Topic guide for interviews (E-PAtS Facilitators)

Early Positive Approaches to Support (E-PAtS) for families of young children with intellectual disability: Feasibility study

Topic guide for process evaluation interviews with E-PAtS facilitators

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Information and consent

- Has interviewee read the participant information sheet?
- Does interviewee understand purpose of interview?
- Assurance of confidentiality and anonymity
- Any questions?
- Happy for interview to be recorded on digital voice recorder?
- Happy to sign consent form?

Participant background

- Professional role (if appropriate)
- Experience of delivery of family/group-based programmes or training in these approaches?
- How did you become involved in the E-PAtS programme?

Facilitator training

- Can you tell me about the training you received to become an E-PAtS facilitator?
- Aims of the E-PAtS programme?

Recruitment of participants to the E-PAtS programme / research study

- Can you tell me about how caregivers were recruited?
- Were you involved in recruitment? If so, how?
- Strengths/limitations of recruitment strategies in reaching: mothers/fathers?; families with differing levels of need?
- Acceptability of research design to: caregivers; facilitators; agencies/practitioners involved in recruitment?

Delivery of the E-PAtS programme sessions

- Can you tell me about your experience of delivering the E-PAtS sessions?
    - *Experience of professional/caregiver co delivery*
    - *Factors affecting achieving the correct number/mix of facilitators*
- Delivery of activities
    - *Factors affecting whether activities could be delivered as intended*
    - *Adaptations made to the programme to meet participants' needs*
- Response of care givers:
    - *engagement in activities and intervention messages (including whether this differed for mothers/fathers)*
    - *factors affecting attendance*
    - *group dynamics and how these were managed*
    - *key things which caregivers learnt during the programme*

- o *Use of resources/workbook by caregivers and sharing with other family members*
- o *potential impact of E-PAtS on caregivers and their families? Key processes?*

Future plans / role of E-PatS within wider delivery systems

- Potential value of implementing E-PAtS in the future?
    - o *Distinctiveness/fit with existing services*
    - o *Availability of other services? What is 'usual practice' in the facilitator's local area for families with children with intellectual disabilities?*
    - o *Possible delivery systems/structures (e.g. who would deliver and fund the intervention)?*
    - o *Ways in which recruitment methods could be improved?*
- Have you used parts of/techniques from E-PAtS in your other work / personal life?

Final Questions

- Of all the things we have talked about today what is the most important issue?
- Have we missed anything?
- Is there anything you would like to add?