

## Alcohol Toolkit Study questionnaire (AUDIT-C, Graduated frequency and drinking guidelines questions only)

### NEW SCREEN

These first few questions ask about the alcohol you have drunk **in the last 6 months**, including about how many standard drinks you have consumed. Please note that 1 standard drink equals 1 unit of alcohol. So, for example, a pint of regular beer or lager is equal to 2 standard drinks or 2 units. A description of a standard drink is given in the show prompt here. Please be aware that all your answers will be handled confidentially.

**INTERVIEWER: HAND SHOW PROMPT TA TO RESPONDENT FOR  
REMAINDER OF MODULE**

### Code values for working out audit scores

| Question           | Code                                  | Value for audit score |
|--------------------|---------------------------------------|-----------------------|
| <b>Audit1</b>      | 1 – Never                             | 0                     |
|                    | 2 – Monthly or less                   | 1                     |
|                    | 3 – 2 to 4 times a month              | 2                     |
|                    | 4 – 2 to 3 times a week               | 3                     |
|                    | 5 – 4 to 5 times a week               | 4                     |
|                    | 6 – 6 or more times a week            | 4                     |
| <b>Audit2</b>      | 1 – 1 to 2                            | 0                     |
|                    | 2 – 3 to 4                            | 1                     |
|                    | 3 – 5 to 6                            | 2                     |
|                    | 4 – 7 to 9                            | 3                     |
|                    | 5 – 10 to 12                          | 4                     |
|                    | 6 – 13 to 15                          | 4                     |
|                    | 7 – 16 or more                        | 4                     |
| <b>Audit3 – 8</b>  | 1 – Never                             | 0                     |
|                    | 2 – Less than monthly                 | 1                     |
|                    | 3 – Monthly                           | 2                     |
|                    | 4 – Weekly                            | 3                     |
|                    | 5 – Daily or almost daily             | 4                     |
| <b>Audit9 – 10</b> | 1 – No                                | 0                     |
|                    | 2 – Yes, but not in the last 6 months | 2                     |
|                    | 3 – Yes, during the last 6 months     | 4                     |

.showscreen

**ASK ALL**

**audit1.** How often do you have a drink containing alcohol?

**SP, ALLOW DK, REF**

0. Never
1. Monthly or less
2. 2 to 4 times a month
3. 2 to 3 times a week

4. 4 to 5 times a week
5. 6 or more times a week

**[skip to audit9 if audit1=0]**

**ASK ALL EXCEPT 0 AT audit1**

**audit2.** How many standard drinks containing alcohol do you have on a typical day when you are drinking?

Please work this out based on the ‘standard drink’ definitions included on the show prompt.

**INTERVIEWER: IF RESPONDENT SAYS ‘DON’T KNOW’ ENCOURAGE THEM TO GIVE BEST ESTIMATE**

**SP, ALLOW DK, REF**

0. 1 to 2
1. 3 to 4
2. 5 to 6
3. 7 to 9
4. 10 to 12
5. 13 to 15
6. 16 or more

**ASK ALL EXCEPT 0 AT audit1**

**audit3.** How often do you have six or more standard drinks on one occasion?

If you need to remind yourself of the definition of a ‘standard drink’, please see the definitions on the show prompt.

**SP, ALLOW DK, REF**

0. Never
- 1 Less than monthly
- 2 Monthly
- 3 Weekly
- 4 Daily or almost daily

**[THE REMAINING AUDIT QUESTIONS WERE ASKED AT THIS POINT IN THE SURVEY BUT ARE NOT USED IN THE PRESENT ANALYSIS AND ARE NOT REPRODUCED HERE]**

**ASK IF CODES 2-6 AT audit1.**

**TA47\_01.** On how many days, if any, did you personally drink a drink containing alcohol in the last four weeks?

**NUMERIC, ALLOW ANSWER 0-28, ALLOW DK & REF**

**ASK IF >0 AT TA47\_01.**

**TA47\_02.**

As you may be aware, the amount of alcohol contained in a drink is measured in units.

What was the maximum number of units you personally consumed on any one day when drinking an alcoholic drink or drinks in the last four weeks?

If you need to remind yourself of the definition of a 'standard drink' or 'unit', please see the definitions on the show prompt.

**INTERVIEWER: SHOW TA SHOWCARD**

**NUMERIC, ALLOW ANSWER 1-60, ALLOW DK & REF**

**ASK IF (>=1 AT TA47\_01) AND (1-60 AT TA47\_02)**

**TA47\_03.**

You mentioned that in the last four weeks you personally had a drink containing alcohol on [INSERT ANSWER FROM TA47\_01] days.

On how many days, if any, in the last four weeks did you personally drink...

**INTERVIEWER: IF NECESSARY, SHOW SHOWCARD TA**

**NUMERIC ANSWER PER STATEMENT, ALLOW DK AND REF**

**SUM OF ANSWERS ACROSS STATEMENTS MUST EQUAL ANSWER AT TA47\_01**

**FOR CODES 2-9, IF TA47\_02 ANSWER FALLS WITHIN THESE BANDS, SHOW UPPER LIMIT FOR THESE BANDS AS TA47\_02 MINUS 1.**

**1. [INSERT ANSWER FROM TA47\_02] units? SHOW TO ALL QUALIFYING – ANSWER MUST BE >=1**

**2. 51-60 units? ASK IF >51 AT TA47\_02**

**3. 41-50 units? ASK IF >41 AT TA47\_02**

**4. 31-40 units? ASK IF >31 AT TA47\_02**

**5. 21-30 units? ASK IF >21 AT TA47\_02**

**6. 16-20 units? ASK IF >16 AT TA47\_02**

**7. 11-15 units? ASK IF >11 AT TA47\_02**

**8. 8-10 units? ASK IF >8 AT TA47\_02**

**9. 5-7 units? ASK IF >5 AT TA47\_02**

**10. 3-4 units? ASK IF >3 AT TA47\_02**

**11. 1-2 units? ASK IF >1 AT TA47\_02**

**ASK IF CODES 2-6 AT audit1.**

**TA47\_04.** As you may be aware, some drinks contain more alcohol than others. The amount of alcohol in a drink is measured in units.

Before this interview, have you ever heard of there being a recommended maximum number of alcohol units people should drink in a day or a week?

This is sometimes known as a 'drinking guideline'.

**SINGLE CODE, ALLOW DK**

1. Yes
2. No

**ASK IF CODES 1 AT TA47\_04.**

**TA47\_05x1.** How many units per day or per week is the drinking guideline for **[IF GENDER IS FEMALE INSERT: women; IF GENDER IS MALE INSERT: men]**?

**INTERVIEWER:** Please allow respondent to choose how they would prefer to answer.

**SINGLE CODE, FORWARD AND REVERSE CODES 1 & 2, ALLOW DK**

1. Per week
2. Per day

**ASK IF CODES 1 OR 2 AT TA47\_05x1.**

**TA47\_05x2.** How many units **[IF CODE 1 AT TA47\_05x1 INSERT: per day; IF CODE 2 AT TA47\_05x2 INSERT: per week]** is the drinking guideline for **[IF GENDER IS FEMALE INSERT: women; IF GENDER IS MALE INSERT: men]**?

**OPEN ENDED, ALLOW DK & REF**

**NEXT TO NUMERIC BOX INSERT TEXT:** units **[IF CODE 1 AT TA47\_05x1: per week; IF CODE 2 AT TA47\_05x2: per day]**

**ASK IF CODE 1-99 AT TA47\_05x2.**

**TA47\_06.** In which of the following places, if any, have you seen, read or heard this drinking guideline figure mentioned in the last month?

**MULTICODE, ALLOW DK, RANDOMISE CODES 1-11**

1. Product labels (such as on bottles or cans)
2. TV or Radio
3. Newspapers or magazines
4. Websites or social media (such as Facebook or Twitter)
5. In shops or supermarkets
6. In pubs, bars, restaurants and nightclubs (including on drinks mats or glassware)
7. At your place of work or study
8. When talking to health professionals (such as a doctor, GP, nurse or dentists)
9. Displayed on posters or in booklets available at a health service (e.g. GP surgery, hospital, dentist, pharmacy etc.)
10. When talking with friends, family or colleagues
11. Other (please specify)
12. Have not seen it mentioned in any of these places

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_07.** What do you think is the most number of units you can personally drink in a day **on a regular basis** before it does a significant harm to your health?

If you need to remind yourself of the definition of a 'unit', please see the definitions on the show prompt.

**SINGLE CODE, ALLOW DK AND REF**

1. 1 unit
2. 2 units
3. 3 units
4. 4 units
5. 5 units
6. 6 units
7. 7+ units

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_08.** On a scale of 1 to 7, where 1 means extremely difficult and 7 means extremely easy, how easy or difficult do you personally find it to drink three or fewer units of alcohol a day?

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-7**

1. Extremely difficult
- 2.
- 3.
- 4.
- 5.
- 6.
7. Extremely easy

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_09.** How often, if at all, do you keep track of how many units of alcohol you personally drink each week?

Please give your answer on a scale of 1 to 7 where 1 means never and 7 means always.

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-7**

1. Never
- 2.
- 3.
- 4.
- 5.
- 6.
7. Always

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_10.** On a scale of 1 to 7, where 1 means extremely difficult and 7 means extremely easy, how easy or difficult do you think your lifestyle makes it for you to personally drink three or fewer units of alcohol a day?

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-7**

1. Extremely difficult
- 2.
- 3.
- 4.
- 5.
- 6.

7. Extremely easy

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_11.** Do you know where to go if you wanted advice or information on how to cut down on your drinking of alcoholic drinks?

Please give your answer on a scale of 1 to 5 where 1 means 'I have no idea' and 5 means 'Yes, definitely'.

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-4**

1. I have no idea
- 2.
- 3.
- 4.
5. Yes, definitely

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_12.** On a scale of 1 to 5 where 1 means not at all concerned and 5 means very concerned, nowadays how concerned, if at all, are you about drinking more units of alcohol than is good for you?

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-5**

1. Not at all concerned
- 2.
- 3.
- 4.
5. Definitely concerned

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_13.** To what extent do you want to avoid drinking more than is good for you rather than just thinking that you should?

Please give your answer on a scale of 1 to 5 where 1 means not at all and 5 means definitely.

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-5**

1. Not at all
- 2.
- 3.
- 4.
5. Definitely

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_14.** To what extent are you actively trying to avoid drinking more alcohol than is good for you?

Please give your answer on a scale of 1 to 5 where 1 means not at all and 5 means definitely.

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-5**

1. Not at all
- 2.
- 3.
- 4.
5. Definitely

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_15.** To what extent do you want to keep your drinking within safe limits?

Please give your answer on a scale of 1 to 5 where 1 means not at all and 5 means definitely.

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-5**

1. Not at all
- 2.
- 3.
- 4.
5. Definitely

**ASK IF CODE 2-6 AT AUDIT1**

**TA47\_16.** To what extent do you intend to keep your drinking within safe limits?

Please give your answer on a scale of 1 to 5 where 1 means not at all and 5 means definitely.

**SINGLE CODE, ALLOW DK AND REF, FORWARD AND REVERSE CODES 1-5**

1. Not at all
- 2.
- 3.
- 4.
5. Definitely