# Adults with vitiligo semi-structured interview schedule

## 1. Why did you decide to take part in the HI-light trial?

- What treatments had you tried before you took part in the HI-light study?
- What were you hoping to get from the trial?
- How did you find out about the trial (probe route primary, secondary, and direct advertising)

## 2. Can you tell me about how you found it taking part the Hi-light study?

- How did you find fitting the treatments into your life?
- How did you find getting to the hospital for the follow-up visits?

#### 3. How did you get on with the treatments?

- Do you think the treatments worked?
- Were the photos useful to tell if there had been any change?
- Did you expect the treatments to work more quickly than they did or was it as you expected?
- If appropriate what made you think XXX had the dummy / real light / ointment?
- Did you treat all your patches or just one?
- Did you feel able to follow the treatment plan that you were given *light (alternate days) and ointment (daily for alternate weeks)*?
- What help did your partner have to give?
- Did using both treatments over the same time cause any problems? Did you get mixed up with which days you should be using which treatment? Was the handbook/diary helpful? Were the photos helpful in assessing whether it was worked?
- How did you find leaving a gap between the ointment and the light treatment? Would it have been easier if you had been advised to do one in the morning and the other in the evening?
- Was there anything you particularly liked about either of the treatments?
- Anything you particularly disliked?
- Did you feel differently about the patches on different areas of your body?
- *If appropriate:* Why did you choose to treat extra patches? Did you continue to treat these all the way to the end?
- Why did you to decide to stop using the study treatments / leave the study? <u>OR</u> Were you ever tempted to stop either of the treatments?
  - i. Why?
  - ii. What was it that kept you going (probe belief it will work / seeing it had worked, or in a trial)?

## 4. How did you get on with using the light treatment?

- Did you feel confident in using it once you got home?
- What did you think of the information you were given about how to use the light? *Explanation by the nurse / video / handbook*
- Did you need to ask the nurse or doctor anything after you had got home?
- *If appropriate* how did you find doing the light therapy at home compared to going to the hospital for it?

#### 5. Did you have any problems with using the light treatment?

- Did you get any redness? If yes: What did you do about it? Were the instructions clear?
- If had to start again with the treatment? What did you think about having to start right back at the beginning of the treatment schedule?
- Did you have to miss treatments for any reason other than redness?
- Did you have to stop treating any patches completely during the study? *If yes,* why?
- Were you able to do the light treatment yourself or did anyone else help you with it? Why, how often, just certain patches?
- Did you have any problems with the light device itself?
- How would you feel if you had been given the treatments but you didn't have regular visits to the hospital to check on his/her progress like you did in the trial?
- How did you feel about giving the light device back at the end of the trial?
- (Did you buy a machine yourself? / use some elses if mentioned)
- If home light devices like the one you used in the trial were available on the NHS would you be willing to pay towards the cost?

## 6. How did you find using the ointment?

- Did you have any problems?
- How long did it take you to apply the ointment?
- 7. Is there anything else you want to tell me about the trial, or anything else you think would be useful for other parents with vitiligo to know if they were using these treatments?

# Parents of children with vitiligo; semi-structured interview schedule

## 1. Why did you decide to take part in the HI-light trial?

- a. What treatments had \_\_\_\_\_\_tried before you took part in the HI-light study?
- b. What were you hoping to get from the trial?

# 2. How did you and \_\_\_\_\_ find taking part the Hi-light study?

## Prompts (if needed)

- How did you find fitting the light treatment into your lives?
- What was it like getting \_\_\_\_\_\_ to sit still to have the light treatment?
- What did you do to stop \_\_\_\_\_ getting bored?
- How did you find getting to the hospital for the follow-up visits?

## 3. How did you and \_\_\_\_\_ get on with using the treatments?

- Do you think the treatments worked?
- Did you feel able to follow the treatment plan that you were given *light (alternate days) and ointment (daily for alternate weeks)*?
- What did you and \_\_\_\_\_ or like about the treatments?
- Anything you and \_\_\_\_ particularly disliked?
- Did using both treatments over the same time cause any problems? Did you get mixed up with which days you should be using which treatment? Was the handbook/diary helpful?
- How did you find leaving a gap between the ointment and the light treatment? Would it have been easier if you had been advised to do one in the morning and the other in the evening?
- Did you and \_\_\_\_\_\_ feel differently about the patches on different places?
- Were you ever tempted to stop either of the treatments?
  - Reason why?
  - What was it that kept you going (belief it will work or in a trial)?
- Did you expect the treatments to work more quickly than they did or was it as you expected?

# 4. Just thinking about the light treatment now, how did you feel about using the light at home?

## Prompts (if needed)

- Did you feel confident in using it?
- What did you think of the information you were given about how to use the light? *Explanation by the nurse / video / handbook*
- Did you need to ask the nurse or doctor anything after you had got home?

## 5. Did you have any problems with using the light treatment?

## Prompts (if needed)

- Did \_\_\_\_ get any redness? If yes: What did you do about it? Were the instructions clear?
- If had to start again with the treatment? What did you think about having to start right back at the beginning of the treatment schedule?
- Did have to miss treatments for any reason other than redness?
- Did you have to stop treating any patches completely during the study? If yes, why
- Did you have any problems with the device itself?

- How would you feel if \_ \_ had been given the treatments but you didn't have regular visits to the hospital to check on his/her progress like you did in the trial?
- How did you feel about giving the light device back at the end of the trial?
- Did you buy a machine yourself?
- 6. How did you find using the ointment?
  - a. Problems?
- 7. Is there anything else you want to tell me about the trial, or anything else you think would be useful for other parents with vitiligo to know if they were using these treatments?

# Parents of young children with vitiligo + child semi-structured Interview schedule

- 1. How did you and \_\_\_\_\_ find taking part the Hi-light study?
- Did you treat all your patches or just one?
- Do you think the treatments worked?
- (Is that why you stopped using the treatment before 9 months?)
- How did you find fitting the light treatment into your lives?
  - Did you have a routine for applying the treatments?
  - \_\_\_\_\_ what did you think? What was it like sitting still to have the light treatment? What did you do to stop getting bored?
- Who held the light device?
- Who applied the ointment?
- What did you both like about the treatments?
- Anything you particularly disliked?
- Were either of you ever tempted to stop either of the treatments?
  - Reason why?
  - What was it that kept you going (*belief it will work or in a trial*)?
- Did you expect the treatments to work more quickly than they did or was it as you expected?

## Ask if child has had enough – welcome to stay or go

- 2. Why did you decide to take part in the HI-light trial?
  - What treatments had \_\_\_\_\_\_tried before you took part in the HI-light study?
  - What were you hoping to get from the trial?
  - How did you find getting to the hospital for the follow-up visits? Time off school ok?

#### Going back to the treatments

- Were you able to follow the treatment plan that you were given *light (alternate days) and ointment (daily for alternate weeks)*?
- Did using both treatments over the same time cause any problems? Did you get mixed up with which days you should be using which treatment? Was the handbook/diary helpful?

- How did you find leaving a gap between the ointment and the light treatment? Would it have been easier if you had been advised to do one in the morning and the other in the evening?
- Did you and \_\_\_\_\_\_ feel differently about the patches on different places?

## 3. Just thinking about the light treatment, did you feel confident using the light at home?

- What did you think of the information you were given about how to use the light? *Explanation by the nurse / video / handbook*
- Did you need to go back to ask the nurse or doctor anything after you had got home?
- *If had hospital light treatment before* how did you find doing the light therapy at home compared to taking \_\_\_\_\_\_ to the hospital for it?

## 4. Did you have any problems with using the light treatment?

- Did \_\_\_\_\_ get any redness? *If yes*: What did you do about it? Were the instructions clear?
- *If had to start again with the treatment*? What did you think about having to start right back at the beginning of the treatment schedule?
- Did \_\_\_\_\_\_ have to miss treatments for any reason other than redness?
- Did you have to stop treating any patches completely during the study? If yes, why?
- Did you have any problems with the device itself?
- How would you feel if \_\_\_\_\_\_ had been given the treatments but you didn't have regular visits to the hospital to check on his/her progress like you did in the trial?
- How did you feel about giving the light device back when you had finished?
- Did you buy a machine yourself?
- 5. Did you have any problems using the ointment?
- 6. Is there anything else you want to tell me about the trial, or anything else you think would be useful for other parents with vitiligo to know if they were using these treatments?