

## Project timetable and Milestones

Pre-project preparation	Month 0	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Month 13	Month 14	Month 15
Apply for ethical and R&D permissions																
Select study sites																
Recruit study staff																

Phase 1 Intervention Development	Month 0	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Month 13	Month 14	Month 15
Project Set up																
Advisory Group meeting																
Systematic Review																
Consultation with user groups (four focus groups)																
Interviews with providers in 4 study sites																
Expert Workshop																
Development of Interactive Digital Intervention (IDI)																
Further consultation with experts and providers																
Final intervention user testing with 8 women in each site																
Finalise RCT software frameworks																

Phase 2 Feasibility	Month 16	Month 17	Month 18	Month 19	Month 20	Month 21	Month 22	Month 23	Month 24	Month 25	Month 26	Month 27	Month 28	Month 29	Month 30
Advisory Group meeting															
Feasibility trial recruitment (80 women in each setting)															
Online follow-up at 3 months post-randomisation															
Online follow-up at 6 months post-randomisation															
Process (qualitative) evaluation															
Analysis of qualitative and quantitative data including health economics															
Protocol for definitive evaluation trial															
Dissemination of findings and final report															

Milestones				
Month 0	Month 15	Month 21	Month 27	Month 30
Ethical and R&D permissions in place	User tested IDI ready for testing in feasibility RCT	320 women recruited	Follow up completed	Protocol for definitive trial to improve uptake of LARC
Research associates recruited	Clinical settings ready for feasibility RCT to commence	Baseline data collection completed	Qualitative data completed	Final report
Advisory Group Recruited				