

Report Supplementary Material # 3: WP2a: Outcome measures: Item scores by domain at T0 and T1 (EQ-5D 5L; ASCOT-SCT4, Barthel, NEADL)

EQ-5D-5L Domain scores at T0 and T1 (total samples)

Time point	T0		T1	
Level	No.	Col %	No.	Col %
1. Mobility				
No problems	6	3.23%	8	6.25%
Slight problems	27	14.52%	53	41.41%
Moderate problems	82	44.09%	42	32.81%
Severe problems	60	32.26%	20	15.63%
Unable	11	5.91%	5	3.91%
Total	186	100.00%	128	100.00%
2. Self-Care				
No problems	16	8.60%	71	55.47%
Slight problems	48	25.81%	29	22.66%
Moderate problems	80	43.01%	22	17.19%
Severe problems	35	18.82%	5	3.91%
Unable	7	3.76%	1	0.78%
Total	186	100.00%	128	100.00%
3. Usual Activities				
No problems	4	2.15%	19	14.84%
Slight problems	24	12.90%	48	37.50%
Moderate problems	67	36.02%	29	22.66%
Severe problems	71	38.17%	24	18.75%
Unable	20	10.75%	8	6.25%
Total	186	100.00%	128	100.00%
4. Pain/Discomfort				
No pain	38	20.43%	37	28.91%
Slight pain	40	21.51%	36	28.13%
Moderate pain	70	37.63%	35	27.34%
Severe pain	38	20.43%	19	14.84%
Extreme pain	0	0	1	0.78%
Total	186	100.00%	128	100.00%
5. Anxiety/Depression				
Not anxious	73	39.25%	69	53.91%
Slightly anxious	54	29.03%	36	28.13%
Moderately anxious	44	23.66%	16	12.50%
Severely anxious	15	8.06%	7	5.47%
Total	186	100.00%	128	100.00%

ASCOT-SCT4 domain scores: T0 and T1 (total samples)

Time point	T0		T1	
Level	No.	Col %	No.	Col %
1. Control over daily life				
Good	59	32%	77	60%
Adequate	49	26%	22	17%
Less than adequate	75	40%	29	23%
Not adequate	3	2%	0	0%
Total	186	100%	128	100%
2. Keeping clean and presentable				
Good	63	34%	94	73%
Adequate	106	57%	31	24%
Less than adequate	15	8%	1	1%
Not adequate	2	1%	2	2%
Total	186	100%	128	100%
3. Getting enough food and drink				
Good	103	55%	114	89%
Adequate	72	39%	12	9%
Less than adequate	0	6%	0	2%
Not adequate	11	100%	2	0%
Total	186	55%	128	100%
4. Feeling safe				
Good	53	28%	42	33%
Adequate	122	66%	82	64%
Less than adequate	9	5%	2	2%
Not adequate	2	1%	2	2%
Total	186	100%	128	100%
5. Social contact				
Good	33	18%	32	25%
Adequate	72	39%	63	49%
Less than adequate	71	38%	30	23%
Not adequate	9	5%	3	2%
Total	185	100%	128	100%
6. Spending time				
Good	12	6%	26	20%
Adequate	62	34%	60	47%
Less than adequate	102	55%	39	30%
Not adequate	9	5%	3	2%
Total	185	100%	128	100%
7. Clean and comfortable accommodation				
Good	97	52%	101	70%
Adequate	66	36%	17	26%
Less than adequate	21	11%	10	3%
Not adequate	1	1%	0	1%
Total	185	100%	128	100%
8. Feeling about having help				
Feel better	120	65%	101	79%
No effect	36	19%	17	13%
Sometimes undermines	27	15%	10	8%
Completely undermines	2	1%	0	0%
Total	185	100%	128	100%
9. Feeling about help				
Feel better	139	76%	105	82%
No effect	31	17%	17	13%
Sometimes undermines	14	8%	6	5%
Completely undermines	0	0%	0	0%
Total	184	100%	128	100%

Barthel Index domain scores: T0 and T1 (total samples)

Time point	T0		T1	
Assessor-rated Score	No.	Col %	No.	Col %
1. Feeding				
0	3	2%	0	0
5	26	20%	11	8%
10	101	78%	122	92%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
2. Bathing				
0	97	75%	45	34%
5	33	25%	88	66%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
3. Grooming				
0	60	46%	24	18%
5	70	54%	109	82%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
4. Dressing				
0	21	16%	8	6%
5	85	65%	40	30%
10	24	18%	85	64%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
5. Bowels				
0	6	5%	4	3%
5	15	12%	16	12%
10	109	84%	113	85%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
6. Bladder				
0	15	12%	9	7%
5	25	19%	18	14%
10	90	69%	106	80%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
7. Toilet use				
0	8	6%	6	5%
5	23	18%	19	14%
10	99	76%	108	81%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
8. Transfers				
0	2	2%	2	2%
5	8	6%	3	2%
10	38	29%	25	19%
15	82	63%	103	77%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
9. Mobility				
0	15	12%	26	20%
5	3	2%	2	2%
10	17	13%	15	11%
15	95	73%	90	68%
<i>Total</i>	<i>130</i>	<i>100%</i>	<i>133</i>	<i>100%</i>
10. Stairs				
0	76	58%	71	53%
5	19	15%	17	13%
10	35	27%	45	34%

<i>Total</i>	130	100%	133	100%
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NEADL scale domain scores:t T0 and T1 (total samples)

Time point	T0		T1	
Self-rated Score	No.	Col %	No.	Col %
Mobility Domain				
1. Walk around outside				
Not independent	124	67%	87	69%
Independent	60	33%	40	31%
2. Climb stairs				
Not independent	131	71%	89	70%
Independent	53	29%	38	30%
3. Get in and out of a car				
Not independent	114	62%	82	65%
Independent	70	38%	45	35%
4. Walk on uneven ground				
Not independent	135	73%	91	72%
Independent	49	27%	36	28%
5. Cross roads				
Not independent	139	76%	102	80%
Independent	45	24%	25	20%
6. Travel on public transport				
Not independent	159	86%	116	91%
Independent	25	14%	11	9%
Kitchen Domain				
7. Manage to feed yourself				
Not independent	10	5%	1	1%
Independent	174	95%	127	99%
8. Manage to make a hot drink				
Not independent	39	21%	16	13%
Independent	145	79%	112	88%
9. Carry hot drinks				
Not independent	55	30%	22	17%
Independent	129	70%	106	83%
10. Do the washing up				
Not independent	66	36%	25	20%
Independent	118	64%	103	80%
11. Make a hot snack				
Not independent	61	33%	25	20%
Independent	123	67%	103	80%
Domestic Domain				
12. Manage own money when out				
Not independent	123	67%	86	67%
Independent	61	33%	42	33%
13. Wash small items of clothing				
Not independent	102	55%	49	38%
Independent	82	45%	79	62%
14. Do own housework				
Not independent	144	78%	102	80%
Independent	40	22%	26	20%
15. Do own shopping				
Not independent	151	82%	106	83%
Independent	33	18%	22	17%
16. Can do a full clothes wash				
Not independent	129	70%	83	65%
Independent	55	30%	44	35%
Leisure Domain				
17. Read newspapers/books				

Not independent	28	15%	16	13%
Independent	156	85%	112	88%
18. Use a phone				
Not independent	9	5%	1	1%
Independent	175	95%	127	99%
19. Write letters				
Not independent	70	38%	28	22%
Independent	114	62%	100	78%
20. Go out socially				
Not independent	154	84%	110	86%
Independent	29	16%	18	14%
21. Manage own gardening				
Not independent	169	92%	121	95%
Independent	15	8%	7	5%
22. Drive a car				
Not independent	159	86%	120	94%
Independent	25	14%	8	6%
Total	184	100%	128	100%