

What to do when you have a UTI (sending samples to the central laboratory)

What you will need (items provided to you by your local research team):

1. **Blue “Safe Box”** (see picture).
2. **Red top urine sample container** (please do not tip out the powder).
3. **URINE AND PERINEAL SWAB SAMPLES SHIPMENT AND POSTAGE FORM.**
4. **UTI Record** with your ALTAR ID number written on it.



What you should do:

- Put urine sample in red top urine container and write the sample date on the container.
- Open the “SafeBox” and use the silver/white sheet to wrap the urine sample container.
- Put the wrapped urine container in the clear plastic side of the “SafeBox”.
- Tick the **‘At time of urinary tract infection’** box on the **‘URINE AND PERIANAL SWAB SAMPLES SHIPMENT AND POSTAGE FORM’**.
- Write the date of the sample on the bottom of the form.
- Put the form inside the “SafeBox” next to the clear plastic compartment.
- Place the lid of the “SafeBox” (*having removed the cardboard insert*) on top of the box.
- Push down sharply until it clicks (*this means it is now safe and cannot be opened*).
- Peel the backing from the sticky address label, fold it over the top of the “SafeBox” and stick down firmly. The laboratory address in Newcastle should already be on there.
- Post the “SafeBox” to the Newcastle Laboratory in any Royal Mail post box or post office.



Please remember to fill in your UTI Record and send it to us in the Freepost envelope after you have completed your treatment course of antibiotic.

Study number and date of completion should be written on the front of the booklet

You should also ring your research site contact now on the number below to let them know you have a UTI.

Any problems/questions/concerns please contact.....

Enter site contact details

THANK YOU

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