

Professor Nicola Innes
University of Dundee
Tel: 01382 381631

[DATE]

Dear Parent/Carer,

The National Institute for Health Research has funded a study which looks at whether a classroom lesson on tooth brushing, followed by text message reminders, will improve the way young people brush their teeth and reduce the amount of tooth decay they get. We are carrying out the study with young people between the ages of 11 and 16 years.

Before the study begins, it is important to train the dentists who will be measuring how good the tooth brushing is and how much decay there is in the young people's teeth and [school name] has been chosen as the school where the training will take place.

I have spoken to (head teacher) and (he/she) is happy for young people from [school name] to take part in this study, but we also need your consent. I should be grateful if you would allow your child to take part in the training event which will take place on (insert date).

Before the date of the training event, I will visit the school and conduct a simple dental examination of your child during school time (this will take about 5 minutes of your child's time). During the training event, your child will have a simple dental examination carried out by five dentists at school, which will take no more than an hour of school time. If your child wishes to stop taking part, they will be able to do so at any point.

This is not part of the normal school dental inspection and no treatment or recommendations for treatment will be carried out.

If you would like more information, please contact me (Professor Nicola Innes on 01382 381631) and I will be happy to discuss it with you. If you are willing to allow your child to take part, please complete the enclosed Parent/Carer Dentist Training Event Consent Form and return it to school **as soon as possible**.

Thank you for your help.

Yours faithfully,



Professor Nicola Innes
Dental School, University of Dundee