



PIMMS-WL Trial Telephone Screening Case Report Form

Section 1: Participant Information Sheet

Have you received a participant information sheet (PIS)? Yes ☐ No ☐

If **YES**, please continue to **section 2** below. If **NO**, do not complete the rest of this form. Collect the address from the potential participant and advise them to call again once they have received and read the PIS.

Section 2: GP Details

Name of Participant's GP Practice: _____

If a GP Practice is not listed, explain that their GP practice is not participating in this particular study so you are not able to continue entering them into the study. Do **NOT** continue to section 3.

Section 3: Telephone Script and Verbal Consent from Potential Participants

Thank you for calling to find out more about our research study. My name is <<Your Name>>, and I am a researcher at the University of Birmingham. The purpose of the PIMMS-WL trial is to evaluate two different methods of helping women to lose weight after having a baby. We will be following new mums like you for three months to determine if the information and support we give helps women lose weight.

All that is required from you is to attend your baby's immunisation appointments at your GP practice and agree to meet with one of our researchers in your home.

There are two home visits, approximately 3 months apart; at the first visit you will be asked to complete a consent form and your height, weight and body fat will be measured to check whether you are eligible for the study; your weight and body fat will be measured again at the second visit (3 months later). At both visits, you will be asked some simple questions and asked to complete a questionnaire booklet. You may then be asked whether you would be interested in taking part in an interview to find out how you felt about taking part in the study.

Do you have any questions or does that sound ok so far?

Now that you have a basic understanding of the study, do you think you might be interested in participating? Yes ☐ No ☐

If **NO**, thank and end call.

If **YES**,

Before going any further, I need to ask you a few questions about yourself to check whether there is anything that may exclude you from taking part in the study. Remember, your participation is voluntary; you do not have to complete these questions. Feel free to stop me at any time if you have any questions or concerns. Do I have your permission to ask you these questions and make a note of the answers please?

Researcher must sign below to indicate they have gained verbal consent to record the information provided by the caller as documented in this screening CRF.

Print Name: _____

Signature: _____

Date

D	D	M	M	M	Y	Y	Y	Y
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Section 4: Information about the PIMMS-WL Trial

How did you hear about the PIMMS-WL trial? (**Tick all that apply**)

Flyer in the post from GP practice	<input type="checkbox"/>	Flyer in the GP practice	<input type="checkbox"/>
Poster in the GP practice	<input type="checkbox"/>	Letter and PIS from Birmingham Women's Hospital	<input type="checkbox"/>
Letter and PIS from GP practice	<input type="checkbox"/>	PIMMS-WL researcher in the GP practice	<input type="checkbox"/>
Other	<input type="checkbox"/>	If other, please specify: _____	

Section 5: Telephone Screening of Potential Participants

Entry Criteria

Note: All of the following entry criteria must be ticked in unshaded boxes to be eligible

1. Are you aged 18 years or more?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>				
2. Have you given birth at least 4 weeks previously?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>				
3. Are you planning to have child immunised within the National immunisation programme?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>				
4. Have you attended your child's first immunisation appointment?	Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>				
5. Are you currently attending a weight loss programme or participating in a weight management research study?	Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>				
6. Are you willing to give consent to notify your GP of your participation in the study?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>				
7. Are you able to understand and speak English sufficiently to give informed consent and complete some health questionnaires?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>				
8. Height:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>	cm
9. Weight:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>	kg
10. BMI	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>	kg/m ²
= $\frac{\text{Weight (kg)}}{\text{Height x Height (m}^2\text{)}}$								
11. BMI $\geq 25\text{kg/m}^2$?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>				
12. Is the participant eligible at this stage?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>				

If **yes**, continue to section 6 overleaf.

If **no**, thank the participant for their interest and do not complete the rest of this CRF. **Please complete section 9 overleaf**

Section 6: Participant Details

1. Trial Number:

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2. Participant Date of Birth

D	D	M	M	M	Y	Y	Y	Y
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3. Forename (s): _____
4. Surname: _____
5. Address: _____
6. Postcode:

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7. Home Telephone Number:

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8. Mobile Phone Number:

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9. Email Address: _____
10. Main Language Spoken: _____
11. Baby Age _____ weeks

Section 7: Baseline Visit Details

1. Date of Baseline Visit

D	D	M	M	M	Y	Y	Y	Y
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2. Time of Baseline Visit

H	H	M	M
---	---	---	---
3. Name of Researcher Attending _____

Section 8: Form Completed By:

Print Name: _____

Signature: _____

Date

D	D	M	M	M	Y	Y	Y	Y
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FOR TRIALS OFFICE USE ONLY:

Treatment Allocation:

Usual Care

☐

Intervention

☐

Received:

Checked:

Entered:

Date:

Initials:

Date:

Initials:

Date:

Initials:

Weight Conversion Chart – Kilograms to Stones and Pounds

Kg	St. lbs	Kg	St. lbs	Kg	St. lbs	Kg	St. lbs	Kg	St. lbs
38.55kg	6st 1lb	57.60kg	9st 1lb	76.65kg	12st 1lb	95.70kg	15st 1lb	114.7kg	18st 1lb
39.00kg	6st 2lb	58.05kg	9st 2lb	77.11kg	12st 2lb	96.16kg	15st 2lb	115.2kg	18st 2lb
39.46kg	6st 3lb	58.51kg	9st 3lb	77.56kg	12st 3lb	96.61kg	15st 3lb	115.6kg	18st 3lb
39.91kg	6st 4lb	58.96kg	9st 4lb	78.01kg	12st 4lb	97.06kg	15st 4lb	116.1kg	18st 4lb
40.36kg	6st 5lb	59.42kg	9st 5lb	78.47kg	12st 5lb	97.52kg	15st 5lb	116.5kg	18st 5lb
40.82kg	6st 6lb	59.87kg	9st 6lb	78.92kg	12st 6lb	97.97kg	15st 6lb	117.0kg	18st 6lb
41.27kg	6st 7lb	60.32kg	9st 7lb	79.37kg	12st 7lb	98.42kg	15st 7lb	117.4kg	18st 7lb
41.73kg	6st 8lb	60.78kg	9st 8lb	79.83kg	12st 8lb	98.88kg	15st 8lb	117.9kg	18st 8lb
42.18kg	6st 9lb	61.23kg	9st 9lb	80.28kg	12st 9lb	99.33kg	15st 9lb	118.3kg	18st 9lb
42.63kg	6st 10lb	61.68kg	9st 10lb	80.73kg	12st 10lb	99.79kg	15st 10lb	118.8kg	18st 10lb
43.09kg	6st 11lb	62.14kg	9st 11lb	81.19kg	12st 11lb	100.2kg	15st 11lb	119.2kg	18st 11lb
43.54kg	6st 12lb	62.59kg	9st 12lb	81.64kg	12st 12lb	100.6kg	15st 12lb	119.7kg	18st 12lb
43.99kg	6st 13lb	63.04kg	9st 13lb	82.10kg	12st 13lb	101.1kg	15st 13lb	120.2kg	18st 13lb
44.45kg	7st 0lb	63.50kg	10st 0lb	82.55kg	13st 0lb	101.6kg	16st 0lb	120.6kg	19st 0lb
44.90kg	7st 1lb	63.95kg	10st 1lb	83.00kg	13st 1lb	102.0kg	16st 1lb	121.1kg	19st 1lb
45.35kg	7st 2lb	64.41kg	10st 2lb	83.46kg	13st 2lb	102.5kg	16st 2lb	121.5kg	19st 2lb
45.81kg	7st 3lb	64.86kg	10st 3lb	83.91kg	13st 3lb	102.9kg	16st 3lb	122.0kg	19st 3lb
46.26kg	7st 4lb	65.31kg	10st 4lb	84.36kg	13st 4lb	103.4kg	16st 4lb	122.4kg	19st 4lb
46.72kg	7st 5lb	65.77kg	10st 5lb	84.82kg	13st 5lb	103.8kg	16st 5lb	122.9kg	19st 5lb
47.17kg	7st 6lb	66.22kg	10st 6lb	85.27kg	13st 6lb	104.3kg	16st 6lb	123.3kg	19st 6lb
47.62kg	7st 7lb	66.67kg	10st 7lb	85.72kg	13st 7lb	104.7kg	16st 7lb	123.8kg	19st 7lb
48.08kg	7st 8lb	67.13kg	10st 8lb	86.18kg	13st 8lb	105.2kg	16st 8lb	124.2kg	19st 8lb
48.53kg	7st 9lb	67.58kg	10st 9lb	86.63kg	13st 9lb	105.6kg	16st 9lb	124.7kg	19st 9lb
48.98kg	7st 10lb	68.03kg	10st 10lb	87.08kg	13st 10lb	106.1kg	16st 10lb	125.1kg	19st 10lb
49.44kg	7st 11lb	68.49kg	10st 11lb	87.54kg	13st 11lb	106.5kg	16st 11lb	125.6kg	19st 11lb
49.89kg	7st 12lb	68.94kg	10st 12lb	87.99kg	13st 12lb	107.0kg	16st 12lb	126.0kg	19st 12lb
50.34kg	7st 13lb	69.39kg	10st 13lb	88.45kg	13st 13lb	107.5kg	16st 13lb	126.5kg	19st 13lb
50.80kg	8st 0lb	69.85kg	11st 0lb	88.90kg	14st 0lb	107.9kg	17st 0lb	127.0kg	20st 0lb
51.25kg	8st 1lb	70.30kg	11st 1lb	89.35kg	14st 1lb	108.4kg	17st 1lb	127.4kg	20st 1lb
51.70kg	8st 2lb	70.76kg	11st 2lb	89.81kg	14st 2lb	108.8kg	17st 2lb	127.9kg	20st 2lb
52.16kg	8st 3lb	71.21kg	11st 3lb	90.26kg	14st 3lb	109.3kg	17st 3lb	128.3kg	20st 3lb
52.61kg	8st 4lb	71.66kg	11st 4lb	90.71kg	14st 4lb	109.7kg	17st 4lb	128.8kg	20st 4lb
53.07kg	8st 5lb	72.12kg	11st 5lb	91.17kg	14st 5lb	110.2kg	17st 5lb	129.2kg	20st 5lb
53.52kg	8st 6lb	72.57kg	11st 6lb	91.62kg	14st 6lb	110.6kg	17st 6lb	129.7kg	20st 6lb
53.97kg	8st 7lb	73.02kg	11st 7lb	92.07kg	14st 7lb	111.1kg	17st 7lb	130.1kg	20st 7lb
54.43kg	8st 8lb	73.48kg	11st 8lb	92.53kg	14st 8lb	111.5kg	17st 8lb	130.6kg	20st 8lb
54.88kg	8st 9lb	73.93kg	11st 9lb	92.98kg	14st 9lb	112.0kg	17st 9lb	131.0kg	20st 9lb
55.33kg	8st 10lb	74.38kg	11st 10lb	93.44kg	14st 10lb	112.4kg	17st 10lb	131.5kg	20st 10lb
55.79kg	8st 11lb	74.84kg	11st 11lb	93.89kg	14st 11lb	112.9kg	17st 11lb	131.9kg	20st 11lb
56.24kg	8st 12lb	75.29kg	11st 12lb	94.34kg	14st 12lb	113.3kg	17st 12lb	132.4kg	20st 12lb
56.69kg	8st 13lb	75.74kg	11st 13lb	94.80kg	14st 13lb	113.8kg	17st 13lb	132.9kg	20st 13lb
57.15kg	9st 0lb	76.20kg	12st 0lb	95.25kg	15st 0lb	114.3kg	18st 0lb	133.3kg	21st 0lb

