### Supplementary Material 2: Intervention fidelity proforma

<table>
<thead>
<tr>
<th>Return travel time from base (10 min)</th>
<th>Intervention session date</th>
<th>Intervention session number</th>
<th>F2F 10 min units</th>
<th>Non F2F 10 min units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient number</td>
<td>Intervention session number</td>
<td>F2F 10 min units</td>
<td>Non F2F 10 min units</td>
<td></td>
</tr>
</tbody>
</table>

#### 1. Assessment
- Medical history
  - Symptoms
  - Medication
- Social situation/roles
  - Family status
  - Employment status
- Functional ability
  - Mobility
  - Communication
- Cognitive assessment
  - Memory
  - Attention

#### 2. Current issues
- Social situation
  - Community
  - Housing
- Financial situation
  - Income
  - Expenses
- Work ability
  - Performance
  - Attitude

#### 3. Goals
- Goal setting
  - Immediate
  - Long-term
- Reviewing/modifying goals
  - Progress
  - Challenges

#### 4. Physical
- Assistive devices & adaptations
  - Equipment
  - Modifications
- Pain in inciting headaches
  - Location
  - Severity
- Sensory problems
  - Changes
  - Impact

#### 5. Personal ADL
- Activities of daily living
  - Bathing/showering
  - Toileting
- Other
  - Assistance
  - Supervision

#### 6. Instrumental ADL
- Albition
  - Transfers
  - Meal preparation
- Other
  - Shopping
  - Cleaning

#### 7. Mobility
- Mobility
  - Walking
  - Transport
- Other
  - Safe travel
  - Road safety

#### 8. Psychological issues
- Psychological support
  - Counselling
  - Peer support
- Communication/speech
  - Language
  - Social skills

#### 9. Cognitive/executive skills
- Strategies for managing cognitive difficulties
  - Coping
  - Strategies
- Other
  - Mindfulness
  - Meditation

#### 10. Work preparation
- Medical history
  - Occ health
  -_occ health
- Psychologist
  - Cognitive assessments
  - Psychological support
- Other
  - Rehabilitation
  - Case management

#### 11. RTW process + employer present
- RTW planning & Ax meeting
  - Written info given
  - Monitoring/grading meeting
- Other
  - Employment
  - Training

#### 12. RTW process: no employer present
- RTW planning and assessment meeting
  - Written info given
  - Monitoring/grading meeting
- Other
  - Employment
  - Training

#### 13. Family/Carer Support
- Written info given
  - Written info given
  - Information
- Other
  - Information
  - Support

#### 14. Education re TBI &/or RTW
- Learning difficulties
  - Memory
  - Attention
- Other
  - Learning
  - Educational

#### 15. Liaise by f2f,letter,tc,Email,Text
- Communication
  - Written info given
  - Information
- Other
  - Communication
  - Information

#### 16. Admin
- Note writing i.e. OT notes
  - Written info given
  - Information
- Other
  - Information
  - Support

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TURN OVER PLEASE
**FRESH Fidelity form**  Patient ongoing/current status

<table>
<thead>
<tr>
<th>Pay when returning to work</th>
<th>How got to work</th>
<th>Current Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>RTW on Statutory sick pay (SSP)</td>
<td>Walk</td>
<td>Same employer, same job</td>
</tr>
<tr>
<td>RTW on Employment Support Allowance (ESA)</td>
<td>Public transport</td>
<td>Same employer, different job,</td>
</tr>
<tr>
<td>RTW on full pay but reduced hours</td>
<td>Drive</td>
<td>New employer, same job</td>
</tr>
<tr>
<td>RTW on permitted work (negotiated with Job Centre Plus)</td>
<td>Access to work</td>
<td>New employer, different job,</td>
</tr>
<tr>
<td>No benefits, pay cut for graded return</td>
<td>Cycle</td>
<td>Self employed</td>
</tr>
<tr>
<td>On full pay but reduced hours</td>
<td>Works at home</td>
<td>Voluntary work</td>
</tr>
<tr>
<td>Full pay, usual hours</td>
<td></td>
<td>Home to look after children</td>
</tr>
<tr>
<td>Other</td>
<td>Supportiveness of employer (therapists view)</td>
<td>Homemaker/housewife</td>
</tr>
<tr>
<td>Concessions agreed</td>
<td></td>
<td></td>
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<tr>
<td>Allowed a phased RTW</td>
<td>Very helpful</td>
<td>Same college/uni/same course</td>
</tr>
<tr>
<td>Flexibility of extra breaks</td>
<td>Cautious</td>
<td>Same college/uni/different course</td>
</tr>
<tr>
<td>Reduced amount of work</td>
<td>Home</td>
<td>Different college/different course</td>
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<tr>
<td>Reduced responsibilities</td>
<td>Other</td>
<td>Other – please specify</td>
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<tr>
<td>Mentor/more supervision</td>
<td>Job centre</td>
<td></td>
</tr>
<tr>
<td>Flexible start/finish times</td>
<td></td>
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<tr>
<td>Provision of special conditions</td>
<td>Use of other services</td>
<td>(Please detail as much as possible)</td>
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<tr>
<td>Being supernumery</td>
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<tr>
<td>Work at home</td>
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<tr>
<td>Permanent decreased hours/days</td>
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<tr>
<td>Other</td>
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<tr>
<td>GP Fit Note Categories</td>
<td></td>
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<td>(if known)</td>
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<tr>
<td>a. Phased RTW</td>
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<td>b. Altered hours</td>
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<td>c. Amended duties</td>
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<tr>
<td>d. Workplace adaptations</td>
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<tr>
<td>DEA</td>
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<tr>
<td>Work Psychologist</td>
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<td>Social services</td>
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<tr>
<td>Headway</td>
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<td>Extra support in education</td>
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<tr>
<td>Compensation provision</td>
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