



Carer Information Leaflet

We invite you to take part in the Carer's survey part of the 3D study

- Before you decide whether to take part, it is important that you understand why the study is being done and what it would involve for you.
- Please take time to read this leaflet carefully and talk to others if you wish.
- Please contact the research team if there is anything that is not clear or if you would like more information.
- This is an extra part of the study and taking part is optional.

What is the purpose of the study

The aim of the 3D study is to help GP surgeries to manage and support people who have several on-going health problems. Some practices are trying out new ways of organising care for their patients. We are interested in how the care and management of people living with a number of different long-term conditions affects the lives of their carers. Therefore we would like to ask for the views and experience of the carers during the course of the study.

What will I have to do?

If you agree to take part in the carers survey study, then please fill in the CONSENT form and Carer's survey. The survey will take about 10-15 minutes to complete. Please return BOTH of these to us using the pre-paid envelope provided.

We will ask you to complete a similar questionnaire 6 months and 12 months later.

If you DO NOT want to take part in the carers survey study, then please tick the second statement on the consent form and return this to researchers using the pre-paid envelope. You do not have to complete the questionnaire.

What if I don't want to do any more surveys?

Your participation is voluntary and you are free to withdraw from the study at any time.

Please contact the research team so that we know not to send you any more questionnaires. The information you provided up to that point would still be used.

However, you can request us to remove all your information. Please contact the research team to let us know your wishes.

What are the benefits and risks?

We do not think there are immediate benefits or risks to the participants being involved in this part of the study. However the findings will help us to understand what carers think about the services provided by their general practice.

By taking part in this study you will help in the planning of services that general practices can offer people with several on-going health problems. This will benefit future patients and their carers.

Confidentiality

Any information you provide will be treated in confidence. It will be stored securely at the University in Bristol, Manchester or Glasgow (whichever is nearest to you). Apart from the research team, the only people who can see your information are from the NHS authority whose job it is to check the conduct of research in the NHS.

Other Information about the study

The research is being run by the Centre of Academic Primary Care at the University of Bristol, with the Universities of Manchester and Glasgow. It is funded by the NHS National Institute for Health Research (NIHR).

All research in the NHS is looked at by an independent group of people called a Research Ethics Committee, to protect your safety, rights, well-being and dignity. This study has been reviewed and approved by the South West (Frenchay) NHS Research Ethics Committee.

How to contact us

If you have any questions about this study, please contact:

<Local Researcher Name>

<Local Research Site Address>

Telephone: <Local Researcher phone number>

Email: <Local Research site email address>