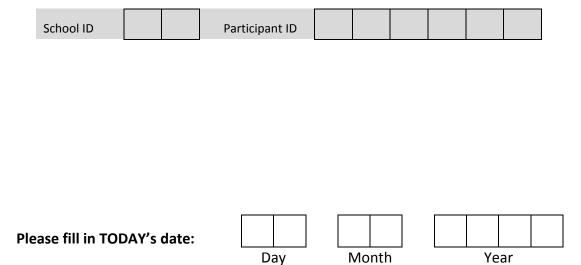
# Questionnaire about You and Your Teeth: Baseline Part 1





If you have a new mobile telephone number, please contact the research team and let them know:

<b>BRIGHT</b> Trial Team – York Trials Unit ARRC Building, University of York Heslington, York, YO10 5DD	[Insert regional site contact details]
Tel: 01904 321725 Email: ytu-bright@york.ac.uk	

BRIGHT has been funded by the NIHR HTA. For more information please visit https://www.journalslibrary.nihr.ac.uk/programmes/hta/1516608/#/ BRIGHT Questionnaire Part 1 Baseline V2 20170807



## Instructions

Thanks for taking part in our study. We would like you to:

- $\odot$ Answer all the questions in this booklet
- $\odot$ Remember that there are no right or wrong answers, we just want to know what you think and what matters to you
- $\odot$ Please hand this back to your teacher
- $\odot$ You will be asked to complete another short questionnaire again over the next few days

The first set of questions ask about <b>toothbrushing.</b> For each question, read all the options and choose which one is most like you.
---

Then put a cross in the box next to it kill like this. Only cross **ONE** box for each question.

#### Example

I normally brush my teeth twice a day so I would put a cross in this box...

How often do you usually brush your teeth?

- □ More than three times a day
- □ Three times a day
- **I** Twice a day
- □ Once a day
- □ Less than once a day
- □ Never

## Now think about and answer the questions below.

- 1. How much of a problem are your teeth for you?
- Not at all
- 🗌 A bit
- A lot
- 2. How satisfied are you with the appearance of your teeth?
- □ Very satisfied
- □ Satisfied
- □ Neither satisfied nor dissatisfied
- □ Dissatisfied
- □ Very dissatisfied
- 3. How often do you usually brush your teeth?
- □ More than three times a day
- □ Three times a day
- $\hfill\square$  Twice a day
- □ Once a day
- □ Less than once a day
- □ Never
- 4. I know how to brush my teeth properly
- □ Not at all true
- □ Not true
- □ True
- □ Definitely true
- 5. If I brush my teeth twice everyday then my teeth will look clean when talking to friends
- □ Not at all true
- □ Not true
- □ True
- Definitely true
- 6. If I brush my teeth twice everyday then my teeth will be healthy
- □ Not at all true
- □ Not true
- □ True
- Definitely true
- 7. If I brush my teeth twice everyday then my teeth will feel good
- Not at all true
- □ Not true
- 🗌 True
- □ Definitely true
- 8. If I don't brush my teeth twice every day, I risk getting tooth decay
- □ Not at all true

- □ Not true
- □ True
- □ Definitely true
- 9. If I don't brush my teeth twice every day, I risk my teeth looking dirty
- □ Not at all true
- □ Not true
- □ True
- □ Definitely true

## 10. If I don't brush my teeth twice every day, I might have bad breath

- □ Not at all true
- □ Not true
- □ True
- □ Definitely true
- 11. How often do you want to brush your teeth?
- $\Box$  More than three times a day
- □ Three times a day
- $\Box$  Twice a day
- □ Once a day
- $\hfill\square$  Less than once a day
- □ Never
- 12. I have a plan of how I will make myself brush when I find myself not brushing properly
- □ Not at all true
- □ Not true
- □ True
- □ Definitely true

## 13. I know where and when I will brush my teeth in the morning

- □ Not at all true
- □ Not true
- □ True
- □ Definitely true
- 14. I know where and when I will brush my teeth in the evening
- □ Not at all true
- □ Not true
- □ True
- □ Definitely true

These questions ask about **your teeth.** For each question, read all the choices and decide which one is most like you.

- 15. How much do your teeth hurt you?
- Not at all
- 🗌 A bit
- A lot
- 16. Do your teeth make it hard to eat some foods?
- Not at all
- 🗌 A bit
- □ A lot

#### 17. Do you have to eat on one side of your mouth because of your teeth?

- Not at all
- 🗌 A bit
- □ A lot
- 18. Do you get food stuck in your teeth
- Not at all
- 🗌 A bit
- □ A lot

#### 19. How much do you get kept awake by your teeth?

- □ Not at all
- 🗆 A bit
- □ A lot
- 20. How much do your teeth annoy you?
- □ Not at all
- 🗆 A bit
- □ A lot

#### 21. How much do your teeth hurt when you brush them?

- □ Not at all
- □ A bit
- □ A lot

#### 22. Do you have to eat more carefully because of your teeth?

- Not at all
- 🗌 A bit
- □ A lot

- 23. Do you have to eat more slowly because of your teeth?
- □ Not at all
- 🗆 A bit
- □ A lot

## 24. Do you feel cross because of your teeth?

- □ Not at all
- 🗆 A bit
- □ A lot

# 25. How much have you cried because of your teeth?

- □ Not at all
- 🗆 A bit
- $\Box$  A lot

## 26. Do your teeth make it hard to do your schoolwork/homework?

- □ Not at all
- 🗆 A bit
- □ A lot

Thanks very much for your time



School ID	Participant ID						
-----------	----------------	--	--	--	--	--	--

# School staff, please complete:

Reason for questionnaire non-completion	Please tick		
Absent			
No longer at the school			
Declined to complete this questionnaire			

Date this section was completed:						
	Day	Month	 Year			