

Participant Study No

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Theophylline with Inhaled Corticosteroids

Theophylline With Inhaled CorticoSteroids

CONFIDENTIAL

This study is funded by the
NIHR Health Technology Assessment Programme

Date of assessment

D	D	/	M	M	/	Y	Y	Y	Y
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Section A – Demographic information

A1 Date of birth

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

A2 Sex

Male ☐

Female ☐

A3 Weight (kg)

A4 Height (cm)

A5 Smoking status

Current
smoker ☐

Ex-
smoker ☐

*A “**current smoker**” is defined as someone who is a current smoker or who has given up within the last 12 weeks. An “**ex smoker**” is defined as someone who has given up smoking more than 12 weeks ago.*

A6 Age started smoking

A7 If ex-smoker, age stopped smoking

A8 Average number of cigarettes per day

A9 Identified in

Primary
care ☐

Secondary
care ☐

Section B – Post-bronchodilator lung function

LABA within 8 hours, SABA within 2 hours. If necessary, assess lung function 15 minutes after administration of the participant's own SABA.

B1 FEV₁ (litres)

B2 FVC (litres)

Section C – COPD history & current respiratory treatment

C1 Number of exacerbations in previous year requiring treatment with antibiotics and/or oral corticosteroid

C2 Date of recovery from most recent exacerbation

M	M
---	---

 /

Y	Y	Y	Y
---	---	---	---

C3 Number of exacerbations in previous year requiring hospitalisation

Current treatment for COPD

C4 Inhaled short acting beta 2 agonist Yes ☐ No ☐

C5 Inhaled combined ICS LABA Yes ☐ No ☐

If yes: name, device & strength

Dose puffs per day

Approximate start date

M	M
---	---

 /

Y	Y	Y	Y
---	---	---	---

C6 Inhaled short acting anti-muscarinic Yes ☐ No ☐

C7 Inhaled ICS Yes ☐ No ☐

If yes: name, device & strength

Dose puffs per day

Approximate start date

M	M
---	---

 /

Y	Y	Y	Y
---	---	---	---

C8 Inhaled non-combination LABA Yes ☐ No ☐

C9 Inhaled LAMA Yes ☐ No ☐

C10 Nebulised ipratropium As required ☐ Regular use ☐ No ☐

C11 Nebulised short acting beta 2 agonist As required ☐ Regular use ☐ No ☐

C12 Oral mucolytics Yes ☐ No ☐

C13 Oral leukotriene antagonists Yes ☐ No ☐

C14 Long-term antibiotics Yes ☐ No ☐

If yes: name

Dose mg

Times per day

Section D – Co-morbidities

Record whether the patient has been diagnosed with any of these conditions; and if so, whether they are on medication for this.

Co-morbidities			<i>If yes, is the patient on current medication for this condition?</i>	
D1	Asthma	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D2	Bronchiectasis	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D3	Ischaemic heart disease (MI, angina)	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D4	Hypertension (treated)	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D5	Diabetes Mellitus	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D6	Osteoporosis	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D7	Anxiety or depression treated in last 5 years	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
D8	Cerebrovascular event (stroke, TIA)	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	

Section E – Other regular medication

E1 Is the patient prescribed long-term tricyclic antidepressants?

Yes ☐

No ☐

E2 List all prescribed medication that the patient is currently taking.

- Include any medication listed in section D or in E1 above.
- Exclude any medication listed in section C above.

[illegible]

Participant Study No

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Follow-up time-point:Six
months ☐Twelve
months ☐

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D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Section A – Smoking status & weight

A1 Smoking status

Current smoker ☐

Ex-smoker ☐

A “**current smoker**” is defined as someone who is a current smoker or who has given up within the last 12 weeks. An “**ex smoker**” is defined as someone who has given up smoking more than 12 weeks ago.

A2 Weight

--

 kg

Section B – Post-bronchodilator lung function

LABA within 8 hours, SABA within 2 hours). If necessary, assess lung function 15 minutes after administration of the participant's own SABA.

B1 FEV₁ (litres)

--

B2 FVC (litres)

--

Section C – Current treatment for COPD/respiratory conditions

C1 Inhaled short acting beta 2 agonist

Yes ☐ No ☐

C2 Inhaled combined ICS LABA

Yes ☐ No ☐

If yes: name, device & strength

Dose puffs per day

Approximate start date

M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---

C3 Inhaled short acting anti-muscarinic

Yes ☐ No ☐

C4 Inhaled ICS Yes ☐ No ☐

If yes: name, device & strength

Dose puffs per day

Approximate start date

M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---

C5 Inhaled non-combination LABA Yes ☐ No ☐

C6 Inhaled LAMA Yes ☐ No ☐

C7 Nebulised ipratropium As required ☐ Regular use ☐ No ☐

C8 Nebulised short acting beta 2 agonist As required ☐ Regular use ☐ No ☐

C9 Oral mucolytics Yes ☐ No ☐

C10 Oral leukotriene antagonists Yes ☐ No ☐

C11 Long-term antibiotics Yes ☐ No ☐

If yes: name

Dose mg

Times per day

Is the patient on current medication for:

D2 Bronchiectasis Yes ☐ No ☐

D3 Ischaemic heart disease (MI, angina) Yes ☐ No ☐

D4 Hypertension Yes ☐ No ☐

D5 Diabetes Mellitus Yes ☐ No ☐

D6 Osteoporosis Yes ☐ No ☐

D7 Anxiety or depression Yes ☐ No ☐

D8 Cerebrovascular event (stroke, TIA) Yes ☐ No ☐

D9 Is the patient prescribed long-term tricyclic antidepressants? Yes ☐ No ☐

D10: List all prescribed non-respiratory medication that the patient is currently taking.

- Include any medication listed in section D above, and any other medication.
- Exclude any medication listed in section C above.

[illegible]

Section E – COPD exacerbations since last study visit?

Has the participant had any exacerbations since last study visit?

Yes ☐

No ☐

If yes, how many exacerbations

Describe all exacerbations below

Exacerbation 1

Approximate
date of onset:

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Approximate
date of recovery:

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Not yet
recovered

☐

Type of Treatment: (select all that apply)

Increased use
of SABA ☐

Increased/ started
nebulised bronchodilator ☐

Oral corticosteroid ☐

Antibiotics ☐

Oxygen ☐

Other ☐



If other,
give details

Location of Treatment: (select all that apply)

Treated at
home ☐

Care by services to
prevent hospitalisation ☐

Admitted to
hospital ☐

If yes



Number of
days treated
at home

If yes



Number of
days care
provided

If yes



Number of
days in
hospital

*** USE CONTINUATION SHEET IF MORE THAN ONE EXACERBATION ***

Section F – Emergency hospital admissions since last study visit

Other than any hospitalisations described in section E, has the patient had any **non-COPD** emergency hospital admissions last study visit?

Yes ☐

No ☐

If yes, how many admissions

Describe all admissions below

Admission 1

Approximate
date of admission:

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Approximate
date of discharge:

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Not yet
discharged ☐

Hospital:

Reason:

Admission 2

Approximate
date of admission:

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Approximate
date of discharge:

D	D	/	M	M	/	Y	Y	Y	Y
---	---	---	---	---	---	---	---	---	---

Not yet
discharged ☐

Hospital:

Reason:

USE CONTINUATION SHEET IF MORE THAN TWO HOSPITALISATIONS

Section G – Other health service use since last study visit

Use this section to record health service use not previously recorded in sections E or F above. Please enter '0' if service has not been used

<i>Inpatient services</i>	<i>Number of admissions</i>	<i>Total number of inpatient days</i>
General medical ward	<input type="text"/>	<input type="text"/>
Long stay ward	<input type="text"/>	<input type="text"/>
Other:	<input type="text"/>	<input type="text"/>
Other:	<input type="text"/>	<input type="text"/>

<i>Out-patient services</i>	<i>Number of appointments</i>
Hospital day-case admissions	<input type="text"/>
Hospital out-patient appointments	<input type="text"/>
A&E – no overnight admission	<input type="text"/>
Other:	<input type="text"/>
Other:	<input type="text"/>

<i>Primary care services</i>	<i>Number of appointments</i>
Emergency GP visit	<input type="text"/>
Routine GP visit	<input type="text"/>
Community/district nurse	<input type="text"/>
Hospital at home team	<input type="text"/>
Other:	<input type="text"/>
Other:	<input type="text"/>

Section H – Adverse reactions since the last study visit?

Has the patient experienced any of the following adverse reactions to the study medication? (ie new symptoms or increase of existing symptoms)

Immunological

H1 Anaphylactic / anaphylactoid reaction Yes ☐ No ☐

H2 Hypersensitivity Yes ☐ No ☐

Gastrointestinal

H4 Nausea Yes ☐ No ☐

H5 Reflux Yes ☐ No ☐

H6 Diarrhoea Yes ☐ No ☐

H7 Abdominal pain Yes ☐ No ☐

H8 Gastric irritation Yes ☐ No ☐

H9 Vomiting Yes ☐ No ☐

Cardiac

H10 Palpitations Yes ☐ No ☐

H11 Tachycardia Yes ☐ No ☐

Psychiatric

H12 Insomnia Yes ☐ No ☐

H13 Anxiety Yes ☐ No ☐

Dermatological

H14 Rash Yes ☐ No ☐

H15 Pruritus (itchiness) Yes ☐ No ☐

Neurological

H16 Tremor Yes ☐ No ☐

H17 Headache Yes ☐ No ☐

H18 Dizziness Yes ☐ No ☐

H19 Agitation Yes ☐ No ☐

H20 Convulsions Yes ☐ No ☐

Other

H21 Hyperuricaemia (acute gout) Yes ☐ No ☐

H22 Diuresis (increased frequency of urination) Yes ☐ No ☐

H23 Urinary retention Yes ☐ No ☐

H24 Any other – please give details

Yes ☐

No ☐

If the patient has experienced any adverse events or adverse reactions that meet the criteria for serious, this should be recorded using an SAE form immediately.

H25 If relevant, is the participant pregnant?

Yes ☐

No ☐

N/A ☐

Section I – Returned medication

Did the participant return any drug bottles?

Yes ☐

No ☐

Drug pack number:

Number of
tablets returned

Drug pack number:

Number of
tablets returned

Drug pack number:

Number of
tablets returned

Drug pack number:

Number of
tablets returned

Drug pack number:

Number of
tablets returned

Drug pack number:

Number of
tablets returned

Drug pack number:

Number of
tablets returned

Disposal of returned medication:

Secondary care: Returned to clinical trials pharmacy *

☐

Primary care: Disposed via Unused Medication Disposal box in practice *

☐

Primary care: Taken by practice staff to local pharmacy for destruction *

☐

Primary care: Advised patient to take them to their local pharmacy for destruction

☐

** certificate of destruction should be completed by clinical trials pharmacy or practice staff*

Section J – At 12 months only

Has the participant spontaneously expressed interest in being prescribed theophylline by their GP?

Yes ☐

No ☐

Participant Study Number

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FOR TRIAL OFFICE USE ONLY
REPORT NO.

DATE REPORTED TO TRIAL OFFICE

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D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

**DO NOT SEND IDENTIFIABLE DATA
WITH THIS REPORT**

Date of report

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Initial report ☐

Follow up report ☐

Participant Details

Initials

--	--

Date of Birth

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Gender

Male ☐

Female ☐

Unknown ☐

Diagnosis

--

Onset date

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

ASSESSMENT OF THE SAE

To be completed by PI or consultant grade delegate, who should also sign the page 6 of the report.

Seriousness criteria: (tick all that apply)

Resulted in death ☐

Life-threatening ☐

Hospitalisation/Prolongation of hospitalisation ☐

Persistent/Significant
Disability/Incapacity ☐

Congenital anomaly/
Birth defect ☐

Other medically important condition ☐

Relationship to Study Drug:

None ☐

Possible ☐

Probable ☐

Definite ☐

Severity:

Mild ☐

Moderate ☐

Severe ☐

Expectedness: (complete if possibly, probably or definitely
related to study drug; refer to expected events listed in SmPC)

Expected ☐

Unexpected ☐

If Resulted in Death:

Date of Death:

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Cause of Death:

--

Action taken:

Drug withdrawn ☐

Dose reduced ☐

Dose increased ☐

Dose not changed ☐

Unknown ☐

Not applicable ☐

Outcome:

Recovered ☐

Recovered with
sequelae ☐

Recovering ☐

Not
recovered ☐

Unknown ☐

Fatal ☐

Date of Recovery

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Participant Study Number

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Event Narrative

Provide any information regarding the circumstances, sequence, diagnosis and treatment of the event(s) not otherwise reported on this form

Protocol Treatment(s):

Did the patient take any study medication? Yes ☐ No ☐ If Yes,

Start date

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Stop date

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Did the subject have to be unblinded?

Yes ☐ No ☐

Participant Study Number

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Ongoing Medical History

Provide details of ongoing medical history below. Include other illnesses present at time of event, previous study emergent adverse events, and pre-existing medical conditions (*including their COPD*). If additional space is necessary, use further copies of this page. If start or end-dates are unknown or partially known, note this – the abbreviation uk is acceptable (for example: *uk* or *uk/2014* or *uk/12/2014*)

Condition	Start Date (DD/MM/YYYY)	End Date (DD/MM/YYYY)	Tick if still ongoing	Medication Required	
1			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
3			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
6			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
7			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
8			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
9			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
10			<input type="checkbox"/>	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Participant Study Number

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Concomitant Medications

Give details of all concomitant medications, including those taken prior to onset of the SAE and any being used to treat the SAE. If additional space is necessary, use further copies of this page. If start or end-dates are unknown or partially known, note this – the abbreviation uk is acceptable (for example: *uk* or *uk/2014* or *uk/12/2014*).

Medication	Start Date (DD/MM/YYYY)	End Date (DD/MM/YYYY)	Tick if ongoing	Dose	Frequency	Route	Indications	Suspect Drug (tick)	Interaction with study drug (tick)
1			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
2			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
3			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
4			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
5			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
6			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
7			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
8			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
9			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>
10			<input type="checkbox"/>					<input type="checkbox"/>	<input type="checkbox"/>

Participant Study Number

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Relevant Tests -

List only relevant confirmatory test results for event(s), for example from blood tests, diagnostic imaging. Please include normal ranges and any comments about the test or its result.

Test	Date (DD/MM/YYYY)	Result	Normal Range- Low	Normal Range- High	Comments
1					
2					
3					
4					
5					

Rechallenge Information

- | | | | | |
|---------------------------------------------------------------------|-------------------------------------|---------------------------------|--------------------------------|---------------------------------|
| 1. Did the reaction abate after stopping suspected drug? | <input type="checkbox"/>
Unknown | <input type="checkbox"/>
Yes | <input type="checkbox"/>
No | <input type="checkbox"/>
N/A |
| 2. Did the reaction reappear after re-introduction of suspect drug? | | <input type="checkbox"/>
Yes | <input type="checkbox"/>
No | <input type="checkbox"/>
N/A |

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Primary Source

Please give details of the person completing this SAE form

Name:	Email address:
Address:	
Telephone number:	Fax number:
Qualification: Physician <input type="checkbox"/> Pharmacist <input type="checkbox"/> Other Health Professional <input type="checkbox"/> Trial Team <input type="checkbox"/>	

To be signed by the Principal Investigator or designee

This is the person who has completed the assessment section on page 1 of this form. If the assessment has not yet been made, the report should NOT be signed.

I am the Principal Investigator Yes ☐ No ☐

If No, please state designation

I confirm that this is a SAE

Name: (PRINT)

Signature:

Date:

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

Completed SAE forms should be scanned and emailed to twics@abdn.ac.uk, s.c.cotton@abdn.ac.uk and kareninnes@abdn.ac.uk or faxed to 01224 438165. If you do not receive an acknowledgement, please resend or contact the trial team.

To be signed by the Chief Investigator or designee in the event of a SUSAR

I am the Chief Investigator Yes ☐ No ☐

If No, please state designation

I confirm that this is a SUSAR

Name: (PRINT)

Signature:

Date:

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

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Baseline ☐
6 months ☐
12 months ☐



Quality of Life Questionnaire

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Health Technology Assessment Programme

HOW TO FILL IN THIS QUESTIONNAIRE

Most questions can be answered by putting a cross in the appropriate circle or box. Please print your answers carefully within the boxes like this:

① ☒ ② ③ ④ ⑤

OR

x

If you make a mistake, shade out the wrong box completely and mark the correct one like this

① ☒ ② ☒ ③ ④ ⑤

Eg if you ticked "1" but meant to tick "3"

Please try to complete the whole questionnaire.

There are no right or wrong answers.

You do not have to answer any question if you do not want to.

Thank you for your help.

Section A – The COPD Assessment Test (CAT)

For each item below, please mark (X) in the box that best describes you currently. Be sure to select one response for each question.

Example I am very happy ① ☒ ② ③ ④ ⑤ I am very sad

A1 I never cough ① ② ③ ④ ⑤ I cough all the time

A2 I have no phlegm (mucus) in my chest at all ① ② ③ ④ ⑤ My chest is completely full of phlegm (mucus)

A3 My chest does not feel tight at all ① ② ③ ④ ⑤ My chest feels very tight

A4 When I walk up a hill or one flight of stairs I am not breathless ① ② ③ ④ ⑤ When I walk up a hill or one flight of stairs I am very breathless

A5 I am not limited in doing any activities at home ① ② ③ ④ ⑤ I am very limited doing activities at home

A6 I am confident leaving my home despite my lung condition ① ② ③ ④ ⑤ I am not at all confident leaving my home because of my lung condition

A7 I sleep soundly ① ② ③ ④ ⑤ I don't sleep soundly because of my lung condition

A8 I have lots of energy ① ② ③ ④ ⑤ I have no energy at all

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Section C – Breathlessness

Please mark (X) the box that best describes your degree of breathlessness related to activities.

Degree of breathlessness related to activities

Not troubled by breathlessness except on strenuous exercise ☐

Short of breath when hurrying or walking up a slight hill ☐

Walks slower than contemporaries on level ground because of breathlessness, or has to stop for breath when walking at own pace ☐

Stops for breath after walking about 100 metres or after a few minutes on level ground ☐

Too breathless to leave the house, or breathless when dressing or undressing ☐

Section D – Date

Please write in the date that you completed this questionnaire:

THANK YOU FOR YOUR HELP IN COMPLETING THIS QUESTIONNAIRE

**Once you have completed the questionnaire, please give it back to the
research nurse, or return it in the pre-paid envelope provided to the
following address:**

**TWICS Trial Office
Centre for Healthcare Randomised Trials (CHaRT)
Health Services Research Unit
3rd floor, Health Sciences Building
Foresterhill, Aberdeen AB25 2ZD**

**Tel: 01224 438193 or 01224 438178
Fax: 01224 438165
twics@abdn.ac.uk**

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Follow-up questionnaire

Side effects and exacerbations (flare-ups)

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This study is funded by the NHS NIHR
Health Technology Assessment Programme

Please try to complete the whole questionnaire.

There are no right or wrong answers.

You do not have to answer any question if you do not want to.

Thank you for your help.

1. Since we were last in contact with you (on)
have you experienced any side-effects of the study tablets?

Yes ☐

No ☐



If yes, please describe these side effects:

Can we contact you to discuss these side-effects?

Yes ☐

No ☐

2. Since we were last in contact with you (on)
have you experienced any exacerbations, or flare-ups of your
COPD?

Yes ☐

No ☐



If yes, please tell us about each exacerbation. We would like to know how long it lasted, what treatment you had, and whether you needed to go into hospital or had care at home from a community team (eg COPD nurse) to prevent hospitalisation.

Exacerbation 1

**What date did the
exacerbation start?**

**What date did you recover
from the exacerbation?**

What treatment did you receive for the exacerbation? (please tick all that apply)

Antibiotics

Oral steroids
(prednisolone)

Oxygen

Increased use
of inhaler

Started or increased use of
nebuliser

Other

☐☐☐☐☐☐

**Did you have to go into hospital for your
exacerbation?**

Yes ☐

for _____ days

No ☐

**Did you have care at home from a community team
(eg COPD nurse) to try and prevent hospitalisation?**

Yes ☐

for _____ days

No ☐

Exacerbation 2

**What date did the
exacerbation start?**

**What date did you recover
from the exacerbation?**

What treatment did you receive for the exacerbation? (please tick all that apply)

Antibiotics

Oral steroids
(prednisolone)

Oxygen

Increased use
of inhaler

Started or increased use of
nebuliser

Other

☐☐☐☐☐☐

**Did you have to go into hospital for your
exacerbation?**

Yes ☐

for _____ days

No ☐

**Did you have care at home from a community team
(eg COPD nurse) to try and prevent hospitalisation?**

Yes ☐

for _____ days

No ☐

Exacerbation 3

What date did the exacerbation start?

What date did you recover from the exacerbation?

What treatment did you receive for the exacerbation? (please tick all that apply)

Antibiotics

☐

Oral steroids
(prednisolone)

☐

Oxygen

☐

Increased use
of inhaler

☐

Started or increased use of
nebuliser

☐

Other

☐

Did you have to go into hospital for your exacerbation?

Yes ☐ for _____ days No ☐

Did you have care at home from a community team (eg COPD nurse) to try and prevent hospitalisation?

Yes ☐ for _____ days No ☐

Exacerbation 4

What date did the exacerbation start?

What date did you recover from the exacerbation?

What treatment did you receive for the exacerbation? (please tick all that apply)

Antibiotics

☐

Oral steroids
(prednisolone)

☐

Oxygen

☐

Increased use
of inhaler

☐

Started or increased use of
nebuliser

☐

Other

☐

Did you have to go into hospital for your exacerbation?

Yes ☐ for _____ days No ☐

Did you have care at home from a community team (eg COPD nurse) to try and prevent hospitalisation?

Yes ☐ for _____ days No ☐

Thank you for completing this questionnaire

Participant Study No

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Baseline ☐
6 months ☐
12 months ☐



Theophylline With Inhaled Corticosteroids

QUESTIONNAIRE

CONFIDENTIAL

This study is funded by the NHS NIHR
Health Technology Assessment Programme

HOW TO FILL IN THIS QUESTIONNAIRE

Please circle the appropriate response for each question. Use 0 to indicate no problem and 5 to indicate severe/frequent problem

Coughing	0	1	2	3	4	5
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If you make a mistake, shade out the wrong box completely and mark the correct one like this

Coughing	0		2	3	4	5
----------	---	------------------------------------------------------------------------------------	---	---	---	---

Eg if you ticked "1" but meant to tick "3"

Please try to complete the whole questionnaire.

There are no right or wrong answers.

You do not have to answer any question if you do not want to.

Thank you for your help.

Please circle the most appropriate response for each question

Within the last MONTH, how did the following problems affect you?						
	0 = no problem					5= severe/ frequent problem
Hoarseness or a problem with your voice	0	1	2	3	4	5
Clearing your throat	0	1	2	3	4	5
The feeling of something dripping down the back of your nose or throat	0	1	2	3	4	5
Retching or vomiting when you cough	0	1	2	3	4	5
Cough on first lying down or bending over	0	1	2	3	4	5
Chest tightness or wheeze when coughing	0	1	2	3	4	5
Heartburn, indigestion, stomach acid coming up (or do you take medications for this, if yes score 5)	0	1	2	3	4	5
A tickle in your throat, or a lump in your throat	0	1	2	3	4	5
Cough with eating (during or soon after meals)	0	1	2	3	4	5
Cough with certain foods	0	1	2	3	4	5
Cough when you get out of bed in the morning	0	1	2	3	4	5
Cough brought on by singing or speaking (for example, on the telephone)	0	1	2	3	4	5
Coughing more when awake rather than asleep	0	1	2	3	4	5
A strange taste in your mouth	0	1	2	3	4	5

Please write in the date that you completed this questionnaire:

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THANK YOU FOR YOUR HELP IN COMPLETING THIS QUESTIONNAIRE

**Once you have completed the questionnaire, please give it back to the
research nurse, or return it in the pre-paid envelope provided to the
following address:**

**TWICS Trial Office
Centre for Healthcare Randomised Trials (CHaRT)
Health Services Research Unit
3rd floor, Health Sciences Building
Foresterhill, Aberdeen AB25 2ZD**

**Tel: 01224 438193 or 01224 438178
Fax: 01224 438165
twics@abdn.ac.uk**