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Adalimumab vs placebo as add-on to Standard Therapy for autoimmune Uveitis: Tolerability, Effectiveness and cost-effectiveness: a randomized controlled trial.

The ASTUTE trial

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The ASTUTE trial
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Glossary / abbreviations

ANIU	Autoimmune non-infectious uveitis
AE	Adverse event - any undesirable event in a subject receiving treatment according to the protocol, including occurrences which are not necessarily caused by or related to administration of the research procedures.
ASTUTE	Adalimumab vs placebo as add-on to Standard Therapy for autoimmune Uveitis: Tolerability, Effectiveness and cost-effectiveness. The ASTUTE pragmatic randomized controlled trial.
BCVA	Best corrected visual acuity
BTC CTEU	Bristol Trials Centre, Clinical Trials and Evaluation Unit
BUS	Birdshot Uveitis Society
CMO	Cystoid macular oedema
CMT	Central macular thickness
CRF	Case report form
CS	corticosteroid
DMSC	Data monitoring and safety committee
ECG	Graphical representation of electrical activity of the heart over time, as recorded by an electrocardiograph
EQ-5D-5L	EuroQoL-5 Dimensions, 5-level version
ETDRS	Early Treatment of Diabetic Retinopathy Study
HIV	Human immunodeficiency virus
HLA	Human leukocyte antigen
HR	Hazard ration
HRQoL	Health-related quality of life
ICF	Informed consent form
ICH-GCP	International conference for harmonisation of good clinical practice
IFR	Individual funding request
IL	Interleukin
IMP	Investigative medicinal product
IMT	Immunomodulatory treatment
MHC	Minor histocompatibility complex
MLHF	Minnesota living with heart failure
MRI	Magnetic resonance imaging
NHS	National Health Service
NIHR	National Institute for Health Research
OCT	Optical coherence tomography
PIL	Patient information leaflet
PPI	Patient and public involvement
RCT	Randomised controlled trial
REC	Research ethics committee
RSI	Reference safety information
SAE	Serious adverse event - events which result in death, are life threatening, require hospitalisation or prolongation of hospitalisation, result in persistent or significant disability or incapacity.
SAR	Serious adverse reaction
SOP	Standard operating procedure
SmPC	Summary of product characteristics
SSAR	Suspected serious adverse reaction

SUSAR	Suspected unexpected serious adverse reaction - an untoward medical occurrence suspected to be related to a medicinal product that is not consistent with the applicable product information and is serious.
TF	Treatment failure
TMG	Trial management group
TNF	Tissue necrosis factor
TRI	Treatment run-in
TSC	Trial steering committee
VCM1	Vision-related quality of life core questionnaire
VFQ	25-item National Eye Institute Visual Functioning Questionnaire
UK	United Kingdom
UH Bristol	University Hospitals Bristol NHS Foundation Trust
WHO	World Health Organisation
WPAI-SHP	Work Productivity and Activity Impairment Questionnaire: Specific Health Problem V2.0

1. Trial summary

1.1 Scientific summary

<i>Design:</i>	Phase IV pragmatic placebo-controlled, randomised controlled trial (RCT) with a 'treatment run-in' (TRI). After the TRI, responders only (inactive disease with ≤ 5 mg/day corticosteroid (CS), estimated 50%) will be randomised (1:1) to adalimumab or placebo. An internal pilot (phase 1; 18 months (m) including 6 months (6m) set up) will determine recruitment and responder rates among eligible patients; progression to phase 2 will depend on a) randomising $\geq 80\%$ (n=41) of the target number at this time (n=51), b) having at least 10 sites recruiting to the trial by month 18 and c) $< 15\%$ of responders at the end of the TRI unwilling to be randomised. The full RCT will evaluate the effectiveness and relative cost-effectiveness of adalimumab vs placebo as add-on therapy to standard care.
<i>Setting:</i>	UK tertiary centres treating autoimmune non-infectious uveitis (ANIU).
<i>Target population:</i>	Adults with active (incident) or inactive (prevalent) ANIU, requiring/starting > 5 mg/day corticosteroid (CS) to treat disease activity.
<i>Inclusion criteria:</i>	Patients with sight threatening ANIU in either or both eyes. ANIU will be diagnosed on the basis of the criteria used to define treatment failure.
<i>Exclusion criteria:</i>	Untreated or active tuberculosis, uncontrolled glaucoma, multiple sclerosis, HIV positive, hepatitis B or C, Behcet's disease, no history of varicella/no varicella antibodies, heart failure (NYHA III/IV), anti-TNF drug within 90 days, ocular CS implant within 12 months or an intravitreal steroid injection within the previous 3 months, pregnant, allergy or hypersensitivity to adalimumab or any of its excipients.
<i>Health technologies being assessed:</i>	80mg subcutaneous injection of Imraldi™ (licensed biosimilar for adalimumab) at the start of the TRI, then fortnightly 40mg injections starting one week after the initial dose, up to 16 weeks (end of TRI); after randomisation, fortnightly 40mg injections of drug or placebo to the end of the trial (follow-up 12m to 30m). In the event of treatment failure (TF), open label drug will be restarted as per TRI for 16 weeks and, if a participant responds, allocation will be switched and trial treatment restarted, maintaining masking.
<i>Measurement of outcomes.</i> Primary outcome:	TF, defined as need for > 5 mg/day CS to maintain inactive disease (decisions to increase CS made by masked clinicians) or treat active disease (see 5.8.1), [1] excluding isolated anterior uveitis and including an increase in cystoid macular oedema (see flow diagram). Clinical TF events will be validated by retinal imaging. Follow-up will be censored when all participants have at least 12m follow-up; following participants recruited earlier to the end of the trial will maintain masking and avoid the ethical issue of withdrawing treatment for participants after 12m follow-up.

Secondary outcomes include:	Patient reported outcomes (visual function [2], generic [3], and symptoms of side effects), individual TF components, retinal morphology, adverse events (AEs), changes in employment, NHS resource use and costs.
Cost-effectiveness analysis:	The main outcome measure for the economic evaluation will be quality adjusted life years (QALYs), estimated using the EuroQol EQ-5D 5L, administered at every visit. Valuations derived from published UK population tariffs will be assigned. The mean number of QALYs per group and incremental QALYs will be calculated.
Sample size:	Hazard ratios (HRs) in 2 trials of adalimumab to treat active and inactive ANIU were 0.50 and 0.57 respectively [1, 4]. The TRI design should improve effectiveness and we have set a target HR of 0.5. Assuming that 27% in the placebo group survive free from TF at 12m (estimated from placebo groups of the 2 trials with 40:60 active: inactive disease), 174 participants will allow a HR=0.5 (27% vs 52% survival free from TF at 12 months) to be detected with 90% power and 5% 2-tailed significance, with <=10% loss to follow-up.
Project timetable:	48 months comprising 3 months set-up; 23 months recruitment (which includes 4 months TRI and 4 months randomising last recruited participants at end of TRI); minimum 12 months follow-up (allowing 14 months after the last randomisation); 2 months data checks, followed by database lock; 3 months data analyses and 3 months reporting.
Expertise in team:	The multidisciplinary team includes ophthalmologists who treat ANIU, a patient with ANIU, an imaging expert, clinical trials researchers with expertise conducting ophthalmic trials and a health economist.

1.2 Plain English summary

Autoimmune uveitis is a term for several rare eye diseases in which the body's own immune system causes sight-threatening damage to the light sensitive retina at the back of the eye. Uveitis causes sight loss from inflammation inside the eye, damage to blood vessels in the retina or leakage of fluid into the central, most sensitive area of the retina. Two in 10,000 people are at risk of serious sight loss from uveitis. Usual treatment for autoimmune uveitis involves low dose steroids and one or two other drugs to reduce inflammation. Unfortunately, many patients do not respond to or tolerate usual treatment, or they need high dose steroids to control the uveitis. Long term high dose steroids increase the risk of heart attack, stroke, and infection and affect physical and mental health. Adalimumab is a drug that targets chemicals released by inflamed tissue, neutralising their damage to the body. It was first approved in Europe to treat uveitis in 2016.

Two recent studies suggest fortnightly adalimumab is, on average, an effective way to treat uveitis in some patients. However, drugs like adalimumab can have serious side effects and more evidence is required to identify which patients with uveitis benefit the most from adalimumab, both with respect to their vision and quality of life, including treatment side effects. In 2017, NICE recommended that it should be used in the National Health Service (NHS) but only for a minority of patients with uveitis. Several very similar (biosimilar) drugs are now available, reducing the cost of treatment, and ophthalmologists believe that many more patients

could benefit but have no way to identify those most likely to benefit. This study is designed to evaluate one of these biosimilar drugs, now being purchased by the UK NHS for usual care.

This study aims, first, to identify patients who are most likely to benefit from adalimumab. All eligible patients who consent will be given adalimumab for a 16-week trial period, if necessary in combination with low dose of steroids; these patients will include those with impaired vision due to uveitis, requiring high dose steroids to bring the disease under control, and those with better vision but who require high dose steroids to keep the uveitis under control. Over the 16 weeks, doctors will aim to reduce the steroid dose to a low level that should not cause side effects.

Then, patients who are successfully treated with adalimumab and low dose steroids will enter the main study. They will be given adalimumab or a dummy treatment, in combination with their other medications (including low dose steroids). Chance will determine who receives which treatment and neither patients nor their eye doctors will know. Regular eye examinations, tests and questionnaires will be used to assess how well patients are doing. This part of the study, which will treat and follow up patients for 12 to 30 months, will find out whether adalimumab is better at preventing recurrence of uveitis than the dummy treatment and whether adalimumab is cost-effective compared to the dummy treatment.

Patients with uveitis have contributed to the study from the start, helping to: design the protocol to ensure it applies to uveitis patients who may benefit; co-authoring the lay summary; helping to draft the application, providing feedback on the trial design and participating in a national survey to assess support for the study. They will continue to contribute in these ways and provide support to patients, if funding is awarded. The research team includes eye doctors and researchers with expertise in doing eye studies. A registered clinical trials unit, ophthalmology research networks and patient groups will collaborate to conduct the study. The results will be disseminated through NHS England, patient societies, newsletters to participants and through medical journals.

2. Background

2.1 The problem addressed by the trial

Uveitis is defined as inflammation of the vascular uveal tract of the eye, including the iris, ciliary body, and choroid; however, adjacent structures such as the retina, optic nerve, and sclera may also be affected. Therefore, in practice, any intraocular inflammation involving compromise of the blood ocular barrier is considered to be in the same group of disorders. In 2010, the World Health Organisation (WHO) estimated that 285 million people were visually impaired; of these, 39 million were blind, and approximately 10% was due to uveitis [5]. In the United States and Europe, uveitis accounts for 10-20% of severe visual handicaps, and 10% of blindness, in working age adults [6-10].

Clinically, uveitis is classified anatomically as anterior, intermediate, posterior or panuveitis, depending on which anatomical structures of the eye are involved [11]. All these forms are characterised by a cellular inflammatory infiltrate, which ophthalmologists visualise directly in a clinic setting using a biomicroscope. The anterior chamber of the eye is filled with optically clear aqueous fluid, allowing the practitioner to clearly see infiltrating leukocytes that are counted and scored in accordance with standardized grading systems [11]. This process also applies to vitreous gel, which fills the posterior segment of the eye.

The clinical phenotype of non-infectious intraocular inflammation is replicated in experimental animal models that are driven by immune responses to self antigen [12]. The animal models

support a role for autoimmunity, albeit experimentally inflammation is often shaped by the presence of mycobacterial protein. However, unlike other classical systemic autoimmune disorders, there are no clearly defined serological markers to assist diagnosis (e.g. autoantibodies) within the majority of uveitis entities, except high human leukocyte antigen (HLA) association (HLA-A29 and Birdshot chorioretinopathy). Markers are also not predictive of either severity or prognosis.

Idiopathic autoimmunity arises following the activation and expansion of retinal antigen-specific T lymphocytes. Experimentally, the triggering event can happen at sites distant to the affected organ, although whether this occurs in human disease is rarely known. The dominant paradigm is that of a CD4+ T helper cell-driven process. The relevance of this to human disease is supported by the association of sympathetic ophthalmia and Vogt–Koyanagi–Harada disease with specific HLA class II alleles [13, 14], as well as the identification of ocular antigen-responsive T cells in both the peripheral blood and eyes of patients [15, 16]. The strong minor histocompatibility complex (MHC) association with autoimmunity arises both through the need for specific autoantigen presentation [17] and through the selection of a potentially pathogenic T cell repertoire [18].

In animal models, the CD4 T cell paradigm is further refined, with both Th1 and Th17 T helper cells implicated as important inducers of autoimmune disease [19]. When CD4+ T cells were purified from the retinas of animals with uveitis induced by peripheral immunisation, and then studied *ex vivo*, both Th1 and Th17 cells were found. Cytokines produced by these cells condition the local microenvironment, and activate macrophages (especially IFN- γ produced by Th1 cells) to secrete TNF alpha, recruit neutrophils, and potentially restructure the local environment (e.g., through IL-17 produced from Th17 cells; [20]). Differentiated T cell subpopulations also have a role in controlling local inflammation when they acquire a T regulatory phenotype. The normal ocular microenvironment favours differentiation to Foxp3+ regulatory T cells, but when the eye is already inflamed this is not the case [21]. One of the most marked consequences of autoimmune T cell ocular responses is the resultant increased TNF α production [22-24]. TNF α production within the eye (infiltrating monocytes, macrophages and retinal pigment epithelium) critically mediates retinal tissue damage in uveitis by influencing mononuclear cell trafficking into the retina and initiation of a cascade of inflammatory pathways resulting in direct retinal tissue injury [25]. The central role of TNF α in relation to severity is evidenced by the degree of improvement of uveitis and limitation of tissue destruction following TNF α inhibition [25]. In humans, soluble TNF α is increased in paired serum and aqueous humour with uveitis and is reduced upon remission [26-29].

In summary, the pathophysiology of uveitis is underpinned by autoimmune pathophysiology: (a) central tolerance; (b) recognition of cognate retinal antigens by T helper (Th1 and Th17) cells; and (c) increased ocular production of the cytokine, TNF alpha which perpetuates chronic inflammation, causing end-organ ocular tissue damage which results in blindness.

Unlike other rare diseases treated with biologic drugs, such as associated vasculitides or pulmonary immune-mediated diseases, there is less clear evidence for a dominant, single therapeutic target causing tissue damage. For uveitis, much knowledge has accrued through interrogating immunopathological processes in animal models of uveitis (see above), with results that eloquently illuminate specific targets. Overall, the models have demonstrated a pivotal role for TNF-alpha, as well as activated CD4 T cells, their signature cytokines, and their ability to influence trafficking of cells. This mechanism has been substantiated by the recent findings from the VISUAL trials (NCT01138657; NCT01124838) [1, 4].

2.2 Reasons why this research is important

ANIU affects 115.3/100,000 patients; the incidence is 52.4/100,000 [30]. Despite its rarity, ANIU is the third leading cause of blindness in the western world [5]. For about 20% of patients with sight-threatening ANIU, usual care is immunomodulatory treatment (IMT) to maintain remission with low dose or no corticosteroids (CS) [31, 32]. However, usual care fails for 40% of patients with sight-threatening ANIU [33-35]. Due to lack of alternative therapies, they are treated with long term high dose CS to maintain disease remission and prevent sight loss but at the cost of significant morbidity [36, 37]. Patients may also be intolerant of high levels of one or more conventional IMTs.

Adalimumab is licensed to treat ANIU refractory to CS or if CS is contraindicated. We estimate that 3800 patients in England do not respond to usual care, which includes IMT. IMT may be effective, well tolerated and used in conjunction with adalimumab to achieve low dose CS when IMT alone is not successful. There are no RCTs specifically evaluating adalimumab as an add-on therapy. This research will collect patient reported outcome measures in association with clinical measures and conduct a cost-effectiveness analysis alongside the trial, which is essential for commissioning.

Sight loss in ANIU is due to cystoid macular oedema (CMO), vitritis, retinal hypoperfusion, retinal scarring or ocular complications [5, 38]. Patients are affected in several ways: sight loss impairs activities that depend on vision (e.g. driving) and, combined with drug side effects, reduces health-related quality of life (HRQoL), increasing the risk of depression [39-41]. Also, 70-90% of ANIU patients are of working age (20-60 years), 43% of them at risk of losing, or having lost, their jobs [42]. CS have serious morbidity and mortality risks; >7.5mg/day prednisolone increases the risk of heart attack, stroke, other systemic and ocular comorbidities [37, 43, 44]. In one UK cross-sectional study, 61% of ANIU patients were taking 40mg/day CS [45]. Published patient reported outcome measures developed for patients with visual loss and validated for uveitis show that visual loss in one or both eyes in uveitis are associated with significant impairment in psychological well-being, social activities, visual function such as walking down stairs or driving, dependence including being forced to stay at home most of the time while improvement in vision is correlated with an improvement in visual quality of life scores [40, 41, 46]. Poorer visual function, and current oral corticosteroid use, are associated with depression in people with ANIU [39].

Patient surveys conducted by the patient groups developing this trial with the trial organisers (Birdshot Uveitis Society (BUS)) found that, after visual loss, co-morbidities due to treatments for uveitis, in particular steroids, are the greatest cause of poor health, well-being and quality of life. We conducted a patient panel and a nationwide survey of patients with uveitis to establish views about the possible role of biologic therapies. There was unanimous agreement from patients surveyed and panel members for a trial evaluating adalimumab as add-on therapy and agreement that the proposed trial as designed is both equitable and acceptable.

2.3 Evidence that there is a current need for the trial

The importance of ANIU in relation to the commissioning brief is evidenced by a response to a Freedom of Information request by the research team before applying for funding 10/08/2016). The response stated that 50% of all individual funding requests (IFRs) to NHS England for biologic therapy for autoimmune disease from 01/04/2013 to 31/03/2016 were for uveitis. Most will have been for anti-TNFalpha drugs such as adalimumab, which is effective for ANIU [1, 4].

Although there is a high level of requests, there is no commissioning policy for adalimumab in England for adults. Adalimumab cost £11,000/year when first licensed [47] but the availability of

biosimilars have recently reduced this to about £6,600/year (60%), a significant cost-saving to the public if this therapy is commissioned. The cost of sight loss from any cause in 2008 was £17,549 and the cost of ANIU complications is high [37, 48]. This research is needed to provide evidence that adalimumab is effective as an add-on therapy to existing safe doses of immunosuppression, to identify disease phenotypes which may respond, and to produce commissioning guidelines for this high cost therapy.

Systematic reviews of anti-TNF α drugs conclude that adalimumab is beneficial for ANIU refractory to IMT [49, 50]. There is evidence from studies other than RCTs of the benefit of anti-TNF α drugs in small numbers of patients with specific ANIU syndromes, e.g. multifocal choroiditis, punctate inner choroidopathy and Birdshot Uveitis [51]. Unlike other rare diseases treated with biologics, there is strong evidence that TNF α is a major therapeutic target, increasing the likelihood of anti TNF α drugs being effective for ANIU [30]. Two recent multicentre RCTs reported in 2016 that, compared to placebo, adalimumab delays treatment failure (TF) for active and inactive ANIU (respectively, VISUAL 1, hazard ratio (HR)=0.5; 95% CI, 0.36-0.70; $p < 0.001$ and VISUAL II, HR=0.57, 95% CI 0.39-0.84; $p = 0.004$) [1, 4].

The applicability of these results to patients in the United Kingdom (UK) with refractory ANIU is uncertain. The trials did not study adalimumab as add-on therapy and the most important sight-threatening complication of uveitis, CMO, was not an eligibility criterion or a TF event. Furthermore, the presence of inflammation in the front part of the eye (anterior chamber) was considered a failure, whereas in routine clinical practice, it is acceptable to attempt to maintain remission by using adjunctive topical corticosteroid use which is effective and safe for most patients. The trial design for ASTUTE allows topical corticosteroid therapy.

3. Rationale

The trial arises because of the views of ophthalmologists that adalimumab is effective in a wider range of patients with ANIU than covered by the technology appraisal published by NICE [52]. Adalimumab is also ineffective in a proportion of patients covered by the technology appraisal [1, 4]. The design of the trial sought to include features to promote its acceptability to patients affected by uveitis and representatives of organisations representing them. These features are:

- A. The offer of a period of treatment with adalimumab to any patient meeting the eligibility criteria for the trial (wider ranging than the criteria published by NICE [52]), i.e. to satisfy the need for the trial to be equitable, with subsequent participation in the randomized phase of the trial being contingent on demonstration of a therapeutic response to the drug.
- B. The use of a biosimilar approved by the NHS.
- C. In the event of treatment failing in the randomized phase of the trial, the offer to switch treatment to the alternative group without unmasking, so that a participant originally allocated to placebo who relapses could then receive treatment (albeit still masked to allocation).
- D. The application of objective clinical criteria to assess whether a therapeutic response has been achieved at the end of the treatment run-in phase of the trial.

To the extent that the trial has been designed to model a future commissioning policy, it also addresses a NHS priority, namely obtaining better evidence to guide effective provision of expensive biologic treatments.

The acceptability of the design features of the trial to patients affected by uveitis was discussed at a patient and public involvement (PPI) meeting with patients and representatives of the Birdshot Uveitis Society and Fight for Sight. The meeting was chaired by Annie Folkard, a co-author on this protocol. The meeting was supported by a subsequent poll of members of the Birdshot Uveitis Society. Conclusions from these consultations were that:

- The trial was considered to be equitable and the broad eligibility criteria were welcomed.
- A minority (<20%) expressed some or strong concern about using a biosimilar approved by the NHS for treating patients with ANIU, because they were of the view that the biosimilar would not be identical to the original drug.
- The offer of switching to the alternative treatment in the event of treatment failure was appreciated; up to two switches was considered optimal.
- Patients would be likely to respect the decisions about patients' therapeutic responses made on the basis of objective clinical criteria at the end of the treatment run-in period.
- The duration of participation in the study was not considered a negative feature.

4. Aims and objectives

The ASTUTE pragmatic trial will compare the effectiveness and cost-effectiveness of adalimumab when used to treat ANIU in either or both eyes in patients taking less than or equal to 5mg of steroids per day and other IMT drugs, as required. Specifically, we will test the hypothesis that adalimumab reduces the hazard of TF in patients with ANIU, after weaning of CS to $\leq 5\text{mg/day}$ in a treatment run-in period (TRI).

Specific objectives are:

- A. To estimate the hazard of TF in the group allocated to adalimumab compared with the group allocated to placebo.
- B. To estimate differences between groups with respect to a range of secondary outcomes including: separate components of the composite TF outcome, visual function, ocular and retinal signs of disease activity, health-related quality of life (HRQoL), resource use and costs, adverse events (AEs).
- C. To estimate the cost-effectiveness of adalimumab compared to usual care.
- D. To investigate associations between patient factors and ocular and retinal signs at the start of the TRI with responder status at 16 weeks, and to explore emerging participant phenotypes associated with TF during follow-up in the main trial.

5. Plan of Investigation

5.1 Conceptual framework

The trial needs to be placebo-controlled because participants will be administering injections themselves and reporting important secondary outcomes, e.g. AEs and the impact of ANIU (which we hypothesise will be effectively treated by adalimumab) on health and employment (including the EQ-5D 5L questionnaire, which will provide the primary outcome for the economic evaluation); these outcomes are likely to be biased if participants know their allocations. The most secure way to mask allocation is to dispense placebo in pre-filled pens that are indistinguishable to the pre-filled pens containing active drug. The manufacturer of the biosimilar used in the trial (Biogen Inc) is supplying placebo pre-filled pens for the trial which are identical to the pre-filled pens containing the licensed adalimumab biosimilar (Imraldi™) which Biogen also manufactures. The only difference is that the Imraldi™ pre-filled pens will have a commercial label and the placebo pre-filled pens will be supplied without the commercial label. The Imraldi™ and placebo pre-filled pens will therefore be over-labelled, with both described only as investigative medicinal product (IMP) to mask the allocation.

An important requirement of the funder was that the trial design should be “both efficient and most likely to provide an answer for a broad range of patients.” To satisfy this requirement, we have specified (a) a more inclusive study population than recruited to previous trials of adalimumab for treating ANIU [1, 4] and (b) included a TRI, with subsequent randomization being contingent on a participant having a therapeutic response. The more inclusive population reflects the population which ophthalmologists want to treat and which they believe is likely to benefit (on average). The TRI is intended as a model for a potential commissioning strategy. It provides an opportunity for all patients in a more inclusive patient population to access treatment, avoiding difficult decisions about eligibility against stricter eligibility criteria and reassuring patients about equitable access, while limiting longer term treatment to only those patients who show a favourable response in the short term (TRI phase). In effect, we are using short term responsiveness to “personalise” treatment, given that there are no proven biomarkers

for responsiveness to adalimumab in patients with ANIU. If objective D (see paragraph 4 above) identifies clear markers for responder status or TF, this would allow eligibility for an 'initial treatment trial' in a commissioning policy to be modified.

Ophthalmological trials usually follow participants for a set duration after randomisation. However, this approach poses a dilemma about how to treat the first randomised participants when they reach the end of their follow-up, long before the end of the trial when the results will be known. This challenge is especially acute if follow-up stops when a participant experiences the primary outcome. When evaluating an intervention that is not available outside a trial, this means either stopping an intervention that may be effective or providing open label treatment outside the trial. Both approaches risk anecdotal information about the effects of treatment (from the usual care follow-up of participants who have completed follow-up) becoming available before the trial reports, potentially biasing trial personnel. Withdrawing treatment that may be effective from participants at the end of follow-up may also be considered unethical and inappropriate when participants have volunteered to contribute to the evidence base for the intervention. To avoid this dilemma, we intend to try to keep participants in the trial until all participants have a minimum of 12 months follow-up and the trial will be close to reporting [53]. This approach is consistent with how adalimumab is used in practice in patients who are maintained on it successfully, so will contribute valuable longer-term evidence about the intervention, but it requires more IMP. It is likely to foster better commitment among participants and was supported by the PPI consultation.

Following participants until all have completed a minimum duration of follow-up requires a strategy for managing repeated TFs. In the event of a TF in either eye, a participant will stop taking the IMP and re-start open label treatment with adalimumab. In effect, this is the same as re-entering the protocol for the TRI (with other medications, including CS being prescribed at the discretion of the treating ophthalmologist). If the participant again meets the criteria for being a "responder" at 16 weeks, he/she will re-start trial follow-up but switch to the alternative IMP to the one provided at randomisation. If the participant does not meet the criteria for "responder" at 16 weeks, he/she will be withdrawn from the trial, without unmasking allocation. Consistent with the PPI consultation, a maximum of two switches will be allowed, i.e. adalimumab-placebo-adalimumab or placebo-adalimumab-placebo.

Although this feature may appear complicated, it has important advantages. It was considered equitable and welcomed during the PPI consultation because it ensures that a participant (classified as a "responder" at the end of the TRI) who is allocated to placebo and suffers TF has a chance to receive active drug. We anticipate that the opportunity to receive the opposite IMP in the event of TF will encourage a participant to accept: (a) initial randomisation, (b) that adalimumab is "truly not for them" in the event of multiple TFs and (c) not disclosing allocation until the trial reports, even after withdrawal. It has elements of a cross-over design (considered impracticable because of the long time-course of remission and TF, and controlling disease activity in the event of TF) so provides extra information in a (non-random) subset of participants about outcome with both adalimumab and placebo.

5.2 Trial schema

Adalimumab vs placebo as add-on to Standard Therapy for autoimmune Uveitis: Tolerability, Effectiveness and cost-effectiveness. The ASTUTE pragmatic RCT.

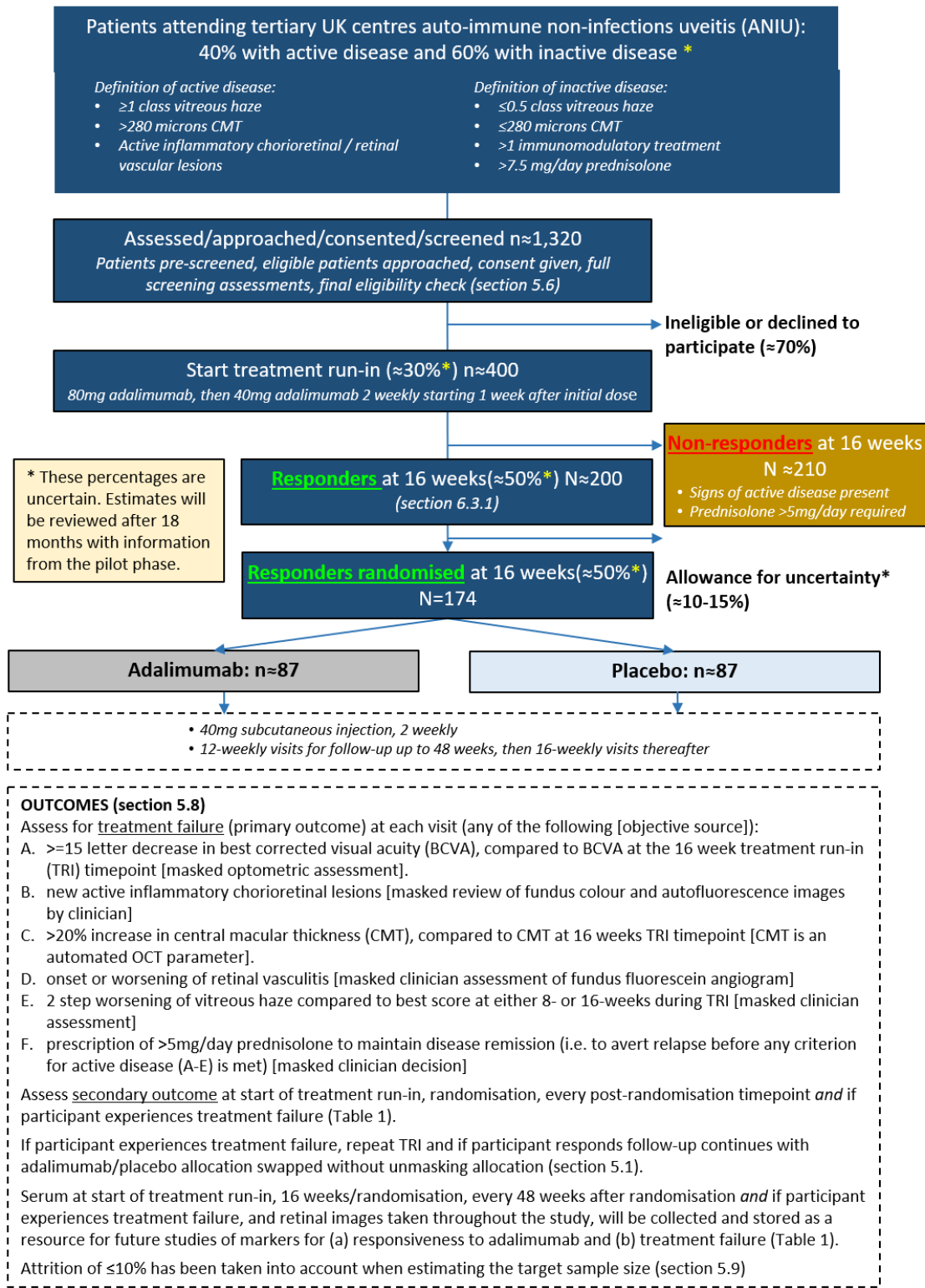


Figure 1 Trial Schema

5.3 Trial design

The study design is a multi-centre, parallel group, placebo-controlled, pragmatic randomised controlled trial (RCT) with a TRI; only those participants who are classified as “responders” (see 5.1) after 16 weeks of active, open label treatment during the TRI will be randomised. Participants, doctors and all members of the research team except for the study statistician will be masked to allocation. The study will include two phases: an internal pilot (months 1 to 18, including 6 months set up), primarily to establish that recruitment to time and target is possible, and the main trial (months 19 to 48). Progression to phase 2 will depend on: a) having randomised $\geq 80\%$ ($n=41$) of the target number at the end of the internal pilot ($n=51$); b) having at least 10 sites recruiting to the trial by month 18; and c) $<15\%$ of responders at the end of the TRI unwilling to be randomised. The full RCT will evaluate the effectiveness and relative cost-effectiveness of adalimumab vs placebo as add-on therapy to standard care.

Participants starting the TRI will be seen at 4-5 weeks, 8-9 weeks and 16-17 weeks after starting adalimumab treatment. Participants classified as responders (see 6.3.1) who agree to continue in the RCT, will be randomized at the 16-17 week visit (see 6.1). Follow-up visits will be scheduled at 12 weekly intervals (11 to 13 weeks) up to 48 weeks and 16 weekly intervals (15 to 17 weeks) thereafter, consistent with usual care for patients with ANIU.

Visit windows

Treatment run-in weeks 4, 8 and 16: +7 days

RCT all visits: ± 7 days

5.4 Setting

This study will take place across NHS tertiary UK ophthalmology departments, which have specialist uveitis services.

5.5 Key design features to minimise bias

The placebo-controlled trial design (including concealed randomisation) will protect against bias arising from the randomisation process. It will also protect against bias due to deviations from intended interventions and bias in measurement of outcomes, since participants, clinicians and other staff caring for participants, members of the research team (except the study statistician) and participants will be masked to participants' allocations [54]. The success of masking will be assessed (participants and their care team may become unmasked due to side effects). The allocation will be stratified by centre to minimise confounding due to centre-specific factors. Applying standard protocols, pre-defining procedures for participant follow-up/data collection and applying the procedures to all participants in the same way will help to minimise bias due to deviations from intended interventions and bias in measurement of outcomes in the event of instances of unmasking. Adherence to all aspects of the protocol will be monitored.

Bias due to missing outcome data, i.e. systematic differences in withdrawals between the groups, will be minimised by: i) the offer of a switch in allocation in the event of TF; ii) maintaining regular contact with participants throughout the duration of the trial to maximise the proportion of participants for whom all outcome data are available. The Data Monitoring and Safety Committee (DMSC) will monitor attrition by group.

We will minimise bias in selection of the reported result by pre-specifying outcomes (see 5.8) and by writing a detailed statistical analysis plan in advance of locking the database at the end of data collection (see 7.1).

5.6 Trial population

The target population is adults with active or controlled ANIU. We will define ANIU in relation to anatomic descriptors of intermediate, posterior and panuveitis, because these features cause most sight loss [11, 45]. This will allow treatment results to be applied across specific diseases, increasing applicability to UK patients with ANIU who do not respond to usual care [1, 4, 55, 56]. There is a potential trade-off with efficacy, but it is not feasible to recruit to separate trials for different autoimmune diseases and the TRI design should offset any average loss of efficacy.

The frequency of different specific diseases in the trial population is expected to be similar to other trials: ocular autoimmune (idiopathic) 60%; Birdshot Uveitis 30%; multifocal choroiditis 4%; PIC 5%; Vogt Kayanagi Harada 1% [4]; and sarcoidosis where the mechanism is autoimmune and TNF α is a critical cytokine.

To inform a commissioning policy for all patients in whom add-on adalimumab is indicated, we need to recruit patients to the TRI who:

- (a) present with active sight-threatening ANIU in either or both eyes and who are taking steroids >5mg/day or being started on >5mg/day, or
- (b) patients already being treated for ANIU and taking >5mg/day of steroids and other IMT drugs as required.

In the subgroup presenting with new active disease, remission will be induced with high dose CS; CS will be tapered to \leq 5mg/day over 16 weeks in both groups. The treatment goal in the TRI is the same for both groups, i.e. disease remission with \leq 5mg/day CS (see 6.3.1). If achieved by the end of the TRI, participants will be eligible for randomisation.

5.6.1 Inclusion criteria

A participant may take part in the study if **ALL** of the following apply:

1. Participant is aged 18 years or over;
2. Participant has sight threatening ANIU and is prescribed CS >5.0mg/day. ANIU will be diagnosed on the basis of the criteria used to define TF (see 5.8.1);
3. Women must have a negative pregnancy test and be willing to use effective contraception* for the duration of the participation in the trial and for 5 months after, or be surgically sterile or post-menopausal for >12 months.
4. Participant is able to provide informed consent.

* This includes: progestogen-only oral hormonal contraception, where inhibition of ovulation is not the primary mode of action, male or female condom with or without spermicide cap, diaphragm or sponge with spermicide, combined (oestrogen and progestogen containing) hormonal contraception associated with inhibition of ovulation (oral, intravaginal or transdermal), progestogen-only hormonal contraception associated with inhibition of ovulation: (oral, injectable, implantable), intrauterine device, intrauterine hormone-releasing system, bilateral tubal occlusion, vasectomised partner, sexual abstinence.

NB. A pregnancy test only needs to be repeated if there is reason to suspect the participant has become pregnant. If a participant becomes pregnant during the trial the treating clinician must discuss the options with the patient on whether or not to continue in the trial, referring to the current SmPC for guidance on pregnancy and Imraldi™.

There are no special precautions/contraceptive requirements for male participants with female partners of child-bearing potential.

5.6.2 Exclusion criteria

A participant may not enter the study if any of the following apply:

1. Participant has controlled ANIU and is maintained on CS \leq 5.0mg/day at the time of screening;
2. Participant has untreated or active tuberculosis;
3. Participant has severe infection, sepsis or opportunistic infection;
4. Participant has uncontrolled glaucoma;
5. Participant has multiple sclerosis;
6. Participant is HIV positive;
7. Participant has hepatitis B or hepatitis C;
8. Participant has Behcet's disease;
9. Participant has heart failure (NYHA III/IV);
10. Participant has no history of varicella or does not have varicella antibodies;
11. Participant is taking another biologic drug;
12. Participant has taken an anti-TNF drug within the previous 90 days (anakinra and abatacept are contraindicated);
13. Participant has an ocular CS implant within the previous 12 months or an intravitreal steroid injection within the previous 3 months;
14. Participant is pregnant;
15. Participant has a known allergy or hypersensitivity to adalimumab or any of its excipients (refer to summary of product characteristics (SmPC) for list of excipients; Appendix 1 section 6.1);
16. Participant is taking part in another interventional study.

5.7 Trial interventions

The technology being evaluated is fortnightly 40mg subcutaneous injection of Imraldi™, a licensed biosimilar for adalimumab.

The comparator intervention will be subcutaneous injections of placebo. The placebo for the trial will be provided by Biogen GmbH. It will be identical in all respects to the commercially-available Imraldi™ product, with the exception of adalimumab content and the commercial Imraldi™ label will not be applied. It will be over-labelled to identify the placebo as IMP (see 5.1).

The TRI feature of the study will evaluate a policy of treating all eligible patients with adalimumab for 16 weeks but only continuing treatment beyond 16 weeks in the subset that are successfully maintained with inactive disease in both eyes on \leq 5mg CS at 16 weeks. In accordance with the marketing authorisation for adalimumab, the TRI will commence with an 80mg subcutaneous dose of adalimumab (using two pre-filled pens) and continue with fortnightly 40mg injections starting one week after the initial 80mg dose, (weeks 1, 3, 5, 7, 9, 11, 13 and 15). If an injection date is missed, the advice to patients is to administer the missed injection immediately upon remembering. The patient should then adhere to their original injection schedule, i.e. administer their next injection 2 weeks after the date their previous injection was due had they not taken a dose late. The TRI will end at 16 weeks when response will be assessed. Responders (see 6.3.1) who remain eligible and confirm consent at 16 weeks will be randomly allocated to adalimumab or placebo.

After randomisation, participants will self-medicate with fortnightly 40mg injections of drug or placebo to the end of the trial (follow-up 48 weeks to 128 weeks (approx. 30 months)). In the event of TF in either or both eyes, open label drug will be restarted as per the TRI for 16 weeks and, if a participant responds, allocation will be switched (up to two times) and trial treatment

restarted, maintaining masking (see 5.1). Details of the drug are described in the summary of product characteristics (SmPC; Appendix 1) for Imraldi™. The manufacture, quality assurance, labelling and packaging of the placebo are described in the IMP dossier.

Study medication will be stored by an NHS pharmacy department in accordance with Good Clinical Practice and pharmacy department SOPs. Study medication will be transferred to a third party organisation (Healthcare at Home Ltd) to dispense the medication and distribute it directly to participants' homes. Drug accountability including stock control, ordering, and prescribing will be managed by an IMP tracker database [57].

Healthcare at Home Ltd will use their network of trained nurses to deliver training to participants in their homes about self-administration of the study medication at the start of the TRI period. Healthcare at Home Ltd will use their fully traceable, cold-chain supply network to deliver study medication to participants' homes for the duration of the trial. Healthcare at Home Ltd deliver commercial Imraldi™ and train patients who receive the drug as part of standard NHS care and as such are experienced in providing these services and have processes in place for reporting AEs or issues with specific pre-filled pens to patients' care teams (i.e. hospital sites).

Both the IMP and placebo will be labelled in accordance with Annex 13. The contents of the label will be submitted to the MHRA for approval. Storage of the IMP, both drug and placebo, will be in accordance with the SmPC/dossier (Appendix 1). The IMP will be accounted for according to NHS pharmacy standards.

The SmPC Imraldi 40mg solution for injection in a pre-filled pen, dated 12 Sept 2019, will be used as the reference Safety Information (RSI). The currently approved SmPC will be attached to the pdf version of the protocol.

5.8 Primary and secondary outcomes

5.8.1 Primary outcome

The primary outcome is time to the first treatment failure (TF), for a participant, i.e. TF may occur in either eye and may be triggered by incident ANIU in an eye that did not previously have ANIU. TF is defined as a composite of standard criteria reflecting clinical decision-making, including visual acuity and clinical signs of active inflammation which have been used successfully in other ANIU trials [1, 4, 58]. Our definition of TF will modify the composite endpoint used in the VISUAL trials [1,2] by: (i) excluding isolated anterior uveitis as a TF event (it can be treated effectively and safely with low dose, low frequency topical CS); and (ii) including a clinically important deterioration in CMO as a TF event [11], because it is an ANIU complication causing visual loss in a third of patients [59] which has often studied as a TF event in other trials of ANIU. Participants will be assessed for TF at each visit after randomisation.

Any of the following criteria in one or both eyes, where applicable, will constitute TF:

- i. ≥ 15 letter decrease in best corrected visual acuity (BCVA), compared to BCVA measured by an optometrist masked to treatment allocation at the 16 week TRI visit;
- ii. new active inflammatory chorioretinal lesions (masked review of fundus colour and autofluorescence images by clinician);
- iii. $>20\%$ increase in central macular thickness (CMT), compared to CMT at the 16 week TRI timepoint (CMT is a parameter that is measured by an automated algorithm when doing optical coherence tomography (OCT));
- iv. onset or worsening of retinal vasculitis (masked clinician assessment of fundus fluorescein angiogram);

- v. 2 step worsening of vitreous haze cf. compared to best score at either the 8- or 16-week TRI visit (masked clinician assessment);
- vi. prescription by a masked clinician of >5mg/day CS to maintain disease remission (i.e. to avert relapse before any of the above criteria for manifest active disease (i-v))

The arrangements for managing a participant's continued follow-up in the trial have been described above, including switching treatment allocation without unmasking allocation (see 5.1 and 5.7).

5.8.2 Secondary outcomes

Secondary outcomes will include:

- a) Individual TF components, assessed at each trial visit;
- b) Retinal morphology (OCT; macular and retinal nerve fibre layer), assessed at each trial visit;
- c) AEs, assessed at each trial visit;
- d) HRQoL measured using the EQ-5D-5L questionnaire [3][7] at the start of TRI, at 16 weeks immediately before randomisation, then 12-weekly after randomization up to week 48 and 16-weekly thereafter;
- e) Patient-reported symptoms of side-effects at each trial visit after starting the TRI and at any interim attendance prompted by an AE;
- f) Patient-reported visual function [2], at the start of TRI, at 16 weeks immediately before randomisation, 12-weekly up to week 48 and 16 weekly thereafter;
- g) Employment status at the start of TRI, at 16 weeks immediately before randomisation, 12-weekly up to week 48 and 16 weekly thereafter;
- h) Resource use during follow-up after randomisation, at the start of TRI, at 16 weeks immediately before randomisation, 12-weekly up to week 48 and 16 weekly thereafter.

5.9 Sample size justification

We hypothesise that participants randomised to receive adalimumab will have a lower risk of TF than those allocated to receive placebo. The sample size has been chosen to test this hypothesis. In estimating the sample size, we have considered the results observed in previous studies; hazard ratios (HRs) for time to first TF in two previous trials of adalimumab (in patients with active and inactive ANIU, respectively) were 0.50 and 0.57 [1, 4]. As our study will only randomise participants who are found to respond to treatment in the TRI phase, we anticipate that we will observe a greater benefit than in these trials, which included both responders and non-responders. Therefore, we have set the target HR at 0.5. Assuming that 27% in the placebo group survive free from TF 12 months after randomisation (estimated from placebo groups of the two trials with 40% active and 60% inactive disease), we have set a target sample size of 174 randomised participants. A study of this size will have 90% power to detect a HR 0.5 at a 5% two-sided significance level, allowing for 10% loss-to-follow-up in the first 12 months.

6. Trial methods

6.1 Description of randomisation

Eligibility will be checked, and consent obtained to the whole study at the beginning of the TRI, with both being confirmed at the 16-week visit when responder status has been ascertained and eligibility for the trial has been confirmed. Randomisation will be carried out at this visit so that the appropriate IMP can be prescribed at the same time. Randomisation will be performed by a member of the local research team on the delegation log who is authorised to do so using a secure internet-based randomisation system ensuring allocation concealment. Participants will be allocated in a 1:1 ratio to either adalimumab or placebo.

The random allocations will be computer-generated by a statistician in the trials unit in blocks of varying size (unknown to trial personnel) and stratified by centre, before the trial starts to recruit. The allocations will be embedded in the trial database and concealed from all clinical and research personnel until a participant has been recruited. Key data to characterise a participant's current clinical status at will be collected at the time of randomisation.

6.2 Masking and unmasking

Participants, their clinical care team (i.e. their ophthalmologist and other members of eye care team) and the research nurse(s) responsible for participant follow-up, will all be masked to participants' allocations. Except for the study statistician, clinical trials staff managing the trial will also be masked to allocation. The randomisation system will provide a unique code which the study pharmacy (Healthcare at Home, Ltd) will use to identify the pens to be dispensed. It will not be possible to distinguish between syringes containing drug and placebo dispensed during the RCT on the basis of their appearance or any other characteristics.

The IMP will be injected subcutaneously by participants at home. The prefilled syringes will look identical and we are not aware of any sensation from self-injection of adalimumab that will differ from injection of placebo. Adalimumab may induce side-effects in some patients that will inadvertently unmask participants. We acknowledge this may be a limitation of the study. We will collect information to document the extent to which this happens.

Participants will be made aware before entering the study that they will not be told which treatment they will receive during the RCT. Doctors will prescribe the 'study medication' with a unique code; appropriate pens, corresponding to the code, will be dispensed to participants. Bristol Trials Centre (BTC) and other designated personnel will be able to break the code in the event of an emergency but will not know the allocation in the usual course of dispensing a prescription for trial IMP.

If clinically indicated (i.e. in the event of a serious adverse event (SAE) requiring knowledge of the allocation for treatment) the treatment allocation will be unmasked by the BTC during office hours or by the on-call pharmacist at UH Bristol. Unmasking will be done using the secure web-based IMP-Track IMP management and accountability system [57]. Only authorised personnel will have access to the IMP-Track system. Any request for unmasking will be fully documented, recording the identity of the person asking for the allocation to be unmasked and the reason for unmasking. Instances of unmasking will be monitored throughout the trial.

6.3 Research procedures

Dedicated uveitis clinics are run in each centre, which will consider all new referrals. Medical and uveitis history will be recorded, screening investigations will be ordered and eligibility will be assessed.

Potentially eligible patients will be consented (to screening and the full study on one consent form) prior to full screening assessments being done. Patients who are eligible to take part after all required screening assessments are done will be enrolled in the TRI after confirming they are still willing to take part.

Data will be collected on the numbers screened, eligible pre- and post-consent and starting the TRI, including reasons for declining participation. Data will be captured in a purpose-designed secure database, with 'real time' validation, which will be developed by the BTC CTEU to support the trial. Resource use data will be collected using bespoke questionnaires and trial case report forms (CRFs).

Participants starting the TRI will be seen at 4 weeks, 8 weeks and 16 weeks. This visit frequency approximates usual care, when a patient starts treatment with adalimumab. At the 16 week visit, if a participant is classified as a responder (see 6.3.1) and agrees to continue in the randomised trial, he/she will be randomised (see 5.7, 5.8.1 and 6.1). Follow-up visits will be scheduled at 12-weekly intervals up to 48 weeks after randomisation and 16-weekly intervals thereafter, consistent with usual care for patients with ANIU.

6.3.1 Responder criteria

A responder will be defined as meeting ALL of the following criteria at the 16 week TRI visit:

- i. No activity on colour fundus or autofluorescence imaging indicative of inflammatory chorioretinal lesions;
- ii. CMT \leq 320 μ m on any OCT machine [11];
- iii. No leakage indicating retinal vasculitis on fundus fluorescein angiography within the first 90 seconds [11];
- iv. \leq 0.5 vitreous haze Binocular Indirect Ophthalmoscopy (BIO) score;
- v. Prescription of \leq 5.0mg/day CS to achieve/maintain disease remission [11].

Investigations relating to eligibility, data about safety of medications, refraction and imaging will be carried out during the TRI. The following investigations will be carried out at all visits after randomisation (see Table 1):

- a) Ophthalmic examination, including slit lamp examination with dilated fundoscopy and tonometry;
- b) Vital signs / weight (every 24 weeks);
- c) Changes in medications, AEs, adherence to medications
- d) BCVA (ETDRS letter chart) determined by an optometrist masked to treatment allocation;
- e) Retinal imaging, comprising OCT, macular and retinal nerve fibre layer;
- f) In addition, the following patient-reported outcome measures will be collected: EQ-5D 5L; VCM1; Work Productivity and Activity Impairment Questionnaire: Specific Health Problem Questionnaire (WPAI-SHP); symptoms of side effects.

In addition, blood will be taken at the start of the TRI, 16 weeks (both responders and non-responders, at the end of the TRI), 48 and 96 weeks after randomisation, and if a participant experiences TF. Serum and DNA will be prepared from the blood samples and stored. These samples, and retinal images taken as part of the study, will be collected and stored as a resource for future studies of markers for (a) responsiveness to adalimumab and (b) TF.

6.4 Duration of treatment period

As described in section 5.1, we have chosen to try to keep participants in the trial until all participants have a minimum of 48 weeks follow-up and the trial will be close to reporting [53]. Treating with adalimumab for longer than 48 weeks is consistent with how adalimumab is used in practice in patients who are maintained on it successfully, so will contribute valuable longer term evidence about the intervention. This approach is likely to foster better commitment among participants and is supported by the PPI panel.

6.5 Definition of end of trial

The RCT will end for a participant after they have completed follow up for a minimum of 48 weeks up to a maximum of 128 weeks (approx. 30 months) post-randomisation, or earlier if they withdraw from the study completely. The end of the trial as a whole will be after all trial participants have completed follow up, all data queries have been resolved and the database has been locked.

6.6 Data collection

Data collection will include the elements described in Table 1.

Table 1 Schedule of events during the trial

No.	Data item to be collected	Screen/ baseline	Treatment run-in				RCT				
			1 st injection (time 0)	4 w	8 w	16 w / Rx	12 w	24 w	36 w	48 w	Then:
1.	Confirm eligibility	✓				✓					
2.	Consent confirmed	✓				✓*3					
3.	Medical history	✓									
4.	Baseline characteristics	✓									
5.	Vital signs	✓				✓	✓	✓	✓	✓	16 w+
6.	Weight	✓				✓		✓		✓	16 w+
7.	History directed medical exam	✓				✓	✓	✓	✓	✓	16 w+
8.	Full blood count (FBC)	✓		✓		✓	✓	✓	✓	✓	16 w+
9.	Liver function tests	✓		✓		✓	✓	✓	✓	✓	16 w+
10.	Electrolytes profile	✓		✓		✓	✓	✓	✓	✓	16 w+
11.	Glucose test	✓		✓							
12.	TB IGRA test	✓									
13.	Chest X-ray	✓									
14.	12-lead ECG*1	✓									
15.	MRI*1	✓									
16.	Syphilis test	✓									
17.	HIV test	✓									
18.	Hep B / Hep C test	✓									
19.	Lyme IgG/IgM Antibody Serology*1	✓									
20.	Varicella history/antibody test*5	✓									
21.	Pregnancy test (women only)	✓									
22.	BCVA	✓		✓	✓	✓	✓	✓	✓	✓	16 w+
23.	OCT	✓		✓	✓	✓	✓	✓	✓	✓	16 w+
24.	Fundus colour imaging	✓			✓	✓	✓	✓	✓	✓	16 w+
25.	Autofluorescence imaging	✓			✓*2	✓*2	✓*2	✓*2	✓*2	✓*2	16 w+*2
26.	Fundus fluorescein angiogram	✓			✓*2	✓*2	✓*2	✓*2	✓*2	✓*2	16 w+*2

No.	Data item to be collected	Screen/ baseline	Treatment run-in				RCT				
			1 st injection (time 0)	4 w	8 w	16 w / Rx	12 w	24 w	36 w	48 w	Then:
27.	Clinical exam (including slit-lamp examination and indirect ophthalmoscopy)	✓		✓	✓						
28.	Clinical exam for treatment failure (including slit-lamp examination and indirect ophthalmoscopy)					✓	✓	✓	✓	✓	16 w+
29.	Adverse events			✓	✓	✓	✓	✓	✓	✓	✓
30.	EQ-5D-5L	✓				✓	✓	✓	✓	✓	16 w+
31.	VCM1	✓				✓	✓	✓	✓	✓	16 w+
32.	Symptoms of side-effects	✓				✓	✓	✓	✓	✓	16 w+
33.	WPAI-SHP questionnaire	✓				✓	✓	✓	✓	✓	16 w+
34.	Blood sample (for serum)* ⁴	✓				✓	✓* ⁴	✓* ⁴	✓* ⁴	✓	48 w+* ⁴
35.	Blood sample (for DNA)	✓									
36.	Resource use					✓	✓	✓	✓	✓	16 w+

- Blood tests done as standard care can be accepted for screening up to a maximum of 3 months prior to the date of the screening visit.
- Chest x-ray, MRI and ECG done as standard care can be accepted for screening up to a maximum of 6 months prior to the date of the screening visit.
- Enrolment in the TRI (i.e. writing the TRI prescription) must be done a maximum of 4 weeks after the date of the screening visit.
- TRI follow-ups start from the date of 1st injection (time 0); RCT follow-ups start from the date of randomisation.
- Visit windows: TRI +7 days; RCT ±days.

*1 Only required if clinically indicated.

*2 Only required if clinical indicated to support decision about TF.

*3 Written informed consent will be obtained at the start of the TRI; this consent will be confirmed among responders at the start of the RCT.

*4 A blood sample for serum will also be taken in the event of treatment failure being detected at a post-randomisation visit.

*5 If patient has no history of varicella, screen for varicella antibodies.

BCVA – best corrected visual acuity; **TF** – treatment failure; **OCT** – optical coherence tomogram; **Rx** – Randomisation; **VCM1** – Visual Function Questionnaire; **WPAI-SHP** – Work Productivity and Activity Impairment Questionnaire: Specific Health Problem Questionnaire; **w** - weekly; **w+** - weekly thereafter

6.7 Source data

Source data will differ for different items of data.

- Items 1-22, 27-29 and 36: CRFs designed specifically to capture the required data for the study;
- Items 23-26: OCT, fundus, autofluorescence and fundus fluorescein angiography images submitted for independent grading;
- Items 30-33: Completed questionnaires returned by participants;
- Items 34-35: not applicable; samples for storage only (for future research).

6.8 Planned recruitment rate

Projecting recruitment is complicated because: (a) estimates of several parameters are uncertain, (b) participants will be recruited with both incident (active) and prevalent (inactive) ANIU and (c) the TRI design causes a lag. **Table 2** shows our projection with the assumptions described in a footnote.

6.9 Participant recruitment

Patients with ANIU present to, and are managed by, specialist ophthalmologists staffing clinics in tertiary hospitals which treat autoimmune ophthalmic diseases. Clinics will include new patients with ANIU and existing patients who are having ongoing treatment monitored. The eligibility criteria allow recruitment of either kind of patient. New patients started on treatment with CS will be eligible, with an attempt being made to reduce CS to <7.5 mg over 16 weeks alongside treatment with adalimumab. Existing patients who are already being treated but who require >5mg/day CS will also be eligible, with an attempt being made to reduce CS to ≤5.0 mg over 16 weeks alongside treatment with adalimumab. Both new patients and existing patients may be prescribed other non-biologic IMT in addition to CS at the discretion of the clinician.

Potential participants will initially be screened from their medical records by the direct care team according to local hospital processes. Patients who are initially eligible will be given or sent an invitation letter and a patient information leaflet (PIL) describing the study. Potential participants will be given time to read the PIL and to ask questions that they may have; the person taking consent will discuss the trial with the potential participant prior to consent. Consent will be taken in clinic. The PIL will describe both the TRI period and the RCT, and the informed consent form (ICF) will include consent to both phases of the trial. Consented participants will undergo further screening assessment to determine their full eligibility to participate. Consented participants who meet all eligibility criteria will be enrolled in the TRI. Eligibility will be confirmed by a clinician on the delegation log. Participants who are classed as responders at the end of the TRI will be asked if they are willing to continue to the randomised phase of the study, before carrying out randomisation; their willingness to continue will be recorded at the time.

Table 2 projected recruitment of participants with active and inactive ANIU

Trial month	Trial phase	Main trial activity	Number of centres	ANIU eligible for TRI		Number randomised	
				Inactive	Active	per month	cumulative
1 to 3	Pilot	Setup	0	0	0	0	0
4	Pilot	Recruit; TRI only	1	2	1	0	0
5	Pilot	Recruit; TRI only	2	3	1	0	0
6	Pilot	Recruit; TRI only	3	5	2	0	0
7	Pilot	Recruit; TRI only	5	9	3	0	0
8	Pilot	Recruit & rand'x	7	12	4	1	1
9	Pilot	Recruit & rand'x	9	16	6	2	3
10	Pilot	Recruit & rand'x	11	19	7	3	6
11	Pilot	Recruit & rand'x	13	23	8	5	11
12	Pilot	Recruit & rand'x	14	24	9	7	18
13	Pilot	Recruit & rand'x	14	24	9	9	27
14	Pilot	Recruit & rand'x	14	24	9	11	38
15	Pilot	Recruit & rand'x	14	24	9	13	51
16	Main RCT	Recruit & rand'x	14	23	9	14	65
17	Main RCT	Recruit & rand'x	14	21	9	14	79
18	Main RCT	Recruit & rand'x	14	19	9	14	93
19	Main RCT	Recruit & rand'x	14	16	9	14	107
20	Main RCT	Recruit & rand'x	14	12	9	13	121
21	Main RCT	Recruit & rand'x	14	9	9	13	133
22	Main RCT	Recruit & rand'x	14	0	9	10	143
23	Main RCT	Rand'x only	14	0	0	10	154
24	Main RCT	Rand'x only	14	0	0	9	162
25	Main RCT	Rand'x only	14	0	0	7	170
26	Main RCT	Rand'x only	14	0	0	4	174
27 to 39	Main RCT	Follow-up only	14	0	0	0	174
40	Main RCT	follow-up	14	0	0	0	174
42	Main RCT	d-b lock	14	0	0	0	174
43 to 45	Main RCT	analysis	14	0	0	0	0
43 to 48	Main RCT	write-up	14	0	0	0	0
Total				285	129	174	

Footnote: rand'x – randomise; annual incidence, 0.0003 [30]; prevalence, 0.00083 [30]; ANIU proportion >20yrs, 0.763; total incident cases, 12541; total prevalent cases, 34696; centres treating ANIU, 30; incident ANIU/centre/year, 418; prevalent ANIU/centre/year, 1157; p("eligible"), 0.06; p(approached), 1.00, p(ineligible after approach), 0.20; p(consenting for TRI), 0.40; p(responding), 0.50; p(available to randomise at end of TRI), 0.15; number of centres, 14.

6.10 Discontinuation/withdrawal of participants

As described in section 5.1, we will try to keep all participants in the study until the last participant has completed the 48-week visit. Each participant has the right to withdraw at any time. In addition, the investigator may withdraw the participant from treatment with adalimumab/placebo if continuation is considered not to be in the best interests of the participant, e.g. following a SAE or pregnancy. Participants must also stop treatment with

adalimumab/placebo after a maximum of two treatment switches (see section 5.1). In all instances of stopping treatment with adalimumab/placebo we will request that participants continue to attend the scheduled research visits so that the relevant data can be collected. All data and samples collected will be analysed and stored unless a participant expressly requests that his/her data or samples be destroyed.

6.11 Frequency and duration of follow up

The follow-up schedule is described in Table 1, Section 6.6.

6.12 Likely rate of loss to follow-up

Assuming that 27% in the placebo group are free from TF 12 months after randomisation (estimated from placebo groups of the two trials with 40% active and 60% inactive disease [1, 4]), we have set a target sample size of 174 randomised participants. A study of this size will have 90% to detect a HR 0.5 at the 5% two-sided significance level, allowing for 10% loss-to-follow-up in the first 12 months.

There are no special features to minimise bias due to missing outcome data. Established methods will be used to maximise the proportion of participants for whom all outcome data are available and the proportion of participants who receive the intervention to which they were allocated. However, ANIU is a debilitating condition for patients who are affected and, subject to other comorbidities they experience, we expect participants to attend their follow-up visits as scheduled; these are set at the same frequency as required for usual care so extra research-only visits should be unnecessary.

6.13 Expenses

The schedule of follow-up visits has been designed to be the same as for usual care for a patient with ANIU. Therefore, it is not expected that participants will be reimbursed for travel expenses.

7. Statistical analyses

7.1 Plan of analysis

The data will be analysed according to intention to treat (ITT) and follow CONSORT reporting guidelines. Analyses will be adjusted for centre. The primary outcome, time from randomisation to first TF, will be compared using survival methods, allowing for censoring of any participant who is lost to follow-up. Secondary outcomes up to the time of TF will be compared using a mixed linear or logistic regression model as appropriate, adjusted for baseline measures when available. These outcomes will be modelled jointly with the time to first TF. Changes in treatment effect with time will be assessed by adding a treatment x time interaction to the model and comparing models using a likelihood ratio test. Model fit will be assessed and alternative models and/or transformations (e.g. to induce normality) will be explored where appropriate. Frequencies of AEs will be described. Treatment differences will be reported with 95% CIs.

A secondary analysis will include follow-up time after the first TF. A participant who experiences a first TF will restart adalimumab (repeating the TRI) for 16 weeks. If after 16 weeks the participant satisfies the criteria for being a responder, he/she will re-enter the trial treated with the opposite treatment to the one originally allocated (placebo if originally on intervention, or vice versa). Restarting treatment will become the time origin for the second period of follow-up. (This process can be repeated another time, in the event of a second TF, generating up to three discrete “disconnected” periods of follow-up. Follow-up will cease after a third TF.)

The allocation group (and other important covariates) will be updated when “study” treatment (intervention or placebo) is restarted. We will analyse multiple periods of treatment exposure within participants with survival models. The primary analysis, i.e. time to first TF will be unbiased. Analyses of subsequent follow-up periods must be considered to be non-randomised, and potentially biased, since participants’ characteristics are likely to predict TF. Therefore, if adalimumab is effective, second and third follow-up periods will not be distributed in a balanced way across the original randomly assigned groups and it will be necessary to consider important covariates. Nevertheless, switches will provide a within-subject comparison of survival free from TF between intervention and placebo.

A detailed analysis plan will be prepared.

7.2 Subgroup analyses

No subgroup analyses are planned.

7.3 Frequency of analyses

The primary analysis will take place when follow-up is complete for all recruited participants. No formal interim analysis is planned. Safety data will be reported to the Data Monitoring and Safety Committee (DMSC) every 3 months, together with any additional analyses the committee request. In these reports the data will be presented by group, but the allocation will remain masked.

Interim analyses will be decided in advance in discussion with the Data Monitoring and Safety Committee (DMSC). There is no intention to compare any outcomes between groups at the end of the internal pilot phase; the only analyses will be descriptive statistics to summarise eligibility and recruitment to decide whether the trial satisfies the progression criteria.

7.4 Criteria for the termination of the trial

The trial may be terminated early by the Trial Steering Committee. A decision to terminate may arise from a recommendation by the DMSC to stop the trial, for example based on *an interim analysis of the data from the trial* or if the results of another study make the completion of the trial unnecessary.

7.5 Economic issues

The within-trial economic evaluation will aim to determine the relative cost-effectiveness of adalimumab compared to usual care. We will carry out the cost-effectiveness analysis largely from the perspective of the UK NHS but will also aim to explore costs to society in the form of productivity cost changes.

Established guidelines will be used for the conduct of the economic evaluation [60]. The main outcome measure for the economic evaluation will be quality adjusted life years (QALYs), estimated using the EuroQol EQ-5D 5L, administered at baseline (start of the TRI; n≈400), at 16 weeks (time of exiting the study because of non-response or randomisation; n≈400), then at each subsequent visit (n<=174), i.e. 3-monthly up to 12 months and 4 monthly thereafter). Respondents will be assigned valuations derived from published UK population tariffs [61] and the mean number of QALYs per trial arm and incremental QALYs will be calculated.

For the costing component, resource use data will be collected by adding questions to the trial CRFs. Resource use information will be collected on quantities of drugs of financial significance administered in the two alternative trial arms and resources associated with treating any of these drug side-effects, including hospital admissions and additional outpatient visits and GP

visits. We will also collect information on patient employment status during the trial in order to estimate productivity cost changes. Unit costs to be added to the resource use information will be taken from nationally published sources such as the BNF and Emit for drug costs and the NHS Reference Costs for any hospital admissions.

The analysis will calculate the average cost and outcome on a per patient basis and use this information to estimate the incremental cost-effectiveness ratios for the different trial arms will be derived, producing an incremental cost per QALY. Probabilistic sensitivity analysis will be used to demonstrate the impact of the variation around the key parameters in the analysis on the baseline cost-effectiveness results. A key sensitivity analysis will be the cost of adalimumab, where we will explore the use of potentially cheaper biosimilars. Results will be expressed in terms of a cost-effectiveness acceptability curve.

8. Trial management

University Hospitals Bristol NHS Foundation Trust (UHB) will act as Sponsor. Responsibility for running the RCT will be delegated via an agreement with the University of Bristol. Agreements between the Sponsor and participating centres will be required, as well as standard site-initiation documents, before recruitment commences. The study will be conducted in accordance with Good Clinical Practice (GCP) guidelines, the European Union Directive 2001/20/EC on clinical trials, the Data Protection Act and the UK Policy Framework for Health and Social Care Research. The trial will be registered on an open access clinical trial database (ISRCTN). Clinical trial documents will be archived and held by the Sponsor for 15 years after study closure in accordance with the standard operating procedures of the Sponsor and in compliance with the principles of GCP.

The study will be managed by the CI, clinical and BTC co-applicants, PPI representative and the trial manager, and fully supported by the wider BTC (a UK Clinical Research Network registered clinical trial unit, Reg. No 11 (registered as the Clinical Trials and Evaluation Unit (CTEU). The CTEU has been assimilated into the BTC). The BTC has an established track record of designing, conducting, managing and reporting multi-centre clinical trials in ophthalmology, including trials of investigational medicinal products (e.g. the IVAN and VICI trials, NIHR refs 07/36/01 and 13/94/15). The BTC has experience in building study database systems and providing randomisation services.

The CI and BTC team will work with the co-applicants to prepare the final protocol, submitting the Ethics/HRA, MHRA and local application packs for each site, preparing trial manuals, providing the randomisation service and designing and implementing the data management system. The CI, BTC team and project Sponsor will endeavour to ensure that the trial runs according to the pre-agreed timetable, recruitment targets are met, the CRFs are completed accurately, complies with relevant ethical and other regulatory standards, and that all aspects of the study are performed to the highest quality. Clinical co-applicants and BTC team members will also train investigators at participating centres, check that centres are ready to start (“green light”) and monitor their progress during the study. The trial manager will be the contact point to provide support and guidance to the participating centres/specialties throughout the study.

8.1 Day-to-day management

The trial will be managed by a Trial Management Group (TMG), which will meet face-to-face or by teleconference approximately monthly. The TMG will be chaired by a Chief Investigator and will include all members of the named research team (see Chief Investigator & Research Team Contact Details).

An appropriately qualified person by training will be responsible at each site for identifying potential trial participants, seeking informed participant consent, randomising participants, liaising with pharmacy, collecting trial data and ensuring the trial protocol is adhered to.

8.2 Monitoring of sites

8.2.1 Initiation visit

Before the study commences, training session(s) will be organised by BTC. These sessions will ensure that personnel at each site involved fully understand the protocol, CRFs and the operational requirements of the study.

8.2.2 Site monitoring

The trial coordinating centre will carry out regular monitoring and audit of compliance of centres with GCP and data collection procedures described in section 6.6. Monitoring of data collection will be via the study database (checks for data completeness and routine data query review), which will be carried out on a regular basis. The ISF and CRFs will be monitored by site self-completed checklists at least once in the lifecycle of the trial. The TMG will review accumulating data on, including but not limited to, screening, eligibility, recruitment, data completeness, adherence to follow-up, adverse events and protocol deviations in the form of central monitoring reports generated approximately monthly.

8.3 Trial Steering Committee and Data Monitoring and Safety Committee

An independent Trial Steering Committee (TSC) will be established to oversee the conduct of the study. It is anticipated that the TSC will comprise the CI and co-lead investigator, an independent chair and at least two additional independent members, at least one of whom will be a patient/public representative. The TSC will develop terms of reference outlining their responsibilities and operational details. The TSC will meet before recruitment begins and regularly (at intervals to be agreed by the TSC but a minimum of once per year) during the course of the study.

An independent DMSC will be established to review safety data during the course of the study and will advise on interim analyses. The DMSC will develop a charter outlining their responsibilities and operational details. The DMSC will meet (before or jointly with the TSC) before the trial begins and they will meet regularly thereafter (at intervals to be agreed by the DMSC but a minimum of once per year). Stopping rules for the trial will be discussed at the first DMSC meeting, and decisions documented in the DMSC Charter.

9. Safety reporting

SAEs and AEs will be recorded and reported in accordance with GCP guidelines and BTC CTEU's Serious Adverse Events and Safety Reporting Standard Operating Procedure (SOP-GE-012) (see Figure 2).

Expected events are those associated with adalimumab and are listed in the SmPC (see section 9.1 and Appendix 1). Events that are fatal or life threatening will follow the same reporting procedure as for unexpected events.

All AEs will be recorded on CRFs. The investigator will notify all SAEs to the Bristol Trials Centre within 24 hours of knowledge of the event. The Bristol Trials Centre will report all SAEs to the Sponsor within 24 hours of being notified of the event by the investigator. If the event is expected or is unexpected but not causally related to the intervention, the Bristol Trials Centre will report to the REC, MHRA and DMSC at least annually. If the event is unexpected and

causally related to the intervention (suspected unexpected serious adverse reaction (SUSAR)) reporting will be expedited according to the schedule in Figure 2; the Sponsor will report to the MHRA and the Bristol Trials Centre will report to the REC and the DMSC.

In the event that personnel from Healthcare at Home Ltd are made aware of an adverse event they will report the event to the prescribing investigator according to their standard operating procedure. The investigator will then follow the safety reporting schedule in Figure 2.

The Sponsor delegates assessment of expectedness and relatedness to the investigator but will also review each reported SAE and confirm this assessment.

For all SAEs that are ongoing at the time of the initial report, the participant will be actively followed up, and the investigator (or delegated person) will provide a follow-up report within five working days after the initial report and further follow-up reports as new information becomes available until the SAE has resolved.

Elective surgery or intervention(s) during the trial that were planned prior to recruitment to the trial will not be reported as an SAE.

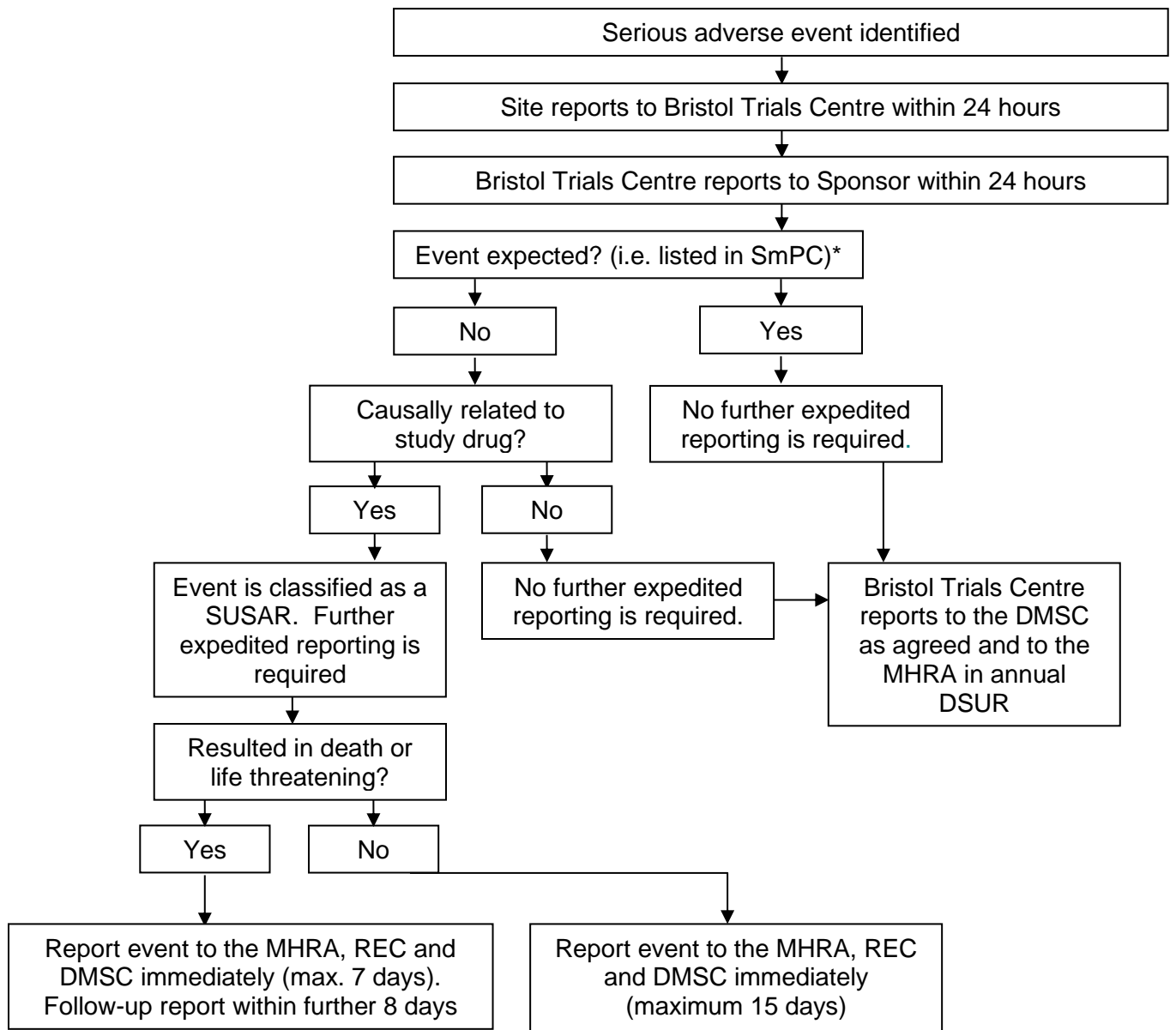
9.1 Expected adverse events associated with the study medication

The SmPC for Imraldi™ 40mg solution for injection in using pre-filled pen (Biogen GmbH) dated 12-September-2019 forms the reference safety information and is approved by the MHRA for this trial.

Any updates made to the SmPC will be reviewed by the CI and, in consultation with the Sponsor, a decision made whether the updated document will be submitted to the MHRA for use as the RSI for the trial.

9.2 Period for recording serious adverse events

Data on AEs will be collected from the start of the TRI (consented and confirmed eligible to participate in the trial) until 1) the end of the TRI for participants who do not respond and leave the trial at this stage or, 2) the end of the follow-up period in the RCT for all participants who respond and progress into the RCT.



***NB** – if the event was fatal or life threatening, should follow the same reporting procedure as for unexpected events.

Figure 2 Serious adverse event reporting flow chart

10. Ethical considerations

10.1 Review by an NHS Research Ethics Committee

The research will be performed subject to a favourable opinion from an NHS REC and Health Research Authority (HRA) approval, including any provisions of a non-NHS site assessment form. Ethics review of the protocol for the trial and other trial related essential documents (e.g. PIL and consent form) will be carried out by a UK NHS REC. Any subsequent amendments to these documents will be submitted to the REC and HRA for approval prior to implementation.

10.2 Risks and anticipated benefits

For patients who are not eligible for adalimumab under NICE guidance, the main benefit of participation is the provision of adalimumab for the period of the TRI and, if classified as a responder conditional randomization, subsequently in the RCT. For patients who are eligible for adalimumab under NICE guidance, the main benefit will be knowing more accurately whether they are responders or not and further contributing to the UK cohort of safety and tolerability (which is being maintained for the benefit of all patients being treated with adalimumab).

For patients who are eligible for adalimumab under NICE guidance, the main risk of participation is potential permanent damage from ANIU if a participant is allocated to placebo after being classified as a responder. However, the risk is low as patients with the highest risk of deterioration (e.g. patients with Behcet's disease) will not be included in the study and follow-up visits are frequent enough that treatment failure should be identified before any permanent damage occurs. For all participants, there is also a potential risk of a serious adverse reaction from adalimumab, although such events are rare.

10.3 Informing potential study participants of possible benefits and known risks

Information about possible benefits and risks of participation will be described in the PIL.

10.4 Obtaining informed consent from participants

All participants will be required to give written informed consent. This process, including the information about the trial given to patients in advance of recruitment, is described above in section 6.9.

The PI or members of the team delegated by the PI will be responsible for obtaining informed consent. The consent process will be described in detail in the Trial Manual. Research personnel authorised to obtain consent will be recorded on the Delegation of Responsibilities Log. All individuals obtaining informed consent will have received GCP training. Potential study subjects will be fully apprised of potential risks and benefits of study participation and will be provided with detailed study information prior to written informed consent being sought.

10.5 Co-enrolment

Subject to agreement with the Chief Investigator, a participant may be co-enrolled to a non-intervention study as well as to the ASTUTE trial. A participant must not be co-enrolled to another intervention study.

11. Research governance

This study will be conducted in accordance with:

- The Medicine for Human Use (Clinical Trial) Regulations 2004
- Good Clinical Practice (GCP) guidelines
- UK Policy Framework for Health and Social Care Research

- European Union Directive 2001/20/EC on clinical trials

11.1 Sponsor approval

Any amendments to the trial documents must be approved by the sponsor prior to submission to the REC, HRA and MHRA (if applicable).

11.2 NHS confirmation of capacity and capability

Confirmation of capacity and capability is required prior to the start of the trial at each participating site.

Any amendments to the trial documents approved by the REC, HRA and MHRA (if applicable) will be submitted to participating sites for information and implementation, as required.

11.3 Investigators' responsibilities

Investigators will be required to ensure that local research approvals have been obtained and that any contractual agreements required have been signed off by all parties before recruiting any participant. Investigators will be required to ensure compliance to the protocol and study manual and with completion of the CRFs. Investigators will be required to allow access to study documentation or source data on request for monitoring visits and audits performed by the Sponsor or BTC CTEU or any regulatory authorities.

Investigators will be required to read, acknowledge and inform their trial team of any amendments to the trial documents approved by the REC, HRA and MHRA (if applicable) that they receive and ensure that the changes are complied with.

11.4 Monitoring by sponsor

The study will be monitored and audited in accordance with University Hospitals Bristol's Monitoring and Oversight of Research Activity SOP, which is consistent with the UK Policy Framework for Health and Social Care Research and the Medicines for Human Use (Clinical Trials) Regulations 2004. All study related documents will be made available on request for monitoring and audit by the sponsor (or BTC CTEU if they have been delegated to monitor see 8.2.2), the relevant REC and for inspection by the HRA, MHRA or other licensing bodies. A monitoring plan will be prepared by the Sponsor.

11.5 Indemnity

This is an NHS-sponsored research study. For NHS sponsored research if there is negligent harm during the clinical trial when the NHS body owes a duty of care to the person harmed, NHS Indemnity covers NHS staff, medical academic staff with honorary contracts, and those conducting the trial. NHS Indemnity does not offer no-fault compensation and is unable to agree in advance to pay compensation for non-negligent harm. Ex-gratia payments may be considered in the case of a claim.

11.6 Clinical Trial Authorisation

Imraldi™ is classed as an investigational medicinal product and a Clinical Trial Authorisation from the MHRA must be in place before starting the trial.

12. Data protection and participant confidentiality

12.1 Data protection

Data will be collected and retained in accordance with the UK Data Protection Act 2018 and General Data Protection Regulation (GDPR) 2016.

12.2 Data handling, storage and sharing

12.2.1 Data handling

The ASTUTE study team will provide the Sponsor with a Data Management Plan prior to the study opening to recruitment.

Data will be entered into a purpose-designed server database hosted on the NHS network. Information capable of identifying individuals and the nature of treatment received will be held in the database with passwords restricted to ASTUTE study staff at the participating site and the co-ordinating centre. Information capable of identifying participants will not be made available in any form to those outside the study. The database and randomisation system will be designed so as to protect patient information in line with data protection legislation. Trial staff will ensure that the participants' anonymity is maintained through protective and secure handling and storage of patient information at participating sites and in accordance with ethics approval. All documents will be stored securely and only accessible by trial staff and authorised personnel. Data will be collected and retained in accordance with data protection legislation.

Access to the database will be via a secure password-protected web-interface. Study data transferred electronically to the University of Bristol network for statistical analyses will be pseudonymised and transferred via a secure network. The participants will be identified using their name and unique study identifier on the secure NHS hosted database. Data will be entered promptly and data validation and cleaning will be carried out throughout the trial. The trial manual will cover database use, data validation and data cleaning. The manual will be available and regularly maintained.

12.2.2 Data storage

All study documentation will be retained in a secure location during the conduct of the study and for 15 years after the end of the study, when all patient identifiable paper records will be destroyed by confidential means. Where trial related information is documented in the medical records, these records will be identified by a label bearing the name and duration of the trial and clearly stating the 'do not destroy before' date. Where electronic records are in use, local site policy will be followed. In compliance with the MRC Policy on Data Sharing, relevant 'meta'-data about the trial and the full dataset, but without any participant identifiers other than the unique participant identifier, will be held indefinitely (University of Bristol server).

12.2.3 Data sharing

Data will not be made available for sharing until after publication of the main results of the study. Thereafter, anonymised individual patient data will be made available for secondary research, conditional on assurance from the secondary researcher that the proposed use of the data is compliant with the MRC Policy on Data Sharing regarding scientific quality, ethical requirements and value for money. A minimum requirement with respect to scientific quality will be a publicly available pre-specified protocol describing the purpose, methods and analysis of the secondary research, e.g. a protocol for a Cochrane systematic review. The second file containing patient identifiers would be retained on a secure NHS server for 15 years for record linkage or a similar

purpose, subject to confirmation that the secondary research protocol has been approved by a UK REC or other similar, approved ethics review body. Patient identifiers would not be passed on to any third party.

13. Dissemination of findings

The findings will be disseminated by usual academic channels, i.e. presentation at international meetings, as well as by peer-reviewed publications and through patient organisations and newsletters to patients, where available.

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15. Amendments to protocol

Amendment number (i.e. REC and/or MHRA amendment number)	Previous version	Previous date	New version	New date	Brief summary of change	Date of ethical approval (or NA if non-substantial)

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16. Appendix 1

Approved SmPC – this will be attached in the pdf version of the protocol