



A TRIAL OF TWO MATTRESSES



“Hello my name is Jane Nixon. I would like to invite you to take part in this very important research where we would like to find out if one type of mattress is better than another at helping prevent pressure sores”

Professor Jane Nixon, University of Leeds.

Your hospital is currently working with the University of Leeds on the Pressure 2 study. You have been invited to take part in this trial because your health care team thinks you may be suitable.

With your permission, you will be given one of the mattresses and asked to sleep on that mattress for the rest of your hospital stay. You will not be able to choose which one although we will be happy to change it if you are not comfortable.

You will spend some time with a clinical research nurse or registered healthcare professional who will:

- ask you some questions about your health
- look at your skin on areas of your body where pressure sores often start (e.g. your hips, bottom and heels)
- take photographs of your skin (only if you agree)

While you are in hospital the clinical research nurse or registered healthcare professional will visit you regularly. They will then ask to see you for a final visit one month after you have finished using the mattress. With your permission, this may mean visiting you at home.

If you think you may be interested in taking part or would just like to know more about the study, please ask for more information.

Thank you for taking time to read this.

Contact details: