

## **Letter of invitation – parent**

**Parent invitation letter (hospital recruitment)**

**To be printed on headed paper**

**Can we Reduce Asthma Attacks in Children using Exhaled Nitric Oxide  
measurements? (RAACENO)**

Dear Parent,

I am writing to invite you to consider agreeing to let your child {child name} take part in an asthma study called RAACENO. I enclose an information leaflet which explains what the aims of the study are and what is involved.

I will finish by reassuring you that none of your child's personal details have been shared with anyone outside the hospital.

Yours sincerely

{consultant's name}

## **Letter of invitation – young person**

**Young person invitation letter (hospital recruitment)**

**To be printed on headed paper**

**Can we Reduce Asthma Attacks in Children using Exhaled Nitric Oxide  
measurements? (RAACENO)**

Dear {child name},

I am writing to invite you to consider agreeing to take part in an asthma study. I have also enclosed a leaflet which explains what the aims of the study are and what is involved.

I will end by letting you know that your medical records have not been shared with anyone outside the hospital.

Yours sincerely

{consultant's name}

**Appointment letter - recruitment, 3m, 6m, 9m and 12m**

<b>Appointment Letter for recruitment, 3, 6, 9 and 12 month visits</b>
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**Can we Reduce Asthma Attacks in Children using Exhaled Nitric Oxide measurements? (RAACENO)**

Dear Parent,

Thank you very much to you and your child for agreeing to take part in this study. I am writing to invite you and your child to come to {clinic} at {hospital/practice} on {date} at {time}. The appointment will last approximately {time} minutes.

Please bring all of your child's inhalers with you to the appointment. If your child takes any other regular medication, please also bring this with you.

For the 3, 6, 9 and 12 month appointments only: We would be grateful if you could also bring along the inhaler logging device and the diary card with you.

Yours sincerely

{research nurse}

## **Letter of invitation – primary care**

**Parent invitation letter (primary care sites)**

**To be printed on headed paper**

**Can we Reduce Asthma Attacks in Children using Exhaled Nitric Oxide measurements? (RAACENO)**

Dear Parent,

Our practice is recruiting children aged between 6 and 15 years of age with asthma for the RAACENO study. Our records show that your child may be suitable for the study.

The RAACENO study is investigating whether measuring levels of exhaled (breathed out) nitric oxide at an asthma check-up would help doctors make better decisions about asthma treatment for children. You can read more about the study in the enclosed information sheet. If you are interested in taking part, or would like more information, please [*delete as appropriate* - return the reply slip below or contact the research team at {{contact details}}]. All of the information you give will be treated as confidential.

If you have any questions please contact the study team at {{insert contact details}}.

The study team working at the GP practice includes external NHS research nurses who help carry out the research. If you are interested in taking part in the study, they will ask for your permission to look at your child's medical records to check they would be suitable for the study.

Thank you for taking the time to consider this request.

With best wishes,



**REPLY SLIP**

**I am interested** in the RAACENO study, please contact me.

**Parent/guardian**

**name** \_\_\_\_\_ **Child's name** \_\_\_\_\_

**Home phone** \_\_\_\_\_ **Mobile phone** \_\_\_\_\_

**E-mail** \_\_\_\_\_



## **Letter of invitation - PIC**

**Parent invitation letter (PIC recruitment)**  
**To be printed on headed paper**

**Can we Reduce Asthma Attacks in Children using Exhaled Nitric Oxide  
measurements? (RAACENO)**

Dear Parent,

We are writing on behalf of {{insert PI name}} and colleagues at {{insert hospital name}}. {{PI name}} has asked us to identify children aged between 6 and 15 years of age with asthma for the RAACENO study. Our records show that your child may be suitable for the study. We have not given your name and address to the researchers.

The RAACENO study is investigating whether measuring levels of exhaled (breathed out) nitric oxide at an asthma check-up would help doctors make better decisions about asthma treatment for children. You can read more about the study in the enclosed information sheet. If you are interested in taking part, or would like more information, please [*delete as appropriate* - return the reply slip below or contact the research team at {{insert hospital name/contact details}}]. All of the information you give will be treated as confidential.

If you have any questions please contact the study team at {{insert hospital name}}  
{{insert contact details}}.

Thank you for taking the time to consider this request.

With best wishes,

The Doctors

XXX Medical Practice



**REPLY SLIP**

**I am interested** in the RAACENO study, please contact me.

**Parent/guardian**

**name**

**Child's name**

**Home phone**

**Mobile phone**

**E-mail**

**Postal address**

## **Letter to GP - recruitment**

**Letter to GP at recruitment**

**To be printed on headed paper**

**Reducing Asthma Attacks in Children using Exhaled Nitric Oxide (RAACENO)**

Patient details: {Name, address, dob}

Diagnosis: Asthma

{condition #1}

{condition #2}

Current medication: {medication #1}

{medication #2}

{medication #3}

{medication #4}

Date of next appointment: XX/XX/XX

{Today's date}

Dear Dr {Doctor's surname},

This {XX} year old has been recruited to this clinical study and was seen today for randomisation and the first research assessment. The main purpose of this study is to compare usual treatment which is guided by asthma symptoms (cough, wheeze and shortness of breath) against treatment guided by asthma symptoms plus exhaled nitric oxide. They were randomised to {treatment guided by asthma symptoms / treatment guided by asthma symptoms plus exhaled nitric oxide}. They will be seen in another three, six and nine months before a final assessment in twelve months' time. The assessment took place at {hospital name/practice name}. These were the results collected at the assessment:

Today's {Children Asthma Control Test/Asthma Control Test} score was {XX}, and a score of greater than 19 indicates that asthma is controlled. {Child's name}'s lung function was {XX}% of predicted, and normal values lie between 80 and 120 %. Exhaled nitric oxide was measured as part of the trial and the results are not available here but we will let you know their exhaled nitric oxide results at the end of the study.

Based on the trial algorithm, treatment was {maintained unchanged/stepped up/stepped down} and is detailed at the top of this letter.

If you need to change their treatment before their next RAACENO appointment, please do so.

If you have any queries or would like further information about the study, please get in touch with us on xxxx or email yyyy.

{Free text for any additional comments}

Yours sincerely

{research nurse's name} on behalf of {consultant's/lead GPs name}

**Letter to GP – 3m, 6m and 9m**

**Letter to GP after 3, 6 and 9 month follow-up visits**

**To be printed on headed paper**

**Reducing Asthma Attacks in Children using Exhaled Nitric Oxide (RAACENO)**

Patient details: {Name, address, dob}

Diagnosis: Asthma

{condition #1}

{condition #2}

Current medication: {medication #1}

{medication #2}

{medication #3}

{medication #4}

Date of next appointment: XX/XX/XX

{Today's date}

Dear Dr {Doctor's surname},

This {XX} year old was seen at the {three/six/nine} month clinic assessment as part of this clinical study. The main purpose of this study is to compare usual treatment which is guided by asthma symptoms (cough, wheeze and shortness of breath) against treatment guided by asthma symptoms plus exhaled nitric oxide. They are in the group where {treatment is guided by asthma symptoms / treatment is guided by asthma symptoms plus exhaled nitric oxide}. The assessment took place at {hospital name/practice name}. These were the results collected at the assessment:

Today's {Children Asthma Control Test/Asthma Control Test} score was {XX}, and a score of greater than 19 indicates that asthma is controlled. {Child's name}'s lung function was {XX}% of predicted, and normal values lie between 80 and 120 %. Adherence with inhaled corticosteroid was measured by an electronic device and was on average XX% over the last three months. Exhaled nitric oxide was measured as part of the trial and the results are not available here but we will let you know their exhaled nitric oxide results at the end of the study.

Based on the trial algorithm, treatment was {maintained unchanged/stepped up/stepped down} and is detailed at the top of this letter.

If you need to change their treatment before their next RAACENO appointment, please do so.

If you have any queries or would like further information about the study, please get in touch with us on xxxx or email yyyy.

{Free text for any additional comments}

Yours sincerely

{research nurse's name} on behalf of {consultant's/lead GPs name}

## **Letter to GP – 12 months**

**Letter to GP after 12 month follow-up visit**

**To be printed on headed paper**

**Reducing Asthma Attacks in Children using Exhaled Nitric Oxide (RAACENO)**

Patient details: {Name, address, dob}

Diagnosis: Asthma

{condition #1}

{condition #2}

Current medication: {medication #1}

{medication #2}

{medication #3}

{medication #4}

Date of next appointment: XX/XX/XX

{Today's date}

Dear Dr {Doctor's surname},

This {XX} year old was seen at the final clinic assessment as part of this clinical study. The main purpose of this study is to compare usual treatment which is guided by asthma symptoms (cough, wheeze and shortness of breath) against treatment guided by asthma symptoms plus exhaled nitric oxide. The assessment took place at {hospital name}. These were the results collected at the assessment:

Today's {Children Asthma Control Test/Asthma Control Test} score was {XX}, and a score of greater than 19 indicates that asthma is controlled. {Child's name}'s lung function was {XX}% of predicted, and normal values lie between 80 and 120 %. Adherence with inhaled corticosteroid was measured by an electronic device and was on average XX% over the last three months. The exhaled nitric oxide result on the final visit was {XX}, values of >35 may indicate poor control but should be interpreted in light of adherence and current symptoms.

Based on the trial algorithm, treatment was {maintained unchanged/stepped up/stepped down} and is detailed at the top of this letter.

- For those recruited in hospital: {Child's name} remains under the care of {Consultant's name} and will be seen in the next 3-6 months.
- For those recruited in primary care: {Child's name} will not be seen again as part of this study and we would suggest you review them in the next three to six months.

If you have any queries or would like further information about the study, please get in touch with us on xxxx or email yyyy.

{Free text for any additional comments}

Yours sincerely

{research nurse's name} on behalf of {consultant's/lead GPs name}