Report Supplementary Material # 4: WP2b - Process Evaluation: Recruitment Materials

Invitation documents

Email to staff

Invitation Email to Commissioners and Managers

Dear [Name]

Re: Research about reablement services in England (The MoRE study)

As you will be aware, [Name of reablement service] is taking part in a research project about the outcomes of reablement services. We wish to invite you to participate in a telephone interview because you [commission/manage] this reablement service and we would like to invite you to take part in an interview.

The interview will help us to find out about the organisation and delivery of reablement services in [Name of locality]. This will include questions about service structure, staffing, costs and how outcomes are assessed.

The interview will last about 45 minutes and will be audio-recorded with your permission.

The attached information sheet gives more detail about the main aims of this research and what being interviewed would involve. If you **would like to take part** please let us know by return email and we will contact you to arrange an interview. If you **do not wish to take part** it would still be helpful if you let us know so that we do not contact you again. You do not need to give a reason, but if you would like to tell us why, please include this information in your email.

I do hope that you decide to take part. Should you require any further information please do not hesitate to contact me (contact details above).

We look forward to hearing from you.

Yours faithfully

[name of researcher] (on behalf of the project team)

Research Fellow

<mark>Tel No</mark>

Address

Attachments: PIS_WP2b Commissioner/Manager interview_V1.1_May 2017

Invitation letter and response form to family carers

Invitation letter to family carer

Dear Sir/Madam

Re: Research about reablement services in England (The MoRE study)

[Name of reablement service] is taking part in a research project about reablement services in England. We have passed this invitation pack onto you because you support a relative or friend that has recently used this reablement service and we would like to invite you to take part in a phone interview.

The interview will help us to find out about your experiences of supporting someone who is receiving input from the [name of reablement service]. We will also ask you how, from your point of view, you felt the team worked with your friend/relative and with you.

The interview will last about 20 minutes and will be audio-recorded with your permission. You will receive a £20 gift voucher for taking part in an interview.

The enclosed information sheet gives more detail about the main aims of this research and what being interviewed would involve. If you **would like to take part** please indicate this on the enclosed response form and return it to us in the pre-paid envelope. We will then contact you to arrange an interview. If you **do not wish to take part**, it would still be helpful if you complete and return the response form, so that we do not contact you again.

I do hope that you decide to take part. Should you require any further information please do not hesitate to contact me (contact details above).

We look forward to hearing from you.

Yours faithfully

[Name] (on behalf of the project team)

Research Fellow

Interview response form

Please read the enclosed information sheet outlining what taking part in an interview would involve. Please complete this form and post it back in the pre-paid envelope. If you would like more information before deciding, please contact the research team on 01904 321280 or email researcher@york.ac.uk.

Please mark <u>one</u> of the following responses:



Yes, I agree that the interviewer can contact me about taking part in an interview. (*Please complete your details in the section below so that we can contact you*)



No, I would **<u>NOT</u>** like the interviewer to contact me about taking part in an interview. (You do not have to give a reason, but if you would like to tell us why, it will help us to understand why some people choose not to take part).

Please complete this section if you <u>want to take part</u> and we will contact you to arrange the **interview.** (Please do <u>not</u> complete this section if you have decided <u>not</u> to take part.)

Your Name: ______

Telephone Number: ______

Email address: ______

What are the best days/times to contact you? _____

Are there any particular things we need to take into account when arranging or doing the interview?

Thank you

Information Sheets

Commissioners and managers

Information Sheet for Commissioners and Managers

You are being invited to take part in a research study being conducted by researchers from the Social Policy Research Unit (SPRU) at the University of York. This study is funded by the National Institute for Health Research (NIHR). It has been reviewed and approved by the Association of Directors of Adult Social Services and the North East – York Research Ethics Committee.

Before you decide whether you wish to take part or not, it is important for you to understand why the research is being done and what it will involve. Please read the following information carefully and take your time to decide whether you wish to take part.

What is the purpose of the study?

These interviews form part of a research project that aims to evaluate reablement services in England. Reablement is provided in different ways across England but there is little evidence about which models of provision work best, for which groups of service users and at what costs. This research aims to answer these questions by comparing different models of reablement provision.

The [name of reablement service] has been chosen as an example of a service model we would like to explore and [name of senior person who agreed the service would be involved] has agreed to this.

To help with this, we are interested in learning how the service is organised and about reablement practice within the team. We are also interesting in hearing your views about the wider service and organisational landscape within which the reablement service works.

Why have I been contacted?

You have been contacted because you have been identified as having a central role in providing reablement services in [local authority/CCG name]. We will also be inviting other key people in your locale to take part in an interview.

What are the benefits of this research?

The information you provide will be invaluable in helping us to identify the factors that help or hinder service effectiveness and which services work best for which client groups.

Will my taking part in this study be kept confidential?

Your involvement in the study and the information that you provide will be kept confidential, including from your colleagues. However, if you tell us something that indicates that you or someone else is at risk of harm we will need to disclose this information to someone else. We would discuss this with you before telling anyone else.

A personal identification number will be used throughout the research for each participant and all data will be anonymised. Data will be held in accordance with the 1998 Data Protection Act and University of York Ordinances.

Only the research team will have access to the study data. We find it helpful to record interviews, but we will not do this if you would prefer us not to. If you agree to your interview being recorded, the transcribers will have temporary access to the recording of the interview. The transcribers have a longstanding relationship with the research unit and have signed a confidentiality agreement.

Will I be identified in published papers and reports?

We will write reports and articles on the findings of the research during and after the project. With your permission, we may use quotes from your interview to illustrate key points. No person taking part in the project will be identifiable in the project report or any other publication.

Will taking part in this study affect my employment?

No, taking part in the research will not affect your employment in any way. Similarly, if you decide not to take part your employment will not be affected in any way. It is up to you whether or not you decide to take part and your decision will be kept completely confidential.

What will taking part involve?

If you would like to take part, you will need to complete the response form and return it to me in the enclosed Freepost envelope. Please retain this information sheet. I will then contact you to answer any questions you may have and to arrange a mutually agreeable time and place to conduct the interview. We can complete the interview over the telephone or in person.

On the day of the interview there will be further opportunity for you to ask questions and raise concerns. If you are still happy to go ahead, I will ask you to complete a consent form (a copy of which will be given to you for your records).

The interview will explore the organisation and delivery of the reablement support you commission/manage, goal setting processes and how outcomes are assessed. The interview will take approximately 45 minutes (but no longer than one hour) and will give you an opportunity to describe your views fully. It will be audio-recorded (with your permission). Recordings will be destroyed when the research is complete.

If you do decide to take part, you are still free to withdraw at any time and without giving a reason. Unfortunately, we are not able to pay you for taking part in this research.

What if I choose not to take part?

Participation in this research is entirely voluntary. If you choose not to take part, just complete the top half of the response form indicating your choice and return it to me in the Freepost envelope so that I do not contact you again. You do not have to provide a reason or complete the demographic information, but doing so would enable me to understand reasons for declining to participate which might help when planning future studies. *(Note: your reasons will be recorded anonymously).*

What do I do if I have a concern or complaint about any aspect of the study?

In the first instance you can contact the project manager, Professor Bryony Beresford (details below). If you would prefer to speak to someone outside of the project team, please contact the Research Director in SPRU, **Professor Yvonne Birks** on 01904 321328 or email her at yvonne.birks@york.ac.uk

If you have any questions or would like more information before you decide whether you want to take part, please contact the project manager Brony Beresford on 01904 321950 or email bryony.beresford@york.ac.uk

You can also find out more about the study on the project website - bit.ly/modre

Thank you for taking time to read this information sheet

and considering taking part.

Information Sheet for Assessors and Workers

What is the MORE project about?

Reablement is provided in different ways across England but we know very little about the best ways to provide reablement, what works for different service users, and the costs of reablement. The MORE project aims to answer these questions by investigating and comparing different models of reablement provision. The research has been commissioned by the National Institute of Health Research.

There are a number of different elements to the MORE project. As you are aware, [NAME OF SERVICE] has been involved in the evaluation of service users' outcomes and experiences. We are grateful to everyone in [NAME OF SERVICE] for their support with this part of the project.

Another part of the project is looking at the experiences of staff working in reablement services. This includes those who carry out assessments and those who are reablement workers. Other parts of the project include interviews with managers and commissioners, and also staff working in specialist dementia reablement services.

Why am I being invited to take part in a focus group?

In each of the services involved in the MORE project, we are arranging focus group discussion meetings with staff. You have been invited to take part because you are involved in carrying out assessments for the [NAME OF SERVICE].

A focus group meeting for CRT assessors has been arranged for [*INSERT DATE, TIME AND VENUE*] Please note, you do not have to take part in this meeting. It is fine not to attend, or to choose to leave the meeting.

What will taking part involve?

The focus group meeting will be an <u>informal time</u> of discussion. It will be led by one or two members of the University of York research team and will last an hour. We will audio-record the meeting. During the meeting we would like to hear your views about the following topics:

- your experiences of working with and assessing clients who have been referred for reablement, including any issues or challenges you face;
- your experiences of delivering the assessment process, including any work on goal setting which you do;
- your views on whether there are particular groups of clients who respond well to reablement, and those who don't, and what factors are linked to this.

A note about confidentiality

All information will be kept strictly confidential in line with the Data Protection Act. All the information we collect during the study will be stored securely and will only be seen and used by the research team. It will not be shared with any member of staff or manager within Hampshire County Council, or anyone else.

We will not use your name, or include information which identifies you, in any of our study reports or other project outputs. Your involvement in the study and the information you provide will be kept confidential unless you tell us something that indicates someone is at risk of significant harm. We would discuss this with you before telling anyone else.

What are the benefits of this research?

Your and others contribution and involvement in the project will help to improve and develop our understanding of reablement and reablement services. It will help us understand what factors help or hinder service effectiveness and which services work best for which client groups.

What will happen to the results of the study?

When the MORE project is complete we will write a full project report for the National Institute of Health Research. This will be made publicly available. We will also develop research and guidance briefings for the different stakeholders who are interested in or responsible for reablement. All those who participated in the research will be informed of the key findings. We will also present the study findings at professional/research conferences and write up journal articles for publication.

The research team

The MORE project team is based at University of York. It is being carried out by the University's Social Policy Research Unit (SPRU): a unit with a longstanding track record for health and care services research and user involvement in research.

For further information about any aspect of the research, please contact Professor Bryony Beresford: Tel: 01904 329150; email: bryony.beresford@york.ac.uk, Postal: Social Policy Research Unit, University of York, Heslington, York, YO10 5DD.

If you have any concerns about this study, or wish to make a complaint, please contact:

Dr Julie Rugg (Chair: Social Policy and Social Work Research Ethics Committee),

Department of Social Policy and Social Work, University of York, York.YO10 5DD.

Tel: 01904 321484 Email: Julie.rugg@york.ac.uk.

Service users

Information Sheet for Service Users

You are being invited to take part in a research study. The study is being organised by the Social Policy Research Unit (SPRU), University of York and is funded by the National Institute of Health Research (NIHR). Before you decide, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully before you decide if you wish to take part, and talk to others about it if you wish to. Please ask us if there is anything that is not clear or if you would like more information.

What is the purpose of the study?

Reablement support aims to help people who have been in hospital or who have a long-term illness, and help people to stay living in their own home. In England, different local areas organise and provide reablement in different ways. Current research is not able to tell us which type of reablement service provides the best way of helping people who receive it. To help us see which type of service works best, we want to hear the views and experiences of people who have received reablement from the [name of reablement service].

Why have I been invited to take part?

You have been invited to take part in this stage of the research because you have recently completed a programme of reablement from the [name of reablement service]. Up to 12 other people who have completed their reablement programme will take part in an interview.

What will taking part involve?

A researcher [name of researcher] will have contacted you to answer any questions you might have and to make arrangements to conduct the interview with [name of researcher] in your home or elsewhere if you prefer at a time and date that is convenient to you.

On the day of the interview with [name of researcher] you will be able to ask questions. If you are still happy to go ahead, you will be asked to complete a consent form. The interview will explore your views and experience of the reablement support you received. The interview will take approximately 45 minutes (but no longer than one hour) and give you an opportunity to describe

your views fully. It will be audio-recorded (with your permission). Recordings will be destroyed when the research is complete. You will be given a £20 gift to thank you for taking part in an interview.

At the end of the interview we will ask you if you have a family member or friend who supports you at home. If you do, we will ask your permission to invite them to take part in an interview about their views of the reablement service. We will also discuss whether you would allow us to contact your main reablement worker to invite them to take part in a short interview about their experience of working with you. Even if you do not agree to either of these, you can still take part in an interview yourself.

Do I have to take part in the interview?

Taking part is entirely voluntary, so it is up to you to decide if you want to take part in the interview. If you agree to take part, we will need you to sign a consent form. If you do take part you are free to withdraw at any time without giving a reason.

If you choose not to take part you do not have to provide a reason, but it will help us understand why people do not want to take part in this research and this may help us plan future studies. If you do not take part it will not affect your services you receive in any way.

Are there any benefits or disadvantages to taking part?

There are no direct benefits or disadvantages for you if you take part in this research. However, taking part will help us to understand how different ways of providing reablement support may help people. This will provide useful information about the best way to organise and provide reablement support to people.

Will my taking part in this study be kept confidential?

The information you provide is confidential and treated in accordance with the Data Protection Act. Information collected from the study will only be accessed and processed by people working on the study, who have been trained in confidentiality procedures. If you agree to take part, a personal identification number will be used throughout the research for each participant. All data will be anonymised and the information you provide will be recorded on encrypted devices. Direct quotes may be used in the results of the research; however, these quotes will be anonymised so you will not be identified in any way and the tapes will be destroyed once they have been transcribed. No one will ever be able to trace or identify anybody from the study. Your involvement in the study, and the information that you provide, will be kept confidential unless you tell us something that indicates that you or someone else is at risk of harm. We would discuss this with you before telling anyone else.

What will happen if I don't want to carry on with the study?

You can change your mind and withdraw from the study at any time without giving a reason. The information you have provided up to that point will be retained, unless you request otherwise. Any personal information you have given us will be securely destroyed. Whatever your decision, it will not affect the support you receive. If you choose not to carry on with the study, please contact the study research officer [name] (tel no) or contact [name of researcher] (tel no) so that we do not contact you again.

What will happen to the results of the study?

When the study has finished we will write to you and tell you our research findings. We will also present the findings at conferences and write reports and articles for different audiences during and after the project. We will use quotes from the interviews but these will be anonymised so that you cannot be identified from it. No person taking part in the project will be identifiable in the project report or any other publication.

Who has reviewed the study?

The study has been reviewed by North East – York Research Ethics Committee and by a panel of members of the general public that help advise the Social Policy Research Unit on its research work.

What should I do now?

A member of our research team [name of researcher] will have contacted you by telephone and arranged to interview you at your home at a time and date that suits you.

What do I do if I have a concern or complaint?

In the first instance you can contact the project manager, Professor Bryony Beresford. If you would prefer to speak to someone outside of the project team, please contact the Research Director in SPRU, **Professor Yvonne Birks** on 01904 321328 or email her at yvonne.birks@york.ac.uk

Contacts for further information

If you have any questions or would like more information, please contact the project manager Bryony Beresford on 01904 321 or email bryony.beesford@york.ac.uk. You can also find out more about the study on the project website bit.ly/modre

There is an organisation called INVOLVE which promotes public involvement in research and has information about taking part in research on the following website <u>http://www.invo.org.uk/</u>

[Name of researcher] will show you an identification card like the one below (please see next page) when she visits you so you know who she is. It will have her name and photograph on it. If you are unsure about the person visiting you, please ask to see their identification card.



Thank you for taking time to read this information sheet and considering taking part.

Family carers

Information sheet for family carers

You are being invited to take part in a research study. The study is being organised by the Social Policy Research Unit (SPRU), University of York and is funded by the National Institute of Health Research (NIHR). Before you decide, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully before you decide if you wish to take part, and talk to others about it if you wish to. Please ask us if there is anything that is not clear or if you would like more information.

What is the purpose of the study?

Reablement support aims to help people who have been in hospital or who have a long-term illness, and help people to stay living in their own home. In England, different local areas organise and provide reablement in different ways. Current research is not able to tell us which type of reablement service provides the best way of helping people who receive it. To help us with this we wish to ask relatives of people who have recently received reablement support about their views and experience of the reablement service provided by [name of reablement service].

Why have I been invited to take part?

You have been invited to take part because you support someone who has recently received reablement support from the [name of reablement service].

What will taking part involve?

If you would like to take part in an interview about the reablement service received by the person you support, you will need to complete the response form and return it to the research team in the pre-paid envelope. A researcher [name] will contact you to answer any questions you might have and to make arrangements to conduct the interview over the phone.

On the day of the interview you will be able to ask questions and raise concerns. If you are still happy to go ahead, you will be asked to complete a consent form. The interview will explore your views and experience of the reablement support your relative or friend received. The interview will take approximately 20 minutes (but no longer than half an hour) and give you an opportunity to

describe your views fully. It will be audio-recorded (with your permission). Recordings will be destroyed when the research is complete. You will be given a £20 gift voucher to thank you for taking part.

Do I have to take part in the interview?

Taking part is entirely voluntary, so it is up to you to decide if you want to take part in the interview. If you agree to take part, we will need you to sign a consent form. If you do take part you are free to withdraw at any time without giving a reason.

If you choose not to take part you do not have to provide a reason, but it will help us understand why people do not want to take part in this research and this may help us plan future studies. If you do not take part it will not affect the service that you or that your friend/relative receives.

Are there any benefits or disadvantages to taking part?

There are no direct benefits or disadvantages for you or for your relative/friend if you take part in this research. However, taking part will help us to understand how different ways of providing reablement support may help people. This will provide useful information about the best way to organise and provide reablement support to people.

Will my taking part in this study be kept confidential?

The information you provide is confidential and treated in accordance with the Data Protection Act. Information collected from the study will only be accessed and processed by people working on the study, who have been trained in confidentiality procedures. If you agree to take part, a personal identification number will be used throughout the research for each participant. All data will be anonymised and the information you provide will be recorded on encrypted devices. Direct quotes may be used in the results of the research; however these quotes will be anonymised so you will not be identified in any way and the tapes will be destroyed once they have been transcribed. No one will ever be able to trace or identify anybody from the study. Your involvement in the study, and the information that you provide, will be kept confidential unless you tell us something that indicates that you or someone else is at risk of harm. We would discuss this with you before telling anyone else.

What will happen if I don't want to carry on with the study?

You can change your mind and withdraw from the study at any time without giving a reason. The information you have provided up to that point will be retained, unless you request otherwise. Any personal information you have given us will be securely destroyed. Whatever your decision, it will not affect the support you or that your friend/relative receives. If you choose not to carry on with the study, please contact [name of researcher] so that we do not contact you again.

What will happen to the results of the study?

When the study has finished we will write to you and tell you our research findings. We will also present the findings at conferences and write reports and articles for different audiences during and after the project. We will use quotes from the interviews but these will be anonymised so that you cannot be identified from it. No person taking part in the project will be identifiable in the project report or any other publication.

Who has reviewed the study?

The study has been reviewed by North East - York and by a panel of members of the general public that help advise the Social Policy Research Unit on its research work.

What should I do now?

Please complete the response form and return it to the research team in the pre-paid envelope. A member of our research team Sue Clarke will contact you by telephone within five working days and rrange to interview you at your home at a time and date that suits you.

What do I do if I have a concern or complaint?

In the first instance you can contact the project manager, **Professor Bryony Beresford** (details below). If you would prefer to speak to someone outside of the project team, please contact the Research Director in SPRU, **Professor Yvonne Birks** on 01904 321328 or email her at yvonne.birks@york.ac.uk

Contacts for further information

If you have any questions or would like more information, please contact the project manager Bryony Beresford on 01904 321280 or email bryony.beresford@york.ac.uk

You can also find out more about the study on the project website - bit.ly/modre

There is an organisation called INVOLVE which promotes public involvement in research and has information about taking part in research on the following website <u>http://www.invo.org.uk/</u>

Thank you for taking time to read this information sheet and considering taking part.

Study consent forms

Commissioners and managers

Consent Form for Assessors and Workers

This form is for you to state whether or not you agree to take part in focus group discussion. Please read and answer every question. If there is anything you do not understand or if you would like further information, please ask the researcher.

Please tick if you agree

	Yes	No
I have read and understood the study information sheet (PIS WP2b Professionals FGD Version 1 28 March 2017)		
I have had an opportunity to ask questions about the study.		
I agree to anonymised information being used in reports, publications and presentations.		
I understand that my participation is voluntary. I also understand I am free to withdraw at any time, without giving a reason, and w		
I agree to the focus group discussion being recorded.		
I understand that data collected during the study may be looked at by individuals from the University of York, from regulatory authorities or from the NHS Trust, where it is		
I agree to take part in the study.		

All data is held by SPRU in accordance with the Data Protection Act.

Your name (in BLOCK letters):	
Your signature:	
Researcher's signature:	
Date:	

Assessors and workers

Consent Form for Assessors and Workers

This form is for you to state whether or not you agree to take part in focus group discussion. Please read and answer every question. If there is anything you do not understand or if you would like further information, please ask the researcher.

Please tick if you agree

	Yes	No
I have read and understood the study information sheet (PIS WP2b Professionals FGD Version 1 28 March 2017)		
I have had an opportunity to ask questions about the study.		
I agree to anonymised information being used in reports, publications and presentations.		
I understand that my participation is voluntary. I also understand t I am free to withdraw at any time, without giving a reason, and wi my role being affected.		
I agree to the focus group discussion being recorded.		
I understand that data collected during the study may be looked at by individuals from the University of York, from regulatory authorities or from the NHS Trust, where it is relevant to my		
I agree to take part in the study.		

All data is held by SPRU in accordance with the Data Protection Act.

Your name (in BLOCK letters):	
Your signature:	
Researcher's signature:	
Date:	

Consent Form for Service Users

This form is for you to state whether or not you agree to take part in the study. Please read and respond to every statement. If there is anything you do not understand or if you would like further information, please ask the researcher.

Please tick if you agree

	Yes	No
I have read and understood the study information sheet version 2; 29		
March 2017.		
I have had an opportunity to ask questions about the study.		
I agree to anonymised information being used in reports, publications		
and presentations.		
I understand that my participation is voluntary. I also understand that		
I am free to withdraw at any time, without giving a reason, and		
without		
I agree to my interview being recorded. (You can take part in the study		
without agreeing to this).		
I agree that the researcher can speak to my reablement worker about		
the support I received. (You can take part in the study without		
I understand that relevant sections of my medical notes and data		
collected during the study may be looked at by individuals from the		
University of York, from regulatory authorities or from the NHS Trust,		
where it is relevant to my taking part in this research. I give		
I agree to take part in the study.		

All data is held in accordance with the Data Protection Act.

Your name (in BLOCK letters):

Your signature:

Interviewer's signature:

Date:

One copy for the research team and one copy for the participant.

Family Carers

Consent Form for Family Carers

This form is for you to state whether or not you agree to take part in the study. Please read and answer every question. If there is anything you do not understand or if you would like further information please ask the researcher.

Please tick if you agree	Yes	No
I have read and understood the study information sheet (Version 1.2 11 July 2017).		
I have had an opportunity to ask questions about the study.		
I agree to anonymised information being used in reports, publications and presentations.		
I understand that my participation is voluntary. I also understand that I am free to withdraw at any time, without giving a reason. If I withdraw, this will not affect the services that I or the person I		
I agree to my interview being recorded. (You can take part in the study without agreeing to this). I understand that data collected during the study may be looked at by		
individuals from the University of York, from regulatory authorities or from the NHS Trust, where it is relevant to my taking part in this		
research. I give permission for these individuals to have access to my I agree to take part in the study. <i>All data is held by SPRU in accordance with the Data Protection Act.</i>		
Your name (in BLOCK letters):		
Your signature:		
Interviewer's signature:		
Date:		

One copy for the research team and one copy for the participant.