



## **The OPEN Trial – open urethroplasty versus endoscopic urethrotomy in patients with recurrent bulbar stricture**

The best way to manage recurrent stricture is uncertain. Repeat urethrotomy and urethroplasty are both reasonable options, and the choice between the two is the focus of this pragmatic randomised controlled study.

### **Target population:**

All adult males with recurrent bulbar urethral stricture (at least one previous intervention)

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Principal Investigator:

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### Inclusion criteria

- Adult males aged 16 years or greater.
- Stricture located predominantly in the bulbar urethra.
- Undergone at least one previous intervention for bulbar urethral stricture.
- Clinician and patient agreement that intervention is required.
- Suitable for general or regional anaesthesia of up to three hours duration.
- Willingness to have two-week period of catheterisation.
- Provided written informed consent for participation in the study prior to any study-specific procedures.

### Exclusion criteria

- Age less than 16 years.
- Stricture not involving the bulbar urethra.
- Perineal sepsis and/or fistula.
- No previous intervention for bulbar stricture.
- Not suitable for up to three hour period of anaesthesia, or inability to adhere to the trial protocol due to co-morbidity.
- Inability or unwillingness to provide informed consent to randomisation.
- Previous participation in this study

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