## **Final Discrete Choice Experiment Questionnaires**

DCE Online Questionnaire (General Public) People's preferences for parenting support services

This questionnaire is designed to collect information about what people prefer from different possible programmes that are designed to support parents whose children are at risk of poor outcomes. We hope to be able to use this information to help design services that work as closely as possible to the way parents would wish them to.

Before we move onto the main questionnaire, there are a couple of pieces of background information we would like to collect to help us make the best possible use of the data collected.

What date are you filling in this questionnaire?

What age are you?

What sex are you?

How many children do you currently have?

We would like to thank you in advance for taking the time to fill out this questionnaire.

We are interested in trying to understand people's preferences for different parental support programmes that are designed to support parents whose children are at risk of poor outcomes. We know that different programmes provide different benefits to both parents and children, and we are interested in trying to understand which of those possible benefits people consider to be more important. This will hopefully help us in the future to design programmes that fit closer to what the families using them would like.

In the following pages, you will be presented with 17 different questions, each of which offers a choice between two possible programmes that give different potential benefits to parents, children, or both. In each case, the information presents the results that might happen from parents deciding to attend one programme rather than another. **In each question, we ask that you imagine that you are a parent that might benefit from attending a parental support programme.** Information is not given about the things that are done within a programme, but about how people may benefit as a result of attending it. These different alternatives are shown in the box below.

## **Examples of important outcomes**

The information in this box is <u>not</u> a question, and <u>you do not need to give any answers</u> <u>here</u>. It is just showing the different types of things parental support programmes have been designed to try and help with in the past. On later pages you will be asked to decide which of these possible attributes you consider most important, but you do not need to do so here.

## Anxiety and/or depression

- a) You do not feel anxious or depressed
- b) You feel slightly anxious or depressed

## Understanding the needs of your child

- a) You feel you have a high level of understanding of your child's needs
- b) You do not feel you have a high level of understanding of your child's needs

## Are you able to do your usual activities/the activities you would like to on a normal day?

- a) You have no problems in doing your usual activities
- b) You have slight problems in doing your usual activities

### Social support from friends and family

- a) You feel you have enough support from your friends and relatives
- b) You do not feel you have enough support from your friends and relatives

### Stress

- a) You do not feel stressed in your role as a parent
- b) You feel stressed in your role as a parent

## Self-confidence

- a) You feel confident and capable of problem solving as a parent
- b) You do not feel confident and capable of problem solving as a parent

## Example Question

The question on this page is an example like one of the ones you will be asked about. This is to show you how the task works, so you do not have to do anything on this page.

Which of the following two alternative sets of outcomes (option A or option B) from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have no problems in doing your usual activities
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

The six sentences under option A describe the way you might feel after going to a parental support programme. The six sentences under option B are a different way you might feel after going to a different parental support programme. Look through all the outcomes within option A, and all the outcomes within option B. Think about which set of six outcomes you think is better.

After looking at all six things within each option, if you would prefer to feel the way described in option B, then you would put a cross in the box next to option B as shown below. If however, you decided that you would prefer to feel the way described by option A, then put a cross in the box next to option A. Even if you don't like either of the options, please pick the one that you think is best.

Option A



From this page on, we are now asking real questions where we would like to know which option you prefer. Please consider the full details of the two possible programmes you are being asked to choose between, then say whether you would prefer to use option A or option B given their outcomes. It may be that you would not like to be in either state, but we are still interested in which you would pick if you had to make that choice.

Q1: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q2: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have slight problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q3: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q4: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have slight problems in doing your usual activities
You do not feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q5: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q6: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have slight problems in doing your usual activities
You do not feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q7: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q8: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have slight problems in doing your usual activities
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q9: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have slight problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Q10: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q11: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You do not feel anxious or depressed	
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have no problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You do not feel stressed in your role as a parent	
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q12: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You do not feel anxious or depressed	
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have slight problems in doing your usual activities	
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You do not feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q13: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You do not feel anxious or depressed	
You feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have slight problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You feel stressed in your role as a parent	You feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Option B
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Q14: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You feel slightly anxious or depressed	
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have no problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent	
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q15: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You do not feel anxious or depressed	You do not feel anxious or depressed	
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have slight problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent	
You feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q16: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You feel slightly anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have slight problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q17: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You do not feel anxious or depressed	You feel slightly anxious or depressed	
You feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have no problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You feel stressed in your role as a parent	You feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Option B

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## THANK YOU VERY MUCH INDEED FOR COMPLETING THIS QUESTIONNAIRE

## DCE Online Questionnaire (Pregnant Women) People's preferences for parenting support services

This questionnaire is designed to collect information about what people prefer from different possible parental support programmes. We hope to be able to use this information to help design services that work as closely as possible to the way parents would wish them to. Before we move onto the main questionnaire, there are a couple of pieces of background information we would like to collect to help us make the best possible use of the data collected.

What date are you filling in this questionnaire?

What age are you?

What sex are you?

How many children do you currently have?

We would like to thank you in advance for taking the time to fill out this questionnaire.

We are interested in trying to understand people's preferences for different parental support programmes.

We know that different programmes provide different benefits to both parents and children, and we are interested in trying to understand which of those possible benefits people consider to be more important. This will hopefully help us in the future to design programmes that fit closer to what the families using them would like.

In the following pages, you will be presented with 17 different questions, each of which offers a choice between two possible programmes that give different potential benefits to either yourself, your child or both. In each case, the information presents the results that might happen from you deciding to attend one programme rather than another. Information is not given about the things that are done within a programme, but about how people may benefit as a result of attending it. These different alternatives are shown in the box below.

## **Examples of important outcomes**

The information in this box is <u>not</u> a question, and <u>you do not need to give any answers here</u>. It is just showing the different types of things parental support programmes have been designed to try and help with in the past. On later pages you will be asked to decide which of these possible attributes you consider most important, but you do not need to do so here.

## Anxiety and/or depression

- c) You do not feel anxious or depressed
- d) You feel slightly anxious or depressed

## Understanding the needs of your child

- c) You feel you have a high level of understanding of your child's needs
- d) You do not feel you have a high level of understanding of your child's needs

## Are you able to do your usual activities/the activities you would like to on a normal day?

- c) You have no problems in doing your usual activities
- d) You have slight problems in doing your usual activities

## Social support from friends and family

- c) You feel you have enough support from your friends and relatives
- d) You do not feel you have enough support from your friends and relatives

### Stress

- c) You do not feel stressed in your role as a parent
- d) You feel stressed in your role as a parent

## Self-confidence

- c) You feel confident and capable of problem solving as a parent
- d) You do not feel confident and capable of problem solving as a parent

## Example Question

The question on this page is an example like one of the ones you will be asked about. This is to show you how the task works, so you do not have to do anything on this page.

Which of the following two alternative sets of outcomes (option A or option B) from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You do not feel anxious or depressed	
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have no problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

The six sentences under option A describe the way you might feel after going to a programme. The six sentences under option B are a different way you might feel after going to a different programme. Look through all the outcomes within option A, and all the outcomes within option B. Think about which set of six outcomes you think is better.

After looking at all six things within each option, if you would prefer to feel the way described in option B, then you would put a cross in the box next to option B as shown below. If however, you decided that you would prefer to feel the way described by option A, then put a cross in the box next to option A. Even if you don't like either of the options, please pick the one that you think is best.

Option A



From this page on, we are now asking real questions where we would like to know which option you prefer. Please consider the full details of the two possible programmes you are being asked to choose between, then say whether you would prefer to use option A or option B given their outcomes. It may be that you would not like to be in either state, but we are still interested in which you would pick if you had to make that choice.

Q1: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You do not feel anxious or depressed	You do not feel anxious or depressed	
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have no problems in doing your usual activities	
You feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q2: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You do not feel anxious or depressed	
You feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have slight problems in doing your usual activities	
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family	
You feel stressed in your role as a parent	You feel stressed in your role as a parent	
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Q3: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q4: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have slight problems in doing your usual activities
You do not feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q5: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q6: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You feel slightly anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have slight problems in doing your usual activities
You do not feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q7: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q8: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have slight problems in doing your usual activities
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q9: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have slight problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You feel stressed in your role as a parent	You feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Q10: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You do not feel anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have no problems in doing your usual activities
You feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q11: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs
You have no problems in doing your usual activities	You have no problems in doing your usual activities
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q12: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B
You feel slightly anxious or depressed	You do not feel anxious or depressed
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs
You have slight problems in doing your usual activities	You have slight problems in doing your usual activities
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family
You do not feel stressed in your role as a parent	You do not feel stressed in your role as a parent
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q13: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You do not feel anxious or depressed	
You feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have slight problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You feel stressed in your role as a parent	You feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Option B
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Q14: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You feel slightly anxious or depressed	
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have no problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent	
You feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q15: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You do not feel anxious or depressed	You do not feel anxious or depressed	
You do not feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have slight problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent	
You feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q16: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You feel slightly anxious or depressed	You feel slightly anxious or depressed	
You feel you have a high level of understanding of your child's needs	You do not feel you have a high level of understanding of your child's needs	
You have no problems in doing your usual activities	You have slight problems in doing your usual activities	
You feel you have enough support from your friends and family	You do not feel you have enough support from your friends and family	
You do not feel stressed in your role as a parent	You feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You do not feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A



Q17: Which of the following two alternative sets of outcomes from possible parental support programmes would you prefer?

Option A	Option B	
You do not feel anxious or depressed	You feel slightly anxious or depressed	
You feel you have a high level of understanding of your child's needs	You feel you have a high level of understanding of your child's needs	
You have slight problems in doing your usual activities	You have no problems in doing your usual activities	
You do not feel you have enough support from your friends and family	You feel you have enough support from your friends and family	
You feel stressed in your role as a parent	You feel stressed in your role as a parent	
You do not feel confident and capable of problem solving as a parent	You feel confident and capable of problem solving as a parent	

Please tick the box below which corresponds to which of the two alternative sets of outcomes (option A or option B in the table above) from a parental support programme you would prefer. Please only select one option.

Option A

Option B

# THANK YOU VERY MUCH INDEED FOR COMPLETING THIS QUESTIONNAIRE