

Did you have a baby that cried excessively? Your experience could help other parents

Can you answer 'yes' to the following questions?

- Were you distressed by your baby crying excessively during the first six months of their life? *(There's no official definition of 'excessive' – if you found it stressful, this is what matters.)*
- Apart from maybe being described as having colic, was your baby otherwise healthy?
- Is your baby no older than two now?

De Montfort University is doing research to find new ways to support parents of excessively crying babies, and you may be able to help make it a success.

What does the research involve?

- Coming to a small focus group to talk about your experiences and give your opinion on resources (e.g. websites, leaflets) that might help other parents. Groups will take place in Leicester, Leicestershire and Rutland, and will last 2 – 2 ½ hours.
- A few months later, you would be sent some new resources to look at and asked for your comments.
- You will be offered some reimbursement for your time.

If you'd like to get involved or want to find out more, talk to your Health Visitor or contact Charlotte Powell or Deborah Bamber on 0116 2506518 or email charlotte.powell@dmu.ac.uk or Deborah.bamber@dmu.ac.uk

 twitter.com/HLS_DMU

 uk.linkedin.com/in/healthandlifesciences

 youtube.com/HealthLifeSciences