 17* shows the meta-analysis of qualitative assays. The summary estimates of sensitivity and specificity were 81% (95% predictive interval 50–95%) and 80% (95% predictive interval 26–98%), respectively, for the quantitative assays and 68% (95% predictive interval 11–97%) and 92% (95% predictive interval 20–100%), respectively, for the qualitative assays.

### Description of diagnostic studies of ischaemia-modified albumin

We identified four studies<sup>48,61,68,70</sup> that were eligible for inclusion in the review (*Tables 11* and *12*). A number of other studies of IMA were excluded because the reference standard was ACS, based on clinical criteria, and cases with MI were not reported separately. Two studies restricted recruitment to patients presenting within 3<sup>70</sup> and 8 hours<sup>61</sup> of symptom onset. Only one study<sup>48</sup> reported the median time delay from symptom onset. Thresholds of between 75 and 91 were used for IMA. Three studies used a modern standard troponin assay for the reference standard, whereas the older study from Christensen *et al.*<sup>61</sup> inevitably used an older troponin reference standard with a higher threshold for positivity.

### Quality assessment of diagnostic studies of ischaemia-modified albumin

*Figure 18* shows the quality assessments for studies of IMA, whereas *Figure 19* shows the methodological quality summary.

### Analysis of diagnostic studies of ischaemia-modified albumin

*Figure 20* shows the results of meta-analysis of studies of IMA. The summary estimates of sensitivity and specificity were 77% (95% predictive interval 19–98%) and 39% (95% predictive interval 2–95%), respectively.

### Description of diagnostic studies of myoglobin

We identified 13 diagnostic studies<sup>18,49,52,57,58,63,64,68,69,71,74,77,79</sup> of myoglobin for inclusion in the review. *Table 13* shows the population characteristics and *Table 14* shows the index and reference standard

TABLE 9 Population characteristics of studies of H-FABP

Study	Study type	Population: age (years) and sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Body 2011 <sup>57</sup>	Single centre, UK	Mean age 59; 430/705 (61% male)	Suspected cardiac chest pain occurring within the previous 24 hours	Chest trauma, renal failure requiring dialysis, medical condition necessitating admission, pregnancy	3.5 (median)	705
Cete 2010 <sup>58</sup>	Single centre, Turkey	Mean age 57; 163 (73% male)	Aged > 18 years presenting to the ED with typical chest pain	Atypical pain, trauma, electrical cardioversion within 24 hours, musculoskeletal disease, acute or chronic renal failure, liver disease	NR	224
Charpentier 2010 <sup>59</sup>	Single centre, France	Mean age 57; 454 (67% male)	Chest pain due to suspected within 12 hours	ST elevation, traumatic cause, previous severe renal impairment, or severe communication problems	2.9 (median)	677
Di Serio 2005 <sup>63</sup>	Single centre, Italy	Mean age 79 (women), 65 (men); 23 (77% male)	Not specified	ST elevation	3.4 (mean)	30
Ecollan 2007 <sup>64</sup>	Mobile units, France	Mean age 68; 68 (63% male)	Consecutive emergencies with chest pain	Patients with cardiogenic shock or those with any evidence of a recent chest trauma	2.3 (median)	108
Garcia-Valdecasas 2011 <sup>49</sup>	Single centre, France	Mean age 67; 114 (69% male)	Chest pain > 20 minutes' duration within 6 hours	Chest trauma	NR	165
Haltern 2010 <sup>67</sup>	Single centre, Germany	Mean age 69; 27/49 (55% male)	Ischaemic-type chest pain	Age < 18 years, interhospital transfer	4 (median)	94
Hjortshoj 2010 <sup>68</sup>	Single centre, UK	Median range across three groups (60–63); 70 men, 37 women	Chest pain and suspected of ACS	None reported	NR	107
Ilva 2009 <sup>50</sup>	Single centre, Finland	Mean age 67; 181 (62% male)	Chest pain suggesting myocardial ischaemia	Uncertain or > 24-hour delay from symptom onset	4.7 (median)	293
Lefevre 2007 <sup>72</sup>	Multicentre, France	Mean age 61; 71/100 eligible (71% male)	Not specified	None reported	5.9 (median)	75
Li 2010 <sup>73</sup>	Multicentre, China	Mean age 64; 163 (72% male)	Chest pain > 30 minutes and < 12 hours suspected of AMI	None reported	4 (median)	227

Study	Study type	Population: age (years) and sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Liao 2009 <sup>74</sup>	Single centre, China	Mean age 69; 54 (73%) male	Onset of acute chest pain and/or dyspnoea lasting for at least 20 minutes within the last 3 hours, age > 18 years	None reported	2.2 (IQR 1.5–2.9) (median)	74
Mad 2007 <sup>75</sup>	Single centre, Austria	Mean age 58; 213 (76%) male	Onset of acute chest pain and/or dyspnoea lasting for at least 20 minutes within the last 24 hours, age > 18 years	None reported	3 (IQR 2–6) (median)	280
McCann 2008 <sup>76</sup>	Multicentre, Northern Ireland	Mean age 63; 281 (68%) male	Ischaemic type chest pain within 24 hours	Age < 18 years; interhospital transfer, and previous participation in the study	5.3 (median)	415
Mion 2007 <sup>77</sup>	Single centre, Italy	Mean age 63; 88 (67%) male	Non-consecutive patients with chest pain	None reported	3.8 (range, 1.5–13.0) (median)	132
Naroo 2009 <sup>78</sup>	Single centre, United Arab Emirates	Age not reported; 627 (79%) male	Typical cardiac chest pain within 20 minutes to 12 hours	STEMI, renal disease, age < 20 years	NR	791
Valle 2008 <sup>82</sup>	Multicentre, Spain	Mean age 65; 287 (68%) male	Suspected ACS with symptoms between 20 and 180 minutes after presentation	None reported	1.2 (mean)	419

IQR, interquartile range; NR, not reported.

TABLE 10 Index and reference standard tests used in studies of H-FABP

Study	Index test analyser	Threshold ( $\mu\text{g/l}$ )	Reference test assay and timing	Reference Tn diagnostic threshold ( $\mu\text{g/l}$ )	MI prevalence in sample (%)
Body 2011 <sup>57</sup>	Alere Fluorescence immunoassay	58	Roche Elecsys TnT at least 12 hours after symptom onset	0.01	18
Cete 2010 <sup>58</sup>	CardioDetect®	6.2	TnT; assay not reported; 6 hours	0.1	33
Charpentier 2010 <sup>59</sup>	CardioDetect®	7	ADVIA Centaur TnI system (Bayer Diagnostics) at 6 hours	0.1	15
Di Serio 2005 <sup>63</sup>	Randox Evidence Investigator	6.4	ESC/ACC, not further specified	Not specified	53
Ecollan 2007 <sup>64</sup>	CardioDetect®	7	Dade Behring TnI over 24 hours	0.07 (99th percentile)	51
Garcia-Valdecasas 2011 <sup>49</sup>	Dainippon Pharmaceutical ELISA	6.2	Dade Dimension TnI; timing not stated	0.6	39
Haltern 2010 <sup>67</sup>	HyCult Biotechnology ELISA	7	Roche Elecsys TnT at 12 hours	0.03	33
Hjortshoj 2010 <sup>68</sup>	HyCult Biotechnology ELISA	6.0	Roche Elecsys TnT at 6–9 hours, and 12–24 hours	0.03	33
Ilva 2009 <sup>50</sup>	Innotrac Aio! Immunoanalyzer	10.4	Abbott Architect TnI up to 24 hours	0.032	46
Lefebvre 2007 <sup>72</sup>	CardioDetect®	6.2	Dade Behring RxL TnI or Siemens Centaur TnI	0.14 and 0.33	48
Li 2010 <sup>73</sup>	Wuhan EasyDiagnosis Biomedicine Co	7	TnT; assay not specified; 12 hours	0.1	50
Liao 2009 <sup>74</sup>	CardioDetect®	7	NR; NR; assumed to be 10–12 hours	0.5	73
Mad 2007 <sup>75</sup>	CardioDetect®	7	TnT; no details of assay; ACC and ESC guidelines (10–12 hours)	0.04	39
McCann 2008 <sup>76</sup>	HyCult Biotechnology ELISA	1.2	Roche Elecsys TnT at 12 hours	0.03	48
Mion 2007 <sup>77</sup>	Evidence® Cardiac Panel	6.02	Dimension RxL TnI; timing NR (as ESC/ACC guidelines)	0.15	32
Naroo 2009 <sup>78</sup>	CardioDetect®	7	Assay not specified; 6–12 hours after initial sampling	1	13
Valle 2008 <sup>82</sup>	CardioDetect®	7	TnT at 6–12 hours, assay not reported	Not stated	35

ACC, American College of Cardiology; ESC, European Society of Cardiology; NR, not reported.

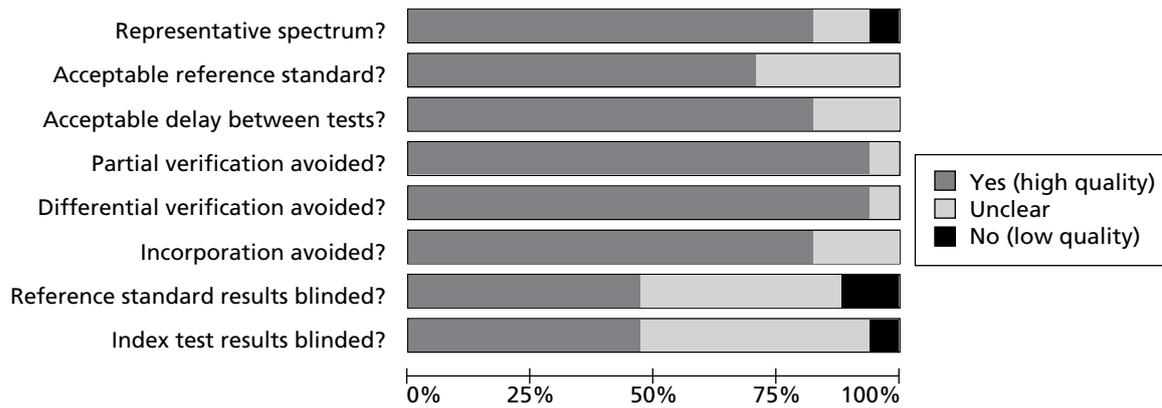
	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?
Body 2011 <sup>57</sup>	+	+	+	+	+	+	-	+
Cete 2010 <sup>58</sup>	+	+	+	+	+	+	?	?
Charpentier 2010 <sup>59</sup>	+	+	+	+	+	+	+	+
Di Serio 2005 <sup>63</sup>	?	?	+	?	+	+	?	?
Ecollan 2007 <sup>64</sup>	+	+	+	+	+	+	?	?
Garcia-Valdecasas 2011 <sup>49</sup>	+	+	?	+	+	+	+	+
Haltern 2010 <sup>67</sup>	+	+	+	+	+	+	?	?
Hjortshoj 2010 <sup>68</sup>	+	+	+	+	+	+	?	?
Ilva 2009 <sup>50</sup>	+	+	+	+	+	+	?	?
LeFevre 2007 <sup>72</sup>	?	?	+	+	+	+	+	+
Li 2010 <sup>73</sup>	+	+	+	+	+	+	+	+
Liao 2009 <sup>74</sup>	+	?	?	+	+	?	-	-
Mad 2007 <sup>75</sup>	+	?	?	+	+	?	+	+
McCann 2008 <sup>76</sup>	+	+	+	+	+	?	+	+
Mion 2007 <sup>77</sup>	-	+	+	+	?	+	?	?
Naroo 2009 <sup>78</sup>	+	+	+	+	+	+	+	+
Valle 2007 <sup>82</sup>	+	?	+	+	+	+	+	?

**FIGURE 14** Quality assessment of diagnostic studies of H-FABP.

test characteristics. Reporting of exclusion criteria was variable and some studies excluded patients with diagnostic ECG changes. The prevalence of MI was generally high and varied from 18% to 73%. The median time from symptom onset to sampling varied from 2.2 to 7.8 hours. There was no consistency in the diagnostic threshold used. It ranged from 51 to 150  $\mu\text{g/l}$  and 5 out of 13 studies used different thresholds for men and women, whereas 8 out of 13 studies used the same threshold. Several studies used relatively high thresholds for positivity for the reference standard troponin or did not report the timing of sampling or the assay used.

### Quality assessment of diagnostic studies of myoglobin

Figure 21 shows the quality assessments for studies of myoglobin, whereas Figure 22 shows the methodological quality summary. The quality assessment of acceptability of the reference standard was limited to whether or not the reference standard criteria were reported clearly and met the universal



**FIGURE 15** Methodological quality summary of diagnostic studies of H-FABP.

definition. Although most studies had an acceptable reference standard by these criteria, it is debatable whether the troponin assays and threshold used represented best current practice in some cases.

### Analysis of diagnostic studies of myoglobin

Figure 23 shows the results of meta-analysis of studies of myoglobin. The summary estimates of sensitivity and specificity were 62% (35–83%) and 83% (35–98%), respectively.

### Description of diagnostic studies of other biomarkers

We identified 10 diagnostic studies<sup>46,47,51,55–57,65,71,80,81</sup> of other biomarkers. Table 15 shows the population characteristics and Table 16 shows the index and reference standard test characteristics. The prevalence of MI was lower than the studies of troponin, H-FABP and myoglobin, and varied from 5% to 29%. The median time from symptom onset to sampling varied from 2 to 4.5 hours. Most of the studies used a modern troponin assay with an acceptable threshold for the reference standard.

### Quality assessment of diagnostic studies of other biomarkers

Figure 24 shows the quality assessments for studies of other biomarkers, whereas Figure 25 shows the methodological quality summary.

### Analysis of diagnostic studies of other biomarkers

The studies reported four analyses of MPO,<sup>55,57,65,81</sup> two each of BNP,<sup>55,56</sup> CD40L,<sup>46,55</sup> copeptin<sup>71,80</sup> and CRP,<sup>51,55</sup> and one each of MMP9,<sup>55</sup> NT-pro-BNP<sup>55</sup> and PAPP-A.<sup>46</sup> No two analyses evaluated the same biomarker at the same threshold. The data were therefore insufficient for meaningful meta-analysis. Sensitivity and specificity of each biomarker in each analysis are reported in Table 17. Overall, diagnostic accuracy was modest. Sensitivity exceeding 0.8 was achieved only at the expense of specificity. None of these analyses suggests that the biomarker in question could be used as a single test for early diagnosis of MI.

### Diagnostic studies of biomarkers in combination with troponin

Nine studies<sup>48,55,57,67,70,71,76,77,80</sup> reported 11 analyses of the sensitivity and specificity of biomarkers in combination with troponin, compared with troponin alone. These are outlined in Table 18. We did not undertake meta-analysis because no combination was evaluated in more than two studies. In most cases,

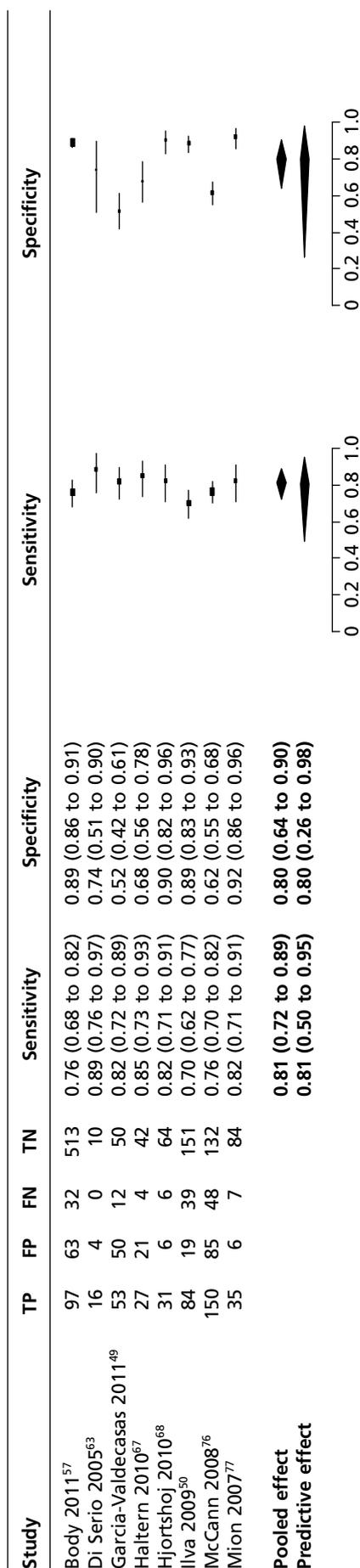


FIGURE 16 Meta-analysis of quantitative H-FABP assays.

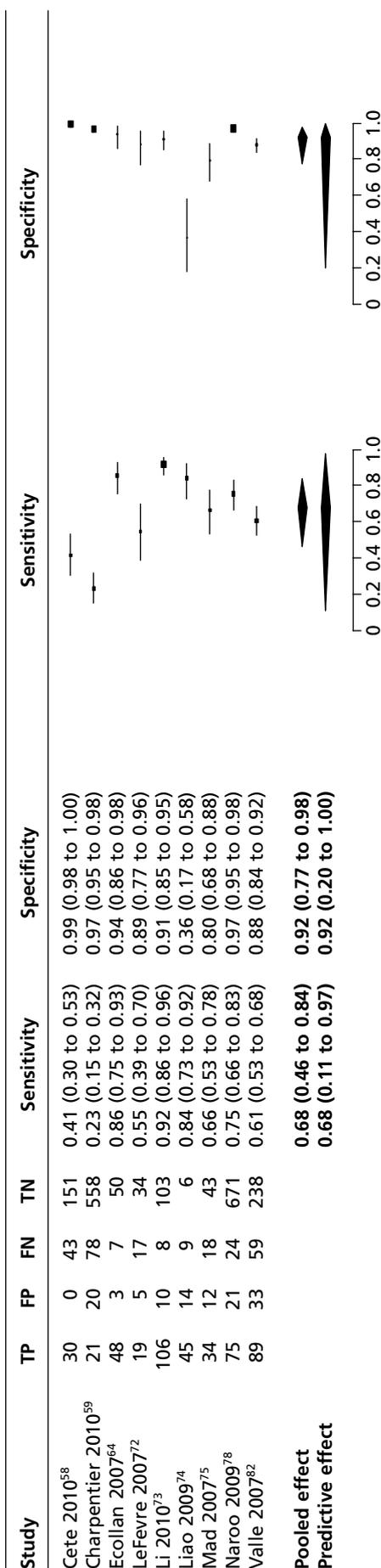


FIGURE 17 Meta-analysis of qualitative H-FABP assays.

TABLE 11 Population characteristics of studies of IMA

Study	Study type	Population: age (years); sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Christenson 2001 <sup>61</sup>	Multicentre, USA	Mean age 59.1 (SD 14.8); 112 (50%) male	Arrival at ED within 3 hours of clinical signs and symptoms of ACS	MI > 3 hours before presentation, inconsistencies between cTnI and other biochemical marker data in the 6- to 24-hour time frame	< 3 hours	224
Collinson 2006 <sup>48</sup>	Single centre, UK	Median age 51.9; 335 (62%) male	Admissions to the ED with undifferentiated chest pain	Significant new ECG changes, requiring hospital admission, known CAD with unstable angina, clearly non-cardiac chest pain	6 (median)	538
Hjortshoj 2010 <sup>68</sup>	Single centre, UK	Median range across three groups (60–63); 70 (65%) male	Chest pain and suspected of ACS	None reported	Not stated	107
Keating 2006 <sup>70</sup>	Multicentre, UK	Median age 61; 251/399 eligible (63%) male	Possible ischaemic cardiac chest pain and normal ECG	Pain > 8 hours on admission, pain ceased > 2 hours previously, pregnant, renal replacement therapy, jaundice	Not stated	277

TABLE 12 Index and reference standard tests used in studies of IMA

Study	Index test analyser	Threshold	Reference test assay and timing	Reference Tn diagnostic threshold ( $\mu\text{g/l}$ )	MI prevalence in sample (%)
Christenson 2001 <sup>61</sup>	Albumin Cobalt Binding (ACBTM) Test (Ischemia Technologies, Denver, CO, USA) on a Cobas MIRA Plus instrument	75 U/ml	Vitros ECI, Abbott AxSYM or Dimension RxL Tnl at 6–24 hours	0.8, 1.6 and 1.5, respectively	13
Collinson 2006 <sup>48</sup>	ACB assay (Ischemia Technologies, Denver, CO, USA)	85 U/ml	Roche Elecsys TnT or Beckman Coulter Tnl up to 72 hours	0.05	7
Hjortshoj 2010 <sup>68</sup>	ACB test (Inverness Medical Innovations Inc., Stirling, UK) on a Cobas MIRA Plus instrument	88.2 U/ml and 91 U/ml	Roche Elecsys TnT after 6–9 hours, and 12–24 hours	0.03	33
Keating 2006 <sup>70</sup>	Beckman LX 20	86 U/ml	Tnl; Beckman Access; taken at least 8 hours after pain onset	0.06	15

	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?
Christenson 2001 <sup>61</sup>	?	+	+	+	+	+	?	?
Collinson 2006 <sup>48</sup>	+	+	+	+	+	+	?	?
Hjortshoj 2010 <sup>68</sup>	+	+	+	+	+	+	?	?
Keating 2006 <sup>70</sup>	+	+	+	+	+	+	+	+

FIGURE 18 Quality assessment of diagnostic studies of IMA.

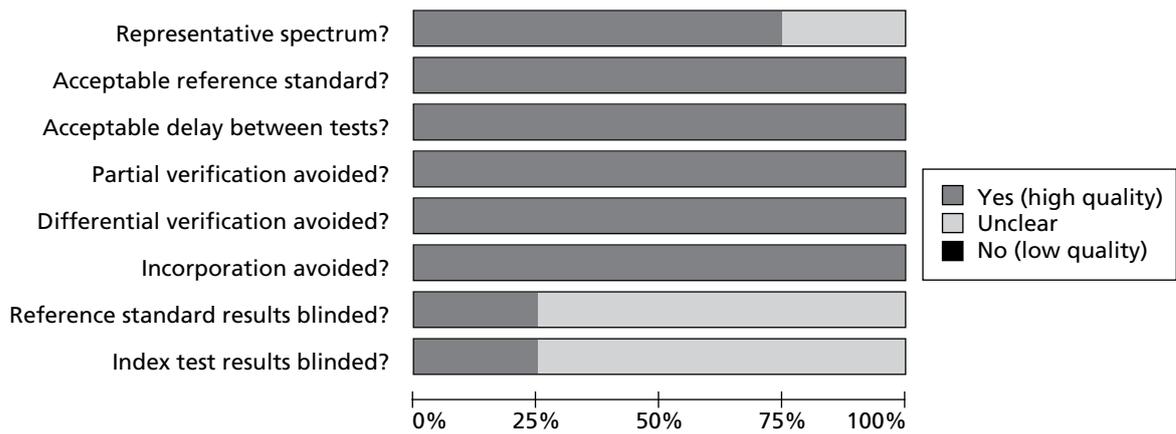


FIGURE 19 Methodological quality summary of diagnostic studies of IMA.

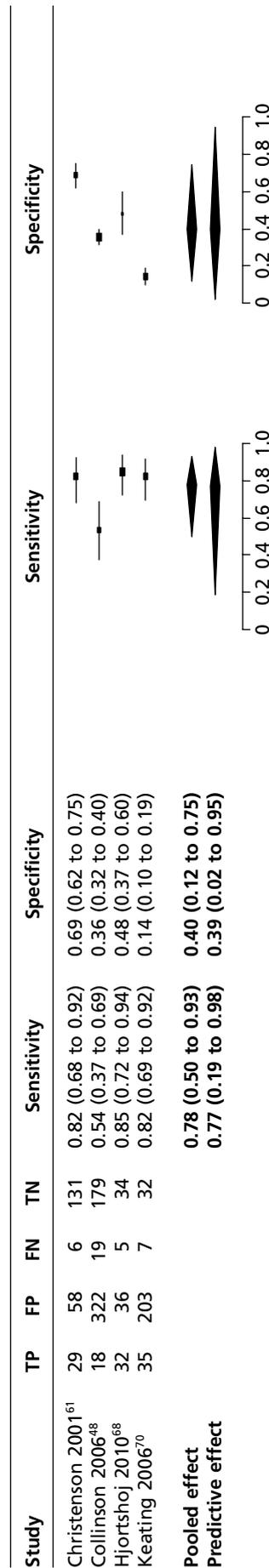


FIGURE 20 Meta-analysis of studies of IMA.

TABLE 13 Population characteristics of studies of myoglobin

Study	Study type	Population: age (years); sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Amodio 2007 <sup>52</sup>	Single centre, Italy	Mean age 61; 308 (60%) male	Suspected clinical angina or AMI	STEMI, new-onset LBBB	5.0 (median)	516
Body 2011 <sup>57</sup>	Single centre, UK	Mean age 59; 434 (61%) male	Suspected cardiac chest pain occurring within the previous 24 hours	Chest trauma, renal failure, needing hospital admission, pregnancy	3.5 (median)	713
Cete 2010 <sup>58</sup>	Single centre, Turkey	Mean age 57; 163 (73%) male	Aged > 18 years presenting to the ED with typical chest pain	Atypical pain, trauma, recent electrical cardioversion, musculoskeletal disease, renal failure, liver disease	NR	224
Di Serio 2005 <sup>63</sup>	Single centre, Italy	Mean age 79 (women), 65 (men); 23 (77%) male	Not specified	ST elevation	3.4 (mean)	30
Ecollan 2007 <sup>64</sup>	Mobile units, France	Mean age 68; 68 (63%) male	Consecutive emergencies with chest pain	Cardiogenic shock, recent chest trauma	2.3 (median)	108
Eggers 2004 <sup>18</sup>	Single centre, Sweden	Median age 66; 130 (66%) male	Chest pain within 24 hours, suspicious of unstable angina or AMI	STEMI	5.5 (median)	180
Garcia-Valdecasas 2011 <sup>49</sup>	Single centre, France	Mean age 67; 114 (69%) male	Chest pain > 20 minutes' duration within 6 hours	Chest trauma	NR	165
Hjortshoj 2010 <sup>68</sup>	Single centre, UK	Median range across three groups (60–63); 70 (65%) male	Chest pain and suspected of ACS	None reported	NR	107
Ilva 2005 <sup>69</sup>	Single centre, Finland	Mean age 67; 314 (59%) male	Suspected MI	None reported	7.8 hours (median)	531
Keller 2010 <sup>71</sup>	Multicentre, Germany	Mean age 61; 920 (66%) male	Aged 18–85 years with angina pectoris or equivalent symptoms	Trauma or major surgery within the last 4 weeks, pregnancy, intravenous drug abuse, anaemia	57.6% < 6 hours	1386
Liao 2009 <sup>74</sup>	Single centre, China	Mean age 69; 54 (73%) male	Onset of acute chest pain and/or dyspnoea within the last 3 hours	None reported	2.2 (median)	74
Mion 2007 <sup>77</sup>	Single centre, Italy	Mean age 63; 88 (67%) male	Non-sequential patients with chest pain	None reported	3.8 (median)	132
Penttilä 2002 <sup>79</sup>	Single centre, Finland	Mean age 68; 246 (56%) male	Chest pain within 12 hours	None reported	< 12 hours	440

AMI, acute myocardial infarction; LBBB, left bundle branch block; NR, not reported.

TABLE 14 Index and reference standard tests used in studies of myoglobin

Study	Index test analyser and timing	Threshold ( $\mu\text{g/l}$ )	Reference test assay and timing	Reference Tn diagnostic threshold ( $\mu\text{g/l}$ )	MI prevalence in sample (%)
Amodio 2007 <sup>52</sup>	Dade Behring Stratus CS	68 and 86	TnT; assay and timing not specified	0.07	21
Body 2011 <sup>57</sup>	Alere Fluorescence immunoassay	107	Roche Diagnostics, Elecsys at 12 hours from symptoms	0.01	18
Cete 2010 <sup>58</sup>	Not stated	52 (women), 81 (men)	TnT; assay not reported; 6 hours	0.1	33
Di Serio 2005 <sup>63</sup>	Evidence Investigator™	73.4	ESC/ACC, not further specified	Not specified	53
Ecollan 2007 <sup>64</sup>	Biosite Triage®	150	Dade Behring TnI test at any time point over 24 hours	0.07	51
Eggers 2004 <sup>18</sup>	Dade Behring Stratus CS	98 (men), 56 (women)	Abbott AxSYM TnI; within 24 hours	0.1	22
Garcia-Valdecasas 2011 <sup>49</sup>	Dade Dimension	92 (men), 76 (women)	Dimension Analyser TnI, timing not stated	0.6	39
Hjortshoj 2010 <sup>68</sup>	Roche Elecsys	51 (women), 72 (men)	Roche Elecsys TnT after 6 to 9 hour and 12–24 hours	0.03	33
Ilva 2005 <sup>69</sup>	Innotrac Aio	150	Bayer Diagnostics TnI up to 24 hours	0.3	37
Keller 2010 <sup>71</sup>	Not stated	107	Roche TnT or Siemens Dimension RxL TnI within 6 hours of admission	0.3 (TnT) 0.14 (TnI)	29
Liao 2009 <sup>74</sup>	Not stated	70	NR	1	73
Mion 2007 <sup>77</sup>	Evidence® Cardiac Panel	87	Dimension RxL TnI, timing not specified	0.15	32
Penttilä 2002 <sup>79</sup>	Hitachi 717	65 (men), 55 (women)	Abbott IMx TnT at two different time points during 72 hours	0.1	30

ACC, American College of Cardiology; ESC, European Society of Cardiology; NR, not reported.

	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?
Amodio 2007 <sup>52</sup>	+	+	+	+	+	+	+	?
Body 2011 <sup>58</sup>	+	+	+	+	+	+	?	?
Cete 2010 <sup>46</sup>	+	+	+	+	+	+	?	?
Di Serio 2005 <sup>63</sup>	?	?	+	?	+	+	?	?
Ecollan 2007 <sup>64</sup>	+	+	+	+	+	+	?	?
Eggers 2004 <sup>18</sup>	+	+	+	+	+	+	?	+
Garcia-Valdecasas 2011 <sup>49</sup>	+	+	?	+	+	+	+	+
Hjortshoj 2010 <sup>68</sup>	+	+	+	+	+	+	?	?
Ilva 2005 <sup>69</sup>	+	+	+	+	+	+	?	?
Keller 2010 <sup>71</sup>	+	+	+	+	+	+	+	+
Liao 2009 <sup>74</sup>	+	?	?	+	+	?	-	-
Mion 2007 <sup>77</sup>	-	+	+	+	?	+	?	?
Penttilä 2002 <sup>79</sup>	+	+	?	+	?	?	+	?

FIGURE 21 Quality assessment of diagnostic studies of myoglobin.

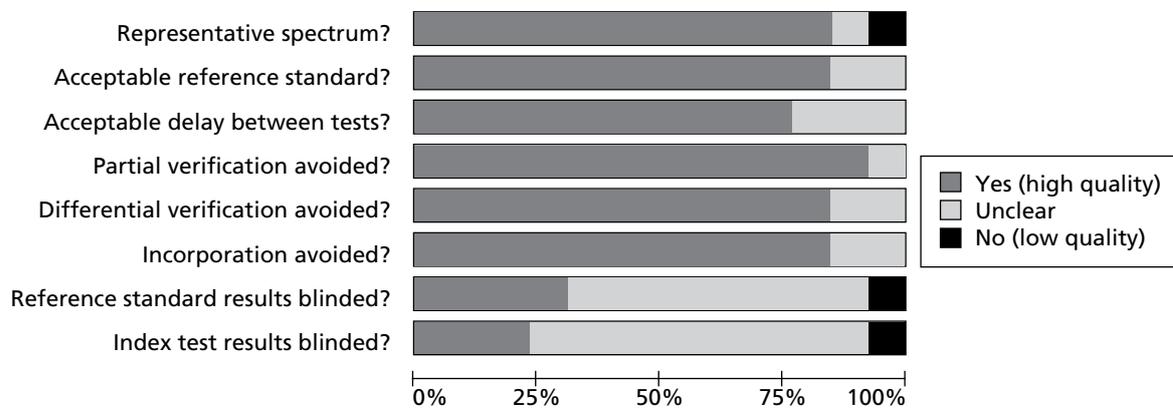


FIGURE 22 Methodological quality summary of diagnostic studies of myoglobin.

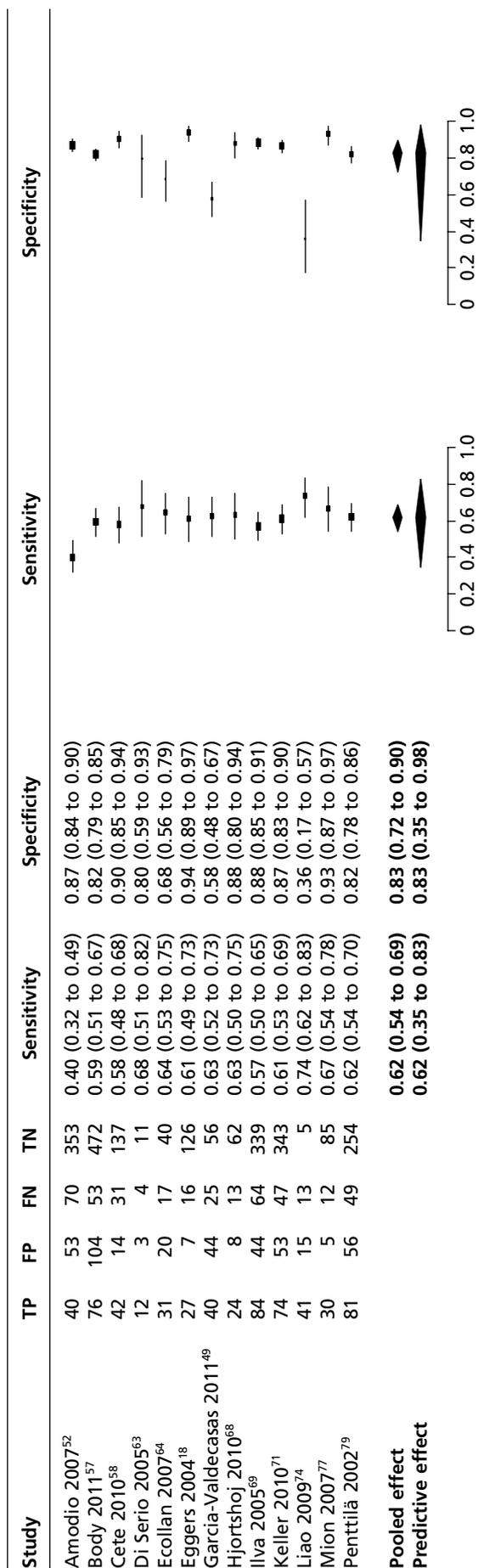


FIGURE 23 Meta-analysis of studies of myoglobin.

TABLE 15 Population characteristics of studies of other biomarkers

Study	Biomarker	Study type	Population: age (mean in years, unless stated); sex	Inclusion criteria	Exclusion criteria	Time from symptoms (hours)	No. of patients
Apple 2009 <sup>55</sup>	CD40L, MPO, MMIP9, CRP, NT-pro-BNP	Single centre, USA	Mean age 54; 260 (57%) male	Symptoms suggestive of ACS within 12 hours	NR	3.1 (median)	457
Bassan 2005 <sup>56</sup>	BNP	Single centre, Brazil	Mean age 67.3; 343 male	Chest pain < 12 hours due to possible acute cardiac ischaemia	ST segment elevation	2.0 (median)	631
Body 2011 <sup>57</sup>	BNP, MPO	Single centre, UK	Mean age 59; 430 (61%) male	Suspected cardiac chest pain occurring within the previous 24 hours	Chest trauma, renal failure requiring dialysis, medical condition necessitating admission, pregnancy	3.5 (median)	705
Body 2011 <sup>46</sup>	PAPP-A, CD40L	Single centre, UK	Mean age 59; 434 (61%) male	Suspected cardiac chest pain occurring within the previous 24 hours	Chest trauma, renal failure requiring dialysis, medical condition necessitating admission, pregnancy	3.5 (median)	713
Brown 2007 <sup>47</sup>	ST2	Single centre, US	Mean age 49.8; 160 (46%) male	Chest pain prompting an ECG	NR	4.3 (median)	348
Esporcatte 2007 <sup>65</sup>	MPO	Single centre, Brazil	Mean age 63.0; 76 (54%) male	Chest pain within 24 hours	STEMI, inflammatory or infectious syndrome, neoplasia or the use of drugs affecting the immune system	Within 24 hours	140
Keller 2010 <sup>71</sup>	Copeptin	Multicentre, Germany	Mean age 61; 920 (66%) male	Aged 18–85 years with angina pectoris or equivalent symptoms	Trauma or major surgery within the last 4 weeks, pregnancy, intravenous drug abuse, anaemia	57.6% < 6 hours	1386
Potsch 2006 <sup>51</sup>	CRP	Single centre, Brazil	Mean age 64.9; 54.6% male	Chest pain presenting to ED	ST elevation	Within 12 hours	980
Reichlin 2009 <sup>80</sup>	Copeptin	Single centre, Switzerland	Mean age 62; 321 male	Symptoms suggestive of MI within the last 12 hours	Terminal renal failure requiring dialysis	Within 12 hours	487
Rudolph 2010 <sup>81</sup>	MPO	Single centre, Germany	Mean age 64; 192 (70%) male	Chest pain presenting to the ED	NR	4.5 (median)	274

NR, not reported.

TABLE 16 Index and reference standard tests used in studies of other biomarkers

Study	Index test analyser (timing is at presentation unless otherwise stated)	Threshold	Reference test assay and timing	Reference Tn diagnostic threshold ( $\mu\text{g/l}$ )	MI prevalence in sample (%)
Apple 2009 <sup>55</sup>	CD40L, R&D Systems ELISA	1.08 ng/l	Dade Behring Dimension or Stratus CS TnI at 8 hours after presentation	0.1	5
Apple 2009 <sup>55</sup>	MPO, Assay Designs ELISA	125 $\mu\text{g/l}$	Dade Behring Dimension or Stratus CS TnI at 8 hours after presentation	0.1	5
Apple 2009 <sup>55</sup>	MIMP9, Assay Designs ELISA	233 $\mu\text{g/l}$	Dade Behring Dimension or Stratus CS TnI at 8 hours after presentation	0.1	5
Apple 2009 <sup>55</sup>	CRP, Dade Behring Dimension	1.0 and 3.0 mg/l	Dade Behring Dimension or Stratus CS TnI at 8 hours after presentation	0.1	5
Apple 2009 <sup>55</sup>	NT-pro-BNP, Roche Elecsys	125 ng/l age < 75 years, 450 ng/l age > 75 years	Dade Behring Dimension or Stratus CS TnI at 8 hours after presentation	0.1	5
Bassan 2005 <sup>56</sup>	Biosite immunofluorescence BNP assay	100 pg/ml	Dade Behring TnI; within 9 hours post-admission;	1.0	11
Body 2011 <sup>57</sup>	BNP Alere Fluorescence Immunoassay	73 ng/ml	cTnT; Roche Elecsys; at least 12 hours after symptom onset	0.01	18
Body 2011 <sup>57</sup>	MPO Alere Fluorescence Immunoassay	510 pM	cTnT; Roche Elecsys; at least 12 hours after symptom onset	0.01	18
Body 2011 <sup>46</sup>	PAPP-A, Demeditec Diagnostics ultra- sensitive ELISA	4.4 $\mu\text{g/l}$	Roche fourth generation TnT at 12 hours	0.035	18
Body 2011 <sup>46</sup>	CD40L, R&D Systems Quantikine kit	17.2 ng/l	Roche fourth-generation TnT at 12 hours	0.035	18

continued

TABLE 16 Index and reference standard tests used in studies of other biomarkers (continued)

Study	Index test analyser (timing is at presentation unless otherwise stated)	Threshold	Reference test assay and timing	Reference Tn diagnostic threshold ( $\mu\text{g/l}$ )	MI prevalence in sample (%)
Brown 2007 <sup>47</sup>	Medical & Biological Laboratories ELISA	None reported	First-generation Abbott AxSym	2.0	4.9
Esporcatte, 2007 <sup>65</sup>	ELISA assay, Oxis Research International, Inc.	$\geq 100$ pM	Dade Behring TnI within 12 hours	1.0	9
Keller 2010 <sup>71</sup>	Copeptin; BRAHMS. LUMItest CT- proAVP	13, 18.9 pmol/l	Roche TnT or Siemens Dimension RxL TnI within 6 hours of admission	0.3 (TnT) 0.14 (TnI)	29
Potsch 2006 <sup>51</sup>	t-CRP: immunochemical titrated CRP hs-CRP: immunonephelometric, high-sensitivity CRP	1.0 mg/l	Dade Behring TnI at hour 9	0.1	13
Reichlin 2009 <sup>80</sup>	Copeptin; BRAHMS LUMItest CT- proAVP	9, 14, 20, 24 pmol/l	Roche TnT at 6–9 hours after presentation	0.04	17
Rudolph 2010 <sup>81</sup>	MPO, Abbott ARCHITECT system	Sample median	Abbott Architect, timing not stated	0.032	3

cTnT, cardiac troponin T; hs-CRP, high-sensitivity C-reactive protein; t-CRP, titrated C-reactive protein.

	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?
Apple 2009 <sup>55</sup>	+	+	+	+	+	+	-	-
Bassan 2005 <sup>56</sup>	+	+	+	+	+	+	?	?
Body 2011 <sup>57</sup>	+	+	+	+	+	+	-	+
Body 2011 <sup>46</sup>	+	+	+	+	+	+	?	?
Brown 2007 <sup>47</sup>	+	+	?	+	+	+	+	+
Esporcatte 2007 <sup>65</sup>	?	?	+	+	+	+	?	?
Keller 2010 <sup>71</sup>	+	+	+	+	+	+	+	+
Potsch 2006 <sup>51</sup>	+	?	+	+	+	+	+	?
Reichlin 2009 <sup>80</sup>	+	+	+	+	+	+	+	+
Rudolf 2010 <sup>81</sup>	+	+	+	+	+	+	?	?

FIGURE 24 Quality assessment of diagnostic studies of other biomarkers.

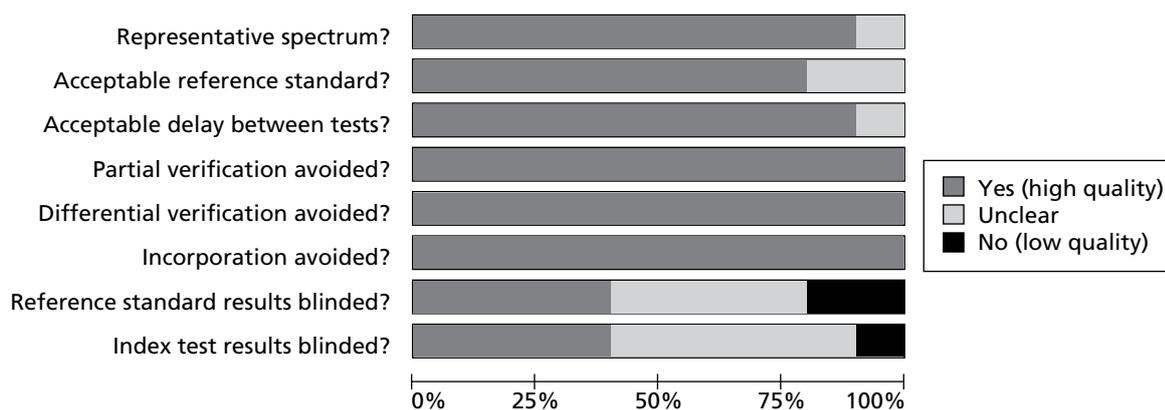


FIGURE 25 Methodological quality summary of diagnostic studies of other biomarkers.

TABLE 17 Sensitivity and specificity of other biomarkers

Study	Biomarker	Threshold	Sensitivity (95% CI)	Specificity (95% CI)
Bassan 2005 <sup>56</sup>	BNP	100 pg/ml	0.71 (0.67 to 0.74)	0.69 (0.65 to 0.72)
Body 2011 <sup>57</sup>	BNP	73 ng/ml	0.35 (0.26 to 0.44)	0.85 (0.82 to 0.88)
Apple 2009 <sup>55</sup>	CD40L	1.08 ng/l	0.72 (0.51 to 0.88)	0.23 (0.19 to 0.27)
Body 2011 <sup>46</sup>	CD40L	17.2 ng/l	0.67 (0.58 to 0.75)	0.25 (0.21 to 0.28)
Keller 2010 <sup>71</sup>	Copeptin	9.8 pmol/l	0.66 (0.6 to 0.71)	0.70 (0.67 to 0.73)
		13 pmol/l	0.57 (0.52 to 0.63)	0.78 (0.75 to 0.8)
		18.9 pmol/l	0.49 (0.43 to 0.55)	0.84 (0.82 to 0.87)
Reichlin 2009 <sup>80</sup>	Copeptin	9 pmol/l	Reported only in combination with troponin	Reported only in combination with troponin
		14 pmol/l		
		20 pmol/l		
		24 pmol/l		
Apple 2009 <sup>55</sup>	CRP	125 ng/l age < 75 years,	0.79 (0.54 to 0.94)	0.47 (0.42 to 0.53)
		450 ng/l age > 75 years	0.50 (0.12 to 0.88)	0.28 (0.17 to 0.40)
Potsch 2006 <sup>51</sup>	CRP	1.0 mg/l	0.30 (0.22 to 0.38)	0.80 (0.78 to 0.83)
Apple 2009 <sup>55</sup>	MMP9	125 µg/l	0.96 (0.80 to 0.99)	0.19 (0.15 to 0.23)
Apple 2009 <sup>55</sup>	MPO	233 µg/l	0.76 (0.55 to 0.91)	0.38 (0.34 to 0.43)
Body 2011 <sup>57</sup>	MPO	510 pM	0.60 (0.51 to 0.68)	0.58 (0.54 to 0.62)
Esporcatte 2007 <sup>65</sup>	MPO	≥100 pM	0.92 (0.67 to 1.0)	0.40 (0.32 to 0.49)
Rudolph 2010 <sup>81</sup>	MPO	Sample median	0.80 (0.76 to 0.84)	0.68 (0.65 to 0.71)
Apple 2009 <sup>55</sup>	NT-pro-BNP	1.0 mg/l	0.80 (0.59 to 0.93)	0.39 (0.35 to 0.46)
		3.0 mg/l	0.88 (0.69 to 0.97)	0.19 (0.15 to 0.23)
Body 2011 <sup>46</sup>	PAPP-A	4.4 µg/l	0.49 (0.4 to 0.58)	0.67 (0.63 to 0.71)
Brown 2007 <sup>47</sup>	ST2	NR	NR <sup>a</sup>	NR

AUROC, area under receiver operating characteristic; NR, not reported.

a AUROC for MI was 0.636.

troponin and the alternative biomarker were combined by classifying the combination as positive if either test was positive. However, the study by Apple *et al.*<sup>55</sup> classified the combination as positive only if both tests were positive. Thus, in most studies the combination had higher sensitivity and lower specificity than troponin alone, whereas the combinations tested by Apple *et al.*<sup>55</sup> had lower sensitivity and higher specificity than troponin alone.

These studies show that combining troponin with another biomarker at presentation, with elevation of either biomarker producing a positive test, results in markedly improved sensitivity but with a loss in specificity that can be substantial. None of these analyses uses a high-sensitivity troponin assay. The results of the troponin meta-analysis suggest that a similar improvement in sensitivity at the expense of specificity can be achieved if a lower threshold for troponin positivity is used.

### Summary of the findings of the diagnostic biomarker review

The sensitivity and specificity of troponin measurement at presentation depends on the assay used and the threshold for positivity. High-sensitivity assays using the 99th percentile as the threshold for positivity

**TABLE 18** Sensitivity and specificity of combinations of biomarkers with troponin vs troponin alone

Study	Combination	Troponin alone		Combination	
		Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Body 2011 <sup>57</sup>	TnI or H-FABP	0.42 (0.33 to 0.51)	0.96 (0.94 to 0.97)	0.82 (0.74 to 0.88)	0.88 (0.83 to 0.88)
Haltern 2010 <sup>67</sup>	TnT or H-FABP	0.74 (0.66 to 0.74)	1.00 (0.96 to 1.0)	0.97 (0.86 to 0.99)	0.65 (0.60 to 0.66)
McCann 2008 <sup>76</sup>	TnT or H-FABP	0.75 (0.69 to 0.81)	0.94 (0.9 to 0.96)	0.93 (0.89 to 0.96)	0.93 (0.89 to 0.96)
Mion 2007 <sup>77</sup>	TnI or H-FABP	0.55 (0.39 to 0.70)	0.98 (0.92 to 1.00)	0.76 (0.60 to 0.87)	0.93 (0.86 to 0.97)
Keller 2010 <sup>71</sup>	TnT or copeptin	0.62 (0.56 to 0.67)	0.97 (0.96 to 0.98)	0.88 (0.83 to 0.91) <sup>a</sup>	0.76 (0.73 to 0.79) <sup>a</sup>
Reichlin 2009 <sup>80</sup>	TnT or copeptin	0.75 (0.65 to 0.83)	0.94 (0.91 to 0.96)	0.99 (0.92 to 1.00) <sup>b</sup>	0.77 (0.73 to 0.81) <sup>b</sup>
Keller 2010 <sup>71</sup>	TnT or myoglobin	0.62 (0.56 to 0.67)	0.97 (0.96 to 0.98)	0.81 (0.76 to 0.85)	0.85 (0.82 to 0.87)
Mion 2007 <sup>77</sup>	TnI or myoglobin	0.55 (0.39 to 0.70)	0.98 (0.92 to 1.00)	0.83 (0.68 to 0.92)	0.92 (0.84 to 0.97)
Collinson 2006 <sup>48</sup>	TnT or IMA	0.95 (0.8 to 0.99)	0.95 (0.92 to 0.97)	1.00 (0.88 to 1.00)	0.35 (0.31 to 0.40)
Keating 2006 <sup>70</sup>	TnI or IMA	0.74 (0.58 to 0.86)	0.99 (0.97 to 1.00)	0.98 (0.86 to 1.00)	0.14 (0.10 to 0.19)
Apple 2009 <sup>55</sup>	TnI and CRP	0.72 (0.51 to 0.88)	0.89 (0.85 to 0.92)	0.56 (0.35 to 0.76)	0.95 (0.92 to 0.97)
Apple 2009 <sup>55</sup>	TnI and MMP9	0.72 (0.51 to 0.88)	0.89 (0.85 to 0.92)	0.68 (0.47 to 0.85)	0.91 (0.88 to 0.94)

a Results for copeptin threshold 13 pmol/l (97.5th percentile); 95th and 99th were also reported.

b Results for copeptin threshold 14 pmol/l; 9, 20 and 24 pmol/l were also reported.

can achieve sensitivity at presentation close to, or exceeding, 90%. However, maximising early sensitivity involves some loss of specificity. Only one study<sup>60</sup> compared presentation testing with a high-sensitivity assay with a reference standard based on a high-sensitivity assay and showed that the loss of specificity did not seem to be explained by using a standard troponin assay in the reference standard.

Many other biomarkers have been tested for their ability to detect MI at presentation but of those we set out to investigate only myoglobin and H-FABP have been evaluated against an acceptable reference standard in a large number of studies. In general, the alternative biomarkers had inadequate diagnostic accuracy to act as a single diagnostic test for MI at presentation. When used in combination with troponin a number of biomarkers (H-FABP, copeptin, IMA and myoglobin) improved sensitivity for MI at presentation, but at the expense of loss of specificity. Similar changes in sensitivity and specificity can be achieved with troponin as a single test by using a high-sensitivity assay.

### Overview of biomarker studies included in the prognostic review

We identified 44 studies<sup>46–51,85–122</sup> for inclusion in the prognostic accuracy review. These are listed along with the relevant biomarkers in *Table 19*. We have only listed the biomarkers identified for our review. Some studies evaluated additional biomarkers. Five studies<sup>46,48–51</sup> reported both prognostic and diagnostic

TABLE 19 Studies included in the prognostic accuracy review

Study	Included index test biomarkers in study
Apple 2007 <sup>87</sup>	BNP, hsCRP, MMP9, MPO
Apple 2011 <sup>88</sup>	MPO
Bholasingh 2003 <sup>89</sup>	CRP
Blum 2003 <sup>90</sup>	CRP
Body 2011 <sup>46</sup>	PAPP-A
Brennan 2003 <sup>91</sup>	CRP, MPO
Brown 2007 <sup>92</sup>	BNP, myoglobin
Brown 2007 <sup>47</sup>	ST-2
Brugger-Anderson 2008 <sup>93</sup>	BNP, hsCRP
Cameron <sup>94</sup>	BNP, hsCRP, myoglobin
Collinson 2006 <sup>48</sup>	IMA
Consuegra-Sanchez 2008 <sup>95</sup>	IMA
De Winter 1996 <sup>96</sup>	Myoglobin
Eggers 2008 <sup>85</sup>	NT-pro-BNP, CRP
Eggers 2008 <sup>97</sup>	NT-pro-BNP, CRP
Fromm 2001 <sup>98</sup>	Myoglobin
Garcia-Valdecasas 2011 <sup>49</sup>	H-FABP, myoglobin
Green 2000 <sup>99</sup>	Myoglobin
Hillis 2003 <sup>100</sup>	Myoglobin
Ilva 2009 <sup>50</sup>	H-FABP
Jaffery 2008 <sup>101</sup>	Myoglobin
Jernberg 2002 <sup>102</sup>	NT-pro-BNP
Kavsak 2009 <sup>103</sup>	PAPP-A
Kontos 2007 <sup>104</sup>	Myoglobin
Laterza 2004 <sup>105</sup>	PAPP-A
Lim 2002 <sup>106</sup>	Myoglobin
Lund 2003 <sup>107</sup>	PAPP-A
Manini 2009 <sup>108</sup>	IMA
Markovic 2010 <sup>109</sup>	BNP, hsCRP
Mathew 1999 <sup>110</sup>	Myoglobin
McCann 2009 <sup>111</sup>	BNP, H-FABP, hsCRP, MMP9, MPO, PAPP-A
McCord 2003 <sup>112</sup>	Myoglobin
Menown 2003 <sup>113</sup>	hsCRP, interleukin 6
Mockel 2008 <sup>86</sup>	NT-pro-BNP, hsCRP
Newby 2001 <sup>114</sup>	Myoglobin

**TABLE 19** Studies included in the prognostic accuracy review (*continued*)

Study	Included index test biomarkers in study
Ordonez-Llanos 2006 <sup>115</sup>	Myoglobin
Pontiz 2009 <sup>116</sup>	BNP
Potsch 2006 <sup>51</sup>	CRP
Sonel 2000 <sup>117</sup>	Myoglobin
Svensson 2004 <sup>118</sup>	Myoglobin
Szymanski 2007 <sup>119</sup>	Myoglobin
Van Domburg 2000 <sup>120</sup>	Myoglobin
Viswanathan 2010 <sup>121</sup>	H-FABP
Yamashita 2010 <sup>122</sup>	NT-pro-BNP, H-FABP
hs-CRP, high-sensitivity C-reactive protein.	

data. Two studies<sup>44,45</sup> were subsequently excluded because data could have overlapped with other included studies.<sup>85,86</sup>

### Description of studies included in the prognostic biomarker review

The characteristics of the included studies are outlined in *Table 20*. Most studies did not report selection criteria beyond those needed to define acute chest pain or suspected ACS. However, some studies excluded patients with high clinical risk, ECG changes of ischaemia or positive admission troponin or CK-MB. The duration of follow-up ranged from the duration of inpatient stay to 5 years. Definitions of MACEs varied between studies, with some studies predicting only mortality, whereas others predicted a range of outcomes. Where more than one definition of a MACE was used or more than one time point for follow-up was reported, we used the most inclusive definition and the longest duration of follow-up.

### Quality assessment of studies included in the prognostic biomarkers review

*Table 21* shows the results of quality assessment. Nearly all the studies reported adequately, defined MACEs in the methods section, did not incorporate presenting diagnosis in the definition of a MACE and achieved adequate follow-up. However, only around half undertook analysis that went beyond testing or estimating the association between the biomarker and a MACE, and only a minority tested whether or not the biomarker added prognostic value to that provided by troponin.

### Analysis of prognostic biomarker studies

*Table 22* shows the main univariate analyses reported in the prognostic biomarker studies, i.e. any analysis that tested or estimated the association between a biomarker and a MACE. There was substantial variation in the analyses reported. Some only used a hypothesis test for the association between a biomarker and a MACE, others estimated parameters [sensitivity, specificity or area under receiver operating characteristic (AUROC)] for discriminating between patients with and without MACEs, and others estimated the odds ratio (OR), RR or hazard ratio (HR) for MACEs for quartiles of the biomarker or a biomarker level above a specified threshold. Many of these analyses report a significant association but they are of limited value because they do not tell us whether or not the biomarker in question provides prognostic information beyond that already available from clinical assessment, ECG and troponin measurement.

Some of the studies used multivariate analysis to adjust for known predictors of MACEs and determine whether or not the biomarkers predicted a MACE when other variables were taken into account. These are shown in *Table 23*. If troponin was included as a covariate then this analysis could potentially show whether the biomarker provided additional prognostic information to troponin. The findings showed

**TABLE 20** Characteristics of prognostic studies of biomarkers used in suspected ACS

Study	Population	n	Age (years) and sex	Follow-up	MACE
Apple 2007 <sup>52</sup>	All	457	NR	4 months	Cardiac death, MI, revascularisation
Apple 2011 <sup>88</sup>	All	400	Mean age 56, 228 (57%) men	6 months	Cardiac death, MI, revascularisation
Bholasigh 2003 <sup>89</sup>	< 6 hours, ECG, Tnl -ve	382	Mean age 57, 215 (56%) male	6 months	Cardiac death, MI, admission
Blum 2003 <sup>90</sup>	Age < 55 years, ECG, CK-MB -ve	40	Mean age 45, 38 (95%) men	6 months	Cardiac death, MI, revascularisation
Body 2011 <sup>46</sup>	<24 hours	713	Mean age 59, 434 (61%) men	30 days	Death, MI, revascularisation
Brennan 2003	<24 hours	604	Mean age 63, 354 (57%) men	6 months	Death, MI, revascularisation
Brown 2007 <sup>92</sup>	All	359	Mean age 55, 203 (48%) men	30 days	Death, MI, LTA, HF, revascularisation
Brown 2007 <sup>47</sup>	All	348	Mean age 50, 160 (46%) men	30 days	Death, MI, revascularisation
Brugger-Anderson 2008 <sup>93</sup>	All	871	Mean age 69, 548 (63%) men	24 months	Death, MI
Cameron 2007 <sup>94</sup>	All	422	Mean age 57, 203 (48%) men	30 days	Death, MI, UA, revascularisation
Consuegra-Sanchez 2008 <sup>95</sup>	< 3 hours	207	Mean age 61, 142 (69%) men	30 days	Cardiac death, MI, UA
Collinson 2006 <sup>48</sup>	ECG	539	Median age 52, 335 (62%) male	6 months	Cardiac death, MI, revascularisation
De Winter 1996 <sup>96</sup>	< 12 hours, ECG, CK-MB -ve	128	Mean age 63, 78 (61%) men	6 months	Cardiac death, MI, revascularisation
Eggers 2008 <sup>85</sup>	< 24 hours, ECG	452	Mean age 65, 298 (66%) men	6 months	Death, MI
Eggers 2008 <sup>97</sup>	< 24 hours, ECG	479	Mean age 66, 311 (65%) men	6 months	Death, MI
Fromm 2001 <sup>98</sup>	< 24 hours	955	NR	6 months	Death, revascularisation
Garcia-Valdecasas 2011 <sup>49</sup>	< 6 hours	165	Mean age 67, 114 (69%) men	6 months	Death, MI, angina, revascularisation, HF
Green 2000 <sup>99</sup>	All	396	Mean age 61, 199 (50%) men	14 days	Death, MI, UA, LTA, HF
Hillis 2003 <sup>100</sup>	< 24 hours, low Goldman risk	501	Median age 58, 243 (49%) men	1–49 months	Death, MI
Ilva 2009 <sup>50</sup>	< 24 hours	351	Mean age 67, 181 (62%) men	6 months	Death, MI
Jaffery 2008 <sup>101</sup>	ECG	951	Median age 65, 434 (46%) men	5 years	Death
Jernberg 2002 <sup>102</sup>	ECG	775	Median age 69, 468 (60%) men	35–47 months	Death
Kavsak 2009 <sup>103</sup>	All	320	Median age 64, 192 (60%) men	2 years	Death

**TABLE 20** Characteristics of prognostic studies of biomarkers used in suspected ACS (*continued*)

Study	Population	n	Age (years) and sex	Follow-up	MACE
Kontos 2007 <sup>104</sup>	Low clinical risk, ECG	3461	Mean age 59, 1737 (50%) men	1 year	Death
Laterza 2004 <sup>105</sup>	All	346	Mean age 57, 166 (48%) men	1 month	Death, MI, revascularisation
Lim 2002 <sup>106</sup>	< 8 hours, ECG	37	Mean age 58, 17 (73%) men	3 months	Death, stroke, hospitalisation, MI, revascularisation
Lund 2003 <sup>107</sup>	Tn –ve	136	Mean age 66, 69 (50%) men	6 months	Death, MI, revascularisation
Manini 2009 <sup>108</sup>	ECG	106	Mean age 60, 57 (54%) men	30 days	Death, MI, revascularisation
Markovic 2010 <sup>109</sup>	ECG	102	Mean age 63, 70 (70%) men	30 days	Death, MI
Mathew 1999 <sup>110</sup>	< 24 hours, ECG	214	Mean age 59, 151 (71%) men	3 months	Death, MI, UA, revascularisation
McCann 2009 <sup>111</sup>	Cardiac-type chest pain	555	Mean age 62, 386 (70%) men	1 year	Death, MI
McCord 2003 <sup>112</sup>	ECG	764	Mean age 64, 345 (45%) men	30 days	Death, MI
Menown 2003 <sup>113</sup>	Cardiac-type chest pain	391	Mean age 63	1 year	Death, MI
Mockel 2008 <sup>86</sup>	All	432	Mean age 60, 261 (60%) men	42 days	Cardiac death, MI, UA, HF, revascularisation
Newby 2001 <sup>114</sup>	ECG	1005	Mean age 51, 423/851 (50%) men	30 days	Death, MI
Ordonez-Llanos 2006 <sup>115</sup>	< 24 hours	1410	Mean age 63, 906 (64%) men	1 year	Death, MI, UA, revascularisation
Ponitz <sup>116</sup>	Strongly suspected ACS	870	Mean age 70, 531 (61%) men	2 years	Death, MI
Potsch 2006 <sup>51</sup>	< 12 hours	980	Mean age 65, 535 (55%) men	Inpatient stay	Cardiac death, MI, revascularisation
Sonel 2000 <sup>117</sup>	All	247	Mean age 52, 133 (54%) men	6 months	Death, MI, UA, revascularisation
Svensson 2004 <sup>118</sup>	< 6 hours	511	Mean age 69, 293/500 (50%) men	1 year	Death
Symanski 2007 <sup>119</sup>	High clinical probability ACS	336	Mean age 66, 180 (54%) men	30 day	Death
Van Domberg 2000 <sup>120</sup>	All	163	Mean age 62, 124 (76%) men	3 years	Death
Viswanathan 2010 <sup>121</sup>	All	955	Mean age 60, 577 (60%) men	> 1 year	Death, MI
Yamashita 2010 <sup>122</sup>	All	162	Mean age 64, 107 (66%) men	Inpatient stay	Cardiac death

ECG, selected with normal or non-diagnostic ECG; CK-MB –ve, selected with normal CK-MB; HF, new-onset heart failure; LTA, life-threatening arrhythmia; Tn –ve, selected with normal troponin; UA unstable angina.

Population: Selection criteria other than presenting symptoms, age > 20–40 years, comorbidities or administrative criteria.

**TABLE 21** Quality assessment of studies included in the prognostic biomarkers review

Study	Q1	Q2	Q3	Q4	Q5	Q6	Q7
Apple 2007 <sup>87</sup>	Y	Y	Y	Y	Y	Y	N
Apple 2011 <sup>88</sup>	Y	Y	Y	Y	Y	Y	N
Bholasigh 2003 <sup>89</sup>	Y	Y	Y	Y	Y	N	N
Blum 2003 <sup>90</sup>	Y	Y	Y	Y	Y	N	N
Body 2011 <sup>46</sup>	Y	Y	Y	Y	Y	Y	Y
Brennan 2003 <sup>91</sup>	Y	Y	Y	Y	Y	Y	Y
Brown 2007 <sup>92</sup>	Y	Y	Y	Y	Y	N	N
Brown 2007 <sup>47</sup>	Y	Y	Y	U	Y	N	N
Brugger-Anderson 2008 <sup>93</sup>	Y	Y	Y	Y	Y	Y	Y
Cameron 2007 <sup>94</sup>	Y	Y	Y	U	Y	N	N
Consuegra-Sanchez 2008 <sup>95</sup>	Y	Y	Y	Y	Y	Y	Y
Collinson 2006 <sup>48</sup>	Y	Y	Y	Y	Y	N	N
De Winter 1996 <sup>96</sup>	Y	Y	Y	Y	Y	N	N
Eggers 2008 <sup>85</sup>	Y	Y	Y	Y	Y	Y	Y
Eggers 2008 <sup>97</sup>	Y	Y	Y	Y	Y	Y	Y
Fromm 2001 <sup>98</sup>	Y	N	N	Y	Y <sup>a</sup>	N	N
Garcia-Valdecasas 2011 <sup>49</sup>	Y	Y	Y	Y	Y	Y	Y
Green 2000 <sup>99</sup>	Y	Y	Y	Y	Y	N	N
Hillis 2003 <sup>100</sup>	Y	Y	Y	Y	Y	N	N
Ilva 2009 <sup>50</sup>	Y	Y	Y	Y	Y	Y	Y
Jaffery 2008 <sup>101</sup>	Y	Y	Y	Y	Y	Y	Y
Jernberg 2002 <sup>102</sup>	Y	Y	Y	Y	U	Y	Y
Kavsak 2009 <sup>103</sup>	Y	Y	Y	Y	Y	Y	Y
Kontos 2007 <sup>104</sup>	Y	Y	Y	Y	Y	Y	Y
Laterza 2004 <sup>105</sup>	Y	Y	Y	Y	Y	N	N
Lim 2002 <sup>106</sup>	Y	Y	Y	Y	U	N	N
Lund 2003 <sup>107</sup>	Y	Y	Y	Y	Y	Y	Y
Manini 2009 <sup>108</sup>	Y	Y	Y	Y	Y	N	N
Markovic 2010 <sup>109</sup>	Y	Y	Y	y	Y	Y <sup>b</sup>	N
Mathew 1999 <sup>110</sup>	Y	Y	Y	Y	Y	N	N
McCann 2009 <sup>111</sup>	Y	Y	Y	Y	Y	N <sup>c</sup>	N
McCord 2003 <sup>112</sup>	Y	Y	Y	Y	Y	N	N
Menown 2003 <sup>113</sup>	Y	N	Y	Y	Y	N <sup>d</sup>	N
Mockel 2008 <sup>86</sup>	Y	Y	Y	Y	Y	Y	Y
Newby 2001 <sup>114</sup>	Y	Y	Y	Y	Y	N	N
Ordonez-Llanos 2006 <sup>115</sup>	Y	Y	Y	Y	Y	N	N
Ponitz 2009 <sup>116</sup>	Y	Y	Y	Y	Y	Y	Y
Potsch 2006 <sup>51</sup>	Y	Y	Y	Y	Y	Y	N

**TABLE 21** Quality assessment of studies included in the prognostic biomarkers review (*continued*)

Study	Q1	Q2	Q3	Q4	Q5	Q6	Q7
Sonel 2000 <sup>117</sup>	Y	Y	Y	Y	Y	Y	Y
Svensson 2004 <sup>118</sup>	Y	Y	Y	Y	Y	Y	Y
Symanski 2007 <sup>119</sup>	Y	Y	Y	Y	Y	N	N
Van Domberg 2000 <sup>120</sup>	Y	Y	Y	Y	Y	Y	Y
Viswanathan 2010 <sup>121</sup>	Y	Y	Y	Y	Y	Y	Y
Yamashita 2010 <sup>122</sup>	Y	Y	Y	Y	Y	Y	Y

N, no; U, unclear; Y, yes.

a 'Y' for 30 days but 'N' for 6 months.

b 'N' for CRP.

c 'Y' for H-FABP and BNP only.

d 'Y' for P-selectin.

**Questions:**

Q1 Are inclusion criteria defined?

Q2 Are characteristics described (age and sex)?

Q3 Is a MACE defined in the methods section?

Q4 Is a MACE identification and definition independent of the index test?

Q5 Is a MACE outcome recorded for at least 80% of the cohort from baseline episode?

Q6 Was a multivariate analysis undertaken?

Q7 Was troponin measured and included in the multivariate analysis?

**TABLE 22** Univariate analyses reported in prognostic biomarker studies

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
Brown 2007 <sup>92</sup>	BNP	31 pg/ml	None	AUROC	0.675
Brugger-Anderson 2008 <sup>93</sup>	BNP	Quartiles	None	Log-rank test	$p = 0.001$
Ponitz 2009 <sup>116</sup>	BNP	Quartiles	Tn -ve	Univariate HR	Q1: Reference Q2: 7.2 (95% CI 1.6 to 31.9) Q3: 9.3 (95% CI 2.1 to 40.3) Q4: 11.9 (95% CI 2.8 to 50.7)
Apple 2007 <sup>87</sup>	CD40 ligand	1.081 ng/l	None	Univariate RR	1.3 (95% CI 0.6 to 2.9)
McCann 2009 <sup>111</sup>	CD40 ligand	462 pg/ml	None	Univariate OR	0.9 (95% CI 0.4 to 1.7)
Body 2011 <sup>46</sup>	CD40 ligand	Tertiles	Tn -ve	Mantel-Haenszel test	$p = 0.453$
Apple 2007 <sup>87</sup>	CRP	3 mg/l	None	Univariate RR	0.5 (95% CI 0.2 to 1.3)
Bholasingh 2003 <sup>89</sup>	CRP	0.3 mg/dl	Tn -ve	Univariate HR	4.5 (95% CI 1.2 to 17.0)
Blum 2003 <sup>90</sup>	CRP	15 mg/dl	CK-MB -ve	Sensitivity and specificity	67% and 97%
Brennan 2003 <sup>91</sup>	CRP	Quartiles	TN -ve	Univariate OR	Q1: Reference Q2: 1.6 (95% CI 0.9 to 2.7) Q3: 0.9 (95% CI 0.5 to 1.7) Q4: 1.0 (95% CI 0.6 to 1.9)

continued

TABLE 22 Univariate analyses reported in prognostic biomarker studies (continued)

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
Brugger-Anderson 2008 <sup>93</sup>	CRP	Quartiles	None	Log-rank test	$p < 0.001$
Cameron 2007 <sup>94</sup>	CRP	13.6 mg/dl	None	Univariate RR	1.9 (95% CI 1.1 to 3.4)
Eggers 2008 <sup>85</sup>	CRP	3.7 mg/l	None	Chi-squared test	$p = 0.01$
Eggers 2008 <sup>97</sup>	CRP	Not stated	None	Univariate OR	1.4 (95% CI 1.1 to 1.8)
Markovic 2010 <sup>109</sup>	CRP	10 mg/l	None	AUROC	0.626 (95% CI 0.525 to 0.720)
McCann 2009 <sup>111</sup>	CRP	12.0 mg/l	None	Univariate OR	1.4 (95% CI 0.7 to 2.6)
Menown 2003 <sup>113</sup>	CRP	7.1 mg/l	TN –ve and CK-MB –ve	Univariate OR	2.5 (95% CI 0.6 to 9.8)
Mockel 2008 <sup>86</sup>	CRP	10 mg/l	None	Univariate OR	1.9 (95% CI 1.0 to 3.5)
Potsch 2006 <sup>51</sup>	CRP	Quartiles	None	Linear trend	$p = 0.003$
Eggers 2008 <sup>97</sup>	Cystatin-C	Not stated	None	Univariate OR	9.0 (95% CI 3.4 to 23.6)
Apple 2007 <sup>87</sup>	eGFR	60 ml/minute	None	Univariate RR	1.1 (95% CI 0.6 to 2.2)
Markovic 2010	eGFR	60 ml/minute	None	AUROC	0.630 (95% CI 0.529 to 0.723)
Body 2011 <sup>46</sup>	E-selectin	Tertiles	Tn –ve	Mantel–Haenszel test	$p = 0.816$
McCann 2009 <sup>111</sup>	GPBB	7 ng/ml	None	Univariate OR	1.9 (95% CI 1.0 to 3.5)
Eggers 2008 <sup>97</sup>	GRF-15	Not stated	None	Univariate OR	4.5 (95% CI 2.5 to 8.1)
Garcia-Valdecasas 2011 <sup>49</sup>	H-FABP	6.2 ng/ml	None	Breslow test	$p < 0.01$
Ilva 2009 <sup>50</sup>	H-FABP	10.4 $\mu$ g/l	None	NR	–
McCann 2009 <sup>111</sup>	H-FABP	5 ng/ml	None	Univariate OR	5.4 (95% CI 2.4 to 12.2)
Viswanathan 2010 <sup>121</sup>	H-FABP	Quartiles	Tn –ve	Univariate HR	Q1: Reference Q2: 3.5 (95% CI 1.7 to 7.1) Q3: 11.2 (95% CI 4.9 to 25.4) Q4: 16.6 (95% CI 2.2 to 125.5)
Yamashita 2010 <sup>122</sup>	H-FABP	None: continuous	None	Univariate OR	1.003 (95% CI 1.002 to 1.005)
Menown 2003 <sup>113</sup>	Interleukin 6	10.7 pg/ml	TN –ve and CK-MB –ve	Univariate OR	3.2 (95% CI 0.6 to 16.8)
Collinson 2006 <sup>48</sup>	IMA	85 kU/l	TnI –ve	Univariate RR	1.3 (95% CI 1.0 to 1.6)
Consuegra-Sanchez 2008 <sup>95</sup>	IMA	93.3 U/ml	None	Univariate HR	1.04 (95% CI 1.01 to 1.07)
Manini 2009 <sup>108</sup>	IMA	75 kU/l	None	Univariate RR	2.4 (95% CI 0.8 to 7.9)
Apple 2007 <sup>87</sup>	MMP9	233.7 $\mu$ g/l	None	Univariate RR	1.8 (95% CI 0.6 to 5.2)
McCann 2009 <sup>111</sup>	MMP9	1599 ng/ml	None	Univariate OR	1.1 (95% CI 0.6 to 2.1)
Apple 2007 <sup>87</sup>	MPO	125.6 $\mu$ g/l	None	Univariate RR	1.9 (95% CI 0.9 to 4.0)
Apple 2011 <sup>88</sup>	MPO	633 pmol/l	None	Univariate HR	2.8 (95% CI 1.5 to 5.3)
Brennan 2003 <sup>91</sup>	MPO	Quartiles	Tn –ve	Univariate OR	Q1: Reference Q2: 1.9 (95% CI 1.0 to 3.8) Q3: 4.4 (95% CI 2.3 to 8.4) Q4: 3.9 (95% CI 2.0 to 7.7)

TABLE 22 Univariate analyses reported in prognostic biomarker studies (continued)

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
McCann 2009 <sup>111</sup>	MPO	421 ng/ml	None	Univariate OR	0.8 (95% CI 0.4 to 1.6)
Cameron 2007 <sup>94</sup>	Myoglobin	61 ng/ml	None	Univariate RR	3.1 (95% CI 1.7 to 5.7)
De Winter 1996 <sup>96</sup>	Myoglobin	90 ng/ml	None	Univariate RR	1.0 (95% CI 0.3 to 3.2)
Fromm 2001 <sup>98</sup>	Myoglobin	85 ng/ml	None	Univariate RR	1.6 (95% CI 1.1 to 2.9)
Green 2000 <sup>99</sup>	Myoglobin	69 ng/ml	None	Univariate RR	3.4 (95% CI 2.2 to 5.1)
Hills 2003 <sup>100</sup>	Myoglobin	100 ng/ml	None	Univariate RR	2.2 (95% CI 1.3 to 4.0)
Jaffery 2008 <sup>101</sup>	Myoglobin	200 ng/ml	None	NR	–
Kontos 2007 <sup>104</sup>	Myoglobin	90 ng/ml	None	Univariate RR	3.7 (95% CI 2.8 to 4.7)
Lim 2002 <sup>106</sup>	Myoglobin	116 ng/ml	All	Univariate OR	12.5 (95% CI 2.1 to 71)
Mathew 1999 <sup>110</sup>	Myoglobin	92 µg/l	None	Univariate RR	2.5
McCord 2003 <sup>112</sup>	Myoglobin	200 ng/ml	None	Sensitivity and specificity	74.8 (95% CI 65 to 83) and 70.4 (95% CI 67 to 74)
Newby 2001 <sup>114</sup>	Myoglobin	105 ng/ml	None	NR	–
Ordonez-Llanos 2006 <sup>115</sup>	Myoglobin	Quartiles	None	Univariate OR	5.2 (95% CI 3.0- 9.2)
Sonel 2000 <sup>117</sup>	Myoglobin	100 µg/ml	None	Univariate OR	2.5 (95% CI 1.3 to 4.6)
Svensson 2004 <sup>118</sup>	Myoglobin	50 ng/ml	None	Fishers exact test	$p = 0.07$
Symanski 2007 <sup>119</sup>	Myoglobin	82 ng/ml	None	AUROC	0.78 (95% CI 0.72 to 0.83)
Van Domberg 2000 <sup>120</sup>	Myoglobin	64 µg/ml (women), 76 µg/ml (men)	None	NR	
Cameron 2007 <sup>94</sup>	NT-pro-BNP	280 ng/ml	None	Univariate RR	3.0 (95% CI 1.6 to 5.7)
Mockel 2008 <sup>86</sup>	NT-pro-BNP	145 ng/ml	None	Univariate OR	3.8 (95% CI 1.9 to 7.5)
Apple 2007 <sup>87</sup>	NT-pro-BNP	< 75 years, 125 ng/l ≥ 75 years, 450 ng/l	None	Univariate RR	2.9 (95% CI 1.1 to 7.4)
Eggers 2008 <sup>85</sup>	NT-pro-BNP	550 ng/l	None	Chi-squared test	$p < 0.001$
Eggers 2008 <sup>97</sup>	NT-pro-BNP	Not stated	None	Univariate OR	1.8 (95% CI 1.4 to 2.3)
Jernberg 2002 <sup>102</sup>	NT-pro-BNP	Quartiles	None	Log-rank test	Q1: Reference Q2: $p = 0.005$ Q3: $p < 0.001$ Q4: $p < 0.001$
McCann 2009 <sup>111</sup>	NT-pro-BNP	1371 ng/l	None	Univariate OR	5.4 (95% CI 3.0 to 9.7)
Yamashita 2010 <sup>122</sup>	NT-pro-BNP	None: continuous	None	Univariate OR	1.0 (95% CI 1.0 to 1.0)
Body 2011 <sup>46</sup>	PAPP-A	Tertiles	Tn –ve	Mantel–Haenszel test	$p = 0.619$
Kavsak 2009 <sup>103</sup>	PAPP-A	Tertiles	None	Log-rank test	$p = 0.05$
Laterza 2004 <sup>105</sup>	PAPP-A	0.22 mIU/l	None	Univariate RR	4.7 (95% CI 2.2 to 9.8)
Lund 2003 <sup>107</sup>	PAPP-A	2.9 mIU/l	Tn –ve	Univariate RR	2.3 (95% CI 1.1 to 5.0)
McCann 2009 <sup>111</sup>	PAPP-A	12.4 ng/ml	None	Univariate OR	1.1 (95% CI 0.6 to 2.2)

continued

**TABLE 22** Univariate analyses reported in prognostic biomarker studies (*continued*)

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
Apple 2007 <sup>87</sup>	PIGF	17 ng/ml	None	Univariate RR	0.8 (95% CI 0.4 to 1.6)
Markovic 2010 <sup>109</sup>	PIGF	13.2 ng/l	None	AUROC	0.713 (95% CI 0.615 to 0.799)
Body 2011 <sup>46</sup>	P-selectin	Tertiles	Tn -ve	Mantel-Haenszel test	$p = 0.006$
Menown 2003 <sup>113</sup>	P-selectin	152 ng/ml	TN -ve and CK-MB -ve	Univariate OR	3.2 (95% CI 0.9 to 11.6)
Brown 2007 <sup>47</sup>	ST2	None: continuous	None	AUROC	0.579

CK-MB -ve, selected with normal CK-MB; eGFR, estimated glomerular filtration rate; GRF-15, growth differentiation factor 15; PIGF, placental growth factor; Tn -ve, selected with normal troponin.

**TABLE 23** Multivariate analyses reported in prognostic biomarker studies

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
Brugger-Anderson 2008 <sup>93</sup>	BNP	Quartiles	None	Multivariate HR (with Tn)	Q1: Reference Q2: 0.9 (95% CI 0.5 to 1.6) Q3: 1.7 (95% CI 0.9 to 3.0) Q4: 2.3 (95% CI 1.3 to 4.2)
Ponitz 2009 <sup>116</sup>	BNP	Quartiles (highest vs 1-3)	Tn -ve	Multivariate HR	1.5 (95% CI 1.1 to 2.0)
Apple 2007 <sup>87</sup>	CD40 ligand	1.081 ng/l	None	Multivariate RR	1.4 (95% CI 0.6 to 3.2)
Apple 2007 <sup>87</sup>	CRP	3 mg/l	None	Multivariate RR	0.8 (95% CI 0.4 to 1.9)
Brennan 2003 <sup>91</sup>	CRP	Quartiles	Tn -ve	Multivariate OR	Q1: Reference Q2: 1.6 (95% CI 0.9 to 2.7) Q3: 0.9 (95% CI 0.5 to 1.7) Q4: 1.0 (95% CI 0.6 to 1.9)
Brugger-Anderson 2008 <sup>93</sup>	CRP	Quartiles	None	Multivariate HR (with Tn)	Q1: Reference Q2: 1.1 (95% CI 0.7 to 1.8) Q3: 1.1 (95% CI 0.7 to 1.8) Q4: 1.3 (95% CI 0.8 to 2.0)
Eggers 2008 <sup>85</sup>	CRP	3.7 mg/l	None	Multivariate OR (with Tn)	Non-significant
Eggers 2008 <sup>97</sup>	CRP	Not stated	None	Multivariate OR (with Tn)	1.2 (95% CI 0.9 to 1.7)
Lund 2003 <sup>107</sup>	CRP	2.0 mg/l	Tn -ve	Multivariate RR	4.6 (95% CI 1.8 to 11.8)
Mockel 2008 <sup>86</sup>	CRP	10 mg/l	None	Multivariate OR (with Tn)	Non-significant
Ponitz 2009 <sup>116</sup>	CRP	Quartiles	Tn -ve	Multivariate HR	Not significant
Potsch 2006 <sup>51</sup>	CRP	1 mg/l	None	Multivariate OR	2.2 (1.1 to 4.5)
Eggers 2008 <sup>97</sup>	Cystatin-C	Not stated	None	Multivariate OR (with Tn)	2.7 (95% CI 0.7 to 10.4)
Apple 2007 <sup>87</sup>	eGFR	60 ml/minute	None	Multivariate RR	0.8 (95% CI 0.4 to 1.7)
Eggers 2008 <sup>97</sup>	GRF-15	Not stated	None	Multivariate OR (with Tn)	2.7 (95% CI 1.0 to 6.0)

TABLE 23 Multivariate analyses reported in prognostic biomarker studies (continued)

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
Garcia-Valdecasas 2011 <sup>49</sup>	H-FABP	6.2 ng/ml	None	Multivariate HR (with Tn)	2.5 (95% CI 1.3 to 4.8)
Ilva 2009 <sup>50</sup>	H-FABP	10.4 µg/l	None	Multivariate OR (with Tn)	Non-significant
McCann 2009 <sup>111</sup>	H-FABP	5 ng/ml	None	Multivariate OR	2.7 (95% CI 1.1 to 6.4)
Viswanathan 2010 <sup>121</sup>	H-FABP	Quartiles	Tn –ve	Multivariate HR	Q1: Reference Q2: 1.5 (95% CI 0.7 to 3.4) Q3: 3.1 (95% CI 1.1 to 8.8) Q4: 16.7 (95% CI 2.2 to 127.1)
Yamashita 2010 <sup>122</sup>	H-FABP	None: continuous	None	Multivariate OR (with Tn)	1.001 (95% CI 0.998 to 1.003)
Consuegra-Sanchez 2008 <sup>95</sup>	IMA	93.3 U/ml	None	Multivariate HR (with Tn)	1.04 (95% CI 1.01 to 1.07)
Apple 2007 <sup>87</sup>	MMP9	233.7 µg/l	None	Multivariate RR	1.6 (95% CI 0.6 to 4.6)
Apple 2007 <sup>87</sup>	MPO	125.6 µg/l	None	Multivariate RR	1.7 (95% CI 0.8 to 3.7)
Apple 2011 <sup>88</sup>	MPO	633 pmol/l	None	Multivariate HR	2.4 (95% CI 1.3 to 4.6)
Brennan 2003 <sup>91</sup>	MPO	Quartiles	Tn –ve	Multivariate OR	Q1: Reference Q2: 1.9 (95% CI 1.0 to 3.8) Q3: 4.4 (95% CI 2.3 to 8.4) Q4: 3.9 (95% CI 2.0 to 7.7)
Jaffery 2008 <sup>101</sup>	Myoglobin	200 ng/ml	None	Multivariate HR (with Tn)	1.60 (95% CI 1.21 to 2.11)
Kontos 2007 <sup>104</sup>	Myoglobin	90 ng/ml	None	Multivariate OR (with Tn)	2.8 (95% CI 2.1 to 3.7)
Sonel 2000 <sup>117</sup>	Myoglobin	100 µg/ml	None	Multivariate OR (with Tn)	Non-significant
Svensson 2004 <sup>118</sup>	Myoglobin	50 ng/ml	None	Multivariate OR (with Tn)	Non-significant
Van Domberg 2000 <sup>120</sup>	Myoglobin	64 µg/ml (women), 76 µg/ml (men)	None	Multivariate OR (with Tn)	2.2 (95% CI 0.7 to 6.7)
Mockel 2008 <sup>86</sup>	NT-proBNP	145 ng/ml	None	Multivariate OR (with Tn)	2.6 (95% CI 1.2 to 5.7)
Apple 2007 <sup>87</sup>	NT-pro-BNP	< 75 years, 125 ng/l; ≥ 75 years, 450 ng/l	None	Multivariate RR	2.4 (95% CI 0.9 to 6.3)
Eggers 2008 <sup>85</sup>	NT-pro-BNP	550 ng/l	None	Multivariate OR (with Tn)	2.7 (95% CI 1.0 to 7.3)
Eggers 2008 <sup>97</sup>	NT-pro-BNP	Not stated	None	Multivariate OR (with Tn)	1.0 (95% CI 0.7 to 1.5)
Jernberg 2002 <sup>102</sup>	NT-pro-BNP	Quartiles	None	Multivariate RR (with Tn)	Q1: Reference Q2: 1.8 (95% CI 0.7 to 5.1) Q3: 3.0 (95% CI 1.1 to 7.8) Q4: 5.4 (95% CI 2.0 to 14.4)
McCann 2009 <sup>111</sup>	NT-pro-BNP	1371 ng/l	None	Multivariate OR	2.7 (95% CI 1.4 to 5.2)

continued

**TABLE 23** Multivariate analyses reported in prognostic biomarker studies (*continued*)

Study	Biomarker	Threshold	Biomarker selection	Analysis	Finding
Yamashita 2010 <sup>122</sup>	NT-pro-BNP	None: continuous	None	Multivariate OR (with Tn)	1.0 (95% CI 1.0 to 1.0)
Kavsak 2009 <sup>103</sup>	PAPP-A	Tertiles	None	Multivariate HR (with Tn)	T1: Reference T2: 1.8 (95% CI 0.8 to 4.1) T3: 2.1 (95% CI 1.0 to 4.6)
Lund 2003 <sup>107</sup>	PAPP-A	2.9 mIU/l	Tn -ve	Multivariate RR	2.6 (95% CI 1.1 to 6.5)
Apple 2007 <sup>87</sup>	PIGF	17 ng/ml	None	Multivariate RR	0.7 (95% CI 0.3 to 1.5)
Markovic 2010 <sup>109</sup>	PIGF	13.2 ng/l	None	Multivariate HR	2.1 (95% CI 1.1 to 4.2)
Body 2011 <sup>46</sup>	P-selectin	60 µg/l	None	Multivariate OR (with Tn)	1.8 (95% CI 1.1 to 3.1)
Menown 2003 <sup>113</sup>	P-selectin	152 ng/ml	TN -ve and CK-MB -ve	Multivariate OR	4.0 (95% CI 1.0 to 15.7)

CK-MB -ve, selected with normal CK-MB; eGFR, estimated glomerular filtration rate; GRF-15, growth differentiation factor 15; PIGF, placental growth factor; Tn -ve, selected with normal troponin.

some evidence that BNP, NT-pro-BNP, MPO and H-FABP can provide prognostic value when other predictor variables are taken into account, whereas results for CRP and myoglobin were mixed.

Table 24 shows whether or not the biomarker predicts MACEs in troponin-negative patients. This is probably the most useful analysis because troponin measurement is likely to be routine practice in most settings. Unfortunately, only a few studies reported this analysis so it is difficult to draw conclusions. However, there is some evidence that CRP, PAPP-A and H-FABP can predict MACEs in troponin-negative patients.

### Summary of the findings of the prognostic biomarker review

A variety of different biomarkers have been studied and an association shown between increased levels and risk of MACEs, but it is not clear in most cases whether or not this adds useful prognostic information beyond that available from clinical assessment, ECG and troponin. There is some evidence that BNP, NT-pro-BNP, MPO and H-FABP can provide additional prognostic value beyond troponin, whereas CRP, PAPP-A and H-FABP can predict MACEs in troponin-negative patients. However, these findings are based on a small number of heterogeneous studies and the utility of this prognostic value is unclear.

### Studies included in the computed tomographic coronary angiography and exercise electrocardiography review

Overall, the literature searches identified 2667 citations. A flow chart describing the process of identifying relevant literature is shown in Figure 26. Of the titles and abstracts screened, 173 relevant full papers were retrieved and assessed in detail. A total of 29 papers evaluating the diagnostic accuracy or prognostic performance of CTCA or exercise ECG met the inclusion criteria. Studies excluded from the review are listed in Appendix 4. The principal reasons for exclusion were that the population was not suspected ACS and the reference standard was not coronary angiography. The included studies consisted of eight diagnostic studies of CTCA,<sup>123–130</sup> seven prognostic studies of CTCA,<sup>131–137</sup> no diagnostic studies of exercise ECG and 13 prognostic studies of exercise ECG.<sup>138–150</sup> We also identified a prognostic study of CT CAC scoring without angiography.<sup>151</sup> Two of the prognostic studies of CTCA reported different follow-up for the same cohort,<sup>132,133</sup> and two of the prognostic studies of exercise ECG reported some patients in common.<sup>138,140</sup> The lack of any diagnostic studies comparing exercise ECG with ICA is not surprising, as exercise ECG

**TABLE 24** Prognostic accuracy of biomarkers in troponin-negative patients

Study	Biomarker	Threshold	Biomarker positive	Biomarker negative	RR
Ponitz 2009 <sup>116</sup>	BNP	Quartiles	NR	NR	NR <sup>a</sup>
Bholasingh 2003 <sup>89</sup>	CRP	> 0.3 mg/dl	8/135	3/236	4.7 (95% CI 1.3 to 17.3)
Brennan 2003 <sup>91</sup>	CRP	Quartiles	NR	NR	NR <sup>b</sup>
Menown 2003 <sup>113</sup>	CRP	Quartiles	NR	NR	NR <sup>c</sup>
Ponitz 2009 <sup>116</sup>	CRP	Quartiles	NR	NR	NR <sup>a</sup>
Eggers 2008 <sup>97</sup>	GRF-15	1200 ng/l	8/201	1/117	4.7 (95% CI 0.6 to 36.8)
		1800 ng/l	8/104	1/204	15.6 (95% CI 2.0 to 124)
Ilva 2009 <sup>50</sup>	H-FABP	10.4 µg/l	6/28	11/159	3.1 (95% CI 1.2 to 7.7)
Viswanathan 2010 <sup>121</sup>	H-FABP	6.48 µg/l	10/35	30/721	6.9 (95% CI 3.7 to 12.9)
Menown 2003 <sup>113</sup>	Interleukin 6	Quartiles	NR	NR	NR <sup>c</sup>
Collinson 2006 <sup>48</sup>	IMA	85 kU/l	11/279	2/139	2.7 (95% CI 0.6 to 12.2)
Apple 2007 <sup>87</sup>	MPO	125.6 µg/l	9/240	6/150	0.9 (95% CI 0.3 to 2.6)
Apple 2011 <sup>88</sup>	MPO	633 pmol/l	Unable to extract	Unable to extract	Unable to extract <sup>d</sup>
Brennan 2003 <sup>91</sup>	MPO	Quartiles	NR	NR	NR <sup>b</sup>
Apple 2007 <sup>87</sup>	NT-pro-BNP	< 75 years, 125 ng/l; ≥ 75 years, 450 ng/l	13/245	2/142	3.8 (95% CI 0.9 to 16.5)
Lund 2003 <sup>107</sup>	PAPP-A	2.9 mIU/l	20/61	6/75	4.1 (95% CI 1.8 to 9.6)

GRF-15, growth differentiation factor 15; NR, not reported.

a Multivariate HR reported (see Table 23).

b Multivariate OR reported (see Table 23).

c Univariate OR reported (see Table 22).

d Reported as 18.1% vs 5.0% ( $p < 0.002$ ).

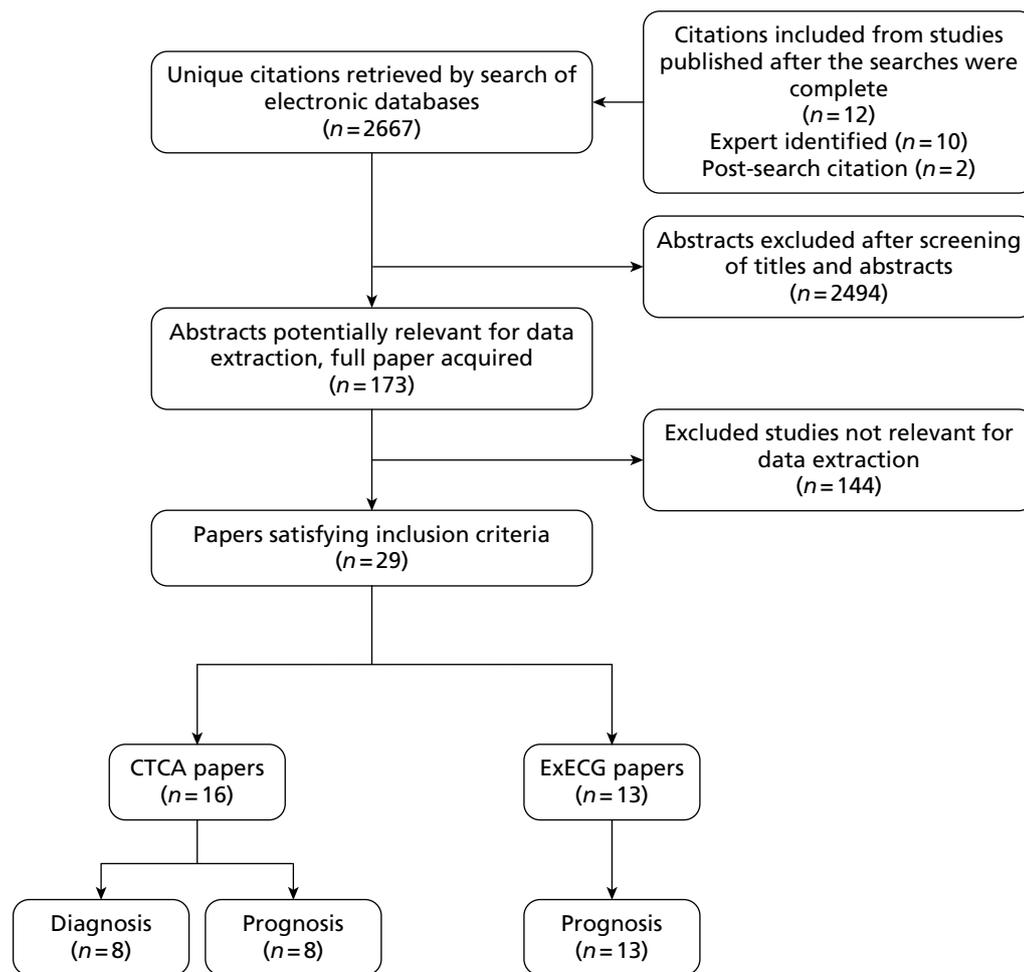
only started to be used in patients presenting to hospital with acute pain many years after its diagnostic accuracy for CAD had been evaluated in patients with stable chest pain.

### Diagnostic studies of computed tomographic coronary angiography

Table 25 shows the characteristics of the diagnostic studies that compared CTCA with a reference standard of ICA for CAD. The studies were relatively small ( $n = 31$  to 113). Mean age varied from 53 to 62 years, and men outnumbered women in all studies. Most studies explicitly excluded patients with diagnostic ECG changes. The threshold for diagnosing obstructive CAD was 50% stenosis in all studies, except for the study of Sato *et al.*,<sup>129</sup> which used a threshold of 75% for both tests.

Figure 27 shows the quality assessment and Figure 28 the methodological quality summary of diagnostic studies of CTCA. Study quality was generally high, although blinding of interpretation of the index or reference standard test was unclear or absent in around half of the studies.

Figure 29 shows the result of meta-analysis of CTCA diagnostic studies. The summary estimates of sensitivity and specificity were 93% (95% predictive interval 61% to 99%) and 87% (16% to 100%), respectively. The highest sensitivity and specificity was achieved in the only study of 64-slice CT.<sup>126</sup> Two studies<sup>124,125</sup> reported markedly lower specificity. The variation in specificity may be explained by artefact



**FIGURE 26** Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow chart CTCA and ETT review. Ex ECG, exercise ECG.

due to calcification, movement or heart rate, which may be more common or more variable in patients presenting with acute symptoms.

### Prognostic studies of computed tomographic coronary angiography

Table 26 shows the characteristics of the seven prognostic studies of CTCA and one study of CAC scoring. Three of the cohorts (four studies) were compared with control groups in a trial,<sup>131–134</sup> whereas the others were single cohort studies. All of the CTCA studies used 64-slice CT. The cohorts were generally larger ( $n = 30–588$ ) and the mean age (46–56 years) younger than the diagnostic studies. This reflects the inclusion criteria that generally selected low- to intermediate-risk patients. Those with ECG changes and positive biomarkers were usually explicitly excluded. The diagnostic classification for CTCA either dichotomised scans into obstructive ( $> 50\%$  stenosis) or non-obstructive ( $< 50\%$ ), or limited positive scans to those with stenosis  $> 70\%$  and used an intermediate category for stenosis of 26–69% or 50–70%. Duration of follow-up ranged from 30 days to 2 years. Definitions of MACEs varied, with most studies including revascularisation in the definition but two limiting MACEs to death and MI,<sup>133</sup> or death, MI and unstable angina.<sup>131</sup> Most cases of MACEs were revascularisation rather than death or MI.

Table 27 shows the quality assessment of the CTCA and CAC scoring prognostic studies. All the studies described patient characteristics in terms of age and sex, but the description of times to presentation was inconsistent. All but one study<sup>134</sup> defined MACEs in their methods section. In all studies the identification and definition of MACEs was independent of the index test and, in accordance with the inclusion criteria, MACEs were reported for at least 80% of the cohort. However, only one study<sup>136</sup> used multivariate

TABLE 25 Characteristics of diagnostic studies of CTCA

Paper	Technology	Beta-blocker	n	Mean age (years) and sex	Inclusion criteria	Exclusion criteria <sup>a</sup>	CTCA diagnostic criteria	ICA diagnostic criteria
Casciani 2008 <sup>123</sup>	16 slice	Yes	37	62; 29/37 (78%) male	Chest pain compatible with myocardial ischaemia	Diagnostic ECG changes, elevated biomarkers	> 50% stenosis	> 50% stenosis
Coles 2007 <sup>124</sup>	16 slice	Yes	113	62; 78/113 (65%) male	Acute chest pain suggesting ACS within 24 hours	STEMI, haemodynamically unstable	≥50% stenosis	≥50% stenosis
Ghersin 2006 <sup>125</sup>	16 slice	No	66	57; 52/66 (79%) male	Acute chest pain	Arrhythmia	≥50% stenosis	≥50% stenosis
Henneman 2008 <sup>126</sup>	64 slice	Yes	40	57; 26/40 (65%) male	Suspected ACS	STEMI	50% stenosis + calcium score	≥50% stenosis
Minocha 2006 <sup>127</sup>	16 slice	Unclear	70	53; 63/70 (90%) male	Acute chest pain	Definite ACS, previous CABG	> 50% stenosis	> 50% stenosis
Olivetti 2006 <sup>128</sup>	16 slice	Yes	31	59; 19/31 (61%) male	Medium/low-risk chest pain within 24 hours	Arrhythmia, previous cardiac disease	> 50% stenosis	> 50% stenosis
Sato 2005 <sup>129</sup>	4 slice	Yes	34	56; 29/31 (93%) male	> 30 minutes of chest pain within 24 hours	Diagnostic ECG changes, elevated biomarkers	≥75% stenosis	≥75% stenosis
Tsai 2007 <sup>130</sup>	Unclear	Yes	78	61; 55/78 (71%) male	Low-risk suspected ACS	Prolonged symptoms, age > 70 years, diagnostic ECG changes, positive biomarkers, previous MI or CABG	≥50% stenosis	≥50% stenosis

CABG, coronary artery bypass graft.

<sup>a</sup> Other than contraindications to CTCA or ICA.

	Representative spectrum?	Acceptable reference standard?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Reference standard results blinded?	Index test results blinded?	Uninterpretable results reported?	Withdrawals explained?
Casciani 2008 <sup>123</sup>	+	+	+	+	+	+	+	+	+
Coles 2007 <sup>124</sup>	+	+	+	+	+	+	+	+	+
Ghersin 2006 <sup>125</sup>	+	+	+	+	+	+	+	+	+
Henneman 2008 <sup>126</sup>	+	+	+	+	+	-	-	-	+
Minocha 2006 <sup>127</sup>	+	+	+	+	+	?	+	+	?
Olivetti 2006 <sup>128</sup>	+	+	+	+	+	?	?	+	+
Sato 2005 <sup>129</sup>	+	+	+	+	+	?	?	+	+
Tsai 2007 <sup>130</sup>	+	+	+	+	+	+	+	+	+

FIGURE 27 Quality assessment of diagnostic studies of CTCA.

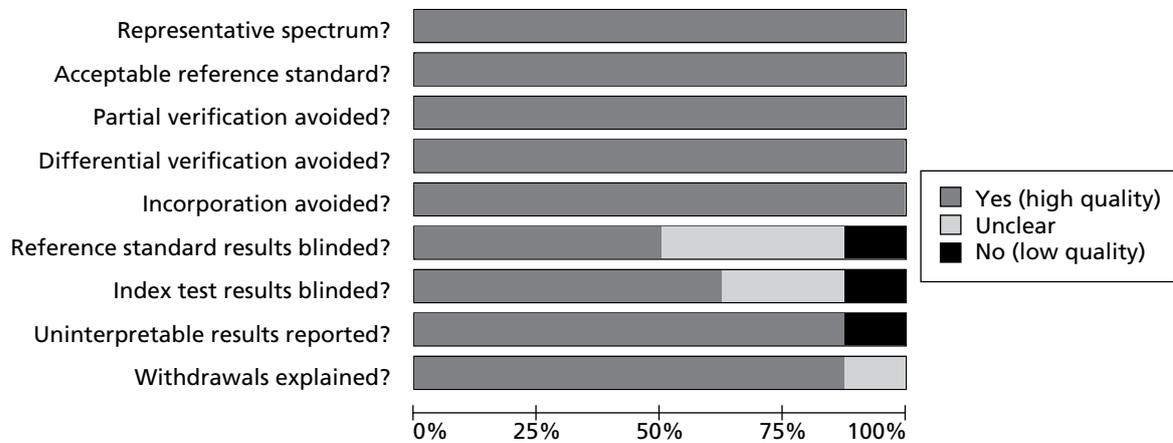
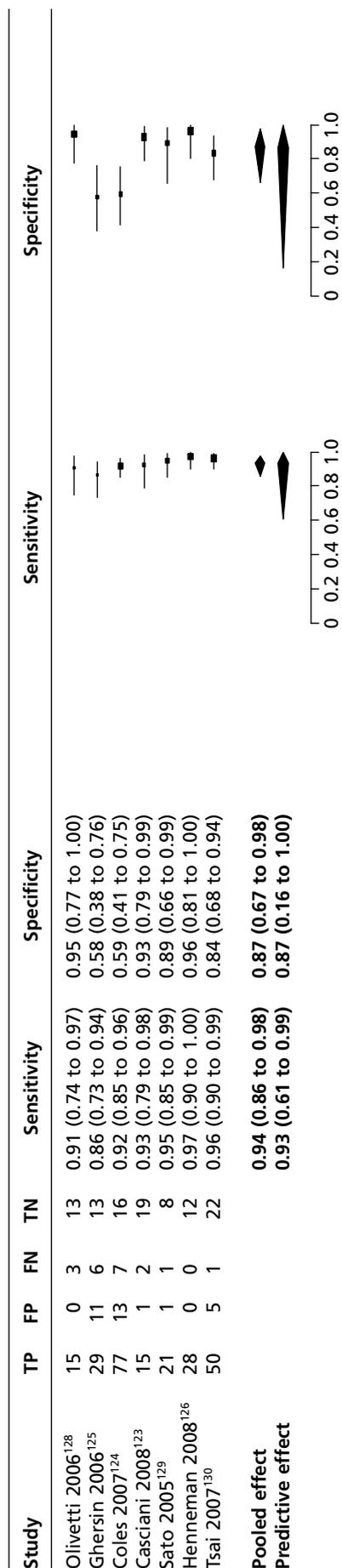


FIGURE 28 Methodological quality summary of diagnostic studies of CTCA.



**FIGURE 29** Meta-analysis of CTCA diagnostic studies.

**TABLE 26** Characteristics of prognostic studies of CTCA and CAC scoring

Paper	Technology	Beta-blocker	n <sup>a</sup>	Age (years) and sex	Inclusion criteria	Exclusion criteria <sup>b</sup>	Diagnostic criteria for CTCA	Duration of follow-up	MACE
Goldstein 2007 <sup>131</sup>	64-slice CTCA	Yes	99	48, 42/99 (43%) male	Low-risk chest pain within 12 hours	Diagnostic ECG changes, known CAD, positive biomarkers	> 70% = positive < 26% = negative 26–70% = inter	6 months	Death, MI, revascularisation
Hollander 2009 <sup>132</sup>	64-slice CTCA	Yes	588	46, 193/588 (40%) male	Low-risk chest pain	Comorbidity, known cardiac disease, cocaine use	≥ 70% = positive < 50% = negative 50–69% = inter	1 year	Cardiovascular death, MI
Hollander 2009 <sup>133</sup>	64-slice CTCA	Yes	568	47, 252/568 (44%) male	Low-risk chest pain	Comorbidity, known cardiac disease, cocaine use	≥ 70% = positive < 50% = negative 50–69% = inter	30 days	Cardiac death, MI, revascularisation, stroke and hospitalisation for angina
Laudon 2010 <sup>151</sup>	CT CAC scoring	No	263	48, 159/263 (60%) male	Low-/intermediate-risk chest pain	Ischaemic ECG, elevated biomarkers, haemodynamically unstable	Calcium score > 0	30 days, 1 + 5 years	MI, PCI, CABG, death
Miller 2011 <sup>134</sup>	64-slice CTCA	Yes	30	51, 13/30 (43%) male	Low-/intermediate-risk chest pain within 12 hours	Diagnostic ECG changes, positive biomarkers, needing hospital admission	Normal, non-obstructive, obstructive	90 days	MI, death, unplanned revascularisation
Rubinshtein 2007 <sup>135</sup>	64-slice CTCA	Yes	58	56, 21/58 (64%) male	Intermediate-risk suspected ACS	Diagnostic ECG changes, positive biomarkers, comorbidities	≥ 50% stenosis	15 months	Death, MI, PCI, CABG
Schlett 2011 <sup>136</sup>	64-slice CTCA	Yes	368	53, 226/368 (61%) male	> 5 minutes of chest pain within 24 hours	Abnormal ECG, elevated troponin	> 50% stenosis	2 years	Not stated
Shuman 2010 <sup>137</sup>	64-slice CTCA	Yes	81	55, 49/81 (60%) male	Low-/moderate-risk chest pain	Diagnostic ECG changes, positive biomarkers, TIMI score of > 4, known cardiac disease	≥ 50% stenosis	3, 6, 12 months	Cardiac death, MI, revascularisation

TIMI, thrombolysis in myocardial infarction.

a Number receiving CTCA.

b Other than contraindications to CTCA.

analysis to determine if CTCA provided additional prognostic value beyond routine assessment with ECG and biomarkers.

Table 28 summarises the results of the prognostic studies of CTCA. It was not always clear whether patients with positive CTCA had been followed up and whether there had been any events in these patients. MACE rates were generally very low in patients with a negative CTCA. The only adverse event in a patient with negative CTCA was a death in the long-term follow-up cohort of Hollander *et al.*<sup>132</sup> However, these low event rates may reflect selection of low-risk patients rather than accurate risk stratification by CTCA. Most of the events reported in patients with positive CTCA findings were process events [i.e. percutaneous coronary intervention (PCI) or coronary artery bypass graft (CABG)], which in an unblinded study may simply reflect physicians acting upon CTCA findings. No patient with positive or intermediate

**TABLE 27** Quality assessment of CTCA and CAC scoring prognostic studies

Study	Q1	Q2	Q3	Q4	Q5	Q6	Q7
Goldstein 2007 <sup>131</sup>	Y	Y	Y	Y	Y	N	N
Hollander 2009 <sup>132</sup>	N	Y	Y	Y	Y	N	N
Hollander 2009 <sup>133</sup>	N	Y	Y	Y	Y	N	N
Laudon 2010 <sup>151</sup>	N	Y	Y	Y	Y	N	N
Miller 2011 <sup>134</sup>	Y	Y	N	Y	Y	N	N
Rubinshtein 2007 <sup>135</sup>	N	Y	Y	Y	Y	N	N
Schlett 2011 <sup>136</sup>	Y	Y	Y	Y	Y	Y	Y
Shuman 2010 <sup>137</sup>	N	Y	Y	Y	Y	N	N

N, no; U, unclear; Y, yes.

**Questions:**

Q1 Are inclusion criteria defined?

Q2 Are characteristics described (age and sex)?

Q3 Is a MACE defined in the methods section?

Q4 Is a MACE identification and definition independent of the index test?

Q5 Is a MACE outcome recorded for at least 80% of the cohort from baseline episode?

Q6 Was a multivariate analysis undertaken?

Q7 Was troponin measured and included in the multivariate analysis?

**TABLE 28** Outcomes summary for prognostic studies of CTCA

Paper	Positive CTCA <sup>a</sup>	Intermediate CTCA <sup>a</sup>	Negative CTCA <sup>a</sup>
Goldstein 2007 <sup>131</sup>	0/8	0/24	0/67
Hollander 2009 <sup>132</sup>	NR	NR	1/481 (death)
Hollander 2009 <sup>133</sup>	0/13	0/41	0/508
Shuman 2010 <sup>137</sup>	NR	NR	0/70
Rubinshtein 2007 <sup>135</sup>	13/23 (two MI, eight PCI, three CABG)	1/20 (PCI)	0/15
Miller 2011 <sup>134</sup>	0/18	–	0/10
Schlett 2011 <sup>136</sup>	20/68 <sup>b</sup>	5/117 <sup>b</sup>	0/183

<sup>a</sup> See Table 25 for definitions.

<sup>b</sup> The 25 MACEs included 12 MIs, 23 revascularisations and no cardiac deaths.

CTCA died on follow-up. There were 2 out of 43 and 12 out of 185 non-fatal MIs among those patients with positive or intermediate CTCA in the cohorts of Rubinshtein<sup>135</sup> and Schlett.<sup>136</sup> The cohorts of Miller<sup>134</sup> ( $n = 18$ ), Goldstein<sup>131</sup> ( $n = 32$ ) and Hollander<sup>133</sup> ( $n = 54$ , follow-up to 30 days) reported no cases of death or non-fatal MIs among those patients with positive CTCA. It could be argued that the process outcomes (PCI and CABG) prevented subsequent death or non-fatal MI in those with positive CTCA, but this is difficult to determine.

In the study of Schlett *et al.*<sup>136</sup> patients and carers were blind to CTCA findings, so any association between CTCA findings and process events (PCI and CABG) was not simply due to physicians acting on CTCA findings. Schlett *et al.* found that CTCA predicted MACEs, even after adjustment using a clinical risk score incorporating ECG and troponin measurement. Thus, this study provides the best evidence that CTCA provides independent prognostic value beyond routine clinical assessment.

The study of CT CAC scoring<sup>151</sup> reported that 9 out of 91 patients with a CAC score of  $> 0$  had MACEs (two MI and nine PCI), compared with 0 out of 82 with a CAC score = 0.

The results of meta-analysis of CTCA prognostic studies are shown in *Figure 30* (positive and intermediate vs negative) and *Figure 31* (positive vs intermediate and negative). Only studies that definitely reported data from patients with positive and negative CTCA are included in this analysis. Meta-analysis of the five studies with analysable data showed a RR for MACEs of 3.1 (95% CrI 0.3 to 18.7) for positive and intermediate scans compared with negative scan and 5.8 CrI (95% CrI 0.6 to 24.5) for positive scan compared with intermediate or negative scans. These estimates are subject to considerable uncertainty, with the CrI including one (i.e. no association) for both estimates. Taken alongside the limitations relating to patient selection and process outcomes suggests that there is currently only weak evidence that CTCA provides prognostically useful information in patients with suspected ACS.

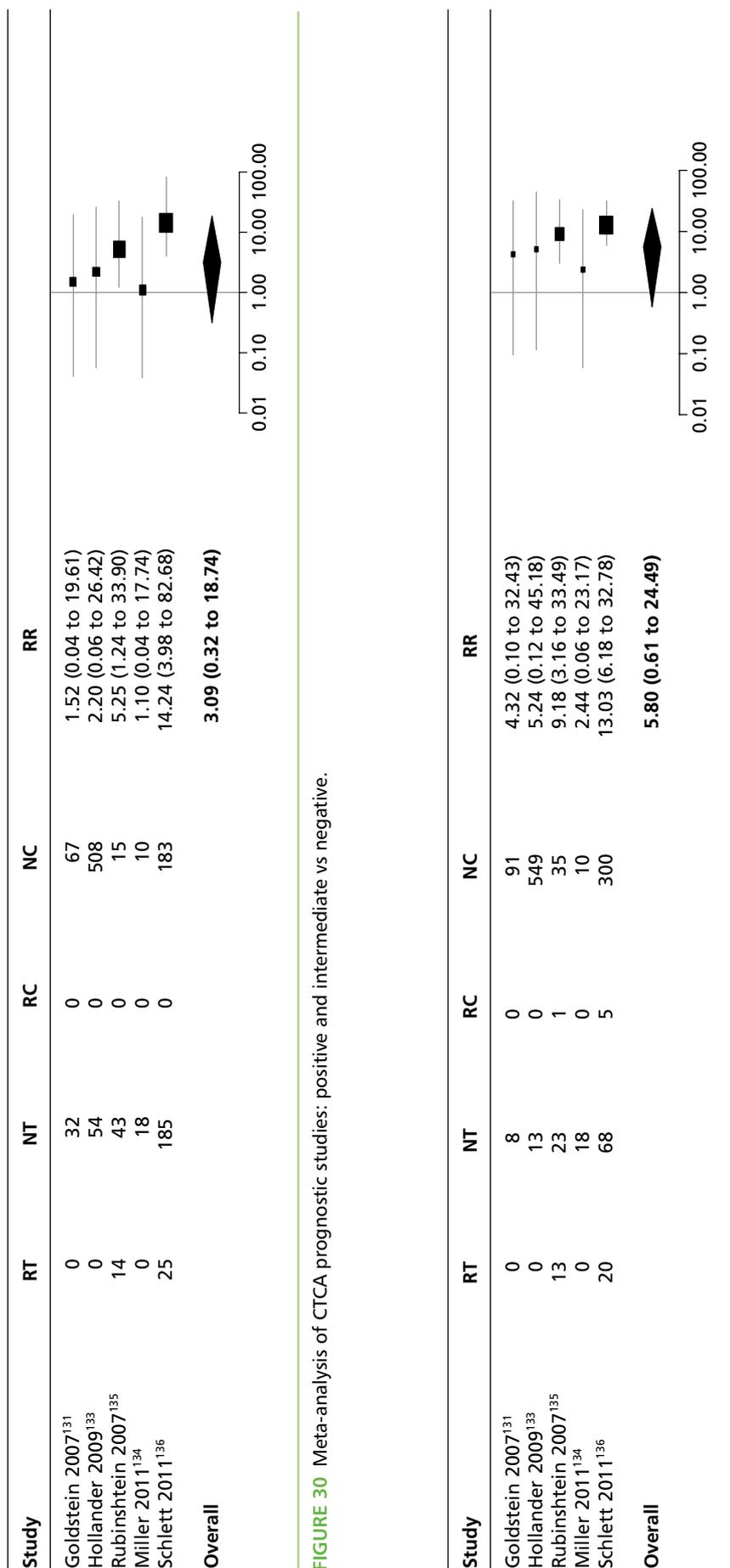
### Prognostic studies of exercise electrocardiography

*Table 29* shows the characteristics of the prognostic studies of exercise ECG. Sample sizes ranged from 28 to 1000. The mean age (30–60 years) was relatively young, reflecting the selection of low-risk patients in many of the cohorts. Follow-up ranged from 30 days to  $> 12$  months. There was no consistency in the definitions and reporting of MACEs, with some studies reporting composite outcomes only and others reporting outcomes separately with no indication of whether or not some patients had suffered multiple different adverse outcomes.

*Table 30* shows the quality assessment of the exercise ECG studies. The population age and sex were always well described but most studies did not clearly define their inclusion criteria. MACEs were defined in the methods section in all but one study and was defined and identified independent to the index test in all studies. No study undertook multivariate analysis to determine the independent prognostic value of exercise ECG.

*Table 31* shows the outcomes of the studies of exercise ECG. Most of the studies reported inconclusive results separately from positives and negatives but three studies<sup>142,147,148</sup> reported them with positives, one with negatives,<sup>139</sup> and it was unclear in one study whether or not there were any inconclusive results.<sup>150</sup> Overall, MACE rates varied between the studies, reflecting variation in patient selection criteria and the definition of MACEs. Rates were generally low among patients with negative ETT results and there was some evidence that positive tests identified higher-risk patients. However, higher rates of revascularisation among patients with positive ETT may reflect physician awareness and expectation of a need for revascularisation. There was evidence from some studies that death and MI rates were higher among patients with positive ETT, although the modest numbers limit the conclusions that may be drawn.

The results of meta-analysis of prognostic studies of exercise ECG are shown in *Figure 32* (positive and inconclusive vs negative) and *Figure 33* (positive vs inconclusive and negative). Meta-analysis showed a RR for MACEs of 8.4 (95% CrI 3.1 to 17.3) for positive and inconclusive compared with negative and



**FIGURE 30** Meta-analysis of CTCA prognostic studies: positive and intermediate vs negative.

**FIGURE 31** Meta-analysis of CTCA prognostic studies: positive vs intermediate and negative.

TABLE 29 Summary of characteristics of exercise ECG studies

Paper	n tested	n follow-up	Mean age (years)	Sex	Inclusions	Exclusions	Duration of follow-up	MACE
Amsterdam 2002 <sup>138</sup>	1000	1000	50	520/1000 male	Resting ECG that was normal, only minor ST-T changes	ECG ischaemia or infarction	30 days	Revascularisation, death
De Filippi 2001 <sup>139</sup>	125	110	48	59/125	Low probability ( $\leq 7\%$ ) of acute MI (Goldman <i>et al.</i> , <sup>152</sup> low risk), ability to exercise, no prior history of CAD	ECG ischaemia	Median 374 days	Revascularisation, death, MI
Diercks 2000 <sup>140</sup>	958	742	43	522/958 male	Non-diagnostic ECG for MI and ischaemia	ECG MI	12 months	Revascularisation, shock, cardiac death, MI, HF, life-threatening arrhythmia
Gomez 1996 <sup>141</sup>	50	50	50	31/50 male	Low risk	> 7% probability of having an AMI (Goldman <i>et al.</i> , <sup>152</sup> high risk), ECG ischaemia, arrhythmia, HF, high blood pressure	30 days	Death, MI
Goodacre 2005 <sup>142</sup>	422	422	54	461/706 male	Acute chest pain, normal or non-diagnostic ECG, no prior history of CAD	Recent diagnostic testing for coronary heart disease, unable to exercise	6 months	Revascularisation, MI, death
Jeetley 2006 <sup>143</sup>	154	151	60	87/154 male	Normal or non-diagnostic ECG, and $\geq 2$ risk factors for CAD	ECG ischaemia, contraindications to perform exercise testing	8.5 months	Revascularisation, MI, death
Kerns 1993 <sup>144</sup>	32	32	35	20/32 male	Atypical chest pain, normal ECG, low-risk CAD	Moderate suspicion of AMI or ischaemic heart disease, high risk, history of CAD, physical limitations precluding performance of ETT	6 months	MI, death
Kirk 1998 <sup>145</sup>	212	200	49	121/212 male	Low-risk patients (based on electrocardiographic and clinical findings)	ECG suggestive of MI or ischaemia, unable to perform a treadmill test	30 days	Revascularisation

Paper	n tested	n follow-up	Mean age (years)	Sex	Inclusions	Exclusions	Duration of follow-up	MACE
Lewis 1994 <sup>146</sup>	93	82	50	48/93 male	Low-risk patients (based on electrocardiographic and clinical findings).	ECGs diagnostic of infarction or ischaemia	6–37 months	MI
Polananczyk 1998 <sup>147</sup>	276	276	59	130/276 male	Lower risk for major cardiac events	High risk (Goldman <i>et al.</i> ). ECG ischaemia	6 months	PTCA, CABG or MI
Ramakrishna 2005 <sup>148</sup>	125	125	55	71/125 male	Intermediate-risk profile for cardiovascular events	ECG ischaemia	6 months	MI or HF
Sarullo 2000 <sup>149</sup>	190	190	57	127/190 male	Low-risk patients (Pryor monogram)	ECG diagnostic of infarction or ischaemia	Minimum 12 months	Cardiac death, MI, PTCA, CABG
Tsakonis 1991 <sup>150</sup>	28	28	45	23/28 male	Unstable CAD. No prior cardiac history, normal or near normal ECG, able to exercise on a treadmill	Prior cardiac history, ECG ischaemia	1–12 months	Cardiac events

AMI, acute myocardial infarction; HF, heart failure; PTCA, percutaneous transluminal coronary angioplasty.

**TABLE 30** Quality assessment of exercise ECG prognostic studies

Study	Q1	Q2	Q3	Q4	Q5	Q6	Q7
Amsterdam 2002 <sup>138</sup>	N	Y	Y	Y	Y	N	N
De Filippi 2001 <sup>139</sup>	Y	Y	Y	Y	Y	N	N
Diercks 2000 <sup>140</sup>	N	Y	Y	Y	Y <sup>a</sup>	N	N
Gomez 1996 <sup>141</sup>	N	Y	Y	Y	Y	N	N
Goodacre 2005 <sup>142</sup>	Y	Y	Y	Y	Y	N	N
Jeetley 2006 <sup>143</sup>	N	Y	Y	Y	Y	N	N
Kerns 1993 <sup>144</sup>	N	Y	Y	Y	Y	N	N
Kirk 1998 <sup>145</sup>	N	Y	Y	Y	Y	N	N
Lewis 1994 <sup>146</sup>	N	Y	Y	Y	Y	N	N
Polanczyk 1998 <sup>147</sup>	N	Y	Y	Y	Y	N	N
Ramakrishna 2005 <sup>148</sup>	N	Y	Y	Y	Y	N	N
Sarullo 2000 <sup>149</sup>	N	Y	Y	Y	Y	N	N
Tsakonis 1991 <sup>150</sup>	N	Y	N	Y	Y	N	N

N, no; U, unclear; Y, yes.

a 'Y' at 6 months, 'N' at 1 year.

**Questions:**

Q1 Are inclusion criteria defined?

Q2 Are characteristics described (age and sex)?

Q3 Is a MACE defined in the methods section?

Q4 Is a MACE identification and definition independent of the index test?

Q5 Is a MACE outcome recorded for at least 80% of the cohort from baseline episode?

Q6 Was a multivariate analysis undertaken?

Q7 Was troponin measured and included in the multivariate analysis?

8.0 (95% CrI 2.3 to 22.7) for positive compared with inconclusive or negative test. The CrIs around these estimates were relatively wide but did not include one (i.e. no association). We therefore identified evidence that exercise ECG predicts MACEs in patients with suspected ACS, although this finding may be limited by the inclusion of process outcomes (revascularisation procedures) in the definition of MACEs in some studies.

TABLE 31 Summary of outcomes for exercise ECG studies

Paper	Outcomes of interest	Positive ETT	Inconclusive ETT	Negative ETT
Amsterdam 2002 <sup>138</sup>	Revascularisation	12/114	7/192	0/582
	Death	4/114	0/192	1/582
De Filippi 2001 <sup>139</sup>	Revascularisation, death, MI	5/9	Reported with negatives	1/110
Diercks 2000 <sup>140</sup>	Revascularisation, cardioshock, cardiac death, MI, HF, LTA	7/19	9/267	5/456
Gomez 1996 <sup>141</sup>	Death, MI	0/2	0/1	0/41
Goodacre 2005 <sup>142</sup>	Revascularisation, MI, LTA, death	9/37	Reported with positives	4/385
	MI, LTA, death only	2/37		3/385
Jeetley 2006 <sup>143</sup>	Revascularisation, MI, death MI	9/27	11/79	0/39
	Death/MI	1/27	2/79	2/39
Kerns 1993 <sup>144</sup>	MI, death	0	0	0/32
Kirk 1998 <sup>145</sup>	Revascularisation	6/28	0/55	0/118
Lewis 1994 <sup>146</sup>	MI	1/12	0/22	0/59
Polanczyk 1998 <sup>147</sup>	PTCA, CABG or MI	12/81	Reported with positives	4/195
Ramakrishna 2005 <sup>148</sup>	MI or HF	3/37	Reported with positives	0/88
Sarullo 2000 <sup>149</sup>	Cardiac death	0/57	0/22	0/111
	MI	1/57	0/22	0/111
	PTCA	29/57	0/22	0/111
	CABG	15/57	0/22	0/111
Tsakonis 1991 <sup>150</sup>	Cardiac events	0/4		0/19

HF, heart failure; LTA, life-threatening arrhythmia; PTCA, percutaneous transluminal coronary angioplasty.

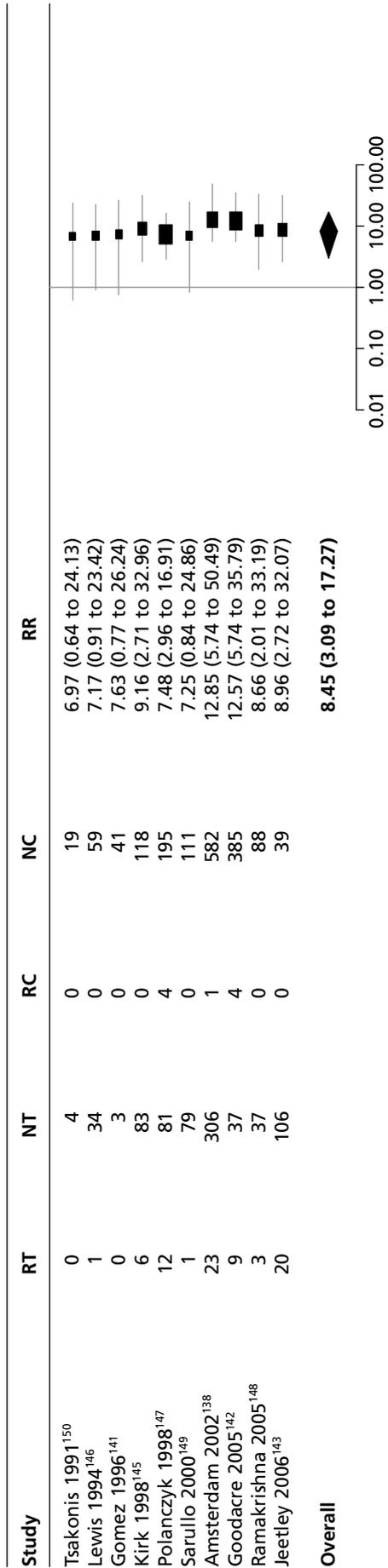


FIGURE 32 Meta-analysis of prognostic studies of exercise ECG: positive and inconclusive vs negative.

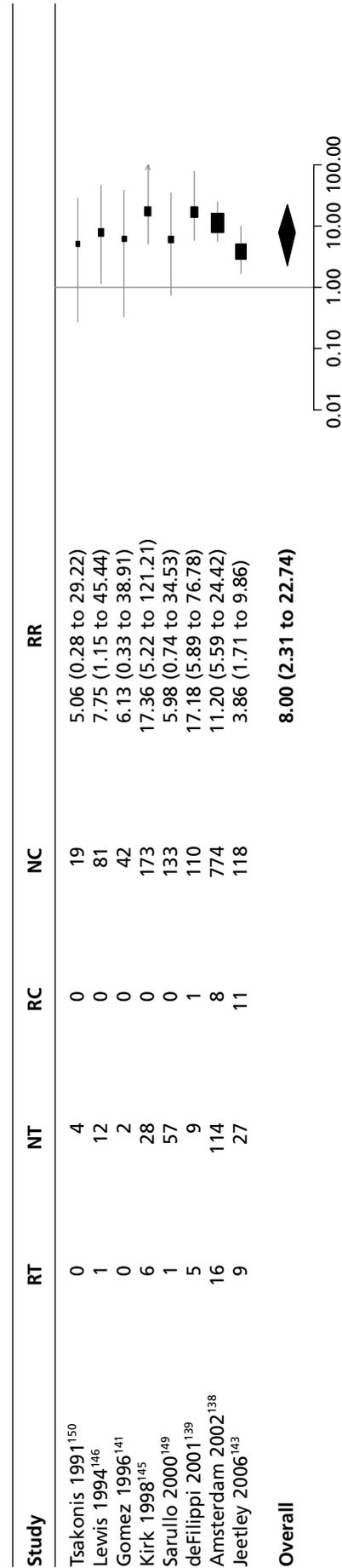


FIGURE 33 Meta-analysis of prognostic studies of exercise ECG: positive vs inconclusive and negative.

## Chapter 4 Assessment of cost-effectiveness evidence

This section details the methods and results of our health economic model, constructed to compare investigation strategies for patients with suspected ACS. We developed a decision-analysis model to evaluate the cost-effectiveness of using (1) early biomarker strategies to diagnose MI before a 10- to 12-hour troponin assay and (2) biomarkers, CTCA or ETT to risk-stratify patients with a negative troponin. The model applied diagnostic strategies to a hypothetical cohort of patients with suspected ACS to determine the costs and outcomes associated with each strategy. The model involved two phases:

1. The diagnostic phase tested biomarker strategies for MI. Early biomarker strategies (involving troponin alone or in combination with sensitive early biomarkers) were compared with the most effective and expensive strategy of 10- to 12-hour troponin assays (specified in our model as being 10 hours) and the least effective and cheapest strategy of no testing or treatment. Early biomarkers were assumed to incur costs and miss cases due to suboptimal sensitivity compared with a 10-hour troponin test (thus worsening outcomes) but could save costs by reducing length of hospital stay.
2. The prognostic phase tested biomarkers and other investigations (CTCA and exercise ECG) that could stratify patients with a negative troponin for subsequent risk of MACEs. The potential benefit of additional biomarkers, CTCA or exercise ECG was assumed to relate to identifying which troponin-negative patients have a higher risk of MACEs, which could be reduced by investigation and intervention.

### The diagnostic phase model

This section details the methods and results of our health economic model constructed to compare diagnostic strategies for identifying MI in patients with suspected ACS. We developed a decision-analysis model to estimate the costs and QALYs accrued by each potential management strategy for diagnosing patients with MI. A theoretical 'zero option' strategy of discharging all patients home without investigation was also included. The key aim was to determine the optimal diagnostic strategy in terms of cost-effectiveness. We also aimed to use the model to estimate the effect of different diagnostic strategies upon subsequent event rates.

#### Objectives

The objectives of the cost-effectiveness analysis were to:

1. estimate the cost-effectiveness of diagnostic strategies for ACS, in terms of the cost per QALY gained by each strategy compared with the next most effective
2. identify the optimal strategy for diagnosing ACS in the NHS, defined as the most cost-effective strategy at a willingness-to-pay threshold of £20,000–30,000 per QALY gained
3. estimate subsequent rates of death and non-fatal MI among the whole study population and among those with negative diagnostic tests according to the various diagnostic strategies
4. identify the critical areas of uncertainty in the diagnosis of ACS, where future research would produce the most benefit.

### The costs and benefits of diagnostic management of suspected acute coronary syndrome

The main benefits of diagnostic management relate to rapid identification and treatment of patients with risk of MI and death. The direct costs of diagnostic management include the costs of investigation, hospital stay for diagnosis, and the subsequent costs of providing treatment, intensive care and

reinfarction. The assumed gold standard for diagnosis, troponin measured 10 hours after worst symptoms is the most effective, but also the most expensive strategy because patients are admitted to hospital until results are available. Presentation biomarkers incur costs and may miss cases due to suboptimal sensitivity (thus worsening outcomes), but save costs by reducing length of hospital stay. We built a model to allow us to analyse the effect of different diagnostic management strategies on these costs and benefits.

### *The decision-analysis model structure*

The different diagnostic strategies were applied to a hypothetical cohort of patients attending the ED with suspected, but not proven, ACS. We assumed that the diagnostic strategy would determine which patients had MI and that the probability of detecting an MI was determined by the sensitivity of the diagnostic strategy. We assumed that patients with detected MI would be managed promptly by treatment. The model assigned each patient a probability of reinfarction or death depending on their characteristics and whether or not they had treatment. Each patient then accrued lifetime QALYs and health-care costs according to their age, sex, reinfarction and treatment status. Costs were also accrued through measuring biomarkers, hospital stay for diagnosis, further investigation, treatment and/or reinfarction depending on the strategy and the patient characteristics. Details of each of these processes are outlined below.

### *Population*

The population consisted of a hypothetical cohort of patients attending the ED with suspected but not proven ACS, i.e. a history compatible with ACS but no diagnostic ECG changes (ST deviation of  $> 1$  mm or T-wave inversion  $> 3$  mm), and who had no major comorbidities requiring inpatient treatment (such as HF or arrhythmia). We ran the diagnostic phase model separately for patients with and without a known history of CAD. Different characteristics were used for the populations with and without known CAD.

Each patient entering the model had the following characteristics defined: age, sex, MI present or not, time delay between onset of worst pain and arrival at hospital, and time of day. We estimated population characteristics using data from a large recent trial of point-of-care markers in patients with suspected but not proved MI, the RATPAC (Randomised Assessment of Treatment using Panel Assay of Cardiac markers) trial.<sup>153</sup> *Table 32* shows the population characteristics used in the model.

The arrival time of patients is an important factor when considering the optimal cost-effectiveness strategy because outside the ED medical staff may be available only at certain times of the day to make disposition decisions (e.g. ward rounds at specific times of the day). We analysed the arrival times of 2240 patients from the RATPAC trial<sup>153</sup> to estimate the arrival distribution used in the model and the results are shown in *Table 33*. Patients in the RATPAC trial<sup>153</sup> presented across six hospitals over a 15-month period, so the table is intended to demonstrate relative differences in arrival rates at different times of the day, rather than providing any meaningful estimate of absolute arrival rates at a particular hospital.

The results are also shown in the form of a histogram in *Figure 34*. It can be seen that between midnight and 7 AM, there are small numbers of patients. The patients arrive at a faster rate between 7 AM and 9 AM but between 9 AM and 2 PM is the peak time, which sees the fastest arrival rate of patients. There is a steady decrease in the patient arrival rate between 2 PM and 6 PM and the finally, patients arrive in a constant slow stream between 6 PM and midnight.

### *Selection of strategies*

We tested several strategies to explore the trade-off between sensitivity and specificity. Each potential strategy was applied to each patient. The strategy determined:

1. what tests each patient received and when
2. how long each patient spent in hospital
3. what treatments each patient received.

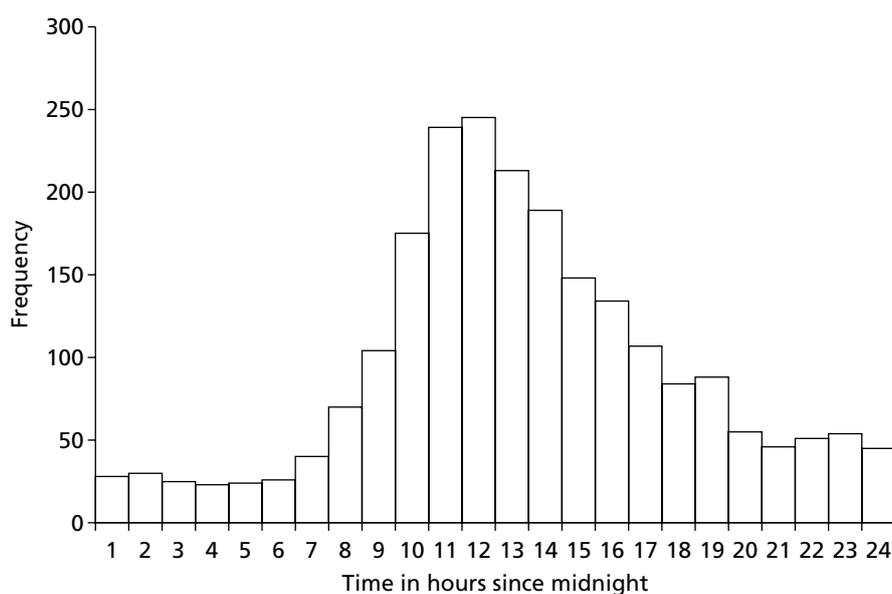
**TABLE 32** Population characteristics from the RATPAC trial<sup>153</sup> used in the model

	Estimate	Distribution
<b>Population without known CAD</b>		
Mean age (SD), years	53.0 (13.5)	SE = 0.30
% male	58.1%	n/N = 1138/1958
MI prevalence	7.0%	n/N = 137/1958
Median (IQR) time delay (minutes)	132 (80 to 255)	
Time of day	See Table 33	
<b>Population with known CAD</b>		
Mean age (SD), years	65.5 (13.4)	SE = 0.82
% male	59.5%	n/N = 160/269
MI prevalence	7.8%	n/N = 21/248
Median (IQR) time delay (minutes)	101 (67 to 170)	
Time of day	See Table 33	

IQR, interquartile range; SE, standard error

**TABLE 33** Patient arrival rate from the RATPAC trial<sup>153</sup> used in the model

Time period	No. of hours	Inter-arrival time in minutes	Arrival rate per hour	Arrivals in this period	Cumulative arrivals
12 midnight to 7 AM	7	2	28	195	195
7 AM to 9 AM	2	0.7	88	175	370
9 AM to 2 PM	5	0.3	212	1060	1430
2 PM to 6 PM	4	0.5	118	470	1900
6 PM to 12 midnight	6	1	57	340	2240

**FIGURE 34** Histogram of the patient arrival data.

The following strategies were tested in the main analysis:

1. *Cheapest and least effective* Discharge all patients home immediately without testing or treatment.
2. *Most effective and expensive* Measure troponin level after 10 hours has elapsed from the worst symptoms, admit to hospital and treat if troponin assay is positive, discharge home without treatment if troponin assay is negative.
3. *Troponin testing on arrival* Measure troponin level on arrival, manage according to strategy 2 if positive (i.e. measure troponin level again after 10 hours from worst symptoms), discharge home without treatment if negative. This strategy was tested using different initial troponin assays and thresholds for positivity.

In each strategy we assumed that there was a 2-hour delay from the time at which sampling could be performed to the time at which results became available and a decision made. If the results were available within 4 hours of patient presentation to hospital we assumed that the patient was still in the ED and a decision could be made immediately. If not, we assumed that they had moved to another location (a ward or clinical decision unit) and managed according to one of the three scenarios outlined below. We also assumed that there was a 1-hour delay between arrival at hospital and biomarker assessment commencing. This effectively meant that only decisions made on presentation biomarkers could be acted on in the ED.

With regard to patient management after the ED, we tested the model in three different scenarios:

1. The 'doctor on demand' scenario, in which medical staff were available 24 hours a day to make a disposition decision within 1 hour of the results being available.
2. The twice-daily ward round scenario, in which medical staff were only available at twice-daily ward rounds (9 AM and 6 PM) to make disposition decisions.
3. The once-daily ward round scenario, in which medical staff were only available at one daily ward round (2 PM) to make disposition decisions.

We took this approach because it was possible that different strategies may have different levels of cost-effectiveness in different settings. For example, early discharge strategies may be less cost-effective if the LoS associated with delayed testing strategies is controlled by efficient patient review. Users of the results are thus able to decide which scenario best reflects their local practice.

We also undertook a secondary analysis that involved adding other biomarkers to troponin at presentation to determine whether adding an alternative biomarker was cost-effective compared with troponin alone at presentation or a 10-hour troponin test. This analysis was undertaken using data from primary studies that compared the sensitivity and specificity of troponin alone to troponin with the biomarker (with elevation of either biomarker being considered positive). We assumed that the additional biomarker would incur an additional cost, but otherwise the model would follow the main analysis. For each study the model compared the following strategies:

1. discharge without testing or treatment
2. presentation troponin alone
3. presentation troponin in combination with the other biomarkers
4. 10-hour troponin test.

### **Diagnostic parameters of each strategy**

Each strategy specified how the biomarker(s) should be interpreted and what decision would be made on the basis of each biomarker result. The options were:

1. *MI ruled out*: discharge with no further testing

2. *MI ruled in*: admit for MI treatment
3. *MI uncertain*: wait and repeat biomarker testing.

Option 1 relates to strategy sensitivity. Although the strategy may define MI as having been ruled out, the patient may actually have MI that is missed owing to suboptimal sensitivity.

We stipulated that option 2 could only be applied on the basis of a standard modern troponin assay result above the 99th percentile. We assumed that this provided definitive evidence of MI and that strategies would only recommend MI treatment on the basis of this evidence. Every strategy, (except no testing or treatment), therefore had to include troponin at some point to diagnose MI.

For option 3, the strategy defined when further testing was performed, what test would be performed and how this test would be interpreted. In most strategies the next test was a 10-hour troponin and in all strategies the MI uncertain option ended when a 10-hour troponin test was performed. We stipulated that the 10-hour troponin test would use a standard modern assay with the 99th percentile as the threshold for positivity, thus allowing MI to be definitively ruled in or ruled out.

Table 34 shows the estimates of sensitivity and specificity for MI for each strategy tested and the sources for these estimates. We selected meta-analysis data for TnT because the point estimates of sensitivity and specificity varied in the expected manner when different thresholds and assays were used, i.e. a lower threshold and/or high-sensitivity assay had higher sensitivity and lower specificity. This allowed us to explore the influence of varying the diagnostic threshold upon cost-effectiveness. The median values of the posterior distributions for sensitivity and specificity were used in the deterministic analysis.

We also undertook two sensitivity analyses:

1. Replacing presentation HsTnT with the ADVIA Centaur Ultra troponin I assay. Our meta-analysis suggested that this assay has lower sensitivity and higher specificity than HsTnT, so this analysis tested whether or not findings were dependent on the high estimated sensitivity of TnT. The estimates for sensitivity and specificity for the ADVIA Centaur Ultra troponin I assay were 0.86 (95% predictive interval 0.26 to 0.99) and 0.89 (95% predictive interval 0.40 to 0.99), respectively.
2. Additional inclusion of a strategy using measurement of high-sensitivity TnI at presentation and 3 hours later. Recent analysis<sup>154</sup> has suggested that this provides better sensitivity than presentation testing. We assumed that additional costs were incurred providing care until 3-hour results were available but that a doctor would be available on demand to act on the results. The estimates of sensitivity and specificity were 0.982 [95% confidence interval (CI) 0.959 to 0.994] and 0.904 (95% CI 0.884 to 0.922), respectively.<sup>154</sup>

**TABLE 34** Estimates of sensitivity and specificity used in the model

Strategy	Sensitivity (95% predictive interval)	Specificity (95% predictive interval)	Source
Discharge without testing or treatment	0	1	Theoretical
10-hour troponin test	1	1	Theoretical
Presentation TnT using 10% CV threshold (0.03 µg/l)	0.74 (0.35 to 0.94)	0.96 (0.76 to 0.99)	Meta-analysis
Presentation TnT using 99th percentile threshold (0.01 µg/l)	0.80 (0.30 to 0.97)	0.91 (0.53 to 0.99)	Meta-analysis
Presentation HsTnT using 99th percentile threshold (0.014 µg/l)	0.96 (0.27 to 1.00)	0.72 (0.03 to 0.99)	Meta-analysis

For the secondary analysis evaluating the cost-effectiveness of adding other biomarkers to troponin at presentation we used estimates of sensitivity and specificity from primary studies that compared the combination of the biomarker and troponin (i.e. test positive if either troponin or biomarker is positive) with troponin alone (see *Chapter 3, Diagnostic studies of biomarkers in combination with troponin*). We used primary studies to estimate the sensitivity and specificity of troponin alone rather than meta-analysis estimates because there was substantial heterogeneity between the studies with resulting heterogeneity in estimates of troponin sensitivity. Using estimates from the primary studies allowed us to evaluate the relative effect of adding another biomarker. *Table 35* shows the sensitivity and specificity of troponin alone and the biomarker plus troponin combination for each analysis. These strategies were only tested in the population without known CAD in the twice-daily ward round scenario.

### Outcomes

We assumed that after the strategy had been applied and any treatments given the subsequent progress of each patient would depend on whether or not they had MI, and if they had MI whether or not it was identified and treated. Patients with MI risked reinfarction or death dependent on whether or not they received treatment. The risk of reinfarction and death (with and without treatment) was determined using data from a study by Mills.<sup>155</sup> This cohort of patients with suspected ACS allows comparison between those with recognised and treated MI, and those with untreated MI, because the threshold for reporting positive results was changed after an initial validation phase when low positive results were recorded but not reported. We selected patients from this study who matched our inclusion criteria of having a non-diagnostic ECG. *Table 36* shows the estimates of the risk of reinfarction and death among relevant patients in the Mills<sup>155</sup> cohort.

After this we assumed that survivors accrued QALYs according to their age and sex, whether or not they had MI, and whether or not they suffered reinfarction. The lifetime QALYs are estimated based on patients' life expectancy and their corresponding annual utilities. The discounted life expectancy of patients with MI, and MI with reinfarction was captured from Polanczyk *et al.*,<sup>156</sup> whereas the utility of MI patients was estimated from Ward *et al.*<sup>157</sup> The utility of patients with reinfarction was estimated by using a multiplicative factor of 0.8 for patients with MI based on the input from clinicians. Life expectancy of

**TABLE 35** Strategy diagnostic accuracy for combination strategies

Study	Combination	Troponin alone		Combination	
		Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Body 2011 <sup>57</sup>	TnI or H-FABP	0.42 (0.33 to 0.51)	0.96 (0.94 to 0.97)	0.82 (0.74 to 0.88)	0.88 (0.83 to 0.88)
Haltern 2010 <sup>67</sup>	TnT or H-FABP	0.74 (0.66 to 0.74)	1.00 (0.96 to 1.00)	0.97 (0.86 to 0.99)	0.65 (0.60 to 0.66)
McCann 2008 <sup>76</sup>	TnT or H-FABP	0.75 (0.69 to 0.81)	0.94 (0.90 to 0.96)	0.93 (0.89 to 0.96)	0.93 (0.89 to 0.96)
Mion 2007 <sup>77</sup>	TnI or H-FABP	0.55 (0.39 to 0.70)	0.98 (0.92 to 1.00)	0.76 (0.60 to 0.87)	0.93 (0.86 to 0.97)
Keller 2010 <sup>71</sup>	TnT or copeptin	0.62 (0.56 to 0.67)	0.97 (0.96 to 0.98)	0.88 (0.83 to 0.91)	0.76 (0.73 to 0.79)
Reichlin 2009 <sup>80</sup>	TnT or copeptin	0.75 (0.65 to 0.83)	0.94 (0.91 to 0.96)	0.99 (0.92 to 1.00)	0.77 (0.73 to 0.81)
Keller 2010 <sup>20</sup>	TnT or myoglobin	0.62 (0.56 to 0.67)	0.97 (0.96 to 0.98)	0.81 (0.76 to 0.85)	0.85 (0.82 to 0.87)
Mion 2007 <sup>77</sup>	TnI or myoglobin	0.55 (0.39 to 0.70)	0.98 (0.92 to 1.00)	0.83 (0.68 to 0.92)	0.92 (0.84 to 0.97)
Collinson 2006 <sup>48</sup>	TnT or IMA	0.95 (0.80 to 0.99)	0.95 (0.92 to 0.97)	1.00 (0.88 to 1.00)	0.35 (0.31 to 0.40)
Keating 2006 <sup>70</sup>	TnI or IMA	0.74 (0.58 to 0.86)	0.99 (0.97 to 1.00)	0.98 (0.86 to 1.00)	0.14 (0.10 to 0.19)

general population (without MI) was estimated from the Office for National Statistics<sup>158</sup> and the general population utilities are estimated from Ara *et al.*<sup>15</sup> which included different utilities for men and women. Sensitivity analysis was also performed using utility values from Ara *et al.*,<sup>159</sup> which included different utilities for men and women. It should also be noted that the utilities were not capped at the population means as this was a minor issue and is only relevant for people aged > 90 years. The estimated QALY pay-offs for patients with MI and reinfarction are outlined in *Table 37*, whereas the age-specific QALYs for the general population are reported in *Appendix 5*.

## Costs

The costs included in the model are:

1. all biomarker measurement costs
2. hospital stay as determined by the strategy
3. treatments administered
4. subsequent cardiac events
5. lifetime costs of care for patients with CAD.

We assumed that patients would incur costs whenever a test was performed and the costs of biomarkers were estimated from the RATPAC trial data,<sup>160</sup> with all of them around £20. In the case of multiple biomarker strategies, the costs of each biomarker are added.

The patients also accrued costs proportional to their length of hospital stay. It was assumed that any time spent in hospital incurred costs at the rate for admission to a general medical ward, regardless of their location in the hospital. This was because per diem costs for different locations reflected different types of

**TABLE 36** Probability of reinfarction or death up to 1 year after MI

	Source	Estimate (%)	Distribution
<b>Death</b>			
Treated MI	Mills <sup>155</sup>	11	$n/N = 9/80$
Untreated MI	Mills <sup>155</sup>	21	$n/N = 19/90$
Patients with no MI	Mills <sup>155</sup>	1	$n/N = 4/402$
<b>Reinfarction</b>			
Treated MI	Mills <sup>155</sup>	11	$n/N = 9/80$
Untreated MI	Mills <sup>155</sup>	29	$n/N = 26/90$
Patients with no MI	Mills <sup>155</sup>	3.9	$n/N = 17/440$

**TABLE 37** Lifetime QALYs of patients with MI and with reinfarction

Age (years)	QALYs	
	MI	MI with reinfarction
30–44	12.20	9.76
45–54	9.47	7.58
55–64	6.73	5.39
65–74	4.65	3.72
> 75	2.43	1.95

patients managed in those locations, whereas patients with suspected ACS were likely to incur the same true costs regardless of their location within the hospital.

The cost of index admission and treatment for MI and the costs of reinfarction were estimated as one-off costs of £3587, based on national tariff for non-elective acute MI without complications. Length of hospital stay was determined from appropriate data sources, such as the RATPAC trial.<sup>160</sup>

Lifetime costs of survivors were estimated according to their age and sex, whether or not they had MI, and whether or not they suffered reinfarction. The lifetime costs for MI patients are estimated using the annual costs from Ward *et al.*<sup>157</sup> and the discounted life expectancy of patients with MI were captured from Polanczyk *et al.*<sup>156</sup> The cost of reinfarction was estimated as a one-off cost of £3587, based on national tariff for non-elective acute MI without complications.<sup>161</sup> The costs are outlined in *Tables 38* and *39*.

### Modelling methodology

A model was developed using SIMUL8 software (SIMUL8 Corporation, Boston, MA, USA) to explore the costs and health outcomes associated with different diagnostic strategies. The analysis was conducted for patients aged 40–75 years when presenting to the ED. The model takes a lifetime horizon with mean life expectancy based on UK interim lifetables.<sup>158</sup> The economic perspective of the model is the NHS in England and Wales with the structure of the model shown in *Figure 35*. *Figure 36* shows the diagnostic pathway associated with the 10-hour troponin test in the model, whereas *Figure 37* shows the pathway associated with the combination of presentation biomarkers and 10-hour troponin testing.

### Model stability

The number of model runs determines the accuracy of the results for estimating the optimal management strategy. This uncertainty is a result of the random nature of some events (reinfarction and death) and accuracy can only be achieved by having sufficient numbers of model runs to account for these random occurrences. We ran the model 100 times to estimate the costs and QALYs along with their 95% CIs for each diagnostic strategy.

**TABLE 38** Cost estimates used in the model

Strategy	Source	Estimate (£)	95% CI (£)
Admission for MI or reinfarction treatment	NHS reference costs <sup>161</sup>	3587	3000 to 4000
Hospital stay (per hour) for testing	NHS reference costs for general medical ward <sup>161</sup>	22	20 to 30
Troponin	RATPAC <sup>160</sup>	20	18 to 25
Other biomarkers	RATPAC <sup>160</sup>	20	18 to 25

**TABLE 39** Lifetime costs of patients with MI

Age (years)	MI cost (£)
30–44	4012.5
45–54	3115
55–64	2215
65–74	1530
> 75	800

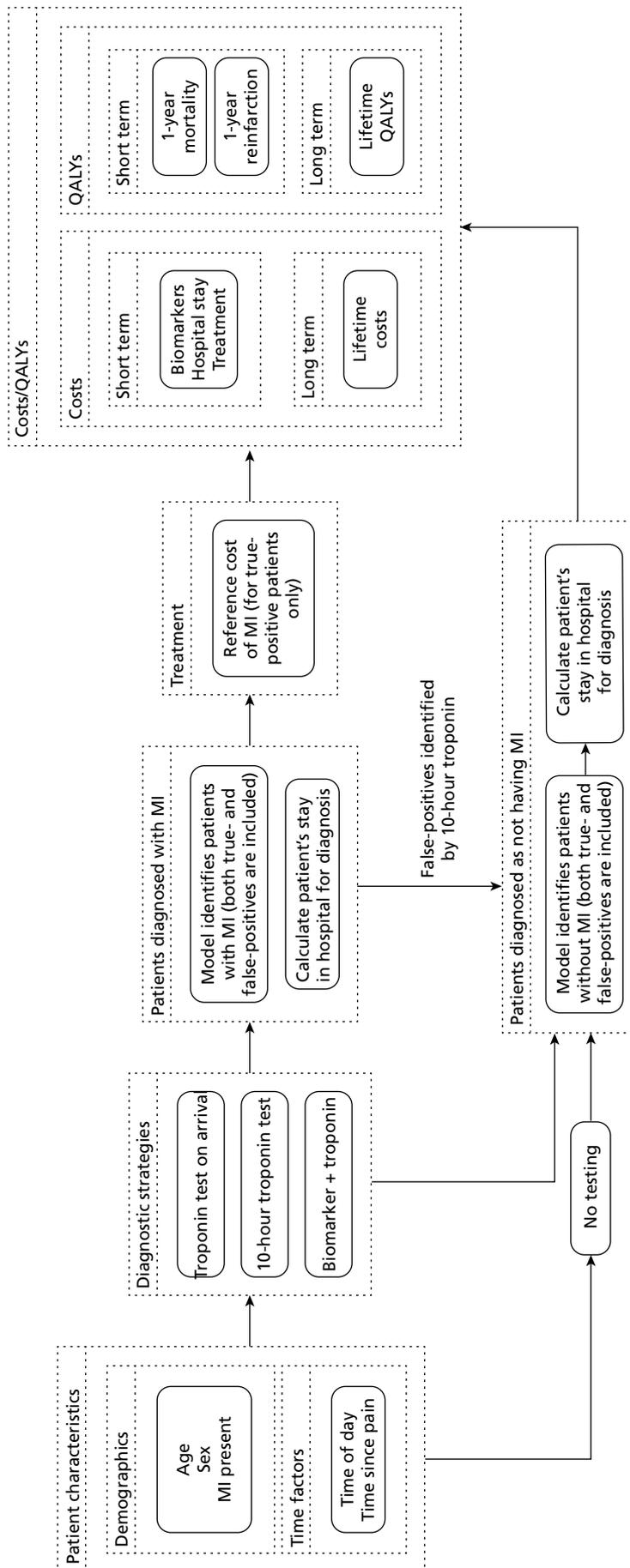


FIGURE 35 Structure of the diagnostic model.

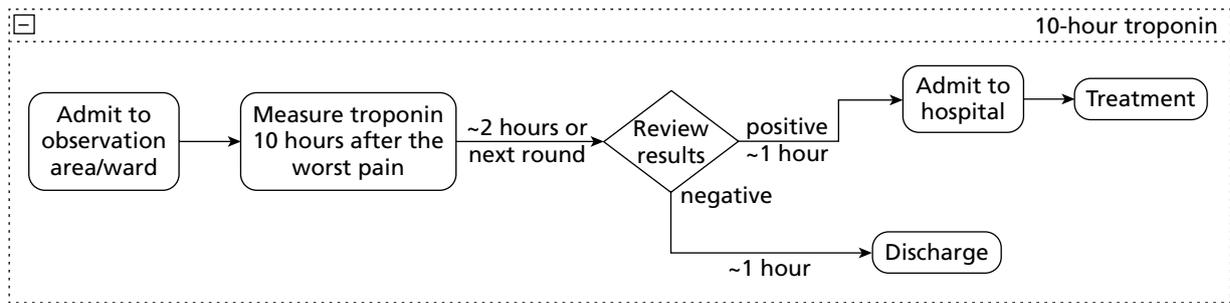


FIGURE 36 Ten-hour troponin diagnostic strategy.

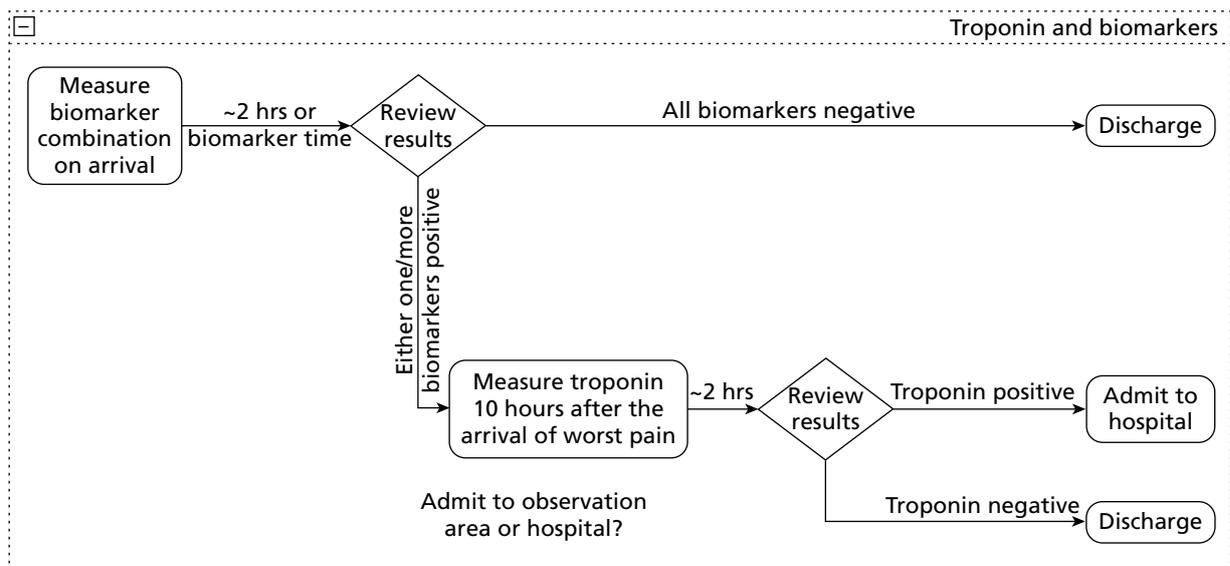


FIGURE 37 Combined biomarker and 10-hour troponin testing diagnostic strategies.

### Main analysis deterministic results

The main analysis compared the presentation troponin strategies in two different populations (no known CAD and known CAD) and three different scenarios (doctor on demand, twice-daily ward round and once-daily ward round), so a total of six analyses are presented in *Tables 40–45*.

For each scenario the table shows the total costs and total QALYs accrued by the population of 2240 patients when each potential strategy is used. As expected, the effectiveness of the strategies (as measured by the total QALYs) increases in accordance with the strategy sensitivity, whereas the cost of each strategy increases as specificity decreases. The incremental cost-effectiveness ratio (ICER) reports the additional cost required using the strategy to accrue one additional QALY compared with the next most effective alternative. NICE decision-making suggests that a threshold of £20,000–30,000 per QALY is usually used, so if the ICER exceeds £20,000–30,000 per QALY then the strategy is unlikely to be considered cost-effective.

The analysis shows that the strategies based on presentation troponin are likely to be considered cost-effective compared with no testing or the next most effective alternative. Of these strategies, the one using presentation HsTnT gains the most QALYs and still has an acceptable ICER, so it appears to be the optimal strategy. In five out of six scenarios, the ICER for 10-hour troponin testing, compared with presentation HsTnT, exceeds £20,000–30,000 per QALY, so it is unlikely to be considered cost-effective. In one scenario (patients without known CAD and with doctor available on demand) the ICER for 10-hour TnT is

**TABLE 40** Cost-effectiveness of presentation troponin testing strategies: population without known CAD, doctor-on-demand scenario

Strategy	Total costs, £ (95% CI)	Total QALYs (95% CI)	ICER (£/QALY)
No testing	965,994 (957,259 to 974,730)	26,226.68 (26,196.77 to 26,256.60)	–
Presentation TnT, 10% CV	1,560,351 (1,548,935 to 1,571,768)	26,344.84 (26,317.49 to 26,374.19)	5030
Presentation TnT, 99th percentile	1,609,760 (1,597,955 to 1,621,564)	26,352.42 (26,323.70 to 26,382.13)	6518
Presentation HsTnT, 99th percentile	1,806,910 (1,794,447 to 1,819,373)	26,378.75 (26,350.16 to 26,406.94)	7487
10-hour troponin test	2,016,540 (2,004,601 to 2,028,749)	26,386.36 (26,358.57 to 26,414.16)	27,546

**TABLE 41** Cost-effectiveness of presentation troponin testing strategies: population without known CAD, twice-daily ward round scenario

Strategy	Total costs, £ (95% CI)	Total QALYs (95% CI)	ICER (£)
No testing	965,994 (957,259 to 974,730)	26,226.68 (26,196.77 to 26,256.60)	–
Presentation TnT, 10% CV	1,595,955 (1,584,418 to 1,607,492)	26,344.84 (26,317.49 to 26,374.19)	5331
Presentation TnT, 99th percentile	1,655,424 (1,653,855 to 1,676,933)	26,352.42 (26,323.70 to 26,382.13)	7845
Presentation HsTnT, 99th percentile	1,936,718 (1,924,723 to 1,948,713)	26,378.75 (26,350.16 to 26,406.94)	10,683
10-hour troponin test	2,416,409 (2,404,435 to 2,428,383)	26,386.36 (26,358.57 to 26,414.16)	63,034

**TABLE 42** Cost-effectiveness of presentation troponin testing strategies: population without known CAD, once-daily ward round scenario

Strategy	Total costs, £ (95% CI)	Total QALYs (95% CI)	ICER (£/QALY)
No testing	965,994 (957,259 to 974,730)	26,226.68 (26,196.77 to 26,256.60)	–
Presentation TnT, 10% CV	1,621,152 (1,609,727 to 1,632,576)	26,344.84 (26,317.49 to 26,374.19)	5544
Presentation TnT, 99th percentile	1,705,989 (1,694,089 to 1,717,888)	26,352.42 (26,323.70 to 26,382.13)	11,192
Presentation HsTnT, 99th percentile	2,030,901 (2,018,511 to 2,043,290)	26,378.75 (26,350.16 to 26,406.94)	12,340
10-hour troponin test	2,705,696 (2,693,761 to 2,717,630)	26,386.36 (26,358.57 to 26,414.16)	88,672

**TABLE 43** Cost-effectiveness of presentation troponin testing strategies: population with known CAD, doctor-on-demand scenario

Strategy	Total costs, £ (95% CI)	Total QALYs (95% CI)	ICER (£/QALY)
No testing	895,440 (887,764 to 903,117)	20,122.36 (20,098.26 to 20,146.46)	–
Presentation TnT, 10% CV	1,526,705 (1,515,468 to 1,537,942)	20,221.03 (20,196.30 to 20,243.76)	6397
Presentation TnT, 99th percentile	1,580,066 (1,569,186 to 1,590,946)	20,229.36 (20,205.28 to 20,253.43)	6405
Presentation HsTnT, 99th percentile	1,791,928 (1,780,253 to 1,803,603)	20,249.14 (20,224.45 to 20,273.83)	10,710
10-hour troponin test	2,024,269 (2,012,991 to 2,035,547)	20,255.68 (20,230.45 to 20,280.91)	35,526

**TABLE 44** Cost-effectiveness of presentation troponin testing strategies: population with known CAD, twice-daily ward round scenario

Strategy	Total costs, £ (95% CI)	Total QALYs (95% CI)	ICER (£/QALY)
No testing	895,440 (887,764 to 903,117)	20,122.36 (20,098.26 to 20,146.46)	–
Presentation TnT, 10% CV	1,565,347 (1,553,759 to 1,576,935)	20,221.03 (20,196.30 to 20,243.76)	6790
Presentation TnT, 99th percentile	1,634,789 (1,623,585 to 1,645,992)	20,229.36 (20,205.28 to 20,253.43)	8336
Presentation HsTnT, 99th percentile	1,923,076 (1,911,130 to 1,935,023)	20,249.14 (20,224.45 to 20,273.83)	14,575
10-hour troponin test	2,423,332 (2,412,088 to 2,434,575)	20,255.68 (20,230.45 to 20,280.91)	76,492

**TABLE 45** Cost-effectiveness of presentation troponin testing strategies: population with known CAD, once-daily ward round scenario

Strategy	Total costs, £ (95% CI)	Total QALYs (95% CI)	ICER (£/QALY)
No testing	895,440 (887,764 to 903,117)	20,122.36 (20,098.26 to 20,146.46)	–
Presentation TnT, 10% CV	1,591,876 (1,580,221 to 1,603,532)	20,221.03 (20,196.30 to 20,243.76)	7058
Presentation TnT, 99th percentile	1,671,994 (1,662,038 to 1,683,950)	20,229.36 (20,205.28 to 20,253.43)	9618
Presentation HsTnT, 99th percentile	2,012,040 (1,999,995 to 2,024,084)	20,249.14 (20,224.45 to 20,273.83)	17,191
10-hour troponin test	2,689,319 (2,678,062 to 2,700,577)	20,255.68 (20,230.45 to 20,280.91)	103,560

£27,546/QALY, so the 10-hour troponin strategy may be cost-effective for patients without known CAD if a decision can be made and the patient discharged as soon as the 10-hour troponin result is available.

The effects of suboptimal diagnosis by the biomarkers were also estimated. The number of adverse events (reinfarctions and deaths) and their proportions for each of the biomarker strategies are shown in *Table 46* (population without known CAD) and *Table 47* (population with known CAD). These tables show the effect of different testing strategies on clinically relevant outcomes across the whole presenting population. However, clinicians and patients are often more interested to know the risk of adverse outcome in those discharged after negative testing. These estimates are given in *Table 48* (population without known CAD) and *Table 49* (population with known CAD). It should be recognised that the differences in event rates between strategies shown in *Tables 46 and 47* and *Tables 48 and 49* are, in part, explained by differences in the populations compared, i.e. lower event rates are in part achieved by positive tests removing those at risk from the reported population rather than actually preventing adverse events.

*Tables 46 and 47* show that if patients are discharged without testing, their risk of death and non-fatal MI over the following year are estimated to be around 2.5% and 6%, respectively. We estimated that the various testing strategies could reduce these risks by 0.5–0.7% and 0.9–1.3%, respectively, in patients without known CAD and by marginally more in patients with known CAD.

*Tables 48 and 49* show that the various testing strategies reduce the estimated risk of adverse outcome after discharge with a negative assessment but, based on the Mills data,<sup>155</sup> the rate of death and non-fatal MI remained 1.0% and 3.9%, respectively, even after a negative 10-hour troponin result.

*Table 50* shows the results for the sensitivity analysis using high-sensitivity TnI instead of HsTnT at presentation. Only the ICERs for presentation TnI and 10-hour troponin testing are shown because

**TABLE 46** Deaths and non-fatal MI at 1 year among patients presenting without known CAD following different testing strategies: whole population ( $n = 1000$ )

Strategy	MI	Deaths	MIIs avoided compared with no testing	Lives saved compared with no testing
No testing	56.57	24.00	–	–
Presentation TnT, 10% CV	47.22	18.80	9.45	5.20
Presentation TnT, 99th percentile	46.50	18.40	10.07	5.60
Presentation HsTnT, 99th percentile	44.49	17.29	12.08	6.71
10-hour troponin test	43.97	17.00	12.60	7.00

**TABLE 47** Deaths and non-fatal MI at 1 year among patients presenting with known CAD following different testing strategies: whole population ( $n = 1000$ )

Strategy	MI	Deaths	MIIs avoided compared with no testing	Lives saved compared with no testing
No testing	58.57	25.60	–	–
Presentation TnT, 10% CV	48.16	19.81	10.41	5.79
Presentation TnT, 99th percentile	47.36	19.36	11.21	6.24
Presentation HsTnT, 99th percentile	45.12	18.12	13.45	7.48
10-hour troponin test	44.53	17.80	14.04	7.80

the other strategies are all less effective than these two strategies so, using the £20,000/QALY or £30,000/QALY threshold, one or other of these two strategies would always be optimal. The point estimates from our meta-analysis suggested that the ADVIA Ultra high-sensitivity TnI assay had lower sensitivity than the Roche HsTnT assay. This may be due to random error, patient selection or choice of threshold, but the difference in point estimates provides the opportunity to explore whether the 10-hour troponin strategy is more cost-effective than a less-sensitive presentation strategy. The ICERs in *Table 50* suggest that this is the case, although the 10-hour troponin strategy would still only be optimal in one scenario (doctor on demand, patients without known CAD) if the £20,000/QALY were used and would be optimal in three of the six scenarios if the £30,000/QALY threshold were used.

**TABLE 48** Deaths and non-fatal MI at 1 year among patients ( $n = 1000$ ) presenting without known CAD following different testing strategies: strategy-negative patients only<sup>a</sup>

Strategy	Proportion of MI in discharged patients without treatment <sup>a</sup>	Proportion of deaths in discharged patients without treatment <sup>a</sup>	Improvement in proportion of MI in discharged patients over no testing	Improvement in proportion of deaths in discharged patients over no testing
No testing	0.0566	0.0240	–	–
Presentation TnT, 10% CV	0.0438	0.0138	0.0128	0.0102
Presentation TnT, 99th percentile	0.0427	0.0130	0.0139	0.0110
Presentation HsTnT, 99th percentile	0.0398	0.0106	0.0168	0.0134
10-hour troponin test	0.0390	0.0100	0.0176	0.0140

<sup>a</sup> Includes TN, FP and FN patients.

**TABLE 49** Deaths and non-fatal MI at 1 year among patients ( $n = 1000$ ) presenting with known CAD following different testing strategies: strategy-negative patients only

Strategy	Proportion of MI in discharged patients without treatment <sup>a</sup>	Proportion of deaths in discharged patients without treatment <sup>a</sup>	Improvement in proportion of MI in discharged patients over no testing	Improvement in proportion of deaths in discharged patients over no testing
No testing	0.0586	0.0256	–	–
Presentation TnT, 10% CV	0.0444	0.0143	0.0142	0.0113
Presentation TnT, 99th percentile	0.0432	0.0133	0.0154	0.0123
Presentation HsTnT, 99th percentile	0.0399	0.0107	0.0187	0.0149
10-hour troponin test	0.0390	0.0100	0.0196	0.0156

<sup>a</sup> Includes TN, FP and FN patients.

Table 51 shows the results for the sensitivity analysis in which a strategy of measuring high-sensitivity troponin at presentation and 3 hours later is included alongside the other strategies used in the main analysis. Again, only the ICERs for the 3-hour strategy and 10-hour troponin testing are shown because the other strategies are all less effective than these two strategies and will not be optimal if either a £20,000/QALY or £30,000/QALY threshold is used. The ICERs in Table 51 show that the 3-hour strategy is the most cost-effective strategy at either the £20,000/QALY or £30,000/QALY threshold, whereas the ICER for the 10-hour troponin strategy substantially exceeds both thresholds in all scenarios.

The final deterministic diagnostic analysis estimated the cost-effectiveness of adding an alternative biomarker to troponin alone. This analysis was limited to patients without known CAD using the twice-daily ward round scenario. Estimates of presentation troponin sensitivity and specificity were based on the primary study that evaluated the relevant biomarker. This provided the best estimate of the effect of adding the biomarker but means that we are not always comparing the biomarker combination to the optimal presentation troponin strategy. Table 52 shows the ICERs for each strategy compared with the next most effective alternative. Details of costs and QALYs are presented in Appendix 6.

Table 52 shows that, compared with troponin alone, the addition of H-FABP, copeptin or myoglobin appears to be cost-effective with ICERs of < £20,000–30,000/QALY. However, at this threshold, the 10-hour troponin strategy may also be cost-effective according to some of the studies. If the presentation biomarker and troponin combination increased sensitivity to over 90%<sup>67,76,80</sup> then 10-hour troponin testing was unlikely to be cost-effective in comparison. If the presentation biomarker and troponin combination did not achieve 90% sensitivity,<sup>57,71,77</sup> then 10-hour troponin testing may be considered cost-effective. Neither of the strategies involving IMA appeared to be cost-effective, presumably because both involved substantial losses in specificity with only modest gains in sensitivity compared with troponin alone.

**TABLE 50** Incremental cost-effectiveness ratios for sensitivity analysis with presentation TnI instead of TnT

Scenario	ICER for presentation ADVIA Centaur Ultra troponin I assay (£/QALY)	ICER for 10-hour troponin testing (£/QALY)
Doctor on demand, patients without known CAD	5029/QALY	15,255/QALY
Twice-daily ward round, patients without known CAD	6774/QALY	29,064/QALY
Once-daily ward round, patients without known CAD	7981/QALY	39,116/QALY
Doctor on demand, patients with known CAD	6483/QALY	20,775/QALY
Twice-daily ward round, patients with known CAD	7947/QALY	38,387/QALY
Once-daily ward round, patients with known CAD	9175/QALY	49,902/QALY

**TABLE 51** Incremental cost-effectiveness ratios for sensitivity analysis with 3-hour troponin strategy

Scenario	ICER for high-sensitivity troponin at presentation and 3 hours (£/QALY)	ICER for 10-hour troponin testing (£/QALY)
Doctor on demand, patients without known CAD	5596	405,312
Twice-daily ward round, patients without known CAD	6247	1,008,159
Once-daily ward round, patients without known CAD	6727	1,444,659
Doctor on demand, patients with known CAD	7735	128,640
Twice-daily ward round, patients with known CAD	8189	296,754
Once-daily ward round, patients with known CAD	8710	408,536

**TABLE 52** Cost-effectiveness of adding alternative biomarkers to troponin

Study	Biomarkers	Presentation troponin alone (£/QALY)	Presentation troponin and biomarker (£/QALY)	10-hour troponin testing (£/QALY)
Body 2011 <sup>57</sup>	Tnl or H-FABP	6596	5120	24,147
Haltern 2010 <sup>67</sup>	TnT or H-FABP	4849	14,615	58,330
McCann 2008 <sup>76</sup>	TnT or H-FABP	5296	5945	54,820
Mion 2007 <sup>77</sup>	Tnl or H-FABP	5785	6125	18,904
Keller 2010 <sup>71</sup>	TnT or copeptin	5545	9606	23,222
Reichlin 2009 <sup>80</sup>	TnT or copeptin	5295	9244	117,176
Keller 2010 <sup>71</sup>	TnT or myoglobin	5545	7769	22,733
Mion 2007 <sup>77</sup>	Tnl or myoglobin	5785	5877	23,048
Collinson 2006 <sup>48</sup>	TnT or IMA	4874	99,948	Dominated
Keating 2006 <sup>70</sup>	TnT or IMA	4876	Extendedly dominated	23,658

### Probabilistic results of the diagnostic model

Probabilistic analysis incorporated uncertainty in the parameter estimates to provide estimates of the probability that each strategy would be cost-effective at different thresholds for willingness to pay for health gain. *Figures 38–40* show the probabilistic analysis for patients without known CAD according to the doctor-on-demand, twice-daily ward and once-daily ward scenarios. The tables containing the probabilities at different willingness-to-pay thresholds are in *Appendix 7*. The probabilistic results were similar to those of the deterministic analysis, with the conclusions identical for both methodologies.

These analyses show that the strategy based on measuring high-sensitivity troponin at presentation had the highest probability of being cost-effective for thresholds of between around £5000 and £23,000/QALY in the doctor-on-demand strategy and for thresholds exceeding around £10,000/QALY for the other two strategies. For thresholds exceeding around £23,000/QALY in the doctor-on-demand scenario the 10-hour troponin strategy had the highest probability of being cost-effective. These results reflect the deterministic analysis and suggest that high-sensitivity troponin on presentation has the highest probability of being cost-effective in most scenarios and at typically used thresholds for willingness to pay.

### The prognostic phase model

This section details the methods and results of the health economic model constructed to compare prognostic strategies for troponin-negative patients without known CAD. We developed a decision-analytic model to estimate the costs and QALYs accrued by each potential management strategy for identifying patients with subsequent risk of MACEs. The strategies involved using CTCA, exercise ECG or a biomarker (H-FABP) to select patients for further investigation with ICA. We also included a 'perfect' strategy of ICA for all patients and a no-testing strategy. We assumed that patients who were discharged without testing would ultimately present with further symptoms and receive appropriate testing if they did not die in the meantime. The key aim was to determine the optimal strategy in terms of cost-effectiveness.

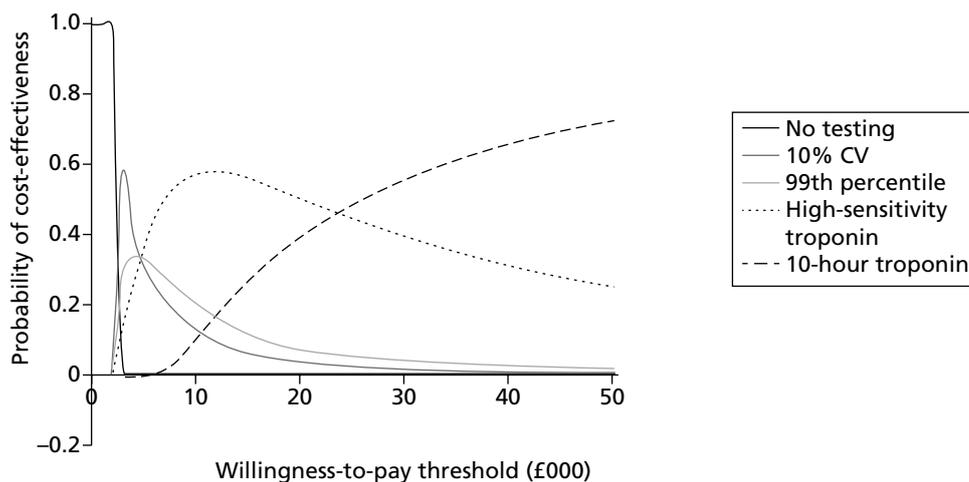


FIGURE 38 Probability of cost-effectiveness of strategies in doctor-on-demand scenario.

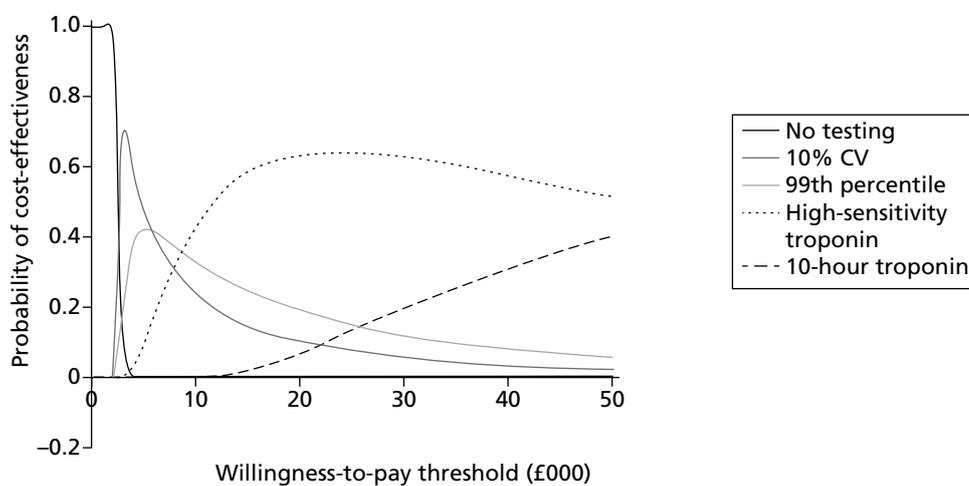


FIGURE 39 Probability of cost-effectiveness of strategies in twice-daily ward scenario.

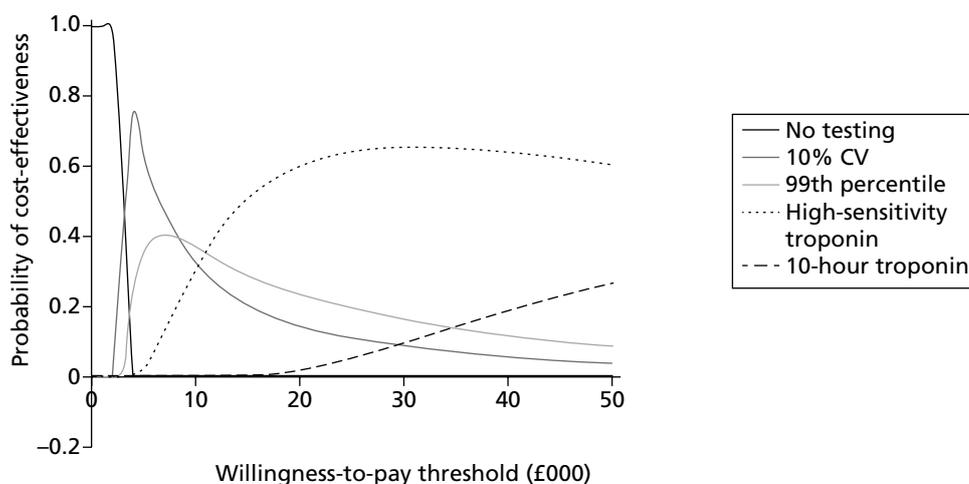


FIGURE 40 Probability of cost-effectiveness of strategies in once-daily ward scenario.

## Objectives

The objectives of the prognostic cost-effectiveness analysis were to:

1. estimate the cost-effectiveness of prognostic strategies for troponin-negative patients, in terms of the cost per QALY gained by each strategy
2. identify the optimal strategy, defined as the most cost-effective strategy at a willingness to pay per QALY gained threshold of £20,000–30,000
3. identify the critical areas of uncertainty in the prognosis of troponin-negative patients with unknown CAD, where future research would produce the most benefit.

## The costs and benefits of prognostic testing

The main benefits of prognostic testing relate to identification and intervention of patients with risk of non-fatal MI and death. The direct costs of prognostic testing include the costs of investigation, hospital stay for diagnosis, the subsequent costs of providing intervention and also reinfarction, if any. ICA, assumed as gold standard for diagnosing CAD, is the most effective but is also the most expensive and invasive strategy. CTCA, exercise ECG or biomarkers incur costs and may miss cases owing to suboptimal sensitivity (thus worsening outcomes) but save costs by reducing the number of ICA performed. We built a model to allow us to analyse the effect of different prognostic testing strategies on these costs and benefits.

## The decision-analysis model structure

The different prognostic strategies were applied to a hypothetical cohort of troponin-negative patients who initially presented with suspected ACS. The model used the estimated probability of non-fatal MI or death for troponin-negative patients from the study of Mills<sup>155</sup> to determine a proportion of the cohort who would die or suffer non-fatal MI without early investigation and treatment. The sensitivity of each prognostic strategy for predicting MACEs would then determine which of these patients would have a positive test according to the strategy. We assumed that patients with a TP strategy would be investigated and treated promptly, and a proportion of those who would have died or suffered non-fatal MI without treatment would avoid this outcome. Meanwhile those with a FP strategy would undergo investigation and treatment without any change to their prognosis. Each patient then accrued lifetime QALYs and health-care costs according to their age, sex, reinfarction and treatment status. Costs were also accrued for biomarker costs and hospital stay for prognosis; costs were also accrued for further investigation, treatment and/or reinfarction, depending on the strategy and the patient characteristics.

## Population

Patients with a positive 10-hour troponin result were assumed to be admitted for treatment and only those with a negative 10-hour troponin result were eligible for additional testing in the prognostic model. Moreover, the model was only tested on the population without known CAD because patients with known CAD are already known to be at higher risk and will be receiving appropriate treatment.

The population age and sex parameters were assumed to be the same as the population without known CAD in the diagnostic model (see *Table 32*). We assumed that the prevalence of (unknown) CAD was 10% in this population, based on the prevalence of positive non-invasive tests in the studies of Hollander and Goodacre.<sup>132,142</sup> These tests have suboptimal accuracy for CAD, but the potential bias from suboptimal accuracy was felt to be much less than the potential selection bias in studies in which all patients received invasive testing. The parameters relating to MI prevalence and timing of symptoms were not relevant to this phase.

## Selection of strategies

The following strategies were tested:

1. discharge all patients home without testing or treatment

2. CTCA for all patients, admit for ICA if occlusive coronary disease (i.e. > 50% stenosis in any vessel), discharge if negative
3. exercise ECG for all patients, admit for coronary angiography if positive (i.e. > 1 mm horizontal or down-sloping ST-segment depression, > 1 mm ST elevation or ventricular arrhythmia), discharge if negative
4. biomarker (H-FABP) for all patients, admit for ICA if positive, discharge if negative
5. ICA for all patients.

### Prognostic parameters of each strategy

We selected appropriate studies from the systematic review to estimate the sensitivity and specificity of the test for predicting MACEs and the RR for MACEs with a positive test compared with a negative test. Studies were selected on the basis of providing data relevant to the population of interest, i.e. patients attending the ED with chest pain, a non-diagnostic ECG and a negative troponin. We selected H-FABP and the study of Viswanathan *et al.*,<sup>121</sup> as this provides the best estimate of prognostic value in troponin-negative patients.

Table 53 shows the estimates of sensitivity and specificity for each strategy tested and the sources for these estimates. The sources for sensitivity and specificity estimates were selected by identifying studies with sufficient numbers of relevant patients that reported relevant data.

### Outcomes

We considered only adverse cardiac outcomes in the model and assumed that these would all occur in patients with CAD. The estimated risk of death and non-fatal MI following diagnostic strategy was crucial in this analysis because this defined the baseline risk against which alternative strategies might improve outcomes. We estimated this parameter by selecting patients in the Mills<sup>155</sup> and RATPAC<sup>12</sup> cohorts who had a non-diagnostic ECG, no known CAD and no MI at presentation. Patients in these studies did not routinely receive immediate investigation with other biomarkers, CTCA or exercise ECG if troponin testing was negative, so they provide a pragmatic estimate of the baseline risk. The rates of death and non-fatal MI are shown in Table 54. The RATPAC cohort<sup>12</sup> is probably lower risk because it selected patients who gave consent participate in a trial and followed up for 3 months, whereas the Mills cohort<sup>155</sup> is probably higher risk because it selected only patients who were admitted to hospital and followed up for 12 months. We tested both estimated rates in the model to explore the importance of the baseline rates and in determining cost-effectiveness. We assumed that the testing strategy could only influence adverse events up to the end of the relevant follow-up period.

Each patient was assumed to have a baseline risk of death or non-fatal MI up to 3 months or 1 year, determined by the Mills<sup>155</sup> or RATPAC data.<sup>12</sup> We applied the sensitivity and specificity of each test to determine whether the patient would effectively be TP (i.e. correctly predicted to suffer an event unless treated), TN (correctly predicted not to suffer an event), FP (incorrectly predicted to suffer an event) and FN (incorrectly predicted not to suffer an event). We assumed that the TNs and FPs would not suffer an event and that FNs would suffer an event. For the TPs we needed to estimate the effect of intervention

**TABLE 53** Estimates of sensitivity and specificity used in the model

Test	Study	Follow-up	Proportion positive	Sensitivity for MACEs	Specificity for MACEs	RR
CTCA	Schlett <sup>136</sup>	12 months	68/368 (18.5%)	18/22 (81.8%)	296/346 (85.5%)	19.9
ETT	Goodacre <sup>142</sup>	6 months	37/422 (8.8%)	2/5 (40.0%)	382/417 (91.6%)	6.6
H-FABP	Viswanathan <sup>121</sup>	> 12 months	40/756 (5.3%)	10/35 (28.6%)	691/721 (95.8%)	6.9
ICA	Mowatt <sup>25</sup>	–	–	100%	100%	–

in reducing the risk of death or non-fatal MI. There are very limited relevant data to estimate this so we estimated that intervention would approximately halve the risk of both events, in line with our estimate from the diagnostic model of the effect of treatment on adverse outcome after MI.

Some of the investigations also carried risks to patient health. These were modelled by estimating a QALY loss that was applied each time the investigation was performed. The following disbenefits were estimated and are shown in *Table 55*.

Risk of:

1. death or MI induced by exercise treadmill testing
2. developing radiation-related malignancy as a consequence of CTCA
3. fatal anaphylactic reaction to contrast media associated with ICA and CTCA
4. MI caused by ICA.

### Costs

Costs were assumed to be incurred in a similar manner to the diagnostic model. TPs and FPs incurred the costs of hospital admission and coronary angiography. TPs then incurred the costs of coronary intervention. All patients who suffered a non-fatal MI incurred an associated unit cost. TPs and FNs that did not die incurred lifetime costs of treatment for CAD. The costs included in the prognostic model are:

1. all biomarker measurement costs
2. coronary intervention costs
3. subsequent cardiac events
4. lifetime costs of care for patients with CAD.

Lifetime costs were estimated according to patient age and sex, whether or not they had MI, and whether or not they suffered reinfarction. The lifetime costs for MI patients are estimated using the annual costs from Ward *et al.*<sup>157</sup> and the discounted life expectancy of patients with MI captured from Polanczyk *et al.*<sup>156</sup>

**TABLE 54** Probability of reinfarction or death up to 1-year after MI

Study	Follow-up (months)	Deaths	Non-fatal MI
Mills <sup>155</sup>	12	4/402 (1%)	17/440 (3.9%)
RATPAC <sup>12</sup>	3	4/2085 (0.19%)	5/2085 (0.24%)

**TABLE 55** Risks and QALY loss associated with each test

Test	Risk	Estimate	Source	QALY loss per test
ETT	Death	0.5 in 10,000	Stuart 1980, <sup>162</sup> Mowatt 2008 <sup>25</sup>	0.0012
	MI	3.58 in 10,000	Stuart 1980 <sup>162</sup>	
CTCA	Malignancy	1 in 10,000	Stein 2008 <sup>163</sup>	0.0015
	Fatal contrast reaction	1 in 55,000	Shehadi 1975, <sup>164</sup> Cashman 1991 <sup>165</sup>	
ICA	Death	11 in 10,000	Johnson 1993, <sup>166</sup> Mowatt 2008 <sup>25</sup>	0.0145
	MI	6 in 10,000	Johnson 1993 <sup>166</sup>	
	Stroke	5 in 10,000	Johnson 1993 <sup>166</sup>	
	Fatal contrast reaction	1 in 55,000	Shehadi 1975, <sup>164</sup> Cashman 1991 <sup>165</sup>	

The cost of reinfarction was estimated as a one-off cost of £3587 from NHS reference costs.<sup>161</sup> The costs are outlined in *Tables 56* and *57*.

### Modelling methodology

A model was developed using DecisionPro (Vanguard Software Corporation, Cary, NC, USA) to explore the costs and health outcomes associated with different prognostic strategies. The analysis was conducted for troponin-negative patients aged 40–75 years after initial hospital assessment. The model takes a lifetime horizon with mean life expectancy based on UK interim lifetables.<sup>158</sup> The economic perspective of the model is the NHS in England and Wales.

### Deterministic results of the prognostic model

The main deterministic analysis for the prognostic model, using the 1-year event rates from Mills,<sup>155</sup> is shown in *Table 58*. The total costs increase in proportion to the cost of the test involved and the QALYs in proportion to the prognostic value of the test. Although we assumed ICA had perfect prognostic value it incurred a significant QALY loss due to procedure-related adverse events. Exercise ECG was subject to extended domination. H-FABP and CTCA would both be considered cost-effective compared with the NICE threshold of £20,000–30,000/QALY. CTCA is the more effective of these two strategies and would therefore be considered optimal. Although ICA is slightly more effective than CTCA, the ICER of £219,532/QALY substantially exceeds the usual NICE threshold for decision-making.

The analysis was repeated using 3-month event rates from the RATPAC trial<sup>12</sup> and the implicit assumption that events were only influenced by testing up to 3 months. The results are shown in *Table 59*. Changing the assumed baseline rate of adverse events and the time horizon over which initial diagnostic testing could influence event rates markedly reduced the estimated QALY gains from diagnostic testing strategies compared with no testing. ICA even appeared to be less effective than no testing, presumably because the negative effect of procedure-related events outweighed the benefit of reducing subsequent adverse outcome in a low risk population. Although the other strategies gained a small number of QALYs compared with no testing, exercise ECG was dominated by H-FABP and both H-FABP and CTCA accrued QALYs at with a very high ICER. Therefore, assuming the adverse event rate from the RATPAC trial,<sup>12</sup> the no-testing strategy appeared to be optimal.

**TABLE 56** Cost estimates used in the model

Diagnostic test	Source	Estimate (£)	95% CI (£)
CTCA	NHS Reference Costs <sup>161</sup>	109	90 to 206
Exercise ECG	Mowatt <sup>25</sup>	69	66 to 107
H-FABP	RATPAC <sup>160</sup>	20	18 to 22
ICA	Mowatt <sup>25</sup>	1032	850 to 1100

**TABLE 57** Lifetime costs of patients with MI

Age (years)	MI cost (£)
30–44	4012.5
45–54	3115
55–64	2215
65–74	1530
> 75	800

**TABLE 58** Cost-effectiveness of strategies for ( $n = 1000$ ) troponin-negative patients, using data from Mills<sup>155</sup>

Strategy	Total costs (£)	Total QALYs	ICER (£/QALY)
No testing	374,040	11,891.14	–
Exercise ECG	678,120	11,917.75	Extendedly dominated
H-FABP	544,340	11,911.26	8464
CTCA	937,426	11,946.86	11,041
ICA	1,705,790	11,950.36	219,532

**TABLE 59** Cost-effectiveness of strategies for troponin-negative patients, using data from the RATPAC trial<sup>12</sup>

Strategy	Total costs (£)	Total QALYs	ICER (£/QALY)
No testing	260,901	12,180.71	–
Exercise ECG	590,601	12,181.78	Dominated
H-FABP	449,520	12,182.57	101,408
CTCA	876,680	12,184.20	262,061
ICA	1,656,701	12,176.07	Dominated

The cost-effectiveness of CTCA therefore appears to depend on the assumed rate of subsequent death and non-fatal MI. Given the uncertainty in these risks, we performed ‘goal-seeking’ analysis to identify the level of risk at which the ICER for CTCA crosses the NICE threshold of £20,000–30,000/QALY compared with either H-FABP, ETT or no testing. We assumed a proportional relationship that risk of non-fatal MI is four times the risk of death. The results are shown in *Table 60*. Depending on the threshold used, CTCA is likely to be cost-effective if the combined risk of death and non-fatal MI within the time period assumed to be influenced by initial diagnostic testing exceeds 2% (£30,000/QALY threshold) or 2.9% (£20,000/QALY threshold).

### Probabilistic results of the prognostic model

The main probabilistic analysis for the prognostic model, using the 1-year event rates from Mills,<sup>155</sup> is shown in *Figure 41*. CTCA had the highest probability of being cost-effective at thresholds above £10,000/QALY. Around £10,000 H-FABP had the highest probability, and below this level no testing had the highest probability of being cost-effective.

The main probabilistic analysis for the prognostic model, using the 1-year event rates from RATPAC,<sup>12</sup> is shown in *Figure 42*. No testing was highly likely to be the most cost-effective strategy for all thresholds of < £100,000/QALY.

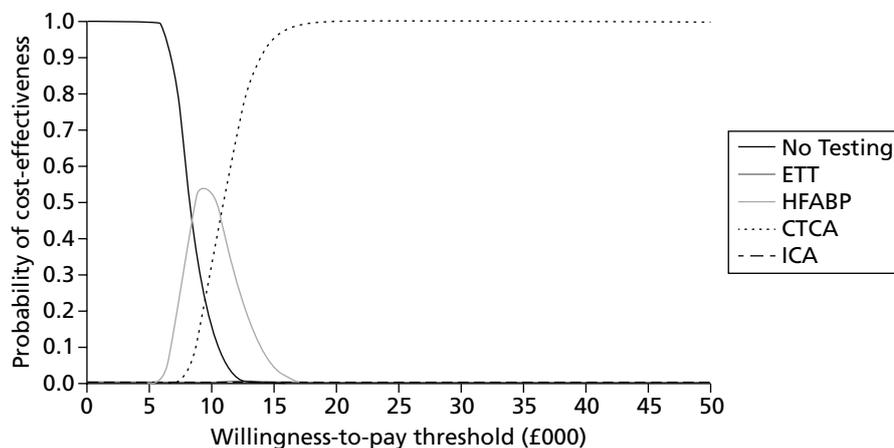
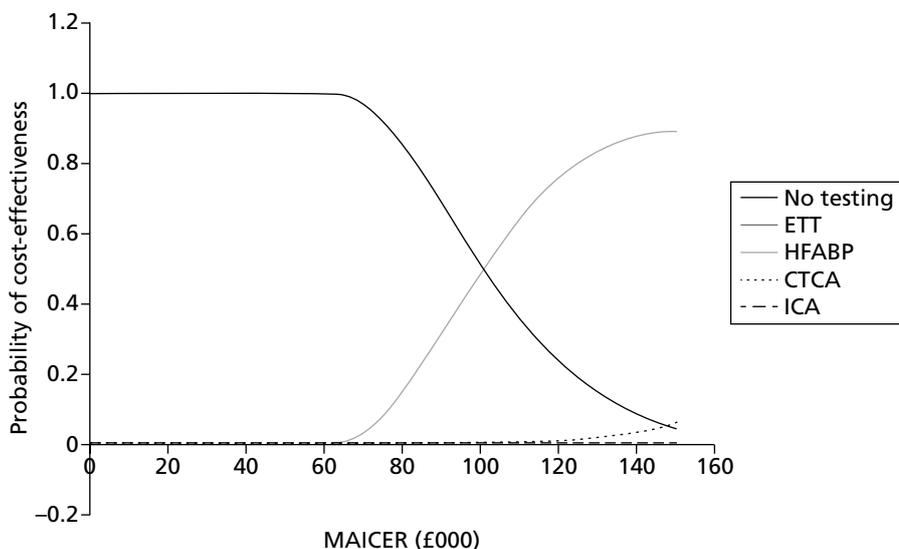
### Value of information analyses

There is always a chance that the wrong decision will be made as a result of the uncertainty in the existing information and the costs in terms of health benefit and resources forgone owing to this uncertainty can be interpreted as expected value of perfect information (EVPI). Perfect information would eliminate the possibility of making the wrong decision and therefore EVPI is determined jointly by the probability that a decision based on existing information will be wrong and the consequences of a wrong decision.

The EVPI, although calculated for individual patients, can also be expressed for the total population of patients who stand to benefit, based on prevalence and the lifetime of the technology. This can also be thought as the maximum that the health-care system should be willing to pay for additional evidence to inform the decision in the future and thus is an upper bound on the value of conducting further research,

TABLE 60 Threshold analysis to identify the cut-off risks

Threshold (£/QALY)	Risk of non-fatal MI	Risk of death
20,000	0.023	0.0057
30,000	0.016	0.0041

FIGURE 41 Probability of cost-effectiveness of strategies using data from Mills.<sup>155</sup>FIGURE 42 Probability of cost-effectiveness of strategies using RATPAC data.<sup>12</sup> MAICER, maximum acceptable incremental cost-effectiveness ratio.

i.e. if the population EVPI exceeds the expected costs of additional research then it is potentially cost-effective to conduct further research.

Partial EVPI provides the value of reducing the uncertainty surrounding particular input parameters in the decision model and this can be used to identify the parameters for which more precise estimates would be most valuable to focus further research. However, this is computationally expensive for complex models.

### Expected value of perfect information

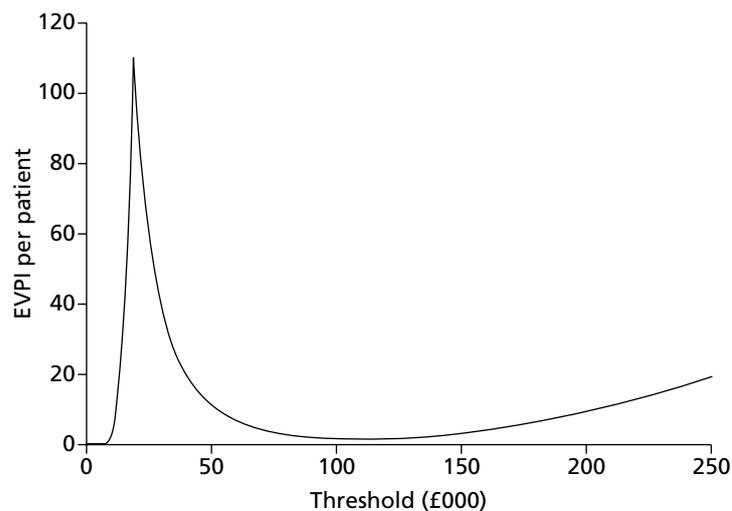
The individual patient EVPI for the prognostic model is illustrated in *Figure 43*. At low and high thresholds for cost-effectiveness, additional information is unlikely to change that decision. The EVPI reaches maximum when there is most uncertainty about whether to adopt or reject the technology based on existing evidence, i.e. at a threshold of £19,000/QALY.

The EVPI for the whole population can be estimated as 'EVPI per patient multiplied by the number of patients affected by the decision over the lifetime of the technology'. Assuming an incidence of 1000 patients of the disease per year and a lifetime of 10 years for the technology, the undiscounted population EVPI at the threshold of £19,000/QALY is £1.09M.

### Expected value of partial perfect information

The expected value of partial perfect information (EVPPPI) details associated with the parameters are illustrated in *Figures 44 and 45*. At the threshold of £20,000/QALY, EVPPPIs associated with baseline risk of MI and relative reduction in risk of adverse events after treatment are higher than the EVPPPIs associated with the rest of the parameters. However, at the threshold of £30,000/QALY, only the EVPPPI associated with relative reduction in risk of adverse events is significant.

Around the NICE threshold, assumed to be between £20,000 and £30,000/QALY, the EVPPPIs associated with both these parameters are relatively high suggesting that further experimental research will potentially be cost-effective.



**FIGURE 43** Individual patient EVPI.

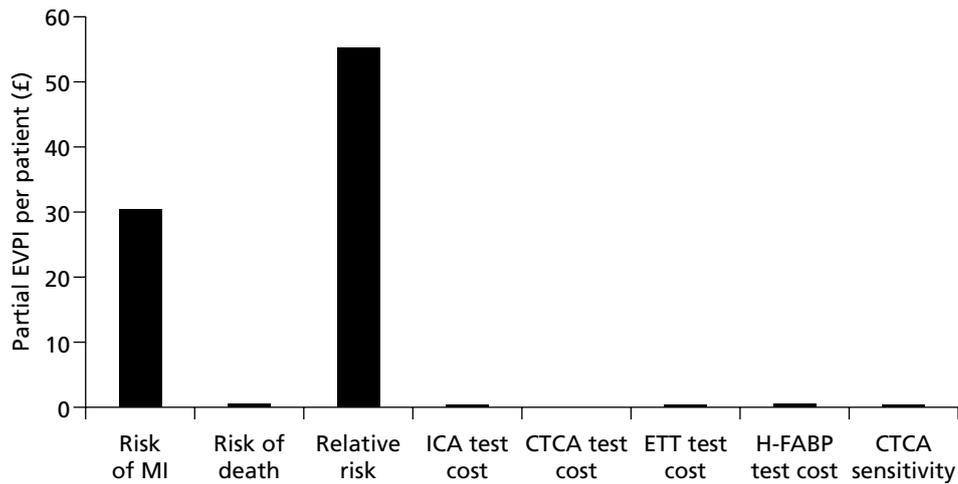


FIGURE 44 Individual patient EVPPI at £20,000/QALY.

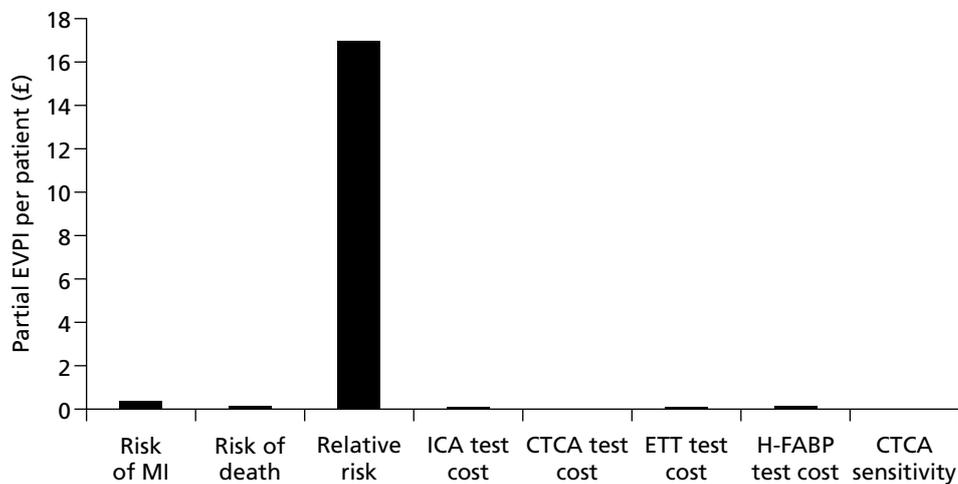


FIGURE 45 Individual patient EVPPI at £30,000/QALY.



# Chapter 5 Discussion

## Statement of principal findings

### *Diagnostic accuracy of presentation biomarkers for myocardial infarction*

A large number of studies have estimated the accuracy of troponin at presentation for diagnosing MI, compared with a reference standard based on the universal definition using delayed troponin testing. Many of these are limited by inadequacies of the troponin assay used as the index test or reference standard, whereas differences in the assays and threshold used limited our ability to compare and synthesise data from different studies. We restricted meta-analysis to studies using similar or the same assay at a comparable diagnostic threshold and using a reference standard based on a modern troponin assay with an acceptable diagnostic threshold. Even in these analyses there was substantial heterogeneity between results, which is reflected in the wide predictive intervals around each estimate.

Our meta-analysis showed that the sensitivity and specificity of TnI at presentation were 77% (95% predictive interval 29% to 96%) and 93% (95% predictive interval 46% to 100%), respectively, when the 99th percentile was used and 82% (95% predictive interval 40% to 97%) and 93% (95% predictive interval 74% to 98%) when the 10% CV was used. The corresponding results for TnT were 80% (95% predictive interval 33% to 97%) and 91% (95% predictive interval 53% to 99%) when the 99th percentile was used and 74% (95% predictive interval 34% to 94%) and 96% (95% predictive interval 76% to 99%) when the 10% CV was used. When analysis was restricted to high-sensitivity assays we found that the Roche HsTnT assay had a sensitivity of 96% (95% predictive interval 27% to 100%) and a specificity 72% (95% predictive interval 3% to 96%), the ADVIA Centaur Ultra troponin I assay had a sensitivity of 86% (95% predictive interval 22% to 96%) and a specificity 89% (95% predictive interval 40% to 97%), and the Abbott Architect troponin I assay had a sensitivity of 83% (95% predictive interval 58% to 95%) and a specificity 95% (95% predictive interval 67% to 100%).

The differences in estimates of sensitivity and specificity for different assays may reflect differences in study methods and populations, but they suggest that using a lower threshold for positivity and high-sensitivity assay improves sensitivity at the expense of specificity. It is not entirely clear whether this loss of specificity represents the expected loss of specificity that is seen whenever the threshold for positivity is lowered for an imperfect test, or whether the apparent FPs may actually be TPs misclassified by an inadequate reference standard. We identified one study<sup>60</sup> that seemed to suggest the former, but further data are required to address this issue. Such data would also determine whether the estimates of sensitivity for troponin at presentation are lower when compared with a high-sensitivity reference standard.

The findings suggest that high-sensitivity assays have sufficient sensitivity at presentation to identify most cases of MI that would subsequently be identified by a standard 10-hour troponin test, but there is substantial uncertainty around these estimates and a significant proportion with MI will be missed by presentation troponin testing. Whether or not this means that 10-hour troponin testing should be undertaken depends on the costs and benefits of detecting additional cases and is explored in detail in the economic analysis.

We also sought studies of other biomarkers measured at presentation to determine their accuracy for MI either alone or in combination with troponin. Only myoglobin and H-FABP had been evaluated against an acceptable reference standard in a large number of studies. Our meta-analysis of H-FABP showed that the summary estimates of sensitivity and specificity were 81% (95% predictive interval 50% to 95%) and 80% (95% predictive interval 26% to 98%), respectively, for the quantitative assays and 68% (95% predictive interval 11% to 97%) and 92% (95% predictive interval 20% to 100%), respectively, for the qualitative assays. Our meta-analysis of myoglobin showed that the summary estimates of sensitivity and

specificity were 62% (95% predictive interval 35% to 83%) and 83% (95% predictive interval 35% to 98%), respectively. These findings suggest inadequate diagnostic accuracy to act as a single diagnostic test for MI at presentation.

A few studies reported the accuracy of alternative biomarkers in combination with troponin at presentation, with the combination being positive if either marker were positive. H-FABP, copeptin, IMA and myoglobin improved sensitivity for MI at presentation but at the expense of loss of specificity. However, the estimates of diagnostic accuracy for presentation troponin alone varied substantially in these studies and used an unclear threshold for positivity in some cases. Our meta-analysis suggests that high-sensitivity troponin assays can achieve similar sensitivity to the biomarker and troponin combination with a similar loss of specificity. Future evaluations of alternative biomarkers at presentation should include measurement of a high-sensitivity troponin assay to determine whether or not the biomarker still produces an incremental improvement in sensitivity.

### **Prognostic accuracy of biomarkers for predicting major adverse cardiac events**

The prognostic value of troponin is well established<sup>8</sup> and elevated troponin levels is associated with increased potential to benefit from treatment.<sup>9,155</sup> As a result, troponin is established as an essential biomarker in the assessment of suspected ACS. We identified a large number of studies evaluating the ability of other biomarkers to predict MACEs in patients with suspected ACS. However, many of these simply evaluated whether there was an association between biomarker levels and risk of MACEs. In clinical assessment, the ECG and troponin are already established in routine practice on the basis of value in predicting adverse outcome, so any new biomarker would need to demonstrate additional prognostic value beyond routine assessment. We found some evidence that BNP, NT-pro-BNP, MPO and H-FABP could predict MACEs even after adjustment for troponin and other variables in multivariate analysis. However, results were sometimes inconsistent and it was not always clear whether or not all potentially important covariates had been included in analysis. We also found evidence that CRP, PAPP-A and H-FABP could predict MACEs in troponin-negative patients. These findings were based on a small number of heterogeneous studies with differing methods of analysis and there was some inconsistency in the findings. Meta-analysis was not possible so the estimates of RR were based on single studies and should be interpreted with caution.

### **Diagnostic accuracy of computed tomographic coronary angiography and exercise electrocardiography for coronary artery disease**

The diagnostic accuracy of CTCA and exercise ECG for identifying CAD in patients with stable symptoms has been extensively studied and summarised in previous meta-analyses. We aimed to determine whether or not similar estimates existed in patients presenting to hospital with suspected ACS.

We identified eight studies comparing CTCA to conventional coronary angiography in patients presenting with suspected ACS, reporting sensitivities ranging from 83% to 100% and specificities ranging from 54% to 100%. The summary estimates for sensitivity and specificity were 93% (95% predictive interval 61% to 99%) and 87% (95% predictive interval 16% to 100%), respectively. The studies were relatively small, evaluated various different techniques and used different methods of analysis, so there are a number of potential explanations for the variation in results. Only one study<sup>126</sup> used 64-slice CT and this reported the highest sensitivity and specificity (both 100%). The other studies used 16- or 4-slice CT and reported lower sensitivity and specificity.

Our findings are similar to other published reviews. Mowatt *et al.*<sup>25</sup> sought all diagnostic studies of CTCA and included 18 studies with 1286 patients in the meta-analysis. Most of the included studies were of patients with stable symptoms rather than suspected ACS. Sensitivity ranged from 94% to 100%, with a pooled sensitivity of 99% (95% CrI 97% to 99%). Specificity ranged from 50% to 100%, with a pooled specificity of 89% (95% CrI 83% to 94%). Athappan *et al.*<sup>167</sup> included 16 studies of CTCA in acute chest pain. The pooled sensitivity and specificity for ACS were 0.96 (95% CI 0.93 to 0.98) and 0.92 (95% CI

0.89 to 0.94), respectively. There was surprisingly little overlap between this review and ours. The studies of Sato *et al.*,<sup>129</sup> Tsai *et al.*<sup>130</sup> and Olivetti *et al.*<sup>128</sup> were included in both reviews. The other five studies we identified<sup>123–127</sup> were not included in the Athappan review. We excluded four studies<sup>131,135,168,169</sup> because only those with positive CTCA underwent ICA as the reference standard test, two studies<sup>170,171</sup> because the reference standard was not based on ICA, and two studies<sup>172,173</sup> because the study population were not patients with suspected ACS. We excluded studies that used reference standards other than CAD on ICA and studies that confirmed only CAD on ICA in those with a positive CTCA result because these studies will be prone to work-up bias and will overestimate diagnostic parameters. This probably explains why our estimates of sensitivity and specificity (albeit for CAD rather than ACS) were lower than those reported by Athappan *et al.*<sup>167</sup>

The most recent meta-analysis<sup>23</sup> of the diagnostic accuracy of exercise ECG reported that the main diagnostic criterion (ST depression) performed only moderately well, with a PLR of 2.79 for a 1-mm cut-off and 3.85 for a 2-mm cut-off. The negative likelihood ratios were 0.44 and 0.72, respectively. All of the included studies were of patients with chronic chest pain. We identified no studies that compared exercise ECG to ICA for the diagnosis of CAD in patients presenting with acute symptoms due to suspected ACS. We are therefore unable to determine whether the diagnostic accuracy of exercise ECG estimated in patients with stable symptoms can be extrapolated to those presenting with suspected ACS.

### **Prognostic accuracy of computed tomographic coronary angiography and exercise electrocardiography for predicting major adverse cardiac events**

We identified seven studies that evaluated the prognostic accuracy of CTCA for major cardiac events in patients with suspected ACS. MACE rates were generally very low in patients with a negative CTCA but this may reflect selection of low-risk patients rather than accurate risk stratification by CTCA. Most of the events reported in patients with positive CTCA findings were process events (i.e. PCI or CABG), which, in an unblinded study, may simply reflect physicians acting on CTCA findings. However, one study<sup>136</sup> reported an association between positive CTCA and MACEs (including revascularisation) despite patients and carers being blind to CTCA results. Furthermore, this study used multivariate analysis to show that CTCA findings predicted MACEs even after adjustment for a clinical risk score incorporating ECG and troponin. This study therefore shows that CTCA can provide potentially useful additional prognostic information, beyond routine clinical assessment with ECG and troponin. Despite this, the overall findings of our review suggested only weak evidence that CTCA findings predicted MACEs in patients with suspected ACS. The 95% CIs of estimates of the RR of MACEs associated with positive CTCA were wide and included the possibility of no association.

A previous systematic review and meta-analysis by Hulten *et al.*<sup>174</sup> sought all prognostic studies of CTCA rather than just studies of patients with suspected ACS. Most studies included patients with stable symptoms rather than suspected ACS. Only the study by Rubinshtein *et al.*<sup>135</sup> was included in this review and ours. Hulten *et al.*<sup>174</sup> included 18 studies evaluating 9592 patients with a median follow-up of 20 months. The pooled annualised event rate for obstructive (any vessel with 50% luminal stenosis) compared with normal CTCA was 8.8% compared with 0.17% per year for MACEs ( $p < 0.05$ ) and 3.2% compared with 0.15% for death or MI ( $p < 0.05$ ). These findings suggest that abnormalities on CTCA predict an increased risk of a MACE in patients with suspected CAD and that the risk of MACEs is very low if CTCA is normal. Our review confirms that the low risk of a MACE associated with CTCA is also seen in patients with suspected ACS but the low overall rate of adverse outcome means that we cannot be sure whether this reflects low-risk patient selection or effective risk stratification by CTCA.

We identified 13 studies reporting risk of MACEs after ETT for patients presenting to hospital with suspected ACS. Overall, MACE rates were generally low among patients with negative ETT results. There was some evidence that positive tests identified higher-risk patients and were associated with an eightfold increase in the risk of a MACE. However, as with CTCA, in unblinded studies higher rates of revascularisation among patients with positive ETT may reflect physician awareness and expectation of a

need for revascularisation. There was evidence from some studies that death and MI rates were higher among patients with positive ETT, although the modest numbers limit the conclusions that may be drawn. No studies reported multivariate analysis to determine whether exercise ECG added to the prognostic value of routine clinical assessment, including ECG and troponin, although most of the studies excluded patients with diagnostic ECG changes.

### ***Cost-effectiveness of presentation biomarker strategies for myocardial infarction***

We developed a decision-analysis model to compare different strategies for using biomarkers at presentation with a no testing (discharge all home) and delayed troponin (admit and measure troponin at 10 hours) strategies. We tested presentation TnT using either the 10% CV or 99th percentile as the diagnostic threshold and using a high-sensitivity assay with the 99th percentile as the diagnostic threshold. We selected these strategies because the estimates from our meta-analysis would allow us to investigate the effect of varying the diagnostic threshold on sensitivity and specificity, and thus on cost-effectiveness. We tested the strategies in various scenarios to examine whether (1) the presence or absence of known CAD and (2) the inpatient management, in terms of access to a decision-making doctor, influenced cost-effectiveness. We also tested presentation high-sensitivity TnI instead of HsTnT, because the point estimate of sensitivity was lower and specificity higher in our meta-analysis, and a 3-hour high-sensitivity troponin strategy, because recent analysis suggests that this improves sensitivity but provides a strategy that can be applied without hospital admission.

The results showed that, as expected, effectiveness (QALYs) increased with increasing sensitivity and costs increased with decreasing specificity. In all but one scenario a strategy of measuring HsTnT at presentation (with admission for a 10-hour troponin testing if positive and discharge home if negative) was the optimal strategy. It was the most effective strategy among those with an ICER of < £20,000–30,000/QALY. The 10-hour troponin testing was more effective, but had an ICER that exceeded the £30,000/QALY threshold. In one scenario the 10-hour troponin strategy may have been optimal, i.e. if the patient did not have known CAD, a doctor was available on demand to discharge the patient when the 10-hour troponin level was measured and the £30,000/QALY threshold was used.

These findings suggest that in most circumstances delaying troponin measurement until 10 hours is unlikely to represent a cost-effective use of NHS resources. The exception to this may be a setting where the decision-making is efficient enough to ensure that patient discharge can occur as soon as the 10-hour troponin result is available. However, there are a number of assumptions in the model that need to be taken into account when interpreting these findings, two of which were explored in sensitivity analysis.

Our meta-analysis suggested that presentation HsTnT has sensitivity of 96%, but this was based on only two studies. The uncertainty around the estimate was reflected in the wide predictive interval around this estimate, which was used in the cost-effectiveness modelling. If this is an overestimate of sensitivity, then we will have underestimated the comparative cost-effectiveness of the 10-hour troponin strategy. This is supported by our sensitivity analysis using estimates for the ADVIA Centaur Ultra troponin I assay instead of Roche HsTnT. When the lower estimate of sensitivity was used for presentation high-sensitivity troponin (and higher estimate of specificity), the 10-hour troponin strategy was more likely to be cost-effective. However, it was still likely to be optimal in only one scenario if the £20,000/QALY threshold were used and in three scenarios if the £30,000/QALY threshold were used.

Our main analysis also assumed that the only alternative strategies were presentation troponin or 10-hour troponin testing because these were the strategies with the best supporting data at the time the study was planned. However, a recent analysis suggested that measuring troponin at presentation and 3 hours later could optimise sensitivity yet still provide a strategy that does not require hospital admission in most cases. When we tested the 3-hour strategy in a sensitivity analysis, we found that it was optimal in all scenarios at both the £20,000/QALY and £30,000/QALY threshold, whereas the 10-hour strategy was not cost-effective in any scenario using either threshold. This suggests that high-sensitivity troponin measured

at presentation and 3 hours later is the optimal strategy for MI diagnosis. However, this finding is based on data from a single study. The CI for sensitivity derived from this single study is unlikely to reflect the true extent of uncertainty in the way that the predictive interval from our meta-analysis does. Furthermore, if the study population characteristics differ from the UK population, particularly in terms of time delay before presentation, then the findings may not be generalisable to the UK.

We also assumed that the 10-hour troponin testing was diagnostically perfect (i.e. had 100% sensitivity and specificity). This assumption was necessary because the 10-hour troponin test is effectively the reference standard test for MI, so modelling outcomes following FN or FP 10-hour troponin testing would involve contentious and untestable assumptions. Although this assumption affects all the strategies, because they use the 10-hour troponin result to confirm MI, it favours the 10-hour strategy most.

Another assumption in our model that favours the 10-hour troponin strategy is that a patient with a FN troponin result at presentation was assumed to have the same prognosis (and thus the ability to benefit from treatment) as a patient with a TP troponin result at presentation. However, this assumption may not hold if those with a FN troponin result at presentation have a smaller infarct and better prognosis. We were unable to find adequate data to test this assumption.

Having compared presentation high-sensitivity troponin to 10-hour standard troponin, the obvious next question is whether or not the 10-hour troponin test should be of high sensitivity. We are unable to address this question because (1) our model assumes that the standard troponin assay at 10 hours is perfect for the reasons given above; (2) there are few data available to estimate presentation troponin accuracy in comparison with a high-sensitivity reference standard; and (3) the prognostic and therapeutic implications of a positive high-sensitivity troponin alongside a negative standard troponin are not clear. Our analysis only evaluated the role of high-sensitivity troponin in terms of an early biomarker rather than as an alternative to a 10-hour standard troponin.

Finally, our model assumes that patients awaiting troponin testing are cared for in hospital (even if not formally admitted) and therefore incur hospital costs. It could be argued that the benefits of delayed troponin testing could be accrued without most of the costs if patients were discharged home and asked to return for delayed testing. However, the feasibility and acceptability of this practice has not been tested and it is not routinely used.

The diagnostic decision-analysis model was also used to test the cost-effectiveness of H-FABP, copeptin, myoglobin and IMA measured at presentation alongside troponin, compared with troponin alone at presentation or 10 hours. There was substantial variation in estimates of troponin sensitivity at presentation in the sources studies for this analysis. This meant that we could not reasonably use our meta-analysis estimates of presentation troponin sensitivity and specificity in this particular analysis, as this would paradoxically result in the biomarker plus troponin sensitivity being lower than troponin alone in some analyses. We therefore used the individual studies to estimate the accuracy of troponin alone and undertook a separate analysis for each study. As a result, some of the analyses that were based on studies with low estimates of troponin sensitivity at baseline produced results that were inconsistent with our main analysis and suggested that a 10-hour troponin test would be cost-effective at the £30,000/QALY or even £20,000/QALY threshold. This is because we could not include the optimal strategy from the main analysis (high-sensitivity troponin at presentation) with our best estimate of sensitivity and specificity in the analysis.

The economic analysis of alternative biomarkers suggested that adding H-FABP, copeptin or myoglobin to troponin at presentation could be cost-effective, i.e. could improve sensitivity and thus QALYs at an acceptable cost per QALY. Adding IMA to troponin at presentation, in contrast, was unlikely to be cost-effective. These findings are obviously limited by our inability to include the optimal strategy with best estimates of sensitivity and specificity in the analysis. The findings of the meta-analyses suggest that the

changes in sensitivity and specificity resulting from adding another biomarker at presentation are similar to the changes resulting from using a high-sensitivity troponin assay with a low threshold for positivity. If one assay can provide the same result as a combination, then it is likely to be more cost-effective.

We also used our economic model to produce estimates of 1-year rates of death and non-fatal MI among (1) all patients presenting with suspected ACS and (2) those discharged after negative assessment, for the main strategies tested. These estimates show how using more sensitive strategies decreases the expected risks of adverse outcome and could be used by clinicians attempting to weigh up the risks and benefits of different strategies for the individual patient. They could also be used, given a sufficiently interested and informed patient, to explain the potential risks and benefits of different strategies to the individual patient, potentially allowing them to participate in shared decision-making.

### ***Cost-effectiveness of biomarkers, computed tomographic coronary angiography and exercise electrocardiography in troponin-negative patients***

We developed a second (prognostic) decision-analysis model to evaluate the cost-effectiveness of using a biomarker (H-FABP), exercise ECG or CTCA to select troponin-negative patients for further investigation with ICA if positive or current standard care if negative. These strategies were compared with current standard care for all and ICA for all. We assumed that current standard care involved further investigation according to NICE guidance for stable chest pain<sup>11</sup> if symptoms persisted or recurred. The benefit of investigation clearly depended on the subsequent risk of death and non-fatal MI, and we had two sources for this with contrasting estimates and implicit assumptions. Data from an observational study of patients admitted to hospital with suspected ACS<sup>155</sup> produced an estimate of 1.0% for death and 3.9% for MI up to 1 year, whereas data from a randomised trial of ED chest pain assessment<sup>12</sup> produced corresponding estimates of 0.19% and 0.24%. The difference in these estimates reflects patient selection and duration of follow-up. In using either data source in the model we make an implicit assumption about the duration of effect of initial testing. Using the Mills data<sup>155</sup> we assumed that initial testing influences outcomes up to 1 year, whereas the RATPAC data<sup>12</sup> assumes that initial testing only influences outcomes up to 3 months. There obviously is a limit to the effect of initial testing compared with current standard care as standard care involves subsequent investigation if symptoms recur or persist. However, it is not clear when this limit is.

The analysis showed that the estimate of the adverse event rate and associated implicit assumption regarding the duration of potential effect of initial testing on outcome were important in determining cost-effectiveness. If the higher estimates of adverse outcome and 1-year duration of effect were used, then CTCA was likely to be the optimal strategy at the NICE threshold for willingness to pay. If the lower estimates of adverse outcome and 3-month duration of effect were used, then the no-testing strategy was likely to be optimal. A threshold analysis suggested that CTCA was likely to be cost-effective if the estimated combined risk of death and non-fatal MI within the duration of effect of initial testing were > 2% or 3%, depending on the threshold used for willingness to pay (£20,000 or £30,000/QALY). It is important to note that this analysis was driven by the effectiveness of the strategies rather than costs, and outcomes associated with a high rate of referral for ICA were little better than no testing. This emphasises the importance of specificity in prognostic testing and the need to ensure that diagnostic thresholds are set and tests interpreted in a way that does not result in a large number of FP cases being referred for ICA.

The value of information analysis associated with this model showed that around the NICE threshold, assumed to be between £20,000/QALY and £30,000/QALY, the EVPPIs associated with the baseline risk of MI and the relative reduction in risk with treatment were relatively high, suggesting that further experimental research of these parameters will potentially be cost-effective. Research estimating the effect of treatment on patients identified as being at increased risk by CTCA is unlikely to be considered ethical, but research comparing a strategy of liberal compared with restrictive CTCA use (with treatment being consequent on CTCA findings) would be more likely to be considered ethical and would provide an estimate of the effect of treatment.

## Strengths and limitations of the study

### *Systematic review and meta-analysis*

The systematic review and meta-analysis was undertaken in accordance with the guidelines published by the Centre for Reviews and Dissemination for undertaking systematic reviews<sup>26</sup> and the Cochrane Diagnostic Test Accuracy Working Group on the meta-analysis of diagnostic tests.<sup>27</sup> Our literature search was extensive and retrieved a large number of studies. We deliberately developed selection criteria that would limit the review to high-quality studies using a relevant and well-recognised reference standard. This involved excluding studies that used the old World Health Organization definition of MI as a reference standard and studies that used a composite outcome of ACS instead of MI alone (or did not report MI alone) as their reference standard. This had the advantage of ensuring a reasonable degree of homogeneity among the reference standard tests and excluded studies that risked having a reference standard (ACS) that included subjective clinical judgements and possibly elements of the index test. However, this approach could be criticised because it potentially excludes studies of important outcomes, such as unstable angina, that are not included in the reference standard.

Our meta-analysis did not include direct comparison of different biomarkers or assays (i.e. comparing different biomarkers or assays in the same cohorts). Our estimates of the diagnostic accuracy of different biomarkers or assays are therefore indirect (i.e. based on testing in different cohorts), so differences in accuracy may be explained by differences in cohort characteristics rather than the biomarker or assay performance. We did not undertake direct comparisons because, as *Table 2* shows, most studies only analysed one or two biomarkers. Where multiple biomarkers were analysed in the same cohort there was little consistency between studies in terms of the biomarkers or assays tested.

Although we used a reasonably well-defined reference standard for the diagnostic biomarker review, there was still substantial variation in the tests used to confirm the reference standard, particularly the troponin assay used, threshold for positivity and the timing of sampling. Alongside variation in study populations and variation in index test assays, thresholds and timing, this probably explains the heterogeneity observed between the results of different studies.

We were unable to be as selective when defining the reference standard, or outcome, for the prognostic studies. There was substantial variation in the definition of MACEs and the duration and intensity of follow-up. In particular, some studies included process measures, such as revascularisation, in their definition of MACEs. If the decision to undertake a process is made by someone who is aware of the index test results then process measures are subject to bias and estimates of prognostic outcome will be consequently inflated. Given the limitations of the primary data it could be argued that summary estimates generated by our meta-analysis are misleading. We undertook meta-analysis because we felt that it would be helpful to have an overall estimate of prognostic value but urge caution in the interpretation of these estimates.

Although our literature search retrieved a large number of studies, it was limited by substantial variation in the terms used to describe tests and outcomes. As a result we retrieved a proportion of studies through expert contact, reviewing citation lists and other serendipitous means, rather than through the planned searches. This was particularly the case for the review of exercise ECG, where a wide range of different terms was used to classify studies that reported follow-up of cohorts of patients receiving exercise ECG after presentation with suspected ACS. Consequently, it is possible that despite our best efforts we have missed potentially eligible studies that could have contributed to the review.

### *Economic evaluation*

The economic analysis used current best practice to develop the model and followed recommendations produced by NICE.<sup>175</sup> We used Bayesian methods to synthesise the data from the meta-analysis and generate probability distributions associated with the diagnostic accuracy in the model that fully reflect

uncertainty about these parameters. We were also fortunate to have data from the Mills study<sup>155</sup> to provide an estimate of the benefit of a positive reference standard test in the diagnostic model. Such estimates are unusual and modelling the benefit of diagnostic tests often involves relying on expert opinion to estimate treatment effects. We used expert opinion to build the model and develop our assumptions but did not need to draw upon expert opinion for parameter estimates.

As with any economic analysis, the model involved some important and influential assumptions. Most of these have been discussed alongside the summary of main findings above, as an appreciation of their impact is essential to understanding the model output. An additional assumption in the model is that medical decision-making flows in a predictable and consistent manner from the results of diagnostic testing. This obviously may not hold in practice and previous trials<sup>12</sup> have been invaluable in testing assumptions that diagnostic test results will lead to predictable changes in patient care. Further research is required to test some of the assumptions in our model. For example, we assumed that the implication of a FP presentation biomarker was limited to the cost of keeping the patient in hospital until a definitive 10-hour troponin level was measured. We also assumed that the diagnostic testing strategy did not influence the location of patient admission (e.g. use of coronary care) and that patients would be discharged if tests were negative. These assumptions were justified on the basis of absence of evidence to challenge them and/or the practical difficulties of incorporating them into the model rather than available evidence to suggest they are not relevant or influential.

We only tested a limited range of potential strategies addressing specific issues in patient management. We typically limited the strategies tested to those with sufficient data to support them. This means that we did not test potentially worthwhile strategies with limited data, such as 6-hour strategies, or pragmatic strategies, such as selecting patients to delayed diagnostic testing or subsequent prognostic testing on the basis of clinical risk. In particular, we only tested using H-FABP as a prognostic marker in troponin-negative patients by assuming it would be used to select patients for ICA. A more logical approach might involve using H-FABP to select patients for CTCA. However, this would involve making an assumption about whether or not the prognostic value of H-FABP and CTCA are independent. We had no data to allow us to test this assumption, yet this interaction is crucial to determining the cost-effectiveness of the combination.

A substantial limitation of the prognostic model is that we had no data to directly estimate the benefit of treating positive cases, in the way that we had for the diagnostic model.<sup>155</sup> Therefore, we assumed that the effect of identifying and treating an increased risk of adverse outcome in the prognostic model was the same as the effect of identifying and treating MI in the diagnostic model. This assumption may not hold and, in combination with the uncertainty about the risk of subsequent adverse events discussed earlier, means that the benefit of identifying positive cases in the prognostic model is extremely uncertain. A further limitation of the prognostic model relates to limitations of the primary data. The heterogeneity in the definition of MACEs and follow-up procedures, and the potential for bias is discussed above, but other limitations of the primary data relate to implementation of the technology. Whereas, biomarkers are mostly quantitative tests with clear diagnostic thresholds, CTCA and exercise ECG require careful interpretation. Issues such as interobserver error and the training and expertise required for interpretation have not been extensively studied, creating more uncertainties about how these technologies will perform when put into practice.

Finally, the model assumed that all benefits from diagnostic testing were accrued as a result of the risk of adverse outcome. However, the testing process may have other benefits that are not captured in our model. Patients may benefit from the reassurance of negative testing or the opportunity to institute lifestyle changes stimulated by positive testing. The evidence for these benefits is limited and debatable but, if confirmed, could substantially alter the potential cost-effectiveness of diagnostic strategies.

## Uncertainties

The main uncertainties identified in this report are:

1. The sensitivity and specificity of presentation high-sensitivity troponin compared with a delayed high-sensitivity troponin reference standard. Our analysis has provided estimates of the sensitivity and specificity of presentation high-sensitivity troponin compared with a delayed standard troponin reference standard, but it is not clear whether a delayed high-sensitivity troponin might (1) identify additional cases, thus reducing the sensitivity of presentation testing, and/or (2) demonstrate that apparently FP cases on presentation high-sensitivity testing are associated with a prognostically significant elevation on delayed high-sensitivity testing.
2. The prognostic and therapeutic importance of late troponin rises and low troponin rises on high-sensitivity testing. Our analysis assumed that all troponin rises above the 99th percentile have the same prognostic significance, but this assumption needs testing.
3. Diagnostic comparison of alternative biomarkers alongside troponin at presentation to high-sensitivity troponin alone. We found evidence that adding H-FABP, myoglobin or copeptin to troponin at presentation improves sensitivity but reduces specificity for MI. It is not clear whether a similar improvement can be achieved by using a high-sensitivity troponin assay and/or lower threshold for troponin positivity or whether alternative biomarkers can still improve sensitivity when a high-sensitivity troponin assay is used.
4. The independent prognostic value of alternative biomarkers in suspected ACS. Among a large number of studies of biomarkers we only found a limited number that estimated the prognostic value of the biomarker after taking all other potential predictors into account and reported results in troponin-negative patients separately. Studies that simply show an association between biomarker level and risk of a MACE have little value. Prognostic studies are required that measure and adjust for all potentially useful clinical predictors and biomarkers.
5. The prognostic and therapeutic value of CTCA in patients with suspected ACS but negative troponin. CTCA has a potentially valuable role to play in further investigation of troponin-negative patients but the evidence identified in our review was limited by small sample size, poor reporting of CTCA positive cases and low MACE rates. It is therefore unclear whether CTCA provides useful prognostic information in this circumstance and whether or not CTCA improves patient outcomes at acceptable cost. The economic analysis suggested CTCA could be cost-effective but with some important uncertainties around estimates of baseline MACE risk, prognostic value of CTCA and therapeutic benefit from detecting increased risk.
6. The interaction between different prognostic tests in troponin-negative patients, particularly H-FABP and CTCA. Our review suggested that the best evidence (albeit still very limited) of a prognostically useful test in troponin-negative patients related to H-FABP and CTCA. Logically, these two tests could be used in combination with H-FABP being used to select high-risk patients for CTCA. However, this would be only worthwhile if the two tests independently predicted risk. Further research is required to determine whether this is the case.

## Assessment of factors relevant to the NHS and other parties

The NICE guidance for the management of chest pain of recent onset<sup>11</sup> suggests that patients attending hospital with suspected ACS should receive troponin testing on initial assessment and 10–12 hours after the onset of symptoms. The guidance does not specify whether a high-sensitivity troponin assay should be used and other biomarkers are not recommended, but the use of high-sensitivity troponin and other biomarkers are highlighted as a research priority.

Our systematic review and meta-analysis provides estimates of the sensitivity and specificity of high-sensitivity troponin and other biomarkers at presentation. These estimates suggest that high-sensitivity

troponin assays have better early sensitivity than standard troponin assays but are not perfect, so reliance on presentation testing alone will miss cases of MI. Our economic analysis suggests that troponin testing at 10 hours, compared with high-sensitivity troponin testing at presentation, is likely to be cost-effective only if patients can be discharged as soon as 10-hour results are available and if the £30,000/QALY threshold for willingness to pay is used. If rapid discharge is not achieved, then 10-hour troponin testing is unlikely to represent a worthwhile use of NHS resources.

Our analysis also suggests that H-FABP, myoglobin or copeptin could improve detection of MI at presentation in a cost-effective manner. However, these findings are based on a small number of studies using a variety of troponin assays as comparison, so further research is required to determine whether other biomarkers can consistently improve the early sensitivity of high-sensitivity troponin in a cost-effective manner. The evidence is currently insufficient to support their routine use in the NHS.

The NICE guidance suggests that patients with negative troponin samples should be reassessed and, if myocardial ischaemia is suspected, the guidance for stable chest pain should be followed.<sup>11</sup> In practice, this is likely to mean that patients presenting to hospital with suspected ACS but negative troponin are selected for further investigation, perhaps on the basis of recurrent symptoms that are considered consistent with myocardial ischaemia. The NICE guidance highlighted that the European Society for Cardiology guidelines recommend exercise treadmill testing for these patients despite evidence of limited sensitivity and specificity, and identified evaluation of CTCA in troponin-negative patients as being a research priority.

Our systematic review identified limited evidence to show that CTCA has reasonable diagnostic accuracy for CAD in patients with suspected ACS but no such evidence for exercise ECG. Both CTCA and exercise ECG had been evaluated in a number of studies that aimed to determine the prognostic value of testing in suspected ACS, but these studies were limited by low event rates, poor reporting and methodological limitations. As a result, the evidence that either exercise ECG or CTCA predicts adverse events in suspected ACS is weak and our economic model was based on limited data. The economic analysis showed that exercise ECG was unlikely to be cost-effective, whereas CTCA could be cost-effective if the risk of adverse events was sufficiently high (> 2–3% combined death and non-fatal MI rate within the period in which CTCA might be expected to influence outcome) and the estimates in the model were reliable. The cost-effectiveness of CTCA therefore appears to depend on being able to select patients with an increased risk of adverse outcome. Future research needs to explore this issue, but current evidence is insufficient to support routine investigation with CTCA for troponin-negative patients.

## Chapter 6 Conclusions

### Implications for service provision

The data cited in the introduction to this report show that chest pain due to suspected ACS is responsible for a large and growing number of emergency hospital attendances and admissions. Any recommendations relating to the management of suspected ACS therefore have substantial potential implications for service provision. *Hospital Episode Statistics for England* (see Chapter 1, *The health-care burden of suspected acute coronary syndrome*) show that admissions for chest pain have been progressively rising, whereas LoS has been shortening. This probably reflects the increasing use of 10- to 12-hour troponin testing, allowing early discharge of patients with suspected MI and application of this test to increasing numbers of patients.

Our economic analysis suggests that hospital admission for 10-hour troponin testing is unlikely to be cost-effective compared with high-sensitivity troponin at presentation unless rapid decision-making and discharge is possible, although this conclusion may not hold in various scenarios if troponin sensitivity at presentation is < 90%. Our sensitivity analysis, admittedly based on data from one study, suggested that the 10-hour troponin strategy was very unlikely to be cost-effective compared with a strategy using a high-sensitivity assay at presentation and 3 hours later. Removing the recommendation for 10-hour troponin testing from NICE guidance could have substantial benefits for service provision. If patients were recommended for admission only if troponin level at presentation was positive then we would expect that fewer patients would need admission to hospital and the rise in chest pain admissions could be attenuated or even reversed. However, outpatient services for those discharged might need to be developed and/or a small increase in the risk of adverse outcome after discharge may be observed.

Increased use of high-sensitivity troponin assays has other potential implications for service provision. High-sensitivity assays produce more positive results than standard assays and the prognostic significance of these additional positive cases is not clear. Services have been developed on the assumption that patients with a positive troponin have an important risk of adverse outcome and will benefit from further investigation and intervention. This assumption may not hold for some patients if their troponin elevation indicates only a small increase or no significant increase in risk. Widespread use of high-sensitivity troponin testing has the potential to substantially increase demand for cardiology services. Further research is required to determine how and whether this demand should be met.

Similarly, any use of alternative biomarkers as an adjunct to troponin testing for ruling out MI at presentation may have implications for service provision. In our model we assumed that FP alternative biomarkers would be ignored once a 10-hour troponin test was found to be negative and would not result in additional testing or prolonged LoS. However, this assumption needs to be tested in practice.

Any recommendation that CTCA should be routinely used for troponin-negative patients with suspected ACS (even if selected on the basis of perceived risk) would have substantial service implications and would require rapid access to CT scanning and reporting in a way that is currently not available in most hospitals. Our analysis suggests that there is currently insufficient evidence to recommend CTCA but future research will need to take into account the potential impact upon service provision and explore potential knock-on implications, such as hospital admission being used for patients awaiting CTCA if it is not immediately available.

## Suggested research priorities

The following suggested research priorities reflect the areas of uncertainty outlined in the previous chapter (see *Chapter 5, Uncertainties*) and are not listed in order of priority.

1. A diagnostic cohort study is required to estimate the sensitivity and specificity of presentation and 3-hour high-sensitivity troponin in patients presenting with suspected ACS compared with a 10-hour reference standard of MI based on high-sensitivity troponin.
2. A cohort study of patients presenting with suspected ACS is required to determine the prognostic importance of late troponin rises or troponin rises that are only detected by high-sensitivity assays. Alternatively a trial and economic evaluation could be used to evaluate the clinical effectiveness and cost-effectiveness of using high-sensitivity troponin compared with standard troponin, although the sample size required for such a trial may render it unfeasible.
3. A diagnostic cohort study is required to estimate the effect on sensitivity and specificity of adding alternative biomarkers to high-sensitivity troponin at presentation.
4. A cohort study is required to estimate the additional prognostic value of alternative biomarkers in suspected ACS. This study should measure all routinely available predictors (i.e. clinical assessment, ECG and troponin) to determine whether or not alternative biomarkers add worthwhile predictive information.
5. A cohort study is required to estimate the prognostic value of CTCA in patients with suspected ACS but negative troponin. As with biomarkers, this study should measure all routinely available clinical predictors to determine whether or not CTCA adds useful prognostic information. This study could be combined with the cohort study of biomarkers to determine whether biomarkers and CTCA are independent predictors, and thus whether biomarkers could be used to select patients for CTCA. Alternatively, a trial and economic evaluation could be undertaken to determine the clinical effectiveness and cost-effectiveness of early CTCA for all patients to selective delayed CTCA for those with persistent symptoms.

A single cohort study could be used to address many of these priorities. This would allow investigation of the interaction between different tests, investigation of the prognostic importance of different diagnostic references standards and ensure that the additional diagnostic or prognostic value of tests were estimated taking into account all available diagnostic and prognostic information. Thus the research priorities could be stated as follows:

1. A large multicentre cohort study of patients presenting with suspected ACS in which all receive multiple biomarker testing at presentation, 3 hours and 10 hours, CTCA and follow-up for at least 6 months. This study could potentially address all five research priorities above.
2. A clinical trial and economic evaluation comparing high-sensitivity troponin to standard troponin in the diagnostic assessment of suspected ACS, to determine the effect of using high-sensitivity troponin on event rates and health-care costs.
3. A clinical trial and economic evaluation comparing early CTCA for all patients to current standard practice (selective CTCA for those with persistent symptoms) for patients with troponin-negative ACS, to determine the effect of early CTCA on event rates and health-care costs. The value of information analysis undertaken for this project suggests that such a trial would represent a cost-effective use of NHS resources.

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## Contributions of authors

SG conceived, designed and led the project, assisted with reviewing and developing the economic model, and wrote the first and final drafts of the report.

PT developed the economic model, undertook the economic analysis and cowrote the economics section of the report.

CC developed the literature searches, undertook reviewing, quality assessment and data extraction mainly for the biomarker data, and cowrote the systematic reviews section of the report.

JWS oversaw and performed the Bayesian meta-analysis and provided posterior distributions for the economic model.

JL undertook reviewing, quality assessment and data extraction mainly for the CTCA/exercise ECG data.

MaK assisted reviewing, quality assessment and data extraction of the biomarker data.

PC provided expert advice, and assisted with the biomarker review and development of the economic model.

FM provided expert advice, and assisted with the CTCA/exercise ECG review and development of the economic model.

PE undertook the literature searches.

JW conducted the Bayesian meta-analyses under the guidance of JS.

All authors contributed to drafting the report and approved the final draft.



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# Appendix 1 Examples of search strategies used

## Biomarkers review diagnostic accuracy search: a MEDLINE example

### *Chest pain population terms*

1. exp Chest Pain/ (43,381)
2. (chest adj (pain or discomfort or tight\* or pressure)).mp. (23,091)
3. chest-pain.mp. (21,852)
4. (cardiac adj pain).mp. (359)
5. (thora\* adj pain).mp. (1021)
6. Acute Coronary Syndrome/(3223)
7. acute coronary syndrome.mp. (7783)
8. (acute adj coronary adj syndrome).mp. (7783)
9. Angina, Unstable/ (7731)
10. unstable angina.mp. (9934)
11. (unstable adj2 angina).mp. (13,058)
12. Myocardial Infarction/ (126,095)
13. myocardial.mp. (307,141)
14. infarct\*.mp. (222,338)
15. (myocardial adj infarction).mp. (163,555)
16. heart attack.mp. (2540)
17. (heart adj (arrest\$or attack\*)).mp. (29,166)
18. (preinfarction or pre-infarction or (pre adj infarction)).mp. (408)
19. or/1–18 (417,505)

### *Biomarker terms*

20. creatine kinase.mp. or Creatine Kinase/ (27,627)
21. ((creatin adj kinase) or (creatin adj phosphokinase)).mp. (29,176)
22. creatine kinase MB.mp. (2589)
23. creatine kinase MB isoenzyme.mp. (288)
24. creatine kinase isoenzyme 2.mp. (8)
25. creatine kinase 2.mp. (40)
26. CK-2.mp. (161)
27. CK-MB.mp. (2903)
28. myoglobin.mp. or Myoglobin/ (11,827)
29. C-Reactive Protein/(22,195)
30. (c-reactive protein or c reactive protein).mp. (33,427)
31. CRP.mp. (18,869)
32. myeloperoxidase.mp. (12,827)
33. mpo.mp. (6279)
34. b-type natriuretic peptide.mp. (2624)
35. type b natriuretic peptide.mp. (47)
36. Natriuretic Peptides/ (847)
37. (brain adj natriuretic peptide).mp. (5237)
38. N terminal B type natriuretic peptide.mp. (36)
39. BNP.mp. (4976)
40. N-terminal-pro-natriuretic peptide.mp. (6)
41. NTproBNP.mp. (99)
42. NT-proBNP.mp. (1688)
43. heart type fatty acid binding protein.mp. (196)

44. heart-type fatty acid binding protein.mp. (196)
45. H-FABP.mp. (312)
46. (co-peptin or co?peptin or copeptin).mp. (116)
47. adrenomedullin.mp. or Adrenomedullin/ (2412)
48. ST-2.mp. (181)
49. interleukin 33.mp. (104)
50. galectin 3.mp. or Galectin 3/ (1455)
51. Matrix Metalloproteinase 9/or matrix metalloproteinase 9.mp. (10,074)
52. pregnancy-associated plasma protein.mp. (1164)
53. pregnancy associated plasma protein A.mp. (1145)
54. PAPP-A.mp. (853)
55. Ischaemia Modified Albumin.mp. (38)
56. early troponin.mp. (7)
57. troponin at presentation.mp. (0)
58. initial troponin.mp. (18)
59. or/20–58 (114,505)

### ***Troponin and reference standard terms***

60. Troponin T/or Troponin I/ (6449)
61. (troponin T or troponin I).mp. (9156)
62. cardiac troponin T.mp. (1573)
63. cardiac troponin I.mp. (2114)
64. cntn.mp. (986)
65. reference standards/ (27,529)
66. reference standard\$.mp. (32,855)
67. gold standard.mp. (22,828)
68. Major adverse event\*.mp. (803)
69. (major cardiac adj events).mp. (497)
70. or/60–69 (65,727)

### ***Human-only studies***

71. human/ (11,609,100)
72. animal/ (4,746,079)
73. 71 not (71 and 72) (10,378,731)
74. 19 and 59 and 70 and 73 (2306)
75. exp "Sensitivity and Specificity"/ (327,463)
76. sensitivity.tw. (425,187)
77. specificity.tw. (267,581)
78. ((pre-test or pretest) adj probability).tw. (932)
79. post-test probability.tw. (258)
80. predictive value\$.tw. (52,063)
81. likelihood ratio\$.tw. (6258)
82. or/75–81 (833,726)
83. 74 and 82 (974)

### ***Not case-control studies***

84. Case-Control Studies/ (131,351)
85. 83 not 84 (947)

### ***Date limit***

86. limit 85 to yr="1995 -Current" (911)

## Biomarkers review prognostic accuracy search: a MEDLINE example

### Chest pain population terms

87. exp Chest Pain/ (43,381)
88. (chest adj (pain or discomfort or tight\* or pressure)).mp. (23,091)
89. chest-pain.mp. (21,852)
90. (cardiac adj pain).mp. (359)
91. (thora\* adj pain).mp. (1021)
92. Acute Coronary Syndrome/ (3223)
93. acute coronary syndrome.mp. (7783)
94. (acute adj coronary adj syndrome).mp. (7783)
95. Angina, Unstable/ (7731)
96. unstable angina.mp. (9934)
97. (unstable adj2 angina).mp. (13,058)
98. Myocardial Infarction/ (126,095)
99. myocardial.mp. (307,141)
100. infarct\*.mp. (222,338)
101. (myocardial adj infarction).mp. (163,555)
102. heart attack.mp. (2540)
103. (heart adj (arrest\$or attack\*)).mp. (29,166)
104. (preinfarction or pre-infarction or (pre adj infarction)).mp. (408)
105. or/1-18 (417,505)

### Biomarker terms

106. creatine kinase.mp. or Creatine Kinase/ (27,627)
107. ((creatin adj kinase) or (creatin adj phosphokinase)).mp. (29,176)
108. creatine kinase MB.mp. (2589)
109. creatine kinase MB isoenzyme.mp. (288)
110. creatine kinase isoenzyme 2.mp. (8)
111. creatine kinase 2.mp. (40)
112. CK-2.mp. (161)
113. CK-MB.mp. (2903)
114. myoglobin.mp. or Myoglobin/ (11,827)
115. C-Reactive Protein/ (22,195)
116. (c-reactive protein or c reactive protein).mp. (33,427)
117. CRP.mp. (18,869)
118. myeloperoxidase.mp. (12,827)
119. mpo.mp. (6279)
120. b-type natriuretic peptide.mp. (2624)
121. type b natriuretic peptide.mp. (47)
122. Natriuretic Peptides/ (847)
123. (brain adj natriuretic peptide).mp. (5237)
124. N terminal B type natriuretic peptide.mp. (36)
125. BNP.mp. (4976)
126. N-terminal-pro-natriuretic peptide.mp. (6)
127. NTproBNP.mp. (99)
128. NT-proBNP.mp. (1688)
129. heart type fatty acid binding protein.mp. (196)
130. heart-type fatty acid binding protein.mp. (196)
131. H-FABP.mp. (312)
132. (co-peptin or co?peptin or copeptin).mp. (116)
133. adrenomedullin.mp. or Adrenomedullin/ (2412)
134. ST-2.mp. (181)

- 135. interleukin 33.mp. (104)
- 136. galectin 3.mp. or Galectin 3/ (1455)
- 137. Matrix Metalloproteinase 9/or matrix metalloproteinase 9.mp. (10,074)
- 138. pregnancy-associated plasma protein.mp. (1164)
- 139. pregnancy associated plasma protein A.mp. (1145)
- 140. PAPP-A.mp. (853)
- 141. Ischaemia Modified Albumin.mp. (38)
- 142. early troponin.mp. (7)
- 143. troponin at presentation.mp. (0)
- 144. initial troponin.mp. (18)
- 145. or/20–58 (114,505)

### **Troponin and reference standard terms 60 Troponin T/or Troponin I/ (6449)**

- 146. (troponin T or troponin I).mp. (9156)
- 147. cardiac troponin T.mp. (1573)
- 148. cardiac troponin I.mp. (2114)
- 149. ctnt.mp. (986)
- 150. reference standards/ (27,529)
- 151. reference standard\$.mp. (32,855)
- 152. gold standard.mp. (22,828)
- 153. Major adverse event\*.mp. (803)
- 154. (major cardiac adj events).mp. (497)
- 155. or/60–69 (65,727)

### **Human-only studies**

- 156. human/ (11,609,100)
- 157. animal/ (4,746,079)
- 158. 71 not (71 and 72) (10,378,731)
- 159. 19 and 59 and 70 and 73 (2306)

### **Not case-control studies**

- 160. Case-Control Studies/ (131,351)
- 161. 74 not 75 (2238)

### **Prognostics filter**

- 162. prognosis.sh. (298,607)
- 163. diagnosed.tw. (261,406)
- 164. cohort:.mp. (226,523)
- 165. predictor:.tw. (148,838)
- 166. death.tw. (366,188)
- 167. exp models, statistical/ (191,474)
- 168. or/77–82 (1,290,944)

### **Date limits**

- 169. limit 83 to yr="1995 -Current" (969,679)
- 170. 76 and 84 (876)

## **CTCA/ETT review diagnostic accuracy search: a MEDLINE example**

### **Chest pain population terms**

- 1. exp Chest Pain/ (43,388)
- 2. (chest adj (pain or discomfort or tight\* or pressure)).mp. (23,109)

3. chest-pain.mp. (21,868)
4. (cardiac adj pain).mp. (359)
5. (thora\* adj pain).mp. (1021)
6. Acute Coronary Syndrome/ (3225)
7. acute coronary syndrome.mp. (7796)
8. (acute adj coronary adj syndrome).mp. (7796)
9. Angina, Unstable/ (7731)
10. unstable angina.mp. (9938)
11. (unstable adj2 angina).mp. (13,062)
12. Myocardial Infarction/ (126,097)
13. myocardial.mp. (307,231)
14. infarct\*.mp. (222,416)
15. (myocardial adj infarction).mp. (163,611)
16. heart attack.mp. (2541)
17. (heart adj (arrest\$or attack\*)).mp. (29,168)
18. (preinfarction or pre-infarction or (pre adj infarction)).mp. (408)
19. or/1–18 (417,635)

### Coronary computed tomography angiography terms

20. Coronary computed tomography angiography.mp. (132)
21. CCTA.mp. (152)
22. ((CT or comput\$tomog\$) adj3 coronary angiogra\$).mp. (992)
23. ((electrocard\$or ecg) adj2 exercise).mp. [mp=title, original title, abstract, name of substance word, subject heading word, unique identifier] (2885)
24. (treadmill or stress or exercise adj2 test).tw
25. 20 or 21 or 22 or 23 (4104)

### Comparator terms

26. coronary angiography/ (40,511)
27. coronary angiogra\$.mp. (49,249)
28. reference standards/ (27,529)
29. reference standard\$.mp. (32,859)
30. gold standard.mp. (22,845)
31. Major adverse event\*.mp. (805)
32. (major cardiac adj events).mp. (497)
33. or/25–31 (105,094)
34. 24 and 33 (2029)

### Human-only studies

35. human/ (11,609,245)
36. animal/ (4,746,107)
37. 34 not (35 and 34) (10,378,871)
38. 19 and 24 and 33 and 36 (1066)

### Diagnostics filter

39. exp "Sensitivity and Specificity"/ (327,472)
40. sensitivity.tw. (425,433)
41. specificity.tw. (267,723)
42. ((pre-test or pretest) adj probability).tw. (932)
43. post-test probability.tw. (258)
44. predictive value\$.tw. (52,099)
45. likelihood ratio\$.tw. (6262)
46. 38 or 39 or 40 or 41 or 42 or 43 or 44 (834,065)

47. 37 and 45 (529)
48. limit 46 to yr="1985 -Current" (497)

## Computed tomographic coronary angiography/exercise treadmill testing review prognostic accuracy search: a MEDLINE example

### *Chest pain population terms*

1. exp Chest Pain/ (43,388)
2. (chest adj (pain or discomfort or tight\* or pressure)).mp. (23,109)
3. chest-pain.mp. (21,868)
4. (cardiac adj pain).mp. (359)
5. (thora\* adj pain).mp. (1021)
6. Acute Coronary Syndrome/ (3225)
7. acute coronary syndrome.mp. (7796)
8. (acute adj coronary adj syndrome).mp. (7796)
9. Angina, Unstable/ (7731)
10. unstable angina.mp. (9938)
11. (unstable adj2 angina).mp. (13,062)
12. Myocardial Infarction/ (126,097)
13. myocardial.mp. (307,231)
14. infarct\*.mp. (222,416)
15. (myocardial adj infarction).mp. (163,611)
16. heart attack.mp. (2541)
17. (heart adj (arrest\$or attack\*)).mp. (29,168)
18. (preinfarction or pre-infarction or (pre adj infarction)).mp. (408)
19. or/1-18 (417,635)

### *Coronary computed tomography angiography terms*

20. Coronary computed tomography angiography.mp. (132)
21. CCTA.mp. (152)
22. ((CT or comput\$tomog\$) adj3 coronary angiogra\$).mp. (992)
23. ((electrocard\$or ecg) adj2 exercise).mp. [mp=title, original title, abstract, name of substance word, subject heading word, unique identifier] (2885)
24. (treadmill or stress or exercise adj2 test).tw
25. 20 or 21 or 22 or 23 (4104)

### *Comparator terms*

26. coronary angiography/ (40,511)
27. coronary angiogra\$.mp. (49,249)
28. reference standards/ (27,529)
29. reference standard\$.mp. (32,859)
30. gold standard.mp. (22,845)
31. Major adverse event\*.mp. (805)
32. (major cardiac adj events).mp. (497)
33. or/25-31 (105,094)
34. 24 and 33 (2029)

### *Human-only studies*

35. human/ (11,609,245)
36. animal/ (4,746,107)
37. 34 not (35 and 34) (10,378,871)
38. 19 and 24 and 33 and 36 (1066)

**Prognostics filter**

39. prognosis.sh. (298,609)
40. diagnosed.tw. (261,629)
41. cohort:.mp. (226,689)
42. predictor:.tw. (148,963)
43. death.tw. (366,380)
44. exp models, statistical/ (191,485)
45. 85 or 86 or 87 or 88 or 89 or 90 (1,291,588)
46. 19 and 24 and 34 and 37 and 91 (287)

**Date limit**

47. limit 92 to yr="1985 -Current" (267)



## Appendix 2 Methodology checklist: the modified QUADAS tool for studies of diagnostic test accuracy

Checklist completed by:

**Circle one option for each question**

Was the spectrum of participants representative of the patients who will receive the test in practice? (i.e. patients presenting to the emergency services or department with chest pain and suspected ACS)	Yes	No	Unclear	N/A
Was the reference standard likely to classify the target condition correctly? (i.e. was it based on the universal definition of MI?)	Yes	No	Unclear	N/A
Was the period between performance of the reference standard and the index test short enough to be reasonably sure that the target condition did not change between the two tests? (i.e. were the two tests both conducted within the 12-hour time frame required for the reference standard?)	Yes	No	Unclear	N/A
Did the whole sample or a random selection of the sample receive verification using the reference standard?	Yes	No	Unclear	N/A
Did participants receive the same reference standard regardless of the index test result?	Yes	No	Unclear	N/A
Was the reference standard independent of the index test? (i.e. the index test did not form part of the reference standard)	Yes	No	Unclear	N/A
Were the index test results interpreted without knowledge of the results of the reference standard?	Yes	No	Unclear	N/A
Were the reference standard results interpreted without knowledge of the results of the index test?	Yes	No	Unclear	N/A
Were uninterpretable, indeterminate or intermediate test results reported? <sup>a</sup>	Yes	No	Unclear	N/A

N/A, not applicable.

<sup>a</sup> This criterion was included in the quality assessment of the CTCA/ETT studies, as there was a risk of uninterpretable results from imaging in this review, which did not apply to the biomarkers review.

Adapted from Whiting *et al.*<sup>28</sup>



## Appendix 3 Studies excluded from the biomarkers review

### Non-troponin or unclear reference standard (n = 59)

1. Alansari SE, Croal BL, Alansari SE, Croal BL. Diagnostic value of heart fatty acid binding protein and myoglobin in patients admitted with chest pain. *Ann Clin Biochem* 2004;**41**:391–6.
2. Anwaruddin S, Januzzi JL, Jr, Baggish AL, Lewandrowski EL, Lewandrowski KB, Anwaruddin S, *et al.* Ischemia-modified albumin improves the usefulness of standard cardiac biomarkers for the diagnosis of myocardial ischemia in the emergency department setting. *Am J Clin Pathol* 2005;**123**:140–5.
3. Baxter MSB. Evaluation of a bedside whole-blood rapid troponin T assay in the emergency department. *Acad Emerg Med* 1997;**4**:1018–24.
4. Brown A, George J, Murphy MJ, Struthers A, Brown A, George J, *et al.* Could BNP screening of acute chest pain cases lead to safe earlier discharge of patients with non-cardiac causes? A pilot study. *QJM* 2007;**100**:755–61.
5. Chan CP, Sanderson JE, Glatz JF, Cheng WS, Hempel A, Renneberg R, *et al.* A superior early myocardial infarction marker. Human heart-type fatty acid-binding protein. *Z Kardiol* 2004;**93**:388–97.
6. Chen L, Guo X, Yang F, Chen L, Guo X, Yang F. Role of heart-type fatty acid binding protein in early detection of acute myocardial infarction in comparison with cTnl, CK-MB and myoglobin. *J Huazhong Univ Sci Technol Med Sci* 2004;**24**:449–51.
7. Collinson PO, Stubbs PJ, Kessler A. Multicentre evaluation of the diagnostic value of cardiac troponin T, CK-MB mass, and myoglobin for assessing patients with suspected acute coronary syndromes in routine clinical practice. *Heart* 2003;**89**:280–6.
8. D’Costa M, Fleming E, Patterson MC, D’Costa M, Fleming E, Patterson MC. Cardiac troponin I for the diagnosis of acute myocardial infarction in the emergency department. *Am J Clin Pathol* 1997;**108**:550–5.
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13. Fernandez Portales JGR. Utility of the serum biochemical markers CPK, CPK MB mass, myoglobin, and cardiac troponin T in a chest pain unit. Which marker determinations should be requested and when? *Rev Esp Cardiol* 2002;**55**:913–20.
14. Fromm RM. Diagnostic accuracy of plasma markers for myocardial infarction: a randomized, double-blind, multicenter study. *Cardiovasc Rev Rep* 2001;**22**:273–276.
15. Goldmann BUL. Quantitative bedside testing of troponin T: Is it equal to laboratory testing? The cardiac reader troponin T (CARE T) study. *Clin Lab* 2004;**50**:1–10.
16. Grand A, Fournis Y, Siramy M, Ghadban W, Douieb A, Daboura A, *et al.* Value of mass measurement of the MB isoenzyme of creatinine phosphokinase in the diagnosis of recent myocardial infarction. *Arch Mal Coeur Vaiss* 1997;**90**:807–15.
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24. Lin RMH, Fatovich DM, Grasko JM, Vasikaran SD. Ischaemia modified albumin cannot be used for rapid exclusion of acute coronary syndrome. *Emerg Med J* 2010;**27**:668–71.
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27. McBride JH, OConnell JT. Assessment of creatine kinase MB, relative index calculation, troponin T and troponin I in the diagnoses of acute myocardial infarction. *Clin Chem* 1997;**43**:107.
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29. McCord JN. Ninety-minute exclusion of acute MI using cardiac markers. *Cardiol Rev* 2002;**19**:22–5.
30. Mills NL. Implementation of a sensitive troponin I assay and risk of recurrent myocardial infarction and death in patients with suspected acute coronary syndrome. *JAMA* 2011;**305**:1210–16.
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48. Seino Y, Tomita Y, Takano T, Ohbayashi K, Tokyo Rapid-Test Office Cardiologists (Tokyo-ROC) Study, Seino Y, et al. Office cardiologists cooperative study on whole blood rapid panel tests in patients with suspicious acute myocardial infarction: comparison between heart-type fatty acid-binding protein and troponin T tests. *Circ J* 2004;**68**:144–8.
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## Prognosis-only studies that analyse only troponin and/or creatine kinase MB isoenzyme as variables (n = 18)

1. Christ M, Popp S, *et al.* Implementation of High Sensitivity Cardiac Troponin T Measurement in the Emergency Department. *Am J Med* 2010;**123**:1134–42.
2. deFilippi CR, Tocchi M, Parmar RJ, Rosanio S, Abreo G, Potter MA, *et al.* Cardiac troponin T in chest pain unit patients without ischemic electrocardiographic changes: angiographic correlates and long-term clinical outcomes. *J Am Coll Cardiol* 2000;**35**:1827–34.
3. deFilippi CR, Parmar RJ, Potter MA, Tocchi M, deFilippi CR, Parmar RJ, *et al.* Diagnostic accuracy, angiographic correlates and long-term risk stratification with the troponin T ultra sensitive Rapid Assay in chest pain patients at low risk for acute myocardial infarction. *Eur Heart J* 1998;(Suppl. 19):42–7.
4. Goodacre S, Locker T. Which diagnostic tests are most useful in a chest pain unit protocol? *BMC Emerg Med* 2005;**5**:6.
5. Herkner H, Waldenhofer U, Laggner AN, Ilner M, Oschatz E, Spitzauer S, *et al.* Clinical application of rapid quantitative determination of cardiac troponin-T in an emergency department setting. *Resuscitation* 2001;**49**:259–64.
6. Kontos MC, Shah R, Fritz LM, Anderson FP, Tatum JL, Ornato JP, *et al.* Implication of different cardiac troponin I levels for clinical outcomes and prognosis of acute chest pain patients. *J Am Coll Cardiol* 2004;**43**:958–65.
7. Kontos MCA. Ability of troponin I to predict cardiac events in patients admitted from the emergency department. *J Am Coll Cardiol* 2000;**36**:1818–23.
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11. Mills NL. Implementation of a sensitive troponin i assay and risk of recurrent myocardial infarction and death in patients with suspected acute coronary syndrome. *JAMA* 2011;**305**:1210–16.
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15. Peacock WF IV, Emerman CL, McErlean ES, Deluca SA, Van LF, Rao JS, *et al.* Prediction of short- and long-term outcomes by troponin T levels in low-risk patients evaluated for acute coronary syndromes. *Ann Emerg Med* 2000;**35**:213–20.

16. Rao SV, Ohman EM, Granger CB, Armstrong PW, Gibler WB, Christenson RH, *et al.* Prognostic value of isolated troponin elevation across the spectrum of chest pain syndromes. *Am J Cardiol* 2003;**91**:936–40.
17. Solymoss BC, Bourassa MG, Fortier A, roux P, Solymoss BC, Bourassa MG, *et al.* Evaluation and risk stratification of acute coronary syndromes using a low cut-off level of cardiac troponin T, combined with CK-MB mass determination. *Clin Biochem* 2004;**37**:286–92.
18. Wilcox G, Archer PD, Bailey M, Dziukas L, Lim CF, Schneider HG, *et al.* Measurement of cardiac troponin I levels in the emergency department: predictive value for cardiac and all-cause mortality. *Med J Aust* 2001;**174**:170–3.

### Wrong outcomes for this review (n = 5)

1. Kurata AW. Clinical usefulness of heart-type fatty acid binding protein as an early marker of myocardial damage. *Jpn J Interv Cardiol* 2003;**18**:463–9.
2. Liyan C, Jie Z, Xiaozhou H. Prognostic value of combination of heart-type fatty acid-binding protein and ischemia-modified albumin in patients with acute coronary syndromes and normal troponin T values. *J Clin Lab Anal* 2009;**23**:14–18.
3. Lozano T, Ena J, Almenar V, Graells M, Molina J, Antorrena I, *et al.* Evaluation of patients with acute chest pain of uncertain origin by means of serial measurements high-sensitivity C-reactive protein. *Rev Esp Cardiol* 2007;**60**:817–24.
4. Ruzgar O, Bilge AK, Bugra Z, Umman S, Yilmaz E, Ozben B, *et al.* The use of human heart-type fatty acid-binding protein as an early diagnostic biochemical marker of myocardial necrosis in patients with acute coronary syndrome, and its comparison with troponin-T and creatine kinase-myocardial band. *Heart Ves* 2006;**21**:309–14.
5. Sypniewska GS. The use of biochip cardiac array technology for early diagnosis of acute coronary syndromes. *J Med Biochem* 2009;**28**:293–9.

### Not available (n = 4)

1. Ellenius J, Groth T, Lindahl B, Ellenius J, Groth T, Lindahl B. Neural network analysis of biochemical markers for early assessment of acute myocardial infarction. *Stud Health Technol Inform* 1997;**43**:382–5.
2. Higuchi K, Abe S, Matsuoka T, Nakajima H, Toda H, Akazaki Y, *et al.* [Usefulness of rapid quantitative cardiac troponin T and myoglobin assays for the diagnosis of acute myocardial infarction.] *J Cardiol* 2003;**41**:55–62.
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4. Viggiano MS. Prehospital diagnosis and direction of patients suspected of acute coronary syndrome. Feasibility of the combined evaluation of a single blood sample value of cardiac troponin-I, myoglobin, and creatine phosphokinase MB. *JEUR* 2000;**13**:229–34.

### Issues with timing of index and reference tests (*n* = 4)

1. Collinson PO, Gaze DC, Morris F, Morris B, Price A, Goodacre S, *et al.* Comparison of biomarker strategies for rapid rule out of myocardial infarction in the emergency department using ACC/ESC diagnostic criteria. *Ann Clin Biochem* 2006;**43**:273–80.
2. Goodacre S, Locker T, Arnold J, Angelin K, Morris F. Which diagnostic tests are most useful in a chest pain unit protocol? *BMC Emerg Med* 2005;**5**:6.
3. Januzzi JL, Bamberg F, Lee H, Truong QA, Nichols JH, Karakas M, *et al.* High-sensitivity troponin T concentrations in acute chest pain patients evaluated with cardiac computed tomography. *Circulation* 2010;**121**:1227–34.
4. Kavsak PA, MacRae AR, Lustig V, Bhargava R, Vandersluis R, Palomaki GE, *et al.* The impact of the ESC/ACC redefinition of myocardial infarction and new sensitive troponin assays on the frequency of acute myocardial infarction. *Am Heart J* 2006;**152**:118–25.

### Less than 80% of sample received tests (*n* = 1)

1. Straface AL, Myers JH, Kirchick HJ, Blick KE, Straface AL, Myers JH, *et al.* A rapid point-of-care cardiac marker testing strategy facilitates the rapid diagnosis and management of chest pain patients in the emergency department. *Am J Clin Pathol* 2008;**129**:788–95.

### Language issues (*n* = 1)

1. Rembek M, Goch A, Chizynski K, Goch JH, Rembek M, Goch A, *et al.* [Estimation of clinical reliability and diagnostic usefulness of human fatty acid-binding protein in acute coronary syndromes.] *Pol Merkuriusz Lek* 2006;**21**:418–22.



## Appendix 4 Studies excluded from the computed tomographic coronary angiography and exercise electrocardiography review

1. Achenbach S, Daniel WG. Cardiac imaging in the patient with chest pain: coronary CT angiography. *Heart* 2010;**96**:1241–6.
2. Al-Mallah M, Alqaisi F, Arafeh A, Lakhdar R, Al-Tamsheh R, Ananthasubramaniam K. Long term favorable prognostic value of negative treadmill echocardiogram in the setting of abnormal treadmill electrocardiogram: a 95 month median duration follow-up study. *J Am Soc Echocardiogr* 2008;**21**:1018–22.
3. Bamberg F, Truong QA, Blankstein R, Nasir K, Lee H, Rogers IS, *et al.* Usefulness of age and gender in the early triage of patients with acute chest pain having cardiac computed tomographic angiography. *Am J Cardiol* 2009;**104**:1165–70.
4. Beigel R, Oieru D, Goitein O, Chouraqui P, Konen E, Shamiss A, *et al.* Usefulness of Routine Use of Multidetector Coronary Computed Tomography in the “Fast Track” Evaluation of Patients With Acute Chest Pain. *Am J Cardiol* 2009;**103**:1481–6.
5. Bokhari S. Shahzad. Superiority of exercise myocardial perfusion imaging compared with the exercise ECG in the diagnosis of coronary artery disease. *Coron Artery Dis* 2008;**19**:399–404.
6. Budoff MJD. Diagnostic performance of 64-multidetector Row coronary computed tomographic angiography for evaluation of coronary artery stenosis in individuals without known coronary artery disease. Results from the Prospective Multicenter ACCURACY (Assessment by Coronary Computed Tomographic Angiography of Individuals Undergoing Invasive Coronary Angiography) Trial. *J Am Coll Cardiol* 2008;**52**:1724–32.
7. Butler J, Shapiro M, Reiber J, Sheth T, Ferencik M, Kurtz EG, *et al.* Extent and distribution of coronary artery disease: A comparative study of invasive versus noninvasive angiography with computed angiography. *Am Heart J* 2007;**153**:378–84.
8. Carrascosa PM, Capunay CM, Parodi JC, Padilla LT, Johnson P, Carrascosa JM, *et al.* General utilities of multislice tomography in the cardiac field. *Herz* 2003;**28**:44–51.
9. Chang AM, Shofer FS, Weiner MG, Synnestvedt MB, Litt HI, Baxt WG, *et al.* Actual financial comparison of four strategies to evaluate patients with potential acute coronary syndromes. *Acad Emerg Med* 2008;**15**:649–55.
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## Appendix 5 Expected discounted quality-adjusted life-years of general population according to age and sex

Age (years)	Male	Female
20	23.84	23.27
21	23.69	23.12
22	23.45	22.89
23	23.29	22.73
24	23.12	22.57
25	22.95	22.40
26	22.78	22.23
27	22.50	21.96
28	22.32	21.78
29	22.13	21.59
30	21.93	21.40
31	21.73	21.20
32	21.53	21.00
33	21.19	20.68
34	20.98	20.46
35	20.75	20.24
36	20.53	20.02
37	20.14	19.65
38	19.90	19.41
39	19.65	19.16
40	19.39	18.91
41	18.95	18.48
42	18.68	18.21
43	18.40	17.94
44	18.11	17.66
45	17.61	17.16
46	17.30	16.86
47	16.98	16.55

Age (years)	Male	Female
48	16.41	16.00
49	16.08	15.66
50	15.73	15.32
51	15.09	14.70
52	14.71	14.33
53	14.33	13.96
54	13.93	13.57
55	13.53	13.18
56	13.12	12.77
57	12.33	12.00
58	12.26	11.93
59	11.81	11.50
60	11.35	11.05
61	10.88	10.59
62	10.40	10.13
63	9.91	9.64
64	9.40	9.15
65	9.34	9.09
66	8.83	8.59
67	8.30	8.07
68	8.24	8.02
69	7.70	7.49
70	7.15	6.95
71	7.10	6.90
72	6.54	6.35
73	6.49	6.31
74	5.91	5.75
75	5.87	5.70
76	5.28	5.13
77	5.24	5.09
78	4.64	4.51
79	4.61	4.47
80	4.00	3.88
81	3.97	3.85
82	3.94	3.82
83	3.90	3.79
84	3.29	3.19

Age (years)	Male	Female
85	3.26	3.17
86	3.24	3.14
87	2.62	2.54
88	2.60	2.52
89	2.57	2.49
90	2.55	2.47
91	2.53	2.44
92	1.92	1.86
93	1.90	1.84
94	1.88	1.82
95	1.86	1.80
96	1.84	1.78
97	1.82	1.76
98	1.23	1.19
99	0.62	0.60

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## Appendix 6 Cost-effectiveness of adding alternative biomarkers to troponin

Study	Troponin alone		Biomarker combination	
	Costs, £ (95% CI)	QALYs (95% CI)	Costs, £ (95% CI)	QALYs (95% CI)
Body 2011 <sup>57</sup>	1,420,364 (1,409,967 to 1,430,762)	26,295.56 (26,266.8 to 26,234.32)	1,697,541 (1,686,216 to 1,708,865)	26,358.44 (26,330.01 to 26,386.87)
Haltern 2010 <sup>67</sup>	1,560,158 (1,548,772 to 1,571,543)	26,349.19 (26,321.78 to 26,376.60)	1,953,948 (1,941,595 to 1,966,300)	26,379.20 (26,350.30 to 26,408.11)
McCann 2008 <sup>76</sup>	1,614,259 (1,602,809 to 1,625,708)	26,349.09 (26,322.15 to 26,376.03)	1,720,365 (1,708,261 to 1,732,468)	26,374.48 (26,346.03 to 26,402.93)
Mion 2007 <sup>77</sup>	1,473,403 (1,462,493 to 1,484,312)	26,314.38 (26,286.22 to 26,342.54)	1,628,844 (1,617,067 to 1,640,622)	26,347.07 (26,138.76 to 26,375.39)
Keller 2010 <sup>71</sup>	1,522,637 (1,511,247 to 1,534,028)	26,327.06 (26,298.69 to 26,335.43)	1,820,502 (1,808,408 to 1,832,596)	26,362.73 (26,332.55 to 26,392.92)
Reichlin 2009 <sup>80</sup>	1,614,259 (1,602,809 to 1,625,708)	26,349.09 (26,322.15 to 26,376.03)	1,874,782 (1,862,104 to 1,887,460)	26,382.12 (26,353.68 to 26,410.56)
Keller 2010 <sup>71</sup>	1,522,637 (1,511,247 to 1,534,028)	26,327.06 (26,298.69 to 26,335.43)	1,713,718 (1,701,987 to 1,725,450)	26,357.42 (26,329.10 to 26,385.73)
Mion 2007 <sup>77</sup>	1,473,403 (1,462,493 to 1,484,312)	26,314.38 (26,286.22 to 26,342.54)	1,673,692 (1,661,891 to 1,685,493)	26,356.08 (26,326.76 to 26,385.40)
Collinson 2006 <sup>48</sup>	1,716,809 (1,704,484 to 1,729,134)	26,380.72 (26,353.12 to 26,408.32)	2,199,735 (2,187,170 to 2,212,300)	26,386.00 (26,357.28 to 26,414.71)
Keating 2006 <sup>70</sup>	1,570,178 (1,558,422 to 1,581,935)	26,350.59 (26,322.48 to 26,378.71)	2,344,645 (2,332,475 to 2,356,815)	26,378.56 (26,351.16 to 26,405.97)



## Appendix 7 Diagnostic model probabilistic sensitivity analysis results

### Probability of cost-effectiveness in doctor-on-demand scenario

Lambda ( $\lambda$ ), £	Prob NoT	Prob 10%	Prob 99th	Prob Hi Sens	Prob 10-hour Trop
0	1	0	0	0	0
1000	1	0	0	0	0
2000	1	0	0	0	0
3000	0.0054	0.5724	0.2844	0.1378	0
4000	0	0.4074	0.3349	0.2577	0
5000	0	0.3186	0.3298	0.3510	0.0006
6000	0	0.2603	0.3076	0.4298	0.0023
7000	0	0.2155	0.2834	0.4903	0.0108
8000	0	0.1799	0.2574	0.5309	0.0318
9000	0	0.1515	0.2301	0.5585	0.0599
10,000	0	0.1266	0.2057	0.5751	0.0926
11,000	0	0.1075	0.1828	0.5813	0.1284
12,000	0	0.0924	0.1628	0.5792	0.1656
13,000	0	0.0782	0.1434	0.5771	0.2013
14,000	0	0.0682	0.1277	0.5701	0.2340
15,000	0	0.0609	0.1145	0.5628	0.2618
16,000	0	0.0539	0.1038	0.5501	0.2922
17,000	0	0.0481	0.0953	0.5395	0.3171
18,000	0	0.0409	0.0876	0.5281	0.3434
19,000	0	0.0369	0.0800	0.5167	0.3664
20,000	0	0.0335	0.0718	0.5041	0.3906
21,000	0	0.0309	0.0663	0.4933	0.4095
22,000	0	0.0272	0.0632	0.4815	0.4281
23,000	0	0.0246	0.0597	0.4678	0.4479
24,000	0	0.0225	0.0561	0.4568	0.4646
25,000	0	0.0210	0.0516	0.4454	0.4820
26,000	0	0.0195	0.0480	0.4363	0.4962

Lambda ( $\lambda$ ), £	Prob NoT	Prob 10%	Prob 99th	Prob Hi Sens	Prob 10-hour Trop
27,000	0	0.0177	0.0453	0.4258	0.5112
28,000	0	0.0162	0.0431	0.4158	0.5249
29,000	0	0.0151	0.0407	0.4070	0.5372
30,000	0	0.0144	0.0377	0.3944	0.5535
31,000	0	0.0135	0.0357	0.3848	0.5660
32,000	0	0.0131	0.0342	0.3750	0.5777
33,000	0	0.0128	0.0329	0.3659	0.5884
34,000	0	0.0127	0.0312	0.3562	0.5999
35,000	0	0.0122	0.0299	0.3480	0.6099
36,000	0	0.0113	0.0287	0.3409	0.6191
37,000	0	0.0103	0.0283	0.3319	0.6295
38,000	0	0.0093	0.0269	0.3252	0.6386
39,000	0	0.0089	0.0259	0.3192	0.6460
40,000	0	0.0089	0.0253	0.3130	0.6528
41,000	0	0.0085	0.0241	0.3067	0.6607
42,000	0	0.0083	0.0235	0.2999	0.6683
43,000	0	0.0078	0.0233	0.2915	0.6774
44,000	0	0.0075	0.0229	0.2847	0.6849
45,000	0	0.0072	0.0226	0.2790	0.6912
46,000	0	0.0070	0.0222	0.2738	0.6970
47,000	0	0.0068	0.0216	0.2685	0.7031
48,000	0	0.0066	0.0206	0.2639	0.7089
49,000	0	0.0064	0.0197	0.2580	0.7159
50,000	0	0.0060	0.0194	0.2527	0.7219

Prob 10%, probability that using standard troponin at presentation with a 10% coefficient of variation threshold is cost-effective; Prob 10-hour trop, probability that using standard troponin at 10 hours is cost-effective; Prob 99th, probability that using standard troponin at presentation with a 99th percentile threshold is cost-effective; Prob Hi Sens, probability that using high-sensitivity troponin at presentation is cost-effective; Prob NoT, probability that no testing or treatment is cost-effective.

## Probability of cost-effectiveness in twice-daily ward scenario

Lambda ( $\lambda$ ), £	Prob NoT	Prob 10%	Prob 99th	Prob Hi Sens	Prob 10-hour Trop
0	1	0	0	0	0
1000	1	0	0	0	0
2000	1	0	0	0	0
3000	0.1089	0.6946	0.1965	0	0
4000	0.0003	0.5894	0.3816	0.0287	0
5000	0	0.4845	0.4236	0.0919	0
6000	0	0.4093	0.4173	0.1734	0
7000	0	0.3519	0.3998	0.2483	0
8000	0	0.3060	0.3778	0.3160	0.0002
9000	0	0.2667	0.3548	0.3783	0.0002
10,000	0	0.2366	0.3349	0.4276	0.0009
11,000	0	0.2111	0.3117	0.4753	0.0019
12,000	0	0.1927	0.2928	0.5100	0.0045
13,000	0	0.1748	0.2768	0.5403	0.0081
14,000	0	0.1612	0.2585	0.5665	0.0138
15,000	0	0.1486	0.2453	0.5864	0.0197
16,000	0	0.1370	0.2345	0.6019	0.0266
17,000	0	0.1271	0.2238	0.6131	0.0360
18,000	0	0.1178	0.2129	0.6234	0.0459
19,000	0	0.1091	0.2037	0.6300	0.0572
20,000	0	0.1030	0.1932	0.6352	0.0686
21,000	0	0.0968	0.1820	0.6388	0.0824
22,000	0	0.0905	0.1734	0.6429	0.0932
23,000	0	0.0844	0.1648	0.6437	0.1071
24,000	0	0.0792	0.1552	0.6422	0.1234
25,000	0	0.0751	0.1464	0.6414	0.1371
26,000	0	0.0707	0.1386	0.6398	0.1509
27,000	0	0.0671	0.1321	0.6378	0.1630
28,000	0	0.0641	0.1273	0.6357	0.1729
29,000	0	0.0597	0.1208	0.6343	0.1852
30,000	0	0.0569	0.1169	0.6295	0.1967
31,000	0	0.0534	0.1124	0.6248	0.2094
32,000	0	0.0505	0.1082	0.6207	0.2206
33,000	0	0.0476	0.1051	0.6145	0.2328
34,000	0	0.0455	0.1015	0.6100	0.2430

Lambda ( $\lambda$ ), £	Prob NoT	Prob 10%	Prob 99th	Prob Hi Sens	Prob 10-hour Trop
35,000	0	0.0435	0.0979	0.6050	0.2536
36,000	0	0.0400	0.0947	0.5997	0.2656
37,000	0	0.0380	0.0909	0.5943	0.2768
38,000	0	0.0361	0.0874	0.5875	0.2890
39,000	0	0.0347	0.0840	0.5815	0.2998
40,000	0	0.0333	0.0814	0.5759	0.3094
41,000	0	0.0316	0.0776	0.5720	0.3188
42,000	0	0.0303	0.0743	0.5644	0.3310
43,000	0	0.0293	0.0724	0.5579	0.3404
44,000	0	0.0282	0.0697	0.5525	0.3496
45,000	0	0.0271	0.0674	0.5459	0.3596
46,000	0	0.0263	0.0656	0.5392	0.3689
47,000	0	0.0251	0.0643	0.5335	0.3771
48,000	0	0.0243	0.0623	0.5262	0.3872
49,000	0	0.0233	0.0597	0.5220	0.3950
50,000	0	0.0228	0.0589	0.5182	0.4001

Prob 10%, probability that using standard troponin at presentation with a 10% coefficient of variation threshold is cost-effective; Prob 10-hour trop, probability that using standard troponin at 10 hours is cost-effective; Prob 99th, probability that using standard troponin at presentation with a 99th percentile threshold is cost-effective; Prob Hi Sens, probability that using high-sensitivity troponin at presentation is cost-effective; Prob NoT, probability that no testing or treatment is cost-effective.

## Probability of cost-effectiveness in once-daily ward scenario

Lambda ( $\lambda$ ), £	Prob NoT	Prob 10%	Prob 99th	Prob Hi Sens	Prob 10-hour trop
0	1	0	0	0	0
1000	1	0	0	0	0
2000	1	0	0	0	0
3000	0.5785	0.4185	0.0030	0	0
4000	0.0014	0.7478	0.2489	0.0019	0
5000	0.0001	0.6277	0.3513	0.0209	0
6000	0	0.5445	0.3918	0.0637	0
7000	0	0.4735	0.4038	0.1227	0
8000	0	0.4191	0.3959	0.1850	0
9000	0	0.3693	0.3821	0.2486	0
10,000	0	0.3286	0.3677	0.3037	0
11,000	0	0.2926	0.3503	0.3569	0.0002
12,000	0	0.2657	0.3336	0.4005	0.0002
13,000	0	0.2412	0.3171	0.4408	0.0009
14,000	0	0.2216	0.3020	0.4750	0.0014
15,000	0	0.2041	0.2881	0.5051	0.0027
16,000	0	0.1894	0.2741	0.5317	0.0048
17,000	0	0.1757	0.2623	0.5548	0.0072
18,000	0	0.1639	0.2518	0.5735	0.0108
19,000	0	0.1549	0.2438	0.5873	0.0140
20,000	0	0.1457	0.2353	0.5997	0.0193
21,000	0	0.1377	0.2281	0.6099	0.0243
22,000	0	0.1300	0.2188	0.6206	0.0306
23,000	0	0.1223	0.2122	0.6291	0.0364
24,000	0	0.1163	0.2039	0.6365	0.0433
25,000	0	0.1112	0.1970	0.6414	0.0504
26,000	0	0.1058	0.1899	0.6464	0.0579
27,000	0	0.1004	0.1829	0.6493	0.0674
28,000	0	0.0964	0.1759	0.6517	0.0760
29,000	0	0.0916	0.1707	0.6521	0.0856
30,000	0	0.0883	0.1647	0.6547	0.0923
31,000	0	0.0840	0.1576	0.6553	0.1031
32,000	0	0.0805	0.1512	0.6529	0.1154
33,000	0	0.0770	0.1451	0.6521	0.1258
34,000	0	0.0739	0.1397	0.6520	0.1344

Lambda ( $\lambda$ ), £	Prob NoT	Prob 10%	Prob 99th	Prob Hi Sens	Prob 10-hour trop
35,000	0	0.0712	0.1359	0.6508	0.1421
36,000	0	0.0685	0.1313	0.6486	0.1516
37,000	0	0.0657	0.1270	0.6484	0.1589
38,000	0	0.0629	0.1236	0.6466	0.1669
39,000	0	0.0605	0.1189	0.6426	0.1780
40,000	0	0.0582	0.1164	0.6390	0.1864
41,000	0	0.0553	0.1139	0.6367	0.1941
42,000	0	0.0534	0.1104	0.6324	0.2038
43,000	0	0.0518	0.1074	0.6290	0.2118
44,000	0	0.0500	0.1043	0.6257	0.2200
45,000	0	0.0478	0.1022	0.6228	0.2272
46,000	0	0.0458	0.0996	0.6196	0.2350
47,000	0	0.0444	0.0965	0.6166	0.2425
48,000	0	0.0424	0.0932	0.6143	0.2501
49,000	0	0.0402	0.0916	0.6111	0.2571
50,000	0	0.0383	0.0889	0.6067	0.2661

Prob 10%, probability that using standard troponin at presentation with a 10% coefficient of variation threshold is cost-effective; Prob 10-hour trop, probability that using standard troponin at 10 hours is cost-effective; Prob 99th, probability that using standard troponin at presentation with a 99th percentile threshold is cost-effective; Prob Hi Sens, probability that using high-sensitivity troponin at presentation is cost-effective; Prob NoT, probability that no testing or treatment is cost-effective.

## Appendix 8 Prognostic model probabilistic sensitivity analysis results

### Probability of cost-effectiveness using RATPAC data

Lambda ( $\lambda$ ), £	Prob NoT	Prob ETT	Prob HF	Prob CTCA	Prob CA
0	1	0	0	0	0
5000	1	0	0	0	0
10,000	1	0	0	0	0
15,000	1	0	0	0	0
20,000	1	0	0	0	0
25,000	1	0	0	0	0
30,000	1	0	0	0	0
35,000	1	0	0	0	0
40,000	1	0	0	0	0
45,000	1	0	0	0	0
50,000	1	0	0	0	0
55,000	1	0	0	0	0
60,000	0.9999	0	0.0001	0	0
65,000	0.9932	0	0.0068	0	0
70,000	0.9709	0	0.0291	0	0
75,000	0.9217	0	0.0783	0	0
80,000	0.8542	0	0.1458	0	0
85,000	0.7755	0	0.2245	0	0
90,000	0.6850	0	0.3150	0	0
95,000	0.5974	0	0.4026	0	0
100,000	0.5115	0	0.4885	0	0
105,000	0.4336	0	0.5662	0.0002	0
110,000	0.3599	0	0.6389	0.0012	0
115,000	0.2920	0	0.7055	0.0025	0
120,000	0.2372	0	0.7562	0.0066	0
125,000	0.1863	0	0.8024	0.0113	0
130,000	0.1427	0	0.8398	0.0175	0

Lambda ( $\lambda$ ), £	Prob NoT	Prob ETT	Prob HF	Prob CTCA	Prob CA
135,000	0.1129	0	0.8620	0.0251	0
140,000	0.0847	0	0.8820	0.0333	0
145,000	0.0618	0	0.8938	0.0444	0
150,000	0.0449	0	0.8943	0.0608	0
155,000	0.0322	0	0.8919	0.0759	0
160,000	0.0241	0	0.8808	0.0951	0
165,000	0.0178	0	0.8678	0.1144	0
170,000	0.0121	0	0.8564	0.1315	0
175,000	0.0073	0	0.8388	0.1539	0
180,000	0.0059	0	0.8198	0.1743	0
185,000	0.0042	0	0.7989	0.1969	0
190,000	0.0024	0	0.7763	0.2213	0
195,000	0.0014	0	0.7550	0.2436	0
200,000	0.0011	0	0.7337	0.2652	0
205,000	0.0006	0	0.7106	0.2888	0
210,000	0.0004	0	0.6879	0.3117	0
215,000	0.0002	0	0.6630	0.3368	0
220,000	0.0001	0	0.6401	0.3598	0
225,000	0.0001	0	0.6203	0.3796	0
230,000	0	0	0.5981	0.4019	0
235,000	0	0	0.5775	0.4225	0
240,000	0	0	0.5586	0.4414	0
245,000	0	0	0.5411	0.4589	0
250,000	0	0	0.5235	0.4765	0

Prob CA, probability that invasive coronary angiography is cost-effective; Prob CTCA, probability that CT coronary angiography is cost-effective; Prob ETT, probability that exercise tolerance testing is cost-effective; Prob HF, probability that H-FABP is cost-effective; Prob NoT, probability that no testing or treatment is cost-effective.

## Probability of cost-effectiveness using Mills data<sup>155</sup>

Lambda ( $\lambda$ ), £	Prob NoT	Prob ETT	Prob HF	Prob CTCA	Prob CA
0	1	0	0	0	0
1000	1	0	0	0	0
2000	1	0	0	0	0
3000	1	0	0	0	0
4000	1	0	0	0	0
5000	1	0	0	0	0
6000	0.9864	0	0.0136	0	0
7000	0.8634	0	0.1349	0.0017	0
8000	0.6044	0	0.3672	0.0284	0
9000	0.3331	0.0001	0.5309	0.1359	0
10,000	0.1566	0.0009	0.5269	0.3156	0
11,000	0.0588	0.0012	0.4184	0.5216	0
12,000	0.0167	0.0010	0.2849	0.6974	0
13,000	0.0027	0.0012	0.1722	0.8239	0
14,000	0.0002	0.0005	0.0939	0.9054	0
15,000	0	0.0001	0.0442	0.9557	0
16,000	0	0.0001	0.0187	0.9812	0
17,000	0	0.0003	0.0073	0.9924	0
18,000	0	0	0.0029	0.9971	0
19,000	0	0	0.0010	0.9990	0
20,000	0	0	0.0002	0.9998	0
21,000	0	0	0	1	0

Prob CA, probability that invasive coronary angiography is cost-effective; Prob CTCA, probability that CT coronary angiography is cost-effective; Prob ETT, probability that exercise tolerance testing is cost-effective; Prob HF, probability that H-FABP is cost-effective; Prob NoT, probability that no testing or treatment is cost-effective.



# Appendix 9 Final project description

## Project title

Cost-effectiveness of diagnostic strategies for suspected acute coronary syndrome (ACS).

## Planned investigation

### Research objectives

1. To estimate the diagnostic accuracy for myocardial infarction and prognostic accuracy for cardiac events of biomarkers used to investigate suspected ACS.
2. To estimate the cost-effectiveness of biomarker strategies for investigating suspected ACS.
3. To estimate the diagnostic accuracy for coronary artery disease (CAD) and prognostic accuracy for cardiac events of multislice CT coronary angiography and exercise ECG in patients with suspected ACS.
4. To estimate the cost-effectiveness of multislice CT coronary angiography and exercise ECG for investigating patients with troponin-negative suspected ACS.
5. To identify the critical areas of uncertainty in the management of suspected ACS, where future primary research would produce the most benefit.

### Existing research

ACS typically occurs when a patient with CAD develops obstruction of their heart arteries. This can lead to myocardial infarction (MI), heart failure, arrhythmia, cardiac arrest and death. ACS has 6-month mortality of up to 20% [2] and a fifth of patients are rehospitalised within 6 months of their initial admission [3].

ACS usually presents as chest pain and must be differentiated from other common causes of chest pain, such as muscular pain, gastro-oesophageal pain and anxiety. Differentiation is difficult because clinical assessment is unreliable and the ECG may be normal in the presence of ACS. Patients with suspected ACS therefore constitute a large and varied population, many of whom will not have ACS or CAD, but have non-cardiac causes for their chest pain. Accurate identification of ACS and CAD are therefore required to guide subsequent intervention.

Suspected ACS represents a substantial health-care problem and investigation represents a substantial challenge. Chest pain is responsible for around 700,000 emergency department attendances in England and Wales [4], with the main reason for attendance being suspected ACS. *Hospital Episodes Statistics for England* (2006–7) showed 158,342 emergency admissions with ischaemic heart disease, accounting for almost 1 million bed-days. In addition, many of the 351,716 emergency admissions classified as 'signs and symptoms involving the circulatory or respiratory system' will have been due to suspicion of ACS.

Investigation for suspected ACS has two main elements: (1) diagnosis of MI, and (2) diagnosis of underlying CAD. Diagnosis of unstable angina is another consideration but of decreasing importance for reasons outlined below.

### Diagnosis of MI

The term MI usually refers to NSTEMI in the context of investigating suspected ACS. Although ST-elevation MI is included in the definition of ACS it can usually be identified on the presenting ECG and thus does not form part of the typical diagnostic challenge of suspected ACS, although ECG interpretation and differentiation from other causes of ST elevation may present separate challenges.

Clinical diagnosis of NSTEMI, according to the universal definition of MI [5], is based upon an elevation of cardiac biomarkers (preferably troponin) above the 99th percentile of the upper reference limit. Patients with an elevated troponin have an increased risk of adverse outcome and can benefit from hospital admission and treatment. However, troponin does not achieve optimal sensitivity for MI until several hours after the symptoms of MI [6] so guidelines typically recommend delaying sampling until 10–12 h after symptom onset. Most patients with suspected ACS present to hospital within a few hours of symptom onset, so delaying blood sampling usually incurs costs of hospital observation and/or admission. Earlier blood sampling is cheaper but may miss cases of MI, so the timing of sampling and tests used involve a trade-off between cost and accuracy.

### ***Diagnosis of underlying CAD***

Many patients with suspected ACS are known to have CAD and are receiving secondary preventative treatment. However, a substantial proportion of patients have not previously been investigated for CAD. Once MI has been ruled out these patients may be investigated for underlying CAD by either provocative cardiac testing to identify symptoms of CAD induced by exertional or pharmacological stress or anatomical imaging of the coronary arteries. Identification of CAD allows treatment with aspirin, statins and angiotensin converting enzyme inhibitors to be commenced and consideration of coronary revascularisation for high-risk cases.

### ***Unstable angina***

Investigation of suspected ACS also involves identification and treatment of patients with unstable angina. These patients have CAD and worsening symptoms but no evidence of cardiac damage. Previously they constituted the majority of patients with suspected ACS. However, the increasing sensitivity of biochemical tests for myocardial damage, and the redefinition of MI to include all patients with evidence of myocardial damage, means that patients with unstable angina and no myocardial damage are fewer in number and have a relatively low risk of adverse outcome. Furthermore, in the absence of ECG changes there are substantial difficulties defining which patients have unstable angina, since the diagnosis is based upon unreliable clinical features. These factors make it difficult to define the population with unstable angina and estimate any benefits from treatment, beyond secondary prevention for underlying CAD.

### ***Uncertainties in the investigation of suspected ACS***

There have been many published guidelines for the investigation of suspected ACS. Most recently the National Institute for Health and Clinical Excellence (NICE) has issued draft guidance for the management of patients with acute chest pain due to possible ACS [1]. These guidelines have identified areas of uncertainty where further research is required. These are:

1. Evaluation of new, high sensitivity troponin assay methods in low, medium and high-risk groups with acute chest pain, and evaluation of other putative biomarkers in comparison with the diagnostic and prognostic performance of the most clinically effective and cost-effective troponin assays.
2. Investigation of the cost-effectiveness of multislice CT coronary angiography as a first-line test for ruling out obstructive CAD in patients with suspected troponin-negative acute coronary syndromes.

### ***Evaluation of new troponin assays and other biomarkers***

The draft NICE guidelines recommend measurement of troponin levels at 10–12 h after the onset of symptoms to accurately identify cases of MI. This is based upon evidence that troponin levels predict subsequent risk of adverse outcome [7] and response to treatment [8], but do not achieve optimal sensitivity until 10–12 h after symptom onset [6]. However, delaying blood testing until 10–12 h after symptom onset is inconvenient for patients and often incurs additional health-care costs associated with hospital admission and/or observation. Various alternative strategies have been proposed for earlier diagnosis of MI using combinations of biomarkers, measuring biomarker gradients and using newer, more sensitive troponin assays.

Systematic reviews have established the diagnostic [6] and prognostic [7] accuracy of troponin testing in suspected ACS. A systematic review of the diagnostic accuracy of troponin, creatinine kinase, CK-MB and myoglobin [9] established that troponin has the highest accuracy for MI. Sensitivity and specificity of other markers were more modest but could be improved by serial testing, measurement of the gradient rise and using combinations of biomarkers. A systematic review of 22 novel biomarkers, including C-reactive protein, myeloperoxidase, B-type natriuretic peptide and heart-type fatty acid-binding protein [10], concluded that there was insufficient evidence to support the use of these biomarkers in emergency department assessment of suspected ACS. However, more data have emerged since these reviews were published suggesting that early biomarker testing with combinations of troponin, CK-MB and myoglobin may have comparable sensitivity to delayed troponin testing, and some novel biomarkers may provide additional prognostic information in patients with troponin negative suspected ACS. In addition, newer troponin assays capable of detecting changes within the reference interval and capable of significantly earlier detection have been developed and are entering, or have entered, routine clinical use.

Two economic analyses have examined the cost-effectiveness of biomarker strategies in the NHS. Goodacre [11] used a decision analysis model to compare five strategies for patients with undifferentiated chest pain and showed that rapid biomarker testing was most likely to be cost-effective in the NHS while hospital admission was unlikely to be cost-effective. This analysis only evaluated five potential strategies and did not explore uncertainty in estimates. Mant [12] used modelling to compare four strategies for identifying ST-elevation MI and to compare three models of care for patients presenting to primary care with possible angina. The modelling did not therefore evaluate the cost-effectiveness of biomarkers in patients with suspected ACS. Two studies from outside the UK have suggested that the use of troponin T is cost-effective compared with CK-MB [13,14], but neither evaluated other biomarker strategies in suspected ACS.

In summary, there is not yet convincing evidence that alternative biomarker strategies can match the diagnostic accuracy of a 10–12 h troponin. However, there are several reasons why a 10–12 h troponin may not be the optimal approach for the NHS:

1. Diagnostic data for alternative biomarker strategies have not to date been comprehensively and systematically summarised.
2. Alternative biomarkers may provide additional prognostic information beyond that provided by a 10–12 h troponin.
3. Selection of an optimal strategy is fundamentally an issue of cost-effectiveness. A 10–12 h troponin may not be cost-effective compared with earlier strategies, even if it is more accurate, if the benefit of more accurate diagnosis does not justify the additional costs associated with delayed testing.

Systematic reviews of potential biomarker strategies for suspected ACS need to be updated and include analysis of the additional prognostic value provided by these tests. Cost-effectiveness analysis is required to compare potential biomarker strategies in suspected ACS from the perspective of the NHS. This will allow us to determine what is the optimal strategy for the NHS on the basis of currently available data. It will also allow us to identify the most promising biomarker strategies for future evaluation and the key areas of uncertainty for primary research.

### **Multislice CT coronary angiography for troponin negative suspected ACS**

Once MI has been ruled out by a negative 10–12 hour troponin (or alternative biomarker strategy) current European Society of Cardiology guidelines recommend using a stress test (typically exercise ECG) to select patients for further investigation with coronary angiography [15]. Most studies of the diagnostic accuracy of exercise ECG have been undertaken in patients with stable symptoms rather than suspected ACS. The most recent meta-analysis [12] of the diagnostic accuracy of exercise ECG reported that the main diagnostic criterion (ST depression) performed only moderately well, with a positive likelihood ratio of 2.79 for a 1-mm cutoff and 3.85 for a 2-mm cutoff. The negative likelihood ratios were 0.44 and 0.72

respectively. Exercise ECG would therefore be expected to miss a significant proportion of patients with CAD while subjecting others with normal coronary arteries to an unnecessary invasive coronary angiogram.

Multislice CT coronary angiography may provide a more accurate and cost-effective alternative to exercise ECG in troponin negative patients with suspected ACS. As with exercise ECG, most studies have evaluated CT coronary angiography in patients with stable symptoms rather than suspected ACS. A recent systematic review of 21 diagnostic accuracy studies of CT coronary angiography reported a pooled sensitivity of 99% and specificity of 89% for detection of CAD [16]. On the basis of this and similar analyses it has been recommended that CT calcium scoring with CT coronary angiography for selected patients replace exercise ECG [1].

It is not yet clear whether CT coronary angiography could have a similar role in suspected ACS. Four studies (N = 103, 120, 55 and 48) have evaluated its use to detect CAD in patients with suspected ACS, yielding sensitivities of 92 to 100% and specificities of 46% to 92%, depending upon the diagnostic criteria used [17–20]. These studies suggest that CT coronary angiography may be used to rule out significant CAD in patients with troponin negative suspected ACS, but that limited specificity may increase unnecessary investigations and health-care costs.

Two economic analyses from the United States have used modelling to estimate the cost-effectiveness of CT coronary angiography in patients with suspected ACS [21,22]. Both models suggested that CT coronary angiography is cost-effective compared with exercise ECG or stress echocardiography. However, neither analysis involved comparison to a no further testing alternative. Exercise ECG is known to have limited diagnostic accuracy for CAD so it may represent an inefficient comparator. Furthermore, it is not clear whether findings from the high-cost North American health-care system will be reproduced in the NHS.

Cost-effectiveness analysis is required to compare CT coronary angiography and exercise ECG to each other and an alternative of no routine testing for patients with troponin negative suspected ACS. This will allow us to determine what is the optimal strategy for the NHS on the basis of currently available data. It will also allow us to identify whether primary research in the form of a trial is required and if so, what alternatives should be compared and outcomes measured.

## Research methods

### Design

We plan to undertake a cost-effectiveness analysis based on secondary research (systematic review, meta-analysis and decision-analysis modelling) to determine the most appropriate biomarker strategy for investigating patients with suspected ACS and determine whether CT coronary angiography or exercise ECG should be used to investigate troponin negative patients with suspected ACS.

### Systematic reviews and meta-analysis

Systematic reviews and meta-analysis will be used to estimate the diagnostic and/or prognostic value of biomarkers, CT coronary angiography and exercise ECG in patients with suspected ACS. Systematic reviews will also be used to estimate the effectiveness of treatments for MI and CAD and estimate parameters required for the model.

There are a large number of published studies of biomarkers in suspected ACS but many are either of poor quality, due to lack of rigorous follow-up or an appropriate reference standard, or limited relevance because they have recruited a selected cohort of patients (for example, those with few or no co-morbidities or patients selected for coronary care admission). We plan to select studies for inclusion only if they have an appropriate reference standard and/or adequate follow-up, and only if they recruit unselected patients presenting to hospital with suspected ACS. Furthermore, we do not intend to repeat the existing systematic reviews of exercise ECG and CT coronary angiography in patients with stable symptoms and suspected CAD but will instead identify studies recruiting patients with suspected ACS.

We will search the literature for prospective cohort studies of biomarkers, CT coronary angiography and exercise ECG in unselected patients presenting to hospital with suspected ACS in which at least 80% of the cohort receives either:

1. Diagnostic testing for either MI using the universal definition or CAD using coronary angiography
2. Follow up to identify major adverse cardiac events up to at least 30 days after presentation

We will specifically search for studies of the following biomarkers: troponin, creatinine kinase MB, myoglobin, C-reactive protein, myeloperoxidase, B-type natriuretic peptide, heart-type fatty acid-binding protein, copeptin, ST-2 and galectin-15.

We will also use literature reviews to estimate the following parameters for the decision analysis model:

1. The effect of current treatments for MI upon mortality and adverse outcomes
2. The effect of secondary prevention upon long term CAD mortality and morbidity.
3. Quality-adjusted life expectancy after MI and with CAD.
4. The prevalence of MI and CAD and rate of adverse outcomes in a typical NHS population with suspected ACS.
5. Other characteristics of the typical population with suspected ACS: age, gender, prevalence of CAD and risk factors for CAD, clinical features, risk score profiles, and prevalence of abnormal test results (ECG, troponin, creatinine).
6. Long-term costs of care after event-free treatment for MI, after non-fatal adverse events and for CAD.

A hierarchical approach will be used so that the most valid and relevant estimates are given priority (i.e. randomised controlled trials for effectiveness data and prospective cohort studies for prognostic data), while data with low validity or relevance are excluded. Recent published systematic reviews will be used if they are of acceptable quality.

### Search strategy

Relevant studies will be identified through electronic searches of key databases including MEDLINE, EMBASE, Science Citation Index and Biological Abstracts. Published empirical work will be used to identify optimal strategies for prognosis and diagnosis on MEDLINE and EMBASE [23–26]. A single search strategy will be used to identify all citations that include (a) a term or abbreviation for one of the technologies (including the named biomarkers above), (b) a term or abbreviation for ACS, MI or CAD, and (c) filter for cohort or diagnostic studies.

References will also be located through review of reference lists for relevant articles and through use of citation search facilities through the Web of Knowledge's Science Citation Index and Social Science Citation Index. Where existing systematic reviews already exist, these will be used both to identify relevant studies and to inform subsequent analysis. In addition systematic searches of the Internet using the Copernic meta-search engine will be used to identify unpublished materials and work in progress. Key authors and professional and academic research groups will also be contacted and asked for unpublished material.

### Review strategy

The stages of the review will include:

1. Accumulation of references, entry and tagging on a Reference Manager database, enabling studies to be retrieved in each of the above categories by either keyword or textword searches.
2. Two reviewers will independently undertake preliminary review to identify any potentially relevant article based on titles, abstracts and subject indexing. All studies identified for inclusion, together with those where a decision on inclusion is not possible from these brief details, will be obtained for more detailed appraisal.

3. Two reviewers will make decisions on the final composition of included studies, assessed from a hard copy of the item. The decisions will be coded and recorded on the Reference Manager database by the Project Manager.
4. Authors will be contacted, if appropriate, to clarify details and obtain missing data.
5. The quality of each study will be assessed against recognised criteria [23–28].
6. Data extraction will be undertaken independently with discrepancies being discussed by the data extractors. Those that cannot be resolved at this stage will be referred to the rest of the project team.

### Data extraction

The following data will be extracted from each study: population characteristics (age, gender, CAD risk factors, prevalence of known CAD), setting (emergency department, general ward, cardiology ward), characteristics of the index investigation (biomarker, exercise ECG or CT coronary angiography), characteristics of the reference standard and/or outcome measure, methods used to measure outcomes, duration of follow-up, study quality criteria (independence of the reference standard, blinding of the intervention and reference standard), prevalence of MI, CAD and adverse events, true positives, false positives, false negatives and true positives for each outcome. If raw data are not reported we will attempt to calculate these from the reported diagnostic parameters or, in the case of important recent studies, we will contact the authors for clarification.

### Data synthesis

Where appropriate, we will combine data to provide pooled estimates of the accuracy of investigations for MI, CAD and adverse events. Where appropriate data exist we will use Bayesian evidence synthesis to characterise the uncertainty associated with the parameters of interest. Where possible, we will examine the use of baseline characteristics (i.e. covariates) to explain any heterogeneity between studies. We will then attempt to identify the study, or homogeneous studies, that most closely reflects the current typical NHS population and practice.

The model used to analyse the data will depend on characteristics of the data obtained. For example, if diagnostic thresholds can be assumed constant across studies then simple methods of pooling sensitivity and specificity will be conducted [29]. If there is implicit or explicit evidence that diagnostic thresholds differ between primary studies, then sensitivity and specificity cannot be considered independent and simultaneous modelling will be required [30]. A detailed assessment of heterogeneity will be conducted in all instances. If possible, meta-regression will be used to explore whether heterogeneity can be explained by study population characteristics, the characteristics of the intervention, the definition of the outcome or the study quality, although the feasibility of this will depend on the number of individual studies identified and the quality of reporting. Where exploration of covariates is not possible, or (unexplained) heterogeneity remains after the incorporation of covariates into the model(s), random effects will be incorporated to allow for such variability in results between studies.

Covariate effects, unexplainable variability and uncertainty in parameter estimates will all be reflected in the results using cutting-edge meta-analysis approaches. Since the outputs from these analyses will be used in the decision modelling all such sources of variation and uncertainty will be accurately reflected in the decision modelling [31].

### Decision analysis modelling

We will develop our existing decision analysis models [11,32] to evaluate two specific decisions in the investigation of suspected ACS:

1. Which biomarkers should be measured (and when) in patients presenting with suspected ACS?
2. Should exercise ECG or CT coronary angiography be used to identify CAD in patients with troponin negative suspected ACS?

### **MI diagnosis: biomarkers**

We will test up to ten different biomarker strategies selected on the basis of the quality of supporting data from the literature review, the accuracy of the strategy for early MI diagnosis and/or the prognostic value of the strategy. We will also include a 'zero option' of discharging all patients without testing and the current recommended strategy of a 10–12 h troponin for all patients.

Each strategy will be applied in the model to a theoretical cohort of patients attending hospital with suspected ACS with a defined prevalence of MI and a defined prevalence of previously diagnosed and undiagnosed CAD. Estimates of diagnostic and prognostic accuracy from the systematic reviews will determine how many cases of MI are correctly identified, how many cases without MI require further testing and how many expected adverse events would be accurately predicted. We will assume that patients with positive biomarkers will receive hospital treatment while those with negative biomarkers will be discharged home. Adverse outcomes up to six months in patients with MI at presentation will be determined by whether the patient receives appropriate treatment. Adverse outcomes up to six months in patients without MI will be determined by whether the patient has CAD and whether a positive biomarker test predicts their risk of adverse outcome.

Initially we will assume that patients with negative biomarkers receive exercise ECG testing and subsequent coronary angiography if positive, according to current guidelines. We will then explore interactions between MI and CAD diagnosis.

### **CAD diagnosis: exercise ECG or CT coronary angiography**

Initially we will assume that all patients receive diagnostic testing for MI with a 10–12 h troponin, before exploring interactions between MI and CAD diagnosis.

We will test strategies of using exercise ECG, CT coronary angiography and no CAD testing for biomarker negative patients. We will also test strategies based on these approaches but using different decision thresholds for undertaking coronary angiography and instituting secondary prevention on the basis of first-line tests. For the baseline analysis the decision threshold will be  $\geq 50\%$  luminal diameter stenosis in a major epicardial vessel for CT coronary angiography and greater than 2-mm ST depression on exercise ECG. We will estimate long-term outcomes depending upon whether each patient has CAD or not and whether they receive secondary prevention and/or percutaneous coronary intervention consequent upon positive findings at coronary angiography.

Long-term outcomes will be modelled as QALYs, determined by whether patients suffer death or adverse outcome up to six months, and whether they suffer subsequent CAD-related mortality or morbidity. Cohort study and registry data identified by the literature review or used in previous models [32,33] will be used to estimate QALYs after adverse events.

A societal costing perspective will be used and the following costs estimated from literature review and expert panel assessment: clinical assessment, tests, hospital admission, outpatient review, general practitioner review, treatments for MI or CAD, treatments for adverse outcomes, long-term costs of care and productivity losses. Where possible the modelling will adhere to the NICE reference case [34] with sensitivity analyses conducted on including further aspects such as productivity losses.

These costs, and the results of evidence synthesis, will be applied to the model and probabilistic modelling used to estimate the net benefit [35] of each strategy at varying thresholds of willingness to pay for health gain. The optimum strategy will be the one with the maximum expected net benefit at the NICE threshold of £20,000 per QALY gained. This will be the most appropriate strategy for the NHS. Modelling will be an iterative process with estimates of net benefit from the model being used to inform the development of new strategies until all potentially feasible alternatives have been explored.

The methodology used in the decision analytic model will be dependent on the data that are available and the number of health states following ACS that are necessary to incorporate, with the most appropriate technique selected. Probabilistic sensitivity analyses [36] in conjunction with jackknife techniques [37] will be conducted to formulate the mean cost-effectiveness and net benefit of each strategy, together with the probabilities of positive net benefit, cost-effectiveness acceptability curves and the cost-effectiveness frontier [38]. These analyses will facilitate the calculation of both full and partial expected value of perfect information [39], and if it is deemed appropriate an evaluation of the expected value of sample information will also be conducted [40].

### Project timetable and milestones:

The project will commence on 1 April 2010 and complete by 30 June 2011. There will be three phases, although development of the model will begin during phase 1:

1. April to September 2010 systematic reviews and meta-analysis
2. October 2010 to March 2011 decision analysis modelling
3. April to June 2011 writing up and dissemination

We will provide one progress report by 30 September 2010 that will report progress with the systematic reviews and meta-analysis.

### Expertise:

The core research team for this project previously worked together on a very successful HTA funded secondary research project evaluating diagnostic tests for deep vein thrombosis (DVT) [41]. This project was completed within the planned budget and has so far resulted in eight peer-reviewed publications, in addition to the HTA report. Methodological work arising from this project, undertaken by Alex Sutton and colleagues at the University of Leicester, has led to developments in the synthesis of data for decision-analysis modelling and acceptance of an article for publication in *Medical Decision Making* [31]. We anticipate that data from our current proposal will be suitable for use in further methodological work.

Steve Goodacre is a leading expert in emergency care research and is Principal Investigator for several major national evaluations. One of his main research interests is using decision analysis modelling and cost-effectiveness analysis to guide policy and practice in emergency care.

Matt Stevenson has a wide experience of different mathematical modelling techniques as has worked extensively for NICE and the NCCHTA. He is technical director of SchARR-TAG (one of seven academic units contracted to work for NICE and the HTA) and a member of NICE appraisal committee C. In 2007 he was an invited expert to a NICE workshop to help formulate further the NICE reference case for evaluating the cost-effectiveness of diagnostic techniques.

Simon Dixon is a senior health economist who undertook economic analysis for the 3CPO and ESCAPE trials.

Emma Simpson is an expert in systematic reviewing who has extensive experience of reviewing for NICE and Health Technology Assessment. The Department of Information Resources has extensive experience of supporting evidence synthesis for NCCHTA and NICE.

John Stevens is Deputy Director of the Centre for Bayesian Statistics in Health Economics (CHEBS) and an expert in the application of Bayesian statistics to economic analysis.

Francis Morris and Jason Kendall are leading experts in the emergency management of chest pain and ACS. They are respectively members of the NICE Guideline Development Groups for acute chest pain and ACS.

David Newby is a leading academic cardiologist with research interest in the management of suspected ACS. He was vice chair for the Scottish Intercollegiate Guidelines Network (SIGN) guideline on the management of acute coronary syndromes.

Paul Collinson is a leading international expert in cardiac biomarkers. He acted as expert advisor on cardiac biomarkers to the NICE Guideline Development Groups on acute chest pain and on heart failure.

Steven Thomas is a clinical senior lecturer in Cardiovascular Radiology. As a Cardiovascular Radiologist he has clinical expertise in using CT coronary angiography in a range of clinical settings. He has previously collaborated with the Health Economics and Decision Science unit at SchARR on a number of projects, including a HTA funded assessment of carotid stenosis, with collaborators in Edinburgh, and a HTA funded project evaluating diagnostic tests in DVT. He has also been involved in assessment of the cost-effectiveness of treatment in abdominal aortic aneurysm for a recent NICE appraisal, with the Centre for Health Economics at York.

### Service users:

Enid Hirst is a member of the public who has previously provided and facilitated patient representation for evaluations led by SG. She established a Cardiac User Group for our recent evaluation of the National Infarct Angioplasty Project (NIAP). This group helped to develop the research plans, guided the development of patient and carer interview schedules, and reviewed the outputs of the project.

The opportunities for user involvement in this project are inevitably limited by the reliance upon secondary data sources. However, we plan to ask Enid and members of the NIAP Cardiac User Group to review the outputs from the project. We will present our findings to members of the User Group in order to identify ways of communicating our findings to the public and explore the potential acceptability of different strategies to patients.

### Justification of support required:

The Project Manager (grade 7, 100% for 15 months) will undertake the survey, manage the literature searches, supervise quality assessment of selected papers, assist with meta-analysis and cost-effectiveness analysis, write reports and disseminate findings. An experienced full-time Project Manager for the duration of the project is crucial to success.

The Clerical Assistant (grade 4, 50% for 15 months) will assist with the survey, literature searches, photocopying, preparing papers and data management.

MS (Operational Researcher, 40% for 9 months) will undertake the decision analysis modelling and cost-effectiveness analysis.

SD (Health Economist, 20% for 6 months) will provide health economic expertise and assistance with QALY estimation and obtaining unit costs.

SG (Principal Investigator, 10% for 15 months) will supervise the Project Manager, co-ordinate the project and oversee all project planning, analysis and report writing.

JS (Statistician, 20% for 6 months) will undertake data synthesis.

ES (Information Resources, 5% for 6 months) will supervise systematic reviewing.

DN (University of Edinburgh, Cardiology, 2% for 15 months) and ST (University of Sheffield, Vascular Radiology, 2% for 15 months) will provide cardiology and vascular radiology expert input.

FM, JK and PC will provide emergency medicine and chemical pathology expertise, but will be funded through NIHR NHS support.

Other expenses will include:

- Computing equipment, including licences for systematic review and decision analysis software = £1250.
- Information resources support: literature searches, document retrieval, photocopying = £3000
- Office expenses for the research team @ £1,500 per wte per year (total 2.5 wte years) = £4687
- Travel for the expert panel and project management group, £2000, and for conference attendance, £1000.

The University of Sheffield has joined phase 3 of the Carbon Trust's Higher Education Carbon Management Programme. This programme is designed to deliver improved energy management of academic, accommodation and leisure buildings and vehicle fleets. It also provides practical support to organisations by helping them identify carbon saving opportunities, providing software to analyse energy consumption and delivering workshop support for staff and senior managers to improve their awareness of energy efficiency.

Our proposal is a secondary research project that will be largely undertaken in a single centre, so greenhouse gas emissions directly related to the project will be relatively small. Indeed, this is another advantage of using modelling techniques. We will further minimise emissions by:

1. conducting project management and expert panel meetings by teleconference where possible
2. conducting meetings in a central location that is accessible by public transport
3. disseminating findings using electronic media where possible
4. using public transport to travel to conferences

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