

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Minimisation criterion						
Walking unaided	37	(41.1%)	42	(42.4%)	79	(41.8%)
Aided walking	43	(47.8%)	46	(46.5%)	89	(47.1%)
Wheelchair bound	10	(11.1%)	11	(11.1%)	21	(11.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Age [years]			
N	90	99	189
Missing	0	0	0
Mean	53.5	51.3	52.3
SD	11.32	10.32	10.83
Minimum	32	26	26
Median	54.0	50.0	51.0
Maximum	79	76	79
Duration of MS [years since diagnosis]			
N	90	99	189
Missing	0	0	0
Mean	14.8	13.9	14.3
SD	9.76	8.64	9.18
Minimum	1	0	0
Median	14.0	13.0	13.0
Maximum	51	44	51

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Height [m]			
N	86	99	185
Missing	4	0	4
Mean	1.65	1.68	1.66
SD	0.094	0.090	0.093
Minimum	1.5	1.5	1.5
Median	1.63	1.67	1.65
Maximum	1.9	1.9	1.9
Weight [kg]			
N	86	98	184
Missing	4	1	5
Mean	74.56	73.73	74.11
SD	19.144	17.113	18.045
Minimum	40.0	47.0	40.0
Median	72.60	69.75	72.00
Maximum	133.3	144.5	144.5
BMI			
N	84	98	182
Missing	6	1	7
Mean	27.40	26.22	26.76
SD	6.207	5.525	5.863
Minimum	14.7	18.2	14.7
Median	26.76	24.54	25.94
Maximum	46.6	48.8	48.8

- calculated values

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Sex						
Male	14	(15.6%)	21	(21.2%)	35	(18.5%)
Female	76	(84.4%)	78	(78.8%)	154	(81.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Type of MS						
Benign	0	(0.0%)	2	(2.0%)	2	(1.1%)
Relapsing Remitting	45	(50.0%)	61	(61.6%)	106	(56.1%)
Secondary Progressive	36	(40.0%)	23	(23.2%)	59	(31.2%)
Primary Progressive	9	(10.0%)	13	(13.1%)	22	(11.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Method of MS diagnosis						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Both MRI and LP	44	(48.9%)	47	(47.5%)	91	(48.1%)
MRI only	33	(36.7%)	39	(39.4%)	72	(38.1%)
LP only	12	(13.3%)	13	(13.1%)	25	(13.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Severity of symptoms - visual problems						
None	41	(45.6%)	46	(46.5%)	87	(46.0%)
Mild	27	(30.0%)	32	(32.3%)	59	(31.2%)
Moderate	16	(17.8%)	20	(20.2%)	36	(19.0%)
Severe	6	(6.7%)	1	(1.0%)	7	(3.7%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - pain						
None	22	(24.4%)	15	(15.2%)	37	(19.6%)
Mild	19	(21.1%)	19	(19.2%)	38	(20.1%)
Moderate	29	(32.2%)	48	(48.5%)	77	(40.7%)
Severe	20	(22.2%)	17	(17.2%)	37	(19.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - spasm						
None	33	(36.7%)	31	(31.3%)	64	(33.9%)
Mild	22	(24.4%)	29	(29.3%)	51	(27.0%)
Moderate	24	(26.7%)	28	(28.3%)	52	(27.5%)
Severe	11	(12.2%)	11	(11.1%)	22	(11.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - mobility						
None	15	(16.7%)	7	(7.1%)	22	(11.6%)
Mild	12	(13.3%)	19	(19.2%)	31	(16.4%)
Moderate	46	(51.1%)	45	(45.5%)	91	(48.1%)
Severe	17	(18.9%)	28	(28.3%)	45	(23.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - cognitive						
None	39	(43.3%)	35	(35.4%)	74	(39.2%)
Mild	29	(32.2%)	39	(39.4%)	68	(36.0%)
Moderate	21	(23.3%)	22	(22.2%)	43	(22.8%)
Severe	1	(1.1%)	3	(3.0%)	4	(2.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Severity of symptoms - depression						
None	41	(45.6%)	52	(52.5%)	93	(49.2%)
Mild	34	(37.8%)	27	(27.3%)	61	(32.3%)
Moderate	11	(12.2%)	16	(16.2%)	27	(14.3%)
Severe	4	(4.4%)	4	(4.0%)	8	(4.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - fatigue						
None	8	(8.9%)	5	(5.1%)	13	(6.9%)
Mild	15	(16.7%)	21	(21.2%)	36	(19.0%)
Moderate	43	(47.8%)	47	(47.5%)	90	(47.6%)
Severe	24	(26.7%)	26	(26.3%)	50	(26.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - bladder						
None	12	(13.3%)	15	(15.2%)	27	(14.3%)
Mild	24	(26.7%)	21	(21.2%)	45	(23.8%)
Moderate	33	(36.7%)	38	(38.4%)	71	(37.6%)
Severe	21	(23.3%)	25	(25.3%)	46	(24.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Severity of symptoms - bowel						
None	0	(0.0%)	2	(2.0%)	2	(1.1%)
Mild	20	(22.2%)	17	(17.2%)	37	(19.6%)
Moderate	41	(45.6%)	51	(51.5%)	92	(48.7%)
Severe	29	(32.2%)	29	(29.3%)	58	(30.7%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Mobility						
Distance limited to 500m or more	25	(27.8%)	24	(24.2%)	49	(25.9%)
Distance limited to 300m	1	(1.1%)	3	(3.0%)	4	(2.1%)
Distance limited to 200m: score 5.0	6	(6.7%)	7	(7.1%)	13	(6.9%)
Distance limited to 100m or less	4	(4.4%)	7	(7.1%)	11	(5.8%)
Intermittent or unilateral assistance required to walk 100m	26	(28.9%)	29	(29.3%)	55	(29.1%)
Constant bilateral assistance required to walk 20m	16	(17.8%)	17	(17.2%)	33	(17.5%)
Few steps, restricted to wheelchair; transfers independently	8	(8.9%)	4	(4.0%)	12	(6.3%)
Transfers with assistance; may require motorized wheelchair	3	(3.3%)	5	(5.1%)	8	(4.2%)
Essentially restricted to bed or chair	1	(1.1%)	3	(3.0%)	4	(2.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Can participant undertake massage themselves						
Missing	0	(0.0%)	2	(2.0%)	2	(1.1%)
Yes	87	(96.7%)	88	(88.9%)	175	(92.6%)
No	3	(3.3%)	9	(9.1%)	12	(6.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Has participant someone to perform massage						
Missing	4	(4.4%)	5	(5.1%)	9	(4.8%)
Yes	55	(61.1%)	61	(61.6%)	116	(61.4%)
No	31	(34.4%)	33	(33.3%)	64	(33.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
When did the bowel problems start						
<1 year	5	(5.6%)	3	(3.0%)	8	(4.2%)
1-2 years	12	(13.3%)	14	(14.1%)	26	(13.8%)
2-5 years	22	(24.4%)	20	(20.2%)	42	(22.2%)
5-10 years	17	(18.9%)	25	(25.3%)	42	(22.2%)
>10 years	34	(37.8%)	37	(37.4%)	71	(37.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Any pain with constipation						
Yes	59	(65.6%)	60	(60.6%)	119	(63.0%)
No	31	(34.4%)	39	(39.4%)	70	(37.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Any bloating						
Yes	76	(84.4%)	86	(86.9%)	162	(85.7%)
No	14	(15.6%)	13	(13.1%)	27	(14.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Any faecal incontinence						
Yes	39	(43.3%)	60	(60.6%)	99	(52.4%)
No	51	(56.7%)	39	(39.4%)	90	(47.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Frequency of faecal incontinence						
Missing	51	(56.7%)	39	(39.4%)	90	(47.6%)
> once a day	2	(2.2%)	0	(0.0%)	2	(1.1%)
Daily	1	(1.1%)	1	(1.0%)	2	(1.1%)
2-4 times a week	5	(5.6%)	7	(7.1%)	12	(6.3%)
Once a week	3	(3.3%)	5	(5.1%)	8	(4.2%)
Once a fortnight	2	(2.2%)	3	(3.0%)	5	(2.6%)
Other	26	(28.9%)	44	(44.4%)	70	(37.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
How often visit toilet and successfully open bowels/pass stool						
> once a day	8	(8.9%)	8	(8.1%)	16	(8.5%)
Daily	6	(6.7%)	14	(14.1%)	20	(10.6%)
2-4 times a week	59	(65.6%)	53	(53.5%)	112	(59.3%)
Once a week	9	(10.0%)	14	(14.1%)	23	(12.2%)
Once a fortnight	3	(3.3%)	4	(4.0%)	7	(3.7%)
Other	5	(5.6%)	6	(6.1%)	11	(5.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Description of stool - frequency of type 1						
Missing	3	(3.3%)	5	(5.1%)	8	(4.2%)
100%	12	(13.3%)	3	(3.0%)	15	(7.9%)
75%	11	(12.2%)	18	(18.2%)	29	(15.3%)
50%	5	(5.6%)	9	(9.1%)	14	(7.4%)
25%	16	(17.8%)	25	(25.3%)	41	(21.7%)
0%	43	(47.8%)	39	(39.4%)	82	(43.4%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Description of stool - frequency of type 2						
Missing	3	(3.3%)	5	(5.1%)	8	(4.2%)
100%	2	(2.2%)	1	(1.0%)	3	(1.6%)
75%	9	(10.0%)	4	(4.0%)	13	(6.9%)
50%	14	(15.6%)	14	(14.1%)	28	(14.8%)
25%	24	(26.7%)	27	(27.3%)	51	(27.0%)
0%	38	(42.2%)	48	(48.5%)	86	(45.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Description of stool - frequency of type 3						
Missing	3	(3.3%)	3	(3.0%)	6	(3.2%)
100%	1	(1.1%)	2	(2.0%)	3	(1.6%)
75%	8	(8.9%)	13	(13.1%)	21	(11.1%)
50%	8	(8.9%)	12	(12.1%)	20	(10.6%)
25%	19	(21.1%)	18	(18.2%)	37	(19.6%)
0%	51	(56.7%)	51	(51.5%)	102	(54.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Description of stool - frequency of type 4						
Missing	3	(3.3%)	5	(5.1%)	8	(4.2%)
100%	4	(4.4%)	2	(2.0%)	6	(3.2%)
75%	5	(5.6%)	5	(5.1%)	10	(5.3%)
50%	8	(8.9%)	9	(9.1%)	17	(9.0%)
25%	20	(22.2%)	26	(26.3%)	46	(24.3%)
0%	50	(55.6%)	52	(52.5%)	102	(54.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Description of stool - frequency of type 5						
Missing	3	(3.3%)	4	(4.0%)	7	(3.7%)
75%	5	(5.6%)	5	(5.1%)	10	(5.3%)
50%	10	(11.1%)	11	(11.1%)	21	(11.1%)
25%	10	(11.1%)	10	(10.1%)	20	(10.6%)
0%	62	(68.9%)	69	(69.7%)	131	(69.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Description of stool - frequency of type 6						
Missing	3	(3.3%)	4	(4.0%)	7	(3.7%)
100%	3	(3.3%)	3	(3.0%)	6	(3.2%)
75%	1	(1.1%)	6	(6.1%)	7	(3.7%)
50%	5	(5.6%)	5	(5.1%)	10	(5.3%)
25%	16	(17.8%)	13	(13.1%)	29	(15.3%)
0%	62	(68.9%)	68	(68.7%)	130	(68.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Description of stool - frequency of type 7						
Missing	3	(3.3%)	5	(5.1%)	8	(4.2%)
100%	3	(3.3%)	0	(0.0%)	3	(1.6%)
75%	1	(1.1%)	1	(1.0%)	2	(1.1%)
50%	2	(2.2%)	0	(0.0%)	2	(1.1%)
25%	7	(7.8%)	12	(12.1%)	19	(10.1%)
0%	74	(82.2%)	81	(81.8%)	155	(82.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Frequency of having to strain to pass stool						
All the time	24	(26.7%)	24	(24.2%)	48	(25.4%)
3/4 of the time	18	(20.0%)	20	(20.2%)	38	(20.1%)
1/2 of the time	17	(18.9%)	20	(20.2%)	37	(19.6%)
1/4 of the time	21	(23.3%)	20	(20.2%)	41	(21.7%)
Never	10	(11.1%)	15	(15.2%)	25	(13.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Frequency of using digital stimulation to help pass stool						
All the time	9	(10.0%)	4	(4.0%)	13	(6.9%)
3/4 of the time	5	(5.6%)	9	(9.1%)	14	(7.4%)
1/2 of the time	3	(3.3%)	4	(4.0%)	7	(3.7%)
1/4 of the time	11	(12.2%)	12	(12.1%)	23	(12.2%)
Never	62	(68.9%)	70	(70.7%)	132	(69.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Frequency of having sensation of incomplete emptying						
Missing	1	(1.1%)	1	(1.0%)	2	(1.1%)
All the time	33	(36.7%)	33	(33.3%)	66	(34.9%)
3/4 of the time	22	(24.4%)	31	(31.3%)	53	(28.0%)
1/2 of the time	15	(16.7%)	17	(17.2%)	32	(16.9%)
1/4 of the time	12	(13.3%)	12	(12.1%)	24	(12.7%)
Never	7	(7.8%)	5	(5.1%)	12	(6.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Frequency of feeling something is stopping participant passing stool						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
All the time	12	(13.3%)	19	(19.2%)	31	(16.4%)
3/4 of the time	11	(12.2%)	13	(13.1%)	24	(12.7%)
1/2 of the time	8	(8.9%)	6	(6.1%)	14	(7.4%)
1/4 of the time	9	(10.0%)	13	(13.1%)	22	(11.6%)
Never	49	(54.4%)	48	(48.5%)	97	(51.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Table 1: Demographic data

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does participant have scars on abdomen						
Missing	3	(3.3%)	99	(100.0%)	102	(54.0%)
Yes	10	(11.1%)	0	(0.0%)	10	(5.3%)
No	77	(85.6%)	0	(0.0%)	77	(40.7%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Does participant have open wounds on abdomen						
Missing	2	(2.2%)	99	(100.0%)	101	(53.4%)
Yes	2	(2.2%)	0	(0.0%)	2	(1.1%)
No	86	(95.6%)	0	(0.0%)	86	(45.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Does participant have skin rash on abdomen						
Missing	2	(2.2%)	99	(100.0%)	101	(53.4%)
Yes	3	(3.3%)	0	(0.0%)	3	(1.6%)
No	85	(94.4%)	0	(0.0%)	85	(45.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Does participant have hernia on abdomen						
Missing	2	(2.2%)	99	(100.0%)	101	(53.4%)
Yes	2	(2.2%)	0	(0.0%)	2	(1.1%)
No	86	(95.6%)	0	(0.0%)	86	(45.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Does participant have lumps on abdomen						
Missing	2	(2.2%)	99	(100.0%)	101	(53.4%)
Yes	2	(2.2%)	0	(0.0%)	2	(1.1%)
No	86	(95.6%)	0	(0.0%)	86	(45.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Upon palpation is there any tenderness						
Missing	3	(3.3%)	99	(100.0%)	102	(54.0%)
Yes	8	(8.9%)	0	(0.0%)	8	(4.2%)
No	79	(87.8%)	0	(0.0%)	79	(41.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
Upon palpation is there any full bowel						
Missing	7	(7.8%)	99	(100.0%)	106	(56.1%)
Yes	19	(21.1%)	0	(0.0%)	19	(10.1%)
No	64	(71.1%)	0	(0.0%)	64	(33.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage	Standard Care	Total
Constipation total score			
<i>Pre-treatment</i>			
N	88	97	185
Missing	1	2	3
Mean	11.7	11.5	11.6
SD	4.05	3.77	3.90
95%-LCL	10.84	10.78	11.05
95%-UCL	12.56	12.31	12.18
Minimum	1	3	1
Q1	9.5	9.0	9.0
Median	12.0	11.0	12.0
Q3	14.0	14.0	14.0
Maximum	25	21	25
<i>Week 6</i>			
N	58	83	141
Missing	4	3	7
Mean	10.6	10.8	10.7
SD	4.34	3.96	4.11
95%-LCL	9.47	9.92	10.03
95%-UCL	11.76	11.65	11.40
Minimum	1	2	1
Q1	7.0	8.0	8.0
Median	11.0	11.0	11.0
Q3	13.7	14.0	13.7
Maximum	22	21	22
<i>Pre-treatment vs. Week 6</i>			
N	57	82	139
Missing	32	17	49
Mean	-1.2	-0.3	-0.7
SD	3.34	3.49	3.45
95%-LCL	-2.11	-1.05	-1.25
95%-UCL	-0.33	0.48	-0.09
Minimum	-11	-10	-11
Q1	-3.0	-2.0	-3.0
Median	-1.0	0.0	0.0
Q3	1.0	2.0	2.0
Maximum	5	7	7
<i>Week 24</i>			
N	57	81	138
Missing	1	2	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Mean	10.1	11.1	10.7
SD	4.10	3.91	4.01
95%-LCL	9.05	10.25	10.04
95%-UCL	11.23	11.98	11.39
Minimum	2	3	2
Q1	7.0	9.0	8.0
Median	10.0	11.0	11.0
Q3	13.0	13.0	13.0
Maximum	22	27	27

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage	Standard Care	Total
Constipation total score			
<i>Pre-treatment vs. Week 24</i>			
N	56	81	137
Missing	33	18	51
Mean	-1.1	-0.3	-0.6
SD	3.82	3.45	3.61
95%-LCL	-2.15	-1.08	-1.26
95%-UCL	-0.10	0.45	-0.04
Minimum	-9	-8	-9
Q1	-3.9	-2.0	-3.0
Median	-1.0	0.0	0.0
Q3	1.0	1.0	1.0
Maximum	7	8	8

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Frequency of bowel movements						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	1	(1.0%)	2	(1.1%)
1–2 times per 1–2 days	48	(53.9%)	60	(60.6%)	108	(57.4%)
2 times per week	34	(38.2%)	28	(28.3%)	62	(33.0%)
1 per week	1	(1.1%)	5	(5.1%)	6	(3.2%)
< 1 per week	5	(5.6%)	3	(3.0%)	8	(4.3%)
< 1 per month	0	(0.0%)	2	(2.0%)	2	(1.1%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	3	(4.8%)	4	(4.7%)	7	(4.7%)
1–2 times per 1–2 days	39	(62.9%)	48	(55.8%)	87	(58.8%)
2 times per week	13	(21.0%)	27	(31.4%)	40	(27.0%)
1 per week	4	(6.5%)	5	(5.8%)	9	(6.1%)
< 1 per week	3	(4.8%)	2	(2.3%)	5	(3.4%)
< 1 per month	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
1–2 times per 1–2 days	36	(62.1%)	41	(49.4%)	77	(54.6%)
2 times per week	19	(32.8%)	26	(31.3%)	45	(31.9%)
1 per week	0	(0.0%)	8	(9.6%)	8	(5.7%)
< 1 per week	2	(3.4%)	6	(7.2%)	8	(5.7%)
< 1 per month	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Time: minutes at toilet per attempt						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	1	(1.0%)	2	(1.1%)
< 5 min	19	(21.3%)	20	(20.2%)	39	(20.7%)
5-10 min	32	(36.0%)	27	(27.3%)	59	(31.4%)
10-20 min	22	(24.7%)	30	(30.3%)	52	(27.7%)
20-30 min	8	(9.0%)	13	(13.1%)	21	(11.2%)
> 30 min	7	(7.9%)	8	(8.1%)	15	(8.0%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	3	(4.8%)	2	(2.3%)	5	(3.4%)
< 5 min	14	(22.6%)	18	(20.9%)	32	(21.6%)
5-10 min	26	(41.9%)	34	(39.5%)	60	(40.5%)
10-20 min	8	(12.9%)	17	(19.8%)	25	(16.9%)
20-30 min	6	(9.7%)	10	(11.6%)	16	(10.8%)
> 30 min	5	(8.1%)	5	(5.8%)	10	(6.8%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
< 5 min	12	(20.7%)	18	(21.7%)	30	(21.3%)
5-10 min	25	(43.1%)	23	(27.7%)	48	(34.0%)
10-20 min	11	(19.0%)	23	(27.7%)	34	(24.1%)
20-30 min	6	(10.3%)	9	(10.8%)	15	(10.6%)
> 30 min	3	(5.2%)	8	(9.6%)	11	(7.8%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Difficulty: painful evacuation effort						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	2	(2.0%)	3	(1.6%)
Never	13	(14.6%)	18	(18.2%)	31	(16.5%)
Rarely	16	(18.0%)	17	(17.2%)	33	(17.6%)
Sometimes	33	(37.1%)	42	(42.4%)	75	(39.9%)
Usually	16	(18.0%)	15	(15.2%)	31	(16.5%)
Always	10	(11.2%)	5	(5.1%)	15	(8.0%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	3	(4.8%)	3	(3.5%)	6	(4.1%)
Never	15	(24.2%)	12	(14.0%)	27	(18.2%)
Rarely	14	(22.6%)	27	(31.4%)	41	(27.7%)
Sometimes	20	(32.3%)	28	(32.6%)	48	(32.4%)
Usually	7	(11.3%)	13	(15.1%)	20	(13.5%)
Always	3	(4.8%)	3	(3.5%)	6	(4.1%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	8	(13.8%)	13	(15.7%)	21	(14.9%)
Rarely	19	(32.8%)	18	(21.7%)	37	(26.2%)
Sometimes	23	(39.7%)	35	(42.2%)	58	(41.1%)
Usually	6	(10.3%)	13	(15.7%)	19	(13.5%)
Always	1	(1.7%)	2	(2.4%)	3	(2.1%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Assistance: type of assistance						
Pre-treatment						
Missing	1	(1.1%)	2	(2.0%)	3	(1.6%)
None	33	(37.1%)	23	(23.2%)	56	(29.8%)
Laxatives	40	(44.9%)	54	(54.5%)	94	(50.0%)
Digital assistance or enema	15	(16.9%)	20	(20.2%)	35	(18.6%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
Week 6						
Missing	3	(4.8%)	3	(3.5%)	6	(4.1%)
None	21	(33.9%)	26	(30.2%)	47	(31.8%)
Laxatives	28	(45.2%)	45	(52.3%)	73	(49.3%)
Digital assistance or enema	10	(16.1%)	12	(14.0%)	22	(14.9%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
Week 24						
Missing	3	(5.2%)	2	(2.4%)	5	(3.5%)
None	23	(39.7%)	29	(34.9%)	52	(36.9%)
Laxatives	24	(41.4%)	32	(38.6%)	56	(39.7%)
Digital assistance or enema	8	(13.8%)	20	(24.1%)	28	(19.9%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Completeness: feeling incomplete evacuation						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	1	(1.0%)	2	(1.1%)
Never	6	(6.7%)	9	(9.1%)	15	(8.0%)
Rarely	8	(9.0%)	13	(13.1%)	21	(11.2%)
Sometimes	27	(30.3%)	27	(27.3%)	54	(28.7%)
Usually	28	(31.5%)	29	(29.3%)	57	(30.3%)
Always	19	(21.3%)	20	(20.2%)	39	(20.7%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	3	(4.8%)	2	(2.3%)	5	(3.4%)
Never	4	(6.5%)	8	(9.3%)	12	(8.1%)
Rarely	7	(11.3%)	10	(11.6%)	17	(11.5%)
Sometimes	22	(35.5%)	28	(32.6%)	50	(33.8%)
Usually	18	(29.0%)	23	(26.7%)	41	(27.7%)
Always	8	(12.9%)	15	(17.4%)	23	(15.5%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	9	(15.5%)	7	(8.4%)	16	(11.3%)
Rarely	8	(13.8%)	18	(21.7%)	26	(18.4%)
Sometimes	25	(43.1%)	30	(36.1%)	55	(39.0%)
Usually	13	(22.4%)	17	(20.5%)	30	(21.3%)
Always	2	(3.4%)	9	(10.8%)	11	(7.8%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Failure: unsuccessful attempts for evacuation per 24 hours						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	2	(2.0%)	3	(1.6%)
Never	19	(21.3%)	28	(28.3%)	47	(25.0%)
1-3	61	(68.5%)	61	(61.6%)	122	(64.9%)
3-6	7	(7.9%)	7	(7.1%)	14	(7.4%)
6-9	0	(0.0%)	0	(0.0%)	0	(0.0%)
>9	1	(1.1%)	1	(1.0%)	2	(1.1%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	5	(8.1%)	3	(3.5%)	8	(5.4%)
Never	12	(19.4%)	17	(19.8%)	29	(19.6%)
1-3	41	(66.1%)	58	(67.4%)	99	(66.9%)
3-6	3	(4.8%)	7	(8.1%)	10	(6.8%)
6-9	1	(1.6%)	1	(1.2%)	2	(1.4%)
>9	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	4	(4.8%)	6	(4.3%)
Never	8	(13.8%)	15	(18.1%)	23	(16.3%)
1-3	42	(72.4%)	56	(67.5%)	98	(69.5%)
3-6	4	(6.9%)	7	(8.4%)	11	(7.8%)
6-9	2	(3.4%)	0	(0.0%)	2	(1.4%)
>9	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Pain						
<i>Pre-treatment</i>						
Missing	2	(2.2%)	1	(1.0%)	3	(1.6%)
Never	20	(22.5%)	17	(17.2%)	37	(19.7%)
Rarely	18	(20.2%)	27	(27.3%)	45	(23.9%)
Sometimes	31	(34.8%)	40	(40.4%)	71	(37.8%)
Usually	15	(16.9%)	10	(10.1%)	25	(13.3%)
Always	3	(3.4%)	4	(4.0%)	7	(3.7%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	4	(6.5%)	3	(3.5%)	7	(4.7%)
Never	17	(27.4%)	16	(18.6%)	33	(22.3%)
Rarely	21	(33.9%)	32	(37.2%)	53	(35.8%)
Sometimes	12	(19.4%)	26	(30.2%)	38	(25.7%)
Usually	6	(9.7%)	9	(10.5%)	15	(10.1%)
Always	2	(3.2%)	0	(0.0%)	2	(1.4%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	15	(25.9%)	18	(21.7%)	33	(23.4%)
Rarely	21	(36.2%)	27	(32.5%)	48	(34.0%)
Sometimes	15	(25.9%)	29	(34.9%)	44	(31.2%)
Usually	3	(5.2%)	6	(7.2%)	9	(6.4%)
Always	3	(5.2%)	1	(1.2%)	4	(2.8%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Table 2: Constipation Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
History: duration of constipation						
<i>Pre-treatment</i>						
Missing	3	(3.4%)	1	(1.0%)	4	(2.1%)
0	6	(6.7%)	9	(9.1%)	15	(8.0%)
1-5	34	(38.2%)	31	(31.3%)	65	(34.6%)
5-10	17	(19.1%)	28	(28.3%)	45	(23.9%)
10-20	16	(18.0%)	17	(17.2%)	33	(17.6%)
>20	13	(14.6%)	13	(13.1%)	26	(13.8%)
Total	89	(100.0%)	99	(100.0%)	188	(100.0%)
<i>Week 6</i>						
Missing	4	(6.5%)	4	(4.7%)	8	(5.4%)
0	3	(4.8%)	7	(8.1%)	10	(6.8%)
1-5	22	(35.5%)	34	(39.5%)	56	(37.8%)
5-10	12	(19.4%)	16	(18.6%)	28	(18.9%)
10-20	9	(14.5%)	16	(18.6%)	25	(16.9%)
>20	12	(19.4%)	9	(10.5%)	21	(14.2%)
Total	62	(100.0%)	86	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	3	(5.2%)	4	(4.8%)	7	(5.0%)
0	5	(8.6%)	6	(7.2%)	11	(7.8%)
1-5	18	(31.0%)	29	(34.9%)	47	(33.3%)
5-10	14	(24.1%)	20	(24.1%)	34	(24.1%)
10-20	8	(13.8%)	10	(12.0%)	18	(12.8%)
>20	10	(17.2%)	14	(16.9%)	24	(17.0%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NDB Total score			
<i>Pre-treatment</i>			
N	86	94	180
Missing	4	5	9
Mean	7.6	8.6	8.2
SD	5.31	5.08	5.20
95%-LCL	6.48	7.60	7.39
95%-UCL	8.75	9.68	8.91
Minimum	0	0	0
Q1	3.0	3.0	3.0
Median	6.0	9.0	7.5
Q3	11.0	12.0	12.0
Maximum	21	22	22
<i>Week 6</i>			
N	62	83	145
Missing	2	7	9
Mean	8.4	9.1	8.8
SD	6.20	5.72	5.92
95%-LCL	6.83	7.87	7.84
95%-UCL	9.98	10.37	9.79
Minimum	0	0	0
Q1	3.0	5.0	5.0
Median	7.0	8.0	8.0
Q3	13.0	12.0	12.0
Maximum	25	34	34
<i>Pre-treatment vs. Week 6</i>			
N	61	80	141
Missing	29	19	48
Mean	0.6	0.9	0.8
SD	5.28	6.11	5.75
95%-LCL	-0.73	-0.50	-0.20
95%-UCL	1.98	2.22	1.72
Minimum	-10	-13	-13
Q1	-2.0	-2.0	-2.0
Median	0.0	0.0	0.0
Q3	4.0	3.0	3.0
Maximum	16	27	27
<i>Week 24</i>			
N	69	84	153
Missing	3	6	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Mean	7.4	8.7	8.1
SD	5.23	5.70	5.52
95%-LCL	6.13	7.44	7.22
95%-UCL	8.65	9.92	8.98
Minimum	0	0	0
Q1	3.0	3.5	3.0
Median	7.0	7.5	7.0
Q3	11.0	12.5	12.0
Maximum	24	24	24

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NDB Total score			
<i>Pre-treatment vs. Week 24</i>			
N	66	80	146
Missing	24	19	43
Mean	-0.6	0.5	0.0
SD	6.18	5.88	6.02
95%-LCL	-2.11	-0.78	-0.96
95%-UCL	0.93	1.83	1.01
Minimum	-16	-15	-16
Q1	-3.0	-3.0	-3.0
Median	0.0	0.0	0.0
Q3	3.0	4.0	4.0
Maximum	12	16	16

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Frequency of defaecation						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Daily	11	(12.2%)	16	(16.2%)	27	(14.3%)
2-6 times every week	73	(81.1%)	75	(75.8%)	148	(78.3%)
Less than once a week	6	(6.7%)	7	(7.1%)	13	(6.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
Daily	12	(18.8%)	11	(12.2%)	23	(14.9%)
2-6 times every week	45	(70.3%)	69	(76.7%)	114	(74.0%)
Less than once a week	7	(10.9%)	9	(10.0%)	16	(10.4%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Daily	17	(23.6%)	18	(20.0%)	35	(21.6%)
2-6 times every week	51	(70.8%)	61	(67.8%)	112	(69.1%)
Less than once a week	4	(5.6%)	11	(12.2%)	15	(9.3%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Time used for each defaecation						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
0-30min,	80	(88.9%)	84	(84.8%)	164	(86.8%)
31-60min	7	(7.8%)	14	(14.1%)	21	(11.1%)
More than one hour	3	(3.3%)	1	(1.0%)	4	(2.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
0-30min,	55	(85.9%)	75	(83.3%)	130	(84.4%)
31-60min	8	(12.5%)	11	(12.2%)	19	(12.3%)
More than one hour	1	(1.6%)	3	(3.3%)	4	(2.6%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
0-30min,	63	(87.5%)	75	(83.3%)	138	(85.2%)
31-60min	8	(11.1%)	14	(15.6%)	22	(13.6%)
More than one hour	1	(1.4%)	1	(1.1%)	2	(1.2%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Uneasiness, headache or perspiration during defaecation						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
No	61	(67.8%)	57	(57.6%)	118	(62.4%)
Yes	29	(32.2%)	41	(41.4%)	70	(37.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	44	(68.8%)	53	(58.9%)	97	(63.0%)
Yes	20	(31.3%)	36	(40.0%)	56	(36.4%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	51	(70.8%)	62	(68.9%)	113	(69.8%)
Yes	21	(29.2%)	27	(30.0%)	48	(29.6%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Regular use of tablets against constipation						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	42	(46.7%)	51	(51.5%)	93	(49.2%)
Yes	48	(53.3%)	48	(48.5%)	96	(50.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	1	(1.1%)	2	(1.3%)
No	35	(54.7%)	52	(57.8%)	87	(56.5%)
Yes	28	(43.8%)	37	(41.1%)	65	(42.2%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	45	(62.5%)	55	(61.1%)	100	(61.7%)
Yes	27	(37.5%)	35	(38.9%)	62	(38.3%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Regular use of drops against constipation						
<i>Pre-treatment</i>						
Missing	2	(2.2%)	1	(1.0%)	3	(1.6%)
No	81	(90.0%)	91	(91.9%)	172	(91.0%)
Yes	7	(7.8%)	7	(7.1%)	14	(7.4%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	3	(3.3%)	3	(1.9%)
No	59	(92.2%)	79	(87.8%)	138	(89.6%)
Yes	5	(7.8%)	8	(8.9%)	13	(8.4%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	2	(2.8%)	2	(2.2%)	4	(2.5%)
No	65	(90.3%)	80	(88.9%)	145	(89.5%)
Yes	5	(6.9%)	8	(8.9%)	13	(8.0%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Digital stimulation or evacuation of the anorectum						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Less than once a week	74	(82.2%)	76	(76.8%)	150	(79.4%)
Once or more than once a week	15	(16.7%)	23	(23.2%)	38	(20.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	7	(7.8%)	8	(5.2%)
Less than once a week	46	(71.9%)	62	(68.9%)	108	(70.1%)
Once or more than once a week	17	(26.6%)	21	(23.3%)	38	(24.7%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	1	(1.4%)	3	(3.3%)	4	(2.5%)
Less than once a week	60	(83.3%)	63	(70.0%)	123	(75.9%)
Once or more than once a week	11	(15.3%)	24	(26.7%)	35	(21.6%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Frequency of faecal incontinence						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Less than once every month	71	(78.9%)	78	(78.8%)	149	(78.8%)
1-4 times per month	12	(13.3%)	8	(8.1%)	20	(10.6%)
1-6 times every week	5	(5.6%)	13	(13.1%)	18	(9.5%)
Daily	1	(1.1%)	0	(0.0%)	1	(0.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
Less than once every month	50	(78.1%)	65	(72.2%)	115	(74.7%)
1-4 times per month	12	(18.8%)	19	(21.1%)	31	(20.1%)
1-6 times every week	2	(3.1%)	5	(5.6%)	7	(4.5%)
Daily	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
Less than once every month	54	(75.0%)	68	(75.6%)	122	(75.3%)
1-4 times per month	15	(20.8%)	17	(18.9%)	32	(19.8%)
1-6 times every week	3	(4.2%)	4	(4.4%)	7	(4.3%)
Daily	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Medication against faecal incontinence						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
No	87	(96.7%)	92	(92.9%)	179	(94.7%)
Yes	3	(3.3%)	6	(6.1%)	9	(4.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.2%)	2	(1.3%)
No	62	(96.9%)	83	(92.2%)	145	(94.2%)
Yes	2	(3.1%)	5	(5.6%)	7	(4.5%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	70	(97.2%)	81	(90.0%)	151	(93.2%)
Yes	2	(2.8%)	8	(8.9%)	10	(6.2%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Flatus (wind) incontinence						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	1	(1.0%)	2	(1.1%)
No	41	(45.6%)	36	(36.4%)	77	(40.7%)
Yes	48	(53.3%)	62	(62.6%)	110	(58.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	23	(35.9%)	29	(32.2%)	52	(33.8%)
Yes	41	(64.1%)	60	(66.7%)	101	(65.6%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	30	(41.7%)	35	(38.9%)	65	(40.1%)
Yes	42	(58.3%)	54	(60.0%)	96	(59.3%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Perianal skin problems						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
No	76	(84.4%)	73	(73.7%)	149	(78.8%)
Yes	13	(14.4%)	26	(26.3%)	39	(20.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	50	(78.1%)	68	(75.6%)	118	(76.6%)
Yes	14	(21.9%)	21	(23.3%)	35	(22.7%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	57	(79.2%)	73	(81.1%)	130	(80.2%)
Yes	15	(20.8%)	16	(17.8%)	31	(19.1%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Regular use of laxative drops or tablets						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
No regular use	41	(45.6%)	48	(48.5%)	89	(47.1%)
Regular use of laxative drops or tablets	43	(47.8%)	47	(47.5%)	90	(47.6%)
Regular use of both laxative drops and tablets	6	(6.7%)	4	(4.0%)	10	(5.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
No regular use	34	(53.1%)	48	(53.3%)	82	(53.2%)
Regular use of laxative drops or tablets	27	(42.2%)	37	(41.1%)	64	(41.6%)
Regular use of both laxative drops and tablets	3	(4.7%)	4	(4.4%)	7	(4.5%)
Total	64	(100.0%)	90	(100.0%)	154	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
No regular use	43	(59.7%)	51	(56.7%)	94	(58.0%)
Regular use of laxative drops or tablets	26	(36.1%)	35	(38.9%)	61	(37.7%)
Regular use of both laxative drops and tablets	3	(4.2%)	4	(4.4%)	7	(4.3%)
Total	72	(100.0%)	90	(100.0%)	162	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Total Qualiveen bladder score			
<i>Pre-treatment</i>			
N	90	99	189
Missing	0	0	0
Mean	1.8	2.0	1.9
SD	1.10	1.20	1.16
95%-LCL	1.56	1.74	1.72
95%-UCL	2.02	2.22	2.06
Minimum	0	0	0
Q1	0.9	1.0	1.0
Median	1.8	1.9	1.8
Q3	2.6	3.1	2.9
Maximum	4	4	4
<i>Week 6</i>			
N	61	85	146
Missing	0	2	2
Mean	1.7	2.1	2.0
SD	1.13	1.15	1.16
95%-LCL	1.43	1.88	1.77
95%-UCL	2.01	2.38	2.15
Minimum	0	0	0
Q1	0.8	1.1	1.0
Median	1.6	2.1	1.9
Q3	2.6	3.1	2.9
Maximum	4	4	4
<i>Pre-treatment vs. Week 6</i>			
N	61	85	146
Missing	29	14	43
Mean	0.1	0.2	0.1
SD	0.76	0.64	0.69
95%-LCL	-0.09	0.03	0.03
95%-UCL	0.30	0.31	0.26
Minimum	-2	-2	-2
Q1	-0.3	-0.1	-0.3
Median	0.0	0.1	0.1
Q3	0.6	0.5	0.6
Maximum	2	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Total Qualiveen bladder score			
<i>Week 24</i>			
N	57	81	138
Missing	1	2	3
Mean	1.7	2.1	1.9
SD	1.10	1.12	1.12
95%-LCL	1.44	1.83	1.75
95%-UCL	2.02	2.33	2.12
Minimum	0	0	0
Q1	0.8	1.3	1.0
Median	1.8	2.1	2.0
Q3	2.6	3.0	2.9
Maximum	4	4	4
<i>Pre-treatment vs. Week 24</i>			
N	57	81	138
Missing	33	18	51
Mean	0.1	0.1	0.1
SD	0.86	0.81	0.82
95%-LCL	-0.15	-0.11	-0.07
95%-UCL	0.30	0.24	0.21
Minimum	-3	-2	-3
Q1	-0.4	-0.4	-0.4
Median	0.0	0.0	0.0
Q3	0.4	0.5	0.5
Maximum	2	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Bother with limitations domain score			
<i>Pre-treatment</i>			
N	89	98	187
Missing	1	1	2
Mean	1.7	1.9	1.8
SD	1.26	1.36	1.31
95%-LCL	1.43	1.58	1.59
95%-UCL	1.96	2.13	1.97
Minimum	0	0	0
Q1	0.5	0.5	0.5
Median	1.5	1.5	1.5
Q3	3.0	3.0	3.0
Maximum	4	4	4
<i>Week 6</i>			
N	61	85	146
Missing	0	2	2
Mean	1.6	2.0	1.8
SD	1.28	1.30	1.30
95%-LCL	1.29	1.68	1.60
95%-UCL	1.94	2.24	2.03
Minimum	0	0	0
Q1	0.5	1.0	0.5
Median	1.0	2.0	1.5
Q3	3.0	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 6</i>			
N	60	84	144
Missing	30	15	45
Mean	0.1	0.1	0.1
SD	1.06	0.81	0.92
95%-LCL	-0.19	-0.05	-0.04
95%-UCL	0.36	0.31	0.26
Minimum	-3	-3	-3
Q1	-0.5	-0.3	-0.5
Median	0.0	0.0	0.0
Q3	0.5	0.5	0.5
Maximum	3	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Bother with limitations domain score			
<i>Week 24</i>			
N	56	81	137
Missing	2	2	4
Mean	1.7	1.9	1.8
SD	1.19	1.26	1.23
95%-LCL	1.39	1.60	1.60
95%-UCL	2.03	2.16	2.02
Minimum	0	0	0
Q1	0.8	1.0	1.0
Median	1.5	2.0	2.0
Q3	2.5	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 24</i>			
N	56	81	137
Missing	34	18	52
Mean	0.3	0.0	0.1
SD	0.98	0.83	0.90
95%-LCL	-0.00	-0.16	-0.03
95%-UCL	0.52	0.20	0.27
Minimum	-2	-2	-2
Q1	-0.5	-0.5	-0.5
Median	0.0	0.0	0.0
Q3	1.0	0.5	0.5
Maximum	3	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Fears domain score			
<i>Pre-treatment</i>			
N	90	99	189
Missing	0	0	0
Mean	1.8	2.0	1.9
SD	1.29	1.33	1.31
95%-LCL	1.56	1.73	1.73
95%-UCL	2.10	2.27	2.11
Minimum	0	0	0
Q1	1.0	1.0	1.0
Median	1.5	2.0	2.0
Q3	3.0	3.0	3.0
Maximum	4	4	4
<i>Week 6</i>			
N	61	85	146
Missing	0	2	2
Mean	1.8	2.3	2.1
SD	1.23	1.23	1.25
95%-LCL	1.46	1.99	1.85
95%-UCL	2.09	2.52	2.26
Minimum	0	0	0
Q1	1.0	1.5	1.0
Median	1.5	2.5	2.0
Q3	2.5	3.5	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 6</i>			
N	61	85	146
Missing	29	14	43
Mean	0.1	0.3	0.2
SD	0.82	0.92	0.88
95%-LCL	-0.09	0.07	0.06
95%-UCL	0.33	0.47	0.35
Minimum	-3	-2	-3
Q1	0.0	0.0	0.0
Median	0.0	0.5	0.0
Q3	0.5	1.0	0.5
Maximum	3	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Fears domain score			
<i>Week 24</i>			
N	56	81	137
Missing	2	2	4
Mean	1.9	2.3	2.1
SD	1.23	1.20	1.23
95%-LCL	1.53	2.01	1.90
95%-UCL	2.19	2.54	2.31
Minimum	0	0	0
Q1	1.0	1.5	1.0
Median	2.0	2.5	2.0
Q3	2.8	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 24</i>			
N	56	81	137
Missing	34	18	52
Mean	0.1	0.2	0.2
SD	1.04	1.17	1.12
95%-LCL	-0.18	-0.04	-0.02
95%-UCL	0.38	0.48	0.36
Minimum	-3	-3	-3
Q1	-0.5	-0.5	-0.5
Median	0.0	0.0	0.0
Q3	0.5	0.5	0.5
Maximum	3	4	4

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Feeling domain score			
<i>Pre-treatment</i>			
N	90	99	189
Missing	0	0	0
Mean	1.8	1.9	1.9
SD	1.40	1.47	1.44
95%-LCL	1.51	1.63	1.66
95%-UCL	2.10	2.22	2.07
Minimum	0	0	0
Q1	0.5	0.5	0.5
Median	1.8	1.5	1.5
Q3	3.0	3.5	3.0
Maximum	4	4	4
<i>Week 6</i>			
N	61	85	146
Missing	0	2	2
Mean	1.6	2.1	1.9
SD	1.38	1.35	1.39
95%-LCL	1.21	1.84	1.67
95%-UCL	1.92	2.43	2.12
Minimum	0	0	0
Q1	0.5	1.0	0.5
Median	1.0	2.0	2.0
Q3	3.0	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 6</i>			
N	61	85	146
Missing	29	14	43
Mean	-0.1	0.2	0.1
SD	0.94	0.93	0.95
95%-LCL	-0.34	0.01	-0.07
95%-UCL	0.14	0.41	0.24
Minimum	-3	-2	-3
Q1	-0.5	0.0	-0.5
Median	0.0	0.0	0.0
Q3	0.5	1.0	0.5
Maximum	3	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Feeling domain score			
<i>Week 24</i>			
N	57	81	138
Missing	1	2	3
Mean	1.8	2.0	1.9
SD	1.32	1.36	1.35
95%-LCL	1.41	1.69	1.67
95%-UCL	2.11	2.29	2.12
Minimum	0	0	0
Q1	1.0	1.0	1.0
Median	1.5	2.0	2.0
Q3	3.0	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 24</i>			
N	57	81	138
Missing	33	18	51
Mean	0.1	0.0	0.1
SD	1.10	1.10	1.10
95%-LCL	-0.20	-0.22	-0.13
95%-UCL	0.39	0.27	0.24
Minimum	-4	-2	-4
Q1	-0.5	-0.5	-0.5
Median	0.0	0.0	0.0
Q3	1.0	0.5	0.5
Maximum	3	4	4

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Frequency of limitations domain score			
<i>Pre-treatment</i>			
N	90	99	189
Missing	0	0	0
Mean	1.8	2.1	2.0
SD	1.18	1.20	1.20
95%-LCL	1.57	1.87	1.80
95%-UCL	2.06	2.35	2.14
Minimum	0	0	0
Q1	1.0	1.0	1.0
Median	2.0	2.0	2.0
Q3	3.0	3.0	3.0
Maximum	4	4	4
<i>Week 6</i>			
N	60	85	145
Missing	1	2	3
Mean	2.0	2.2	2.1
SD	1.15	1.23	1.20
95%-LCL	1.65	1.90	1.88
95%-UCL	2.25	2.43	2.27
Minimum	0	0	0
Q1	1.0	1.5	1.5
Median	2.0	2.0	2.0
Q3	2.8	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 6</i>			
N	60	85	145
Missing	30	14	44
Mean	0.3	0.1	0.2
SD	1.21	0.85	1.02
95%-LCL	0.02	-0.08	0.03
95%-UCL	0.65	0.28	0.36
Minimum	-3	-2	-3
Q1	-0.5	-0.5	-0.5
Median	0.0	0.0	0.0
Q3	1.0	0.5	1.0
Maximum	3	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Frequency of limitations domain score			
<i>Week 24</i>			
N	57	81	138
Missing	1	2	3
Mean	1.6	2.2	1.9
SD	1.29	1.21	1.27
95%-LCL	1.26	1.90	1.72
95%-UCL	1.95	2.44	2.15
Minimum	0	0	0
Q1	0.0	1.5	1.0
Median	1.5	2.5	2.0
Q3	2.5	3.0	3.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 24</i>			
N	57	81	138
Missing	33	18	51
Mean	-0.1	0.0	-0.0
SD	1.25	1.01	1.11
95%-LCL	-0.41	-0.22	-0.22
95%-UCL	0.25	0.22	0.15
Minimum	-3	-4	-4
Q1	-1.0	-0.5	-0.5
Median	0.0	0.0	0.0
Q3	0.5	0.5	0.5
Maximum	4	3	4

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do bladder problems complicate your life						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Not at all	14	(15.6%)	16	(16.2%)	30	(15.9%)
Slightly	25	(27.8%)	20	(20.2%)	45	(23.8%)
Moderately	20	(22.2%)	23	(23.2%)	43	(22.8%)
Quite a bit	13	(14.4%)	15	(15.2%)	28	(14.8%)
Extremely	18	(20.0%)	25	(25.3%)	43	(22.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Not at all	8	(13.1%)	9	(10.3%)	17	(11.5%)
Slightly	20	(32.8%)	22	(25.3%)	42	(28.4%)
Moderately	12	(19.7%)	17	(19.5%)	29	(19.6%)
Quite a bit	13	(21.3%)	20	(23.0%)	33	(22.3%)
Extremely	8	(13.1%)	17	(19.5%)	25	(16.9%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	2	(2.4%)	4	(2.8%)
Not at all	9	(15.5%)	10	(12.0%)	19	(13.5%)
Slightly	14	(24.1%)	15	(18.1%)	29	(20.6%)
Moderately	11	(19.0%)	22	(26.5%)	33	(23.4%)
Quite a bit	17	(29.3%)	19	(22.9%)	36	(25.5%)
Extremely	5	(8.6%)	15	(18.1%)	20	(14.2%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Are you bothered by the time spent passing urine or realizing catheterization?						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	1	(1.0%)	2	(1.1%)
Not at all	29	(32.2%)	39	(39.4%)	68	(36.0%)
Slightly	21	(23.3%)	13	(13.1%)	34	(18.0%)
Moderately	15	(16.7%)	10	(10.1%)	25	(13.2%)
Quite a bit	17	(18.9%)	20	(20.2%)	37	(19.6%)
Extremely	7	(7.8%)	16	(16.2%)	23	(12.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Not at all	25	(41.0%)	23	(26.4%)	48	(32.4%)
Slightly	13	(21.3%)	19	(21.8%)	32	(21.6%)
Moderately	6	(9.8%)	10	(11.5%)	16	(10.8%)
Quite a bit	11	(18.0%)	22	(25.3%)	33	(22.3%)
Extremely	6	(9.8%)	11	(12.6%)	17	(11.5%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Not at all	17	(29.3%)	29	(34.9%)	46	(32.6%)
Slightly	13	(22.4%)	11	(13.3%)	24	(17.0%)
Moderately	13	(22.4%)	12	(14.5%)	25	(17.7%)
Quite a bit	11	(19.0%)	22	(26.5%)	33	(23.4%)
Extremely	3	(5.2%)	7	(8.4%)	10	(7.1%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you worry about your bladder problems worsening						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Not at all	15	(16.7%)	18	(18.2%)	33	(17.5%)
Slightly	14	(15.6%)	10	(10.1%)	24	(12.7%)
Moderately	18	(20.0%)	17	(17.2%)	35	(18.5%)
Quite a bit	21	(23.3%)	21	(21.2%)	42	(22.2%)
Extremely	22	(24.4%)	33	(33.3%)	55	(29.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Not at all	10	(16.4%)	8	(9.2%)	18	(12.2%)
Slightly	11	(18.0%)	12	(13.8%)	23	(15.5%)
Moderately	13	(21.3%)	15	(17.2%)	28	(18.9%)
Quite a bit	12	(19.7%)	19	(21.8%)	31	(20.9%)
Extremely	15	(24.6%)	31	(35.6%)	46	(31.1%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	2	(2.4%)	4	(2.8%)
Not at all	8	(13.8%)	5	(6.0%)	13	(9.2%)
Slightly	10	(17.2%)	14	(16.9%)	24	(17.0%)
Moderately	9	(15.5%)	9	(10.8%)	18	(12.8%)
Quite a bit	15	(25.9%)	28	(33.7%)	43	(30.5%)
Extremely	14	(24.1%)	25	(30.1%)	39	(27.7%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you worry about smelling of urine						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Not at all	35	(38.9%)	35	(35.4%)	70	(37.0%)
Slightly	19	(21.1%)	18	(18.2%)	37	(19.6%)
Moderately	10	(11.1%)	15	(15.2%)	25	(13.2%)
Quite a bit	14	(15.6%)	15	(15.2%)	29	(15.3%)
Extremely	12	(13.3%)	16	(16.2%)	28	(14.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Not at all	21	(34.4%)	18	(20.7%)	39	(26.4%)
Slightly	19	(31.1%)	20	(23.0%)	39	(26.4%)
Moderately	6	(9.8%)	18	(20.7%)	24	(16.2%)
Quite a bit	8	(13.1%)	12	(13.8%)	20	(13.5%)
Extremely	7	(11.5%)	17	(19.5%)	24	(16.2%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Not at all	20	(34.5%)	16	(19.3%)	36	(25.5%)
Slightly	15	(25.9%)	22	(26.5%)	37	(26.2%)
Moderately	7	(12.1%)	12	(14.5%)	19	(13.5%)
Quite a bit	7	(12.1%)	17	(20.5%)	24	(17.0%)
Extremely	8	(13.8%)	14	(16.9%)	22	(15.6%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you worry because of your bladder problems						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Not at all	21	(23.3%)	21	(21.2%)	42	(22.2%)
Slightly	17	(18.9%)	23	(23.2%)	40	(21.2%)
Moderately	20	(22.2%)	14	(14.1%)	34	(18.0%)
Quite a bit	18	(20.0%)	16	(16.2%)	34	(18.0%)
Extremely	14	(15.6%)	25	(25.3%)	39	(20.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Not at all	16	(26.2%)	12	(13.8%)	28	(18.9%)
Slightly	17	(27.9%)	18	(20.7%)	35	(23.6%)
Moderately	8	(13.1%)	13	(14.9%)	21	(14.2%)
Quite a bit	12	(19.7%)	22	(25.3%)	34	(23.0%)
Extremely	8	(13.1%)	20	(23.0%)	28	(18.9%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Not at all	10	(17.2%)	15	(18.1%)	25	(17.7%)
Slightly	18	(31.0%)	17	(20.5%)	35	(24.8%)
Moderately	8	(13.8%)	17	(20.5%)	25	(17.7%)
Quite a bit	14	(24.1%)	17	(20.5%)	31	(22.0%)
Extremely	7	(12.1%)	15	(18.1%)	22	(15.6%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel embarrassed because of your bladder problems?						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Not at all	27	(30.0%)	27	(27.3%)	54	(28.6%)
Slightly	17	(18.9%)	23	(23.2%)	40	(21.2%)
Moderately	13	(14.4%)	12	(12.1%)	25	(13.2%)
Quite a bit	17	(18.9%)	13	(13.1%)	30	(15.9%)
Extremely	16	(17.8%)	24	(24.2%)	40	(21.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Not at all	22	(36.1%)	16	(18.4%)	38	(25.7%)
Slightly	15	(24.6%)	19	(21.8%)	34	(23.0%)
Moderately	7	(11.5%)	14	(16.1%)	21	(14.2%)
Quite a bit	7	(11.5%)	18	(20.7%)	25	(16.9%)
Extremely	10	(16.4%)	18	(20.7%)	28	(18.9%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Not at all	13	(22.4%)	14	(16.9%)	27	(19.1%)
Slightly	18	(31.0%)	24	(28.9%)	42	(29.8%)
Moderately	9	(15.5%)	10	(12.0%)	19	(13.5%)
Quite a bit	7	(12.1%)	16	(19.3%)	23	(16.3%)
Extremely	10	(17.2%)	17	(20.5%)	27	(19.1%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Is your life regulated by your bladder problems						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	22	(24.4%)	22	(22.2%)	44	(23.3%)
Rarely	11	(12.2%)	14	(14.1%)	25	(13.2%)
From time to time	26	(28.9%)	21	(21.2%)	47	(24.9%)
Often	21	(23.3%)	21	(21.2%)	42	(22.2%)
Always	10	(11.1%)	21	(21.2%)	31	(16.4%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.4%)
Never	19	(31.1%)	14	(16.1%)	33	(22.3%)
Rarely	12	(19.7%)	14	(16.1%)	26	(17.6%)
From time to time	9	(14.8%)	19	(21.8%)	28	(18.9%)
Often	13	(21.3%)	20	(23.0%)	33	(22.3%)
Always	8	(13.1%)	18	(20.7%)	26	(17.6%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	18	(31.0%)	13	(15.7%)	31	(22.0%)
Rarely	8	(13.8%)	9	(10.8%)	17	(12.1%)
From time to time	12	(20.7%)	20	(24.1%)	32	(22.7%)
Often	10	(17.2%)	24	(28.9%)	34	(24.1%)
Always	9	(15.5%)	15	(18.1%)	24	(17.0%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Can you go out without planning anything in advance						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	23	(25.6%)	19	(19.2%)	42	(22.2%)
Often	26	(28.9%)	16	(16.2%)	42	(22.2%)
From time to time	7	(7.8%)	19	(19.2%)	26	(13.8%)
Rarely	15	(16.7%)	20	(20.2%)	35	(18.5%)
Never	19	(21.1%)	25	(25.3%)	44	(23.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Always	12	(19.7%)	16	(18.4%)	28	(18.9%)
Often	9	(14.8%)	17	(19.5%)	26	(17.6%)
From time to time	9	(14.8%)	12	(13.8%)	21	(14.2%)
Rarely	14	(23.0%)	17	(19.5%)	31	(20.9%)
Never	16	(26.2%)	23	(26.4%)	39	(26.4%)
Total	61	(100.0%)	87	(100.0%)	148	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Always	21	(36.2%)	14	(16.9%)	35	(24.8%)
Often	9	(15.5%)	16	(19.3%)	25	(17.7%)
From time to time	9	(15.5%)	16	(19.3%)	25	(17.7%)
Rarely	14	(24.1%)	17	(20.5%)	31	(22.0%)
Never	4	(6.9%)	18	(21.7%)	22	(15.6%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you pass stool?			
<i>Pre-treatment</i>			
N	88	98	186
Missing	0	0	0
Mean	3.9	4.0	3.9
SD	1.68	1.74	1.71
Minimum	0	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Week 1</i>			
N	69	89	158
Missing	0	0	0
Mean	4.2	4.0	4.1
SD	1.65	1.80	1.73
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 1</i>			
N	68	88	156
Missing	21	11	32
Mean	0.4	-0.1	0.1
SD	1.58	1.66	1.64
Minimum	-3	-7	-7
Median	0.0	0.0	0.0
Maximum	6	5	6

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you pass stool?			
<i>Week 2</i>			
N	69	88	157
Missing	0	0	0
Mean	4.2	3.9	4.1
SD	1.58	1.93	1.78
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 2</i>			
N	68	87	155
Missing	21	12	33
Mean	0.4	-0.2	0.1
SD	1.47	1.95	1.78
Minimum	-3	-7	-7
Median	0.0	0.0	0.0
Maximum	6	6	6
<i>Week 3</i>			
N	69	88	157
Missing	0	0	0
Mean	4.2	4.2	4.2
SD	1.97	1.83	1.89
Minimum	0	1	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 3</i>			
N	68	87	155
Missing	21	12	33
Mean	0.4	0.0	0.2
SD	1.95	1.75	1.85
Minimum	-5	-6	-6
Median	0.5	0.0	0.0
Maximum	6	5	6

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you pass stool?			
Week 4			
N	68	89	157
Missing	0	0	0
Mean	4.2	4.0	4.1
SD	1.69	1.77	1.73
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
Pre-treatment vs. Week 4			
N	67	88	155
Missing	22	11	33
Mean	0.3	-0.1	0.1
SD	1.63	1.82	1.75
Minimum	-2	-7	-7
Median	0.0	0.0	0.0
Maximum	6	5	6
Week 5			
N	68	89	157
Missing	0	0	0
Mean	4.4	4.0	4.1
SD	1.46	1.90	1.73
Minimum	2	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
Pre-treatment vs. Week 5			
N	67	88	155
Missing	22	11	33
Mean	0.5	-0.1	0.1
SD	1.28	1.80	1.62
Minimum	-2	-7	-7
Median	0.0	0.0	0.0
Maximum	5	6	6

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you pass stool?			
<i>Week 6</i>			
N	68	89	157
Missing	0	0	0
Mean	4.3	3.9	4.1
SD	1.87	1.81	1.84
Minimum	1	0	0
Median	4.5	3.0	4.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 6</i>			
N	67	88	155
Missing	22	11	33
Mean	0.5	-0.2	0.1
SD	1.55	1.64	1.63
Minimum	-4	-6	-6
Median	0.0	0.0	0.0
Maximum	6	6	6
<i>Week 23</i>			
N	57	81	138
Missing	0	0	0
Mean	4.3	3.9	4.0
SD	1.88	1.89	1.89
Minimum	0	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 23</i>			
N	56	80	136
Missing	33	19	52
Mean	0.4	-0.2	0.0
SD	1.79	1.62	1.71
Minimum	-4	-4	-4
Median	0.0	0.0	0.0
Maximum	5	3	5

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Attempts to pass stool [no/week] (yes/no)			
<i>Pre-treatment</i>			
N	86	91	177
Missing	2	7	9
Mean	10.4	8.6	9.5
SD	6.73	5.22	6.06
Minimum	0	0	0
Median	9.0	8.0	9.0
Maximum	35	32	35
<i>Week 1</i>			
N	68	87	155
Missing	1	2	3
Mean	10.7	8.4	9.4
SD	6.43	5.15	5.84
Minimum	1	1	1
Median	10.0	7.0	8.0
Maximum	32	34	34
<i>Pre-treatment vs. Week 1</i>			
N	66	83	149
Missing	23	16	39
Mean	-0.4	-0.2	-0.3
SD	4.81	4.08	4.41
Minimum	-13	-14	-14
Median	0.0	0.0	0.0
Maximum	9	12	12

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Attempts to pass stool [no/week] (yes/no)			
<i>Week 2</i>			
N	67	86	153
Missing	2	2	4
Mean	11.2	9.2	10.0
SD	7.06	6.38	6.74
Minimum	1	1	1
Median	9.0	8.0	8.0
Maximum	39	40	40
<i>Pre-treatment vs. Week 2</i>			
N	65	82	147
Missing	24	17	41
Mean	0.1	0.6	0.4
SD	5.36	6.40	5.95
Minimum	-14	-15	-15
Median	0.0	0.0	0.0
Maximum	13	30	30
<i>Week 3</i>			
N	65	88	153
Missing	4	0	4
Mean	10.9	9.1	9.9
SD	6.86	6.03	6.43
Minimum	1	1	1
Median	9.0	7.0	8.0
Maximum	37	33	37
<i>Pre-treatment vs. Week 3</i>			
N	63	84	147
Missing	26	15	41
Mean	-0.5	0.6	0.1
SD	6.10	5.71	5.88
Minimum	-13	-14	-14
Median	0.0	0.0	0.0
Maximum	12	26	26

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Attempts to pass stool [no/week] (yes/no)			
Week 4			
N	68	88	156
Missing	0	1	1
Mean	11.3	9.4	10.3
SD	6.96	8.30	7.78
Minimum	1	1	1
Median	9.0	8.5	9.0
Maximum	33	72	72
Pre-treatment vs. Week 4			
N	65	84	149
Missing	24	15	39
Mean	0.1	1.0	0.6
SD	6.76	7.96	7.45
Minimum	-15	-14	-15
Median	0.0	0.0	0.0
Maximum	22	59	59
Week 5			
N	66	85	151
Missing	2	4	6
Mean	10.8	9.2	9.9
SD	6.86	6.30	6.58
Minimum	2	2	2
Median	9.0	8.0	8.0
Maximum	34	42	42
Pre-treatment vs. Week 5			
N	63	81	144
Missing	26	18	44
Mean	-0.3	0.5	0.1
SD	6.37	5.92	6.12
Minimum	-15	-13	-15
Median	0.0	-1.0	0.0
Maximum	15	29	29

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Attempts to pass stool [no/week] (yes/no)			
<i>Week 6</i>			
N	65	88	153
Missing	3	1	4
Mean	11.3	8.9	10.0
SD	7.31	6.00	6.67
Minimum	2	1	1
Median	9.0	8.0	8.0
Maximum	32	32	32
<i>Pre-treatment vs. Week 6</i>			
N	62	84	146
Missing	27	15	42
Mean	0.2	0.4	0.3
SD	6.55	5.74	6.08
Minimum	-19	-15	-19
Median	0.0	0.0	0.0
Maximum	20	22	22
<i>Week 23</i>			
N	53	77	130
Missing	4	4	8
Mean	10.7	8.3	9.3
SD	7.16	5.09	6.11
Minimum	1	1	1
Median	10.0	7.0	8.0
Maximum	43	23	43
<i>Pre-treatment vs. Week 23</i>			
N	52	75	127
Missing	37	24	61
Mean	-0.9	-0.5	-0.7
SD	6.89	6.43	6.60
Minimum	-15	-25	-25
Median	-2.0	-1.0	-1.0
Maximum	26	16	26

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Stool type						
<i>Pre-treatment</i>						
Missing	14	(2.3%)	26	(3.8%)	40	(3.1%)
Type 1: Separate hard lumps, like nuts (hard to pass)	72	(11.7%)	71	(10.4%)	143	(11.0%)
Type 2: Sausage-shaped, but lumpy	62	(10.1%)	58	(8.5%)	120	(9.2%)
Type 3: Like a sausage but with cracks on its surface	62	(10.1%)	63	(9.2%)	125	(9.6%)
Type 4: Like a sausage or snake, smooth and soft	62	(10.1%)	57	(8.3%)	119	(9.2%)
Type 5: Soft blobs with clear cut edges (passed easily)	48	(7.8%)	62	(9.1%)	110	(8.5%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	38	(6.2%)	61	(8.9%)	99	(7.6%)
Type 7: Watery, no solid pieces, entirely liquid	13	(2.1%)	11	(1.6%)	24	(1.8%)
No stool passed	245	(39.8%)	274	(40.1%)	519	(40.0%)
Total	616	(100.0%)	683	(100.0%)	1299	(100.0%)
<i>Week 1</i>						
Missing	10	(2.1%)	26	(4.2%)	36	(3.3%)
Type 1: Separate hard lumps, like nuts (hard to pass)	61	(12.6%)	62	(10.1%)	123	(11.2%)
Type 2: Sausage-shaped, but lumpy	75	(15.5%)	52	(8.5%)	127	(11.6%)
Type 3: Like a sausage but with cracks on its surface	52	(10.8%)	68	(11.1%)	120	(10.9%)
Type 4: Like a sausage or snake, smooth and soft	47	(9.7%)	58	(9.4%)	105	(9.6%)
Type 5: Soft blobs with clear cut edges (passed easily)	32	(6.6%)	57	(9.3%)	89	(8.1%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	26	(5.4%)	42	(6.8%)	68	(6.2%)
Type 7: Watery, no solid pieces, entirely liquid	0	(0.0%)	16	(2.6%)	16	(1.5%)
No stool passed	180	(37.3%)	233	(37.9%)	413	(37.6%)
Total	483	(100.0%)	614	(100.0%)	1097	(100.0%)

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Stool type						
<i>Week 2</i>						
Missing	12	(2.5%)	21	(3.4%)	33	(3.0%)
Type 1: Separate hard lumps, like nuts (hard to pass)	64	(13.3%)	69	(11.3%)	133	(12.2%)
Type 2: Sausage-shaped, but lumpy	64	(13.3%)	54	(8.8%)	118	(10.8%)
Type 3: Like a sausage but with cracks on its surface	57	(11.8%)	67	(11.0%)	124	(11.3%)
Type 4: Like a sausage or snake, smooth and soft	49	(10.1%)	59	(9.7%)	108	(9.9%)
Type 5: Soft blobs with clear cut edges (passed easily)	37	(7.7%)	49	(8.0%)	86	(7.9%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	24	(5.0%)	44	(7.2%)	68	(6.2%)
Type 7: Watery, no solid pieces, entirely liquid	4	(0.8%)	9	(1.5%)	13	(1.2%)
No stool passed	172	(35.6%)	239	(39.1%)	411	(37.6%)
Total	483	(100.0%)	611	(100.0%)	1094	(100.0%)
<i>Week 3</i>						
Missing	12	(2.5%)	18	(2.9%)	30	(2.7%)
Type 1: Separate hard lumps, like nuts (hard to pass)	38	(7.9%)	77	(12.5%)	115	(10.5%)
Type 2: Sausage-shaped, but lumpy	72	(14.9%)	65	(10.6%)	137	(12.5%)
Type 3: Like a sausage but with cracks on its surface	48	(9.9%)	78	(12.7%)	126	(11.5%)
Type 4: Like a sausage or snake, smooth and soft	56	(11.6%)	45	(7.3%)	101	(9.2%)
Type 5: Soft blobs with clear cut edges (passed easily)	51	(10.6%)	51	(8.3%)	102	(9.3%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	23	(4.8%)	47	(7.6%)	70	(6.4%)
Type 7: Watery, no solid pieces, entirely liquid	4	(0.8%)	12	(1.9%)	16	(1.5%)
No stool passed	179	(37.1%)	223	(36.2%)	402	(36.6%)
Total	483	(100.0%)	616	(100.0%)	1099	(100.0%)

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Stool type						
Week 4						
Missing	10	(2.1%)	12	(1.9%)	22	(2.0%)
Type 1: Separate hard lumps, like nuts (hard to pass)	37	(7.8%)	71	(11.4%)	108	(9.8%)
Type 2: Sausage-shaped, but lumpy	57	(12.0%)	61	(9.8%)	118	(10.7%)
Type 3: Like a sausage but with cracks on its surface	59	(12.4%)	85	(13.6%)	144	(13.1%)
Type 4: Like a sausage or snake, smooth and soft	64	(13.4%)	56	(9.0%)	120	(10.9%)
Type 5: Soft blobs with clear cut edges (passed easily)	41	(8.6%)	46	(7.4%)	87	(7.9%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	27	(5.7%)	43	(6.9%)	70	(6.4%)
Type 7: Watery, no solid pieces, entirely liquid	7	(1.5%)	7	(1.1%)	14	(1.3%)
No stool passed	174	(36.6%)	242	(38.8%)	416	(37.9%)
Total	476	(100.0%)	623	(100.0%)	1099	(100.0%)
Week 5						
Missing	14	(2.9%)	13	(2.1%)	27	(2.5%)
Type 1: Separate hard lumps, like nuts (hard to pass)	34	(7.2%)	74	(12.0%)	108	(9.9%)
Type 2: Sausage-shaped, but lumpy	77	(16.2%)	55	(8.9%)	132	(12.1%)
Type 3: Like a sausage but with cracks on its surface	54	(11.4%)	84	(13.6%)	138	(12.6%)
Type 4: Like a sausage or snake, smooth and soft	59	(12.4%)	54	(8.8%)	113	(10.3%)
Type 5: Soft blobs with clear cut edges (passed easily)	47	(9.9%)	52	(8.4%)	99	(9.1%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	21	(4.4%)	38	(6.2%)	59	(5.4%)
Type 7: Watery, no solid pieces, entirely liquid	3	(0.6%)	5	(0.8%)	8	(0.7%)
No stool passed	166	(34.9%)	242	(39.2%)	408	(37.4%)
Total	475	(100.0%)	617	(100.0%)	1092	(100.0%)

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Stool type						
Week 6						
Missing	6	(1.3%)	15	(2.4%)	21	(1.9%)
Type 1: Separate hard lumps, like nuts (hard to pass)	43	(9.2%)	68	(11.0%)	111	(10.2%)
Type 2: Sausage-shaped, but lumpy	62	(13.2%)	58	(9.4%)	120	(11.0%)
Type 3: Like a sausage but with cracks on its surface	71	(15.2%)	65	(10.5%)	136	(12.5%)
Type 4: Like a sausage or snake, smooth and soft	69	(14.7%)	81	(13.1%)	150	(13.8%)
Type 5: Soft blobs with clear cut edges (passed easily)	37	(7.9%)	41	(6.6%)	78	(7.2%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	12	(2.6%)	38	(6.1%)	50	(4.6%)
Type 7: Watery, no solid pieces, entirely liquid	4	(0.9%)	12	(1.9%)	16	(1.5%)
No stool passed	164	(35.0%)	240	(38.8%)	404	(37.2%)
Total	468	(100.0%)	618	(100.0%)	1086	(100.0%)
Week 23						
Missing	20	(5.2%)	31	(5.7%)	51	(5.5%)
Type 1: Separate hard lumps, like nuts (hard to pass)	27	(7.1%)	46	(8.4%)	73	(7.9%)
Type 2: Sausage-shaped, but lumpy	62	(16.3%)	50	(9.1%)	112	(12.1%)
Type 3: Like a sausage but with cracks on its surface	43	(11.3%)	52	(9.5%)	95	(10.2%)
Type 4: Like a sausage or snake, smooth and soft	48	(12.6%)	73	(13.3%)	121	(13.0%)
Type 5: Soft blobs with clear cut edges (passed easily)	40	(10.5%)	34	(6.2%)	74	(8.0%)
Type 6: Fluffy pieces with ragged edges, a mushy stool	18	(4.7%)	26	(4.7%)	44	(4.7%)
Type 7: Watery, no solid pieces, entirely liquid	1	(0.3%)	9	(1.6%)	10	(1.1%)
No stool passed	122	(32.0%)	227	(41.4%)	349	(37.6%)
Total	381	(100.0%)	548	(100.0%)	929	(100.0%)

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Stools passed / week [No.] (stooltype)			
<i>Pre-treatment</i>			
N	88	98	186
Missing	0	0	0
Mean	4.1	3.9	4.0
SD	1.85	1.84	1.84
Minimum	0	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Week 1</i>			
N	69	89	158
Missing	0	0	0
Mean	4.2	4.0	4.1
SD	1.67	1.81	1.75
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Stools passed / week [No.] (stooltype)			
<i>Week 2</i>			
N	69	88	157
Missing	0	0	0
Mean	4.3	4.0	4.1
SD	1.66	1.96	1.83
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Week 3</i>			
N	69	88	157
Missing	0	0	0
Mean	4.2	4.3	4.2
SD	2.02	1.86	1.92
Minimum	0	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Stools passed / week [No.] (stooltype)			
<i>Week 4</i>			
N	68	89	157
Missing	0	0	0
Mean	4.3	4.1	4.2
SD	1.72	1.84	1.78
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7
<i>Week 5</i>			
N	68	89	157
Missing	0	0	0
Mean	4.3	4.1	4.2
SD	1.51	1.98	1.79
Minimum	1	0	0
Median	4.0	4.0	4.0
Maximum	7	7	7

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Stools passed / week [No.] (stooltype)			
Week 6			
N	68	89	157
Missing	0	0	0
Mean	4.4	4.1	4.2
SD	1.88	1.94	1.92
Minimum	1	0	0
Median	4.5	4.0	4.0
Maximum	7	7	7
Week 23			
N	57	81	138
Missing	0	0	0
Mean	4.2	3.6	3.8
SD	1.99	2.11	2.08
Minimum	0	0	0
Median	4.0	3.0	4.0
Maximum	7	7	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you feel you emptied your bowels?			
<i>Pre-treatment</i>			
N	88	98	186
Missing	0	0	0
Mean	1.9	1.8	1.9
SD	2.00	1.73	1.86
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	7	6	7
<i>Week 1</i>			
N	69	89	158
Missing	0	0	0
Mean	2.2	1.9	2.0
SD	1.95	1.75	1.84
Minimum	0	0	0
Median	2.0	1.0	2.0
Maximum	7	6	7
<i>Pre-treatment vs. Week 1</i>			
N	68	88	156
Missing	21	11	32
Mean	0.4	-0.0	0.2
SD	1.44	1.69	1.60
Minimum	-3	-5	-5
Median	0.0	0.0	0.0
Maximum	5	4	5

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you feel you emptied your bowels?			
<i>Week 2</i>			
N	69	88	157
Missing	0	0	0
Mean	2.1	2.0	2.1
SD	1.92	1.89	1.90
Minimum	0	0	0
Median	2.0	1.5	2.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 2</i>			
N	68	87	155
Missing	21	12	33
Mean	0.4	0.0	0.2
SD	1.26	1.90	1.65
Minimum	-3	-5	-5
Median	0.0	0.0	0.0
Maximum	4	6	6
<i>Week 3</i>			
N	69	88	157
Missing	0	0	0
Mean	2.5	2.0	2.2
SD	2.08	1.71	1.89
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 3</i>			
N	68	87	155
Missing	21	12	33
Mean	0.7	-0.0	0.3
SD	1.59	1.88	1.79
Minimum	-3	-5	-5
Median	0.0	0.0	0.0
Maximum	5	5	5

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you feel you emptied your bowels?			
<i>Week 4</i>			
N	68	89	157
Missing	0	0	0
Mean	2.7	2.2	2.4
SD	2.39	2.03	2.20
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 4</i>			
N	67	88	155
Missing	22	11	33
Mean	0.9	0.2	0.5
SD	2.00	2.06	2.06
Minimum	-2	-5	-5
Median	0.0	0.0	0.0
Maximum	7	6	7
<i>Week 5</i>			
N	68	89	157
Missing	0	0	0
Mean	2.7	2.2	2.4
SD	2.20	2.03	2.11
Minimum	0	0	0
Median	2.5	2.0	2.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 5</i>			
N	67	88	155
Missing	22	11	33
Mean	0.9	0.2	0.5
SD	1.98	2.05	2.04
Minimum	-3	-5	-5
Median	0.0	0.0	0.0
Maximum	6	7	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you feel you emptied your bowels?			
<i>Week 6</i>			
N	68	89	157
Missing	0	0	0
Mean	2.6	2.2	2.4
SD	2.20	2.02	2.10
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 6</i>			
N	67	88	155
Missing	22	11	33
Mean	0.8	0.2	0.5
SD	1.62	2.07	1.90
Minimum	-2	-5	-5
Median	1.0	0.0	0.0
Maximum	6	6	6
<i>Week 23</i>			
N	57	81	138
Missing	0	0	0
Mean	3.0	2.2	2.6
SD	2.32	2.14	2.24
Minimum	0	0	0
Median	3.0	2.0	2.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 23</i>			
N	56	80	136
Missing	33	19	52
Mean	1.2	0.3	0.7
SD	2.40	1.90	2.16
Minimum	-7	-5	-7
Median	1.0	0.0	0.0
Maximum	7	5	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Time spent on the toilet [min/week]			
<i>Pre-treatment</i>			
N	80	87	167
Missing	8	11	19
Mean	75.6	75.8	75.7
SD	69.60	74.36	71.90
Minimum	3	3	3
Median	57.5	55.0	55.0
Maximum	330	370	370
<i>Week 1</i>			
N	67	87	154
Missing	2	2	4
Mean	81.9	75.0	78.0
SD	79.56	72.43	75.44
Minimum	4	1	1
Median	60.0	55.0	56.0
Maximum	405	480	480
<i>Pre-treatment vs. Week 1</i>			
N	61	81	142
Missing	28	18	46
Mean	-2.0	-0.4	-1.1
SD	39.46	64.77	55.17
Minimum	-105	-275	-275
Median	0.0	0.0	0.0
Maximum	100	374	374

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Time spent on the toilet [min/week]			
<i>Week 2</i>			
N	68	84	152
Missing	1	4	5
Mean	91.2	81.3	85.8
SD	104.99	86.54	95.04
Minimum	3	5	3
Median	59.0	50.0	51.5
Maximum	595	430	595
<i>Pre-treatment vs. Week 2</i>			
N	62	78	140
Missing	27	21	48
Mean	10.7	5.6	7.9
SD	79.82	66.02	72.23
Minimum	-150	-320	-320
Median	-1.5	0.0	0.0
Maximum	420	319	420
<i>Week 3</i>			
N	68	82	150
Missing	1	6	7
Mean	80.3	73.8	76.7
SD	84.08	75.32	79.21
Minimum	5	9	5
Median	61.5	52.5	57.5
Maximum	501	460	501
<i>Pre-treatment vs. Week 3</i>			
N	62	79	141
Missing	27	20	47
Mean	-1.0	-2.5	-1.8
SD	60.46	66.03	63.42
Minimum	-162	-275	-275
Median	1.0	-4.0	-3.0
Maximum	230	354	354

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Time spent on the toilet [min/week]			
<i>Week 4</i>			
N	67	85	152
Missing	1	4	5
Mean	81.2	78.7	79.8
SD	79.24	70.50	74.23
Minimum	7	9	7
Median	53.0	55.0	55.0
Maximum	440	285	440
<i>Pre-treatment vs. Week 4</i>			
N	61	80	141
Missing	28	19	47
Mean	2.1	4.0	3.1
SD	51.82	43.69	47.21
Minimum	-120	-130	-130
Median	0.0	2.5	1.0
Maximum	160	174	174
<i>Week 5</i>			
N	63	85	148
Missing	5	4	9
Mean	83.3	78.0	80.2
SD	81.74	77.63	79.18
Minimum	4	0	0
Median	55.0	60.0	56.5
Maximum	315	405	405
<i>Pre-treatment vs. Week 5</i>			
N	59	80	139
Missing	30	19	49
Mean	5.4	2.1	3.5
SD	57.75	61.00	59.46
Minimum	-155	-295	-295
Median	0.0	0.0	0.0
Maximum	155	294	294

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
Time spent on the toilet [min/week]			
<i>Week 6</i>			
N	66	85	151
Missing	2	4	6
Mean	77.9	85.0	81.9
SD	73.26	88.52	82.01
Minimum	5	2	2
Median	55.0	50.0	55.0
Maximum	315	400	400
<i>Pre-treatment vs. Week 6</i>			
N	60	80	140
Missing	29	19	48
Mean	-0.7	9.8	5.3
SD	58.25	67.92	63.94
Minimum	-155	-325	-325
Median	0.5	1.0	0.5
Maximum	150	294	294
<i>Week 23</i>			
N	53	78	131
Missing	4	3	7
Mean	78.2	77.0	77.5
SD	92.43	68.51	78.73
Minimum	3	1	1
Median	45.0	56.5	50.0
Maximum	550	295	550
<i>Pre-treatment vs. Week 23</i>			
N	50	71	121
Missing	39	28	67
Mean	-6.5	-3.8	-4.9
SD	53.89	67.34	61.91
Minimum	-145	-333	-333
Median	-1.0	1.0	0.0
Maximum	135	155	155

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you use digital stimulation?			
<i>Pre-treatment</i>			
N	88	98	186
Missing	0	0	0
Mean	0.9	0.8	0.8
SD	1.76	1.86	1.81
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Week 1</i>			
N	69	89	158
Missing	0	0	0
Mean	1.0	0.9	0.9
SD	1.97	1.84	1.89
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 1</i>			
N	68	88	156
Missing	21	11	32
Mean	0.0	-0.1	-0.0
SD	1.57	1.23	1.38
Minimum	-6	-6	-6
Median	0.0	0.0	0.0
Maximum	7	5	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you use digital stimulation?			
<i>Week 2</i>			
N	69	88	157
Missing	0	0	0
Mean	1.0	1.0	1.0
SD	1.98	1.95	1.96
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 2</i>			
N	68	87	155
Missing	21	12	33
Mean	0.0	0.1	0.0
SD	1.28	1.08	1.17
Minimum	-6	-6	-6
Median	0.0	0.0	0.0
Maximum	5	4	5
<i>Week 3</i>			
N	69	88	157
Missing	0	0	0
Mean	0.9	0.9	0.9
SD	1.85	1.98	1.91
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 3</i>			
N	68	87	155
Missing	21	12	33
Mean	-0.0	0.0	-0.0
SD	1.43	1.32	1.37
Minimum	-6	-6	-6
Median	0.0	0.0	0.0
Maximum	5	5	5

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you use digital stimulation?			
<i>Week 4</i>			
N	68	89	157
Missing	0	0	0
Mean	1.0	0.9	0.9
SD	1.96	1.75	1.84
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 4</i>			
N	67	88	155
Missing	22	11	33
Mean	0.0	-0.1	-0.0
SD	1.57	1.24	1.39
Minimum	-5	-6	-6
Median	0.0	0.0	0.0
Maximum	6	4	6
<i>Week 5</i>			
N	68	89	157
Missing	0	0	0
Mean	1.0	0.8	0.9
SD	2.06	1.76	1.89
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 5</i>			
N	67	88	155
Missing	22	11	33
Mean	0.0	-0.1	-0.0
SD	1.51	1.21	1.34
Minimum	-5	-6	-6
Median	0.0	0.0	0.0
Maximum	6	4	6

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you use digital stimulation?			
<i>Week 6</i>			
N	68	89	157
Missing	0	0	0
Mean	1.1	0.9	1.0
SD	2.25	1.90	2.05
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 6</i>			
N	67	88	155
Missing	22	11	33
Mean	0.1	0.0	0.1
SD	1.63	1.19	1.39
Minimum	-6	-6	-6
Median	0.0	0.0	0.0
Maximum	6	4	6
<i>Week 23</i>			
N	57	81	138
Missing	0	0	0
Mean	1.0	1.2	1.1
SD	2.01	2.35	2.22
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	7	7
<i>Pre-treatment vs. Week 23</i>			
N	56	80	136
Missing	33	19	52
Mean	0.1	0.3	0.2
SD	2.12	1.40	1.73
Minimum	-6	-4	-6
Median	0.0	0.0	0.0
Maximum	7	6	7

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you have a bowel accident?			
<i>Pre-treatment</i>			
N	88	98	186
Missing	0	0	0
Mean	0.2	0.3	0.2
SD	0.54	0.91	0.76
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	3	5	5
<i>Week 1</i>			
N	69	89	158
Missing	0	0	0
Mean	0.2	0.2	0.2
SD	0.47	0.62	0.56
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	2	4	4
<i>Pre-treatment vs. Week 1</i>			
N	68	88	156
Missing	21	11	32
Mean	0.0	-0.1	-0.0
SD	0.42	0.81	0.67
Minimum	-2	-4	-4
Median	0.0	0.0	0.0
Maximum	1	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How often did you have a bowel accident?			
<i>Week 2</i>			
N	69	88	157
Missing	0	0	0
Mean	0.1	0.3	0.2
SD	0.43	0.81	0.67
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	2	5	5
<i>Pre-treatment vs. Week 2</i>			
N	68	87	155
Missing	21	12	33
Mean	0.0	0.0	0.0
SD	0.59	0.66	0.63
Minimum	-2	-2	-2
Median	0.0	0.0	0.0
Maximum	2	3	3
<i>Week 3</i>			
N	69	88	157
Missing	0	0	0
Mean	0.1	0.3	0.2
SD	0.39	0.80	0.65
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	2	5	5
<i>Pre-treatment vs. Week 3</i>			
N	68	87	155
Missing	21	12	33
Mean	0.0	0.0	0.0
SD	0.50	0.90	0.75
Minimum	-2	-5	-5
Median	0.0	0.0	0.0
Maximum	2	3	3

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage	Standard Care	Total
How often did you have a bowel accident?			
<i>Week 4</i>			
N	68	89	157
Missing	0	0	0
Mean	0.3	0.3	0.3
SD	0.74	0.88	0.82
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	5	5	5
<i>Pre-treatment vs. Week 4</i>			
N	67	88	155
Missing	22	11	33
Mean	0.1	0.0	0.1
SD	0.59	0.84	0.75
Minimum	-2	-4	-4
Median	0.0	0.0	0.0
Maximum	3	3	3
<i>Week 5</i>			
N	68	89	157
Missing	0	0	0
Mean	0.2	0.3	0.3
SD	0.66	0.91	0.81
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	4	6	6
<i>Pre-treatment vs. Week 5</i>			
N	67	88	155
Missing	22	11	33
Mean	0.1	0.0	0.0
SD	0.50	0.63	0.57
Minimum	-2	-2	-2
Median	0.0	0.0	0.0
Maximum	2	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How often did you have a bowel accident?			
<i>Week 6</i>			
N	68	89	157
Missing	0	0	0
Mean	0.2	0.4	0.3
SD	0.72	0.92	0.84
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 6</i>			
N	67	88	155
Missing	22	11	33
Mean	0.1	0.1	0.1
SD	0.67	1.05	0.90
Minimum	-2	-4	-4
Median	0.0	0.0	0.0
Maximum	3	3	3
<i>Week 23</i>			
N	57	81	138
Missing	0	0	0
Mean	0.2	0.2	0.2
SD	0.77	0.65	0.70
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	4	4	4
<i>Pre-treatment vs. Week 23</i>			
N	56	80	136
Missing	33	19	52
Mean	0.1	-0.1	0.0
SD	0.78	0.94	0.88
Minimum	-2	-5	-5
Median	0.0	0.0	0.0
Maximum	4	3	4

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
How much did you drink?						
<i>Pre-treatment</i>						
Missing	18	(11.8%)	22	(12.7%)	40	(12.3%)
Usual	87	(57.2%)	97	(56.1%)	184	(56.6%)
More	25	(16.4%)	26	(15.0%)	51	(15.7%)
Less	22	(14.5%)	28	(16.2%)	50	(15.4%)
Total	152	(100.0%)	173	(100.0%)	325	(100.0%)
<i>Week 1</i>						
Missing	6	(4.9%)	14	(9.0%)	20	(7.2%)
Usual	68	(55.3%)	86	(55.1%)	154	(55.2%)
More	27	(22.0%)	34	(21.8%)	61	(21.9%)
Less	22	(17.9%)	22	(14.1%)	44	(15.8%)
Total	123	(100.0%)	156	(100.0%)	279	(100.0%)
<i>Week 2</i>						
Missing	7	(5.9%)	13	(8.3%)	20	(7.2%)
Usual	66	(55.5%)	85	(54.1%)	151	(54.7%)
More	31	(26.1%)	35	(22.3%)	66	(23.9%)
Less	15	(12.6%)	24	(15.3%)	39	(14.1%)
Total	119	(100.0%)	157	(100.0%)	276	(100.0%)
<i>Week 3</i>						
Missing	4	(3.6%)	17	(11.0%)	21	(7.9%)
Usual	65	(59.1%)	83	(53.5%)	148	(55.8%)
More	28	(25.5%)	34	(21.9%)	62	(23.4%)
Less	13	(11.8%)	21	(13.5%)	34	(12.8%)
Total	110	(100.0%)	155	(100.0%)	265	(100.0%)

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
How much did you drink?						
Week 4						
Missing	4	(3.7%)	16	(9.8%)	20	(7.4%)
Usual	63	(58.9%)	85	(52.1%)	148	(54.8%)
More	25	(23.4%)	36	(22.1%)	61	(22.6%)
Less	15	(14.0%)	26	(16.0%)	41	(15.2%)
Total	107	(100.0%)	163	(100.0%)	270	(100.0%)
Week 5						
Missing	5	(4.5%)	13	(8.8%)	18	(6.9%)
Usual	62	(55.9%)	83	(56.1%)	145	(56.0%)
More	28	(25.2%)	38	(25.7%)	66	(25.5%)
Less	16	(14.4%)	14	(9.5%)	30	(11.6%)
Total	111	(100.0%)	148	(100.0%)	259	(100.0%)
Week 6						
Missing	4	(3.8%)	8	(5.9%)	12	(5.0%)
Usual	64	(60.4%)	83	(61.5%)	147	(61.0%)
More	24	(22.6%)	29	(21.5%)	53	(22.0%)
Less	14	(13.2%)	15	(11.1%)	29	(12.0%)
Total	106	(100.0%)	135	(100.0%)	241	(100.0%)
Week 23						
Missing	4	(4.9%)	9	(7.0%)	13	(6.2%)
Usual	57	(70.4%)	81	(63.3%)	138	(66.0%)
More	11	(13.6%)	20	(15.6%)	31	(14.8%)
Less	9	(11.1%)	18	(14.1%)	27	(12.9%)
Total	81	(100.0%)	128	(100.0%)	209	(100.0%)

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Did you use laxative?						
<i>Pre-treatment</i>						
Missing	22	(16.8%)	26	(16.7%)	48	(16.7%)
Usual	72	(55.0%)	87	(55.8%)	159	(55.4%)
More	18	(13.7%)	19	(12.2%)	37	(12.9%)
Less	19	(14.5%)	24	(15.4%)	43	(15.0%)
Total	131	(100.0%)	156	(100.0%)	287	(100.0%)
<i>Week 1</i>						
Missing	11	(11.2%)	25	(18.7%)	36	(15.5%)
Usual	56	(57.1%)	72	(53.7%)	128	(55.2%)
More	12	(12.2%)	16	(11.9%)	28	(12.1%)
Less	19	(19.4%)	21	(15.7%)	40	(17.2%)
Total	98	(100.0%)	134	(100.0%)	232	(100.0%)
<i>Week 2</i>						
Missing	13	(13.1%)	24	(18.0%)	37	(15.9%)
Usual	56	(56.6%)	71	(53.4%)	127	(54.7%)
More	13	(13.1%)	19	(14.3%)	32	(13.8%)
Less	17	(17.2%)	19	(14.3%)	36	(15.5%)
Total	99	(100.0%)	133	(100.0%)	232	(100.0%)
<i>Week 3</i>						
Missing	13	(13.0%)	24	(17.8%)	37	(15.7%)
Usual	57	(57.0%)	69	(51.1%)	126	(53.6%)
More	13	(13.0%)	19	(14.1%)	32	(13.6%)
Less	17	(17.0%)	23	(17.0%)	40	(17.0%)
Total	100	(100.0%)	135	(100.0%)	235	(100.0%)

- calculated values

Table 5: Bowel Diary

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Did you use laxative?						
Week 4						
Missing	14	(14.4%)	22	(16.1%)	36	(15.4%)
Usual	57	(58.8%)	69	(50.4%)	126	(53.8%)
More	10	(10.3%)	26	(19.0%)	36	(15.4%)
Less	16	(16.5%)	20	(14.6%)	36	(15.4%)
Total	97	(100.0%)	137	(100.0%)	234	(100.0%)
Week 5						
Missing	14	(14.6%)	23	(16.5%)	37	(15.7%)
Usual	56	(58.3%)	70	(50.4%)	126	(53.6%)
More	12	(12.5%)	26	(18.7%)	38	(16.2%)
Less	14	(14.6%)	20	(14.4%)	34	(14.5%)
Total	96	(100.0%)	139	(100.0%)	235	(100.0%)
Week 6						
Missing	11	(12.4%)	21	(15.4%)	32	(14.2%)
Usual	55	(61.8%)	71	(52.2%)	126	(56.0%)
More	12	(13.5%)	24	(17.6%)	36	(16.0%)
Less	11	(12.4%)	20	(14.7%)	31	(13.8%)
Total	89	(100.0%)	136	(100.0%)	225	(100.0%)
Week 23						
Missing	11	(14.9%)	16	(13.3%)	27	(13.9%)
Usual	43	(58.1%)	68	(56.7%)	111	(57.2%)
More	3	(4.1%)	15	(12.5%)	18	(9.3%)
Less	17	(23.0%)	21	(17.5%)	38	(19.6%)
Total	74	(100.0%)	120	(100.0%)	194	(100.0%)

Variable	Abdominal Massage
How often did you do the bowel massage?	
Week 1	
N	69
Missing	0
Mean	5.2
SD	1.88
Minimum	0
Median	5.0
Maximum	7
Week 2	
N	69
Missing	0
Mean	5.3
SD	1.91
Minimum	0
Median	6.0
Maximum	7
Week 3	
N	69
Missing	0
Mean	5.0
SD	1.90
Minimum	0
Median	5.0
Maximum	7
Week 4	
N	68
Missing	0
Mean	5.0
SD	1.96
Minimum	0
Median	5.0
Maximum	7

- calculated values

Variable	Abdominal Massage
How often did you do the bowel massage?	
<i>Week 5</i>	
N	68
Missing	0
Mean	5.2
SD	1.78
Minimum	0
Median	5.0
Maximum	7
<i>Week 6</i>	
N	68
Missing	0
Mean	5.4
SD	1.75
Minimum	0
Median	5.0
Maximum	7
<i>Week 23</i>	
N	57
Missing	0
Mean	3.2
SD	2.83
Minimum	0
Median	3.0
Maximum	7

Variable	Abdominal Massage
Time spent on massage [min/week]	
Week 1	
N	66
Missing	3
Mean	75.9
SD	39.33
Minimum	10
Median	70.0
Maximum	230
Week 2	
N	67
Missing	2
Mean	76.4
SD	41.04
Minimum	0
Median	70.0
Maximum	240
Week 3	
N	66
Missing	3
Mean	71.5
SD	35.97
Minimum	0
Median	64.5
Maximum	175
Week 4	
N	65
Missing	3
Mean	72.5
SD	35.16
Minimum	10
Median	70.0
Maximum	195

- calculated values

Variable	Abdominal Massage
Time spent on massage [min/week]	
<i>Week 5</i>	
N	65
Missing	3
Mean	73.5
SD	33.36
Minimum	10
Median	70.0
Maximum	180
<i>Week 6</i>	
N	66
Missing	2
Mean	74.7
SD	36.62
Minimum	10
Median	70.0
Maximum	210
<i>Week 23</i>	
N	37
Missing	20
Mean	55.8
SD	40.00
Minimum	0
Median	50.0
Maximum	210

- calculated values

Variable	Abdominal Massage	
	N	(%)
How often did you do the bowel massage? [/week]		
<i>Week 1</i>		
0	3	(4.3%)
1	2	(2.9%)
2	3	(4.3%)
3	0	(0.0%)
4	9	(13.0%)
5	19	(27.5%)
6	11	(15.9%)
7	22	(31.9%)
Total	69	(100.0%)
<i>Week 2</i>		
0	4	(5.8%)
1	1	(1.4%)
2	0	(0.0%)
3	5	(7.2%)
4	9	(13.0%)
5	13	(18.8%)
6	13	(18.8%)
7	24	(34.8%)
Total	69	(100.0%)
<i>Week 3</i>		
0	4	(5.8%)
1	0	(0.0%)
2	1	(1.4%)
3	6	(8.7%)
4	16	(23.2%)
5	12	(17.4%)
6	8	(11.6%)
7	22	(31.9%)
Total	69	(100.0%)
<i>Week 4</i>		
0	3	(4.4%)
1	1	(1.5%)

- calculated values

		Abdominal Massage	
Variable		N	(%)
	2	5	(7.4%)
	3	4	(5.9%)
	4	8	(11.8%)
	5	16	(23.5%)
	6	9	(13.2%)
	7	22	(32.4%)
Total		68	(100.0%)

Table 5: Bowel Diary

Variable	Abdominal Massage	
	N	(%)
How often did you do the bowel massage? [/week]		
<i>Week 5</i>		
0	2	(2.9%)
1	1	(1.5%)
2	2	(2.9%)
3	5	(7.4%)
4	9	(13.2%)
5	20	(29.4%)
6	5	(7.4%)
7	24	(35.3%)
Total	68	(100.0%)
<i>Week 6</i>		
0	2	(2.9%)
1	0	(0.0%)
2	4	(5.9%)
3	4	(5.9%)
4	4	(5.9%)
5	21	(30.9%)
6	8	(11.8%)
7	25	(36.8%)
Total	68	(100.0%)
<i>Week 23</i>		
0	20	(35.1%)
1	1	(1.8%)
2	4	(7.0%)
3	5	(8.8%)
4	7	(12.3%)
5	3	(5.3%)
6	4	(7.0%)
7	13	(22.8%)
Total	57	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
UK Health Index Score			
<i>Pre-treatment</i>			
N	90	99	189
Missing	0	0	0
Mean	0.5	0.5	0.5
SD	0.25	0.28	0.27
95%-LCL	0.49	0.44	0.48
95%-UCL	0.60	0.55	0.56
Minimum	-0	-0	-0
Q1	0.4	0.4	0.4
Median	0.6	0.6	0.6
Q3	0.7	0.7	0.7
Maximum	1	1	1
<i>Week 6</i>			
N	60	84	144
Missing	2	3	5
Mean	0.5	0.5	0.5
SD	0.29	0.27	0.28
95%-LCL	0.44	0.42	0.45
95%-UCL	0.59	0.54	0.54
Minimum	-0	-0	-0
Q1	0.4	0.3	0.3
Median	0.6	0.5	0.6
Q3	0.7	0.7	0.7
Maximum	1	1	1
<i>Pre-treatment vs. Week 6</i>			
N	60	84	144
Missing	30	15	45
Mean	-0.0	-0.0	-0.0
SD	0.19	0.16	0.18
95%-LCL	-0.09	-0.07	-0.07
95%-UCL	0.01	-0.00	-0.01
Minimum	-1	-1	-1
Q1	-0.1	-0.1	-0.1
Median	-0.0	0.0	-0.0
Q3	0.1	0.0	0.1
Maximum	0	0	0
<i>Week 24</i>			
N	58	83	141
Missing	0	0	0

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Mean	0.5	0.5	0.5
SD	0.28	0.28	0.28
95%-LCL	0.46	0.40	0.44
95%-UCL	0.61	0.52	0.54
Minimum	-0	-0	-0
Q1	0.5	0.2	0.3
Median	0.6	0.5	0.6
Q3	0.7	0.7	0.7
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
UK Health Index Score			
<i>Pre-treatment vs. Week 24</i>			
N	58	83	141
Missing	32	16	48
Mean	-0.0	-0.1	-0.1
SD	0.20	0.21	0.20
95%-LCL	-0.10	-0.10	-0.08
95%-UCL	0.00	-0.01	-0.02
Minimum	-1	-1	-1
Q1	-0.1	-0.1	-0.1
Median	-0.0	-0.0	-0.0
Q3	0.1	0.0	0.0
Maximum	0	1	1

- calculated values

Table 6: EQ5D Questionnaire

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Mobility						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no problems in walking about	16	(17.8%)	9	(9.1%)	25	(13.2%)
I have slight problems in walking about	10	(11.1%)	14	(14.1%)	24	(12.7%)
I have moderate problems in walking about	42	(46.7%)	36	(36.4%)	78	(41.3%)
I have severe problems with walking about	20	(22.2%)	31	(31.3%)	51	(27.0%)
I am unable to walk about	2	(2.2%)	9	(9.1%)	11	(5.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	3	(3.4%)	5	(3.4%)
I have no problems in walking about	10	(16.1%)	7	(8.0%)	17	(11.4%)
I have slight problems in walking about	11	(17.7%)	15	(17.2%)	26	(17.4%)
I have moderate problems in walking about	16	(25.8%)	27	(31.0%)	43	(28.9%)
I have severe problems with walking about	20	(32.3%)	29	(33.3%)	49	(32.9%)
I am unable to walk about	3	(4.8%)	6	(6.9%)	9	(6.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no problems in walking about	8	(13.8%)	6	(7.2%)	14	(9.9%)
I have slight problems in walking about	11	(19.0%)	13	(15.7%)	24	(17.0%)
I have moderate problems in walking about	21	(36.2%)	32	(38.6%)	53	(37.6%)
I have severe problems with walking about	15	(25.9%)	23	(27.7%)	38	(27.0%)
I am unable to walk about	3	(5.2%)	9	(10.8%)	12	(8.5%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Self-Care						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no problems washing or dressing myself	43	(47.8%)	41	(41.4%)	84	(44.4%)
I have slight problems in washing or dressing myself	25	(27.8%)	33	(33.3%)	58	(30.7%)
I have moderate problems in washing or dressing myself	17	(18.9%)	18	(18.2%)	35	(18.5%)
I have severe problems in washing or dressing myself	3	(3.3%)	4	(4.0%)	7	(3.7%)
I am unable to wash or dress myself	2	(2.2%)	3	(3.0%)	5	(2.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	3	(3.4%)	5	(3.4%)
I have no problems washing or dressing myself	29	(46.8%)	34	(39.1%)	63	(42.3%)
I have slight problems in washing or dressing myself	21	(33.9%)	24	(27.6%)	45	(30.2%)
I have moderate problems in washing or dressing myself	7	(11.3%)	18	(20.7%)	25	(16.8%)
I have severe problems in washing or dressing myself	1	(1.6%)	6	(6.9%)	7	(4.7%)
I am unable to wash or dress myself	2	(3.2%)	2	(2.3%)	4	(2.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no problems washing or dressing myself	26	(44.8%)	34	(41.0%)	60	(42.6%)
I have slight problems in washing or dressing myself	18	(31.0%)	22	(26.5%)	40	(28.4%)
I have moderate problems in washing or dressing myself	10	(17.2%)	20	(24.1%)	30	(21.3%)
I have severe problems in washing or dressing myself	3	(5.2%)	6	(7.2%)	9	(6.4%)
I am unable to wash or dress myself	1	(1.7%)	1	(1.2%)	2	(1.4%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Usual activities						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no problems doing my usual activities	15	(16.7%)	19	(19.2%)	34	(18.0%)
I have slight problems doing my usual activities	31	(34.4%)	24	(24.2%)	55	(29.1%)
I have moderate problems doing my usual activities	28	(31.1%)	36	(36.4%)	64	(33.9%)
I have severe problems doing my usual activities	12	(13.3%)	15	(15.2%)	27	(14.3%)
I am unable to do my usual activities	4	(4.4%)	5	(5.1%)	9	(4.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	3	(3.4%)	5	(3.4%)
I have no problems doing my usual activities	10	(16.1%)	14	(16.1%)	24	(16.1%)
I have slight problems doing my usual activities	15	(24.2%)	15	(17.2%)	30	(20.1%)
I have moderate problems doing my usual activities	22	(35.5%)	34	(39.1%)	56	(37.6%)
I have severe problems doing my usual activities	10	(16.1%)	19	(21.8%)	29	(19.5%)
I am unable to do my usual activities	3	(4.8%)	2	(2.3%)	5	(3.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no problems doing my usual activities	8	(13.8%)	9	(10.8%)	17	(12.1%)
I have slight problems doing my usual activities	15	(25.9%)	21	(25.3%)	36	(25.5%)
I have moderate problems doing my usual activities	26	(44.8%)	26	(31.3%)	52	(36.9%)
I have severe problems doing my usual activities	5	(8.6%)	21	(25.3%)	26	(18.4%)
I am unable to do my usual activities	4	(6.9%)	6	(7.2%)	10	(7.1%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Pain/ discomfort						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no pain or discomfort	10	(11.1%)	10	(10.1%)	20	(10.6%)
I have slight pain or discomfort	29	(32.2%)	20	(20.2%)	49	(25.9%)
I have moderate pain or discomfort	35	(38.9%)	49	(49.5%)	84	(44.4%)
I have severe pain or discomfort	11	(12.2%)	16	(16.2%)	27	(14.3%)
I have extreme pain or discomfort	5	(5.6%)	4	(4.0%)	9	(4.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	2	(2.3%)	4	(2.7%)
I have no pain or discomfort	7	(11.3%)	10	(11.5%)	17	(11.4%)
I have slight pain or discomfort	18	(29.0%)	20	(23.0%)	38	(25.5%)
I have moderate pain or discomfort	24	(38.7%)	34	(39.1%)	58	(38.9%)
I have severe pain or discomfort	7	(11.3%)	19	(21.8%)	26	(17.4%)
I have extreme pain or discomfort	4	(6.5%)	2	(2.3%)	6	(4.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I have no pain or discomfort	5	(8.6%)	7	(8.4%)	12	(8.5%)
I have slight pain or discomfort	18	(31.0%)	19	(22.9%)	37	(26.2%)
I have moderate pain or discomfort	26	(44.8%)	41	(49.4%)	67	(47.5%)
I have severe pain or discomfort	6	(10.3%)	15	(18.1%)	21	(14.9%)
I have extreme pain or discomfort	3	(5.2%)	1	(1.2%)	4	(2.8%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Anxiety/ depression						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I am not anxious or depressed	32	(35.6%)	41	(41.4%)	73	(38.6%)
I am slightly anxious or depressed	38	(42.2%)	29	(29.3%)	67	(35.4%)
I am moderately anxious or depressed	17	(18.9%)	26	(26.3%)	43	(22.8%)
I am severely anxious or depressed	1	(1.1%)	1	(1.0%)	2	(1.1%)
I am extremely anxious or depressed	2	(2.2%)	2	(2.0%)	4	(2.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	2	(2.3%)	4	(2.7%)
I am not anxious or depressed	21	(33.9%)	33	(37.9%)	54	(36.2%)
I am slightly anxious or depressed	22	(35.5%)	24	(27.6%)	46	(30.9%)
I am moderately anxious or depressed	14	(22.6%)	21	(24.1%)	35	(23.5%)
I am severely anxious or depressed	0	(0.0%)	5	(5.7%)	5	(3.4%)
I am extremely anxious or depressed	3	(4.8%)	2	(2.3%)	5	(3.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
I am not anxious or depressed	25	(43.1%)	27	(32.5%)	52	(36.9%)
I am slightly anxious or depressed	21	(36.2%)	32	(38.6%)	53	(37.6%)
I am moderately anxious or depressed	9	(15.5%)	16	(19.3%)	25	(17.7%)
I am severely anxious or depressed	2	(3.4%)	5	(6.0%)	7	(5.0%)
I am extremely anxious or depressed	1	(1.7%)	3	(3.6%)	4	(2.8%)
Total	58	(100.0%)	83	(100.0%)	141	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Health state today			
<i>Pre-treatment</i>			
N	89	98	187
Missing	1	1	2
Mean	60.6	55.7	58.0
SD	21.14	20.58	20.94
95%-LCL	56.11	51.54	54.97
95%-UCL	65.02	59.79	61.02
Minimum	3	5	3
Q1	50.0	40.0	40.0
Median	60.0	60.0	60.0
Q3	80.0	70.0	75.0
Maximum	100	100	100
<i>Week 6</i>			
N	59	86	145
Missing	3	1	4
Mean	59.4	55.4	57.0
SD	23.96	20.81	22.16
95%-LCL	53.16	50.90	53.37
95%-UCL	65.65	59.82	60.64
Minimum	5	10	5
Q1	40.0	35.0	40.0
Median	65.0	55.0	60.0
Q3	75.0	70.0	75.0
Maximum	97	100	100
<i>Pre-treatment vs. Week 6</i>			
N	59	85	144
Missing	31	14	45
Mean	-2.7	-1.8	-2.1
SD	21.69	21.02	21.23
95%-LCL	-8.35	-6.29	-5.64
95%-UCL	2.96	2.78	1.36
Minimum	-50	-50	-50
Q1	-20.0	-15.0	-15.0
Median	0.0	0.0	0.0
Q3	10.0	12.0	10.0
Maximum	57	45	57
<i>Week 24</i>			
N	58	83	141
Missing	0	0	0

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Mean	59.8	51.3	54.8
SD	22.63	20.31	21.62
95%-LCL	53.81	46.89	51.19
95%-UCL	65.71	55.76	58.39
Minimum	10	10	10
Q1	45.0	35.0	40.0
Median	62.5	50.0	60.0
Q3	80.0	65.0	70.0
Maximum	95	90	95

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Health state today			
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-2.5	-4.1	-3.4
SD	21.86	20.98	21.28
95%-LCL	-8.27	-8.69	-6.99
95%-UCL	3.33	0.52	0.14
Minimum	-50	-70	-70
Q1	-15.0	-10.0	-15.0
Median	0.0	-5.0	-3.0
Q3	10.0	6.0	7.0
Maximum	53	60	60

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Total Score			
<i>Pre-treatment</i>			
N	86	98	184
Missing	4	1	5
Mean	20.2	20.8	20.5
SD	8.46	7.40	7.89
95%-LCL	18.43	19.30	19.38
95%-UCL	22.06	22.27	21.68
Minimum	6	5	5
Q1	14.0	16.0	15.0
Median	20.0	21.0	21.0
Q3	26.0	25.0	26.0
Maximum	41	38	41
<i>Week 6</i>			
N	56	82	138
Missing	6	5	11
Mean	19.9	21.4	20.8
SD	8.24	6.96	7.51
95%-LCL	17.70	19.84	19.51
95%-UCL	22.12	22.89	22.04
Minimum	5	3	3
Q1	14.0	17.0	16.0
Median	19.0	21.0	20.0
Q3	26.0	25.0	25.0
Maximum	42	42	42
<i>Pre-treatment vs. Week 6</i>			
N	53	82	135
Missing	37	17	54
Mean	0.3	1.0	0.7
SD	5.87	4.39	5.02
95%-LCL	-1.34	0.08	-0.11
95%-UCL	1.90	2.01	1.60
Minimum	-13	-11	-13
Q1	-2.0	-2.0	-2.0
Median	1.0	1.0	1.0
Q3	4.0	3.0	4.0
Maximum	17	13	17

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Total Score			
<i>Week 24</i>			
N	56	77	133
Missing	3	7	10
Mean	19.0	20.9	20.1
SD	8.38	7.42	7.86
95%-LCL	16.79	19.25	18.79
95%-UCL	21.28	22.62	21.48
Minimum	5	1	1
Q1	13.5	17.0	15.0
Median	18.0	21.0	20.0
Q3	25.0	25.0	25.0
Maximum	50	40	50
<i>Pre-treatment vs. Week 24</i>			
N	53	77	130
Missing	37	22	59
Mean	-0.8	0.3	-0.1
SD	6.63	5.12	5.78
95%-LCL	-2.62	-0.85	-1.14
95%-UCL	1.04	1.47	0.87
Minimum	-18	-13	-18
Q1	-5.0	-3.0	-4.0
Median	0.0	1.0	0.0
Q3	3.0	3.0	3.0
Maximum	15	14	15

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Quality of Life Score			
<i>Pre-treatment</i>			
N	88	99	187
Missing	2	0	2
Mean	9.6	10.7	10.2
SD	5.08	4.68	4.89
95%-LCL	8.56	9.76	9.49
95%-UCL	10.71	11.63	10.90
Minimum	0	1	0
Q1	5.5	8.0	7.0
Median	9.0	11.0	10.0
Q3	13.0	14.0	13.0
Maximum	22	22	22
<i>Week 6</i>			
N	56	83	139
Missing	6	4	10
Mean	9.9	10.7	10.4
SD	4.91	4.34	4.58
95%-LCL	8.56	9.80	9.63
95%-UCL	11.19	11.70	11.16
Minimum	0	1	0
Q1	6.0	8.0	7.0
Median	10.0	11.0	10.0
Q3	13.0	14.0	13.0
Maximum	21	23	23
<i>Pre-treatment vs. Week 6</i>			
N	54	83	137
Missing	36	16	52
Mean	0.6	0.4	0.5
SD	3.09	2.82	2.92
95%-LCL	-0.21	-0.22	-0.00
95%-UCL	1.47	1.01	0.98
Minimum	-6	-7	-7
Q1	-1.0	-1.0	-1.0
Median	1.0	1.0	1.0
Q3	3.0	2.0	2.0
Maximum	9	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Quality of Life Score			
<i>Week 24</i>			
N	58	80	138
Missing	1	4	5
Mean	9.2	10.7	10.1
SD	4.81	4.70	4.79
95%-LCL	7.91	9.67	9.26
95%-UCL	10.44	11.76	10.87
Minimum	2	0	0
Q1	5.0	8.0	6.0
Median	8.5	11.0	10.0
Q3	13.0	13.5	13.0
Maximum	23	24	24
<i>Pre-treatment vs. Week 24</i>			
N	56	80	136
Missing	34	19	53
Mean	-0.2	0.3	0.1
SD	3.69	3.20	3.40
95%-LCL	-1.17	-0.45	-0.50
95%-UCL	0.81	0.97	0.66
Minimum	-7	-8	-8
Q1	-2.0	-2.0	-2.0
Median	0.0	1.0	0.0
Q3	3.0	2.0	2.0
Maximum	9	7	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Faecal Incontinence Score			
<i>Pre-treatment</i>			
N	90	99	189
Missing	0	0	0
Mean	3.7	3.7	3.7
SD	2.38	2.00	2.18
95%-LCL	3.22	3.33	3.41
95%-UCL	4.22	4.13	4.04
Minimum	0	0	0
Q1	2.0	2.0	2.0
Median	3.0	3.0	3.0
Q3	6.0	5.0	6.0
Maximum	10	9	10
<i>Week 6</i>			
N	61	87	148
Missing	1	0	1
Mean	3.6	4.1	3.9
SD	2.32	2.14	2.22
95%-LCL	2.98	3.67	3.54
95%-UCL	4.17	4.58	4.26
Minimum	0	0	0
Q1	2.0	2.0	2.0
Median	3.0	4.0	4.0
Q3	5.0	6.0	5.0
Maximum	9	11	11
<i>Pre-treatment vs. Week 6</i>			
N	61	87	148
Missing	29	12	41
Mean	-0.0	0.3	0.2
SD	1.95	1.66	1.78
95%-LCL	-0.51	-0.03	-0.11
95%-UCL	0.48	0.68	0.47
Minimum	-4	-3	-4
Q1	-1.0	-1.0	-1.0
Median	0.0	0.0	0.0
Q3	1.0	1.0	1.0
Maximum	4	5	5

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Faecal Incontinence Score			
<i>Week 24</i>			
N	57	82	139
Missing	2	2	4
Mean	3.8	4.1	4.0
SD	2.48	1.75	2.07
95%-LCL	3.13	3.69	3.61
95%-UCL	4.45	4.46	4.30
Minimum	0	0	0
Q1	2.0	3.0	3.0
Median	4.0	4.0	4.0
Q3	5.0	5.0	5.0
Maximum	12	9	12
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-0.1	0.4	0.2
SD	2.28	1.88	2.06
95%-LCL	-0.69	-0.05	-0.17
95%-UCL	0.52	0.78	0.53
Minimum	-8	-4	-8
Q1	-1.0	-1.0	-1.0
Median	0.0	0.0	0.0
Q3	1.0	1.0	1.0
Maximum	4	6	6

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Symptom Score			
<i>Pre-treatment</i>			
N	88	98	186
Missing	2	1	3
Mean	6.9	6.4	6.7
SD	2.90	3.10	3.01
95%-LCL	6.29	5.80	6.21
95%-UCL	7.52	7.04	7.09
Minimum	0	1	0
Q1	5.0	4.0	5.0
Median	7.0	6.0	7.0
Q3	8.0	9.0	9.0
Maximum	16	13	16
<i>Week 6</i>			
N	60	84	144
Missing	2	3	5
Mean	6.4	6.6	6.5
SD	3.23	2.47	2.80
95%-LCL	5.52	6.05	6.02
95%-UCL	7.18	7.12	6.95
Minimum	1	1	1
Q1	4.0	5.0	5.0
Median	6.0	6.0	6.0
Q3	9.0	8.0	8.0
Maximum	14	14	14
<i>Pre-treatment vs. Week 6</i>			
N	59	84	143
Missing	31	15	46
Mean	-0.2	0.2	0.0
SD	2.58	2.04	2.28
95%-LCL	-0.89	-0.20	-0.33
95%-UCL	0.45	0.68	0.43
Minimum	-6	-4	-6
Q1	-2.0	-1.0	-1.0
Median	0.0	0.0	0.0
Q3	2.0	2.0	2.0
Maximum	7	5	7

- calculated values

Variable	Abdominal Massage	Standard Care	Total
NBD PROM Symptom Score			
<i>Week 24</i>			
N	57	80	137
Missing	2	4	6
Mean	6.0	6.2	6.1
SD	2.79	2.84	2.81
95%-LCL	5.26	5.53	5.62
95%-UCL	6.74	6.80	6.57
Minimum	1	0	0
Q1	4.0	4.0	4.0
Median	6.0	6.0	6.0
Q3	8.0	8.0	8.0
Maximum	15	14	15
<i>Pre-treatment vs. Week 24</i>			
N	56	80	136
Missing	34	19	53
Mean	-0.4	-0.2	-0.3
SD	2.35	2.18	2.25
95%-LCL	-1.04	-0.66	-0.65
95%-UCL	0.22	0.31	0.11
Minimum	-7	-5	-7
Q1	-2.0	-2.0	-2.0
Median	0.0	0.0	0.0
Q3	1.0	1.0	1.0
Maximum	4	5	5

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever have bowel accidents						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	36	(40.0%)	25	(25.3%)	61	(32.3%)
Rarely	25	(27.8%)	49	(49.5%)	74	(39.2%)
Some of the time	27	(30.0%)	22	(22.2%)	49	(25.9%)
Most of the time	2	(2.2%)	3	(3.0%)	5	(2.6%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	0	(0.0%)	1	(0.7%)
Never	24	(38.7%)	18	(20.7%)	42	(28.2%)
Rarely	24	(38.7%)	41	(47.1%)	65	(43.6%)
Some of the time	12	(19.4%)	24	(27.6%)	36	(24.2%)
Most of the time	1	(1.6%)	4	(4.6%)	5	(3.4%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	1	(1.2%)	2	(1.4%)
Never	20	(33.9%)	15	(17.9%)	35	(24.5%)
Rarely	27	(45.8%)	44	(52.4%)	71	(49.7%)
Some of the time	9	(15.3%)	24	(28.6%)	33	(23.1%)
Most of the time	1	(1.7%)	0	(0.0%)	1	(0.7%)
Always	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much do bowel accidents bother you			
<i>Pre-treatment</i>			
N	88	93	181
Missing	2	6	8
Mean	4.6	5.7	5.2
SD	4.41	4.03	4.24
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	59	81	140
Missing	3	6	9
Mean	4.3	5.7	5.1
SD	4.14	3.53	3.84
Minimum	0	0	0
Median	3.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	58	77	135
Missing	32	22	54
Mean	-0.1	0.1	0.0
SD	3.84	3.33	3.54
Minimum	-10	-8	-10
Median	0.0	0.0	0.0
Maximum	10	9	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much do bowel accidents bother you			
<i>Week 24</i>			
N	51	82	133
Missing	8	2	10
Mean	4.7	6.0	5.5
SD	3.99	3.90	3.97
Minimum	0	0	0
Median	3.0	8.0	7.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	50	77	127
Missing	40	22	62
Mean	-0.2	0.7	0.3
SD	3.97	4.22	4.13
Minimum	-10	-8	-10
Median	0.0	0.0	0.0
Maximum	10	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever have an urgent need to open your bowels						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	7	(7.8%)	8	(8.1%)	15	(7.9%)
Rarely	21	(23.3%)	36	(36.4%)	57	(30.2%)
Some of the time	51	(56.7%)	47	(47.5%)	98	(51.9%)
Most of the time	9	(10.0%)	8	(8.1%)	17	(9.0%)
Always	2	(2.2%)	0	(0.0%)	2	(1.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	0	(0.0%)	1	(0.7%)
Never	5	(8.1%)	3	(3.4%)	8	(5.4%)
Rarely	23	(37.1%)	30	(34.5%)	53	(35.6%)
Some of the time	27	(43.5%)	44	(50.6%)	71	(47.7%)
Most of the time	5	(8.1%)	9	(10.3%)	14	(9.4%)
Always	1	(1.6%)	1	(1.1%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	1	(1.2%)	2	(1.4%)
Never	6	(10.2%)	3	(3.6%)	9	(6.3%)
Rarely	21	(35.6%)	29	(34.5%)	50	(35.0%)
Some of the time	27	(45.8%)	46	(54.8%)	73	(51.0%)
Most of the time	3	(5.1%)	5	(6.0%)	8	(5.6%)
Always	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does the urgent need to open your bowels bother you			
<i>Pre-treatment</i>			
N	90	97	187
Missing	0	2	2
Mean	5.0	5.6	5.3
SD	3.62	3.28	3.45
Minimum	0	0	0
Median	4.5	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	84	145
Missing	1	3	4
Mean	4.6	6.0	5.4
SD	3.57	2.84	3.24
Minimum	0	0	0
Median	4.0	6.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	82	143
Missing	29	17	46
Mean	-0.1	0.7	0.4
SD	2.70	3.09	2.95
Minimum	-7	-6	-7
Median	0.0	0.0	0.0
Maximum	9	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does the urgent need to open your bowels bother you			
<i>Week 24</i>			
N	55	83	138
Missing	4	1	5
Mean	4.7	6.1	5.5
SD	3.32	3.05	3.22
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	55	81	136
Missing	35	18	53
Mean	-0.3	1.0	0.4
SD	3.75	3.36	3.56
Minimum	-10	-6	-10
Median	0.0	0.0	0.0
Maximum	8	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you experience any staining of underwear or need to wear pads because of bowel problems						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	45	(50.0%)	35	(35.4%)	80	(42.3%)
Rarely	16	(17.8%)	28	(28.3%)	44	(23.3%)
Some of the time	18	(20.0%)	28	(28.3%)	46	(24.3%)
Most of the time	4	(4.4%)	3	(3.0%)	7	(3.7%)
Always	7	(7.8%)	5	(5.1%)	12	(6.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	0	(0.0%)	1	(0.7%)
Never	22	(35.5%)	32	(36.8%)	54	(36.2%)
Rarely	17	(27.4%)	20	(23.0%)	37	(24.8%)
Some of the time	15	(24.2%)	23	(26.4%)	38	(25.5%)
Most of the time	4	(6.5%)	5	(5.7%)	9	(6.0%)
Always	3	(4.8%)	7	(8.0%)	10	(6.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	1	(1.2%)	2	(1.4%)
Never	18	(30.5%)	19	(22.6%)	37	(25.9%)
Rarely	14	(23.7%)	33	(39.3%)	47	(32.9%)
Some of the time	17	(28.8%)	20	(23.8%)	37	(25.9%)
Most of the time	6	(10.2%)	6	(7.1%)	12	(8.4%)
Always	3	(5.1%)	5	(6.0%)	8	(5.6%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does staining of underwear because of bowel problems bother you			
<i>Pre-treatment</i>			
N	86	94	180
Missing	4	5	9
Mean	3.2	4.4	3.8
SD	3.92	3.86	3.92
Minimum	0	0	0
Median	0.0	4.5	2.0
Maximum	10	10	10
<i>Week 6</i>			
N	58	82	140
Missing	4	5	9
Mean	3.8	4.2	4.1
SD	3.78	3.57	3.65
Minimum	0	0	0
Median	3.0	3.5	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	56	78	134
Missing	34	21	55
Mean	0.8	-0.1	0.3
SD	3.80	2.91	3.33
Minimum	-8	-5	-8
Median	0.0	0.0	0.0
Maximum	10	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does staining of underwear because of bowel problems bother you			
<i>Week 24</i>			
N	55	80	135
Missing	4	4	8
Mean	4.4	5.2	4.9
SD	3.70	3.63	3.66
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	52	78	130
Missing	38	21	59
Mean	1.1	1.3	1.2
SD	4.02	3.72	3.83
Minimum	-10	-6	-10
Median	0.0	0.0	0.0
Maximum	10	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 1						
<i>Pre-treatment</i>						
Missing	17	(18.9%)	11	(11.1%)	28	(14.8%)
Yes	34	(37.8%)	44	(44.4%)	78	(41.3%)
No	39	(43.3%)	44	(44.4%)	83	(43.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	25	(40.3%)	36	(41.4%)	61	(40.9%)
Yes	25	(40.3%)	33	(37.9%)	58	(38.9%)
No	12	(19.4%)	18	(20.7%)	30	(20.1%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	14	(23.7%)	24	(28.6%)	38	(26.6%)
Yes	9	(15.3%)	27	(32.1%)	36	(25.2%)
No	36	(61.0%)	33	(39.3%)	69	(48.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 2						
<i>Pre-treatment</i>						
Missing	17	(18.9%)	22	(22.2%)	39	(20.6%)
Yes	35	(38.9%)	30	(30.3%)	65	(34.4%)
No	38	(42.2%)	47	(47.5%)	85	(45.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	24	(38.7%)	34	(39.1%)	58	(38.9%)
Yes	28	(45.2%)	35	(40.2%)	63	(42.3%)
No	10	(16.1%)	18	(20.7%)	28	(18.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	9	(15.3%)	24	(28.6%)	33	(23.1%)
Yes	22	(37.3%)	29	(34.5%)	51	(35.7%)
No	28	(47.5%)	31	(36.9%)	59	(41.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 3						
<i>Pre-treatment</i>						
Missing	18	(20.0%)	18	(18.2%)	36	(19.0%)
Yes	29	(32.2%)	37	(37.4%)	66	(34.9%)
No	43	(47.8%)	44	(44.4%)	87	(46.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	29	(46.8%)	33	(37.9%)	62	(41.6%)
Yes	23	(37.1%)	36	(41.4%)	59	(39.6%)
No	10	(16.1%)	18	(20.7%)	28	(18.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	15	(25.4%)	23	(27.4%)	38	(26.6%)
Yes	14	(23.7%)	30	(35.7%)	44	(30.8%)
No	30	(50.8%)	31	(36.9%)	61	(42.7%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 4						
<i>Pre-treatment</i>						
Missing	19	(21.1%)	19	(19.2%)	38	(20.1%)
Yes	24	(26.7%)	30	(30.3%)	54	(28.6%)
No	47	(52.2%)	50	(50.5%)	97	(51.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	28	(45.2%)	41	(47.1%)	69	(46.3%)
Yes	20	(32.3%)	26	(29.9%)	46	(30.9%)
No	14	(22.6%)	20	(23.0%)	34	(22.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	13	(22.0%)	20	(23.8%)	33	(23.1%)
Yes	24	(40.7%)	32	(38.1%)	56	(39.2%)
No	22	(37.3%)	32	(38.1%)	54	(37.8%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 5						
<i>Pre-treatment</i>						
Missing	22	(24.4%)	21	(21.2%)	43	(22.8%)
Yes	19	(21.1%)	25	(25.3%)	44	(23.3%)
No	49	(54.4%)	53	(53.5%)	102	(54.0%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	36	(58.1%)	43	(49.4%)	79	(53.0%)
Yes	10	(16.1%)	23	(26.4%)	33	(22.1%)
No	16	(25.8%)	21	(24.1%)	37	(24.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	14	(23.7%)	24	(28.6%)	38	(26.6%)
Yes	15	(25.4%)	21	(25.0%)	36	(25.2%)
No	30	(50.8%)	39	(46.4%)	69	(48.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 6						
<i>Pre-treatment</i>						
Missing	25	(27.8%)	21	(21.2%)	46	(24.3%)
Yes	15	(16.7%)	21	(21.2%)	36	(19.0%)
No	50	(55.6%)	57	(57.6%)	107	(56.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	39	(62.9%)	49	(56.3%)	88	(59.1%)
Yes	10	(16.1%)	17	(19.5%)	27	(18.1%)
No	13	(21.0%)	21	(24.1%)	34	(22.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	17	(28.8%)	31	(36.9%)	48	(33.6%)
Yes	9	(15.3%)	15	(17.9%)	24	(16.8%)
No	33	(55.9%)	38	(45.2%)	71	(49.7%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel movements are mostly Type 7						
<i>Pre-treatment</i>						
Missing	27	(30.0%)	24	(24.2%)	51	(27.0%)
Yes	9	(10.0%)	11	(11.1%)	20	(10.6%)
No	54	(60.0%)	64	(64.6%)	118	(62.4%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	40	(64.5%)	55	(63.2%)	95	(63.8%)
Yes	4	(6.5%)	10	(11.5%)	14	(9.4%)
No	18	(29.0%)	22	(25.3%)	40	(26.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	17	(28.8%)	33	(39.3%)	50	(35.0%)
Yes	2	(3.4%)	5	(6.0%)	7	(4.9%)
No	40	(67.8%)	46	(54.8%)	86	(60.1%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does the type of bowel movement bother you			
<i>Pre-treatment</i>			
N	89	97	186
Missing	1	2	3
Mean	4.6	5.3	4.9
SD	3.55	3.63	3.60
Minimum	0	0	0
Median	5.0	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	84	144
Missing	2	3	5
Mean	4.5	4.7	4.6
SD	3.49	3.00	3.20
Minimum	0	0	0
Median	4.0	5.0	4.5
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	83	143
Missing	30	16	46
Mean	-0.2	-0.6	-0.4
SD	3.21	3.11	3.15
Minimum	-8	-10	-10
Median	0.0	0.0	0.0
Maximum	7	7	7

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does the type of bowel movement bother you			
<i>Week 24</i>			
N	56	81	137
Missing	3	3	6
Mean	3.4	4.7	4.2
SD	3.11	3.08	3.14
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	55	80	135
Missing	35	19	54
Mean	-0.8	-0.5	-0.6
SD	3.14	3.58	3.39
Minimum	-7	-10	-10
Median	0.0	0.0	0.0
Maximum	6	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever experience bleeding from the back passage						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	46	(51.1%)	60	(60.6%)	106	(56.1%)
Rarely	26	(28.9%)	26	(26.3%)	52	(27.5%)
Some of the time	16	(17.8%)	10	(10.1%)	26	(13.8%)
Most of the time	1	(1.1%)	3	(3.0%)	4	(2.1%)
Always	1	(1.1%)	0	(0.0%)	1	(0.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	36	(58.1%)	52	(59.8%)	88	(59.1%)
Rarely	15	(24.2%)	20	(23.0%)	35	(23.5%)
Some of the time	10	(16.1%)	13	(14.9%)	23	(15.4%)
Most of the time	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	31	(52.5%)	55	(65.5%)	86	(60.1%)
Rarely	18	(30.5%)	20	(23.8%)	38	(26.6%)
Some of the time	8	(13.6%)	7	(8.3%)	15	(10.5%)
Most of the time	1	(1.7%)	0	(0.0%)	1	(0.7%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does bleeding from the back passage bother you			
<i>Pre-treatment</i>			
N	84	88	172
Missing	6	11	17
Mean	2.3	2.0	2.1
SD	3.18	3.21	3.19
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Week 6</i>			
N	57	79	136
Missing	5	8	13
Mean	2.1	1.7	1.9
SD	3.18	2.63	2.87
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	55	70	125
Missing	35	29	64
Mean	-0.1	-0.2	-0.2
SD	2.87	2.64	2.73
Minimum	-8	-10	-10
Median	0.0	0.0	0.0
Maximum	7	7	7

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does bleeding from the back passage bother you			
<i>Week 24</i>			
N	53	73	126
Missing	6	11	17
Mean	2.3	1.8	2.0
SD	3.25	2.91	3.06
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	49	66	115
Missing	41	33	74
Mean	-0.0	-0.3	-0.2
SD	3.08	2.41	2.71
Minimum	-7	-9	-9
Median	0.0	0.0	0.0
Maximum	8	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever feel that your abdomen is bloated						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	7	(7.8%)	4	(4.0%)	11	(5.8%)
Rarely	7	(7.8%)	13	(13.1%)	20	(10.6%)
Some of the time	36	(40.0%)	40	(40.4%)	76	(40.2%)
Most of the time	31	(34.4%)	26	(26.3%)	57	(30.2%)
Always	9	(10.0%)	16	(16.2%)	25	(13.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	2	(3.2%)	4	(4.6%)	6	(4.0%)
Rarely	9	(14.5%)	13	(14.9%)	22	(14.8%)
Some of the time	23	(37.1%)	41	(47.1%)	64	(43.0%)
Most of the time	18	(29.0%)	17	(19.5%)	35	(23.5%)
Always	9	(14.5%)	10	(11.5%)	19	(12.8%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	4	(6.8%)	3	(3.6%)	7	(4.9%)
Rarely	10	(16.9%)	8	(9.5%)	18	(12.6%)
Some of the time	27	(45.8%)	39	(46.4%)	66	(46.2%)
Most of the time	13	(22.0%)	21	(25.0%)	34	(23.8%)
Always	4	(6.8%)	11	(13.1%)	15	(10.5%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does bloating of your abdomen bother you			
<i>Pre-treatment</i>			
N	89	98	187
Missing	1	1	2
Mean	5.6	6.1	5.9
SD	3.23	3.21	3.22
Minimum	0	0	0
Median	6.0	7.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	85	146
Missing	1	2	3
Mean	5.6	6.0	5.8
SD	3.17	2.92	3.02
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	84	145
Missing	29	15	44
Mean	-0.1	0.2	0.0
SD	2.29	2.25	2.26
Minimum	-6	-8	-8
Median	0.0	0.0	0.0
Maximum	7	6	7

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does bloating of your abdomen bother you			
<i>Week 24</i>			
N	57	82	139
Missing	2	2	4
Mean	5.0	6.1	5.7
SD	3.13	2.83	3.00
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	81	137
Missing	34	18	52
Mean	-0.6	0.4	-0.0
SD	3.14	2.79	2.97
Minimum	-7	-7	-7
Median	-0.5	0.0	0.0
Maximum	10	8	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever experience abdominal pain because of bowel problems						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	18	(20.0%)	20	(20.2%)	38	(20.1%)
Rarely	19	(21.1%)	18	(18.2%)	37	(19.6%)
Some of the time	39	(43.3%)	47	(47.5%)	86	(45.5%)
Most of the time	9	(10.0%)	13	(13.1%)	22	(11.6%)
Always	5	(5.6%)	1	(1.0%)	6	(3.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	8	(12.9%)	12	(13.8%)	20	(13.4%)
Rarely	22	(35.5%)	25	(28.7%)	47	(31.5%)
Some of the time	23	(37.1%)	39	(44.8%)	62	(41.6%)
Most of the time	6	(9.7%)	7	(8.0%)	13	(8.7%)
Always	2	(3.2%)	2	(2.3%)	4	(2.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	2	(2.4%)	3	(2.1%)
Never	11	(18.6%)	16	(19.0%)	27	(18.9%)
Rarely	22	(37.3%)	22	(26.2%)	44	(30.8%)
Some of the time	20	(33.9%)	32	(38.1%)	52	(36.4%)
Most of the time	4	(6.8%)	10	(11.9%)	14	(9.8%)
Always	1	(1.7%)	2	(2.4%)	3	(2.1%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does abdominal pain because of bowel problems bother you			
<i>Pre-treatment</i>			
N	87	97	184
Missing	3	2	5
Mean	4.6	5.0	4.8
SD	3.42	3.31	3.36
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	85	145
Missing	2	2	4
Mean	4.4	4.7	4.6
SD	3.33	2.88	3.06
Minimum	0	0	0
Median	4.0	4.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	83	142
Missing	31	16	47
Mean	0.1	-0.2	-0.1
SD	2.86	2.69	2.76
Minimum	-7	-8	-8
Median	0.0	0.0	0.0
Maximum	10	6	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does abdominal pain because of bowel problems bother you			
<i>Week 24</i>			
N	56	80	136
Missing	3	4	7
Mean	4.1	4.5	4.3
SD	3.33	3.26	3.28
Minimum	0	0	0
Median	3.0	5.0	4.5
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	54	79	133
Missing	36	20	56
Mean	-0.2	-0.4	-0.3
SD	3.21	2.74	2.93
Minimum	-10	-8	-10
Median	0.0	0.0	0.0
Maximum	8	5	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever experience pain in or around back passage due to bowel problems						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	28	(31.1%)	39	(39.4%)	67	(35.4%)
Rarely	26	(28.9%)	27	(27.3%)	53	(28.0%)
Some of the time	31	(34.4%)	30	(30.3%)	61	(32.3%)
Most of the time	4	(4.4%)	1	(1.0%)	5	(2.6%)
Always	1	(1.1%)	1	(1.0%)	2	(1.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	20	(32.3%)	30	(34.5%)	50	(33.6%)
Rarely	21	(33.9%)	28	(32.2%)	49	(32.9%)
Some of the time	16	(25.8%)	24	(27.6%)	40	(26.8%)
Most of the time	3	(4.8%)	3	(3.4%)	6	(4.0%)
Always	1	(1.6%)	0	(0.0%)	1	(0.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	17	(28.8%)	29	(34.5%)	46	(32.2%)
Rarely	26	(44.1%)	30	(35.7%)	56	(39.2%)
Some of the time	14	(23.7%)	21	(25.0%)	35	(24.5%)
Most of the time	2	(3.4%)	3	(3.6%)	5	(3.5%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does pain in or around back passage because of bowel problems bother you			
<i>Pre-treatment</i>			
N	86	94	180
Missing	4	5	9
Mean	3.6	3.5	3.5
SD	3.27	3.41	3.33
Minimum	0	0	0
Median	3.0	3.0	3.0
Maximum	10	10	10
<i>Week 6</i>			
N	62	82	144
Missing	0	5	5
Mean	3.0	3.2	3.1
SD	3.21	2.90	3.03
Minimum	0	0	0
Median	2.0	3.0	2.5
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	77	136
Missing	31	22	53
Mean	-0.2	-0.2	-0.2
SD	2.72	3.49	3.16
Minimum	-6	-10	-10
Median	0.0	0.0	0.0
Maximum	7	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does pain in or around back passage because of bowel problems bother you			
<i>Week 24</i>			
N	56	81	137
Missing	3	3	6
Mean	3.1	3.3	3.2
SD	3.00	2.97	2.97
Minimum	0	0	0
Median	2.0	3.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	52	78	130
Missing	38	21	59
Mean	-0.4	-0.1	-0.2
SD	3.03	3.20	3.13
Minimum	-7	-10	-10
Median	0.0	0.0	0.0
Maximum	8	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever find that your bowel problem interferes with your bladder						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	21	(23.3%)	27	(27.3%)	48	(25.4%)
Rarely	13	(14.4%)	8	(8.1%)	21	(11.1%)
Some of the time	30	(33.3%)	37	(37.4%)	67	(35.4%)
Most of the time	19	(21.1%)	14	(14.1%)	33	(17.5%)
Always	6	(6.7%)	13	(13.1%)	19	(10.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(2.0%)
Never	17	(27.4%)	13	(14.9%)	30	(20.1%)
Rarely	7	(11.3%)	10	(11.5%)	17	(11.4%)
Some of the time	25	(40.3%)	41	(47.1%)	66	(44.3%)
Most of the time	9	(14.5%)	15	(17.2%)	24	(16.1%)
Always	4	(6.5%)	5	(5.7%)	9	(6.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	2	(2.4%)	2	(1.4%)
Never	13	(22.0%)	19	(22.6%)	32	(22.4%)
Rarely	12	(20.3%)	14	(16.7%)	26	(18.2%)
Some of the time	23	(39.0%)	30	(35.7%)	53	(37.1%)
Most of the time	9	(15.3%)	16	(19.0%)	25	(17.5%)
Always	2	(3.4%)	3	(3.6%)	5	(3.5%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does your bowel problem interfering with your bladder bother you			
<i>Pre-treatment</i>			
N	88	95	183
Missing	2	4	6
Mean	4.5	4.9	4.7
SD	3.52	3.79	3.66
Minimum	0	0	0
Median	4.5	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	82	143
Missing	1	5	6
Mean	4.4	5.4	5.0
SD	3.68	3.02	3.34
Minimum	0	0	0
Median	4.0	5.5	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	78	138
Missing	30	21	51
Mean	0.1	0.5	0.3
SD	2.68	2.81	2.75
Minimum	-8	-6	-8
Median	0.0	0.0	0.0
Maximum	6	8	8

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does your bowel problem interfering with your bladder bother you			
<i>Week 24</i>			
N	56	79	135
Missing	3	5	8
Mean	4.3	4.9	4.6
SD	3.26	3.44	3.37
Minimum	0	0	0
Median	4.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	54	76	130
Missing	36	23	59
Mean	-0.0	0.1	0.0
SD	3.00	2.94	2.95
Minimum	-9	-5	-9
Median	0.0	0.0	0.0
Maximum	8	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever find that your bowel problem stops you from concentrating as much as you would like						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	21	(23.3%)	19	(19.2%)	40	(21.2%)
Rarely	22	(24.4%)	19	(19.2%)	41	(21.7%)
Some of the time	35	(38.9%)	51	(51.5%)	86	(45.5%)
Most of the time	8	(8.9%)	7	(7.1%)	15	(7.9%)
Always	4	(4.4%)	2	(2.0%)	6	(3.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(2.0%)
Never	17	(27.4%)	11	(12.6%)	28	(18.8%)
Rarely	19	(30.6%)	22	(25.3%)	41	(27.5%)
Some of the time	20	(32.3%)	40	(46.0%)	60	(40.3%)
Most of the time	4	(6.5%)	9	(10.3%)	13	(8.7%)
Always	2	(3.2%)	2	(2.3%)	4	(2.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	14	(23.7%)	10	(11.9%)	24	(16.8%)
Rarely	21	(35.6%)	24	(28.6%)	45	(31.5%)
Some of the time	22	(37.3%)	39	(46.4%)	61	(42.7%)
Most of the time	1	(1.7%)	6	(7.1%)	7	(4.9%)
Always	1	(1.7%)	4	(4.8%)	5	(3.5%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does your bowel problem stopping you from concentrating as much as you would like bother you			
<i>Pre-treatment</i>			
N	89	96	185
Missing	1	3	4
Mean	4.0	4.8	4.4
SD	3.42	3.22	3.33
Minimum	0	0	0
Median	4.0	5.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	82	143
Missing	1	5	6
Mean	3.6	4.7	4.3
SD	3.19	2.88	3.06
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	80	140
Missing	30	19	49
Mean	-0.2	-0.2	-0.2
SD	2.78	2.61	2.68
Minimum	-7	-5	-7
Median	0.0	0.0	0.0
Maximum	6	6	6

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does your bowel problem stopping you from concentrating as much as you would like bother you			
<i>Week 24</i>			
N	56	82	138
Missing	3	2	5
Mean	3.4	4.8	4.3
SD	2.92	3.04	3.06
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	55	81	136
Missing	35	18	53
Mean	-0.6	0.0	-0.3
SD	3.29	2.74	2.98
Minimum	-10	-5	-10
Median	0.0	0.0	0.0
Maximum	7	10	10

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you ever find that you get autonomic dysreflexia because of your bowels						
<i>Pre-treatment</i>						
Missing	4	(4.4%)	9	(9.1%)	13	(6.9%)
Never	80	(88.9%)	85	(85.9%)	165	(87.3%)
Rarely	3	(3.3%)	2	(2.0%)	5	(2.6%)
Some of the time	0	(0.0%)	1	(1.0%)	1	(0.5%)
Most of the time	1	(1.1%)	2	(2.0%)	3	(1.6%)
Always	2	(2.2%)	0	(0.0%)	2	(1.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	5	(8.1%)	11	(12.6%)	16	(10.7%)
Never	54	(87.1%)	73	(83.9%)	127	(85.2%)
Rarely	2	(3.2%)	0	(0.0%)	2	(1.3%)
Some of the time	1	(1.6%)	3	(3.4%)	4	(2.7%)
Most of the time	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	5	(8.5%)	6	(7.1%)	11	(7.7%)
Never	53	(89.8%)	74	(88.1%)	127	(88.8%)
Rarely	0	(0.0%)	2	(2.4%)	2	(1.4%)
Some of the time	1	(1.7%)	2	(2.4%)	3	(2.1%)
Most of the time	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does autonomic dysreflexia because of your bowels bother you			
<i>Pre-treatment</i>			
N	81	76	157
Missing	9	23	32
Mean	0.6	0.4	0.5
SD	2.09	1.62	1.87
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	9	10
<i>Week 6</i>			
N	57	67	124
Missing	5	20	25
Mean	0.3	0.3	0.3
SD	1.50	1.33	1.41
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	8	7	8
<i>Pre-treatment vs. Week 6</i>			
N	53	54	107
Missing	37	45	82
Mean	-0.0	-0.0	-0.0
SD	1.44	1.30	1.37
Minimum	-6	-5	-6
Median	0.0	0.0	0.0
Maximum	8	7	8

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does autonomic dysreflexia because of your bowels bother you			
<i>Week 24</i>			
N	46	72	118
Missing	13	12	25
Mean	0.1	0.3	0.2
SD	0.88	1.30	1.16
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	6	8	8
<i>Pre-treatment vs. Week 24</i>			
N	41	57	98
Missing	49	42	91
Mean	-0.3	0.1	-0.1
SD	1.41	1.34	1.38
Minimum	-8	-5	-8
Median	0.0	0.0	0.0
Maximum	0	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you have a routine day or time for bowel care						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Always	10	(11.1%)	12	(12.1%)	22	(11.6%)
Most of the time	13	(14.4%)	16	(16.2%)	29	(15.3%)
Some of the time	9	(10.0%)	12	(12.1%)	21	(11.1%)
Rarely	11	(12.2%)	11	(11.1%)	22	(11.6%)
Never	47	(52.2%)	47	(47.5%)	94	(49.7%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	1	(1.1%)	3	(2.0%)
Always	6	(9.7%)	7	(8.0%)	13	(8.7%)
Most of the time	12	(19.4%)	16	(18.4%)	28	(18.8%)
Some of the time	15	(24.2%)	15	(17.2%)	30	(20.1%)
Rarely	9	(14.5%)	21	(24.1%)	30	(20.1%)
Never	18	(29.0%)	27	(31.0%)	45	(30.2%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Always	4	(6.8%)	6	(7.1%)	10	(7.0%)
Most of the time	14	(23.7%)	13	(15.5%)	27	(18.9%)
Some of the time	15	(25.4%)	15	(17.9%)	30	(21.0%)
Rarely	11	(18.6%)	12	(14.3%)	23	(16.1%)
Never	15	(25.4%)	37	(44.0%)	52	(36.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does having a routine day or time for bowel care bother you			
<i>Pre-treatment</i>			
N	87	93	180
Missing	3	6	9
Mean	3.9	3.4	3.6
SD	3.54	3.48	3.51
Minimum	0	0	0
Median	3.0	3.0	3.0
Maximum	10	10	10
<i>Week 6</i>			
N	59	83	142
Missing	3	4	7
Mean	3.5	3.7	3.6
SD	3.04	2.98	3.00
Minimum	0	0	0
Median	3.0	3.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	78	137
Missing	31	21	52
Mean	-0.8	0.7	0.0
SD	3.00	3.67	3.47
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	4	8	8

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does having a routine day or time for bowel care bother you			
<i>Week 24</i>			
N	56	78	134
Missing	3	6	9
Mean	3.1	3.9	3.6
SD	3.05	3.14	3.12
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	74	130
Missing	34	25	59
Mean	-1.1	0.8	-0.0
SD	3.61	4.15	4.03
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	8	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you have less energy on days you open your bowels						
<i>Pre-treatment</i>						
Missing	2	(2.2%)	1	(1.0%)	3	(1.6%)
Never	50	(55.6%)	56	(56.6%)	106	(56.1%)
Rarely	15	(16.7%)	14	(14.1%)	29	(15.3%)
Some of the time	18	(20.0%)	22	(22.2%)	40	(21.2%)
Most of the time	1	(1.1%)	3	(3.0%)	4	(2.1%)
Always	4	(4.4%)	3	(3.0%)	7	(3.7%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	1	(1.1%)	3	(2.0%)
Never	25	(40.3%)	31	(35.6%)	56	(37.6%)
Rarely	20	(32.3%)	28	(32.2%)	48	(32.2%)
Some of the time	9	(14.5%)	21	(24.1%)	30	(20.1%)
Most of the time	4	(6.5%)	6	(6.9%)	10	(6.7%)
Always	2	(3.2%)	0	(0.0%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	2	(2.4%)	2	(1.4%)
Never	28	(47.5%)	34	(40.5%)	62	(43.4%)
Rarely	13	(22.0%)	25	(29.8%)	38	(26.6%)
Some of the time	12	(20.3%)	17	(20.2%)	29	(20.3%)
Most of the time	4	(6.8%)	5	(6.0%)	9	(6.3%)
Always	2	(3.4%)	1	(1.2%)	3	(2.1%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Does having less energy on the days you open your bowels bother you			
<i>Pre-treatment</i>			
N	86	93	179
Missing	4	6	10
Mean	2.2	2.1	2.2
SD	3.07	3.18	3.12
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Week 6</i>			
N	58	83	141
Missing	4	4	8
Mean	2.1	2.8	2.5
SD	2.96	2.86	2.91
Minimum	0	0	0
Median	0.5	2.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	56	78	134
Missing	34	21	55
Mean	0.0	0.9	0.5
SD	2.98	2.75	2.87
Minimum	-9	-6	-9
Median	0.0	0.0	0.0
Maximum	9	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Does having less energy on the days you open your bowels bother you			
<i>Week 24</i>			
N	55	79	134
Missing	4	5	9
Mean	2.3	2.8	2.6
SD	3.09	3.15	3.12
Minimum	0	0	0
Median	1.0	2.0	1.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	54	74	128
Missing	36	25	61
Mean	-0.1	0.9	0.5
SD	3.30	3.43	3.40
Minimum	-8	-5	-8
Median	0.0	0.0	0.0
Maximum	9	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do your bowels open when you expect them to						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	21	(23.3%)	20	(20.2%)	41	(21.7%)
Rarely	26	(28.9%)	28	(28.3%)	54	(28.6%)
Some of the time	27	(30.0%)	31	(31.3%)	58	(30.7%)
Most of the time	11	(12.2%)	18	(18.2%)	29	(15.3%)
Always	5	(5.6%)	1	(1.0%)	6	(3.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	1	(1.1%)	2	(1.3%)
Never	10	(16.1%)	13	(14.9%)	23	(15.4%)
Rarely	18	(29.0%)	36	(41.4%)	54	(36.2%)
Some of the time	18	(29.0%)	23	(26.4%)	41	(27.5%)
Most of the time	14	(22.6%)	14	(16.1%)	28	(18.8%)
Always	1	(1.6%)	0	(0.0%)	1	(0.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	0	(0.0%)	2	(1.4%)
Never	6	(10.2%)	5	(6.0%)	11	(7.7%)
Rarely	14	(23.7%)	34	(40.5%)	48	(33.6%)
Some of the time	28	(47.5%)	31	(36.9%)	59	(41.3%)
Most of the time	8	(13.6%)	14	(16.7%)	22	(15.4%)
Always	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowels not opening when expected			
<i>Pre-treatment</i>			
N	89	97	186
Missing	1	2	3
Mean	5.5	5.8	5.6
SD	3.36	3.32	3.33
Minimum	0	0	0
Median	6.0	6.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	85	146
Missing	1	2	3
Mean	5.2	5.7	5.5
SD	3.33	2.74	3.00
Minimum	0	0	0
Median	5.0	6.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	84	145
Missing	29	15	44
Mean	-0.1	0.1	0.0
SD	3.45	2.62	2.99
Minimum	-10	-7	-10
Median	0.0	0.0	0.0
Maximum	9	8	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowels not opening when expected			
<i>Week 24</i>			
N	55	84	139
Missing	4	0	4
Mean	4.5	5.9	5.4
SD	2.84	2.70	2.83
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	55	82	137
Missing	35	17	52
Mean	-0.9	0.3	-0.2
SD	3.28	2.90	3.11
Minimum	-10	-7	-10
Median	0.0	0.0	0.0
Maximum	5	9	9

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
How long on average do you spend opening your bowels						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
<15 minutes	49	(54.4%)	48	(48.5%)	97	(51.3%)
15-30 minutes	31	(34.4%)	37	(37.4%)	68	(36.0%)
31-60 minutes	6	(6.7%)	12	(12.1%)	18	(9.5%)
1-2 hours	1	(1.1%)	1	(1.0%)	2	(1.1%)
>2 hours	3	(3.3%)	0	(0.0%)	3	(1.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	1	(1.1%)	2	(1.3%)
<15 minutes	37	(59.7%)	46	(52.9%)	83	(55.7%)
15-30 minutes	18	(29.0%)	30	(34.5%)	48	(32.2%)
31-60 minutes	5	(8.1%)	8	(9.2%)	13	(8.7%)
1-2 hours	1	(1.6%)	2	(2.3%)	3	(2.0%)
>2 hours	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	0	(0.0%)	2	(1.4%)
<15 minutes	39	(66.1%)	43	(51.2%)	82	(57.3%)
15-30 minutes	13	(22.0%)	32	(38.1%)	45	(31.5%)
31-60 minutes	4	(6.8%)	8	(9.5%)	12	(8.4%)
1-2 hours	0	(0.0%)	0	(0.0%)	0	(0.0%)
>2 hours	1	(1.7%)	1	(1.2%)	2	(1.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does the time spent on average opening your bowels bother you			
<i>Pre-treatment</i>			
N	90	98	188
Missing	0	1	1
Mean	4.6	5.3	5.0
SD	3.47	3.44	3.47
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	85	146
Missing	1	2	3
Mean	3.5	4.6	4.2
SD	3.07	3.06	3.10
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	84	145
Missing	29	15	44
Mean	-1.0	-0.6	-0.8
SD	2.96	2.85	2.89
Minimum	-10	-7	-10
Median	0.0	0.0	0.0
Maximum	5	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does the time spent on average opening your bowels bother you			
<i>Week 24</i>			
N	57	83	140
Missing	2	1	3
Mean	3.6	4.7	4.3
SD	3.06	3.17	3.16
Minimum	0	0	0
Median	3.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-1.0	-0.7	-0.8
SD	3.58	3.16	3.33
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	6	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you alter what you eat because of your bowel problem						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	23	(25.6%)	28	(28.3%)	51	(27.0%)
Rarely	12	(13.3%)	13	(13.1%)	25	(13.2%)
Some of the time	31	(34.4%)	32	(32.3%)	63	(33.3%)
Most of the time	18	(20.0%)	19	(19.2%)	37	(19.6%)
Always	6	(6.7%)	6	(6.1%)	12	(6.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	9	(14.5%)	13	(14.9%)	22	(14.8%)
Rarely	13	(21.0%)	17	(19.5%)	30	(20.1%)
Some of the time	29	(46.8%)	41	(47.1%)	70	(47.0%)
Most of the time	5	(8.1%)	11	(12.6%)	16	(10.7%)
Always	5	(8.1%)	3	(3.4%)	8	(5.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	0	(0.0%)	2	(1.4%)
Never	9	(15.3%)	14	(16.7%)	23	(16.1%)
Rarely	15	(25.4%)	11	(13.1%)	26	(18.2%)
Some of the time	25	(42.4%)	44	(52.4%)	69	(48.3%)
Most of the time	4	(6.8%)	10	(11.9%)	14	(9.8%)
Always	4	(6.8%)	5	(6.0%)	9	(6.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does altering what you eat because of the bowel problem bother you			
<i>Pre-treatment</i>			
N	90	96	186
Missing	0	3	3
Mean	3.0	3.2	3.1
SD	2.81	2.92	2.86
Minimum	0	0	0
Median	3.0	3.0	3.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	84	145
Missing	1	3	4
Mean	2.9	3.6	3.3
SD	2.89	2.76	2.83
Minimum	0	0	0
Median	2.0	3.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	81	142
Missing	29	18	47
Mean	-0.2	0.5	0.2
SD	2.65	3.21	2.99
Minimum	-8	-7	-8
Median	0.0	0.0	0.0
Maximum	8	8	8

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does altering what you eat because of the bowel problem bother you			
<i>Week 24</i>			
N	55	84	139
Missing	4	0	4
Mean	2.6	3.6	3.2
SD	2.73	2.84	2.83
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	8	9	9
<i>Pre-treatment vs. Week 24</i>			
N	55	81	136
Missing	35	18	53
Mean	-0.4	0.5	0.1
SD	2.74	2.90	2.86
Minimum	-6	-6	-6
Median	0.0	0.0	0.0
Maximum	7	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you use medications to stop opening your bowels						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	77	(85.6%)	87	(87.9%)	164	(86.8%)
Rarely	6	(6.7%)	7	(7.1%)	13	(6.9%)
Some of the time	4	(4.4%)	3	(3.0%)	7	(3.7%)
Always	2	(2.2%)	2	(2.0%)	4	(2.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	54	(87.1%)	74	(85.1%)	128	(85.9%)
Rarely	6	(9.7%)	7	(8.0%)	13	(8.7%)
Some of the time	0	(0.0%)	5	(5.7%)	5	(3.4%)
Always	2	(3.2%)	0	(0.0%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Never	50	(84.7%)	67	(79.8%)	117	(81.8%)
Rarely	4	(6.8%)	12	(14.3%)	16	(11.2%)
Some of the time	3	(5.1%)	3	(3.6%)	6	(4.2%)
Always	1	(1.7%)	2	(2.4%)	3	(2.1%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does using medications to stop your bowels opening bother you			
<i>Pre-treatment</i>			
N	83	90	173
Missing	7	9	16
Mean	0.8	0.5	0.7
SD	2.35	1.64	2.01
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	9	10
<i>Week 6</i>			
N	60	79	139
Missing	2	8	10
Mean	0.6	0.7	0.7
SD	1.78	2.03	1.92
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	9	10
<i>Pre-treatment vs. Week 6</i>			
N	56	75	131
Missing	34	24	58
Mean	-0.1	0.3	0.1
SD	1.84	2.36	2.15
Minimum	-8	-8	-8
Median	0.0	0.0	0.0
Maximum	7	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does using medications to stop your bowels opening bother you			
<i>Week 24</i>			
N	52	77	129
Missing	7	7	14
Mean	0.7	0.9	0.8
SD	1.81	2.30	2.12
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	10	10
<i>Pre-treatment vs. Week 24</i>			
N	47	69	116
Missing	43	30	73
Mean	-0.1	0.6	0.3
SD	1.51	2.67	2.28
Minimum	-8	-7	-8
Median	0.0	0.0	0.0
Maximum	5	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you strain to open your bowels						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	6	(6.7%)	12	(12.1%)	18	(9.5%)
Rarely	8	(8.9%)	13	(13.1%)	21	(11.1%)
Some of the time	29	(32.2%)	32	(32.3%)	61	(32.3%)
Most of the time	31	(34.4%)	34	(34.3%)	65	(34.4%)
Always	15	(16.7%)	8	(8.1%)	23	(12.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	5	(8.1%)	6	(6.9%)	11	(7.4%)
Rarely	13	(21.0%)	11	(12.6%)	24	(16.1%)
Some of the time	22	(35.5%)	41	(47.1%)	63	(42.3%)
Most of the time	15	(24.2%)	19	(21.8%)	34	(22.8%)
Always	7	(11.3%)	10	(11.5%)	17	(11.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Never	5	(8.5%)	5	(6.0%)	10	(7.0%)
Rarely	7	(11.9%)	14	(16.7%)	21	(14.7%)
Some of the time	30	(50.8%)	37	(44.0%)	67	(46.9%)
Most of the time	10	(16.9%)	25	(29.8%)	35	(24.5%)
Always	6	(10.2%)	3	(3.6%)	9	(6.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does straining to open your bowels bother you			
<i>Pre-treatment</i>			
N	88	99	187
Missing	2	0	2
Mean	5.8	5.5	5.7
SD	3.17	3.42	3.30
Minimum	0	0	0
Median	6.0	6.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	62	86	148
Missing	0	1	1
Mean	5.0	5.5	5.3
SD	3.56	3.02	3.26
Minimum	0	0	0
Median	5.5	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	86	147
Missing	29	13	42
Mean	-0.7	-0.1	-0.4
SD	2.87	2.57	2.70
Minimum	-7	-7	-7
Median	0.0	0.0	0.0
Maximum	8	7	8

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does straining to open your bowels bother you			
<i>Week 24</i>			
N	57	82	139
Missing	2	2	4
Mean	4.6	5.4	5.1
SD	3.17	2.85	3.00
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-1.2	-0.1	-0.6
SD	3.16	2.70	2.94
Minimum	-10	-7	-10
Median	0.0	0.0	0.0
Maximum	6	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you use your fingers to help empty bowel						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	57	(63.3%)	61	(61.6%)	118	(62.4%)
Rarely	9	(10.0%)	8	(8.1%)	17	(9.0%)
Some of the time	11	(12.2%)	16	(16.2%)	27	(14.3%)
Most of the time	6	(6.7%)	9	(9.1%)	15	(7.9%)
Always	6	(6.7%)	5	(5.1%)	11	(5.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	37	(59.7%)	50	(57.5%)	87	(58.4%)
Rarely	8	(12.9%)	8	(9.2%)	16	(10.7%)
Some of the time	8	(12.9%)	15	(17.2%)	23	(15.4%)
Most of the time	5	(8.1%)	8	(9.2%)	13	(8.7%)
Always	4	(6.5%)	5	(5.7%)	9	(6.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Never	34	(57.6%)	47	(56.0%)	81	(56.6%)
Rarely	8	(13.6%)	8	(9.5%)	16	(11.2%)
Some of the time	8	(13.6%)	16	(19.0%)	24	(16.8%)
Most of the time	6	(10.2%)	8	(9.5%)	14	(9.8%)
Always	2	(3.4%)	5	(6.0%)	7	(4.9%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does the use of fingers to help empty bowel bother you			
<i>Pre-treatment</i>			
N	86	97	183
Missing	4	2	6
Mean	2.7	2.8	2.8
SD	3.90	3.87	3.87
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	81	141
Missing	2	6	8
Mean	2.9	3.3	3.1
SD	3.88	3.95	3.92
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	58	79	137
Missing	32	20	52
Mean	-0.1	0.1	0.0
SD	2.39	2.85	2.66
Minimum	-7	-10	-10
Median	0.0	0.0	0.0
Maximum	10	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does the use of fingers to help empty bowel bother you			
<i>Week 24</i>			
N	56	80	136
Missing	3	4	7
Mean	2.0	3.3	2.8
SD	3.24	3.83	3.64
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	54	78	132
Missing	36	21	57
Mean	-0.5	0.1	-0.2
SD	2.57	2.87	2.76
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	3	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does your bowel problem interfere with your ability to work outside your home						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	35	(38.9%)	34	(34.3%)	69	(36.5%)
Rarely	13	(14.4%)	14	(14.1%)	27	(14.3%)
Some of the time	17	(18.9%)	25	(25.3%)	42	(22.2%)
Most of the time	2	(2.2%)	4	(4.0%)	6	(3.2%)
Always	4	(4.4%)	3	(3.0%)	7	(3.7%)
Not working for other reasons	18	(20.0%)	19	(19.2%)	37	(19.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	21	(33.9%)	24	(27.6%)	45	(30.2%)
Rarely	15	(24.2%)	12	(13.8%)	27	(18.1%)
Some of the time	11	(17.7%)	20	(23.0%)	31	(20.8%)
Most of the time	3	(4.8%)	7	(8.0%)	10	(6.7%)
Always	0	(0.0%)	4	(4.6%)	4	(2.7%)
Not working for other reasons	12	(19.4%)	20	(23.0%)	32	(21.5%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	27	(45.8%)	18	(21.4%)	45	(31.5%)
Rarely	5	(8.5%)	18	(21.4%)	23	(16.1%)
Some of the time	14	(23.7%)	17	(20.2%)	31	(21.7%)
Most of the time	2	(3.4%)	11	(13.1%)	13	(9.1%)
Always	0	(0.0%)	2	(2.4%)	2	(1.4%)
Not working for other reasons	11	(18.6%)	18	(21.4%)	29	(20.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does your bowel problem interfering with your ability to work outside your home bother you			
<i>Pre-treatment</i>			
N	81	92	173
Missing	9	7	16
Mean	2.8	3.7	3.3
SD	3.44	3.83	3.68
Minimum	0	0	0
Median	0.0	3.0	2.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	79	139
Missing	2	8	10
Mean	2.6	3.7	3.2
SD	3.39	3.74	3.62
Minimum	0	0	0
Median	1.0	3.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	54	74	128
Missing	36	25	61
Mean	0.1	-0.1	-0.0
SD	3.79	2.77	3.22
Minimum	-8	-7	-8
Median	0.0	0.0	0.0
Maximum	10	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does your bowel problem interfering with your ability to work outside your home bother you			
<i>Week 24</i>			
N	53	79	132
Missing	6	5	11
Mean	2.2	3.9	3.3
SD	3.14	3.59	3.50
Minimum	0	0	0
Median	0.0	3.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	49	73	122
Missing	41	26	67
Mean	-0.3	0.2	-0.0
SD	3.54	3.19	3.33
Minimum	-9	-10	-10
Median	0.0	0.0	0.0
Maximum	7	9	9

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel your bowel care routine is reliable						
<i>Pre-treatment</i>						
Never	26	(28.9%)	32	(32.3%)	58	(30.7%)
Rarely	13	(14.4%)	8	(8.1%)	21	(11.1%)
Some of the time	27	(30.0%)	31	(31.3%)	58	(30.7%)
Most of the time	20	(22.2%)	24	(24.2%)	44	(23.3%)
Always	4	(4.4%)	4	(4.0%)	8	(4.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Never	11	(17.7%)	19	(21.8%)	30	(20.1%)
Rarely	9	(14.5%)	24	(27.6%)	33	(22.1%)
Some of the time	17	(27.4%)	23	(26.4%)	40	(26.8%)
Most of the time	19	(30.6%)	18	(20.7%)	37	(24.8%)
Always	6	(9.7%)	3	(3.4%)	9	(6.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Never	7	(11.9%)	18	(21.4%)	25	(17.5%)
Rarely	8	(13.6%)	19	(22.6%)	27	(18.9%)
Some of the time	22	(37.3%)	28	(33.3%)	50	(35.0%)
Most of the time	19	(32.2%)	15	(17.9%)	34	(23.8%)
Always	3	(5.1%)	4	(4.8%)	7	(4.9%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much does reliability of your bowel care routine bother you			
<i>Pre-treatment</i>			
N	89	98	187
Missing	1	1	2
Mean	5.0	5.1	5.0
SD	3.46	3.49	3.47
Minimum	0	0	0
Median	5.0	5.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	62	86	148
Missing	0	1	1
Mean	4.4	5.7	5.1
SD	3.19	2.96	3.11
Minimum	0	0	0
Median	5.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	62	86	148
Missing	28	13	41
Mean	-0.8	0.6	0.0
SD	3.39	3.37	3.44
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	8	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much does reliability of your bowel care routine bother you			
<i>Week 24</i>			
N	58	83	141
Missing	1	1	2
Mean	4.3	5.7	5.1
SD	3.11	2.87	3.05
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-1.1	0.5	-0.1
SD	3.33	3.48	3.49
Minimum	-10	-9	-10
Median	0.0	0.0	0.0
Maximum	7	9	9

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you still go out if your bowel has not opened as expected						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Always	29	(32.2%)	24	(24.2%)	53	(28.0%)
Most of the time	25	(27.8%)	39	(39.4%)	64	(33.9%)
Some of the time	20	(22.2%)	20	(20.2%)	40	(21.2%)
Rarely	6	(6.7%)	12	(12.1%)	18	(9.5%)
Never	9	(10.0%)	4	(4.0%)	13	(6.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	18	(29.0%)	22	(25.3%)	40	(26.8%)
Most of the time	17	(27.4%)	33	(37.9%)	50	(33.6%)
Some of the time	20	(32.3%)	19	(21.8%)	39	(26.2%)
Rarely	3	(4.8%)	9	(10.3%)	12	(8.1%)
Never	4	(6.5%)	4	(4.6%)	8	(5.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Always	18	(30.5%)	22	(26.2%)	40	(28.0%)
Most of the time	25	(42.4%)	33	(39.3%)	58	(40.6%)
Some of the time	11	(18.6%)	19	(22.6%)	30	(21.0%)
Rarely	2	(3.4%)	9	(10.7%)	11	(7.7%)
Never	2	(3.4%)	1	(1.2%)	3	(2.1%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by whether you go out if bowel has not opened as expected			
<i>Pre-treatment</i>			
N	89	99	188
Missing	1	0	1
Mean	4.7	5.4	5.1
SD	3.59	3.57	3.59
Minimum	0	0	0
Median	5.0	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	86	147
Missing	1	1	2
Mean	4.6	5.3	5.0
SD	3.50	3.09	3.28
Minimum	0	0	0
Median	5.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	86	146
Missing	30	13	43
Mean	-0.0	0.0	-0.0
SD	3.14	3.09	3.10
Minimum	-9	-9	-9
Median	0.0	0.0	0.0
Maximum	9	7	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by whether you go out if bowel has not opened as expected			
<i>Week 24</i>			
N	56	84	140
Missing	3	0	3
Mean	4.0	5.3	4.8
SD	3.05	3.21	3.20
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	84	140
Missing	34	15	49
Mean	-0.5	-0.1	-0.3
SD	3.19	3.20	3.19
Minimum	-9	-10	-10
Median	0.0	0.0	0.0
Maximum	9	8	9

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does your bowel problem interfere with staying away from home						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	36	(40.0%)	36	(36.4%)	72	(38.1%)
Rarely	13	(14.4%)	15	(15.2%)	28	(14.8%)
Some of the time	26	(28.9%)	32	(32.3%)	58	(30.7%)
Most of the time	8	(8.9%)	9	(9.1%)	17	(9.0%)
Always	6	(6.7%)	7	(7.1%)	13	(6.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	23	(37.1%)	24	(27.6%)	47	(31.5%)
Rarely	11	(17.7%)	19	(21.8%)	30	(20.1%)
Some of the time	17	(27.4%)	30	(34.5%)	47	(31.5%)
Most of the time	6	(9.7%)	7	(8.0%)	13	(8.7%)
Always	5	(8.1%)	6	(6.9%)	11	(7.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	24	(40.7%)	29	(34.5%)	53	(37.1%)
Rarely	10	(16.9%)	17	(20.2%)	27	(18.9%)
Some of the time	18	(30.5%)	27	(32.1%)	45	(31.5%)
Most of the time	3	(5.1%)	5	(6.0%)	8	(5.6%)
Always	4	(6.8%)	5	(6.0%)	9	(6.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowel problems interfering with staying away from home			
<i>Pre-treatment</i>			
N	88	97	185
Missing	2	2	4
Mean	3.8	4.1	4.0
SD	3.75	3.63	3.68
Minimum	0	0	0
Median	3.0	4.0	4.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	84	144
Missing	2	3	5
Mean	4.0	4.5	4.3
SD	3.69	3.60	3.63
Minimum	0	0	0
Median	3.5	4.5	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	83	142
Missing	31	16	47
Mean	0.6	0.6	0.6
SD	3.02	3.54	3.32
Minimum	-7	-8	-8
Median	0.0	0.0	0.0
Maximum	10	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowel problems interfering with staying away from home			
<i>Week 24</i>			
N	57	81	138
Missing	2	3	5
Mean	3.5	4.7	4.2
SD	3.41	3.50	3.50
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	79	135
Missing	34	20	54
Mean	0.0	0.7	0.4
SD	2.85	3.35	3.16
Minimum	-8	-9	-9
Median	0.0	0.0	0.0
Maximum	8	9	9

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does your bowel problem interfere with your sexual activity						
<i>Pre-treatment</i>						
Missing	2	(2.2%)	0	(0.0%)	2	(1.1%)
Never	32	(35.6%)	32	(32.3%)	64	(33.9%)
Rarely	15	(16.7%)	17	(17.2%)	32	(16.9%)
Some of the time	24	(26.7%)	24	(24.2%)	48	(25.4%)
Most of the time	5	(5.6%)	7	(7.1%)	12	(6.3%)
Always	3	(3.3%)	2	(2.0%)	5	(2.6%)
Not applicable	9	(10.0%)	17	(17.2%)	26	(13.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	1	(1.1%)	3	(2.0%)
Never	17	(27.4%)	19	(21.8%)	36	(24.2%)
Rarely	12	(19.4%)	14	(16.1%)	26	(17.4%)
Some of the time	16	(25.8%)	27	(31.0%)	43	(28.9%)
Most of the time	4	(6.5%)	7	(8.0%)	11	(7.4%)
Always	4	(6.5%)	0	(0.0%)	4	(2.7%)
Not applicable	7	(11.3%)	19	(21.8%)	26	(17.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	1	(1.2%)	2	(1.4%)
Never	18	(30.5%)	21	(25.0%)	39	(27.3%)
Rarely	10	(16.9%)	12	(14.3%)	22	(15.4%)
Some of the time	18	(30.5%)	25	(29.8%)	43	(30.1%)
Most of the time	3	(5.1%)	4	(4.8%)	7	(4.9%)
Always	2	(3.4%)	3	(3.6%)	5	(3.5%)
Not applicable	7	(11.9%)	18	(21.4%)	25	(17.5%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent bowel problems interfere with your sexual activity			
<i>Pre-treatment</i>			
N	86	89	175
Missing	4	10	14
Mean	3.3	3.5	3.4
SD	3.80	3.85	3.81
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	10	10	10
<i>Week 6</i>			
N	58	76	134
Missing	4	11	15
Mean	3.8	4.2	4.0
SD	3.83	3.82	3.82
Minimum	0	0	0
Median	2.0	3.5	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	55	72	127
Missing	35	27	62
Mean	0.4	0.8	0.6
SD	3.48	3.17	3.30
Minimum	-9	-10	-10
Median	0.0	0.0	0.0
Maximum	8	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent bowel problems interfere with your sexual activity			
<i>Week 24</i>			
N	55	75	130
Missing	4	9	13
Mean	3.5	3.9	3.7
SD	3.74	3.77	3.75
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	52	72	124
Missing	38	27	65
Mean	0.2	0.5	0.4
SD	3.68	3.96	3.83
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	10	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does your bowel problem stop you from going out of your home						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	42	(46.7%)	42	(42.4%)	84	(44.4%)
Rarely	19	(21.1%)	28	(28.3%)	47	(24.9%)
Some of the time	21	(23.3%)	26	(26.3%)	47	(24.9%)
Most of the time	5	(5.6%)	2	(2.0%)	7	(3.7%)
Always	2	(2.2%)	1	(1.0%)	3	(1.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	24	(38.7%)	31	(35.6%)	55	(36.9%)
Rarely	15	(24.2%)	24	(27.6%)	39	(26.2%)
Some of the time	20	(32.3%)	29	(33.3%)	49	(32.9%)
Most of the time	1	(1.6%)	2	(2.3%)	3	(2.0%)
Always	2	(3.2%)	0	(0.0%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	23	(39.0%)	26	(31.0%)	49	(34.3%)
Rarely	18	(30.5%)	33	(39.3%)	51	(35.7%)
Some of the time	16	(27.1%)	24	(28.6%)	40	(28.0%)
Most of the time	2	(3.4%)	0	(0.0%)	2	(1.4%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowel problems stopping you from going out of your home			
<i>Pre-treatment</i>			
N	89	96	185
Missing	1	3	4
Mean	3.5	3.6	3.6
SD	3.96	3.66	3.79
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	84	145
Missing	1	3	4
Mean	3.5	4.0	3.8
SD	3.55	3.47	3.50
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	82	142
Missing	30	17	47
Mean	0.1	0.8	0.5
SD	2.92	2.75	2.84
Minimum	-10	-5	-10
Median	0.0	0.0	0.0
Maximum	8	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowel problems stopping you from going out of your home			
<i>Week 24</i>			
N	57	83	140
Missing	2	1	3
Mean	3.2	3.8	3.5
SD	3.40	3.28	3.33
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	80	136
Missing	34	19	53
Mean	-0.1	0.5	0.2
SD	3.51	2.84	3.13
Minimum	-10	-9	-10
Median	0.0	0.0	0.0
Maximum	8	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does your bowel problem interfere with your personal relationships						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	51	(56.7%)	49	(49.5%)	100	(52.9%)
Rarely	12	(13.3%)	22	(22.2%)	34	(18.0%)
Some of the time	23	(25.6%)	23	(23.2%)	46	(24.3%)
Most of the time	1	(1.1%)	4	(4.0%)	5	(2.6%)
Always	2	(2.2%)	1	(1.0%)	3	(1.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	1	(1.1%)	2	(1.3%)
Never	27	(43.5%)	33	(37.9%)	60	(40.3%)
Rarely	13	(21.0%)	17	(19.5%)	30	(20.1%)
Some of the time	15	(24.2%)	29	(33.3%)	44	(29.5%)
Most of the time	1	(1.6%)	7	(8.0%)	8	(5.4%)
Always	5	(8.1%)	0	(0.0%)	5	(3.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	2	(2.4%)	2	(1.4%)
Never	31	(52.5%)	33	(39.3%)	64	(44.8%)
Rarely	13	(22.0%)	13	(15.5%)	26	(18.2%)
Some of the time	12	(20.3%)	30	(35.7%)	42	(29.4%)
Most of the time	2	(3.4%)	4	(4.8%)	6	(4.2%)
Always	1	(1.7%)	2	(2.4%)	3	(2.1%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowel problems interfering with your personal relationships			
<i>Pre-treatment</i>			
N	89	97	186
Missing	1	2	3
Mean	2.8	3.2	3.0
SD	3.71	3.81	3.76
Minimum	0	0	0
Median	0.0	1.0	0.0
Maximum	10	10	10
<i>Week 6</i>			
N	59	83	142
Missing	3	4	7
Mean	3.3	4.0	3.7
SD	3.83	3.87	3.86
Minimum	0	0	0
Median	2.0	3.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	58	82	140
Missing	32	17	49
Mean	0.6	0.9	0.8
SD	3.83	3.81	3.80
Minimum	-10	-9	-10
Median	0.0	0.0	0.0
Maximum	10	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by bowel problems interfering with your personal relationships			
<i>Week 24</i>			
N	56	79	135
Missing	3	5	8
Mean	2.3	3.9	3.3
SD	3.11	3.59	3.48
Minimum	0	0	0
Median	0.0	4.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	55	78	133
Missing	35	21	56
Mean	-0.5	0.7	0.2
SD	3.07	3.44	3.33
Minimum	-10	-9	-10
Median	0.0	0.0	0.0
Maximum	6	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does your bowel problem stop you exercising						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	35	(38.9%)	39	(39.4%)	74	(39.2%)
Rarely	22	(24.4%)	21	(21.2%)	43	(22.8%)
Some of the time	20	(22.2%)	17	(17.2%)	37	(19.6%)
Most of the time	2	(2.2%)	3	(3.0%)	5	(2.6%)
Always	1	(1.1%)	0	(0.0%)	1	(0.5%)
Do not exercise for other reasons	9	(10.0%)	19	(19.2%)	28	(14.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	1	(1.1%)	2	(1.3%)
Never	27	(43.5%)	22	(25.3%)	49	(32.9%)
Rarely	13	(21.0%)	22	(25.3%)	35	(23.5%)
Some of the time	12	(19.4%)	23	(26.4%)	35	(23.5%)
Most of the time	3	(4.8%)	3	(3.4%)	6	(4.0%)
Always	0	(0.0%)	2	(2.3%)	2	(1.3%)
Do not exercise for other reasons	6	(9.7%)	14	(16.1%)	20	(13.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	2	(2.4%)	2	(1.4%)
Never	25	(42.4%)	25	(29.8%)	50	(35.0%)
Rarely	15	(25.4%)	21	(25.0%)	36	(25.2%)
Some of the time	11	(18.6%)	17	(20.2%)	28	(19.6%)
Most of the time	0	(0.0%)	3	(3.6%)	3	(2.1%)
Always	1	(1.7%)	2	(2.4%)	3	(2.1%)
Do not exercise for other reasons	7	(11.9%)	14	(16.7%)	21	(14.7%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by being prevented from exercising by bowel problems			
<i>Pre-treatment</i>			
N	86	93	179
Missing	4	6	10
Mean	3.0	2.6	2.8
SD	3.35	3.38	3.36
Minimum	0	0	0
Median	2.0	0.0	1.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	83	143
Missing	2	4	6
Mean	2.3	3.2	2.8
SD	3.04	3.19	3.15
Minimum	0	0	0
Median	0.5	2.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	58	79	137
Missing	32	20	52
Mean	-0.5	0.7	0.2
SD	3.51	3.38	3.47
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	9	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by being prevented from exercising by bowel problems			
<i>Week 24</i>			
N	55	77	132
Missing	4	7	11
Mean	2.1	2.8	2.5
SD	2.89	3.20	3.08
Minimum	0	0	0
Median	1.0	2.0	1.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	52	74	126
Missing	38	25	63
Mean	-0.9	0.3	-0.2
SD	3.46	3.41	3.47
Minimum	-10	-10	-10
Median	0.0	0.0	0.0
Maximum	8	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Is the possibility of bowel accident on your mind						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	33	(36.7%)	18	(18.2%)	51	(27.0%)
Rarely	14	(15.6%)	18	(18.2%)	32	(16.9%)
Some of the time	23	(25.6%)	40	(40.4%)	63	(33.3%)
Most of the time	9	(10.0%)	14	(14.1%)	23	(12.2%)
Always	10	(11.1%)	9	(9.1%)	19	(10.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	20	(32.3%)	12	(13.8%)	32	(21.5%)
Rarely	20	(32.3%)	20	(23.0%)	40	(26.8%)
Some of the time	13	(21.0%)	35	(40.2%)	48	(32.2%)
Most of the time	4	(6.5%)	14	(16.1%)	18	(12.1%)
Always	5	(8.1%)	5	(5.7%)	10	(6.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	18	(30.5%)	12	(14.3%)	30	(21.0%)
Rarely	15	(25.4%)	20	(23.8%)	35	(24.5%)
Some of the time	18	(30.5%)	39	(46.4%)	57	(39.9%)
Most of the time	4	(6.8%)	8	(9.5%)	12	(8.4%)
Always	4	(6.8%)	4	(4.8%)	8	(5.6%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the possibility of a bowel accident being on your mind			
<i>Pre-treatment</i>			
N	89	99	188
Missing	1	0	1
Mean	4.4	5.6	5.0
SD	4.13	3.63	3.91
Minimum	0	0	0
Median	5.0	6.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	86	147
Missing	1	1	2
Mean	3.7	5.3	4.6
SD	3.69	3.32	3.56
Minimum	0	0	0
Median	2.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	86	146
Missing	30	13	43
Mean	-0.6	-0.3	-0.4
SD	3.38	2.74	3.01
Minimum	-10	-7	-10
Median	0.0	0.0	0.0
Maximum	10	8	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the possibility of a bowel accident being on your mind			
<i>Week 24</i>			
N	57	83	140
Missing	2	1	3
Mean	4.0	5.3	4.7
SD	3.54	3.32	3.46
Minimum	0	0	0
Median	3.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	83	139
Missing	34	16	50
Mean	-0.8	-0.2	-0.4
SD	3.50	3.04	3.23
Minimum	-10	-9	-10
Median	0.0	0.0	0.0
Maximum	7	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel you fit your life around your bowel problem						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	26	(28.9%)	24	(24.2%)	50	(26.5%)
Rarely	15	(16.7%)	20	(20.2%)	35	(18.5%)
Some of the time	33	(36.7%)	31	(31.3%)	64	(33.9%)
Most of the time	11	(12.2%)	9	(9.1%)	20	(10.6%)
Always	5	(5.6%)	15	(15.2%)	20	(10.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	18	(29.0%)	18	(20.7%)	36	(24.2%)
Rarely	8	(12.9%)	18	(20.7%)	26	(17.4%)
Some of the time	19	(30.6%)	32	(36.8%)	51	(34.2%)
Most of the time	11	(17.7%)	11	(12.6%)	22	(14.8%)
Always	6	(9.7%)	7	(8.0%)	13	(8.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	14	(23.7%)	17	(20.2%)	31	(21.7%)
Rarely	12	(20.3%)	15	(17.9%)	27	(18.9%)
Some of the time	21	(35.6%)	32	(38.1%)	53	(37.1%)
Most of the time	10	(16.9%)	13	(15.5%)	23	(16.1%)
Always	2	(3.4%)	6	(7.1%)	8	(5.6%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by feeling you fit your life around your bowel problem			
<i>Pre-treatment</i>			
N	90	98	188
Missing	0	1	1
Mean	4.3	4.6	4.5
SD	3.70	3.80	3.75
Minimum	0	0	0
Median	4.0	5.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	86	147
Missing	1	1	2
Mean	4.0	4.8	4.5
SD	3.76	3.44	3.58
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	85	146
Missing	29	14	43
Mean	-0.1	0.4	0.2
SD	2.49	3.26	2.97
Minimum	-7	-7	-7
Median	0.0	0.0	0.0
Maximum	9	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by feeling you fit your life around your bowel problem			
<i>Week 24</i>			
N	57	83	140
Missing	2	1	3
Mean	3.7	4.6	4.3
SD	3.17	3.40	3.32
Minimum	0	0	0
Median	3.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-0.5	0.2	-0.1
SD	3.01	3.31	3.20
Minimum	-8	-6	-8
Median	0.0	0.0	0.0
Maximum	6	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Are you satisfied with how you manage your bowel problem?						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	5	(5.6%)	8	(8.1%)	13	(6.9%)
Most of the time	25	(27.8%)	30	(30.3%)	55	(29.1%)
Some of the time	32	(35.6%)	25	(25.3%)	57	(30.2%)
Rarely	16	(17.8%)	19	(19.2%)	35	(18.5%)
Never	12	(13.3%)	17	(17.2%)	29	(15.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Always	7	(11.3%)	2	(2.3%)	9	(6.0%)
Most of the time	25	(40.3%)	26	(29.9%)	51	(34.2%)
Some of the time	23	(37.1%)	36	(41.4%)	59	(39.6%)
Rarely	4	(6.5%)	18	(20.7%)	22	(14.8%)
Never	3	(4.8%)	4	(4.6%)	7	(4.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	1	(1.2%)	2	(1.4%)
Always	5	(8.5%)	5	(6.0%)	10	(7.0%)
Most of the time	29	(49.2%)	25	(29.8%)	54	(37.8%)
Some of the time	19	(32.2%)	37	(44.0%)	56	(39.2%)
Rarely	4	(6.8%)	10	(11.9%)	14	(9.8%)
Never	1	(1.7%)	6	(7.1%)	7	(4.9%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by how satisfied you feel with how you manage your bowel problem			
<i>Pre-treatment</i>			
N	89	99	188
Missing	1	0	1
Mean	5.5	5.8	5.7
SD	3.38	3.26	3.31
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	84	145
Missing	1	3	4
Mean	4.5	5.5	5.1
SD	3.23	2.86	3.06
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	84	145
Missing	29	15	44
Mean	-1.5	-0.1	-0.7
SD	2.94	3.14	3.12
Minimum	-10	-7	-10
Median	-1.0	0.0	0.0
Maximum	3	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by how satisfied you feel with how you manage your bowel problem			
<i>Week 24</i>			
N	57	83	140
Missing	2	1	3
Mean	3.8	5.4	4.7
SD	2.88	2.99	3.03
Minimum	0	0	0
Median	4.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	83	140
Missing	33	16	49
Mean	-2.0	-0.4	-1.1
SD	3.28	3.30	3.38
Minimum	-10	-8	-10
Median	-2.0	0.0	0.0
Maximum	4	9	9

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does managing your bowel problem interfere with your life						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	16	(17.8%)	19	(19.2%)	35	(18.5%)
Rarely	22	(24.4%)	18	(18.2%)	40	(21.2%)
Some of the time	36	(40.0%)	40	(40.4%)	76	(40.2%)
Most of the time	10	(11.1%)	15	(15.2%)	25	(13.2%)
Always	6	(6.7%)	7	(7.1%)	13	(6.9%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Never	13	(21.0%)	5	(5.7%)	18	(12.1%)
Rarely	15	(24.2%)	22	(25.3%)	37	(24.8%)
Some of the time	26	(41.9%)	47	(54.0%)	73	(49.0%)
Most of the time	5	(8.1%)	6	(6.9%)	11	(7.4%)
Always	3	(4.8%)	6	(6.9%)	9	(6.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Never	14	(23.7%)	7	(8.3%)	21	(14.7%)
Rarely	18	(30.5%)	26	(31.0%)	44	(30.8%)
Some of the time	23	(39.0%)	36	(42.9%)	59	(41.3%)
Most of the time	2	(3.4%)	9	(10.7%)	11	(7.7%)
Always	2	(3.4%)	5	(6.0%)	7	(4.9%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent managing bowel problem interferes with your life			
<i>Pre-treatment</i>			
N	90	98	188
Missing	0	1	1
Mean	4.6	5.2	4.9
SD	3.59	3.74	3.67
Minimum	0	0	0
Median	4.5	5.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	61	86	147
Missing	1	1	2
Mean	4.3	5.4	4.9
SD	3.45	3.18	3.33
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	61	85	146
Missing	29	14	43
Mean	-0.3	0.4	0.1
SD	2.75	2.73	2.75
Minimum	-7	-6	-7
Median	0.0	0.0	0.0
Maximum	7	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent managing bowel problem interferes with your life			
<i>Week 24</i>			
N	57	83	140
Missing	2	1	3
Mean	3.8	5.2	4.6
SD	3.35	3.17	3.30
Minimum	0	0	0
Median	3.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-0.6	0.2	-0.1
SD	2.84	3.13	3.03
Minimum	-9	-8	-9
Median	0.0	0.0	0.0
Maximum	5	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does worrying about bowel problems affect your ability to work						
<i>Pre-treatment</i>						
Missing	9	(10.0%)	8	(8.1%)	17	(9.0%)
Never	45	(50.0%)	53	(53.5%)	98	(51.9%)
Rarely	14	(15.6%)	11	(11.1%)	25	(13.2%)
Some of the time	13	(14.4%)	15	(15.2%)	28	(14.8%)
Most of the time	3	(3.3%)	6	(6.1%)	9	(4.8%)
Always	6	(6.7%)	6	(6.1%)	12	(6.3%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	6	(9.7%)	7	(8.0%)	13	(8.7%)
Never	30	(48.4%)	38	(43.7%)	68	(45.6%)
Rarely	11	(17.7%)	15	(17.2%)	26	(17.4%)
Some of the time	8	(12.9%)	19	(21.8%)	27	(18.1%)
Most of the time	2	(3.2%)	2	(2.3%)	4	(2.7%)
Always	5	(8.1%)	6	(6.9%)	11	(7.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	2	(3.4%)	5	(6.0%)	7	(4.9%)
Never	36	(61.0%)	33	(39.3%)	69	(48.3%)
Rarely	8	(13.6%)	16	(19.0%)	24	(16.8%)
Some of the time	9	(15.3%)	19	(22.6%)	28	(19.6%)
Most of the time	1	(1.7%)	8	(9.5%)	9	(6.3%)
Always	3	(5.1%)	3	(3.6%)	6	(4.2%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent worrying about bowel problem interferes with your ability to work			
<i>Pre-treatment</i>			
N	79	90	169
Missing	11	9	20
Mean	2.3	2.8	2.6
SD	3.41	3.71	3.57
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Week 6</i>			
N	55	79	134
Missing	7	8	15
Mean	2.5	3.5	3.1
SD	3.59	3.60	3.62
Minimum	0	0	0
Median	0.0	3.0	1.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	49	71	120
Missing	41	28	69
Mean	-0.1	0.9	0.5
SD	3.24	3.55	3.45
Minimum	-8	-9	-9
Median	0.0	0.0	0.0
Maximum	10	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent worrying about bowel problem interferes with your ability to work			
<i>Week 24</i>			
N	52	78	130
Missing	7	6	13
Mean	1.7	3.7	2.9
SD	2.63	3.57	3.36
Minimum	0	0	0
Median	0.0	3.0	1.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	46	72	118
Missing	44	27	71
Mean	-0.6	0.9	0.3
SD	3.17	3.38	3.37
Minimum	-10	-8	-10
Median	0.0	0.0	0.0
Maximum	8	9	9

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Does worrying about bowel problems stops you going out						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	37	(41.1%)	36	(36.4%)	73	(38.6%)
Rarely	20	(22.2%)	27	(27.3%)	47	(24.9%)
Some of the time	28	(31.1%)	32	(32.3%)	60	(31.7%)
Most of the time	2	(2.2%)	4	(4.0%)	6	(3.2%)
Always	3	(3.3%)	0	(0.0%)	3	(1.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	25	(40.3%)	21	(24.1%)	46	(30.9%)
Rarely	16	(25.8%)	26	(29.9%)	42	(28.2%)
Some of the time	15	(24.2%)	35	(40.2%)	50	(33.6%)
Most of the time	3	(4.8%)	3	(3.4%)	6	(4.0%)
Always	2	(3.2%)	0	(0.0%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	24	(40.7%)	24	(28.6%)	48	(33.6%)
Rarely	18	(30.5%)	28	(33.3%)	46	(32.2%)
Some of the time	16	(27.1%)	26	(31.0%)	42	(29.4%)
Most of the time	0	(0.0%)	5	(6.0%)	5	(3.5%)
Always	1	(1.7%)	1	(1.2%)	2	(1.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent worrying about bowel problems stops you going out			
<i>Pre-treatment</i>			
N	90	97	187
Missing	0	2	2
Mean	3.6	3.9	3.8
SD	3.89	3.65	3.76
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	85	145
Missing	2	2	4
Mean	3.6	4.4	4.1
SD	3.91	3.31	3.58
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	83	143
Missing	30	16	46
Mean	0.2	0.7	0.5
SD	3.03	3.10	3.07
Minimum	-7	-5	-7
Median	0.0	0.0	0.0
Maximum	10	8	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent worrying about bowel problems stops you going out			
<i>Week 24</i>			
N	56	83	139
Missing	3	1	4
Mean	3.3	4.3	3.9
SD	3.42	3.31	3.38
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	81	137
Missing	34	18	52
Mean	-0.1	0.7	0.4
SD	2.97	2.89	2.94
Minimum	-10	-6	-10
Median	0.0	0.0	0.0
Maximum	7	7	7

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you check where the toilet is when you go somewhere new						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	11	(12.2%)	4	(4.0%)	15	(7.9%)
Rarely	4	(4.4%)	4	(4.0%)	8	(4.2%)
Some of the time	3	(3.3%)	9	(9.1%)	12	(6.3%)
Most of the time	21	(23.3%)	22	(22.2%)	43	(22.8%)
Always	51	(56.7%)	59	(59.6%)	110	(58.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	2	(2.3%)	3	(2.0%)
Never	7	(11.3%)	2	(2.3%)	9	(6.0%)
Rarely	5	(8.1%)	3	(3.4%)	8	(5.4%)
Some of the time	10	(16.1%)	9	(10.3%)	19	(12.8%)
Most of the time	9	(14.5%)	29	(33.3%)	38	(25.5%)
Always	30	(48.4%)	42	(48.3%)	72	(48.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	4	(6.8%)	2	(2.4%)	6	(4.2%)
Rarely	5	(8.5%)	5	(6.0%)	10	(7.0%)
Some of the time	11	(18.6%)	9	(10.7%)	20	(14.0%)
Most of the time	10	(16.9%)	28	(33.3%)	38	(26.6%)
Always	29	(49.2%)	40	(47.6%)	69	(48.3%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by checking where the toilet is when you go somewhere new			
<i>Pre-treatment</i>			
N	90	98	188
Missing	0	1	1
Mean	5.3	5.7	5.5
SD	3.72	3.63	3.67
Minimum	0	0	0
Median	5.5	6.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	85	145
Missing	2	2	4
Mean	5.0	5.9	5.5
SD	3.66	3.04	3.33
Minimum	0	0	0
Median	5.0	6.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	84	144
Missing	30	15	45
Mean	-0.4	0.3	-0.0
SD	3.43	2.79	3.08
Minimum	-9	-6	-9
Median	0.0	0.0	0.0
Maximum	10	9	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by checking where the toilet is when you go somewhere new			
<i>Week 24</i>			
N	57	84	141
Missing	2	0	2
Mean	4.8	6.0	5.5
SD	3.20	3.31	3.32
Minimum	0	0	0
Median	4.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	83	140
Missing	33	16	49
Mean	-0.7	0.5	0.0
SD	2.73	3.29	3.12
Minimum	-8	-10	-10
Median	0.0	0.0	0.0
Maximum	5	9	9

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel embarrassed about your bowels						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	17	(18.9%)	14	(14.1%)	31	(16.4%)
Rarely	12	(13.3%)	14	(14.1%)	26	(13.8%)
Some of the time	37	(41.1%)	38	(38.4%)	75	(39.7%)
Most of the time	9	(10.0%)	19	(19.2%)	28	(14.8%)
Always	15	(16.7%)	13	(13.1%)	28	(14.8%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	0	(0.0%)	2	(1.3%)
Never	5	(8.1%)	12	(13.8%)	17	(11.4%)
Rarely	16	(25.8%)	14	(16.1%)	30	(20.1%)
Some of the time	22	(35.5%)	31	(35.6%)	53	(35.6%)
Most of the time	9	(14.5%)	15	(17.2%)	24	(16.1%)
Always	8	(12.9%)	15	(17.2%)	23	(15.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	9	(15.3%)	13	(15.5%)	22	(15.4%)
Rarely	15	(25.4%)	10	(11.9%)	25	(17.5%)
Some of the time	25	(42.4%)	33	(39.3%)	58	(40.6%)
Most of the time	7	(11.9%)	19	(22.6%)	26	(18.2%)
Always	3	(5.1%)	9	(10.7%)	12	(8.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you feel embarrassed by your bowels			
<i>Pre-treatment</i>			
N	90	97	187
Missing	0	2	2
Mean	5.2	6.0	5.6
SD	3.79	3.46	3.64
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	59	86	145
Missing	3	1	4
Mean	5.2	6.1	5.7
SD	3.43	3.53	3.50
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	84	143
Missing	31	15	46
Mean	-0.1	0.1	-0.0
SD	3.46	2.93	3.15
Minimum	-10	-7	-10
Median	0.0	0.0	0.0
Maximum	10	9	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you feel embarrassed by your bowels			
<i>Week 24</i>			
N	57	84	141
Missing	2	0	2
Mean	4.6	5.7	5.3
SD	3.35	3.28	3.34
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-0.7	-0.1	-0.4
SD	3.00	2.66	2.81
Minimum	-10	-8	-10
Median	0.0	0.0	0.0
Maximum	5	7	7

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel embarrassed about accidental passage of wind from your bowel						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Never	16	(17.8%)	16	(16.2%)	32	(16.9%)
Rarely	19	(21.1%)	15	(15.2%)	34	(18.0%)
Some of the time	21	(23.3%)	28	(28.3%)	49	(25.9%)
Most of the time	17	(18.9%)	16	(16.2%)	33	(17.5%)
Always	17	(18.9%)	23	(23.2%)	40	(21.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	0	(0.0%)	2	(1.3%)
Never	11	(17.7%)	3	(3.4%)	14	(9.4%)
Rarely	10	(16.1%)	19	(21.8%)	29	(19.5%)
Some of the time	19	(30.6%)	32	(36.8%)	51	(34.2%)
Most of the time	7	(11.3%)	13	(14.9%)	20	(13.4%)
Always	13	(21.0%)	20	(23.0%)	33	(22.1%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	8	(13.6%)	8	(9.5%)	16	(11.2%)
Rarely	14	(23.7%)	10	(11.9%)	24	(16.8%)
Some of the time	19	(32.2%)	35	(41.7%)	54	(37.8%)
Most of the time	8	(13.6%)	19	(22.6%)	27	(18.9%)
Always	10	(16.9%)	12	(14.3%)	22	(15.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you feel embarrassed by accidental passage of wind from your bowel			
<i>Pre-treatment</i>			
N	89	95	184
Missing	1	4	5
Mean	5.5	5.6	5.5
SD	3.78	3.70	3.73
Minimum	0	0	0
Median	6.0	6.0	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	59	87	146
Missing	3	0	3
Mean	5.1	6.4	5.9
SD	3.78	3.13	3.46
Minimum	0	0	0
Median	5.0	8.0	7.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	83	142
Missing	31	16	47
Mean	-1.1	0.8	-0.0
SD	3.47	2.98	3.32
Minimum	-10	-7	-10
Median	0.0	1.0	0.0
Maximum	10	9	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you feel embarrassed by accidental passage of wind from your bowel			
<i>Week 24</i>			
N	56	83	139
Missing	3	1	4
Mean	5.4	6.3	6.0
SD	3.44	3.13	3.28
Minimum	0	0	0
Median	5.0	7.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	56	79	135
Missing	34	20	54
Mean	-0.9	1.0	0.2
SD	2.87	3.43	3.33
Minimum	-7	-9	-9
Median	-1.0	1.0	0.0
Maximum	10	9	10

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel low or depressed by your bowel problem						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	26	(28.9%)	23	(23.2%)	49	(25.9%)
Rarely	16	(17.8%)	24	(24.2%)	40	(21.2%)
Some of the time	36	(40.0%)	42	(42.4%)	78	(41.3%)
Most of the time	9	(10.0%)	7	(7.1%)	16	(8.5%)
Always	3	(3.3%)	3	(3.0%)	6	(3.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	2	(3.2%)	0	(0.0%)	2	(1.3%)
Never	9	(14.5%)	13	(14.9%)	22	(14.8%)
Rarely	16	(25.8%)	18	(20.7%)	34	(22.8%)
Some of the time	30	(48.4%)	41	(47.1%)	71	(47.7%)
Most of the time	3	(4.8%)	7	(8.0%)	10	(6.7%)
Always	2	(3.2%)	8	(9.2%)	10	(6.7%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	15	(25.4%)	11	(13.1%)	26	(18.2%)
Rarely	17	(28.8%)	21	(25.0%)	38	(26.6%)
Some of the time	22	(37.3%)	43	(51.2%)	65	(45.5%)
Most of the time	4	(6.8%)	3	(3.6%)	7	(4.9%)
Always	1	(1.7%)	6	(7.1%)	7	(4.9%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you feel low or depressed by your bowel problem			
<i>Pre-treatment</i>			
N	90	97	187
Missing	0	2	2
Mean	4.2	4.5	4.4
SD	3.51	3.48	3.49
Minimum	0	0	0
Median	4.0	5.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	87	147
Missing	2	0	2
Mean	4.2	5.2	4.8
SD	3.24	3.27	3.28
Minimum	0	0	0
Median	3.5	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	85	145
Missing	30	14	44
Mean	0.2	0.7	0.5
SD	2.57	2.89	2.77
Minimum	-8	-6	-8
Median	0.0	0.0	0.0
Maximum	6	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you feel low or depressed by your bowel problem			
<i>Week 24</i>			
N	57	84	141
Missing	2	0	2
Mean	3.8	5.2	4.6
SD	3.28	3.29	3.35
Minimum	0	0	0
Median	3.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-0.4	0.7	0.3
SD	3.10	2.81	2.98
Minimum	-10	-4	-10
Median	0.0	0.0	0.0
Maximum	8	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you avoid eating out because of your bowel problem						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	53	(58.9%)	56	(56.6%)	109	(57.7%)
Rarely	16	(17.8%)	25	(25.3%)	41	(21.7%)
Some of the time	18	(20.0%)	17	(17.2%)	35	(18.5%)
Most of the time	0	(0.0%)	1	(1.0%)	1	(0.5%)
Always	3	(3.3%)	0	(0.0%)	3	(1.6%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	0	(0.0%)	1	(0.7%)
Never	33	(53.2%)	34	(39.1%)	67	(45.0%)
Rarely	13	(21.0%)	30	(34.5%)	43	(28.9%)
Some of the time	10	(16.1%)	19	(21.8%)	29	(19.5%)
Most of the time	5	(8.1%)	4	(4.6%)	9	(6.0%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	31	(52.5%)	36	(42.9%)	67	(46.9%)
Rarely	19	(32.2%)	27	(32.1%)	46	(32.2%)
Some of the time	7	(11.9%)	18	(21.4%)	25	(17.5%)
Most of the time	2	(3.4%)	3	(3.6%)	5	(3.5%)
Always	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you avoid eating out because of your bowel problem			
<i>Pre-treatment</i>			
N	89	97	186
Missing	1	2	3
Mean	2.5	2.3	2.4
SD	3.52	3.16	3.33
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	85	145
Missing	2	2	4
Mean	2.5	3.3	3.0
SD	3.58	3.20	3.37
Minimum	0	0	0
Median	0.0	3.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	83	143
Missing	30	16	46
Mean	0.3	1.1	0.8
SD	2.77	2.79	2.80
Minimum	-10	-6	-10
Median	0.0	0.0	0.0
Maximum	9	8	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you avoid eating out because of your bowel problem			
<i>Week 24</i>			
N	55	83	138
Missing	4	1	5
Mean	2.3	3.0	2.7
SD	3.01	3.13	3.09
Minimum	0	0	0
Median	1.0	2.0	2.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	54	81	135
Missing	36	18	54
Mean	0.2	0.9	0.6
SD	3.04	2.74	2.87
Minimum	-7	-6	-7
Median	0.0	0.0	0.0
Maximum	9	10	10

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you spend more time than you would like on your bowel problem						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	17	(18.9%)	12	(12.1%)	29	(15.3%)
Rarely	13	(14.4%)	11	(11.1%)	24	(12.7%)
Some of the time	33	(36.7%)	38	(38.4%)	71	(37.6%)
Most of the time	12	(13.3%)	20	(20.2%)	32	(16.9%)
Always	15	(16.7%)	18	(18.2%)	33	(17.5%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	0	(0.0%)	1	(0.7%)
Never	10	(16.1%)	8	(9.2%)	18	(12.1%)
Rarely	10	(16.1%)	13	(14.9%)	23	(15.4%)
Some of the time	21	(33.9%)	36	(41.4%)	57	(38.3%)
Most of the time	10	(16.1%)	20	(23.0%)	30	(20.1%)
Always	10	(16.1%)	10	(11.5%)	20	(13.4%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	8	(13.6%)	7	(8.3%)	15	(10.5%)
Rarely	11	(18.6%)	17	(20.2%)	28	(19.6%)
Some of the time	25	(42.4%)	29	(34.5%)	54	(37.8%)
Most of the time	10	(16.9%)	21	(25.0%)	31	(21.7%)
Always	5	(8.5%)	10	(11.9%)	15	(10.5%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you spend more time than you would like on your bowel problem			
<i>Pre-treatment</i>			
N	90	98	188
Missing	0	1	1
Mean	5.0	5.7	5.4
SD	3.61	3.39	3.51
Minimum	0	0	0
Median	5.0	6.5	6.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	87	147
Missing	2	0	2
Mean	4.8	5.7	5.3
SD	3.54	2.97	3.24
Minimum	0	0	0
Median	4.0	6.0	6.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	86	146
Missing	30	13	43
Mean	-0.1	0.2	0.1
SD	2.69	2.64	2.66
Minimum	-7	-9	-9
Median	0.0	0.0	0.0
Maximum	9	9	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you spend more time than you would like on your bowel problem			
<i>Week 24</i>			
N	57	84	141
Missing	2	0	2
Mean	4.4	5.4	5.0
SD	3.27	3.23	3.27
Minimum	0	0	0
Median	4.0	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	83	140
Missing	33	16	49
Mean	-0.6	-0.1	-0.3
SD	2.71	2.80	2.77
Minimum	-8	-9	-9
Median	0.0	0.0	0.0
Maximum	6	7	7

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel you can fit managing your bowel problem into your life						
<i>Pre-treatment</i>						
Missing	0	(0.0%)	1	(1.0%)	1	(0.5%)
Always	25	(27.8%)	30	(30.3%)	55	(29.1%)
Most of the time	40	(44.4%)	39	(39.4%)	79	(41.8%)
Some of the time	20	(22.2%)	24	(24.2%)	44	(23.3%)
Rarely	2	(2.2%)	4	(4.0%)	6	(3.2%)
Never	3	(3.3%)	1	(1.0%)	4	(2.1%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	1	(1.6%)	0	(0.0%)	1	(0.7%)
Always	12	(19.4%)	11	(12.6%)	23	(15.4%)
Most of the time	35	(56.5%)	38	(43.7%)	73	(49.0%)
Some of the time	10	(16.1%)	34	(39.1%)	44	(29.5%)
Rarely	3	(4.8%)	3	(3.4%)	6	(4.0%)
Never	1	(1.6%)	1	(1.1%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Always	13	(22.0%)	15	(17.9%)	28	(19.6%)
Most of the time	40	(67.8%)	42	(50.0%)	82	(57.3%)
Some of the time	4	(6.8%)	23	(27.4%)	27	(18.9%)
Rarely	2	(3.4%)	2	(2.4%)	4	(2.8%)
Never	0	(0.0%)	2	(2.4%)	2	(1.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you can fit managing your bowel problem into your life			
<i>Pre-treatment</i>			
N	90	97	187
Missing	0	2	2
Mean	3.9	4.8	4.4
SD	3.37	3.22	3.31
Minimum	0	0	0
Median	4.0	5.0	4.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	87	147
Missing	2	0	2
Mean	4.3	5.0	4.7
SD	3.37	2.74	3.03
Minimum	0	0	0
Median	3.5	6.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	60	85	145
Missing	30	14	44
Mean	0.3	0.4	0.3
SD	3.37	2.49	2.87
Minimum	-8	-6	-8
Median	0.0	0.0	0.0
Maximum	10	7	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which you can fit managing your bowel problem into your life			
<i>Week 24</i>			
N	57	84	141
Missing	2	0	2
Mean	3.5	4.7	4.2
SD	3.04	3.05	3.09
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	57	82	139
Missing	33	17	50
Mean	-0.5	-0.0	-0.2
SD	3.04	2.97	2.99
Minimum	-9	-8	-9
Median	0.0	0.0	0.0
Maximum	5	8	8

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Do you feel that your bowel problem keeps you at home more than you would like						
<i>Pre-treatment</i>						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Never	32	(35.6%)	28	(28.3%)	60	(31.7%)
Rarely	28	(31.1%)	33	(33.3%)	61	(32.3%)
Some of the time	23	(25.6%)	29	(29.3%)	52	(27.5%)
Most of the time	1	(1.1%)	8	(8.1%)	9	(4.8%)
Always	5	(5.6%)	1	(1.0%)	6	(3.2%)
Total	90	(100.0%)	99	(100.0%)	189	(100.0%)
<i>Week 6</i>						
Missing	3	(4.8%)	1	(1.1%)	4	(2.7%)
Never	22	(35.5%)	21	(24.1%)	43	(28.9%)
Rarely	18	(29.0%)	26	(29.9%)	44	(29.5%)
Some of the time	14	(22.6%)	33	(37.9%)	47	(31.5%)
Most of the time	3	(4.8%)	6	(6.9%)	9	(6.0%)
Always	2	(3.2%)	0	(0.0%)	2	(1.3%)
Total	62	(100.0%)	87	(100.0%)	149	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Never	24	(40.7%)	28	(33.3%)	52	(36.4%)
Rarely	17	(28.8%)	21	(25.0%)	38	(26.6%)
Some of the time	16	(27.1%)	28	(33.3%)	44	(30.8%)
Most of the time	1	(1.7%)	6	(7.1%)	7	(4.9%)
Always	1	(1.7%)	1	(1.2%)	2	(1.4%)
Total	59	(100.0%)	84	(100.0%)	143	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which your bowel problem keeps you at home more than you would like			
<i>Pre-treatment</i>			
N	89	98	187
Missing	1	1	2
Mean	3.1	3.6	3.4
SD	3.52	3.48	3.50
Minimum	0	0	0
Median	2.0	2.0	2.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	85	145
Missing	2	2	4
Mean	3.2	4.2	3.8
SD	3.71	3.17	3.42
Minimum	0	0	0
Median	1.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	84	143
Missing	31	15	46
Mean	0.4	0.7	0.6
SD	2.79	2.61	2.68
Minimum	-8	-6	-8
Median	0.0	0.0	0.0
Maximum	8	9	9

Variable	Abdominal Massage	Standard Care	Total
How much are you bothered by the extent to which your bowel problem keeps you at home more than you would like			
<i>Week 24</i>			
N	56	83	139
Missing	3	1	4
Mean	3.1	3.7	3.5
SD	3.27	3.23	3.25
Minimum	0	0	0
Median	2.0	3.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	55	82	137
Missing	35	17	52
Mean	0.4	0.4	0.4
SD	3.27	3.11	3.17
Minimum	-8	-8	-8
Median	0.0	0.0	0.0
Maximum	8	8	8

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Rate your ability to live with your bowel problem			
<i>Pre-treatment</i>			
N	89	99	188
Missing	1	0	1
Mean	4.7	5.1	4.9
SD	2.55	2.53	2.54
Minimum	0	0	0
Median	5.0	5.0	5.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	86	146
Missing	2	1	3
Mean	3.8	5.0	4.5
SD	2.63	2.13	2.42
Minimum	0	0	0
Median	3.0	5.0	5.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	86	145
Missing	31	13	44
Mean	-0.8	0.1	-0.3
SD	2.85	1.94	2.39
Minimum	-8	-5	-8
Median	-1.0	0.0	0.0
Maximum	9	5	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Rate your ability to live with your bowel problem			
<i>Week 24</i>			
N	59	83	142
Missing	0	1	1
Mean	3.7	4.6	4.2
SD	2.71	2.44	2.59
Minimum	0	0	0
Median	3.0	5.0	4.0
Maximum	10	8	10
<i>Pre-treatment vs. Week 24</i>			
N	58	83	141
Missing	32	16	48
Mean	-1.0	-0.3	-0.6
SD	3.04	2.56	2.78
Minimum	-8	-7	-8
Median	-1.0	0.0	0.0
Maximum	5	7	7

Variable	Abdominal Massage	Standard Care	Total
Rate how much your bowel problem restricts your life now			
<i>Pre-treatment</i>			
N	89	99	188
Missing	1	0	1
Mean	4.1	4.3	4.2
SD	3.03	2.97	2.99
Minimum	0	0	0
Median	4.0	4.0	4.0
Maximum	10	10	10
<i>Week 6</i>			
N	60	86	146
Missing	2	1	3
Mean	3.2	4.4	3.9
SD	2.86	2.60	2.77
Minimum	0	0	0
Median	2.5	5.0	4.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 6</i>			
N	59	86	145
Missing	31	13	44
Mean	-0.9	0.3	-0.2
SD	2.33	2.13	2.29
Minimum	-6	-4	-6
Median	-1.0	0.0	0.0
Maximum	9	7	9

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Rate how much your bowel problem restricts your life now			
<i>Week 24</i>			
N	59	84	143
Missing	0	0	0
Mean	2.9	4.1	3.6
SD	2.59	2.89	2.82
Minimum	0	0	0
Median	2.0	4.0	3.0
Maximum	10	10	10
<i>Pre-treatment vs. Week 24</i>			
N	58	84	142
Missing	32	15	47
Mean	-1.1	-0.0	-0.5
SD	2.55	2.64	2.64
Minimum	-8	-5	-8
Median	-0.5	0.0	0.0
Maximum	5	6	6

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
No. of children born			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	0.8	0.8	0.8
SD	0.87	1.11	0.98
Minimum	0	0	0
Median	1.0	0.0	0.0
Maximum	2	3	3
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	0.8	0.1	0.4
SD	1.10	0.38	0.79
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	2	1	2
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	0.0	0.0	0.0
SD	0.00	0.00	0.00
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	0	0	0

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Duration of symptoms pre-injury/diagnosis [years]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	2.4	4.7	3.6
SD	5.97	14.35	10.98
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	20	50	50
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	1.4	8.6	5.6
SD	3.13	18.42	14.22
Minimum	0	0	0
Median	0.0	0.0	0.0
Maximum	7	50	50
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	1.4	0.7	1.0
SD	3.13	2.16	2.53
Minimum	0	-1	-1
Median	0.0	0.0	0.0
Maximum	7	5	7

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Faecal incontinence?						
<i>Week 1</i>						
Yes	8	(72.7%)	7	(58.3%)	15	(65.2%)
No	3	(27.3%)	5	(41.7%)	8	(34.8%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Yes	2	(40.0%)	6	(85.7%)	8	(66.7%)
No	3	(60.0%)	1	(14.3%)	4	(33.3%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)
Difficult evacuation?						
<i>Week 1</i>						
Yes	11	(100.0%)	12	(100.0%)	23	(100.0%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Yes	5	(100.0%)	7	(100.0%)	12	(100.0%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Infrequent emptying?						
<i>Week 1</i>						
Missing	0	(0.0%)	1	(8.3%)	1	(4.3%)
Yes	9	(81.8%)	9	(75.0%)	18	(78.3%)
No	2	(18.2%)	2	(16.7%)	4	(17.4%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	4	(80.0%)	6	(85.7%)	10	(83.3%)
No	1	(20.0%)	1	(14.3%)	2	(16.7%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)
Abdominal pain?						
<i>Week 1</i>						
Missing	0	(0.0%)	1	(8.3%)	1	(4.3%)
Yes	5	(45.5%)	4	(33.3%)	9	(39.1%)
No	6	(54.5%)	7	(58.3%)	13	(56.5%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	1	(20.0%)	2	(28.6%)	3	(25.0%)
No	4	(80.0%)	5	(71.4%)	9	(75.0%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bloating?						
<i>Week 1</i>						
Missing	0	(0.0%)	1	(8.3%)	1	(4.3%)
Yes	8	(72.7%)	9	(75.0%)	17	(73.9%)
No	3	(27.3%)	2	(16.7%)	5	(21.7%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	2	(40.0%)	5	(71.4%)	7	(58.3%)
No	3	(60.0%)	2	(28.6%)	5	(41.7%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)
Other symptoms?						
<i>Week 1</i>						
Missing	0	(0.0%)	1	(8.3%)	1	(4.3%)
Yes	4	(36.4%)	5	(41.7%)	9	(39.1%)
No	7	(63.6%)	6	(50.0%)	13	(56.5%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	1	(20.0%)	3	(42.9%)	4	(33.3%)
No	4	(80.0%)	4	(57.1%)	8	(66.7%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Marker left colon			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	7.8	15.1	11.6
SD	10.35	13.13	12.19
Minimum	0	0	0
Median	5.0	18.5	6.0
Maximum	33	42	42
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	14.4	11.6	12.8
SD	13.61	13.48	12.98
Minimum	0	0	0
Median	12.0	7.0	9.5
Maximum	29	32	32
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	0.4	-5.0	-2.5
SD	24.91	7.32	16.82
Minimum	-30	-13	-30
Median	6.0	-7.0	-6.0
Maximum	24	7	24

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Marker right colon			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	3.0	5.1	4.1
SD	4.82	5.50	5.18
Minimum	0	0	0
Median	0.0	3.0	2.0
Maximum	13	15	15
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	0.2	3.0	1.8
SD	0.45	4.55	3.66
Minimum	0	0	0
Median	0.0	2.0	0.5
Maximum	1	13	13
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	-4.6	-1.3	-2.8
SD	6.80	3.08	5.12
Minimum	-13	-6	-13
Median	0.0	-1.0	0.0
Maximum	1	3	3

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Marker recto-sigmoid			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	11.7	15.9	13.9
SD	13.98	11.17	12.48
Minimum	0	0	0
Median	10.0	12.5	10.0
Maximum	46	33	46
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	28.8	12.9	19.5
SD	15.14	12.98	15.58
Minimum	6	1	1
Median	32.0	7.0	24.0
Maximum	48	30	48
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	17.4	-1.5	7.1
SD	15.49	11.22	16.01
Minimum	-6	-13	-13
Median	16.0	-5.0	6.0
Maximum	32	17	32

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Total markers			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	22.5	36.1	29.6
SD	20.64	21.35	21.66
95%-LCL	8.68	22.52	20.24
95%-UCL	36.41	49.65	38.98
Minimum	0	0	0
Q1	1.0	15.5	7.0
Median	17.0	47.5	35.0
Q3	46.0	51.0	50.0
Maximum	54	60	60
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	43.4	27.4	34.1
SD	13.05	27.37	23.20
95%-LCL	27.20	2.12	19.34
95%-UCL	59.60	52.74	48.82
Minimum	32	1	1
Q1	35.0	4.0	9.0
Median	35.0	9.0	35.0
Q3	55.0	59.0	57.0
Maximum	60	60	60
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	13.2	-7.8	1.7
SD	26.77	11.87	21.86
95%-LCL	-20.04	-20.29	-12.96
95%-UCL	46.44	4.63	16.41
Minimum	-18	-26	-26
Q1	-11.0	-17.0	-17.0
Median	18.0	-5.0	-1.0
Q3	37.0	1.0	18.0
Maximum	40	5	40

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Transit speed						
<i>Week 1</i>						
Slow	6	(54.5%)	9	(75.0%)	15	(65.2%)
Normal	5	(45.5%)	3	(25.0%)	8	(34.8%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Slow	5	(100.0%)	4	(57.1%)	9	(75.0%)
Normal	0	(0.0%)	3	(42.9%)	3	(25.0%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Barostat rectal compliance [mmHg/m]			
<i>Week 1</i>			
N	3	1	4
Missing	8	11	19
Mean	0.00	0.00	0.00
SD	0.000		0.000
Minimum	0.0	0.0	0.0
Median	0.00	0.00	0.00
Maximum	0.0	0.0	0.0
<i>Week 24</i>			
N	1	1	2
Missing	4	6	10
Mean	0.00	0.00	0.00
SD			0.000
Minimum	0.0	0.0	0.0
Median	0.00	0.00	0.00
Maximum	0.0	0.0	0.0
<i>Pre-treatment vs. Week 24</i>			
N	1	1	2
Missing	10	12	22
Mean	0.00	0.00	0.00
SD			0.000
Minimum	0.0	0.0	0.0
Median	0.00	0.00	0.00
Maximum	0.0	0.0	0.0

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Anal electrosens [mA]			
<i>Week 1</i>			
N	9	11	20
Missing	2	1	3
Mean	11.09	9.58	10.26
SD	3.663	3.702	3.668
Minimum	7.6	4.2	4.2
Median	10.20	9.20	9.50
Maximum	20.0	17.8	20.0
<i>Week 24</i>			
N	4	7	11
Missing	1	0	1
Mean	11.85	8.71	9.85
SD	6.486	2.995	4.528
Minimum	6.2	5.0	5.0
Median	10.80	8.40	8.40
Maximum	19.6	13.2	19.6
<i>Pre-treatment vs. Week 24</i>			
N	4	6	10
Missing	7	7	14
Mean	-0.05	-1.17	-0.72
SD	2.615	3.135	2.841
Minimum	-2.6	-4.6	-4.6
Median	-0.60	-0.70	-0.60
Maximum	3.6	2.2	3.6

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Anal electrosens greater than 15mA?						
<i>Week 1</i>						
Missing	8	(72.7%)	10	(83.3%)	18	(78.3%)
Yes	3	(27.3%)	2	(16.7%)	5	(21.7%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	3	(60.0%)	7	(100.0%)	10	(83.3%)
Yes	2	(40.0%)	0	(0.0%)	2	(16.7%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Rectal electrosens [mA]			
<i>Week 1</i>			
N	9	11	20
Missing	2	1	3
Mean	31.556	32.409	32.025
SD	13.7987	12.1178	12.5556
Minimum	7.50	12.50	7.50
Median	32.500	34.000	33.250
Maximum	47.00	50.00	50.00
<i>Week 24</i>			
N	4	7	11
Missing	1	0	1
Mean	22.800	22.071	22.336
SD	4.4113	10.2893	8.3363
Minimum	18.20	8.50	8.50
Median	22.750	21.500	21.500
Maximum	27.50	37.50	37.50
<i>Pre-treatment vs. Week 24</i>			
N	3	6	9
Missing	8	7	15
Mean	-8.267	-11.250	-10.256
SD	10.6566	17.0521	14.5722
Minimum	-19.50	-39.50	-39.50
Median	-7.000	-4.500	-7.000
Maximum	1.70	2.50	2.50

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Rectal electrosens greater than 30mA?						
<i>Week 1</i>						
Missing	4	(36.4%)	5	(41.7%)	9	(39.1%)
Yes	7	(63.6%)	7	(58.3%)	14	(60.9%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	4	(80.0%)	5	(71.4%)	9	(75.0%)
Yes	1	(20.0%)	2	(28.6%)	3	(25.0%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Balloon threshold volume [ml]			
<i>Week 1</i>			
N	11	11	22
Missing	0	1	1
Mean	42.7	55.5	49.1
SD	33.04	34.75	33.72
Minimum	15	15	15
Median	25.0	50.0	35.0
Maximum	100	110	110
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	64.0	30.7	44.6
SD	58.99	15.92	41.20
Minimum	20	20	20
Median	40.0	20.0	25.0
Maximum	160	60	160
<i>Pre-treatment vs. Week 24</i>			
N	5	5	10
Missing	6	8	14
Mean	11.0	-17.0	-3.0
SD	29.24	27.75	30.66
Minimum	-10	-40	-40
Median	0.0	-30.0	-5.0
Maximum	60	20	60

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Balloon urge volume [ml]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	106.4	105.0	105.7
SD	88.24	38.26	65.35
Minimum	40	50	40
Median	60.0	100.0	90.0
Maximum	290	160	290
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	134.0	108.6	119.2
SD	76.76	64.72	67.82
Minimum	65	45	45
Median	95.0	100.0	97.5
Maximum	240	240	240
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	-4.0	11.7	4.5
SD	45.74	69.47	57.60
Minimum	-50	-50	-50
Median	5.0	-17.5	-15.0
Maximum	55	140	140

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Balloon urge vol greater than 300 ml?						
<i>Week 1</i>						
Missing	11	(100.0%)	12	(100.0%)	23	(100.0%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	5	(100.0%)	7	(100.0%)	12	(100.0%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Balloon max tolerated volume [ml]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	165.5	188.8	177.6
SD	91.85	63.11	77.25
Minimum	65	90	65
Median	140.0	197.5	160.0
Maximum	345	300	345
<i>Week 24</i>			
N	5	6	11
Missing	0	1	1
Mean	197.0	175.0	185.0
SD	96.80	79.69	83.99
Minimum	100	70	70
Median	180.0	190.0	180.0
Maximum	335	290	335
<i>Pre-treatment vs. Week 24</i>			
N	5	5	10
Missing	6	8	14
Mean	-2.0	-8.0	-5.0
SD	39.47	40.87	38.01
Minimum	-50	-50	-50
Median	-10.0	-20.0	-15.0
Maximum	55	60	60

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Balloon max tolerated vol greater than 300 ml?						
<i>Week 1</i>						
Missing	10	(90.9%)	12	(100.0%)	22	(95.7%)
Yes	1	(9.1%)	0	(0.0%)	1	(4.3%)
Total	11	(100.0%)	12	(100.0%)	23	(100.0%)
<i>Week 24</i>						
Missing	4	(80.0%)	6	(85.7%)	10	(83.3%)
Yes	1	(20.0%)	1	(14.3%)	2	(16.7%)
Total	5	(100.0%)	7	(100.0%)	12	(100.0%)

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
RAIR latency [msec]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	1.72	1.80	1.76
SD	0.732	0.776	0.739
Minimum	0.6	0.8	0.6
Median	1.70	1.80	1.70
Maximum	3.1	2.9	3.1
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	0.86	0.99	0.93
SD	0.627	0.654	0.617
Minimum	0.4	0.4	0.4
Median	0.50	0.70	0.65
Maximum	1.9	2.1	2.1
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	-1.02	-0.88	-0.95
SD	1.250	1.237	1.181
Minimum	-2.6	-2.5	-2.6
Median	-1.00	-0.90	-1.00
Maximum	0.2	0.7	0.7

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
RAIR duration [msec]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	6.84	7.35	7.10
SD	1.511	1.846	1.676
Minimum	4.7	3.0	3.0
Median	6.70	7.80	7.30
Maximum	9.4	10.3	10.3
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	5.90	5.97	5.94
SD	1.864	1.856	1.773
Minimum	3.9	3.9	3.9
Median	6.00	5.30	5.65
Maximum	8.8	9.0	9.0
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	-1.24	-1.90	-1.60
SD	1.210	1.441	1.320
Minimum	-2.8	-4.1	-4.1
Median	-0.70	-1.90	-1.30
Maximum	0.1	-0.2	0.1

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Anal rest pressure [cm H2O]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	67.0	66.3	66.7
SD	38.01	24.98	31.13
Minimum	33	28	28
Median	56.0	73.5	60.0
Maximum	159	114	159
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	55.6	58.3	57.2
SD	20.48	15.62	16.95
Minimum	41	31	31
Median	52.0	57.0	54.0
Maximum	91	79	91
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	-0.4	3.3	1.6
SD	15.27	7.61	11.23
Minimum	-18	-7	-18
Median	4.0	2.0	3.0
Maximum	15	14	15

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Anal squeeze pressure [cm H2O]			
<i>Week 1</i>			
N	11	12	23
Missing	0	0	0
Mean	68.4	58.1	63.0
SD	69.89	41.94	55.92
Minimum	0	0	0
Median	32.0	48.5	46.0
Maximum	187	132	187
<i>Week 24</i>			
N	5	7	12
Missing	0	0	0
Mean	42.8	53.7	49.2
SD	56.53	39.64	45.28
Minimum	5	4	4
Median	16.0	62.0	44.0
Maximum	139	115	139
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	18.4	2.0	9.5
SD	36.05	18.30	27.58
Minimum	-5	-32	-32
Median	5.0	8.0	5.0
Maximum	81	19	81

- calculated values

Table 8: Ano-rectal sub-study

Variable	Abdominal Massage	Standard Care	Total
Wexner Total Score			
<i>Week 1</i>			
N	10	10	20
Missing	1	2	3
Mean	10.4	11.9	11.2
SD	4.77	3.57	4.17
Minimum	3	8	3
Median	10.5	11.0	11.0
Maximum	17	19	19
<i>Week 24</i>			
N	5	6	11
Missing	0	1	1
Mean	11.8	13.7	12.8
SD	3.63	3.93	3.74
Minimum	9	10	9
Median	10.0	13.0	12.0
Maximum	18	21	21
<i>Pre-treatment vs. Week 24</i>			
N	5	6	11
Missing	6	7	13
Mean	1.2	3.2	2.3
SD	1.48	3.13	2.61
Minimum	-1	0	-1
Median	1.0	3.0	2.0
Maximum	3	8	8

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by GP at surgery						
<i>Week 1</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	5	(7.5%)	7	(8.0%)	12	(7.8%)
No	62	(92.5%)	80	(92.0%)	142	(92.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
Yes	3	(4.5%)	3	(3.4%)	6	(3.9%)
No	64	(95.5%)	83	(95.4%)	147	(95.5%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	5	(7.5%)	6	(6.9%)	11	(7.1%)
No	61	(91.0%)	80	(92.0%)	141	(91.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Yes	2	(3.0%)	5	(5.7%)	7	(4.6%)
No	64	(97.0%)	81	(93.1%)	145	(94.8%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	0	(0.0%)	4	(4.7%)	4	(2.6%)
No	65	(98.5%)	81	(94.2%)	146	(96.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	6	(9.1%)	6	(7.0%)	12	(7.9%)
No	60	(90.9%)	80	(93.0%)	140	(92.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by GP at surgery						
<i>Week 12</i>						
Missing	0	(0.0%)	1	(1.3%)	1	(0.7%)
Yes	9	(16.1%)	10	(12.5%)	19	(14.0%)
No	47	(83.9%)	69	(86.3%)	116	(85.3%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	17	(28.8%)	18	(23.1%)	35	(25.5%)
No	42	(71.2%)	60	(76.9%)	102	(74.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	9	(15.5%)	11	(13.1%)	20	(14.1%)
No	48	(82.8%)	73	(86.9%)	121	(85.2%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by GP at surgery because of bowel problems						
Week 1						
Missing	64	(95.5%)	85	(97.7%)	149	(96.8%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	3	(4.5%)	2	(2.3%)	5	(3.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	65	(97.0%)	86	(98.9%)	151	(98.1%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	2	(3.0%)	1	(1.1%)	3	(1.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	66	(98.5%)	86	(98.9%)	152	(98.7%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	1	(1.5%)	1	(1.1%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	65	(98.5%)	85	(97.7%)	150	(98.0%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.7%)
No	1	(1.5%)	1	(1.1%)	2	(1.3%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	63	(95.5%)	84	(97.7%)	147	(96.7%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	2	(3.0%)	1	(1.2%)	3	(2.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by GP at surgery because of bowel problems						
<i>Week 12</i>						
Missing	47	(83.9%)	72	(90.0%)	119	(87.5%)
Yes	2	(3.6%)	2	(2.5%)	4	(2.9%)
No	7	(12.5%)	6	(7.5%)	13	(9.6%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	50	(84.7%)	65	(83.3%)	115	(83.9%)
Yes	1	(1.7%)	2	(2.6%)	3	(2.2%)
No	8	(13.6%)	11	(14.1%)	19	(13.9%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	54	(93.1%)	78	(92.9%)	132	(93.0%)
Yes	1	(1.7%)	0	(0.0%)	1	(0.7%)
No	3	(5.2%)	6	(7.1%)	9	(6.3%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by GP at surgery because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	1	1
Missing	66	86	152
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by GP at surgery because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	1	0	1
Missing	65	86	151
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 12			
N	2	2	4
Missing	54	78	132
Mean	1.0	1.5	1.3
SD	0.00	0.71	0.50
Minimum	1	1	1
Median	1.0	1.5	1.0
Maximum	1	2	2
Week 18			
N	2	3	5
Missing	57	75	132
Mean	1.5	1.3	1.4
SD	0.71	0.58	0.55
Minimum	1	1	1
Median	1.5	1.0	1.0
Maximum	2	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by GP at surgery because of bowel problems [no]			
<i>Week 24</i>			
N	2	0	2
Missing	56	84	140
Mean	1.0		1.0
SD	0.00		0.00
Minimum	1		1
Median	1.0		1.0
Maximum	1		1

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by GP at surgery because of other health problems						
Week 1						
Missing	62	(92.5%)	80	(92.0%)	142	(92.2%)
Yes	5	(7.5%)	7	(8.0%)	12	(7.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	64	(95.5%)	84	(96.6%)	148	(96.1%)
Yes	3	(4.5%)	3	(3.4%)	6	(3.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	62	(92.5%)	81	(93.1%)	143	(92.9%)
Yes	5	(7.5%)	6	(6.9%)	11	(7.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	64	(97.0%)	82	(94.3%)	146	(95.4%)
Yes	2	(3.0%)	5	(5.7%)	7	(4.6%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	83	(96.5%)	149	(98.0%)
Yes	0	(0.0%)	3	(3.5%)	3	(2.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	61	(92.4%)	81	(94.2%)	142	(93.4%)
Yes	5	(7.6%)	5	(5.8%)	10	(6.6%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by GP at surgery because of other health problems						
Week 12						
Missing	47	(83.9%)	70	(87.5%)	117	(86.0%)
Yes	8	(14.3%)	8	(10.0%)	16	(11.8%)
No	1	(1.8%)	2	(2.5%)	3	(2.2%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
Week 18						
Missing	42	(71.2%)	61	(78.2%)	103	(75.2%)
Yes	16	(27.1%)	16	(20.5%)	32	(23.4%)
No	1	(1.7%)	1	(1.3%)	2	(1.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
Week 24						
Missing	49	(84.5%)	74	(88.1%)	123	(86.6%)
Yes	8	(13.8%)	10	(11.9%)	18	(12.7%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by GP at surgery because of other health problems [no]			
<i>Week 1</i>			
N	5	6	11
Missing	62	81	143
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 2</i>			
N	3	2	5
Missing	64	85	149
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 3</i>			
N	5	6	11
Missing	62	81	143
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 4</i>			
N	2	5	7
Missing	64	82	146
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by GP at surgery because of other health problems [no]			
Week 5			
N	0	2	2
Missing	66	84	150
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 6			
N	5	3	8
Missing	61	83	144
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 12			
N	7	8	15
Missing	49	72	121
Mean	1.0	1.6	1.3
SD	0.00	1.06	0.82
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	4	4
Week 18			
N	12	11	23
Missing	47	67	114
Mean	1.2	1.8	1.5
SD	0.39	1.25	0.95
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	4	4

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by GP at surgery because of other health problems [no]			
<i>Week 24</i>			
N	5	6	11
Missing	53	78	131
Mean	1.6	1.5	1.5
SD	1.34	0.84	1.04
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	4	3	4

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by nurse at surgery						
<i>Week 1</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	4	(6.0%)	1	(1.1%)	5	(3.2%)
No	63	(94.0%)	86	(98.9%)	149	(96.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
No	66	(98.5%)	85	(97.7%)	151	(98.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
No	65	(97.0%)	83	(95.4%)	148	(96.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.7%)
Yes	1	(1.5%)	4	(4.6%)	5	(3.3%)
No	65	(98.5%)	82	(94.3%)	147	(96.1%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	1	(1.5%)	6	(7.0%)	7	(4.6%)
No	65	(98.5%)	78	(90.7%)	143	(94.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	5	(7.6%)	2	(2.3%)	7	(4.6%)
No	61	(92.4%)	84	(97.7%)	145	(95.4%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by nurse at surgery						
<i>Week 12</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	11	(19.6%)	9	(11.3%)	20	(14.7%)
No	45	(80.4%)	71	(88.8%)	116	(85.3%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	1	(1.3%)	1	(0.7%)
Yes	8	(13.6%)	8	(10.3%)	16	(11.7%)
No	51	(86.4%)	69	(88.5%)	120	(87.6%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	5	(8.6%)	8	(9.5%)	13	(9.2%)
No	52	(89.7%)	76	(90.5%)	128	(90.1%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by nurse at surgery because of bowel problems						
Week 1						
Missing	66	(98.5%)	87	(100.0%)	153	(99.4%)
No	1	(1.5%)	0	(0.0%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	66	(98.5%)	86	(98.9%)	152	(98.7%)
No	1	(1.5%)	1	(1.1%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	66	(100.0%)	86	(98.9%)	152	(99.3%)
No	0	(0.0%)	1	(1.1%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	65	(98.5%)	86	(100.0%)	151	(99.3%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by nurse at surgery because of bowel problems						
<i>Week 12</i>						
Missing	46	(82.1%)	75	(93.8%)	121	(89.0%)
Yes	2	(3.6%)	1	(1.3%)	3	(2.2%)
No	8	(14.3%)	4	(5.0%)	12	(8.8%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	54	(91.5%)	72	(92.3%)	126	(92.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	5	(8.5%)	6	(7.7%)	11	(8.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	55	(94.8%)	80	(95.2%)	135	(95.1%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	3	(5.2%)	4	(4.8%)	7	(4.9%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by nurse at surgery because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by nurse at surgery because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	2	1	3
Missing	54	79	133
Mean	2.0	1.0	1.7
SD	1.41		1.15
Minimum	1	1	1
Median	2.0	1.0	1.0
Maximum	3	1	3
Week 18			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by nurse at surgery because of bowel problems [no]			
<i>Week 24</i>			
N	0	0	0
Missing	58	84	142
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by nurse at surgery because of other health problems						
Week 1						
Missing	63	(94.0%)	86	(98.9%)	149	(96.8%)
Yes	4	(6.0%)	1	(1.1%)	5	(3.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	66	(98.5%)	87	(100.0%)	153	(99.4%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	65	(97.0%)	83	(95.4%)	148	(96.1%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	65	(98.5%)	83	(95.4%)	148	(96.7%)
Yes	1	(1.5%)	4	(4.6%)	5	(3.3%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	65	(98.5%)	81	(94.2%)	146	(96.1%)
Yes	1	(1.5%)	5	(5.8%)	6	(3.9%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	61	(92.4%)	84	(97.7%)	145	(95.4%)
Yes	5	(7.6%)	2	(2.3%)	7	(4.6%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant has been seen by nurse at surgery because of other health problems						
Week 12						
Missing	45	(80.4%)	71	(88.8%)	116	(85.3%)
Yes	9	(16.1%)	8	(10.0%)	17	(12.5%)
No	2	(3.6%)	1	(1.3%)	3	(2.2%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
Week 18						
Missing	51	(86.4%)	70	(89.7%)	121	(88.3%)
Yes	8	(13.6%)	8	(10.3%)	16	(11.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
Week 24						
Missing	53	(91.4%)	76	(90.5%)	129	(90.8%)
Yes	5	(8.6%)	8	(9.5%)	13	(9.2%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by nurse at surgery because of other health problems [no]			
Week 1			
N	2	0	2
Missing	65	87	152
Mean	1.0		1.0
SD	0.00		0.00
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	2	3	5
Missing	65	84	149
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 4			
N	0	3	3
Missing	66	84	150
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by nurse at surgery because of other health problems [no]			
<i>Week 5</i>			
N	1	4	5
Missing	65	82	147
Mean	1.0	1.8	1.6
SD		1.50	1.34
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	4	4
<i>Week 6</i>			
N	4	2	6
Missing	62	84	146
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 12</i>			
N	7	7	14
Missing	49	73	122
Mean	1.0	1.1	1.1
SD	0.00	0.38	0.27
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 18</i>			
N	4	8	12
Missing	55	70	125
Mean	1.0	1.5	1.3
SD	0.00	1.07	0.89
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	4	4

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Participant has been seen by nurse at surgery because of other health problems [no]			
<i>Week 24</i>			
N	4	7	11
Missing	54	77	131
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to doctor by telephone						
<i>Week 1</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	2	(3.0%)	6	(6.9%)	8	(5.2%)
No	65	(97.0%)	81	(93.1%)	146	(94.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
No	64	(95.5%)	82	(94.3%)	146	(94.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	1	(1.5%)	0	(0.0%)	1	(0.6%)
Yes	2	(3.0%)	5	(5.7%)	7	(4.5%)
No	64	(95.5%)	82	(94.3%)	146	(94.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	3	(4.5%)	5	(5.7%)	8	(5.2%)
No	63	(95.5%)	80	(92.0%)	143	(93.5%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	64	(97.0%)	84	(97.7%)	148	(97.4%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	0	(0.0%)	1	(0.7%)
Yes	0	(0.0%)	2	(2.3%)	2	(1.3%)
No	65	(98.5%)	84	(97.7%)	149	(98.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to doctor by telephone						
<i>Week 12</i>						
Yes	5	(8.9%)	5	(6.3%)	10	(7.4%)
No	51	(91.1%)	75	(93.8%)	126	(92.6%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Yes	8	(13.6%)	10	(12.8%)	18	(13.1%)
No	51	(86.4%)	68	(87.2%)	119	(86.9%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Yes	4	(6.9%)	9	(10.7%)	13	(9.2%)
No	54	(93.1%)	75	(89.3%)	129	(90.8%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to doctor by telephone because of bowel problems						
Week 1						
Missing	66	(98.5%)	85	(97.7%)	151	(98.1%)
Yes	0	(0.0%)	2	(2.3%)	2	(1.3%)
No	1	(1.5%)	0	(0.0%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	65	(97.0%)	86	(98.9%)	151	(98.1%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	2	(3.0%)	1	(1.1%)	3	(1.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	66	(98.5%)	85	(97.7%)	151	(98.1%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	1	(1.5%)	1	(1.1%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	65	(98.5%)	85	(97.7%)	150	(98.0%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	1	(1.1%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to doctor by telephone because of bowel problems						
<i>Week 12</i>						
Missing	52	(92.9%)	76	(95.0%)	128	(94.1%)
Yes	1	(1.8%)	0	(0.0%)	1	(0.7%)
No	3	(5.4%)	4	(5.0%)	7	(5.1%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	52	(88.1%)	76	(97.4%)	128	(93.4%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	7	(11.9%)	2	(2.6%)	9	(6.6%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	56	(96.6%)	78	(92.9%)	134	(94.4%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	2	(3.4%)	5	(6.0%)	7	(4.9%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to doctor by telephone because of bowel problems [no]			
<i>Week 1</i>			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 2</i>			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 3</i>			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 4</i>			
N	1	1	2
Missing	65	86	151
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to doctor by telephone because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	1	0	1
Missing	55	80	135
Mean	7.0		7.0
SD			
Minimum	7		7
Median	7.0		7.0
Maximum	7		7
Week 18			
N	0	1	1
Missing	59	77	136
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to doctor by telephone because of bowel problems [no]			
<i>Week 24</i>			
N	0	1	1
Missing	58	83	141
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to doctor by telephone because of other health problems						
<i>Week 1</i>						
Missing	65	(97.0%)	83	(95.4%)	148	(96.1%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	65	(97.0%)	83	(95.4%)	148	(96.1%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	65	(97.0%)	83	(95.4%)	148	(96.1%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	64	(97.0%)	82	(94.3%)	146	(95.4%)
Yes	2	(3.0%)	4	(4.6%)	6	(3.9%)
No	0	(0.0%)	1	(1.1%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	65	(98.5%)	85	(98.8%)	150	(98.7%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to doctor by telephone because of other health problems						
<i>Week 12</i>						
Missing	51	(91.1%)	75	(93.8%)	126	(92.6%)
Yes	4	(7.1%)	5	(6.3%)	9	(6.6%)
No	1	(1.8%)	0	(0.0%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	51	(86.4%)	68	(87.2%)	119	(86.9%)
Yes	8	(13.6%)	10	(12.8%)	18	(13.1%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	54	(93.1%)	76	(90.5%)	130	(91.5%)
Yes	4	(6.9%)	7	(8.3%)	11	(7.7%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to doctor by telephone because of other health problems [no]			
<i>Week 1</i>			
N	1	3	4
Missing	66	84	150
Mean	1.0	1.3	1.3
SD		0.58	0.50
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 2</i>			
N	2	4	6
Missing	65	83	148
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 3</i>			
N	2	3	5
Missing	65	84	149
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 4</i>			
N	2	4	6
Missing	64	83	147
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to doctor by telephone because of other health problems [no]			
<i>Week 5</i>			
N	1	1	2
Missing	65	85	150
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 6</i>			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 12</i>			
N	4	4	8
Missing	52	76	128
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 18</i>			
N	6	6	12
Missing	53	72	125
Mean	1.5	1.0	1.3
SD	0.84	0.00	0.62
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	3	1	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to doctor by telephone because of other health problems [no]			
<i>Week 24</i>			
N	2	6	8
Missing	56	78	134
Mean	2.5	1.7	1.9
SD	2.12	0.82	1.13
Minimum	1	1	1
Median	2.5	1.5	1.5
Maximum	4	3	4

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to nurse by telephone						
<i>Week 1</i>						
Missing	1	(1.5%)	0	(0.0%)	1	(0.6%)
Yes	0	(0.0%)	4	(4.6%)	4	(2.6%)
No	66	(98.5%)	83	(95.4%)	149	(96.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	3	(4.5%)	5	(5.7%)	8	(5.2%)
No	64	(95.5%)	80	(92.0%)	144	(93.5%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	1	(1.5%)	0	(0.0%)	1	(0.6%)
Yes	2	(3.0%)	5	(5.7%)	7	(4.5%)
No	64	(95.5%)	82	(94.3%)	146	(94.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	2	(3.0%)	3	(3.4%)	5	(3.3%)
No	63	(95.5%)	83	(95.4%)	146	(95.4%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Yes	4	(6.1%)	3	(3.5%)	7	(4.6%)
No	62	(93.9%)	82	(95.3%)	144	(94.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	0	(0.0%)	1	(0.7%)
Yes	1	(1.5%)	4	(4.7%)	5	(3.3%)
No	64	(97.0%)	82	(95.3%)	146	(96.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to nurse by telephone						
<i>Week 12</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	3	(5.4%)	2	(2.5%)	5	(3.7%)
No	53	(94.6%)	78	(97.5%)	131	(96.3%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	1	(1.3%)	1	(0.7%)
Yes	1	(1.7%)	3	(3.8%)	4	(2.9%)
No	58	(98.3%)	74	(94.9%)	132	(96.4%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	3	(5.2%)	3	(3.6%)	6	(4.2%)
No	55	(94.8%)	81	(96.4%)	136	(95.8%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to nurse by telephone because of bowel problems						
Week 1						
Missing	67	(100.0%)	84	(96.6%)	151	(98.1%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	0	(0.0%)	2	(2.3%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	66	(98.5%)	84	(96.6%)	150	(97.4%)
Yes	1	(1.5%)	3	(3.4%)	4	(2.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	66	(98.5%)	83	(95.4%)	149	(96.8%)
Yes	1	(1.5%)	4	(4.6%)	5	(3.2%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	65	(98.5%)	86	(98.9%)	151	(98.7%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	65	(98.5%)	83	(96.5%)	148	(97.4%)
Yes	1	(1.5%)	3	(3.5%)	4	(2.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	65	(98.5%)	83	(96.5%)	148	(97.4%)
Yes	1	(1.5%)	3	(3.5%)	4	(2.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to nurse by telephone because of bowel problems						
<i>Week 12</i>						
Missing	53	(94.6%)	78	(97.5%)	131	(96.3%)
Yes	3	(5.4%)	0	(0.0%)	3	(2.2%)
No	0	(0.0%)	2	(2.5%)	2	(1.5%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	59	(100.0%)	76	(97.4%)	135	(98.5%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	2	(2.6%)	2	(1.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	55	(94.8%)	82	(97.6%)	137	(96.5%)
Yes	3	(5.2%)	1	(1.2%)	4	(2.8%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to nurse by telephone because of bowel problems [no]			
<i>Week 1</i>			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 2</i>			
N	1	3	4
Missing	66	84	150
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 3</i>			
N	1	2	3
Missing	66	85	151
Mean	2.0	1.0	1.3
SD		0.00	0.58
Minimum	2	1	1
Median	2.0	1.0	1.0
Maximum	2	1	2
<i>Week 4</i>			
N	1	1	2
Missing	65	86	151
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to nurse by telephone because of bowel problems [no]			
Week 5			
N	1	3	4
Missing	65	83	148
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 6			
N	1	2	3
Missing	65	84	149
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 12			
N	3	0	3
Missing	53	80	133
Mean	3.0		3.0
SD	3.46		3.46
Minimum	1		1
Median	1.0		1.0
Maximum	7		7
Week 18			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to nurse by telephone because of bowel problems [no]			
<i>Week 24</i>			
N	3	1	4
Missing	55	83	138
Mean	1.0	3.0	1.5
SD	0.00		1.00
Minimum	1	3	1
Median	1.0	3.0	1.0
Maximum	1	3	3

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to nurse by telephone because of other health problems						
<i>Week 1</i>						
Missing	67	(100.0%)	83	(95.4%)	150	(97.4%)
Yes	0	(0.0%)	2	(2.3%)	2	(1.3%)
No	0	(0.0%)	2	(2.3%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	64	(95.5%)	84	(96.6%)	148	(96.1%)
Yes	2	(3.0%)	2	(2.3%)	4	(2.6%)
No	1	(1.5%)	1	(1.1%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	66	(98.5%)	84	(96.6%)	150	(97.4%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	2	(2.3%)	2	(1.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	64	(97.0%)	85	(97.7%)	149	(97.4%)
Yes	1	(1.5%)	2	(2.3%)	3	(2.0%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	62	(93.9%)	84	(97.7%)	146	(96.1%)
Yes	3	(4.5%)	1	(1.2%)	4	(2.6%)
No	1	(1.5%)	1	(1.2%)	2	(1.3%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	65	(98.5%)	85	(98.8%)	150	(98.7%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	1	(1.5%)	1	(1.2%)	2	(1.3%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you spoken to nurse by telephone because of other health problems						
<i>Week 12</i>						
Missing	54	(96.4%)	78	(97.5%)	132	(97.1%)
Yes	0	(0.0%)	2	(2.5%)	2	(1.5%)
No	2	(3.6%)	0	(0.0%)	2	(1.5%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	75	(96.2%)	133	(97.1%)
Yes	1	(1.7%)	3	(3.8%)	4	(2.9%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	81	(96.4%)	138	(97.2%)
Yes	0	(0.0%)	3	(3.6%)	3	(2.1%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to nurse by telephone because of other health problems [no]			
<i>Week 1</i>			
N	0	2	2
Missing	67	85	152
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 2</i>			
N	2	2	4
Missing	65	85	150
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 3</i>			
N	1	0	1
Missing	66	87	153
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
<i>Week 4</i>			
N	1	1	2
Missing	65	86	151
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to nurse by telephone because of other health problems [no]			
<i>Week 5</i>			
N	3	1	4
Missing	63	85	148
Mean	1.0	1.0	1.0
SD	0.00		0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 6</i>			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 12</i>			
N	0	2	2
Missing	56	78	134
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 18</i>			
N	0	3	3
Missing	59	75	134
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you spoken to nurse by telephone because of other health problems [no]			
<i>Week 24</i>			
N	0	2	2
Missing	58	82	140
Mean		2.0	2.0
SD		1.41	1.41
Minimum		1	1
Median		2.0	2.0
Maximum		3	3

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at home						
<i>Week 1</i>						
Missing	1	(1.5%)	2	(2.3%)	3	(1.9%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	66	(98.5%)	85	(97.7%)	151	(98.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(1.9%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	67	(100.0%)	84	(96.6%)	151	(98.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	67	(100.0%)	86	(98.9%)	153	(99.4%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	1	(1.5%)	3	(3.4%)	4	(2.6%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	65	(98.5%)	84	(96.6%)	149	(97.4%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	66	(100.0%)	83	(96.5%)	149	(98.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	65	(98.5%)	84	(97.7%)	149	(98.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at home						
<i>Week 12</i>						
Yes	0	(0.0%)	1	(1.3%)	1	(0.7%)
No	56	(100.0%)	79	(98.8%)	135	(99.3%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Yes	2	(3.4%)	1	(1.3%)	3	(2.2%)
No	57	(96.6%)	77	(98.7%)	134	(97.8%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Yes	1	(1.7%)	2	(2.4%)	3	(2.1%)
No	57	(98.3%)	82	(97.6%)	139	(97.9%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at home because of bowel problems						
<i>Week 1</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	66	(100.0%)	87	(100.0%)	153	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at home because of bowel problems						
<i>Week 12</i>						
Missing	56	(100.0%)	79	(98.8%)	135	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	1	(1.3%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	78	(100.0%)	136	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	82	(97.6%)	139	(97.9%)
Yes	1	(1.7%)	1	(1.2%)	2	(1.4%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at home because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at home because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	0	0	0
Missing	56	80	136
Mean			
SD			
Minimum			
Median			
Maximum			
Week 18			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at home because of bowel problems [no]			
<i>Week 24</i>			
N	1	2	3
Missing	57	82	139
Mean	1.0	0.5	0.7
SD		0.71	0.58
Minimum	1	0	0
Median	1.0	0.5	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at home because of other health problems						
Week 1						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	86	(98.9%)	153	(99.4%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	66	(100.0%)	87	(100.0%)	153	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at home because of other health problems						
<i>Week 12</i>						
Missing	56	(100.0%)	79	(98.8%)	135	(99.3%)
Yes	0	(0.0%)	1	(1.3%)	1	(0.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	57	(96.6%)	77	(98.7%)	134	(97.8%)
Yes	2	(3.4%)	1	(1.3%)	3	(2.2%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	82	(97.6%)	139	(97.9%)
Yes	0	(0.0%)	2	(2.4%)	2	(1.4%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at home because of other health problems [no]			
<i>Week 1</i>			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 2</i>			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 3</i>			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 4</i>			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at home because of other health problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	0	1	1
Missing	56	79	135
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 18			
N	2	1	3
Missing	57	77	134
Mean	1.0	2.0	1.3
SD	0.00		0.58
Minimum	1	2	1
Median	1.0	2.0	1.0
Maximum	1	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at home because of other health problems [no]			
<i>Week 24</i>			
N	0	2	2
Missing	58	82	140
Mean		3.0	3.0
SD		2.83	2.83
Minimum		1	1
Median		3.0	3.0
Maximum		5	5

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by a nurse at home						
Week 1						
Missing	1	(1.5%)	2	(2.3%)	3	(1.9%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	65	(97.0%)	84	(96.6%)	149	(96.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	0	(0.0%)	4	(4.6%)	4	(2.6%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	66	(98.5%)	82	(94.3%)	148	(96.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	66	(98.5%)	86	(98.9%)	152	(98.7%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	1	(1.5%)	3	(3.4%)	4	(2.6%)
Yes	2	(3.0%)	1	(1.1%)	3	(2.0%)
No	63	(95.5%)	83	(95.4%)	146	(95.4%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	2	(3.0%)	1	(1.2%)	3	(2.0%)
No	64	(97.0%)	83	(96.5%)	147	(96.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	2	(3.0%)	2	(2.3%)	4	(2.6%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	63	(95.5%)	83	(96.5%)	146	(96.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by a nurse at home						
<i>Week 12</i>						
Yes	2	(3.6%)	2	(2.5%)	4	(2.9%)
No	54	(96.4%)	78	(97.5%)	132	(97.1%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Yes	3	(5.1%)	3	(3.8%)	6	(4.4%)
No	56	(94.9%)	75	(96.2%)	131	(95.6%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Yes	1	(1.7%)	2	(2.4%)	3	(2.1%)
No	57	(98.3%)	82	(97.6%)	139	(97.9%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by a nurse at home because of bowel problems						
<i>Week 1</i>						
Missing	66	(98.5%)	86	(98.9%)	152	(98.7%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	66	(98.5%)	86	(98.9%)	152	(98.7%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	66	(98.5%)	86	(98.9%)	152	(98.7%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	65	(98.5%)	86	(98.9%)	151	(98.7%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	65	(98.5%)	85	(98.8%)	150	(98.7%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	65	(98.5%)	85	(98.8%)	150	(98.7%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by a nurse at home because of bowel problems						
<i>Week 12</i>						
Missing	54	(96.4%)	79	(98.8%)	133	(97.8%)
Yes	1	(1.8%)	1	(1.3%)	2	(1.5%)
No	1	(1.8%)	0	(0.0%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	57	(96.6%)	77	(98.7%)	134	(97.8%)
Yes	1	(1.7%)	1	(1.3%)	2	(1.5%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	82	(97.6%)	139	(97.9%)
Yes	0	(0.0%)	2	(2.4%)	2	(1.4%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by a nurse at home because of bowel problems [no]			
<i>Week 1</i>			
N	1	1	2
Missing	66	86	152
Mean	3.0	1.0	2.0
SD			1.41
Minimum	3	1	1
Median	3.0	1.0	2.0
Maximum	3	1	3
<i>Week 2</i>			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 3</i>			
N	1	1	2
Missing	66	86	152
Mean	4.0	1.0	2.5
SD			2.12
Minimum	4	1	1
Median	4.0	1.0	2.5
Maximum	4	1	4
<i>Week 4</i>			
N	1	1	2
Missing	65	86	151
Mean	3.0	1.0	2.0
SD			1.41
Minimum	3	1	1
Median	3.0	1.0	2.0
Maximum	3	1	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by a nurse at home because of bowel problems [no]			
Week 5			
N	0	1	1
Missing	66	85	151
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 6			
N	1	1	2
Missing	65	85	150
Mean	3.0	1.0	2.0
SD			1.41
Minimum	3	1	1
Median	3.0	1.0	2.0
Maximum	3	1	3
Week 12			
N	1	1	2
Missing	55	79	134
Mean	3.0	1.0	2.0
SD			1.41
Minimum	3	1	1
Median	3.0	1.0	2.0
Maximum	3	1	3
Week 18			
N	1	1	2
Missing	58	77	135
Mean	3.0	4.0	3.5
SD			0.71
Minimum	3	4	3
Median	3.0	4.0	3.5
Maximum	3	4	4

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by a nurse at home because of bowel problems [no]			
<i>Week 24</i>			
N	0	2	2
Missing	58	82	140
Mean		4.5	4.5
SD		2.12	2.12
Minimum		3	3
Median		4.5	4.5
Maximum		6	6

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by a nurse at home because of other health problems						
<i>Week 1</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	65	(98.5%)	87	(100.0%)	152	(99.3%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	64	(97.0%)	86	(100.0%)	150	(98.7%)
Yes	2	(3.0%)	0	(0.0%)	2	(1.3%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by a nurse at home because of other health problems						
<i>Week 12</i>						
Missing	54	(96.4%)	78	(97.5%)	132	(97.1%)
Yes	1	(1.8%)	1	(1.3%)	2	(1.5%)
No	1	(1.8%)	1	(1.3%)	2	(1.5%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	56	(94.9%)	75	(96.2%)	131	(95.6%)
Yes	2	(3.4%)	2	(2.6%)	4	(2.9%)
No	1	(1.7%)	1	(1.3%)	2	(1.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	83	(98.8%)	140	(98.6%)
Yes	1	(1.7%)	0	(0.0%)	1	(0.7%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by a nurse at home because of other health problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	1	0	1
Missing	65	87	152
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by a nurse at home because of other health problems [no]			
Week 5			
N	1	0	1
Missing	65	86	151
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	1	1	2
Missing	55	79	134
Mean	2.0	1.0	1.5
SD			0.71
Minimum	2	1	1
Median	2.0	1.0	1.5
Maximum	2	1	2
Week 18			
N	2	1	3
Missing	57	77	134
Mean	1.5	3.0	2.0
SD	0.71		1.00
Minimum	1	3	1
Median	1.5	3.0	2.0
Maximum	2	3	3

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you visited an out of hours clinic						
<i>Week 1</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	66	(98.5%)	86	(98.9%)	152	(98.7%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(1.9%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	67	(100.0%)	84	(96.6%)	151	(98.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	1	(1.5%)	0	(0.0%)	1	(0.6%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	66	(98.5%)	87	(100.0%)	153	(99.4%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	2	(3.0%)	2	(2.3%)	4	(2.6%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.7%)
No	64	(97.0%)	84	(96.6%)	148	(96.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	2	(3.0%)	2	(2.3%)	4	(2.6%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	64	(97.0%)	83	(96.5%)	147	(96.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	3	(4.5%)	2	(2.3%)	5	(3.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	63	(95.5%)	84	(97.7%)	147	(96.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you visited an out of hours clinic						
<i>Week 12</i>						
Yes	0	(0.0%)	1	(1.3%)	1	(0.7%)
No	56	(100.0%)	79	(98.8%)	135	(99.3%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	59	(100.0%)	78	(100.0%)	137	(100.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Yes	0	(0.0%)	2	(2.4%)	2	(1.4%)
No	58	(100.0%)	82	(97.6%)	140	(98.6%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you visited an out of hours clinic because of bowel problems						
Week 1						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	66	(100.0%)	87	(100.0%)	153	(100.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you visited an out of hours clinic because of bowel problems						
<i>Week 12</i>						
Missing	56	(100.0%)	79	(98.8%)	135	(99.3%)
No	0	(0.0%)	1	(1.3%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	59	(100.0%)	78	(100.0%)	137	(100.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	58	(100.0%)	83	(98.8%)	141	(99.3%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you visited an out of hours clinic because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you visited an out of hours clinic because of bowel problems [no]			
<i>Week 5</i>			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 6</i>			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 12</i>			
N	0	0	0
Missing	56	80	136
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 18</i>			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you visited an out of hours clinic because of bowel problems [no]			
<i>Week 24</i>			
N	0	0	0
Missing	58	84	142
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you visited an out of hours clinic because of other health problems						
Week 1						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	66	(100.0%)	86	(98.9%)	152	(99.3%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you visited an out of hours clinic because of other health problems						
<i>Week 12</i>						
Missing	56	(100.0%)	79	(98.8%)	135	(99.3%)
Yes	0	(0.0%)	1	(1.3%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	59	(100.0%)	78	(100.0%)	137	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	58	(100.0%)	82	(97.6%)	140	(98.6%)
Yes	0	(0.0%)	2	(2.4%)	2	(1.4%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you visited an out of hours clinic because of other health problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	1	1
Missing	66	86	152
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you visited an out of hours clinic because of other health problems [no]			
Week 5			
N	0	1	1
Missing	66	85	151
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	0	1	1
Missing	56	79	135
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 18			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you visited an out of hours clinic because of other health problems [no]			
<i>Week 24</i>			
N	0	2	2
Missing	58	82	140
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at routine hospital or outpatient department						
<i>Week 1</i>						
Missing	2	(3.0%)	1	(1.1%)	3	(1.9%)
Yes	5	(7.5%)	7	(8.0%)	12	(7.8%)
No	60	(89.6%)	79	(90.8%)	139	(90.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	4	(4.6%)	4	(2.6%)
Yes	6	(9.0%)	3	(3.4%)	9	(5.8%)
No	61	(91.0%)	80	(92.0%)	141	(91.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	3	(4.5%)	6	(6.9%)	9	(5.8%)
No	64	(95.5%)	81	(93.1%)	145	(94.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	1	(1.5%)	3	(3.4%)	4	(2.6%)
Yes	4	(6.1%)	7	(8.0%)	11	(7.2%)
No	61	(92.4%)	77	(88.5%)	138	(90.2%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	2	(3.0%)	4	(4.7%)	6	(3.9%)
No	64	(97.0%)	80	(93.0%)	144	(94.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	3	(4.5%)	5	(5.8%)	8	(5.3%)
No	62	(93.9%)	80	(93.0%)	142	(93.4%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at routine hospital or outpatient department						
<i>Week 12</i>						
Missing	0	(0.0%)	1	(1.3%)	1	(0.7%)
Yes	5	(8.9%)	5	(6.3%)	10	(7.4%)
No	51	(91.1%)	74	(92.5%)	125	(91.9%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	7	(11.9%)	17	(21.8%)	24	(17.5%)
No	52	(88.1%)	61	(78.2%)	113	(82.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	6	(10.3%)	19	(22.6%)	25	(17.6%)
No	52	(89.7%)	65	(77.4%)	117	(82.4%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at routine hospital or outpatient department because of bowel problems						
<i>Week 1</i>						
Missing	64	(95.5%)	83	(95.4%)	147	(95.5%)
Yes	1	(1.5%)	2	(2.3%)	3	(1.9%)
No	2	(3.0%)	2	(2.3%)	4	(2.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	62	(92.5%)	86	(98.9%)	148	(96.1%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
No	4	(6.0%)	1	(1.1%)	5	(3.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	66	(98.5%)	84	(96.6%)	150	(97.4%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
No	0	(0.0%)	3	(3.4%)	3	(1.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	63	(95.5%)	84	(96.6%)	147	(96.1%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
No	2	(3.0%)	3	(3.4%)	5	(3.3%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	64	(97.0%)	84	(97.7%)	148	(97.4%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
No	1	(1.5%)	2	(2.3%)	3	(2.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	65	(98.5%)	83	(96.5%)	148	(97.4%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	1	(1.5%)	2	(2.3%)	3	(2.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at routine hospital or outpatient department because of bowel problems						
<i>Week 12</i>						
Missing	51	(91.1%)	76	(95.0%)	127	(93.4%)
Yes	2	(3.6%)	0	(0.0%)	2	(1.5%)
No	3	(5.4%)	4	(5.0%)	7	(5.1%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	54	(91.5%)	66	(84.6%)	120	(87.6%)
Yes	0	(0.0%)	2	(2.6%)	2	(1.5%)
No	5	(8.5%)	10	(12.8%)	15	(10.9%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	53	(91.4%)	71	(84.5%)	124	(87.3%)
Yes	1	(1.7%)	2	(2.4%)	3	(2.1%)
No	4	(6.9%)	11	(13.1%)	15	(10.6%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at routine hospital or outpatient department because of bowel problems [no]			
<i>Week 1</i>			
N	1	2	3
Missing	66	85	151
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 2</i>			
N	1	0	1
Missing	66	87	153
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
<i>Week 3</i>			
N	1	0	1
Missing	66	87	153
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
<i>Week 4</i>			
N	1	0	1
Missing	65	87	152
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at routine hospital or outpatient department because of bowel problems [no]			
Week 5			
N	1	0	1
Missing	65	86	151
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 6			
N	0	1	1
Missing	66	85	151
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 12			
N	2	0	2
Missing	54	80	134
Mean	1.0		1.0
SD	0.00		0.00
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 18			
N	0	2	2
Missing	59	76	135
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at routine hospital or outpatient department because of bowel problems [no]			
<i>Week 24</i>			
N	1	2	3
Missing	57	82	139
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at routine hospital or outpatient department because of other health problems						
<i>Week 1</i>						
Missing	62	(92.5%)	80	(92.0%)	142	(92.2%)
Yes	4	(6.0%)	5	(5.7%)	9	(5.8%)
No	1	(1.5%)	2	(2.3%)	3	(1.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	61	(91.0%)	84	(96.6%)	145	(94.2%)
Yes	5	(7.5%)	3	(3.4%)	8	(5.2%)
No	1	(1.5%)	0	(0.0%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	64	(95.5%)	81	(93.1%)	145	(94.2%)
Yes	3	(4.5%)	6	(6.9%)	9	(5.8%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	62	(93.9%)	80	(92.0%)	142	(92.8%)
Yes	3	(4.5%)	7	(8.0%)	10	(6.5%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	64	(97.0%)	82	(95.3%)	146	(96.1%)
Yes	1	(1.5%)	4	(4.7%)	5	(3.3%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	63	(95.5%)	82	(95.3%)	145	(95.4%)
Yes	3	(4.5%)	4	(4.7%)	7	(4.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been seen by doctor at routine hospital or outpatient department because of other health problems						
Week 12						
Missing	52	(92.9%)	75	(93.8%)	127	(93.4%)
Yes	4	(7.1%)	5	(6.3%)	9	(6.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
Week 18						
Missing	52	(88.1%)	61	(78.2%)	113	(82.5%)
Yes	7	(11.9%)	16	(20.5%)	23	(16.8%)
No	0	(0.0%)	1	(1.3%)	1	(0.7%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
Week 24						
Missing	52	(89.7%)	65	(77.4%)	117	(82.4%)
Yes	5	(8.6%)	18	(21.4%)	23	(16.2%)
No	1	(1.7%)	1	(1.2%)	2	(1.4%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at routine hospital or outpatient department because of other health problems [no]			
<i>Week 1</i>			
N	3	5	8
Missing	64	82	146
Mean	1.0	1.2	1.1
SD	0.00	0.45	0.35
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 2</i>			
N	4	3	7
Missing	63	84	147
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 3</i>			
N	3	5	8
Missing	64	82	146
Mean	1.0	1.2	1.1
SD	0.00	0.45	0.35
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 4</i>			
N	3	7	10
Missing	63	80	143
Mean	1.0	1.1	1.1
SD	0.00	0.38	0.32
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at routine hospital or outpatient department because of other health problems [no]			
<i>Week 5</i>			
N	1	4	5
Missing	65	82	147
Mean	1.0	1.3	1.2
SD		0.50	0.45
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 6</i>			
N	2	4	6
Missing	64	82	146
Mean	1.0	1.3	1.2
SD	0.00	0.50	0.41
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 12</i>			
N	4	4	8
Missing	52	76	128
Mean	1.3	1.0	1.1
SD	0.50	0.00	0.35
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	1	2
<i>Week 18</i>			
N	7	14	21
Missing	52	64	116
Mean	1.3	1.5	1.4
SD	0.76	0.94	0.87
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	3	4	4

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been seen by doctor at routine hospital or outpatient department because of other health problems [no]			
<i>Week 24</i>			
N	3	14	17
Missing	55	70	125
Mean	2.0	1.1	1.2
SD	1.73	0.27	0.75
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	4	2	4

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been admitted to a hospital as an inpatient or day patient						
<i>Week 1</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	66	(98.5%)	86	(98.9%)	152	(98.7%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(1.9%)
Yes	0	(0.0%)	5	(5.7%)	5	(3.2%)
No	67	(100.0%)	79	(90.8%)	146	(94.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	2	(3.0%)	1	(1.1%)	3	(2.0%)
No	63	(95.5%)	85	(97.7%)	148	(96.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	64	(97.0%)	84	(97.7%)	148	(97.4%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	64	(97.0%)	84	(97.7%)	148	(97.4%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been admitted to a hospital as an inpatient or day patient						
<i>Week 12</i>						
Yes	5	(8.9%)	2	(2.5%)	7	(5.1%)
No	51	(91.1%)	78	(97.5%)	129	(94.9%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Yes	1	(1.7%)	5	(6.4%)	6	(4.4%)
No	58	(98.3%)	73	(93.6%)	131	(95.6%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Yes	1	(1.7%)	4	(4.8%)	5	(3.5%)
No	57	(98.3%)	80	(95.2%)	137	(96.5%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been admitted to a hospital as an inpatient or day patient because of bowel problems						
Week 1						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	86	(98.9%)	153	(99.4%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	66	(100.0%)	86	(98.9%)	152	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	1	(1.1%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been admitted to a hospital as an inpatient or day patient because of bowel problems						
<i>Week 12</i>						
Missing	52	(92.9%)	79	(98.8%)	131	(96.3%)
Yes	1	(1.8%)	0	(0.0%)	1	(0.7%)
No	3	(5.4%)	1	(1.3%)	4	(2.9%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	77	(98.7%)	135	(98.5%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	1	(1.7%)	1	(1.3%)	2	(1.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	80	(95.2%)	137	(96.5%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	1	(1.7%)	3	(3.6%)	4	(2.8%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been admitted to a hospital as an inpatient or day patient because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been admitted to a hospital as an inpatient or day patient because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	1	0	1
Missing	55	80	135
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 18			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been admitted to a hospital as an inpatient or day patient because of bowel problems [no]			
<i>Week 24</i>			
N	0	1	1
Missing	58	83	141
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been admitted to a hospital as an inpatient or day patient because of other health problems						
Week 1						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	83	(95.4%)	150	(97.4%)
Yes	0	(0.0%)	4	(4.6%)	4	(2.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	64	(97.0%)	86	(98.9%)	150	(98.0%)
Yes	2	(3.0%)	1	(1.1%)	3	(2.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	65	(98.5%)	85	(98.8%)	150	(98.7%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	65	(98.5%)	85	(98.8%)	150	(98.7%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been admitted to a hospital as an inpatient or day patient because of other health problems						
<i>Week 12</i>						
Missing	51	(91.1%)	78	(97.5%)	129	(94.9%)
Yes	4	(7.1%)	2	(2.5%)	6	(4.4%)
No	1	(1.8%)	0	(0.0%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	73	(93.6%)	131	(95.6%)
Yes	1	(1.7%)	5	(6.4%)	6	(4.4%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	57	(98.3%)	80	(95.2%)	137	(96.5%)
Yes	1	(1.7%)	3	(3.6%)	4	(2.8%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been admitted to a hospital as an inpatient or day patient because of other health problems			
[no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	3	3
Missing	67	84	151
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	1	1	2
Missing	65	86	151
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been admitted to a hospital as an inpatient or day patient because of other health problems			
[no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	1	1	2
Missing	65	85	150
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 12			
N	3	1	4
Missing	53	79	132
Mean	1.3	1.0	1.3
SD	0.58		0.50
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	1	2
Week 18			
N	1	5	6
Missing	58	73	131
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been admitted to a hospital as an inpatient or day patient because of other health problems			
[no]			
<i>Week 24</i>			
N	1	2	3
Missing	57	82	139
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been to a hospital casualty (A and E) department						
<i>Week 1</i>						
Missing	2	(3.0%)	1	(1.1%)	3	(1.9%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	65	(97.0%)	86	(98.9%)	151	(98.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	67	(100.0%)	84	(96.6%)	151	(98.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	1	(1.1%)	1	(0.6%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	67	(100.0%)	86	(98.9%)	153	(99.4%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	65	(98.5%)	86	(98.9%)	151	(98.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	2	(2.3%)	3	(2.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	65	(98.5%)	84	(97.7%)	149	(98.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	65	(98.5%)	85	(98.8%)	150	(98.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been to a hospital casualty (A and E) department						
<i>Week 12</i>						
Missing	1	(1.8%)	0	(0.0%)	1	(0.7%)
Yes	1	(1.8%)	0	(0.0%)	1	(0.7%)
No	54	(96.4%)	80	(100.0%)	134	(98.5%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	1	(1.7%)	3	(3.8%)	4	(2.9%)
No	58	(98.3%)	75	(96.2%)	133	(97.1%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	0	(0.0%)	2	(2.4%)	2	(1.4%)
No	58	(100.0%)	82	(97.6%)	140	(98.6%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been to a hospital casualty (A and E) department because of bowel problems						
Week 1						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	66	(100.0%)	87	(100.0%)	153	(100.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been to a hospital casualty (A and E) department because of bowel problems						
<i>Week 12</i>						
Missing	55	(98.2%)	80	(100.0%)	135	(99.3%)
Yes	1	(1.8%)	0	(0.0%)	1	(0.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	76	(97.4%)	134	(97.8%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	1	(1.7%)	2	(2.6%)	3	(2.2%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	58	(100.0%)	83	(98.8%)	141	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been to a hospital casualty (A and E) department because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been to a hospital casualty (A and E) department because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	1	0	1
Missing	55	80	135
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 18			
N	0	0	0
Missing	59	78	137
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been to a hospital casualty (A and E) department because of bowel problems [no]			
<i>Week 24</i>			
N	0	0	0
Missing	58	84	142
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been to a hospital casualty (A and E) department because of other health problems						
<i>Week 1</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	67	(100.0%)	86	(98.9%)	153	(99.4%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	66	(100.0%)	87	(100.0%)	153	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	66	(100.0%)	86	(100.0%)	152	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been to a hospital casualty (A and E) department because of other health problems						
<i>Week 12</i>						
Missing	55	(98.2%)	80	(100.0%)	135	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	1	(1.8%)	0	(0.0%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	75	(96.2%)	133	(97.1%)
Yes	1	(1.7%)	3	(3.8%)	4	(2.9%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	58	(100.0%)	82	(97.6%)	140	(98.6%)
Yes	0	(0.0%)	2	(2.4%)	2	(1.4%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you been to a hospital casualty (A and E) department because of other health problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	0	0	0
Missing	66	87	153
Mean			
SD			
Minimum			
Median			
Maximum			

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been to a hospital casualty (A and E) department because of other health problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	0	0	0
Missing	56	80	136
Mean			
SD			
Minimum			
Median			
Maximum			
Week 18			
N	1	2	3
Missing	58	76	134
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you been to a hospital casualty (A and E) department because of other health problems [no]			
<i>Week 24</i>			
N	0	2	2
Missing	58	82	140
Mean		1.0	1.0
SD		0.00	0.00
Minimum		1	1
Median		1.0	1.0
Maximum		1	1

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you seen any other allied health professionals						
Week 1						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	11	(16.4%)	10	(11.5%)	21	(13.6%)
No	55	(82.1%)	76	(87.4%)	131	(85.1%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	0	(0.0%)	3	(3.4%)	3	(1.9%)
Yes	8	(11.9%)	8	(9.2%)	16	(10.4%)
No	59	(88.1%)	76	(87.4%)	135	(87.7%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	3	(4.5%)	0	(0.0%)	3	(1.9%)
Yes	7	(10.4%)	8	(9.2%)	15	(9.7%)
No	57	(85.1%)	79	(90.8%)	136	(88.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	1	(1.5%)	2	(2.3%)	3	(2.0%)
Yes	9	(13.6%)	10	(11.5%)	19	(12.4%)
No	56	(84.8%)	75	(86.2%)	131	(85.6%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	7	(10.6%)	8	(9.3%)	15	(9.9%)
No	58	(87.9%)	77	(89.5%)	135	(88.8%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	2	(3.0%)	3	(3.5%)	5	(3.3%)
Yes	10	(15.2%)	5	(5.8%)	15	(9.9%)
No	54	(81.8%)	78	(90.7%)	132	(86.8%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you seen any other allied health professionals						
<i>Week 12</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	12	(21.4%)	16	(20.0%)	28	(20.6%)
No	44	(78.6%)	64	(80.0%)	108	(79.4%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	1	(1.3%)	1	(0.7%)
Yes	12	(20.3%)	19	(24.4%)	31	(22.6%)
No	47	(79.7%)	58	(74.4%)	105	(76.6%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	11	(19.0%)	16	(19.0%)	27	(19.0%)
No	47	(81.0%)	68	(81.0%)	115	(81.0%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
ave you seen any other allied health professionals because of bowel problems						
<i>Week 1</i>						
Missing	65	(97.0%)	86	(98.9%)	151	(98.1%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	2	(3.0%)	1	(1.1%)	3	(1.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	63	(94.0%)	86	(98.9%)	149	(96.8%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	4	(6.0%)	1	(1.1%)	5	(3.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	65	(97.0%)	84	(96.6%)	149	(96.8%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	2	(3.0%)	3	(3.4%)	5	(3.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	63	(95.5%)	84	(96.6%)	147	(96.1%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
No	2	(3.0%)	3	(3.4%)	5	(3.3%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	63	(95.5%)	83	(96.5%)	146	(96.1%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	2	(3.0%)	2	(2.3%)	4	(2.6%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	63	(95.5%)	85	(98.8%)	148	(97.4%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	3	(4.5%)	1	(1.2%)	4	(2.6%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
ave you seen any other allied health professionals because of bowel problems						
Week 12						
Missing	46	(82.1%)	67	(83.8%)	113	(83.1%)
Yes	3	(5.4%)	5	(6.3%)	8	(5.9%)
No	7	(12.5%)	8	(10.0%)	15	(11.0%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
Week 18						
Missing	51	(86.4%)	65	(83.3%)	116	(84.7%)
Yes	2	(3.4%)	1	(1.3%)	3	(2.2%)
No	6	(10.2%)	12	(15.4%)	18	(13.1%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
Week 24						
Missing	49	(84.5%)	73	(86.9%)	122	(85.9%)
Yes	2	(3.4%)	3	(3.6%)	5	(3.5%)
No	7	(12.1%)	8	(9.5%)	15	(10.6%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you seen any other allied health professionals because of bowel problems [no]			
Week 1			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 4			
N	1	0	1
Missing	65	87	152
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you seen any other allied health professionals because of bowel problems [no]			
Week 5			
N	1	0	1
Missing	65	86	151
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 6			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 12			
N	3	4	7
Missing	53	76	129
Mean	1.0	1.3	1.1
SD	0.00	0.50	0.38
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
Week 18			
N	2	1	3
Missing	57	77	134
Mean	1.0	1.0	1.0
SD	0.00		0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you seen any other allied health professionals because of bowel problems [no]			
<i>Week 24</i>			
N	2	3	5
Missing	56	81	137
Mean	1.5	2.7	2.2
SD	0.71	2.89	2.17
Minimum	1	1	1
Median	1.5	1.0	1.0
Maximum	2	6	6

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you seen any other allied health professionals because of other health problems						
<i>Week 1</i>						
Missing	57	(85.1%)	77	(88.5%)	134	(87.0%)
Yes	10	(14.9%)	10	(11.5%)	20	(13.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	59	(88.1%)	79	(90.8%)	138	(89.6%)
Yes	8	(11.9%)	8	(9.2%)	16	(10.4%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	60	(89.6%)	79	(90.8%)	139	(90.3%)
Yes	7	(10.4%)	8	(9.2%)	15	(9.7%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	57	(86.4%)	77	(88.5%)	134	(87.6%)
Yes	9	(13.6%)	10	(11.5%)	19	(12.4%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	59	(89.4%)	79	(91.9%)	138	(90.8%)
Yes	6	(9.1%)	7	(8.1%)	13	(8.6%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	56	(84.8%)	81	(94.2%)	137	(90.1%)
Yes	10	(15.2%)	5	(5.8%)	15	(9.9%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you seen any other allied health professionals because of other health problems						
<i>Week 12</i>						
Missing	45	(80.4%)	64	(80.0%)	109	(80.1%)
Yes	9	(16.1%)	12	(15.0%)	21	(15.4%)
No	2	(3.6%)	4	(5.0%)	6	(4.4%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	48	(81.4%)	60	(76.9%)	108	(78.8%)
Yes	10	(16.9%)	18	(23.1%)	28	(20.4%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	47	(81.0%)	71	(84.5%)	118	(83.1%)
Yes	10	(17.2%)	13	(15.5%)	23	(16.2%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you seen any other allied health professionals because of other health problems [no]			
<i>Week 1</i>			
N	8	8	16
Missing	59	79	138
Mean	1.0	1.1	1.1
SD	0.00	0.35	0.25
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 2</i>			
N	8	8	16
Missing	59	79	138
Mean	1.3	1.9	1.6
SD	0.46	1.73	1.26
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	6	6
<i>Week 3</i>			
N	7	6	13
Missing	60	81	141
Mean	1.1	1.0	1.1
SD	0.38	0.00	0.28
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	1	2
<i>Week 4</i>			
N	8	10	18
Missing	58	77	135
Mean	1.0	1.1	1.1
SD	0.00	0.32	0.24
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you seen any other allied health professionals because of other health problems [no]			
<i>Week 5</i>			
N	6	7	13
Missing	60	79	139
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
<i>Week 6</i>			
N	8	5	13
Missing	58	81	139
Mean	1.1	1.0	1.1
SD	0.35	0.00	0.28
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	1	2
<i>Week 12</i>			
N	6	12	18
Missing	50	68	118
Mean	1.3	0.9	1.1
SD	0.52	0.29	0.42
Minimum	1	0	0
Median	1.0	1.0	1.0
Maximum	2	1	2
<i>Week 18</i>			
N	7	15	22
Missing	52	63	115
Mean	1.4	2.0	1.8
SD	0.79	2.39	2.02
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	3	10	10

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you seen any other allied health professionals because of other health problems [no]			
<i>Week 24</i>			
N	7	11	18
Missing	51	73	124
Mean	1.3	2.9	2.3
SD	0.49	3.53	2.85
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	10	10

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you attended the continence service						
<i>Week 1</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	0	(0.0%)	2	(2.3%)	2	(1.3%)
No	66	(98.5%)	84	(96.6%)	150	(97.4%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	2	(2.3%)	2	(1.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	67	(100.0%)	85	(97.7%)	152	(98.7%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
No	66	(98.5%)	87	(100.0%)	153	(99.4%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	2	(3.0%)	1	(1.1%)	3	(2.0%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	63	(95.5%)	85	(97.7%)	148	(96.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
No	66	(100.0%)	84	(97.7%)	150	(98.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	1	(1.2%)	2	(1.3%)
Yes	2	(3.0%)	1	(1.2%)	3	(2.0%)
No	63	(95.5%)	84	(97.7%)	147	(96.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you attended the continence service						
<i>Week 12</i>						
Missing	1	(1.8%)	0	(0.0%)	1	(0.7%)
Yes	2	(3.6%)	6	(7.5%)	8	(5.9%)
No	53	(94.6%)	74	(92.5%)	127	(93.4%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	2	(3.4%)	5	(6.4%)	7	(5.1%)
No	57	(96.6%)	73	(93.6%)	130	(94.9%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	0	(0.0%)	1	(1.2%)	1	(0.7%)
Yes	3	(5.2%)	3	(3.6%)	6	(4.2%)
No	55	(94.8%)	80	(95.2%)	135	(95.1%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you attended the continence service because of bowel problems						
<i>Week 1</i>						
Missing	67	(100.0%)	86	(98.9%)	153	(99.4%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	66	(98.5%)	87	(100.0%)	153	(99.4%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	65	(98.5%)	86	(98.9%)	151	(98.7%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
No	0	(0.0%)	1	(1.1%)	1	(0.7%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	64	(97.0%)	85	(98.8%)	149	(98.0%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you attended the continence service because of bowel problems						
<i>Week 12</i>						
Missing	54	(96.4%)	75	(93.8%)	129	(94.9%)
Yes	1	(1.8%)	5	(6.3%)	6	(4.4%)
No	1	(1.8%)	0	(0.0%)	1	(0.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	74	(94.9%)	132	(96.4%)
Yes	1	(1.7%)	1	(1.3%)	2	(1.5%)
No	0	(0.0%)	3	(3.8%)	3	(2.2%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	55	(94.8%)	83	(98.8%)	138	(97.2%)
Yes	1	(1.7%)	0	(0.0%)	1	(0.7%)
No	2	(3.4%)	1	(1.2%)	3	(2.1%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you attended the continence service because of bowel problems [no]			
Week 1			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 2			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
Week 3			
N	1	0	1
Missing	66	87	153
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 4			
N	1	0	1
Missing	65	87	152
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you attended the continence service because of bowel problems [no]			
Week 5			
N	0	0	0
Missing	66	86	152
Mean			
SD			
Minimum			
Median			
Maximum			
Week 6			
N	1	0	1
Missing	65	86	151
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 12			
N	1	4	5
Missing	55	76	131
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 18			
N	1	1	2
Missing	58	77	135
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you attended the continence service because of bowel problems [no]			
<i>Week 24</i>			
N	1	0	1
Missing	57	84	141
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you attended the continence service because of other health problems						
Week 1						
Missing	67	(100.0%)	86	(98.9%)	153	(99.4%)
Yes	0	(0.0%)	1	(1.1%)	1	(0.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 2						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 3						
Missing	67	(100.0%)	87	(100.0%)	154	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
Week 4						
Missing	65	(98.5%)	86	(98.9%)	151	(98.7%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
Week 5						
Missing	66	(100.0%)	85	(98.8%)	151	(99.3%)
Yes	0	(0.0%)	1	(1.2%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
Week 6						
Missing	65	(98.5%)	86	(100.0%)	151	(99.3%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you attended the continence service because of other health problems						
<i>Week 12</i>						
Missing	55	(98.2%)	74	(92.5%)	129	(94.9%)
Yes	1	(1.8%)	1	(1.3%)	2	(1.5%)
No	0	(0.0%)	5	(6.3%)	5	(3.7%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	58	(98.3%)	73	(93.6%)	131	(95.6%)
Yes	1	(1.7%)	4	(5.1%)	5	(3.6%)
No	0	(0.0%)	1	(1.3%)	1	(0.7%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	55	(94.8%)	81	(96.4%)	136	(95.8%)
Yes	2	(3.4%)	3	(3.6%)	5	(3.5%)
No	1	(1.7%)	0	(0.0%)	1	(0.7%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Have you attended the continence service because of other health problems [no]			
<i>Week 1</i>			
N	0	1	1
Missing	67	86	153
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
<i>Week 2</i>			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 3</i>			
N	0	0	0
Missing	67	87	154
Mean			
SD			
Minimum			
Median			
Maximum			
<i>Week 4</i>			
N	1	1	2
Missing	65	86	151
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you attended the continence service because of other health problems [no]			
Week 5			
N	0	1	1
Missing	66	85	151
Mean		1.0	1.0
SD			
Minimum		1	1
Median		1.0	1.0
Maximum		1	1
Week 6			
N	1	0	1
Missing	65	86	151
Mean	1.0		1.0
SD			
Minimum	1		1
Median	1.0		1.0
Maximum	1		1
Week 12			
N	1	1	2
Missing	55	79	134
Mean	1.0	1.0	1.0
SD			0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 18			
N	1	4	5
Missing	58	74	132
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Have you attended the continence service because of other health problems [no]			
<i>Week 24</i>			
N	1	2	3
Missing	57	82	139
Mean	1.0	1.0	1.0
SD		0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you bought any medications for bowel problem from pharmacy or other shop						
<i>Week 1</i>						
Missing	1	(1.5%)	2	(2.3%)	3	(1.9%)
Yes	6	(9.0%)	5	(5.7%)	11	(7.1%)
No	60	(89.6%)	80	(92.0%)	140	(90.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	1	(1.5%)	3	(3.4%)	4	(2.6%)
Yes	4	(6.0%)	4	(4.6%)	8	(5.2%)
No	62	(92.5%)	80	(92.0%)	142	(92.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	1	(1.5%)	4	(4.6%)	5	(3.2%)
Yes	3	(4.5%)	6	(6.9%)	9	(5.8%)
No	63	(94.0%)	77	(88.5%)	140	(90.9%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	2	(3.0%)	3	(3.4%)	5	(3.3%)
Yes	3	(4.5%)	5	(5.7%)	8	(5.2%)
No	61	(92.4%)	79	(90.8%)	140	(91.5%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	5	(5.8%)	6	(3.9%)
Yes	1	(1.5%)	3	(3.5%)	4	(2.6%)
No	64	(97.0%)	78	(90.7%)	142	(93.4%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	3	(4.5%)	2	(2.3%)	5	(3.3%)
Yes	2	(3.0%)	5	(5.8%)	7	(4.6%)
No	61	(92.4%)	79	(91.9%)	140	(92.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you bought any medications for bowel problem from pharmacy or other shop						
Week 12						
Missing	2	(3.6%)	0	(0.0%)	2	(1.5%)
Yes	10	(17.9%)	14	(17.5%)	24	(17.6%)
No	44	(78.6%)	66	(82.5%)	110	(80.9%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
Week 18						
Missing	0	(0.0%)	0	(0.0%)	0	(0.0%)
Yes	6	(10.2%)	15	(19.2%)	21	(15.3%)
No	53	(89.8%)	63	(80.8%)	116	(84.7%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
Week 24						
Missing	2	(3.4%)	0	(0.0%)	2	(1.4%)
Yes	8	(13.8%)	12	(14.3%)	20	(14.1%)
No	48	(82.8%)	72	(85.7%)	120	(84.5%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been prescribed any medications for bowel problem by GP or hospital doctor						
<i>Week 1</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	1	(1.5%)	5	(5.7%)	6	(3.9%)
No	65	(97.0%)	81	(93.1%)	146	(94.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	4	(4.6%)	4	(2.6%)
Yes	3	(4.5%)	3	(3.4%)	6	(3.9%)
No	64	(95.5%)	80	(92.0%)	144	(93.5%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	5	(5.7%)	5	(3.2%)
Yes	2	(3.0%)	3	(3.4%)	5	(3.2%)
No	65	(97.0%)	79	(90.8%)	144	(93.5%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	2	(3.0%)	4	(4.6%)	6	(3.9%)
Yes	5	(7.6%)	5	(5.7%)	10	(6.5%)
No	59	(89.4%)	78	(89.7%)	137	(89.5%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	6	(7.0%)	7	(4.6%)
Yes	4	(6.1%)	4	(4.7%)	8	(5.3%)
No	61	(92.4%)	76	(88.4%)	137	(90.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	2	(3.0%)	4	(4.7%)	6	(3.9%)
Yes	4	(6.1%)	7	(8.1%)	11	(7.2%)
No	60	(90.9%)	75	(87.2%)	135	(88.8%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been prescribed any medications for bowel problem by GP or hospital doctor						
<i>Week 12</i>						
Missing	1	(1.8%)	0	(0.0%)	1	(0.7%)
Yes	6	(10.7%)	11	(13.8%)	17	(12.5%)
No	49	(87.5%)	69	(86.3%)	118	(86.8%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	0	(0.0%)	1	(1.3%)	1	(0.7%)
Yes	8	(13.6%)	15	(19.2%)	23	(16.8%)
No	51	(86.4%)	62	(79.5%)	113	(82.5%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	8	(13.8%)	18	(21.4%)	26	(18.3%)
No	49	(84.5%)	66	(78.6%)	115	(81.0%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you bought any equipment or clothing for bowel problem						
<i>Week 1</i>						
Missing	1	(1.5%)	2	(2.3%)	3	(1.9%)
Yes	4	(6.0%)	6	(6.9%)	10	(6.5%)
No	62	(92.5%)	79	(90.8%)	141	(91.6%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	4	(4.6%)	4	(2.6%)
Yes	6	(9.0%)	8	(9.2%)	14	(9.1%)
No	61	(91.0%)	75	(86.2%)	136	(88.3%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(1.9%)
Yes	6	(9.0%)	3	(3.4%)	9	(5.8%)
No	61	(91.0%)	81	(93.1%)	142	(92.2%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	2	(3.0%)	3	(3.4%)	5	(3.3%)
Yes	3	(4.5%)	9	(10.3%)	12	(7.8%)
No	61	(92.4%)	75	(86.2%)	136	(88.9%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	1	(1.5%)	5	(5.8%)	6	(3.9%)
Yes	5	(7.6%)	4	(4.7%)	9	(5.9%)
No	60	(90.9%)	77	(89.5%)	137	(90.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	2	(2.3%)	3	(2.0%)
Yes	5	(7.6%)	4	(4.7%)	9	(5.9%)
No	60	(90.9%)	80	(93.0%)	140	(92.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you bought any equipment or clothing for bowel problem						
<i>Week 12</i>						
Missing	1	(1.8%)	0	(0.0%)	1	(0.7%)
Yes	2	(3.6%)	7	(8.8%)	9	(6.6%)
No	53	(94.6%)	73	(91.3%)	126	(92.6%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	3	(5.1%)	10	(12.8%)	13	(9.5%)
No	55	(93.2%)	68	(87.2%)	123	(89.8%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	5	(8.6%)	13	(15.5%)	18	(12.7%)
No	52	(89.7%)	71	(84.5%)	123	(86.6%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been provided with any specialist equipment by health or social services						
<i>Week 1</i>						
Missing	1	(1.5%)	1	(1.1%)	2	(1.3%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	65	(97.0%)	85	(97.7%)	150	(97.4%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 2</i>						
Missing	0	(0.0%)	3	(3.4%)	3	(1.9%)
Yes	2	(3.0%)	2	(2.3%)	4	(2.6%)
No	65	(97.0%)	82	(94.3%)	147	(95.5%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 3</i>						
Missing	0	(0.0%)	4	(4.6%)	4	(2.6%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.6%)
No	66	(98.5%)	83	(95.4%)	149	(96.8%)
Total	67	(100.0%)	87	(100.0%)	154	(100.0%)
<i>Week 4</i>						
Missing	3	(4.5%)	4	(4.6%)	7	(4.6%)
Yes	1	(1.5%)	1	(1.1%)	2	(1.3%)
No	62	(93.9%)	82	(94.3%)	144	(94.1%)
Total	66	(100.0%)	87	(100.0%)	153	(100.0%)
<i>Week 5</i>						
Missing	2	(3.0%)	8	(9.3%)	10	(6.6%)
Yes	1	(1.5%)	1	(1.2%)	2	(1.3%)
No	63	(95.5%)	77	(89.5%)	140	(92.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)
<i>Week 6</i>						
Missing	1	(1.5%)	4	(4.7%)	5	(3.3%)
Yes	1	(1.5%)	0	(0.0%)	1	(0.7%)
No	64	(97.0%)	82	(95.3%)	146	(96.1%)
Total	66	(100.0%)	86	(100.0%)	152	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have you been provided with any specialist equipment by health or social services						
<i>Week 12</i>						
Missing	1	(1.8%)	0	(0.0%)	1	(0.7%)
Yes	1	(1.8%)	2	(2.5%)	3	(2.2%)
No	54	(96.4%)	78	(97.5%)	132	(97.1%)
Total	56	(100.0%)	80	(100.0%)	136	(100.0%)
<i>Week 18</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	4	(6.8%)	1	(1.3%)	5	(3.6%)
No	54	(91.5%)	77	(98.7%)	131	(95.6%)
Total	59	(100.0%)	78	(100.0%)	137	(100.0%)
<i>Week 24</i>						
Missing	1	(1.7%)	0	(0.0%)	1	(0.7%)
Yes	1	(1.7%)	0	(0.0%)	1	(0.7%)
No	56	(96.6%)	84	(100.0%)	140	(98.6%)
Total	58	(100.0%)	84	(100.0%)	142	(100.0%)

Variable	Abdominal Massage	Standard Care	Total
Number of medications prescribed			
<i>Week 1</i>			
N	1	5	6
Missing	0	0	0
Mean	1.0	1.4	1.3
SD		0.55	0.52
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 2</i>			
N	3	3	6
Missing	0	0	0
Mean	1.0	1.7	1.3
SD	0.00	0.58	0.52
Minimum	1	1	1
Median	1.0	2.0	1.0
Maximum	1	2	2
<i>Week 3</i>			
N	2	3	5
Missing	0	0	0
Mean	1.0	1.3	1.2
SD	0.00	0.58	0.45
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
<i>Week 4</i>			
N	5	5	10
Missing	0	0	0
Mean	1.0	1.6	1.3
SD	0.00	0.55	0.48
Minimum	1	1	1
Median	1.0	2.0	1.0
Maximum	1	2	2
<i>Week 5</i>			
N	4	5	9
Missing	0	0	0
Mean	1.0	1.4	1.2
SD	0.00	0.55	0.44
Minimum	1	1	1

- calculated values

	Abdominal Massage	Standard Care	Total
Variable			
Median	1.0	1.0	1.0
Maximum	1	2	2
Week 6			
N	4	8	12
Missing	0	0	0
Mean	1.3	1.3	1.3
SD	0.50	0.46	0.45
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	2	2
Week 12			
N	6	11	17
Missing	0	0	0
Mean	1.0	1.2	1.1
SD	0.00	0.40	0.33
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
Week 18			
N	8	16	24
Missing	0	0	0
Mean	1.0	1.3	1.2
SD	0.00	0.58	0.48
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	3	3
Week 24			
N	8	18	26
Missing	0	0	0
Mean	1.0	1.6	1.4
SD	0.00	1.25	1.06
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	6	6

	Abdominal Massage	Standard Care	Total
Variable			

No of medications bought

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Week 1			
N	6	5	11
Missing	0	0	0
Mean	1.0	1.2	1.1
SD	0.00	0.45	0.30
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
Week 2			
N	4	4	8
Missing	0	0	0
Mean	1.0	1.3	1.1
SD	0.00	0.50	0.35
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
Week 3			
N	3	6	9
Missing	0	0	0
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 4			
N	3	5	8
Missing	0	0	0
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 5			
N	1	3	4
Missing	0	0	0
Mean	1.0	1.7	1.5
SD		1.15	1.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	3	3

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Week 6			
N	3	5	8
Missing	0	0	0
Mean	1.0	1.2	1.1
SD	0.00	0.45	0.35
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	2	2
Week 12			
N	10	14	24
Missing	0	0	0
Mean	1.0	1.4	1.2
SD	0.00	0.63	0.51
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	3	3
Week 18			
N	6	15	21
Missing	0	0	0
Mean	1.2	1.2	1.2
SD	0.41	0.41	0.40
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	2	2
Week 24			
N	8	12	20
Missing	0	0	0
Mean	1.1	1.1	1.1
SD	0.35	0.29	0.31
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	2	2

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Number of equipments bought			
<i>Week 1</i>			
N	4	6	10
Missing	0	0	0
Mean	1.3	1.8	1.6
SD	0.50	1.33	1.07
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	4	4
<i>Week 2</i>			
N	6	8	14
Missing	0	0	0
Mean	1.3	1.3	1.3
SD	0.52	0.71	0.61
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	3	3
<i>Week 3</i>			
N	6	3	9
Missing	0	0	0
Mean	1.3	1.3	1.3
SD	0.52	0.58	0.50
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	2	2
<i>Week 4</i>			
N	3	9	12
Missing	0	0	0
Mean	1.7	1.1	1.3
SD	0.58	0.33	0.45
Minimum	1	1	1
Median	2.0	1.0	1.0
Maximum	2	2	2
<i>Week 5</i>			
N	5	5	10
Missing	0	0	0
Mean	1.2	1.4	1.3
SD	0.45	0.89	0.67
Minimum	1	1	1

- calculated values

Variable	Abdominal Massage	Standard Care	Total
Median	1.0	1.0	1.0
Maximum	2	3	3
Week 6			
N	5	4	9
Missing	0	0	0
Mean	1.2	1.0	1.1
SD	0.45	0.00	0.33
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	2	1	2
Week 12			
N	2	7	9
Missing	0	0	0
Mean	1.0	1.0	1.0
SD	0.00	0.00	0.00
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	1	1
Week 18			
N	3	10	13
Missing	0	0	0
Mean	1.0	1.3	1.2
SD	0.00	0.67	0.60
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	3	3
Week 24			
N	5	13	18
Missing	0	0	0
Mean	1.0	1.5	1.3
SD	0.00	1.13	0.97
Minimum	1	1	1
Median	1.0	1.0	1.0
Maximum	1	5	5

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Has diet changed						
<i>Week 1</i>						
Missing	4	(4.6%)	7	(7.4%)	11	(6.1%)
Yes	16	(18.4%)	18	(19.1%)	34	(18.8%)
No	67	(77.0%)	69	(73.4%)	136	(75.1%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	9	(10.7%)	12	(12.5%)	21	(11.7%)
Yes	12	(14.3%)	24	(25.0%)	36	(20.0%)
No	63	(75.0%)	60	(62.5%)	123	(68.3%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	12	(14.3%)	24	(25.3%)	36	(20.1%)
No	61	(72.6%)	64	(67.4%)	125	(69.8%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	13	(15.5%)	22	(22.7%)	35	(19.3%)
No	56	(66.7%)	62	(63.9%)	118	(65.2%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	10	(12.5%)	12	(12.5%)	22	(12.5%)
Yes	16	(20.0%)	14	(14.6%)	30	(17.0%)
No	54	(67.5%)	70	(72.9%)	124	(70.5%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	17	(21.8%)	16	(17.0%)	33	(19.2%)
No	54	(69.2%)	75	(79.8%)	129	(75.0%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	4	(5.2%)	9	(9.6%)	13	(7.6%)
Yes	17	(22.1%)	17	(18.1%)	34	(19.9%)
No	56	(72.7%)	68	(72.3%)	124	(72.5%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Has fluid intake changed						
Week 1						
Missing	4	(4.6%)	7	(7.4%)	11	(6.1%)
Yes	23	(26.4%)	26	(27.7%)	49	(27.1%)
No	60	(69.0%)	61	(64.9%)	121	(66.9%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
Week 2						
Missing	9	(10.7%)	12	(12.5%)	21	(11.7%)
Yes	22	(26.2%)	28	(29.2%)	50	(27.8%)
No	53	(63.1%)	56	(58.3%)	109	(60.6%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
Week 3						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	23	(27.4%)	34	(35.8%)	57	(31.8%)
No	50	(59.5%)	54	(56.8%)	104	(58.1%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
Week 4						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	17	(20.2%)	28	(28.9%)	45	(24.9%)
No	52	(61.9%)	56	(57.7%)	108	(59.7%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
Week 5						
Missing	10	(12.5%)	12	(12.5%)	22	(12.5%)
Yes	14	(17.5%)	31	(32.3%)	45	(25.6%)
No	56	(70.0%)	53	(55.2%)	109	(61.9%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
Week 6						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	15	(19.2%)	25	(26.6%)	40	(23.3%)
No	56	(71.8%)	66	(70.2%)	122	(70.9%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
Week 24						
Missing	4	(5.2%)	9	(9.6%)	13	(7.6%)
Yes	15	(19.5%)	18	(19.1%)	33	(19.3%)
No	58	(75.3%)	67	(71.3%)	125	(73.1%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Has defaecation position changed						
<i>Week 1</i>						
Missing	5	(5.7%)	8	(8.5%)	13	(7.2%)
Yes	22	(25.3%)	26	(27.7%)	48	(26.5%)
No	60	(69.0%)	60	(63.8%)	120	(66.3%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	9	(10.7%)	13	(13.5%)	22	(12.2%)
Yes	13	(15.5%)	13	(13.5%)	26	(14.4%)
No	62	(73.8%)	70	(72.9%)	132	(73.3%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	7	(8.3%)	9	(9.5%)	16	(8.9%)
No	66	(78.6%)	79	(83.2%)	145	(81.0%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	6	(7.1%)	8	(8.2%)	14	(7.7%)
No	63	(75.0%)	76	(78.4%)	139	(76.8%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	11	(13.8%)	12	(12.5%)	23	(13.1%)
Yes	9	(11.3%)	8	(8.3%)	17	(9.7%)
No	60	(75.0%)	76	(79.2%)	136	(77.3%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	7	(9.0%)	9	(9.6%)	16	(9.3%)
No	64	(82.1%)	82	(87.2%)	146	(84.9%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	5	(6.5%)	9	(9.6%)	14	(8.2%)
Yes	7	(9.1%)	8	(8.5%)	15	(8.8%)
No	65	(84.4%)	77	(81.9%)	142	(83.0%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Is participant taking more exercise						
Week 1						
Missing	4	(4.6%)	7	(7.4%)	11	(6.1%)
Yes	14	(16.1%)	17	(18.1%)	31	(17.1%)
No	69	(79.3%)	70	(74.5%)	139	(76.8%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
Week 2						
Missing	9	(10.7%)	12	(12.5%)	21	(11.7%)
Yes	15	(17.9%)	22	(22.9%)	37	(20.6%)
No	60	(71.4%)	62	(64.6%)	122	(67.8%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
Week 3						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	15	(17.9%)	25	(26.3%)	40	(22.3%)
No	58	(69.0%)	63	(66.3%)	121	(67.6%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
Week 4						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	14	(16.7%)	12	(12.4%)	26	(14.4%)
No	55	(65.5%)	72	(74.2%)	127	(70.2%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
Week 5						
Missing	10	(12.5%)	12	(12.5%)	22	(12.5%)
Yes	19	(23.8%)	15	(15.6%)	34	(19.3%)
No	51	(63.8%)	69	(71.9%)	120	(68.2%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
Week 6						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	14	(17.9%)	19	(20.2%)	33	(19.2%)
No	57	(73.1%)	72	(76.6%)	129	(75.0%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
Week 24						
Missing	4	(5.2%)	9	(9.6%)	13	(7.6%)
Yes	13	(16.9%)	12	(12.8%)	25	(14.6%)
No	60	(77.9%)	73	(77.7%)	133	(77.8%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have con meds changed						
<i>Week 1</i>						
Missing	4	(4.6%)	7	(7.4%)	11	(6.1%)
Yes	5	(5.7%)	9	(9.6%)	14	(7.7%)
No	78	(89.7%)	78	(83.0%)	156	(86.2%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	9	(10.7%)	12	(12.5%)	21	(11.7%)
Yes	5	(6.0%)	13	(13.5%)	18	(10.0%)
No	70	(83.3%)	71	(74.0%)	141	(78.3%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	7	(8.3%)	8	(8.4%)	15	(8.4%)
No	66	(78.6%)	80	(84.2%)	146	(81.6%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	8	(9.5%)	8	(8.2%)	16	(8.8%)
No	61	(72.6%)	76	(78.4%)	137	(75.7%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	10	(12.5%)	12	(12.5%)	22	(12.5%)
Yes	3	(3.8%)	12	(12.5%)	15	(8.5%)
No	67	(83.8%)	72	(75.0%)	139	(79.0%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	8	(10.3%)	7	(7.4%)	15	(8.7%)
No	63	(80.8%)	84	(89.4%)	147	(85.5%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	4	(5.2%)	9	(9.6%)	13	(7.6%)
Yes	12	(15.6%)	14	(14.9%)	26	(15.2%)
No	61	(79.2%)	71	(75.5%)	132	(77.2%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Has use of laxatives changed						
Week 1						
Missing	4	(4.6%)	8	(8.5%)	12	(6.6%)
Yes	12	(13.8%)	15	(16.0%)	27	(14.9%)
No	71	(81.6%)	71	(75.5%)	142	(78.5%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
Week 2						
Missing	9	(10.7%)	12	(12.5%)	21	(11.7%)
Yes	10	(11.9%)	10	(10.4%)	20	(11.1%)
No	65	(77.4%)	74	(77.1%)	139	(77.2%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
Week 3						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	12	(14.3%)	17	(17.9%)	29	(16.2%)
No	61	(72.6%)	71	(74.7%)	132	(73.7%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
Week 4						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	11	(13.1%)	9	(9.3%)	20	(11.0%)
No	58	(69.0%)	75	(77.3%)	133	(73.5%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
Week 5						
Missing	10	(12.5%)	12	(12.5%)	22	(12.5%)
Yes	11	(13.8%)	9	(9.4%)	20	(11.4%)
No	59	(73.8%)	75	(78.1%)	134	(76.1%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
Week 6						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	15	(19.2%)	7	(7.4%)	22	(12.8%)
No	56	(71.8%)	84	(89.4%)	140	(81.4%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
Week 24						
Missing	4	(5.2%)	10	(10.6%)	14	(8.2%)
Yes	7	(9.1%)	7	(7.4%)	14	(8.2%)
No	66	(85.7%)	77	(81.9%)	143	(83.6%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Have bowel habits changed						
<i>Week 1</i>						
Missing	4	(4.6%)	7	(7.4%)	11	(6.1%)
Yes	43	(49.4%)	36	(38.3%)	79	(43.6%)
No	40	(46.0%)	51	(54.3%)	91	(50.3%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	9	(10.7%)	12	(12.5%)	21	(11.7%)
Yes	39	(46.4%)	32	(33.3%)	71	(39.4%)
No	36	(42.9%)	52	(54.2%)	88	(48.9%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	11	(13.1%)	7	(7.4%)	18	(10.1%)
Yes	45	(53.6%)	36	(37.9%)	81	(45.3%)
No	28	(33.3%)	52	(54.7%)	80	(44.7%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	15	(17.9%)	13	(13.4%)	28	(15.5%)
Yes	35	(41.7%)	30	(30.9%)	65	(35.9%)
No	34	(40.5%)	54	(55.7%)	88	(48.6%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	10	(12.5%)	13	(13.5%)	23	(13.1%)
Yes	42	(52.5%)	33	(34.4%)	75	(42.6%)
No	28	(35.0%)	50	(52.1%)	78	(44.3%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	7	(9.0%)	3	(3.2%)	10	(5.8%)
Yes	37	(47.4%)	24	(25.5%)	61	(35.5%)
No	34	(43.6%)	67	(71.3%)	101	(58.7%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	4	(5.2%)	9	(9.6%)	13	(7.6%)
Yes	33	(42.9%)	29	(30.9%)	62	(36.3%)
No	40	(51.9%)	56	(59.6%)	96	(56.1%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel habits changed - more often						
<i>Week 1</i>						
Missing	44	(50.6%)	59	(62.8%)	103	(56.9%)
Yes	31	(35.6%)	23	(24.5%)	54	(29.8%)
No	12	(13.8%)	12	(12.8%)	24	(13.3%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	46	(54.8%)	66	(68.8%)	112	(62.2%)
Yes	17	(20.2%)	12	(12.5%)	29	(16.1%)
No	21	(25.0%)	18	(18.8%)	39	(21.7%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	40	(47.6%)	61	(64.2%)	101	(56.4%)
Yes	30	(35.7%)	16	(16.8%)	46	(25.7%)
No	14	(16.7%)	18	(18.9%)	32	(17.9%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	49	(58.3%)	67	(69.1%)	116	(64.1%)
Yes	21	(25.0%)	15	(15.5%)	36	(19.9%)
No	14	(16.7%)	15	(15.5%)	29	(16.0%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	38	(47.5%)	64	(66.7%)	102	(58.0%)
Yes	26	(32.5%)	16	(16.7%)	42	(23.9%)
No	16	(20.0%)	16	(16.7%)	32	(18.2%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	41	(52.6%)	71	(75.5%)	112	(65.1%)
Yes	23	(29.5%)	11	(11.7%)	34	(19.8%)
No	14	(17.9%)	12	(12.8%)	26	(15.1%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	45	(58.4%)	65	(69.1%)	110	(64.3%)
Yes	23	(29.9%)	18	(19.1%)	41	(24.0%)
No	9	(11.7%)	11	(11.7%)	20	(11.7%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel habits changed - less time						
<i>Week 1</i>						
Missing	45	(51.7%)	60	(63.8%)	105	(58.0%)
Yes	6	(6.9%)	4	(4.3%)	10	(5.5%)
No	36	(41.4%)	30	(31.9%)	66	(36.5%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	46	(54.8%)	66	(68.8%)	112	(62.2%)
Yes	10	(11.9%)	3	(3.1%)	13	(7.2%)
No	28	(33.3%)	27	(28.1%)	55	(30.6%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	41	(48.8%)	60	(63.2%)	101	(56.4%)
Yes	13	(15.5%)	10	(10.5%)	23	(12.8%)
No	30	(35.7%)	25	(26.3%)	55	(30.7%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	49	(58.3%)	67	(69.1%)	116	(64.1%)
Yes	15	(17.9%)	8	(8.2%)	23	(12.7%)
No	20	(23.8%)	22	(22.7%)	42	(23.2%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	38	(47.5%)	64	(66.7%)	102	(58.0%)
Yes	16	(20.0%)	7	(7.3%)	23	(13.1%)
No	26	(32.5%)	25	(26.0%)	51	(29.0%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	41	(52.6%)	71	(75.5%)	112	(65.1%)
Yes	12	(15.4%)	6	(6.4%)	18	(10.5%)
No	25	(32.1%)	17	(18.1%)	42	(24.4%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	45	(58.4%)	65	(69.1%)	110	(64.3%)
Yes	14	(18.2%)	6	(6.4%)	20	(11.7%)
No	18	(23.4%)	23	(24.5%)	41	(24.0%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Table 12: Telephone Interview

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel habits changed - less hard						
<i>Week 1</i>						
Missing	45	(51.7%)	60	(63.8%)	105	(58.0%)
Yes	18	(20.7%)	5	(5.3%)	23	(12.7%)
No	24	(27.6%)	29	(30.9%)	53	(29.3%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	46	(54.8%)	66	(68.8%)	112	(62.2%)
Yes	13	(15.5%)	9	(9.4%)	22	(12.2%)
No	25	(29.8%)	21	(21.9%)	46	(25.6%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	40	(47.6%)	60	(63.2%)	100	(55.9%)
Yes	16	(19.0%)	13	(13.7%)	29	(16.2%)
No	28	(33.3%)	22	(23.2%)	50	(27.9%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	49	(58.3%)	67	(69.1%)	116	(64.1%)
Yes	18	(21.4%)	13	(13.4%)	31	(17.1%)
No	17	(20.2%)	17	(17.5%)	34	(18.8%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	38	(47.5%)	64	(66.7%)	102	(58.0%)
Yes	22	(27.5%)	10	(10.4%)	32	(18.2%)
No	20	(25.0%)	22	(22.9%)	42	(23.9%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	41	(52.6%)	71	(75.5%)	112	(65.1%)
Yes	19	(24.4%)	9	(9.6%)	28	(16.3%)
No	18	(23.1%)	14	(14.9%)	32	(18.6%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	45	(58.4%)	65	(69.1%)	110	(64.3%)
Yes	16	(20.8%)	14	(14.9%)	30	(17.5%)
No	16	(20.8%)	15	(16.0%)	31	(18.1%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Bowel habits changed - other						
<i>Week 1</i>						
Missing	45	(51.7%)	59	(62.8%)	104	(57.5%)
Yes	11	(12.6%)	15	(16.0%)	26	(14.4%)
No	31	(35.6%)	20	(21.3%)	51	(28.2%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	45	(53.6%)	65	(67.7%)	110	(61.1%)
Yes	18	(21.4%)	21	(21.9%)	39	(21.7%)
No	21	(25.0%)	10	(10.4%)	31	(17.2%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	40	(47.6%)	59	(62.1%)	99	(55.3%)
Yes	17	(20.2%)	20	(21.1%)	37	(20.7%)
No	27	(32.1%)	16	(16.8%)	43	(24.0%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	49	(58.3%)	67	(69.1%)	116	(64.1%)
Yes	14	(16.7%)	16	(16.5%)	30	(16.6%)
No	21	(25.0%)	14	(14.4%)	35	(19.3%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	38	(47.5%)	64	(66.7%)	102	(58.0%)
Yes	16	(20.0%)	13	(13.5%)	29	(16.5%)
No	26	(32.5%)	19	(19.8%)	45	(25.6%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	41	(52.6%)	70	(74.5%)	111	(64.5%)
Yes	15	(19.2%)	9	(9.6%)	24	(14.0%)
No	22	(28.2%)	15	(16.0%)	37	(21.5%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	46	(59.7%)	65	(69.1%)	111	(64.9%)
Yes	11	(14.3%)	12	(12.8%)	23	(13.5%)
No	20	(26.0%)	17	(18.1%)	37	(21.6%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Did participant administer massage						
<i>Week 1</i>						
Missing	4	(4.6%)	94	(100.0%)	98	(54.1%)
Yes	73	(83.9%)	0	(0.0%)	73	(40.3%)
No	10	(11.5%)	0	(0.0%)	10	(5.5%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	10	(11.9%)	96	(100.0%)	106	(58.9%)
Yes	66	(78.6%)	0	(0.0%)	66	(36.7%)
No	8	(9.5%)	0	(0.0%)	8	(4.4%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	12	(14.3%)	95	(100.0%)	107	(59.8%)
Yes	64	(76.2%)	0	(0.0%)	64	(35.8%)
No	8	(9.5%)	0	(0.0%)	8	(4.5%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	16	(19.0%)	97	(100.0%)	113	(62.4%)
Yes	61	(72.6%)	0	(0.0%)	61	(33.7%)
No	7	(8.3%)	0	(0.0%)	7	(3.9%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	11	(13.8%)	96	(100.0%)	107	(60.8%)
Yes	65	(81.3%)	0	(0.0%)	65	(36.9%)
No	4	(5.0%)	0	(0.0%)	4	(2.3%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	8	(10.3%)	94	(100.0%)	102	(59.3%)
Yes	65	(83.3%)	0	(0.0%)	65	(37.8%)
No	5	(6.4%)	0	(0.0%)	5	(2.9%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	77	(100.0%)	94	(100.0%)	171	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Table 12: Telephone Interview

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Did carer administer massage						
<i>Week 1</i>						
Missing	4	(4.6%)	94	(100.0%)	98	(54.1%)
Yes	9	(10.3%)	0	(0.0%)	9	(5.0%)
No	74	(85.1%)	0	(0.0%)	74	(40.9%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	10	(11.9%)	96	(100.0%)	106	(58.9%)
Yes	8	(9.5%)	0	(0.0%)	8	(4.4%)
No	66	(78.6%)	0	(0.0%)	66	(36.7%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	12	(14.3%)	95	(100.0%)	107	(59.8%)
Yes	7	(8.3%)	0	(0.0%)	7	(3.9%)
No	65	(77.4%)	0	(0.0%)	65	(36.3%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	16	(19.0%)	97	(100.0%)	113	(62.4%)
Yes	9	(10.7%)	0	(0.0%)	9	(5.0%)
No	59	(70.2%)	0	(0.0%)	59	(32.6%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	11	(13.8%)	96	(100.0%)	107	(60.8%)
Yes	9	(11.3%)	0	(0.0%)	9	(5.1%)
No	60	(75.0%)	0	(0.0%)	60	(34.1%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	8	(10.3%)	94	(100.0%)	102	(59.3%)
Yes	11	(14.1%)	0	(0.0%)	11	(6.4%)
No	59	(75.6%)	0	(0.0%)	59	(34.3%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)
<i>Week 24</i>						
Missing	77	(100.0%)	94	(100.0%)	171	(100.0%)
Yes	0	(0.0%)	0	(0.0%)	0	(0.0%)
No	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Table 12: Telephone Interview

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Position massage administered						
<i>Week 1</i>						
Missing	8	(9.2%)	94	(100.0%)	102	(56.4%)
Lying	56	(64.4%)	0	(0.0%)	56	(30.9%)
Semi-lying	21	(24.1%)	0	(0.0%)	21	(11.6%)
Sitting	2	(2.3%)	0	(0.0%)	2	(1.1%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	13	(15.5%)	96	(100.0%)	109	(60.6%)
Lying	49	(58.3%)	0	(0.0%)	49	(27.2%)
Semi-lying	20	(23.8%)	0	(0.0%)	20	(11.1%)
Sitting	2	(2.4%)	0	(0.0%)	2	(1.1%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	17	(20.2%)	95	(100.0%)	112	(62.6%)
Lying	49	(58.3%)	0	(0.0%)	49	(27.4%)
Semi-lying	16	(19.0%)	0	(0.0%)	16	(8.9%)
Sitting	2	(2.4%)	0	(0.0%)	2	(1.1%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	19	(22.6%)	97	(100.0%)	116	(64.1%)
Lying	49	(58.3%)	0	(0.0%)	49	(27.1%)
Semi-lying	13	(15.5%)	0	(0.0%)	13	(7.2%)
Sitting	3	(3.6%)	0	(0.0%)	3	(1.7%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	13	(16.3%)	96	(100.0%)	109	(61.9%)
Lying	51	(63.8%)	0	(0.0%)	51	(29.0%)
Semi-lying	13	(16.3%)	0	(0.0%)	13	(7.4%)
Sitting	3	(3.8%)	0	(0.0%)	3	(1.7%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	10	(12.8%)	94	(100.0%)	104	(60.5%)
Lying	49	(62.8%)	0	(0.0%)	49	(28.5%)
Semi-lying	18	(23.1%)	0	(0.0%)	18	(10.5%)
Sitting	1	(1.3%)	0	(0.0%)	1	(0.6%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
<i>Week 24</i>						
Missing	77	(100.0%)	94	(100.0%)	171	(100.0%)
Lying	0	(0.0%)	0	(0.0%)	0	(0.0%)
Semi-lying	0	(0.0%)	0	(0.0%)	0	(0.0%)
Sitting	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Time of day massage administered						
<i>Week 1</i>						
Missing	9	(10.3%)	94	(100.0%)	103	(56.9%)
Morning	49	(56.3%)	0	(0.0%)	49	(27.1%)
Afternoon	4	(4.6%)	0	(0.0%)	4	(2.2%)
Evening	25	(28.7%)	0	(0.0%)	25	(13.8%)
Total	87	(100.0%)	94	(100.0%)	181	(100.0%)
<i>Week 2</i>						
Missing	14	(16.7%)	96	(100.0%)	110	(61.1%)
Morning	40	(47.6%)	0	(0.0%)	40	(22.2%)
Afternoon	5	(6.0%)	0	(0.0%)	5	(2.8%)
Evening	25	(29.8%)	0	(0.0%)	25	(13.9%)
Total	84	(100.0%)	96	(100.0%)	180	(100.0%)
<i>Week 3</i>						
Missing	18	(21.4%)	95	(100.0%)	113	(63.1%)
Morning	40	(47.6%)	0	(0.0%)	40	(22.3%)
Afternoon	4	(4.8%)	0	(0.0%)	4	(2.2%)
Evening	22	(26.2%)	0	(0.0%)	22	(12.3%)
Total	84	(100.0%)	95	(100.0%)	179	(100.0%)
<i>Week 4</i>						
Missing	20	(23.8%)	97	(100.0%)	117	(64.6%)
Morning	39	(46.4%)	0	(0.0%)	39	(21.5%)
Afternoon	3	(3.6%)	0	(0.0%)	3	(1.7%)
Evening	22	(26.2%)	0	(0.0%)	22	(12.2%)
Total	84	(100.0%)	97	(100.0%)	181	(100.0%)
<i>Week 5</i>						
Missing	14	(17.5%)	96	(100.0%)	110	(62.5%)
Morning	39	(48.8%)	0	(0.0%)	39	(22.2%)
Afternoon	2	(2.5%)	0	(0.0%)	2	(1.1%)
Evening	25	(31.3%)	0	(0.0%)	25	(14.2%)
Total	80	(100.0%)	96	(100.0%)	176	(100.0%)
<i>Week 6</i>						
Missing	11	(14.1%)	94	(100.0%)	105	(61.0%)
Morning	39	(50.0%)	0	(0.0%)	39	(22.7%)
Afternoon	4	(5.1%)	0	(0.0%)	4	(2.3%)
Evening	24	(30.8%)	0	(0.0%)	24	(14.0%)
Total	78	(100.0%)	94	(100.0%)	172	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
<i>Week 24</i>						
Missing	77	(100.0%)	94	(100.0%)	171	(100.0%)
Morning	0	(0.0%)	0	(0.0%)	0	(0.0%)
Afternoon	0	(0.0%)	0	(0.0%)	0	(0.0%)
Evening	0	(0.0%)	0	(0.0%)	0	(0.0%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Has there been a change in MS?						
Missing	4	(5.2%)	9	(9.6%)	13	(7.6%)
Yes	22	(28.6%)	15	(16.0%)	37	(21.6%)
No	51	(66.2%)	70	(74.5%)	121	(70.8%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Has participant continued the massage?						
Missing	5	(6.5%)	9	(9.6%)	14	(8.2%)
Yes	51	(66.2%)	0	(0.0%)	51	(29.8%)
No	21	(27.3%)	0	(0.0%)	21	(12.3%)
Not in intervention arm	0	(0.0%)	85	(90.4%)	85	(49.7%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)
Message not continued - no benefit						
Missing	56	(72.7%)	94	(100.0%)	150	(87.7%)
Yes	8	(10.4%)	0	(0.0%)	8	(4.7%)
No	13	(16.9%)	0	(0.0%)	13	(7.6%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)
Message not continued - burden on carer						
Missing	57	(74.0%)	94	(100.0%)	151	(88.3%)
Yes	1	(1.3%)	0	(0.0%)	1	(0.6%)
No	19	(24.7%)	0	(0.0%)	19	(11.1%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)
Message not continued - too difficult						
Missing	57	(74.0%)	94	(100.0%)	151	(88.3%)
Yes	5	(6.5%)	0	(0.0%)	5	(2.9%)
No	15	(19.5%)	0	(0.0%)	15	(8.8%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Massage continued - frequency						
	26	(33.8%)	94	(100.0%)	120	(70.2%)
1	1	(1.3%)	0	(0.0%)	1	(0.6%)
1 PER WEEK (FINDS IT DIFFICULT TO FIND TIME)	1	(1.3%)	0	(0.0%)	1	(0.6%)
1-2 times a week	1	(1.3%)	0	(0.0%)	1	(0.6%)
2 days per week	1	(1.3%)	0	(0.0%)	1	(0.6%)
2-3 times per week	1	(1.3%)	0	(0.0%)	1	(0.6%)
2xweek	1	(1.3%)	0	(0.0%)	1	(0.6%)
3 times a week	2	(2.6%)	0	(0.0%)	2	(1.2%)
3 times a week (in morning)	1	(1.3%)	0	(0.0%)	1	(0.6%)
3 times a week now	1	(1.3%)	0	(0.0%)	1	(0.6%)
3times weekly up to last month then bowels became more regular	1	(1.3%)	0	(0.0%)	1	(0.6%)
5 x per week	1	(1.3%)	0	(0.0%)	1	(0.6%)
5-7 days a week	1	(1.3%)	0	(0.0%)	1	(0.6%)
6 - 7 days per weel	1	(1.3%)	0	(0.0%)	1	(0.6%)
AT LEAST 2-3 X WEEKLY, TRYING FOR EVERY DAY.	1	(1.3%)	0	(0.0%)	1	(0.6%)
Daily	2	(2.6%)	0	(0.0%)	2	(1.2%)
Daily - Night time.	1	(1.3%)	0	(0.0%)	1	(0.6%)
Every day	1	(1.3%)	0	(0.0%)	1	(0.6%)
Every night	2	(2.6%)	0	(0.0%)	2	(1.2%)
Initially 3-4 times a week, now 2-3 times a month.	1	(1.3%)	0	(0.0%)	1	(0.6%)
Multiple times per day	1	(1.3%)	0	(0.0%)	1	(0.6%)
ONCE EVERY 3 DAYS	1	(1.3%)	0	(0.0%)	1	(0.6%)
Once a day	1	(1.3%)	0	(0.0%)	1	(0.6%)
TWICE A WEEK	1	(1.3%)	0	(0.0%)	1	(0.6%)
Tries every day but misses a few - average 4-5 times weekly.	1	(1.3%)	0	(0.0%)	1	(0.6%)
Tries everyday - misses sometimes	1	(1.3%)	0	(0.0%)	1	(0.6%)
Twice a week (10 minutes).	1	(1.3%)	0	(0.0%)	1	(0.6%)
Varies from 2-6 times a week	1	(1.3%)	0	(0.0%)	1	(0.6%)
X2 WEEK AVERAGE	1	(1.3%)	0	(0.0%)	1	(0.6%)
alternate days	1	(1.3%)	0	(0.0%)	1	(0.6%)
approx every other day over past few weeks (once in last 7 days)	1	(1.3%)	0	(0.0%)	1	(0.6%)
average 3-4 time a week	1	(1.3%)	0	(0.0%)	1	(0.6%)
daily	4	(5.2%)	0	(0.0%)	4	(2.3%)
every day	1	(1.3%)	0	(0.0%)	1	(0.6%)
every day (in last 7 days)	1	(1.3%)	0	(0.0%)	1	(0.6%)
every other day	1	(1.3%)	0	(0.0%)	1	(0.6%)
every second day	1	(1.3%)	0	(0.0%)	1	(0.6%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
nightly	1	(1.3%)	0	(0.0%)	1	(0.6%)
not very often	1	(1.3%)	0	(0.0%)	1	(0.6%)
once a day	1	(1.3%)	0	(0.0%)	1	(0.6%)
twice	1	(1.3%)	0	(0.0%)	1	(0.6%)
twice per week	1	(1.3%)	0	(0.0%)	1	(0.6%)
when has wind pain. ave. x3 weekly	1	(1.3%)	0	(0.0%)	1	(0.6%)
when she can	1	(1.3%)	0	(0.0%)	1	(0.6%)
when she can 2-3 times per wrk	1	(1.3%)	0	(0.0%)	1	(0.6%)
x4 weekly	1	(1.3%)	0	(0.0%)	1	(0.6%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Massage continued - self or carer						
Missing	26	(33.8%)	94	(100.0%)	120	(70.2%)
Self	50	(64.9%)	0	(0.0%)	50	(29.2%)
Carer	1	(1.3%)	0	(0.0%)	1	(0.6%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)
Massage continued - benefit felt						
Missing	27	(35.1%)	94	(100.0%)	121	(70.8%)
Yes	44	(57.1%)	0	(0.0%)	44	(25.7%)
No	6	(7.8%)	0	(0.0%)	6	(3.5%)
Total	77	(100.0%)	94	(100.0%)	171	(100.0%)

- calculated values

Table 13: Summary of all Adverse Events by System Organ Class

	Abdominal Massage	Standard Care	Total
All participants	91	100	191
Participants without adverse events	72	70	142
All adverse events	28	56	84
Cardiac disorders	0 (0.0%)	1 (1.8%)	1 (1.2%)
Gastrointestinal disorders	5 (17.9%)	5 (8.9%)	10 (11.9%)
General disorders and administration site conditions	0 (0.0%)	1 (1.8%)	1 (1.2%)
Hepatobiliary disorders	0 (0.0%)	2 (3.6%)	2 (2.4%)
Infections and infestations	9 (32.1%)	24 (42.9%)	33 (39.3%)
Injury, poisoning and procedural complications	4 (14.3%)	9 (16.1%)	13 (15.5%)
Investigations	1 (3.6%)	2 (3.6%)	3 (3.6%)
Musculoskeletal and connective tissue disorders	1 (3.6%)	2 (3.6%)	3 (3.6%)
Neoplasms benign, malignant and unspecified (incl cysts and polyps)	3 (10.7%)	0 (0.0%)	3 (3.6%)
Nervous system disorders	4 (14.3%)	4 (7.1%)	8 (9.5%)
Psychiatric disorders	0 (0.0%)	2 (3.6%)	2 (2.4%)
Renal and urinary disorders	0 (0.0%)	1 (1.8%)	1 (1.2%)
Respiratory, thoracic and mediastinal disorders	0 (0.0%)	2 (3.6%)	2 (2.4%)
Skin and subcutaneous tissue disorders	1 (3.6%)	0 (0.0%)	1 (1.2%)
Surgical and medical procedures	0 (0.0%)	1 (1.8%)	1 (1.2%)

- calculated values

Table 14: Summary of all Adverse Events by Preferred Term

	Abdominal Massage	Standard Care	Total
All participants	91	100	191
Participants without adverse events	72	70	142
All adverse events	28	56	84
Abdominal distension	0 (0.0%)	1 (1.8%)	1 (1.2%)
Abdominal pain upper	0 (0.0%)	1 (1.8%)	1 (1.2%)
Abscess oral	1 (3.6%)	0 (0.0%)	1 (1.2%)
Acrochordon	1 (3.6%)	0 (0.0%)	1 (1.2%)
Adverse drug reaction	0 (0.0%)	1 (1.8%)	1 (1.2%)
Anxiety	0 (0.0%)	1 (1.8%)	1 (1.2%)
Arthralgia	0 (0.0%)	1 (1.8%)	1 (1.2%)
Balance disorder	1 (3.6%)	0 (0.0%)	1 (1.2%)
Benign neoplasm of skin	1 (3.6%)	0 (0.0%)	1 (1.2%)
Breast cancer	1 (3.6%)	0 (0.0%)	1 (1.2%)
Calculus bladder	0 (0.0%)	1 (1.8%)	1 (1.2%)
Cholecystitis	0 (0.0%)	1 (1.8%)	1 (1.2%)
Cholelithiasis	0 (0.0%)	1 (1.8%)	1 (1.2%)
Contusion	1 (3.6%)	1 (1.8%)	2 (2.4%)
Cystoscopy	0 (0.0%)	1 (1.8%)	1 (1.2%)
Depression	0 (0.0%)	1 (1.8%)	1 (1.2%)
Diarrhoea	0 (0.0%)	2 (3.6%)	2 (2.4%)
Dysphagia	1 (3.6%)	0 (0.0%)	1 (1.2%)
Ear infection	0 (0.0%)	1 (1.8%)	1 (1.2%)
Fall	3 (10.7%)	6 (10.7%)	9 (10.7%)
Femoral neck fracture	0 (0.0%)	1 (1.8%)	1 (1.2%)
Gastroenteritis viral	0 (0.0%)	1 (1.8%)	1 (1.2%)
Gastrooesophageal reflux disease	2 (7.1%)	0 (0.0%)	2 (2.4%)
Hepatitis C	0 (0.0%)	1 (1.8%)	1 (1.2%)
Ingrowing nail	1 (3.6%)	0 (0.0%)	1 (1.2%)
Injury	0 (0.0%)	1 (1.8%)	1 (1.2%)
Labyrinthitis	0 (0.0%)	1 (1.8%)	1 (1.2%)
Localised infection	0 (0.0%)	1 (1.8%)	1 (1.2%)
Lower respiratory tract infection	0 (0.0%)	3 (5.4%)	3 (3.6%)
Multiple sclerosis relapse	2 (7.1%)	3 (5.4%)	5 (6.0%)
Muscular weakness	1 (3.6%)	0 (0.0%)	1 (1.2%)
Musculoskeletal pain	0 (0.0%)	1 (1.8%)	1 (1.2%)
Myocardial infarction	0 (0.0%)	1 (1.8%)	1 (1.2%)
Nasopharyngitis	1 (3.6%)	2 (3.6%)	3 (3.6%)
Nausea	0 (0.0%)	1 (1.8%)	1 (1.2%)
Neuralgia	1 (3.6%)	0 (0.0%)	1 (1.2%)
Optic neuritis	0 (0.0%)	1 (1.8%)	1 (1.2%)
Oral herpes	0 (0.0%)	1 (1.8%)	1 (1.2%)
Oropharyngeal pain	0 (0.0%)	1 (1.8%)	1 (1.2%)
Pleuroscopy	0 (0.0%)	1 (1.8%)	1 (1.2%)
Productive cough	0 (0.0%)	1 (1.8%)	1 (1.2%)

- calculated values

Table 14: Summary of all Adverse Events by Preferred Term

	Abdominal Massage	Standard Care	Total
Rectal haemorrhage	1 (3.6%)	0 (0.0%)	1 (1.2%)
Sinusitis	0 (0.0%)	2 (3.6%)	2 (2.4%)
Toe amputation	0 (0.0%)	1 (1.8%)	1 (1.2%)
Urinary tract infection	7 (25.0%)	10 (17.9%)	17 (20.2%)
Vaginal infection	0 (0.0%)	1 (1.8%)	1 (1.2%)
Vitamin D decreased	1 (3.6%)	0 (0.0%)	1 (1.2%)
Vomiting	1 (3.6%)	0 (0.0%)	1 (1.2%)

Table 14: Summary of all Adverse Events by Preferred Term

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Severity						
Mild	10	(35.7%)	26	(46.4%)	36	(42.9%)
Moderate	14	(50.0%)	23	(41.1%)	37	(44.0%)
Severe	4	(14.3%)	7	(12.5%)	11	(13.1%)
Total	28	(100.0%)	56	(100.0%)	84	(100.0%)
Causality						
Unrelated	25	(89.3%)	54	(96.4%)	79	(94.0%)
Possible	3	(10.7%)	2	(3.6%)	5	(6.0%)
Total	28	(100.0%)	56	(100.0%)	84	(100.0%)
Action taken						
None	14	(50.0%)	22	(39.3%)	36	(42.9%)
Hospitalisation	2	(7.1%)	4	(7.1%)	6	(7.1%)
Con Meds commenced	6	(21.4%)	23	(41.1%)	29	(34.5%)
Other	2	(7.1%)	2	(3.6%)	4	(4.8%)
Hospitalization/ Con Meds commenced	1	(3.6%)	3	(5.4%)	4	(4.8%)
Intervention reduced/ Other	1	(3.6%)	0	(0.0%)	1	(1.2%)
Con Meds commenced/ Other	2	(7.1%)	0	(0.0%)	2	(2.4%)
None/ Other	0	(0.0%)	2	(3.6%)	2	(2.4%)
Total	28	(100.0%)	56	(100.0%)	84	(100.0%)
Outcome						
Recovered	17	(60.7%)	37	(66.1%)	54	(64.3%)
Ongoing	11	(39.3%)	19	(33.9%)	30	(35.7%)
Total	28	(100.0%)	56	(100.0%)	84	(100.0%)

- calculated values

Table 15: Summary of Serious Adverse Events

	Abdominal Massage	Standard Care	Total
All participants	91	100	191
Participants without serious adverse events	88	94	182
All adverse events	28	56	84
All serious adverse events	3	6	9
Breast cancer	1 (3.6%)	0 (0.0%)	1 (1.2%)
Cholecystitis	0 (0.0%)	1 (1.8%)	1 (1.2%)
Fall	1 (3.6%)	0 (0.0%)	1 (1.2%)
Femoral neck fracture	0 (0.0%)	1 (1.8%)	1 (1.2%)
Localised infection	0 (0.0%)	1 (1.8%)	1 (1.2%)
Multiple sclerosis relapse	1 (3.6%)	1 (1.8%)	2 (2.4%)
Myocardial infarction	0 (0.0%)	1 (1.8%)	1 (1.2%)
Urinary tract infection	0 (0.0%)	1 (1.8%)	1 (1.2%)

- calculated values

Table 16: Concomitant Medication - all medications

	Abdominal Massage	Standard Care	Total
All participants	91	100	191
Participants without concomitant medications	20	18	38
All concomitant medications	405	562	967
Patients with 1 Medications	10	7	17
Patients with 2 Medications	8	7	15
Patients with 3 Medications	10	6	16
Patients with 4 Medications	7	9	16
Patients with 5 Medications	6	6	12
Patients with 6 Medications	6	11	17
Patients with 7 Medications	7	7	14
Patients with 8 Medications	3	6	9
Patients with 9 Medications	4	8	12
Patients with 10 Medications	3	4	7
Patients with 11 Medications	1	5	6
Patients with 14 Medications	2	1	3
Patients with 15 Medications	0	1	1
Patients with 16 Medications	0	1	1
Patients with 17 Medications	1	0	1
Patients with 18 Medications	1	1	2
Patients with 19 Medications	1	0	1
Patients with 23 Medications	1	0	1
Patients with 29 Medications	0	1	1
Patients with 35 Medications	0	1	1

	Abdominal Massage	Standard Care	Total
All participants	91	100	191
Participants without prior medications	24	20	44
All concomitant medications	336	427	763
Patients with 1 Medications	9	12	21
Patients with 2 Medications	9	6	15
Patients with 3 Medications	14	9	23
Patients with 4 Medications	5	6	11
Patients with 5 Medications	7	7	14
Patients with 6 Medications	6	16	22
Patients with 7 Medications	3	6	9
Patients with 8 Medications	4	7	11
Patients with 9 Medications	1	4	5
Patients with 10 Medications	4	1	5
Patients with 11 Medications	1	2	3
Patients with 12 Medications	0	1	1
Patients with 13 Medications	1	1	2
Patients with 14 Medications	1	1	2
Patients with 16 Medications	0	1	1
Patients with 17 Medications	1	0	1
Patients with 19 Medications	1	0	1

- calculated values

	Abdominal Massage	Standard Care	Total
All participants	91	100	191
Participants without concomitant medications	59	56	115
All concomitant medications	69	135	204
Patients with 1 Medications	20	17	37
Patients with 2 Medications	7	12	19
Patients with 3 Medications	1	8	9
Patients with 4 Medications	2	2	4
Patients with 5 Medications	0	2	2
Patients with 7 Medications	1	1	2
Patients with 17 Medications	1	0	1
Patients with 21 Medications	0	1	1
Patients with 24 Medications	0	1	1

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Did participant complete the study?						
Yes	75	(82.4%)	94	(94.0%)	169	(88.5%)
No	16	(17.6%)	6	(6.0%)	22	(11.5%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)
Timepoint change notified						
Missing	74	(81.3%)	95	(95.0%)	169	(88.5%)
Baseline visit	3	(3.3%)	1	(1.0%)	4	(2.1%)
Call 1	1	(1.1%)	0	(0.0%)	1	(0.5%)
Call 2	1	(1.1%)	0	(0.0%)	1	(0.5%)
Call 3	1	(1.1%)	0	(0.0%)	1	(0.5%)
Call 4	1	(1.1%)	2	(2.0%)	3	(1.6%)
Call 5	2	(2.2%)	0	(0.0%)	2	(1.0%)
Indicated in 6 week follow-up	1	(1.1%)	0	(0.0%)	1	(0.5%)
Indicated in 24 week follow-up	7	(7.7%)	2	(2.0%)	9	(4.7%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)
Reason for not completing						
Missing	75	(82.4%)	94	(94.0%)	169	(88.5%)
Lost to Follow Up	4	(4.4%)	2	(2.0%)	6	(3.1%)
Patient withdrew	9	(9.9%)	2	(2.0%)	11	(5.8%)
Other	3	(3.3%)	2	(2.0%)	5	(2.6%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)

- calculated values

Variable	Abdominal Massage		Standard Care		Total	
	N	(%)	N	(%)	N	(%)
Participant withdrew from follow up intervention phone calls?						
Missing	80	(87.9%)	96	(96.0%)	176	(92.1%)
Yes	11	(12.1%)	4	(4.0%)	15	(7.9%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)
Participant withdrew from completing further questionnaires						
Missing	79	(86.8%)	96	(96.0%)	175	(91.6%)
Yes	12	(13.2%)	4	(4.0%)	16	(8.4%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)
Participant withdrew consent for the trial to use existing trial data						
Missing	87	(95.6%)	97	(97.0%)	184	(96.3%)
Yes	2	(2.2%)	0	(0.0%)	2	(1.0%)
No	2	(2.2%)	3	(3.0%)	5	(2.6%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)
Any follow-up required						
Yes	9	(9.9%)	17	(17.0%)	26	(13.6%)
No	82	(90.1%)	83	(83.0%)	165	(86.4%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)
Any protocol deviations?						
Missing	1	(1.1%)	0	(0.0%)	1	(0.5%)
Yes	14	(15.4%)	9	(9.0%)	23	(12.0%)
No	76	(83.5%)	91	(91.0%)	167	(87.4%)
Total	91	(100.0%)	100	(100.0%)	191	(100.0%)

- calculated values

The CRFs for patients RPH023 and UCH042 indicated in error that they wanted their data to be withdrawn. The error was discovered after database lock and a decision was taken not to re-open the database to change the data.