

Supplementary material 5: Letter to GP – participant recruitment

<Date>

Dear Dr <insert name>

**ACTIB (Assessing Cognitive behavioural Therapy in Irritable Bowel): a randomised controlled trial of clinical and cost-effectiveness of therapist delivered cognitive behavioural therapy and web-based self-management in irritable bowel syndrome**

<insert NAME OF PATIENT>

The above named patient has consented to take part in the above study.

They have been randomised to receive Therapist CBT telephone sessions/Low intensity CBT + self-management website intervention/Treatment as usual. *(delete as appropriate)*

All participants in the study will continue to receive treatment as usual from you.

Yours sincerely

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