

IRAS Number: 195544



Fluids in Shock (FiSh)

A study about giving different fluid amounts in sick children

Please ask your Mum or Dad or the nurse to explain any words that you don't understand.

1. What is research?

Research is a way of answering important questions.

2. Why is this study being done?

We are doing this research study to find out the best way of treating sick children with a bad infection.

3. Why were my Mum or Dad asked if I could take part?

Your Mum or Dad were asked if you could take part because you were very poorly and needed treatments, which included fluid (salty water) given into a vein. About 100 other children with similar problems will be taking part in the research.

If you have any questions about the research or taking part in the study, you can ask your Mum or Dad, or one of the nurses.



4. What happened as part of the study?

The first thing that happened was that you were put into one of two groups.



★ Children in **group 1** were looked after by the doctors and nurses, and given a normal amount of fluid. You would have been given the fluid through a plastic tube and needle into a vein so that the fluid would go into your blood stream.

★ Children in **group 2** were looked after by the doctors and nurses, and given a slightly less amount of fluid. You would have been given the fluid through a plastic tube and needle into a vein so that the fluid would go into your blood stream.

A computer decided at random which group you would be in. There was an equal chance that you would be in each group; your Mum or Dad weren't allowed to pick which group you went in. This makes it fair for everybody. It doesn't matter which group you are in, you will always get the best possible care.

We collected some information about your stay in hospital to help find out how much fluid should be given to children in the future.

5. Will joining help me?

You are playing an important part in finding out what is the best way to help children like you to get better. We can't promise this research will help you, but you will be helping other children, just like you, who have the same problems in the future.



6. What happens when the research stops?

When we have collected information from all of the other children, we will tell you and your family what we found out.

7. Will anyone else know I am doing this?

No. All of your information will be kept safe and only people working on the study will be allowed to see it.

