

ICMJE DISCLOSURE FORM

Date: 4/1/2022

Your Name: Simon Kyle

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

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11	Stock or stock options	<input checked="" type="checkbox"/> None	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	<input checked="" type="checkbox"/> None	
		Big Health Ltd. No cost access to use sleep intervention programme (Sleepio) in clinical research studies	N/A – Non-financial support
13	Other financial or non-financial interests	<input checked="" type="checkbox"/> None	

Please place an "X" next to the following statement to indicate your agreement:

I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: 3/31/2022

Your Name: Peter Bower

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

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ICMJE DISCLOSURE FORM

Date: 4/1/2022

Your Name: Ly-Mee Yu

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

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ICMJE DISCLOSURE FORM

Date: 3/30/2022

Your Name: Aloysius Niroshan Siriwardena

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

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ICMJE DISCLOSURE FORM

Date: 4/1/2022

Your Name: Yaling Yang

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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Time frame: Since the initial planning of the work									
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Time frame: past 36 months									
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9	Participation on a Data Safety Monitoring Board or Advisory Board	<input checked="" type="checkbox"/> None <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 50%; height: 15px;"></td><td style="width: 50%;"></td></tr> <tr><td style="height: 15px;"></td><td></td></tr> <tr><td style="height: 15px;"></td><td></td></tr> </table>									
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I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: 5/29/2024

Your Name: Stavros Petrou

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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ICMJE DISCLOSURE FORM

Date: 3/30/2022

Your Name: Emma Ogburn

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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11	Stock or stock options	<input checked="" type="checkbox"/> None	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	<input checked="" type="checkbox"/> None	
13	Other financial or non-financial interests	<input checked="" type="checkbox"/> None	

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ICMJE DISCLOSURE FORM

Date: 3/29/2022

Your Name: Nargis begum

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

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6	Payment for expert testimony	<input checked="" type="checkbox"/> None	
7	Support for attending meetings and/or travel	<input type="checkbox"/> None	
		Attending Trial Manager's Network conferences - 2019	
8	Patents planned, issued or pending	<input checked="" type="checkbox"/> None	
9	Participation on a Data Safety Monitoring Board or Advisory Board	<input checked="" type="checkbox"/> None	
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ICMJE DISCLOSURE FORM

Date: 3/29/2022

Your Name: Leonie Maurer

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

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Please place an "X" next to the following statement to indicate your agreement:

I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: 3/30/2022

Your Name: Barbara Robinson

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

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ICMJE DISCLOSURE FORM

Date: 3/30/2022

Your Name: Caroline Gardner

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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ICMJE DISCLOSURE FORM

Date: 3/30/2022

Your Name: Stephanie Armstrong

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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ICMJE DISCLOSURE FORM

Date: 3/31/2021

Your Name: Dr Julie Pattinson

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

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Please place an "X" next to the following statement to indicate your agreement:

I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: 4/1/2022

Your Name: Colin A Espie

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

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11	Stock or stock options	<input type="checkbox"/> None	
		Big Health, developers of Sleepio, a digital CBT programme for insomnia	CAE is co-founder and a shareholder in Big Health. Not directly related to this work
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	<input checked="" type="checkbox"/> None	
13	Other financial or non-financial interests	<input type="checkbox"/> None	
		Big Health, developers of Sleepio, a digital CBT programme for insomnia	CAE receives personal salary contribution from Big Health. Not directly related to this work

Please place an "X" next to the following statement to indicate your agreement:

I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: 3/30/2022

Your Name: Paul Aveyard

Manuscript Title: Nurse-delivered behavioural therapy for insomnia in primary care: a pragmatic, multicentre, randomised controlled trial assessing clinical and cost-effectiveness.

Manuscript Number (if known): [Click or tap here to enter text.](#)

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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