# Health impacts of the M74 urban motorway extension: a mixed-method natural experimental study

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**Declared competing interests of authors:** David Ogilvie, Richard Prins, Andy Jones, Hilary Thomson and Shona Hilton report additional funding from the Medical Research Council. David Ogilvie, Louise Foley, Richard Prins and Andy Jones report additional funding from the UK Clinical Research Collaboration. Andy Jones is a member of the Research Funding Board of the National Institute for Health Research (NIHR) Public Health Research programme. Nanette Mutrie reports additional funding from the NIHR.

**Disclaimer:** This report contains transcripts of interviews conducted in the course of the research and contains language that may offend some readers.

Published April 2017 DOI: 10.3310/phr05030

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# **Plain English summary**

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Public Health Research 2017; Vol. 5: No. 3

DOI: 10.3310/phr05030

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# **Plain English summary**

## What was the problem?

Building new roads in urban areas has the potential to reduce injuries from road traffic accidents, to improve people's access to amenities and opportunities, and to help regenerate disadvantaged communities. However, it may encourage car use in ways that degrade the local environment, harm people's health and well-being, and widen inequalities. There is little good evidence about these impacts that can be used to guide transport policy and planning.

#### What did we do?

A new 5-mile section of the M74 motorway was opened in Glasgow in 2011. We took the opportunity to find out more about road traffic accidents, activity patterns and well-being in the local area, and to explore if and how these changed as a result of the motorway.

## What did we find?

On balance, the new motorway appeared to have promoted car use, and we found no evidence that it had reduced road traffic casualties. Although it did help to connect some local residents with amenities and people in other places, those living nearer to the motorway tended to experience poorer mental well-being over time than those living further away.

## What does this mean?

Although the effects of the new motorway might have been different if it had been built somewhere else, our findings highlight how some of the benefits claimed for this type of investment may either not be achieved or be achieved for some at the expense of others. This should be taken into account in future transport planning.

# **Public Health Research**

ISSN 2050-4381 (Print)

ISSN 2050-439X (Online)

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The research reported in this issue of the journal was funded by the PHR programme as project number 11/3005/07. The contractual start date was in January 2013. The final report began editorial review in July 2016 and was accepted for publication in December 2016. The authors have been wholly responsible for all data collection, analysis and interpretation, and for writing up their work. The PHR editors and production house have tried to ensure the accuracy of the authors' report and would like to thank the reviewers for their constructive comments on the final report document. However, they do not accept liability for damages or losses arising from material published in this report.

This report presents independent research funded by the National Institute for Health Research (NIHR). The views and opinions expressed by authors in this publication are those of the authors and do not necessarily reflect those of the NHS, the NIHR, NETSCC, the PHR programme or the Department of Health. If there are verbatim quotations included in this publication the views and opinions expressed by the interviewees are those of the interviewees and do not necessarily reflect those of the authors, those of the NHS, the NIHR, NETSCC, the PHR programme or the Department of Health.

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