

Supplementary Material 2: Interview Schedules regarding recruitment to the ‘Walk with Me’ Intervention

GP Semi-structured Interview schedule

Do you feel General Practice is a suitable platform to recruit participants to physical activity research?

How do you feel it can benefit the practice?

How do you think recruitment strategies could be improved upon in relation to the methods used in the “Walk with me” study?

Would you be more likely to get involved in research that had clinical relevance to your daily practice and if so why?

What are the main barriers you perceive for GPs to be involved in recruitment to physical activity research from your own personal experience?

Would a monetary incentive encourage your participation in research recruitment?

Do you feel there is an expectation from patients to be educated by their GP about ways to improve their physical activity?

Any other thoughts you would like to add about recruitment from general practice to physical activity research that you think we should be taking on board?

Participant Semi-structured Interview Schedule

How did you find out about the Walk with me study?

Is this something you would expect to be informed about by your GP?

Do you think the GP surgery is a suitable place to recruit participants to research studies such as this?

How do you think your GP surgery can involve and attract patients to participate in research projects?

How has your experience of Walk with me been?

How do you think you will continue your increased PA?

How did the peer support help you?

How do you feel it assisted you in increasing your PA?

What do you think prevents others of a similar age to you participating in physical activity research?