The 3D Study:
Improving whole person care

Consultation recording and observation
Health Professionals Information Leaflet

Introduction

The 3D study is testing an intervention that specifies a particular way of delivering care for people with multimorbidity. To understand whether the intervention is effective we need to see how it actually works in practice and how patients and health care professionals react to it and use it. Since the main part of the intervention is the 2 part reviews that you provide for patients participating in the 3D study, recordings and observation of those will provide essential information about how useful the intervention is and whether it is worth continuing. To see whether this process is any different from what you normally do we would also like to record consultations in usual care practices where you are reviewing a patient for long-term conditions in the usual way without using the 3D intervention.

We are inviting you to take part in one of these recordings. Before you decide whether to take part please take time to read this sheet carefully. Discuss it with others if you wish and ask us if there is anything that is not clear or if you would like to know more about the study.

What is the purpose of the study

The aim of this part of the 3D study is to understand the process that goes on when conducting a 3D review and to compare that to the usual way of providing reviews. We would also particularly like to understand how patients and health professionals agree actions arising from the reviews. This might be the 3D health plan or other actions agreed in the usual way. We hope that the information will be useful in developing a training tool to help other health care professionals agree health plans and other actions with their patients.

Why have I been chosen?

You have been chosen because you are a nurse or GP who reviews long-term conditions in a practice that is participating in the 3D study, either as an intervention practice delivering the new approach or as a control practice providing usual care to patients with multiple conditions.

What are you asking me to do?

We are asking you to consent to being video-recorded or audio-recorded and observed while you are providing a long-term condition review for a patient with multi-morbidity who is taking part in the 3D study. The recording will be agreed beforehand with both the patient and yourself.

After the review is complete, the recording will be transcribed by a transcription company approved of by the University of Bristol. Transcripts and recordings will be stored securely at the University of Bristol, in line with the Data Protection Act. The recording will be analysed to identify differences between usual care and intervention practices in the way that reviews are carried out and to see if patients are responding any differently. Clips from the recordings for use in training or reporting of trial results would be suitably anonymised first.

Taking part in this consultation recording is voluntary. A few days after you have received this invitation and information, if we have not heard from you we will contact you again to find out whether or not you would be happy to be interviewed and whether you require further information. If you do decide to take part you may still withdraw at any time and without giving a reason.

In some cases we will ask additional separate consent for a brief voluntary follow-on interview after the consultation to talk about how you experienced the review we have just recorded.

What if I am unhappy about being recorded?

Some people feel uncomfortable about being video-recorded or audio-recorded or observed. Please discuss with the researcher if you have any concerns as we will do our best to minimise the intrusion. You are also free to refuse or to stop the recording at any point or to ask to have it deleted at the end of the consultation. The recording will be one of many used to gain information about what difference the 3D intervention might make, what clinicians do in practice and how patients respond and will not identify you personally.

Confidentiality

All the information you give will be kept strictly confidential. No information that we obtain during the review or follow-on interview will be passed to anyone else in a way that identifies you or other individuals. The information will only be accessed by the research team, or by the regulatory authority or NHS Trust as part of their research monitoring and audit responsibilities.

What will happen to the results of this research?

The findings will form the basis of a report to the National Institute for Health Research on the 3D study and will also be used to develop a training tool to help clinicans agree action plans with their patients. Results will also be published in peer reviewed journals and presented at conferences and seminars to health care researchers, professionals and patients. We can send you a summary of findings if you wish.

Other Information about the study

The research is being run by the Centre of Academic Primary Care at the University of Bristol, with the Universities of Manchester and Glasgow. It is funded by the NHS National Institute for Health Research (NIHR).

All research in the NHS is looked at by an independent group of people called a Research Ethics Committee, to protect your safety, rights, well-being and dignity. This study has been reviewed and approved by the South West (Frenchay) NHS Research Ethics Committee.

How to contact us

If you have any questions about this study, please contact:

Cindy Mann
University of Bristol
Canynge Hall, 39 Whatley Road,
Bristol, BS8 2PS.

Telephone: 0117 33 14583
Email: 3d-study@bristol.ac.uk

This study is led by the University of Bristol