


## **Developing a new approach to help people with memory problems after a fall**

### **Service user information leaflet**

You are being invited to take part in a research study and we would be very grateful for your help. This leaflet explains why the research is being done and what taking part will involve. If you are interested in taking part, please read this information booklet carefully. You can discuss it with others to help you decide.


Thank you for reading this. If you have any questions then please call one of the researchers:

Miriam Boyles

 0191 208 7963

[miriam.boyles@ncl.ac.uk](mailto:miriam.boyles@ncl.ac.uk)

Alison Wheatley

 0191 208 5147

[alison.wheatley@ncl.ac.uk](mailto:alison.wheatley@ncl.ac.uk)

### ***What is the study about?***

We are hoping to learn from existing services how best to support people with memory problems with fall-related injuries. Being given this leaflet does **not** mean that you have memory problems.

### ***How can I help?***

You have been given this leaflet because you have been using <name of service> after your fall. We would like to talk to you about the help you received and how you feel this could be improved. We will use your experiences and those of other people like you to help us to develop a new approach for people with memory problems with fall-related injuries.

### ***What will I have to do?***

If you decide to take part in this research then the researcher will ask you to:

- Complete a consent form
- Tell us what you thought of any help you received
- Discuss what extra help might have been useful
- Share your ideas for improving services

The interview would be conducted by one of our researchers, Miriam Boyles or Alison Wheatley, and would last no more than one hour. You can stop the interview or take a break at any time. We can also arrange to continue the interview on a different day if you would prefer.

### ***What difference will it make?***

It is unlikely that taking part will help you directly. However, you may enjoy talking to the researcher. Your ideas and experiences will help us create a new approach to helping people with memory problems who fall in the future.

### ***Is the study confidential?***

Your contact details will be stored securely and will only be used to contact you about this research project. The research and development department oversee research within Newcastle upon Tyne Hospitals NHS Trust. They may look at data collected during the study to make sure that the research is being conducted properly.

We would like to tape record the interview. We will store the recordings securely. Each participant will be given a study number. When we write up the conversations we will use only your study number so that you cannot be recognised. We may use your words when we write up our findings but your name will not be used.

If you tell us anything that could put yourself or other people at risk, we would have to act on this information by telling your doctor or others involved in your care. The study has been approved by the National Research Ethics Service Committee North East – Newcastle and North Tyneside 1.

### ***What if there is a problem?***

If you have any concerns or complaints about the research, we will do our best to resolve them. Please contact Dr Louise Allan:



0191 208 2420

Email: [louise.allan@newcastle.ac.uk](mailto:louise.allan@newcastle.ac.uk)

Post: Biomedical Research Building,  
Campus for Ageing and Vitality,  
Newcastle University,  
Newcastle upon Tyne, NE4 5PL

If you remain unhappy and wish to complain formally, you can do this through the NHS Complaints Procedure.

### ***Who is organising and paying for the study?***

The study is funded by the NHS through the National Institute for Health Research (NIHR) Health Technology Appraisal scheme. The research team is based at Newcastle University.

### ***What will happen next?***

If you are interested in helping with this study or would like to talk to a researcher before you make up your mind, please complete and return the enclosed form. A pre-paid envelope is provided. A researcher will then telephone you to arrange when and where to visit you. During this visit you will have the opportunity to ask any questions about the study.

### ***Do I have to take part?***

It is up to you to decide whether or not to take part. If you want to find out more about taking part in research, you can contact the NHS Patient Advisory Liaison Service (PALS) <insert local number>. You do not have to give a reason if you do not want to be involved. Whatever you decide will have no effect on the care you receive now or in the future. If you change your mind, you can leave the study at any time without giving a reason.

If, at any time, you need to get in touch with the research team you can contact them via Beth Edgar, the project secretary:

Beth Edgar 📞 (0191) 208 1314 [beth.edgar@ncl.ac.uk](mailto:beth.edgar@ncl.ac.uk)