Participant Information Sheet (PIS): WP4 Service User
The Effectiveness of Sexual Assault Referral Centres with regard to Mental Health and Substance Use

We (The University of Leeds and the sponsor of this study) would like to invite you to take part in a study that looks at how Sexual Assault Referral Centres (SARCs) identify mental health and/or substance misuse needs of the people who attend their service, and if they do, how they help. Before you decide whether to take part you need to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Please feel free to ask us if there is anything that is not clear or if you would like more information, and take your time to decide whether or not you wish to take part.

What is the purpose of the study?

We want to try and improve the mental health and substance use help for people who attend SARCs. If you decide to take part in this study, you will help us to understand the level of mental health and substance use needs that people who attend SARCs have, what types of treatments people who attend SARCs are offered, and whether these treatments meet those needs.

Why have I been invited?

You have been invited to take part in the study as you may have previously taken part in our questionnaire study and gave us written permission to contact you about future research, **or you have recently attended a SARC** and you agreed to hear more about the study before deciding whether or not to take part.

Do I have to take part?

No. It is up to you to decide whether or not to take part. We will describe the study and go through this information sheet, which we will then give to you. If you agree to take part, we will then ask you to complete a consent form. You are free to leave the study at any time and without giving a reason by simply writing 'remove' to *INSERT MOBILE NUMBER* or *INSERT EMAIL ADDRESS*. This will not affect the care you receive either now or at any time in the future.

What will happen to me if I take part?

If you agree to take part you will be asked to sign a consent form and you will be interviewed by a researcher at a time that is convenient for you. You can decide if you want to do the interview in person, or if you'd prefer to do it over the phone or on Skype. The interview will take between 30 and 60 minutes and there are no right or wrong answers to any of the questions. With your permission, we will audio-record the interview. All identifying information (e.g. names) will be removed during transcription so that your interview is anonymous.
We will ask you to complete some brief questions about yourself e.g. age, ethnicity etc. so that we know we are interviewing a wide range of people. We will also ask you to provide your GP details in case of concerns about safety, however GPs will not be routinely informed about your participation in this study.

Expenses and payments?

You will receive £20 as a thank you for taking part in the research. If you have to travel to attend the interview, we will reimburse any travel expenses.

Will my information be confidential?

The information you provide will be confidential, in accordance with the Data Protection Act (2018) and GDPR (2018), and any identifiable details will be stored separately from the answers you give during the interview. Any information about you will have your name and address removed, and you will be given a study number, so that you cannot be recognised from it. **The only exception to this confidentiality is if we have concerns about current or future risk of serious harm to yourself or to anybody else**. Similarly, confidentiality may be broken if you disclose details of intention to commit a crime or if you share details of a crime for which you have not been convicted. If this happens, we will need to inform your GP or other relevant services (on a need to know basis only). We will always try and discuss this with you first where possible.

We will not ask you to provide any information or detail in relation to the sexual assault or assaults you have experienced. In order for us to make this research safe for all to take part, we ask that you do not disclose to the researcher, or detail on the questionnaire, any information in regards to the sexual assault. This is so that we do not inadvertently jeopardise any ongoing investigations or live court cases.

How will you use information about me?
The MiMoS Research Team includes researchers at The University of Leeds, Kings College London and University College London. The MiMoS Research Team will need to use information from you for this research project. This information will include your name and contact details/preferences, DoB and postcode. People will use this information to do the research or to check your records to make sure that the research is being done properly. People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead. We will keep all information about you safe and secure. Some of your information will be sent to transcription services, translators or analysts in the UK. They must follow our rules about keeping your information safe. Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

What will happen to my data?
As well as being used to support the current research, **data that has been anonymised (i.e. interview data that has had your identifiable information removed) may also be used to support relevant future research** and/or training and may be shared anonymously with other researchers (subject to relevant research governance processes such as confidentiality and data access agreements). **Anonymised data may also be made available indefinitely on database repositories** for publication purposes to increase transparency of research process. When we use anonymised data in this way, you will in no way be identifiable.

Your identifiable, personal data will be kept for 2 years and then securely destroyed. If you consent to point 10 on the consent form, your identifiable information will be used to let you know about any related future research related to the MiMoS study that you may be interested in. Monitors and auditors and regulatory inspectors may require access to personal data to verify or cross check data. They will be bound by the same confidentiality as the researchers on the study.

Your rights to access, change, or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. You can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have. **To safeguard your rights, we will use the minimum personally-identifiable information possible. If you wish to know more about how the University of Leeds uses your information, you can access the University's privacy notice using this link:** https://dataprotection.leeds.ac.uk/wp-content/uploads/sites/48/2019/02/Research-Privacy-Notice.pdf or https://dataprotection.leeds.ac.uk/wp-content/uploads/sites/48/2019/09/HRA-transparency-wording.pdf Or

at www.hra.nhs.uk/information-about-patients/ or by contacting dpo@leeds.ac.uk or the researchers (details below).

What are the possible advantages of taking part?

We cannot promise that the study will help you but **your information will help to increase the understanding of how SARCs can improve mental health treatment provision for people after sexual assault**. You will be able to have your views of the services you received heard and recognised, which may provide a 'therapeutic' benefit associated with 'having a voice'. We will offer everybody information about sources of help and support.

What are the possible disadvantages of taking part?

We will ask you questions about the symptoms you have experienced and the care that you have received, which you may find personal or distressing. You can take time in answering and do not have to answer questions that you do not want to. You can discuss any concerns with the researcher at any point and we will ask if you would like your GP told, so that they can provide further support.

For some people taking part in this research, they may live with a perpetrator of abuse or violence. If you wish to take part but have concerns that taking part in this research may put yourself at any increased risk of violence or abuse, please speak with the researcher about this if you feel it is safe to do so.

What if there is a problem?

If you have any concerns about the study, you can ask to speak to the researchers, who will do their best to answer your questions (Telephone: 0113 343 0963 or *INSERT MOBILE*). **If you are unhappy about the research and would like to make a formal complaint, you can do this through the NHS Complaint Procedure**. *INSERT CONTACT DETAILS*.

What will happen to the results of the study?

The results of this study are likely to be published as presentations, reports and as an academic publications. We will not use your name or details that could identify you in any publication. To keep up-to-date with the results of the study you can follow us on twitter @Astudymimos. If it is not possible for you to follow us on twitter, please speak to the researcher who will arrange alternative ways for you to receive results of the study if you so wish.

Who is funding and organising the study?

The study is funded and commissioned by the National Institute for Health Research (NIHR) and is being led by The University of Leeds. All the researchers taking part in the study are committed to improving the services received by people who have experienced sexual assault and are committed to understanding the experience of services users in a compassionate way.

Who has reviewed the study?

All research in the NHS is looked at by an independent group of people called a **Research Ethics Committee**, to protect your safety, rights, well-being and dignity. This study has received favourable opinion by the *INSERT COMMITTEE* NHS Research Ethics Committee (reference number: *INSERT REF*).

Contact for further information:

Dr Kylee Trevillion (Lecturer and Work Package Lead), The MiMoS Study, David Goldberg Building, Institute of Psychiatry, Psychology and Neuroscience, De Crespigny Park, London, SE5 8AF, 020 7848 5053 *INSERT MOBILE NUMBER* (call or text), Email: MiMoS@leeds.ac.uk

You will be given one copy of this information sheet to keep with a signed consent form if it is safe for you to do so.

Thank you very much for reading this information sheet.