

# **Balancing the concentration of services required for professional training requirements with demand and needs for local services: a policy analysis**

---

## ***Appendices***

***Report for the National Co-ordinating Centre for NHS Service Delivery and Organisation R&D (NCCSDO)***

***April 2004***

Address for correspondence

Dianne Dawson

Centre for Health Economics, University of York, York

E-mail: dad2@york.ac.uk

# Contents

## Appendices

<b>Appendix 1 Literature search strategy</b>	<b>4</b>
<b>Appendix 2 Inter-specialty variations in staffing patterns: two case studies</b>	<b>12</b>
<i>Case study A Staffing levels in a medium-sized hospital in June 2003</i>	14
<i>Case study B Staffing levels in a medium-sized hospital in September 2003</i>	18
<b>Appendix 3 The fieldwork interviews</b>	<b>23</b>
<i>Points for the interview in the Royal College of Ophthalmologists</i>	23
<i>Institutions and representatives who were interviewed in 2003, and the positions held by the representatives when interviewed</i>	26
<b>Appendix 4 Composition of staff by specialty</b>	<b>27</b>
<b>Appendix 5 Survey of documents from Royal Colleges and professional associations, and their implications for configuration of services</b>	<b>31</b>
<i>Introduction</i>	31
<i>Selection of hospital specialties</i>	31
<i>Methods</i>	32
<i>Results</i>	33
<i>Summing up</i>	38
<i>References</i>	39
<b>Appendix 5 Annex A: Medical Royal Colleges, Joint Higher Training Committees and professional associations relevant to the surveyed specialties in England</b>	<b>40</b>
<i>A&amp;E medicine</i>	40
<i>Anaesthetics</i>	40
<i>General medicine and medical sub-specialties</i>	40
<i>General surgery and surgical sub-specialties</i>	40
<i>Ophthalmology</i>	41
<i>Obstetrics and gynaecology</i>	41
<i>Paediatrics</i>	41
<i>Psychiatry</i>	41
<i>General practice</i>	41
<b>Appendix 5 Annex B: Documents identified and either included or excluded from the data-abstraction process, and journals</b>	<b>42</b>
<i>Documents meeting the inclusion criteria and abstracted in the templates</i>	42
<i>Documents not meeting the inclusion criteria</i>	46
<i>Journals checked for pronouncements on training or service delivery</i>	48
<b>Appendix 5 Annex C: Specialty reviews</b>	<b>50</b>
<i>A&amp;E medicine</i>	51
<i>Anaesthetics</i>	56
<i>General medicine and medical specialties: cardiology, dermatology, endocrinology and diabetes, gastroenterology, renal medicine and respiratory medicine</i>	67

## *Balancing the Concentration of Services Required for Professional Training*

<i>General surgery and surgical specialties: trauma and orthopaedics, and urology</i>	82
<i>Ophthalmology</i>	91
<i>Obstetrics and gynaecology</i>	99
<i>Paediatrics</i>	117
<i>Psychiatry</i>	126
<i>Specialty training for general practice</i>	128
<b>Appendix 6 Productivity regression results</b>	<b>130</b>
<i>Variables and labels</i>	130
<i>A Regression model for general surgery and urology</i>	130
<i>B Regression model for obstetrics and gynaecology</i>	131
<i>C Regression model for paediatrics</i>	132
<i>D Regression model for general medicine</i>	134
<i>E Regression model for trauma and orthopaedic surgery</i>	135

## Appendices

### Appendix 1 Literature search strategy

The literature search was carried out by the Centre for Reviews and Dissemination at the University of York. Table A1.1 lists the databases that were searched.

**Table A1.1 Databases searched**

Database	Service/host	Search date/search dates
Medline	Ovid on the web	1996–week 3, August 2002
EMBASE	Ovid on the web	1996–week 3, August 2002
Dissertation Abstracts	Dialog	1996–29 August 2002
ASSIA	Datastar	1996–29 August 2002
NTIS	Dialog	1996–29 August 2002
Geobase	Dialog	1996–29 August 2002
HMIC	ARC service	1996–29 August 2002
Magazine Index	Dialog	1996–30 August 2002
Management Contents	Dialog	1996–29 August 2002
Pais	Dialog	1996–29 August 2002
Sigle	CD-ROM	29 August 2002
Sociological Abstracts	ARC service	1996–29 August 2002
Social SciSearch	Dialog	1996–29 August 2002

The search strategies are presented below.

#### ***Medline***

- 1 centrali#ation.tw.
- 2 centrali#ed.tw.
- 3 decentrali#ation.tw.
- 4 demography.tw.
- 5 decentrali#ed.tw.
- 6 distance\$.tw.
- 7 geographic.tw.
- 8 (gravity adj model).tw.
- 9 health facility closure/
- 10 health facility merger/
- 11 regional health planning/

- 12 regionali#ation.tw.
- 13 speciali#ation.tw.
- 14 exp catchment area health/
- 15 exp centralized hospital services/
- 16 (hospital adj closure\$).tw.
- 17 or/1-16
- 18 exp health services accessibility/
- 19 exp hospitalization/
- 20 exp hospitals/
- 21 (access\$ adj3 service).tw.
- 22 (access\$ adj3 services).tw.
- 23 (access\$ adj3 hospital).tw.
- 24 (access\$ adj3 hospitals).tw.
- 25 or/18-24
- 26 (treatment adj uptake).tw.
- 27 exp choice behavior/
- 28 exp patient acceptance of healthcare/
- 29 patient dropouts/
- 30 small area analysis/
- 31 or/26-30
- 32 exp asia central/or exp asia southeastern/
- 33 china/or korea/or macao/or mongolia/or taiwan/or bangladesh/or bhutan/or india/or nepal/
- 34 pakistan/or sri lanka/or south america/or exp africa central/
- 35 exp south america/
- 36 exp africa eastern/or exp africa northern/or exp africa western/
- 37 namibia/
- 38 or/32-37
- 39 psychiatric.tw.
- 40 exp mental disorders/
- 41 or/38-40
- 42 17 and (25 or 31)
- 43 42 not 41

### **EMBASE**

- 1 (centrali#ation or centrali#ed or decentrali#ation or decentrali#ed).ti,ab.
- 2 demography.ti,ab.
- 3 DEMOGRAPHY/
- 4 geography/
- 5 (distance\$ or geographic).ti,ab.

- 6 gravity model.ti,ab.
- 7 (distance\$ or geographic).ti,ab.
- 8 (gravity adj model\$).ti,ab.
- 9 health facility closure/
- 10 regional health planning/
- 11 (regionali#ation or speciali#ation).ti,ab.
- 12 urbanization/or urban population/
- 13 urban population/or regionalization/
- 14 exp catchment area health/
- 15 POPULATION/or exp "POPULATION AND POPULATION RELATED PHENOMENA"/

The following databases were searched on the Dialog system using the strategy below:

***Management Contents, Magazine Index, Dissertation Abstracts, NTIS, Pais***

- 1 CENTRALI?ATION OR DECENTRALI?ATION OR CENTRALI?ED OR DECENTRALI?ED
- 2 DEMOGRAPHY OR GEOGRAPHY OR GEOGRAPHIC OR DISTANCE?
- 3 GRAVITY(W)MODEL?
- 4 (HEALTH OR HOSPITAL? ?)(3N)CLOSURE
- 5 REGIONAL()HEALTH()PLANNING
- 6 REGIONALI?ATION OR SPECIALI?ATION OR URBANI?ATION
- 7 URBAN(W)POPULATION
- 8 HEALTH(W)CARE(2N)ORGANI?ATION
- 9 S1:S8
- 10 (HEALTH OR HEALTHCARE)(3N)(ACCESS OR ACCESSING OR ACCESSIBILITY)
- 11 HOSPITAL(W)BED(W)(CAPACITY OR CAPACITIES)
- 12 HOSPITALI?ATION
- 13 HEALTH(W)CARE(W)AVAILABILITY
- 14 HEALTHCARE(W)AVAILABILITY
- 15 (HOSPITAL OR HOSPITALS OR MEDICAL)(3N)(ACCESS OR ACCESSING OR ACCESSIBILITY)
- 16 S10:S15
- 17 TREATMENT(W)UPTAKE
- 18 DROPOUT? ? OR DROP(W)OUT?
- 19 CHOICE OR CHOOSE OR CHOOSING
- 20 POPULATION(W)DYNAMIC?
- 21 PATIENT (3N)(COMPLIANCE OR ACCEPTANCE OR SATISFACTION)
- 22 SMALL(W)AREA(W)(ANALYSIS OR ANALYSES)
- 23 POPULATION(W)DENSITY
- 24 POPULATION(W)STRUCTURE

- 25 PATIENT(3N)ATTITUDE?
- 26 TREATMENT(W)FAILURE?
- 27 TREATMENT(W)OUTCOME?
- 28 S9 AND S16 AND S29
- 29 (HOSPITAL OR HOSPITALS) (3N)(UTILI?E OR UTILI?ATION OR USE)
- 30 S16
- 31 S16 OR S29
- 32 S17:S27
- 33 S9 AND S31 AND S32
- 34 UD=1996:9999
- 35 S33 AND S34

### ***Geobase***

- 1 (CENTRALI? OR DECENTRALI?)/TI,AB
- 2 (DEMOGRAPHY OR GEOGRAPH?)/TI,AB
- 3 DISTANCE?/TI,AB
- 4 GRAVITY()MODEL?/TI,AB
- 5 CLOSURE?/TI,AB
- 6 (REGIONALI?ATION OR SPECIALI?ATION)/TI,AB
- 7 (URBANI?ATION OR URBAN()POPULATION)/TI,AB
- 8 CATCHMENT()AREA?/TI,AB
- 9 SPATIAL ASPECT/DE
- 10 URBAN HEALTHCARE/DE
- 11 HEALTHCARE PLANNING/DE
- 12 MEDICAL GEOGRAPHY/DE
- 13 SPATIAL PATTERN/DE
- 14 LOCATIONAL BEHAVIOR/DE
- 15 DISTANCE-DECAY PATTERN/DE
- 16 HEALTH SERVICES LOCATION/DE
- 17 SPATIAL ANALYSIS/DE
- 18 DISTANCE EFFECT/DE
- 19 SPATIAL DISTRIBUTION/DE
- 20 CATCHMENT AREA/DE
- 21 RESIDENCE LOCATION/DE
- 22 TRAVEL-TIME COST/DE
- 23 HEALTH SYSTEM DECENTRALISATION/DE
- 24 DECENTRALISATION/DE
- 25 S1:S24
- 26 HEALTH()SERVICE?
- 27 HOSPITAL? OR HEALTHCARE OR HEALTH()CARE OR PATIENT?

- 28 MEDICAL OR SURGICAL
- 29 S26:S28
- 30 S25 AND S29
- 31 ACCESS? OR AVAILABILITY
- 32 HEALTHCARE PLANNING/DE
- 33 HEALTH CARE ACCESS/DE
- 34 MEDICAL PROVISION/DE
- 35 HEALTH SERVICE UTILISATION/DE
- 36 BED CLOSURE/DE
- 37 HEALTH SERVICES LOCATION/DE
- 38 HEALTH CARE DEMAND/DE
- 39 TRANSPORTATION/DE
- 40 HOSPITAL ACCESSIBILITY/DE
- 41 S31:S40
- 42 S30 AND S41
- 43 DEVELOPING WORLD/DE
- 44 S42 NOT S43
- 45 UD>1995
- 46 S44 AND S45

### ***Social SciSearch***

- 1 CENTRALI?ATION OR DECENTRALI?ATION OR CENTRALI?ED OR DECENTRALI?ED
- 2 DEMOGRAPHY OR GEOGRAPHY OR GEOGRAPHIC OR DISTANCE?
- 3 GRAVITY(W)MODEL?
- 4 (HEALTH OR HOSPITAL? ?)(3N)CLOSURE
- 5 REGIONAL()HEALTH()PLANNING
- 6 REGIONALI?ATION OR SPECIALI?ATION OR URBANI?ATION
- 7 URBAN(W)POPULATION
- 8 HEALTH(W)CARE(2N)ORGANI?ATION
- 9 S1:S8
- 10 (HEALTH OR HEALTHCARE)(3N)(ACCESS OR ACCESSING OR ACCESSIBILITY)
- 11 HOSPITAL(W)BED(W)(CAPACITY OR CAPACITIES)
- 12 HOSPITALI?ATION
- 13 HEALTH(W)CARE(W)AVAILABILITY
- 14 HEALTHCARE(W)AVAILABILITY
- 15 (HOSPITAL OR HOSPITALS OR MEDICAL)(3N)(ACCESS OR ACCESSING OR ACCESSIBILITY)
- 16 S10:S15
- 17 TREATMENT(W)UPTAKE
- 18 DROPOUT? ? OR DROP(W)OUT?



- 19 CHOICE OR CHOOSE OR CHOOSING
- 20 POPULATION(W)DYNAMIC? ?
- 21 PATIENT (3N)(COMPLIANCE OR ACCEPTANCE OR SATISFACTION)
- 22 SMALL(W)AREA(W)(ANALYSIS OR ANALYSES)
- 23 POPULATION(W)DENSITY
- 24 POPULATION(W)STRUCTURE
- 25 PATIENT(3N)ATTITUDE? ?
- 26 TREATMENT(W)FAILURE? ?
- 27 TREATMENT(W)OUTCOME? ?
- 28 PSYCHIATRIC OR MENTAL(W)DISORDER? ? OR MENTAL(W)ILLNESS?
- 29 UD=1996:9999
- 30 S17:S27
- 31 S9 AND S16 AND S30
- 32 S31 NOT S28
- 33 S32 AND S29

## **ASSIA**

- 1 CENTRALI\$ OR DECENTRALI\$
- 2 DEMOGRAPHY OR GEOGRAPHY OR GEOGRAPHIC OR DISTANCE\$
- 3 GRAVITY ADJ MODEL\$
- 4 (HEALTH OR HOSPITAL\$) WITH CLOSURE
- 5 REGIONAL ADJ HEALTH ADJ PLANNING
- 6 REGIONALI\$ OR SPECIALI\$ OR URBANI\$
- 7 URBAN ADJ POPULATION
- 8 HEALTH ADJ CARE ADJ ORGANI?
- 9 1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 8
- 10 (HEALTH OR HEALTHCARE) WITH (ACCESS OR ACCESSING OR ACCESSIBILITY)
- 11 HOSPITAL ADJ BED WITH (CAPACITY OR CAPACITIES)
- 12 HOSPITALI\$
- 13 HEALTH ADJ CARE WITH AVAILABILITY
- 14 HEALTHCARE WITH AVAILABILITY
- 15 (HOSPITAL OR HOSPITALS OR MEDICAL) WITH (ACCESS OR ACCESSING OR ACCESSIBILITY)
- 16 10 OR 11 OR 12 OR 13 OR 14 OR 15
- 17 TREATMENT ADJ UPTAKE
- 18 DROPOUT\$ OR DROP ADJ OUT\$
- 19 CHOICE OR CHOOSE OR CHOOSING
- 20 POPULATION ADJ DYNAMIC\$
- 21 PATIENT WITH (COMPLIANCE OR ACCEPTANCE OR SATISFACTION)
- 22 SMALL ADJ AREA ADJ (ANALYSIS OR ANALYSES)

- 23 POPULATION ADJ DENSITY
- 24 POPULATION ADJ STRUCTURE
- 25 PATIENT WITH ATTITUDE\$
- 26 TREATMENT ADJ FAILURE\$
- 27 TREATMENT ADJ OUTCOME\$
- 28 PSYCHIATRIC OR MENTAL ADJ DISORDER\$ OR MENTAL ADJ ILLNESS\$
- 30 17 18 19 20 21 22 23 24 25 26 27
- 31 9 AND 16 AND 30
- 32 31 NOT 28

## ***SIGLE***

Centralisation or centralization or decentrali\*

Demograph\* or geograph\* or distance\*

Merger\* or closure\* or catchment

1 or 2 or 3

access\* or availability or transport

hospital or medical or health

4 and 5 and 6

## ***HMIC and Sociological Abstracts***

- 1 CENTRALI\* OR DECENTRALI\*
- 2 DEMOGRAPHY OR GEOGRAPHY OR GEOGRAPHIC OR DISTANCE\*
- 3 GRAVITY MODEL\*
- 4 (HEALTH OR HOSPITAL\*) WITH CLOSURE
- 5 REGIONAL HEALTH PLANNING
- 6 REGIONALI\* OR SPECIALI\* OR URBANI\*
- 7 URBAN POPULATION
- 8 HEALTH CARE ORGANI\*
- 9 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8
- 10 (HEALTH OR HEALTHCARE) WITH (ACCESS OR ACCESSING OR ACCESSIBILITY)
- 11 HOSPITAL WITH BED WITH (CAPACITY OR CAPACITIES)
- 12 HOSPITALI\*
- 13 HEALTH CARE WITH AVAILABILITY
- 14 HEALTHCARE WITH AVAILABILITY
- 15 (HOSPITAL OR HOSPITALS OR MEDICAL) WITH (ACCESS OR ACCESSING OR ACCESSIBILITY)
- 16 #10 OR #11 OR #12 OR #13 OR #14 OR #15
- 17 TREATMENT UPTAKE
- 18 DROPOUT\* OR DROP OUT\*
- 19 CHOICE OR CHOOSE OR CHOOSING

*Balancing the Concentration of Services Required for Professional Training*

- 20 POPULATION DYNAMIC\*
- 21 PATIENT WITH (COMPLIANCE OR ACCEPTANCE OR SATISFACTION)
- 22 SMALL AREA ANALYSIS OR SMALL AREA ANALYSES
- 23 POPULATION DENSITY
- 24 POPULATION STRUCTURE
- 25 PATIENT WITH ATTITUDE\*
- 26 TREATMENT FAILURE\*
- 27 TREATMENT OUTCOME\*
- 28 PSYCHIATRIC OR MENTAL DISORDER\* OR MENTAL ILLNESS\*
- 30 #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26  
OR #27
- 31 #9 AND #16 AND #30
- 32 #31 NOT #28

## Appendix 2 Inter-specialty variations in staffing patterns: two case studies

As explained in Section 3, national workforce data relate to trusts not hospitals. In order to obtain data on staffing by hospital or site, it is necessary to use information collected by the Royal Colleges by specialty. However, it is not possible to pool this data to examine the extent of variation by specialty within a single hospital. We therefore undertook two case studies of single-site trusts to investigate the extent to which dependence on trainees to deliver service was primarily a specialty-level problem that ranged from low to high within an individual hospital. Data at this level of detail also enabled us to examine how coping with the European Working Time Directive (EWTd) varied by specialty and staffing pattern. Again, the problems were between specialties within a trust and were not a trust-specific issue.

The case studies are for two medium sized non-teaching district general hospitals (DGHs). We reviewed staffing for the major acute specialties. Details by hospital and by specialty are provided below. However, a brief summary brings out the far greater difference between specialties than between trusts.

- *Obstetrics and gynaecology* The two hospitals had similar caseloads and similar staffing arrangements for consultants and middle-grade doctors. However, expansion of the senior house officer (SHO) tier in DGH B (from four SHOs) would appear to be necessary to meet EWTd requirements.
- *Paediatrics* Although the two paediatric units had similar-sized caseloads, the junior staffing levels were far higher in DGH A. The hospital's 'level-2' neonatal unit was sited within the maternity unit, the unit being in a building that was separate from the main hospital where the paediatric wards were sited. To provide safe and immediate cover across all emergency services, DGH A therefore had two SHO rotas. DGH B also had a level-2 neonatal unit, but as it was in close proximity to the paediatric wards, a single SHO out-of-hours rota was sufficient. Both hospitals were reliant on staff doctors to complete their middle-grade cover.
- *General medicine and care of the elderly* These two specialties are considered jointly because it is usual practice in district hospitals nowadays for out-of-hours care to be provided by rotas that cover all medical inpatients. In DGH A, 12 consultant physicians joined the senior rota; there were 16 consultants, including part-time members, on the rota in DGH B. In each hospital the consultants were supported by three training rotas: a middle-grade rota (specialist registrars (SpRs) in both hospitals), an SHO-grade rota (the staff including trust doctors in both hospitals) and a pre-registration house officer (PRHO) rota.
- *General surgery and urology* The patterns of staffing for these two surgical specialties in the DGHs were similar: each had six consultant general surgeons who formed the consultant rota, and each had two or three consultant urologists who separately covered urological emergencies. Both hospitals were dependent upon non-training-grade doctors (staff or associate specialist) to complete the middle-grade tier and, likewise, trust doctors were needed to complete the SHO tier. PRHOs formed the most junior rota.

- *Trauma and orthopaedics* The London hospital (DGH A) had a larger consultant establishment (nine compared with six in DGH B), but the middle-grade and SHO staffing levels in both hospitals were similar, forming one in six rotas in every case and with non-training-grade doctors as members.
- *Accident and emergency (A&E)* This specialty, historically, has had low consultant staffing levels, so the DGHs were not unusual in each having only two A&E consultants and one or no SpR. As the departments were open for 24 hours a day throughout the year, they had long-established shift systems for SHO-equivalent doctors. DGH A, in fact, had a double shift arrangement with the middle-grade shift being staffed primarily by staff doctors.
- *Anaesthetics* Since the skills of anaesthetists are required in many clinical departments in addition to various surgical theatre suites (for example, the labour ward, critical-care unit, pain-relief service), district hospitals now have relatively large departments of anaesthetics. Fifteen consultants formed the senior rota in DGH B, and 12 consultants in DGH A. Each hospital had four SpRs. At the SHO level, DGH B had 11 trainees, and DGH A had eight (inclusive of trust doctors). But in this specialty doctors entering the SHO grade must spend their first 6 months acquiring requisite competencies before they can go on call or work under distant supervision.

The case studies were prepared as the two trusts were reviewing medical staffing arrangements in all specialties in readiness for the implementation of EWTD on 1 August 2005, so the configurations for the middle-grade and SHO tiers illustrated in this appendix may since have been modified to a certain extent. Nevertheless, the distinctive inter-specialty patterns will still be evident.

## ***Case study A Staffing levels in a medium-sized hospital in June 2003***

### **1 Obstetrics and gynaecology (8265 finished consultant episodes (FCEs))**

6 Consultants

3 Staff grades

6 SpRs

1 Flexible registrar (i.e. part-time registrar)

1 Senior SHO

6 SHOs (of which 1 was on the GP Vocational Training Scheme (GPVTS))

1 Flexible SHO (part-time)

#### ***Levels of cover for out-of-hours work***

Level 1 Consultant cover 1:6

Level 2 SpRs+FlexiSpR+Senior SHO+Staff grades: full shift

Level 3 SHOs+FlexiSHO+GPVTS: rolling 1:6 rota, full shift

#### ***Contractual arrangements***

Level 1 Consultants on call from home approx 1:6 (with prospective cover).

Level 2 SpRs on full shift. This means a maximum of 56 hours of work/week, where each shift cannot be longer than 14 hours, and there must be at least an 8-hour break between shifts. Natural breaks are required during the shift of at least 30 minutes every 4 hours. Band supplement level, 2a.

Level 3 SHOs work a full shift pattern. Band supplement level, 2a.

### **2 Paediatrics (4467 FCEs)**

5 Consultants+1 part-time

3 Staff grades

4 SpRs

10 SHOs (5 for paediatric unit, 5 for neonatal unit), of which 2 are GPVTS trainees

1 House officer

#### ***Levels of cover for out-of-hours work***

Level 1 Consultant cover 1:5+prospective cover

Level 2 SpRs+Staff grades+Flexi 16-hour partial shift

Level 3 SHOs for neonatal unit, SHOs+Flexi+GPVTS full shift; SHOs for general paediatrics, SHOs+Flexi+GPVTS full shift

Level 4 1 House officer (supernumerary)

***Contractual arrangements***

SHOs There are two units in the DGH: general paediatrics/A&E and the neonatal unit. The neonatal unit is a level-2 unit. There are 10 SHOs, split equally between each site. The SHOs work a full-shift pattern on each site, with five doctors working each shift pattern. Band, 2a.

The SpRs are training years 1 and 2. The SpRs cover both general paediatrics and the neonatal unit. Owing to difficulties in recruiting middle grades, they were on a 24-hour on-call rota, and not New Deal. Band supplement, 3.

The House Officer post is supernumerary. He or she does on call.

**3 A&E**

2 Consultants

8 Staff grades

1 SpR

10 SHOs

***Levels of cover for out-of-hours work***

Consultants 1:2 rota

SpR+Staff grades full shift

SHOs full shift

***Contractual arrangements***

Middle-grade staff on a full shift with nine doctors. Band supplement, 1a.

SHOs on a full shift with 10 doctors. Band supplement, 1a.

**4 Anaesthetics**

12 Consultants+1 locum consultant

1 Associate specialist

3 Staff grades

4 SpRs

5 SHOs

1 PRHO

Critical care: 1 SHO, 2 trust doctors

***Levels of cover for out-of-hours work***

Level 1 Consultants, 1:12 with prospective cover

Level 2 Staff grades+SpRs, 16-hour partial shift, 1:5 weekdays, 1:4 weekends

Level 3 SHOs, 16-hour partial shift, 1:5

***Contractual arrangements***

Level 1 Consultants on call, 1:12.

Level 2 Staff grades and SpRs on 16-hour partial shift. Band supplement, 2a.

Level 3 SHOs on 16-hour partial shift. First 3 months on the job they shadow the consultant. They rotate through critical care post also, and one SHO in critical care comes from medicine. Band supplement, 2a.

Level 4 PRHO supernumary: observes and helps.

## **5 General medicine (6205 FCEs)**

13 Consultants (2 cardiology, 2 gastroenterology, 1 renal, 2 respiratory, 2 endocrine, 4 care of the elderly)

2 Locum consultants

7 SpRs+2 trust doctors

10 SHOs

7 PRHOs

### ***Levels of cover for out-of-hours work: combined rota for general medicine and care of the elderly***

Level 1 Consultant cover, 1:13 with prospective cover

Level 2 SpRs on 24-hour partial shift

Level 3 SHOs on full shift

Level 4 PRHOs on full shift

### ***Contractual arrangements***

- Consultants: the renal consultant does not take part in the rota.
- All training-grade doctors do a rota with the care of the elderly trainees.
- SpRs are on a 1:9, 24-hour partial shift. Band supplement, 2b.
- SHOs on a 1:21 full shift. Band supplement, 2a.
- PRHOs are on full shift. Band supplement, 2a.

## **6 Care of the elderly (1809 FCEs)**

4 Consultants

1 Associate specialist

2 SpRs

10 SHOs

2 PRHOs

The care of the elderly trainees combine with the general medicine trainees to provide out-of-hours care: see above.

## **7 Psychiatry**

9 Consultants

3 Locum consultants

5 Staff grades

1 SpR

8 SHOs



***Levels of cover for out-of-hours work***

Consultants+locums+spr, 1:10 with prospective cover

SHOs, on call 1:8

***Contractual arrangements***

There are two levels of cover: Consultants and SpRs, and SHOs. The SHO band supplement is 2b.

**8 General surgery and urology (6409 FCEs)**

***General surgery***

6 Consultants

1 Locum consultant

2 Staff grades

1 Associate specialist

2 SpRs

1 Hospital specialist

3 SHOs

3 Trust doctors

5 PRHOs

***Urology***

2 Consultants

1 Staff grade

1 SpR

1 Trust officer

2 PRHO

***Levels of cover for out-of-hours work in general surgery***

Consultants 1:6

Staff grades+SpRs 1:6

SHOs+trust officers 1:7, 16-hour partial shift

PRHOs full shift

***Contractual arrangements***

***General surgery***

SpRs with staff doctors worked an on-call rota of 1:6, covering urology overnight. Band supplement, 3.

SHOs The general surgery SHOs covered urology overnight on a 16-hour partial shift. Band supplement, 2b.

PRHOs Full shift. Band supplement, 3.

### *Urology*

The urology consultants had a 1:2 separate rota; the urology staff grade did no on call, and the urology SpR and trust doctor provided daytime cover and 1:7 evening on call with general surgical trainees.

The staff work across two sites.

## **9 Orthopaedics/trauma (3411 FCEs)**

6 Consultants

2 Staff grade

3 SpRs

3 Trust specialists

5 SHOs

3 Trust officers

### ***Levels of cover for out-of-hours work***

Consultants 1:6

SpRs+trust specialists 1:6, 24-hour on call

SHOs+trust doctors 1:6, 16-hour partial shift

### ***Contractual arrangements***

SpRs 24-hour on call on a 1:6 rota. Band supplement, 2a.

SHOs 16-hour partial shift. Band supplement, 2b.

The SHOs and SpRs operate a trauma week on a rolling 1:7 programme. They also work across two sites, although the second site does not accept trauma.

## ***Case study B Staffing levels in a medium-sized hospital in September 2003***

## **1 Obstetrics and gynaecology (8200 FCEs)**

The current medical staffing structure is:

6 Consultants

1 Staff grade

6 SpRs

4 SHOs (of which 1 is on the GPVTS)

### ***Levels of cover for out-of-hours work***

Level 1 Consultant cover 1:6

Level 2 SpRs: full Shift

Level 3 SHOs: on call

### ***Contractual arrangements***

Level 1 Consultants on call from home approx 1:6 (with prospective cover)

Level 2 SpRs: full shift

Level 3 SHOs: on call (a full shift pattern of working was ready to be implemented)

## **2 Paediatrics (4720 FCEs)**

4 Consultants+2 part-time (equating to 1 whole-time equivalent (wte))

1 Staff grade

4 SpRs (2 full time, 3 flexible trainees)

5 SHOs (working across both units), of which 2 are GPVTS trainees

1 House officer

### ***Levels of cover for out-of-hours work***

Level 1 Consultant cover 1:5 with prospective cover

Level 2 SpRs+staff grades: 24-hour partial shift

Level 3 SHOs+Flexi+GPVTS: 24-hour partial shift

Level 4 1 House officer (supernumerary)

### ***Contractual arrangements***

There were two units in the DGH: general paediatrics/A&E, and the neonatal unit. The neonatal unit is a level 2 unit.

- The five SHOs worked a 24-hour partial shift across both units.
- The four SpRs were mixed across all training years. They covered both general paediatrics and the neonatal unit and worked a 24-hour partial shift.
- The house officer post was supernumerary. The doctor did a partial shift.

## **3 A&E**

2 Consultants

3 Staff grades

5 SHOs+3 trust doctors (not training posts)

### ***Levels of cover for out-of-hours work***

Consultants 1:2 rota

Staff Grades ???????????

SHOs +Trust doctors Full shift

## **4 Anaesthetics**

15 Consultants+3 locum consultants

1 Associate specialist

4 SpRs (including 1 flexible trainee)

10 SHOs+1 trust doctor

1 PRHO

Note: all staff work across both general and critical care.

***Levels of cover for out-of-hours work***

Level 1 Consultants 1:15 with prospective cover

Level 2 SpRs, SHOs and trust doctor: 24-hour partial shift, 1:5 weekdays, 1:4 weekends

Level 3 SpR and SHOs: full shift

***Contractual arrangements***

Level 1 Consultants on call 1:15.

Level 2 SpRs and SHOs on a 24-hour partial shift. During the first 3 months in post, SpRs and SHOs shadow the consultant.

Level 3 SpR and SHOs are on a full shift and rotate through critical care. One SHO in critical care comes from medicine.

Level 4 PRHO supernumary, who observes and helps.

**5 General medicine (5387 FCEs)**

18 Consultants (including 3 part-time; 1 cardiology, 2 gastroenterology, 2 renal, 3 respiratory, 2 endocrine, 5 care of the elderly)

1 Locum consultant

6 SpRs+1 clinical fellow+1 flexible trainee

10 SHOs+4 trust Doctors (includes those working for care of the elderly consultants)

10 PRHOs (includes those working for care of the elderly consultants)

***Levels of cover for out-of-hours work: combined rota for general medicine and care of elderly***

Level 1 Consultant cover: 1:16 with prospective cover

Level 2 SpRs: 24-hour partial shift

Level 3 SHOs: full shift

Level 4 PRHOs: full shift

***Contractual arrangements***

The renal consultant did not take part in the rota. General medical staff at all levels were on combined rotas with the care of the elderly staff.

Consultants 1:16

SpRs 1:9, 24-hour partial shift

SHOs 1:21, full shift

PRHOs 1:10, full shift

**6 Care of the elderly (4518 FCEs)**

4 Consultants

1 Associate specialist

2 SpRs

10 SHOs (joint with general medicine – see above)

2 PRHOs (joint with general medicine - see above)

Refer to the general medicine staffing arrangements for the combined rota arrangements.

## **7 General surgery and urology (10 654 FCEs)**

### ***General surgery***

6 Consultants  
1 Staff grades  
1 Associate specialist  
3 SpRs+1 clinical fellow at SpR grade  
4 SHOs  
6 PRHOs

### ***Urology***

3 Consultants  
1 Associate specialist  
1 SpR  
2 PRHO  
1 Trust doctor (house officer level)

### ***Levels of cover for out-of-hours work in general surgery***

Consultants 1:6  
SpRs and SHOs 24-hour partial shift  
PRHOs full/partial shift  
Hybrid rota

### ***Current contractual arrangements***

- (i) General surgery: the general surgery SpRs/SHOs covered urology overnight.
- (ii) The urology consultants did a 1:4 separate rota which included the associate specialist (with backup from a consultant). The urology SpR provided daytime cover+1:7 evening on call.

## **8 Orthopaedics and trauma (3744 FCEs)**

9 Consultants  
1 Staff grade  
4 SpRs  
1 Associate specialist, 1 clinical fellow  
5 SHOs  
1 Trust doctor

### ***Levels of cover for out-of-hours work***

Consultants 1:9  
SpRs+staff grade 1:6, 24-hour partial shift

*Balancing the Concentration of Services Required for Professional Training*

SHOs+trust doctors      1:6, 16 hour partial shift

***Contractual arrangements***

Consultants      1:9

SpR equivalents with staff grade      1:6, 24-hour partial shift

SHOs      1:6, 16-hour partial shift (band supplement, 2A)

The SHOs and SpRs operated a trauma week arrangement on a rolling 1:7 programme.

## Appendix 3 The fieldwork interviews

Semi-structured interviews were carried out with representatives of the medical Royal Colleges, the Joint Higher Training Committees, regional postgraduate deaneries and other relevant institutions between June 2003 and January 2004. The institutions and the representatives who were interviewed are cited at the end of this appendix.

The interviews with the College representatives covered a standard set of themes:

- basic specialist training (BST),
- higher specialist training (HST),
- recognition of hospital training programmes,
- manpower issues,
- the New Deal and the EWTD,
- trends and policy developments.

In preparation for each interview, the relevant training curricula and manpower documents were examined to identify key issues and a list of points was prepared. These lists were quite detailed. An example, prepared for ophthalmology, is reproduced below. Shortly before the interviews, the lists were sent to the representatives. The discussions in the interviews either closely followed the lists of points or were more wide ranging and the interviewers used the list as an aide-memoire.

Three researchers undertook the interviewing (DD, RD and BN), usually in pairs. The interviews were mostly tape recorded and verbatim transcriptions of the tapes were prepared. To facilitate analysis, the transcriptions were edited individually by bringing together statements relating to particular themes. The edited transcriptions were finally bound together in a volume for ease of reference.

The interviews benefited the project by providing the researchers with an in-depth understanding of national policies, in their complexity, that are impinging on the delivery of postgraduate training in the NHS at the present time. The researchers also appreciated better the different issues and problems concerning hospital specialties, which is why the report provides so many inter-specialty comparisons.

### ***Points for the interview in the Royal College of Ophthalmologists***

#### **BST in ophthalmology**

The curriculum for BST on the web is dated 1999. It expected trainees at SHO level to spend 2 years reaching the prescribed level of attainment in training placements recognised by the College Training Committee before entry to HST (plus acquiring an appropriate exam).

- Is the BST curriculum issued in 1999 still current? If not, what changes have been introduced?

- The 1999 curriculum advised that SHOs should undertake 50 cataract or other intraocular procedures and 20 Yag laser posterior capsulotomies. Is this guidance still relevant and are SHOs having any difficulties fulfilling the requirements?
- At what point in their post-registration training (i.e. after the PRHO year) do SHOs (surgical or medical) usually elect to take up ophthalmology?
- Are ophthalmology SHO posts normally organised in training programmes involving trainees moving between hospital trusts? Do trainees tend to travel between hospitals on a weekly basis as well as moving from post to post during their time in a training programme?

## **HST in ophthalmology**

Updated HST curriculum in ophthalmology is dated in March 2003 (the medical ophthalmology curriculum was published in March 2002). For HST, seven sub-specialties are recognised.

- To what extent does the 2003 curriculum in ophthalmology differ from the previous version? And has the college adopted an approach towards competency-based higher surgical training that is in line with the other higher training committees (e.g. for medicine and surgery)?
- The new curriculum advises higher specialist trainees on numbers of procedures needed for essential clinical experience. (In the cornea and external diseases subspecialty, a minimum of six corneal transplant operations, and in the cataract and refractive surgery subspecialty, 300 complete surgical cataract cases as SpR.) Are these targets similar to the past curriculum? How were they determined (e.g. via from research evidence)?
- When was the distinction between medical ophthalmology and ophthalmology (surgical) introduced? What is the ratio of trainees in these two specialties?
- Can the college envisage a shortening of the HST training period (4.5 years in ophthalmology and 5 years for medical ophthalmology) to allow numbers of less experienced 'generalists' to come on stream, and is the college in favour of this?

## **Re-configuration of training schemes**

The college has maintained over a number of years a directory of all approved eye units in the UK.

- To what extent have trusts' ophthalmic services been re-configured in recent years? If so, has the 'driver' been primarily service delivery or training? And what impact has the re-configuration movement had on basic surgical training?
- Would past copies of the directory indicate where training slots have been lost or transferred between approved units (as a proxy for observing where re-configuration of inpatient and outpatient services has taken place)?
- How much emergency experience or night-time work is needed by trainees (especially SHOs)? And have training schemes been re-configured to provide on-call experience for trainees at night? Are further re-configurations expected for this purpose?



- In ophthalmology training schemes or programmes (both at BST and HST levels) are there more approved posts than trainees (to allow trainees to exercise choice over sub-specialty interests)?

### **Manpower issues**

In the Department of Health (DH) 30 September 2002 census, there were 661 wte consultants, 333 registrars, 396 SHOs, 132 associate specialists and 248 staff grades.

- (A recent *BMJ* careers supplement had only four advertisements for recognised ophthalmology SHO posts in England and three for staff doctors.) Has the college wished to see greater numbers of SHO posts created in ophthalmology? If so, what have been the constraints?
- BST trainer:trainee ratio. Does the college set targets for these ratios, and if so, what are they?
- In the 2003/2004 allocation of national training numbers (NTNs), there are 40 locally funded NTNs in ophthalmology. How far do this allocation meet the expectations of the college?
- The allocation of 2003/2004 NTNs is being undertaken, for the first time, on a capitation basis. What views does the college have about this method of allocation across workforce-development confederations (WDCs) and deaneries?
- As far as the college is aware, has sufficient local funding been identified for the allocated NTNs? And is it concerned that the principle of local funding might cause difficulties for the expansion of the specialty in the future?
- Ophthalmology services are very dependant on associate specialists and staff-grade doctors. Is this a problem?
- Are many staff doctors and associate specialists likely to apply for the new CCSE when the new regulations are enacted under the auspices of the Postgraduate Medical Education and Training Board (PMETB)?
- Does the college keep detailed numbers on the trends in specialty and sub-specialty training, and are there targets for this? If so, are these based according to need?

### **New Deal/EWTD**

- Twenty-four-hour on call will not be an option after August 2004, and as a minimum of 8–10 trainees are needed to maintain a full shift system and preserve training, how will this be achieved in eye units nationwide?
- Does the college envisage closure and amalgamation of acute services across hospital units as a result?

### **Trends and policy developments**

- Are the new suggestions proposed for Modernising Medical Careers (*Unfinished Business*) likely to have an impact on training for the specialty?
- How well developed, or organised, is the concept of 'networking' in ophthalmology services?
- Ophthalmology services are strongly multi-disciplinary in orientation. Does the college anticipate changing patterns in delivery of care, especially to the ageing

population, to impact on the demand for doctors in training and the delivery of training?

- More immediately, will the development of Diagnostic and Treatment Centres affect training, or will these be viewed purely as providing service and reducing waiting list times?

***Institutions and representatives who were interviewed in 2003, and the positions held by the representatives when interviewed***

**Colleges and higher training committees**

Faculty of Accident & Emergency Medicine, Dr Alastair McGowan, President

Joint Committee on Higher Surgical Training, Mr John Smith, Immediate Past Chairman

Joint Higher Medical Training Committee, Dr George Cowan, Chairman

Royal College of Anaesthetists, Professor Peter Hutton, Immediate Past President

Royal College of Obstetricians & Gynaecologists, Professor Bill Dunlop, President, and Mrs Belinda Grantham-Hill, Head of Postgraduate Training

Royal College of Ophthalmologists, Mr Nick Astbury, President, and Mr Stuart Cook, Chairman of the Training Committee

Royal College of Paediatrics & Child Health, Professor Alan Craft, President

Royal College of Physicians of London, Professor Parveen Kumar, Vice-President

Royal College of Psychiatrists, Dr Mike Shooter, President, and Professor Bhugra, Dean

Royal College of Surgeons of England, Mr Hugh Phillips, Vice-President, and Mr Bernard Ribeiro, Member of Council

**Deaneries and other training bodies**

Conference of Postgraduate Medical Deans (COPMED), Professor Peter Hill, Chairman

Eastern Region Postgraduate Deanery, Dr Huw Jones, Postgraduate Dean

Northern Region Postgraduate Deanery, Dr Deborah McInerny, Associate Postgraduate Dean

Specialist Training Authority, Professor Sir John Temple, Chairman, and Ms Lesley Hawkesworth, Chief Executive

**Other organisations**

Department of Health, Mr Paul Loveland, Head of Post Qualification Learning

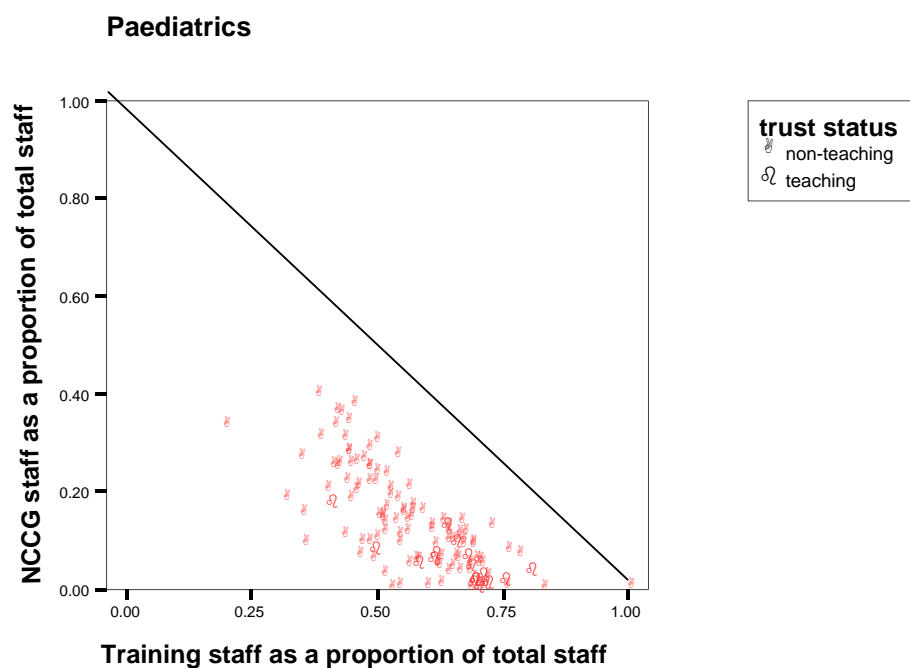
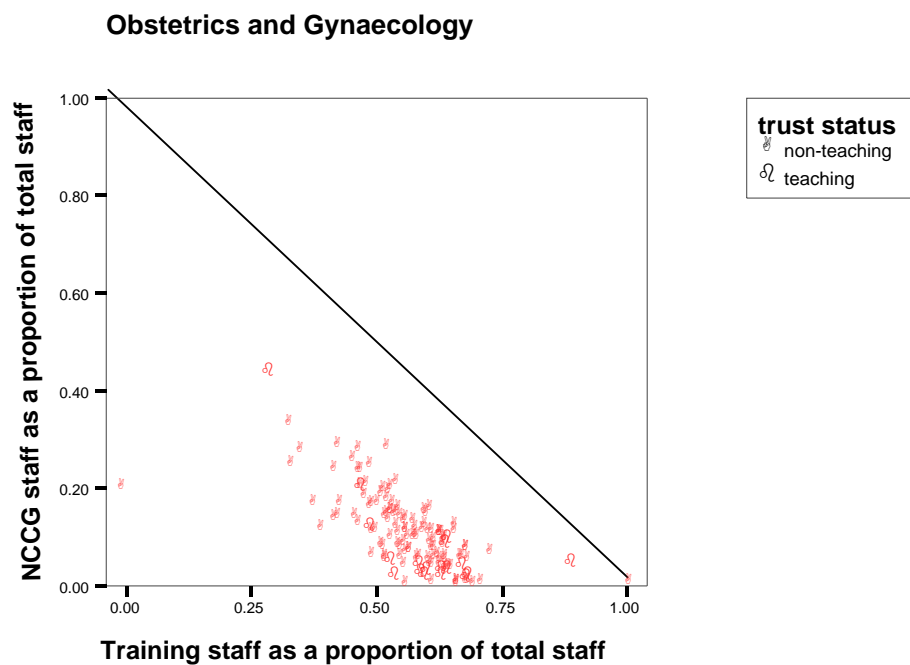
Hillingdon Hospital NHS Trust, Mr Trevor Mayhew, Deputy Finance Director

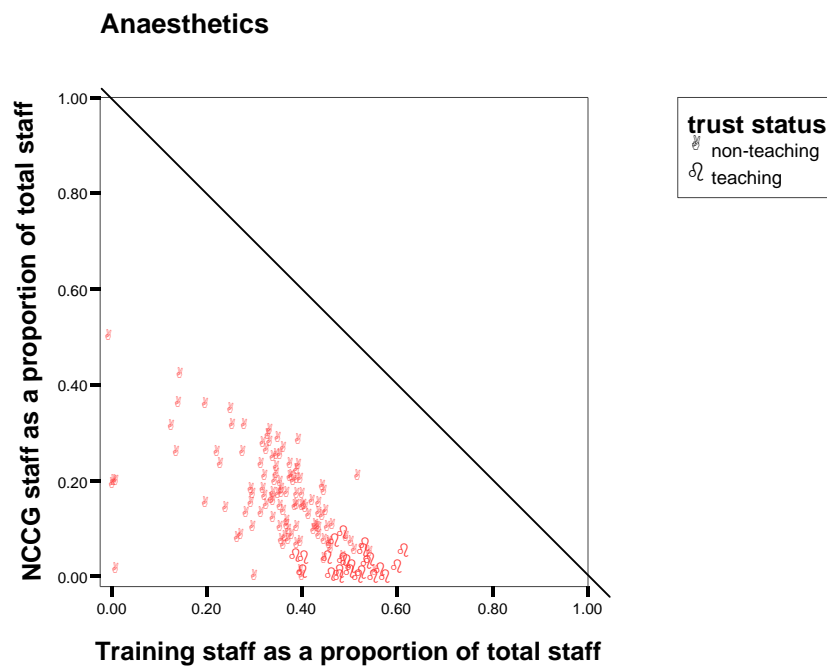
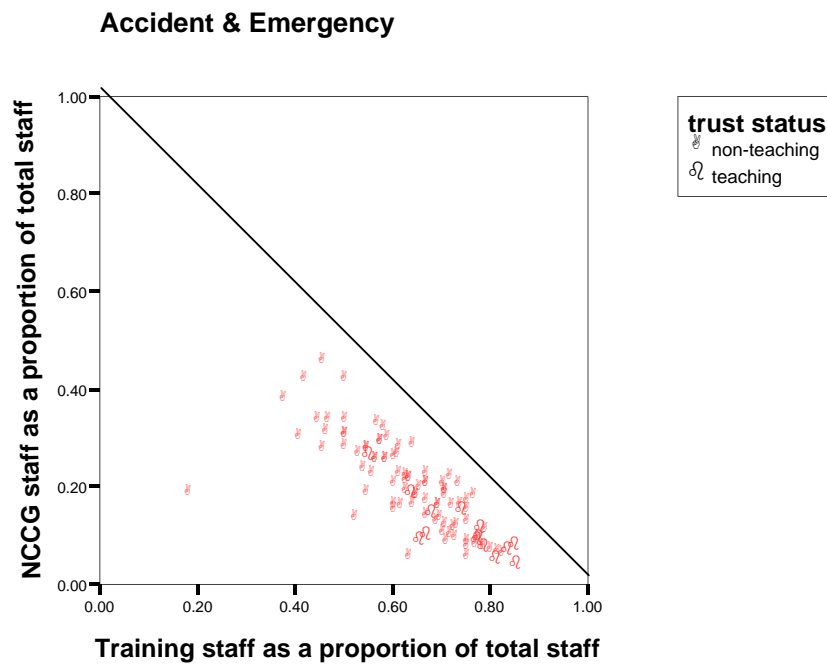
Medical Workforce Planning Team for England, Dr Judy Curson, Lead

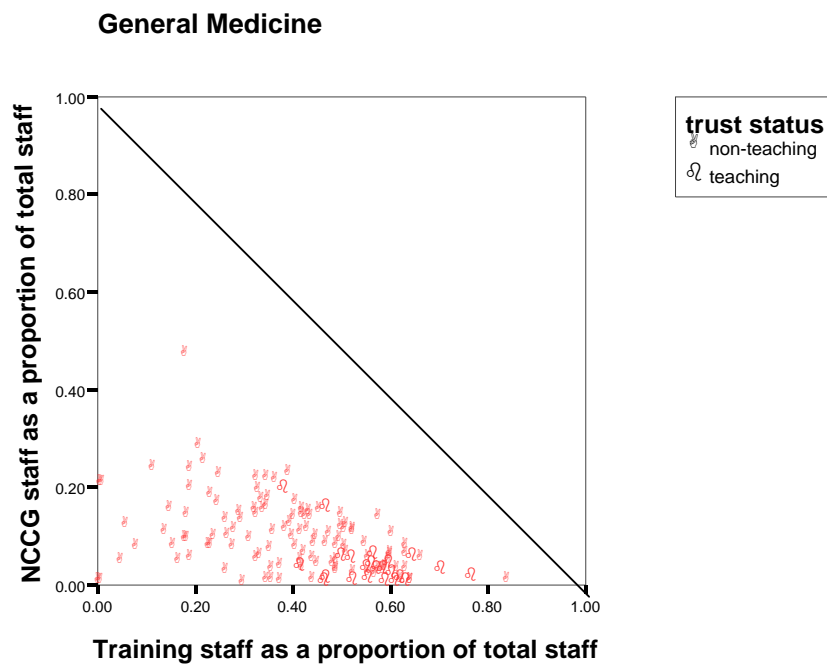
North West London Workforce Confederation, Mr Philip Brown, Chief Executive

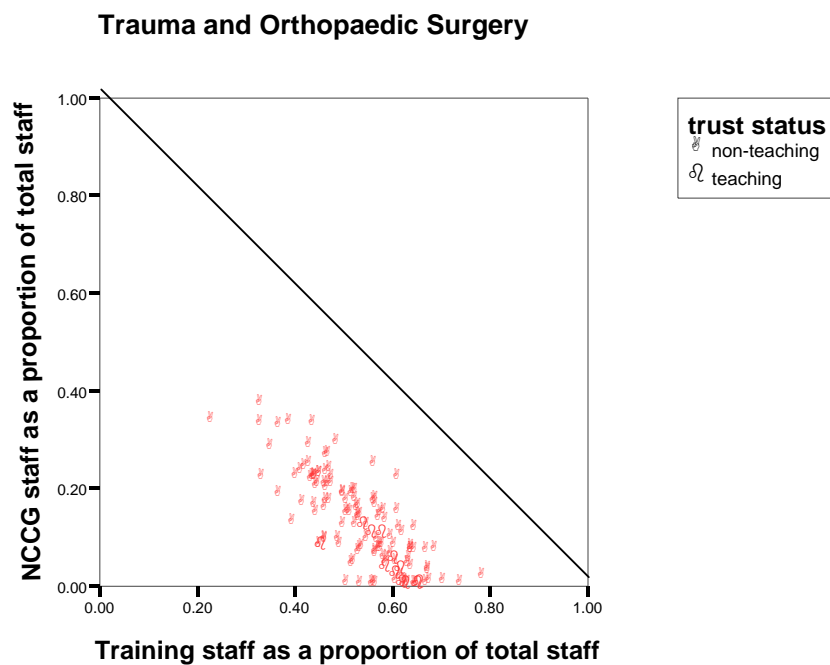
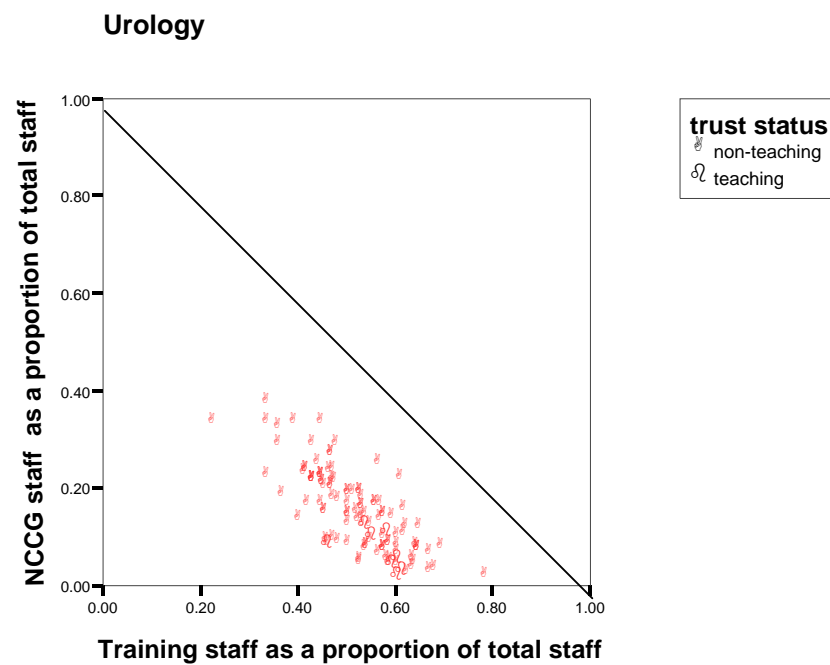
## Appendix 4 Composition of staff by specialty

NCCG, non-consultant career grade.









---

## Appendix 5 Survey of documents from Royal Colleges and professional associations, and their implications for configuration of services

### ***Introduction***

In this component of the project, published reports of Royal Colleges, Joint Higher Training Committees and professional associations were surveyed and reviewed. The work closely replicated the document review undertaken in 1996 for the original project on concentration and choice in the provision of hospital services (Dowie and Sykes, 1996). The work aimed to:

- (i) assemble relevant documentation;
- (ii) identify in the documents explicit guidance relating to training requirements, minimum staffing levels, workloads and service provision;
- (iii) to inform discussions held with representatives of the relevant Colleges and Higher Training Committees to clarify
  - the timeliness of the documents;
  - the relative importance of the documents' guidance in view of more recent policy developments.

The following analysis applies only to the survey of documents.

### ***Selection of hospital specialties***

More than 60 hospital specialties were recognised by the Specialist Training Authority in 2003, many of which were concentrated in tertiary centres and had a small medical workforce. So the documents survey focused on larger specialties likely to be represented in district hospitals as well as in tertiary centres. The criterion for selecting the specialties was based on the 2003/2004 allocations of NTNs for specialist registrars in England issued in March 2003 by the Medical Workforce Review Team (2003). Thus the survey covered specialties that were allocated 20 or more NTNs (including both centrally funded and locally funded numbers):

A&E medicine\*

Anaesthetics

General medicine\* and the sub-specialties of:

Cardiology\*

Dermatology

Endocrinology and diabetes

Gastroenterology

Geriatric medicine

Neurology

Renal medicine\*

Respiratory medicine

Rheumatology

General surgery\* and the sub-specialties of:

Otolaryngology

Trauma and orthopaedics\*

Urology

Ophthalmology

Obstetrics and gynaecology\*

Paediatrics\*

Psychiatry (the specialties of general adult psychiatry and old age psychiatry).

*Note: the specialties marked by an asterisk were covered in the 1996 review. In addition, the 1996 survey covered cardiothoracic surgery, clinical oncology and clinical radiology, intensive care, pathology and renal transplantation.*

In addition, the 2003 review covered guidance on the provision of hospital specialty experience for doctors entering general practice.

## ***Methods***

Unlike the 1996 survey, when the relevant literature was obtained directly from the Royal Colleges, joint committees and professional associations, documents for the 2003 survey were identified by systematically searching the websites of the respective bodies. These are listed in Appendix 5, Annex A. To ensure completeness, checks were made during the interviews with the college representatives. In addition, literature searches were made of journals sponsored by the Royal Colleges and professional associations. The journals are listed in Appendix 5, Annex B.

To be included in the survey, documents had to satisfy three criteria of relevance: (i) they must refer to the provision of hospital-based services; (ii) they must include training or service guidance and (iii) the guidance must be the latest publicly available. The survey covered publication dates between August 1996, when the previous survey was completed, and December 2003.

All identified documents were checked to see if the training or service guidance was directly related in some respects to the delivery of services. Those concerned primarily with structuring training and assessing trainees' competencies were set aside. Annex B lists the documents that met the inclusive criteria as well as the excluded documents.

The relevant documents were reviewed and the guidance summarised using the data-extraction template developed for the 1996 review. For each document, the reviewer (i) abstracted the guidance of relevance to the organisation of clinical services, (ii) assessed whether the guidance could directly or indirectly impact on service configurations (i.e. volume and concentration implications) and (iii) cited any justification for the recommendations and whether it was based on research evidence. The templates, organised by specialty, are reproduced in Appendix 5, Annex C.



## Results

A total of 82 documents were identified, of which 56 met the criteria of relevance. The comparative numbers for 1996 were 167 identified documents and 66 of relevance.

**Table A5.1 Authorship and scope of documents reviewed in 1996 and 2003**

Scope of recommendations	Authorship and year of survey							
	Royal College training committees		Royal College service/manpower committees		Professional associations		Total documents	
	1996	2003	1996	2003	1996	2003	1996	2003
Training	15	39	–	1	2	6	17 (25%)	46 (82%)
Service	1	–	22	2	18	3	42 (64%)	5 (9%)
Both training and service	3	1	–	3	5	1	8 (12%)	5 (9%)
Total	19	40	22	6	25	10	66 (100%)	56 (100%)

### Authorship and scope

Table A5.1 shows a striking difference in the patterns of authorship of the documents between the two surveys. Overall, in 2003, 71% were from college training committees, unlike in 1996, when 71% were authored either by college manpower or other non-training committees or professional associations. As a consequence, 82% of documents in 2003 focused solely on training compared with the earlier rate of 25%.

### Specialties and scope

Over half the 2003 documents were in four specialties – obstetrics and gynaecology (14), paediatrics (7), anaesthetics (7) and ophthalmology (5) – see Table A5.2. The table also shows that among the 51 documents focusing on training, 32 (63%) had volume implications: seven in paediatrics, six in obstetrics and gynaecology, and four in ophthalmology.

**Table A5.2 Documents with recommendations in 2003 by specialty**

Specialty	Number of documents surveyed				
	Training		Service delivery		Total documents
	Recommendations	Volume implications	Recommendations	Volume implications	
A&E medicine	3	3	1	–	4
Anaesthetics	6	2	4	4	7
General medicine (internal)	2	1	1*	1*	3
Cardiology	1	1	1	1	2
Dermatology	1	–	–	–	1

*Balancing the Concentration of Services Required for Professional Training*

Endocrinology and diabetes	1	–	–	–	1
Gastroenterology	1	–	–	–	1
Geriatric medicine	–	–	–	–	–
Neurology	–	–	–	–	–
Renal medicine	1	1	–	–	1
Respiratory medicine	1	1	–	–	1
Rheumatology	–	–	–	–	–
General surgery	3	3	1†	1†	4
Otolaryngology	–	–	–	–	–
Trauma and orthopaedics	2	2	–	–	2
Urology	1	1	–	–	1
Ophthalmology	5	4	–	–	5
Obstetrics and gynaecology	14	6	2	–	14
Paediatrics	7	7	–	–	7
Psychiatry	1	–	–	–	1
Specialty training for general practice	1	–	–	–	1
<b>Total</b>	<b>51</b>	<b>32</b>	<b>10</b>	<b>7</b>	<b>56‡</b>

\* *The service-delivery recommendations in the general medicine document also covered the other nine medical specialties.*

† *The service-delivery recommendations in the general surgery document also covered the other surgical specialties (excluding ophthalmology).*

‡ *Five documents contained service-delivery recommendations only: A&E medicine (1), anaesthetics (1), general medicine (1), cardiology (1) and general surgery (1).*

## **Training-related volume implications**

The training recommendations with volume implications are categorised in Table A5.3 as (i) training recognition for units or hospital departments and (ii) targets for trainees' clinical experience. Table A5.3 also distinguishes between the levels of training – basic training undertaken by SHOs and higher training undertaken by SpRs.

**Table A5.3** Categorisation of recommendations with volume implications by specialty

Specialty and level of training	Types of training recommendation with volume implications		
	(i) Recognition of units for training		(ii) Trainees' experience (procedures performed)
	Population served or minimum throughput	Consultant staffing level or ratio to trainee	
A&E medicine			
Basic	✓		
Higher	✓ ✓	✓	
Anaesthetics			
Higher – subspecialties	✓		✓
General internal medicine and medical specialties			
Internal - higher	✓		
Cardiology - higher	✓		
Renal medicine - higher		✓	
Respiratory medicine - higher	✓		✓
General surgery and surgical specialties			
Basic		✓	
Higher (all specialties)		✓	
General - Higher		✓	
Trauma and orthopaedics			
Basic		✓	
Higher		✓	
Urology – higher		✓	
Ophthalmology			
Basic		✓	✓
Higher		✓	✓✓
Obstetrics and gynaecology			
Higher – subspecialties	✓✓✓		✓
Higher – special skills	✓✓		✓
Paediatrics			
Basic	✓	✓	
Higher – subspecialties	✓✓✓✓	✓✓✓	✓✓

A tick (✓) represents a document containing training recommendations with volume implications.

### ***Training recognition***

The volume implications, directly or indirectly, were of two kinds. One was a requirement that units had sufficient caseloads for training purposes and this was to be assessed, as a proxy, by the size of population served or, more specifically, by a unit's throughput. The second kind was a requirement that the units had sufficient consultant staff for training purposes and it was to be assessed either by the unit's total consultant establishment or by its trainer/trainee ratio. The higher training committees for the medical specialties and A&E medicine focused on the caseload requirement and the surgical higher training committees on the staffing requirement. Anaesthetics, obstetrics and gynaecology, and paediatrics also had caseload requirements but they were directed not at units providing generic or core higher training (e.g. in district hospitals) but at centres offering sub-specialty or special skills training which trainees would experience within their rotation programmes. Finally, although not a requirement for training recognition, the manual covering higher training in all nine surgical specialties, issued by the Joint Committee of Higher Surgical Training (2003a), advised that parallel operating lists (where a consultant operates in one theatre and a trainee operates in an adjacent theatre) are not acceptable for training purposes.

### ***Trainee experience***

Nine documents in Table A5.3 cited minimum numbers of procedures or cases that trainees should undertake. However, this finding needs to be set in context. In the four documents for the specialties of respiratory medicine and ophthalmology, the recommended numbers were to be achieved during the span of trainees' time (years) in basic or higher training. (The surgical specialties of cardiothoracic surgery and paediatric surgery also identify volumes of operative exposure during higher training; Joint Committee for Higher Surgical Training, 2003b, 2003c). In contrast, four other documents applied to sub-specialty training undertaken within higher training programmes: the two documents in obstetrics and gynaecology referred to one of five sub-specialties and one of six special skills modules, while the two documents for paediatrics referred to two of nine hospital sub-specialties. The document for anaesthetics in Table A5.3 applied to four of seven sub-specialties (key units of training).

### **Service delivery**

Since only seven documents in 2003 contained volume implications for service delivery (Table A5.2) they were not analysed in detail. Instead, attention was focused on two college documents published in 2001 that contained target consultant/population ratios for medical and surgical specialties. These documents updated earlier recommendations from the 1990s (1993/1994 followed by 1998). The targets in Table A5.4 show a marked reduction in populations served over the 7-year period, no doubt a reflection of the steadily improving consultant staffing levels within the NHS. (On average, the number of hospital consultants in England grew by 4.7% each year during the period 1992–2002; 4.8% for medical specialties and 4.5% for surgical specialties (Department of Health, 2003).) Working groups in the medical and surgical colleges formulated the 2001 targets, based on submissions from the respective specialist associations and from other sources, including manpower censuses undertaken regularly by the colleges (e.g. Federation of Royal Colleges of

Physicians of the United Kingdom, 2003) and associations (e.g. British Orthopaedic Association, 2003). Account was also taken of national policy initiatives with manpower consequences, notably the Government's National Service Frameworks and, now, the Care Group Workforce Teams.

**Table A5.4 Consultant manpower targets, 1993/1994, 1998 and 2001, for surgical and medical specialties from the Royal Colleges and professional associations**

**(a) Surgical specialties**

Specialty	Population/consultant		
	1994	1998*	2001
General surgery	30 000	30 000	25 000
Trauma and orthopaedics	40 000	30 000	25 000
Otolaryngology	80 000	75 000	75 000
Urology	100 000	100 000	80 000
Plastic	187 000	125 000	100 000
Oral and maxillofacial surgery	200 000	167 000	150 000
Cardiothoracic	375 000	–	182 000
Neurosurgery	375 000	–	250 000
Paediatrics	500 000	–	300 000

**(b) Medical specialties**

Specialty	Population/consultant		
	1993/1994	1998*	2001
Cardiology	125 000	90 000	50 000
Gastroenterology	100 000	90 000	42 000
Respiratory medicine	100 000	90 000	50 000
Diabetes and endocrinology	–	90 000	62 500
Care of the elderly	–	90 000	50 000
Neurology	–	90 000	100 000
Renal medicine	–	150 000	117 000
Dermatology	–	–	85 000–100 000
Rheumatology	–	–	85 000

*\*Estimates based on an acute general hospital group serving a population of 450 000.*

Sources for Table A5.4

**1993/1994**

Corris, P. 1993. *Requirements for good practice in respiratory medicine*. London: British Thoracic Society.

Farthing, M.J.G. *et al.* 1993. *Nature and standards of gastrointestinal and liver services in the UK*. London: British Society of Gastroenterology.

McLeod, A.A. *et al.* 1994. *Cardiology in the district hospital*. London: British Cardiac Society.

Senate of the Royal Surgical Colleges of Great Britain and Ireland. 1994. *Consultant practice and surgical training in the United Kingdom*. London: Royal College of Surgeons of England.

**1998**

British Medical Association, Royal College of Physicians of London, Royal College of Surgeons of England. 1998. *Provision of acute general hospital services*. London: Royal College of Surgeons of England.

**2001**

Royal College of Physicians of London. 2001. *Consultant physicians working for patients*. Second edition. London: Royal College of Physicians.

Royal College of Surgeons of England. 2001. *The surgical workforce in the new NHS*. London: Royal College of Surgeons.

## **Citation of supporting evidence**

Ten documents in the 2003 survey cited supporting evidence or references, and the documents were mainly concerned with the organisation and delivery of services. The cited references were usually other policy documents. However, two documents were particularly reliant on research evidence: one was about the provision of anaesthetic services (Royal College of Anaesthetists, 1999) and the other was on cardiac services (British Cardiac Society, 2002). Finally, two documents developed recommendations based on workforce census results. The 1996 documents survey also observed that relatively few documents (eight) cited research-based evidence and they all covered service-delivery issues.

## **Summing up**

The 2003 review of documents containing training or service guidance found that:

- four-fifths of the documents focused solely on training;
- college training committees were the authors of nearly three-quarters of the documents.

The converse was observed in 1996: only a quarter of the documents were solely about training and college training committees authored fewer than a third. There were volume implications, either directly or indirectly, in almost two-thirds of the 2003 training documents and the implications were mainly relevant to units wishing to be recognised for training. The priority for the surgical specialties was adequate staffing levels whereas the medical specialties stressed patient throughput. The specialties which offer sub-specialty training as modules within higher training programmes, in particular obstetrics and gynaecology and paediatrics, were concerned that centres identified for advanced training would have sufficient volumes of suitable cases. Relatively few documents focused on trainees' experience and again the emphasis differed. One group identified targets of procedures that trainees should accomplish over the duration (in years) of their training programme; the other documents, again in obstetrics and gynaecology and paediatrics, set targets for sub-specialty modules of training programmes. But, targets were set for only four of the 20 sub-specialty or special skills modules offered by these two specialties.

The analysis of service-delivery implications was confined to consultant/population ratios recommended by the surgical and medical Royal Colleges between 1993/1994 and 2001. The diminution in the targets over the period was consistent with the observed annual expansion in consultant physicians and surgeons in the NHS. Finally, both in 1996 and 2003, very few documents utilised research evidence. The wider implications from the 2003 documents survey are explored in the main project report.

## **References**

- British Cardiac Society. 2002. *Fifth report on the provision of services for patients with heart disease*. London: British Cardiac Society.
- British Orthopaedic Association. 2003. *Summary findings of the British Orthopaedic Association's census on 31/12/2002*. London: British Orthopaedic Association.
- Department of Health. 2003. *Hospital, public health medicine and community health services medical and dental staff in England: 1992–2002*. London: Department of Health.
- Dowie, R. and Sykes, D. 1996. *Content of recommendations of Royal Colleges and Professional Associations and the implications for configuration of services*. Technical appendix 4, vol. 1, of Concentration and choice in the provision of hospital services. University of York, York: York Health Economics Consortium.
- Federation of the Royal Colleges of Physicians of the United Kingdom. 2003. *Census of consultant physicians in the UK, 2002. Data and commentary*. London: Royal College of Physicians of London.
- Joint Committee of Higher Surgical Training. 2003a. *A Manual of Higher Surgical Training in the UK and Ireland*. London: Joint Committee for Higher Surgical Training.
- Joint Committee for Higher Surgical Training. 2003b. *A curriculum for higher specialist training in cardiothoracic surgery*. London: Joint Committee for Higher Surgical Training.
- Joint Committee for Higher Surgical Training. 2003c. *Higher specialist training in paediatric surgery. Curriculum, educational content and structure of training programmes*. London: Joint Committee for Higher Surgical Training.
- Medical Workforce Review Team. 2003. Allocation of locally and centrally funded NTN's 2003/4 [letter]. *The Workforce Bulletin* issue 59: 3 March 2003. Available at [www.wdc.nhs.uk/bulletins/bulletin\\_59.php](http://www.wdc.nhs.uk/bulletins/bulletin_59.php)
- Royal College of Anaesthetists. 1999. *Guidelines for the provision of anaesthetic services*. London: Royal College of Anaesthetists.

## Appendix 5 Annex A: Medical Royal Colleges, Joint Higher Training Committees and professional associations relevant to the surveyed specialties in England

### ***A&E medicine***

Faculty of Accident & Emergency Medicine, [www.faem.org.uk](http://www.faem.org.uk)

Royal College of Surgeons of England (for basic training in A&E medicine)

British Association for Accident & Emergency Medicine, [www.baem.org.uk](http://www.baem.org.uk)

### ***Anaesthetics***

Royal College of Anaesthetists, [www.rcoa.ac.uk](http://www.rcoa.ac.uk)

Association of Anaesthetists of Great Britain and Ireland, [www.aagbi.org](http://www.aagbi.org)

### ***General medicine and medical sub-specialties***

Royal College of Physicians of London, [www.rcplondon.ac.uk](http://www.rcplondon.ac.uk)

Joint Committee on Higher Medical Training, [www.jchmt.org.uk](http://www.jchmt.org.uk)

Association of British Neurologists, [www.theabn.org](http://www.theabn.org)

British Association of Dermatology, [www.bad.org.uk](http://www.bad.org.uk)

British Cardiac Society, [www.bcs.com](http://www.bcs.com)

British Geriatric Society, [www.bgs.org.uk](http://www.bgs.org.uk)

British Society of Gastroenterology, [www.bsg.org.uk](http://www.bsg.org.uk)

British Society for Rheumatology, [www.rheumatology.org.uk](http://www.rheumatology.org.uk)

British Thoracic Society, [www.brit-thoracic.org.uk](http://www.brit-thoracic.org.uk)

Diabetes UK, [www.diabetes.org.uk](http://www.diabetes.org.uk)

Renal Association, [www.renal.org](http://www.renal.org)

Society for Endocrinology, [www.endocrinology.org](http://www.endocrinology.org)

### ***General surgery and surgical sub-specialties***

Royal College of Surgeons of England, [www.rcseng.ac.uk](http://www.rcseng.ac.uk)

Joint Committee on Higher Surgical Training, [www.jchst.org](http://www.jchst.org)

Association of Surgeons of Great Britain and Ireland, [www.asgbi.org.uk](http://www.asgbi.org.uk)

British Orthopaedic Association, [www.boa.ac.uk](http://www.boa.ac.uk)

British Association of Urological Surgeons, [www.baus.org.uk](http://www.baus.org.uk)

British Association of Otorhinolaryngologists, [www.entuk.org](http://www.entuk.org)



## ***Ophthalmology***

Royal College of Ophthalmologists, [www.rcophth.ac.uk](http://www.rcophth.ac.uk)

## ***Obstetrics and gynaecology***

Royal College of Obstetricians and Gynaecologists, [www.rcog.org.uk](http://www.rcog.org.uk)

British Association of Perinatal Medicine, [www.bapm.org](http://www.bapm.org)

British Fertility Society, [www.britishfertilitysociety.org.uk](http://www.britishfertilitysociety.org.uk)

British Gynaecological Cancer Society, [www.gynaeonc.net](http://www.gynaeonc.net)

British Maternal & Fetal Medicine Society, [www.bmfms.org.uk](http://www.bmfms.org.uk)

British Menopause Society, [www.the-bms.org](http://www.the-bms.org)

British Society for Clinical Cytology, [www.clinicalcytology.co.uk](http://www.clinicalcytology.co.uk)

British Society for Colposcopy and Cervical Pathology, [www.bsccp.org.uk](http://www.bsccp.org.uk)

British Society for Paediatric and Adolescent Gynaecology

British Society of Urogynaecology

## ***Paediatrics***

Royal College for Paediatrics and Child Health, [www.rcpch.ac.uk](http://www.rcpch.ac.uk)

British Association of Perinatal Medicine, [www.bapm.org](http://www.bapm.org)

British Society for Paediatric Endocrinology and Diabetes, [www.bsped.org.uk](http://www.bsped.org.uk)

British Paediatric Allergy, Immunity and Infection Group, [www.bpaiig.org](http://www.bpaiig.org)

British Association for Paediatric Nephrology, [www.bapn.uwcm.ac.uk](http://www.bapn.uwcm.ac.uk)

British Paediatric Neurology Association, [www.bpna.org.uk](http://www.bpna.org.uk)

Paediatric Rheumatology European Society, [www.pres.org.uk](http://www.pres.org.uk)

British Society of Paediatric Gastroenterology, Hepatology & Nutrition  
[www.bspghan.org.uk](http://www.bspghan.org.uk)

## ***Psychiatry***

Royal College of Psychiatrists, [www.rcpsych.ac.uk](http://www.rcpsych.ac.uk)

## ***General practice***

Royal College of General Practitioners, [www.rcgp.org.uk](http://www.rcgp.org.uk)

Joint Committee on Postgraduate Training for General Practice, [www.jcptgp.org.uk](http://www.jcptgp.org.uk)

## Appendix 5 Annex B: Documents identified and either included or excluded from the data-abstraction process, and journals

### ***Documents meeting the inclusion criteria and abstracted in the templates***

#### **A&E medicine**

British Association for A&E Medicine. The Way Ahead 1998: British Association for A&E Medicine; 1998 (October 1998).

Faculty of A&E Medicine. Higher Specialist Training A&E Medicine: Faculty of A&E Medicine; 2003 (February 2003).

Joint Committee on Higher Training in A&E Medicine. Educational Recognition of Posts in A&E Medicine: Faculty of A&E Medicine; 2003 (February 2003).

Royal College of Surgeons. The Manual of Basic Surgical Training: Royal College of Surgeons; 1998 (September 1998).

#### **Anaesthetics**

Association of Anaesthetists. Provision of Pain Services: Association of Anaesthetists; 1997 (September 1997).

Association of Anaesthetists. Guidelines for Obstetric Anaesthesia Services: Association of Anaesthetists; 1998 (September 1998).

Royal College of Anaesthetists. Guidelines for the provision of Anaesthetic Services 1999: Royal College of Anaesthetists; 1999.

Royal College of Anaesthetists. The CCST in Anaesthesia. II: Competency Based Senior House Officer Training and Assessment: Royal College of Anaesthetists; 2003 (April 2003).

Royal College of Anaesthetists. The CCST in Anaesthesia. III: Competency Based Specialist Registrar Years 1 and 2 Training and Assessment: Royal College of Anaesthetists; 2003 (April 2003).

Royal College of Anaesthetists. The CCST in Anaesthesia. IV: Competency Based Specialist Registrar Years 3, 4 and 5 Training and Assessment: Royal College of Anaesthetists; 2003 (April 2003).

Royal College of Anaesthetists. Guidance on the provision of paediatric anaesthetic services: Royal College of Anaesthetists; 2003 (July 2003).

#### **General medicine and medical specialties**

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for General (Internal) Medicine: JCHMT; 2003 (January 2003).

Royal College of Physicians. General Professional Training: Handbook: Royal College of Physicians; 2000 (March 2000).

Royal College of Physicians. Consultant Physicians Working for Patients: Royal College of Physicians; 2001 (November 2001).

### **Cardiology**

British Cardiac Society. Fifth report on the provision of services for patients with heart disease: British Cardiac Society; 2002.

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Cardiology: JCHMT; 2003 (April, 2003).

### **Dermatology**

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Dermatology: JCHMT; 2003 (February 2003).

### **Endocrinology and diabetes**

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Endocrinology & Diabetes Mellitus: JCHMT; 2003 (January 2003).

### **Gastroenterology**

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Gastroenterology: JCHMT; 2003 (January 2003).

### **Renal medicine**

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Renal Medicine: JCHMT; 2003 (January 2003).

### **Respiratory medicine**

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Respiratory Medicine: JCHMT; 2003 (January 2003).

### **General surgery and surgical specialties**

Joint Committee for Higher Surgical Training. Curriculum, Organisation and Syllabus for Higher Surgical Training in General Surgery: Joint Committee for Higher Surgical Training; 2001 (December 2001).

Joint Committee for Higher Surgical Training. A Manual of Higher Surgical Training in the UK and Ireland: Joint Committee for Higher Surgical Training; 2003 (January 2003).

Royal College of Surgeons. The Manual of Basic Surgical Training: Royal College of Surgeons; 1998 (September 1998).

Royal College of Surgeons. The Surgical Workforce in the New NHS: Royal College of Surgeons; 2001 (November 2001).

## **Trauma and orthopaedics**

British Orthopaedic Association. Education and Training for SHOs: A Snapshot of the Moment and Recommendations for the Future: British Orthopaedic Association; 2002 (July 2002).

Joint Committee for Higher Surgical Training. The Curriculum for Higher Surgical Training in Trauma and Orthopaedic Surgery: Joint Committee for Higher Surgical Training; 1996.

## **Urology**

Joint Committee for Higher Surgical Training. Urological Training: Joint Committee for Higher Surgical Training; 2002 (January 2002).

## **Ophthalmology**

Royal College of Ophthalmologists. Curriculum of Basic Specialist Training in Ophthalmology: Royal College of Ophthalmologists; 1999.

Royal College of Ophthalmologists. Guide for Basic Specialist Training in Ophthalmology: Royal College of Ophthalmologists; 2000.

Royal College of Ophthalmologists. Curriculum of Higher Specialist Training in Medical Ophthalmology: Royal College of Ophthalmologists; 2002 (March 2002).

Royal College of Ophthalmologists. Guide for Higher Specialist Training in Ophthalmology: Royal College of Ophthalmologists; 2003 (March 2003).

Royal College of Ophthalmologists. Curriculum of Higher Specialist Training in Ophthalmology: Royal College of Ophthalmologists; 2003 (March 2003).

## **Obstetrics and gynaecology**

British Fertility Society, Royal College of Obstetricians and Gynaecologists. Assisted Reproduction: Royal College of Obstetricians and Gynaecologists; 2002 (June 2002).

British Fertility Society, Royal College of Obstetricians and Gynaecologists. The Management of the Infertile Couple: Royal College of Obstetricians and Gynaecologists; 2002 (June 2002).

Royal College of Obstetricians and Gynaecologists. Subspecialisation in maternal and fetal medicine: Royal College of Obstetricians and Gynaecologists; 1997 (December 1997).

Royal College of Obstetricians and Gynaecologists. Subspecialisation in reproductive medicine: Royal College of Obstetricians and Gynaecologists; 1997 (December 1997).

Royal College of Obstetricians and Gynaecologists. Subspecialisation in urogynaecology: Royal College of Obstetricians and Gynaecologists; 1998 (August 1998).

Royal College of Obstetricians and Gynaecologists. Subspecialisation in gynaecological oncology: Royal College of Obstetricians and Gynaecologists; 2002 (May 2002).

Royal College of Obstetricians and Gynaecologists, Faculty of Family Planning and Reproductive Health. Subspecialisation in sexual and reproductive health: Royal College of Obstetricians and Gynaecologists; 2003 (May 2003).

- Royal College of Obstetricians and Gynaecologists. Maternal Medicine: Royal College of Obstetricians and Gynaecologists; 2002 (June 2002).
- Royal College of Obstetricians and Gynaecologists. Ultrasound Imaging in the Management of Gynaecological Conditions: Royal College of Obstetricians and Gynaecologists; 2002 (June 2002).
- Royal College of Obstetricians and Gynaecologists. Urodynamics. In collaboration with the British Society of Urogynaecology: Royal College of Obstetricians and Gynaecologists; 2002 (June 2002).
- Royal College of Obstetricians and Gynaecologists. Preparing for Obstetric Leadership on the Labour Ward: Royal College of Obstetricians and Gynaecologists; 2003 (October 2003).
- Royal College of Obstetricians and Gynaecologists. A Blueprint for the Future. A Working Party Report on The Future Structure of the Medical Workforce and Service Delivery in Obstetrics and Gynaecology: Royal College of Obstetricians and Gynaecologists; 2000 (December 2000).
- Royal College of Obstetricians and Gynaecologists. Clinical Standards. Advice of Planning the Service in Obstetrics and Gynaecology: Royal College of Obstetricians and Gynaecologists; 2002 (July 2002).
- Royal College of Obstetricians and Gynaecologists. Trainees Committee. Survey of Training 2002: Royal College of Obstetricians and Gynaecologists; 2003 (August 2003).

## **Paediatrics**

- British Paediatric Allergy IaIG. Sub-Specialty Training in Paediatric Allergy, Immunology & Infectious Diseases: British Paediatric Allergy, Immunity and Infection Group; 2003 (April 2003).
- British Paediatric Neurology Association. Recommendations for Higher Specialist Training in Paediatric Neurology: British Paediatric Neurology Association; no date.
- British Society for Paediatric Endocrinology and Diabetes. Training in Paediatric Endocrinology and Diabetes in the United Kingdom: British Society for Paediatric Endocrinology and Diabetes; no date.
- British Society of Paediatric Gastroenterology, Hepatology and Nutrition. Recommendations for Training in Paediatric Endoscopy: British Society of Paediatric Gastroenterology, Hepatology and Nutrition; no date.
- British Society of Paediatric Gastroenterology, Hepatology and Nutrition. College Specialist Advisory Committee on Paediatric Gastroenterology, Hepatology and Nutrition: British Society of Paediatric Gastroenterology, Hepatology and Nutrition; 2000.
- Paediatric Rheumatology European Society. European Training Syllabus and Programme in Paediatric Rheumatology: Paediatric Rheumatology European Society; no date.
- Royal College of Paediatrics and Child Health. Sub-Specialty Training in Neonatal Medicine: Royal College of Paediatrics and Child Health; 2001 (October 2001).

## **Psychiatry**

Royal College of Psychiatrists. Basic Specialist Training Handbook: Royal College of Psychiatrists; 2003 (January 2003).

## **Specialty training for general practice**

Joint Committee on Postgraduate Training for General Practice. The Training Programme: JCPTGP; no date.

## ***Documents not meeting the inclusion criteria***

### **A&E medicine**

British Association for A&E Medicine. Workforce Planning in A&E Medicine 2001-2010: British Association for A&E Medicine; 2001 (June 2001).

Faculty of A&E Medicine. Curriculum for Higher Specialist Training in A&E Medicine: Faculty of A&E Medicine; 2001 (June 2001).

Faculty of A&E Medicine. Curriculum for Higher Specialist Training in Paediatric A&E Medicine: Faculty of A&E Medicine; 2001.

### **Anaesthetics**

Royal College of Anaesthetists. The CCST in Anaesthesia. I: General Principles: Royal College of Anaesthetists; 2003 (April 2003).

### **General medicine and medical sub-specialties**

Federation of Royal Colleges of Physicians. Core Curriculum for Senior House Officers: Federation of Royal Colleges of Physicians; 2003.

Joint Committee on Higher Medical Training. Higher Medical Training Generic Curriculum: JCHMT; 2003 (January 2003).

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Geriatric Medicine: JCHMT; 2003 (January 2003).

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Neurology: JCHMT; 2003 (January 2003).

Joint Committee on Higher Medical Training. Higher Medical Training Curriculum for Rheumatology: JCHMT; 2003 (January 2003).

### **General surgery and surgical sub-specialties**

British Orthopaedic Association. Guide to Core Education for Higher Surgical Training Programmes in Trauma and Orthopaedic Surgery: British Orthopaedic Association; 1999 (November 1999).

British Orthopaedic Association. Education and Training for PRHOs: British Orthopaedic Association; 2003 (July 2003).

Joint Committee for Higher Surgical Training. A Curriculum for Higher Surgical Training in Neurosurgery: Joint Committee for Higher Surgical Training; 1996 (November 1996).

- Joint Committee for Higher Surgical Training. Higher Surgical Training in Otolaryngology for the Certificate of Completion of Specialist Training: Joint Committee for Higher Surgical Training; 1996 (October 1996).
- Joint Committee for Higher Surgical Training. Requirements for Higher Specialist Training in Plastic Surgery: Joint Committee for Higher Surgical Training; N/A.
- Royal College of Surgeons. The Curriculum Framework for the General Professional Practice of Surgery (Draft): Royal College of Surgeons; 2003 (February 2003).

## **Ophthalmology**

- Royal College of Ophthalmologists. Guide for Higher Specialist Training in Medical Ophthalmology: Royal College of Ophthalmologists, 2002.

## **Obstetrics and gynaecology**

- Royal College of Obstetricians and Gynaecologists. Report of the Working Party to Audit Structured Training: Royal College of Obstetricians and Gynaecologists, 2000 (December 2000).
- Royal College of Obstetricians and Gynaecologists. Special Skills Training in Obstetrics and Gynaecology. Report of a RCOG Working Party: Royal College of Obstetricians and Gynaecologists, 2002 (July 2002).
- Royal College of Obstetricians and Gynaecologists. Report of the Working Party to Review Logbooks: Royal College of Obstetricians and Gynaecologists, 2002 (January 2002).
- Royal College of Obstetricians and Gynaecologists. Menopause. In collaboration with the British Menopause Society: Royal College of Obstetricians and Gynaecologists, 2002 (June 2002).
- Royal College of Obstetricians and Gynaecologists. Medical Workforce in Obstetrics and Gynaecology. Fourteenth Annual Report. April 2003: Royal College of Obstetricians and Gynaecologists, 2003 (April 2003).
- Royal College of Obstetricians and Gynaecologists, Faculty of Family Planning and Reproductive Health. Subspecialisation in sexual and reproductive health: Royal College of Obstetricians and Gynaecologists, 2003 (May 2003).

## **Paediatrics**

- Royal College of Paediatrics and Child Health & British Association of Perinatal Medicine. Sub-Specialty Training in Neonatal Medicine: Higher Specialist Training Syllabus: Royal College of Paediatrics and Child Health; 2001 (June 2001).

## **Psychiatry**

- Royal College of Psychiatrists. Higher Specialist Training Handbook: Royal College of Psychiatrists; 1998 (March 1999).
- Royal College of Psychiatrists. Learning Objectives for SHOs: Royal College of Psychiatrists; 2002 (October 2002).
- Royal College of Psychiatrists. A competency-based curriculum leading to the Certificate of Completion of Training: Royal College of Psychiatrists; 2003 (June 2003).

Royal College of Psychiatrists. A competency-based curriculum leading to the Certificate of Completion of Training - Specialist competencies: Old Age Psychiatry: Royal College of Psychiatrists; 2003 (June 2003).

## ***Journals checked for pronouncements on training or service delivery***

### **A&E medicine**

*Emergency Medicine (EMJ)*

### **Anaesthetics**

*Anaesthesia*

*British Journal of Anaesthesia*

### **Medical specialties**

*Age and Ageing*

*British Journal of Dermatology*

*Clinical Endocrinology*

*Clinical Medicine/Journal of the Royal College of Physicians of London*

*Gut*

*Heart*

*Rheumatology*

*Thorax*

### **Surgical specialties**

*Annals of the Royal College of Surgeons of England*

*Bulletin of the RCS of England*

*Journal of Bone and Joint Surgery*

*Journal of Laryngology and Otology*

*Urology*

### **Obstetrics and gynaecology**

*British Journal of Obstetrics & Gynaecology*

### **Ophthalmology**

*British Journal of Ophthalmology*

*Eye (Royal College of Ophthalmology Journal)*

### **Paediatrics**

*Archives of Diseases in Childhood*



**Psychiatry**

*Advances in Psychiatric Treatment*

*British Journal of Psychiatry*

*Psychiatric Bulletin*

**Hospital training for general practice**

*British Journal of General Practice*

## Appendix 5 Annex C: Specialty reviews

- A&E medicine
- Anaesthetics
- General medicine and medical specialties
  - Cardiology
  - Dermatology
  - Endocrinology and diabetes
  - Gastroenterology
  - Renal medicine
  - Respiratory medicine
- General surgery and surgical specialties
- Trauma and orthopaedics
- Urology
- Ophthalmology
- Obstetrics and gynaecology
- Paediatrics
- Psychiatry
- Specialty training for general practice

## ***A&E medicine***

### **A&E Doc 8: RCS: BST Manual**

<b>College/association</b> <b>Royal College of Surgeons</b>	<b>Recommendations</b>		<b>Volume/concentration implications</b>	<b>Justification</b>
	<b>Training</b>	<b>Service</b>		
Title	A&E Departments	CT scanning facilities must be available 24 h per day on site for patients with head injuries.	A&E departments For the recognition of basic surgical training posts, the advised minimum size is a department receiving 25 000 new patient attendances per annum.	No justification for the recommendations given in the document.
The Manual of Basic Surgical Training	Recommended number of consultants per new patients:			
Year	25 000–50 000: 2 consultants;			
1998, September (under revision 2003)	50 000–75 000: 3 consultants;			
Author	75 000–100 000: 4 consultants.			
	For junior medical staff it is recommended that the staffing norm is one doctor per 5000 new patient attendances (56 h/week contract).			
Report produced by Training Board	The minimum number of junior doctors required to work a 24-hour rota is six.			
Aim of Report				
To make recommendations concerning the minimum requirements for basic surgical training recognition.				
Training recommendation				
Yes				
Delivery recommendation (yes/no)				
No				
Explicit volume/concentration implication				
Training (yes/no)				
Yes				

*Balancing the Concentration of Services Required for Professional Training*

Service (yes/no)

No

Research-based supporting evidence (yes/no)

No

**FAEM: HST A&E Medicine**

**A&E DOC 1**

College/association Faculty of Accident & Emergency Medicine	Training recommendations	Volume/concentration implications	Justification
Year 2003, February	<p>It is recognised that the specialist in A&amp;E Medicine needs to have an unusually wide knowledge of the practice of many other related specialties. To achieve this, the training programme must provide for approximately one quarter of the trainee's time being spent on full-time working attachments of at least 3 months duration in the following specialties:</p> <ul style="list-style-type: none"> <li>- General Paediatrics</li> <li>- General Medicine (including Cardiology)</li> <li>- Anaesthesia with experience of Intensive Care</li> <li>- Trauma and Orthopaedic Surgery</li> <li>- General Surgery and/or Plastic Surgery, Neurosurgery, Cardiothoracic Surgery</li> </ul> <p>To provide good training and experience in <u>Paediatric A&amp;E Medicine</u>:</p> <ul style="list-style-type: none"> <li>- suitable departments will usually be ones where at least 18 000 new child patients are seen each year.</li> </ul> <p>In approving a general A&amp;E Dept for Paediatric A&amp;E Medicine training, the JCHTA&amp;E should seek to ensure that a wide range of paediatric problems, medical as well as traumatic, is seen;</p> <ul style="list-style-type: none"> <li>- the Dept must have adequate physical facilities for</li> </ul>	<p>A suitable A&amp;E dept providing Paediatric A&amp;E Medicine training will usually be one where at least 18 000 new child patients are seen each year.</p>	<p>No justification for the recommendations given in the document.</p>
Title Higher Specialist Training Accident & Emergency Medicine			
Report produced by Higher Training Committee			
Aim of report Provides overview of requirements and recommendations for higher specialist training in A&E Medicine			
Training recommendation Yes			
Delivery recommendation No			

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication	the care of children with minor as well as major acute problems;
Training (yes/no)	- All departments approved for Paediatric A&E Medicine HST must be in hospitals where there are Paediatric inpatient facilities on the same site as the A&E Dept.
Yes	
Service (yes/no)	
No	
Research-based supporting evidence (yes/no)	
No	

**FAEM Educational Recognition of Posts in A&E Medicine - HST**

**A&E DOC 2**

College/association Faculty of A&E Medicine	Recommendations	Volume/concentration implications	Justification
	<b>Training</b>	<b>Training</b>	
Title Educational Recognition of Posts in A&E Medicine – Higher Specialist Training	<u>Workload and staffing</u> - Total new patients must exceed 25 000 per year and department must offer care throughout 24 h;	<u>Readily accessible specialties</u> (though not necessarily on site): Psychiatry, Gynaecology and Obstetrics, ENT, Ophthalmology, Care of the Elderly, Neurosurgery and Neurology, Cardiothoracic Surgery, Oral and Maxillofacial Surgery, Plastic Surgery and Burns Care, Genito-Urinary Medicine, Urology, Vascular Surgery.	For an A&E department to be accorded training recognition, total new patients must exceed 25 000 per year.
Year 2003, February	- For a department to be considered for training in paediatric A&E Medicine as a sub-specialty, an adequate number of child patients must be cared for annually. Usually this will be a minimum of 18 000 children (new patients up to the age of 16 years)		No justification for the recommendations given in the document.
Author Jonathan Marrow			For a department to be considered for training in paediatric A&E Medicine as a sub-specialty, a minimum of 18 000 child patients must be cared for annually.
Report produced by JCHTAA&E	<u>Environment and equipment</u> - Dedicated and fully equipped resuscitation area; - areas of adequate size and equipment for safe care of patients with less serious conditions;	<u>Supervision of Trainee in post</u> In A&E Depts caring for adult patients (or adults and children) there must be at least 2 consultants for new SpR training posts to be recognised. In larger depts (caring for 50 000	In larger depts

### *Balancing the Concentration of Services Required for Professional Training*

depts for educational recognition of higher SpR training posts.	- room equipped for specialised examinations (e.g. eyes and ENT); - safe interview room for mentally disturbed patients; - practical system in operation for rapid availability of appropriately experienced support in cases of major trauma and in cardiac emergencies.	new patients or more per year) there should be at least one consultant for every two specialist registrars. An A&E consultant, with commitment to training, must be identified to supervise each SpR. Because of shortage of appropriately qualified consultant, specialist Paediatric depts may at present be recognised with only one consultant in post. For a general dept to be recognised for sub-specialty training in Paediatric A&E Medicine there must be a recognised consultant trainer in Paediatric A&E Medicine. A SpR in A&E Medicine (including Paediatric A&E Medicine) must be able to contact a consultant in A&E Medicine (or Paediatric A&E Medicine) for advice whenever they are on duty (including on call). For at least 50% of the SpR's shifts of duty, a consultant should also be on duty in the department.	(caring for 50 000 new patients or more per year) there should be at least one consultant for every two specialist registrars.
Training recommendation Yes			
Delivery recommendation (yes/no) No			
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No	<u>Supporting services accessible on site</u> Acute general medicine, acute general surgery (with major operating theatre available 24 h), Trauma and orthopaedics, Anaesthetics, Intensive care, Coronary care, X-ray, CT and ultrasound throughout 24 h, Pathology (including haematology, Chem Path and access to Blood transfusion products throughout 24 h), Paediatrics (if acutely ill or injured children are to be received).		
Research-based supporting evidence (yes/no) Yes (3 references given)			

### **BAEM: The Way Ahead**

#### **A&E DOC 5**

College/association British Association for A&E Medicine	Recommendations Service delivery	Service delivery	Volume/conc entration implications	Justification
Title The Way Ahead 1998	For hospitals with new patient attendances of greater than 30 000	Six SHOs working 40 shopfloor hours per week		"Most A&E depts are facing an

*Balancing the Concentration of Services Required for Professional Training*

Year 1998, October	per annum: the following should be available on site: intensive care, anaesthetics, acute medicine, general surgery, orthopaedic trauma. There should be rapid easy access to child health, 24-h access to imaging and laboratory services available on site. Where these supporting services are absent or withdrawn, the A&E service will not be recognised for training.	are the minimum required to cover a full shift pattern to cover 24 h. An SHO scheduled for 40 h of shopfloor work per week may attend to 3500 patients per annum although this depends entirely on the case-mix of the patient workload. Recommended minimum staffing level of A&E depts based upon number of new and return patients:	inexorable rise in new patient attendances...The increased demand has not been matched by increased resources and the recruitment of medical staff has been a particular problem. Faced with increasing demand and limited resources it is proper that A&E depts should seek to define their core activity to ensure that their limited resources are deployed in the most clinically appropriate and cost-effective way." (pp. 2-3)
Author			
Report produced by Working Party			
Aim of report To make recommendations to enable the service to meet the emergency needs of A&E for the future.			
Training recommendation No	For smaller DGHs, seeing less than 30 000 new patients per annum: such units should be staffed in the same way as those seeing 30 000 or more patients.	30 000-50 000: 3 consultants (9-14 service equivalents);	
Delivery recommendation (yes/no) Yes		55 000-75 000: 4 consultants (16-21 service equivalents);	
Explicit volume/concentration implication Training (yes/no) No	However, such depts would not be able to support the training of SHOs or SpRs. All A&E depts should have on-site cover by doctors more experienced than SHOs for as much of the week as possible.	80 000-95 000: 5 consultants (23-27 service equivalents);	
Service (yes/no) No		100 000: 6 consultants (29 service equivalents).	
Research-based supporting evidence (yes/no) No	In general, medium-sized depts should aim to have at least 16 h a day of middle-grade on-site cover; large depts should aim to have 24-h on-site middle-grade cover.	NB: Service equivalents include SHO, SpR and Staff Grade posts.	

## Anaesthetics

### RCA: CCST in Anaesthesia II

#### ANA DOC 2

College/association Royal College of Anaesthetists	Training recommendations	Volume/c oncentrati on implicatio ns	Justification
Title The CCST in Anaesthesia II: Competency Based Senior House Officer Training and Assessment	Minimum time spent in SHO grade will comprise 21 months in anaesthesia+3 months in Intensive Care Medicine. Assessment should be completed after approx. 3 months of full-time training, <i>but exact timing will need to be determined on an individual basis.</i>		No justification for the recommendations given in the document.
Year 2003, April	Every SHO should receive an annual appraisal. After 9 months as an SHO, trainees should have a review which considers their suitability to progress within the specialty.		
Author	After 21–24 months there should be a review to determine whether the objectives of SHO training have been or are likely to be met. Prediction of a satisfactory outcome allows a trainee to apply for a SpR post.		
Report produced by RCA Training Committee	The <i>SHO Training Certificate</i> must be completed before an SHO can take up an SpR post.		
Aim of report The second in a series of four training guides describing the programme of training leading to a CCST in anaesthesia.	Emphasis when confirming satisfactory completion of SHO training is on competence, not time. Two years SHO training is a minimum not maximum requirement. Initial Assessment of Competency is designed to demonstrate possession of basic key components of knowledge, skills+attitudes necessary to progress in the specialty. Trainee cannot progress beyond direct supervision without Initial Assessment of Competency.		
Training recommendation Yes			
Delivery recommendation (yes/no) No	Initial assessment should comprise recorded consensus view of the trainers who have supervised the trainee including a workplace assessment covering:		



### *Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication	- preoperative assessment;
Training (yes/no)	- general anaesthesia for ASA I or II patients;
No	- general anaesthesia with spontaneous respiration;
Service (yes/no)	- general anaesthesia with endotracheal intubation;
No	- rapid sequence induction+failed intubation routine;
	- CPR skills; and
Research-based supporting evidence (yes/no)	- clinical judgement, attitudes and behaviour.
No	After satisfactory assessment trainees may begin to undertake uncomplicated general anaesthesia cases and peripheral nerve blocks delegated to them, without direct supervision and may be given increased clinical responsibility.
	To complete SHO training successfully, the trainee must satisfactorily complete specified workplace assessments+pass the RCA Primary Exam.
	These assessments involve being able to demonstrate various procedures to the satisfaction of the trainers (more details of these procedures on p.12 of document).

### **RCA: CCST in Anaesthesia III**

#### **ANA DOC 3 *cont.***

<b>College/association</b> <b>Royal College of Anaesthetists</b>	<b>Recommendations (training)</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
Title The CCST in Anaesthesia III: Competency Based Specialist Registrar Years 1 and 2 Training and Assessment	Assessment of SpR 1/2s will be done in the workplace+by RCA exams. Workplace assessments will concentrate primarily on clinical skills, attitudes+behaviour together with a confirmation that the trainee has a practical understanding of the knowledge base across anaesthesia, critical care+pain management.	Within Obstetric anaesthesia sub-specialty – training should normally be provided in units carrying at least 2000	No justification for the recommendations given in the document
Year 2003, April	Examination assessments will mainly test the knowledge base across anaesthesia, critical care+pain management with the associated applied basic science.		
Report produced by	It is intended that trainees should receive an initial exposure to anaesthetic practice in all these fields. The seven 'Key Units of Training'		

*Balancing the Concentration of Services Required for Professional Training*

RCA Training Committee	are:	deliveries annually.
Aim of report	- Cardiac/Throacic anaesthesia	There should be at least 1 consultant anaesthetic session allocated for every 500 deliveries
Third volume in a series of four training guides which describe the programme of training leading to a CCST in anaesthesia.	- Intensive Care Medicine	
	- Neuroanaesthesia	
	- Obstetric anaesthesia	
	- Paediatric anaesthesia	
	- Pain management	
Training recommendation	- Vascular anaesthesia	
Yes	There are five 'Additional Units of Training' which may or may not be available depending on the distribution+availability of services locally. It would be expected that SpR 1/2 trainees will receive training in at least some of these sub-specialties and, on occasion, one or more specialist units of training could be linked together:	
Delivery recommendation	- Diagnostic imaging, anaesthesia+sedation	
No	- Maxillo-facial/Dental	
Explicit volume/concentration implication	- Ophthalmic surgery	
Training (yes/no)	- Plastics/Burns	
Yes	- Miscellaneous	
Service (yes/no)	There will be overlap in training over sub-specialties. It is for local trainers and schools to determine, within the constraints of local sub-specialty arrangements, what is the appropriate balance.	
No	However, there a no. of 'Fundamental Transferable Skills' in which all trainees will need to obtain competency.	
Research-based supporting evidence (yes/no)	At the end of their SpR 1/2 training, to be able to move on to a SpR 3/4/5 post, the trainee must have obtained <i>The SpR 1/2 Training Certificate</i> which requires:	
No	- passing all the required Workplace assessments;	
	- demonstrating acceptable attitudes+behaviour; and	
	- passing the RCA Final Exam or Final exam of the College of Anaesthetists RCSI.	
	There are also six 'General Units of Training' which are widely available, in which it would be expected that all SpR 1/2 trainees will receive appropriate training+in which workplace assessments will take place:	

- Day surgery
- ENT
- General surgery/Gynaecology/Urology (+/- Transplantation)
- Orthopaedic anaesthesia
- Regional anaesthesia
- Trauma and accidents

Schools of Anaesthesia may experience difficulties in providing training in some sub-specialty areas. Therefore, the College will produce some teaching materials i.e. CD-ROMs to assist local teaching.

'Fast-track' trainees may progress to cover aspects of training which others, progressing more steadily, will not be capable of covering until they enter SpR 3/4/5 training.

### **RCA: CCST in Anaesthesia IV**

#### **ANA DOC 4**

<b>College/association</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>Royal College of Anaesthetists</b>			
Title	During this period: Every trainee must complete the full 3 years of SpR 3/4/5 training; at least 2 of the 3 years must be spent in approved training or research posts in the UK; up to 1 year can be taken as full time dedicated work in a single sub-specialty; up to 1 year can be taken outside the UK as either clinical training or research; only 1 year of full time research can be counted towards the CCST; during the 3 years trainees should normally undertake an aggregate of 12 months (all trainees must undertake a minimum of 6 months of this type of training) 'general duties' where they have increased autonomy for their own work.	For training at advanced level in <u>Cardiac/thoracic anaesthesia</u> : recommended training caseload is 100 for Cardiac and 50 for thoracic (minimum).	No justification for the recommendations given in the document.
The CCST in Anaesthesia IV: Competency based Specialist Registrar Years 3, 4 and 5 Training and Assessment		It is unlikely that competence could be maintained with less than an average of one theatre session a week.	
Year		Minimum caseloads for <u>Neuroanaesthesia</u> :	
April 2003		20 patients for immediate management of head injury;	
Author		10 patients for shunt procedures;	
Report produced by			
RCA Training Committee			
Aim of report	A minimum caseload is included for most sub-		

### *Balancing the Concentration of Services Required for Professional Training*

The fourth, and final, volume in a series of four training guides which describe the programme of training leading to a CCST in anaesthesia	specialties. It is recognised that the programme is competency based but also that a certain minimum caseload is required to assess competence. Clearly different trainees will become competent with varying nos of cases; however a guideline has been widely requested for the purpose of sub-specialty training.	20 patients for major spinal surgery; 5 patients for carotid endarterectomy; 25 patients for intracranial surgery; 5 patients for posterior fossa surgery; 5 patients for stereotactic surgery; 15 patients for neuroradiological imaging.
Training recommendation Yes	It is recognised that on entry to years 3, 4 and 5 of training, and in gaining the broader competencies required for a consultant post, a more flexible approach than for SHO and SpR 1/2 years is necessary.	For <u>obstetrics</u> : during the specialist training period the trainee should have performed or personally supervised at least:
Delivery recommendation (yes/no) No	This 3-year period should be regarded as a continuum allowing trainees to rotate between district general and central hospitals to provide them with the appropriate experience. Trainees must be allowed to some degree to follow their own differing paths of training.	150 regional procedures for labour analgesia; and 100 regional anaesthetics for Caesarean section.
Explicit volume/concentration implication Training (yes/no) Yes	The aim of training in years 3/4/5 is to produce trainees competent for <i>Independent Professional Practice</i> in the chosen consultant post.	By the end of SpR training the trainee will be expected to have performed at least 10 general anaesthetics in obstetric patients.
Service (yes/no) No	There is not one standard model of training for these years – some broad criteria is set to ensure that training has an appropriate balance.	For advanced training in <u>paediatric anaesthesia</u> : the trainee normally should have performed during a 6-month period a minimum of 300 elective and emergency cases, including: 100 cases aged 1–5 years; and 50 cases <1 year old, incl. neonates.
Research-based supporting evidence (yes/no) No		

### **RCA: Guidelines for Provision of Anaesthetic Services**

#### **ANA DOC 5**

<b>College/association</b>	<b>Recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>Royal College of</b>			

*Balancing the Concentration of Services Required for Professional Training*

	<b>Training</b>	<b>Service delivery</b>		
Title	For Obstetric Anaesthesia:	During office hours the consultant on call will have no other responsibilities.	For Paediatric anaesthesia, a suitably trained, nominated consultant should be available. If not, arrangements will be made for the transfer of children to another hospital with the necessary staff and facilities.	Yes ( <i>Further Reading</i> )
Guidelines for the Provision of Anaesthetic Services	Trainees should have completed one year of anaesthetic training and have been assessed by a consultant anaesthetist with responsibility for obstetric anaesthetic services before undertaking obstetric anaesthesia care other than with direct experienced supervision.	The no. of daytime sessions necessary to provide adequate consultant availability will be dependent upon local workload but may exceed 15 in large busy units.		References provided
Year				
1999, July				
Author		The cardiac arrest team must include an anaesthetist. An anaesthetist should also be available for resuscitation of seriously ill and severely injured patients. Both should be available on a 24-h basis.		
Report produced by				
Royal College of Anaesthetists		Anaesthesia for day surgery should be a consultant-based service. The majority of sessions should have allotted to them a regular consultant anaesthetist who is skilled in day surgery work. Non-consultant career grades, such as clinical assistants and staff grade doctors may provide anaesthesia for day surgery. They require supervision by consultant anaesthetists.	For non acute pain services, a minimum of ten consultant sessions per week should be provided for a population of 100 000, ideally these sessions being shared between two consultants for continuity of cover.	
Aim of report			Within Obstetrics sub-specialty: the no. of consultant sessions shared with other anaesthetic colleagues should follow guidelines based on the annual no. of deliveries and procedures carried out. A minimum of one consultant session per	
To provide comprehensive guidance to both purchasers and providers of anaesthetic services.				
Training recommendation		Each Consultant Obstetric unit must have a consultant anaesthetist with responsibility for obstetric services.		
Yes				
Delivery recommendation (yes/no)		A Neuroanaesthesia service requires adequate consultant sessional provision and the immediate availability of a resident anaesthetist for 24 h a day. Senior assistance should be available		
Yes				

---

*Balancing the Concentration of Services Required for Professional Training*

---

Explicit volume/concentration implication	within 30 minutes.	500 deliveries is recommended.
Training (yes/no)	Each cardiac unit must have a consultant anaesthetist with dedicated responsibility for cardiac anaesthetic services.	
No		
Service (yes/no)	A nominated member of the consultant anaesthetic staff must be responsible for ophthalmic services.	
Yes		
Research-based supporting evidence (yes/no)		
Yes ( <i>Further Reading</i> references provided)		

---

## RCA: Guidelines on provision of paediatric anaesthetic services

### ANA DOC 6

College/association Royal College of Anaesthetists	Recommendations		Volume/concentration implications	Justification
	Training	Service delivery/staffing requirements		
Title Guidelines on the provision of paediatric anaesthetic services	Children who undergo anaesthesia must be managed by staff who have received appropriate training in paediatric anaesthesia and resuscitation. Staff must receive regular retraining in paediatric life support.	All children should be anaesthetised by a consultant or other career-grade anaesthetist who has regular relevant paediatric practice. Supervision will vary according to ability and experience of the trainee and the nature of the case. An SHO with <6 months experience requires direct supervision in theatre whilst an experienced SpR who has undergone a recent period of paediatric anaesthetic higher specialist training might be supervised by a consultant outside the hospital theatre suite.	Where appropriate, trusts should consider joint appointments with regional paediatric hospitals to allow designated consultants from DGHs a regular paediatric commitment within a dedicated hospital environment in order to maintain and develop their skills.	
Year 2001, July	Consultants appointed to posts in specialist paediatric units should have obtained at least 1 year or equivalent of full-time specialist training in paediatric anaesthesia in a specialist paediatric unit (started in years 3–5 of the SpR training programme).			
Author				
Report produced by RCA Working Group				
Aim of report See Title				
Training recommendation Yes	Consultants in paediatric anaesthesia at DGHs typically undertake at least one paediatric list or equivalent per week. It is recommended that they have at least 6 months or equivalent of full-time specialist training in paediatric anaesthesia in a specialist paediatric unit			
Delivery recommendation (yes/no) No				

*Balancing the Concentration of Services Required for Professional Training*

Explicit  
volume/concentration  
implication

Training (yes/no)

No

Service (yes/no)

No

Research-based supporting  
evidence (yes/no)

Yes (*Further Reading*  
references provided)

**AAGBI : Guidelines for Obstetric Anaesthesia Services**

**ANA DOC7**

College/association The Association of Anaesthetists of Great Britain and Ireland/The Obstetric Anaesthetists Association	Recommendations		Volume/concentration implications	Justification
	Training	Service delivery		
Title Guidelines for Obstetric Anaesthesia Services	The anaesthesia service is required to provide: a training programme for trainee anaesthetists. Opportunities for appropriate continuing medical education for non-trainee grades contributing to the obstetric anaesthetic service.	Each obstetric unit with anaesthesia service should have a nominated consultant in charge of obstetric anaesthesia. In addition to the contracted consultant obstetric anaesthesia	At least one consultant obstetric anaesthesia session should be allocated for every 500 deliveries. Extra 'fixed' sessions above this minimum are required in units with a frequent turnover of inexperienced trainees, with a higher than average epidural or Caesarean section rate and/or a substantial no. of high-risk cases. Women delivering in smaller units	Ratio first recommended by House of Commons Social Services Committee in its Second Report of 1979/80 (p.9 in document).
Year 1998, September				
Author				
Report produced by Working Party				



### *Balancing the Concentration of Services Required for Professional Training*

Aim of report This report updates on two reports produced in 1987 and 1995 outlining proposals for improving quality and safety of obstetric anaesthesia in the UK.	If the duty anaesthetist is a trainee, they should have been assessed as competent by the consultant in charge of obstetric anaesthesia and have at least 1 year's anaesthesia experience before undertaking independent clinical duties on the delivery suite.	sessions, an obstetric unit with an anaesthesia service should have a consultant anaesthetist on call and responsible for the unit at all times. A duty anaesthetist should be available for the obstetric unit 24 h a day. If the duty anaesthetist is unlikely to be able to respond because of another emergency, a second anaesthetist should be available.	have a right to the same standard of [anaesthetic] care. However, in very small units (<500 deliveries per annum), provision of such care may be impractical and uneconomic. In such circumstances, women may require early transfer to a larger unit offering a comprehensive anaesthesia service.
Training recommendation Yes			For optimal patient levels of patient care there should be a designated consultant anaesthetist available in the obstetric unit during normal working hours. In smaller units, the workload may not justify this level of staffing, thus highlighting the need to rationalise obstetric services by closing smaller units.
Delivery recommendation (yes/no) Yes			
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) Yes			
Research-based supporting evidence (yes/no) Yes			

### **AAGBI : Provision of Pain Services**

#### **ANA DOC 8**

College/association	Recommendations		Volume/concentration implications	Justification
	Trainin g	Service delivery		
Association of Anaesthetists of GB & Ireland				

*Balancing the Concentration of Services Required for Professional Training*

Title	Medical personnel	Provision of consultant sessions should be based on	(References
Provision of Pain Services	should have an	population and it has been recommended that a	provided)
Year	appropriate	minimum of one whole time equivalent consultant	
1997, September	allocation of fixed	dedicated to chronic pain management is necessary	
Author	sessions.	for each 100 000 population.	
		Consultant contracts with specialist involvement	
		should include a minimum of three sessions.	
Report produced by			
Working party			
Aim of report			
To give information to purchasers			
and providers regarding good			
quality pain management.			
Training recommendation			
No			
Delivery recommendation			
(yes/no)			
Yes			
Explicit volume/concentration			
implication			
Training (yes/no)			
No			
Service (yes/no)			
Yes			
Research-based supporting			
evidence (yes/no)			
Yes (References provided)			

**General medicine and medical specialties: cardiology, dermatology, endocrinology and diabetes, gastroenterology, renal medicine and respiratory medicine**

**RCP: GPT - Handbook**

**RCP DOC 1**

College/association Royal College of Physicians	Recommendations		Volume/concentration implications	Justification
	Training	Training		
Title GPT: Handbook	General professional Training encompasses:	No individual SHO should normally be responsible for more than 25 acute inpatients or less than 10 at any time.		"GPT is intended to provide experience in a wide range of specialties in order to assist SHOs with the choice of a future career..." (p. 2)
Year 2000, March	- a minimum of 2 years in GPT-approved posts;			
Author	- 18 months of the 2 years must be spent in posts providing experience in the admission and early follow-up of acute emergencies;	SHOs in the acute specialties should be on emergency take not less than once in 7 days with an average of at least 10 admissions in a 24-h period. More than 15–20 admissions may place an intolerable strain on the SHO.		
Report produced by Royal College of Physicians	- at least 6 of these 18 months must be spent on a service or services on which the emergency take is 'unselected';	<u>Educational arrangements</u>		
Aim of report To provide a broad outline of the requirements for postgraduate General Professional Training (GPT) within SHO posts.	- 'unselected take' is defined as acute medical intake encompassing the broad generality of medicine i.e. not restricted to any single or small group of specialties;	All trainees should have experience in busy hospitals where general medicine and general surgery are practiced and		
Training recommendation Yes				

---

*Balancing the Concentration of Services Required for Professional Training*

---

Delivery recommendation  
(yes/no)

No

---

Explicit  
volume/concentration  
implication

Training (yes/no)

No

Service (yes/no)

No

---

Research-based supporting  
evidence (yes/no)

No

---

**JCHMT: HMT Curriculum for General (Internal) Medicine**

---

**HMT DOC 7**

---

College/association Joint Committee on Higher Medical Training	Recommendations		Volume/concentration implications	Justification
	Training	Service delivery		
Title Higher Medical Training Curriculum for General (Internal) Medicine	The trainee should be responsible for not less than 10 inpatients and should undertake at least one outpatient clinic per week, which must include a proportion of general medical patients and the ward follow-up clinic.  Up to 1 year of training in GIM may be in suitable posts in Geriatric Medicine where it is		10 is the minimum number of inpatients per SpR.	No justification for the recommendations given in the document.
Year 2003, January				
Author				

---

---

*Balancing the Concentration of Services Required for Professional Training*

---

Report produced by  
Specialist Advisory Committee

---

Aim of report

Competency-based curriculum,  
set out to define the learning  
needs of trainee physicians in  
General (Internal) Medicine.

---

Training recommendation

Yes

---

Delivery recommendation  
(yes/no)

No

---

Explicit volume/concentration  
implication

Training (yes/no)

Yes

Service (yes/no)

No

---

Research-based supporting  
evidence (yes/no)

No

---

**RCP: Consultant Physicians Working for Patients**

---

**RCP DOC 3**

---

College/association	Recommendations (service delivery)	Volume/concentration implications	Justification
Royal College of Physicians			
Title Consultant Physicians Working for	<u>General Internal Medicine</u> Over a 24-h period the consultant and medical team (at least	The specialist facilities and staffing required to	No justification for the

---

*Balancing the Concentration of Services Required for Professional Training*

Patients: The duties, responsibilities and practice of physicians	three resident staff) should not be expected to take responsibility for more than 20–25 acutely ill patients <u>Cardiology</u>	support a renal medicine service can usually only be justified in hospitals that service a large population. <i>See under each specialty heading</i>	recommendations given in the document.
Year 2001, November	No more than 20 inpatients should be under the care of a consultant cardiologist.		
Report produced by Royal College of Physicians	The number of patients seen in conventional outpatient clinics would normally be 5 or 6 new patients or 12 to 15 review patients. Implementation of the National Service Framework for CHD requires 1 consultant per 50 000 population.		
Aim of report Sets out the views of the College on the conditions necessary for effective safe practice of internal medicine and its specialties in hospitals in the UK.	<u>Diabetes &amp; Endocrinology</u> There must be access to sophisticated imaging techniques, and to hormonal and biochemical investigations. The total requirement per 250 000 population is 4 consultants (working 38.5 h per week). <u>Geriatric Medicine/Care of the Elderly</u> A consultant should not normally be expected to care for more than 20 acutely ill assessment patients at any one time. The minimum recommendation for the adequate provision of core services is 1 consultant per 4000 of the population aged 75 or over.		
Training recommendation No	<u>Renal Medicine</u> The specialist facilities and staffing required to support a renal medicine service can usually only be justified in hospitals that service a large population. One consultant nephrologist per 117 000 is required to provide an adequate service.		
Delivery recommendation (yes/no) Yes	There should be one large renal unit for a 600 000 population, ideally with outreach clinics serving smaller hospitals.		
Explicit Volume/concentration implications Training (yes/no) No	<u>Respiratory Medicine</u> Each consultant team should have no more than 20 to 25 inpatients under their care. Delivery of a quality service in respiratory medicine would require 5 wte consultants per 250 000 population.		

---

*Balancing the Concentration of Services Required for Professional Training*

---

Service (yes/no)	<u>Gastroenterology</u>
Yes	Specialised facilities include a diagnostic and therapeutic endoscopy unit, facilities for parenteral nutrition. There must be arrangements to support close collaboration with colleagues in oncology.
Research-based supporting evidence (yes/no)	A consultant-led team should look after no more than 20–25 inpatients at any time.
Yes	A DGH serving a population of 250 000 should see at least 4100 new GI patients each year. The requirement for upper GI endoscopy in the general population is 1.5:100 population per annum.
	<u>Dermatology</u>
	Hospitals serving a population of 250 000 need at least three consultant dermatologists with appropriate support staff.
	Dermatology patients require access to other hospital specialties, including histopathology with specific expertise in dermatopathology, plastic surgery, radiotherapy, immunology, and psychiatry.
	Two dedicated dermatological beds per 100 000 population are the min. requirement, but eight beds are the min. required to support appropriate staffing for a self-contained unit.
	<u>Neurology</u>
	There should be at least one wte consultant neurologist for every 100 000 population.
	All consultant neurologists should have ready access to following facilities and services: Neurosurgery, Neurophysiology, Neuroradiology, Neuropathology, Neuropsychology and Rehabilitation services.
	<u>Rheumatology</u>
	A hospital catchment population of 250 000 requires the services of three wte consultant rheumatologists, or about 1 per 85 000 population.
	All Rheumatology depts must have access to radiology facilities (including MRI) and ultrasound.

---

**5<sup>th</sup> Report on the provision of services for patients with heart Disease**

HMT DOC 12

College/association	Recommendations (service delivery)	Volume/concentration implications	Justification
<b>British Cardiac Society/Royal College of Physicians/Royal College of Surgeons</b>			
Title	<u>The DGH</u>	<u>The DGH</u>	NSF for CHD and other Refs.
Fifth report on the provision of services for patients with heart disease	DGHs will need to have at least five consultant cardiologists to be able to provide proper rotas and comply with EWTD. Tertiary centres will need at least twice as many.	It is proposed that there should be more than one whole time consultant cardiologist per 50 000 population.	
Year			
2002	The NSF for CHD has proposed targets for revascularisation procedures of at least 750 percutaneous interventions, and at least 750 CABG operations per million population per year.	The cardiac care unit requires four beds per 100 000 population.	
Author		<u>Tertiary cardiology</u>	
Report produced by	A total of 550 pacemaker implants should be planned per million population per year.	See previous column	
Joint Cardiology Committee	One diagnostic cardiac catheterisation and angiography laboratory required per 450 000–600 000 population; and one pacemaker and defibrillator implantation laboratory per 1.4–1.6 million.	<u>Cardiac surgery</u>	
Aim of report	<u>Paediatric Cardiology</u>	For a catchment area of 1.5–2.5 million, each tertiary centre should currently be performing 1200–2500 open heart operations.	
To make recommendations concerning the provision and configuration of services for patients with heart disease.	See third column.	A cardiac surgical unit should perform between 1200 and 2500 open heart cases per annum.	
Training recommendation	<u>Tertiary Cardiac Services</u>	<u>Paediatric Cardiology</u>	
No	For a catchment area of 1.5–2.5 million, each tertiary centre should currently be performing 1200–2500 open heart operations.		
Delivery recommendation (yes/no)			
Yes	Each centre should have at least 5–6 consultant interventional cardiologists, 2–3 electrophysiologists, and 1–2 consultants with responsibility for non-invasive services.	Recommended target level of one paediatric cardiologist per 500 000 of the population.	
Explicit volume/concentration implication			
Training (yes/no)			



*Balancing the Concentration of Services Required for Professional Training*

No	Each tertiary centre should have 6–8 consultant cardiac surgeons, each performing 200 cardiac operations per year.
Service (yes/no)	
Yes	<u>Cardiac Surgery</u>
Research-based supporting evidence (yes/no)	The average cardiac surgical unit needs at least six cardiac surgeons in order to provide a 1:4 on call rota.
Yes	

**JCHMT: HMT Curriculum for Cardiology**

**HMT DOC 2**

College/association Joint Committee on Higher Medical Training	Recommendations		Volume/concentration implications	Justification
	Training	Service delivery		
Title Higher Medical Training Curriculum for Cardiology	For advanced training in Interventional Cardiology (which usually takes place during final 2 years of training programme):		To provide advanced training in Interventional Cardiology, the training centre should perform a minimum of 400 PCI procedures per year and, ideally, be an integral component of a comprehensive service that includes on-site cardiac surgery.	No justification for the recommendations given in the document.
Year 2003, April	Training should take place in institution with at least two experienced interventional consultant cardiologists each of whose annual procedure volume is a min. of 125 procedures per year.			
Author				
Report produced by Specialist Advisory Committee	The training centre should perform a minimum of 400 PCI procedures per year and, ideally, be an integral component of a comprehensive service that			
Aim of report Document setting out the curriculum for the 6 years of specialist training in cardiology.				

*Balancing the Concentration of Services Required for Professional Training*

Training recommendation Yes	includes on-site cardiac surgery.
Delivery recommendation (yes/no) No	For guidance, it is recommended that trainees perform a min. of 200 interventions during the two years and, of these, a min. of 125 should be as first operator.
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No	
Research-based supporting evidence (yes/no) No	

**JCHMT: HMT Curriculum for Dermatology**

**HMT DOC 9**

College/association	Recommendations		Volume/concentration implications	Justification
Joint Committee on Higher Medical Training	Training	Service delivery		
Title	During the first year the trainee must do at least three general dermatology outpatient clinics per week. For at least 2 of the remaining 3 years, the trainee must do a minimum of three general dermatology clinics weekly.		No justification for the recommendations given in the document.	
Higher Medical Training Curriculum for Dermatology				
Year				
2003, February				
Author	All trainees must have a non-resident on-call commitment for dermatology			

*Balancing the Concentration of Services Required for Professional Training*

---

Report produced by Specialist Advisory Committee	for the first, and for at least two of the remaining years of HMT. This commitment should normally not be less than a 1:7 rota.
---	--

---

Aim of report  
Competency-based curriculum,  
set out to define the learning  
needs of trainee physicians in  
Dermatology.

---

Training recommendation

---

Yes

---

Delivery recommendation  
(yes/no)

---

No

---

Explicit volume/concentration  
implication

Training (yes/no)

No

Service (yes/no)

No

---

Research-based supporting  
evidence (yes/no)

No

---

## **JCHMT: HMT Curriculum for Endocrinology & Diabetes Mellitus**

### **HMT DOC 3**

<b>College/association</b>	<b>Recommendations (training)</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>Joint Committee on Higher Medical Training</b>			
Title Higher Medical Training Curriculum for Endocrinology & Diabetes Mellitus	In order to achieve competence in various areas relating to Diabetes & Endocrinology, it is suggested the trainee gain experience in the following settings:		No justification for the recommendations given in the document.
Year 2003, January	Outpatient		
Author	- Diabetes new and follow up clinics		
	- Specialist diabetes clinics for renal disease, eye disease, foot problems		
Report produced by Specialist Advisory Committee	- Multi-disciplinary nurse/dietician education sessions		
	- Lipid management clinics		
	- General endocrine, new and follow-up clinics		
Aim of report Document written as a competency-based curriculum, which sets out to define the learning needs of trainee physicians in Diabetes and Endocrinology.	- Multidisciplinary working with a thyroid surgeon and cytopathologist, and with a pituitary neurosurgeon, neuroradiologist and radiotherapist where available		
	- Paediatric and adolescent diabetes and endocrine clinics, including growth clinics		
	- Metabolic bone disease clinics		
	- Medical obstetric joint clinics		
Training recommendation Yes	- Gynaecological endocrine clinics, including joint working with a gynaecologist and managing infertility		
Delivery recommendation (yes/no)	Inpatient		
No	- General medical service providing consultative		

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication	advice on diabetes and endocrine disease
Training (yes/no)	- Hospital providing secondary/tertiary services including:
No	Vascular surgery, Renal dialysis, pituitary surgery, Adrenal surgery, Thyroid and parathyroid surgery.
Service (yes/no)	Evidence of competence (for Training Record) has yet to be agreed. It may include a required number of case analyses e.g. of Patient with type I diabetes, Macrovascular emergency etc.
No	
Research-based supporting evidence (yes/no)	
No	

**JCHMT: HMT Curriculum for Gastroenterology**

**HMT DOC 4**

College/association	Recommendations		Volume/concentration implications	Justification
Joint Committee on Higher Medical Training	Training	Service delivery		
Title	<u>Training requirements</u>			No justification for the recommendations given in the document.
Higher Medical Training Curriculum for Gastroenterology	There must be regular and close liaison with gastrointestinal surgeons in the joint management of patients and links with interested radiologists, histopathologists and nutrition depts.			
Year	2003, January			
Author	Trainees must always have access to other pathological disciplines, including haematology, microbiology and clinical chemistry. All training posts must offer these facilities.			
Report produced by	SAC on Gastroenterology and British Society of Gastroenterology Training Committee			

### *Balancing the Concentration of Services Required for Professional Training*

---

Aim of report

Curriculum outlining the training required to enable a doctor to have the necessary skills to participate at Consultant level in a general Gastroenterology service.

---

Training recommendation

Yes

---

Delivery recommendation

(yes/no)

No

---

Explicit volume/concentration implication

Training (yes/no)

No

Service (yes/no)

No

---

Research-based supporting evidence (yes/no)

No

---

### **JCHMT: HMT Curriculum for Renal Medicine**

---

#### **HMT DOC 5**

---

<b>College/association</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>Joint Committee on Higher Medical Training</b>			
Title Higher Medical Training Curriculum for Renal Medicine	<u>A min. of 2 years must be spent in training centres fulfilling the following requirements:</u> - at least three consultants, each practising	Training centres – 3 consultants each with 5 renal sessions weekly;	No justification for the recommendations given in the document.

---

*Balancing the Concentration of Services Required for Professional Training*

Year 2003, January	renal medicine for at least five sessions a week	DGHs – 2 consultants each with 5 renal sessions weekly
Author	- facilities for treatment of acute renal failure and offering experience of the management of patients with multi-organ failure in ICUs	
Report produced by Specialist Advisory Committee	- provision of renal replacement therapy including haemodialysis and CAPD	
Aim of report Competency-based curriculum, set out to define the learning needs of trainee physicians in Renal Medicine.	- weekly renal clinics for non-dialysis patients	
Training recommendation Yes	- full diagnostic facilities including ultrasound, CT scan, MRI scan, angiography, radionuclide investigation and renal biopsy	
Delivery recommendation (yes/no) No	- full laboratory service for diagnosis and management of renal patients including medical biochemistry, haematology, microbiology and histology.	
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No	The balance of the training in clinical Renal Medicine may be in units where these facilities may not be available. However such a centre must have a minimum of two consultants each practising at least five sessions in renal medicine per week.	
Research-based supporting evidence (yes/no) No		

**JCHMT: HMT Curriculum for Respiratory Medicine**

**HMT DOC 8**

College/association Joint Committee on Higher Medical Training	Recommendations Training Service delivery	Volume/concentration implications	Justification
Title Higher Medical Training Curriculum for Respiratory Medicine	Training requirements for bronchoscopy: the bulk of training of bronchoscopy will be in units performing more than 200 examinations per year. Initially the trainee will be an observer and then perform 30–40 bronchoscopies under direct supervision.	Units with 200 or more bronchoscopies. Annually; Minimum numbers of procedures to be performed:	No justification for the recommendations given in the document.
Year 2003, January			
Author	<u>Clinical experience</u>		
Report produced by Specialist Advisory Committee	- the trainee should undertake at least two respiratory outpatients clinics per week during years of clinical training	- 10 pleural biopsies - 20 intercostal tube placements - setting up 50 CPAP and NIPPV	
Aim of report Competency-based curriculum, set out to define the learning needs of trainee physicians in Respiratory Medicine.	- all trainees must spend a minimum of 60 whole days training in ICU. Ideally this should be a full-time 3 months allocation but if it is not possible then it can be done in segments of 15 consecutive working days.	- 30 tuberculin tests - 30 tests for common allergies.	
Training recommendation Yes	- safely perform a minimum of 10 pleural biopsies		
Delivery recommendation (yes/no) No	- safely perform a minimum of 20 intercostals tube placements		



---

*Balancing the Concentration of Services Required for Professional Training*

---

Explicit volume/concentration implication      - set up patients on CPAP and NIPPV (50)

Training (yes/no)      - perform and read tuberculin tests (30)

Yes  
Service (yes/no)      - perform and read skin test to common allergies (30).  
No

---

Research-based supporting evidence (yes/no)

No

---

***General surgery and surgical specialties: trauma and orthopaedics, and urology***

**RCS: BST Manual**

College/association Royal College of Surgeons	Recommendations (training)	Volume/concentration implications	Justification
Title The Manual of Basic Surgical Training	All hospitals with basic surgical trainees should ideally serve a population which is sufficiently large to justify the concentration of manpower and the range of surgical and medical skills and to provide the quantity and quality of experience necessary. A ratio of a maximum of one consultant to one basic surgical trainee is appropriate for all specialties, except A&E.	Maximum of 1 consultant to 1 BST trainee in all specialities, except A&E. <u>A&amp;E departments</u> For the recognition of basic surgical training posts, the advised minimum size is a department receiving 25 000 new patient attendances per annum.	No justification for the recommendations given in the document.
Year 1998, September (under revision 2003)			
Author	CT Scanning facilities must be available 24 h per day on site for patients with head injuries.		
Report produced by Training Board	<u>A&amp;E Departments</u>		
Aim of report To make recommendations concerning the minimum requirements for basic surgical training recognition.	Recommended number of consultants per new patients: 25 000–50 000: 2 consultants; 50 000–75 000: 3 consultants; 75 000–100 000: 4 consultants.		
Training recommendation Yes	For junior medical staff it is recommended that the staffing norm is one doctor per 5000 new patient attendances (56 h/week contract).		
Delivery recommendation (yes/no) No	The minimum number of junior doctors		

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication	required to work a 24-h rota is six.
Training (yes/no)	<u>Hospital Facilities</u>
Yes	The following specialties must, as a minimum, be available and readily accessible on site: acute general medicine, acute general surgery, trauma/orthopaedics, anaesthetics, intensive/coronary care facilities, radiology, pathology.
Service (yes/no)	
No	
Research-based supporting evidence (yes/no)	The following specialties need not necessarily be on site but ready access is required: acute gynaecology, ENT surgery, ophthalmology, care of the elderly, neurosurgery and neurology, obstetrics, cardiothoracic surgery, oral and maxillofacial surgery, plastic surgery (and burns unit), genito-urinary medicine, other specialist surgery (e.g. vascular surgery, urology).
No	The hospital should support an active trauma team and cardiac arrest team.

**JCHST: Manual of HST in UK & Irl.**

College/association	Recommendations		Volume/concentration implications	Justification
Joint Committee of Higher Surgical Training	Training	Service delivery		
Title	Educational approval:		Consultant wte:middle-grade ratio 1:1.2	No justification for the recommendations given in the document.
A Manual of Higher Surgical Training in the UK and Ireland	<b>Ratio of consultants to middle grade staff:</b>		Parallel operating lists not acceptable for training.	
Year	1 wte consultant: 1:1.2 middle grade staff. Within this ratio individual SACs may have a separate ratio			
2003, January				

---

*Balancing the Concentration of Services Required for Professional Training*

---

Author	for consultants: SpRs.
Report produced by JCHST	Parallel operating lists are not acceptable for training purposes.
Aim of report Document setting out the regulations for higher surgical training in the UK and Ireland in respect of the surgical specialties relating to the JCHST.	
Training recommendation Yes	
Delivery recommendation (yes/no) No	
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) Yes	
Research-based supporting evidence (yes/no) No	

---

### **JCHST: General Surgery Curriculum**

<b>College/association</b> <b>Joint Committee for Higher Surgical Training</b>	<b>Recommendations</b>		<b>Volume/concentration implications</b>	<b>Justification</b>
	<b>Training</b>	<b>Service delivery</b>		
Title Curriculum, Organisation and Syllabus for Higher Surgical Training in General Surgery	Trainee/Trainer Ratios: in no circumstances may the ratio of 1.2 middle-grade staff to 1 consultant (full time equivalent) be exceeded.		Consultant wte:middle-grade ratio not to exceed 1:1.2.	No justification for the recommendations given in the document.
Year 2001, December	It is mandatory that trainees are at all times exposed to the clinical practice of at least two trainers.			
Author	The minimum period of HST in General Surgery is 6 years.			
Report produced by SAC				
Aim of report Document clarifying and amplifying the specific arrangements for General Surgery.				
Training recommendation Yes				
Delivery recommendation (yes/no) No				

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication

Training (yes/no)

Yes

Service (yes/no)

No

Research-based supporting evidence  
(yes/no)

No

**RCS: Surgical Workforce in New NHS**

College/association	Recommendations (service delivery)	Volume/concentration implications	Justification
<b>Royal College of Surgeons</b>			
Title	Acute secondary care services should be predominantly based on networks delivering care to populations of approx. 500 000.	Acute secondary care services should be predominantly based on networks delivering care to populations of approx. 500 000.	“Emergency surgical admissions have now risen from a rate of 3% per annum in the early 1990s to almost 30% per annum in some urban areas. At the same time, elective surgical admissions and day case admissions have risen dramatically in some specialties...To cope with these demands, more consultant surgeons are needed.”(p.10)
The Surgical Workforce in the New NHS	<u>General Surgery</u>		
Year	The Senate of Surgery target is 1 consultant per 25 000 population.		
2001, November			
Report produced by Working Party	An ideal surgical team would have one SpR for every four to five consultants with one SHO and two or three PRHOs. <u>Trauma and Orthopaedic Surgery</u>	Population rates given for surgical sub-specialties	
Aim of report	Senate of Surgery target is 1 consultant per 25 000 population.		
Document representing the core evidence on workforce issues of the RCS and its specialty associations.	It is becoming increasingly difficult to conduct elective and emergency paediatric orthopaedic surgery in a DGH setting largely because of the requirements of paediatric anaesthesia. Because of the diversity in orthopaedics, teams involving surgeons of various subspecialty interests are necessarily large and more difficult to achieve in the smaller hospital setting.		
Training recommendation			

*Balancing the Concentration of Services Required for Professional Training*

No	For a population of 500 000 the team structure should be: 20 consultants; 10 SpRs and 10 SHOs.
Delivery recommendation	<u>Otolaryngology</u>
Yes	Senate of Surgery target is 1 consultant per 75 000 population.
	<u>Urology</u>
Explicit volume/concentration implication	Senate of Surgery target is 1 consultant per 80 000 population.
Training (yes/no)	For a population of 500 000 the ideal team would comprise:
No	Six consultants; three – four SpRs; and non-consultant career grades for non-operative roles
Service (yes/no)	Following safe workload maxima recommendations:
Yes	<u>Outpatients</u>
Research-based supporting evidence (yes/no)	Consultant alone: 14–20 per clinic. Consultant with SpR or NCCG: 20–30 per clinic. Consultant with SHO or first year SpR: 25 per clinic.
No	<u>Inpatients</u>
	1000–1250 FCEs per year with at least 60% as day cases.

**JCHST: Trauma & Orthopaedic Surgery**

College/association	Recommendations		Volume/concentration implications	Justification
Joint Committee for Higher Surgical Training	Training	Service delivery		
Title	<u>Approvals of Hospitals for HST</u>		Hospitals for higher training	No justification for the
The Curriculum for HST in Trauma and Orthopaedic Surgery	For the purposes of HST in Orthopaedic Surgery, a hospital requires an assured critical mass of patients in the specialty with a case mix appropriate to the		hospitals with trauma services should have a consultant-based	recommendations given in the
Year				
1996, November				

*Balancing the Concentration of Services Required for Professional Training*

Author	needs of the trainee.	service with minimum of 4 consultants	document.
Report produced by JCHST	It is an advantage to have more than one HST in trauma and orthopaedic surgery in any training hospital.		
Aim of report	The trainee should spend no more than 2 years of the first 4 years of training at an individual hospital. Ideally, there should be a 50/50 mix between trauma and orthopaedics during the 4 years.		
Provides a curriculum for trauma and orthopaedics as a supplement to the Manual of HST in the UK & Ireland.	Any training hospital which admits trauma, should have a Consultant based trauma service with a minimum of four Consultants.		
Training recommendation			
Yes			
Delivery recommendation (yes/no)			
No			
Explicit volume/concentration implication			
Training (yes/no)			
Yes			
Service (yes/no)			
No			
Research-based supporting evidence (yes/no)			
No			

**BOA: Education and Training for SHOs**

College/association British Orthopaedic Association	Recommendations		Volume/concentration implications	Justification
	Training	Service delivery		
Title Education and Training for SHOs A Snapshot of the Moment and Recommendations for the Future	There is a concern that an SpR and an SHO cannot be training simultaneously. This means that the ratio of trainer to		Ratio of trainer to trainee should not exceed 1.15.	No justification for the recommendations given in the



*Balancing the Concentration of Services Required for Professional Training*

Year	trainee should not exceed	document.
2002, July	1:1.5.	
Author	The EWTD further complicates and compromises training for all surgeons. One option proposed is amalgamation of units so that a greater no. of SHOs are available to cover out-of-hours duty.	
Report produced by		
Academic Board of Orthopaedic Surgery		
Aim of report	Figures showed that a high population to consultant ratio led to poorer educational supervision of trainees and overall to poor provision of formal educational events, thus reinforcing the vital need for consultant expansion.	
To assess the quality of education, training and experience of SHOs in trauma and orthopaedics.		
Training recommendation		
Yes		
Delivery recommendation		
(yes/no)		
No		
Explicit volume/concentration implication		
Training (yes/no)		
Yes		
Service (yes/no)		
Research-based supporting evidence (yes/no)		
Yes (based on large survey of SHOs)		

**JCHST: Urological Training**

College/association	Recommendations	Volume/concentration implications	Justification
Joint Committee for Higher Surgical Training	Training	Service delivery	

*Balancing the Concentration of Services Required for Professional Training*

Title	HST in Urology lasts for 6 years, comprising 5 clinical years in training and one year in flexible training.	Two consultant urologist staff as a minimum-sized unit for higher training.	No justification for the recommendations given in the document.
Urological Training			
Year	On inspection, the SAC looks for:		
2002, January	- a two-urologist unit as a minimum		
Author	- a timetable involving 3 sessions in theatre, two sessions in outpatients, other sessions (haematuria clinics, urodynamics etc)		
Report produced by	- teaching sessions involving all regional trainees, and a timetable to cover the whole curriculum over 2–3 years.		
JCHST/SAC			
Aim of report	Training in complex urology (Years 5–6) requires the trainee to work with a urologist in a tertiary referral unit with a multi-disciplinary approach to the specialty.		
To give an overview of training requirements for HST in Urology.			
Training recommendation			
Yes			
Delivery recommendation			
(yes/no)			
No			
Explicit volume/concentration implication			
Training (yes/no)			
Yes			
Service (yes/no)			
No			
Research-based supporting evidence (yes/no)			
No			

## ***Ophthalmology***

### **RCOPHTH: Basic Specialist Training Curriculum**

#### **OPH DOC 2**

<b>College/association</b> <b>Royal College of Ophthalmologists</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
Title Curriculum of Basic Specialist Training in Ophthalmology	For certain practical skills (e.g. cataract surgery, scatter photocoagulation, Yag laser capsulotomy), a figure is given specifying the minimum target numbers of procedures to have been performed by an SHO by the end of 2 years of Basic Specialist Training and yearly thereafter as a senior SHO.  In terms of surgery for routine cataract, including extracapsular extraction and phacoemulsification with intraocular lens insertion; management of intra-operative complications (50 cataract or other intraocular procedures) and for Yag laser posterior capsulotomy (20 procedures).	See Guide for Basic Specialist Training in Ophthalmology (2000)	"Basic specialist training is intended to provide a programme of learning which facilitates the acquisition of knowledge, understanding, skills and attitudes to a level appropriate to an ophthalmic trainee who has been fully prepared to begin his/her higher specialist training as a SpR in Ophthalmology...." (p. 1)
Year 1999			
Author			
Report produced by Training Committee			
Aim of report Curriculum document establishing the training aims together with the objectives against which basic specialist training programmes and the progress of individual SHOs in ophthalmology should be assessed.			
Training recommendation Yes			
Delivery recommendation (yes/no) No			

---

*Balancing the Concentration of Services Required for Professional Training*

---

Explicit volume/concentration implication

Training (yes/no)

Yes (but refer to Guide, 2000)

Service (yes/no)

No

---

Research-based supporting evidence (yes/no)

No

---

---

**RCOPHTH: Guide for Basic Sp.Tr. in Ophthalmology**

---

**OPH DOC 1**

---

College/association	Recommendations (training resources)	Volume/concentration implications	Justification
<b>Royal College of Ophthalmologists</b>			
Title	Units providing a full 2-year training for SHOs should normally have a minimum of three Consultants with a major sessional commitment to the ophthalmic training centre.	Consultant staffing levels per unit for training recognition for one- or two-year programmes.	No justification for the recommendations given in the document.
Guide for Basic Specialist Training in Ophthalmology	Units with two consultants will be recognised for SHO training for only 1 year, and such trainees must rotate externally to another unit or units for the remaining part of their training.	Trainees' minimum quotas of procedures (e.g. 40 completed operations over the first 2 years).	
Year	Units with a single consultant will not be given recognition.		
2000			
Author	Each training centre should have sufficient facilities and adequate patient throughput to provide appropriate experience in ophthalmic surgery and medicine. There should be a fully equipped and staffed eye theatre.		
Report produced by			
Training Committee			
Aim of report	A dedicated ophthalmic outpatient department is required with facilities for basic ophthalmic practice and carrying out certain key investigations and procedures, e.g. photography, fluorescein angiography, biometry etc. There should be access to more specialised techniques, e.g. B-scan ultrasound and electrophysiology which may be located in neighbouring referral centres.		
Guidelines providing overview of educational and training requirements in ophthalmology at SHO level (to read together with the Curriculum for BST in			

---

*Balancing the Concentration of Services Required for Professional Training*

---

ophthalmology).	There should be access to, and involvement in, an orthoptic department and a service for the provision of low visual aids and contact lenses.
Training recommendation	
Yes	Routine radiological investigations with access to CT and MRI scanning should be available. There should be close liaison with other disciplines such as neurology, neurosurgery, plastic and faciomaxillary surgery, metabolic medicine etc.
Delivery recommendation	
No	
Explicit volume/concentration implication	More experienced SHOs should be involved in supervised intraocular surgery. By the end of the second year, it is expected that SHOs should have achieved reasonable proficiency in small incision cataract surgery. A minimum number of 50 supervised complete intraocular operations should have been performed or, in modular training, at least 10 modular equivalent procedures and 40 completed operations, including the pre- and postoperative assessment and management.
Training (yes/no)	
Yes	
Service (yes/no)	
No	
Research-based supporting evidence (yes/no)	Thereafter, at least 50 intraocular operations should be undertaken per year. It is expected that the majority of these operations will be small incision cataract surgery. It is a curricular requirement for this number of procedures to be available to trainees and is a condition of educational approval.
No	Where SHOs are on rotation between hospitals, there must be an equitable distribution of surgical training in all units. Experience should be provided in emergency ophthalmology and SHOs should be involved in the management of ophthalmic casualties, although they should not attend more than 2 casualty sessions per week. There should be a regular on call commitment although this should not necessarily mean that postholders must be resident. It is not necessary for eye casualty to be open throughout the 24 h to be approved for training.

---

## RCOPHTH: Curriculum of HST in Ophthalmology

### OPH DOC 4

College/association	Recommendations (training experience)	Volume/concentration implications	Justification
<b>Royal College of Ophthalmologists</b>			
Title	<u>Subspecialty Section 1: Oculoplastic, Adnexal and Lacrimal Surgery</u>	Trainees' minimum	No justification
Curriculum of Higher Specialist Training in Ophthalmology	Essential clinical experience requirements:	quotas of procedures	for the recommendation
Year	- to have attended a minimum of 20 oculoplastic and/or adnexal clinics;	(e.g. 300 complete	s given in the document.
2003, March	- to have undertaken a minimum of 40 oculoplastic and/or adnexal operations;	surgical	
Report produced by	- actively to have participated in, or assisted at:	cataract cases	
Training Committee	a) a minimum of 3 major ptosis repairs	whilst as an	
Aim of report	b) the interpretation of a minimum of 10 special radiographs relevant to the subspecialty (e.g. CT, MRI)	SpR)	
Establishes training aims together with the objectives against which the deanery-based training programmes and the progress of individual SpRs should be assessed.	c) the management of 5 patients with thyroid eye disease.	according to	
Training recommendation	<u>Subspecialty Section 2: Cornea and External Diseases</u>	sub-specialty.	
Yes	Essential clinical experience requirements:		
Delivery recommendation	- to have attended a minimum of 20 corneal and/or external eye disease clinics;		
No	- actively to have participated in, or assisted at, a minimum of 6 corneal transplant operations;		
Explicit volume/concentration implication	- actively to have participated in the management of the complications of corneal transplantation, including rejection and refractive problems.		
Training (yes/no)	<u>Subspecialty Section 3: Cataract &amp; refractive Surgery</u>		
Yes	Essential clinical experience requirements:		
Service (yes/no)	- to have undertaken a minimum of 300 complete surgical cataract cases as SpR;		
	- to show documented evidence of having undertaken a personal assessment by audit of the above cases		
	- exposure to (at least) theoretical aspects of refractive surgery, including		

*Balancing the Concentration of Services Required for Professional Training*

---

No	excimer laser techniques.
Research-based supporting evidence (yes/no)	<u>Subspecialty Section 4: Glaucoma</u> Essential clinical experience requirements: <ul style="list-style-type: none"><li>- to have attended a minimum of 20 glaucoma clinics;</li><li>- to have undertaken a minimum of 30 procedures (surgical or laser) for glaucoma.</li></ul>
No	<u>Subspecialty Section 5: Retina, Vitreous and Uvea (including Ocular Oncology)</u> Essential clinical experience requirements: <ul style="list-style-type: none"><li>- to have attended a minimum of 40 subspecialty retinal clinics (at least 20 surgical and 20 medical);</li><li>- to have undertaken a minimum of 40 posterior segment laser treatments;</li><li>- actively to have participated in, or assisted at<ul style="list-style-type: none"><li>a) a minimum of 20 retinal operations by conventional or vitrectomy techniques</li><li>b) a minimum of 10 uveitis treatments</li><li>c) to have performed, under supervision, a minimum of 20 B scan ultrasound examinations</li><li>d) to have spent at least 1 day with a social worker for the visually impaired on home visits.</li></ul></li></ul> <u>Subspecialty Section 6: Neuro-Ophthalmology</u> Essential clinical experience requirements: <ul style="list-style-type: none"><li>- to have attended a minimum of 20 neuro-ophthalmology clinics or have otherwise been exposed to the investigation and management of an equivalent number of patients covering the full range of neuro-ophthalmic disease.</li></ul> <u>Subspecialty Section 7: Paediatric Ophthalmology and Strabismus</u> Essential clinical experience requirements: <ul style="list-style-type: none"><li>- to have attended a minimum of 20 paediatric ophthalmic clinics;</li><li>- to have undertaken a minimum of 20 extraocular muscle surgery cases;</li><li>- actively to have participated in the ophthalmoscopic screening for ROP of a minimum of 10 neonates.</li></ul>

---

**RCOPHTH: Guide for HST in Ophthalmology**

**OPH DOC 3**

College/association	Training recommendations	Volume/concentration implications	Justification
<b>Royal College of Ophthalmologists/Royal College of Surgeons of Edinburgh</b>			
Title	A SpR rotation must have available the subspecialties listed in the SpR curriculum. Access to teaching in ocular pathology is important.	Units for SpR training need 3 consultants for first and second year training, and 4 or more with special interests for senior training.	No justification for the recommendations given in the document.
Guide for Higher Specialist Training in Ophthalmology			
Year	No unit with only two consultants should train SpRs. A three consultant unit may qualify for SpRs in the first 2 years of training, but for more senior trainees, there should be at least 4 consultants with clearly defined specialist interests.		
2003, March			
Author			
Report produced by Training Committee	The trainee should not see more than 15 patients during an outpatient session.		
Aim of report	A special clinic is one in which patients with a single diagnosis or group of related diagnoses are seen exclusively, and to which there internal referrals. There should not be a mixture of patients in such a session, even if the bias is towards a particular subspecialty, because this dilutes the trainees' experience.		
Guidelines intended to assist departments in formulating training programmes for SpRs (supplement the curriculum for HST in ophthalmology).	There should be a dedicated, fully equipped ophthalmic outpatient department with appropriate equipment and examination facilities.		
Training recommendation	In most cases there should be a theatre dedicated to ophthalmology, but in small units, this may not be possible.		
Yes			
Service delivery recommendation			
No			



---

*Balancing the Concentration of Services Required for Professional Training*

---

Explicit volume/concentration  
implication

Training (yes/no)

No

Service (yes/no)

No

---

Research-based supporting evidence  
(yes/no)

No

---

---

**RCOPHTH: Curriculum of HST in Medical Ophthalmology**

---

**OPH DOC 6**

---

College/association	Recommendations (training experience)	Volume/concentration implications	Justification
<b>Royal College of Ophthalmology</b>			
Title	<u>1. General Medical Ophthalmology including Vascular Disease, Diabetes, Endocrinology</u>	Trainees' minimum quotas of procedures (e.g. 30 cases of laser therapy of macular disease).	"Higher Specialist Training is designed to provide a structured programme of learning which facilitates the acquisition of knowledge, understanding, skills and attitudes to a level appropriate to a medical ophthalmic specialist who has been fully prepared to begin his/her career as an independent practitioner in this specialty...." (p.1)
Curriculum of Higher Specialist Training in Medical Ophthalmology	Essential Experience requirements: - to have attended medical ophthalmology and diabetes clinics (30);		
Year	- to have attended clinics in systemic hypertension and hyperlipidemia (10);		
2002, March	- to have attended general endocrine clinics (including exposure to thyroid cases) (20);		
Author	Laser experience/sessions (diabetic/PRP/maculopathy) (20).		
Report produced by Training Committee	<u>2. Neurology and Neuro-Ophthalmology</u>		
Aim of report	Essential experience requirements: - to have attended neurology clinics (20); - to have attended neuro-ophthalmology clinics (20) and glaucoma clinics (10);		
Establishes the training aims together with the objectives against which the deanery-based training programmes and the progress of individual SpRs should be assessed. It			

---

---

*Balancing the Concentration of Services Required for Professional Training*

---

also sets out some of the arrangements proposed for such assessment.	- to have attended neuro-imaging reporting sessions (20);
Training recommendation	- to have carried out botulinum toxin injections for facial nerve disorders (20).
Yes	<u>3. Rheumatology/Ocular Inflammatory Disease (including HIV) and Dysthyroid Eye Disease</u>
Delivery recommendation	Essential experience requirements:
No	- to have attended inflammatory eye disease clinics (20);
Explicit volume/concentration implication	- to have attended clinics specialising in juvenile chronic arthritis (5);
Training (yes/no)	- to have attended medical outpatients specialising in the management of rheumatology (10) and vasculitis (10);
Yes	- to perform subconjunctival orbital floor (10) and subtenon's injections (10);
Service (yes/no)	to attend corneal/ocular surface disease clinics (20).
No	<u>4. Medical Retina</u>
Research-based supporting evidence (yes/no)	Essential experience requirements:
No	- to have attended medical retina clinics (30);
	- to have exposure to visual electrophysiology (10 sessions);
	- to have exposure to modern ocular imaging including angiography (20 sessions);
	- to have been trained in laser therapy of macular disease (20).

---

## Obstetrics and Gynaecology

### RCOG: Subspecialisation in Maternal & Fetal Medicine

#### OG DOC 4

College/association	Training recommendations	Volume/concentration implications	Justification
<b>Royal College of Obstetricians &amp; Gynaecologists</b>			
Title	<u>To be eligible for subspecialty training in maternal and fetal medicine a centre must:</u>	A centre undertaking subspecialty training in maternal and fetal medicine would be expected to have at least 3500 births per year and be referred at least 40 cases of fetal abnormalities per year.	"This higher degree of specialisation indicates intensive training, experience and expertise. The aims of subspecialisation are:
Subspecialisation in Maternal & Fetal Medicine	- provide an integrated service for the referral and transfer of high-risk obstetric patients, in close collaboration with other obstetricians and discipline within and outwith the centre;		- to improve knowledge, practice, teaching and research;
Year 1997, December	- have an adequate clinical workload with a full range of high-risk maternal and fetal problems. Usually the centre would be expected to have at least 3500 births per year including a significant proportion of referred/transferred high perinatal risk patients;		- to promote the concentration of very specialised expertise, special facilities and clinical material that will be of considerable benefit to some patients...." (p. 2)
Author			
Report produced by Working party	- be a referral centre for the specialised prenatal diagnosis of fetal abnormalities, of which there should be at least 40 diagnosed cases/year;		
Aim of report	- ultrasound facilities and expertise for detecting the majority of structural malformations in the fetus		
To advise and keep under review the development of subspecialisation within the field of obstetrics and gynaecology including requirements and regulations for subspecialist training and accreditation.	- a close working relationship with a medical genetics centre and clinical genetics consultant(s);		
Training recommendation	- provide a full range of fetal monitoring/assessment techniques;		
Yes	- have a neonatal intensive care unit with consultant paediatricians;		
Delivery recommendation (yes/no)			

*Balancing the Concentration of Services Required for Professional Training*

No	- have an association with a neonatal surgical unit;
Explicit volume/concentration implication	- have a 24-hour obstetric anaesthetic service with consultant anaesthetists;
Training (yes/no)	- have close collaboration with an adult intensive care unit having a full range of diagnostic facilities and support;
Yes	
Service (yes/no)	- have an adequate perinatal pathology service with at least one consultant pathologist;
No	- have adequate support from, and close collaboration with, a biophysics service.
Research-based supporting evidence (yes/no)	
No	

**RCOG: Subspecialisation in Reproductive Medicine**

**OG DOC 2**

College/association	Recommendations (training)	Volume/concentration implications	Justification
<b>Royal College of Obstetricians &amp; Gynaecologists</b>			
Title	<u>To be eligible for subspecialty training in reproductive medicine a centre must:</u>		"This higher degree of specialisation indicates intensive training, experience and expertise. The aims of subspecialisation are:
Subspecialisation in Reproductive Medicine	- provide a service for the referral and transfer of patients with endocrine and infertility problems requiring special diagnostic and therapeutic facilities and expertise, with close collaboration with other gynaecologists within and outwith the centre;		- to improve knowledge, practice, teaching and research;
Year 1997, December	- have an adequate clinical workload with a full range of gynaecological endocrine, fertility and infertility (female and male) problems;		- to promote the concentration of very specialised expertise, special facilities and clinical material that
Author	- have appropriate facilities for investigating the relevant endocrine and infertility disorders;		<del>will be of considerable</del>
Report produced by Working party	- have access to appropriate endocrine and ultrasound investigations for monitoring women having ovulation		
Aim of report			
To advise and keep under review developments in further specialisation within the field of obstetrics and			

*Balancing the Concentration of Services Required for Professional Training*

gynaecology, including training implications, and to make recommendations.	inductions; - have an established assisted conception programme, including assisted fertilisation with appropriate clinical and laboratory facilities; - have an adequate gynaecological pathology service.	benefit to some patients..." (p. 2).
Training recommendation Yes		
Delivery recommendation (yes/no) No		
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No		
Research-based supporting evidence (yes/no) No		

**RCOG: Subspecialisation in Urogynaecology**

**OG DOC 5**

College/association	Training recommendations	Volume/concentration implications	Justification
<b>Royal College of Obstetricians &amp; Gynaecologists</b>			
Title Subspecialisation in Urogynaecology	<u>To be eligible for subspecialty training in urogynaecology a centre must:</u> - provide a service for the referral and transfer of patients with urogynaecological problems, with close collaboration with other gynaecologists within and outwith the centre;	A centre undertaking subspecialty training in urogynaecology must have a minimum clinical workload of 500 new patients per year referred and undergoing	"This higher degree of specialisation indicates intensive training, experience and expertise. The aims of subspecialisation are: - to improve knowledge, practice,
Year 1998, August			
Author	- have an adequate clinical workload, defined as a minimum of 500 new patients per year referred and		

*Balancing the Concentration of Services Required for Professional Training*

Report produced by Working party	undergoing urodynamic assessment. The centre should have a wide range of urogynaecological problems;	urodynamic assessment.	teaching and research; - to promote the concentration of very specialised expertise, special facilities and clinical material that will be of considerable benefit to some patients..." (p. 2)
Aim of report To advise and keep under review the development of subspecialisation within the field of obstetrics and gynaecology, including requirements and regulations for subspecialist training and accreditation.	- have a well equipped urodynamic laboratory; - there must be easy access to neurophysiological equipment, ultrasound video, etc; - have close collaboration with a consultant urologist, a consultant for medicine of the elderly, a colorectal surgeon, a neurologist etc; - have close support from a medical physics service.		
Training recommendation Yes			
Delivery recommendation (yes/no) No			
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No Research-based supporting evidence (yes/no) No			

**RCOG: Subspecialisation in Gynaecological Oncology**

**OG DOC 3**

College/association Royal College of Obstetricians &	Training recommendations	Volume/concentration implications	Justification
---	--------------------------	-----------------------------------	---------------

*Balancing the Concentration of Services Required for Professional Training*

<b>Gynaecologists</b>	To be eligible for subspecialty training in gynaecological oncology a centre must:		
<b>Title</b>			
Subspecialisation in Gynaecological Oncology			
Year 2002, May			
Author			
Report produced by Working party			
Aim of report			
To advise and keep under review the development of subspecialisation within the field of obstetrics and gynaecology, including requirements and regulations for subspecialist training and accreditation.			
Training recommendation			
Yes			
Delivery recommendation (yes/no)			
No			
Explicit volume/concentration implication			
Training (yes/no)			
Yes			

To be eligible for subspecialty training in gynaecological oncology a centre must:

- provide a service for the referral and transfer of patients with gynaecological cancer, with close collaboration with other gynaecologists within the network;
  - have a throughput of at least 150 new cases of gynaecological cancer per year with a full range of gynaecological oncology problems;
  - have a colposcopy clinic;
  - have a CPA-accredited gynaecological pathology service provided by consultant pathologists and their supporting staffs;
  - have adequate access to modern diagnostic imaging facilities and have close collaboration with consultant radiologists and nuclear medicine specialists.
- To train an individual the centre must have a programme which guarantees exposure to the whole breadth of the subspecialty, with attachments either in the form of modules or integrated into a weekly programme according to the following formula. These are minimum requirements:
- Radiation oncology - 2 weeks
  - Chemotherapy - 4 weeks
  - Colorectal surgery - 4 weeks
  - Urological surgery - 2 weeks
  - Palliative care - 3 weeks
  - Plastic surgery - 1 week
  - Pain clinic - 1 week

It is accepted that the gynaecological cancer centre will not always be on a single site but timetables and programmes must be such as to allow adequate joint consultation. To train an individual the centre must have sufficient workload to guarantee that the trainee will perform at least 60 (procedures) as primary surgeon. The minimum number of tasks to be completed in 2 years is:

- 20 complete pelvic node dissections;
- 20 complete ureteric dissections;
- 20 radical cervical excisions;
- 15 groin node dissections;
- 15 radical excisions of vulval cancer;
- 40 laparotomies for stage 3/4 ovarian cancer.

"This higher degree of specialisation indicates intensive training, experience and expertise. The aims of subspecialisation are:

- to improve, knowledge, practice, teaching and research;
- to promote the concentration of very specialised expertise, special facilities and clinical material that will be of considerable benefit to some patients..." (p. 2)

Research-based supporting evidence (yes/no)

No

## RCOG: Subspecialisation in Sexual and Reproductive Health

### OG DOC 6

College/association	Training recommendations	Volume/concentration on implications	Justification
Royal College of Obstetricians & Gynaecologists/Faculty of Family Planning and Reproductive Health			
Title	<u>To be eligible for training in sexual and reproductive health, the following requirements should be met:</u>		<p>"This higher degree of specialisation indicates intensive training, experience and expertise. The aims of subspecialisation are:</p> <ul style="list-style-type: none"> <li>- to improve knowledge, practice, teaching and research;</li> <li>- to promote the concentration of very specialised expertise, special facilities and clinical material that will be of considerable benefit to some patients...." <p>(p. 2)</p> </li></ul>
Subspecialisation in Sexual and Reproductive Health			
Year 2003, May	- the centre should provide a comprehensive community family planning service to a large catchment area. It is expected that most clinic services will be concentrated within one trust, although cross boundary arrangements for targeted training will be accepted when appropriate;		
Author	- the service must give experience in all methods of birth control, cervical cytology screening, pregnancy testing and advice, sterilisation and vasectomy counselling, and general preventative health care etc;		
Report produced by Working party	- there should be links with general practice and preventative medicine;		
Aim of report	- opportunity for family planning training should be available;		
To advise and keep under review the development of subspecialisation within the field of obstetrics and gynaecology including requirements and regulations for subspecialist training and accreditation.			



*Balancing the Concentration of Services Required for Professional Training*

Training recommendation Yes	- there should be adequate opportunities for trainees to pursue experience on a full-time basis in the various facets of this training;
Delivery recommendation (yes/no) No	- opportunities should be available for training in the management of large community services including control of budgets, personnel management etc;
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No	- opportunities should be available for training in screening programmes both for cervical and for breast cancer.
Research-based supporting evidence (yes/no) No	

**RCOG: Sp.Skill Tr.Module: Maternal Medicine**

**OG DOC 9**

<b>College/association</b> <b>Royal College of Obstetricians &amp; Gynaecologists</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
Title Special Skills Training Module: Maternal Medicine	The practical component (of the module) will involve attendance at clinics and ward rounds. In particular, the trainee has to attend at least 30 maternal medicine clinics, 12 joint antenatal/diabetic clinics, 4 neonatal and 2 intensive-care ward rounds and 5 sessions (clinics or ward rounds) in each of 5 medical disciplines selected from a		"The aim of training in maternal medicine is to:
Year 2002, June			- provide a high level of skill in the management of disorders affecting the mother before pregnancy, during
Author			

*Balancing the Concentration of Services Required for Professional Training*

Report produced by RCOG Postgraduate Training Department	list including haematology, endocrine/diabetes, rheumatology etc.	pregnancy, labour and the puerperium; - improve knowledge, practice and teaching in the discipline...." (p. 3)
Aim of report Overview of skills required for the management of women with medical problems in pregnancy.		
Training recommendation Yes		
Delivery recommendation (yes/no) No		
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No		
Research-based supporting evidence (yes/no) No		

**RCOG: Sp.Skills Tr.Module: Assisted Reproduction**

**OG DOC 10**

College/association <b>Royal College of Obstetricians &amp; Gynaecologists/British Fertility Society</b>	Training recommendations	Volume/conc entration implications	Justification
Title Special Skills Training Module: Assisted Reproduction	This course complements the BFS/RCOG special skills training on the management of the infertile couple and would be expected to be carried out in conjunction with it.	The centre should have an adequate clinical workload of at least 500 new	"The modern management of the infertile couple is an essential component to the training of every
Year 2002, June	<u>To be eligible as a training centre in Assisted</u>		

*Balancing the Concentration of Services Required for Professional Training*

Author	<u>Reproduction the following criteria must be met:</u>	couples per year.	obstetrician/gynaecologist...." (p. 3)
Report produced by RCOG Postgraduate Training Department	- the centre should provide a service for the management of patients with endocrine and infertility problems, within an appropriate setting, encompassing a dedicated infertility clinic, where both male and female partners are seen together;	The centre should provide a licensed assisted	
Aim of report Overview of skills required for the management of the infertile using assisted reproduction techniques	- the centre should have an adequate clinical workload (at least 500 new couples per year), incorporating a comprehensive range of disorders associated with infertility;	conception service offering in excess of 250 fresh IVF cycles per year.	
Training recommendation Yes	- the centre should have access to appropriate laboratory facilities to allow appropriate investigation of male and female patients;		
Delivery recommendation (yes/no) No	- the centre should have access to appropriate clinical facilities for investigation of relevant endocrine and infertility disorders;		
Explicit volume/concentration implication Training (yes/no) Yes	- the centre should have access to daily ultrasound investigations for monitoring women undergoing controlled ovarian stimulation;		
Service (yes/no) No	- the centre should provide a licensed assisted conception service offering in excess of 250 fresh IVF cycles per year. Cryopreservation facilities of gametes and embryos should be available as well as donor gamete treatment options.		
Research-based supporting evidence (yes/no) No			

**RCOG: Sp.Skills Tr.Module: The Management of the Infertile Couple**

**OG DOC 13**

College/association	Training recommendations	Volume/concentration implications	Justification
Royal College of Obstetricians & Gynaecologists/British Fertility Society			

*Balancing the Concentration of Services Required for Professional Training*

Title	<u>To be eligible as a training centre in the management of the infertile couple, the following criteria must be met:</u>	The centre should have an adequate clinical workload of at least 250 new couples per year.	"The modern management of the infertile couple is an essential component to the training of every obstetrician and gynaecologist. The specialist nature of the subject, however, means that during general training through the specialist registrar years only a relatively superficial knowledge and clinical skills base will be established...." (p.3)
Special Skills Training Module: The Management of the Infertile Couple			
Year 2002, June	- the centre should provide a service for the management of patients with endocrine and infertility problems, within an appropriate setting, encompassing a dedicated infertility clinic, where both male and female partners are seen together;		
Author	- the centre should have an adequate clinical workload (at least 250 new couples per year), incorporating a comprehensive range of disorders associated with infertility;		
Report produced by RCOG Postgraduate Training Department	- the centre should have access to appropriate laboratory (endocrine and andrology) facilities;		
Aim of report Overview of the knowledge and clinical skills required for the management of the infertile couple.	- the centre should have appropriate clinical facilities for investigation of relevant endocrine and infertility disorders;		
Training recommendation Yes	- the centre should have access to daily ultrasound investigations for monitoring women having ovulation induction;		
Delivery recommendation (yes/no) No	- if the centre does not have an in-house IVF unit there must be close cooperation with an HFEA-licensed centre allowing potential trainees appropriate observational and practical experience.		
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No			
Research-based supporting evidence (yes/no) No			

**RCOG: Sp.Skills Tr.Module: Ultrasound Imaging in the Management of Gynaecological Conditions**

**OG DOC 8**

College/association Royal College of Obstetricians & Gynaecologists	Training recommendations	Volume/concentration implications	Justification
Title Special Skills Training Module: Ultrasound Imaging in the Management of Gynaecological Conditions	The practical component (of the module) will involve attendance at clinics where patients are referred for ultrasound imaging as part of the management of their gynaecological conditions (early pregnancy clinics, gynaecological evaluation clinics, menstrual disorder clinics, pelvic mass clinics, etc.). Gynaecology outpatient clinics where ultrasound imaging is immediately available are also appropriate. The trainee must attend at least 30 such sessions, at least 10 of which should be in a dedicated early pregnancy clinic.		"Ultrasound imaging has become an integral part of the management of many gynaecological conditions. This module will help to equip individuals with the knowledge and skills required to use ultrasound imaging within the clinical context...." (p. 3)
Year 2002, June			
Author			
Report produced by RCOG Postgraduate Training Department			
Aim of report Overview of skills required to use ultrasound imaging in the management of gynaecological conditions.			
Training recommendation Yes			
Delivery recommendation (yes/no) No			

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication

Training (yes/no)

No

Service (yes/no)

No

Research-based supporting evidence (yes/no)

No

**RCOG: Sp. Skills Tr.Module: Urodynamics**

**OG DOC 12**

College/association Royal College of Obstetricians & Gynaecologists	Training recommendations	Volume/concentration implications	Justification
Title Special Skills Training Module: Urodynamics	The practical component (of the training programme) will involve attendance at clinics where patients are referred for urodynamic investigation. The trainee must attend at least 30 such sessions.	Overall management of a minimum of 30 patients.	"Urodynamic investigations are an essential component in the management of women who present with lower urinary tract symptoms. This module will help to equip individuals with the knowledge and skills required to use urodynamic investigations within the clinical context...." (p. 3)
Year 2002, June			
Author			
Report produced by RCOG Postgraduate Training Department	A summary of observations of clinical practice and formal testing of a minimum of 30 patients must be undertaken, including symptoms, urodynamic tests, diagnoses and treatment recommendations.		
Aim of report Overview of skills required for urodynamic investigation in women			
Training recommendation Yes			

*Balancing the Concentration of Services Required for Professional Training*

---

Delivery recommendation

(yes/no)

No

---

Explicit volume/concentration implication

Training (yes/no)

Yes

Service (yes/no)

No

---

Research-based supporting evidence (yes/no)

No

---

**RCOG: Sp.Skills Tr.Module: Obstetric Leadership**

**OG DOC 14**

<b>College/association</b> <b>Royal College of Obstetricians &amp; Gynaecologists/British Maternal and Fetal Society</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
Title Special Skills Training Module: Preparing for Obstetric Leadership on the Labour Ward	In order to provide exposure to the required case mix, it is anticipated that the unit will deliver more than 3000 women per annum. It is suggested that this could be interpreted reasonably if numbers fall a little below that level and that quality and teaching could be taken into consideration. Additionally, the unit must be at CNST		"The labour ward is an area of enormous complexity within any hospital. At any time there may be women experiencing normal childbirth, as well as others, fortunately fewer in number, who may be suffering complications of pregnancy. It is also an area where successful multidisciplinary working
Year 2003, October			
Author			
Report produced by RCOG Postgraduate Training Department			

*Balancing the Concentration of Services Required for Professional Training*

Aim of report Overview of skills required for individuals to be the lead obstetrician on the labour ward.	maternity level 1 and must have a level 2 neonatal unit on site.	is vital for patient safety.” (p. 5)
Training recommendation Yes		
Delivery recommendation (yes/no) No		
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No		
Research-based supporting evidence (yes/no) No		

**RCOG: Survey of Training 2002**

**OG DOC 1**

College/association Royal College of Obstetricians & Gynaecologists	Training recommendations	Volume/concentration implications	Justification
Title Survey of Training 2002	Trainees may fail to acquire surgical skill targets (under competency-based assessment) due to a lack of exposure. If the number of operative procedures performed as a part of structured training is monitored, any lack of surgical exposure would be highlighted.		Over 90% of respondents in the survey agreed with the importance of monitoring the number of procedures performed as part of structured
Year 2003, August			
Author			



### *Balancing the Concentration of Services Required for Professional Training*

Report produced by RCOG Trainees Committee	Structured training should involve minimum surgical exposure and expertise, at least to a level that enables safe emergency care. For example, in the North West Deanery, four majors (procedures) per month is set as an audit standard for all senior SpRs in Years 4/5 undertaking general training.	training. This would possibly help to address the decline in operative experience. If numbers are to be monitored, the next step is to set the minimum number and type of procedure which a trainee of a particular grade should undertake. The survey suggests that 30% of senior SpRs perform less than four major procedures a month. (p. 7)
Aim of report Survey of trainees in O&G.		
Training recommendation Yes		
Delivery recommendation (yes/no) No		
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No		
Research-based supporting evidence (yes/no) Yes (References provided)		

### **RCOG: A Blueprint for the Future**

#### **OG DOC 18**

College/association Royal College of Obstetricians & Gynaecologists	Recommendations		Volume/concentration implications	Justification
	Training	Service delivery		
Title A Blueprint for the Future Year 2000, December	The current ratio of consultants to all trainees is 1:2.2. The appropriate	The service deficit that will follow the loss of doctors in SpR posts would be best solved by the introduction of an evolving consultant role with a need for greater commitment to on-call and emergency service provision.		"The rapid evolution of obstetrics and gynaecology, combined with

*Balancing the Concentration of Services Required for Professional Training*

Author	required ratio of consultants to trainees would be reversed to 4:1.	The current two-tier on-call rotas (SHO and SpR resident on-call) with consultants on-call from home will, in most units, be impossible to maintain with the reduced number of trainees overall.	changes in working practices, employment law and training, have produced unsupportable pressures on models of service provision which have served well until recent years...." (p. 5)
Report produced by Working Party	The smaller number of career trainees (envisaged over the next few years) will force a review of all deanery rotations	Reduction in the numbers of SHOs and changed roles inevitably produce a service deficit that cannot be completely matched by reallocation of tasks to nurses/midwives or the extension of responsibilities in the SpRs and consultants.	
Aim of report To look at future service provision in Obstetrics & Gynaecology.	– not all trusts will necessarily wish or be selected to remain as training hospitals.	An imbalance between emergency admissions and available beds for elective work and appropriately trained staff on gynaecological and obstetric wards will have major implications for service provision and throughput.	
Training recommendation Yes			
Delivery recommendation (yes/no) Yes			
Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No		There is value in establishing emergency gynaecology units, early pregnancy assessment units and daycare assessment units for obstetric complications.	
Research-based supporting evidence (yes/no) Yes (RCOG & Journal References provided)			

## RCOG: Clinical Standards: Advice on Planning the Service in Obstetrics & Gynaecology

OG DOC 15

College/association Royal College of Obstetricians & Gynaecologists	Recommendations		Volume/conce ntration implications	Justification
	Training	Service delivery		
Title Clinical Standards: Advice on Planning the Service in Obstetrics & Gynaecology: also Key standards 1-12	Implementation of structured training included clear standards to be achieved. The development of training agreements, with regular formative and summative assessments based in identified criteria and targets has produced an incremental and structured progression to the award of the CCST.	Such (training) developments may impinge on individual clinical practice or on an individual's contribution to the provision of clinical services as a member of a team.  There will be conflict between essential, quality activities (clinical governance, educational meetings etc.) and the day-to-day provision of service.	The report and key standards advise on 'best practice' for the delivery of clinical services.	"Clinical directors have indicated the need to develop a list of clinical priorities and have requested a set of attainable clinical standards that would allow them to prioritise developments." (p. 5)
Year 2002, July  Report produced by RCOG Standards Board				
Aim of report Summarises the sources and purposes of the various types of standards already set, by a range of bodies, for the guidance of individual clinicians and healthcare organisations.	Implicit in training towards the CCST is the arrangement of rotations through training centres that are both able and willing to provide quality education.  The shorter time of training to specialist level demands a more concentrated education with an inevitable impact on service provision.	It is inevitable that the development of quality issues of relevance to the maintenance of good medical practice and the provision of the service will be inhibited until such tension can be resolved.  In addition to this report there are documents covering Key Standards:		
Training recommendation No	It is anticipated that the maintenance and development of training standards will be closely related to the introduction and assessment of clinical standards, and it is	1 Labour ward 2 Antenatal ultrasound screening 3 Early pregnancy loss 4 Colposcopy 5 Gynaecological cancer 6 Urogynaecology 7 Menorrhagia		
Delivery recommendation Yes				

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication Training (yes/no) No Service (yes/no) No	likely that they will feature in the evolving hospital recognition and accreditation system.	8 Induced abortion 9 Sterilisation 10 Infertility 11 Gynaecological examination 12 Outpatient times
Research-based supporting evidence (yes/no) Yes (RCOG Publications)		

## Paediatrics

### RCPCH: Paediatric Training Handbook

#### PAED DOC 3

College/association	Training recommendations	Volume/concentration implications	Justification
<b>Royal College of Paediatrics and Child Health</b>			
Title	<u>SHO training</u>	Neonatal training post requirements to be met (i.e. in Level 2 or 3 units);	None given
Paediatric Training Handbook	General professional training is for 2 years. Career paediatricians must spend a minimum period of 6 months in approved general paediatric SHO post and 6 months in an approved neonatal post in a unit which undertakes Level 2 and Level 3 neonatal intensive care (usually in a regional neonatal intensive care unit). The unit should have a dedicated on-call system. Time spent in locum SHO and Trust Doctor posts cannot count towards the minimum requirements of 2 years GPT.	consultant staffing levels .	
Year			
2003, September			
Author			
Report produced by	<u>Higher specialist training</u>		
RCPCH	HST consists of 2 years' core paediatrics (for all trainees) and 3 years' experience depending on career intentions (re. becoming a general or tertiary consultant paediatrician). For all, at least 6 months experience in a DGH setting is necessary. Core training must include 4–6 months neonatal care. Post care training for general paediatrics includes 6–12 months in a specialty post. For tertiary paediatrics, trainees enter tertiary training programmes (10 being recognised by the STA (p. 35)).		
Aim of report			
Provides guidance and overview of requirements for basic and higher specialist training in paediatrics.			
Training recommendation	<u>SHO training recognition</u>		
Yes	A minimum of 2 consultant trainers in a department. All SHOs must attend at least 10 OP clinics over 6 months (or 5 neonatal clinics).		
Delivery recommendation (yes/no)	<u>Core SpR post recognition</u>		
No			

*Balancing the Concentration of Services Required for Professional Training*

Explicit volume/concentration implication	6 months in DGH; sufficient acute referrals per months; 2 clinics each week with 3–4 new referrals.
Training (yes/no)	<u>Core neonatal post recognition</u>
Yes	6 months (from Sept. 2003) Joint post between general paediatrics and neonatology are unacceptable; Unit providing level 2 or level 3 intensive care; transport team; supervision by 2 consultants with neonatal interest.
Service (yes/no)	
No	
Research-based supporting evidence (yes/no)	
No	

**RCPCH: Sub-Specialty Training in Neonatal Medicine**

**PAED DOC 1**

College/association	Training recommendations	Volume/concentration implications	Justification
<b>Royal College of Paediatrics and Child Health</b>			
College/association	Mandatory requirements for unit contributing to HST Training Scheme in Neonatal Medicine:	For training recognition:	No justification for the recommendations given in the document.
Royal College of Paediatrics and Child	- six designated intensive care cots	minimum	
Title	- cares for >70 VLBW infants/year	throughput of	
Sub-Specialty Training in Neonatal	- ventilates for >24 h 100 babies/year	very low	
Year	- >1500 IC days (level 1+2)/year	birthweight	
2001, October	- 20 sessions of dedicated Consultant time (minimum of 2 consultants with little or no involvement in general paediatric cover).	infants;	
Author		minimum	
		consultant cover.	
Report produced by			
SAC for Neonatal Medicine			
Aim of report			
Document specifying the process of regulating sub-specialty training in Neonatal Medicine.			

*Balancing the Concentration of Services Required for Professional Training*

Training recommendation
Yes
Delivery recommendation (yes/no)
No
Explicit volume/concentration implication Training (yes/no)
Yes
Service (yes/no)
No
Research-based supporting evidence (yes/no)
No

**BPAIIG: Paediatric Allergy, Immunology & Infectious Diseases**

**PAED DOC 5**

College/association	Training recommendations	Volume/concentration implications	Justification
<b>British Paediatric Allergy, Immunity and Infection Group</b>			
Title	Years 4/5 training requirements for Paediatric infectious diseases and immunology units: centres should have a minimum of 30 PAIID admissions and consults a month, should see at least 30 PAIID outpatients a month and see over 100 immunocompromised patients in a year.	For training recognition: volume of admissions and outpatient caseloads per unit; consultant staffing level for unit.	No justification for the recommendations given in the document.
Sub-Specialty Training in Paediatric Allergy, Immunology & Infectious Diseases			
Year			
2003, April			
Author	There must be a minimum of 2 FTE list specialist consultants.		

---

Report produced by  
BPAIIG

---

Aim of report

Overview of requirements for sub-specialty training in Paediatric Allergy, Immunology and Infectious Diseases.

---

Training recommendation

Yes

---

Delivery recommendation

(yes/no)

No

---

Explicit volume/concentration implication

Training (yes/no)

Yes

Service (yes/no)

No

---

Research-based supporting evidence (yes/no)

No

---

### **BSPED: Training in Paediatric Endocrinology and Diabetes**

#### **PAED DOC 4**

<b>College/association</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>British Society for Paediatric Endocrinology and Diabetes</b>			
Title Training in Paediatric Endocrinology and Diabetes in the UK	Requirements for Training Institutions: - the centre must provide adequate	Diabetic clinic caseload for training	No justification for the recommendations given in the



*Balancing the Concentration of Services Required for Professional Training*

Year N/A	experience in all fields of endocrinology including emergency care;	recognition.	document.
Author	- the centre must have easy access and close relationships with other relevant specialties such as nuclear medicine, imaging facilities, surgery and laboratory facilities;		
Report produced by BSPED	- population served by training centre >2 million;		
Aim of report Document setting out the minimum requirements for training in the subspecialty of Paediatric Endocrinology and Diabetes.	- diabetes clinic >50 patients.		
Training recommendation Yes			
Delivery recommendation (yes/no) No			
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No			
Research-based supporting evidence (yes/no) No			

## BSPGHAN: Paediatric Endoscopy

### PAED DOC 8

College/association British Society of Paediatric Gastroenterology, Hepatology and Nutrition	Training recommendations	Volume/c oncentrati on implicatio ns	Justificatio n
Title Recommendations for Training in Paediatric Endoscopy	A Unit providing training in Paediatric Gastroenterology should be equipped with modern video endoscopy equipment suitable for use in paediatric practice. High-quality tele-visual display and image recording facilities should be mandatory.  It is suggested that most trainees require in the order of 100 diagnostic upper gastrointestinal endoscopies and 100 diagnostic ileocolonoscopies under supervision before the minimum of acceptable competency is achieved.  Threshold numbers of procedures for higher level training include: 5 variceal haemostasis procedures; 10 oesophageal dilations; 5 percutaneous gastrostomies. However, the number performed does not equate with competence.	Volume of procedures to be undertaken by higher level trainee.	No justification for the recommendations given in the document.
Year 2001, March			
Author			
Report produced by BSPGHAN			
Aim of report Outlines the pre-requisites for training and experience required for Paediatric Endoscopy.			
Training recommendation Yes			
Delivery recommendation (yes/no) No			
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no)			

Research-based supporting evidence (yes/no)

No

## BPNA: HST in Paediatric Neurology

### PAED DOC 10

College/association	Recommendations		Volume/concentration implications	Justification
<b>British Paediatric Neurology Association</b>	<b>Training</b>	<b>Training</b>		
	<u>The Neurology Service and Staffing</u>	<u>Facilities</u>		
Title	Mandatory Requirements:	Mandatory Requirements:	For training recognition:	No justification for the recommendations given in the document.
Recommendations for Higher Specialist Training Programmes in paediatric Neurology	- population served 1 million or more;	- outpatient facilities with disabled access adequate for evaluation of children with neurological disorders;	population served: 1 million or more;	
Year	- two or more Consultant Paediatric Neurologists;	- inpatient facilities adequate for children with neurological disorders;	consultant staffing level: 2 paediatric neurologists.	
N/A	- close liaison with tertiary subspecialties including neurosurgery, child psychiatry, adult neurology, metabolic disease, genetics, neuropathology, neonatology, tertiary paediatric medical and surgical subspecialties, audiology and ophthalmology;	- paediatric intensive care unit;		
Author	- close liaison with interdisciplinary remedial therapy team including physiotherapy, occupational therapy etc.	- access to specialist expertise in ten different fields of paediatric neurology including epilepsy, rehabilitation, neuromuscular diseases etc.		
Report produced by BPNA				
Aim of report				
Provides recommendations concerning higher specialist training requirements in paediatric neurology.				
Training recommendation				
Yes				
Delivery recommendation (yes/no)				
No				

Explicit volume/concentration  
implication

Training (yes/no)

Yes

Service (yes/no)

No

Research-based supporting evidence  
(yes/no)

No

## **PRES: Paediatric Rheumatology Syllabus**

### **PAED DOC 6**

<b>College/association</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>Paediatric Rheumatology European Society</b>			
Title	Obligatory Modules:	Volume of procedures to be undertaken by higher-level trainee.	No justification for the recommendations given in the document.
European Training Syllabus and Programme in Paediatric Rheumatology	<u>Juvenile Idiopathic Arthritis</u> The maximum number of patients to be seen during the training period (min 2 years) is:		
Year	- full clinical assessment of 50 new patients spread across all JIA disease groups;		
N/A	- 200 patients in continuous follow up care spread across all JIA disease groups.		
Author	<u>Inflammatory Connective Tissue Diseases</u>		
Report produced by PRES	The minimum no. of patients to be seen during the training period is:		
Aim of report	- 10 new patients spread across following disease groups: SLE, scleroderma,		
Syllabus describing the knowledge, skills and attitudes necessary for Paediatric Rheumatology.			

*Balancing the Concentration of Services Required for Professional Training*

Training recommendation Yes	dermatomyositis etc; - 20 patients in continuous follow up care for at least 1 year.
Delivery recommendation (yes/no) No	<u>Non-inflammatory Musculoskeletal Disorders</u>
Explicit volume/concentration implication Training (yes/no) Yes Service (yes/no) No	Min no of patients to be seen during the training period is: - 100 patients spread across all conditions listed in syllabus under "non- inflammatory disorders"; - 5 patients spread across heritable disorders specified in syllabus.
Research-based supporting evidence (yes/no) No	

## ***Psychiatry***

### **RCPSYCH: BST Handbook**

#### **PSY DOC 1**

<b>College/association</b>	<b>Training recommendations</b>	<b>Volume/concentration implications</b>	<b>Justification</b>
<b>Royal College of Psychiatrists</b>			
Title	<u>Size of training scheme</u>		No justification for the recommendations given in the document.
Basic Specialist Training Handbook	Currently there is wide diversity with some stand-alone schemes training as few as 3 or 4 trainees while larger co-ordinated training schemes have as many as 60–70 trainees. Very small schemes (less than 8 trainees) are unlikely to be granted more than limited training approval.		
Year			
2003, January			
Author	<u>Training Placements</u>		
Report produced by	Each placement should be clearly designated as providing experience in general psychiatry, one of its three recognised subspecialties, or one of the five other recognised specialties.		
Basic Training Specialist Advisory Committee			
Aim of report	The first 12 months of training should normally be in general adult psychiatry, or a combination of 6 months in the psychiatry of old age and 6 months of general adult psychiatry.		
To provide guidance on the organisation and delivery of basic specialist training in psychiatry and identifies standards, which must be achieved if schemes are to be approved by the Royal College of Psychiatrists.			
Training recommendation			
Yes			
Delivery recommendation (yes/no)			
No			
Explicit volume/concentration implication			

*Balancing the Concentration of Services Required for Professional Training*

---

Training (yes/no)

No

Service (yes/no)

No

---

Research-based supporting evidence (yes/no)

No

---

## ***Specialty training for general practice***

### **JCPTGP: Training Programme**

#### **GP DOC 1**

<b>College/association</b> <b>Joint Committee on</b> <b>Postgraduate Training</b> <b>for General Practice</b>	<b>Recommendations (training)</b>	<b>Volume/concentration</b> <b>implications</b>	<b>Justification</b>
Title The Training Programme	<u>Prescribed Experience</u> Training not less than 36 months full-time employment in posts approved by the Joint Committee. This includes at least 12 months employment as GP Registrar within the NHS.		No justification for the recommendations given in the document.
Year N/A			
Author	Training in hospital or community medicine in posts approved by the Joint Committee, including not less than 6 months or more than 12 months full-time employment in each of two of the following specialties:		
Report produced by JCPTGP	- general medicine		
Aim of report	- geriatric medicine		
Overview of requirements for doctors who wish to train for general practice.	- paediatrics		
Training recommendation Yes	- psychiatry		
Delivery recommendation (yes/no) No	- one of A&E medicine; or general surgery; or A&E medicine and general surgery; or A&E medicine and orthopaedic surgery		
Explicit volume/concentration implication	- any one of obstetrics or gynaecology or obstetrics and gynaecology. <u>Equivalent Experience</u> Total period of training should not normally be less than 36 months full time. Applicant will normally be expected to demonstrate that they have acquired the equivalent of at least 6 months		



*Balancing the Concentration of Services Required for Professional Training*

Training (yes/no)	experience in at least two of the specialties listed in regulation.
No	
Service (yes/no)	<u>General Medicine</u>
No	For purposes of GP training general medicine posts must have given the post-holder exposure to acute, unselected, medical intake encompassing the broad generality of medicine and not constrained to any single or small group of specialties. General medicine should also expose the post-holder to the whole range of common medical emergencies. The on-call commitment should be no less than an average of four takes per month.
Research-based supporting evidence (yes/no)	A maximum of 12 months in general medicine will count towards certification.
No	A maximum of 12 months experience will be accepted in the following specialties: General Surgery, Paediatrics and Psychiatry.

## Appendix 6 Productivity regression results

### *Variables and labels*

teaching: Trust status dummy {0=non-teaching; 1=teaching}

consults: Number of consultants

train: Number of trainee staff

nccgs: Number of NCCG staff

con\_train: Number of consultants\*number of trainees

tt\_cons: Trust status dummy\*number of consultants

tt\_train: Trust status dummy\*number of trainees

tt\_con\_train: Trust status dummy\*number of consultants \*number of trainees

\_cons: Constant/intercept term

*Statistically significant variables are highlighted in bold*

### *A Regression model for general surgery and urology*

Source	SS	df	MS	Number of obs = 165		
-----+-----				F( 8, 156) = 92.62		
Model	2.7289e+09	8	341110147	Prob > F = 0.0000		
Residual	574520124	156	3682821.31	R-squared = 0.8261		
-----+-----				Adj R-squared = 0.8172		
Total	3.3034e+09	164	20142690.8	Root MSE = 1919.1		
-----						
fces	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----						
teaching	4869.101	3753.795	1.30	0.197	-2545.724	12283.93
consults	600.3973	87.69204	6.85	0.000	427.1803	773.6143
train	220.612	44.42585	4.97	0.000	132.8582	308.3658
nccgs	293.0372	75.97338	3.86	0.000	142.9679	443.1065
con_train	-6.763966	3.124842	-2.16	0.032	-12.93643	-.5915052
tt_cons	-312.1106	210.6036	-1.48	0.140	-728.1134	103.8921
tt_train	-390.4979	146.6977	-2.66	0.009	-680.268	-100.7278
tt_con_train	18.15342	6.75994	2.69	0.008	4.800593	31.50624

*Balancing the Concentration of Services Required for Professional Training*

_cons		28.61041	435.3287	0.07	0.948	-831.289	888.5098
-----+-----							
Source		SS	df	MS		Number of obs =	152
-----+-----F( 8, 143) = 43.04							
Model		107.659828	8	13.4574785		Prob > F	= 0.0000
Residual		44.7168273	143	.312705086		R-squared	= 0.7065
-----+-----Adj R-squared = 0.6901							
Total		152.376656	151	1.00911692		Root MSE	= .5592
-----+-----							
log_fc		Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----							
teaching		2.854256	1.106872	2.58	0.011	.6663103	5.042202
consults		.3477987	.0305733	11.38	0.000	.2873647	.4082326
train		.1636526	.0153826	10.64	0.000	.1332459	.1940593
nccgs		.0508376	.0221985	2.29	0.023	.0069581	.0947172
con_train		-.0136344	.0011892	-11.47	0.000	-.015985	-.0112838
tt_cons		-.3006035	.0637212	-4.72	0.000	-.4265607	-.1746464
tt_train		-.1613672	.043563	-3.70	0.000	-.2474778	-.0752566
tt_con_train		.0138097	.0021143	6.53	0.000	.0096304	.017989
cons		5.295873	.2082793	25.43	0.000	4.884168	5.707577
-----+-----							

***B Regression model for obstetrics and gynaecology***

Source		SS	df	MS		Number of obs =	165
-----+-----						F( 8, 156) =	
50.92							
Model		4.9990e+09	8	624874980		Prob > F	= 0.0000
Residual		1.9144e+09	156	12271542.1		R-squared	= 0.7231
-----+-----						Adj R-squared =	0.7089
Total		6.9134e+09	164	42154636.6		Root MSE	= 3503.1
-----+-----							
fc		Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----							

### Balancing the Concentration of Services Required for Professional Training

teaching		4892.492	2327.261	2.10	0.037	295.482	9489.502
consults		1009.037	186.1385	5.42	0.000	641.3602	1376.714
train		428.32	93.56908	4.58	0.000	243.4942	613.1459
nccgs		-16.05003	155.8733	-0.10	0.918	-323.9446	291.8445
con_train		-18.08725	6.055426	-2.99	0.003	-30.04846	-6.126047
tt_cons		-613.8615	283.9623	-2.16	0.032	-1174.769	-52.95436
tt_train		-737.1449	133.8759	-5.51	0.000	-1001.588	-472.7014
tt_con_train		46.39639	9.671149	4.80	0.000	27.29309	65.49969
_cons		-104.1172	730.2556	-0.14	0.887	-1546.582	1338.348

Source		SS	df	MS	Number of obs =	150
-----+-----					F( 8, 141) =	25.02
Model		137.464484	8	17.1830605	Prob > F =	0.0000
Residual		96.8383182	141	.686796583	R-squared =	0.5867
-----+-----					Adj R-squared =	0.5632
Total		234.302802	149	1.57250203	Root MSE =	.82873

log_fc		Coef.	Std. Err.	t	P> t	[95% Conf. Interval]
-----+-----						
teaching		3.973005	1.186692	3.35	0.001	1.626995 6.319014
consults		.4324471	.0502336	8.61	0.000	.3331387 .5317555
train		.157405	.02406	6.54	0.000	.1098399 .2049701
nccgs		.0048693	.0375749	0.13	0.897	-.0694137 .0791524
con_train		-.0152805	.0017397	-8.78	0.000	-.0187198 -.0118412
tt_cons		-.4632533	.1133915	-4.09	0.000	-.6874204 -.2390861
tt_train		-.1893682	.0436053	-4.34	0.000	-.2755729 -.1031635
tt_con_train		.0180509	.0034301	5.26	0.000	.0112698 .024832
cons		5.60391	.2583293	21.69	0.000	5.093211 6.114609

### C Regression model for paediatrics

Source		SS	df	MS	Number of obs =	165
--------	--	----	----	----	-----------------	-----

# Balancing the Concentration of Services Required for Professional Training

```
-----+-----
F( 8, 156) = 39.91
Model | 1.3724e+09      8      171551731      Prob > F      = 0.0000
Residual | 670534689      156      4298299.29      R-squared      = 0.6718
-----+-----
Adj R-squared = 0.6549
Total | 2.0429e+09      164      12457003.3      Root MSE      = 2073.2
-----
```

```
fces |      Coef.      Std. Err.      t      P>|t|      [95% Conf. Interval]
-----+-----
teaching |      345.7196      1180.695      0.29      0.770      -1986.493      2677.932
consults |      551.2013      106.3792      5.18      0.000      341.0717      761.3309
train |      212.194      34.84162      6.09      0.000      143.3717      281.0162
nccgs |      260.692      63.34373      4.12      0.000      135.57      385.8141
con_train |      -17.81565      2.372656      -7.51      0.000      -22.50233      -13.12897
tt_cons |      -284.3543      134.2023      -2.12      0.036      -549.4424      -19.26614
tt_train |      -123.7176      60.75741      -2.04      0.043      -243.731      -3.70428
tt_con_train |      16.55696      2.891393      5.73      0.000      10.84563
22.2683
cons |      852.8244      421.5915      2.02      0.045      20.06002      1685.589
-----
```

```
Source |      SS      df      MS      Number of obs = 150
-----+-----
F( 8, 141) = 10.01
Model | 29.9811531      8      3.74764414      Prob > F      = 0.0000
Residual | 52.7911831      141      .374405554      R-squared      = 0.3622
-----+-----
Adj R-squared = 0.3260
Total | 82.7723362      149      .555519035      Root MSE      = .61189
-----
```

```
log_fces |      Coef.      Std. Err.      t      P>|t|      [95% Conf. Interval]
-----+-----
teaching |      .5056777      .5224356      0.97      0.335      -.5271417      1.538497
consults |      .1418282      .0357428      3.97      0.000      .0711671      .2124894
train |      .0520722      .01084      4.80      0.000      .0306423      .0735021
nccgs |      .0305556      .0188325      1.62      0.107      -.0066749      .0677861
con_train |      -.0046435      .0008275      -5.61      0.000      -.0062795      -.0030075
```

# Balancing the Concentration of Services Required for Professional Training

tt_cons	-.1085888	.0451459	-2.41	0.017	-.1978392	-.0193384
tt_train	-.0328549	.0210441	-1.56	0.121	-.0744576	.0087479
tt_con_train	.0042306	.0010266	4.12	0.000	.002201	0062602
cons	7.412378	.1704209	43.49	0.000	7.075468	7.749289

## D Regression model for general medicine

Source	SS	df	MS	Number of obs =	165
-----+-----				F( 8, 156) =	34.34
Model	4.6264e+09	8	578302719	Prob > F	= 0.0000
Residual	2.6272e+09	156	16841285.2	R-squared	= 0.6378
-----+-----				Adj R-squared =	0.6192
Total	7.2537e+09	164	44229647.8	Root MSE	= 4103.8

fces	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]
-----+-----					
teaching	19470.23	5348.13	3.64	0.000	8906.136 30034.32
consults	235.8478	68.55725	3.44	0.001	100.4275 371.2681
train	36.4791	77.8755	0.47	0.640	-117.3474 190.3056
nccgs	107.6997	97.39941	1.11	0.271	-84.69217 300.0915
con_train	6.595714	3.271782	2.02	0.046	.1330047 13.05842
tt_cons	-423.6995	136.6366	-3.10	0.002	-693.596 -153.803
tt_train	-208.2566	117.1028	-1.78	0.077	-439.5683 23.05508
tt_con_train	-2.13105	3.610388	-0.59	0.556	-9.262603
5.000504					
_cons	34.15272	1012.179	0.03	0.973	-1965.192 2033.498

Source	SS	df	MS	Number of obs =	160
-----+-----				F( 8, 151) =	21.52
Model	150.598261	8	18.8247826	Prob > F	= 0.0000
Residual	132.11105	151	.874907618	R-squared	= 0.5327
-----+-----				Adj R-squared =	0.5079
Total	282.709311	159	1.77804598	Root MSE	= .93536

# Balancing the Concentration of Services Required for Professional Training

log_fces	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----						
teaching	3.828537	1.226533	3.12	0.002	1.405154	6.251919
consults	.1183221	.0172001	6.88	0.000	.0843382	.152306
train	.100506	.0187462	5.36	0.000	.0634673	.1375447
nccgs	.0256563	.022202	1.16	0.250	-.0182103	.0695229
con_train	-.0033045	.0007984	-4.14	0.000	-.0048819	-.0017271
tt_cons	-.1281365	.0319731	-4.01	0.000	-.191309	-.0649641
tt_train	-.1081338	.0273641	-3.95	0.000	-.1621997	-.0540679
tt_con_train	.0035325	.000871	4.06	0.000	.0018116	.0052534
cons	5.785854	.2675106	21.63	0.000	5.257307	6.314401

## E Regression model for trauma and orthopaedic surgery

Source	SS	df	MS	Number of obs = 165		
-----+-----				F( 8, 156) =		
123.58						
Model	928306160	8	116038270	Prob > F = 0.0000		
Residual	146480932	156	938980.335	R-squared = 0.8637		
-----+-----				Adj R-squared = 0.8567		
Total	1.0748e+09	164	6553579.83	Root MSE = 969.01		
-----+-----						
fces	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----						
teaching	1778.957	1165.82	1.53	0.129	-523.8729	4081.787
consults	454.6452	48.93724	9.29	0.000	357.9801	551.3103
train	139.1341	31.01715	4.49	0.000	77.8663	200.4019
nccgs	301.0801	41.0882	7.33	0.000	219.9191	382.2411
con_train	-5.429281	2.331762	-2.33	0.021	-10.03518	-.8233817
tt_cons	-384.4775	145.7875	-2.64	0.009	-672.4497	-96.50527
tt_train	-78.66144	89.94833	-0.87	0.383	-256.3353	99.01237
tt_con_train	11.83948	5.34494	2.22	0.028	1.281689	22.39728
_cons	-117.898	245.4488	-0.48	0.632	-602.7299	366.9338

*Balancing the Concentration of Services Required for Professional Training*

Source	SS	df	MS	Number of obs =	155
				F( 8, 146) =	40.39
Model	36.1040552	8	4.5130069	Prob > F =	0.0000
Residual	16.3114395	146	.111722188	R-squared =	0.6888
				Adj R-squared =	0.6718
Total	52.4154947	154	.340360355	Root MSE =	.33425
log_fcgs	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]
teaching	.9698756	.4176969	2.32	0.022	.1443621 1.795389
consults	.1852893	.0210422	8.81	0.000	.1437027 .226876
train	.0964749	.0135884	7.10	0.000	.0696195 .1233303
nccgs	.0572059	.0141786	4.03	0.000	.029184 .0852278
con_train	-.0075853	.0011145	-6.81	0.000	-.0097879 -.0053828
tt_cons	-.1514243	.0518118	-2.92	0.004	-.2538222 -.0490263
tt_train	-.0655714	.0321353	-2.04	0.043	-.129082 -.0020609
tt_con_train	.0074451	.0019977	3.73	0.000	.0034969 .0113932
cons	6.559083	.1414227	46.38	0.000	6.279583 6.838583



This document was published by the National Coordinating Centre for the Service Delivery and Organisation (NCCSDO) research programme, managed by the London School of Hygiene & Tropical Medicine.

The management of the Service Delivery and Organisation (SDO) programme has now transferred to the National Institute for Health Research Evaluations, Trials and Studies Coordinating Centre (NETSCC) based at the University of Southampton. Prior to April 2009, NETSCC had no involvement in the commissioning or production of this document and therefore we may not be able to comment on the background or technical detail of this document. Should you have any queries please contact [sdo@southampton.ac.uk](mailto:sdo@southampton.ac.uk).