

School staff: Please complete back page

Questionnaire about You and Your Teeth: Baseline Part 1



School ID	<input type="text"/>	<input type="text"/>	Participant ID	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Please fill in TODAY's date:

<input type="text"/>	<input type="text"/>
Day	

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Month	

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Year			

If you have a new mobile telephone number,
please contact the research team and let them know:

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ARRC Building, University of York
Heslington, York, YO10 5DD
Tel: 01904 321725
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[Insert regional site contact details]

Instructions

Thanks for taking part in our study. We would like you to:

- 😊 Answer all the questions in this booklet
- 😊 Remember that there are no right or wrong answers, we just want to know what you think and what matters to you
- 😊 Please hand this back to your teacher
- 😊 You will be asked to complete another short questionnaire again over the next few days

The first set of questions ask about **toothbrushing**. For each question, read all the options and choose which one is most like you.

Then put a cross in the box next to it  like this. Only cross **ONE** box for each question.

Example

I normally brush my teeth twice a day so I would put a cross in this box...

How often do you usually brush your teeth?

- ☐ More than three times a day
- ☐ Three times a day
- ☒ Twice a day
- ☐ Once a day
- ☐ Less than once a day
- ☐ Never

Now think about and answer the questions below.

1. How much of a problem are your teeth for you?
 - ☐ Not at all
 - ☐ A bit
 - ☐ A lot
2. How satisfied are you with the appearance of your teeth?
 - ☐ Very satisfied
 - ☐ Satisfied
 - ☐ Neither satisfied nor dissatisfied
 - ☐ Dissatisfied
 - ☐ Very dissatisfied
3. How often do you usually brush your teeth?
 - ☐ More than three times a day
 - ☐ Three times a day
 - ☐ Twice a day
 - ☐ Once a day
 - ☐ Less than once a day
 - ☐ Never
4. I know how to brush my teeth properly
 - ☐ Not at all true
 - ☐ Not true
 - ☐ True
 - ☐ Definitely true
5. If I brush my teeth twice everyday then my teeth will look clean when talking to friends
 - ☐ Not at all true
 - ☐ Not true
 - ☐ True
 - ☐ Definitely true
6. If I brush my teeth twice everyday then my teeth will be healthy
 - ☐ Not at all true
 - ☐ Not true
 - ☐ True
 - ☐ Definitely true
7. If I brush my teeth twice everyday then my teeth will feel good
 - ☐ Not at all true
 - ☐ Not true
 - ☐ True
 - ☐ Definitely true
8. If I don't brush my teeth twice every day, I risk getting tooth decay
 - ☐ Not at all true

- ☐ Not true
- ☐ True
- ☐ Definitely true

9. If I don't brush my teeth twice every day, I risk my teeth looking dirty

- ☐ Not at all true
- ☐ Not true
- ☐ True
- ☐ Definitely true

10. If I don't brush my teeth twice every day, I might have bad breath

- ☐ Not at all true
- ☐ Not true
- ☐ True
- ☐ Definitely true

11. How often do you want to brush your teeth?

- ☐ More than three times a day
- ☐ Three times a day
- ☐ Twice a day
- ☐ Once a day
- ☐ Less than once a day
- ☐ Never

12. I have a plan of how I will make myself brush when I find myself not brushing properly

- ☐ Not at all true
- ☐ Not true
- ☐ True
- ☐ Definitely true

13. I know where and when I will brush my teeth in the **morning**

- ☐ Not at all true
- ☐ Not true
- ☐ True
- ☐ Definitely true

14. I know where and when I will brush my teeth in the **evening**

- ☐ Not at all true
- ☐ Not true
- ☐ True
- ☐ Definitely true

These questions ask about **your teeth**. For each question, read all the choices and decide which one is most like you.

15. How much do your teeth hurt you?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

16. Do your teeth make it hard to eat some foods?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

17. Do you have to eat on one side of your mouth because of your teeth?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

18. Do you get food stuck in your teeth

- ☐ Not at all
- ☐ A bit
- ☐ A lot

19. How much do you get kept awake by your teeth?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

20. How much do your teeth annoy you?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

21. How much do your teeth hurt when you brush them?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

22. Do you have to eat more carefully because of your teeth?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

23. Do you have to eat more slowly because of your teeth?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

24. Do you feel cross because of your teeth?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

25. How much have you cried because of your teeth?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

26. Do your teeth make it hard to do your schoolwork/homework?

- ☐ Not at all
- ☐ A bit
- ☐ A lot

Thanks very much for your time



School ID			Participant ID						
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School staff, please complete:

Reason for questionnaire non-completion	Please tick
Absent	
No longer at the school	
Declined to complete this questionnaire	

Date this section
was completed:

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Day

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Month

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Year