



ALTAR Trial Office
Newcastle Clinical Trials Unit
Newcastle University
1-4 Claremont Terrace
Newcastle upon Tyne
NE2 4AE

<< Date >>

Name
Address

Dear

ALternatives To prophylactic **Antibiotics** for the treatment of **Recurrent** urinary tract infection in women (the ALTAR Study)

Thank you for your continued participation in the ALTAR study. It is now <timepoint> months since you started the study and I am enclosing a follow-up questionnaire booklet for you to complete.

We would be very grateful if you would complete the questionnaires in the booklet as soon as you can, and within two weeks, and return it in the enclosed prepaid envelope.

It is very important to the successful outcome of the study to get as many completed questionnaires as possible to see how people are doing on the trial and for the results of the study.

If you have any questions please contact the study team on the numbers below.

Please note that ALL the information you give will be treated with the strictest confidence.

We would like to thank you very much for continuing to take part in the ALTAR trial and for completing the questionnaires, as the information you provide is very important to improving the management of women who have recurrent urinary tract infections

Yours sincerely



Clinical Trials Unit

Newcastle University
1-4 Claremont Terrace
Newcastle upon Tyne
NE2 4AE

Date:

Telephone: 0191 208 7258

Study No:

<Name>

<Address>

Dear <Name>

ALTernatives **T**o prophylactic **A**ntibiotics for the treatment of **R**ecurrent urinary tract infection in women

Thank you very much for agreeing to take part in the ALTAR Trial. We really do appreciate your help and have enclosed a £30 gift voucher as a thank you gift. As a one-off gift, this does not need to be declared for benefit or tax purposes.

As part of your participation in the trial you will be sent questionnaires through the post to complete every 3 months and these should be returned in the envelope provided. You will receive your final questionnaire 18 months from the date you joined the trial. You will soon receive your 3 month questionnaire and I will be writing to you again each time a questionnaire is due.

In the meantime if you have any queries about your participation in the trial, please do not hesitate to contact a member of the local team in charge of your care. If you have any general queries about the research please contact myself by telephone or email.

Yours sincerely

<Name>

Trial Manager

Enclosures: £30 Gift Voucher



Dear [Participant Name]

Study ID:

ALternatives To prophylactic **Ant**ibiotics for the treatment of **R**ecurrent urinary tract infection in women (The **ALTAR** study)

Chief Investigator: Mr Christopher Harding

Principal Investigator: [Name]

I am writing to thank you for your participation in the ALTAR Trial. As you know, there are various options for preventative treatment. If you wish to consider any of these in the future, you should discuss this with your **GP/Hospital Clinician**.

I wish to offer my appreciation to you for taking part in the ALTAR Trial. Once all the results are in and have been looked at we can send you a summary of the findings if you would like.

Please do not hesitate to contact either myself or the ALTAR Trial Office if you have any questions or uncertainties.

Best wishes.

Yours sincerely

ALTAR Recruitment Co-ordinator



ALTAR Trial Office
Newcastle Clinical Trials Unit
Newcastle University
1-4 Claremont Terrace
Newcastle upon Tyne
NE2 4AE

<< Date >>

<<Participant name>>

<<Participant address>>

Dear <<Participant Title & Name>>

Alternatives To prophylactic Antibiotics for the treatment of Recurrent urinary tract infection in women (the ALTAR Study)

About four weeks ago we sent you the <<timepoint>> ALTAR trial questionnaire for you to complete and so far we haven't received a completed questionnaire back from you. We would be very grateful if you could complete the questionnaire as soon as possible and send it back as it is crucial for the success of the study to know how you are getting on. Just in case I enclose another copy and paid reply envelope. If you have already returned your questionnaire - thank you and please ignore this letter.

Although some of the questions may not seem relevant to you at the moment, we would like you to try your best to complete the questionnaire fully. If you have any worries or problems in completing the questionnaire, a friend or relative may be able to help you. If still in doubt, please contact myself or one of my colleagues on [insert trial phone number] or by email to [\[trial email address\]](#)

Please note that ALL the information you give will be treated with the strictest confidence.

We would like to thank you very much for continuing to take part in the ALTAR trial and for completing the questionnaire as the information you provide is very important in helping us to find out the best way of treating women who have recurrent urinary tract infections.

Yours sincerely

Trial Managers

Chris Harding
Chief Investigator