

Weight record card



PIMMS-WL Trial Weight Record Card

PIMMS-WL

Trial No:

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2 Month Immunisation Appointment (please circle responses)

Date	Mother weighed before or after immunisation			Mother's Weight (kg)	Reminded about POWER		Weekly self-weighing	
D D M M M Y Y Y Y	Before	After	Declined		Yes	No	Yes	No
	Did not attend							

3 Month Immunisation Appointment (please circle responses)

Date	Mother weighed before or after immunisation			Mother's Weight (kg)	Reminded about POWER		Weekly self-weighing	
D D M M M Y Y Y Y	Before	After	Declined		Yes	No	Yes	No
	Did not attend							

4 Month Immunisation Appointment (please circle responses)

Date	Mother weighed before or after immunisation			Mother's Weight (kg)	Reminded about POWER		Weekly self-weighing	
D D M M M Y Y Y Y	Before	After	Declined		Yes	No	Yes	No
	Did not attend							

Weighing Record Card

Week	Weight (kg)	I feel..... (see faces below & enter relevant number)
Week 1		
Week 2		
Week 3		
Week 4		
Week 5		
Week 6		
Week 7		
Week 8		

Week	Weight (kg)	I feel (see faces below & enter relevant number)
Week 9		
Week 10		
Week 11		
Week 12		
Week 13		
Week 14		
Week 15		
Week 16		

1. Delighted	2. Happy	3. Alright	4. Disappointed	5. Upset