

--	--	--	--



Help us to design better sexual health services by completing this anonymous questionnaire

Reducing Sexually Transmitted Infections (STI) is a public health priority. The groups of people at greatest risk of STIs are younger people and men who have sex with men (MSM). The risk of getting an infection can be reduced, but more research is necessary to identify better types of health promotion activities.

This anonymous questionnaire asks about the type of sexual health promotion activities people might be prepared to use in the future.

These answers will help us understand what people want from sexual health services, and how they could be improved. Your answers will not affect the treatment or service you receive today.

You must be 16 or over to complete this questionnaire.

If you are 16 or over please tick the box below:

- I AM AGED 16 OR OVER

☐

HOW TO COMPLETE THIS QUESTIONNAIRE:

The Task

For each of the following 12 questions, imagine that you have been asked to participate in an activity designed to reduce your chances of getting a STI.

For each question, a set of options are described in a table. They differ according to the activity they involve doing.

Please look at the options in the table and tick the option (column) you would most prefer to take part in, or whether you would rather not use any.

There are 12 main questions to complete.

- The questions might sometimes seem very similar but it is **important to answer all of them**.
- Please also complete the background questions at the end of the questionnaire; this information helps us to understand and monitor how different groups of participants might have different preferences for the options (e.g. men and women).
- There are no right or wrong answers to these questions - we just want to know which options are most important to you and which you might be prepared to use.

This questionnaire takes approximately 10-15 minutes to complete. It would be appreciated if you could complete it in the clinic while you wait.

If you have any questions, please ask the person who gave you the questionnaire.

Thank you for your time and interest.

Question 1

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line one-to-one session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one phone conversation	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A professional health advisor or councillor	A nurse	No one, it's just you	No one, it's just you	
The number of contact sessions	Just once	4 to 6	2 to 3	You receive one a week until you unsubscribe	
Length of each contact	15 mins	1 hour	30 mins	Each email or text takes a couple of minutes to read	
Q1. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 2

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one face-to-face meeting at the clinic	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes.	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A professional health advisor or councillor	Someone who has had similar experiences to you, but is not a health care professional	No one, it's just you	No one, it's just you	
The number of contact sessions	Just once	4 to 6	2 to 3	You receive one a week until you unsubscribe	
Length of each contact	1 hour	15 mins	30 mins	Each email or text takes a couple of minutes to read	
Q2. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 3

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one face-to-face meeting at the clinic	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	Someone who has had similar experiences to you, but is not a health care professional	A professional health advisor or councillor	No one, it's just you	No one, it's just you	
The number of contact sessions	2 to 3	Just once	4 to 6	You receive one a week until you unsubscribe	
Length of each contact	15 mins	30 mins	30 mins	Each email or text takes a couple of minutes to read	
Q3. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 4

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A face-to-face group meeting at the clinic with people who are similar to you	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A nurse	A nurse	No one, it's just you	No one, it's just you	
The number of contact sessions	Just once	4 to 6	2 to 3	You receive one a week until you unsubscribe	
Length of each contact	30 mins	1 hour	1 hour	Each email or text takes a couple of minutes to read	
Q4. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 5

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A face-to-face group meeting at the clinic with people who are similar to you	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	Someone who has had similar experiences to you, but is not a health care professional	A professional health advisor or councillor	No one, it's just you	No one, it's just you	
The number of contact sessions	Just once	2 to 3	4 to 6	You receive one a week until you unsubscribe	
Length of each contact	1 hour	30 mins	15 mins	Each email or text takes a couple of minutes to read	
Q5. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 6

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one face-to-face meeting at the clinic	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A nurse	Someone who has had similar experiences to you, but is not a health care professional	No one, it's just you	No one, it's just you	
The number of contact sessions	4 to 6	2 to 3	Just once	You receive one a week until you unsubscribe	
Length of each contact	30 mins	1 hour	15 mins	Each email or text takes a couple of minutes to read	
Q6. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 7

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one phone conversation	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	Someone who has had similar experiences to you, but is not a health care professional	A professional health advisor or councillor	No one, it's just you	No one, it's just you	
The number of contact sessions	4 to 6	2 to 3	2 to 3	You receive one a week until you unsubscribe	
Length of each contact	1 hour	15 mins	15 mins	Each email or text takes a couple of minutes to read	
Q7. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 8

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A face-to-face group meeting at the clinic with people who are similar to you	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A professional health advisor or councillor	A nurse	No one, it's just you	No one, it's just you	
The number of contact sessions	4 to 6	Just once	Just once	You receive one a week until you unsubscribe	
Length of each contact	15 mins	30 mins	1 hour	Each email or text takes a couple of minutes to read	
Q8. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 9

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one face-to-face meeting at the clinic	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	Someone who has had similar experiences to you, but is not a health care professional	A nurse	No one, it's just you	No one, it's just you	
The number of contact sessions	4 to 6	2 to 3	Just once	You receive one a week until you unsubscribe	
Length of each contact	30 mins	15 mins	1 hour	Each email or text takes a couple of minutes to read	
Q9. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 10

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one phone conversation	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A professional health advisor or councillor	Someone who has had similar experiences to you, but is not a health care professional	No one, it's just you	No one, it's just you	
The number of contact sessions	2 to 3	Just once	4 to 6	You receive one a week until you unsubscribe	
Length of each contact	30 mins	15 mins	1 hour	Each email or text takes a couple of minutes to read	
Q10. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 11

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A face-to-face group meeting at the clinic with people who are similar to you	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A nurse	Someone who has had similar experiences to you, but is not a health care professional	No one, it's just you	No one, it's just you	
The number of contact sessions	2 to 3	Just once	4 to 6	You receive one a week until you unsubscribe	
Length of each contact	1 hour	30 mins	15 mins	Each email or text takes a couple of minutes to read	
Q11. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

Question 12

Imagine you have been asked to participate in an activity to reduce your chances of getting a STI in the future. Which one of the five options would you most prefer?

Characteristics	Options				
	Talking with at least one other person	An on-line <u>group</u> session	An on-line <u>one-to-one</u> session	Email or text information	I'd rather NOT participate in any of them
Type of contact	A one-to-one phone conversation	Facebook Group Chat or Twitter (or similar on-line social media)	Interactive on-line information, including videos and quizzes	Emails or texts from an NHS service, containing health information	
Type of interaction	Chatting	Typing questions and responses	Reading / watching on-line and ticking boxes via a web page or app	Reading the emails/texts	
The person who organises and runs each contact session	A nurse	A professional health advisor or councillor	No one, it's just you	No one, it's just you	
The number of contact sessions	2 to 3	4 to 6	Just once	You receive one a week until you unsubscribe	
Length of each contact	15 mins	1 hour	30 mins	Each email or text takes a couple of minutes to read	
Q12. Which of the 5 options would you prefer? (tick <u>one</u> box)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn to the next page

We would now like to ask you a few short questions about yourself

How old are you?

Please write your age in years

--	--

Are you:

Male

☐

Female

☐

Transgender

☐

What is your sexuality?

Heterosexual/straight

☐

Lesbian/gay

☐

Bisexual

☐

Prefer not to say

☐

**Have you ever been diagnosed with a sexually transmitted infection (STI)
(Please tick one box)?**

Yes

☐

No

☐

I'm not sure

☐

Prefer not to say

☐

**Approximately how many times have you tested for a STI over the past year
(not including today)?**

--	--

Have you been diagnosed with HIV?

Yes

☐

No

☐

Prefer not to say

☐

What is your employment status (Please tick one box)?

Student

☐

Employed

☐

Unemployed

☐

Other

☐

Were you born in the UK?

Yes

☐

No

☐

Prefer not to say

☐

What is your highest qualification? *(Please tick one box)*

- | | |
|---|--------------------------|
| Finished education with no qualifications | <input type="checkbox"/> |
| O levels/GCSEs (or equivalent) | <input type="checkbox"/> |
| A Levels (or equivalent) | <input type="checkbox"/> |
| University Degree or above | <input type="checkbox"/> |
| Other qualifications | <input type="checkbox"/> |
-

Please return your completed questionnaire into the box in the reception area or give it to a member of staff/person who gave it to you.

If you have any questions about the study, or would like to see a study report of the findings then please contact a member of the study team

A.Roy@bsms.ac.uk or c.king@ucl.ac.uk.

If completing this questionnaire has raised any questions or concerns about your health then please speak to your Doctor or Nurse.

Thank you for taking part in this study