General practitioners working in or alongside the emergency department: the GPED mixed-methods study

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Disclaimer: This report contains transcripts of interviews conducted in the course of the research and contains language that may offend some readers.

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Plain English summary

The GPED mixed-methods study

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Plain English summary

Background

Demand for emergency care is rising steadily. In response, hospitals have implemented services that place general practitioners in or alongside the emergency department.

Research aims

We aimed to determine the effects of general practitioners working in or alongside the emergency department on patient care, staff and the wider health-care system.

Research design

We combined a range of research techniques. First, we found out what type of general practitioner service was present in each hospital in England. We interviewed health-care leaders, staff and patients to find out what effects they expected these services to have. We then analysed national data and combined the data with visits to 10 hospitals over a 12-month period to look, in detail, at the services they were providing. Patients and members of the public were involved throughout the research.

Results

The general practitioners working in or alongside the emergency department study very slightly reduced the chances that a patient would need to reattend the emergency department within 7 days; however, this would have no noticeable effect in practice. For everything else that we measured, the service had no effect. However, we found a lot of variation between different hospitals, which is likely to be because of local factors and differences in the way the services are set up and run.

Patients and carers understood these services. We found no evidence that staff concerns regarding the potential to create additional demand were justified.

Any possible cost savings due to the reduced rate of reattendances were much smaller than the cost of providing the service itself.

Conclusions

Implementation of general practitioners working in or alongside the emergency department study was highly variable because of local conditions and influences. Our patient and public group concluded that these services 'are not effective, and should only be used where specific circumstances indicate that they may play a positive role'.

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