

Site ID code:

Treatment log – Session 1

Participants Study Number:

Participant Initials:

	С	К	_	X	X		1	0	0	0	1			X	X	X		
	DOB: 01/Jan/19XX Principal Investigator: Name Here												Da	te 01	/Jan	<u> 2016</u>		
Assess	ment a	and Ad	ivb	ce														
•	CORKA assessment form completed?											Ye	s 🗆 I	No 🗆				
•	Information booklet given?											Ye	s 🗆 1	√о □				
•	Participant treatment diary given out?											Ye	s 🗆 I	No 🗆				
•	Participant has completed the goal setting page of diary?											Ye	s 🗆 I	No 🗆				
Task p	ractio	e																
•	1-3 Tasks identified from assessment?											Ye	s □ 1	No □				
•	Tasks practiced											Ye	s 🗆 1	No □				
•	Advice and pointers for tasks recorded in patient diary											У	Ye	s 🗆 I	No □			
Range	of me	oveme	en	t														
•	Participant given a knee flexion exercise (section 1)?												Ye	s 🗆 1	No □			
•	Participant given a knee extension exercise (section 2)?)?	Yes □ No □					
Basic (Quadr	iceps	St	rengt	heni	ing												
•	Basic quadriceps strength exercise given (section 3)?												Yes □ No □					
Streng	theni	ng ex	er	cise														
•	Participant given quadriceps exercise (section 4)?												Ye	s □ 1	No □			
•	Participant given hamstrings exercise (section 5)?												Ye	s 🗆 1	No □			



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			Site ID	code:	Particip	ants Stud	ly Numb	er:		_	Partic	_		
	С	К	_ X	X	1	0	0	0	1		Х	x	X	
	DOB:	01/J	an/ 19	XX	Princ	ipal Inv	estiga/	ator: <u>N</u>	Name I	Here) ate 01	./ Jan	<u>, 2016</u>
•	Parti	icipant	given	,	Yes □	l No □]							
•	Parti	icipant	t given	,	Yes □ No □									
•	All e	xercise	es recoi	,	Yes□	l No □								
Static	Balan	ce												
•	Stati	c balaı	nce exe	ercise	(sectio	n 8)?					Yes □	l No □]	
Gait Sl	kills													
•	Parti	icipant	t starte	d on g	ait skil	ls exer	cise (s	sectio	n 9)?	,	Yes □	No □		
Additi	onal e	exercis	ses											
•	-		onal ex		s given	l				,	Yes □	l No □	l	
•	If so	what	exercis	es?				-						
Was th	ne par	ticipaı	nt disch	arged	l?					,	Yes□	l No □		
Notes														
Name							_							
Signat	ure													