

I want to take part, what do I do next?

If you are interested in this trial, please contact your research team (named below). They will confirm if you are eligible for the trial and give you full information on how to participate.

(Label or stamp with site's contact information)

For more information:

<http://www.warwick.ac.uk/go/mammo-50>

THANK YOU FOR YOUR TIME

ISRCTN: 48534559

**With your help we can make the
Mammo-50 study a success and
help to shape the future of follow-
up after breast cancer treatment.**

This trial is run by The University of Warwick and
University Hospital Coventry and Warwickshire in
collaboration with Warwick Clinical Trials Unit.

This trial is funded by the Department of Health. The
clinical and scientific rationale has been reviewed by
national and international experts.

Have you had surgery
for breast cancer
approximately three
years ago?

Are you over 50?

You may be eligible to
take part in the
Mammo-50 study

Mammo-50

What is the purpose of the study?

We do not know the best approach to follow-up for patients who have had surgery for early stage breast cancer. Current methods can be stressful for patients, costly for the health services and time-consuming for both.

It is not clear how often women aged 50 years or over at diagnoses of breast cancer, need mammograms if they are supported and monitored in other ways.

MAMMO-50 is a randomised controlled trial to investigate the most effective and safe way of monitoring women aged 50 or over who have had breast cancer surgery.

The results will inform national guidelines about the best way to follow-up women who have had surgery for breast cancer.

What is a randomised controlled trial?

This is a trial where people are chosen at random (by chance alone) to be in one of two groups. Neither you nor your doctor will be able to decide which group you are in. The two groups of people are compared to find out any differences between the groups.

Am I eligible to take part?

You may be able to enter this trial if you are female and:

- You were 50 years of age or over at diagnosis.
- You have had invasive or non-invasive breast cancer treated with surgery.
- Your surgery was no more than three years ago.

Women will enter the trial 3 years after surgery; if you had surgery less than 3 years ago, you may still express an interest and enter the trial at the 3 year time point.

What treatment will I receive?

Women allocated to group 1 will have a mammogram once a year.

Women allocated to group 2 will have less frequent mammograms - 2 yearly if you have had breast conservation surgery or 3 yearly if you have had a full mastectomy.

How long does the trial last?

You will be asked to remain in the study for 7 years.

After you have had your mammogram appointment you will be asked to complete a questionnaire booklet (this will take around 10-20 minutes). The questions will assess your quality of life and will help us to investigate the acceptability of mammographic frequency for breast cancer survivors.

Do I have to take part?

No. It is up to you to decide whether you want to take part. You are free to change your mind and withdraw from the trial at any time and you do not have to give a reason why. Your decision will not affect the care you receive from the NHS in any way. We would however with your consent continue to use data already collected from you.

[Share your experience of breast cancer!](#)

[Make your voice heard!](#)

[Help inform future policy for breast cancer follow-up.](#)

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