

A pilot randomised controlled trial of one-to-one befriending by volunteers for people with intellectual disabilities

Are you interested in volunteering/ befriending?



We are looking for volunteers to take part in a pilot study of befriending for people with learning disabilities

- Befriending can make a difference to the lives of people with learning disabilities, particularly as many people do not have friends or are socially isolated.
- Befriending can be a rewarding experience and may also help you to develop your confidence, skills and knowledge in working with people with learning disabilities.

Volunteers will need to be 18 years of age or older. **You will need to be able to commit at least one hour a week for six months.**

If you are interested, please contact:

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