

## SHARPS – Debrief sheet for intervention participants

### **Supporting Harm Reduction through Peer Support (SHARPS)**

#### **Participant Debrief Sheet (Intervention participants in Scotland –Setting name)**

##### **Information about the study**

Thank you for participating in the intervention. We hope you have enjoyed working with the Peer Navigator and feel like you've benefitted from being involved. The Peer Navigator will have spent time making sure you're confident accessing or knowing where to find different types of support or service, and doing this by yourself. However, we know that you have spent a lot of time working with and getting to know the Peer Navigator. Although you may have been preparing for this support coming to an end, we understand this can still be difficult and upsetting.

You can speak to the PN about how you're feeling. You can also speak to a member of the research team or member of staff in the service- the Study Lead and Service Manager's contact details are at the end of this sheet. Staff in your service can also help you to get in touch with outside organisations to get some independent support if you'd like that. Details of some of these are provided below.

##### **Who do I contact for more support?**

Samaritans ☎116 123

Breathing Space ☎0800 83 85 87

Saneline ☎0300 304 7000

Rape Crisis Scotland ☎08088 01 03 02

Scottish Domestic Abuse ☎0800 027 1234

Edinburgh Rape Crisis Centre ☎0131 556 9437

Mental Welfare Commission for Scotland ☎0131 313 8777

Advice Direct Scotland ☎0808 800 9060

The Access Practice ☎0131 240 2810

Shelter Scotland Housing Advice ☎0808 800 4444

Victim Support Scotland ☎0345 603 9213

City of Edinburgh Council Social Care Direct ☎0131 200 2324

##### **Who else can I contact?**

If you have any questions or concerns about the SHARPS study, you can contact:

Contact details provided.